World Database of Happiness

Correlational Findings on Happiness and LIFE APPRAISALS: OTHER THAN HAPPINESS
Subject Code: L4

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Classification of Findings

Subject Code	*Description*	*Nr of Studies on this Subject*
L4	LIFE APPRAISALS: OTHER THAN HAPPINESS	3
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L4.1.2	Change in life-appraisals	6
L4.1.4	Later life-appraisals	8
L4.2	Current overall judgements of life as a whole	4
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L4.3.1.15	. relaxed (vs stressful)	5
L4.3.1.16	. secure (vs threatened)	2
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L4.3.2	Multiple aspect evaluations of life	5
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L4.3.2.4	.balance of positive and negative memories	1
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Erasmus University Rotterdam, 2009, Netherlands

Correlational finding on Happiness and LIFE APPRAISALS: OTHER THAN HAPPINESS
Subject code: L4

Study

DIENE 1985A

Reported in: Diener E.; Emmons R.A.; Larsen R.J.; Griffin S.
The Satisfaction with Life Scale.
ournal of Personality Assesment, 1985, Vol. 49, 71 - 75. (Based on Paper University of Illinois, Urbana-Champaign, USA).
Page in Report: 73

Population: Undergraduates, USA, 198?

Sample: Non-probability chunk sample

Non-Response:

N: 339

Correlate

Authors label: Subjective well being

Our classification: LIFE APPRAISALS: OTHER THAN HAPPINESS, code L4

Measurement:
```
Selfreport on lifesatisfaction on five questions
a  In most ways my life is close to ideal
b  The conditions of my life are excellent
c  I am satisfied with my life
d  So far, I have gotten the important things I want in
life
e  If I could live my life over, I would change nothing

Answers rated: 7  strongly agree ...1  strongly disagree
(Diener's Satisfaction With Life Scale, SWLS)
```

Error Estimates: Two month test-retest correlation coefficient = +.82 coefficient alpha= +.87

Remarks:
```
SWLS is not a valid measure of happiness, since item e does
not fit the concept
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/v/10/a	r=+.58 p<.000	sample 1
M-FH/g/sq/v/10/a	r=+.57 p<.000	sample 2
A-TH/g/mq/th%/101/aa	r=+.58 p<.000	Sample 1

A-TH/g/mq/th%/101/aa	r=+.62 p<.000	Sample 2
C-BW/c/sq/l/11/a	r=+.62 p<.000	Sample 1
C-BW/c/sq/l/11/a	r=+.66 p<.000	Sample 2
O-HL/c/sq/v/3/a	r=+.59 p<.000	Sample 1
O-HL/c/sq/v/3/a	r=+.47 p<.000	Sample 2
O-DT/u/sq/v/7/b	r=+.68 p<.000	Sample 1
O-DT/u/sq/v/7/b	r=+.62 p<.000	Sample 2

Correlational finding on Happiness and LIFE APPRAISALS: OTHER THAN HAPPINESS
Subject code: L4

Study MOLLE 1988

Reported in: Moller, V.
Quality of Life in Retirement: A Case Study of Zulu Return Migrants.
Social Indicators Research, 1988, Vol. 20, 621 - 658. ISSN 0303 8300
Page in Report: 633

Population: Ex-migrant workers, returned to rural KwaZulu, South Africa, 1983

Sample:

Non-Response:

N: 253

Correlate

Authors label: Morale (1)

Our classification: LIFE APPRAISALS: OTHER THAN HAPPINESS, code L4

Measurement:

Mood tone
1.I am just as happy as when I was younger(+)
2.These are the best years of my life(+)
3.This is the dearest time of my life(-)
4.Most of the things I do are boring or monotonous(-)
5.Compared to other people I get depressed often(-)
Zest for life
1.The things I do are as interesing to me as they ever were(+)
2.I have made plans for things I'll be doing a month or a year from now(+)
Congruence
1.As I look back over my life I am fairly well satisfied that I've got much of what I expected out of life(+)
2.When I think back over my life I didn't accomplish most of the important things I wanted(-)
3.I've had more chances in life than most people I know(+)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/v/5/d	r=+.53 p<.01	
O-HL/c/sq/v/5/a	r=+.59	

Correlational finding on Happiness and LIFE APPRAISALS: OTHER THAN HAPPINESS
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Study MOLLE 1988

Reported in: Moller, V.
Quality of Life in Retirement: A Case Study of Zulu Return Migrants.
Social Indicators Research, 1988, Vol. 20, 621 - 658. ISSN 0303 8300
Page in Report: 633

Population: Ex-migrant workers, returned to rural KwaZulu, South Africa, 1983

Sample:

Non-Response:

N: 253

Correlate

Authors label: Mood (1)

Our classification: LIFE APPRAISALS: OTHER THAN HAPPINESS, code L4

Measurement: "Tell me whether you feel like the following very often, sometimes, or hardly ever. or never?"
1. Don't see enough of your family
2. Are lonely
3. Are bored
4. Are miserable
5. Are neglected
6. Have no friends
7. Are powerless to do what you want
8. Are unimportant
9. Are always tired even when you sleep well
10. Have missed all opportunuties in life
11. Have nothing worth making the effort to do
12. Are to dependent on others
13. Are useless to yourself and others
14. Are affraid of dying

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/a	r=+.55 p<.01	
O-SLW/u/sq/v/5/d	r=+.54 p<.01	

Correlational finding on Happiness and Earlier life-appraisals
Subject code: L4.1.1

Study HOLAH 1999

Reported in: Holahan, C.K.;Holahan, C.J.; Wonacott, N.L.
Self-Appraisal, Life Satisfaction, and Retrospective Life Choices Across One and Three Decades.
Psychology and Aging, 1999; Vol.14, 238 - 244. ISSN 0882 7974
Page in Report: 239/243

Population: "Gifted (IQ>135) followed unto old age, USA, 1960-1992

Sample: Non-probability purposive-quota sample

Non-Response:

N: 383

Correlate

Authors label: Lived up to ability

Our classification: Earlier life-appraisals, code L4.1.1

Measurement:
```
Self-appraisal of having lived up to abilities.
Participants were asked "On the whole, how well do you
think you have lived up to your intellectual abilities?"
Responses were coded in two categories
1: did not live-up
2: lived-up
Assessed at T1 (1960)
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Measured Values: T2 N: 1=115, 2=223

Remarks: T1:1960, T2:1972, T3:1992

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-PL/h/sq/v/5/b	DM=+	T1 lived up by T2 happiness Men 1.M=3.71 SD=0.89 2.M=4.15 SD=0.85 Women 1.M=3.76 SD=1.08 In univariate analyses of covariance (ANCOVAs) there was a significant lived-up effect: F(1,332)= 13.85, MSE=.82 p<0.001 2.M=4.19 SD=0.92
C-ASG/h/mq/v/8/a	DM=+	T1 lived up by T2 happiness In univariate analyses of covariance(ANCOVAs) there was a significant lived-up effect: F(1,310)=10,65, MSE=.84, p<.05
O-SLW/c/sq/n/9/a	DM=+	T1 lived up by T3 happiness Univariate analyses of covariance (ANCOVAs) was significant for lived-up: F(1,355)=10.71, MSE=2,25, p<.001 LISREL analysis showed no direct link when T2 perceid goal relization was controled.

Correlational finding on Happiness and Earlier life-appraisals
Subject code: L4.1.1

Study MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Satisfaction with life (SWLS)

Our classification: Earlier life-appraisals, code L4.1.1

Measurement:

```
Selfreport on five questions:

Using the 1-5 scale below, indicate your agreement with
each of the items by placing the appropriate number on the
line preceding that item. Please be open and honest in your
responding.
A  In most ways my life is close to ideal
B  The conditions of my life are excellent
C  I am satisfied with my life
D  So far, I have gotten the important things I want in
life
E If I could live my life over, I would change nothing

Answers rated:
5 strongly agree
4 slightly agree
3  neither agree nor disagree
2  slightly disagree
1  strongly disagree

Computation: A+B+C+D+E divided by 5

Name: Shortened Diener's Satisfaction with Life Scale
(SWLS)
```

Error Estimates: Cronbach's alpha = + . 87, Disattenuated retest correlation = + .62

Remarks:

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Item E is left out in the selection of valid happiness
items because a positive answer to this question does not
necessarily mean that the respondent doesn't like the life
he/she actually lives.
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Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

M-FH/g/sq/n/11/a	r=+.55 p<.00	T2 happiness by T1 SWLS
O-DT/u/sq/v/7/a	r=+.55 p<.00	T1 happiness by T2 SWLS
O-DT/u/sq/v/7/a	r=+.52 p<.05	T1 happiness by T2 SWLS
O-Sum/g/fi/?/7/a	r=+.46 p<.05	T1 happiness by T2 SWLS
M-FH/g/rdp/v/10/a	r=+.34 p<.05	T1 happiness by T2 SWLS
M-FH/g/rdp/v/10/a	r=+.47 p<.05	T2 happiness by T1 SWLS T1-T2 4 years interval

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Correlational finding on Happiness and Earlier life-appraisals
Subject code: L4.1.1

Study — MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Peer satisfaction with life

Our classification: Earlier life-appraisals, code L4.1.1

Measurement: Ratings of informant on four questions:

Using the 1-5 scale below, indicate your agreement with each of the items by placing the appropriate number on the line preceding that item. Please be open and honest in your responding.
A In most ways life is close to ideal
B The conditions of life are excellent
C He/she is satisfied with life
D So far, he/she has gotten the important things he/she wants in life
E If he/she could live life over, he/she would change nothing

Answers rated:
5 strongly agree
4 slightly agree
3 neither agree nor disagree
2 slightly disagree
1 strongly disagree

Computation: A+B+C+D+E divided by 5

Remarks: At least seven informants for each participant: at least three from family members and three others from friends. Assessed at T1(1986) and T2(1990)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/a	r=+.43 p<.05	T1 peer SWLS by T2 happiness
M-FH/g/sq/n/11/a	r=+.52 p<.05	T2 peer SWLS by T2 happiness
O-Sum/g/fi/?/7/a	r=+.44 p<.05	T2 peer SWLS by T1 happiness
O-DT/u/sq/v/7/a	r=+.53 p<.05	T2 peer SWLS by T1 happiness
M-FH/g/rdp/v/10/a	r=+.45 p<.05	T2 peer SWLS by T1 happiness
M-FH/g/rdp/v/10/a	r=+.43 p<.05	T1 peer SWLS by T2 happiness T1-T2 4 years interval

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Correlational finding on Happiness and Earlier life-appraisals
Subject code: L4.1.1

Study MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Memory

Our classification: Earlier life-appraisals, code L4.1.1

Measurement: Ss were asked to recall as many as positive and negative events in their life as possible. The difference between the number of positive and negative events was used.

Remarks: Assesed at T1(1986)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/a	r=+.40 p<.05	T1 memory by T2 happiness
M-FH/g/rdp/v/10/a	r=+.16 ns	T1 memory by T2 happiness

Correlational finding on Happiness and Earlier life-appraisals
Subject code: L4.1.1

Study MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Domain satisfaction

Our classification: Earlier life-appraisals, code L4.1.1

Measurement: Domain satisfation ratings

Remarks: Details were not reported

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/a	r=+.45 p<.05	T1 domain satisfaction by by T2 happiness
O-DT/u/sq/v/7/a	r=+.50 p<.05	T1 domain satisfaction by by T2 happiness
O-Sum/g/fi/?/7/a	r=+.31 p<.05	T1 domain satisfaction by by T2 happiness
M-FH/g/rdp/v/10/a	r=+.32 p<.05	T1 domain satisfaction by by T2 happiness T1-T2 4 years interval

Correlational finding on Happiness and Earlier life-appraisals
Subject code: L4.1.1

Study MCCRA 1990

Reported in: McCrae, R.R.; Costa , P.T.
Adding 'Liebe und Arbeit': The Full Five Factor Model and Well-Being.
Personality and Social Psychology Bulletin, 1991, Vol. 17, 227 - 232. ISSN 0146 1672
Page in Report: 23/24

Population: Single males and couples followed 7 years, Baltimore, USA, 1979-86

Sample:

Non-Response:

N: 429

Correlate

Authors label: Actual past happiness (2)

Our classification: Earlier life-appraisals, code L4.1.1

Measurement: Index of closed questions on satisfaction with 14 distinct areas in life, including health, money, neighborhood and work. Neugarten e.a.
Life satisfaction Index (LSI).
(This measure is not considered as a valid measure of happiness by us).
Assessed at T1(1979) and T2(1981)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	r=+.51 p<.01	T2 happiness (LS: HAPP 2.1) by T1 LSI
A-BB/cm/mq/v/2/a	r=+.33 p<.01	T2 happiness (ABS: AFF 2.3) by T1 LSI

Correlational finding on Happiness and Earlier life-appraisals
Subject code: L4.1.1

Study YARDL 1991

Reported in: Yardley, J. K.; Rice, R.W.
The Relationship between Mood and Subjective Well-Being.
Social Indicators Research, 1991, Vol. 24, 101 - 111. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/BF00292653
Page in Report: 106

Population: University students, State University of New York at Buffalo, followed 10 weeks, 198?

Sample: Non-probability chunk sample

Non-Response:

N: 65

Correlate

Authors label: Well being (SWB)

Our classification: Earlier life-appraisals, code L4.1.1

Measurement: Self report five questions (Diener's satisfaction with life scale)

a In most ways my life is close to my ideal.
b The conditions of my life are excellent.
c I am satisfied with my life.
d So far I have gotten the important things I want in life.
e If I could live my life over, I would change almost nothing

Assessed at T1 and T2 (10 weeks difference)

Measured Values: T1: M=23.54 SD=5.28 T2: M=23.94 SD=5.67

Error Estimates: Test-retest correlation coefficient(over 10 weeks month)= .82 T1: Cronbach alpha= .80 T2: Cronbach alpha =.87

Remarks: Diener's SWLS is not accepted as a valid measure of happiness because of the last item in the scale

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Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BD1/md/mq/v/7/a	r=+.48 p<.001	T1 Mood by T1 SWB
A-BD1/md/mq/v/7/a	r=+.42 p<.001	T1 Mood by T2 SWB
A-BD1/md/mq/v/7/a	r=+.48 p<.001	T1 Mood by T2 Mood
A-BD1/md/mq/v/7/a	r=+.50 p<.001	T1 SWB by T2 SWB
A-BD1/md/mq/v/7/a	r=+.22 p<.05	T1 SWB by T2 Mood
A-BD1/md/mq/v/7/a	r=+.64 p<.001	T2 Mood by T2 SWB
A-BD1/md/mq/v/7/a	rpc=+.40 p<.001	T1 SWB by T2 SWB controling T1 mood and T2 mood
A-BD1/md/mq/v/7/a	rpc=+.57 p<.001	T2 Mood by T2 SWB controling T1 mood and T2 SWB
A-BD1/md/mq/v/7/a	Beta=-.05 ns	T1 Mood by T2 SWB controling T1 SWB and T2 mood Direct path insignificant
A-BD1/md/mq/v/7/a	rpc=+.19 p<.05	Indirect path T1 Mood to T1 SWB to T2 SWB

A-BD1/md/mq/v/7/a Beta=+.27 p<.05 Indirect path T1 Mood to T2 Mood to T2 SWB

A-BD1/md/mq/v/7/a

Set Image size: + -

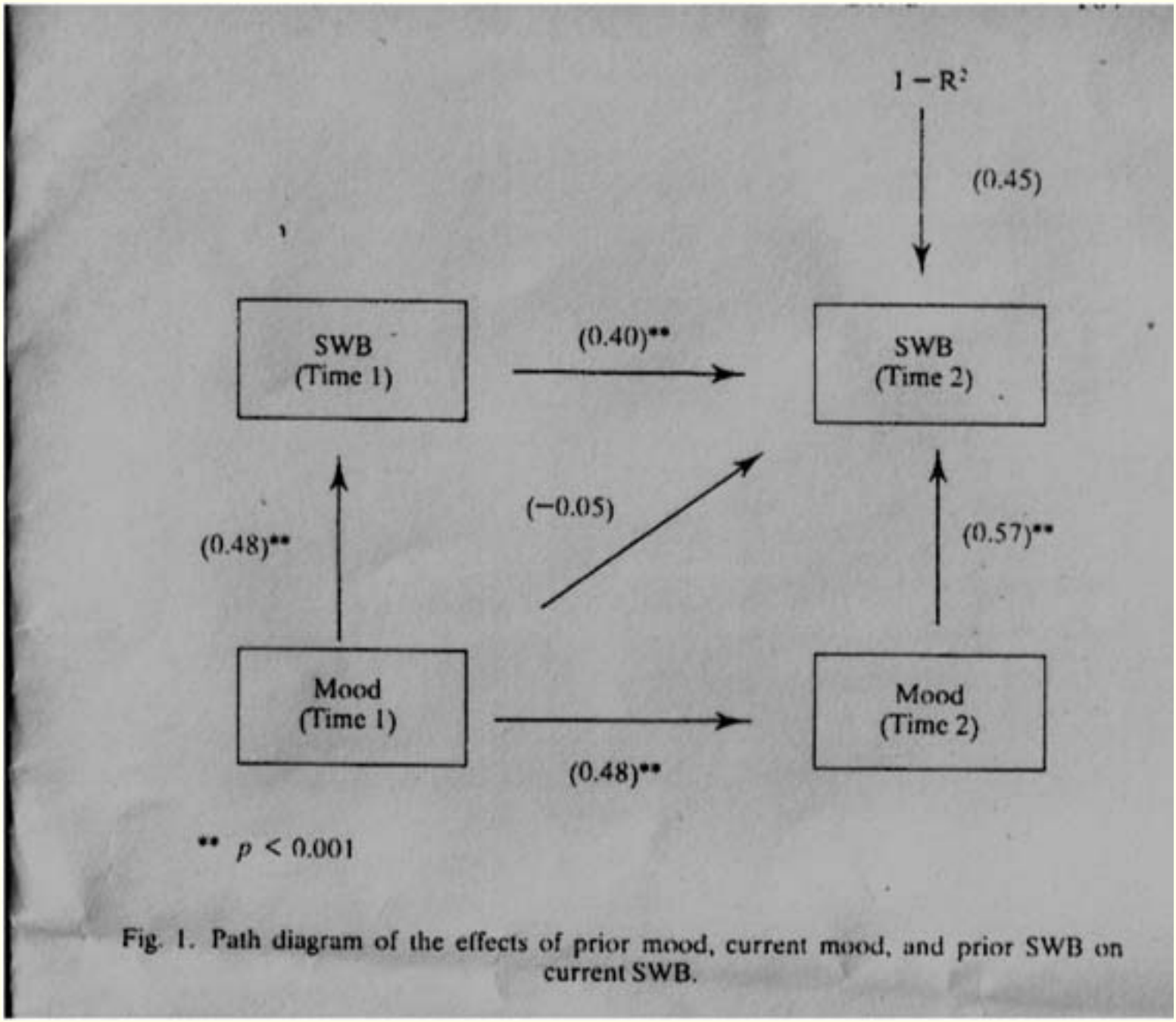

Fig. 1. Path diagram of the effects of prior mood, current mood, and prior SWB on current SWB.

