

## Stellingen behorende bij dit proefschrift

# Abdominal Wall Surgery

## Management of frail patients

B. de Goede

1. A watchful waiting strategy is a good alternative to elective surgery in the management of asymptomatic and mildly symptomatic inguinal hernia (this thesis)
2. In patients with inguinal hernia, crossover from a watchful waiting strategy to surgery is mostly driven by an increase in pain or discomfort rather than incarceration (this thesis)
3. 'Very low birth weight' in premature born infants is associated with an increased risk of incarceration of an inguinal hernia requiring emergent repair (this thesis)
4. Elective repair of umbilical hernia in patients with liver cirrhosis and ascites can be performed safely (this thesis)
5. Umbilical hernia present at time of liver transplantation must be corrected during liver transplantation using a separate umbilical incision (this thesis)
6. The use of a right-sided subcostal (J-shaped) incision increases the risk of incisional hernia after liver transplantation (this thesis)
7. A sterilized mosquito net is as effective for the repair of inguinal hernia as a commercial mesh and costs only one-hundredth of the latter (J. Löfgren et al., NEJM, January 14, 2016)
8. Cutting out bad habits is far more effective than cutting out organs (Herbert M. Shelton)
9. The art of medicine consists of amusing the patient while nature cures the disease (Voltaire)
10. In order for man to succeed in life, God provided him with two means, education and physical activity. Not separately, one for the soul and the other for the body, but for the two together. With these two means, man can attain perfection (Plato)
11. Some are blessed with musical ability, others with good looks. Myself, I was blessed with modesty (Roger Moore)