**Classification of Findings**

<table>
<thead>
<tr>
<th>Subject Code</th>
<th>Description</th>
<th>Nr of Studies on this Subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>A7</td>
<td>APPEARANCE (good looks)</td>
<td>0</td>
</tr>
<tr>
<td>A7.1</td>
<td>Appearance career</td>
<td>0</td>
</tr>
<tr>
<td>A7.1.1</td>
<td>Earlier appearance</td>
<td>4</td>
</tr>
<tr>
<td>A7.1.2</td>
<td>Change in appearance</td>
<td>1</td>
</tr>
<tr>
<td>A7.1.4</td>
<td>Later appearance</td>
<td>0</td>
</tr>
<tr>
<td>A7.2</td>
<td>Current appearance</td>
<td>0</td>
</tr>
<tr>
<td>A7.2.1</td>
<td>Ratings by others</td>
<td>5</td>
</tr>
<tr>
<td>A7.2.2</td>
<td>Self-rating of good looks</td>
<td>2</td>
</tr>
<tr>
<td>A7.3</td>
<td>Attitudes to own appearance</td>
<td>0</td>
</tr>
<tr>
<td>A7.3.1</td>
<td>Interest in appearance</td>
<td>2</td>
</tr>
<tr>
<td>A7.3.2</td>
<td>Satisfaction with one's appearance</td>
<td>1</td>
</tr>
<tr>
<td>Appendix 1</td>
<td>Happiness Items used</td>
<td></td>
</tr>
<tr>
<td>Appendix 2</td>
<td>Statistics used</td>
<td></td>
</tr>
<tr>
<td>Appendix 3</td>
<td>About the World Database of Happiness</td>
<td></td>
</tr>
<tr>
<td>Appendix 4</td>
<td>Further Findings in the World Database of Happiness</td>
<td></td>
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<tr>
<td>Appendix 5</td>
<td>Related Subjects</td>
<td></td>
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</tbody>
</table>

Cite as: Veenhoven, R.: Findings on APPEARANCE (good looks) World Database of Happiness, Correlational Findings Internet: worlddatabaseofhappiness.eur.nl Erasmus University Rotterdam, 2009, Netherlands
Findings on Happiness and Appearance (good looks)

Correlational finding on Happiness and Earlier appearance
Subject code: A7.1.1

Study

<table>
<thead>
<tr>
<th>Study</th>
<th>MCKIN 1980</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reported in</td>
<td>McKinley Runyan, W.</td>
</tr>
<tr>
<td></td>
<td>The Life Satisfaction Chart: Perceptions of the Course of Subjective Experience.</td>
</tr>
<tr>
<td></td>
<td>International Journal of Aging and Human Development, 1980, Vol. 11, 45 - 64. ISSN 0091 4150</td>
</tr>
<tr>
<td>Page in Report</td>
<td>57-59</td>
</tr>
</tbody>
</table>

| Population     | Highschool pupils, Oakland, USA, 1932, followed from age 12 to 38 |
| Sample         | Non-probability chunk sample |
| Non-Response   | N: 91 |

Correlate

<table>
<thead>
<tr>
<th>Correlate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Authors label</td>
</tr>
<tr>
<td>Our classification</td>
</tr>
<tr>
<td>Measurement</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Rated on the basis of highschool photographs by 14 judges.</td>
</tr>
</tbody>
</table>

| Measured Values | 1: N=22 2: N=23 |
| Remarks         | Females only. |

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-HL/cy/sq/lg/9/a</td>
<td>DM =+ ns</td>
<td>Difference in current happiness (T2): prettier women are happier.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>No difference in recalled happiness at earlier ages.</td>
</tr>
</tbody>
</table>
Figure 8. Recollected satisfaction of women rated as pretty or not pretty in adolescence.

Correlational finding on Happiness and Earlier appearance
Subject code: A7.1.1
Findings on Happiness and Appearance (good looks)

**Study**

**Reported in:** Ventegodt, S. Livskvalitet og Omstændigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy).

**Population:** 31-33 aged, born at the university hospital, Denmark, 1993

**Sample:** Non-probability chunk sample

**Non-Response:** 36%

**N:** 4626

**Correlate**

**Authors label:** Abnormal appearance shortly after birth

**Our classification:** Earlier appearance, code A7.1.1

**Measurement:** Appearance as reported in medical file

1: no striking abnormalities
2: one of the following:
   2b: edema, universal
   2c: edema, local
   2d: petechia, universal
   2e: petechia, local
   2f: umbilical cord
   2g: pale
   2h: universal cyanosis
   2i: peripheral cyanosis
   2j: cyanosis around the mouth
   2k: cyanosis periphereral and around the mouth
   2l: jaundice

**Measured Values:** N all: 4485, 1: 58.5%, 2b: 1.4%, 2c: 3.2%, 2d: 0.2%, 2e: 3.1%, 2f: 0.2%, 2g: 4.2%, 2h: 0.4%, 2i: 5.2%, 2j: 7.5%, 2k: 3.3%, 2l: 12.8%

