

Stellingen behorende bij het proefschrift:

**“The use of Sedation Analgesia during the Implantation of a Neurostimulator:  
Dexmedetomidine versus Propofol”**

*Feline Felice Janine Adine ter Bruggen*

1. During the implantation of a neurostimulator, dexmedetomidine is able to produce a safe and effective sedation. (*this thesis*)
2. Dexmedetomidine achieves a higher patient satisfaction and easier production of arousable sedation compared to propofol during the implantation of a neurostimulator. (*this thesis*)
3. Compared to the total cost of a neurostimulation procedure, the cost of sedation analgesia is negligible. (*this thesis*)
4. Most Dutch pain specialists can be considered followers rather than early adapters regarding the administration of dexmedetomidine during the implantation of a neurostimulator. (*this thesis*)
5. We observed a trend towards more satisfaction after a neurostimulation treatment in the follow-up in the dexmedetomidine group. Possibly this is induced by a more adequate cooperation of the patient during implantation, resulting in an optimal placement of the stimulation leads.
6. Attention to an optimal sedation analgesia regimen during minimally invasive procedures can prevent anxiety for a next procedure. (*Wilson et al., Oral Surg Oral Med Oral Pathol Oral Radiol. 2014 Mar;117(3):277-82*)
7. Sedation covers the gray area between awake and asleep. Anesthesiologists (in training) should invest more in the sedation analgesia regimen.
8. Based on the fact that the patent is expired and an intranasal route of administration is already available, this makes dexmedetomidine more considerate to use. (*Yuen et al., Br J Anaesth. 2018 May;120(5):960-968.*)
9. The most important factor in healthcare is teamwork. Not the individual player, see the departure of Messi from FC Barcelona. (*Schmutz et al. BMJ Open. 2019 Sep 12;9(9):e028280.*)
10. “If we keep doing what we are doing, we are going to keep getting what we are getting”, i.e, non-sustainability. The anesthesiologist, as the hospital generalist, should lead the way in more sustainability in health care. (*Stephan R. Covey*) (*McGain et al., Br J Anaesth. 2020 Nov;125(5):680-692*)
11. “You got your passion, you got your pride, but don't you know that only fools are satisfied?” (Vienna, Billy Joel)