

## Propositions

1. Patient-centered care is valuable to healthcare professionals and patients with multimorbidity in the primary care setting. (this thesis)
2. Patient-centered care contributes to multimorbid patients' well-being (physical and social) and satisfaction with care in a primary care setting. (this thesis)
3. Co-creation of care contributes to multimorbid patients' well-being (physical and social) and satisfaction with care in a primary care setting. (this thesis)
4. Not all patients with multimorbidity require the same type of care delivery, and not all aspects of patient-centered care are equally important to them. (this thesis)
5. Organizing patient-centered care is easier said than done: Barriers at the patient, organizational and national level impede effective and sustainable implementation in practice. (this thesis)
6. Proven care is not always good care and proper care is not always proven care. (Raad voor Volksgezondheid en Samenleving, 2017)
7. Both doctors and patients are experts in their own fields—the doctor in clinical matters, and the patient in his or her experiences, feelings, fears, hopes, and desires. (Kennedy, 2003)
8. Persoonsgerichte zorg maakt je werkt leuker; je ervaart meer dankbaarheid en je ziet meer resultaat van je werk. (Leonie Tromp, participating general practitioner)  
[Patient-centered care increases job satisfaction; You experience more gratitude and you get better results]
9. Inzetten op brede gezondheid en preventie is belangrijk voor houdbare zorg.  
(Wetenschappelijke Raad voor het Regeringsbeleid, 2021)  
[It takes a broader perspective on health and prevention to develop sustainable healthcare]
10. The time has come to stop just describing the problem of multimorbidity, but to do something about it. (Salisbury, 2013)
11. Laughter is the best medicine (to get through a PhD).