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
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</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Findings on Happiness and APPEARANCE (good looks)

<table>
<thead>
<tr>
<th>Subject code: A7.1.1</th>
<th>DMt=+</th>
<th>Study</th>
<th>VENTE 1997</th>
</tr>
</thead>
</table>
| A-AOL/m/sq/v/5/a     | 1: Mt=7.75 | Reported in: Ventegodt, S. 
Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København, Denmark, ISBN 8790190130
Page in Report: 426,428 |
|                      | 2: Mt=7.67 |
|                      | 2b: Mt=7.74 |
|                      | 2c: Mt=7.36 |
|                      | 2d: Mt=7.14 |
|                      | 2e: Mt=7.86 |
|                      | 2f: Mt=7.05 |
|                      | 2g: Mt=7.44 |
|                      | 2h: Mt=7.20 |
|                      | 2i: Mt=7.83 |
|                      | 2j: Mt=7.65 |
|                      | 2k: Mt=7.76 |
|                      | 2l: Mt=7.74 |
| O-SLu/c/sq/v/5/e     | 1: Mt=7.40 | |
|                      | 2: Mt=7.41 |
|                      | 2b: Mt=7.66 |
|                      | 2c: Mt=7.15 |
|                      | 2d: Mt=6.43 |
|                      | 2e: Mt=7.63 |
|                      | 2f: Mt=5.45 |
|                      | 2g: Mt=7.24 |
|                      | 2h: Mt=6.33 |
|                      | 2i: Mt=7.56 |
|                      | 2j: Mt=7.34 |
|                      | 2k: Mt=7.49 |
|                      | 2l: Mt=7.49 |
| O-HL/c/sq/v/5/h      | 1: Mt=7.03 | |
|                      | 2: Mt=6.99 |
|                      | 2b: Mt=7.21 |
|                      | 2c: Mt=6.70 |
|                      | 2d: Mt=5.36 |
|                      | 2e: Mt=7.25 |
|                      | 2f: Mt=5.91 |
|                      | 2g: Mt=7.03 |
|                      | 2h: Mt=6.61 |
|                      | 2i: Mt=7.08 |
|                      | 2j: Mt=6.95 |
|                      | 2k: Mt=7.09 |
|                      | 2l: Mt=6.99 |

Correlational finding on Happiness and Earlier appearance
Subject code: A7.1.1
**Findings on Happiness and APPEARANCE (good looks)**

**Population:** 31-33 aged, born at the university hospital, Denmark, 1993

**Sample:** Non-probability chunk sample

**Non-Response:** 36%

**N:** 4626

### Correlate

**Authors label:** Abnormal appearance shortly after birth

**Our classification:** Earlier appearance, code A7.1.1

**Measurement:** Appearance as reported in medical file

- 1: nothing striking
- 2: one of the following:
  - 2a: pale
  - 2b: universal cyanose
  - 2c: local cyanose
  - 2d: jaundice tinge
  - 2e: light jaundice
  - 2f: middle jaundice
  - 2g: strong jaundice
  - 2h: edema
  - 2i: sign of bleeding
  - 2j: pathological navel
  - 2k: Evans blue
  - 2l: cephalic hematoma

**Measured Values:**

- N all: 4255, 1: 47.0%, 2a: 7.0%, 2b: 0.3%, 2c: 3.9%, 2d: 10.8%, 2e: 13.5%, 2f: 8.7%, 2g: 3.7%, 2h: 0.5%, 2i: 0.3%, 2j: 0.6%, 2k: 0.2%, 2l: 1.2%

### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>DMt=+</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1: Mt=7.69</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2: Mt=7.77</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2a: Mt=7.78</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2b: Mt=7.33</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2c: Mt=7.91</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2d: Mt=7.64</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2e: Mt=7.85</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2f: Mt=7.86</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2g: Mt=7.69</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2h: Mt=7.39</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2i: Mt=7.66</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2j: Mt=7.40</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2k: Mt=6.79</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2l: Mt=7.94</td>
<td></td>
</tr>
</tbody>
</table>
### Findings on Happiness and APPEARANCE (good looks)

<table>
<thead>
<tr>
<th>Subject Code</th>
<th>DMt=+</th>
<th>1: Mt=7.38</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLu/c/sq/v5/e</td>
<td></td>
<td>2: Mt=7.45</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2a: Mt=7.46</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2b: Mt=7.14</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2c: Mt=7.35</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2d: Mt=7.46</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2e: Mt=7.49</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2f: Mt=7.51</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2g: Mt=7.44</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2h: Mt=7.50</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2i: Mt=7.84</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2j: Mt=6.73</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2k: Mt=7.14</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2m: Mt=7.26</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Subject Code</th>
<th>DMt=+</th>
<th>1: Mt=6.99</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-HL/c/sq/v5/h</td>
<td></td>
<td>2: Mt=7.05</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2a: Mt=7.04</td>
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<tr>
<td></td>
<td></td>
<td>2b: Mt=6.61</td>
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<tr>
<td></td>
<td></td>
<td>2c: Mt=6.99</td>
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<tr>
<td></td>
<td></td>
<td>2d: Mt=7.08</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2e: Mt=7.03</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2f: Mt=7.21</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2g: Mt=6.95</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2h: Mt=6.74</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2i: Mt=6.84</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2j: Mt=6.64</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2k: Mt=6.43</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2l: Mt=7.21</td>
</tr>
</tbody>
</table>

