

Propositions

Advances in the workup and treatment for diseases associated with sympathetic overactivity

1. Endovascular ultrasound renal denervation reduced ambulatory blood pressure at 2 months in patients with combined systolic–diastolic hypertension in the absence of medications. *This thesis.*
2. A convincing effect of renal nerve denervation in patients with atrial fibrillation, vasospastic angina or heart failure has not yet been established. *This thesis.*
3. Renal nerve stimulation might help in optimising treatment effect and selecting potential responders to renal denervation. *This thesis.*
4. Dried blood spot analysis is a reliable and convenient method to assess non-adherence to antihypertensive drugs in clinical practice. *This thesis.*
5. The use of targeted social media through Facebook is an effective strategy to find candidates for a prospective randomised hypertension trial. *This thesis.*
6. Drugs don't work in patients who don't take them. *C. Everett Coop*
7. Although double blinding indicates a strong design, trials that are not double blinded should not automatically be deemed inferior. *K. F. Schulz, Lancet 2002*
8. Each patient represents a story. That story includes their diseases, their new problem, their social situation, and their beliefs. *R.M. Centor, Professor of Medicine at the University of Alabama*
9. Culture is the sum total of shared habits and expectations. *Atul Gawande, Being Mortal*
10. It is not the strongest of the species that survives, not the most intelligent that survives. It is the one that is the most adaptable to change. *Charles Darwin*
11. Nothing is impossible, the word itself says, 'I'm possible!' *Audrey Hepburn*