Correlational finding on Happiness and Change in life-appraisals
Subject code: L4.1.2

Study HEADE 1982/2

Reported in: Headey, B.; Holström, E.; Wearing, A.J.
Australians' Priorities Satisfactions and Well-being: Methodological Issues.
Monograph in Public Policy Studies, nr.8, University of Melbourne, 1982, Australia
Page in Report: 53

Population: Adults, general public, Melbourne, Australia, followed 25 months 1978-81

Sample: Probability sample (unspecified)

Non-Response: 0

N: 184

Correlate

Authors label: Change in satisfaction with self fulfullment

Our classification: Change in life-appraisals, code L4.1.2

Measurement:
```
Index of 6 single questions on satisfaction with:
a: The sense of purpose and meaning in your life
b: What are you accomplishing in your life
c: How intersting is your day-to-day-life
d: Extent to which you are developing yourself and
broadening your life
e: Extent to which you are achieving succes and getting
ahead
f: How exciting is your life
All scored on a 1-9 D-T rating scale, summation by average.
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Remarks:
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Both Happiness (ABS) and self fulfillment were assessed at
T1 and T2 (25 month interval)
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Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	Beta=+.38 p<.001	T1-T2 CHANGE in happiness by T1-T2 CHANGE in satisfaction with self fulfillment
A-BB/cm/mq/v/2/a	Beta=+.20 p<.05	T1-T2 CHANGE in happiness by T1-T2 CHANGE in self fulfillment. Beta controlled for satisfaction with - sex life - health - house - standard of living - friends - leisure

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Correlational finding on Happiness and Change in life-appraisals

Subject code: L4.1.2

Study HEADE 1982/2

Reported in: Headey, B.; Holström, E.; Wearing, A.J.
Australians' Priorities Satisfactions and Well-being: Methodological Issues.
Monograph in Public Policy Studies, nr.8, University of Melbourne, 1982, Australia
Page in Report: 53

Population: Adults, general public, Melbourne, Australia, followed 25 months 1978-81

Sample: Probability sample (unspecified)

Non-Response: 0

N: 184

Correlate

Authors label: Change in satisfaction with leisure

Our classification: Change in life-appraisals, code L4.1.2

Measurement: Single question on satisfaction with the amount of fun and enjoyment you have, scored on a 1-9 D-T rating scale.

Remarks: Both Happiness (ABS) and satisfaction with leisure were assessed at T1 and T2 (25 month interval)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	Beta=+.27 p<.001	T1-T2 CHANGE in happiness by T1-T2 CHANGE in satisfaction with leisure
A-BB/cm/mq/v/2/a	Beta=+.17 p<.05	T1-T2 CHANGE in happiness by T1-T2 CHANGE in satisfaction with leisure Beta controlled for satisfaction with - sex life - health - house - friends - self-fulfillment - standard of living

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Correlational finding on Happiness and Change in life-appraisals
Subject code: L4.1.2

Study HEADE 1984

Reported in: Headey, B., Holmström, E.;Wearing, A.
The Impact of Life Events and Changes in Domain Satisfactions on Well-Being.
Social Indicators Research, 1984, Vol. 15, 203 - 227. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF00668671
Page in Report: 211

Population: 18-65 aged, general public, followed 3 years, Melbourne, Australia, 1979-80

Sample:

Non-Response:

N: 184

Correlate

Authors label: Satisfaction with leisure (1)

Our classification: Change in life-appraisals, code L4.1.2

Measurement: Closed question rated on a 9- point scale (delighted ... terrible) Assessed at T2.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	Beta=+.27 p<.01	Happiness T2 by satisfaction T2, controlling for happiness T1 and satisfaction T1. ß can be interpreted as regression between CHANGE OF HAPPINESS and CHANGE OF SATISFACTION in time.

Correlational finding on Happiness and Change in life-appraisals
Subject code: L4.1.2

Study HEADE 1984

Reported in: Headey, B., Holmström, E.;Wearing, A.
The Impact of Life Events and Changes in Domain Satisfactions on Well-Being.
Social Indicators Research, 1984, Vol. 15, 203 - 227. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF00668671
Page in Report: 211

Population: 18-65 aged, general public, followed 3 years, Melbourne, Australia, 1979-80

Sample:

Non-Response:

N: 184

Correlate

Authors label: Satisfaction with suburb (3)

Our classification: Change in life-appraisals, code L4.1.2

Measurement: Closed question rated on a 9- point scale (delighted ... terrible) Assessed at T2.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	Beta=+.05 ns	Happiness T2 by satisfaction T2, controlling for happiness T1 and satisfaction T1. ß can be interpreted as regression between CHANGE OF HAPPINESS and CHANGE OF SATISFACTION in time.

Correlational finding on Happiness and Change in life-appraisals
Subject code: L4.1.2

Study HOLLO 1999

Reported in: Holloway, F. ;Carson, J.
Subjective Quality of Life, Psychopathlogy, Satisfaction with Care and Insight: an Exploratory Study.
International Journal of Social Psychiatry, 1999, Vol. 45,.259 - 267. ISSN 0020 7640
Page in Report: 264-5

Population: Mental patients, followed 3 years, UK 1990-1993

Sample: Non-probability purposive sample

Non-Response: 0

N: 70

Correlate

Authors label: Change in domain satisfactions

Our classification: Change in life-appraisals, code L4.1.2

Measurement: Average satisfaction with:
- work
- leisure
- religion
- finance
- accomodation
- legal/safety
- family
- social life
- health

Remarks: Comprehensive Psychiatric Rating Scale (CPRS) (Asberg 1978)
Assessed at T1-T3 Difference: 18 month

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.45 p<.002	T1-T3 change in hapiness by T1-T3 change symptoms (T1-T3 18 months)
O-DT/u/sqt/v/7/a	Beta=+.47 p<.0033	Beta controled for change in depression

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Correlational finding on Happiness and Change in life-appraisals
Subject code: L4.1.2

Study — HOLLO 1999

Reported in: Holloway, F. ;Carson, J.
Subjective Quality of Life, Psychopathlogy, Satisfaction with Care and Insight: an Exploratory Study.
International Journal of Social Psychiatry, 1999, Vol. 45,.259 - 267. ISSN 0020 7640
Page in Report: 264-5

Population: Mental patients, followed 3 years, UK 1990-1993

Sample: Non-probability purposive sample

Non-Response: 0

N: 70

Correlate

Authors label: Change in satisfaction with care

Our classification: Change in life-appraisals, code L4.1.2

Measurement: Selfreport on the follwing questions:
-your general state of health?
-how often you see a doctor?
-your nervous well-being?
-pleased about having accomplished something?
-that things were going your way?
-proud because some one complimented you on something you had done?

Remarks: Cullen (1997) Satisfaction Schedule.
Assessed at T1 and T3 (18 month interval)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=-.15 p<.39	T1-T3 change in hapiness by T1-T3 change symptoms (T1-T3 18 months)

Correlational finding on Happiness and Later life-appraisals
Subject code: L4.1.4

Study HAWKI 2005

Reported in: Hawkins, D.N.; Booth, A.
Unhappily Ever After: Effects of Long-Term, Low-Quality Marriages on Well-Being.
Social Forces, 2005, Vol. 84, 452 - 471. ISSN p 0037 7732; ISSN e 1534 7605
Page in Report: 458

Population: Couples, USA, followed 12 years, 1980-1992

Sample: Probability simple random sample

Non-Response: 35%

N: 1150

Correlate

Authors label: Life satisfaction

Our classification: Later life-appraisals, code L4.1.4

Measurement: How much satisfaction do you get from …?

Six item summed scale that assesses how satisfied respondents are with their neighborhoods, jobs, homes, friends, leisure time and family.
Answers ranged from 1= non to 5= a great deal

Measured Values: M=23.84, SD=3.57, Range 6-30

Error Estimates: Alpha = .62

Remarks: Assessed at T4 (1992)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/ad	r=+.39 p<.001	T4 happiness by T4 summed domain satisfaction
O-HL/c/sq/v/3/ad	r=+.26 p<.001	T1 happiness (1980) by T4 summed domain satisfaction (12 years interval)

Correlational finding on Happiness and Later life-appraisals
Subject code: L4.1.4

Study MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Satisfaction with life (SWLS)

Our classification: Later life-appraisals, code L4.1.4

Measurement: Selfreport on five questions:

Using the 1-5 scale below, indicate your agreement with each of the items by placing the appropriate number on the line preceding that item. Please be open and honest in your responding.
A In most ways my life is close to ideal
B The conditions of my life are excellent
C I am satisfied with my life
D So far, I have gotten the important things I want in life
E If I could live my life over, I would change nothing

Answers rated:
5 strongly agree
4 slightly agree
3 neither agree nor disagree
2 slightly disagree
1 strongly disagree

Computation: A+B+C+D+E divided by 5

Name: Shortened Diener's Satisfaction with Life Scale (SWLS)

Error Estimates: Cronbach's alpha = + . 87, Disattenuated retest correlation = + .62

Remarks: Item E is left out in the selection of valid happiness items because a positive answer to this question does not necessarily mean that the respondent doesn't like the life he/she actually lives.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/a	r=+.55 p<.00	T2 happiness by T1 SWLS
O-DT/u/sq/v/7/a	r=+.55 p<.00	T1 happiness by T2 SWLS
O-DT/u/sq/v/7/a	r=+.52 p<.05	T1 happiness by T2 SWLS
O-Sum/g/fi/?/7/a	r=+.46 p<.05	T1 happiness by T2 SWLS
M-FH/g/rdp/v/10/a	r=+.34 p<.05	T1 happiness by T2 SWLS
M-FH/g/rdp/v/10/a	r=+.47 p<.05	T2 happiness by T1 SWLS T1-T2 4 years interval

Correlational finding on Happiness and Later life-appraisals
Subject code: L4.1.4

Study

MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Peer satisfaction with life

Our classification: Later life-appraisals, code L4.1.4

Measurement:

```
Ratings of informant on four questions:

Using the 1-5 scale below, indicate your agreement with
each of the items by placing the appropriate number on the
line preceding that item. Please be open and honest in your
responding.
A  In most ways life is close to ideal
B  The conditions of life are excellent
C  He/she is satisfied with life
D  So far, he/she has gotten the important things he/she
wants in life
E  If he/she could live life over, he/she would change
nothing

Answers rated:
5  strongly agree
4  slightly agree
3  neither agree nor disagree
2  slightly disagree
1  strongly disagree

Computation: A+B+C+D+E divided by 5
```

Remarks:

```
At least seven informants for each participant: at least
three from family members and three others from friends.
Assessed at T1(1986) and T2(1990)
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/a	r=+.43 p<.05	T1 peer SWLS by T2 happiness
M-FH/g/sq/n/11/a	r=+.52 p<.05	T2 peer SWLS by T2 happiness
O-Sum/g/fi/?/7/a	r=+.44 p<.05	T2 peer SWLS by T1 happiness
O-DT/u/sq/v/7/a	r=+.53 p<.05	T2 peer SWLS by T1 happiness
M-FH/g/rdp/v/10/a	r=+.45 p<.05	T2 peer SWLS by T1 happiness
M-FH/g/rdp/v/10/a	r=+.43 p<.05	T1 peer SWLS by T2 happiness T1-T2 4 years interval

Correlational finding on Happiness and Later life-appraisals
Subject code: L4.1.4

Study MCCRA 1990

Reported in: McCrae, R.R.; Costa , P.T.
Adding 'Liebe und Arbeit': The Full Five Factor Model and Well-Being.
Personality and Social Psychology Bulletin, 1991, Vol. 17, 227 - 232. ISSN 0146 1672
Page in Report: 22

Population: Single males and couples followed 7 years, Baltimore, USA, 1979-86

Sample:

Non-Response:

N: 429

Correlate

Authors label: Later life-appraisal (1)

Our classification: Later life-appraisals, code L4.1.4

Measurement: Index of closed questions on satisfaction with 14 distinct areas in life, including health, money, neighborhood and work. Neugarten e.a.
Life satisfaction Index (LSI).
(This measure is not considered as a valid measure of happiness by us)
Assessed at T1 (1979) and T2(1981)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	r=+.47 p<.01	T1 happiness (ABS: AFF 2.3) by T2 LSI
O-DT/u/sq/v/7/a	r=+.50 p<.01	T1 happiness (LS: HAPP 2.1) by T2 LSI

Correlational finding on Happiness and Later life-appraisals
Subject code: L4.1.4

Study — MUSSE 1982

Reported in: Mussen, P.,;Honzik, M.P.; Eichorn, D.H.
Early Adult Antecedents of Life Satisfaction at Age 70.
Journal of Gerontology, 1982, Vol. 37, 316 - 322. ISSN 0022 1422
Page in Report: 317

Population: Mothers of 21-months babies. Followed 40 years, Berkeley USA, 1930-70

Sample:

Non-Response:

N: 81

Correlate

Authors label: Later life appraisal (1)

Our classification: Later life-appraisals, code L4.1.4

Measurement:
```
Neugarten (1961) Life Satisfaction Rating (LSR)
Five item index of interviewer ratings
on:
- zest versus apathy
- resolution and fortitude
- congruence between desired and
  achieved goals.
- self-concepts (from "feels at his
  best" to "feels worthless")
- mood tone (ranging from "happy,
  optimistic attitudes and mood" to
  "pessimistic", "complaining"' and
  "bitter feelings").
The LSR is not a valid indicator of happiness.
LSR assessed at T2 (Ss. aged ±70).
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLC/g/fi/v/7/b	r=+.30 p<.05	HAPP 3.4 assessed at T1 (Ss. aged ±30).
A-CP/g/fi/v/7/b	r=+.39 p<.001	Happiness (affect) was assessed at T1 when Ss.were aged about 30.
A-CP/g/fi/v/7/b	rpc=+.46 p<.001	rpc controlled for socio-economic status through the years.
O-SLC/g/fi/v/7/b	rpc=+.34 p<.05	rpc controlled for socio-economic status through the years.

Correlational finding on Happiness and Later life-appraisals
Subject code: L4.1.4

Study — MUSSE 1982

Reported in: Mussen, P.,;Honzik, M.P.; Eichorn, D.H.
Early Adult Antecedents of Life Satisfaction at Age 70.
Journal of Gerontology, 1982, Vol. 37, 316 - 322. ISSN 0022 1422
Page in Report: 317

Population: Mothers of 21-months babies. Followed 40 years, Berkeley USA, 1930-70

Sample:

Non-Response:

N: 81

Correlate

Authors label: Later quality of life (1)

Our classification: Later life-appraisals, code L4.1.4

Measurement:
Neugarten (1961) Life Satisfaction Rating (LSR)
Five item index of interview ratings
on:
- zest versus apathy
- resolution and fortitude
- congruence between desired and achieved goals.
- self-concepts (from "feels at his best" to "feels worthless")
- mood tone (ranging from "happy, optimistic attitudes and mood" to "pessimistic", "complaining"' and "bitter feelings").

The LSR is not a valid indicator of happiness.
LSR assessed at T2 (Ss. aged ±70).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLC/g/fi/v/7/b	r=+.30 p<.05	HAPP 3.4 assessed at T1 (Ss. aged ±30).
A-CP/g/fi/v/7/b	r=+.39 p<.001	Happiness (affect) was assessed at T1 when Ss. were about 30.
A-CP/g/fi/v/7/b	rpc=+.46 p<.001	rpc controlled for socio-economic status through the years.
O-SLC/g/fi/v/7/b	rpc=+.34 p<.05	rpc controlled for socio-economic status through the years.

Correlational finding on Happiness and Later life-appraisals
Subject code: L4.1.4

Study STORA 1975

Reported in: Storandt, M.;Wittels, J.; Botwinick, J.
Predictors of a Dimension of Well-Being in Relocated Healthy Aged.
Journal of Gerontology, 1975, Vol. 30, 97 - 102. ISSN 0022 1422
Page in Report: 99

Population: 60+ aged, followed 15 months after move, USA, 197?

Sample:

Non-Response: 50%; 47% unattainable, 3% incomplete

N: 122

Correlate

Authors label: Well-being (1)

Our classification: Later life-appraisals, code L4.1.4

Measurement: Ratings by two psychologists on a 5-point scale.
The raters were instructed to rate on a dimension of well-being that ranged from spent, played out, almost senile in manner, to alive, zestful, vital, even enthousiastic.
Assessed at T2 (11 to 19 month after move).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLP/c/sq/l/11/a	AoV= + ns	Happiness assessed at T1 (within 5 months of moving into new residence: 73 were tested up to 5 months prior to moving, 49 were tested within 5 months following the move; no significant differences between these groups were found)

Correlational finding on Happiness and Later life-appraisals
Subject code: L4.1.4

Study — YARDL 1991

Reported in: Yardley, J. K.; Rice, R.W.
The Relationship between Mood and Subjective Well-Being.
Social Indicators Research, 1991, Vol. 24, 101 - 111. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/BF00292653
Page in Report: 106

Population: University students, State University of New York at Buffalo, followed 10 weeks, 198?

Sample: Non-probability chunk sample

Non-Response:

N: 65

Correlate

Authors label: Well being (SWB)

Our classification: Later life-appraisals, code L4.1.4

Measurement:

Self report five questions (Diener's satisfaction with life scale)

a In most ways my life is close to my ideal.
b The conditions of my life are excellent.
c I am satisfied with my life.
d So far I have gotten the important things I want in life.
e If I could live my life over, I would change almost nothing

Assessed at T1 and T2 (10 weeks difference)

Measured Values: T1: M=23.54 SD=5.28 T2: M=23.94 SD=5.67

Error Estimates: Test-retest correlation coefficient(over 10 weeks month)= .82 T1: Cronbach alpha= .80 T2: Cronbach alpha =.87

Remarks: Diener's SWLS is not accepted as a valid measure of happiness because of the last item in the scale

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BD1/md/mq/v/7/a	r=+.48 p<.001	T1 Mood by T1 SWB
A-BD1/md/mq/v/7/a	r=+.42 p<.001	T1 Mood by T2 SWB
A-BD1/md/mq/v/7/a	r=+.48 p<.001	T1 Mood by T2 Mood
A-BD1/md/mq/v/7/a	r=+.50 p<.001	T1 SWB by T2 SWB
A-BD1/md/mq/v/7/a	r=+.22 p<.05	T1 SWB by T2 Mood
A-BD1/md/mq/v/7/a	r=+.64 p<.001	T2 Mood by T2 SWB
A-BD1/md/mq/v/7/a	rpc=+.40 p<.001	T1 SWB by T2 SWB controling T1 mood and T2 mood
A-BD1/md/mq/v/7/a	rpc=+.57 p<.001	T2 Mood by T2 SWB controling T1 mood and T2 SWB
A-BD1/md/mq/v/7/a	Beta=-.05 ns	T1 Mood by T2 SWB controling T1 SWB and T2 mood Direct path insignificant
A-BD1/md/mq/v/7/a	rpc=+.19 p<.05	Indirect path T1 Mood to T1 SWB to T2 SWB
A-BD1/md/mq/v/7/a	Beta=+.27 p<.05	Indirect path T1 Mood to T2 Mood to T2 SWB
A-BD1/md/mq/v/7/a		

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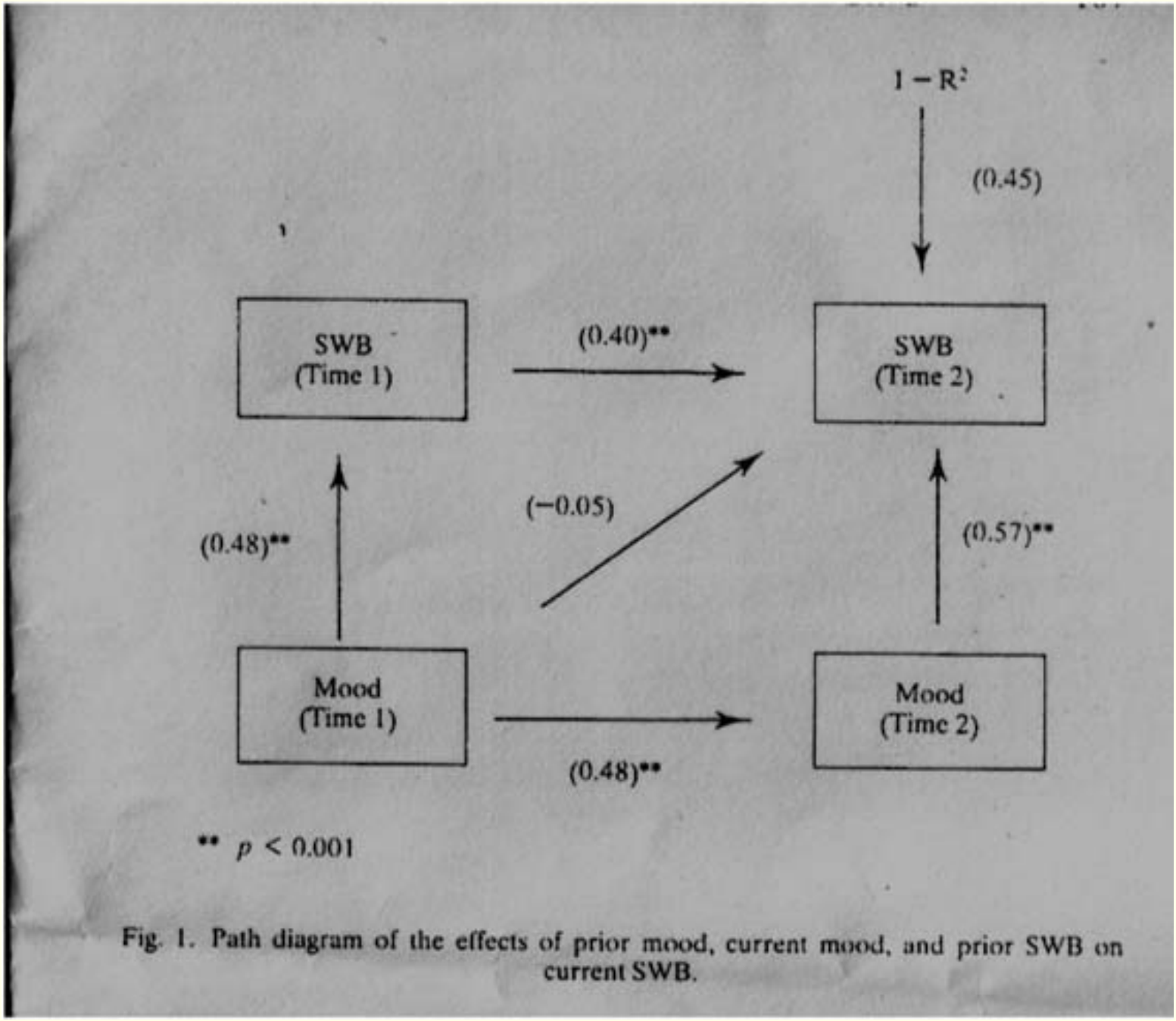

Fig. 1. Path diagram of the effects of prior mood, current mood, and prior SWB on current SWB.

Correlational finding on Happiness and Current overall judgements of life as a whole
Subject code: L4.2

Study	BALAT 1993
Reported in:	Balatsky, G.; Diener, E. Subjective Well-Being among Russian Students. Social Indicators Research, 1993, Vol. 28, 225 - 243 ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF01079019 Page in Report: 233

Population: Students, Moscow and Glazov (Ural), Russia, 1990

Sample: Non-probability chunk sample

Non-Response: not reported

N: 116

Correlate

Authors label: Satisfaction with life scale (SWLS) (1)

Our classification: Current overall judgements of life as a whole, code L4.2

Measurement:

