World Database of Happiness



Correlational Findings on Happiness and INTERVIEW Subject Code: 15

© on data collection: <u>Ruut Veenhoven</u>, <u>Erasmus</u> <u>University Rotterdam</u>

Classification of Findings		
Subject Code	Description	Nr of Studies on this Subject
15	INTERVIEW	0
I5.1	Interview conditions	0
I5.1.1	Moment of the interview	1
I5.1.1.1	. day of the week	2
I5.1.1.2	. month of the year	1
I5.1.1.3	. special day	1
I5.1.2	Context of the interview	1
I5.1.2.1	. good or bad weather	4
I5.1.2.2	. place of interview	0
I5.1.3	Method of interrogation	5
I5.1.4	Characteristics of the interviewer	0
15.2	Questioning	6
15.2.1	Sequence of items	16
15.2.2	Prior mood-manipulation	10
15.3	Respondent behavior	2
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Correlational finding on Happiness and Moment of the interview Subject code: I5.1.1

Study CUMMI 2004E

Reported in: Cummins, R.A.: Eckersley, R.; Lo, S.K.; Okerstrom, E.; et al

Australian Unity Wellbeing Index, Survey 2004, Report 12.0. The Wellbeing of Australians-Job Security. Australian Centre on Quality of Life, 2004, Melbourne, Australia. http://www.deakin.edu.au/research/

acqol/index.htm http://acqol.deakin.edu.au

Page in Report: A17

Population: 18+aged, Australia, 2004

Sample: Probability area sample

Non-Response: 88%

N: 1997

Correlate

Authors label: Raw Olympic Date

Our classification: Moment of the interview, code I5.1.1

Measurement: Number of medals won by Australia at Olympic games at time

of interview

Remarks: Interviews took plagee during Olympic games August 16-

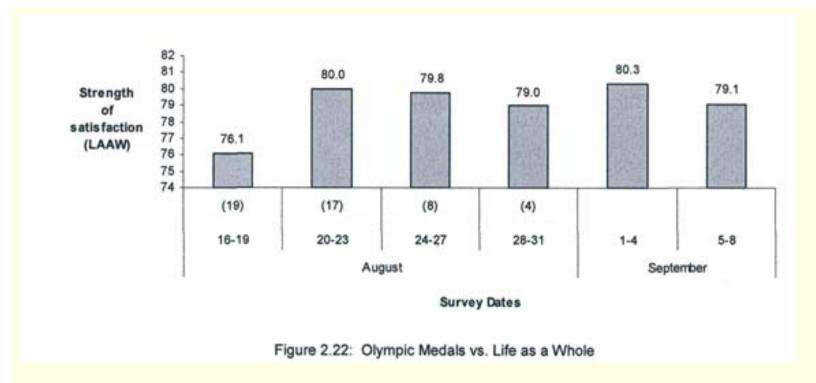
September 8, 2004

Observed Relation with Happiness

Happiness
Measure
Statistics
Elaboration/Remarks

 $\underline{O-SLW/u/sq/n/11/ca} \qquad \underline{DMt=p<.017}$

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Correlational finding on Happiness and . day of the week Subject code: I5.1.1.1

Study FORDY 1972

Reported in: Fordyce, M.W.

Happiness, its Daily Variation and its Relation to Values.

Unpublished PhD Dissertation, U.S. International University, 1972, San Diego, California, USA

Page in Report: 152

Population: University students, California, USA, 1971

Sample:

Non-Response: -

N: 86

Correlate

Authors label: Day of week (Monday, Tuesday, etc.) (1)

Our classification: . day of the week, code I5.1.1.1

Measurement: Difference between the day's averages on the happiness

score and the mean of the other days, during a period of 21

days as assessed by an analysis of variance, using the 21 days as units

for the analysis.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-ARE/md/sqr/v/10/a AoV=ns No day of the week was significantly different

from the other days.

Fridays and Saturdays averaged the highest and

Mondays and Tuesdays the lowest (ns).

Correlational finding on Happiness and . day of the week Subject code: I5.1.1.1

Study NOELL 1977/5

Reported in: Noelle-Neumann, E.

Politik und Glück. (Politics and Happiness).

Baier, H.; Ed.: "Freiheit und Sachzwang", West Deutscher Verlag, 1977, Opladen, Germany, 208 - 262.

ISBN 3 531 11 44 68 Page in Report: 229

Population: 14+ aged, general public, West-Germany, 1976-

Sample:

Non-Response:

N: 7965

Correlate

Authors label: Day of the week (1)

Our classification: . day of the week, code I5.1.1.1

Measurement: Day of the week the interview took place

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

 $\underline{A-CA/mh/ri/v/2/b}$ $\underline{D\%=}$ The difference between cheerfulness (happy face)

on Thursday and Sunday is significant (p < 01)

Correlational finding on Happiness and . month of the year Subject code: I5.1.1.2

Study NOELL 1977/8

Reported in: Noelle-Neumann, E.

Politik und Glück. (Politics and Happiness).

Baier, H.; Ed.: "Freiheit und Sachzwang", West Deutscher Verlag, 1977, Opladen, Germany, 208 - 262.

ISBN 3 531 11 44 68 Page in Report: 228

Population: 16+ aged, general public, West-Germany, 1976

Sample:

Non-Response:

N: 30397

Correlate

Authors label: Season (1)

Our classification: . month of the year, code I5.1.1.2

Measurement: Months of interviewing. Happiness was measured (by

interviewerratings of cheerful look) in 11 months survey in

1976 (not in July).

Ranknumbers of the months:

- January 9 - February 8 - March 5 - March/April 4 - April 2 - May 3 - June - August 7 - September 11 - Nov./Dec. 6 - December 10

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-CA/mh/ri/v/2/a Differences in average cheerfulness over the

months are small.

Correlational finding on Happiness and . special day Subject code: I5.1.1.3

Study FORDY 1972

Reported in: Fordyce, M.W.

Happiness, its Daily Variation and its Relation to Values.

Unpublished PhD Dissertation, U.S. International University, 1972, San Diego, California, USA

Page in Report: 152

Population: University students, California, USA, 1971

Sample:

Non-Response: -

N: 86

Correlate

Authors label: 'Special' day (1)

Our classification: . special day, code I5.1.1.3

Measurement: Differences between the day's averages on the happiness

score and the mean of all days, during a period of 21 days; as assessed by an analysis of variance, using the 21 days

as units for the analysis.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-ARE/md/sqr/v/10/a AoV=ns The period covered in the study included the

Thanksgiving Holidays, several weekends, an important examination, and the last day of the

school term.

None of the day's averages was significantly

different from the mean of all days.

Thanksgiving day, weekend, and the last-school day's-eve rating showed the highest averages (ns).

Correlational finding on Happiness and Context of the interview Subject code: I5.1.2

Study CHARN 2000

Reported in: Charnes, G.; Grosskopf, B.

Relative Pay offs and Happiness: An Experimental Study.

Journal of Economic Behavior & Organization, 2001, Vol. 45, 301-328. ISSN: 0167-2681

Page in Report: 312

Population: University students, Barcelona, Spain, 1998

Sample: Non-probability accidental sample

Non-Response: 0 %

N: 121

Correlate

Authors label: Passive (dead) vs active (live) role in partition experiment

Our classification: Context of the interview, code I5.1.2

Measurement: Ss met in one large room and were explained that they would

randomly be assigned one of two roles in an experiment:
A: Passive role (dead), no say in the decision, only asked what they would do if they had been in the other role

and/or to predict the choice of B

B: Active role (live), makes two decisions about partition

of money (about \$10) between A and B

After this introduction Ss were randomly assigned either role A or role B. Next Ss answered written questions about respectively general happiness (GH), comparative happiness

(CH) and momentary happiness (MH)

Measured Values: A.: N= 60 B.: N= 61

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-AOL/g/sg/v/11/a DM=- ns Passive role: GH=7.25 (MH=6.45)

Active role: GH=6.64 (MH=6.07)

A-TH/g/mg/th%/100/a D%=- ns % time happy:

Passive role: happy 44.1, neutral 44.2 unhappy

11.7

Active role: happy 42.1, neutral 42.0 unhappy 15.9

Correlational finding on Happiness and . good or bad weather Subject code: I5.1.2.1

Study NOELL 1977/5

Reported in: Noelle-Neumann, E.

Politik und Glück. (Politics and Happiness).

Baier, H.; Ed.: "Freiheit und Sachzwang", West Deutscher Verlag, 1977, Opladen, Germany, 208 - 262.

ISBN 3 531 11 44 68 Page in Report: 229

Population: 14+ aged, general public, West-Germany, 1976-

Sample:

Non-Response:

N: 7965

Correlate

Authors label: Good weather (1)

Our classification: . good or bad weather, code I5.1.2.1

Measurement: Wheather conditions during the interview as rated by the

interviewer (sunny, cloudy, instable, rainy).

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-CA/mh/ri/v/2/b G=+.07 % happy face:

% happy face (reported in NOELL 1978 table 10)

- Monday 70 - Tuesday 71 - Wednesday 71 - Thursday 68 - Friday 70 - Saterday 71 - Sunday 74

Correlational finding on Happiness and . good or bad weather Subject code: I5.1.2.1

Study SCHWA 1981/2

Reported in: Schwarz, N.; Clore, G.L.

Mood, Misattribution and Judgements of Well-Being: Informative and Directive Functions of Affective

States.

Journal of Personality and Social Psychology, 1983, Vol. 45, 513 - 523. ISSN 0022 3514

Page in Report:

Population: College students, USA, 1981

Sample:

Non-Response: ?

N: 84

Correlate

Authors label: The weather (2)

Our classification: . good or bad weather, code I5.1.2.1

Measurement:

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

Correlational finding on Happiness and . good or bad weather Subject code: I5.1.2.1

Study SCHWA 1981/2

Reported in: Schwarz, N.; Clore, G.L.

Mood, Misattribution and Judgements of Well-Being: Informative and Directive Functions of Affective

States.

Journal of Personality and Social Psychology, 1983, Vol. 45, 513 - 523. ISSN 0022 3514

Page in Report:

Population: College students, USA, 1981

Sample:

Non-Response: ?

N: 84

Correlate

Authors label: The weather (1)

Our classification: . good or bad weather, code I5.1.2.1

Measurement: Telephone interviews were conducted on either a rainy or a

sunny day.

Experimental variations:

-indirect priming: casual remarks on the weather -direct priming: subjects were told that the study

concerned the effect of weather on mood

-no-priming: there was no reference to the weather at all

Remarks: Subjects reported themselves to be happier when they were

interviewed on sunny days. However, the difference

disappears when the weather is brought to their attention

(both priming conditions).

Identical results when happiness is measured by HAPP 2.1.

Observed Relation with Happiness

Happiness Measure

Study

Statistics

Elaboration/Remarks

O-SLW/u/sq/n/10/a

DMt=2.4

p<...05

Correlational finding on Happiness and . good or bad weather Subject code: I5.1.2.1

YOUNG 1937A/3

Reported in: Young, P.T.

Laughing and Weeping, Cheerfulness and Depression: A Study of Moods among College Students.

Journal of Social Psychology, 1937, Vol. 8, 311 - 334. ISSN 0022 4545

Page in Report: 328

College students, psychol. course, USA, 1934-35 Population:

Sample:

Non-Response:

N: 236

Correlate

Authors label: The weather (1)

Our classification: . good or bad weather, code I5.1.2.1

Measurement: Mean daily temperature for the days of the experiment;

temperature at the time of the experiment; mean daily

humidity.

Observed Relation with Happiness

Happiness Statistics

Elaboration/Remarks Measure

A-ARE/md/sqr/v/7/a SNR= ns

Correlational finding on Happiness and Method of interrogation Subject code: I5.1.3

BISWA 2005/1 Study

Reported in: Biswas-Diener, R.; Vitterso, J.; Diener, E.

Most People are Pretty Happy, but There is Cultural Variation: The Inughuit, the Amish and the Maasai.

Journal of Happiness Studies, 2005, Vol. 6, 205 - 226. ISSN p 1389 4978; ISSN e 1573 7780

DOI:10.1007/s10902-005-5683-8

Page in Report:

Population: Adults in 3 non-industrial cultures, 2004

Sample: Non-probability accidental sample

Non-Response:

N: 358

Correlate

Authors label: Self report vs peer rating

Our classification: Method of interrogation, code I5.1.3

Measurement: Using the scale below, indicate how much of the time during

the PAST MONTH have you (has X) felt each emotion?

A affectionate

B joyful

C sad

D worried

E irritable

F guilty

G happy

H proud

1 never

2 slight amount (rare)

3 some of the time

4 about half the time

5 much of the time

6 almost always

7 always

Computation: (A+B+G+H)-(C+D+E+F)/8

Same questions used both for selfreports and for peer $% \left(1\right) =\left(1\right) \left(1\right)$

rating

Remarks: Mean and SD stretched from range -6+6 to range -7+7 (for

facilitating comparability with other indicators of

wellbeing on range 1-7)

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

Difference 0,4 -0,9

Correlational finding on Happiness and Method of Interrogation Subject code: I5.1.3

Study DIENE 1995C

Reported in: Diener, E.; Smith, H.; Fujita, F.

The Personality Structure of Affect.

