

# Diagnostic Value of transmural perfusion ratio derived from dynamic CT-based myocardial perfusion imaging for the detection of hemodynamically-relevant coronary artery stenosis

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## ABSTRACT

**Aims:** To investigate the additional value of transmural perfusion ratio (TPR) in dynamic CT myocardial perfusion imaging for detection of hemodynamically significant coronary artery disease, compared with fractional flow reserve (FFR).

**Methods:** Subjects with suspected or known coronary artery disease were prospectively included and underwent a CT-MPI examination. From the CT-MPI time-point data absolute myocardial blood flow values (MBF) were temporally resolved using a hybrid deconvolution model. An absolute MBF value was measured in the suspected perfusion defect. TPR was defined as the ratio between subendocardial and subepicardial MBF. TPR and MBF results were compared with invasive FFR using a threshold of 0.80.

**Results:** Forty-three patients and 94 territories were analyzed. The area under the receiver operator curve was larger for MBF (0.78) compared with TPR (0.65,  $P=0.026$ ). No significant differences were found in diagnostic classification between MBF and TPR with a territory based accuracy of 77% (67-86%) for MBF, compared with 70% (60-81%) for TPR. Combined MBF and TPR classification did not improve diagnostic classification.

**Conclusion:** Dynamic CT-MPI based transmural perfusion ratio predicts hemodynamically significant coronary artery disease. However, diagnostic performance of dynamic CT-MPI derived TPR is inferior to quantified MBF and has limited incremental value.

## INTRODUCTION

Dynamic computed tomography myocardial perfusion imaging (CT-MPI) is based on sequential scanning of the myocardium during the first pass of a contrast bolus. The dynamic imaging of the contrast medium allows for a non-invasive quantification of myocardial blood flow (MBF), until now mainly performed with either magnetic resonance imaging or positron emission tomography [2; 3]. With recent developments in CT scanners this technique also became available for CT imaging [4; 5]. The diagnostic performance of CT-MPI compared with fractional flow reserve is good [6-8]. However, possible underestimation of absolute MBF values by CT-MPI is a potential concern [5; 9].

Reduced myocardial perfusion due to coronary artery disease (CAD) tends to be more pronounced in the subendocardium [10]. The high spatial resolution of CT allows for distinguishing of the subendocardium and subepicardium. A method to utilize the susceptibility of the subendocardium for ischemia is the transmural perfusion ratio (TPR) [11]. TPR is the ratio between subendocardium and subepicardium perfusion. As TPR is a relative index we hypothesized it would be less influenced by lower absolute MBF values and improve diagnostic performance of CT-MPI.

In this study TPR and MBF based on dynamic CT-MPI are investigated individually and in combination, and compared with invasive fractional flow reserve [1].

## METHODS

### Study Design

The local institutional review board approved this prospective study. Written informed consent was obtained from all patients. This study included cases from a previous study investigating the diagnostic performance of CT-MPI [8]. Patients with suspected or known CAD referred for invasive angiography were prospectively recruited. Included patients underwent a dynamic CT-MPI examination 1-14 days before invasive angiography.

This study was designed to investigate the ability of CT-MPI to detect ischemia, therefore only territories with an FFR measurement in the associated coronary artery were included. Territories associated with a (sub)total occluded coronary artery where no FFR measurement could be performed were not included in the analysis.

### Recruitment and Population

Patients with suspected or known coronary artery disease referred for invasive angiography were recruited in the time period December 2010 till December 2014.. Exclusion criteria: younger than 40 years old, impaired renal function (serum creatinine >120

$\mu\text{mol/L}$ ), possible pregnancy or breast feeding, body weight over 120 kg, use of clopidogrel, contra-indications for iodine contrast medium, or contra-indications for adenosine.