---

### Correlational finding on Happiness and Earlier appearance

**Subject code: A7.1.1**

**Study**

*Reported in:* Ventegodt, S. Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy). Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København, Denmark, ISBN 8790190130

*Page in Report:* 430

**Population:** 31-33 aged, born at the university hospital, Denmark, 1993

**Sample:** Non-probability chunk sample

**Non-Response:** 36%

**N:** 4626

**Correlate**

*Authors label:* Head circumference at birth
Findings on Happiness and Appearance (good looks)

Our classification: Earlier appearance, code A7.1.1

Measurement: Head circumference at birth as reported in medical file
1: under 30 cm
2: 30–32 cm
3: 32–34 cm
4: 34–36 cm
5: 36–38 cm
6: over 38 cm

Measured Values: N all: 4195, 1: 2.0%, 2: 3.4%, 3: 30.0%, 4: 50.0%, 5: 13.8%, 6: 0.8%

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>DMt=±</td>
<td>1: Mt=7.50</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2: Mt=7.58</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3: Mt=7.68</td>
</tr>
<tr>
<td></td>
<td></td>
<td>4: Mt=7.80</td>
</tr>
<tr>
<td></td>
<td></td>
<td>5: Mt=7.59</td>
</tr>
<tr>
<td></td>
<td></td>
<td>6: Mt=8.16</td>
</tr>
</tbody>
</table>

A-AOL/m/sq/v/5/a  
\( r=+.01 \)  
\( p<.365 \)

A-AOL/m/sq/v/5/a  
BMCT=  
ns

O-SLu/c/sq/v/5/e  
DMt=±  
1: Mt=7.53  
2: Mt=7.28  
3: Mt=7.33  
4: Mt=7.46  
5: Mt=7.30  
6: Mt=8.01

O-SLu/c/sq/v/5/e  
\( r=+.01 \)  
\( p<.512 \)

O-SLu/c/sq/v/5/e  
BMCT=  
ns

O-HL/c/sq/v/5/h  
DMt=±  
1: Mt=7.13  
2: Mt=7.03  
3: Mt=6.94  
4: Mt=7.06  
5: Mt=6.94  
6: Mt=7.58

O-HL/c/sq/v/5/h  
\( r=+.08 \)  
\( p<.613 \)
Correlational finding on Happiness and Change in appearance
Subject code: A7.1.2

Study

DEHAЕ 1987

Reported in: DeHaes, J.C.; Pennink, B.J.; Welvaart, K.
The Distinction between Affect and Cognition.
Social Indicators Research, 1987, Vol 19, 367 - 378. ISSN 0303 8300
Page in Report: 7


Sample:

Non-Response: 17% (6 refusals and one death in the meantime)

N: 34

Correlate

Authors label: Impact of breast- surgery on body image (3)

Our classification: Change in appearance, code A7.1.2

Measurement: Perceived impact of breast-surgery, rated on a 4-point scale (see de Haes & Welvaart, 1985)

Remarks: Synchronic correlations at:

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
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</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/se/sq/?/7/a</td>
<td>Beta=+.16</td>
<td>11 months after surgery (T1)</td>
</tr>
<tr>
<td>A-AOL/se/sq/v/7/a</td>
<td>Beta=+.50</td>
<td>11 months after surgery (T1)</td>
</tr>
</tbody>
</table>
| O-SLW/se/sq/?/7/a  | Beta=+.49  | 18 months after surgery (T2)  
β controlled for: Psychological complaints, fatigue, gastro-intestinal symptoms, loss of libido, activity level, pain, and fear of recurrence of cancer and death |
Findings on Happiness and Appearance (good looks)

A-AOL/se/sq/v/7/a

**Beta = +.23**

18 months after surgery (T2)

β controlled for: Psychological complaints, pain, gastro-intestinal symptoms, loss of libido, activity level, fatigue, and fear of recurrence of cancer and death

---

**Correlational finding on Happiness and Ratings by others**

**Subject code: A7.2.1**

**Study**


**Page in Report:** 122

**Population:** College students, USA, 199?

**Sample:** Non-probability purposive sample

**Non-Response:**

**N:** 221

**Correlate**

**Authors label:** Physical attractiveness

**Our classification:** Ratings by others, code A7.2.1

**Measurement:** Attractiveness was rated by 10 raters on a 10 point scale in the basis of still photographs (frontal and profile) and videos of participants interacting with each other

