

*Stellingen behorend bij het proefschrift*

## **The Origin of Soft Tissue Filler**

### **Adverse Events**

*Tom Decates*

1. **Ultrasound has the potential to become the stethoscope for the injecting doctor**
  - Dit Proefschrift
2. **The exact number of injectable treatments per year in the Netherlands remains unclear**
  - Dit Proefschrift
3. **The concept of complex disease may apply to late-onset inflammatory adverse events after soft tissue filler treatment**
  - Dit Proefschrift
4. **The amount of scientific research in cosmetic medicine is inversely proportional to the attention the field receives in the media**
  - Dit Proefschrift
5. **Adverse events after soft tissue filler treatments are poorly registered worldwide**
  - Dit Proefschrift
6. **In predisposed genetic hosts, biomaterials may trigger immune-mediated responses that can eventually lead to granulomatous or autoimmune disorders.**
  - Alijotas-Reig et al, Immunol Res. 2018
7. **Most adverse events are avoidable with proper planning and technique.**
  - Funt et al, Clin Cosmet Investig Dermatol. 2013
8. **Systemic steroids are indicated in all edematous foreign body granulomas.**
  - Lemperle et al, Plastic Rec Surg 2009
9. **Regulations should be implemented to better provide care and track complications with the assistance of industry, authorities, and key opinion leaders in the field of filling agents.**
  - Rohrich et al, Plastic Rec Surg 2010
10. **From an evidence-based perspective, one of the challenges of filler nodules is that data tend to be retrospective, anecdotal, and case-based and thus of suboptimal evidence level.**
  - Cassuto et al, Plastic Rec Surg 2013
11. **Artikelen schrijven zijn als een fles ketchup, 'Je doet ontzettend je best en het resulteert in niets en dan ineens komt het als vanzelf en blijft het komen'**
  - vrij naar Ruud van Nistelrooij