

Stellingen

behorende bij het proefschrift

Hospital Palliative Care Team Consultations
for Patients with Advanced Cancer:
Too few too late?

1. Palliative care teams in Dutch hospitals are mainly consulted for patients with cancer with a life expectancy of less than three months, with an unplanned hospital admission due to a high symptom burden. (*this thesis*)
2. There are substantial differences in the disciplines represented in hospital palliative care teams, their working procedures and the annual number of consultations. (*this thesis*)
3. Palliative care teams in Dutch hospitals are consulted late and too little. (*this thesis*)
4. Involvement of a palliative care team increases the quality of life and quality of dying of patients with cancer (*this thesis*)
5. Complex advance care planning interventions are more effective in meeting patients' preferences than written documents alone. (*this thesis*)
6. Early palliative care is about doing more for the person, not less. (*Scott Murray, BMJ, 2017*)
7. Palliative care cannot exist without compassion and attention for meaning and purpose as experienced by the patient and his loved ones.
8. As dying is a unique and personal experience, patients' and families' satisfaction with care is an important outcome in end-of-life care.
9. In the long history of human and animal kind, those who learned to collaborate and improvise most effectively have prevailed. (*a statement attributed to Charles Darwin*)
10. What we need is more people who specialize in the impossible (*Theodore Roethke*).
11. Finding your *ikigai* is considered the key to finding meaning in life - and to happiness.

Arianne Brinkman-Stoppelenburg
20 november 2018