

Stellingen bij het proefschrift 'A good health check isn't good enough' **Yrrah Stol**

1. Psychological research shows that only 'a small elite' of people behaves like rational decision-makers. Hence it is unwise to rely solely on informed consent procedures to prevent health checks from causing harm. (this thesis)
2. Health checks can empower and discipline people at the same time. (this thesis)
3. An ethically responsible offer of health checks cannot be left to providers. (this thesis)
4. A good health check isn't good enough if other health-related measures result in a more favourable net effect on values. (this thesis)
5. Evaluating health checks on a case-by-case basis risks approving a situation in which omnipresent health checks may do more harm than good. (this thesis)
6. If they want to have a positive impact on health, physicians should make more use of insights from behavioural sciences.
7. The extent to which citizens are expected to take individual responsibility for their health should be based on their capacities to do so, not on the political vision of a government.
8. Happiness requires a certain level of health, but being too focused on health is not likely to make one happy.
9. Enabling assisted suicide for people who consider their life to be complete conflicts with the governmental duty to protect vulnerable life.
10. Offering certain jobs on (close to) fulltime basis only, may unnecessary limit career opportunities of talented people who value an active role in rearing their children.
11. Ethicists should 'grasp the points where change is possible and desirable, and determine the precise form this change should take.' (Michel Foucault – What is enlightenment)