### CT-MPI Acquisition

All patients were requested to withhold from caffeine intake 24-hours prior to the examination. In both arms 18-gauge cannulas were inserted in the antecubital veins. Blood pressure and ECG were monitored during the examination. Forty patients were scanned with a second-generation dual-source CT scanner, and three patients with a third-generation dual-source CT scanner (SOMATOM Definition Flash and SOMATOM Force, Siemens Medical Solutions, Forchheim, Germany). Adenosine was infused at a rate of  $140\mu\text{g}/\text{kg}/\text{min}$ . CT-MPI acquisition was started three minutes after start of adenosine infusion.

The acquisition protocol consisted of coronary CT angiography, a non-contrast scan and the dynamic CT-MPI scan. The non-contrast scan was acquired during end-systole, and served for planning of the CT-MPI. Before the CT-MPI acquisition all patients received sublingual nitroglycerine. Intravenous beta blockers were used in patients with high heart rates prior to the coronary CT angiography, but very infrequently ( $N=3$ ) as these potentially affect the CT-MPI performance. After 3 minutes of adenosine infusion, 50 ml of contrast medium (Ultravist, 370 mgI/ml; Bayer, Berlin, Germany) was injected at 6 ml/s, followed by a saline bolus of 40 ml. All CT-MPI studies were made with an axial scan mode at 250 ms after the R wave (end-systolic). To sufficiently cover the left ventricle the myocardial acquisition was performed in alternating cranial and caudal table positions (shuttle-mode), acquiring two slightly overlapping data-sets [4]. CT-MPI acquisition was started 5 seconds after start of the contrast medium injection. Patients were asked to hold their breath during the entire dynamic CT-MPI acquisition (30-35 seconds). The number of time points acquired varied per patient depending on the heart rate: 1 patient had 9 cranial and caudal time points, 11 patients had 10, 6 patients had 11, 12 patients had 12, 9 patients had 13, and 4 patients had 14 time points.

The second-generation dual-source CT scanner used the following scan parameters: collimation  $2\times 64\times 0.6\text{mm}$  detector collimation with flying z-spot technique [12], gantry rotation time 280ms, temporal resolution 75ms, tube voltage/current 100kVp/ 300mAs, shuttle-mode coverage 73mm.

The third-generation dual-source CT scanner used the following scan parameters: collimation  $2\times 96\times 0.6\text{mm}$  detector collimation with flying z-spot technique. Gantry rotation time 250ms, temporal resolution 66ms, Care-Kv [13] was used with reference settings for tube voltage/current: 80kVp/300mAs, shuttle-mode coverage 102mm.

## Post Processing

The CT-MPI images were reconstructed using a dedicated kernel for reduction of iodine beam hardening artifacts (b23f, Qr36), and transferred to a CT-MPI analysis software package (Volume Perfusion CT body, Syngo Somaris/7; Siemens, Germany). Motion correction was applied if necessary to correct for breathing displacement. The motion correction algorithm uses a time point selected by the user (with contrast in the left and right ventricle and smooth connection between the cranial and caudal section), and then registers the other time points to the selected time point using non-rigid registration. The left ventricle is segmented by combining thresholding and peak enhancement [14]. The change of attenuation in the myocardium over time was computed by creating time-attenuation curves (TAC). For quantification of the MBF the influx of contrast bolus was measured with an arterial input function [15]. The AIF was measured by placement of a ROI in the descending aorta in the CT-MPI images. Precision of the AIF was increased by including both the cranial and caudal sections (double sampling). For quantification of the MBF the myocardial TACs were coupled with the AIF using a hybrid deconvolution model. The model generates perfusion model curve based on the change in attenuation using a simplified impulse residue function for modeling the interaction between intra- and extracellular compartments. The MBF was computed on a per voxel basis by dividing the maximal slope of the model curve for the myocardial tissue by the maximum AIF [4; 5; 16]. MBF data-sets were reconstructed with a  $512 \times 512$  matrix resulting in a pixel size of  $0.35 \times 0.35$  mm and were reconstructed as a stack of color-coded maps with a slice thickness of 3mm and an increment of 1.5 mm.