```
5 Item Satisfaction With Life Scale
(SWLS):
a.In most ways my life is close to ideal
b.The conditions of my life are excellent.
c.I am satisfied with my life.
d.So far I have got the important things I want in life.
e.If I could live my life over, I would change almost
nothing.

Answers of each questions on 7-point rating scale:
7.strongly agree
6.agree
5 slightly agree
4 neither agree nor disagree
3 slightly disagree
2 disagree
1 strongly disagree
```

Measured Values: M= 17.67; SD= 4.84

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	r=+.51 p<.01	p two-tailed
O-DT/c/sq/v/7/b	r=+.42 p<.01	p two tailed

Correlational finding on Happiness and Current overall judgements of life as a whole Subject code: L4.2

Study CLEME 1980/3

Reported in: Clement, F.J.
De la Variation de Quelques Traits de Personalité en Fonction, notamment, de l'Age, du Sexe et du Niveau Intellectuel. (The Variation of Certain Personality Traits in Relation to Age, Sex, and Intelligent Level).
Psychologie Francaise, 1980, Vol. 25, 95 - 113
Page in Report: 102

Population: Adult women, France, 1975

Sample:

Non-Response:

N: 1893

Correlate

Authors label: Feels well in skin (1)

Our classification: Current overall judgements of life as a whole, code L4.2

Measurement:

```
Self rating on an open scale. Placer une croix, sur chaque
ligne, a l'endroit que vous estimez etre celui qui
correspond le mieux a votre etat, par rapport aux
definitions proposees;

  Je me sens assez bien dans ma peau
_____________________________________  Je ne me sens pas
      Je me sens tres bien dans ma             tres bien
peau                        dans ma peau

(Place a cross, on each line, on the place you estimate to
be that correspond the best with your state, in reference
to the proposed definitions; I don't feel very well in my
skin - I don't feel too well in my skin - I feel quite well
in my skin).
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/ol/9/a	r=+.36 p<.001	
O-SP/u/sq/ol/9/a	r=+.43 p<.001	

Correlational finding on Happiness and Current overall judgements of life as a whole Subject code: L4.2

Study SEIDL 1993/3

Reported in: Seidlitz, L.;Diener, E.
Memory for Positive versus Negative Life Events: Theories for the Differences between Happy and Unhappy Persons.
Journal of Personality and Social Psychology, 1993, Vol. 64, 654 - 664. ISSN 0022 3514
Page in Report: 661

Population: Psychology students, selected for earlier happiness, followed 11 month, USA, 1990-91

Sample:

Non-Response: Drop-out: T0-T1: 28%, T1-T2: 41%

N: 54

Correlate

Authors label: Satisfaction with life (1)

Our classification: Current overall judgements of life as a whole, code L4.2

Measurement:

```
Diener's 5-item SWLS, items scored on a
7 point scale.
1. In most ways my life is close to
   ideal.
2. The conditions of my life are
   excellent.
3. I am satisfied with my life.
4. So far I have gotten the important
   things I want in life.
5. If I could live my life over, I
   would change almost nothing.

Answer categories:
1. strongly disagree
2. disagree
3. slightly disagree
4. neither agree nor disagree
5. slightly agree
6. agree
7. strongly agree

Assessed at T1 and T2
(11 month interval)
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/g/mq/*/0/a	r=+.65 p<.001	T1 happiness with T1 life-satisfaction
A-AOL/g/mq/*/0/a	r=+.52 p<.001	T1 happiness with T2 life-satisfaction
A-AOL/g/mq/*/0/a	r=+.62 p<.001	T2 happiness with T1 life-satisfaction

A-AOL/g/mq/*/0/a	r=+.62 p<.001	T2 happiness with T2 life-satisfaction

Correlational finding on Happiness and Current overall judgements of life as a whole Subject code: L4.2

Study

VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 396

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: assesment of one's own quality of life (1)

Our classification: Current overall judgements of life as a whole, code L4.2

Measurement:
```
Single question:
"How is the quality of your life at present? (in your
understanding of the word)"
1: very bad
2: bad
3: neither/nor
4: good
5: very good
```

Measured Values: N: all:1468, 1:9, 2:42, 3:275, 4:789, 5:353

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.64 p<.00	1:Ms=1.24 2:Ms=4.05 3:Ms=6.16 4:Ms=7.90 5:Ms=9.38 All Mt=7.78

O-SLu/c/sq/v/5/e	r=+.71 p<.00	1: Mt=1.95 2: Mt=2.91 3: Mt=5.66 4: Mt=7.59 5: Mt=9.23 All Mt=7.45
O-HL/c/sq/v/5/h	r=+.62 p<.00	1: Mt=2.23 2: Mt=3.95 3: Mt=5.49 4: Mt=6.95 5: Mt=8.58 All Mt=6.95

Correlational finding on Happiness and Wished other life
Subject code: L4.2.1

Study ABRAM 1972

Reported in: Abrams, M.; Hall, J.
The Condition of the British People: Report on a Pilot Survey using Self-Rating Scales.
Unpublished paper, Social Science Research Council, 1972, London, UK.
Page in Report: 21

Population: 15+ aged, general public, Britain, 1971

Sample:

Non-Response:

N: 213

Correlate

Authors label: Wish to have lived in an other way in the past (1)

Our classification: Wished other life, code L4.2.1

Measurement: Closed question on number of things one wants to change if one could relive one's life not change any of it / change some parts / change many parts

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/l/11/b	r=+.06	

Correlational finding on Happiness and Wished other life

Subject code: L4.2.1

Study SEARS 1977A

Reported in: Sears, P.S.; Barbee, A.H.
Career and Life Satisfactions among Terman Gifted Women.
Stanley, J.C.;George, W.C.;Eds.:"The Gifted and the Creative", J.Hopkins University Press, 1977, Baltimore, USA, 28 - 72
Page in Report: 40-62/4

Population: "Gifted women" (IQ >135), followed 50 years, California, USA, 1921-72

Sample: Non-probability purposive sample

Non-Response: Attrition in 1972: 25%

N: 671

Correlate

Authors label: Wish to be a man (3)

Our classification: Wished other life, code L4.2.1

Measurement: Single direct question: "Ever wished to be a member of the opposite sex?"

Assessed in 1940

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
C-ASG/h/mq/v/5/a	AoV= ns	Earlier wish (1940) by present happiness (1972).
M-PL/h/sq/v/5/b	Chi²= ns	

Correlational finding on Happiness and Wished other life
Subject code: L4.2.1

Study SHICH 1984

Reported in: Shichman, S.; Cooper, E.
Life Satisfaction and Sex-Role Concept.
Sex Roles, 1984, Vol. 11, 227 - 240. ISSN 0360 0025 DOI:10.1007/BF00287516
Page in Report: 234

Population: Adults, students and churchmembers, USA, 198?

Sample:

Non-Response: 5,9 %

N: 217

Correlate

Authors label: Satisfaction with conflicts among various aspects (1)

Our classification: Wished other life, code L4.2.1

Measurement: Single direct questions on both satisfaction and dissatisfaction with conflicts among various aspects.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/u/sq/v/4/a	r=-.36 p<.00	dissatisfaction

Correlational finding on Happiness and Wished other life
Subject code: L4.2.1

Study SNIDE 1980

Reported in: Snider, E.L.
Explaining Life Satisfaction: It's the Elderly's Attitudes that Count.
Social Science Quarterly, 1980, Vol. 61, 253 - 263. ISSN 0038 4941
Page in Report: 255

Population: 65+ aged, retired whites, Edmonton, Canada, 1976

Sample: Probability systematic sample

Non-Response: 10%

N: 428

Correlate

Authors label: Willingness to relive life exactly the same (1)

Our classification: Wished other life, code L4.2.1

Measurement: Single direct question.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-SLu/g/sq/v/3/a	r=+.13 p<.001

Correlational finding on Happiness and Perceives a lot of happiness (projective happiness) Subject code: L4.2.3

Study — WESSM 1966/2

Reported in: Wessman, A.E.;Ricks, D.F.
Mood and Personality.
Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8
Page in Report: 116

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Projective happiness (1)

Our classification: Perceives a lot of happiness (projective happiness), code L4.2.3

Measurement: Over-all score on a scheme of 15 posi- tive and 15 negative variables indica- tive of happy - unhappy themes, using stories that were told to the Standard Thematic Apperception Test cards (see Murray, 1943).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-ARE/md/sqr/v/10/a	r=+.27 ns	

Correlational finding on Happiness and Aspect judgements of one's life as a whole6 Subject code: L4.3

Study — VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 404

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: fulfilment of needs (1)

Our classification: Aspect judgements of one's life as a whole6, code L4.3

Measurement:
```
Fulfillment of needs
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: all:1314, 1:2, 2:23, 3:199, 4:777, 5:313

Remarks:
```
fulfilment of needs made up of the questions:
"How well are your basic biological needs fulfilled at
present?"(such as food, clothing, heating, housing, sleep,
sex, safety and security ?)
"How well are your social needs fulfilled at present?"(need
for contact, recognition, friendship and social acceptance)
"How well is your need to be useful fulfilled at
present?"(need to help other people, to make the world a
better place)
How well is your need to realize your life popential being
fulfilled (need to develop insight and action to live in
ever increasing harmony with yourself)
"How well is your need for an exciting and varied life
fulfilled at present?"
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.47 p<.00	1: Mt=2.50 2: Mt=3.80 3: Mt=6.40 4: Mt=7.89 5: Mt=8.95 All Mt=7.84
O-SLu/c/sq/v/5/e	r=+.58 p<.00	1: Mt=1.25 2: Mt=2.83 3: Mt=5.70 4: Mt=7.55 5: Mt=8.93 All Mt=7.50

O-HL/c/sq/v/5/h	r=+.52 p<.00	1: Mt=2.50 2: Mt=3.59 3: Mt=5.51 4: Mt=7.01 5: Mt=8.34 All Mt=7.04

Correlational finding on Happiness and Aspect judgements of one's life as a whole6
Subject code: L4.3

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 416

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: fulfilment of social needs (1)

Our classification: Aspect judgements of one's life as a whole6, code L4.3

Measurement:
```
Single question:
"How well are your social needs fulfilled at present ?"
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: all:1444, 1:7, 2:57, 3:217, 4:735, 5:428

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

A-AOL/m/sq/v/5/a	r=+.47 p<.00	1: Mt=2.50 2: Mt=5.18 3: Mt=6.58 4: Mt=7.79 5: Mt=8.81 All Mt=7.78
O-SLu/c/sq/v/5/e	r=+.53 p<.00	1: Mt=3.21 2: Mt=4.30 3: Mt=6.04 4: Mt=7.48 5: Mt=8.61 All Mt=7.45
O-HL/c/sq/v/5/h	r=+.49 p<.00	1: Mt=3.21 2: Mt=4.74 3: Mt=5.73 4: Mt=6.88 5: Mt=8.09 All Mt=6.96

Correlational finding on Happiness and Aspect judgements of one's life as a whole6 Subject code: L4.3

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 422

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: need for self-realization (1)

Our classification: Aspect judgements of one's life as a whole6, code L4.3

Measurement: Single question:
"How well is your need for self-realization fulfilled at present?"
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well

Measured Values: N: all:1385, 1:21, 2:118, 3:405, 4:621, 5:220

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.46 p<.00	1: Mt=4.76 2: Mt=5.58 3: Mt=7.29 4: Mt=8.21 5: Mt=8.94 All Mt=7.78
O-SLu/c/sq/v/5/e	r=+.54 p<.00	1: Mt=3.98 2: Mt=5.15 3: Mt=6.76 4: Mt=7.96 5: Mt=8.90 All Mt=7.45
O-HL/c/sq/v/5/h	r=+.47 p<.00	1: Mt=4.44 2: Mt=5.10 3: Mt=6.34 4: Mt=7.43 5: Mt=8.11 All Mt=6.96

Correlational finding on Happiness and Aspect judgements of one's life as a whole6
Subject code: L4.3

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 424

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: denial of needs (1)

Our classification: Aspect judgements of one's life as a whole6, code L4.3

Measurement:

```
denial of needs(I do not have this need)
Made up of the following questions rated at a 5-points
scale from very bad to very well:
a. "How well are your basic biological needs at present ?"
This concerns your physical needs such as your need for
food, clothing, heating, housing, sleep, sex, safety and
security
b. "How well are your social needs fulfilled at present ?"
This concerns your needs for warm, human contacts,
recognition, friendship and social solidarity
c. "How well is your need to be useful fulfilled at
present?"
This concerns your need to help other people, make your
contribution to the world or making it a better place
d. "How well is your need for an exciting and varied life
fulfilled at present?"
This concerns your need to have an exciting and varied life
with experiences and actions.
e. "How well is your need for self-realization fulfilled at
present?"
This concerns your need to develop your insight and ability
to take action in order to live in an ever increasing
harmony with yourself
1: basic biological needs
2: social needs
3: the need to be useful
4: the need for an exciting and varied life
5: the need for self-realization
```

Measured Values: N: all:217, a:11, b:21, c:47, d:69, e:69

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a		a: Mt=7.05 b: Mt=7.50 c: Mt=7.66 d: Mt=7.58 e: Mt=7.83 All Mt=7.64

O-SLu/c/sq/v/5/e

a: Mt=7.19
b: Mt=7.76
c: Mt=7.34
d: Mt=7.58
e: Mt=7.50
All Mt=7.50

O-HL/c/sq/v/5/h

a: Mt=5.91
b: Mt=6.59
c: Mt=6.51
d: Mt=6.46
e: Mt=6.60
All Mt=6.50

Correlational finding on Happiness and Aspect judgements of one's life as a whole6
Subject code: L4.3

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 428

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: fulfilment of needs

Our classification: Aspect judgements of one's life as a whole6, code L4.3

Measurement:

fulfilment of needs
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well

Measured Values: N: All:4217; %:1:0,1; 2:2,6; 3:16,9; 4:57,1; 5:23,3

Remarks: fulfilment of needs is made up of the questions:
"How well are your basic biological needs fulfilled at present?"(such as food, clothing, heating, housing, sleep, sex, safety and security ?)
"How well are your social needs fulfilled at present?"(need for contact, recognition, friendship and social acceptance)
"How well is your need to be useful fulfilled at present?"(need to help other people, to make the world a better place)
How well is your need to realize your life popential being fulfilled (need to develop insight and action to live in ever increasing harmony with yourself)
"How well is your need for an exciting and varied life fulfilled at present?"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.55 p<.00	1: Ms=2.50 2: Ms=3.93 3: Ms=6.04 4: Ms=7.99 5: Ms=9.15
O-SLu/c/sq/v/5/e	r=+.60 p<.00	1: Ms=1.66 2: Ms=3.19 3: Ms=5.44 4: Ms=7.70 5: Ms=8.99
O-HL/c/sq/v/5/h	r=+.55 p<.00	1: Ms=2.88 2: Ms=3.96 3: Ms=5.34 4: Ms=7.16 5: Ms=8.51

Correlational finding on Happiness and Aspect judgements of one's life as a whole6
Subject code: L4.3

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 440

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: fulfilment of social needs

Our classification: Aspect judgements of one's life as a whole6, code L4.3

Measurement:
```
Single question:
"How well are your social needs fulfilled at present ?"
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: All:4590; %:1:1,1; 2:4,8; 3:15,5; 4:47,5; 5:31,1

Remarks:
```
The explanation says:"that is your needs for warm human
contact, recognition, friendship and social acceptance ?"
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.52 p<.00	1: Ms=3.44 2: Ms=4.55 3: Ms=6.48 4: Ms=7.85 5: Ms=8.84
O-SLu/c/sq/v/5/e	r=+.55 p<.00	1: Ms=2.65 2: Ms=4.10 3: Ms=6.06 4: Ms=7.51 5: Ms=8.63
O-HL/c/sq/v/5/h	r=+.50 p<.00	1: Ms=3.63 2: Ms=4.56 3: Ms=5.65 4: Ms=7.03 5: Ms=8.15

Correlational finding on Happiness and Aspect judgements of one's life as a whole6 Subject code: L4.3

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 446

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: fulfilment of the need for self-realization

