Victim-Offender Contact in Forensic Mental Health

Resocialisation and Victim Acknowledgement During the Execution of the Dutch TBS Order

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Abstract

Crime victims have gained a stronger position in all phases of the criminal procedure, including the post-sentencing phase. It is in this phase specifically that victims’ needs and interests relating to acknowledgement interplay with the offenders’ needs and interests relating to resocialisation. In the Netherlands, offenders who suffer from a mental disorder at the time of the offence limiting their criminal accountability and pose a significant safety threat, can be given a TBS order. This means that they are placed in a forensic psychiatric hospital to prevent further crimes and receive treatment aimed at resocialisation. As resocialisation requires the offender to return to society, contact with the victim might be a necessary step. This article focuses on victim-offender contact during the execution of this TBS order, and looks at risks and opportunities of victim-offender contact in this context, given the particular offender population. Offenders are divided into three groups: those with primarily psychotic disorders, those suffering from personality disorders and those with comorbidity, especially substance abuse disorders. The TBS population is atypical compared to offenders without a mental disorder. Their disorders can heighten the risks of unsuccessful or even counterproductive victim-offender contact. Yet, carefully executed victim-offender contact which includes thorough preparation, managing expectations and choosing the right type of contact can contribute to both successful resocialisation as well as victim acknowledgement.

Keywords: victim-offender contact, resocialisation, victim acknowledgement, forensic psychiatry, mentally disordered offenders.

1 Introduction

In recent years, the objective of resocialisation of detained people has gained considerable attention in European countries. The European Court of Human Rights has stressed that Member States should facilitate reintegration of prisoners in society.1 Reintegration in society includes, but is not limited to reducing recidivism. It also requires resocialisation: the preparation of return to life in society, whereby the former offender adjusts to the social surroundings.2 This is not only the case for offenders sentenced to a short, fixed-term imprisonment, but even more so for long-term prisoners, including those sentenced to life imprisonment and those treated in forensic psychiatric hospitals.3 While retribution may be the most prominent aim of detention, the longer a sentence lasts, the more the balance will shift to emphasise other aims such as prevention and resocialisation as well.4

A specific measure aimed at reintegration is the Dutch so-called TBS order: compulsory treatment of dangerous offenders suffering from a mental disorder in a forensic psychiatric hospital. The TBS system is quite effective in resocialisation of the offender, yet public sentiments are rather negative.6 The public view is based on a small number of (very) serious incidents with (former) TBS patients, contributing to feelings of fear and concern.7 This negative attitude seems to create a hard contrast between the interests of the offender – namely resocialisation, rehabilitation and human dignity8 – on the one hand and comparable needs and interests relating to acknowledgement on the other hand.

1 Vinter and others v. United Kingdom, ECHR (2013), 66069/09, 130/10 and 3896/10; Harakchiev and Tolmovo v. Bulgaria, ECHR (2014), 15018/11.
4 Dickson v. the United Kingdom, ECHR (2007), 44362/04, at § 75: ‘However, while accepting that punishment remains one of the aims of imprisonment, the Court would also underline the evolution in European penal policy towards the increasing relative importance of the rehabilitative aim of imprisonment, particularly towards the end of a long prison sentence.’
7 However, in practice the chance that a serious incident occurs is very small, see J. Feldbrugg, Wat iedere Nederlander zou moeten weten over de tbs (2009).
8 R. van Spaendonck, Meer dan een kwestie van tijd. De verlenging van de tbs-maatregel (2021), at 289.
In addition, the population comprises of dangerous off- fenders who have committed serious crimes resulting in correspond- ing suffering for either survivors or next of kin. A complicating factor in this respect is the finding that many offenders know their victims. 18 What is more, the various mental disorders that are present within this population can make offenders in TBS hospitals more vulnerable in contact with others or limit the possibilities of interaction. Characteristics of various types of disorders call for specific considerations with regard to victim-offender contact.

In this article, we focus on contact between victims and offenders suffering from various types of mental disorders, aiming to answer the following question: what are risks and opportunities in victims’ contact with dangerous offenders suffering from a mental disorder. In this respect, we adopt a broad definition of the term ‘contact’, referring to either direct or indirect exchanges of interests between victims and offenders. To answer the central question, a multidisciplinary literature study is conducted, looking at victimological, legal and forensic psychiatric literature. Although we focus on the Dutch context of the TBS order specifically, the considerations might be of value for other systems as well. Many jurisdic- tions have specific provisions for dealing with danger- ous offenders with mental disorders limiting criminal accountability that bear resemblance to the Dutch TBS. 19 Moreover, the question on how to deal with vic- tim-offender contact and rehabilitation within this spec- ific offender population is of relevance regardless of the legal framework.