## Image Analysis

MBF and TPR were individually evaluated by readers with previous experience in dynamic CT-MPI examinations. Both readers were provided with the color-coded CT-MPI datasets. For each patient a list of vessels investigated by FFR was provided. To ensure correct territory-vessel correspondence left or right coronary dominance was provided for each patient. All readers were asked to measure MBF or TPR value corresponding to the vessel where the FFR measurements were performed. Each independent reader was blinded to all other medical information.

Within the MBF short axis slice interpreted as representing the myocardium dependent on the vessel in which the FFR was made, a freehand ROI was placed surrounding the suspected perfusion defect (Syngo Via 2.0, Siemens AG, Germany). The freehand ROI had a minimal area of 50 mm<sup>2</sup>. Careful considerations were made to prevent inclusion of artifacts in the ROI.

For TPR the CT-MPI color-coded maps were visually assessed to identify the slice most representative for a subendocardial/subepicardial ratio. The section of interest was loaded onto a dedicated image analysis application (ImageJ 1.48, National Institutes of

Health, USA).[17] To measure the transmural differences in MBF a series of linear samples perpendicular to the myocardial surface were taken at 0.4mm equal intervals (Figure 2). The mean MBF values from the pixels under the line are projected in the transmural MBF profile curve. Care was taken not to sample too close to the LV lumen and epicardial border as the MBF absolute values are unreliable due to displacement artifacts. From the short-axis MBF image and the MBF profile curve the user selected the endocardial and epicardial position. The TPR was calculated by dividing the subendocardial by the subepicardial MBF.

### **Invasive Angiography and Fractional Flow Reserve**

Invasive coronary angiography was performed according to local clinical standards. Prior to the invasive angiography intracoronary nitroglycerine was given, as is the standard in our center. Invasive FFR was performed in all vessels with a visual stenosis grade between 30-90% by invasive angiography. By protocol, an FFR pressure wire (PressureWire Aeris/Certus, St. Jude Medical, St. Paul, USA or Prime/Combo Wire, Volcano, San Diego, USA) was placed distal to the stenosis of interest, after which hyperemia was induced by intravenous infusion of adenosine at 140 µg/kg/min. An invasive FFR  $\leq 0.80$  was considered hemodynamically significant.

### **Statistics**

Absolute variables are represented as total and percentage, continuous variables as mean and standard deviation ( $\pm$ ). The mean values for MBF and TPR for normal and ischemic territories were compared with an unpaired two-sided independent t-test. Pearson coefficient correlation was calculated for respectively MBF and TPR against invasive FFR. The receiver-operator characteristic (ROC) curves including area under the curve (AUC) were presented for MBF and TPR. To investigate the combined diagnostic performance for MBF and TPR an ROC curve was also plotted for a new combined variable MBF multiplied by TPR (MBF $\times$ TPR). The optimal threshold for MBF and TPR diagnostic accuracy was calculated using the Youden index[18]. A sub-analysis was made for territories with an intermediate MBF between 50-100 ml/100ml/min, as these represent territories with MBF values close to the diagnostic threshold [6; 8]. Diagnostic performance was evaluated as sensitivity, specificity, positive predictive value, negative predictive value and accuracy, with their corresponding 95% confidence intervals (CI). The 95% confidence intervals were corrected for within subject clustering of data using variance adjustment[1]. MBF and TPR were displayed against each other with territories classified as normal or ischemic. Inter-observer variability was determined for 72 (75%) randomly selected territories by intra-class correlation coefficient for absolute MBF and TPR, diagnostic classification was compared using Kappa statistics. Results were reported on a per-territory and per patient basis and in accordance with the STARD initiative (Standard

for Reporting Diagnostic accuracy) [19]. Most statistical analysis were made using SPSS (version 21, IBM Corp, Armonk NY, United States of America), while MedCalc (version 13.0; MedCalc Software, Ostend, Belgium) was used to compare the AUCs by using the method of DeLong et al [20].

