

Stellingen

behorende bij het proefschrift

BEFORE YOU WERE BORN

door Hafez Ismaili M'hamdi

- 1 Living in deprived areas curtails the health-related preferences, aims and ambitions of parents-to-be; also regarding the health of their children-to-be. *–this thesis*
- 2 To adequately prepare for pregnancy it is crucial that parents-to-be perceive the health of their child-to-be as: a goal they have reason to value, a goal over which they have control and a goal that is achievable with the means and freedoms at their disposal. *–this thesis*
- 3 There is a worrisome gap between the available evidence of the benefits of adequate pregnancy preparation and the efforts of caregivers to aid parents-to-be to adequately prepare for pregnancy. *–this thesis*
- 4 Although the identification of non-medical risks is indispensable in preconception care, it is only morally acceptable if it can lead to actual help or care. *–this thesis*
- 5 Preconception care is concerned with achieving an optimal pregnancy preparation. Yet a deviation from an optimal pregnancy preparation should not be immediately considered as a failure of mothers-to-be to fulfill their responsibility. *–this thesis*
- 6 It does not suffice to make pregnancy preparation easier, for example by using E-health and mHealth-tools, as this alone will not make pregnancy preparation as a topic more important to parents-to-be and caregivers. *–this thesis*
- 7 A sound moral judgment is as true as a mathematical proof.
–inspired by social and Kantian constructivism
- 8 For those who worry about medicalization: life is a miracle, disease is not.
- 9 We strive for the best we can attain within the scope the world allows. *–John Rawls*
- 10 Poverty begets low aspirations and low aspirations beget poverty.
- 11 And those who were seen dancing were thought to be insane by those who could not hear the music. *–Unknown*