In Section 2, we will first explain the TBS order and dis- cuss possibilities that victims have within this forensic psychiatric context to exchange views, either directly or indirectly, with the offenders. In Section 5, we will de- scribe the particular forensic psychiatric offender popula- tion. In Section 4, specific risks and opportunities of contact with offenders suffering from various mental disorders are discussed. In Section 5 we will present our closing remarks and answer the general question on the implementation of victims’ rights within a forensic psy- chiatric context.


A study on Dutch forensic psychiatric patients comparing women to men found that 72% of women and 60% of men know their victim, V. de Vogel and E. de Spa, ‘Gender Differences in Violent Offending: Results from a Multicentre Comparison Study in Dutch Forensic Psychiatry’, 25 Psychology, Crime & Law 739 (2019). Similar percentages are found abroad re- garding victims of offenders who were found not guilty by reason of insanity; see I. Jeandarme, L. Vandenbosch, M. Groenhuijzen, T. Oei & S. Bogaerts, ‘Who Are the Victims of NGRI Acquittees? A Study of Belgian Internees’, 34 Violence and Victims 434 (2019).


10 Kamerstukken II 2018/19, 35122, no. 3, 6–7.


12 Art. 6:2:10 Dutch Criminal Code of Procedure.

13 That victim-image may be used for political gain in this context has also been recognised abroad, see Y. Mehoyaz, ‘Offender Rehabilitation to the Aesthetic of the Victim’, 27 Social & Legal Studies 97, at 98 (2018).


16 Bosma, Groenhuijzen & de Vries 2021, above n. 11.

2 Legal Framework

When reviewing victim-offender contact within the TBS context, the particularities of this context, most notably the forensic mental health hospital and the particular vulnerabilities of the offender population, need to be taken into account. In this section, we will present an overview of the Dutch TBS order. We will then explore the possibilities for victims to share their needs and views within this context, which may guide the offenders’ resocialisation plan.

2.1 The Dutch TBS Order

Inpatient forensic psychiatric care differs from most other forms of psychiatric treatment because of its dual aim. Apart from treatment of an individual suffering from a psychiatric disorder, forensic psychiatry aims to protect society from future harm that such individuals might cause. Many jurisdictions have specific provisions for dealing with dangerous offenders; however, the Netherlands is known for having high security forensic psychiatric centres as part of the criminal rather than the mental health system. In our analysis, we will focus in particular on the Dutch TBS order imposed on dangerous offenders with mental disorders resulting in limited or no criminal accountability.

Dutch criminal law distinguishes punishment and measures, with the first being retributive and the second reparative and preventive. According to Article 39 of the Dutch Criminal Code, an offender who commits a crime but cannot be held responsible due to a mental disorder, psychogeriatric disorder, or intellectual disability, cannot be punished. However, in such instances it is possible to impose a treatment measure. In addition, the possibility of diminished responsibility is recognised, enabling the imposition of punishment dependent on the attributable part of the offence, followed by treatment for the part of the offence for which the offender was not accountable. The most extensive and invasive treatment measure that can be imposed is the TBS order.

TBS or terbeschikkingstelling can be translated as ‘at the discretion of the state’. It entails compulsory treat-

22 Jehle et al., above n. 19, at 197.
25 A so-called combined sentence (combinatievonnis). It has been recommended to start treatment earlier, see Knoester and Boksem, above n. 5, at 242.
26 A discussion of the conditional TBS order – in which the actual measure will not be executed if certain conditions are met – is beyond the scope of this article.
28 Or one of the offences explicitly added, such as reckless driving and stalking, see Art. 37a(1)(2°) Dutch Criminal Code.
29 Art. 38(1) Dutch Criminal Code; this is the so-called maximised TBS (ge-maximeerde tbs).
31 See also Forensic Care Act (Wet forensische zorg), especially Art. 2.
33 Mascini and Houtman, above n. 14.
2.2.1 Indirect Victim–Offender Contact

Victims have a right to be informed about the progress of the detention of the offender, as well as about the offender’s (temporary and/or conditional) leave and release. The Informatiepunt Dentenietverloopt (IDV) is responsible for providing this information to the victim. In addition to receiving information, in case of a TBS order, victims could also contact the Ministry of Justice and Security to express their views on possible leave for the offender. When leave is considered, a victim impact analysis must be conducted. The Adviescollege Verlofregeling tbs (AVT) advises the minister about leave and may include victims’ needs in their assessment. In this way, victims may indirectly provide input for specific protective measures which allow for leave but at the same time protect victims, such as protection orders. When the court reviews the conditional termination of the TBS order, the Dutch probation service may advise the court about the conditions of the termination, which happens in a procedure similar to the AVT-assessment described earlier. Additionally, staff of the forensic psychiatric hospital may advise the court on the offenders’ ‘environmental sensitivity’, which includes sensitivity to the victims needs and views. Research has shown that the clinic’s advice carries much weight in the judge’s risk assessment.

