



# Targeting angiotensinogen with RNA-based therapeutics

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## Purpose of review

To summarize all available data on targeting angiotensinogen with RNA-based therapeutics as a new tool to combat cardiovascular diseases.

## Recent findings

Liver-targeted, stable antisense oligonucleotides and small interfering RNA targeting angiotensinogen are now available, and may allow treatment with at most a few injections per year, thereby improving adherence. Promising results have been obtained in hypertensive animal models, as well as in rodent models of atherosclerosis, polycystic kidney disease and pulmonary fibrosis. The next step will be to evaluate the optimal degree of suppression, synergy with existing renin–angiotensin–aldosterone system blockers, and to determine harmful effects of suppressing angiotensinogen in the context of common comorbidities, such as heart failure and chronic kidney disease.

## Summary

Targeting angiotensinogen with RNA-based therapeutics is a promising new tool to treat hypertension and diseases beyond. Their long-lasting effects are particularly exciting, and if translated to a clinical application of at most a few administrations per year, may help to eliminate nonadherence.

## Keywords

angiotensin, angiotensinogen, antisense oligonucleotides, drug adherence, renin, RNA interference

## INTRODUCTION

Although more than 100 commercial drugs and drug combinations are available for the treatment of hypertension, a substantial proportion of the hypertensive population remains uncontrolled or suboptimally controlled. This could relate to non-adherence and/or drug ineffectiveness. The latter might be because of counterregulatory mechanisms (like a rise in renin [1]) that eliminate or diminish the initial blood pressure-lowering effect. Hence, given the deleterious consequences of uncontrolled blood pressure, there still is a need for novel treatment options that preferably are not counterbalanced by the upregulation of contractile mechanisms and circumvent nonadherence. An attractive option is targeting angiotensinogen (AGT) with RNA-based therapeutics. As all angiotensins stem from AGT, deleting AGT will suppress angiotensin (Ang) formation, even when renin levels rise. Furthermore, the dosing frequency with this approach might go down to a few times per year, thereby potentially reducing the clinical and economic burden of nonadherence.

## RNA THERAPEUTIC APPROACHES

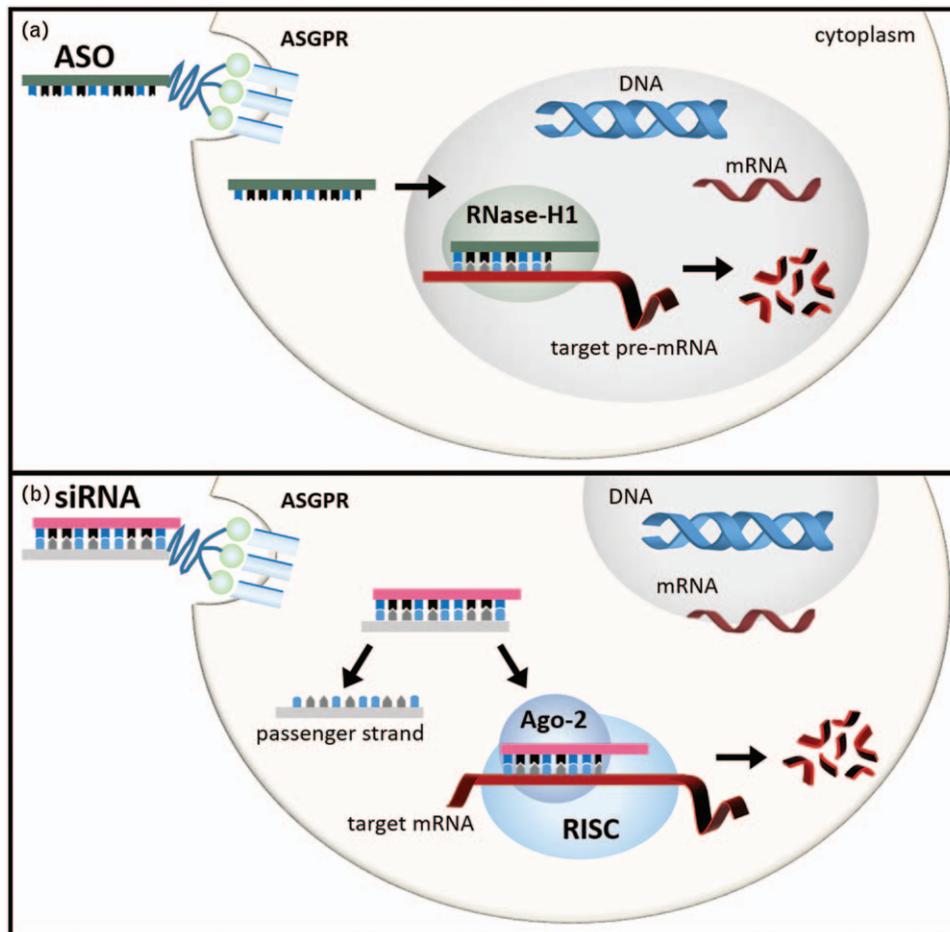
RNA-based therapies bind to RNA and change the expression of any protein, even those not amenable to traditional approaches involving small-molecule drugs. A number of RNA therapeutic approaches have been developed [2<sup>••</sup>,3<sup>••</sup>], with antisense oligonucleotides (ASO) that inhibit RNA translation and oligonucleotides that function via the RNA interference (RNAi) pathway being the most clinically relevant. ASO-based therapies utilize Watson–Crick's

