## Classification of Findings

<table>
<thead>
<tr>
<th>Subject Code</th>
<th>Description</th>
<th>Nr of Studies on this Subject</th>
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</thead>
<tbody>
<tr>
<td>H13</td>
<td>HOUSEHOLD: WORK</td>
<td>0</td>
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<tr>
<td>H13.1</td>
<td>Household-work career</td>
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<tr>
<td>H13.1.1</td>
<td>Earlier household-work</td>
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<td>H13.1.2</td>
<td>Change in household-work</td>
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<td>H13.1.4</td>
<td>Later household-work</td>
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<tr>
<td>H13.2</td>
<td>Current household-work</td>
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<tr>
<td>H13.2.1</td>
<td>Involvement with household work</td>
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<tr>
<td>H13.2.1.1</td>
<td>. time spend on household-work</td>
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<td>H13.2.2</td>
<td>Division of household-work</td>
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<td>H13.2.2.2</td>
<td>. shared household-tasks</td>
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<td>H13.2.2.3</td>
<td>Household help</td>
<td>2</td>
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<tr>
<td>H13.3</td>
<td>Attitudes to household-work</td>
<td>1</td>
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<tr>
<td>H13.3.1</td>
<td>Satisfaction with household activities</td>
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</tr>
<tr>
<td>H13.3.2</td>
<td>Satisfaction division of household-work</td>
<td>3</td>
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<tr>
<td>Appendix 1</td>
<td>Happiness Items used</td>
<td></td>
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<td>Appendix 2</td>
<td>Statistics used</td>
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<td>Appendix 3</td>
<td>About the World Database of Happiness</td>
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<td>Appendix 4</td>
<td>Further Findings in the World Database of Happiness</td>
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<td>Appendix 5</td>
<td>Related Subjects</td>
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## Cite as

Veenhoven, R.: Findings on HOUSEHOLD: WORK
World Database of Happiness, Correlational Findings
Internet: worlddatabaseofhappiness.eur.nl
Erasmus University Rotterdam, 2009, Netherlands
Correlational finding on Happiness and Current household-work
Subject code: H13.2

Study: CBS 2004

Reported in: Centraal Bureau voor de Statistiek (CBS)
Page in Report: 1

Population: 12+ aged, The Netherlands, 2002

Sample: Probability multi-stage cluster sample

Non-Response:
N: 37482

Correlate

Authors label: Occupation

Our classification: Current household-work, code H13.2

Measurement:
a: higher management
b: further white collar
c: small business
d: skilled blue collar
e: unskilled manual
f: unemployed
g: in education
h: unfit for labor
i: pre-retired, retired
j: homemaker (with children)
k: other

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-HP/sq/v/sq/v/a</td>
<td>DM=</td>
<td>higher management</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 4,20 CI95 [4,18-4,22]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>further white collar</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 4,15 CI95 [4,13-4,17]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>small business</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 4,16 CI95 [4,12-4,20]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>skilled manual</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 4,15 CI95 [4,12-4,18]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>unskilled manual</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 4,01 CI95 [3,98-4,04]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>unemployed</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 3,86 CI95 [3,97-3,94]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>in education</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 4,11 CI95 [4,08-4,14]</td>
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<tr>
<td></td>
<td></td>
<td>unfit for labor</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 3,65 CI95 [3,59-3,71]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>retired</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 4,07 CI95 [4,02-4,13]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>homemaker</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 4,07 CI95 [4,02-4,12]</td>
</tr>
<tr>
<td></td>
<td></td>
<td>other</td>
</tr>
<tr>
<td></td>
<td></td>
<td>M = 3,95 CI95 [3,91-3,99]</td>
</tr>
</tbody>
</table>
### Correlational finding on Happiness and Current household-work

**Subject code: H13.2**

**Correlate**

- **Authors label:** Work Status
- **Our classification:** Current household-work, code H13.2
**Measurement:** Single question:
I am going to ask about your work status. Please tell me which of the following categories best applies to you at the present time, are you in---
- a: Full time paid employment
- b: Full time retired
- c: Semi retired
- d: Full time Volunteer
- e: Full time home or family care
- f: Unemployed

**Measured Values:** \( N = a: 683, b: 490, c: 47, d: 9, e: 158, f: 139 \)

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
</table>
| O-SLW/c/sq/n/11/c | \( \text{DMt} = \) | a: \( \bar{X} = 7.82; \text{SD} = 1.53 \)  
  b: \( \bar{X} = 8.01; \text{SD} = 1.73 \)  
  c: \( \bar{X} = 8.21; \text{SD} = 1.45 \)  
  d: \( \bar{X} = 7.89; \text{SD} = 1.54 \)  
  e: \( \bar{X} = 7.97; \text{SD} = 1.72 \)  
  f: \( \bar{X} = 6.42; \text{SD} = 2.36 \) |

| O-SLW/c/sq/n/11/c | \( \text{BMCT} = \) | \( p < .00 \)  
  a > f  
  a > e  
  a > d  
  a > c |

---

**Correlational finding on Happiness and Current household-work**

**Subject code:** H13.2

**Study**

**CUMMI 2004C**

Page in Report: 175+

**Population:** 18+ aged, Australia, 2004

**Sample:** Probability area sample

**Non-Response:** 89%

**N:** 2000
Findings on Happiness and HOUSEHOLD: WORK

Authors label: Full time Work Status

Our classification: Current household-work, code H13.2

Measurement:

- a: Full time paid employment
- b: Full time retired
- c: Semi retired
- d: Full time volunteer
- e: Full time home or family care
- f: Unemployed
- g: Full time Student


Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/u/sq/n/11/ca</td>
<td>DMt=</td>
<td>a Mt = 7,66; SD = 1,60</td>
</tr>
<tr>
<td></td>
<td></td>
<td>b Mt = 8,14; SD = 1,57</td>
</tr>
<tr>
<td></td>
<td></td>
<td>c Mt = 7,49; SD = 1,92</td>
</tr>
<tr>
<td></td>
<td></td>
<td>d Mt = 8,62; SD = 0,96</td>
</tr>
<tr>
<td></td>
<td></td>
<td>e Mt = 7,79; SD = 1,81</td>
</tr>
<tr>
<td></td>
<td></td>
<td>f Mt = 6,55; SD = 2,53</td>
</tr>
<tr>
<td></td>
<td></td>
<td>g Mt = 7,16; SD = 1,42</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Current household-work
Subject code: H13.2

Study CUMMI 2004C


Population: 18+ aged, Australia, 2004

Sample: Probability area sample

Non-Response: 89%

N: 2000

Correlate

Authors label: Full time Work Status
**Our classification:** Current household-work, code H13.2

**Measurement:**
- a: Full time paid employment
- b: Full time retired
- c: Semi retired
- d: Full time volunteer
- e: Full time home or family care
- f: Unemployed