Journal of Personality and Social Psychology, 1995, Vol. 69, 130 - 141. ISSN 0022 3514

0,2 0

-0.40,5

Page in Report: 135

Population: College students, USA, 1991-1992

Sample: Non-probability chunk sample

Non-Response:

N: 212

Correlate

Authors label: Methods

Our classification: Method of interrogation, code I5.1.3

Measurement: Affective experience in the last month was assessed in

three ways

a: global self-reportb: experience samplingc: informant report

Measured Values: a: M = -1.40, b: M = -0.18, c: M = -1.42

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-BD3/cm/mqr/v/7/a DM= global self report: M = -1.40

experience sampling: M = -0.18 informant report : M = -1.42

Correlational finding on Happiness and Method of interrogation Subject code: I5.1.3

Study HEADE 1982/1

Reported in: Headey, B.; Holström, E.; Wearing, A.J.

Australians' Priorities Satisfactions and Well-being: Methodological Issues.

Monograph in Public Policy Studies, nr.8, University of Melbourne, 1982, Australia

Page in Report: 25

Population: Adults, general public, Melbourne, Australia, followed from 1978 to 1981 (selected from 1981 "mini"-

panel: 184 of the 555 of the 1978 Melbourne metropolitan survey)

Sample: Probability simple random sample

Non-Response: 0

N: 31

Correlate

Authors label: In-depth interview

Our classification: Method of interrogation, code I5.1.3

Measurement: In-depths interview by a qualified psychologist involving

open questions and probes about various topics, such as activities, friendships, sources of self-fullfiment and life-satisfaction. Transcripts of the interviews were then scored by two coders, who were unaware of the surveys

results.

The coders scored life-satisfaction using the 1-9

Delighted-Terrible scale

Remarks: only 23 of 31 respondents interviewed were available for

scores of the survey

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-DT/u/sqt/v/9/a	<u>r=+.43</u> <u>p<.05</u>	Self-rating (from survey) by coder(1)-rating (from interview) both on the same 1-9 D-T scale
O-DT/u/sqt/v/9/a	<u>r=+.33 ns</u>	Self-rating (from survey) by coder(2)-rating (from interview) both on the same 1-9 D-T scale

Correlational finding on Happiness and Method of interrogation Subject code: I5.1.3

Study **HINTO 1979** Reported in: Hinton J.

Comparison of places and polcies for terminal care The Lancet, 1979, 6 January, 29 - 32. ISSN 0023 7507

Page in Report: 30

Population: End stage cancer patients, UK,1978

Sample: Probability stratified sample

Non-Response: 2%

N: 80

Correlate

Authors label: Mood assessments

Our classification: Method of interrogation, code I5.1.3

Measurement: Rating of patients mood by:

A: Interviewer on the basis of a bedside open interview

B: Nurse C: Spouce

All ratings expressed on scale

depressed 1

2 3

4 5

> 6 7

8

9

elated

Measured Values: Interviewer rating - depressed 6% - sad 39% - average 26% - cheerful 9% - elated 0% Spouce rating of

patient -depressed 7% -sad 37% -average 20% -cheerful 16% -elated 0% Nurse rating of patient -

depressed 9% -sad 24% -average 31% -cheerful 16% -elated 0%

Remarks: Ratings collapsed to 5 categories

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks Measure

A-ASA/cm/fi/n/9/a r = +.65patient - spouce

A-ASA/cm/fi/n/9/a r = +.59patient- nurse

A-ASA/cm/rdf/n/9/a spouce - nurse r = +.45

Correlational finding on Happiness and Method of interrogation Subject code: I5.1.3

Study SCHER 2001

Reported in: Scherpenzeel, A.C.; Eichenbecher, P.

Mode Effects in Panel Surveys: A Comparison of CAPI and CATI.

BFS aktuell (Bulletin of the Statistical Office Switzerland), October 2001, Nr. 448-0100, Neuchatel,

Switzerland Page in Report: 12

Population: 15+ aged household members, Bern, Switzerland 1999

Sample: Probability simple random sample

Non-Response: 70%

N: 864

Correlate

Authors label: CATI versus CAPI

Our classification: Method of interrogation, code I5.1.3

Measurement: Happiness of the same respondents assessed in two

interviews with one month interval using two methods of

interogation:

A: Computer Assisted Telephone Interviews (CATI) B: Computer Assisted Personal Interviews (CAPI)

Experimental group 1 was interviewed using CATI at the first interview and CAPI at the second. Experimental group

2 first CAPI and next CATI. Average reported here.

Measured Values: CATI Mean = 7.95 SD = 1.65 CAPI Mean = 8.11 SD = 1.49

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

<u>O-SLu/h/sq/n/11/a</u> <u>DMt=0,06</u> CATI: Mean = 7.95 SD = 1.65

ns CAPI: Mean = 8.11 SD = 1.49

t = 1,50 (ns)

Correlational finding on Happiness and Questioning Subject code: 15.2

Study VENTE 1995

Reported in: Ventegodt, S.

Livskvalitet i Danmark. (Quality of Life in Denmark).

Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN

8790190017 http://www.livskvalitet.org/t1/index.asp

Page in Report: 386

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: Quality of life questionaire (1)

Our classification: Questioning, code I5.2

Measurement: Single question :

"How well does questionaire express the quality of your

life?"

1: very negative
2: negative
3: neither/nor
4: positive
5: very positive

Measured Values: N all:1471, 1:2, 2:10, 3:213, 4:924, 5:322

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	<u>r=+.33</u> <u>p<.00</u>	1: Mt=1.25 2: Mt=5.50 3: Mt=6.50 4: Mt=5.50 5: Mt=8.66 All Mt=7.76
O-SLu/c/sq/v/5/e	r=+.36 p<.00	1: Mt=3.75 2: Mt=4.78 3: Mt=6.15 4: Mt=7.43 5: Mt=8.46 All Mt=7.45

p < .00 2: Mt=4.55

3: Mt=5.84 4: Mt=6.88 5: Mt=7.95 All Mt=6.94

Correlational finding on Happiness and Questioning Subject code: I5.2

Study VENTE 1995

Reported in: Ventegodt, S.

Livskvalitet i Danmark. (Quality of Life in Denmark).

Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN

8790190017 http://www.livskvalitet.org/t1/index.asp

Page in Report: 388

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: questionaire as adequate (1)

Our classification: Questioning, code I5.2

Measurement: Single question

"Did the questionaire cover all major aspects of your

life?" 1: no

2: not sure
3: yes

Measured Values: N: all:1352, 1:154, 2:313, 3:885

Observed Relation with Happiness

Happiness
Measure

Statistics Elaboration/Remarks

<u>A-AOL/m/sq/v/5/a</u> r=+.09 1:Ms=7.54

p < .00 2:Ms=7.49 3:Ms=7.93

3:Ms=7.93 All Mt=7.78

Alla Mt=7.76 Allb:7.78 Allc:7.76

O-SLu/c/sq/v/5/e r=+.09 1: Mt=7.26

p < .00 2: Mt=7.10

3: Mt=7.60 All Mt=7.45

O-HL/c/sq/v/5/h r=+.12 1: Mt=6.70

p<.00 2: Mt=6.53

3: Mt=7.16 All Mt=6.96

Correlational finding on Happiness and Questioning Subject code: I5.2

Study VENTE 1995

Reported in: Ventegodt, S.

Livskvalitet i Danmark. (Quality of Life in Denmark).

Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN

8790190017 http://www.livskvalitet.org/t1/index.asp

Page in Report: 392

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: (un)ethical questions (1)

Our classification: Questioning, code I5.2

Measurement: Single question:

"Did you find any questions that we should not have asked

(unethical questions)?"

1: no

2: not sure
3: yes

Measured Values: N: all:1421, 1:1296, 2:84, 3:41

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-AOL/m/sq/v/5/a

r=-.06 ns

1: Mt=7.79
2: Mt=7.59
3: Mt=7.31
All Mt=7.76

O-SLu/c/sq/v/5/e

r=-.01 ns

1: Mt=7.44

2: Mt=7.38 3: Mt=7.31 All Mt=7.44

> 2: Mt=6.71 3: Mt=6.88 All Mt=6.94

Correlational finding on Happiness and Questioning Subject code: I5.2

Study VENTE 1996

Reported in: Ventegodt, S.

Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).

Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://

www.livskvalitet.org/t2/index.asp

Page in Report: 408

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: attitude to the questionaire

Our classification: Questioning, code I5.2

Measurement: Single question:

"This questionaire does not express my quality of life"

1: very negative 2: negative 3: neither/nor 4: positive 5: very positive

Measured Values: N: 4598; %:1:0,2; 2:1,1; 3:17,6; 4:62,2; 5:18,9

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks Measure A-AOL/m/sq/v/5/a r = +.291: Ms=6.562: Ms=5.66p<.00 3: Ms=6.864: Ms=7.715: Ms=8.78O-SLu/c/sq/v/5/e 1: Ms=6.562: Ms=5.203: Ms=6.404: Ms=7.395: Ms=8.61 1: Ms=6.56O-HL/c/sq/v/5/h 2: Ms=5.463: Ms=6.094: Ms=6.935: Ms=8.28

Correlational finding on Happiness and Questioning Subject code: I5.2

Study VENTE 1996

Reported in: Ventegodt, S.

Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).

Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://

www.livskvalitet.org/t2/index.asp

Page in Report: 410

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: questionaire as fully adequate

Our classification: Questioning, code I5.2

Measurement: Single question:

" Did the questionaire cover all major aspects of your

life?"

Measured Values: N: All:4322; %:1:17,8; 2:22,9; 3:59,2

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	<u>r=+.08</u> <u>p<.00</u>	1: Ms=7.51 2: Ms=7.53 3: Ms=7.90
O-SLu/c/sq/v/5/e	<u>r=+.09</u> <u>p<.00</u>	1: Ms=7.13 2: Ms=7.20 3: Ms=7.59
O-HL/c/sq/v/5/h	<u>r=+.09</u> <u>p<.00</u>	1: Ms=6.76 2: Ms=6.79 3: Ms=7.19

Correlational finding on Happiness and Questioning Subject code: I5.2

Study VENTE 1996

Reported in: Ventegodt, S.

Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).

Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://

www.livskvalitet.org/t2/index.asp

Page in Report: 414

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: questionaire's unethical questions

Our classification: Questioning, code I5.2

Measurement: Single question:

"Did you find any questions that we should not have asked

?"
1: no
2: not sure
3: yes

Measured Values: N: All:4534; %: 1:95,2; 2:3,1; 3:1,7

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	<u>r=07</u> <u>p<.00</u>	1: Ms=7.76 2: Ms=7.25 3: Ms=6.89
O-SLu/c/sq/v/5/e	<u>r=06</u> <u>p<.00</u>	1: Ms=7.46 2: Ms=6.86 3: Ms=6.66
O-HL/c/sq/v/5/h	<u>r=04</u> <u>p<.01</u>	1: Ms=7.04 2: Ms=6.75 3: Ms=6.51

Correlational finding on Happiness and Sequence of items Subject code: I5.2.1

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 85

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Delighted Terrible life

Our classification: Sequence of items, code I5.2.1

Measurement: Selfreport on single question, asked twice in interview:

How do you feel about your life as a whole....?

7 delighted6 pleased

5 mostly satisfied

4 mixed

3 mostly dissatisfied

2 unhappy
1 terrible

Remarks: happiness measure type O-DT

Asked twice during the interview. The interval was about 8

to 12 minutes.

Summation: arithmetic mean

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-DT/u/sqt/v/7/a mr=+.93 O-DT asked first by O-DT index : r=+.92

O-DT asked last by O-DT index : r=+.93

Correlational finding on Happiness and Sequence of items

Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Overall happiness Life 3 (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Selfreport on single question:

How do you feel about your life as a whole....?

7 delighted6 pleased

5 mostly satisfied

4 mixed

3 mostly dissatisfied

2 unhappy
1 terrible

Remarks: Question asked twice. Summation: arithmetic mean

Observed Relation with Happiness

Happiness

Measure Statistics Elaboration/Remarks

O-DT/u/sq/v/7/a

mr=+.93 Question asked asked twice:

at the beginning of the interview: r=+.92 at the end of the interview: r=+.94

Correlational finding on Happiness and Sequence of items Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Overall happiness Ladder most (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Selfreport on single question:

Here is a picture of a ladder. At the bottom of the ladder is the worst life you might reasonably expect to have. At the top is the best life you might expect to have. Of course, life from week to week falls somewhere in between. Where was your life most of the time during the past year?"

[9] best life you might expect to have

8]

[7]

[6]

[5]

[4]

[3]

[2]

[1] worst life you might expect to have

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

O-DT/u/sq/v/7/a mr=+.51 O-DT asked twice:

at the beginning of the interview: r=+.51 at the end of the interview: r=+.50

O-DT/u/sqt/v/7/a r=+.54

Correlational finding on Happiness and Sequence of items Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Overall happiness Circles: whole life (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Selfreport on single question:

Here are some circles that we can imagine represent the lives of different people. Circle eight has all pluses in it, to represent a person who has all the good things in his life. Circle zero has all minuses in it, to represent a person who has all the bad things in his life. Other

person who has all the bad things in his life. Other circles are in between. Which circle do you think comes

closest to matching your life?"
(circles not reproduced here)

3 + + + - - - - -

0 - - - - - - -

Name: Andrews & Withey's 'Circles Scale'

Remarks: Happiness measure type 0

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-DT/u/sq/v/7/a mr=+.49 O-DT asked twice:

at the beginning of the interview: r=+.51 at the end of the interview: r=+.46

O-DT/u/sqt/v/7/a $\underline{r}=+.52$

Correlational finding on Happiness and Sequence of items Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Highest overall happiness Ladder best (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Closed question: "Where on the ladder was your best week in

the past year

-on which rung would you put it?"