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## KEY POINTS

- Liver-targeted, stable antisense oligonucleotides and small interfering RNA-targeting angiotensinogen, capable of suppressing angiotensinogen in a dose-dependent manner, are now available.
- Suppressing angiotensinogen exerts similar effects as classical blockers of the renin–angiotensin–aldosterone system (RAAS) in hypertensive animal models, as well as in rodent models for atherosclerosis, polycystic kidney disease and pulmonary fibrosis.
- Future studies should evaluate their safety, for example, in the context of common comorbidities, such as heart failure and chronic kidney disease, and synergy with existing RAAS blockers.
- The long-lasting effects of this approach are particularly exciting, and if translated to a clinical application of at most a few administrations per year, may help to eliminate nonadherence.

base-pairing rules and single-stranded DNA containing 15–30 nucleotides, which are designed in anti-sense orientation to the premRNA and mRNA of interest. Mature mRNA is formed in the nucleus by splicing the introns of premRNA. ASOs are able to modulate alternative splicing by binding to the premRNA producing different protein variants and changing the prevalence of one variant. When ASOs bind to their target mRNA, RNase H1 cleaves the RNA in an RNA–DNA duplex in both the cytoplasm and nucleus [4] destroying the mRNA and inhibiting the translation of the target protein (Fig. 1a). Chemically modified ASOs with phosphorothioate linkages can trigger RNA cleavage even in the absence of transfection reagent [5,6]. In contrast to the ASO approach, RNAi-based therapies utilize double-stranded RNA and exploit the RNAi process, an evolutionary conserved mechanism for the regulation of gene expression. At present, the majority of RNAi-based therapies employ noncoding small interfering RNA (siRNA) that are 21–23 bases in length and work naturally in the cell as a part of



**FIGURE 1.** Inhibition of RNA translation by (a) antisense oligonucleotide or (b) RNA interference. See text for further explanation. Ago-2, argonaute-2; ASGPR, asialoglycoprotein receptor; RISC, RNA-Induced Silencing Complex.

the RNA-Induced Silencing Complex (RISC). Unlike ASOs, when siRNA enters the cell it stays inactive until loaded by transactivation responsive RNA-binding protein into Argonaute where the passenger strand is removed and the remaining antisense strand binds complementary mRNA targets, leaving Argonaute endoribonuclease to cleave the mRNA, thus preventing protein translation [7] (Fig. 1b). In mammals, Argonaute contains an RNase H domain, but cleaves RNA in an RNA–RNA duplex [8]. The majority of RNA-based therapies in clinical pipeline utilize the RNAi approach (Table 1). This is unsurprising given

that a major advantage of RNAi over ASO for therapeutic applications is that RNAi is much more potent and has a longer inhibitory effect [9].

