1. As long as the arrhythmogenic substrate underlying atrial fibrillation remains poorly understood and cannot be evaluated in the individual patient, none of the available anti-arrhythmic treatment modalities will be effective. – This thesis

2. Even during normal sinus rhythm, there is no such thing as “the normal conduction pattern”. – This thesis

3. It is utopic to assume that the electropathological substrate underlying atrial fibrillation can be captured with just one biomarker. – This thesis

4. Focal waves are most likely the result of transmural conduction. – This thesis

5. Heat Shock Proteins are not suitable biomarkers for staging of atrial fibrillation. – This thesis

6. The absence of statistical relevance can be of great significance.

7. Never trust anything that can think for itself if you can’t see where it keeps the brain. – Arthur Weasley (Harry Potter and the chamber of secrets; J.K. Rowling)

8. Strive not to be a success but rather be of value – Albert Einstein

9. However beautiful the strategy, you should occasionally look at the results. – Winston Churchill

10. A balanced diet is a piece of chocolate in each hand.

11. Simplicity is the ultimate sophistication. – Leonardo da Vinci