Not all TBS treatment trajectories are successful in the sense that they reach the stage of conditional release, or even leave. From 2014, so-called zorgconferenties (translated as care conferences) have been developed. Identifying a need for a multidisciplinary intervention in cases in which the TBS order is frequently extended, zorgconferenties aim to tackle the main problems that arise in the treatment. The zorgconferentie may result in recommendations for the forensic psychiatric hospital for further treatment. Victims do not play a direct role in the zorgconferenties, because there are no conditions that relate to their possible interaction with the offender at stake. It is, however, reasonable to assume that the experts in the zorgconferentie (e.g., direct caregivers, representatives of the ministry of Justice and Security) take into account victim sensitivity in these meetings. Several authors have expressed their worries about current shortcomings in the information flow from the authorities to the victim and the opportunities for victims to express their views. Indirect contact through agencies such as the IDV and the Ministry of Justice and Security is dependent on regular contact between the victim and the agencies, high levels of involvement of agencies and careful ‘translation’ and management of the information. Van Denderen and Van der Wolf warn that deficient communication may elicit defensive attitudes in victims resulting in alienation rather than reintegration, which may explain the worries of authors emphasising victims’ punitiveness.

2.2.2 Direct Victim–Offender Contact

There are various ways in which victims can directly have contact with an offender. Recently, the Extension of Victims’ Rights Act was adopted by the Dutch Senate. In the near future, victims will become eligible to give a Victim Impact Statement when the conditional termination of the TBS order is discussed in court. This statement can only refer to the desired conditions of the termination. This new opportunity for victim participation has sparked a sharp debate in the literature about the extent to which victims’ voices should play a role in the termination of the order. Opponents refer to victims’ punitiveness hindering the possibilities for offenders to reintegrate into society, while proponents emphasise that successful reintegration requires a safe environment for both victim and offender, as well as possibilities for communication about safety between the two.

An even more direct way for the victim and offender to interact is through mediation. There are different forms of mediation. In earlier phases of the criminal proceedings, formal mediation is an option. In this respect mediation is defined as direct victim-offender contact in the presence of a certified mediator aimed at making legally relevant agreements, for example about compensation or contact after the proceedings. In the TBS

38 Serrarens, above n. 32, at 25.
40 Serrarens, above n. 32, at 25.
41 Hovens, above n. 36.
42 Van Spaandonck, above n. 9, at 206.
44 Serrarens, above n. 32, at 25.
45 Bosma, Groenhuijsen & De Vries, above n. 11, at 17 and Van Denderen and Van der Wolf, above n. 6, at 31.
46 Van Kempen, above n. 34.
47 Van Denderen and Van der Wolf, above n. 6.
50 See for example Bosma, Groenhuijsen & De Vries, above n. 11; J. Claassen, A.P.L. Pinkster & G.J. Stump, ‘De mogelijke meerwaarde van mediation in de tenuitvoeringsfase,’ 2 Sancties 5 (2021); Hovens, above n. 36; A. Pember, ‘Even victimologically fundament voor het strafrecht: vergelden, verbinden, verhalen’. 51 Delikt en Delinquent 604, at 616-617 (2021); Serrarens, above n. 32; Van Spaandonck, above n. 8. at 125.
phase, only a more informal type of mediation (in Dutch: *bemiddeling*) is available. *Bemiddeling*, like mediation, entails direct victim-offender contact in the presence of a mediator, but this mediator does not have to be certified and the parties cannot make legally relevant agreements. Claessen and colleagues argue for the implementation of formal mediation in the TBS setting, because there are still relevant opportunities for making agreements, which could be considered in, for example the conditional termination of the TBS order. In the literature, the importance of tailor-made arrangements for this type of contact is underlined. Participation in mediation should be entirely voluntary, and victims should also be able to determine when and how this contact should take place. This attention for an individualised approach can also be seen in the recently developed guideline on victim awareness for forensic social workers (*Handreiking slachtofferbewust werken*). This guideline is developed within the forensic psychiatric field of work and aims to raise professional awareness for the needs of victims in the context of forensic mental health care underlining the importance of victim-offender contact. There are three phases to accommodate this contact: first the assessment of victims’ risks and needs, second, the preparation of the contact, and finally the execution and finalisation of the contact.

In sum, the opportunities for victims to express their views and interests in the context of the TBS order, whether direct or indirect via the IDV or law enforcement agencies, almost exclusively relate to the conditions that may be imposed when extending the freedom of the offender. Extending the freedom of the offender in small steps through conditional leave and in bigger steps when the conditional termination of the TBS order is granted is important for resocialisation. Indeed, an important aim of the TBS order is to prepare for a return of the offender to society when recovered. At the same time, protection of the victim and of society is still required. In the next section, we will discuss the vulnerabilities of the TBS population, which impacts possibilities for resocialisation and victim-offender contact.

