

## Propositions/Stellingen

1. Long-term tumor- and treatment-related sequelae are not only important for patients with malignant tumors; patients with benign tumors may suffer from long-term health consequences as well. (*this thesis*)
2. It is unethical not to offer replacement therapy to patients with a growth hormone deficiency for a longer period of time. *Christa C. van Bunderen and Daniel S. Olsson. Growth hormone deficiency and replacement therapy in adults: Impact on survival. Reviews in Endocrine and Metabolic Disorders 2021; 22: 125-133.*
3. The Dual-energy X-ray absorptiometry scan provides medical caretakers with an option to better diagnose obesity and gives a small improvement in the diagnosis of the metabolic syndrome in patients with craniopharyngioma. (*this thesis*)
4. Bone fractures occur often in patients with craniopharyngioma; prevention of bone fractures deserves a place in the broad, holistic approach by clinicians in long-term care for these patients. (*this thesis*)
5. Osteoporosis is not the most important factor in fracture risk in patients with craniopharyngioma. (*this thesis*)
6. Bariatric surgery is a safe and adequate procedure to achieve long-term weight loss in patients with craniopharyngioma and hypothalamic dysfunction. (*this thesis*)
7. 'There is perhaps no other primary brain tumor that evokes more passion, emotion, and as a result, controversy than does the craniopharyngioma.' *Rutka JT. Craniopharyngioma. J Neurosurg 2002; 97(1):1-2.*
8. A single *Solenopsis invicta* (fire ant) will struggle to survive in water, while the co-operation of multiple ants will result in effortless floating for days and survival during a flood. *Mlot NJ et al. Fire ants self-assemble into waterproof rafts to survive floods. PNAS 2011; 108 (19):7669-7673.*
9. Telecommuting had no generally detrimental effects on the quality of workplace relationships. Telecommuting also had beneficial effects on more distal outcomes, such as job satisfaction, performance, turnover intent, and role stress. *Ravi S. Gajendran and David A. Harrison. The Good, the Bad, and the Unknown About Telecommuting: Meta-Analysis of Psychological Mediators and Individual Consequences. Journal of Applied Psychology 2007; 92 (6):1524-1541.*
10. Shinrin-yoku (forest bathing, nature therapy) may offer a treatment against 'technostress' and has a positive impact on several aspects of well-being and health. *Hansen et al. Shinrin-Yoku (Forest Bathing) and Nature Therapy: A State-of-the-Art Review. Int. J. Environ. Res. Public Health 2017; 14: 851.*
11. The COVID-19 pandemic has brought the society many challenges, but the social distancing also provides the opportunity to work hard and without distractions: "Many great works of art, philosophy, literature have emerged from solitude." *Debanjan Banerjee and Mayank Rai. Social isolation in Covid-19: The impact of loneliness. Int J Soc Psychiatry. 2020; 66(6): 525-527.*