

Stellingen behorend bij het proefschrift:

Optimizing
CLINICAL DECISION MAKING *in*
PROSTHETIC AORTIC VALVE SELECTION

1. Prosthetic heart valves influence clinical outcomes, but the limitations of mechanical and biological valves may also have a great impact on quality of life (this thesis).
2. As prosthetic valve selection is a value-sensitive decision, informed patient preferences should be carefully considered in a shared decision making process (this thesis).
3. Even if a patient prefers a passive role in decision making, he/she should at least be informed about the pros and cons of the different treatment options and have the time and support to weigh these risks and benefits in his/her own context (this thesis).
4. Low overall regret with regard to prosthetic valve choice, despite suboptimal decision making, may be attributable to the fact that patients perceive the decision to be resolved and complete (this thesis).
5. Although the use of a decision aid for prosthetic heart valve selection does not reduce decisional conflict, it does result in better patient knowledge, patients feeling better informed and experiencing less anxiety and depression and a better mental quality of life at the time of decision making (this thesis).
6. The world of medicine is about to change dramatically with the forecast of a patient revolution in healthcare with a central role for shared decision making (www.patientrevolution.org).
7. More knowledge about the pros and cons of a decision does not automatically lead to more certainty about that decision, and it may even increase uncertainty.
8. The phrase "The Patient Will See You Now" will soon become reality with the rapidly evolving digital world that can be used to facilitate patient centered care (Eric Topol).
9. Health illiteracy is a major challenge in shared decision making, since many patients and some doctors have a limited numeracy.
10. Physicians need to be trained with regard to the principles and practice of shared decision making.
11. Making the decision to have a child - it is momentous. It is to decide forever to have your heart go walking around outside your body (Elizabeth Stone).

Nelleke Korteland
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