### 3 Offenders With Mental Disorders

Various mental health disorders demand different approaches when it comes to victim-offender contact and have their own risks and opportunities. These risks and opportunities are (co)dependent on the characteristics of the offender population. In this paragraph, we will outline the most commonly found offender types or subgroups and their characteristics to give more insight into the specific disorders.

#### 3.1 Typology

The group of dangerous offenders suffering from mental disorders residing in forensic mental health facilities in the Netherlands is not homogeneous. Various studies on TBS found clear differences in the patient population regarding diagnoses and offences. These studies aimed at shedding light on the specific subgroups that can be found within the TBS population. Table 1 gives a brief overview of their findings and the parallels that can be seen.

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52 Claessen, Pinkster & Slump, above n. 50.
Table 1 Subgroups of Offenders Found Within Dutch TBS Hospitals

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<tr>
<td><strong>Grouping based on</strong></td>
<td>Patients residing in 13 TBS hospitals (N=176)</td>
<td>Psychotic patients residing in 5 TBS hospitals (N=234)</td>
<td>Personality disordered patients residing in 5 TBS hospitals (N=348)</td>
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<tr>
<td><strong>Participants</strong></td>
<td>Study 1 Study 2</td>
<td>Study 1 Study 2</td>
<td>Patients residing in 2 TBS hospitals (N=244)</td>
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<td><strong>Groups found</strong></td>
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<td>1° Psychotic patients with multiple problems; some types of psychotic disorders are combined with a personality disorder. Offences are diverse, but the use of (sexual) violence is striking</td>
<td>-</td>
<td>3° Patients with psychotic symptoms, severe mental illness and personality disorders</td>
<td>2° Mixed profile patients with multiple problems, with both cluster B personality disorders and comorbid psychotic disorders or substance use disorders</td>
</tr>
<tr>
<td>2° Antisocial patients; in whom antisocial behaviour combined with severe substance abuse is dominant and a personality disorder in cluster B is mostly present. Offences are diverse but most patients have committed murder/homicide</td>
<td>-</td>
<td>4° Antisocial patients with a cluster B personality disorder, high impulsivity and hostility</td>
<td>1° Antisocial patients mostly with a cluster B personality disorder</td>
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<tr>
<td>3° Prototypical psychotic patients; in whom the psychotic disorder is dominant, personality disorders are less often found and offences are mostly very serious</td>
<td>1° Pure psychotic patients with low risks on other factors</td>
<td>-</td>
<td>4° Psychotic first offenders</td>
</tr>
<tr>
<td>4° Patients with sexual problems and sexual offending</td>
<td>-</td>
<td>-</td>
<td>3° Maladaptive affective disordered patients, suffering mostly from paedophilia or pervasive developmental disorders and/or a personality disorder not otherwise specified</td>
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<tr>
<td>5° Patients with substance use related disorders in combination with a personality disorder not otherwise specified with a diverse pattern of offending</td>
<td>2° Psychotic patients with high historical risk factors and comorbidity</td>
<td>5° Mixed profile with high comorbidity and current and past psychotic symptoms</td>
<td>2° Mixed profile patients with multiple problems, with both cluster B personality disorders and comorbid psychotic disorders or substance use disorders</td>
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<td></td>
<td>-</td>
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<td>6° Lower risk personality disordered patients with no psychotic disorders at present or in the past</td>
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Custodial Institutions Agency), an agency under the responsibility of the Dutch Ministry of Justice and Security that is primarily tasked with the realisation of detention of convicted offenders,\(^6\) defined the TBS population based on comparable diagnostic groups, namely psychotic disorders (about 67% of the population) and personality disorders (about 33% of the population).\(^7\) However, based on the academic literature, a third group can be discerned, namely the patients with a more mixed profile, with high levels of comorbidity including addictive disorders. Even though we focus on the Dutch population, evidence suggests that populations in forensic psychiatric hospitals are similar across countries. Studies conducted in Canada, New Zealand, the United States and Austria show psychotic disorders as most common, followed by personality disorders, and high rates of comorbid substance abuse.\(^8\) However, in the Dutch population personality disorders are more prevalent in patients residing in forensic psychiatric hospitals than in most other European countries.\(^9\)

So, although the group of forensic psychiatric patients is heterogeneous, certain profiles can be discerned. The next sections will pay specific attention to offenders suffering from the most prevalent disorders found in forensic mental health hospitals: (1) patients with psychotic disorders, (2) patients with (antisocial) personality disorders and (3) those suffering from comorbidity including substance abuse disorders.\(^10\) Although the third group is far less clear-cut than the first two, and a description is much more difficult to provide, we will include this third diffuse group in our article because of its practical and clinical relevance.\(^11\) Per group a brief description of relevant characteristics of the disorders is provided.