Rated on a 9-point graphic scale ranging from best life (9)

to worst life (1)

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-DT/u/sq/v/7/a mr=+.45 O-DT asked twice:

at the beginning of the interview: r=+.45 at the end of the interview: r=+.44

O-DT/u/sqt/v/7/a $\underline{r}=+.48$

 $\frac{\text{C-BW/cy/sq/l/9/a}}{\text{r=+.68}}$

O-GBB/u/sq/c/9/a r=+.52

Correlational finding on Happiness and Sequence of items

Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Lowest overall happiness Ladder worst (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Closed question: "Where on the ladder was your worst week

in the past year
- on which rung?"

Rated on a 9-point graphic scale ranging from best life (9)

to worst life (1)

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-DT/u/sq/v/7/a mr=+.31 O-DT asked twice:

at the beginning of the interview: r=+.32 at the end of the interview: r=+.30

O-DT/u/sqt/v/7/a $\underline{r}=+.33$

 $\frac{\text{C-BW/cy/sq/l/9/a}}{\text{r=+.52}}$

O-GBB/u/sq/c/9/a $\underline{r}=+.41$

Correlational finding on Happiness and Sequence of items Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Overall compared to others Circles:R-others (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Difference in response to the following questions:

1. "Which circle comes closest to

matching your life?"

2. "Which circle do you think would be chosen most often by people in this

country?"

Rated on a 9-point graphic scale ranging from an

all-plus-circle (8) to an all-minus-circle (0)

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-DT/u/sqt/v/7/a $\underline{r}=+.40$

O-DT/u/sq/v/7/a mr=+.37 O-DT asked twice:

at the beginning of the interview: r=+.39 at the end of the interview: r=+.35

 $\frac{\text{C-BW/cy/sq/l/9/a}}{\text{r=+.45}}$

O-GBB/u/sq/c/9/a r=+.74

Correlational finding on Happiness and Sequence of items

Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Past change in overall happiness Past progress (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Difference in response to the following questions:

 "Where was your life most of the time during the past year?"
 "Where was your life five years

ago?"

Both rated on a 9-point graphic scale ranging from best

life (9) to worst life (1)

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

 $O-DT/u/sqt/v/7/a \qquad r=+.19$

O-DT/u/sq/v/7/a mr=+.18 O-DT asked twice:

at the beginning of the interview: r=+.17 at the end of the interview: r=+.18

 $\frac{\text{C-BW/cy/sq/l/9/a}}{\text{r=+.37}}$

O-GBB/u/sq/c/9/a $\underline{r}=+.15$

Correlational finding on Happiness and Sequence of items

Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Expected change in happiness (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Difference in response to two identical questions asked

twice in the interview:

"Where do you expect your life to be five years from now?" Rated on a 9-point graphic scale ranging from best life (9)

to worst life (1)

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks

O-DT/u/sqt/v/7/a \underline{r} =-.03

O-DT/u/sq/v/7/a mr=-.03 O-DT asked twice:

at the beginning of the interview: r=-.04 at the end of the interview: r=-.01

 $\frac{\text{C-BW/cy/sq/l/9/a}}{\text{r=-.41}}$

O-GBB/u/sq/c/9/a r=-.10

Correlational finding on Happiness and Sequence of items Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Expected change in happiness//Progress past & future (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Difference in response to two questions 1. "Where was your

life five years ago?"

2. "Where do you expect your life to be

five years from now?"

Both rated on a 9-point graphic scale ranging from best

life (9) to worst life (1)

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-DT/u/sqt/v/7/a $\underline{r}=+.13$

O-DT/u/sq/v/7/a mr=+.13 O-DT asked twice:

at the beginning of the interview: r=+.11 at the end of the interview: r=+.14

 $\frac{\text{C-BW/cy/sq/l/9/a}}{\text{r=+.04}}$

O-GBB/u/sq/c/9/a r=+.05

Correlational finding on Happiness and Sequence of items Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Past years extremes Ladder:best-worst (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Difference in response to two questions

1. "Where on the ladder was your best week in the past year - on which

rung would you put it?"

2. "Where on the ladder was your worst week during the past year - on

which rung?"

Both rated on a 9-point graphic scale

ranging from best life (9) to worst life (1)

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-DT/u/sqt/v/7/a $\underline{r}=+.04$

O-DT/u/sq/v/7/a mr=+.04 O-DT asked twice:

at the beginning of the interview: r=+.03 at the end of the interview: r=+.04

 $\frac{\text{C-BW/cy/sq/l/9/a}}{\text{r=+.00}}$

O-GBB/u/sq/c/9/a r=+.00

Correlational finding on Happiness and Sequence of items Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Past happiness Ladder:5 years ago (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Closed question:

Where was your life five years ago?"

Rated on a 9-point graphic scale ranging from best life (9)

to worst life (1)

Observed Relation with Happiness

Happiness
Measure

Statistics Elaboration/Remarks

O-DT/u/sqt/v/7/a $\underline{r}=+.18$

O-DT/u/sq/v/7/a mr=+.17 O-DT asked twice:

at the beginning of the interview: r=+.18 at the end of the interview: r=+.16

O-GBB/u/sq/c/9/a r=+.26

 $\frac{\text{C-BW/cy/sq/l/9/a}}{\text{r=+.30}}$

Correlational finding on Happiness and Sequence of items Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Expected happiness Ladder:5 years hence (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Single closed question: "Where do you expect your life to

be five years from now?"

Rated on a 9-point graphic scale ranging from best life (9)

to worst life (1)

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-DT/u/sqt/v/7/a $\underline{r}=+.45$

O-DT/u/sq/v/7/a mr=+.42 O-DT asked twice:

at the beginning of the interview: r=+.42 at the end of the interview: r=+.42

O-GBB/u/sq/c/9/a r=+.42

C-BW/cy/sq/I/9/a r=+.48

Correlational finding on Happiness and Sequence of items

Subject code: I5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 78

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Perceived happiness of others Circles: others (1)

Our classification: Sequence of items, code I5.2.1

Measurement: Single closed question:

Which circle do you think would be choosen most often by

people in this country?

Rated on a 9-point graphic scale ranging from an

all-plus-circle (8) to an all-minus-circle (0)

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks

O-DT/u/sqt/v/7/a r=+.04

O-GBB/u/sq/c/9/a r=+.11

 $\frac{\text{C-BW/cy/sq/l/9/a}}{\text{r=+.04}}$

O-DT/u/sq/v/7/a mr=+.04 O-DT asked twice:

at the beginning of the interview: r=+.03 at the end of the interview: r=+.04

Correlational finding on Happiness and Sequence of items

Subject code: I5.2.1

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.

Social Indicators of Well-being: Americans' Perceptions of Life Quality

Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1

Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Happiness Three-pt. happiness (3)

Our classification: Sequence of items, code I5.2.1

Measurement: Selfreport on single question:

Taken all together, how would you say things are these

days? Would you say that you are....?

3 very happy2 pretty happy1 not too happy

Remarks: Happiness measure O-HL

Observed Relation with Happiness

Happiness
Measure

Statistics Elaboration/Remarks

O-DT/u/sq/v/7/a o-DT asked thrice during the interview:

at the beginning, in the middle and at the end

Correlations with O-HL (asked once).

O-DT asked first : r=+.50O-DT asked second: r=+.50O-DT asked third : r=+.40

Correlational finding on Happiness and Sequence of items Subject code: I5.2.1

Study SCHWA 1981/2

Reported in: Schwarz, N.; Clore, G.L.

Mood, Misattribution and Judgements of Well-Being: Informative and Directive Functions of Affective

States.

Journal of Personality and Social Psychology, 1983, Vol. 45, 513 - 523. ISSN 0022 3514

Page in Report: 519

Population: College students, USA, 1981

Sample:

Non-Response: ?

N: 84

Correlate

Authors label: Current mood (1)

Our classification: Sequence of items, code I5.2.1

Measurement: The subjects answered a single direct question, rated on a

10-point scale: "How happy do you feel at this moment?"
This question followed right after the question on the

appreciation af life as a whole.

Experimental variations: Half of the subjects were

interviewed (by telephone) on a rainy day and half of them on a sunny day. In both groups a part of the subjects were attended on the weather (priming condition) and a part not

(no-priming condition).

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

 $\underline{\text{O-SLW/u/sq/n/10/a}}$ $\underline{r}_{=+}$ Answers on the direct question were found to

correlate with 'happiness about life as a whole':

-under priming condition r=+.63 ns -under no-priming condition r=+.79 ?

Momentaneous mood affects happiness less when there is an external explanation for it, than when

such an explanation is not available.

O-SLW/c/sq/n/10/c

r=+

Answers on the direct question were found to correlate with 'satisfaction with life as a whole:

-under priming condition r = +.48-under no-priming condition r=+.49

Correlational finding on Happiness and Prior mood-manipulation Subject code: I5.2.2

DERME 1979/1 Study

Reported in: Dermer, M.; Cohen, S.J.; Jacobsen, E.; Anderson, E.A.

Evaluative Judgements of Aspects of Life as a Function of Vicarious Exposure to Hedonic Extremes.

Journal of Personality and Social Psychology, 1979, Vol. 37, 247 - 260. ISSN:0022 3514

Page in Report: 253

Population: Female students, moderately happy, USA, 1978

Sample:

Non-Response:

N: 73

Correlate

Authors label: Pleasant imagination (1)

Our classification: Prior mood-manipulation, code 15.2.2

Measurement: Experimental manipulation. Ss were lead to believe they participated in an experiment to study their conceptions of life in Milwaukee at the turn of the century. They were asked to view a series of slides describing this area, to vividly imagine the scene and to write a description of a day in the life of a typical Milwaukeean living in 1900.

> 1.Bad old days condition: The Ss saw the slides accompanied by negative descriptions: (a) Anymals and people drank and washed themselves

in the same public fountain.(b)People all drank from the same filthy communal drinking cup.(c)These cups were vehicles for tuberculosis, smallpox and other people were killed by these diseases. diseases.(d)Many

2.Good old days condition:

The other half saw the slides accompanied by discriptions: (a) Beautifully carved fountains.(b)Artfully sculpted statues, charactaristic of craftmanship of European immigrants.

(c)Fountains suplied a thirsty public with cool water on sunny afternoons.

Observed Relation with Happiness

Happiness

Statistics Elaboration/Remarks Measure

DM= ns

O-DT/u/sq/v/7/b

Happiness was assessed several weeks before the

experiment and several weeks after.

Experimental treatment was not followed by a

significant change in happines.

Bad old days condition:

Pretreatment-happiness Mt' = 8.0Posttreatment-happiness Mt'= 8.0

Good old days condition:

Pretreatment-happiness Mt' = 7.8Posttreatment-happiness Mt'= 7.6

Correlational finding on Happiness and Prior mood-manipulation Subject code: I5.2.2

DFRMF 1979/2 Study

Reported in: Dermer, M.; Cohen, S.J.; Jacobsen, E.; Anderson, E.A.

Evaluative Judgements of Aspects of Life as a Function of Vicarious Exposure to Hedonic Extremes.

Journal of Personality and Social Psychology, 1979, Vol. 37, 247 - 260. ISSN:0022 3514

Page in Report: 257

Population: Female students, moderately happy, USA, 1978

Sample:

Non-Response:

N: 81

Correlate

Authors label: Pleasant imagination (1)

Our classification: Prior mood-manipulation, code I5.2.2

Measurement: Experimental manipulation. Subjects were lead to believe

they participated in an experiment to study the ability of people to vividly imagine "life events". They were asked to

read a series of life events, to imagine the events

happening to themselves and to describe their reactions to

the events.

Half did so in a negative imagination condition and half in

a positive condition.

1. Negative imagination: Ss were

required to imagine: (a) that they were severely burned, (b) that they were blind, (c) that they were

invalid (d) that they suffered Hodgkin's

disease.

2. Positive imagination: Ss were required to imagine:(a)that they were winners of an all-expenses-paid tour,(b)that they were

multimillionaires,(c) that they were well-paid private

secretaries,(d) that they were winners of an

all-expenses-paid vacation.

Observed Relation with Happiness

Happiness Measure

Statistics

Elaboration/Remarks

O-SL?/?/sq/?/8/a

DM= ns

Happines was assessed several weeks before the

experiment and several weeks after.

Experimental treatment was not followed by a

significant change in happiness.

Negative imagination

Pretreatment-happiness Mt'= 7.6 Posttreatment-happiness Mt'= 8.4

Positive imagination:

Pretreatment-happines Mt'= 7.8 Posttreatment-happines Mt'= 7.7

Correlational finding on Happiness and Prior mood-manipulation Subject code: I5.2.2

Study DERME 1979/3

Reported in: Dermer, M.; Cohen, S.J.; Jacobsen, E.; Anderson, E.A.