**Measured Values:** N = a: 1433; b: 1007, c: 86, d: 22, e: 366, f: 233

**Remarks:** Combined Surveys 9–10

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
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</thead>
<tbody>
<tr>
<td>O-SLW/u/sq/n/11/ca</td>
<td>DMt</td>
<td>a Mt = 7.74; SD = 1.57</td>
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<tr>
<td></td>
<td></td>
<td>b Mt = 8.08; SD = 1.65</td>
</tr>
<tr>
<td></td>
<td></td>
<td>c Mt = 7.78; SD = 1.69</td>
</tr>
<tr>
<td></td>
<td></td>
<td>d Mt = 8.32; SD = 1.25</td>
</tr>
<tr>
<td></td>
<td></td>
<td>e Mt = 7.87; SD = 1.77</td>
</tr>
<tr>
<td></td>
<td></td>
<td>f Mt = 6.61; SD = 2.36</td>
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</table>

**O-SLW/u/sq/n/11/ca**

<table>
<thead>
<tr>
<th>BMCT</th>
<th>f&lt;(a,b,c,d,e)</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>a</td>
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---

**Correlational finding on Happiness and Current household-work**

**Subject code: H13.2**

**Study**

**CUMMI 2004C**


- **Population:** 18+ aged, Australia, 2004

- **Sample:** Probability area sample

- **Non-Response:** 89%

- **N:** 2000

**Correlate**

- **Authors label:** Work Status
Our classification:  Current household-work, code H13.2

Measurement:  
a: Full time paid work
b: Full time paid work & part time volunteer
c: Full time Retired
d: Full time Retired & part time volunteer
e: Semi retired
f: Full time Home & Family Care
g: Full time Student
h: Unemployed


Remarks:  Combined Surveys 9-10

---

### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
</table>
| O-SLW/u/sq/n/11/ca | \( DM_t = \) | \( \begin{align*}
a & = 7.72; \ SD = 1.58 \\
b & = 7.90; \ SD = 1.52 \\
c & = 8.07; \ SD = 1.66 \\
d & = 8.12; \ SD = 1.58 \\
e & = 7.80; \ SD = 1.69 \\
f & = 7.87; \ SD = 1.77 \\
g & = 7.16; \ SD = 1.42 \\
h & = 6.61; \ SD = 2.36 \\
\end{align*} \) |
| O-SLW/u/sq/n/11/ca | \( AoV = \) | \( \begin{align*}
a & > h \\
b & > h \\
b & > g \\
c & > a \\
c & > h \\
c & > g \\
d & > a \\
d & > h \\
d & > g \\
e & > h \\
f & > h \\
f & > g; \\
\end{align*} \) |
| M-FH/g/sq/n/11/b  | \( DM_t = \) | \( \begin{align*}
a & = 7.72; \ SD = 1.37 \\
b & = 8.06; \ SD = 1.32 \\
c & = 8.19; \ SD = 1.37 \\
d & = 8.19; \ SD = 1.30 \\
e & = 7.97; \ SD = 1.16 \\
f & = 7.91; \ SD = 1.35 \\
g & = 7.58; \ SD = 1.38 \\
h & = 7.18; \ SD = 1.96 \\
\end{align*} \) |
Findings on Happiness and HOUSEHOLD: WORK

Correlational finding on Happiness and Current household-work
Subject code: H13.2

Study

Page in Report: B100

Population: 18+ aged, Australia, 2004

Sample: Probability area sample

Non-Response: 72

N: 2000

Correlate

Authors label: Work Status

Our classification: Current household-work, code H13.2

Measurement: a: Full time paid employment  
b: Full time Family Duties  
c: Full time Volunteer  
d: Full time Student  
e: Unemployed  
f: Full time Retired  
g: Semi Retired


Observed Relation with Happiness

<table>
<thead>
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<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
</table>

M-FH/g/sq/n/11/b

AoV = p<0.046

a > h
b > h
c > a
c > h
d > a
d > h
e > h
f > h
Correlational finding on Happiness and Current household-work

Subject code: H13.2

Studies: CUMMI 2004D


Page in Report: B101

Population: 18+ aged, Australia, 2004

Sample: Probability area sample

Non-Response: 72

N: 2000

Correlate

Authors label: Work Status

Our classification: Current household-work, code H13.2
Findings on Happiness and HOUSEHOLD: WORK

Measurement:
a: Full time paid employment
b: Full time Family Duties
c: Full time Volunteer
d: Full time Student
e: Unemployed
f: Full time Retired
g: Semi Retired


Remarks: Combined Surveys 9-11

Observed Relation with Happiness

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<th>Elaboration/Remarks</th>
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<td><strong>O-SLW/u/sq/n/11/ca</strong></td>
<td>DMt=</td>
<td>a Mt = 7,72; SD = 1,57</td>
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<td>b Mt = 7,81; SD = 1,75</td>
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<td></td>
<td>c Mt = 8,31; SD = 1,41</td>
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<tr>
<td></td>
<td></td>
<td>d Mt = 7,37; SD = 1,63</td>
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<tr>
<td></td>
<td></td>
<td>e Mt = 6,76; SD = 2,18</td>
</tr>
<tr>
<td></td>
<td></td>
<td>f Mt = 8,10; SD = 1,67</td>
</tr>
<tr>
<td></td>
<td></td>
<td>g Mt = 7,14; SD = 2,37</td>
</tr>
<tr>
<td><strong>O-SLW/u/sq/n/11/ca</strong></td>
<td>BMCT=</td>
<td>a&gt;e</td>
</tr>
<tr>
<td></td>
<td></td>
<td>b&gt;(d,g,e)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>c&gt;(d,g,e)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>d&gt;e</td>
</tr>
<tr>
<td></td>
<td></td>
<td>f&gt;(b,a,g,e)</td>
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<tr>
<td><strong>M-FH/g/sq/n/11/b</strong></td>
<td>DMt=</td>
<td>a Mt = 7,59; SD = 1,56</td>
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<td>b Mt = 7,66; SD = 1,70</td>
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<td>c Mt = 8,77; SD = 1,03</td>
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<td>d Mt = 7,50; SD = 1,56</td>
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<td>e Mt = 6,91; SD = 2,02</td>
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<td>f Mt = 8,03; SD = 1,58</td>
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<td>g Mt = 7,41; SD = 1,98</td>
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<td><strong>M-FH/g/sq/n/11/b</strong></td>
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<td>a&gt;e</td>
</tr>
<tr>
<td></td>
<td></td>
<td>b&gt;e</td>
</tr>
<tr>
<td></td>
<td></td>
<td>c&gt;(f,b,a,d,g,e)</td>
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<tr>
<td></td>
<td></td>
<td>d&gt;e</td>
</tr>
<tr>
<td></td>
<td></td>
<td>f&gt;(b,a,d,g,e)</td>
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Correlational finding on Happiness and Current household-work
Subject code: H13.2

Study CUMMI 2004E
Findings on Happiness and HOUSEHOLD: WORK

Page in Report: B78

Population: 18+aged, Australia, 2004
Sample: Probability area sample
Non-Response: 88%
N: 1997

Correlate

Authors label: Household Structure
Our classification: Current household-work, code H13.2
Measurement:
- a live alone
- b live with partner only
- c sole parent
- d live with partner & children
- e live with parents
- f live with other adults


Observed Relation with Happiness

Happiness Measure Statistics Elaboration/Remarks
O-SLW/u/sq/n/11/ca DMt=
- a Mt = 7,51; SD = 2,02
- b Mt = 8,22; SD = 1,46
- c Mt = 7,57; SD = 1,67
- d Mt = 8,02; SD = 1,43
- e Mt = 7,66; SD = 1,67
- f Mt = 7,28; SD = 1,55