## RESULTS

53 patients were recruited, 10 patients were excluded of whom 8 due to a lack of invasive FFR measurements (Figure 1). Resulting in a study population consisting of 43 patients, in whom 94 vessels were analyzed by invasive FFR (Table 1). The mean FFR was  $0.79 \pm 0.17$ , of which 48 vessels were considered hemodynamically significant with an  $\text{FFR} \leq 0.80$ . The mean dose-length product for the CT-MPI acquisition was  $640 \pm 135$  mGy-cm, resulting in an effective dose of  $9.0 \pm 1.9$  mSv applying a conversion factor of 0.014.

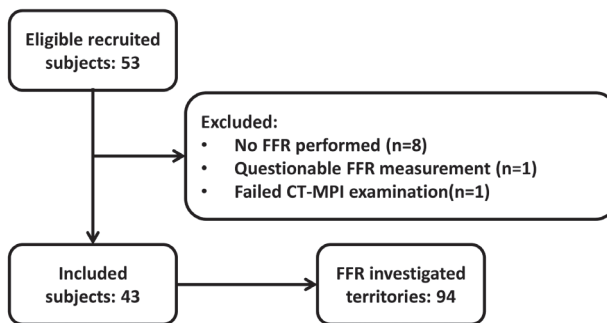


Figure 1. Inclusion flow chart

The mean MBF for FFR confirmed ischemic territories was  $71.3 \pm 24.3$  ml/100ml/min, and for normal territories  $92.2 \pm 21.6$  ml/100ml/min (Figure 3). Pearson correlation coefficient was 0.55 for MBF directly compared with invasive FFR. The area under the curve (AUC) was 0.78 (Figure 4). Optimal threshold for diagnostic classification was  $\leq 76$  ml/100ml/min. The territory based accuracy for MBF was 77% (67-86%) (Table 2).

The mean TPR for ischemic territories was  $0.85 \pm 0.31$  (Figure 3). Pearson correlation between TPR and invasive FFR was 0.37. The AUC for TPR was 0.65 and significantly smaller than MBF ( $P=0.026$ ). The optimal threshold for diagnostic classification was  $\leq 0.82$  (Figure 4). The territory based accuracy of TPR was 70% (60-81%) (Table 2).

The AUC for the MBF and TRP combined was 0.71 significantly higher than TPR alone ( $P=0.032$ ), the difference with MBF just failed to reach statistical significance ( $P=0.070$ ). To further investigate the incremental value of TPR a combined interpretation is shown in Figure 5. Concordance between MBF and TPR diagnostic classification was present in the majority of the territories (74%). For territories with concordant abnormal MBF and

**Table 1.** Patient Characteristics

Number of patients, <i>n</i>	43
Age (years)	62.6±8.7
Male gender, <i>n</i> (%)	36 (84)
Body mass index (kg/m <sup>2</sup> )*	20.1±2.3
Body surface area (m <sup>2</sup> )*	2.0±0.14
Cardiovascular risk factors, <i>n</i> (%)	
Hypertension	27 (63)
Dyslipidaemia	20 (47)
Diabetes	7 (16)
Family history of CAD	17 (40)
Smoking within the last year	10 (22)
Prior myocardial infarction, <i>n</i> (%)†	8 (19)
Prior PCI, <i>n</i> (%)‡	5 (12)
Agatston coronary calcium score‡	628 (265-1450)
Heart rate during rest	63.4±12.9
Heart rate during hyperemic CT-MPI.	83.0±13.7

Values are reported as mean and  $\pm$  standard deviation or absolute number *n* and percentage (%). CAD, coronary artery disease; PCI, percutaneous coronary intervention.

\* In four patients length and weight data were not available.

† Not in the vessel territories interrogated by invasive FFR.

‡ Represented in median and (quartiles).

