1. The long-term consequences of poor family functioning affect the child’s structural brain development, in particular the hippocampus, and well-being. [this thesis]

2. Parental conflict more than separation determines child behavior problems. [this thesis]

3. The within-person levels of psychopathology can explain a substantial variance of child problems, and vice versa, but bidirectional associations of parent and offspring psychopathology can only be detected consistently within-rater but not across-rater. [this thesis]

4. Childhood loneliness is a transient dysphoric state that compromises emotional health long-term. [this thesis]

5. Being a hostile parent can affect your brain structure, your partner’s brain structure as well as your child’s structural brain development. [this thesis]

6. Children are not things to be molded but are people to be unraveled.

7. And I am, of course, aware of many voices that say parental separation is troubling, but there is no research that shows parental separation is universally detrimental to children.

8. Next time anyone harasses you for defending that causal inference is based on the contrast of sufficiently well-defined interventions, call Spider-Man. He gets it. – Miguel Hernan.

9. Upon encountering an epidemiologist, it is important to keep in mind that his/her methodological framework are the only one that can guide you safely across.

10. Experience is that amazing thing that enables you to recognize a mistake when you make it again.

11. You know too much psychology when you can’t get mad because you understand everyone’s reasons for doing everything. – Anonymous

Yllza Xerxa, June 2021