

Optimizing Anesthesia techniques in the ambulatory setting.



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Ambulatory care is one of the fastest growing areas in medicine. Patients benefit from same day admission, treatment and discharge, thus reducing interference with everyday life. Risk of hospital acquired infection is also lessened. Hospitals benefit in terms of cost savings by reducing bed numbers and staffing requirements.

Advances in both surgical and anesthetic techniques are allowing a greater number and wider range of patients access to the benefits of ambulatory care. To ensure that high patient safety and satisfaction levels continue, techniques must be constantly reviewed and optimized. This thesis describes various ways to optimize anesthesia techniques in the ambulatory setting, enabling more patients to be on the 'road home' earlier and more satisfied.