O-SLW/u/sq/n/11/ca AoV=
- b>a, p<.000
- b>c, p<.004
- b>e, p<.003
- b>f, p<.001
- d>a, p<.000
- d>f, p<.021

Correlational finding on Happiness and Current household-work
Subject code: H13.2

Study CUMMI 2004E
Findings on Happiness and HOUSEHOLD: WORK


Population: 18+ aged, Australia, 2004
Sample: Probability area sample
Non-Response: 88%
N: 1997

Correlate

Authors label: Household Structure
Our classification: Current household-work, code H13.2
Measurement:
- a live alone
- b live with partner only
- c sole parent
- d live with partner & children
- e live with parents
- f live with other adults

Remarks: Combined Surveys 9-12

Observed Relation with Happiness

Happiness Measure | Statistics | Elaboration/Remarks
--- | --- | ---
O-SLW/u/sq/n11/ca | DMt= p<.000 | a Mt = 7,65; SD = 1,88
| | | b Mt = 8,10; SD = 1,59
| | | c Mt = 7,24; SD = 2,01
| | | d Mt = 7,84; SD = 1,52
| | | e Mt = 7,53; SD = 1,62
| | | f Mt = 7,64; SD = 1,66

O-SLW/u/sq/n11/ca | AoV= | a>c, p<.002
| | b>a, p<.000
| | b>c, p<.000
| | b>d, p<.000
| | b>e, p<.000
| | b>f, p<.000
| | d>a, p<.026
| | d>c, p<.000
| | d>e, p<.002
| | d>f, p<.027
| | f>c, p<.005
Correlational finding on Happiness and Current household-work

Subject code: H13.2

Study CUMMI 2004E


Page in Report: B91

Population: 18+ aged, Australia, 2004

Sample: Probability area sample

Non-Response: 88%

N: 1997

Correlate

Authors label: Fulltime Work Status

Our classification: Current household-work, code H13.2

Measurement:
- a: Full time paid employment
- b: Full time Family Duties
- c: Full time Volunteer
- d: Full time Student
- e: Unemployed
- f: Full time Retired
- g: Semi Retired


Remarks: Combined Surveys 9-12

Observed Relation with Happiness

Happiness Measure | Statistics | Elaboration/Remarks
--- | --- | ---
O-SLW/u/sq/n/11/ca | D Mt= p<000 | a Mt = 7,74; SD = 1,55
 |  | b Mt = 7,78; SD = 1,75
 |  | c Mt = 8,26; SD = 1,32
 |  | d Mt = 7,55; SD = 1,55
 |  | e Mt = 6,64; SD = 2,34
 |  | f Mt = 8,13; SD = 1,67
 |  | g Mt = 7,82; SD = 1,81
Correlational finding on Happiness and Current household-work

Subject code: H13.2

Study


Page in Report: B78

Population: 18+ aged, Australia 2005

Sample: Probability area sample

Non-Response: 73%

N: 1970

Correlate

Authors label: Household Structure

Our classification: Current household-work, code H13.2

Measurement:

- a: live alone
- b: live with partner only
- c: sole parent
- d: live with parents
- e: live with other adults
- f: live with partner&children

Measured Values: N = a:321; b:547; c:160; d:148; e:138; f:641

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
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</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/u/sq/n/11/ca</td>
<td>DMt = a Mt = 7,49; SD = 2,11</td>
<td></td>
</tr>
<tr>
<td></td>
<td>b Mt = 7,99; SD = 1,65</td>
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<tr>
<td></td>
<td>c Mt = 7,19; SD = 2,06</td>
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<tr>
<td></td>
<td>d Mt = 7,38; SD = 1,64</td>
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<tr>
<td></td>
<td>e Mt = 7,19; SD = 1,97</td>
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</tr>
<tr>
<td></td>
<td>f MT = 7,81; sd = 1,67</td>
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</table>
Findings on Happiness and HOUSEHOLD: WORK

Correlational finding on Happiness and Involvement with household work
Subject code: H13.2.1

Study HERZO 1982/3

Reported in: Herzog, A.R.; Rodgers, W.L.; Woodworth, J. 
Subjective Well-Being among Different Age Groups. 
Research Report I.S.R., University of Michigan, 1982, Ann Arbor, USA 
Page in Report: 84/5

Population: 50+ aged, general public, USA, 1975

Sample:
Non-Response:

N: 410

Correlate

Authors label: Forage activity (1)
Our classification: Involvement with household work, code H13.2.1
Measurement: During 24-hour period prior to the interview, respondents reported each activity they engaged in (PARTICIPATION) and the time spend on each activity (DURATION) on an activity diary. Activities were coded into categories, one of which was "activities related to obtaining goods and services" such as shopping.

Work status was measured by self-labeling by respondents and a question about engagement in work for pay at present. Self-labeled housewives were excluded.

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>r=-.10 ns</td>
<td>PARTICIPATION: working males</td>
</tr>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>r=.00 ns</td>
<td>retired males</td>
</tr>
<tr>
<td></td>
<td>Correlational finding on Happiness and Involvement with household work</td>
<td></td>
</tr>
<tr>
<td>-----------------------------------------------------------------</td>
<td>----------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td><strong>Subject code:</strong> H13.2.1</td>
<td><strong>Study</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>HERZO 1982/3</td>
<td></td>
</tr>
</tbody>
</table>

*Reported in:* Herzog, A.R.; Rodgers, W.L.; Woodworth, J.
Subjective Well-Being among Different Age Groups.
Research Report I.S.R., University of Michigan, 1982, Ann Arbor, USA
Page in Report: 84/5
Findings on Happiness and HOUSEHOLD: WORK

Population: 50+ aged, general public, USA, 1975

Sample:

Non-Response:

N: 410

Correlate

Authors label: Household activity (1)

Our classification: Involvement with household work, code H13.2.1

Measurement: During 24-hour period prior to the interview, respondents reported each activity they engaged in (PARTICIPATION) and the time spent on each activity (DURATION) on an activity diary. Activities were coded into categories, one of which was "household activities" such as cooking, cleaning, gardening and repairs around the house.

Work status was measured by self-labeling by respondents and a question about engagement in work for pay at present. Self-labeled housewives were excluded.

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>r=-.11 ns</td>
<td>PARTICIPATION: working males</td>
</tr>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>r=-.14 ns</td>
<td>retired males</td>
</tr>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>r=.04 ns</td>
<td>working females</td>
</tr>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>r=.19 ns</td>
<td>retired females</td>
</tr>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>Beta=-.08</td>
<td>working males</td>
</tr>
<tr>
<td></td>
<td>ns</td>
<td></td>
</tr>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>Beta=-.14</td>
<td>retired males</td>
</tr>
<tr>
<td></td>
<td>ns</td>
<td></td>
</tr>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>Beta=-.11</td>
<td>working females</td>
</tr>
<tr>
<td></td>
<td>ns</td>
<td></td>
</tr>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>Beta=.21</td>
<td>retired females</td>
</tr>
<tr>
<td></td>
<td>ns</td>
<td></td>
</tr>
<tr>
<td>O-DT/u/sq/v/7/a</td>
<td>r=-.25</td>
<td>DURATION: working males</td>
</tr>
<tr>
<td></td>
<td>p&lt;.05</td>
<td></td>
</tr>
</tbody>
</table>
Findings on Happiness and HOUSEHOLD: WORK

<table>
<thead>
<tr>
<th>Correlate</th>
<th>retired males</th>
<th>working females</th>
<th>retired females</th>
<th>working males</th>
<th>retired males</th>
<th>retired females</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time spent on household-work</td>
<td>$r = +.01$</td>
<td>$r = +.17$</td>
<td>$r = -.02$</td>
<td>$Beta = -.23$</td>
<td>$Beta = +.04$</td>
<td>$Beta = +.16$</td>
</tr>
<tr>
<td>$p &lt; .05$</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Beta controlled for self-reported health, income and age. Relations with 'participation' also controlled for 'duration' and relations with 'duration' also for participation.

