

## Propositions pertaining this thesis

### Keep The Thumb in Mind

The influence of psychosocial factors on the outcomes of treatment for thumb base osteoarthritis.

1. Because patients with higher outcomes before nonsurgical treatment for thumb base OA have better outcomes and higher satisfaction, we should investigate if maximizing outcome expectations maximizes outcomes. (this thesis)
2. Measuring routine outcome measures requires extensive effort to implement, but can monitor the quality of daily clinical care and assist shared decision making. (this thesis)
3. Patient-reported pain at the start of nonsurgical and surgical treatment for thumb base osteoarthritis is influenced by psychosocial factors. (this thesis)
4. Changing the patients' mindset could improve outcomes of nonsurgical treatment for thumb base OA. (this thesis)
5. Psychosocial factors are associated with the outcomes of treatment for thumb base osteoarthritis and are therefore important to screen before starting treatment. (this thesis)
6. All symptoms, or reliefs of symptoms, are a result of the expectations that are created by the brain, based on previous signals from the body. (Ongaroa & Kaptchuk, *Pain*, 2018)
7. Antigeen sneltesten voor SARS-COV-2 geven nul vals positieve uitslagen en zijn daarmee een valide screeningstool (Bonten, *NTVG*, 2020)
8. Plants in hospital rooms brighten up patients' mood and result in positive physiological changes in patients. (Park & Mattson, *Journal of Alternative and Complementary Medicine*, 2009)
9. Full bladders make for less impulsive choices. (Tuk et al. *Psychological Science*, 2011)
10. To be conceived as more trustworthy, more friendly and more honest in a new group: gossip. (De Backer et al., *Evolutionary Psychological Science*, 2016)
11. "De epidemiologie van de toekomst zal geënt moeten zijn op de wezenlijke problemen in de geneeskunde." (Albert Hofman)

Mark van der Oest

Rotterdam, 23 juni 2021