**Error Estimates:** Cronbach's alpha: frontal = .89, profile = .89

**Remarks:** Video ratings were rated by 13.46 raters. Since raters differed no interrated reliability was computed

---

**Observed Relation with Happiness**

**Happiness Measure**

**Statistics**

**Elaboration/Remarks**

M-FH/g/sq/v/10/a  

r = +.04, ns  

Frontal photographs

Women r = -.07, ns

Men  r = +.11, ns
Findings on Happiness and APPEARANCE (good looks)

**A-AB/?/mg/v/0/a**  \( r = +.10 \text{ ns} \)
- Women: \( r = +.08 \text{, ns} \)
- Men: \( r = +.12 \text{, ns} \)

**M-FH/g/sq/v/10/a**  \( r = +.14 \text{ p<05} \)
- Profile photograph
  - Women: \( r = -.02 \text{, ns} \)
  - Men: \( r = +.22 \text{, p<.05} \)

**A-AB/?/mg/v/0/a**  \( r = +.12 \text{ ns} \)
- Women: \( r = -.09 \text{, ns} \)
- Men: \( r = +.13 \text{, ns} \)

**M-FH/g/sq/v/10/a**  \( r = +.08 \text{ ns} \)
- Videotape
  - Women: \( r = +.05 \text{, ns} \)
  - Men: \( r = +.13 \text{, ns} \)

**A-AB/?/mg/v/0/a**  \( r = +.09 \text{ ns} \)
- Women: \( r = +.09 \text{, ns} \)
- Men: \( r = +.07 \text{, ns} \)

---

**Correlational finding on Happiness and Ratings by others**

**Subject code: A7.2.1**

**Study**

*DIENE 1995D/2*


*Population:* University students, USA, 199?

*Sample:* Non-probability purposive sample

*Non-Response:*

\( N: 131 \)

**Correlate**

*Authors label:* Physical attractiveness

*Our classification:* Ratings by others, code A7.2.1

*Measurement:* Photographs were rated for physical attractiveness by 8 raters on a scale 1 (extremely unattractive) to 10 (extremely attractive).

1. Less attractive (top quartile)
2. More attractive (bottom quartile)

*Measured Values:* 1: Men \( N = 35 \), Women \( N = 33 \) 2: Men \( N = 36 \), Women \( N = 27 \)
Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
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</tr>
</thead>
<tbody>
<tr>
<td>M-FH/g/sq/v/10/a</td>
<td>DM=+ ns</td>
<td>men</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 Less attractive M= 6.6, SD=1.4</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2 More attractive M= 7.0, SD=1.2</td>
</tr>
</tbody>
</table>

| M-FH/g/sq/v/10/a   | DM= ns     | women               |
|                   |            | 1 Less attractive M= 7.1, SD=1.7 |
|                   |            | 2 More attractive M= 7.0, SD=1.5 |

Correlational finding on Happiness and Ratings by others
Subject code: A7.2.1

Study


Population: University students, USA, 199?

Sample: Non-probability purposive sample

Non-Response:

N: 131

Correlate

Authors label: Physical attractiveness

Our classification: Ratings by others, code A7.2.1

Measurement: Photographs were rated for physical attractiveness by 8 raters on a scale 1(extremely unattractive) to 10 (extremely attractive).

Photographs were taken under four conditions:
Natural condition: Ss was told to stand at a designated spot and look into the camera. If Ss asked whether or not they should smile, they were told that it was their choice.

Neutral condition: Ss were asked to form a neutral expression
Smiling condition: Ss were asked to give their best smile.
Adorned condition: Ss were asked to remove jewelry and facial cosmetics, to wear a white vinyl shower cap that cover their hair and a white lab coat to cover clothing.
Findings on Happiness and APPEARANCE (good looks)

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-FH/g/sq/v/10/a</td>
<td>r=+.24 p&lt;.01</td>
<td>a natural</td>
</tr>
<tr>
<td>M-FH/g/sq/v/10/a</td>
<td>r=+.18 p&lt;.05</td>
<td>b adorned-neutral</td>
</tr>
<tr>
<td>M-FH/g/sq/v/10/a</td>
<td>r=+.20 p&lt;.05</td>
<td>c adorned-smiling</td>
</tr>
<tr>
<td>M-FH/g/sq/v/10/a</td>
<td>r=+.18 p&lt;.05</td>
<td>d unadorned-neutral</td>
</tr>
<tr>
<td>M-FH/g/sq/v/10/a</td>
<td>r=+.09 ns</td>
<td>e unadorned-smiling</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Ratings by others
Subject code: A7.2.1

Study


Population: College students, USA 199?

Sample: Non-probability sample (unspecified)

Non-Response: N: 146

Correlate

Authors label: Physical attractiveness

Our classification: Ratings by others, code A7.2.1
**Measurement**: Photographs and video were taken under the different conditions.