The clinical translation of RNAi-based therapies has faced a number of challenges including off-target effects, siRNA delivery, immune reactions and toxicity [20]. The biggest hurdle has been delivery as siRNAs do not readily cross the cell membrane. Various approaches have been proposed to solve the problem of siRNA delivery *in vivo*, for example, viruses, cationic lipids, polymers, and nanoparticles [10,11]. One of the most promising approaches to

**Table 1.** RNA-based therapies currently in clinical development

Disease target	Pharmaceutical company	Drug (alternate name)	Therapeutic approach	Stage of development
<b>Cancer</b>				
Blood cancers				
miR-155	miRagen	Cobomarsen (MRG-106)	RNAi (miRNA)	Phase 1/2
Clear cell renal cell carcinoma				
HIF-2 $\alpha$	Arrowhead	ARO-HIF2	RNAi (siRNA)	Pre-IND
Cholangiocarcinoma				
TGF- $\beta$ 1 and COX2	Sirnaomics	STP705L	RNAi (siRNA)	Phase 1
Nonmelanoma skin cancer				
TGF- $\beta$ 1 and COX2	Sirnaomics	STP705	RNAi (siRNA)	Phase 2
Pancreatic cancer				
KRAS G12D	Silenseed	KRAS-LODER	RNAi (siRNA)	Phase 2 [23]
Prostate cancer				
Androgen receptors	Ionis	ARRx (IONIS-AR-2.5Rx)	ASO	Phase 1/2
Various cancers				
STAT3	Ionis-AstraZeneca	Danvatirsen (ISIS481464)	ASO	Phase 1/2
<b>Cardiometabolic</b>				
<b>Clotting disorders</b>				
Hepatic Factor XI	Ionis-Bayer	IONIS-FXIRx	ASO	Phase 2 [24]
	Ionis-Bayer	IONIS-FXILRx	ASO	Phase 1
<b>Dyslipidemias</b>				
Hepatic PCSK9	Alnylam-The Medicines Company	Inclisiran (ALN-PCSSC)	RNAi (siRNA)	Phase 3 [16,25–28]
Hepatic Apo C-III	Arrowhead	ARO-APOC3	RNAi (siRNA)	Phase 1
	Ionis-Akcea/Novartis	AKCEA-APOCIII-LRx	ASO	Phase 2
	Ionis-Akcea	Waylivra (Volanesorsen)	ASO	Phase 3 [29–35]
Hepatic ANGPTL3	Arrowhead	ARO-ANG3	RNAi (siRNA)	Phase 1
	Ionis-Akcea	AKCEA-ANGPTL3-LRx	ASO	Phase 2
Hepatic Apo A	Arrowhead-Amgen	AMG 890	RNAi (siRNA)	Phase 1
	Ionis-Akcea/Novartis	AKCEA-APO(a)-LRx	ASO	Phase [36]
	Silence Therapeutics	SLN360		IND/CTA due in 2020

Table 1 (Continued)

Disease target	Pharmaceutical company	Drug (alternate name)	Therapeutic approach	Stage of development
Undisclosed target	Ionis-AstraZeneca	AZD8233 (IONIS-AZ4-2.5LRx)	ASO	Phase 1
Hypertension				
Hepatic AGT	Alnylam	ALN-AGT	RNAi (siRNA)	Phase 1
	Ionis	IONIS-AGT-LRx	ASO	Phase 2
Ischemia				
miR-92a	miRagen-Servier	MRG-110	RNAi (miRNA)	Phase 1
Type 2 diabetes				
Hepatic glucagon receptors	Ionis	IONIS-GCGR(Rx)	ASO	Phase 2 [37]
Endocrine disorders				
Acromegaly				
Growth hormone receptor	Ionis	IONIS-GHR-LRx	ASO	Phase 2
Fibrosis				
Hypertrophic scar reduction				
TGF- $\beta$ 1 and COX2	Sirnaomics	STP705L	RNAi (siRNA)	Phase 2
Cutaneous fibrosis				
miR-29	miRagen	Remlarsen (MRG-201)	RNAi (miRNA)	Phase 2
Genetic				
$\beta$ -Thalassemia				
Hepatic TMPRSS6	Ionis	IONIS-TMPRSS6-LRx	ASO	Phase 2
	Silence Therapeutics	SLN124	RNAi (siRNA)	CTA approved
Complement-mediated diseases				
Hepatic C5	Alnylam	Cemdisiran (ALN-CC5)	RNAi (siRNA)	Phase 2
	Alnylam-Regeneron	Cemdisiran/ Pozelimab Combo	RNAi (siRNA)	Phase 1/2
Hepatic complement factor B	Ionis-Roche	IONIS-FB-LRx	ASO	Phase 2
Cystic fibrosis				
Pulmonary $\alpha$ ENaC	Arrowhead	ARO-ENaC	RNAi (siRNA)	Pre-IND
	Ionis	IONIS-ENAC-2.5Rx	ASO	Phase 2
Hemophilia and are bleeding disorders				
Hepatic antithrombin	Alnylam- Sanofi Genzyme	Fitusiran (ALN-AT3)	RNAi (siRNA)	Phase 3
Hereditary angioedema				
Prekallikrein	Ionis	IONIS-PKK-LRx	ASO	Phase 2
Primary hyperoxaluria				
Hepatic glycolate oxidase type 1	Alnylam	Lumasiran (ALN-GO1)	RNAi (siRNA)	Phase 3
	Dicerna	DCR-PHXC	RNAi (siRNA)	Phase 1
Transthyretin-mediated (ATTR) amyloidosis				
Hepatic transthyretin	Alnylam	Vutrisiran (ALN-TTRsc02)	RNAi (siRNA)	Phase 3
	Ionis-Akcea	AKCEA-TTR-LRx	ASO	Phase 1
Kidney diseases				
Delayed graft function				
Pro-apoptotic gene <i>p53</i>	Quark	QRK306 (QPI-1002)	RNAi (siRNA)	Phase 3
AKI following cardiac surgery				
Pro-apoptotic gene <i>p53</i>	Quark	QRK209 (QPI-1002)	RNAi (siRNA)	Phase 2

