

Propositions to accompany the PhD thesis

Health Communication Research Among the Chinese Hui Ethnic Minority Group in Shenyang City

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1. China is a country with multiple ethnicities and a diversity of cultures (Gladney, 2004). The Chinese Hui are the third largest minority group in China, where the Han are the dominant majority (Gustafsson & Sai, 2014). Although not all Hui people practice Islamic faith, the Hui's culture is different from the Han's culture in many aspects. (This dissertation)
2. About the access to CVD health information from different sources, the Chinese Hui minority people used mediated sources most, of which the internet and television were the most prominent ones. However, the Han majority people used interpersonal sources most for CVD health information. (This dissertation)
3. Referring to the Hui people's evaluation of CVD health information from different sources, the Hui shared a similar pattern with the Han that they both considered CVD related health information from health organizations, doctors or healthcare providers most credible. Although the Hui are an Islamic group, the CVD health information given by religious organizations and leaders was used, trusted and preferred the least. (This dissertation)
4. Most Hui participants expressed a clear need for credible, professional and reliable health information about CVDs. In addition, many Hui participants had the desire for health communication programs specifically targeted at the Hui minority group. (This dissertation)
5. Television health programs and WeChat official accounts communicated a rich array of health information relating to CVDs. But neither of these two mediated sources provided any information targeted at the Hui people who have a high chance to get CVDs. (This dissertation)
6. With the current development of globalization, intercultural communication is more important in people's life than ever.
7. Advice from family, friends or colleagues about personal issues has more impact on the individual's decision making than advice from media.
8. People with multicultural experience tend to be more creative.
9. Three things in life – your health, your mission, and the people you love. That's it. (Naval Ravikant)
10. Knowledge is power. (Francis Bacon)
11. Carpe diem. (Roman poet Horace)