Propositions to accompany the PhD thesis

Improving compliance with healthcare regulatory requirements in the United Arab Emirates

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1. Healthcare regulatory agencies should spend more resources to explore and experiment with a variety of regulatory methods (This PhD Thesis).

2. For a rapidly developing country such as the UAE, it is imperative that it regularly reviews and benchmarks its healthcare performance and takes action to improve its performance (This PhD Thesis).

3. A positive perception of the healthcare regulatory agencies’ fairness, legitimacy and performance increases the likelihood of compliant behaviour (This PhD Thesis).

4. Medical universities need to investigate how medical students can acquire the necessary reflective skills to accurately assess their own clinical performance (This PhD Thesis).

5. Surveillance cues, such as watching eyes, may be effective in promoting compliant behaviour in situations where there are real opportunities to build and enhance a good reputation (This PhD Thesis).

6. Innovative methods using Artificial Intelligence (AI) can help to improve the quality of healthcare by providing accurate, real-time and comprehensive insights into the performance of providers and professionals (Griffiths and Leaver, 2018).

7. A reliable way to make people believe in falsehoods is frequent repetition, because familiarity is not easily distinguished from truth. Authoritarian institutions and marketers have always known this fact (Kahneman, 2011).

8. Online access to medical records by patients has the potential to improve the quality of patient-centred care and patient satisfaction (Mold et al, 2015).

9. More prospective validation should be conducted into tasks that machines could perform to help clinicians or predict clinical outcomes that would be useful for health systems (Topol, 2019).

10. In order to achieve better healthcare outcomes, healthcare policies should focus on changing the strongest determinants of health, in particular behavioural patterns and social circumstances, rather than changing the actual healthcare delivery (McGinnis, Williams-Russo and Knickman, 2003).

11. Governments should “regulate the regulators” by obliging healthcare regulatory agencies to ringfence a certain amount of their annual budget to research and development.