### 3.2 Patients With Psychotic Disorders

Patients with psychotic disorders\(^12\) suffer from a mental condition that affects the way they perceive reality, the way they think and the way they feel.\(^13\) They experience various symptoms that are grouped into four clusters. Symptoms from the first cluster, labelled psychotic symptoms, are always present and are often combined with one or more symptoms from the following clusters: negative symptoms, cognitive symptoms and affective symptoms.\(^14\) We will discuss these four symptom clusters in more detail to give more insight into the main characteristics of this patient population.

**Psychotic symptoms** comprise delusions, hallucinations, disorganised speech, and disorganised behaviour or catatonia.\(^15\) Delusions relate to the content of thought; the patient has false beliefs about reality which are unlogical and unfounded, yet the patient cannot be convinced that the belief is faulty even when presented with clear conflicting evidence.\(^16\) Examples are persecutory delusions, in which a patient thinks that he is being haunted by for instance the secret service, or delusions of grandiosity, where a patient believes to be ‘special’ or ‘chosen’ (e.g. the saviour of the world). Hallucinations relate to false sensory perceptions, so hearing, feeling, seeing, smelling or tasting things that are not actually present. Hearing voices is a clear example and also the most frequently found type of hallucination.\(^17\) When patients experience disorganised speech, they are incoherent in their communication and difficult to follow, often associatively changing from one theme to another. Disorganised behaviour can be displayed by being very hyperactive, or the complete opposite with no movement at all or a cramped posture (catatonia). Apart from psychotic symptoms, patients can experience symptoms from other clusters. **Negative symptoms**, such as diminished emotional expression and a lack of motivation and initiative mean that normal functions are lost or greatly diminished, hence the label ‘negative’.\(^18\) Patients often also experience **cognitive symptoms**, relating to attention, memory, problem solving, concentration and planning. Finally, a psychotic episode can cause emotional disturbance, resulting in feelings of anxiety, depressed mood, or a more general emotional disbalance (affective symptoms).

In short, patients with psychotic disorders perceive reality in a different manner and interpret their perceptions differently. This makes it difficult to level and interact with other groups.
with them. However, it must be noted that patients are not psychotic all the time. Acute episodes are often interspersed with episodes in which psychotic symptoms are less obvious or even absent. Yet, cognitive, social and emotional problems remain present and hamper the patient significantly.

3.5 Patients With Personality Disorders
Every person is a unique mix of various personality characteristics or personality traits, such as courage, jealousy, impulsiveness, extraversion and so forth, which make up who we are. These traits can be described as ‘enduring patterns of perceiving, relating to, and thinking about the environment and oneself that are exhibited in a wide range of social and personal contexts’. Normally, we function quite well with them. However, when these personality traits are inflexible and maladaptive, resulting in functional impairment or personal distress, it constitutes a personality disorder. So, a person with a healthy personality is able to adapt his behaviour to specific circumstances or a specific situation, allowing that person to function well and feel good about himself. However, persons with personality disorders cannot adapt to specific situations because they have a maladaptive enduring pattern of inner experience and behaviour involving how they think, feel, interact and/or control their impulses that is rigid and pervasive across a broad range of various situations.

There are ten specific personality disorders that can be discerned, divided into three clusters based on descriptive similarities. Cluster A comprises the paranoid, schizoid and schizotypal personality disorders. These three personality disorders are grouped together because patients with these disorders often show strange or eccentric behaviour. The paranoid personality disorder is best characterised by a deep-felt mistrust and suspiciousness towards others, who are seen as malicious. Patients with a schizoid personality disorder generally lack interest in social contact and are emotionally aloof. Rather than a disinterest in social relationships, close relationships result in acute discomfort for persons with a schizotypal personality disorder, they also show eccentric behaviour and have cognitive or perceptual distortions. Cluster B personality disorders are characterised by dramatic, emotional or whimsical behaviour and persons with these types of personality disorders can be described as troublemakers. The antisocial personality disorder is described as ‘a pattern of disregard for, and violation of, the rights of others’. Patients with borderline personality disorder are unstable in their relationships, their self-image and their emotions, and can be very impulsive. The histrionic (theatrical) personality disorder is characterised by attention seeking behaviour and extreme emotionality. Finally, feeling grandiose, needing admiration and lacking empathy are characteristics for the narcissistic personality disorder. Cluster C personality disorders are grouped together because they all involve nervous and anxious behaviour. The avoidant personality disorder results in social withdrawal, out of fear of rejection and a feeling of inadequacy. Patients with a dependent personality disorder have an excessive need to be taken care of by a significant other, towards whom they show submissive and clinging behaviour. Patients with an obsessive-compulsive personality are preoccupied with orderliness, perfectionism and control.