Evaluative Judgements of Aspects of Life as a Function of Vicarious Exposure to Hedonic Extremes.

Journal of Personality and Social Psychology, 1979, Vol. 37, 247 - 260. ISSN:0022 3514

Page in Report: 253

Population: Female students, moderately happy, USA, 1978

Sample:

Non-Response:

N: 73

Correlate

Authors label: Pleasant imagination (1)

Our classification: Prior mood-manipulation, code 15.2.2

Measurement: Experimental manipulation. Subjects were lead to believe they participated in an experiment to study their conceptions of life in Milwaukee at the turn of the century. They were asked to view a series of slides describing this area, to vividly imagine the scene and to write a description of a day in the life of a typical Milwaukeean living in 1900.

1.Bad old days

Half saw the slides accompanied by condition: negative discriptions: (a) anymals and people drank and washed themselves in the same public fountain.(b)People all drank from the same filthy communal drinking cup.(c)These cups were vehicles for tuberculosis, smallpox and other diseases.(d)There were many people killed by these diseases.

2.Good old days condition: Half sa the slides positive discriptions:(a)Beautifully accompanied by carved fountains.(b)Artfully sculpted staues, characteristic of the craftsmanship of European immigrants.

c) Fountains suplied a thirsty public with cool water on sunny afternoons.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks Measure

Happiness was assessed several weeks before the O-DT/u/sq/v/7/b DM= ns

experiment and several weeks after

Experimantal treatment as not followed by a

significant change in happiness

Bad

old days condition:

Pretreatment-happiness Mt' = 8.0Posttreatment-happiness Mt' = 8.0

Good old days conditions:

Mt' = 7.8Pretreatment-happiness Posttreatment-happiness Mt' = 7.6

Correlational finding on Happiness and Prior mood-manipulation Subject code: I5.2.2

LUDWI 1971 Study

Reported in: Ludwig, L.D.

Elation-Depression and Skill as Determinants of Desire for Excitement. Unpublished doctoral Dissertation, 1971, University of Wisconsin, USA

Page in Report: 64

Population: Female students, undergraduates, University of Wisconsin, USA, 197?

Sample:

Non-Response: 81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re

N: 72

Correlate

Authors label: Elated mood during experiment. (1)

Our classification: Prior mood-manipulation, code I5.2.2

Measurement: Two indicators were used to measure mood. Ss answered these questions at the end of an experimental situation in which their self-esteem was experimentally altered. This was done by means of a false personality report dealing with the subject's creativity, maturity and other things.

- 1. 5-item elation cluster from the Nowlis-Green Mood Adjective Checklist, containing adjectives scored for 'how do you feel at the moment' (see Nowlis, 1965).
- 2. 4-item index of closed questions on mood right now, the best you felt today, the worst you felt today, and the way you usually feel: scored on the Wessman & Ricks Elation vs Depression Scale (see excerpt WESSM 1960, II).

Remarks:

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks Measure

A-AOL/u/mg/v/10/a

r = +.31p<.05

Among happy Ss temporaly mood is unaffected by bolstered self-esteem and slightly decreased by reduced self-esteem.

Among unhappy Ss temporaly mood is unaffected by reduced self-esteem and increased by bolstered self-esteem.

A-AOL/u/mq/v/10/a

r=+.02 p<.01

- Among happy Ss temporaly mood is increased by reduced self-esteem and slightly decreased by
 - bolstered self-esteem.
- Among unhappy Ss temporaly mood is higher after bolstered self-esteem than after reduced selfesteem.

Correlational finding on Happiness and Prior mood-manipulation Subject code: I5.2.2

Study SCHWA 1981/1

Reported in: Schwarz, N.; Clore, G.L.

Mood, Misattribution and Judgements of Well-Being: Informative and Directive Functions of Affective

States.

Journal of Personality and Social Psychology, 1983, Vol. 45, 513 - 523. ISSN 0022 3514

Page in Report:

Population: Psychology students, USA, 1980

Sample:

Non-Response: ?

N: 61

Correlate

Authors label: Rehearsal of event (1)

Our classification: Prior mood-manipulation, code I5.2.2

Measurement:

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

Correlational finding on Happiness and Prior mood-manipulation Subject code: 15.2.2

Study SCHWA 1981/1

Reported in: Schwarz, N.; Clore, G.L.

Mood, Misattribution and Judgements of Well-Being: Informative and Directive Functions of Affective

States.

Journal of Personality and Social Psychology, 1983, Vol. 45, 513 - 523. ISSN 0022 3514

Page in Report:

Population: Psychology students, USA, 1980

Sample:

Non-Response: ?

N: 61

Correlate

Authors label: Rehearsal of event (2)

Our classification: Prior mood-manipulation, code I5.2.2

Measurement: DESCRIPTION OF POSITIVE OR NEGATIVE EVENTS

Subjects were asked to describe either a recent event that had made them feel "really good" or "really bad". They were given 20 minutes to complete the task. A control group did not write such an essay. This procedure did affect mood: in

particular describing a negative event.

EXPERIMENTAL CONDITIONS

Subjects were interviewed in an odd looking soundproof room and either told that this room could make them feel "tense and depressed" or "elated and kind of high" or were told nothing about the room.

Remarks: AVERAGE HAPPINESS RATINGS AFTER DESCRIPTION OF EVENTS

in experimental group:

-positive event described Ms=9.2 -negative event described Ms=6.4 in control group: Ms=7.9

Identical results when happiness is meassured by HAPP 2.1

Among subjects who had described a negative event their ratings of happiness depended on the extend to which the room could account for their negative feelings. They reported less happiness when the room was described as likely to make them feel elated and reported more happiness when it was described as making them feel bad, than when no expectations about room effects were given. The happiness ratings of subjects who had described a positive event were not affected by the experimental conditions.

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

Correlational finding on Happiness and Prior mood-manipulation Subject code: I5.2.2

Study SCHWA 1981/1

Reported in: Schwarz, N.; Clore, G.L.

Mood, Misattribution and Judgements of Well-Being: Informative and Directive Functions of Affective

States

Journal of Personality and Social Psychology, 1983, Vol. 45, 513 - 523. ISSN 0022 3514

Page in Report: 518

Population: Psychology students, USA, 1980

Sample:

Non-Response: ?

N: 61

Correlate

Authors label: Momentary mood (1)

Our classification: Prior mood-manipulation, code I5.2.2

Measurement: INDUCTION OF MOOD

Subjects were asked to describe "as vividly and in as much detail as possible", either a recent event that had made them feel "really good" or "really bad". They were given 20

minutes to complete the task. Right after that they

answered various questions, a.o. about happiness, and next the following direct questions on momentary mood: both

rated on a 7-point rating scale,

-How happy (unhappy) do you feel at this moment?-How good

(bad) do you feel at this moment?

A control group did not describe an earlier event.

EXPERIMENTAL CONDITIONS

Experimental subjects were interviewed in an odd looking soundproof room and either told that this room could make them feel "tense and depressed" or "elated and kind of high" (misattribution conditions) or were told nothing

about the room (no-misattribution condition).

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

O-SLW/?/sq/?/7/a r= I

EXPERIMENTAL GROUP
Misattribution condition

-after describing positive event: r ns -after describing negative event: r ns

No-misattribution condition

-after describing positive event: r=+.57 ns -after describing negative event: r=+.81 p<.01

CONTROL GROUP: r=+.74 p<.002

CONCLUSION

Subjects reported more happiness when in good than

in bad mood. Negative impact of bad moods

(induced) was eliminated when this was attributive to external, irrelevant sources. When in a good mood (induced), the subjects were not affected by

misattribution manipulations.

O-SLW/c/sq/n/11/ka

r=

EXPERIMENTAL GROUP

Misattribution condition

-after describing positive event: r ns -after describing negative event: r ns

No-misattribution condition

-after describing positive event: r=+.67 p<.04 -after describing negative event: r=+.58 ns

CONTROL GROUP: r=+.79 p<.002

CONCLUSION

Subjects reported more satisfaction when in good than in bad mood. Negative impact of bad moods (induced) was eliminated when this was attributive to external, irrelevant sources. When in a good mood (induced), the subjects were not affected by misattribution manipulations.

Correlational finding on Happiness and Prior mood-manipulation Subject code: 15.2.2

Study STRAC 1985/1

Reported in: Strack, F.,;Schwarz, N.;Gschneidinger, E.

Happiness and Reminiscing: The Role of Time Perspective, Affect and Mode of Thinking. Journal of Personality and Social Psychology, 1985, Vol. 49, 1460 - 1469.. ISSN 0022 3514

Page in Report: 1462/1467

Population: Students translater school, West-Germany, 1982

Sample:

Non-Response: ?

N: 51

Correlate

Authors label: Positive reminiscence (1)

Our classification: Prior mood-manipulation, code I5.2.2

Measurement: Subjects were asked to think about either their present or

past life (experimental variation) and then to write down 3 events that were either very positive and pleasant or very negative and unpleasant. (short, only 1/3th of legal size page was provided for each event). Then they were asked to

rate their happiness.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

 $\underline{O-Sum/u/mq/n/11/a}$ $\underline{DMt}=$ Happiness scores after thinking about:

POSITIVE EVENT

-in the past Mt=6.5 bc -in the present Mt=7.9 a

NEGATIVE EVENT

-in the past Mt=7.5 ac -in the present Mt=6.1 b

Means with a common subscript do not differ significantly (.05) on a directional t-test.

Correlational finding on Happiness and Prior mood-manipulation Subject code: 15.2.2

Study STRAC 1985/2

Reported in: Strack, F.; Schwarz, N.; Gschneidinger, E.

Happiness and Reminiscing: The Role of Time perspective, Affect and Mode of Thinking. Journal of Personality and Social Psychology, 1985, Vol. 49, 1460 - 1469.. ISSN 0022 3514

Page in Report: 1464/1467

Population: University students, West Germany, 1983

Sample:

Non-Response: 20%

N: 36

Correlate

Authors label: Current reminiscence (1)

Our classification: Prior mood-manipulation, code 15.2.2

Measurement: Subjects were asked to write down either positive or

negative life-events from their past.

EXPERIMENTAL VARIATIONS

-Pallid recall: "recall 3 very pleasant or unpleasant events and describe them in a few sentences". Four lines were

provided for each event.

-Vivid recall: "imagine 1 event and re-experience it as vividly as

possible". Subjects were provided two pages with 21 lines to describe the

event.

Next, subjects were asked to rate their happines.

Observed Relation with Happiness

Happiness
Measure

Statistics Elaboration/Remarks

O-Sum/u/mg/n/11/a DMt= p<.t Happiness scores after reminiscence of

POSITIVE EVENT

-pallid recall Mt=5.8 b -vivid recall Mt=8.1 c

NEGATIVE EVENT

-pallid recall Mt=7.4 ac -vivid recall Mt=6.9 ab

Means sharing a common subscript do not differ significantly on adirectional t-test (05).

In Vivid recall-variation the effect is largely mediated by mood. In Pallid recall-variation not.

Correlational finding on Happiness and Prior mood-manipulation Subject code: I5.2.2

Study STRAC 1985/3

Reported in: Strack, F.; Schwarz, N.; Gschneidinger, E.

Happiness and Reminiscing: The Role of Time Perspective, Affect and Mode of Thinking Journal of Personality and Social Psychology, 1985, Vol. 49, 1460 - 1469.. ISSN 0022 3514

Page in Report: 1466/1467

Population: Students, West Germany, 1983

Sample:

Non-Response: -

N: 64

Correlate

Authors label: Positive reminiscence (1)

Our classification: Prior mood-manipulation, code 15.2.2

Measurement: Subjects were asked to think about past life and to write

down either a positive and pleasant, or a negative and unpleasant event. Both groups had the same restricted

number of lines for the descriptions.

EXPERIMENTAL VARIATIONS

-How: describe in detail how the event occured ("How" being emphasized)
-Why: give three accounts of why the event occured ("Why" being emphasized)

Next, subjects were asked to rate their happiness. Lastly, subjects were asked to indicate the degree to which

they had been searching for causes and reasons (0) or imagined the course of the event vividly (9). Result:

subjects generated more vivid descriptions in "How" than in

"Why" variation.

Observed Relation with Happiness

Happiness
Measure
Statistics Elaboration/Remarks

O-Sum/u/mg/n/11/a DMt= p<.t Happiness scores after thinking about POSITIVE

EVENT

-in "Why" variation Mt=6.8 a -in "How" variation Mt=7.2 a

NEGATIVE EVENT

-in "Why" variation Mt=7.9 a
-in "How" variation Mt=5.3 b

Means sharing a common subscript do not differ significantly (05) on a directional t-test.

The effects are largely mediated by momentaneous mood.

Correlational finding on Happiness and Respondent behavior Subject code: I5.3

Study VENTE 1996

Reported in: Ventegodt, S.

Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).

Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://

www.livskvalitet.org/t2/index.asp

Page in Report: 416

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: response time in days

Our classification: Respondent behavior, code I5.3

Measurement: Days between invitation to complete the questionnaire and

response
1: 1-10
2: 11-20
3: 21-30
4: 31-40
5: 41-50
6: 51-60
7: 61-70
8: > 70

Measured Values: N: All:4518; %:1:66,6; 2:12,0; 3:5,9; 4:1,5; 5:1,4; 6:0,3; 7:0,4; 8:11,9

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	<u>r=01 ns</u>	1: Ms=7.79 2: Ms=7.65 3: Ms=7.85 4: Ms=7.16 5: Ms=7.58 6: Ms=7.80 7: Ms=6.88 8: Ms=7.75
O-SLu/c/sq/v/5/e	<u>r=02 ns</u>	1: Ms=7.48 2: Ms=7.23 3: Ms=7.51 4: Ms=7.01 5: Ms=7.30 6: Ms=7.33 7: Ms=6.73 8: Ms=7.39

O-HL/c/sq/v/5/h r=-.02 ns 1: Ms=7.08

2: Ms=6.89

3: Ms=7.09

4: Ms=6.63 5: Ms=7.06

6: Ms=6.96

7: Ms=6.41

8: Ms=6.96

Correlational finding on Happiness and Respondent behavior Subject code: I5.3

Study ZAUTR 1977

Reported in: Zautra, A.,;Beier, E.;Cappel, L.

The Dimension of Life Quality in a Community.

American Journal of Community Psychology, 1977, Vol. 5, 85 - 97. ISSN 0091 0562 DOI:10.1007/

BF00884787

Page in Report: 87/93

Population: 18+ aged, general public, Salt Lake County, USA, 197?

Sample:

Non-Response: 15%

N: 454

Correlate

Authors label: Overall mood (1)

Our classification: Respondent behavior, code I5.3

Measurement: Interviewer rating on a 5 point scale.

Observed Relation with Happiness

Happiness
Measure
Statistics Elaboration/Remarks

O-SLW/u/sqt/v/7/a r = ns

Correlational finding on Happiness and Non response, refusal Subject code: I5.3.1

Study ADAMS 1997

Reported in: Adams, V.H.

A Paradox in African American Quality of Life.

Social Indicators Research, 1997, Vol 42, 205 - 219. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1023/

A:1006806601848 Page in Report: 214

Population: Black Americans, USA, followed from 1980 to 1992

Sample: Probability stratified sample

Non-Response: T1: 32%; T2: 19%; T3: 17%; T4:17%

N: 623

Correlate

. . .

Authors label: Panel drop out

Our classification: Non response, refusal, code I5.3.1

Measurement: 1: participated at T1,T2,T3,T4 (all)

2: participated at T1,T2,T3 but not T4
3: participated at T1,T2, but not T3,T4

4: participated at T1 only

Measured Values: N = 1: 607, 2: 758, 3: 908, 4: 1479

Remarks: T1:1980; T2:1987; T3:1989; T4:1992

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-SLu/c/sq/v/4/b	<u>t.=+1.2</u> <u>p<.25</u>	1 vs 4; participated at all times vs at T1 only
O-SLu/c/sq/v/4/b	<u>t.=+1.4</u> <u>p<.15</u>	2 vs 4: participated at T1+T2+T3 vs at T1 only
O-SLu/c/sq/v/4/b	$\frac{t.=+1.7}{p<.08}$	3 vs 4; participated at T1+T2 vs at T1 only

Correlational finding on Happiness and Non response, refusal Subject code: I5.3.1

Study HEINO 2004

Reported in: Heinomen, H.; Aro,, A.R.; Uutela, A.

Is the Evaluation of the Global Quality of Live Determined by Emotinal Status?

Quality of Life Research, 2004, Vol. 13, 1347 - 1356. ISSN 0962 9343 DOI:10.1023/B:

QURE.0000040788.12947.b9 DOI:10.1023/B:QURE.0000040788.12947.b9

Page in Report: 1351

Population: 25-65 aged, 5 regions, Finland, 1997

Sample: Probability stratified sample

Non-Response: 36%

N: 3838

Correlate

Authors label: Non Respondente

Our classification: Non response, refusal, code I5.3.1

Measurement: 1 No anser

0 Anser

Measured Values: 1: 2,9% 0: 97,1%

Remarks: The happiness question was on the last page of a 15 pages

questionnaire, wich may explain the high % no anser

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-QLS/cm/sq/ol/101/a F=- non-respondents tend to be

- older

more depressedmore anxious

- less active in daily live

- less healthy

Since these variables are related to happiness, non-respondents are likely to be less happy

Correlational finding on Happiness and Panel-dropout Subject code: 15.3.2

Study BRADB 1969

Reported in: Bradburn, N.M.

The Structure of Psychological Well-Being. Aldine Publishing, 1969, Chicago, USA

Page in Report: 244

Population: 21-60 aged, general public, urban areas, USA, 1963 - 64

Sample:

Non-Response: ± 20%, Attrition ± 30%

N: 2787

Correlate

Authors label: Panel dropout (1)

Our classification: Panel-dropout, code I5.3.2

Measurement: Reaction to request for follow-up interview 10 month after

first interview. Most requests made by same interviewer.

0. cooperators N=2163 1. dropouts N=624

Dropout due to either refusal or impossibility to locale.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-HL/c/sq/v/3/aa $\underline{D}\%=+$ ns % very happy at T1

- all 31 - cooperators 31 - dropouts 33

A-BB/cm/mq/v/2/a D%=-ns % high hedonic affect at T1.

- all : 28 - cooperators : 28 - dropouts : 27

Correlational finding on Happiness and Panel-dropout Subject code: I5.3.2

Study GRAHA 2004

Reported in: Graham, C.; Eggers, A; Sukhtankar, S.

Does Happiness Pay? An Exploration based on Panel Data from Russia

Journal of Economic Behavior & Organization, 2004, Vol. 55, 319 - 342. ISSN 0167 2681 DOI:10.1016/j.

jebo.2003.09.0002 Page in Report: 323

Population: 10+ aged, followed 5 years, Russia 1995-2000

Sample: Probability sample (unspecified)

Non-Response:

N: 5269

Correlate

Authors label: Panel attrition

Our classification: Panel-dropout, code I5.3.2

Measurement: 0:participated at T1 and T2

1:drop out at T2

Measured Values: T1: M=2,21; SD=1,06; T2: M=2,36; SD=1,08

Remarks: Assessed at T1 (1995) and T2 (2000)

Russia went through major changes in this era, among which

a financial crisis in 1998

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-SLW/c/sq/v/5/n T1 happiness

1: drop out at T2

0: participated T1 and T2

Correlational finding on Happiness and Panel-dropout

Subject code: I5.3.2

Study HOOPE 1989

Reported in: Hoopes, L.L.; Lounsbury, J.W.

An Investigation of Life Satisfaction Following a Vacation: A Domain-Specific Approach.

Journal of Community Psychology, 1989, Vol 17, 129 -140

Page in Report: 133

Population: Working adults, USA, before and after vacation, 198?,

Sample: Non-probability purposive sample

Non-Response: 23

N: 129

Correlate

Authors label: panel dropout

Our classification: Panel-dropout, code I5.3.2

Measurement: 0 completed T1 and T3 survey

1 completed T1 survey only

Measured Values: N=40

Remarks: Assessed for three periods:

T1: 1 or 2 weeks before vacation

T2: during vacation (retrospectively at T3)

T3: the week after vacation

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

 $\underline{\text{O-DT/u/sq/v/7/a}}$ No statistical significant differences found in

either mean or standard deviation of T1 happiness

Correlational finding on Happiness and Response tendencies Subject code: 15.3.3

subject code. 15.3.3

Study GUNDE 2004

Reported in: Gundelach, P.; Kreiner, S.

Happiness and Life Satisfaction in Advanced European Countries.

Cross-Cultural Research, 2004, Vol. 38, 359 - 386. ISSN 1069 3971 DOI: n10.1177/1069397104267483

Page in Report: 383

Population: 18 + aged , 9 advanced countries, Western Europe, 1999

Sample: Non-probability purposive sample

Non-Response:

N: 10517

Correlate

Authors label: Personal ties in country

Our classification: Response tendencies, code I5.3.3

Measurement: Self report of contacts with friends, colleagues, church

members and club members:

highlow

Remarks: N = 9274 to 10307, data are weighted

Observed Relation with Happiness

Happiness
Measure
Statistics Elaboration/Remarks

O-HL/u/sq/v/4/a D%= Percentage very happy in countries where personal

ties are:
- Low = 34%
- High = 42 %

O-HL/u/sq/v/4/a Gs=-.22 Average happiness by average number of ties in

nation.

Gs Controlled for:

participation rate in voluntary organizationspercentage scoring 10 on both life satisfaction

and job-satisfaction

- support for the view that singles are less happy

Correlational finding on Happiness and Response tendencies Subject code: I5.3.3

Study MOUM 1988

Reported in: Moum, T.

Yea-saying and Mood-of-the-Day Effects in Self-Reported Quality of Life.

Social Indicators Research, 1988, Vol. 20, 117 - 139. ISSN 0303 8300. DOI:10.1007/BF00302458

Page in Report: 133

Population: Adult, general public, county, followed 2 years, Norway, 1984-86

Sample:

Non-Response: 20%

N: 622

Correlate

Authors label: Personality (3)

Our classification: Response tendencies, code I5.3.3

Measurement: Joint effects of:

1 Optimism
2 Pesssimism
3 Resignation
4 Yea-saying

All variables were obtained by an index of closed questions

at T3.

Remarks: Happiness assessed at three points in time. The intervals

varierd from several days to several months.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-SLu/c/sq/n/7/a Ra²=.08 T1 happiness by T3 1+2+3

females: young .01

old .14 males young .08

old .08

O-SLu/c/sq/n/7/a Ra²=.09 T3 happiness by T3 1+2+3

females: young .16

old .05

males young .09

old .10

O-SLu/c/sq/n/7/a Ra²=.09 T1 happiness by T3 1+2+3+4

females: young .02

old .20

males young .07

old .12

O-SLu/c/sq/n/7/a Ra²=.10 T3 happiness by T3 1+2+3+4

females: young .24

old .02

males young .10

old .09

Correlational finding on Happiness and Response tendencies Subject code: I5.3.3

Study MOUM 1988

Reported in: Moum, T.

Yea-saying and Mood-of-the-Day Effects in Self-Reported Quality of Life.

Social Indicators Research, 1988, Vol. 20, 117 - 139. ISSN 0303 8300. DOI:10.1007/BF00302458

Page in Report: 128

Population: Adult, general public, county, followed 2 years, Norway, 1984-86

Sample:

Non-Response: 20%

N: 622

Correlate

Authors label: Yea-saying (1)

Our classification: Response tendencies, code I5.3.3

Measurement: Index of 4 closed questions, having the

same content but phrased pairswise

positively or negatively.

1 If people stopped complaining about everything, everybody would be better

of.

2 You have to learn how to let others know you're not satisfied, or else

there'll be no improvements.

3 You have to content yourself with what you've got, otherwise you'll just be disappointed and bitter.

4 If you're not satisfied, it is important to let others know about it.

Questions rated on a 5 point scale, 1: disagree

completely,... 5: agree completely. Scores of all questions

were summed.

Administered at T3.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

O-SLu/c/sq/n/7/a \underline{r} happiness at T1 \underline{r} + .14

happiness at T2 $\qquad \qquad r=+.14$ happiness at T3 $\qquad \qquad r=+.18$

Correlational finding on Happiness and Response tendencies Subject code: 15.3.3

Study ORMEL 1980

Reported in: Ormel, J.

Moeite met Leven of een Moeilijk Leven. (Difficulties with Living or a Difficult Life).

Konstapel, 1980, Groningen, Netherlands

Page in Report: 350

Population: 15-60 aged, general public, followed 12 month, The Netherlands, 1967-77

Sample:

Non-Response: 18%

N: 296

Correlate

Authors label: Closed attitude (1)

Our classification: Response tendencies, code I5.3.3

Measurement: Rated by the interviewer on a 5 point-

scale. Very open(1), fairly closed(5).

Assessed at T2(1976)

Observed Relation with Happiness

Happiness

Statistics Elaboration/Remarks Measure

A-BB/cw/mq/v/4/c T2 happiness by T2 incommunicativeness at r = +.04

> interview p<.01

T3 happiness by T2 incommunicativeness at A-BB/cw/mq/v/4/c r = +.01 ns

interview

Correlational finding on Happiness and Response tendencies Subject code: I5.3.3

Study **ORMEL 1980**

Reported in: Ormel, J.

Moeite met Leven of een Moeilijk Leven. (Difficulties with Living or a Difficult Life).

Konstapel, 1980, Groningen, Netherlands

Page in Report: 350

Population: 15-60 aged, general public, followed 12 month, The Netherlands, 1967-77

Sample:

Non-Response: 18%

N: 296

Correlate

Authors label: Inclination to answer positively (1)

Our classification: Response tendencies, code I5.3.3

Measurement: 3-item additive index revealing the inclinination to answer

positively. Each rated on a 5-point scale.

Typical items are:

- If someone askes me something personal I reply straightforwardly.

- If someone startstalking to you, you

have to be as honest as possible. - It is a good thing

that people say

what they really feel. Assessed at T2(1976)

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

A-BB/cw/mg/v/4/c

A DD1 / ///

 \underline{r} =+.01 ns T2 happiness by T2 yea-saying

A-BB/cw/mq/v/4/c

 $\frac{r=+.10}{p<.05}$

Correlational finding on Happiness and Response tendencies Subject code: I5.3.3

Study WESSM 1966/2

Reported in: Wessman, A.E.; Ricks, D.F.

