

Propositions

1. The negative health impact of providing informal care is larger when one provides more hours of care. (this thesis)
2. Informal care support should be primarily targeted to those individuals whose health is most affected by the provision of care, for example those who face other responsibilities competing for their time. (this thesis)
3. Even the most generous public long-term care systems do not fully protect caregivers against the negative health effects of informal care provision (this thesis)
4. Differences in nursing home use are not only the result of differences in health or disability of the elderly population, but are also associated with system and cultural differences. (this thesis)
5. Moving to a nursing home might not be as detrimental to someone's well-being as is often conjectured. (this thesis)
6. Informal caregivers constitute the backbone of long-term care systems.
7. When supporting elderly in need of care, a focus on safety and longevity is too limited.
8. 'If the rules make such a difference, then it is very important who gets to make them.' -Banerjee
9. 'The only true and sustainable prosperity is shared prosperity' - Stiglitz
10. Interdisciplinarity is the starting point of innovation.
11. 'Op een beweeglijk standpunt sta je het sterkst' -Deelder

[Translation: On a moving viewpoint you stand strongest]