Although most patients with personality disorders do not commit offences, patients with a personality disorder in cluster B, especially those with a borderline or antisocial personality disorder, are most at risk of offending. In these disorders, symptoms like poor impulse control and dysregulated mood states heighten the risk of violence. This risk increases even more when there is a comorbid disorder present, like schizophrenia or substance abuse, that are in themselves also associated with violence. These more complex cases of patients are discussed in the next section.

3.4 Patients With Comorbidity Including Addictive Disorders
Comorbidity can be defined as ‘the presence of more than one specific disorder in a person in a defined period of time’. In the context of forensic psychiatry, comorbidity refers to the co-occurrence of two or more psychiatric disorders. Comorbidity is a common phenomenon in forensic psychiatry, with the majority of violent offenders having multiple psychiatric diagnoses. Of these diagnoses, the co-occurrence with addictive disorders is of particular interest, with studies showing high rates of comorbidity between substance abuse and psychotic disorders, and substance abuse and personality disorders, in particular the antisocial personality disorder. In the various studies looking at the TBS population in the Netherlands, this mixed patient category was indeed also found. These studies show that comorbidity is related to a multitude of problems, such as an early onset of antisocial behaviour and other historical risk

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69 Nevid, Rathus & Greene, above n. 64, at 366.
70 American Psychiatric Association, above n. 62, at 647.
71 American Psychiatric Association, above n. 62.
72 Interested readers are referred to the DSM-5 for a more detailed description of all ten personality disorders; American Psychiatric Association, above n. 62.
73 Nevid, Rathus & Greene, above n. 64, at 403.
74 Nevid, Rathus & Greene, above n. 64, at 407.
75 American Psychiatric Association, above n. 62, at 645.
76 Ibid.
78 Ibid., at 59.
80 Paliian, Muzinic & Radeljak, above n. 61.
factors, and high dynamic risk factors such as lack of empathy and stressful circumstances.\textsuperscript{82} Although we did not describe specific characteristics of a particular diagnostic category in this section, we want to draw attention to the complex reality of patients suffering from a combination of disorders. In practice, sayings like double trouble or triple cripple are well-known and refer to the more problematic treatability of patients with multiple and mutually interfering diagnoses.\textsuperscript{83} The complexity of this particular group of patients is something that must be taken into account when thinking about victim-offender contact.

4 Risks and Opportunities

Now that we have discussed the characteristics of the specific offender population from a forensic mental health perspective,\textsuperscript{84} we will discuss the possible consequences of these characteristics for victim-offender contact within the framework of resocialisation. We will first outline general considerations for victim-offender contact from a victimological perspective. Subsequently, we will discuss the specific risks and opportunities in contact with specific offender groups, also paying attention to the specific category of related victims.

4.1 General Considerations in Victim-Offender Contact

Over the last decades, the victims’ position in the criminal justice procedure has been gradually extended. In the Netherlands, victims have gained more agency in the criminal proceedings, including the post-trial phase.\textsuperscript{86} The number of opportunities to, either directly or indirectly, interact with the offender has increased. The purpose of the extension of victims’ rights is to enhance victims’ acknowledgement and safety, and to avoid secondary victimisation. Successful acknowledgement depends on feedback: the victim should be aware that his or her input was heard and understood,\textsuperscript{87} highlighting the need for communication back and forth – either directly or indirectly.

Victims’ rights have been developed and shaped towards a specific type of victim interacting with a specific type of defendant or offender. The prototypical victim is passive, disempowered and vulnerable – hence in need of protection – but also compassionate and willing to forgive.\textsuperscript{88} In restorative justice settings, the willingness and ability to communicate with the offender is stressed even more.\textsuperscript{89} This type of ‘ideal’ victim is to interact with an offender who takes direct responsibility and subsequently is willing and able to show remorse, heal and avoid reoffending.\textsuperscript{90} It is thus expected that victim-offender contact poses opportunities for reliable information, dialogue, restoration (e.g. compensation, apology and forgiveness, etc.), and ultimately resocialisation. There are, of course, also risks: victim-offender contact that does not result in acknowledgement may on the contrary result in secondary victimisation.\textsuperscript{90} And for the offender, a disbalanced focus on victims’ needs combined with a victim who is not open to rapprochement can prioritise restrictions and negatively influence resocialisation. As noted, this may in turn heighten the risk of reoffending.\textsuperscript{91}

In sum, victim-offender contact may result in acknowledgement and facilitate resocialisation, but victim-offender contact also poses risks for the well-being of both victims and offenders. The latter is especially true when the contact involves offenders with mental disorders.