Our classification: Aspect judgements of one's life as a whole6, code L4.3

Measurement:
```
Single question:
"How well is your need for self-realization fulfilled at
present ?"
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: All:4412; %:1:2,3; 2:10,7; 3:28,6; 4:42,3; 5:16,1

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.51 p<.00	1: Ms=4.15 2: Ms=5.63 3: Ms=7.23 4: Ms=8.30 5: Ms=9.04
O-SLu/c/sq/v/5/e	r=+.55 p<.00	1: Ms=3.06 2: Ms=5.04 3: Ms=6.94 4: Ms=7.99 5: Ms=8.91
O-HL/c/sq/v/5/h	r=+.47 p<.00	1: Ms=4.00 2: Ms=5.33 3: Ms=6.51 4: Ms=7.49 5: Ms=8.25

Correlational finding on Happiness and Aspect judgements of one's life as a whole6
Subject code: L4.3

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 448

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: denial of needs

Our classification: Aspect judgements of one's life as a whole6, code L4.3

Measurement:
```
denial of needs( I do not have this need)
a: basic biological needs
b: social needs
c: the need to be useful
d: the need for an exciting and varied life
e: the need for self-realization
f: no denial of needs
```

Measured Values: N: All:4703; %:a:-; b0,3; c:2,6; d:2,7; e:3,8; f:92,5:

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a		a: Ms=- b: Ms=7.66 c: Ms=7.23 d: Ms=7.91 e: Ms=8.00 f: Ms=7.74
O-SLu/c/sq/v/5/e		a: Ms=- b: Ms=6.88 c: Ms=6.91 d: Ms=7.75 e: Ms=7.69 f: Ms=7.41

O-HL/c/sq/v/5/h

a: Ms=-
b: Ms=5.79
c: Ms=6.81
d: Ms=7.03
e: Ms=7.06
f: Ms=7.03

Correlational finding on Happiness and Single aspect evaluations (on criteria of good life) Subject code: L4.3.1

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 85

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Feeling warm about life (2)

Our classification: Single aspect evaluations (on criteria of good life), code L4.3.1

Measurement:
Selfreport on single question :
Where would you put your life as a whole on a feeling thermometer?
Rated on 'thermometer scale' (in grades)
0 degrees: very cold, negative
10
20
30
40
50
60
70
80
90
100 very warm, positive

Remarks: Happiness measure type O

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	mr=+.50	O-DT twice during the interview with and interval of about 10 minutes Correlation with O-SLV (asked once) O-DT asked first: r=+.51 O-DT asked last : r=+.49

Correlational finding on Happiness and Single aspect evaluations (on criteria of good life) Subject code: L4.3.1

Study HEDLE 1981

Reported in: Hedley, R.A
Work, Life and the Pursuit of Happiness: A Study of Australian Industrial Workers.
The Journal of Industrial Relations, September, 1981, 397 - 405
Page in Report: 400

Population: Shop-floor workers in four metropolitan areas, south-eastern Australia, 1977

Sample: Non-probability purposive sample

Non-Response: 42%

N: 1486

Correlate

Authors label: life worth living (1)

Our classification: Single aspect evaluations (on criteria of good life), code L4.3.1

Measurement:
```
Single question:
How often have you seriously thought that life wasn't
really worth living..
1: a great deal
2: occasionally
3: once or twice
4: never
```

Measured Values: 1: 5%, 2: 20%, 3: 31%, 4: 44%

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLL/c/sq/v/3/a	G=+.61	
O-LWL/u/sq/v/4/a	G=+.51	

Correlational finding on Happiness and Single aspect evaluations (on criteria of good life) Subject code: L4.3.1

Study KOIVU 1998

Reported in: Koivumaa-Honkanen, H.
Life Satisfaction as a Health Predictor.
Kuopio University Publications,1998, Finland. ISBN 951 781 6634
Page in Report: 70

Population: 18-64 aged adult twin pairs, Finland, 1975

Sample: Non-probability purposive sample

Non-Response: 271

N: 29444

Correlate

Authors label: Interest in life

Our classification: Single aspect evaluations (on criteria of good life), code L4.3.1

Measurement:
```
Do you feel that your life at present is
5= very interesting
4= fairly interesting
3= cannot say
2= fairy boring
1= very boring
```

Measured Values: M=3.81, CI95[3.82-3.80]

Remarks: Original scale is reversed

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/j	r=+.65	All
O-HL/c/sq/v/5/j	r=+.64	Men
O-HL/c/sq/v/5/j	r=+.66	Women
O-HL/c/sq/v/5/j	r=+.59	Healthy
O-HL/c/sq/v/5/j	r=+.68	Sick

O-HL/c/sq/v/5/j	r=+.64	Age 18-24
O-HL/c/sq/v/5/j	r=+.65	Age 25-34
O-HL/c/sq/v/5/j	r=+.63	Age 35-44
O-HL/c/sq/v/5/j	r=+.67	Age 45-54
O-HL/c/sq/v/5/j	r=+.66	Age 55-64

Correlational finding on Happiness and Single aspect evaluations (on criteria of good life) Subject code: L4.3.1

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 420

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: perceived quality of life

Our classification: Single aspect evaluations (on criteria of good life), code L4.3.1

Measurement:
```
Single question:
How is the quality of your life at present ?(in your
understanding of the word)
1: very bad
2: bad
3: neither/nor
4: good
5: very good
```

Measured Values: N: All:4601; %: 1:0,9; 2:4,7; 3:17,4; 4:50,6; 5:26,6

Remarks: As a happiness measure this question correlates highly with other happiness measures

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Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.68 p<.00	1: Ms=2.13 2: Ms=3.85 3: Ms=6.05 4: Ms=7.94 5: Ms=9.33
O-SLu/c/sq/v/5/e	r=+.74 p<.00	1: Ms=1.44 2: Ms=3.04 3: Ms=5.50 4: Ms=7.61 5: Ms=9.26
O-HL/c/sq/v/5/h	r=+.68 p<.00	1: Ms=2.44 2: Ms=4.10 3: Ms=5.26 4: Ms=7.04 5: Ms=8.81

Correlational finding on Happiness and . close (vs lonely)
Subject code: L4.3.1.1

Study BRADS 2006

Reported in: Bradshaw, J.; Hoelscher, P.; Richardson, D.
Comparing Child Well-Being in OECD Countries: Concepts and Methods.
Innocenti Working Paper no. 2006-3, Unicef Research Centre, 2006, Florence, Italy. ISSN: 1014 7837
Page in Report: 4, 70, 75

Population: 15 yearaged, 29 countries, 2001

Sample: Probability multi-stage cluster sample

Non-Response:

N: 137682

Correlate

Authors label: Feeling lonely

Our classification: . close (vs lonely), code L4.3.1.1

Measurement: Self report on single question:
"I feel lonely"

Measured Values: OECD countries: Austria = 7,2 Belgium = 6,4 Canada = 7,6 Czech Republic = 7,0 Denmark = 6,2 Finland = 6,2 France = 6,4 Germany = 6,2 Greece = 6,5 Hungary = 7,3 Ireland = 4,6 Italy = 6,0 Netherlands = 2,9 Norway = 7,0 Poland = 8,4 Portugal = 5,0 Spain = 4,4 Sweden = 6,7 Switzerland = 6,6 United Kingdom = 5,4 United States = NA Average of OECD countries: 7,4 %, SD = 5,3 % Non-OECD Countries: Croatia = NA Estonia = NA Israel = 2,7 Latvia = 9,0 Lithuania = NA Malta = NA Russian Federation = 8,5 Slovenia = NA

Remarks: Data: PISA 2003

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
C-BW/c/sq/l/11/a	r=-.42 ns	% happy in nation by % feeling lonely

---

Correlational finding on Happiness and . close (vs lonely)
Subject code: L4.3.1.1

Study BRENN 1970

Reported in: Brenner, B.
Social Factors in Mental Well-Being at Adolescence.
PhD Dissertation, The American University, 1970, Washington DC, USA
Page in Report: 71/75/87/.

Population: Highschool pupils, New York State, USA, 1960

Sample:

Non-Response: 1%

N: 5204

Correlate

Authors label: Tending to be a lonely person (3)

Our classification: . close (vs lonely), code L4.3.1.1

Measurement: Closed question: not lonely / fairly lonely / very lonely.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-HL/u/sq/v/4/b	G=-.68	Unaffected by sex After control for: - usual mood : Gs = -.56 - having fun in life : Gs = -.50 - frequency of low mood : Gs = -.62 - tending to be a discouraged person: Gs = -.60 - anxiety symptoms : Gs = -.66 Males : G = -.55 Females : G = -.49
A-AOL/g/sq/v/5/a	G=-.31	Males : G = -.55 Females : G = -.49
A-AOL/g/sq/v/5/a	V= .23 p<.01	
O-HL/u/sq/v/4/b	V= .32 p<.01	

Correlational finding on Happiness and . close (vs lonely)
Subject code: L4.3.1.1

Study — KOIVU 2001

Reported in: Koivumaa-Honkanen H.; Honkanen, R; Hintikka J.; Laukkanen E.; Honkalampi K.; Self-Reported Life Satisfaction and Recovery from Depression in a 1-Year Prospective Study. Acta Psychiatrica Scandinavica, 2001, Vol. 103, 38 -44. ISSN 0001 690X doi:10.1034/j.1600-0447.2001.00046.x
Page in Report: 41

Population: depression patients, out-clinic, Finland, 1996

Sample: Non-probability purposive sample

Non-Response: 8%

N: 203

Correlate

Authors label: life satisfaction(feel lonliness)

Our classification: . close (vs lonely), code L4.3.1.1

Measurement:
```
Do you feel that your life at present is:
1 very interesting
2 fairly interesting
3 cannot say
4 fairly boring
5 very boring
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/j	r=+.38 p<.001	T1
O-HL/c/sq/v/5/j	r=+.53 p<.001	T2
O-HL/c/sq/v/5/j	r=+.50 p<.001	T3

Correlational finding on Happiness and . ideal (vs intolerable)
Subject code: L4.3.1.10

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Idealness of life (1)

Our classification: . ideal (vs intolerable), code L4.3.1.10

Measurement: Closed question on specific feelings about life: "I think my life is intolerable...ideal".
Rated on a 7-point scale ranging from positive (7) to negative (1)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	mr=+.47	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : r=+.60 HAP 4.1 asked second: r=+.40 HAP 4.1 asked third : r=+.40

M-AO/u/sq/f/7/a	r=+.40	
C-BW/cy/sq/l/9/a	r=+.40	
O-GBB/u/sq/c/9/a	r=+.30	
A-BB/cm/mq/v/2/a	r=+.30	Index of positive affects: r=+.30 Index of negative affects: r=-.20
O-HL/u/sq/v/7/b	r=+.50	
O-HL/c/sq/v/3/aa	r=-.40	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study — ALLAR 1973/1

Reported in: Allardt, E.
About Dimensions of Wellfare: An Explanatory Analysis of a Comparative Scandinavian Survey. Research Group for Comparative Sociology , 1973, Research Report Nr. 1,University of Helsinki, Finland
Page in Report:

Population: 15-64 aged, general public, Denmark, 1972

Sample: Probability multistage stratified area sample

Non-Response:

N: 1000

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Question if respondent feels his life is interesting.
4-point scale ranging from "very interesting" to "very dull"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-HL/c/sq/v/4/a	rpc=+.52	Controlled for:Income, density of housing, education, social status, chronic illness, anxiety, frequency of meetings with relatives, number of friends, opportunities to make personal contacts, possibilities to decide on matters concerning one's own personal life, number of memberships in clubs and associations, easyness of life, loneliness, feelings of being liked, feeling of being able to use knowledge and skills, feeling of chance to succeed, gets sufficient attention, satisfaction with income, age, gender, no. of communities in which lived.

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study ALLAR 1973/2

Reported in: Allardt, E.
About Dimensions of Wellfare: An Explanatory Analysis of a Comparative Scandinavian Survey. Research Group for Comparative Sociology, Research, 1973, Report nr. 1, University of Helsinki, Finland
Page in Report:

Population: 15-64 aged, general public, Finland, 1972

Sample: Probability multistage stratified area sample

Non-Response:

N: 1000

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Question if respondent feels his life is interesting. 4-point scale ranging from "very interesting" to "very dull"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-HL/c/sq/v/4/a	rpc=+.67	Controlled for:Income, density of housing, education, social status, chronic illness, anxiety, frequency of meetings with relatives, number of friends, opportunities to make personal contacts, possibilities to decide on matters concerning one's own personal life, number of memberships in clubs and associations, easyness of life, loneliness, feelings of being liked, feeling of being able to use knowledge and skills, feeling of chance to succeed, gets sufficient attention, satisfaction with income, age, gender, no. of communities in which lived.

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study — ALLAR 1973/3

Reported in: Allardt, E.
About Dimensions of Welfare: An Explanatory Analysis of a Comparative Scandinavian Survey. Research Group for Comparative Sociology, 1973, Reprort nr. 1, University of Helsinki, Finland
Page in Report:

Population: 15-64 aged, general public, Norway, 1972

Sample: Probability multistage stratified area sample

Non-Response:

N: 1000

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Question if respondent feels his life is interesting. 4-point scale ranging from "very interesting" to "very dull"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-HL/c/sq/v/4/a	rpc=+.47	Controlled for:Income, housing density, education, social status, chronic illness, anxiety, freq. of meetings with relatives, opportunities to make personal contacts, possibilities to decide on matters concerning one's own personal life, no. of memberships in clubs and associations, interesting life, easyness of life, loneliness, feeling of being liked, feeling of being able to use knowledge and skills, feeling of chance to suceed, gets sufficient attention, satisfaction with income, age, gender, no. of communities in which lived.

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study ALLAR 1973/4

Reported in: Allardt, E.
About Dimensions of Welfare: An Explanatory Analysis of a Comparative Scandinavian Survey. Research Reports, no.1, 1973; Eesearch Group for Comparative Sociology, 1973, Research Report nr. 1, University of Helsinki, Finland
Page in Report:

Population: 15-64 aged, general public, Sweden, 1972

Sample: Probability multistage stratified area sample

Non-Response:

N: 1000

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Question if respondent feels his life is interesting. 4-point scale ranging from "very interesting" to "very dull"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-HL/c/sq/v/4/a	rpc=+.48	Controlled for:Income, housing density, social status, education, chronic illness, anxiety, freq. of meetings with relatives, no. of friends, opportunities to make personal contacts, possibilities to decide on matters concerning one's own personal life, no. of memberships in clubs and associations, easyness of life, loneliness, feeling of being liked, feeling of being able to use knowledge and skills, feeling of chance to succeed, gets sufficient attention, satisfaction with income, age, gender, no. of communities in which lived.

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 141

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with interestingness of daily life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Closed question: "How do you feel about how interesting your day-to-day life is?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.54	

O-DT/u/sqt/v/7/a	Beta=+.12	ß controlled for 7 criterion satisfactions (physical needs met, yourself, how fairly treated, fun and enjoyment, develop self, adjust to changes, financial security).
O-DT/u/sqt/v/7/a	Beta=+.13	ß controlled for sociodemographic variables (family life-cycle, age, family income, education, race, sex) and 7 criterion satisfactions. (see above)

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with amount of beauty (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Closed question: "How do you feel about the amount of beauty and attractiveness in your world?"
Rated on a 7-point scale: terrible/ unahppy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

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Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.38	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Interestingness of life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Closed question: "How do you feel about how interesting your day-to-day life is?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.63	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with amount of beauty (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Closed question: "How do you feel about the amount of beauty and attractiveness in your world?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

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Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.50	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with amount of imagina- tion (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Closed question: "How do you feel about the amount of imagination and fantasy in your life?"
Rated on a 7-point scale: rterrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.42	

Correlational finding on Happiness and . interesting (vs boring)

Subject code: L4.3.1.11

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Interestingness of life (2)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Closed question on specific feelings about life: "I think my life is boring ...interesting".
Rated on a 7-point scale ranging from positive (7) to negative (1)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	mr=+.50	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : r=+.50 HAP 4.1 asked second: r=+.50 HAP 4.1 asked third : r=+.50
C-BW/cy/sq/l/9/a	r=+.30	
M-AO/u/sq/f/7/a	r=+.50	
O-GBB/u/sq/c/9/a	r=+.40	
O-HL/u/sq/v/7/b	r=+.60	
O-HL/c/sq/v/3/aa	r=-.50	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with amount of imagina- tion (2)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Closed question: "How do you feel about the amount of
imagination and fantasy in your life?"
Rated:
1 terrible
2 unhappy
3 mostly dissatisfied
4 mixed
5 mostly satisfied
6 pleased
7 delighted
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.42	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study FORTI 1983

Reported in: Forti, T. J.; Hyg, M.S.
A Documented Evaluation of Primary Prevention through Consultation.
Community Mental Health Journal, 1983, Vol. 19, 290 - 304. ISSN p 0010 3853; ISSN e 1573 2789
DOI:10.1007/BF00755410
Page in Report:

Population: Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981

Sample:

Non-Response: T1: 18%, T2: 14%, T3: 23%

N: 137

Correlate

Authors label: Satisfaction with interesting day-to-day life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Single closed question: 'How do you feel about interesting day-to-day life?', rated on a 7-point Delighted-Terrible scale, ranging from (1) Delighted to (7) Terrible (8) neither.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/f/7/a	r=+	T1: 1977 r= +.50 (01) T2: 1979 r= +.50 (01) T3: 1981 r= +.49 (01) Both variables assessed at T1, T2, and T3. Correlation concerns same time measures.

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study GORDO 1975

Reported in: Gordon, R.M.
The Effects of Interpersonal and Economic Resources upon Values and the Quality of Life.
Unpublished PhD Dissertation, Dept. of Social Psychology, Temple University, 1975, Pennsylvania, USA
Page in Report: 85, 87

Population: Undergraduate students, Temple University, Pennsylvania, USA, 1973

Sample:

Non-Response:

N: 346

Correlate

Authors label: Information (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Direct question: "I receive a lot of intelectual stimulation now". Rated on a 9-point scale ranging from 1='never, not at all, lowest' to 9='always, completely, highest'

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/g/sq/n/9/a	r=+.30	
O-HL/g/sq/n/9/a	rpc=+.12	rpc controlled for selfperceived receipt of: love, services, financial secrurity and sex

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Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study KOIVU 2001

Reported in: Koivumaa-Honkanen H.; Honkanen, R; Hintikka J.; Laukkanen E.; Honkalampi K.; Self-Reported Life Satisfaction and Recovery from Depression in a 1-Year Prospective Study. Acta Psychiatrica Scandinavica, 2001, Vol. 103, 38 -44. ISSN 0001 690X doi:10.1034/j.1600-0447.2001.00046.x
Page in Report: 41