Table 1 (Continued)

Disease target	Pharmaceutical company	Drug (alternate name)	Therapeutic approach	Stage of development
<b>LIVER DISORDERS</b>				
AATD-associated liver disease				
Hepatic mutant AAT	Arrowhead	ARO-AAT	RNAi (siRNA)	Phase 2
	Alnylam	ALN-AAT02	RNAi (siRNA)	Phase 1/2
	Dicerna	DCR-A1AT	RNAi (siRNA)	Pre-IND
Acute hepatic porphyria				
Hepatic ALAS1	Alnylam	Givosiran (ALN-AS1)	RNAi (siRNA)	Phase 3 [38]
ARLD/NAFLD				
HSD17B13	Arrowhead	ARO-HSD	RNAi (siRNA)	Pre-IND
HBV				
HBV gene products	Arrowhead- Janssen	JNJ-3989 (ARO-HBV)	RNAi (siRNA)	Phase 2
	Arbutus	AB-729	RNAi (siRNA)	Phase 1
	Alnylam	VIR-2218 (ALN-HBV02)	RNAi (siRNA)	Phase 1/2
	Ionis-GSK	IONIS-HBV-IRx	ASO	Phase 2
	Ionis-GSK	IONIS-HBVRx	ASO	Phase 2
	Dicerna	DCR-HBVS	RNAi (siRNA)	Phase 1
<b>Neurological disorders</b>				
Huntington's disease				
Huntingtin protein	Ionis-Roche	IONIS-HTTRx	ASO	Phase 3 [39]
Amyotrophic lateral sclerosis				
SOD1	Ionis-Biogen	Tofersen (BIIB067)	ASO	Phase 3 [40]
Mutated <i>CORF72</i> gene	Ionis-Biogen	IONIS-C9Rx (BIIB078)	ASO	Phase 2
Alzheimer's disease and frontotemporal degeneration				
MAPT	Ionis-Biogen	IONIS-MAPTRx (BIIB080)	ASO	Phase 2
Centronuclear myopathy				
Dynamin 2 protein	Ionis-Dynacure	IONIS-DNM2-2.5Rx	ASO	Phase 1
<b>Ocular disorders</b>				
Dry eye syndrome				
TRPV1	Sylentis	Tivanisiran (SYL1001)	RNAi (siRNA)	Phase 3
Glaucoma				
$\beta$ -adrenergic receptor 2	Sylentis	Bamosiran (SLY040012)	RNAi (siRNA)	Phase 2 [41,42]

