

Acknowledgements

Author Affiliations

Publications Not Part of This Thesis

PhD portfolio

Words of Gratitude / Dankwoord

About the Author

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LIST OF PUBLICATIONS NOT PART OF THIS THESIS

Serdarevic, F., Tiemeier, H., Jansen, PR., Alemany, S., **Xerxa, Y.**, Neumann, A., Robinson, E., Hillegers, MHJ., Verhulst, FC., Ghassabian, A. Polygenic Risk Scores for Developmental Disorders, Neuromotor Functioning During Infancy, and Autistic Traits in Childhood. (2019) *Biological Psychiatry*, 87(2), 132-138.

Kocevska, D., Lysen, TS., Dotinga, A., Koopman-Verhoeff, ME., Luijk, MPCM., Antypa, N., Biermasz, NR., Blokstra, A., Brug, J., Burk, WJ., Comijs, HC., Corpeleijn, E., Dashti, HS., de Bruin, EJ., de Graaf, R., Derks, IPM., Dewald-Kaufmann, JF., Elders, PJM., Gemke, RJJ., Grievink, L., Hale, L., Hartman, CA., Heijnen, CJ., Huisman, M., Huss, A., Ikram, MA., Jones, SE., Velderman, MK., Koning, M., Meijer, AM., Meijer, K., Noordam, R., Oldehinkel, AJ., Groeniger, JO., Penninx, BWJH., Picavet, HSJ., Pieters, S., Reijneveld, SA., Reitz, E., Renders, CM., Rodenburg, G., Rutters, F., Smith, MC., Singh, AS., Snijder, MB., Stronks, K., Ten Have, M., Twisk, JWR., Van de Mheen, D., van der Ende, J., van der Heijden, KB., van der Velden, PG., van Lenthe, FJ., van Litsenburg, RRL., van Oostrom, SH., van Schalkwijk, FJ., Sheehan, CM., Verheij, RA., Verhulst, FC., Vermeulen, MCM., Vermeulen, RCH., Verschuren, WMM., Vrijkotte, TGM., Wijga, AH., Willemsen, AM., Ter Wolbeek, M., Wood, AR., **Xerxa, Y.**, Bramer, WM., Franco, OH., Luik, AI., Van Someren, EJW., Tiemeier, H. (2020). Sleep Characteristics Across the Lifespan in 1.1 Million People from the Netherlands, United Kingdom and United States: A Systematic Review and Meta-analysis. *Nature Human Behavior*, 5(1), 113-122.

PHD PORTFOLIO

Name PhD student:	Yllza Xerxa
Erasmus MC Department:	Child & Adolescent Psychiatry/Psychology
PhD period:	Aug 2015 - Jun 2020
Promotors:	Prof. Dr. H. Tiemeier Prof. Dr. F.C. Verhulst

1. PhD training	Year	ECTS
MSc-program Epidemiology, NIHES:		
Study Design	2015	4.3
Biostatistical Methods I: Basic Principles	2015	5.7
Development Research Proposal	2015	2.5
Biostatistical Methods II: Classical Regression Models	2015	4.3
Introduction to Medical Writing	2015	2.0
Methodologic Topics in Epidemiologic Research	2015	1.4
Principles of Research in Medicine and Epidemiology	2015	0.7
Methods of Public Health Research	2015	0.7
Introduction to Public Health	2015	0.7
Primary and Secondary Prevention Research	2015	0.7
Social Epidemiology	2015	0.7
Fundamental of Medical Decision Making	2015	0.7
Elective Courses, NIHES		
Clinical Epidemiology	2016	5.7
Causal Inference	2016	0.7
Causal Mediation Analysis	2016	0.7
Methods of Clinical Research	2016	0.7
Women's Health	2016	0.9
Conceptual Foundation of Epidemiologic Study Design	2016	0.7
History of Epidemiologic Ideas	2016	0.7
Advances in Epidemiologic Analysis	2016	0.4
Preventing Failed Interventions in Behavioral Research	2016	1.4
Public Health in Low and Middle Income Countries	2016	3.0
Markers in Prediction Research	2016	0.4
Advances in Genomics Research	2016	0.4
Skills courses		
Intermediate Course in R, Erasmus MC	2018	1.4
Bayesian Statistics, Erasmus MC	2018	0.7
Principles of Epidemiologic Data Analysis, Erasmus MC	2018	0.7