TPR a trend towards an increase positive predictive value was observed. A combined classification did not yield significant improvement in diagnostic accuracy, not for all territories, and neither for the territories with an intermediate MBF between 50-100 ml/100ml/min (Table 2).

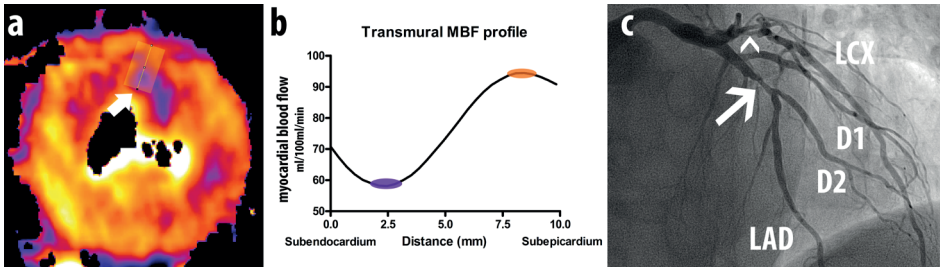
The inter-observer variability for TPR was moderate to good with an intra-class correlation coefficient of 0.77 and a Kappa of 0.66. For MBF reproducibility was better with an intra-class correlation of 0.84 and a Kappa of 0.77.

Only three patients were scanned with a 3rd generation DSCT. Reanalysis after exclusion of these cases did not affect the results (data not shown).

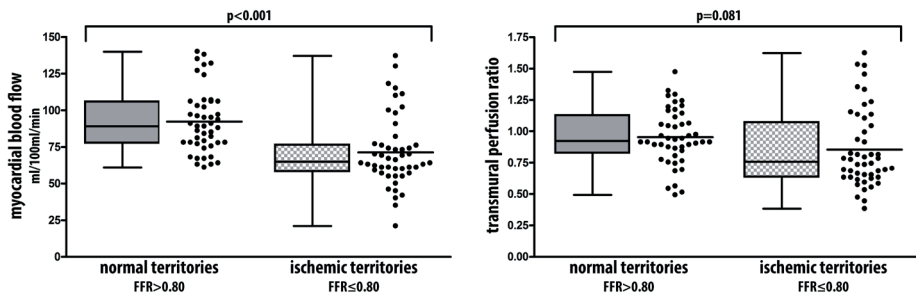
## DISCUSSION

The main findings of this study are 1) Transmural perfusion ratio from dynamic CT-MPI predicts functionally flow limiting CAD. 2) Transmural perfusion ratio based on dynamic CT-MPI myocardial blood flow maps is inferior to quantified myocardial blood flow.

