1. In the Netherlands, the United States, and Brazil, boys tend to have more sexual partners than girls. This thesis

2. Girls who have a higher-quality relationship with their mothers are less likely to initiate early sexual intercourse. This thesis

3. Adolescents who communicate more frequently about sexuality with their friends engage in more sexual behaviors at an early age. This thesis

4. In the Netherlands, the United States, and Brazil, more in-school sexuality education is associated with more optimal SRH behaviors and outcomes (i.e., fewer sexual partners, more condom use, and more use of other contraceptives). This thesis

5. Adolescents who have a relatively high-quality relationship with their parents have relatively high levels of psychological well-being (i.e., higher levels of global and physical self-esteem, and lower levels of depression). This thesis


10. Nothing in life is to be feared, it is only to be understood. Marie Curie

11. Happiness is the only thing that doubles when shared. Albert Schweitzer

Raquel Nogueira Avelar e Silva, June 26th, 2018