Mood and Personality.

Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8

Page in Report: 104-106

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Eccentric test- attitude (1)

Our classification: Response tendencies, code I5.3.3

Measurement: MMPI Invalidity Scale (see Gough, 1953)

supposedly indicative of gross eccen- tricity, carelessness

in responding, or

lack of personal restraint.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-ARE/md/sqr/v/10/a r=-.64 Inspection of the individual items suggests that

 $\underline{\text{p<}.05}$ low scores would be indicative of well-adjusted

conventionality and high scores of eccentric deviance with bizarre and unpleasant admission.

Correlational finding on Happiness and Response tendencies

Subject code: I5.3.3

Study WESSM 1966/2

Reported in: Wessman, A.E.; Ricks, D.F.

Mood and Personality.

Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8

Page in Report: 104-106

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Consistent (dis)- agreeing response tendencies (1)

Our classification: Response tendencies, code I5.3.3

Measurement: Over-all agreement score (see Couch & Keniston, 1960),

indicative of 'yea saying' or 'nay saying'.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks

A-ARE/md/sqr/v/10/a r=-.31 ns

Correlational finding on Happiness and Response tendencies

Subject code: I5.3.3

Study WESSM 1966/2

Reported in: Wessman, A.E.; Ricks, D.F.

Mood and Personality.

Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8

Page in Report: 104-106

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Test dishonesty (1)

Our classification: Response tendencies, code I5.3.3

Measurement: MMPI Lie Scale (See Gough, 1953), scored on a series of

'false' answers to questions that usually are answered

'true'.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-ARE/md/sqr/v/10/a r=-.25 ns

Correlational finding on Happiness and Response tendencies Subject code: I5.3.3

Study WESSM 1966/2

Reported in: Wessman, A.E.; Ricks, D.F.

Mood and Personality.

Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8

Page in Report: 104-106

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Hypobolic - hyperbo-lic verbal expession (2)

Our classification: Response tendencies, code I5.3.3

Measurement: Clinical rank order on the basis of ge- neral clinical

experience with the sub- jects and observation of their behavior and reactions to experimental situat- ions, for the relative degree to which S understates and overstates and habi- tually uses strong words to express himself.

Assessed one year before AFF 3.1 was measured.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks

A-ARE/md/sgr/v/10/a tau=-.02 ns

Correlational finding on Happiness and Response tendencies

Subject code: I5.3.3

Study WESSM 1966/2

Reported in: Wessman, A.E.; Ricks, D.F.

Mood and Personality.

Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8

Page in Report: 104-106

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Evasive test-attitu-de (social-desirabi-lity) (2)

Our classification: Response tendencies, code I5.3.3

Measurement: MMPI Suppression Scale (see Gough, 1953), measuring the

degree to which S has been guarded or evasive, or overly

frank and self-critical in responding.

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-ARE/md/sqr/v/10/a \underline{r} =-.01 ns

Correlational finding on Happiness and Response tendencies

Subject code: I5.3.3

Study ZAUTR 1977

Reported in: Zautra, A.,;Beier, E.;Cappel, L.

The Dimension of Life Quality in a Community.

American Journal of Community Psychology, 1977, Vol. 5, 85 - 97. ISSN 0091 0562 DOI:10.1007/

BF00884787

Page in Report: 87/93

Population: 18+ aged, general public, Salt Lake County, USA, 197?

Sample:

Non-Response: 15%

N: 454

Correlate

Authors label: Eye-contact (1)

Our classification: Response tendencies, code I5.3.3

Measurement: The interviewer counted the number of times the respondent

established eye-contact with him while answering a series

of highly structured questions.

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

O-SLW/u/sqt/v/7/a r= ns

Correlational finding on Happiness and Respondents attitudes to interview Subject code: I5.4

Study NOELL 1980

Reported in: Noelle-Neumann, E.

Happiness and Games of Chance.

Paper Institut für Demoskopie, 1980, Allensbach, Germany

Page in Report: 1o

Population: Adult, general public, Germany,1979

Sample: Sampling not reported

Non-Response: not reported

N: 0

Correlate

Authors label: attitude to interview (1)

Our classification: Respondents attitudes to interview, code I5.4

Measurement: Selfreport on 2 questions:

1 "Did you find this interview

interesting?"

2 "How did you like this interview

all in all?"

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-CA/mh/ri/v/2/b D%=+ question 1:

22% of cheerful looking persons

12% of not so cheerful looking persons found intervieuw "very interesting"

A-CA/mh/ri/v/2/b D%=+ question 2:

70% of cheerful looking persons 48% of not so cheerful ones liked intervieuw "a lot"

Correlational finding on Happiness and Respondents attitudes to interview Subject code: I5.4

Study VENTE 1995

Reported in: Ventegodt, S.

Livskvalitet i Danmark. (Quality of Life in Denmark).

Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN

8790190017 http://www.livskvalitet.org/t1/index.asp

Page in Report: 386

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: Quality of life questionaire (1)

Our classification: Respondents attitudes to interview, code I5.4

Measurement: Single question :

"How well does questionaire express the quality of your

life?"

1: very negative
2: negative
3: neither/nor
4: positive
5: very positive

Measured Values: N all:1471, 1:2, 2:10, 3:213, 4:924, 5:322

Observed Relation with Happiness

Happiness Statistics Elaboration/Remarks
Measure

A-AOL/m/sq/v/5/a	<u>r=+.33</u> <u>p<.00</u>	1: Mt=1.25 2: Mt=5.50 3: Mt=6.50 4: Mt=5.50 5: Mt=8.66 All Mt=7.76		
O-SLu/c/sq/v/5/e	r=+.36 p<.00	1: Mt=3.75 2: Mt=4.78 3: Mt=6.15 4: Mt=7.43 5: Mt=8.46 All Mt=7.45		
O-HL/c/sq/v/5/h	<u>r=+.35</u> <u>p<.00</u>	1: Mt=5.00 2: Mt=4.55 3: Mt=5.84 4: Mt=6.88 5: Mt=7.95 All Mt=6.94		

Correlational finding on Happiness and Respondents attitudes to interview Subject code: I5.4

Study VENTE 1995

Reported in: Ventegodt, S.

Livskvalitet i Danmark. (Quality of Life in Denmark).

Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN

8790190017 http://www.livskvalitet.org/t1/index.asp

Page in Report: 388

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: questionaire as adequate (1)

Our classification: Respondents attitudes to interview, code I5.4

Measurement: Single question

"Did the questionaire cover all major aspects of your

life?"
1: no
2: not sure
3: yes

Happiness

Measured Values: N: all:1352, 1:154, 2:313, 3:885

Statistics

Observed Relation with Happiness

Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	<u>r=+.09</u> <u>p<.00</u>	1:Ms=7.54 2:Ms=7.49 3:Ms=7.93 All Mt=7.78 Alla Mt=7.76 Allb:7.78 Allc:7.76
O-SLu/c/sq/v/5/e	<u>r=+.09</u>	1: Mt=7.26

Elaboration/Remarks

p<.00	2:	Mt = 7.10
-	3:	Mt = 7.60
	All	Mt=7.45

Correlational finding on Happiness and Respondents attitudes to interview Subject code: I5.4

Study VENTE 1995

Reported in: Ventegodt, S.

Livskvalitet i Danmark. (Quality of Life in Denmark).

Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN

6

8790190017 http://www.livskvalitet.org/t1/index.asp

Page in Report: 392

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: (un)ethical questions (1)

Our classification: Respondents attitudes to interview, code I5.4

Measurement: Single question:

"Did you find any questions that we should not have asked

(unethical questions)?"

1: no

2: not sure

3: yes

Measured Values: N: all:1421, 1:1296, 2:84, 3:41

Observed Relation with Happiness

Statistics	Elaboration/Remarks
<u>r=06 ns</u>	1: Mt=7.79 2: Mt=7.59 3: Mt=7.31 All Mt=7.76
<u>r=01 ns</u>	1: Mt=7.44 2: Mt=7.38 3: Mt=7.31 All Mt=7.44
<u>r=04 ns</u>	1: Mt=6.96 2: Mt=6.71 3: Mt=6.88 All Mt=6.94
	<u>r=06 ns</u> <u>r=01 ns</u>

Correlational finding on Happiness and Respondents attitudes to interview Subject code: I5.4

Study VENTE 1996

Reported in: Ventegodt, S.

Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).

Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://

www.livskvalitet.org/t2/index.asp

Page in Report: 408

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: attitude to the questionaire

Our classification: Respondents attitudes to interview, code I5.4

Measurement: Single question:

"This questionaire does not express my quality of life"

1: very negative
2: negative
3: neither/nor
4: positive
5: very positive

Measured Values: N: 4598; %:1:0,2; 2:1,1; 3:17,6; 4:62,2; 5:18,9

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	<u>r=+.29</u> <u>p<.00</u>	1: Ms=6.56 2: Ms=5.66 3: Ms=6.86 4: Ms=7.71 5: Ms=8.78
O-SLu/c/sq/v/5/e		1: Ms=6.56 2: Ms=5.20 3: Ms=6.40 4: Ms=7.39 5: Ms=8.61
O-HL/c/sq/v/5/h		1: Ms=6.56 2: Ms=5.46 3: Ms=6.09 4: Ms=6.93 5: Ms=8.28

Correlational finding on Happiness and Respondents attitudes to interview Subject code: I5.4

Study VENTE 1996

Reported in: Ventegodt, S.

Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).

Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://

www.livskvalitet.org/t2/index.asp

Page in Report: 410

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: questionaire as fully adequate

Our classification: Respondents attitudes to interview, code I5.4

Measurement: Single question:

" Did the questionaire cover all major aspects of your

life?"

Measured Values: N: All:4322; %:1:17,8; 2:22,9; 3:59,2

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	<u>r=+.08</u> <u>p<.00</u>	1: Ms=7.51 2: Ms=7.53 3: Ms=7.90
O-SLu/c/sq/v/5/e	<u>r=+.09</u> <u>p<.00</u>	1: Ms=7.13 2: Ms=7.20 3: Ms=7.59
O-HL/c/sq/v/5/h	<u>r=+.09</u> <u>p<.00</u>	1: Ms=6.76 2: Ms=6.79 3: Ms=7.19

Correlational finding on Happiness and Respondents attitudes to interview Subject code: I5.4

Study VENTE 1996

Reported in: Ventegodt, S.

Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).

Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://

www.livskvalitet.org/t2/index.asp

Page in Report: 412

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: personal resources towards the questionaire

Our classification: Respondents attitudes to interview, code I5.4

Measurement: Personal resources(comfort and speed filling out the

questionaire)

1: -3 2: -2 3: -1 4: 0 5: +1 6: +2 7: +3

Measured Values: N: 4528; %:1:

Remarks: Based on the questions:

Q 309, 310, en 312:

Did you find it easy filling out the questionaire? Did you find it strenuous filling out the questionaire ? How much time did it take you to fill out the questionaire

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	<u>r=+.24</u> <u>p<.00</u>	1: Ms=6.66 2: Ms=6.50 3: Ms=6.14 4: Ms=6.70 5: Ms=7.19 6: Ms=7.58 7: Ms=8.15
O-SLu/c/sq/v/5/e	<u>r=+.23</u> <u>p<.00</u>	1: Ms=5.84 2: Ms=6.08 3: Ms=5.80 4: Ms=6.39 5: Ms=6.85 6: Ms=7.26 7: Ms=7.81
O-HL/c/sq/v/5/h	<u>r=+.19</u> <u>p<.00</u>	1: Ms=5.84 2: Ms=5.79 3: Ms=5.98 4: Ms=6.25 5: Ms=6.55 6: Ms=6.50 7: Ms=7.33

Correlational finding on Happiness and Respondents attitudes to interview Subject code: 15.4

Study **VENTE 1996**

Reported in: Ventegodt, S.

Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).

Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://

www.livskvalitet.org/t2/index.asp

Page in Report: 414

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Non-probability chunk sample Sample:

Non-Response: 39%

N: 4500

Correlate

Authors label: questionaire's unethical questions

Our classification: Respondents attitudes to interview, code I5.4

Measurement: Single question:

"Did you find any questions that we should not have asked

۱۱ ج 1: no

2: not sure

3: yes

Measured Values: N: All:4534; %: 1:95,2; 2:3,1; 3:1,7

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	<u>r=07</u> <u>p<.00</u>	1: Ms=7.76 2: Ms=7.25 3: Ms=6.89
O-SLu/c/sq/v/5/e	<u>r=06</u> <u>p<.00</u>	1: Ms=7.46 2: Ms=6.86 3: Ms=6.66
O-HL/c/sq/v/5/h	<u>r=04</u> <u>p<.01</u>	1: Ms=7.04 2: Ms=6.75 3: Ms=6.51

Appendix 1: Happiness Items used

Happiness Item Code Full Text

A-AOL/g/sq/v/11/a

Selfreport on single question:

." In general how happy or unhappy do you usually feel....?"

Check the one statement that best describes your average happiness.