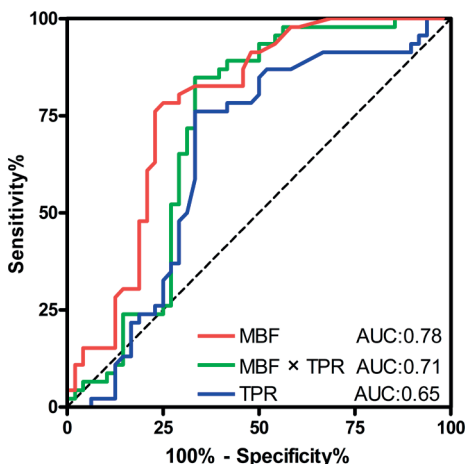




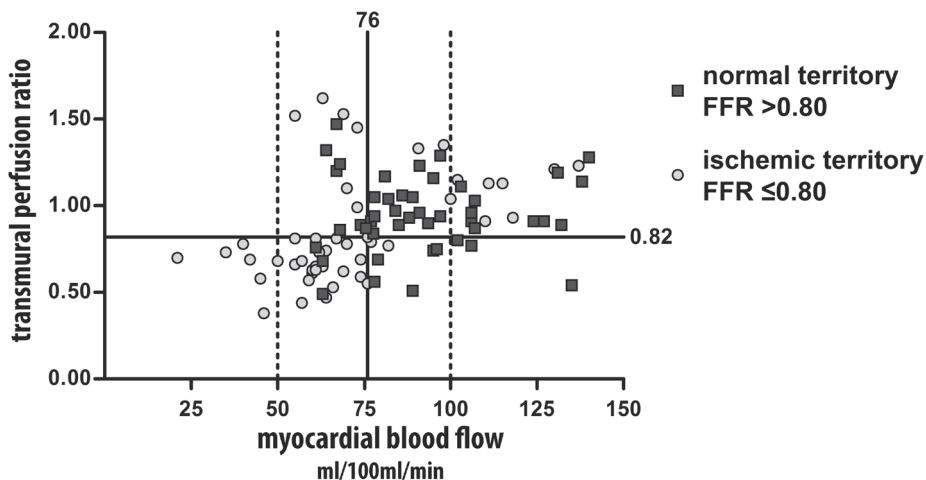
**Figure 2.** TPR case example: 65-years-old man presenting after exertional collapse. a) Short-axis CT-MPI image with the transmural perfusion line placed in the anterior-lateral segment. (white arrow). b) The transmural MBF profile. The subendocardial MBF was 58ml/100ml/min (purple marker), and 91ml/100ml/min in the subepicardium (orange marker). The TPR was 0.64 (58/91), and thus considered positive for ischemia. c) Invasive angiography showing a stenosis in the proximal LAD with an FFR of 0.69. A subtotal stenosis was directly stented in the LCX (arrow head), as such no FFR measurement was performed. In panel a however a perfusion defect with a transmural perfusion ratio can be seen in the territory associated with the LCX. The RCA was normal with an FFR of 0.91. RCA: right coronary artery, LAD: left anterior descending artery, LCX: left circumflex artery, TPR transmural perfusion ratio, MBF: myocardial blood flow, FFR: fractional flow reserve.



**Figure 3.** MBF and TPR: Median and mean myocardial blood flow and transmural perfusion ratio in 94 territories for normal (n=46) and ischemic (n=48) territories. Normal territory defined as invasive FFR > 0.80, and ischemic territories as FFR ≤ 0.80. FFR: fractional flow reserve.



**Figure 4.** ROC: Receiver operator curves for MBF and TPR validated against FFR using a threshold of 0.80 for hemodynamically significance. Area under the curve for MBF was 0.78 (95% CI:0.67-0.87), for TPR 0.65 (95% CI:0.53-0.77), and for MBF×TPR 0.71 (95% CI:0.60-0.82). The optimal diagnostic threshold was calculated at 76 ml/100ml/min for MBF and 0.82 for TPR. MBF: myocardial blood flow, TPR: transmural perfusion ratio, FFR fractional flow reserve, CI: confidence interval.



**Figure 5.** Classification by MBF and TPR: Scatterplot showing the combined classification by MBF and TPR. The solid lines represent the diagnostic threshold for MBF (76) and TPR (0.82). A larger proportion of ischemic territories was observed in the bottom left quarter, representing territories with a concordant abnormal MBF and TPR. The area between the two vertical dashed lines represent the territories with an intermediate MBF between 50 and 100 ml/100ml/min. TPR: transmurial perfusion ratio, MBF: myocardial blood flow, FFR: fractional flow reserve.

The subendocardial layer is more susceptible for ischemia, which is thought to be due to a reduction in the diastolic perfusion time-interval, higher contractile intra-myocardial tissue pressures, and differences in coronary microvasculature [10; 21]. By comparing the subendocardial and subepicardial perfusion the susceptibility of the endocardium for ischemia can be used as a diagnostic criteria.