Population: depression patients, out-clinic, Finland, 1996

Sample: Non-probability purposive sample

Non-Response: 8%

N: 203

Correlate

Authors label: life satisfaction(interesting)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Do you feel that your life at present is:
1 very interesting
2 fairly interesting
3 cannot say
4 fairly boring
5 very boring
```

Remarks: Assessed at T1, after 6 months (T2) and after 12 months(T3)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/j	r=+.73 p<.001	T1

O-HL/c/sq/v/5/j	r=+.75 p<.001	T2
O-HL/c/sq/v/5/j	r=+.81 p<.001	T3

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study — LEISU 1980/1

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo.
Page in Report: 41/5

Population: 18+ aged, general public, Australia, 1979

Sample:

Non-Response:

N: 1104

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.61 p<.01	
O-SLu/c/sq/v/5/a	G=+.64 p<.01	
O-SLu/c/sq/v/5/a	tb=+.44 p<.01	

O-HL/c/sq/v/5/e	tb=+.40 p<.01

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study — LEISU 1980/10

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values.The Leisure Development Center, Tokyo
Page in Report: 563/7

Population: 18+ aged, general public, urban areas, South Korea, 1972

Sample:

Non-Response:

N: 997

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.77 p<.01	
O-HL/c/sq/v/5/e	G=+.85 p<.01	
O-HL/c/sq/v/5/e	tb=+.58 p<.01	
O-SLu/c/sq/v/5/a	tb=+.53 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/11

Reported in: The Leisure Development Center,
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 621/5

Population: 18+ aged, general public, United Kingdom, 1972

Sample:

Non-Response:

N: 987

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.67 p<.01	
O-SLu/c/sq/v/5/a	G=+.67 p<.01	
O-SLu/c/sq/v/5/a	tb=+.44 p<.01	
O-HL/c/sq/v/5/e	tb=+.44 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/12

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 679/83

Population: 18+ aged, general public, USA, 1979

Sample:

Non-Response:

N: 1127

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.69 p<.01	
O-SLu/c/sq/v/5/a	G=+.68 p<.01	
O-SLu/c/sq/v/5/a	tb=+.45 p<.01	
O-HL/c/sq/v/5/e	tb=+.47 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/13

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 737/41

Population: 18+ aged, general public, West Germany, 1979

Sample:

Non-Response:

N: 1020

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.67 p<.01	
O-HL/c/sq/v/5/e	G=+.75 p<.01	
O-SLu/c/sq/v/5/a	tb=+.42 p<.01	
O-HL/c/sq/v/5/e	tb=+.50 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/2

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 99/103

Population: Adult, general public, metropolitan areas Brazil, 1979

Sample:

Non-Response:

N: 1000

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.58 p<.01	
O-SLu/c/sq/v/5/a	G=+.0 p<.01	
O-HL/c/sq/v/5/e	tb=+.42 p<.01	
O-SLu/c/sq/v/5/a	tb=+.44 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/3

Reported in: The Leisure Development Center.
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values, The Leisure Development Center, Tokyo
Page in Report: 157/161

Population: 18+ aged, general public, Canada, 1979

Sample:

Non-Response:

N: 1012

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.72 p<.01	
O-HL/c/sq/v/5/e	G=+.72 p<.01	
O-SLu/c/sq/v/5/a	tb=+.49 p<.01	
O-HL/c/sq/v/5/e	tb=+.49 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/4

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 215/9

Population: 18+ aged, general public, France, 1979

Sample:

Non-Response:

N: 1000

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.74 p<.01	
O-SLu/c/sq/v/5/a	G=+.70 p<.01	
O-HL/c/sq/v/5/e	tb=+.52 p<.01	
O-SLu/c/sq/v/5/a	tb=+.47 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/5

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo.
Page in Report: 273/7

Population: 18+ aged, general public, India, 1979

Sample:

Non-Response:

N: 1000

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.72 p<.01	
O-SLu/c/sq/v/5/a	G=+.74 p<.01	
O-SLu/c/sq/v/5/a	tb=+.55 p<.01	
O-HL/c/sq/v/5/e	tb=+.55 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/6

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 331/5

Population: 18+ aged, general public, Italy, 1979

Sample:

Non-Response:

N: 1042

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.65 p<.01	
O-HL/c/sq/v/5/e	G=+.63 p<.01	
O-SLu/c/sq/v/5/a	tb=+.46 p<.01	
O-HL/c/sq/v/5/e	tb=+.43 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/7

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 389/93

Population: 18+ aged, general public, Japan, 1979

Sample:

Non-Response:

N: 1574

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.75 p<.01	
O-HL/c/sq/v/5/e	G=+.74 p<.01	
O-SLu/c/sq/v/5/a	tb=+.52 p<.01	
O-HL/c/sq/v/5/e	tb=+.52 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/8

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 447/51

Population: 18+ aged, general public, Phillippines, 1979

Sample:

Non-Response:

N: 996

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.68 p<.01	
O-SLu/c/sq/v/5/a	G=+.64 p<.01	
O-SLu/c/sq/v/5/a	tb=+.44 p<.01	
O-HL/c/sq/v/5/e	tb=+.50 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study LEISU 1980/9

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 505/9

Population: 18+ aged, general public, Singapore, 1979

Sample:

Non-Response:

N: 1006

Correlate

Authors label: Interesting life (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement:
```
Single direct question: "Is your daily life interesting or
is it boring?"
1. very boring
2. fairly boring
3. neither interesting nor boring
4. fairly interesting
5. very interesting
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.76 p<.01	
O-HL/c/sq/v/5/e	G=+.83 p<.01	
O-SLu/c/sq/v/5/a	tb=+.54 p<.01	
O-HL/c/sq/v/5/e	tb=+.63 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study STAPE 1988/1

Reported in: Stapel, J.
De Gelukkige Nederlanders. (The Happy Dutchman).
Unpublished Paper, N.I.P.O.(Gallup Affiliate), 1988, Amsterdam, Netherlands
Page in Report: 5

Population: 18+ aged, The Netherlands, 1988

Sample: Probability systematic sample

Non-Response:

N: 952

Correlate

Authors label: Boredom (1)

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: `Single closed question: "Do you feel ever bored? Is it often, sometimes or seldom?"`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/u/sq/v/3/a	G=-.59 p<.01	

Correlational finding on Happiness and . interesting (vs boring)
Subject code: L4.3.1.11

Study WATTE 1995

Reported in: Watten, R.G.; Syversen, J.L.; Myhrer, T.
Quality of Life, Intelligence and Mood.
Social Indicators Research, 1995, Vol. 36, 287 - 299. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF01078818
Page in Report: 293

Population: Army recruits, Norway,199?

Sample: Probability simple random sample

Non-Response:

N: 269

Correlate

Authors label: Boredom

Our classification: . interesting (vs boring), code L4.3.1.11

Measurement: Self report of boredom intensity
1 no intensity
2
3
4
5
6
7 very much intensity

Measured Values: M=3.70 SD=1.9

Remarks: Item in modified version of Tension Stress Inventory(TESI)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/a	r=-.45 p<.01	
O-SLW/c/sq/v/7/d	r=-.45 p<.01	

Correlational finding on Happiness and . meaningful (vs useless)
Subject code: L4.3.1.12

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with contribution to others life (1)

Our classification: . meaningful (vs useless), code L4.3.1.12

Measurement: Closed question: "How do you feel about how much you are really contributing to other people's lives?"
Rated on a 7-point scale: terrible/ unhappy/ moslty dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.43	

Correlational finding on Happiness and . meaningful (vs useless)
Subject code: L4.3.1.12

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Usefulness of life (1)

Our classification: . meaningful (vs useless), code L4.3.1.12

Measurement:
```
Closed question on specific feelings about life: "I think
my life is useless
...worthwile".
Rated on a 7-point scale ranging from positive (7) to
negative (1)
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	mr=+.33	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : r=+.30 HAP 4.1 asked second: r=+.30 HAP 4.1 asked third : r=+.40
C-BW/cy/sq/l/9/a	r=+.20	
M-AO/u/sq/f/7/a	r=+.30	
O-GBB/u/sq/c/9/a	r=+.20	

O-HL/u/sq/v/7/b	r=+.30	
A-BB/cm/mq/v/2/a	r=+.20	Index of positive affects: r=+.30 Index of negative affects: r=-.10
O-HL/c/sq/v/3/aa	r=-.20	

Correlational finding on Happiness and . meaningful (vs useless)
Subject code: L4.3.1.12

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with contribution to others life (3)

Our classification: . meaningful (vs useless), code L4.3.1.12

Measurement:
```
Closed question: "How do you feel about how much you are
really contributing to other people's lives?"
Rated:
1 terrible
2 unhappy
3 mostly dissatisfied
4 mixed
5 mostly satisfied
6 pleased
7 delighted
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.32	

Correlational finding on Happiness and . meaningful (vs useless)
Subject code: L4.3.1.12

Study BAKKE 1974

Reported in: Bakker, P.; VandeBerg, N.
Determinanten en Correlaten van Geluk.(Determinants and Correlates of Happiness).
Unpublished Thesis, Erasmus University Rotterdam, 1974, Netherlands
Page in Report: 29

Population: 20-65 aged, general public, The Netherlands, 1968

Sample:

Non-Response: 34% refusal and unattainable.

N: 1552

Correlate

Authors label: Doubt about meaning-fulness of own exis-tence. (1)

Our classification: . meaningful (vs useless), code L4.3.1.12

Measurement: Direct question rated on a graphic scale ranging from 'never' to 'very often'.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HP/g/sq/ol/7/a	G=-.56 p<.05	Stronger among age 25-40 Stronger among lower education. Unaffected by S.E.S. Unaffected by sex.

Correlational finding on Happiness and . meaningful (vs useless)
Subject code: L4.3.1.12

Study FORTI 1983

Reported in: Forti, T. J.; Hyg, M.S.
A Documented Evaluation of Primary Prevention through Consultation.
Community Mental Health Journal, 1983, Vol. 19, 290 - 304. ISSN p 0010 3853; ISSN e 1573 2789
DOI:10.1007/BF00755410
Page in Report:

Population: Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981

Sample:

Non-Response: T1: 18%, T2: 14%, T3: 23%

N: 137

Correlate

Authors label: Feels useless at times (1)

Our classification: . meaningful (vs useless), code L4.3.1.12

Measurement: Single direct question: 'I feel useless at times' in 20-item anxiety index, rated on a 2-point scale, ranging from (0) true to (1) false. (order reversed)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/f/7/a	r=-	T1: -.34 (01) T2: -.17 (05) T3: -.33 (01) Both variables assessed at T1, T2 and T3. Correlation concerns same time measures.

Correlational finding on Happiness and . meaningful (vs useless)
Subject code: L4.3.1.12

Study HALMA 1987/1

Reported in: Halman, L.;Heunks, F.;DeMoor, R.; Zanders, H.
Traditie, Secularisatie en Individualisering. (Tradition, Secularization and Individualisation: A Study into the Values of the Dutch within a European Context..
Tilburg University Press, 1987, Tilburg, Netherlands. ISBN 90 361 9841 0
Page in Report: 207

Population: 18+ aged, general public, EU nations, 1981

Sample:

Non-Response:

N: 12464

Correlate

Authors label: Lack of purpose (1)

Our classification: . meaningful (vs useless), code L4.3.1.12

Measurement: Direct question, rate on a 4 point scale: "How often do you feel hopeless about life, that it makes no sense at all?"
1 Often
2 Now and than
3 Seldom
4 Never

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/4/a	r=-.27 p<.01	France
O-SLW/c/sq/n/10/aa	r=-.29 p<.01	France
O-SLW/c/sq/n/10/aa	r=-.34 p<.01	Great-Britain
O-HL/u/sq/v/4/a	r=-.27 p<.01	Great-Britain
O-HL/u/sq/v/4/a	r=-.41 p<.01	West Germany
O-SLW/c/sq/n/10/aa	r=-.42 p<.01	West Germany
O-HL/u/sq/v/4/a	r=-.24 p<.01	Italy
O-SLW/c/sq/n/10/aa	r=-.28 p<.01	Italy
O-HL/u/sq/v/4/a	r=-.27	Netherlands
O-SLW/c/sq/n/10/aa	r=-.30	Netherlands
O-SLW/c/sq/n/10/aa	r=-.36 p<.01	Denmark
O-HL/u/sq/v/4/a	r=-.26 p<.01	Denmark
O-HL/u/sq/v/4/a	r=-.32 p<.01	Belgium
O-SLW/c/sq/n/10/aa	r=-.32 p<.01	Belgium
O-SLW/c/sq/n/10/aa	r=-.24 p<.01	Spain
O-HL/u/sq/v/4/a	r=-.23 p<.01	Spain
O-HL/u/sq/v/4/a	r=-.22 p<.01	Ireland

O-SLW/c/sq/n/10/aa	r=-.30 p<.01	Ireland
O-HL/u/sq/v/4/a	r=-.40 p<.01	Northern Ireland
O-SLW/c/sq/n/10/aa	r=-.43 p<.01	Northern Ireland
O-HL/u/sq/v/4/a	r=-.29	EC
O-SLW/c/sq/n/10/aa	r=-.33	EC
O-HL/u/sq/v/4/a	DMt=-	EC (stratified sample) Often Mt'= 5.33 Now and then Mt'= 6.33 Seldom Mt'= 7.00 Never Mt'= 7.44
O-SLW/c/sq/n/10/aa	DMt=-	EC (stratified sample) Often Mt'= 5.00 Now and then Mt'= 6.00 Seldom Mt'= 6.78 Never Mt'= 7.44
O-HL/u/sq/v/4/a	Beta= ns	In none of the European countries ß weights of this variable reached .10 level in multiple regression analysis, when controlling for: life satisfaction(HAPP 2.1), affect(AFF 2.3); satisfaction with health,income and family life; age, income, education, marital status, having children, male sex, work; urbanisation, type of dwelling, own home, religiousness, social participation; uncertainty about future, expected negative changes in income; satisfaction 5 years in past and future; loneliness, misantropy, tolerance and sense of control.
O-SLW/c/sq/n/10/aa	Beta= ns	In none of the European countries ß weights of this variable reached .10 level in multiple regression analysis, when controlling for: happiness(HAPP 1.1), affect(AFF 2.3); satisfaction with health,income and family life; age, income, education, marital status, having children, male sex, work; urbanisation, type of dwelling, own home, religiousness, social participation; uncertainty about future, expected negative changes in income; satisfaction 5 years in past and future; loneliness, tolerance, trust in people and sense of control.

Correlational finding on Happiness and . meaningful (vs useless)
Subject code: L4.3.1.12

Study KAMMA 1983/2

Reported in: Kammann, R,; Flett, R.
Sourcebook for Measuring Well-Being with Affectometer 2.
Why Not? Foundation, 1983, Dunedin, New Zealand.
Page in Report:

Population: 18+ aged, general public, Dunedin, New Zealand, 1983

Sample:

Non-Response: 52%

N: 112

Correlate

Authors label: Felt usefull (1)

Our classification: . meaningful (vs useless), code L4.3.1.12

Measurement:
```
Single direct question how one felt during the instrcted
time period (or otherwise in the past few weeks):
"How often have you felt usefull?"
Rated on a 5-point sclae ranging from
'not at all' to 'all the time'
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BK/cm/mq/v/5/a	r=+.54 p<.01	
M-FH/c/sq/v/7/a	r=+.33 p<.01	

Correlational finding on Happiness and . meaningful (vs useless)
Subject code: L4.3.1.12

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 418

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: fulfilment of need to be useful (1)

Our classification: . meaningful (vs useless), code L4.3.1.12

Measurement:

```
Single question:
"How well is your need to be useful fulfilled at present?"
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: all:1409, 1:8, 2:86, 3:360, 4:665, 5:290

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.32 p<.00	1: Mt=2.50 2: Mt=5.93 3: Mt=7.46 4: Mt=7.90 5: Mt=8.58 All Mt=7.78
O-SLu/c/sq/v/5/e	r=+.41 p<.00	1: Mt=1.56 2: Mt=5.06 3: Mt=7.05 4: Mt=7.61 5: Mt=8.46 All Mt=7.45
O-HL/c/sq/v/5/h	r=+.36 p<.00	1: Mt=2.50 2: Mt=5.20 3: Mt=6.51 4: Mt=7.10 5: Mt=7.85 All Mt=6.96

Correlational finding on Happiness and . meaningful (vs useless)
Subject code: L4.3.1.12

Study

VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report:

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: fulfiment of need to be useful

Our classification: . meaningful (vs useless), code L4.3.1.12

Measurement:
```
Single question:
"How well is your need to be useful fulfilled at present ?"
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: All:4484; %:1:1,4; 2:6,6; 3:29,2; 4:43,5; 5:19,3

Remarks:
```
The explanation says:" that is your need to help other
people and your contribution to make the world a better
place ?"
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.35 p<.00	1: Ms=4.26 2: Ms=6.03 3: Ms=7.34 4: Ms=7.80 5: Ms=8.61
O-SLu/c/sq/v/5/e	r=+.38 p<.00	1: Ms=3.75 2: Ms=5.39 3: Ms=6.95 4: Ms=7.75 5: Ms=8.43

O-HL/c/sq/v/5/h	r=+.34 p<.00	1: Ms=4.06 2: Ms=5.69 3: Ms=6.55 4: Ms=7.25 5: Ms=7.93

Correlational finding on Happiness and . pleasant (vs unpleasant)
Subject code: L4.3.1.13

Study ANDRE 1976/1

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976. New York, USA.. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1972/75

Sample:

Non-Response: 24%

N: 1297

Correlate

Authors label: Satisfaction with amount of fun (1)

Our classification: . pleasant (vs unpleasant), code L4.3.1.13

Measurement: Closed question: "How do you feel about how much fun you are having?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.51	Unaffected by sex
O-DT/u/sqt/v/7/a	Beta=+.16	ß controlled for 11 domain satisfactions (efficacy, family, money, house/apartment, spare-time activities, national government, things do with family, consumer, time to do things, health, job).

O-DT/u/sqt/v/7/a	Beta=+.15	ß controlled for sociodemographic variables (family life-cycle, age, family income, education, race, sex) and 11 domain satisfactions.

Correlational finding on Happiness and . pleasant (vs unpleasant)
Subject code: L4.3.1.13

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Satisfaction with amount of fun (1)

Our classification: . pleasant (vs unpleasant), code L4.3.1.13

Measurement: Closed question: "How do you feel about how much fun you are having"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.61	

Correlational finding on Happiness and . pleasant (vs unpleasant)
Subject code: L4.3.1.13

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Satisfaction with chances to enjoy pleasant things (1)

Our classification: . pleasant (vs unpleasant), code L4.3.1.13

Measurement:
```
Closed question: "How do you feel about the chance you have
to enjoy pleasant or beautiful things?
Rated on a 7-point scale: terrible/ unhappy/ mostly
dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.55	

Correlational finding on Happiness and . pleasant (vs unpleasant)
Subject code: L4.3.1.13

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 141

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with amount of fun (1)

Our classification: . pleasant (vs unpleasant), code L4.3.1.13

Measurement: Closed question: "How do you feel about the amount of fun and enjoyment you have?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.60	
O-DT/u/sqt/v/7/a	Beta=+.19	ß controlled for 7 criterion satisfactions (physical needs met, yourself, how fairly treated, develop self, interesting daily life, adjust to changes, financial security).
O-DT/u/sqt/v/7/a	Beta=+.19	ß controlled for sociodemographic variables (family life-cycle, age, family income, eduaction, race, sex) and 7 criterion satisfactions. (see above)

Correlational finding on Happiness and . pleasant (vs unpleasant)
Subject code: L4.3.1.13

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with amount of fun (1)

Our classification: . pleasant (vs unpleasant), code L4.3.1.13

Measurement: Closed question: "How do you feel about the amount of fun and enjoyment you have?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.61	

Correlational finding on Happiness and . pleasant (vs unpleasant)
Subject code: L4.3.1.13

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Joy in life (1)

Our classification: . pleasant (vs unpleasant), code L4.3.1.13

Measurement:
```
Closed question on specific feelings about life: "I think
my life disgusted
...enjoying".
Rated on a 7-point scale ranging from positive (7) to
negative (1)
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	mr=+.47	O-DT asked thrice during the interview: at the beginning, in the middle and at the end. O-DT asked first : r=+.50 O-DT asked second: r=+.50 O_DT asked third : r=+.40
M-AO/u/sq/f/7/a	r=+.40	
C-BW/cy/sq/l/9/a	r=+.30	
O-GBB/u/sq/c/9/a	r=+.40	

O-HL/u/sq/v/7/b	r=+.50	
A-BB/cm/mq/v/2/a	r=+.40	Index of positive affects: r=+.20 Index of negative affects: r=-.30
O-HL/c/sq/v/3/aa	r=-.40	

Correlational finding on Happiness and . pleasant (vs unpleasant)
Subject code: L4.3.1.13

Study ANDRE 1989

Reported in: Andrews, F.M.
Stability and change in levels and structure of subjective well-being: USA 1972 and 1988
Paper presented at the International Conference on Social Reporting, Berlin, September 1989
Page in Report: 20

Population: Adults, general public, non-insttutionalized, USA, 1972-88

Sample:

Non-Response:

N: 2985

Correlate

Authors label: Satisfaction with fun (1)

Our classification: . pleasant (vs unpleasant), code L4.3.1.13

Measurement: Single direct question rated on 7 point delighted-terrible scale "How do you feel about how much fun you have?"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+	1972: +.43 1988: +.40
O-DT/u/sqt/v/7/a	Beta=+	1972: +.18 1988: +.13 ß controlled for satisfaction with 5 other aspects of life: 1: accomplishments, 2: family income, 3: use of spare time, 4: national government, 5: health

Correlational finding on Happiness and . pleasant (vs unpleasant)
Subject code: L4.3.1.13

Study

BRENN 1970

Reported in: Brenner, B.
Social Factors in Mental Well-Being at Adolescence.
PhD Dissertation, The American University, 1970, Washington DC, USA
Page in Report: 64/71/75/.