A: natural(head and shoulders): Ss was told to stand at a designated spot and a frontal head and shoulder photo

b: natural(full length): a condition with a full-length photo were shot.

C: unadorned: Ss were asked to remove jewelry and facial cosmetics and then instructed to place their face through a piece of poster board that had an oval cutout large enough for them to do so.

D: video: Ss were first asked to look at directly into the video camera were prompted to say anything they wanted about themselves. In general Ss talked about being college students and about the activities surrounding university life. After 45–60 seconds they were told to stop and face the experimenter while they talked about their family. It was videotaped from 3/4 profile angle and for 45–60 seconds.

Three sets of photographs were rated by 8 raters (four males and four females) and video interview by 5 assistants on a scale of 0 (extremely unattractive) to 9 (extremely attractive)

**Error Estimates**: Cronbach alpha: a=.90, b=.88, c=.82, d=.56

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-FH/g/sq/v/10/a</td>
<td>r=+.17</td>
<td>a natural(head and shoulders)</td>
</tr>
<tr>
<td></td>
<td>p&lt;.05</td>
<td></td>
</tr>
<tr>
<td>M-FH/g/sq/v/10/a</td>
<td>DM=&gt;</td>
<td>Attractiveness ratings</td>
</tr>
<tr>
<td></td>
<td></td>
<td>males</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- happy 3.8 0.9</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- unhappy 3.4 0.9</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Females</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- happy 4.6 0.9</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- unhappy 4.4 1.0</td>
</tr>
<tr>
<td>M-FH/g/sq/v/10/a</td>
<td>r=+.08 ns</td>
<td>b natural(full length)</td>
</tr>
</tbody>
</table>

---

### Findings on Happiness and Appearance (good looks)

#### Attractiveness ratings

<table>
<thead>
<tr>
<th></th>
<th>M</th>
<th>SD</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Males</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Happy</td>
<td>4.3</td>
<td>0.8</td>
</tr>
<tr>
<td>Unhappy</td>
<td>3.9</td>
<td>1.0</td>
</tr>
<tr>
<td><strong>Females</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Happy</td>
<td>4.6</td>
<td>1.0</td>
</tr>
<tr>
<td>Unhappy</td>
<td>4.6</td>
<td>1.0</td>
</tr>
</tbody>
</table>

#### Correlational finding on Happiness and Ratings by others

**Subject code: A7.2.1**

**Study**


Page in Report: 329

Population: Mentally retarded males, hospital, USA, 196?

Sample:

Non-Response:

\[ N: 149 \]

**Correlate**

Authors label: Appearance. (1)

Our classification: Ratings by others, code A7.2.1
Findings on Happiness and Appearance (good looks)

**Measurement:** Rating by staffmembers on a 7-point scale ranging from 'very unattractive' to 'very good-looking'.

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-CP/q/rdn/?/7/a</td>
<td>r = +</td>
<td>Open ward: r = +.16 (ns)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Closed ward: r = +.34 (01)</td>
</tr>
</tbody>
</table>

---

**Correlational finding on Happiness and Self-rating of good looks**

**Subject code:** A7.2.2

**Study**
CHA 2003

**Reported in:** Cha, K.H.
Subjective Well-Being among College Students.
Social Indicators Research, 2003, Vol.62/63, 455 - 477. ISSN p 0303 8300; ISSN e 1573 0921
DOI:10.1023/A:1022669906470 ISSN: 0303 8300 doi:10.1023/A:1022669906470
Page in Report: 466

**Population:** College students, Korea, 199?

**Sample:** Non-probability chunk sample

**Non-Response:**
N: 350

**Correlate**

**Authors label:** Physical appearance

**Our classification:** Self-rating of good looks, code A7.2.2

**Measurement:** Physical appearance subscale of self-rating scale (Fleming and Courtney, 1984). 6 point-scale

**Error Estimates:** alpha=.70

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-BD2/cm/mg/v/7/b</td>
<td>r = .29</td>
<td>p &lt; 01</td>
</tr>
</tbody>
</table>

---

**Correlational finding on Happiness and Self-rating of good looks**
Subject code: A7.2.2

Study


Population: College students, USA, 199?

Sample: Non-probability purposive sample

Non-Response:

N: 221

Correlate

Authors label: Self-perceived physical attractiveness

Our classification: Self-rating of good looks, code A7.2.2

Measurement: Self rating to estimate own physical attractiveness on a scale rating from 1(poor) to 10(excellent).

Observed Relation with Happiness

Happiness Measure

Measurement: Self rating to estimate own physical attractiveness on a scale rating from 1(poor) to 10(excellent).

Statistics Elaboration/Remarks

M-FH/g/sq/v/10/a

r=+.28

p<.01

A-AB/?/mq/v/0/a

r=+.30

p<.01

Correlational finding on Happiness and Interest in appearance

Subject code: A7.3.1

Study


Population: High school pupils and college students, USA, 193?

