

STELLINGEN

1. At the end of life, patients' self-management behaviours are associated with their personality, life history, the moment in their illness trajectory and their social environment. (*This thesis*)
2. Healthcare professionals may adopt different roles in self-management support: the instructive role, the collaborative role, or the advisory role. (*This thesis*)
3. Promoting and supporting self-management should not be equal to shifting responsibility from the healthcare professional to the patient. (*This thesis*)
4. ACP conversations about ICD deactivation are rare, which results in many patients having active ICDs in the last phase of life, leaving patients prone to experiencing painful shocks at the end of life. (*This thesis*)
5. Patients have a better quality of dying when their ICD is timely deactivated. (*This thesis*)
6. The importance of a strong relationship between a patient and a physician can never be emphasized enough, as in most cases an accurate diagnosis, as well as an effective treatment, rely directly on the quality of this relationship (adjusted from Hellin, *Haemophilia* 2002)
7. It is impossible to know what it means to live with a life-limiting illness without personal experience; such experience can be so profound that a person's core values are fundamentally altered (adjusted from Hole et al. *J Pain Symptom Manage* 2019)
8. The doctor and patient influence each other and should not be considered separately (adjusted from Balint et al. *The doctor, the patient and the group*, 1993).
9. The patient is not just a collection of symptoms, but a human being, at the same time worried and hopeful, searching for relief, help and trust (altered from Kaba et al. *Int J Surg* 2007)
10. Instead of serving as a reason to avoid conversation, uncertainty should be a trigger for exploration (Braun et al. *Circulation* 2016)
11. De crux van de medische praktijk is twee sterfelijken in één kamer, waarvan de een iets sterfelijker is dan de ander (Awee Prins, *Medisch Contact* 2017)