Correlational finding on Happiness and time spend on household-work

**Subject code: H13.2.1.1**

**Study**

*AUSTR 1984/2*

*Reported in:* Austrom, D.R.
The Consequences of Being Single.
Peter Lang Publisher, 1984, New York, USA ISBN 0 8204 0095 5
Page in Report: 237

*Population:* 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

*Sample:

Non-Response: 45%

*N: 1038*

**Correlate**

*Authors label:* Living situation (1)

*Our classification:* . time spend on household-work, code H13.2.1.1

*Measurement:* Single open-ended question: On average, how many hours a week do you spend on the following chores: housecleanig, laundry, shopping for food, preparing meals.
## Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/u/sq/n/11/a</td>
<td>r</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- housecleaning:      r = -.04  ns</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- laundry:            r = -.03  ns</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- shopping for food:  r = -.03  ns</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- preparing meals:    r = +.03  ns</td>
<td></td>
</tr>
</tbody>
</table>

## Correlational finding on Happiness and . time spend on household-work

**Subject code: H13.2.1.1**

**Study**

*ROSE 1955*

*Reported in: Rose, A.M.*
Factors Associated with the Life Satisfaction of Middle-Class, Middle-Aged Persons.
Marriage and Family Living, 1955, Vol 17, 15 - 19

*Page in Report:*

*Population: Maried couples, middle aged, middle-class, USA, 1952*

*Sample:*

*Non-Response: 50 %*

*N: 416*

**Correlate**

*Authors label: Amount of time spent on housework (1)*

*Our classification: . time spend on household-work, code H13.2.1.1*

*Measurement: Number of hours usually spent on housework per week*

## Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLu/q/sq/v/5/a</td>
<td>D%=-</td>
<td></td>
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</tbody>
</table>

Computed for females only
24 % of the relatively dissatisfied and 9 % of the satisfied women spend 60 hours or more a week on housework
About an equal percentage of satisfied and dissatisfied women spend less than 20 hours a week on housework

## Correlational finding on Happiness and Division of household-work

### Correlate

**Authors label:** Fulltime Work Status

**Our classification:** Division of household-work, code H13.2.2

**Measurement:**
- a: Full time paid employment
- b: Full time Family Duties
- c: Full time Volunteer
- d: Full time Student
- e: Unemployed
- f: Full time Retired
- g: Semi Retired

**Measured Values:**
- \( N = a:705; b:152; c:5; d:75; e:70; f:654; g:50 \)

### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
</table>
| O-SLW/u/sq/n/11/ca | DMt=\(p<.000\) | a \(Mt = 7.81; SD = 1.47\)  
                      |             | b \(Mt = 7.67; SD = 1.72\)  
                      |             | c \(Mt = 8.00; SD = 7.10\)  
                      |             | d \(Mt = 7.99; SD = 1.24\)  
                      |             | e \(Mt = 6.83; SD = 2.47\)  
                      |             | f \(Mt = 8.19; SD = 1.67\)  
                      |             | g \(Mt = 7.54; SD = 2.11\)  |
| O-SLW/u/sq/n/11/ca | BMCT=      | a>e  
                      |             | d>e  
                      |             | f>(a,b,e) |

### Correlational finding on Happiness and Division of household-work

**Subject code: H13.2.2**
**Study**

**Reported in:** Cummins, R.A.
Australian Centre on Quality of Life, 2005, Melbourne, Australia. http://acqol.deakin.edu.au
Page in Report: B95

**Population:** 18+ aged, Australia 2005

**Sample:** Probability area sample

**Non-Response:** 73%

**N:** 1970

---

**Correlate**

**Authors label:** Fulltime Work Status

**Our classification:** Division of household-work, code H13.2.2

**Measurement:**
- a: Fulltime paid employment
- b: Fulltime Retired
- c: Semi Retired
- d: Fulltime Volunteer
- e: Fulltime Family Duties
- f: Fulltime Student
- g: Unemployed

**Measured Values:** N = a:876; b:371; c:68; d:14; e:150; f:96; g:45

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/u/sq/n11/ca</td>
<td><strong>DMt=</strong> p&lt;000</td>
<td>a Mt = 7,68; SD = 1,67</td>
</tr>
<tr>
<td></td>
<td></td>
<td>b Mt = 8,14; SD = 1,84</td>
</tr>
<tr>
<td></td>
<td></td>
<td>c Mt = 7,79; SD = 1,84</td>
</tr>
<tr>
<td></td>
<td></td>
<td>d Mt = 7,50; SD = 1,99</td>
</tr>
<tr>
<td></td>
<td></td>
<td>e Mt = 7,69; SD = 2,04</td>
</tr>
<tr>
<td></td>
<td></td>
<td>f Mt = 7,42; SD = 1,46</td>
</tr>
<tr>
<td></td>
<td></td>
<td>g Mt = 6,09; SD = 2,22</td>
</tr>
</tbody>
</table>

---

**Correlational finding on Happiness and Division of household-work**

**Subject code: H13.2.2**

---
Findings on Happiness and HOUSEHOLD: WORK

Reported in: Cummins, R.A.
Page in Report: B126

Population: 18+aged, Australia 2005
Sample: Probability area sample
Non-Response: 0
N: 1970

Correlate

Authors label: Full-Time Work Status
Our classification: Division of household-work, code H13.2.2
Measurement:
- a: Fulltime paid employment
- b: Fulltime Retired
- c: Semi Retired
- d: Fulltime Volunteer
- e: Fulltime Family Duties
- f: Fulltime Student
- g: Unemployed

Measured Values: N = a:919; b:343; c:43; d:12; e:128; f:110; g:68

Observed Relation with Happiness

Happiness Measure | Statistics | Elaboration/Remarks
---|---|---
O-SLW/u/sq/n/11/ca | DMt= p<.000 | a Mt = 7,76; SD = 1,54
| | | b Mt = 7,90; SD = 1,86
| | | c Mt = 8,19; SD = 1,62
| | | d Mt = 8,83; SD = 1,16
| | | e Mt = 7,89; SD = 1,69
| | | f Mt = 7,65; SD = 1,74
| | | g Mt = 6,57; SD = 2,31

Correlational finding on Happiness and . shared household-tasks
Subject code: H13.2.2.2

Study

Baruch, G.K; Barnett, R.C.
Consequences of Fathers' Participation in Family Work: Parents Role Strain and Well-Being.
Page in Report: 987,989
Population: Mothers with children age 4-10, USA, 1980
Sample: Probability stratified sample
Non-Response: 60%
N: 160