Sample:

Non-Response: -

N: 1651
### Correlate

**Authors label:** Being interested in personal attractiveness (1)

**Our classification:** Interest in appearance, code A7.3.1

**Measurement:** Closed question

### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-CP/g/sq/v7/a</td>
<td>SNR = +</td>
<td>High school students only: U-shaped curve: Those reporting 'average' happiness being most interested in personal attractiveness</td>
</tr>
<tr>
<td>A-CP/g/sq/v7/a</td>
<td>DM = +</td>
<td>High school students only: U-shaped curve: Those reporting 'average' happiness being most interested in personal attractiveness</td>
</tr>
</tbody>
</table>

### Correlational finding on Happiness and Interest in appearance

**Subject code:** A7.3.1

**Study**

**Reported in:** Wessman, A.E.  
A Psychological Inquiry into Satisfaction and Happiness.  
Unpublished Doctoral Dissertation, Princeton University, 1956, USA  
Page in Report: 211

**Population:** 21+ aged, general public, non-institutionalized, USA, 1946

**Sample:**

**Non-Response:** -

**N:** 2377

### Correlate

**Authors label:** Desired personal changes: physical: appearance(1)

**Our classification:** Interest in appearance, code A7.3.1

**Measurement:** Open-ended question on desired personal changes:  
0 not mentioned  
1 mentioned (weight, size, looks)

### Observed Relation with Happiness
Correlational finding on Happiness and Satisfaction with one's appearance
Subject code: A7.3.2

Study

SYMON 1937

Reported in: Symonds, P.M.
Happiness as Related to Problems and Interests.
Journal of Educational Psychology, 1937, Vol. 28, 290 - 294
Page in Report: 292

Population: High school pupils and college students, USA, 193?

Sample:
Non-Response: -
N: 1651

Correlate

Authors label: Having problems with personal attractiveness (1)

Our classification: Satisfaction with one's appearance, code A7.3.2

Measurement: Closed question

Observed Relation with Happiness

Happiness Measure | Statistics | Elaboration/Remarks
--- | --- | ---
O-HL/g/sq/v/3/c | G = +.05 ns | Computed for those who desire to change only
(N = 1591)

A-CP/g/sq/v/7/a | SNR = + | High school students only: L-shaped curve:
significant positive relationship among unhappier
students only

A-CP/g/sq/v/7/a | DM = + | High school students only: L-shaped curve:
significant positive relationship among unhappier
students only

Appendix 1: Happiness Items used

Happiness Item Code | Full Text
--- | ---
Findings on Happiness and APPEARANCE (good looks)

A-AB/?/mq/v/0/a Selfreport of frequency of affects on 6 questions:

Lead item not reported
A Fear
B Anger
C Sad
D Guilty
E Joy
F Affection

Rating scale not reported

Summation: mean A+B+C+D minus mean E+F

A-AOL/m/sq/v/5/a Single direct question:

How are you feeling now....?
5 very good
4 good
3 neither good nor poor
2 poor
1 very poor

A-AOL/se/sq/v/7/a Selfreport on single question

"Taken things together: how did you feel since you got ill....?"
7 very good
6
5
4
3
2
1 very bad

A-BD2/cm/mq/v/7/b Selfreport on 8 questions:

Using the scale below, indicate how much of the time during the PAST MONTH have you felt each emotion?
A affectionate
B joyful
C sad
D worried
E irritable
F guilty
G happy
H proud

1 never
2 slight amount (rare)
3 some of the time
4 about half the time
5 much of the time
6 almost always
7 always

Computation: (A+B+G +H)-(C +D+E +F)/8

Name: Diener's 'Affect Balance'
Findings on Happiness and APPEARANCE (good looks)

A-CP/g/rdn/7/a

Rating by two independent staff members who were familiar with the patient.

7 happy
6
5
4
3
2
1 depressed

A-CP/g/sq/v/7/a

Selfreport on single question:

"Check one of the following groups of adjectives which best describes you."
7 full of deep joy, excitedly happy, enthusiastic, thrilled
6 cheerful, successful, optimistic, lighthearted
5 satisfied, comfortable, life goes smoothly, peaceful
4 contented at times and at other times discontented, life has both favorable and unfavorable features
3 restless, impatient, uncertain, dull, cross, confined
2 anxious, irritated, discouraged, disappointed, discontented
1 gloomy, miserable, a failure, no pleasure in anything

M-FH/g/sq/v/10/a

Selfreport on single question:

Use the list below to answer the following question: IN GENERAL, HOW HAPPY OR UNHAPPY DO YOU USUALLY FEEL? Check the one statement that best describes your average happiness.
10 extremely happy (feeling ecstatic, joyous, fantastic!)
9 very happy (feeling really good and elated!)
8 pretty happy (spirits high, feeling good)
7 mildly happy (feeling fairly good and somewhat cheerful)
6 slightly happy (just a bit above neutral)
5 slightly unhappy (just a bit below neutral)
4 mildly unhappy (just a bit low)
3 pretty unhappy (somewhat "blue", spirits down)
2 very unhappy (depressed, spirits very low)
1 extremely unhappy (utterly depressed, completely down)

Name: Fordyce's overall happiness item.