$\alpha$ EnaC, epithelial sodium Channel alpha subunit; AAT, Alpha-1 antitrypsin; AATD, Alpha-1 antitrypsin deficiency; AGT, angiotensinogen; AKI, acute kidney injury; ALAS1, aminolevulinic acid synthase 1; ANGPTL3, angiopoietin-like protein 3; Apo A, apolipoprotein A; Apo C-III, apolipoprotein C-III; ARLD/NAFLD, Alcohol-related liver disease and nonalcoholic fatty liver disease; ASO, antisense oligonucleotide; C5, complement component 5; *CORF72*, chromosome 9 open reading frame 72; CTA, clinical trial authorization; HBV, hepatitis B virus; HIF-2 $\alpha$ , hypoxia inducible factor 2 $\alpha$ ; HSD17B13, 17 $\beta$ -Hydroxysteroid dehydrogenase type 13; IND, United States Food and Drug Administration investigational new drug application; MAPT, microtubule-associated protein tau; miRNA, microRNA; PCSK9, proprotein convertase subtilisin kexin type 9; RNAi, RNA interference; siRNA, small interfering RNA; SOD1, superoxide dismutase 1; STAT3, signal transducer and activator of transcription factor 3; TMPRSS6, Transmembrane protease serine 6; TRPV1, Transient receptor potential vanilloid-1.

improve the delivery and safety of siRNA is bioconjugation, the covalent connection of siRNAs with biogenic molecules, such as lipophilic molecules, antibodies, aptamers, ligands, peptides, or polymers, which also cause less immunoreaction [12,13]. The development of trivalent N-acetylgalactosamine (GalNAc)-siRNA conjugates for targeted delivery of siRNA to the liver is the most successful. GalNAc

binds to the asialoglycoprotein receptor that is highly expressed on hepatocytes resulting in rapid endocytosis [14]. The GalNAc approach has also been employed to enhance ASO delivery to hepatocytes by ~10-fold versus free ASOs in preclinical models, resulting in a significant dose reduction [15]. In a phase 2 clinical trial, hepatocyte-directed GalNAc-siRNA molecules have been shown to yield incredible

results with stable suppression of proprotein convertase subtilisin/kexin type 9 (PCSK9) achieved for at least 6 months [16]. RNA-based therapies will not only fundamentally change the way we treat diseases, but may also provide treatments for diseases with unmet clinical need. This has led to RNA-based therapeutics becoming one of the most rapidly advancing fields in drug discovery.

## CURRENT APPLICATION OF RNA-BASED THERAPIES

To date, four ASOs and one siRNA-based therapy have been approved for clinical use. Fomivirsen, an intravitreally injected inhibition ASO indicated for the treatment of ocular cytomegalovirus retinitis (CMV) in acquired immunodeficiency syndrome (AIDS) individuals, was the first ever RNA-based therapy to be approved by the US Food and Drug Administration (FDA) in 1998 and by the European Medical Association (EMA) in 1999 [17]. However, in the early 2000s, fomivirsen was withdrawn from the market as the introduction of highly active antiretroviral therapy (HAART) dramatically reduced the number of cases of CMV. A second inhibition ASO, mipomersen, which is injected subcutaneously and targets mRNA encoding apolipoprotein B for the treatment of homozygous familial hypercholesterolemia, was approved for clinical use in 2014 [18]. Two splice-modulating ASOs, nusinersen for the treatment of spinal muscular atrophy (2017) [19,20] and eteplirsen for the treatment of Duchenne muscular dystrophy (2016) [21], are also approved for clinical use. In 2018, patisiran, an siRNA encapsulated in a lipid nanoparticle for delivery to hepatocytes, became the first globally (FDA and EMA)-approved RNAi therapeutic. Patisiran is indicated for the treatment of hereditary transthyretin-mediated amyloidosis (hATTR) in adults [22]. In addition, more than 50 RNA-based therapies for diseases as varied as cancer, neurodegenerative disease and cardiovascular disease are currently in clinical development with several investigational new drug and clinical trial applications expected to be filed within the next 2 years (Table 1). Interestingly, a number of ASO and RNAi therapies are being developed for the same disease targets (Table 1), including hepatic AGT for the treatment of hypertension, which are in phase 2 and phase 1, respectively.