10 extremely happy (feeling ecstatic, joyous, fantastic)

9 very happy (feeling really good, elated) 8 pretty happy (spirits high, feeling good)

7 mildly happy (feeling fairly good and somewhat cheerful)

6 slightly happy (just a bit above neutral) 5 neutral (not particularly happy or unhappy) 4 slightly unhappy (just a bit below neutral)

3 mildly unhappy (just a little low)

2 pretty unhappy (somewhat "blue", spirits down) 1 very unhappy (depressed, spirits very low)

0 extremely unhappy (utterly depressed, completely down)

A-AOL/m/sq/v/5/a

Single direct question:

How are you feeling now....?

5 very good 4 good

3 neither good nor poor

2 poor 1 very poor

A-AOL/u/mq/v/10/a

Selfreport on 4 questions:

"The following are statements of feelings or mood. Please read them over and then indicate which of these overall feelings best describes your feelings."

- A) Right now you feel
- B) The best you felt today
- C) The worst you felt today ...
- D) The way you usually feel ...

Response options:

- 10. Complete elations, rapturous joy, and soaring ecstasy.
- 9. Very elated and in very high spirits; tremendous delight and buoyancy.
- 8. Elated and in high spirits.
- 7. Feeling very good and cheerful.
- 6. Feeling pretty good, "OK".
- 5. Feeling a little bit low. Just so-so.
- 4. Spirits low and somewhat blue.
- 3. Depressed and feeling very low. Definitely blue.
- 2. Tremendously depressed. Feeling terrible, really miserable, "just awful".
- 1. Utter depression and gloom. Completely down. All is black and leaden. Wish it were all over.

Summation: average scores on A,B,C,D.

Name: Elation-Depression Scale (variant)

A-ARE/md/sqr/v/10/a

Selfreport on single question, repeated every evening before retiring during 3 weeks (experience sampling).

"On the average, how happy or unhappy did you feel today....?"

- 1 Extremely unhappy. Utterly depressed. Completely down.
- 2 Very unhappy. Depressed. Spirits very low.
- 3 Pretty unhappy. Somewhat 'blue'. Spirits down.
- 4 Mildly unhappy. Just a little low.
- 5 Barely unhappy. Just this side of neutral.
- 6 Barely happy. Just this side of neutral.
- 7 Mildly happy. Feeling fairly good and somewhat cheerful.
- 8 Pretty happy. Spirits high. Feeling good.
- 9 Very happy. Feeling really good. Elated.
- 10 Extremely happy. Feeling ecstatic, joyous, fantastic.

Name: Wessman & Ricks' `Elation - Depression Scale" (adapted version)

A-ARE/md/sqr/v/7/a

Selfreport on single question, asked twice with an interval of 16 days.

"Consider your experience during the past 24 hours, being as objective and matter-of-fact as possible. Estimate honestly the prevailing or dominant level of your mood, and put a cross through the term which most accurately describes your prevailing feeling".

7 highly elated

6 moderately cheerful

5 mildly cheerful

4 indifferent

3 wildly depressed

2 moderately depressed

1 extremely gloomy

Summation: Average of 32 scores.

A-ASA/cm/fi/n/9/a

Interviewer rating based on open interview

1 depressed

2

3

4

5

6

7

8

9 elated

A-ASA/cm/rdf/n/9/a

Rating by spouce

1 depressed

2

3

4

5

6

7

8

9 elated

A-BB/cm/mq/v/2/a

Selfreport on 10 questions:

During the past few weeks, did you ever feel? (yes/no)

A Particularly exited or interested in something?

B So restless that you couldn't sit long in a chair?

C Proud because someone complimented you on something

you had done?

D Very lonely or remote from other people?

E Pleased about having accomplished something?

F Bored?

G On top of the world?

H Depressed or very unhappy?

I That things were going your way?

J Upset because someone criticized you?

Answer options and scoring:

yes = 1

no = 0

Summation:

-Positive Affect Score (PAS): A+C+E+G+I

-Negative Affect Score (NAS): B+D+F+H+J

-Affect Balance Score (ABS): PAS minus NAS

Possible range: -5 to +5

Name: Bradburn's 'Affect Balance Scale' (standard version)

A-BB/cw/mq/v/4/c

Selfreport on 8 questions:

" In the past few weeks did you ever feel.....?"

A Pleased about having accomplished something

B Upset because someone critized you

C Proud because someone complimented you one something you had done

D That things are going your way

E So restless you couldn't sit long in a chair

F Unhappy or depressed

G Particularly interested in something

H Lonely and remote from other people

Response options:

0 not at all

1 sometimes

2 often

3 very often

Scoring: a = 0....d = 3

Summation:

Positive Affect Score (PAS): summed scores on A, C, D, G Negative Affect Score (NAS): summed scores on B, E, F, H

Affect Balance Score (ABS): PAS minus NAS

Name: Bradburn's Affect Balance Scale (variant)

A-BD2/cm/rdp/v/7/a

Peerrating of affect using 8 questions:

Using the scale below, indicate how much of the time during the PAST MONTH has X felt each emotion?

A affectionate

B joyful

C sad

D worried

E irritable

F guilty

G happy

H proud

1 never

2 slight amount (rare)

3 some of the time

4 about half the time

5 much of the time

6 almost always

7 always

Computation: (A+B+G+H)-(C+D+E+F) / 8

Name: Diener's 'Affect Balance'

A-BD3/cm/mqr/v/7/a

Selfreport of daily mood on 24 questions

'Please indicate how much of each emotion you felt in the past month'

A LOVE

Aa Affection

Ab love

Ac caring

Ab fondness

B JOY

Ba joy

Bb happiness

Bc contentment

Bd pride

C FEAR

Ca fear

Cb worry

Cc anxiety

Cd nervous

D ANGER

Da anger

Da arigei

Db irritation

Dc disgust Dd rage

E SHAME

Ea shame

Eb guilt

Ec regret

Ed embarrassment

F SADNES

Fa sadness

Fb loneliness

Fc unhappiness

Fd depression

Answer options:

1 not at all

2 very slight

3 somewhat

4 moderate amount

5 much

6 very much

7 extremely much

Options presented horizontally

Computation: average A+B minus average C+D+E+F

A-CA/mh/ri/v/2/a

Interviewer-rating of cheerful appearance on 8 aspects

A The look is

- 2) open
- 1) evasive
- impossible to say
- B The corners of the mouth turn
- 2) up
- 1) down
- impossible to say
- C The posture is
- 2) relaxed, at ease
- 1) rather tense
- impossible to say
- D The movements are
- 2) relaxed, at ease
- 1) limited, withdrawn
- impossible to say
- E The eyes are
- 2) big, open
- 1) small, screw up
- impossible to say
- F The elbows are kept
- 2) not close to the body
- 1) close to the body
- impossible to say
- G The lips are more
- 2) broad, full
- 1) thin, pent up
- impossible to say
- H All in all the subject looks
- 2) quite cheerful
- 1) not very cheerful
- difficult to say

Scoring: sum of aspect ratings

Name: `Allensbacher Ausdruckstest'

A-CA/mh/ri/v/2/b

Interviewer-rating of cheerfulness:

Altogether the respondent looks.....

2 quite cheerfull

1 not too cheerful

- difficult to say

Part of the 8 item Allensbacher Ausdrücktest which also involves ratings of cheerful appearance in: look, mouth, posture, movements, eyes, elbows and lips. This general rating is the last item in the test.

A-TH/g/mg/th%/100/a Selfreport on 3 questions:

"What percentage of the time would you say you are....?" (Percentages must add up to 100%)

- 1 happy
- 2 unhappy
- 3 neutral

Computation: Net Time Happy (NTH) % time happy - % time unhappy

C-BW/cy/sq/I/9/a

Selfreport on single question:

"Here is a picture of a ladder. At the bottom of the ladder is the worst life you might reasonably expect to have. At the top is the best life you might expect to have. Of course, life from week to week falls somewhere in between. Where was your life most of the time during the past year?"

- [9] best life you might expect to have
- [8]
- [7]
- [6]
- [5]
- [4]
- [3]
- [2]
- [1] worst life you might expect to have

Name: Cantril's self anchoring ladder rating (modified version)

O-DT/u/sq/v/7/a

Selfreport on single question:

How do you feel about your life as a whole....?

- 7 delighted
- 6 pleased
- 5 mostly satisfied
- 4 mixed
- 3 mostly dissatisfied
- 2 unhappy
- 1 terrible

Name: Andrews & Withey's `Delighted-Terrible Scale' (original version)

O-DT/u/sq/v/7/b

Selfreport on single question:

How do you feel about your life-as-a-whole....?

- 1 terrible
- 2 unhappy
- 3 mostly dissatisfied
- 4 mixed
- 5 mostly satisfied
- 6 pleased
- 7 delighted

The rating scale was presented horizontally and allowed scores in between (resulting in fact in a 67 point scale)

Name: Andrews & Withey's `Delighted-Terrible Scale' (modified version)

O-DT/u/sqt/v/7/a

Selfreport on single question, asked twice in interview:

How do you feel about your life as a whole.....?

7 delighted

6 pleased

5 mostly satisfied

4 mixed

3 mostly dissatisfied

2 unhappy

1 terrible

Summation: arithmetic mean

Name: Andrews & Withey's "Delighted-Terrible Scale" (original version)

Also known as Lehman's 'Global lifesatisfaction'

O-DT/u/sqt/v/9/a

Selfreport on single question asked twice

'How do you feel about your life as a whole?'

1 terrible

2 very unhappy

3 unhappy

4 mostly dissatisfied

5 mixed feelings

6 mostly satisfied

7 pleased

8 very pleased

9 delighted

O-GBB/u/sq/c/9/a

Selfreport on single question:

"Here are some circles that we can imagine represent the lives of different people. Circle eight has all pluses in it, to represent a person who has all the good things in his life. Circle zero has all minuses in it, to represent a person who has all the bad things in his life. Other circles are in between. Which circle do you think comes closest to matching your life?"

(circles not reproduced here)

8 + + + + + + +

7 + + + + + + + -

6+++++--

4++++---

3 + + + - - - -

2 + + - - - - -

2 + - - - - -

0 - - - - -

Name: Andrews & Withey's 'Circles Scale'

O-HL/c/sq/v/3/aa

Selfreport on single question:

Taken all together, how would you say things are these days? Would you say that you are....?

3 very happy

2 pretty happy

1 not too happy

```
O-HL/c/sq/v/5/h
                           Selfreport on single question
                           'How happy are you now?'
                            5 very happy
                           4 happy
                           3 neither happy nor unhappy
                           2 unhappy
                           1 very unhappy
                           Original text in Danish:
                           'Hvor lykkelig er du for tiden?'
                           5 meget lykkelig
                           4 lykkelig
                           3 hverken eller
                           2 ullykklig
                           1 meget ullykkelig
O-HL/u/sq/v/4/a
                           Selfreport on single question:
                           Taking all things together, would you say you are....?
                           4 very happy
                           3 quite happy
                           2 not very happy
                           1 not at all happy.
O-QLS/cm/sq/ol/101/a
                           Selfreport on single question:
                           How would you estimate your quality of life as a whole during the last 4 weeks?
                            0
                            100
                            Rated on 15 cm vertical open line
O-SL?/?/sq/?/8/a
                           Selfreport on single question:
                           ".....satisfaction with life....."
                           (Full question not reported)
                           10 exceptionally dissatisfied
                           20
                           30
                           40 midpoint
                           50
                           60
                            70
                           80 exceptionally satisfied
O-SLu/c/sq/n/7/a
                           Selfreport on single question:
                            "Overall, how satisfied are you with your life as it is at this time.....?"
                           1 completely dissatisfied
                           2
                           3
                           4 neutral
                           5
                            7 completely satisfied
```

O-SLu/c/sq/v/4/b Selfreport on single question: In general, how satisfied are you with your life these days....?" 4 very satisfied 3 somewhat satisfied 2 somewhat dissatisfied 1 very dissatisfied O-SLu/c/sq/v/5/e Selfreport on single question: 'How satisfied are you with your life now?' 5 very satisfied 2 satisfied 3 neither satisfied nor dissatisfied 2 dissatisfied 1 very dissatisfied Original text in Danish: 'Hvor tilfreds er du med dit liv for tiden?' 5 meget tilfreds 4 tilfreds 3 hverken tilfreds eller utilfreds 2 utilfreds 1 meget utilfreds O-SLu/h/sq/n/11/a Selfreport on single question: How satisfied would you say you are you with the way your life has worked out up to now? 10 very satisfied 9 8 7 6 5 4 3 2 1 0 totally dissatisfied O-SLW/?/sq/?/7/a Selfreport on single question: "How do you feel about your life as a whole?" а b С d е f (Response options not reported) Scoring: a = 1.....g = 7

O-SLW/c/sq/n/10/c	Selfreport on single question:
	All things considered, how satisfied or dissatisfied are you with your life-as-whole these days? 1 least 2 3 4 5 6 7 8 9 10 most (scale labels not reported)
O-SLW/c/sq/n/11/ka	Selfreport on single question:
	How satisfied are you with life as a whole these days? 10 9 8 7 6 5 4 3 2 1 0 (Scale labels not reported)
O-SLW/c/sq/v/5/n	Selfreport on single question
	Now taking everything into account, how satisfied or dissatisfied are you with your life these days? 5 very satisfied 4 satisfied 3 neither satisfied nor dissatisfied 2 dissatisfied 1 very dissatisfied - don't know - no answers Numerical scale reversed
O-SLW/u/sq/n/10/a	Selfreport on single question:
	"First on a scale of 1 to 10, with 10 being the happiest, how happy do you feel about your life as a whole? 1 unhappiest 2 3 4 5 6 7 8 9 10 happiest

O-SLW/u/sq/n/11/ca Selfreport on single question: Thinking about your own life and personal circumstances, how satisfied are you with your life as a whole? 1 very dissatisfied 2 3 4 5 neutral 6 7 8 10 very satisfied First item in Cummins' 'Personal Well-being Scale' (labels used until 2005) O-SLW/u/sqt/v/7/a Selfreport on single question, asked twice in interview: Considering everything, how satisfied are you with your life as a whole......? 7 completely satisfied 6 5 4 3 1 completely dissatisfied Summation: both scores added Possible range: 2 to 14 O-Sum/u/mq/n/11/a Selfreport on 2 questions: A. "When you think about your life as a whole how happy would you say you are....?" 10 happy 9 8 7 6 5 4 3 2 1 0 unhappy B. "Taking everything into account, how satisfied are you with your life?" 10 satisfied 9 8 7 6 5 4 3 2 0 dissatisfied Summation: average score

Appendix 2: Statistics used

Symbol Explanation

AoV ANALYSIS of VARIANCE (ANOVA)

Type: statistical procedure

Measurement level: Correlate(s): nominal, Happiness: metric.

