

## PROPOSITIONS

accompanying this thesis

### Cardiac Dysfunction in Obesity Patients

1. Poor image quality during transthoracic echocardiography in obesity patients is too easily accepted by the operator. *This thesis.*
2. Global longitudinal strain is the best measurement to evaluate early changes in left ventricular function in obesity patients. *This thesis.*
3. Future research on cardiac dysfunction in obesity patients should focus on autonomic dysfunction. *This thesis.*
4. Obesity patients referred for cardiac rehabilitation should be advised to undergo bariatric surgery in addition. *This thesis.*
5. Future treatment of cardiac dysfunction in obesity patients, apart from aiming at weight loss, should focus on inflammation. *This thesis.*
6. Until obesity is universally recognized as a chronic disease, not a lifestyle choice, its prevalence is unlikely to be reduced. *Lancet Diabetes Endocrinol. 2017 Jul;5(7):483.*
7. Campaigns by large food companies to children is a serious public health concern. *Mahase, BMJ 2019;367:l7022*
8. Stigma and discrimination toward obese persons are pervasive and pose numerous consequences for their psychological and physical health. *Puhl et al., Am J Public Health. 2010 Jun;100(6):1019-28.*
9. An ounce of prevention is worth a pound of cure. *Benjamin Franklin, 1736*
10. If you look at things very carefully you will see things that you might otherwise have missed. *Lorber, Perspect Biol Med. 2015;58(4):475-9.*
11. Stronger through effort ~ Sterker door strijd - *proverb from the Dutch city of Rotterdam*

Sanne M. Snelder, June 16<sup>th</sup> 2021