Correlate

Authors label: Feminine chores performed by father
Our classification: shared household-tasks, code H13.2.2.2
Measurement: Number of hours per week the father spends doing a set of 5 traditionally feminine chores (meal preparation, cleaning house, laundry, grocery shopping, and meal clean-up) divided by the total time both parents spend doing those chores. Score: 1 = 0-20%, 2 = 20-40%, 3 = 40-60%, 5 = 80-100%

Measured Values: M = 16% SD = 12%

Observed Relation with Happiness

Happiness Measure | Statistics | Elaboration/Remarks
--- | --- | ---
O-SLW/u/sq/v/7/a | Beta = +.16 ns | Beta controlled for mothers’ work status

Correlational finding on Happiness and shared household-tasks
Subject code: H13.2.2.2

Study


Population: Mothers with children age 4-10, USA, 1980
Sample: Probability stratified sample
Non-Response: 60%
N: 160

Correlate

Authors label: Total explained variation Fathers participation in family work
Our classification: shared household-tasks, code H13.2.2.2
Findings on Happiness and HOUSEHOLD: WORK

Measurement:

- a Fathers Total interaction time with children
- b Fathers Solo interaction time
- c Child-care tasks
- d Feminine scores
- e Mothers' work status

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/u/sq/v7/a</td>
<td>$R^2 = +.05$</td>
<td>a+b+c+d+e ns</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and shared household-tasks

Subject code: H13.2.2.2

Study

- **Study**: FINE 2004
- **Page in Report**: 202-204, 297-298
- **Population**: Dual career parents in four European cities, 200?
- **Sample**: Non-probability purposive-quota sample
- **Non-Response**: N: 400

Correlate

- **Authors label**: Number of shared household tasks
- **Our classification**: shared household-tasks, code H13.2.2.2
- **Measurement**: Self report on inventory:
  Please indicate which person usually carries out the following activities during the week (tick only one) 12 activities. Me, My partner, both of us, other. Number of tasks carried out by “both of us”

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
</table>
Findings on Happiness and HOUSEHOLD: WORK

O-SLW/g/sq/v/6/a r=+.14 Females
p<.05

O-SLW/g/sq/v/6/a r=+.08 ns Males

O-SLW/g/sq/v/6/a r=+.10 All
p<.05

Correlational finding on Happiness and shared household-tasks

Subject code: H13.2.2.2

Study HANSO 1983

Reported in: Hanson, S.L.; Spanier, G.B.
Family Development and Adjustment to Marital Separation.
Sociology and Social Research, 1983, Vol. 68, 19 - 40. ISSN 0038 0393
Page in Report: 30

Population: Recently separated, followed 2 years, County, Pennsylvania, USA, 1977-79

Sample:
Non-Response: T1: 39 %, T2: 48 %
N: 210

Correlate

Authors label: Division of household task (1)

Our classification: shared household-tasks, code H13.2.2.2

Measurement: Division in former marriage
Assessed retrospectively at T1
Ss were presented seven tasks that are traditionally assigned to women and asked to indicate whether these used to be performed by oneself, the ex-spouse or both

Observed Relation with Happiness

Happiness Measure Statistics Elaboration/Remarks

A-BB/cm/mg/v/2/a B = + ns Unrelated to level of happiness at T1.
Findings on Happiness and HOUSEHOLD: WORK

\[ B = + \text{ns} \]

Unrelated to change in happiness between T1 - T2:

\[ \text{b's controlled for: age, sexe, education, work-status, income, occupational status, and family history} \]

---

**Correlational finding on Happiness and . shared household-tasks**  
**Subject code: H13.2.2.2**

Study | ROSE 1955
--- | ---

*Reported in:* Rose, A.M.  
Factors Associated with the Life Satisfaction of Middle-Class, Middle-Aged Persons.  
Marriage and Family Living, 1955, Vol 17, 15 - 19  
Page in Report: 16

*Population:* Married couples, middle aged, middle-class, USA, 1952

*Sample:*  
*Non-Response:* 50 %  
*N:* 416

**Correlate**

*Authors label:* Having paid household help (1)  
*Our classification:* . shared household-tasks, code H13.2.2.2

**Measurement:**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLu/g/sq/v/5/a</td>
<td>D% = + p&lt; 05</td>
<td>Computed for females only</td>
</tr>
</tbody>
</table>

---

**Correlational finding on Happiness and . shared household-tasks**  
**Subject code: H13.2.2.2**

Study | ROSE 1955
--- | ---

*Reported in:* Rose, A.M.  
Factors Associated with the Life Satisfaction of Middle-Class, Middle-Aged Persons.  
Marriage and Family Living, 1955, Vol 17, 15 - 19  
Page in Report: 16

*Population:* Married couples, middle aged, middle-class, USA, 1952
**Correlational finding on Happiness and shared household-tasks**

**Subject code: H13.2.2.2**

**Study**


- **Page in Report:** 31

- **Population:** Adult members of private households, Germany, 1984-2000

- **Sample:** Non-probability purposive sample

- **Non-Response:**
  - N: 15268

**Correlate**

- **Authors label:** division of labor between spouses

- **Our classification:** shared household-tasks, code H13.2.2.2

- **Measurement:** Follow-up over 17 years
  - 1: full specialization
  - 2: no specialization (shared household)
  - Specialization assessed every year
 Remarks: Married Ss only

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SL/c/sq/n11/d</td>
<td>DMa-</td>
<td>Ss who share household tasks (no specialization) are slightly less happy, both in the years before and after marriage.</td>
</tr>
</tbody>
</table>

Ma's controlled for:
- age
- education
- household income
- household size
- position in household
- employment
- place of residence
- citizenship

Figure 5: Division of Labor between Spouses and Life Satisfaction around Marriage

Note: The graph represents the pattern of well-being after taking respondents’ sex, age,
Findings on Happiness and HOUSEHOLD: WORK

Note: The graph represents the pattern of well-being after taking respondents’ sex, age, parenthood, household size, relation to the head of the household, labor market status, place of residence and citizenship into account.

Data source: GSOEP.

This pattern is most pronounced among Ss with children.

Figure 6: PARENTHOOD, DIVISION OF LABOR AND LIFE SATISFACTION AROUND MARRIAGE

Note: The graph represents the pattern of well-being after taking respondents’ sex, age, parenthood, household size, relation to the head of the household, labor market status, place of residence and citizenship into account.

Data source: GSOEP.
Correlational finding on Happiness and Household help
Subject code: H13.2.2.3

Study
FINE 2004

Fathers and Mothers: Dilemmas of the Work-Life Balance: A Comparative Study in Four European Countries.
Page in Report: 202-204, 297-298

Population: Dual career parents in four European cities, 200?

