

Stellingen behorend bij het proefschrift:

Immunopathogenesis of granulomas in chronic inflammatory diseases

1. Dysregulation of B cells in Crohn's disease is characterized mainly by decreased IgM memory B-cells, which can be restored with infliximab (anti-TNF α) therapy. (*this thesis*)
2. B cells are numerous present around granulomas in Crohn's disease and can be used as a visual aid to detect granulomas and therefore improve diagnostics. (*this thesis*)
3. IgM memory B cell, regulatory T cell and Th17 cell numbers are potential markers that can be used in addition to sIL-2R and infliximab levels for therapeutic monitoring in patients with sarcoidosis receiving infliximab. (*this thesis*)
4. Infliximab is an effective therapeutic agent in the majority of patients with biopsy proven, active and severe sarcoidosis, including neurosarcoidosis. (*this thesis*)
5. Sandostatin is clinically not effective in treating sarcoidosis in spite of earlier promising in vitro results, reflecting the challenges in finding new remedies in sarcoidosis. (*this thesis*)
6. As clinical experience with immune checkpoint blockade [to treat malignancies] increases, multidisciplinary clinical involvement will be needed to share insights from various fields of medicine to realize the full potential of this treatment approach. (*Adapted from M.A. Postow et al, NEJM, 2018*)
7. It is highly likely that further insights will allow us to conceptually characterize IBD into a spectrum of related, but distinct, subgroups that have clear etiologies, pathogenic processes and predictable responses to customized therapy. (*R.B. Sartor, Nature Clinical Practice Gastroenterology & Hepatology, 2006*).)
8. Despite the increasing emphasis on diagnostic technology, internal medicine residents and faculty continue to view the patient's history as the preeminent source of diagnostic information. (*E.C. Rich et al., Archives of Internal Medicine, 1978*)
9. As the incidence of HPV associated malignancies in men is emerging, both boys and girls need to be vaccinated in order to decrease HPV transmission and achieve herd immunity. (*Adapted from Schmeler et al. Lancet, 2016*)
10. Have no fear of perfection – you will never reach it. (*Salvador Dali*)
11. Success is not defined in terms of recognition, but in being proud of what you do every day. (*Adapted from Enrique Olvera*)