Stellingen
behorende bij het proefschrift

Hospital Palliative Care Team Consultations
for Patients with Advanced Cancer:
Too few too late?

1. Palliative care teams in Dutch hospitals are mainly consulted for patients with cancer with a life expectancy of less than three months, with an unplanned hospital admission due to a high symptom burden. (this thesis)

2. There are substantial differences in the disciplines represented in hospital palliative care teams, their working procedures and the annual number of consultations. (this thesis)

3. Palliative care teams in Dutch hospitals are consulted late and too little. (this thesis)

4. Involvement of a palliative care team increases the quality of life and quality of dying of patients with cancer (this thesis)

5. Complex advance care planning interventions are more effective in meeting patients’ preferences than written documents alone. (this thesis)

6. Early palliative care is about doing more for the person, not less. (Scott Murray, BMJ, 2017)

7. Palliative care cannot exist without compassion and attention for meaning and purpose as experienced by the patient and his loved ones.

8. As dying is a unique and personal experience, patients’ and families’ satisfaction with care is an important outcome in end-of-life care.

9. In the long history of human and animal kind, those who learned to collaborate and improvise most effectively have prevailed. (a statement attributed to Charles Darwin)

10. What we need is more people who specialize in the impossible (Theodore Roethke).

11. Finding your ikigai is considered the key to finding meaning in life - and to happiness.

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