## ANGIOTENSINOGEN RNA-BASED THERAPY IN HYPERTENSION

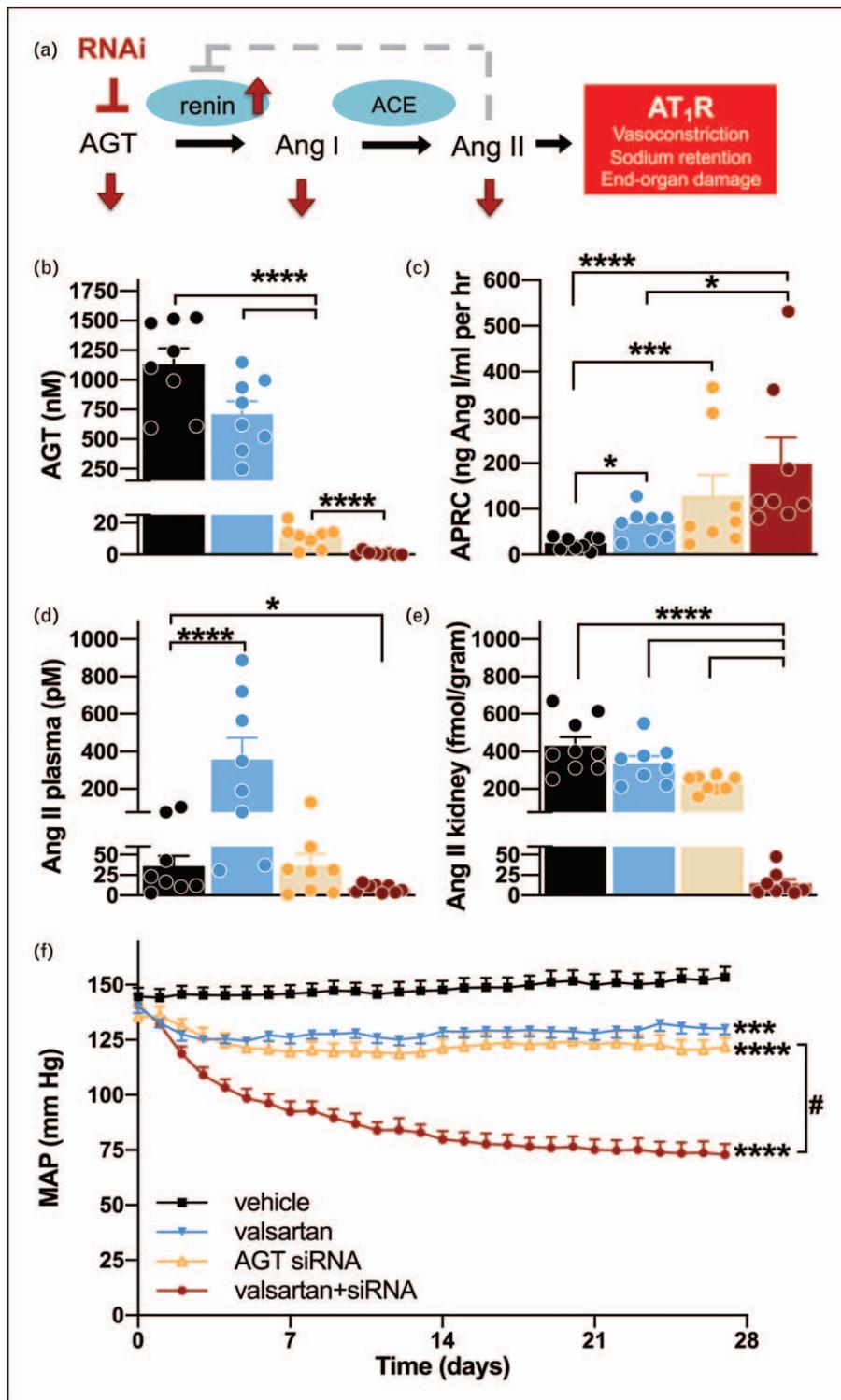
As AGT is the sole precursor of the potent vasoconstrictor Ang II, it is a promising target for gene

silencing. At present, inhibition of the renin–Ang–aldosterone system (RAAS) is the mainstay for the treatment of hypertension, heart failure and chronic kidney disease [43,44]. Yet, the long-term management of these conditions remains complicated by RAAS escape phenomena, during which a counter-regulatory rise in plasma renin often restores Ang II to its original pretreatment values [45–47]. As a consequence, blood pressure control commonly requires multiple antihypertensive drugs, but is impeded by a decline in therapy adherence with every drug added to the treatment regimen [48,49].

