

Propositions belonging to the PhD dissertation

## **Economic Evaluation of Treatment for Externalizing Disorders in Adolescents**

Connecting mental health and economics

1. Spillover effects on 'significant others' need to be accounted for in health economic evaluations. (This thesis)
2. Estimates of long-term effects are essential to the economic evaluation of systemic interventions for juvenile disorders. (This thesis)
3. It is possible and necessary to include broader elements of societal costs and benefits in cost-utility analyses of interventions for externalizing disorders in adolescents. (This thesis)
4. The quality of economic evaluations of family interventions for treatment of substance use and delinquency needs to be improved. (This thesis)
5. There is a need for multidimensional and preference-based outcome measures when evaluating systemic family interventions in adolescents with externalizing disorders. (This thesis)
6. Playing and listening to music improves the ability to cope with stress. (inspired by Erik Scherder)
7. Quality and quantity of sleep need attention within the treatment of mental disorders. (inspired by Sandra Kooij)
8. Long waiting lists hamper the provision of effective mental health treatments in the Netherlands.
9. More experience does not necessarily imply better therapeutic results. (inspired by Simon B. Goldberg)
10. The relationship between humans and their assistance dogs is one of attachment. (inspired by Marilyn J. Kwong)
11. Wie durft te verdwalen, vindt nieuwe wegen. (Desiderius Erasmus Roterodamus)

Saskia Schawo, 20 December, 2019