Sample: Non-probability purposive-quota sample

Non-Response:
N: 400

Correlate

Authors label: Amount of domestic/childcare help

Our classification: Household help, code H13.2.2.3

Measurement: Please indicate which person usually carries out the following activities during the week (tick only one) 12 activities. Me, My partner, Both of us, Other. 1=“Me” 2=“Both of us” 3=“My partner” or “Other”

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/g/sq/v/6/a</td>
<td>r=+.10 ns</td>
<td>Females</td>
</tr>
<tr>
<td>O-SLW/g/sq/v/6/a</td>
<td>r=+.04 ns</td>
<td>All</td>
</tr>
<tr>
<td>O-SLW/g/sq/v/6/a</td>
<td>r=+.05 ns</td>
<td>Males</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Household help
Subject code: H13.2.2.3

Study
MOLLE 2005A
Findings on Happiness and HOUSEHOLD: WORK

Reported in: Mollenkopf, H.; Kaspar, R.
Page in Report: 125,127

Population: 55+, general public, rural areas, East and West Germany, 2000
Sample: Probability stratified sample
Non-Response: 41.6%
N: 762

Correlate

Authors label: Basic household features
Our classification: Household help, code H13.2.2.3
Measurement: Sum score of basic housing amenities (range 0-3)

Measured Values: West Germany: M=2.8; SD=0.5; East Germany: M=2.6; SD=0.6; p<0.004

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/c/sq/n11/ba</td>
<td>Beta=-.03</td>
<td>Beta controlled for:</td>
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<td></td>
<td>ns</td>
<td>- Socio-demographic:</td>
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<td>- satisfaction with finances</td>
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<td>- Health-related:</td>
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<td>- affect balance score</td>
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<td>- satisfaction with health</td>
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<td>- household type</td>
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<td>- network variety</td>
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<td>- Housing:</td>
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<td>- home ownership</td>
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<td></td>
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<td>- satisfaction with housing</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Living area:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- available services</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- neighbourhood features</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- satisfaction with living area</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Mobility:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- car use as passenger</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- car use as driver</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- satisfaction with public transport</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- satisfaction with mobility</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Leisure time activities:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- outdoor leisure activities</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- satisfaction with leisure activities</td>
</tr>
</tbody>
</table>
Correlational finding on Happiness and Attitudes to household-work
Subject code: H13.3

Study

ROSE 1955

Reported in: Rose, A.M.
Factors Associated with the Life Satisfaction of Middle-Class, Middle-Aged Persons.
Marriage and Family Living, 1955, Vol 17, 15 - 19
Page in Report: 18

Population: Married couples, middle aged, middle-class, USA, 1952

Sample:
Non-Response: 50%
N: 416

Correlate

Authors label: Want to spend more time on work around the house (1)

Our classification: Attitudes to household-work, code H13.3

Measurement:

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-SLu/g/sq/v5/a</td>
<td>D% = +p&lt;.05</td>
<td>Unaffected by sex</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Satisfaction with household activities
Subject code: H13.3.1

Study

HEADE 1981

Reported in: Headey, B.
The Quality of Life in Australia
Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/ BF00286195
Page in Report: 166

Population: Adults, general public, Australia 1978

Sample: Probability sample (unspecified)

Non-Response: not reported
Correlate

Authors label: Work around the house index

Our classification: Satisfaction with household activities, code H13.3.1

Measurement: Index of two single questions on satisfaction with:
- a: How neat, tidy and clean things around you are
- b: Your housework: the work you need to do around your home
Both items scored on 1-9 rating scale, summation by average.

Measured Values: $M = 6.6$ $SD = 1.4$

Remarks: Both items scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-DT/u/sqt/v9/a</td>
<td>r=+.32</td>
<td>all cases</td>
</tr>
<tr>
<td></td>
<td>p&lt;.001</td>
<td>Beta's controlled for satisfaction with</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- self-fulfillment</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- sex life</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- problem handling</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- family activities</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- mother</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- health</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- house</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- standard of living</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- assertiveness</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- friends</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- fun and enjoyment</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- marriage</td>
</tr>
</tbody>
</table>

O-DT/u/sqt/v9/a   Beta=+.08  married cases
Beta's controlled for satisfaction with
- self-fulfillment
- sex life
- problem handling
- family activities
- mother
- health
- house
- standard of living
- assertiveness
- friends
- fun and enjoyment
Correlational finding on Happiness and Satisfaction division of household-work
Subject code: H13.3.2

Study

DEEN 2005A

Reported in: Deen, N.; Wilcke, E.; Verheggen, P.P.
Projectpaper 10164 Motivation i.o.o.Randstad (Temp Agency), 2005, Amsterdam, Netherlands.
Page in Report: 26, 27, 39

Population: 16-64 aged workers, The Netherlands, 2005

Sample: Probability systematic sample

Non-Response: ?

N: 3202

Correlate

Authors label: Satisfaction with combination work and family-life

Our classification: Satisfaction division of household-work, code H13.3.2

Measurement: Selfreport of satisfaction in combining work and family-life.
Rated 1 very dissatisfied to 5 very satisfied

Measured Values: (very) dissatisfied: 11%; neutral: 21%; (very ) satisfied: 69%

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-HP/u/sq/n/10/a</td>
<td>DM =&gt;+</td>
<td>dissatisfied: M=6,6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>satisfied: M=7,3</td>
</tr>
<tr>
<td>O-HP/u/sq/n/10/a</td>
<td>r=+.33</td>
<td></td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Satisfaction division of household-work
Subject code: H13.3.2

Study

FINE 2004
Page in Report: 202-204,305

Population: Dual career parents in four European cities, 200?

Sample: Non-probability purposive-quota sample

Non-Response: N: 400

Correlate

Authors label: Satisfaction with childcare arrangements

Our classification: Satisfaction division of household-work, code H13.3.2

Measurement: Self report on single question:
Overall, how satisfied are you with your childcare arrangements?
1=very dissatisfied 6=very satisfied

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/g/sq/v/6/a</td>
<td>r=+.25</td>
<td>Females</td>
</tr>
<tr>
<td></td>
<td>p&lt;.001</td>
<td></td>
</tr>
<tr>
<td>O-SLW/g/sq/v/6/a</td>
<td>r=+.20</td>
<td>Males</td>
</tr>
<tr>
<td></td>
<td>p&lt;.01</td>
<td></td>
</tr>
<tr>
<td>O-SLW/g/sq/v/6/a</td>
<td>r=+.23</td>
<td>All</td>
</tr>
<tr>
<td></td>
<td>p&lt;.001</td>
<td></td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Satisfaction division of household-work
Subject code: H13.3.2

Study: ZUMA 1989

Page in Report:

Population: 18+ aged, general public, West-Germany, 1978-88
Sample: ?
Non-Response: ?
N: 2100

Correlate

Authors label: Satisfaction with division of work in household (1)

Our classification: Satisfaction division of household-work, code H13.3.2

Measurement:

Question: 'How satisfied are you with division of the work in your household over the separate members?'

0 completely unsatisfied
10 completely satisfied

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-HL/c/sq/v/4/b</td>
<td>SNR=</td>
<td>eta</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1978</td>
<td></td>
<td>+.24</td>
</tr>
<tr>
<td>1980</td>
<td></td>
<td>+.33</td>
</tr>
<tr>
<td>1984</td>
<td></td>
<td>+.23</td>
</tr>
<tr>
<td>1988</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

ß's controlled for age, gender, perceived class and marital status.