The clinical need for an antihypertensive therapeutic, which prevents Ang reactivation has long been recognized and may be achieved by blocking the RAAS at the AGT level. As opposed to classical RAAS inhibitors, a compensatory rise in renin could even potentiate blood pressure lowering as it would facilitate depletion of the remaining AGT (Fig. 2a). This can be explained as follows. Normally, AGT is present at levels that exceed Ang levels by many orders of magnitude. Under such conditions, blocking renin, Ang I-converting enzyme (ACE) or the Ang receptor results in a renin rise, which either (partially) restores Ang II, or increases Ang II above its original level (in order to overcome blockade of its receptor). This is easily achievable, simply because there is ample AGT around to allow this. Even a 100-fold rise in Ang I generation (sufficient to overcome 99% renin inhibition!) is feasible. Yet, if the renin rises are substantial, it is possible that at a certain moment, AGT levels start to decrease. During AGT suppression by RNA-based therapy, AGT levels are down already, and now a rise in renin might be sufficient to result in complete AGT depletion, particularly when simultaneously introducing other types of RAAS blockade, which induce further rises in renin. Restoration of Ang II levels is then no longer possible.

Although initial ASO constructs targeting *Agt* lowered circulating AGT, Ang II and blood pressure in parallel in spontaneously hypertensive rats, these methods lacked potency and specificity: AGT levels were halved at most, and the effects were short-lived (<1 week) [51–53]. Similar problems also impeded the use of *Agt*-directed siRNA. The introduction of lipid nanoparticle delivery enhanced AGT downregulation, although stable suppression still necessitated weekly intravenous dosing [54]. Additionally, treatment with lipid delivery vehicles causes an inflammatory response, and must therefore, be given with histamine receptor antagonists, nonsteroidal anti-inflammatory drugs and relatively high doses of glucocorticoids [55].

Conjugating GalNAc to ASO and RNAi molecules enabled general therapeutic application. Subsequent selective accumulation in the liver permitted minimal



**FIGURE 2.** Near elimination of angiotensinogen is required for lowering of Ang II. (a) Inhibition of the renin–angiotensin–aldosterone system (RAAS) at the angiotensinogen (AGT) level may prevent RAAS reactivation, because a rise in plasma renin levels, because of a lack of negative feedback exerted by angiotensin (Ang) II on renin production, could now facilitate depletion of remaining AGT. (b) Plasma AGT, (c) active plasma renin concentration (APRC), (d) plasma Ang II, (e) renal Ang II and (f) mean arterial pressure (MAP) of spontaneously hypertensive rats after 4 weeks of vehicle, valsartan, AGT siRNA or valsartan with siRNA treatment (all groups  $n = 8$ ). Data, modified from Uijl *et al.* [50<sup>\*\*\*</sup>], are represented as means  $\pm$  SEM and analyzed using two-way ANOVA and posthoc Bonferroni (MAP) or transformed to natural logarithms before analysis by one-way ANOVA and posthoc Bonferroni (RAS parameters). \* $P < 0.05$ , \*\*\* $P \leq 0.001$ , \*\*\*\* $P \leq 0.0001$  vs. vehicle or otherwise indicated; # $P \leq 0.0001$ .

invasive delivery via subcutaneous injection and optimization of AGT downregulation, as circulating AGT levels are determined by hepatic synthesis [56,57<sup>■</sup>]. Indeed, by improving liver activity eight-fold, GalNac-conjugation potentiated AGT inhibition of ASOs to maximally 88% in a dose-dependent manner [58]. Interestingly, a reduction of at least 75% was required to simultaneously lower blood pressure, which then remained low for a period of 7–10 days after a single dose. This relates to the above-mentioned upregulation of renin. In fact, in a study employing GalNac-siRNA to target *Agt* [50<sup>■</sup>], even when AGT was decreased by 97.9%, circulating Ang II remained intact because of renin upregulation. Only a 99.8% reduction, achieved by combining siRNA with valsartan (which further upregulates renin, thereby additionally lowering AGT), was required to deplete both systemic and renal Ang II (Fig. 2b–e). The latter observation implies that renal Ang generation relies on AGT of hepatic origin. Consequently, AGT siRNA monotherapy provided similar antihypertensive and cardioprotective efficacy as conventional RAAS inhibition, whereas near elimination of AGT by addition of valsartan yielded a synergistic reduction in blood pressure and cardiac hypertrophy, without adversely affecting renal function (Fig. 2f). Unique to GalNac-siRNA is its long-lasting effectiveness [22], as opposed to an ASO liver half-life of 2–4 weeks [58]. These findings suggest that, in clinical practice, AGT inhibition mediated by RNAi may not only prevent RAAS reactivation but also improve cardiovascular outcome and therapy adherence because of a sustained and stable single-dose efficacy lasting weeks to months [50<sup>■</sup>].