Population: Highschool pupils, New York State, USA, 1960

Sample:

Non-Response: 1%

N: 5204

Correlate

Authors label: Having fun in life (1)

Our classification: . pleasant (vs unpleasant), code L4.3.1.13

Measurement: Agree / disagree statement: "I get a lot of fun out of life"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/4/b	G=+.85	Females : G = +.88 Males : G = +.83 After control for: - usual mood and frequency of low moods : Gs = +.65 - usual mood : Gs = +.76 - frequency of low mood : Gs = +.80 - tending to be a discouraged person: Gs = +.80 - tending to be a lonely person : Gs = +.73 - anxiety symptoms : Gs = +.83 - participation in extracurricular activities : Gs = +.85 - social class : Gs = +.85 Unaffected by sex
A-AOL/g/sq/v/5/a	G=+.58	Unaffected by sex
O-HL/u/sq/v/4/b	V= .46 p<.01	
A-AOL/g/sq/v/5/a	V= .36 p<.01	

Correlational finding on Happiness and . pleasant (vs unpleasant)
Subject code: L4.3.1.13

Study FORTI 1983

Reported in: Forti, T. J.; Hyg, M.S.
A Documented Evaluation of Primary Prevention through Consultation.
Community Mental Health Journal, 1983, Vol. 19, 290 - 304. ISSN p 0010 3853; ISSN e 1573 2789
DOI:10.1007/BF00755410
Page in Report:

Population: Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981

Sample:

Non-Response: T1: 18%, T2: 14%, T3: 23%

N: 137

Correlate

Authors label: Satisfaction with fun and enjoyment (1)

Our classification: . pleasant (vs unpleasant), code L4.3.1.13

Measurement:
```
Single closed question: 'How do you feel about fun and
enjoyment', rated on a 7-point Delighted-Terrible scale,
ranging from (1) Delighted to
(7) Terrible. (8) Neither.
(order reversed)
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/f/7/a	r=+	T1: 1977 r= +.26 (01) T2: 1979 r= +.35 (01) T3: 1981 r= +.49 (01) Both variables assessed at T1, T2, and T3. Correlation concerns same time measures.

Correlational finding on Happiness and . pleasant (vs unpleasant)
Subject code: L4.3.1.13

Study HEADE 1981

Reported in: Headey, B.
The Quality of Life in Australia
Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/BF00286195
Page in Report: 166

Population: Adults, general public, Australia 1978

Sample: Probability sample (unspecified)

Non-Response: not reported

N: 679

Correlate

Authors label: Fun and enjoyment

Our classification: . pleasant (vs unpleasant), code L4.3.1.13

Measurement: 1 single question on satisfaction with the amount of fun and enjoyment you have, scored on a 1-9 D-T rating scale.

Measured Values: M = 6.4 SD = 1.4

Remarks: Item scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/9/a	r=+.44 p<.001	
O-DT/u/sqt/v/9/a	Beta=+.04	all cases Beta's controlled for satisfaction with - self-fulfillment - sex life - problem handling - family activities - work around the house - mother - health - house - standard of living - assertiveness - friends - marriage

O-DT/u/sqt/v/9/a	Beta=+.03	married cases Beta's controlled for satisfaction with - self-fulfillment - sex life - problem handling - family activities - work around the house - mother - health - house - standard of living - assertiveness - friends - marriage

---

Correlational finding on Happiness and . predictable (vs uncertain)
Subject code: L4.3.1.14

Study — SHICH 1984

Reported in: Shichman, S.; Cooper, E.
Life Satisfaction and Sex-Role Concept.
Sex Roles, 1984, Vol. 11, 227 - 240. ISSN 0360 0025 DOI:10.1007/BF00287516
Page in Report: 234

Population: Adults, students and churchmembers, USA, 198?

Sample:

Non-Response: 5,9 %

N: 217

Correlate

Authors label: Satisfaction derived from uncertainties about way of life (1)

Our classification: . predictable (vs uncertain), code L4.3.1.14

Measurement: Single direct questions on both satisfaction and dissatisfaction with uncertainties about way of life.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/u/sq/v/4/a	r=-.52 p<.00	dissatisfaction

Correlational finding on Happiness and . relaxed (vs stressful)

Subject code: L4.3.1.15

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with pressure (1)

Our classification: . relaxed (vs stressful), code L4.3.1.15

Measurement: Closed question: "How do you feel about the amount of pressure you are under?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.44	

Correlational finding on Happiness and . relaxed (vs stressful)
Subject code: L4.3.1.15

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 156

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with pressure (2)

Our classification: . relaxed (vs stressful), code L4.3.1.15

Measurement: Closed question: "How do you feel about the amount of pressure you are under?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
C-BW/cy/sq/l/9/a	r=+.39	

Correlational finding on Happiness and . relaxed (vs stressful)
Subject code: L4.3.1.15

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with pressure (3)

Our classification: . relaxed (vs stressful), code L4.3.1.15

Measurement: Closed question: "How do you feel about the amount of pressure you are under?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.44	

Correlational finding on Happiness and . relaxed (vs stressful)
Subject code: L4.3.1.15

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 156

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with pressure (4)

Our classification: . relaxed (vs stressful), code L4.3.1.15

Measurement: Closed question: "How do you feel about the amount of pressure you are under?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
C-BW/cy/sq/l/9/a	r=+.39	

Correlational finding on Happiness and . relaxed (vs stressful)
Subject code: L4.3.1.15

Study TAYLO 2006

Reported in: Taylor, P.; Funk, C.; Craighill, P.
Are We Happy Yet?
PEW Research Center, A Social Trends Report, 2006, Washington DC, USA http://pewresearch.org/assets/social/pdf/AreWeHappy/Yet.pdf
Page in Report: 35

Population: Adults, general public, USA, 2005

Sample: Probability simple random sample

Non-Response:

N: 3014

Correlate

Authors label: Rushed in Daily Life

Our classification: . relaxed (vs stressful), code L4.3.1.15

Measurement:
```
Self report of feeling rushed in daily life, full question
not mentioned.
3 Always
2 Sometimes
1 Almost never
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/ca	D%=+ p<.05	% Very Happy -Always 27% -Sometimes 34% -Almost never 42%

Correlational finding on Happiness and . secure (vs threatened) Subject code: L4.3.1.16

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 156

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with safety (1)

Our classification: . secure (vs threatened), code L4.3.1.16

Measurement:
```
Closed question: "How do you feel about your safety?"
Rated on a 7-point scale: terrible/ unhappy/ mostly
dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
C-BW/cy/sq/l/9/a	r=+.29	

Correlational finding on Happiness and . secure (vs threatened)
Subject code: L4.3.1.16

Study COSTA 1980/1

Reported in: Costa, P.T.; Mc Crae, R.R.
Influence of Extraversion and Neuroticism on Subjective Well-Being: Happy and Unhappy People.
Journal of Personality and Social Psychology, 1980, Vol. 38, 668 - 678. ISSN 0022 3514
Page in Report: 672-673

Population: 35-85 aged white males (largely veterans), USA, 1976

Sample:

Non-Response: T1:21%; T2:18%; T3:27%; T4:46%

N: 1100

Correlate

Authors label: Personal security (1)

Our classification: . secure (vs threatened), code L4.3.1.16

Measurement: A shortened, 16-item form of the Personal Security Inventory (subjective evaluation of '...succes, satisfaction and surety or confidence' in a number of areas of life (Knutson, 1952).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/b	r=+.64 p<.001	Personal security assessed at T4. Hedonic level sum of scores at T1, T2, T3 and T4 (3 month-intervals).

Correlational finding on Happiness and . successful (vs failure)
Subject code: L4.3.1.17

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with accomplishment (1)

Our classification: . successful (vs failure), code L4.3.1.17

Measurement:
```
3-item index of questions "How do you
feel about .....?"
1. the extent of achieving succes and
   getting ahead
2. what you are accomplishing
3. the extent of developing yourself
   and broadening your life.
Rated on a 7-point scale: terrible/
unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/
pleased/ delighted
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.68	
O-HL/c/sq/v/3/aa	r=+.41	
A-BB/cm/mq/v/2/a	r=+.39	
O-HL/u/sq/v/7/b	r=+.63	
C-BW/cy/sq/l/9/a	r=+.42	

Correlational finding on Happiness and . successful (vs failure)
Subject code: L4.3.1.17

Study ANDRE 1989

Reported in: Andrews, F.M.
Stability and change in levels and structure of subjective well-being: USA 1972 and 1988
Paper presented at the International Conference on Social Reporting, Berlin, September 1989
Page in Report: 20

Population: Adults, general public, non-insttutionalized, USA, 1972-88

Sample:

Non-Response:

N: 2985

Correlate

Authors label: Satisfaction with accomplishments (2)

Our classification: . successful (vs failure), code L4.3.1.17

Measurement: Single direct question rated on 7 point delighted-terrible scale "How do you feel about what you have accomplished?"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+	1972: +.50 1988: +.25
O-DT/u/sqt/v/7/a	Beta=+	1972: +.25 1988: +.34 ß controlled for satisfaction with 5 other aspects of life: 1: fun, 2: family income, 3: use of spare time, 4: national government, 5: health

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Correlational finding on Happiness and . successful (vs failure)
Subject code: L4.3.1.17

Study BUTTE 1977

Reported in: Buttel, F.H.; Martinson, O.B.
Ideology and Social Indicators of the Quality of Life.
Social Indicators Research, 1977, Vol. 4, 353 - 369 ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF00353138
Page in Report: 358

Population: 18+ aged, general public, Winconsin USA, 1974

Sample:

Non-Response:

N: 548

Correlate

Authors label: Satisfaction with life acomplishment (1)

Our classification: . successful (vs failure), code L4.3.1.17

Measurement:
```
Selfreport on single question:
How do you feel about what you are accomplishing in
life...?"
7  completely satisfied
6  very satisfied
5  satisfied
4  satisfied-dissatisfied
3  dissatisfied
2  very dissatisfied
1  completely dissatisfied.
```

Remarks: `Happiness measure type M-CO`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/v/7/b	r=+.62 p<.05	

Correlational finding on Happiness and . successful (vs failure)
Subject code: L4.3.1.17

Study — CUMMI 2002A

Reported in: Cummins, R.A; Eckersley, R. ; Pallant, J.; Okerstrom, E.; et al
Australian Unity Wellbeing Index, Survey 3, Report 3.2. The Impact of Personal Relationships and Household Structure on tthe Wellbeing of Australians.
Australian Centre on Quality of Life, 2002, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm
Page in Report: 107

Population: 18+ aged Australia, 2002

Sample: Probability area sample

Non-Response: 70%

N: 2110

Correlate

Authors label: Satisfaction with Achievement

Our classification: . successful (vs failure), code L4.3.1.17

Measurement:
```
Single question:
How satisfied are you with what you achieve in life?
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	Beta=+.23 p<.000	ß controled for satisfation with: - relationships - safety - community - standard of living - your health

---

Correlational finding on Happiness and . successful (vs failure)
Subject code: L4.3.1.17

Study — CUMMI 2003B

Reported in: Cummins, R.A; Eckersley, R; Lo, S.K.; Okerstrom, E.; et.al.
Australian Unity Wellbeing Index, Survey 6, Report 6.The Wellbeing of Australians: Impact of the Impending Iraq War.
Australian Centre on Quality of Life, 2003, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm
Page in Report: 117+121

Population: 18+aged, Australia, 2003

Sample: Probability area sample

Non-Response: 88%

N: 1979

Correlate

Authors label: Satisfaction with achievement

Our classification: . successful (vs failure), code L4.3.1.17

Measurement:
Single question:
How satisfied are you with what you achieve in life?Rated on 0-10 scale.

Measured Values: M = 7,50; SD = 1,72

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	r=+.51 p<.001	

O-SLW/u/sq/n/11/ca	Beta=+.22	ß controled for satisfaction with: - Relationship - Safety - Community - Future Security - Standard - Health
O-SLW/u/sq/n/11/ca	R^2=+.04	Additional variance explained above satisfaction with the domains of: - Relationships - Safety - Community - Future Security - Standard - Health

---

Correlational finding on Happiness and . successful (vs failure)
Subject code: L4.3.1.17

Study — ESTWI 1992

Reported in: Estwing-Ferrans, C.; Powers, M.J.
Psychometric Assessment of the Quality of Life Index.
Research in Nursing & Health, 1992, Vol. 15, 29 - 38. ISSN 0160 6891
Page in Report:

Population: Renal patients, USA 199?

Sample: Probability systematic sample

Non-Response: 54%

N: 349

Correlate

Authors label: Satisfaction with achievements of personal goals.

Our classification: . successful (vs failure), code L4.3.1.17

Measurement:
```
Selfreport on single question:
How satisfied are you with achievements of your personal
goals?
1 very dissatisfied
.
.
6 very satisfied
```

Remarks:
```
It is not clear if this score is weighted with its
importance by the individual.
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/g/sq/v/6/a	r=+.65	

Correlational finding on Happiness and . successful (vs failure)
Subject code: L4.3.1.17

Study HEINO 2004

Reported in: Heinomen, H.; Aro,, A.R.; Uutela, A.
Is the Evaluation of the Global Quality of Live Determined by Emotinal Status?
Quality of Life Research, 2004, Vol. 13, 1347 - 1356. ISSN 0962 9343 DOI:10.1023/B:QURE.0000040788.12947.b9 DOI:10.1023/B:QURE.0000040788.12947.b9
Page in Report: 1352/1353

Population: 25-65 aged, 5 regions, Finland, 1997

Sample: Probability stratified sample

Non-Response: 36%

N: 3838

Correlate

Authors label: Satisfaction with life achievements

Our classification: . successful (vs failure), code L4.3.1.17

Measurement:
```
Self report of satisfaction with
A.life achievements
B.economic situation
```

Measured Values: Males: M = 3,55 SD = 0,8. Females: M = 3,69 SD =0,8

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-QLS/cm/sq/ol/101/a	r=+.40 p<.001	females
O-QLS/cm/sq/ol/101/a	Beta=-.23 p<.001	
O-QLS/cm/sq/ol/101/a	r=+.40 p<.01	males

O-QLS/cm/sq/ol/101/a	Beta=+.30 p<.001	Beta's controled for socio-demographics(step 5) - age - education - employment - marital status

---

Correlational finding on Happiness and . successful (vs failure)
Subject code: L4.3.1.17

Study KAMMA 1983/2

Reported in: Kammann, R,; Flett, R.
Sourcebook for Measuring Well-Being with Affectometer 2.
Why Not? Foundation, 1983, Dunedin, New Zealand.
Page in Report: 74

Population: 18+ aged, general public, Dunedin, New Zealand, 1983

Sample:

Non-Response: 52%

N: 112

Correlate

Authors label: Felt that life is onthe right track (1)

Our classification: . successful (vs failure), code L4.3.1.17

Measurement: Single direct question how one felt during the instructed time period (or otherwise in the past few weeks):
"My life is on the right track"
Rated on a 5-point scale ranging from
'not at all' to 'all the time'

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/c/sq/v/7/a	r=+.56 p<.01	
A-BK/cm/mq/v/5/a	r=+.64 p<.01	

Correlational finding on Happiness and . successful (vs failure)
Subject code: L4.3.1.17

Study SHICH 1984

Reported in: Shichman, S.; Cooper, E.
Life Satisfaction and Sex-Role Concept.
Sex Roles, 1984, Vol. 11, 227 - 240. ISSN 0360 0025 DOI:10.1007/BF00287516
Page in Report: 234

Population: Adults, students and churchmembers, USA, 198?

Sample:

Non-Response: 5,9 %

N: 217

Correlate

Authors label: Satisfaction with achieving goals (1)

Our classification: . successful (vs failure), code L4.3.1.17

Measurement: Single direct questions on both satisfaction and dissatisfaction with achieving goals.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/u/sq/v/4/a	r=+.36 p<.00	satisfaction
O-SLu/u/sq/v/4/a	r=-.41 p<.00	dissatisfaction

Correlational finding on Happiness and . unique (vs common)
Subject code: L4.3.1.18

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Uniqueness of life (1)

Our classification: . unique (vs common), code L4.3.1.18

Measurement: Closed question: "Imagine that the lines below represent piles of cards. Each pile has people whose lives are pretty similar. The person in Pile A below has a life like nobody else. People in Pile G have lifes like quite a lot of other people. In which pile would you put your life?"
(Scale categories showed 1, 3, 5, 8, 12, 20 and 29 members, respectively)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-AO/u/sq/f/7/a	r=+.00	
O-DT/u/sq/v/7/a	mr=-.03	O-DT asked thrice during the interview: at the beginning, in the middle and at the end. O-DT asked first : r=-.00 O-DT asked second: r=-.00 O-DT asked third : r=-.10
O-GBB/u/sq/c/9/a	r=-.10	
O-HL/u/sq/v/7/b	r=+.00	
O-HL/c/sq/v/3/aa	r=-.10	
A-BB/cm/mq/v/2/a	r=+.00	Index of positive affects: r=+.30 Index of negative affects: r=-.20
C-BW/cy/sq/l/9/a	r=-.10	

Correlational finding on Happiness and . varied
Subject code: L4.3.1.19

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Contentment with life (2)

Our classification: . varied, code L4.3.1.19

Measurement: Closed question on specific feelings about life: "I think my life is angry ...contented". Rated on a 7-point scale ranging from positive (7) to negative (1)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	mr=+.40	O-DT asked thrice during the interview: at the beginning, in the middle and at the end. O-DT asked first : r=+.40 O-DT asked second: r=+.40 O-DT asked third : r=+.40

Correlational finding on Happiness and . in control (vs drifting)
Subject code: L4.3.1.2

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Satisfaction with opportunity to change things (2)

Our classification: . in control (vs drifting), code L4.3.1.2

Measurement: Closed question: "How do you feel about the opportunity to change things around that you don't like?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.37	

Correlational finding on Happiness and . in control (vs drifting)
Subject code: L4.3.1.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Ableness in life (1)

Our classification: . in control (vs drifting), code L4.3.1.2

Measurement: Closed question on specific feelings about life: "I think my life is helpless...capable".
Rated on a 7-point scale ranging from positive (7) to negative (1)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-AO/u/sq/f/7/a	r=+.40	

O-DT/u/sq/v/7/a	mr=+.47	O-DT asked thrice during the interview: at the beginning, in the middle and at the end. O-DT asked first : r=+.50 O-DT asked second: r=+.50 O-DT asked third : r=+.40
O-GBB/u/sq/c/9/a	r=+.30	
O-HL/u/sq/v/7/b	r=+.40	
A-BB/cm/mq/v/2/a	r=+.30	Index of positive affects: r=+.30 Index of negative affects: r=-.20
O-HL/c/sq/v/3/aa	r=-.30	
C-BW/cy/sq/l/9/a	r=+.30	

Correlational finding on Happiness and . developing (vs stagnating)
Subject code: L4.3.1.3

Study — FORTI 1983

Reported in: Forti, T. J.; Hyg, M.S.
A Documented Evaluation of Primary Prevention through Consultation.
Community Mental Health Journal, 1983, Vol. 19, 290 - 304. ISSN p 0010 3853; ISSN e 1573 2789
DOI:10.1007/BF00755410
Page in Report:

Population: Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981

Sample:

Non-Response: T1: 18%, T2: 14%, T3: 23%

N: 137

Correlate

Authors label: Satisfaction with extent of self-development (1)

Our classification: . developing (vs stagnating), code L4.3.1.3

Measurement: Single closed question: 'How do you feel about the extent of self-development/broadening?', rated on a 7-point Delighted-Terrible scale, ranging from (1) Delighted to (7) Terrible, (8) neither.
(order reversed)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-DT/u/sq/f/7/a	r=+	T1: 1977 r= +.30 (01) T2: 1979 r= +.23 (01) T3: 1981 r= +.49 (01) Both variables assessed at T1, T2, and T3. Correlation concerns same time measures.