Research Integrity, Erasmus MC	2018	0.3
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International conferences

IACAPAP, Prague, Czech Republic (<i>poster presentation</i>)	2018	1.0
SRCD, Baltimore, USA (<i>oral presentation</i>)	2019	2.0
SER, Boston, USA (<i>poster presentation</i>)	2020	1.0
IACAPAP, Singapore (<i>oral presentation</i>)	2020	2.0

Symposia, meetings & workshops

Generation R Behavioral Group Meetings, Rotterdam, the Netherlands (<i>oral presentation</i>)	2016-2020	1.0
ACTION meeting, Amsterdam, the Netherlands	2017	0.3
Psychiatry Ground Rounds - The Robert Larner College of Medicine at the University of Vermont (<i>oral presentation</i>)	2020	1.0
ASEBA (Achenbach System of Empirically Based Assessment) Manual for Progress & Outcomes of Problems & Strengths, Burlington, USA	2020	1.0

2. Teaching activities**Courses**

Biostatistical methods I, SPSS/R (<i>research assistance</i>)	2017	2.4
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Supervision Master thesis

Johanneke Teeuw-De Kwart, (Clinical Psychology, Erasmus University Rotterdam). <i>Association of Maternal Childhood Trauma and Child Behavioral Problems</i> "	2018-2019	3.0
Duijfe M.B. Wurzer, (Clinical Psychology, Erasmus University Rotterdam). <i>Prenatal Organophosphate Pesticide Exposure and Academic Achievement in Preadolescence: A Population-based Cohort Study in the Netherlands</i>	2018-2019	3.0
Gelitza Croes (Clinical Psychology, Erasmus University Rotterdam). <i>Association of Prenatal Organophosphate Pesticides Exposure with Neuromotor Development in Young Children</i>	2018-2019	3.0

3. Other activities

Peer review (<i>e.g., JAMA Psychiatry, JCPP, JCCAP, Developmental Psychology</i>)	2018-present	2.0
Six months research visit at the University of Vermont, Burlington USA	2020	

4. Grants and prizes

Eraweb, European Commission Grant	2015	
The Royal Netherlands Academy of Arts and Sciences (KNAW) Ter Meulen Grant	2019	

1 ECTS (European Credit Transfer System) is equal to a workload of 28 hours

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ABOUT THE AUTHOR

Yllza Xerxa was born in Gjakova, Kosovo. Yllza obtained both psychological and pedagogical degree, and a master's degree in Clinical Psychology at the University of Prishtina, Kosovo. After her master program, she has worked for the foundation "Children for Tomorrow" under the supervision of team from the University Medical Center, Hamburg-Eppendorf. The services she has provided include assessment, short-term and long-term individual and family psychotherapy, and counseling. In Rotterdam, Yllza obtained a Master's degree in Epidemiology at the Netherlands Institute of Health Sciences. During her master's program Yllza's interests in research developed, and in 2016 she started a PhD program supervised by Prof. dr. Henning Tiemeier, and Prof. dr. Frank Verhulst, at the Department of Child and Adolescent Psychiatry and the Generation R Study Group at the Erasmus MC in Rotterdam, resulting in the work presented in this thesis. In 2020 she was awarded a Grant of the Royal Netherlands Academy of Arts and Sciences (KNAW) Ter Meulen, which gave her the opportunity to work as a visiting researcher at the Vermont Center for Children, Youth and Families, Department of Psychiatry, University of Vermont, Burlington, United States.