Barmeyer et al. found that subendocardial/subepicardial ratio using stress MRI perfusion was associated with functional CAD in comparison with coronary flow reserve, however measurements taken only in the subendocardial layer showed superior diagnostic performance [22]. Using oxygen positron emission tomography MPI a similar association between TPR and functional stenosis measurement was found, however similar to our study TPR was inferior to quantified myocardial perfusion measurements [23]. The high spatial resolution of CT is well suited for differentiating the myocardial layers, and identification of subendocardial perfusion differences. George et al. showed the potential of transmurial perfusion ratio using static CT-MPI to detect ischemia, validated by a combination of quantitative angiography analysis and SPECT [11]. In another static CT-MPI study validated by SPECT a good diagnostic performance of a transmurial perfusion gradient was found [24]. Ko et al. found static rest and stress CT-MPI assets visually was of incremental value to coronary CT angiography [25]. More recently Yang et al. published visual static CT-MPI assessment performed better than transmurial perfusion

ratio, validated by FFR [26]. In these studies a segmental based TPR was calculated while for the epicardial layer the entire circumferential attenuation was averaged. In our study we used the epicardial myocardial blood flow at the location of the suspected perfusion defect. Because calculated MBF values vary between different regions of the heart, even in the absence of CAD, we compared the subendocardial MBF values against the adjutant subepicardial layer.

Several studies showed good diagnostic performance of dynamic CT-MPI to identify hemodynamically significant coronary artery disease compared with fractional flow reserve [6-8; 27]. A potential concern are the relative low absolute myocardial blood flow values computed with dynamic CT-MPI [5; 28; 29]. We hypothesized that a relative endocardial/epicardial perfusion ratio would be less vulnerable to individual variations in global MBF values and would be more sensitive in the identification of subtle perfusion defects.

This study shows that the transmural perfusion ratio identifies hemodynamically relevant coronary artery disease. However, no significant incremental value of TPR on top of MBF was found. In patients with an abnormal MBF, addition of TPR could reclassify a number of false positive results, however a statistical significant improvement could not be demonstrated in this modestly sized cohort. There are several possible explanations for the negative outcome in this study: The TPR methodology in this study is different from methods previously used in static CT-MPI. In dynamic CT-MPI the endocardial zone directly adjacent to the left ventricle cavity is prone to artifacts related to myocardial displacement, beam hardening and partial voluming potentially obscuring subtle perfusion defects. Future research related to improving MBF reconstruction in the endocardial layer adjacent to the ventricle cavity, is of importance as the endocardial layer is more susceptible to myocardial ischemia and perfusion imaging defects.[30]

## Limitations

These results are based on a limited number of patients recruited over a relatively long period of time (4 years) from a single-center study. As a result of the study complexity, as well as logistic factors such as availability of researchers and competing competitive research, only a fraction of the potentially eligible patients were recruited in this study. While the non-consecutive enrolment was mostly based on these logistic factors, some degree of selection bias cannot be excluded. In a clinical setting CT-MPI will most likely be performed in conjunction with coronary CTA. However, this study focused on the diagnostic performance of CT-MPI specifically. As the diagnostic performance of dynamic CT-MPI using manual sampling of absolute MBF values is already good, a larger sample size might be needed to demonstrate an incremental value of other parameters. Motion correction algorithms were used if indicated, however especially around the edge of the MBF color-coded images myocardium displacement artifacts can still be present. In

several cases these artifacts result in high MBF values directly next to the left ventricle lumen. Even though care was taken to avoid these artifacts they may have negatively affected the performance of TPR. In this study preference was given to a robust, relatively user-independent transmural MBF profile curve as base for TPR. However, a more flexible freehand ROI in the endocardial and epicardial layer might affect TPR.

## CONCLUSION

Transmural perfusion ratio measurements are feasible from dynamic CT-MPI and can identify functional obstructive CAD. Transmural perfusion ratio, as investigated in this study, from dynamic CT-MPI is inferior to and has limited incremental value on top of absolute myocardial blood flow measurements. In the future other myocardial flow parameters may be investigated to enhance the diagnostic performance of dynamic CT-MPI to identify myocardial ischemia.

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