

Stellingen behorende bij het proefschrift

'Knowledge Gaps in the Management of Patients with Inflammatory Bowel Disease'

1. In 5-ASA refractory ulcerative proctitis, tacrolimus suppositories are not superior to budesonide suppositories for induction of remission. *This thesis*.
2. Low dose naltrexone induces clinical improvement in therapy refractory inflammatory bowel disease, through improvements in epithelial barrier function. *This thesis*.
3. At the steady state, adalimumab serum levels are stable in Crohn's disease patients, with no clear correlation between the serum level and the time since last administration. *This thesis*.
4. During adalimumab therapy, female inflammatory bowel disease patients experience more side effects and cease treatment more often than male patients. *This thesis*.
5. There is no difference in endoscopic outcomes between male and female inflammatory bowel disease patients treated with biologicals. *This thesis*.
6. Incompetence not only causes poor performance, but also the inability to recognize that one's performance is poor. *Dunning & Kruger, J Pers Soc Psychol 1999*.
7. Corvids are the only nonhominid animals that have experimentally demonstrated self-control when making decisions for the future. *Kabadayi & Osvath, Science 2016*.
8. Arrokoth is a primordial planetesimal contact binary, it's merger of two lobes possibly driven by the BYORP effect. *McKinnon et al., Science 2020*.
9. Wok tossing is one of the critical risk factors for the development of musculoskeletal shoulder complaints in restaurant cooks in Hong Kong. *Xu & Cheng, Work 2014*
10. Video game users have significantly better hand-eye motor coordination than non-users, but no relationship was found between hand-eye motor coordination and the amount of time spent weekly playing video games. *Griffith et al., Percept Mot Skills 1983*.
11. 吃多, 屙多 ("Siet duō, ōh duō", Hakka dialect). *Lie family saying*.