4.2 Specific Considerations Regarding Offenders in Forensic Mental Health Hospitals

Offenders suffering from a mental disorder do not conform to the ideal offender stereotype. By definition, the TBS order is imposed on an offender who cannot take full responsibility for the crime committed. However, symptoms of disorders such as difficulties in social and emotional processing do not necessarily provide contra indications for victim-offender contact.\textsuperscript{92} Practice-based evidence has shown that even direct victim-offender contact can successfully take place within the context of a secure hospital environment.\textsuperscript{93} To ensure successful victim-offender contact, it is paramount that the specific characteristics of this offender population are taken into account. According to Van Denderen and colleagues the most important considerations are: the often-limit-
ed problem awareness and lack of reflective abilities; the unstable psychiatric or physical conditions of mentally disordered offenders; and their (in)capacity to keep agreements. 94

When these considerations are kept in mind, it is then paramount to promote engagement from all parties involved. Motivation to repair the relationship combined with trust in the facilitator and in the process are important factors in this respect. This trust can be enhanced by providing accurate information and designing the contact in a structured manner. 95 This corresponds to the first of three ways in which difficulties in victim-offender contact can be counteracted, according to Van Denderen and colleagues, namely detailed preparation and managing the expectations of victims and offenders. Second, practitioners must make sure that the type of contact is appropriate. Practitioners may find a letter preferable over direct face-to-face contact because it allows for more careful monitoring of the content. Third, practitioners must not be afraid to forbid contact when necessary to protect victim and/or offender, for example when there are restraining orders in place or when further harm is expected for the victim because of insincere offenders. 96 In the following subsections, per group of offenders, relevant offender characteristics and corresponding risks and opportunities for victim-offender contact are discussed.

4.2.1 Psychotic Disorders and Victim-Offender Contact

Offenders suffering from psychotic disorders may have unstable emotions and perceptions. The extent to which victim-offender contact is possible depends on the state of the offender, requiring a flexible attitude of the victim. Especially during an acute psychotic episode, direct victim-offender contact is not desirable. A complete lack of reason combined with hyperactive behaviour or catatonia does not reflect an adequate attitude to engage in victim-offender contact. Psychotic symptoms may complicate communicative abilities and hamper the ability of offenders to comprehend the harm caused and the demands made by their victims, making restoration via more indirect manners such as a letter also difficult. 97 When an offender does not comprehend the harm caused, it is likely that a response to a Victim Impact Statement would not be favourable either, as research has highlighted the start of a dialogue as the factor which makes such a statement effective. 98 If an offender stabilises over time, the victim-offender contact can be started or resumed. This requires flexibility on the side of the victim, who may have to wait for an unknown period of time to start or resume contact, and may have to reschedule on short notice.

If victim-offender contact is established, it is important to take into account the nature of the psychotic symptoms. Often, patients are very distrustful of others. It is then useful to design the contact in such a manner that not only the victim, but also the offender feels reassured and heard, increasing the chance of acceptance of responsibility and the expression of remorse. When the mental condition stabilises, remorse can be genuine and apologies sincere. However, psychotic offenders often lack insight in their mental condition and its relationship to their offence, 99 and may therefore be unable to give (full) insight in the by victims often sought-after information on why they were victimised. 100 However, giving the offender a voice can enhance victims’ knowledge about the mental disorder and its symptoms. 101 Managing the expectations of victims beforehand and explaining the mental disorder to them is also significant in this respect. 102 As the mental state of the offender may fluctuate in psychotic patients, indirect information exchange and expectation management via the IDV can only be successful if the IDV is in close contact with both the victim and the forensic mental health hospital.

4.2.2 Personality Disorders and Victim-Offender Contact

In the personality disordered offender group, limited problem awareness and reduced reflective abilities are most notable. Especially offenders with a more antisocial personality generally lack problem awareness. 103 They do not feel that they did something wrong or blame the victim out of general contempt for others and have a persistent lack of empathy. 104 In offenders who lack empathy and problem awareness, it is paramount to carefully manage victims’ expectations beforehand and explain the continuous nature of the challenges of victim-offender contact. Unlike psychosis, a personality disorder is not episodic but a stable condition. What is more, personality disorders are often difficult to treat, although some progress can be made. 105 Victims must be informed about the possibility that an apology or expression of remorse is instrumental and not sincere. 106 However, receiving an apology is not the only goal of victim-offender contact. In a preparatory