In an ANOVA, the total happiness variability, expressed as the sum of squares, is split into two or more parts, each of which is assigned to a source of variability. At least one of those sources is the variability of the correlate, in case there is only one, and always one other is the residual variability, which includes all unspecified influences on the happiness variable. Each sum of squares has its own number of degrees of freedom (df), which sum up to Ne -1 for the total variability. If a sum of squares (SS) is divided by its own number of df, a mean square (MS) is obtained. The ratio of two correctly selected mean squares has an F-distribution under the hypothesis that the corresponding association has a zero-value.

NOTE: A significantly high F-value only indicates that, in case of a single correlate, the largest of the c mean values is systematically larger than the smallest one. Conclusions about the other pairs of means require the application of a Multiple Comparisons Procedure (see e.g. BONFERRONI'S MULTIPLE COMPARISON TEST, DUNCAN'S MULTIPLE RANGE TEST or STUDENT-NEWMAN-KEULS)

D% DIFFERENCE in PERCENTAGES

Type: descriptive statistic only.

Measurement level: Correlate level: dichotomous, but nominal or ordinal theoretically possible as well.

Happiness level: dichotomous

Range: [-100; +100]

Meaning: the difference of the percentages happy people at two correlate levels.

DM DIFFERENCE of MEANS

Type: descriptive statistic only.

Measurement level: Correlate: dichotomous, Happiness: metric

Range: depending on the happiness rating scale of the author; range symmetric about zero.

Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the

two correlate levels.

DMt DIFFERENCE of MEANS AFTER TRANSFORMATION

Type: descriptive statistic only.

Measurement level: Correlate: dichotomous, Happiness: metric

Theoretical range: [-10; +10]

Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating scale) between the

two correlate levels.

F-STATISTIC

Type: asymmetric standard test statistic.

Range: nonnegative unlimited

Meaning : the test statistic is also called the "Variance Ratio" and is the ratio of two independent estimators of the same variance with n1 and n2 degrees of freedom respectively. The critical values of its

probability distribution are tabulated extensively in almost any textbook on Statistics

G GOODMAN & Kruskal's GAMMA

Type: test statistic

Measurement level: Correlate: ordinal, Happinessl: ordinal

Range: [-1; +1]

Meaning:

G = 0 « no rank correlation

G = +1 « strongest possible rank correlation, where high correlate values correspond with high

happiness ratings.

G = -1 « strongest possible rank correlation, where high correlate values correspond with low happiness

ratings.

Gs PARTIAL GAMMA. See: GAMMA

Range: [-1, +1].

Seldom used in happiness research. See excerpted report.

mr Mean correlation coefficient (r).

For r, see PRODUCT-MOMENT CORRELATION

PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient' or simply

'correlation coefficient')
Type: test statistic.

Measurement level: Correlate: metric, Happiness: metric

Range: [-1; +1]

Meaning:

r = 0 « no correlation,

 $r=1\ \text{\& perfect correlation, where high correlate values correspond with high happiness values, and}$

r = -1 « perfect correlation, where high correlate values correspond with low happiness values.

Ra² ADJUSTED COEFFICIENT OF MULTIPLE CORRELATION

Type: descriptive statistic only

Measurement level: Correlates: all metric, Happiness: metric

Range: [0 ; 1]

Meaning:

Ra = 0 « not any association

Ra = 1 « strongest possible association

SNR Statistic Not Reported

t-STATISTIC (Student's t-statistic)

Type: symmetric standard test statistic.

One parameter: n (= number of degrees of freedom (df); range df: [1; + infinite)

Range for t: unlimited

Meaning: the test statistic is the ratio of a difference between a statistic and its expected value under the

null hypothesis and its (estimated) standard error with n degrees of freedom.

The critical values of its probability distribution are tabulated extensively in almost any textbook on

Statistics.

tau GOODMAN & Kruskal's TAU

Type: descriptive statistic only.

Measurement level: Correlate: nominal, Happiness: ordinal

Range: [0; +1]

Meaning:

tau = 0 « knowledge of the correlate value does not improve the prediction quality

of the happiness rating.

tau = 1 « knowledge of the correlate value enables a perfect (error-free) prediction of the happiness

rating.

Appendix 3: About the World Database of Happiness

Structure of the collections

The World Database of Happiness is an ongoing register of scientific research on the subjective enjoyment of life. It brings together findings that are scattered throughout many studies and provides a basis for synthetic work.

World literature on Happiness

Selection on subject



Bibliography and Directory

Selection of empirical studies



Selection on valid measurement: Item Bank

Abstracting and classification of findings





How happy people are, distributional findings Happiness in Nations , Happiness in Publics What goes together with happiness Correlational Findings

77



Listing of comparable findings in Nations



States of Nations , Trends in Nations

Size of the collections 1226 Happiness measures (Item Bank) 4258 Nations surveys in 206 Nations 149 Distinguished publics in 1199 studies 12032 Correlational findings in 1196 studies

B3

Appendix 4 Further Findings in the World Database of Happiness

Main Subjects	Subject Description	Number of Studies
A1	ACTIVITY: LEVEL (how much one does)	58
A2	ACTIVITY: PATTERN (what one does)	32
A3	AFFECTIVE LIFE	48
A4	AGE	400
A 5	AGGRESSION	12
A6	ANOMY	32
A7	APPEARANCE (good looks)	15
A8	ATTITUDES	6
A9	AUTHORITARIANISM	4
B1	BIRTH CONTROL	1
B2	BIRTH HISTORY (own birth)	201

BODY

C1	CHILDREN	1
C2	CHILDREN: WANT FOR (Parental aspirations)	6
C3	CHILDREN: HAVING (parental status)	195
C4	CHILDREN: CHARACTERISTICS OF ONE'S CHILDREN	25
C5	CHILDREN: RELATION WITH ONE'S CHILDREN	3
C6	CHILDREN: REARING OF ONE'S CHILDREN (parental behavior)	26
C7	COMMUNAL LIVING	Ç
C8	CONCERNS	18
C9	COPING	43
C10	CREATIVENESS	ϵ
C11	CULTURE (Arts and Sciences)	3
D1	DAILY JOYS & HASSLES	Ę
E1	EDUCATION	302
E2	EMPLOYMENT	363
E3	ETHNICITY	98
E4	EXPRESSIVE BEHAVIOR	12
F1	FAMILY OF ORIGIN (earlier family for adults, current for young)	236
F2	FAMILY OF PROCREATION	58
F3	FAMILY OF RELATIVES	157
F4	FARMING	25
F5	FREEDOM	32
F6	FRIENDSHIP	152
G1	GENDER	370
G2	GRIEF	1
H1	HABITS	1
H2	HANDICAP	25
H3	HAPPINESS: VIEWS ON HAPPINESS	49
H4	HAPPINESS: DISPERSION OF HAPPINESS	10
H5	HAPPINESS: CAREER	191
H6	HAPPINESS: CORRESPONDENCE OF DIFFERENT MEASURES	310
H7	HAPPINESS OF OTHERS	(
H8	HAPPINESS: REPUTATION OF HAPPINESS	19
H9	HEALTH-BEHAVIOR	25
H10	HELPING	Ę
H11	HOPE	3
H12	HOUSEHOLD: COMPOSITION	137
H13	HOUSEHOLD: WORK	32
H14	HOUSING	106
I 1	INCOME	552
12	INSTITUTIONAL LIVING	43
13	INTELLIGENCE	71
14	INTERESTS	3
15	INTERVIEW	73
16	INTIMACY	103
L1	LANGUAGE	2
L2	LEADERSHIP	3
L3	LEISURE	206
L4	LIFE APPRAISALS: OTHER THAN HAPPINESS	368

L5	LIFE CHANGE	35
L6	LIFE EVENTS	86
L7	LIFE GOALS	75
L8	LIFE HISTORY	2
L9	LIFE STYLE	22
L10	LOCAL ENVIRONMENT	374
L11	LOTTERY	8
L12	LOVE-LIFE	31
M1	MARRIAGE: MARITAL STATUS CAREER	64
M2	MARRIAGE: CURRENT MARITAL STATUS	543
M3	MARRIAGE: RELATIONSHIP	115
M4	MARRIAGE: PARTNER	46
M5	MEANING	23
M6	MEDICAL TREATMENT	81
M7	MENTAL HEALTH	218
M8	MIGRATION: TO OTHER COUNTRY	29
M9	MIGRATION: MOVING WITHIN COUNTRY (residential mobility)	17
M10	MIGRATION: MIGRANT WORK	3
M11	MILITARY LIFE	7
M12	MODERNITY	6
M13	MOOD	246
M14	MOTIVATION	7
N1	NATION: NATIONALITY	29
N2	NATION: ERA (temporal period)	41
N3	NATION: NATIONAL CHARACTER (modal personality)	29
N4	NATION: CONDITION IN ONE'S NATION	430
N5	NATION: POSITION OF ONE'S NATION	1
N6	NATION: ATTITUDES TO ONES NATION	152
N7	NATION: LIVABILITY OF ONE'S NATION	17
N8	NATION i: ATTITUDES IN	1
N9	REGION IN NATION	59
N10	NUTRITION	23
N21	ERA	C
01	OCCUPATION	178
O2	ORGAN TRANSPLANTATION	17
P1	PERSONALITY: HISTORY	48
P2	PERSONALITY: CHANGE	10
P3	PERSONALITY: CURRENT ORGANIZATION	7
P4	PERSONALITY: CURRENT TRAITS	462
P5	PERSONALITY: LATER	23
P6	PHYSICAL HEALTH	427
P7	PLANNING	11
P8	POLITICAL BEHAVIOUR	231
P9	POPULARITY	26
P10	POSSESSIONS	60
P11	PRISON	1
P12	PROBLEMS	25
P13	PSYCHO-SOMATIC COMPLAINTS	62

P14	PETS	3
R1	RELIGION	251
R2	RESOURCES	9
R3	RETIREMENT	89
R4	ROLES	23
S1	SCHOOL	129
S2	SELF-IMAGE	237
S3	SEX-LIFE	61
S4	SLEEP	16
S5	SOCIAL MOBILITY	17
S6	SOCIAL PARTICIPATION: PERSONAL CONTACTS	69
S7	SOCIAL PARTICIPATION: VOLUNTARY ASSOCIATIONS	131
S8	SOCIAL PARTICIPATION: TOTAL (personal + associations)	34
S9	SOCIO-ECONOMIC STATUS	154
S10	SOCIAL SUPPORT: RECEIVED	62
S11	SOCIAL SUPPORT: PROVIDED	6
S12	SPORTS	38
S13	STIMULANTS	49
S14	SUICIDE	8
S15	SUMMED DETERMINANTS	92
T1	TIME	53
T2	THERAPY	38
T3	TOLERANCE	37
V1	VALUES: CAREER	8
V2	VALUES: CURRENT PREFERENCES (own)	73
V3	VALUES: CLIMATE (current values in environment)	7
V4	VALUES: SIMILARITY (current fit with others)	12
V5	VICTIM	14
W1	WAR	5
W2	WISDOM	2
W3	WORK: CAREER	2
W4	WORK: CONDITIONS	68
W5	WORK: ATTITUDES	347
W6	WORK: PERFORMANCE (current)	29
W7	WORRIES	31
XX	UNCLASSIFIED	25

Appendix 5: Related Subjects

Subject		Related Subje	ect(s)
15.1.4	Characteristics of the interviewer	P4.9	Approval seeking
15.2.2	Prior mood-manipulation	M13.2.1	Mood during the interview
15.2.2	Prior mood-manipulation	T2.2.2	Effects of happiness-training
I5.3.1	Non response, refusal	H10	HELPING
15.3.3	Response tendencies	P4.5	Agreeing, yea-saying
15.3.3	Response tendencies	P4.9	Approval seeking

I5.3.3	Response tendencies	P4.76	Open
15.3.3	Response tendencies	P4.101	Self-disclosing
15.4	Respondents attitudes to interview	A8.2	Current attitudes

A report of the World Database of Happiness, Correlational Findings