Appendix 1: Happiness Items used

<table>
<thead>
<tr>
<th>Happiness Item Code</th>
<th>Full Text</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-BB/cm/mq/v/2/a</td>
<td>Selfreport on 10 questions:</td>
</tr>
</tbody>
</table>

During the past few weeks, did you ever feel ....? (yes/no)
A Particularly exited or interested in something?
B So restless that you couldn't sit long in a chair?
C Proud because someone complimented you on something you had done?
D Very lonely or remote from other people?
E Pleased about having accomplished something?
F Bored?
G On top of the world?
H Depressed or very unhappy?
I That things were going your way?
J Upset because someone criticized you?

Answer options and scoring:
yes = 1
no = 0

Summation:
-Positive Affect Score (PAS): A +C +E +G +I
-Negative Affect Score (NAS): B +D +F +H +J
Findings on Happiness and HOUSEHOLD: WORK

-Affect Balance Score (ABS): PAS minus NAS
Possible range: -5 to +5

Name: Bradburn's 'Affect Balance Scale' (standard version)

Selfreport on single question:

Now I am going to ask you how you FEEL, not just at the moment, but GENERALLY in your life. How happy do you generally feel? On a scale from 0 to 10...
0 completely unhappy
1
2
3
4
5 neutral
6
7
8
9
10 completely happy

Selfreport on single question:

How do you feel about your life as a whole.....?
7 delighted
6 pleased
5 mostly satisfied
4 mixed
3 mostly dissatisfied
2 unhappy
1 terrible

Name: Andrews & Withey's 'Delighted-Terrible Scale' (original version)

Selfreport on single question asked twice

'How do you feel about your life as a whole?'
1 terrible
2 very unhappy
3 unhappy
4 mostly dissatisfied
5 mixed feelings
6 mostly satisfied
7 pleased
8 very pleased
9 delighted

Selfreport on single question:

Is your life at this moment ....?
4 very happy
3 fairly happy
2 fairly unhappy
1 very unhappy
Findings on Happiness and HOUSEHOLD: WORK

**O-HP/u/sq/n/10/a** Selfreport on single question:

Please indicate with a number between 1 and 10 to what degree you consider yourself as a happy person, 1 meaning very unhappy and 10 very happy

1 very unhappy  
2  
3  
4  
5  
6  
7  
8  
9  
10 very happy

**O-HP/u/sq/v/5/a** Selfreport on single question

To what extend do you consider yourself a happy person....?  
5 very happy  
4 happy  
3 neither happy nor unhappy  
2 not very happy  
1 unhappy

**O-SLu/g/sq/v/5/a** Selfreport on single question:

In general, how satisfied are you with your life.....?  
5 very satisfied  
4 satisfied  
3 average  
2 somewhat dissatisfied  
1 very dissatisfied

**O-SLW/c/sq/n/11/ba** Selfreport on single question;

What do you think, how satisfied are you at this moment- all in all - with your life ?' 'If for instance you are totally satisfied with your life, please mark a '10'.If you are totally unsatisfied with your life, mark a '0'.If you are not completely unsatisfied nor totally satisfied range yourself somewhere between '1' and '9'

10 completely satisfied  
9  
8  
7  
6  
5  
4  
3  
2  
1  
0 completely dissatisfied
O-SLW/c/sq/n/11/c  Selfreport on single question:
'Taking all things together, how satisfied are you with your life these days? Please answer with the help of this scale. For instance, when you are totally satisfied with your life, please tick '10'. When you are totally unsatisfied with your life, please tick '0'. You may use all values in between to indicate that you are neither totally satisfied nor totally unsatisfied.'
10 totally satisfied
9
8
7
6
5
4
3
2
1
0 totally unsatisfied

O-SLW/c/sq/n/11/d  Selfreport on single question:
	Taking all things together, how satisfied are you with your life these days? Please answer with the help of this scale. For instance, when you are totally satisfied with your life, please tick '10'. When you are totally unsatisfied with your life, please tick '0'. You may use all values in between to indicate that you are neither totally satisfied nor totally unsatisfied.'
10 totally satisfied
9
8
7
6
5
4
3
2
1
0 totally unsatisfied

O-SLW/c/sq/n/5/b  Selfreport on single question:
When you consider your life-as-a-whole, are you........?  
0 quite dissatisfied
1
2
3
4 very satisfied

O-SLW/g/sq/v/6/a  Selfreport on single question:
Overall, how satisfied are you with your life in general?
1 very dissatisfied
2 dissatisfied
3 somewhat dissatisfied
4 somewhat satisfied
5 satisfied
6 very satisfied
Selfreport on single question:

All things considered, how satisfied or dissatisfied are you with your life as a whole?
10 completely satisfied
9
8
7
6
5
4
3
2
1
0 completely dissatisfied

Selfreport on single question:

Thinking about your own life and personal circumstances, how satisfied are you with your life as a whole?
1 very dissatisfied
2
3
4
5 neutral
6
7
8
9
10 very satisfied

First item in Cummins 'Personal Well-being Scale' (labels used until 2005)

Selfreport on single question:

Considering everything, how satisfied are you with your life as whole.....?
7 completely satisfied
6 satisfied
5 mostly satisfied
4 satisfied/dissatisfied
3 dissatisfied
2 very dissatisfied
1 completely dissatisfied
## Appendix 2: Statistics used

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Explanation</th>
</tr>
</thead>
<tbody>
<tr>
<td>AoV</td>
<td>ANALYSIS of VARIANCE (ANOVA)</td>
</tr>
<tr>
<td></td>
<td>Type: statistical procedure</td>
</tr>
<tr>
<td></td>
<td>Measurement level: Correlate(s): nominal, Happiness: metric.</td>
</tr>
<tr>
<td></td>
<td>In an ANOVA, the total happiness variability, expressed as the sum of squares, is split into two or more parts, each of which is assigned to a source of variability. At least one of those sources is the variability of the correlate, in case there is only one, and always one other is the residual variability, which includes all unspecified influences on the happiness variable. Each sum of squares has its own number of degrees of freedom (df), which sum up to Ne -1 for the total variability. If a sum of squares (SS) is divided by its own number of df, a mean square (MS) is obtained. The ratio of two correctly selected mean squares has an F-distribution under the hypothesis that the corresponding association has a zero-value. NOTE: A significantly high F-value only indicates that, in case of a single correlate, the largest of the c mean values is systematically larger than the smallest one. Conclusions about the other pairs of means require the application of a Multiple Comparisons Procedure (see e.g. BONFERRONI's MULTIPLE COMPARISON TEST, DUNCAN's MULTIPLE RANGE TEST or STUDENT-NEWMAN-KEULS).</td>
</tr>
<tr>
<td>B</td>
<td>REGRESSION COEFFICIENT (non-standardized) by LEAST SQUARES (OLS)</td>
</tr>
<tr>
<td></td>
<td>Type: test statistic</td>
</tr>
<tr>
<td></td>
<td>Measurement level: Correlate: metric, Happiness: metric</td>
</tr>
<tr>
<td></td>
<td>Theoretical range: unlimited</td>
</tr>
<tr>
<td></td>
<td>Meaning:</td>
</tr>
<tr>
<td></td>
<td>B &gt; 0 A higher correlate level corresponds with, on an average, higher happiness rating.</td>
</tr>
<tr>
<td></td>
<td>B &lt; 0 A higher correlate level corresponds with, on an average, lower happiness rating.</td>
</tr>
<tr>
<td></td>
<td>B = 0 No correlation with the relevant correlate.</td>
</tr>
<tr>
<td>Beta</td>
<td>(ß) STANDARDIZED REGRESSION COEFFICIENT by LEAST SQUARES (OLS)</td>
</tr>
<tr>
<td></td>
<td>Type: test statistic.</td>
</tr>
<tr>
<td></td>
<td>Measurement level: Correlates: all metric, Happinessl: metric.</td>
</tr>
<tr>
<td></td>
<td>Range: [-1 ; +1]</td>
</tr>
<tr>
<td></td>
<td>Meaning:</td>
</tr>
<tr>
<td></td>
<td>beta &gt; 0 « a higher correlate level corresponds with, on an average, higher happiness rating.</td>
</tr>
<tr>
<td></td>
<td>beta &lt; 0 « a higher correlate level corresponds with, on an average, lower happiness rating.</td>
</tr>
<tr>
<td></td>
<td>beta = 0 « no correlation.</td>
</tr>
<tr>
<td></td>
<td>beta = + 1 or -1 « perfect correlation.</td>
</tr>
<tr>
<td></td>
<td>Remark:</td>
</tr>
<tr>
<td></td>
<td>Mean of observations is subtracted from all observations if standardized.</td>
</tr>
<tr>
<td>BMCT</td>
<td>BONFERRONI's MULTIPLE COMPARISON TEST</td>
</tr>
<tr>
<td></td>
<td>Type: statistical procedure</td>
</tr>
<tr>
<td></td>
<td>Measurement level: Correlate: nominal, Happiness: metric</td>
</tr>
<tr>
<td></td>
<td>Meaning: if the correlate is measured at c levels, the c mean happiness values can be ranked from low to high. A multiple comparison procedure judges for each of the c(c-1) pairs whether or not they differ significantly. A convenient way to represent the results is by ranking the c means and by underlining them in such a way that means which have a common underlining do NOT differ significantly. When added by us, this test is performed at the 95% confidence level for all the differences together.</td>
</tr>
</tbody>
</table>
### Findings on Happiness and HOUSEHOLD: WORK

