

Modification of nucleos(t)ide analogue treatment in chronic hepatitis B

1. The addition of pegylated interferon in HBeAg-positive patients treated with nucleos(t)ide analogue who are interferon-naïve results in more HBeAg seroconversion.

(Based on this thesis)

2. Patients should undergo at least 3 years of consolidation treatment before considering nucleos(t)ide analogue treatment discontinuation.

(Based on this thesis)

3. Quantitative anti-HBc testing is useful in the selection of patients suitable for nucleos(t)ide analogue discontinuation.

(Based on this thesis)

4. Biochemical relapse is very common in patients with persistently high HBV DNA levels after nucleos(t)ide analogue cessation, and such patients should therefore be retreated.

(Based on this thesis)

5. HBsAg seroclearance remains the safest endpoint for nucleos(t)ide analogue discontinuation.

(Based on this thesis)

6. ALT flares during long-term entecavir treatment are uncommon and virus-related flares in this setting are related to drug resistance or treatment non-compliance.

(Based on this thesis)

7. Adherence to clinical follow-up is generally good in patients treated with nucleos(t)ide analogues with young patients or those with a language barrier being most at risk for non-adherence.

(Based on this thesis)

8. "We should then acknowledge that statistical significance testing in the report of a single study gives only a partial picture, without knowing how much testing has been done outside the report and in the relevant field at large."

-John Ioannidis, PLoS ONE, 2005

9. "It is, of course, laudable that patient satisfaction has become a high priority, but sometimes window-dressing efforts like fancy coffee in the waiting room get priority over things that might have an actual effect on health care."

-Danielle Ofri, What Patients Say, What Doctors Hear, 2017

10. "But while the patient does bear some responsibility, I believe that the onus falls more heavily on the doctor to be attuned to the factors--cultural, ethnic, or just personal style--that influence how patients present their symptoms."

-Danielle Ofri, What Doctors Feel: How Emotions Affect the Practice of Medicine, 2013

11. There is an inverse linear relationship between the hours of sleep and coffee intake.