94 Van Denderen, Verstegen, De Vogel & Feringa, above n. 93.
95 Cook, Drennan & Callanan, above n. 93, at 517.
96 In the Guideline victim awareness, the type of contact is made dependent on the mental disorder of the offender (Guideline at 31); Van Denderen, Verstegen, De Vogel & Feringa, above n. 93, at 5.
97 Van Denderen, Verstegen, De Vogel & Feringa, above n. 93, at 4.
98 Booth, Bosma & Lems, above n. 86.
102 Van Denderen, Verstegen, De Vogel & Feringa, above n. 93.
103 Ibid.
104 Eastman et al., above n. 77, at 61.
106 Van Denderen, Verstegen, De Vogel & Feringa, above n. 93.
conversation prior to direct (face-to-face) contact like mediation, it can be useful that the mediator discusses with victims what they can expect. Even if (sincere) apologies are not to be expected, victims can still benefit from a conversation, for example by receiving information and answers to some of their questions related to their victimisation. In some cases, it may be necessary to adjust the type of contact (e.g., change face-to-face contact in an exchange of letters), to prevent secondary victimisation. For instance, when a reaction of an offender cannot be predicted or controlled, and an offender may act aggressively. It might also be necessary to limit victim-offender contact during leave or conditional release. This can be done via protection orders, for which victims can express their needs via the ministry of Justice and Security or IDV.

4.2.3 Mixed Problems and Victim-Offender Contact

In the more complex cases characterised by comorbidity, closely monitoring the victim-offender contact from the start to the evaluation is of importance. Especially high comorbidity with substance use is relevant in this respect, as it contributes to several circumstances that are less desirable when thinking about victim-offender contact. In general, compared to patients with a single disorder, patients with comorbidity show 'a more severe course of illness, more severe health and social consequences, more difficulties in treatment, and worse treatment outcomes'. In offenders with personality disorders, comorbid addiction is also associated with a worse treatment outcome, more provocative behaviours during treatment, higher levels of treatment resistance and more difficulty forming interpersonal bonds (including with the therapist).

And in offenders with schizophrenia, addictive disorders are also related to poorer clinical outcomes, including violent behaviour. These less favourable circumstances are relevant when looking at the victim-offender contact from a resocialisation perspective. However, the notion of 'double trouble, triple cripple' does not automatically mean that victims do not result in secondary victimisation. Adverse outcomes can have serious implications for this vulnerable offender group. Not only damaging ongoing treatment, but even increasing future risk and thereby lowering the chances of successful resocialisation.

4.2.4 Specific Considerations With Familiar Victims

A complicating factor in victim-offender contact is the fact that a significant part of victims is known to the offender, with percentages of known victims ranging from 53% to 65%, and even 72% in female offenders. Of particular interest are victims in the direct family such as (ex)partners, children, parents, and close family members, because they remain part of the offenders' social network. This group is smaller with percentages ranging from 21% to 37%, but still relevant because these familial victims can play a direct role in therapy or risk management, as support from the social network is an important factor in resocialisation. In case of familial victims the victim-offender contact can be beneficial for both the offender and the victim because of the restoration of family relationships and contact. However, the family dynamics can also result in a more complicated victim-offender contact demanding a careful approach.

5 Closing Remarks

Resocialisation has gained considerable attention as an important aim of criminal sanctions. In a time in which victims' rights spread to all phases of the criminal procedure including the post-sentencing phase, this asks for a careful balancing of needs and interests of both victims and offenders. In this article, risks and opportunities for victims in contact with a particular and atypical offender population at this post-sentencing phase are discussed. There are various ways in which victims can have contact with offenders in the context of a TBS order, either directly or indirectly, such as a right to in-

111 Cook, Drennan & Callanan, above n. 93.
112 Trull et al., above n. 109.
114 Pemberton, Winkel & Groenhuijsen, above n. 107.
115 Cook, Drennan & Callanan, above n. 93, at 525.
117 De Vogel and De Spa, above n. 18; Goethals et al., above n. 116.
119 Van Denderen, Verstegen, De Vogel & Feringa, above n. 93.
formation about leaves and release, and the upcoming possibility to give a Victim Impact Statement when the conditional termination of the TBS order is discussed in court.

However, in the implementation of the possibilities that victims have to interact with an offender within a forensic psychiatric context, the specific offender population must be taken into account. Offenders residing in TBS hospitals are classified as dangerous, diagnosed with one or more mental disorders and lack (full) criminal responsibility. These characteristics can heighten the risk of unsuccessful or even counterproductive victim-offender contact. However, when these risks are counter-balanced by careful preparation, the management of expectations and choosing the right type of contact, much is possible.120 At first glance it may seem that resocialisation of the offender and respecting the rights of the victim are two opposing objectives. Yet, keeping in mind the states’ obligation to prepare the offender for a safe return in society, successful resocialisation is key. Carefully executed victim-offender contact, mindful of the particularities of the specific type of offender, can contribute to this, also within the context of a forensic mental health hospital.

120 Cook, Drennan & Callanan, above n. 93, at 517; Van Denderen, Verstegen, De Vogel & Feringa, above n. 93, at 5.