O-HL/c/sq/v/5/h

Selfreport on single question

'How happy are you now?'
5 very happy
4 happy
3 neither happy nor unhappy
2 unhappy
1 very unhappy

Original text in Danish:
'Hvor lykkelig er du for tiden?'
5 meget lykkelig
4 lykkelig
3 hverken eller
2 ulykklig
1 meget ulykkelig
Findings on Happiness and APPEARANCE (good looks)

O-HL/cy/sq/lg/9/a Selfreport on life graph

'We would like for you to think over your life and then rate each year as to whether it was a high or a low point in your life, i.e., your overall feeling, not necessarily financial success or health, etc, but generally speaking a feeling of wellbeing, however determined.
9 | high
8 |
7 |
6 |
5 |
4 |
3 |
2 |
1 | low

|______________________________________________
5 10 15 20 25 30 35 40

The last score represents present happiness

O-HL/g/sq/v/3/c Selfreport on single question:

"In general, how happy would you say you are…..?"
3 very happy
2 fairly happy
1 not too happy

O-SLu/c/sq/v/5/e Selfreport on single question:

'How satisfied are you with your life now?'
5 very satisfied
2 satisfied
3 neither satisfied nor dissatisfied
2 dissatisfied
1 very dissatisfied

Original text in Danish:
'Hvor tilfreds er du med dit liv for tiden?'
5 meget tilfreds
4 tilfreds
3 hverken tilfreds eller utilfreds
2 utilfreds
1 meget utilfreds

O-SLW/se/sq/?/7/a Selfreport on single question:

"How satisfied are you about your life as a whole since that time?" (onset of disease)
7 very satisfied
6
5
4
3
2
1 very dissatisfied
### Appendix 2: Statistics used

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Explanation</th>
</tr>
</thead>
</table>
| **Beta** | *(ß)* STANDARDIZED REGRESSION COEFFICIENT by LEAST SQUARES (OLS)  
Type: test statistic.  
Measurement level: Correlates: all metric, Happiness: metric.  
Range: [-1 ; +1]  
Meaning:  
\[ \beta > 0 \implies \text{a higher correlate level corresponds with, on an average, higher happiness rating.} \]  
\[ \beta < 0 \implies \text{a higher correlate level corresponds with, on an average, lower happiness rating.} \]  
\[ \beta = 0 \implies \text{no correlation.} \]  
\[ \beta = +1 \text{ or } -1 \implies \text{perfect correlation.} \]  
Remark:  
Mean of observations is subtracted from all observations if standardized. |
| **BMCT** | BONFERRONI's MULTIPLE COMPARISON TEST  
Type: statistical procedure  
Measurement level: Correlate: nominal, Happiness: metric  
Meaning: if the correlate is measured at \( c \) levels, the \( c \) mean happiness values can be ranked from low to high. A multiple comparison procedure judges for each of the \( \frac{1}{2}c(c-1) \) pairs whether or not they differ significantly. A convenient way to represent the results is by ranking the \( c \) means and by underlining them in such a way that means which have a common underlining do NOT differ significantly.  
When added by us, this test is performed at the 95% confidence level for all the differences together. |
| **DM** | DIFFERENCE of MEANS  
Type: descriptive statistic only.  
Measurement level: Correlate: dichotomous, Happiness: metric  
Range: depending on the happiness rating scale of the author; range symmetric about zero.  
Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels. |
| **DMt** | DIFFERENCE of MEANS AFTER TRANSFORMATION  
Type: descriptive statistic only.  
Measurement level: Correlate: dichotomous, Happiness: metric  
Theoretical range: [-10; +10]  
Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels. |
| **G** | GOODMAN & Kruskal's GAMMA  
Type: test statistic  
Measurement level: Correlate: ordinal, Happiness: ordinal  
Range: [-1; +1]  
Meaning:  
\[ G = 0 \implies \text{no rank correlation} \]  
\[ G = +1 \implies \text{strongest possible rank correlation, where high correlate values correspond with high happiness ratings.} \]  
\[ G = -1 \implies \text{strongest possible rank correlation, where high correlate values correspond with low happiness ratings.} \] |
Findings on Happiness and APPEARANCE (good looks)

PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient' or simply 'correlation coefficient')
Type: test statistic.
Measurement level: Correlate: metric, Happiness: metric
Range: [-1; +1]

Meaning:
r = 0 « no correlation ,
r = 1 « perfect correlation, where high correlate values correspond with high happiness values, and
r = -1 « perfect correlation, where high correlate values correspond with low happiness values.

SNR Statistic Not Reported

Appendix 3: About the World Database of Happiness

Structure of the collections

The World Database of Happiness is an ongoing register of scientific research on the subjective enjoyment of life. It brings together findings that are scattered throughout many studies and provides a basis for synthetic work.