## ANGIOTENSINOGEN RNA-BASED THERAPY IN OTHER DISEASES

Although the potential for clinical translation is currently being investigated in patients, preclinical studies now focus on safety and efficacy in models of chronic kidney disease and heart failure. However, the application of AGT inhibition is not limited to hypertension and related end-organ damage. Polycystic kidney disease (PKD) appears an especially promising target, with multiple recent studies showing beneficial effects in animal models of this disease [59,60,61<sup>■</sup>]. PKD is caused by mutations in the *Pkd1* and *Pkd2* genes. In affected patients, these mutations lead to early onset hypertension, the progressive growth of renal cysts and kidney failure. Conventional treatment with ACE inhibitors or Ang receptor blockers (ARBs) effectively lowers blood pressure in PKD, but whether this treatment also reduces the decline in kidney function is unclear [62,63]. Experimentally, PKD may be studied in mice with targeted knockout of the *Pkd1* or *Pkd2*

gene, with both models developing progressive intrarenal cysts and kidney failure [64,65]. In *Pkd2* knockout mice, treatment with AGT ASO resulted in a reduction in kidney size, lower total cyst volume and improved kidney function compared with control treatment (scrambled ASO) [59]. *Pkd1* knockout mice displayed similar reductions in kidney size and cyst volume after treatment with AGT ASO [60,61<sup>■</sup>]. Interestingly, in the latter model, the effects of AGT ASO on cyst growth were independent of changes in SBP. In contrast, ACE inhibition with lisinopril significantly lowered SBP, but did not reduce kidney size to a similar degree as AGT ASO and had no effect on cyst volume [60].

Experimental evidence indicates that AGT ASO may also be effective in the treatment of atherosclerosis. Increased activity of the RAAS promotes atherosclerosis through activation of AT<sub>1A</sub> receptors [66–68]. Treatment of spontaneously hypertensive rats on a diet enriched with high fat and vitamin D3 (i.e. to induce atherosclerosis) with Gal-PEG-Et (GPE) nanoparticles carrying short hairpin RNA (shRNA) that specifically targets *Agt* in the liver decreased SBP and attenuated the development of atherosclerotic lesions compared with control animals [69]. Similar effects were observed in another animal model for atherosclerosis and obesity, that is, LDL receptor knockout mice fed with a saturated fat-enriched diet [70]. In these mice, treatment with AGT ASO resulted in decreased blood pressure, less atherosclerosis, and diminished body weight gain. Correspondingly, previous clinical studies also showed beneficial effects of ACE inhibitors and ARBs on the progression of atherosclerotic plaques [71,72]. However, whether AGT ASO is effective in the treatment of atherosclerosis in patients has yet to be investigated.

Finally, AGT ASO treatment has been used as a therapeutic strategy against experimental pulmonary fibrosis. Currently, treatment options for idiopathic pulmonary fibrosis are limited, leaving most patients with a poor prognosis – the median survival rate is 2–5 years. Several studies in animals (i.e., mice and rats) with bleomycin-induced lung injury showed that Ang II contributes to pulmonary fibrosis, whereas treatment with renin inhibitors, ACE inhibitors, and ARBs attenuates disease progression [73–77]. In this same animal model, intratracheal administration of AGT ASO was found to decrease pulmonary AGT concentrations and lung fibrosis [78], but no comparison was made to conventional RAAS inhibitors.

## CONCLUSION

Targeting AGT with RNA-based therapeutics is a promising new tool to treat hypertension and diseases beyond, including heart failure, atherosclerosis,

diabetic nephropathy, polycystic kidney disease and pulmonary fibrosis. The long-lasting effects of RNA-based therapeutics are particularly exciting, and if translated to a clinical application of at most a few administrations per year, may help to eliminate non-adherence. To what degree the effects of such therapeutics are fully identical to those of other RAAS blockers (given the fact that they eliminate all Ang metabolites) remains to be determined. It will also be important to determine to what level AGT should be suppressed to induce meaningful effects, and whether there is a role for AGT synthesized outside the liver [79]. Synergy in combination with other RAAS blockers needs to be evaluated, as well as the potential harmful effects of suppressing AGT in the context of common comorbidities, such as heart failure and chronic kidney disease, where AGT might already be suppressed.

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**Conflicts of interest**

*A.H.J.D. received a grant from Alnylam Pharmaceuticals.*

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- of outstanding interest

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