<table>
<thead>
<tr>
<th>Statistic</th>
<th>Type</th>
<th>Measurement level</th>
<th>Happiness level</th>
<th>Range</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>D%</td>
<td>Difference in PERCENTAGES</td>
<td>Descriptive</td>
<td>Correlate: dichotomous, but nominal or ordinal theoretically possible as well. Happiness level: dichotomous</td>
<td>[-100; +100]</td>
<td>The difference of the percentages happy people at two correlate levels.</td>
</tr>
<tr>
<td>DM</td>
<td>Difference of MEANS</td>
<td>Descriptive</td>
<td>Correlate: dichotomous, Happiness: metric</td>
<td>Range depending on the happiness rating scale of the author; range symmetric about zero.</td>
<td>The difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels.</td>
</tr>
<tr>
<td>DMa</td>
<td>Difference in ADJ USTED MEANS</td>
<td>Computed in</td>
<td>Correlate: dichotomous, Happiness: metric</td>
<td>Range depending on the happiness rating scale of the author; range symmetric about zero.</td>
<td>The difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels.</td>
</tr>
<tr>
<td>DMt</td>
<td>Difference of MEANS AFTER TRANSFORMATION</td>
<td>Descriptive</td>
<td>Correlate: dichotomous, Happiness: metric</td>
<td>Theoretical range: [-10; +10]</td>
<td>The difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels.</td>
</tr>
<tr>
<td>r</td>
<td>Product-Moment Correlation Coefficient</td>
<td>Test</td>
<td>Correlate: metric, Happiness: metric</td>
<td>Range: [-1; +1]</td>
<td>The difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels.</td>
</tr>
<tr>
<td>Ra²</td>
<td>Adjusted Coefficient of Multiple Correlation</td>
<td>Descriptive</td>
<td>Correlate: all metric, Happiness: metric</td>
<td>Range: [0 ; 1]</td>
<td>The difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels.</td>
</tr>
</tbody>
</table>

### Appendix 3: About the World Database of Happiness

**Structure of the collections**

The World Database of Happiness is an ongoing register of scientific research on the subjective enjoyment of life. It brings together findings that are scattered throughout many studies and provides a basis for synthetic work.

- World literature on Happiness
- Selection on subject
Appendix 4 Further Findings in the World Database of Happiness

<table>
<thead>
<tr>
<th>Main Subjects</th>
<th>Subject Description</th>
<th>Number of Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1</td>
<td>ACTIVITY: LEVEL (how much one does)</td>
<td>58</td>
</tr>
<tr>
<td>A2</td>
<td>ACTIVITY: PATTERN (what one does)</td>
<td>32</td>
</tr>
<tr>
<td>A3</td>
<td>AFFECTIVE LIFE</td>
<td>48</td>
</tr>
<tr>
<td>A4</td>
<td>AGE</td>
<td>400</td>
</tr>
<tr>
<td>A5</td>
<td>AGGRESSION</td>
<td>12</td>
</tr>
<tr>
<td>A6</td>
<td>ANOMY</td>
<td>32</td>
</tr>
<tr>
<td>A7</td>
<td>APPEARANCE (good looks)</td>
<td>15</td>
</tr>
<tr>
<td>A8</td>
<td>ATTITUDES</td>
<td>6</td>
</tr>
<tr>
<td>A9</td>
<td>AUTHORITARIANISM</td>
<td>4</td>
</tr>
<tr>
<td>B1</td>
<td>BIRTH CONTROL</td>
<td>1</td>
</tr>
<tr>
<td>B2</td>
<td>BIRTH HISTORY (own birth)</td>
<td>201</td>
</tr>
<tr>
<td>B3</td>
<td>BODY</td>
<td>77</td>
</tr>
<tr>
<td>C1</td>
<td>CHILDREN</td>
<td>1</td>
</tr>
<tr>
<td>C2</td>
<td>CHILDREN: WANT FOR (Parental aspirations)</td>
<td>6</td>
</tr>
<tr>
<td>C3</td>
<td>CHILDREN: HAVING (parental status)</td>
<td>195</td>
</tr>
<tr>
<td>C4</td>
<td>CHILDREN: CHARACTERISTICS OF ONE’S CHILDREN</td>
<td>25</td>
</tr>
<tr>
<td>C5</td>
<td>CHILDREN: RELATION WITH ONE’S CHILDREN</td>
<td>8</td>
</tr>
<tr>
<td>C6</td>
<td>CHILDREN: REARING OF ONE’S CHILDREN (parental behavior)</td>
<td>26</td>
</tr>
<tr>
<td>C7</td>
<td>COMMUNAL LIVING</td>
<td>9</td>
</tr>
<tr>
<td>C8</td>
<td>CONCERNS</td>
<td>18</td>
</tr>
<tr>
<td>C9</td>
<td>COPING</td>
<td>43</td>
</tr>
</tbody>
</table>

Size of the collections
1226 Happiness measures (Item Bank)
4258 Nations surveys in 206 Nations
149 Distinguished publics in 1199 studies
12032 Correlational findings in 1196 studies
<table>
<thead>
<tr>
<th>Code</th>
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A report of the World Database of Happiness, Correlational Findings