World literature on Happiness
Selection on subject

Bibliography and Directory

Selection of empirical studies
Selection on valid measurement: Item Bank

Abstracting and classification of findings

How happy people are, distributional findings
Happiness in Nations, Happiness in Publics

What goes together with happiness
Correlational Findings

Listing of comparable findings in Nations
States of Nations, Trends in Nations

Size of the collections
1226 Happiness measures (Item Bank)
4258 Nations surveys in 206 Nations
149 Distinguished publics in 1199 studies
12032 Correlational findings in 1196 studies

Appendix 4 Further Findings in the World Database of Happiness

Main Subjects | Subject Description | Number of Studies
--- | --- | ---
A1 | ACTIVITY: LEVEL (how much one does) | 58
### Findings on Happiness and APPEARANCE (good looks)

<table>
<thead>
<tr>
<th>Code</th>
<th>Category</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>A2</td>
<td>ACTIVITY: PATTERN (what one does)</td>
<td>32</td>
</tr>
<tr>
<td>A3</td>
<td>AFFECTIVE LIFE</td>
<td>48</td>
</tr>
<tr>
<td>A4</td>
<td>AGE</td>
<td>400</td>
</tr>
<tr>
<td>A5</td>
<td>AGGRESSION</td>
<td>12</td>
</tr>
<tr>
<td>A6</td>
<td>ANOMY</td>
<td>32</td>
</tr>
<tr>
<td>A7</td>
<td>APPEARANCE (good looks)</td>
<td>15</td>
</tr>
<tr>
<td>A8</td>
<td>ATTITUDES</td>
<td>6</td>
</tr>
<tr>
<td>A9</td>
<td>AUTHORITARIANISM</td>
<td>4</td>
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<td>B1</td>
<td>BIRTH CONTROL</td>
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<td>BIRTH HISTORY (own birth)</td>
<td>201</td>
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<td>C1</td>
<td>CHILDREN</td>
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<td>C2</td>
<td>CHILDREN: WANT FOR (Parental aspirations)</td>
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<tr>
<td>C3</td>
<td>CHILDREN: HAVING (parental status)</td>
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<td>C4</td>
<td>CHILDREN: CHARACTERISTICS OF ONE'S CHILDREN</td>
<td>25</td>
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<tr>
<td>C5</td>
<td>CHILDREN: RELATION WITH ONE'S CHILDREN</td>
<td>8</td>
</tr>
<tr>
<td>C6</td>
<td>CHILDREN: REARING OF ONE'S CHILDREN (parental behavior)</td>
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</tr>
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<td>C7</td>
<td>COMMUNAL LIVING</td>
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<td>C8</td>
<td>CONCERNS</td>
<td>18</td>
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<td>C9</td>
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<tr>
<td>C10</td>
<td>CREATIVENESS</td>
<td>6</td>
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<tr>
<td>C11</td>
<td>CULTURE (Arts and Sciences)</td>
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<td>D1</td>
<td>DAILY JOYS &amp; HASSLES</td>
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<td>E1</td>
<td>EDUCATION</td>
<td>302</td>
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<td>E2</td>
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<td>E3</td>
<td>ETHNICITY</td>
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<td>E4</td>
<td>EXPRESSIVE BEHAVIOR</td>
<td>12</td>
</tr>
<tr>
<td>F1</td>
<td>FAMILY OF ORIGIN (earlier family for adults, current for young)</td>
<td>236</td>
</tr>
<tr>
<td>F2</td>
<td>FAMILY OF PROCREATION</td>
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<td>F3</td>
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<td>FREEDOM</td>
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<td>FRIENDSHIP</td>
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<td>GENDER</td>
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<td>HANDICAP</td>
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<tr>
<td>H3</td>
<td>HAPPINESS: VIEWS ON HAPPINESS</td>
<td>49</td>
</tr>
<tr>
<td>H4</td>
<td>HAPPINESS: DISPERSION OF HAPPINESS</td>
<td>10</td>
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<tr>
<td>H5</td>
<td>HAPPINESS: CAREER</td>
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<td>H6</td>
<td>HAPPINESS: CORRESPONDENCE OF DIFFERENT MEASURES</td>
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<td>H7</td>
<td>HAPPINESS OF OTHERS</td>
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<td>H8</td>
<td>HAPPINESS: REPUTATION OF HAPPINESS</td>
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<td>HEALTH-BEHAVIOR</td>
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<td>H10</td>
<td>HELPING</td>
<td>5</td>
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<td>H11</td>
<td>HOPE</td>
<td>8</td>
</tr>
<tr>
<td>H12</td>
<td>HOUSEHOLD: COMPOSITION</td>
<td>137</td>
</tr>
<tr>
<td>H13</td>
<td>HOUSEHOLD: WORK</td>
<td>32</td>
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</table>
Findings on Happiness and APPEARANCE (good looks)

<table>
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<th>Code</th>
<th>Category</th>
<th>Percentage</th>
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