Correlational finding on Happiness and . developing (vs stagnating)
Subject code: L4.3.1.3

Study KAMMA 1983/2

Reported in: Kammann, R,; Flett, R.
Sourcebook for Measuring Well-Being with Affectometer 2.
Why Not? Foundation, 1983, Dunedin, New Zealand.
Page in Report: 75

Population: 18+ aged, general public, Dunedin, New Zealand, 1983

Sample:

Non-Response: 52%

N: 112

Correlate

Authors label: Felt life is stuck (1)

Our classification: . developing (vs stagnating), code L4.3.1.3

Measurement: Single direct question how one felt during the instructed time period (or otherwise in the past few weeks):
"My life seems stuck in a rut" Rated on a 5-point scale ranging from
'not at all' to 'all the time'

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BK/cm/mq/v/5/a	r=-.64 p<.01	
M-FH/c/sq/v/7/a	r=-.58 p<.01	

Correlational finding on Happiness and . developing (vs stagnating)
Subject code: L4.3.1.3

Study NOELL 19977/22

Reported in: Noelle-Neumann, E.
Politik und Glück. (Politics and Happiness).
H. Baier (ed.), Freiheit und Sachzwang, Westdeutscher Verlag,Opladen, 1977, 208 - 262
Page in Report:

Population: 16+ aged, general public, West-Germany, 1973

Sample:

Non-Response:

N: 1041

Correlate

Authors label: Self realisation (1)

Our classification: . developing (vs stagnating), code L4.3.1.3

Measurement:
```
Single direct question
Do you have in your life the possibility to realize your
good ideas?
1. Always or mostly possible
0. Mostly not possible
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-CA/mh/ri/v/2/b	G=+.38 p<.01	
A-CA/mh/ri/v/2/b	tb=+.22 p<.01	

Correlational finding on Happiness and . developing (vs stagnating)
Subject code: L4.3.1.3

Study NOELL1977/16

Reported in: Noelle-Neumann, E.
Politik und Glück. (Politics and Happiness).
Baier, H.;Ed.: "Freiheit und Sachzwang", West Deutscher Verlag, 1977, Opladen, Germany, 208 - 262.
ISBN 3 531 11 44 68
Page in Report: 246

Population: 16+ aged, general public, West-Germany, 1973

Sample:

Non-Response:

N: 1041

Correlate

Authors label: Selfrealisation (1)

Our classification: . developing (vs stagnating), code L4.3.1.3

Measurement:
```
Single closed question: "Do you have in your life the
possibility to realise your good ideas or is it often not
possible?
1. Always or mostly possible
0. Mostly not possible
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-CA/mh/ri/v/2/a	G=+.38 p<.01	All
A-CA/mh/ri/v/2/a	tc=+.19 p<.01	
A-CA/mh/ri/v/2/a	G=+.34 p<.01	Workers only
A-CA/mh/ri/v/2/a	tb=+.17 p<.01	

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study ALLAR 1973/1

Reported in: Allardt, E.
About Dimensions of Wellfare: An Explanatory Analysis of a Comparative Scandinavian Survey. Research Group for Comparative Sociology , 1973, Research Report Nr. 1,University of Helsinki, Finland
Page in Report:

Population: 15-64 aged, general public, Denmark, 1972

Sample: Probability multistage stratified area sample

Non-Response:

N: 1000

Correlate

Authors label: Easiness of life (1)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement: Question if respondent feels his life is easy. 4-point scale ranging from "very easy" to "very severe"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/4/a	rpc=+.29	Controlled for:Income, housing density, education, social status, chronic illness, anxiety, frequency of meetings with relatives, number of friends, opportunities to make personal contacts, possibilities to decide on matters concerning one's own personal life, number of memberships in clubs and associations, interesting life, loneliness, feelings of being liked, feeling of being able to use knowledge and skills, feeling of chance to succeed, gets sufficient attantion, satisfaction with income, age, gender, no. of communities in which lived.

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study ALLAR 1973/2

Reported in: Allardt, E.
About Dimensions of Wellfare: An Explanatory Analysis of a Comparative Scandinavian Survey. Research Group for Comparative Sociology, Research, 1973, Report nr. 1, University of Helsinki, Finland
Page in Report:

Population: 15-64 aged, general public, Finland, 1972

Sample: Probability multistage stratified area sample

Non-Response:

N: 1000

Correlate

Authors label: Easyness of life (1)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement: Question if respondent feels his life is easy. 4-point scale ranging from "very easy" to "very severe"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/4/a	rpc=+.32	Controlled for:Income, housing density, education, social status, chronic illness, anxiety, frequency of meetings with relatives, number of friends, opportunities to make personal contacts, possibilities to decide on matters concerning one's own personal life, number of memberships in clubs and associations, interesting life, loneliness, feelings of being liked, feeling of being able to use knowledge and skills, feeling of chance to succeed, gets sufficient attantion, satisfaction with income, age, gender, no. of communities in which lived.

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study ALLAR 1973/3

Reported in: Allardt, E.
About Dimensions of Welfare: An Explanatory Analysis of a Comparative Scandinavian Survey. Research Group for Comparative Sociology, 1973, Reprort nr. 1, University of Helsinki, Finland
Page in Report:

Population: 15-64 aged, general public, Norway, 1972

Sample: Probability multistage stratified area sample

Non-Response:

N: 1000

Correlate

Authors label: Easyness of life (1)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement: Question if respondent feels his life is easy. 4-point scale ranging from "very easy" to "very severe"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-HL/c/sq/v/4/a	rpc=+.38	Controlled for:Income, housing density, education, social status, chronic illness, anxiety, freq. of meetings with relatives, opportunities to make personal contacts, possibilities to decide on matters concerning one's own personal life, no. of memberships in clubs and associations, interesting life, easyness of life, loneliness, feeling of being liked, feeling of being able to use knowledge and skills, feeling of chance to suceed, gets sufficient attention, satisfaction with income, age, gender, no. of communities in which lived.

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study ALLAR 1973/4

Reported in: Allardt, E.
About Dimensions of Welfare: An Explanatory Analysis of a Comparative Scandinavian Survey. Research Reports, no.1, 1973; Eesearch Group for Comparative Sociology, 1973, Research Report nr. 1, University of Helsinki, Finland
Page in Report:

Population: 15-64 aged, general public, Sweden, 1972

Sample: Probability multistage stratified area sample

Non-Response:

N: 1000

Correlate

Authors label: Easyness of life (1)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement: Question if respondent feels his life is easy. 4-point scale ranging from "very easy" to "very severe"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-HL/c/sq/v/4/a	rpc=+.29	Controlled for:Income, housing density, education, social status, chronic illness, anxiety, frequency of meetings with relatives, number of friends, opportunities to make personal contacts, possibilities to decide on matters concerning one's own personal life, number of memberships in clubs and associations, interesting life, loneliness, feelings of being liked, feeling of being able to use knowledge and skills, feeling of chance to succeed, gets sufficient attantion, satisfaction with income, age, gender, no. of communities in which lived.

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with freedom from bother (1)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement: Closed question: "How do you feel about the freedom you have from being bothered or annoyed?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	E^2=+.38	

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with freedom from bother (1)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement: Closed question: "How do you feel about the freedom you have from being bothered or annouyed?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.36	

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study BORTN 1970

Reported in: Bortner, R.W.; Hultsch, D.F.
A Multivariate Analysis of Correlates of Life Satisfaction in Adulthood.
Journal of Gerontology, 1970, Vol. 25, 41 - 47 ISSN 0022 1422
Page in Report: 44

Population: 21+ aged, general public, USA 1959

Sample:

Non-Response: 9%

N: 1301

Correlate

Authors label: Extent of perceived troubels and obstac-les in life (1)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement: Closed question rated on an 11-point self-anchoring scale (Cantril ladder: see CANTR 1965).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLP/c/sq/l/11/a	r=-.29	
C-RG/h/sq/l/11/a	r=-.23	
C-BW/c/sq/l/11/a	r=-.29	

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study CAMER 1973/1

Reported in: Cameron, P.; Titus, D.G.; Kostin, J.; Kostin, M.
The Life Satisfaction of Non-Normal Persons.
Journal of Consulting and Clinical Psychology, 1973, Vol. 41, 207 - 214
Page in Report: 209

Population: Handicapped and controls Detroit, USA,197?

Sample:

Non-Response: -

N: 295

Correlate

Authors label: Appraised ease of life (1)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement: Closed question: "How has your life been so far?" very difficult / difficult / average / easy / very easy.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/4/a	r= +	normals : r = +.38 (01) handicapped : r = +.17 (05)

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study CAMER 1973/1

Reported in: Cameron, P.; Titus, D.G.; Kostin, J.; Kostin, M.
The Life Satisfaction of Non-Normal Persons.
Journal of Consulting and Clinical Psychology, 1973, Vol. 41, 207 - 214
Page in Report: 209

Population: Handicapped and controls Detroit, USA,197?

Sample:

Non-Response: -

N: 295

Correlate

Authors label: Expected ease of life in future (1)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement: `Closed question: very difficult / difficult / average / easy / very easy`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/4/a	r= + p<. 01	`normals : r = +.44 (01)` `handicapped : r = +.46 (01)`

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study CANTR 1965/2

Reported in: Cantril, H.
The Pattern of Human Concern.
Rutgers University Press, 1965, New Brunswick, New Jersey, USA
Page in Report: 268/415

Population: 21+ aged, general public, USA, 1959

Sample:

Non-Response: -

N: 1549

Correlate

Authors label: Feeling that life isfull of troubles andobstacles (1)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement: `Closed question rated on an 11-point self-anchoring scale.`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLP/c/sq/l/11/a	r=-.35	
C-BW/c/sq/l/11/a	r=-.25	
C-RG/h/sq/l/11/a	r=-.26	

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study KOIVU 1998

Reported in: Koivumaa-Honkanen, H.
Life Satisfaction as a Health Predictor.
Kuopio University Publications,1998, Finland. ISBN 951 781 6634
Page in Report: 70

Population: 18-64 aged adult twin pairs, Finland, 1975

Sample: Non-probability purposive sample

Non-Response: 271

N: 29444

Correlate

Authors label: general easy of living

Our classification: . easy (vs hard), code L4.3.1.4

Measurement:
```
Do you feel that your life at present is
5= very hard
4= fairly hard
3= cannot say
2= fairy easy
1= very easy
```

Measured Values: M=3.46, CI95[3.45-3.47]

Remarks: Original scale is reversed

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/j	r=+.39	All
O-HL/c/sq/v/5/j	r=+.35	Men
O-HL/c/sq/v/5/j	r=+.43	Women
O-HL/c/sq/v/5/j	r=+.32	Healthy
O-HL/c/sq/v/5/j	r=+.43	Sick
O-HL/c/sq/v/5/j	r=+.36	Age 18-24
O-HL/c/sq/v/5/j	r=+.37	Age 25-34
O-HL/c/sq/v/5/j	r=+.40	Age 35-44
O-HL/c/sq/v/5/j	r=+.43	Age 45-54
O-HL/c/sq/v/5/j	r=+.48	Age 55-64

Correlational finding on Happiness and . easy (vs hard)
Subject code: L4.3.1.4

Study KOIVU 2001

Reported in: Koivumaa-Honkanen H.; Honkanen, R; Hintikka J.; Laukkanen E.; Honkalampi K.; Self-Reported Life Satisfaction and Recovery from Depression in a 1-Year Prospective Study. Acta Psychiatrica Scandinavica, 2001, Vol. 103, 38 -44. ISSN 0001 690X doi:10.1034/j.1600-0447.2001.00046.x
Page in Report: 41

Population: depression patients, out-clinic, Finland, 1996

Sample: Non-probability purposive sample

Non-Response: 8%

N: 203

Correlate

Authors label: life satisfaction (feel easy)

Our classification: . easy (vs hard), code L4.3.1.4

Measurement:
```
Do you feel that your life at present is:
1 very easy
2 fairly easy
3 cannot say
4 fairly hard
5 very hard
```

Remarks: `Assessed at T1, after 6 months (T2) and after 12 months(T3)`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/j	r=+.40 p<.001	T1
O-HL/c/sq/v/5/j	r=+.58 p<.001	T2
O-HL/c/sq/v/5/j	r=+.70 p<.001	T3

Correlational finding on Happiness and . exiting (vs dull)
Subject code: L4.3.1.5

Study HARRY 1976

Reported in: Harry, J.
Evolving sources of happiness for men over the life cycle: A structural analysis
Journal of Marriage and the Family, Vol 38, 1976, 289-296
Page in Report: 292

Population: 18+ aged males, living with family, USA, 1973

Sample:

Non-Response:

N: 374

Correlate

Authors label: Excitement (1)

Our classification: . exiting (vs dull), code L4.3.1.5

Measurement: Single closed question on amount of life excitement: "Do you find life exciting, pretty routine, or dull"?

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/aa	r=+.39 p<.05	Single
O-HL/c/sq/v/3/aa	r=+.42 p<.05	Married, no children
O-HL/c/sq/v/3/aa	r=+.34 p<.05	Married, preschool children
O-HL/c/sq/v/3/aa	r=-.14 ns	Married, schoolage children
O-HL/c/sq/v/3/aa	r=+.44 p<.05	Married, teenage children
O-HL/c/sq/v/3/aa	r=+.19 ns	Married, children grown up

Correlational finding on Happiness and . exiting (vs dull)
Subject code: L4.3.1.5

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 420

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: need for an exciting and varied life (1)

Our classification: . exiting (vs dull), code L4.3.1.5

Measurement:
```
Single question:
"How well is your need for an exciting and varied life
fulfilled at present?"
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: all:1387, 1:31, 2:136, 3:394, 4:600, 5:226

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.45 p<.00	1: Mt=3.95 2: Mt=6.34 3: Mt=7.30 4: Mt=8.21 5: Mt=8.93 All Mt=7.79
O-SLu/c/sq/v/5/e	r=+.56 p<.00	1: Mt=3.23 2: Mt=5.40 3: Mt=6.85 4: Mt=7.98 5: Mt=8.90 All Mt=7.45
O-HL/c/sq/v/5/h	r=+.50 p<.00	1: Mt=3.95 2: Mt=5.35 3: Mt=6.36 4: Mt=7.43 5: Mt=8.25 All Mt=6.98

Correlational finding on Happiness and . exiting (vs dull)
Subject code: L4.3.1.5

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 444

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: fulfilment of the need for an exciting and varied life

Our classification: . exiting (vs dull), code L4.3.1.5

Measurement:
```
Single question:
" How well is your need for an exciting and varied life
fulfilled at present ?"
1: very badly
2: badly
3: neither well nor badly
4: very well
5: well
```

Measured Values: N: All:4474; %:1:2,8; 2:12,6; 3:28,7; 4:39,0; 5:16,8

Remarks:
```
The explanation says: "that is the need to have an exciting
and varied life with various experiences and actions ?"
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.51 p<.00	1: Ms=4.29 2: Ms=5.84 3: Ms=7.36 4: Ms=8.33 5: Ms=8.99
O-SLu/c/sq/v/5/e	r=+.57 p<.00	1: Ms=3.33 2: Ms=5.15 3: Ms=7.03 4: Ms=8.05 5: Ms=8.86
O-HL/c/sq/v/5/h	r=+.49 p<.00	1: Ms=4.25 2: Ms=5.33 3: Ms=6.55 4: Ms=7.53 5: Ms=8.38

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study HADAW 1978

Reported in: Hadaway, C.K.
Life Satisfaction and Religion: A Reanalysis.
Social Forces, 1978, Vol. 57, 636 - 643. ISSN 0037 7732
Page in Report: 640

Population: 18+ aged, general public, non-institutionalized, USA, 1971

Sample:

Non-Response:

N: 2164

Correlate

Authors label: Life characterisation rewarding - disappointing (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Ss were asked to descripe their present life on a 7 point scale ranging from disappointing (1) to rewarding (7)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/n/7/a	r=+.44 p<.01	
O-SLW/c/sq/n/7/a	r=+.44 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating) Subject code: L4.3.1.7

Study LEISU 1980/1

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo.
Page in Report: 41/5

Population: 18+ aged, general public, Australia, 1979

Sample:

Non-Response:

N: 1104

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement:
```
Single direct question: "Do you feel fulfilled in your
daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.68 p<.01	
O-SLu/c/sq/v/5/a	G=+.78 p<.01	
O-SLu/c/sq/v/5/a	tb=+.52 p<.01	
O-HL/c/sq/v/5/e	tb=+.42 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study — LEISU 1980/10

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values.The Leisure Development Center, Tokyo
Page in Report: 563/7

Population: 18+ aged, general public, urban areas, South Korea, 1972

Sample:

Non-Response:

N: 997

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement:
```
Single direct question: "Do you feel fulfilled in your
daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.63 p<.01	
O-HL/c/sq/v/5/e	G=+.63 p<.01	
O-HL/c/sq/v/5/e	tb=+.38 p<.01	
O-SLu/c/sq/v/5/a	tb=+.39 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study LEISU 1980/11

Reported in: The Leisure Development Center,
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 621/5

Population: 18+ aged, general public, United Kingdom, 1972

Sample:

Non-Response:

N: 987

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.70 p<.01	
O-SLu/c/sq/v/5/a	G=+.74 p<.01	
O-SLu/c/sq/v/5/a	tb=+.48 p<.01	
O-HL/c/sq/v/5/e	tb=+.45 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study LEISU 1980/12

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 679/83

Population: 18+ aged, general public, USA, 1979

Sample:

Non-Response:

N: 1127

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.74 p<.01	
O-SLu/c/sq/v/5/a	G=+.87 p<.01	
O-HL/c/sq/v/5/e	tb=+.50 p<.01	
O-SLu/c/sq/v/5/a	tb=+.63 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study LEISU 1980/13

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 737/41

Population: 18+ aged, general public, West Germany, 1979

Sample:

Non-Response:

N: 1020

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.62 p<.01	
O-SLu/c/sq/v/5/a	G=+.66 p<.01	
O-SLu/c/sq/v/5/a	tb=+.42 p<.01	
O-HL/c/sq/v/5/e	tb=+.40 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study LEISU 1980/2

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 99/103

Population: Adult, general public, metropolitan areas Brazil, 1979

Sample:

Non-Response:

N: 1000

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.45 p<.01	
O-SLu/c/sq/v/5/a	G=+.42 p<.01	
O-HL/c/sq/v/5/e	tb=+.31 p<.01	
O-SLu/c/sq/v/5/a	tb=+.31 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study LEISU 1980/3

Reported in: The Leisure Development Center.
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values, The Leisure Development Center, Tokyo
Page in Report: 157/1613

Population: 18+ aged, general public, Canada, 1979

Sample:

Non-Response:

N: 1012

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.81 p<.01	
O-HL/c/sq/v/5/e	G=+.72 p<.01	
O-SLu/c/sq/v/5/a	tb=+.57 p<.01	
O-HL/c/sq/v/5/e	tb=+.48 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study — LEISU 1980/4

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 215/9

Population: 18+ aged, general public, France, 1979

Sample:

Non-Response:

N: 1000

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.75 p<.01	
O-SLu/c/sq/v/5/a	G=+.73 p<.01	
O-HL/c/sq/v/5/e	tb=+.51 p<.01	
O-SLu/c/sq/v/5/a	tb=+.50 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study LEISU 1980/5

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo.
Page in Report: 273/7

Population: 18+ aged, general public, India, 1979

Sample:

Non-Response:

N: 1000

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.75 p<.01	
O-SLu/c/sq/v/5/a	G=+.78 p<.01	
O-SLu/c/sq/v/5/a	tb=+.59 p<.01	
O-HL/c/sq/v/5/e	tb=+.56 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study — LEISU 1980/6

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 331/5

Population: 18+ aged, general public, Italy, 1979

Sample:

Non-Response:

N: 1042

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.70 p<.01	
O-HL/c/sq/v/5/e	G=+.61 p<.01	
O-HL/c/sq/v/5/e	tb=+.42 p<.01	
O-SLu/c/sq/v/5/a	tb=	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study LEISU 1980/7

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 389/93

Population: 18+ aged, general public, Japan, 1979

Sample:

Non-Response:

N: 1574

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.61 p<.01	
O-SLu/c/sq/v/5/a	G=+.71 p<.01	
O-SLu/c/sq/v/5/a	tb=+.51 p<.01	
O-HL/c/sq/v/5/e	tb=+.43 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study LEISU 1980/8

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 447/51

Population: 18+ aged, general public, Phillippines, 1979

Sample:

Non-Response:

N: 996

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.50 p<.01	
O-SLu/c/sq/v/5/a	G=+.59 p<.01	
O-SLu/c/sq/v/5/a	tb=+.41 p<.01	
O-HL/c/sq/v/5/e	tb=+.33 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study LEISU 1980/9

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 505/9

Population: 18+ aged, general public, Singapore, 1979

Sample:

Non-Response:

N: 1006

Correlate

Authors label: Fulfillment (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement: Single direct question: "Do you feel fulfilled in your daily life, or do you not?"
1. not fulfilled at all
2. fairly unfulfilled
3. neither fulfilled nor unfulfilled
4. fairly fulfilled
5. very fulfilled

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.80 p<.01	
O-HL/c/sq/v/5/e	G=+.74 p<.01	
O-SLu/c/sq/v/5/a	tb=+.59 p<.01	
O-HL/c/sq/v/5/e	tb=+.50 p<.01	

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 404

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: fulfilment of needs (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement:
Fulfillment of needs
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well

Measured Values: N: all:1314, 1:2, 2:23, 3:199, 4:777, 5:313

Remarks:
fulfilment of needs made up of the questions:
"How well are your basic biological needs fulfilled at present?"(such as food, clothing, heating, housing, sleep, sex, safety and security ?)
"How well are your social needs fulfilled at present?"(need for contact, recognition, friendship and social acceptance)
"How well is your need to be useful fulfilled at present?"(need to help other people, to make the world a better place)
How well is your need to realize your life popential being fulfilled (need to develop insight and action to live in ever increasing harmony with yourself)
"How well is your need for an exciting and varied life fulfilled at present?"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.47 p<.00	1: Mt=2.50 2: Mt=3.80 3: Mt=6.40 4: Mt=7.89 5: Mt=8.95 All Mt=7.84
O-SLu/c/sq/v/5/e	r=+.58 p<.00	1: Mt=1.25 2: Mt=2.83 3: Mt=5.70 4: Mt=7.55 5: Mt=8.93 All Mt=7.50
O-HL/c/sq/v/5/h	r=+.52 p<.00	1: Mt=2.50 2: Mt=3.59 3: Mt=5.51 4: Mt=7.01 5: Mt=8.34 All Mt=7.04

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study

VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 414

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: fulfilment of basic biological needs (1)

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement:
```
Single question:
"How well are your basic biological needs fulfilled at
present?"
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: all:1456, 1:4, 2:24, 3:142, 4:692, 5:594

Remarks:
```
The explanation says:"that is your physical needs, such as
food, clothing, heating, housing, sleep, sex, safety and
security ?"
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.47 p<.00	1: Mt=3.75 2: Mt=4.59 3: Mt=6.04 4: Mt=7.45 5: Mt=8.74 All Mt=7.78

O-SLu/c/sq/v/5/e	r=+.54 p<.00	1: Mt=3.13 2: Mt=3.44 3: Mt=5.58 4: Mt=7.11 5: Mt=8.50 All Mt=7.45
O-HL/c/sq/v/5/h	r=+.50 p<.00	1: Mt=2.50 2: Mt=4.28 3: Mt=5.34 4: Mt=6.56 5: Mt=7.95 All Mt=6.96

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 428

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: fulfilment of needs

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement:
```
fulfilment of needs
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: All:4217; %:1:0,1; 2:2,6; 3:16,9; 4:57,1; 5:23,3

Remarks: fulfilment of needs is made up of the questions:
"How well are your basic biological needs fulfilled at present?"(such as food, clothing, heating, housing, sleep, sex, safety and security ?)
"How well are your social needs fulfilled at present?"(need for contact, recognition, friendship and social acceptance)
"How well is your need to be useful fulfilled at present?"(need to help other people, to make the world a better place)
How well is your need to realize your life popential being fulfilled (need to develop insight and action to live in ever increasing harmony with yourself)
"How well is your need for an exciting and varied life fulfilled at present?"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.55 p<.00	1: Ms=2.50 2: Ms=3.93 3: Ms=6.04 4: Ms=7.99 5: Ms=9.15
O-SLu/c/sq/v/5/e	r=+.60 p<.00	1: Ms=1.66 2: Ms=3.19 3: Ms=5.44 4: Ms=7.70 5: Ms=8.99
O-HL/c/sq/v/5/h	r=+.55 p<.00	1: Ms=2.88 2: Ms=3.96 3: Ms=5.34 4: Ms=7.16 5: Ms=8.51

Correlational finding on Happiness and . fulfilled/rewarding (vs frustrating)
Subject code: L4.3.1.7

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 438

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: fulfilment of basic biological needs

Our classification: . fulfilled/rewarding (vs frustrating), code L4.3.1.7

Measurement:
```
Single question:
"How are your basic biological needs fulfilled at present
?"
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: All:4601; %:1:0.6; 2:3,5; 3:10,4; 4:44,5; 5:41,1

Remarks:
```
The explanation says:"that is your physical needs, such as
food, clothing, heating, housing, sleep, sex, safety and
security ?"
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.51 p<.00	1: Ms=2.98 2: Ms=4.76 3: Ms=5.91 4: Ms=7.54 5: Ms=8.75
O-SLu/c/sq/v/5/e	r=+.55 p<.00	1: Ms=2.40 2: Ms=3.85 3: Ms=5.43 4: Ms=7.20 5: Ms=8.53
O-HL/c/sq/v/5/h	r=+.54 p<.00	1: Ms=2.89 2: Ms=4.33 3: Ms=5.28 4: Ms=6.66 5: Ms=8.14

Correlational finding on Happiness and . gratifying (vs frustrating)
Subject code: L4.3.1.8

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Rewardingness of life (1)

Our classification: . gratifying (vs frustrating), code L4.3.1.8

Measurement: Closed question on specific feelings about life: "I think my life is disappointing...rewarding".
Rated on a 7-point scale ranging from positive (7) to negative (1)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	mr=+.53	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : r=+.60 HAP 4.1 asked second: r=+.50 HAP 4.1 asked third : r=+.50
C-BW/cy/sq/l/9/a	r=+.30	
M-AO/u/sq/f/7/a	r=+.50	
O-GBB/u/sq/c/9/a	r=+.40	
O-HL/u/sq/v/7/b	r=+.50	
A-BB/cm/mq/v/2/a	r=+.40	Index of positive affects: r=+.20 Index of negative affects: r=-.20
O-HL/c/sq/v/3/aa	r=-.40	

Correlational finding on Happiness and . gratifying (vs frustrating)
Subject code: L4.3.1.8

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Contentment with life (1)

Our classification: . gratifying (vs frustrating), code L4.3.1.8

Measurement: Closed question on specific feelings about life: "I think my life is angry ...contented". Rated on a 7-point scale ranging from positive (7) to negative (1)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
C-BW/cy/sq/l/9/a	r=+.30	
M-AO/u/sq/f/7/a	r=+.40	
O-DT/u/sq/v/7/a	mr=+.40	O-DT asked thrice during the interview: at the beginning, in the middle and at the end. O-DT asked first : r=+.40 O-DT asked second: r=+.40 O-DT asked third : r=+.40
O-GBB/u/sq/c/9/a	r=+.50	
O-HL/u/sq/v/7/b	r=+.40	
A-BB/cm/mq/v/2/a	r=+.40	Index of positive affects: r=+.30 Index of negative affects: r=-.10
O-HL/c/sq/v/3/aa	r=-.40	

Correlational finding on Happiness and . gratifying (vs frustrating)
Subject code: L4.3.1.8

Study CAMER 1973/1

Reported in: Cameron, P.; Titus, D.G.; Kostin, J.; Kostin, M.
The Life Satisfaction of Non-Normal Persons.
Journal of Consulting and Clinical Psychology, 1973, Vol. 41, 207 - 214
Page in Report: 209

Population: Handicapped and controls Detroit, USA,197?

Sample:

Non-Response: -

N: 295

Correlate

Authors label: Life frustration (1)

Our classification: . gratifying (vs frustrating), code L4.3.1.8

Measurement: Closed question: "Do you find life frustrating?" never / infrequently / sometimes / frequently / constantly.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/4/a	r= - p<. 01	normals : r = -.44 (01) handicapped : r = -.29 (01)

Correlational finding on Happiness and . gratifying (vs frustrating)
Subject code: L4.3.1.8

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 404

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: fulfilment of needs (1)

Our classification: . gratifying (vs frustrating), code L4.3.1.8

Measurement:
```
Fulfillment of needs
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: all:1314, 1:2, 2:23, 3:199, 4:777, 5:313

Remarks:
```
fulfilment of needs made up of the questions:
"How well are your basic biological needs fulfilled at
present?"(such as food, clothing, heating, housing, sleep,
sex, safety and security ?)
"How well are your social needs fulfilled at present?"(need
for contact, recognition, friendship and social acceptance)
"How well is your need to be useful fulfilled at
present?"(need to help other people, to make the world a
better place)
How well is your need to realize your life popential being
fulfilled (need to develop insight and action to live in
ever increasing harmony with yourself)
"How well is your need for an exciting and varied life
fulfilled at present?"
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.47 p<.00	1: Mt=2.50 2: Mt=3.80 3: Mt=6.40 4: Mt=7.89 5: Mt=8.95 All Mt=7.84
O-SLu/c/sq/v/5/e	r=+.58 p<.00	1: Mt=1.25 2: Mt=2.83 3: Mt=5.70 4: Mt=7.55 5: Mt=8.93 All Mt=7.50
O-HL/c/sq/v/5/h	r=+.52 p<.00	1: Mt=2.50 2: Mt=3.59 3: Mt=5.51 4: Mt=7.01 5: Mt=8.34 All Mt=7.04

Correlational finding on Happiness and . gratifying (vs frustrating)
Subject code: L4.3.1.8

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 424

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: denial of needs (1)

Our classification: . gratifying (vs frustrating), code L4.3.1.8

Measurement:
```
denial of needs(I do not have this need)
Made up of the following questions rated at a 5-points
scale from very bad to very well:
a. "How well are your basic biological needs at present ?"
This concerns your physical needs such as your need for
food, clothing, heating, housing, sleep, sex, safety and
security
b. "How well are your social needs fulfilled at present ?"
This concerns your needs for warm, human contacts,
recognition, friendship and social solidarity
c. "How well is your need to be useful fulfilled at
present?"
This concerns your need to help other people, make your
contribution to the world or making it a better place
d. "How well is your need for an exciting and varied life
fulfilled at present?"
This concerns your need to have an exciting and varied life
with experiences and actions.
e. "How well is your need for self-realization fulfilled at
present?"
This concerns your need to develop your insight and ability
to take action in order to live in an ever increasing
harmony with yourself
1: basic biological needs
2: social needs
3: the need to be useful
4: the need for an exciting and varied life
5: the need for self-realization
```

Measured Values: N: all:217, a:11, b:21, c:47, d:69, e:69

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a		a: Mt=7.05 b: Mt=7.50 c: Mt=7.66 d: Mt=7.58 e: Mt=7.83 All Mt=7.64
O-SLu/c/sq/v/5/e		a: Mt=7.19 b: Mt=7.76 c: Mt=7.34 d: Mt=7.58 e: Mt=7.50 All Mt=7.50
O-HL/c/sq/v/5/h		a: Mt=5.91 b: Mt=6.59 c: Mt=6.51 d: Mt=6.46 e: Mt=6.60 All Mt=6.50

Correlational finding on Happiness and . gratifying (vs frustrating)
Subject code: L4.3.1.8

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 428

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: fulfilment of needs

Our classification: . gratifying (vs frustrating), code L4.3.1.8

Measurement: fulfilment of needs
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well

Measured Values: N: All:4217; %:1:0,1; 2:2,6; 3:16,9; 4:57,1; 5:23,3

Remarks: fulfilment of needs is made up of the questions:
"How well are your basic biological needs fulfilled at present?"(such as food, clothing, heating, housing, sleep, sex, safety and security ?)
"How well are your social needs fulfilled at present?"(need for contact, recognition, friendship and social acceptance)
"How well is your need to be useful fulfilled at present?"(need to help other people, to make the world a better place)
How well is your need to realize your life popential being fulfilled (need to develop insight and action to live in ever increasing harmony with yourself)
"How well is your need for an exciting and varied life fulfilled at present?"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.55 p<.00	1: Ms=2.50 2: Ms=3.93 3: Ms=6.04 4: Ms=7.99 5: Ms=9.15
O-SLu/c/sq/v/5/e	r=+.60 p<.00	1: Ms=1.66 2: Ms=3.19 3: Ms=5.44 4: Ms=7.70 5: Ms=8.99
O-HL/c/sq/v/5/h	r=+.55 p<.00	1: Ms=2.88 2: Ms=3.96 3: Ms=5.34 4: Ms=7.16 5: Ms=8.51

Correlational finding on Happiness and . gratifying (vs frustrating)
Subject code: L4.3.1.8

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 448

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: denial of needs

Our classification: . gratifying (vs frustrating), code L4.3.1.8

Measurement:
```
denial of needs( I do not have this need)
a: basic biological needs
b: social needs
c: the need to be useful
d: the need for an exciting and varied life
e: the need for self-realization
f: no denial of needs
```

Measured Values: N: All:4703; %:a:-; b0,3; c:2,6; d:2,7; e:3,8; f:92,5:

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a		a: Ms=- b: Ms=7.66 c: Ms=7.23 d: Ms=7.91 e: Ms=8.00 f: Ms=7.74
O-SLu/c/sq/v/5/e		a: Ms=- b: Ms=6.88 c: Ms=6.91 d: Ms=7.75 e: Ms=7.69 f: Ms=7.41

O-HL/c/sq/v/5/h	a: Ms=- b: Ms=5.79 c: Ms=6.81 d: Ms=7.03 e: Ms=7.06 f: Ms=7.03

Correlational finding on Happiness and . hopeful (vs hopeless)
Subject code: L4.3.1.9

Study BRENN 1970

Reported in: Brenner, B.
Social Factors in Mental Well-Being at Adolescence.
PhD Dissertation, The American University, 1970, Washington DC, USA
Page in Report: 71/75/265

Population: Highschool pupils, New York State, USA, 1960

Sample:

Non-Response: 1%

N: 5204

Correlate

Authors label: Tending to be a dis-couraged person (2)

Our classification: . hopeful (vs hopeless), code L4.3.1.9

Measurement: Direct agree / disagree statement

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/4/b	G=-.67	Unaffected by sex After control for: - usual mood : Gs = -.59 - having fun in life : Gs = -.47 - frequency of low mood : Gs = -.57 - tending to be a lonely person : Gs = -.53 - anxiety symptoms : Gs = -.63
O-HL/u/sq/v/4/b	V= .35 p<. 01	

Correlational finding on Happiness and Multiple aspect evaluations of life
Subject code: L4.3.2

Study BEISE 1974

Reported in: Beiser, M.
Components and Correlates of Mental Well-Being.
Journal of Health and Social Behavior, 1974, Vol. 15, 320 - 327 ISSN:0022 1465
Page in Report: 323/325

Population: 18+ aged, general public, Stirling County, Canada, 1968

Sample:

Non-Response: 10%

N: 112

Correlate

Authors label: Long-term satisfact-ion (3)

Our classification: Multiple aspect evaluations of life, code L4.3.2

Measurement: 3-item index of closed questions on like to continue one's life in much the same sort of way or like to change parts of it, success at planning one's life, and accomplished most of the things one would have liked to.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/aa	r=+.45 p<. 001	When controlled for positive and negative affect: r = +.30 (001).
A-BB/cq/mq/v/3/a	r= + p<. s	Index of Positive Affects: r = +.21 (05) Index of Negative Affects: r = -.33 (01)

Correlational finding on Happiness and Multiple aspect evaluations of life
Subject code: L4.3.2

Study KOIVU 1998

Reported in: Koivumaa-Honkanen, H.
Life Satisfaction as a Health Predictor.
Kuopio University Publications,1998, Finland. ISBN 951 781 6634
Page in Report: 70

Population: 18-64 aged adult twin pairs, Finland, 1975

Sample: Non-probability purposive sample

Non-Response: 271

N: 29444

Correlate

Authors label: Life satisfaction

Our classification: Multiple aspect evaluations of life, code L4.3.2

Measurement:
```
Total score of 4 items;
1. Do you feel that your life at present is;5= very
interesting,4= fairly interesting,3= cannot say,2= fairy
boring,1= very boring
2. Do you feel your life at present is;5= very
happy,4=fairly happy,3=cannot say,2=fairly sad,1=very sad
3. Do you feel that your life at present is;5= very hard,4=
fairly hard,3= cannot say,2= fairy easy,1= very easy
4. Do you feel that your life at present moment you are;5=
very lonely,4= fairly lonely,3= cannot say,2= ?,1= not at
all lonely
```

Measured Values: M=15.24, CI95[15.2-15.3]

Remarks: Original scale is reversed

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/j	r=+.79 p<..05	Total
O-HL/c/sq/v/5/j	r=+.79	Men
O-HL/c/sq/v/5/j	r=+.79	Women
O-HL/c/sq/v/5/j	r=+.75	Healthy
O-HL/c/sq/v/5/j	r=+.81	Sick
O-HL/c/sq/v/5/j	r=+.78	Age 18-24
O-HL/c/sq/v/5/j	r=+.79	Age 25-34

O-HL/c/sq/v/5/j	r=+.79	Age 35-44
O-HL/c/sq/v/5/j	r=+.81	Age 45-54
O-HL/c/sq/v/5/j	r=+.80	Age 55-64

Correlational finding on Happiness and Multiple aspect evaluations of life
Subject code: L4.3.2

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 410

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: expression of life's potentials (1)

Our classification: Multiple aspect evaluations of life, code L4.3.2

Measurement:
```
Expression of life potentials
1: very bad
2: bad
3: neither good nor bad
4: good
5: very good
```

Measured Values: N: all:1456, 1:44, 2:382, 3:936, 4:94, 5:-

Remarks:
```
Expression of life-potentials is calculated as weighted
mean of 23 questions about satisfaction with 5 domains:
partner, children and parents, friends, external
environment and self.
See Chapter 8 of "Measuring the Quality of Life", Ventegodt
1996
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.33 p<.00	1: Mt=6.14 2: Mt=6.90 3: Mt=8.06 4: Mt=9.13 5: Mt=- All Mt=
O-SLu/c/sq/v/5/e	r=+.37 p<.00	1: Mt=5.68 2: Mt=6.48 3: Mt=7.76 4: Mt=9.04 5: Mt=- All Mt=
O-HL/c/sq/v/5/h	r=+.39 p<.00	1: Mt=5.00 2: Mt=5.99 3: Mt=7.30 4: Mt=8.43 5: Mt=- All Mt=

Correlational finding on Happiness and Multiple aspect evaluations of life
Subject code: L4.3.2

Study — VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 434

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: expression of life's potentials

Our classification: Multiple aspect evaluations of life, code L4.3.2

Measurement: expression of life's potentials
1: very bad
2: bad
3: neither good nor bad
4: good
5: very good

Measured Values: N: 4585; 1:0,7; 2:6,5; 3:33,5; 4:52,9; 5:6,4

Remarks: Expression of life-potentials is calculated as weighted mean of 23 questions about satisfaction with 5 domains: partner, children and parents, friends, external environment and self.
See Chapter 8 of "Measuring the Quality of Life", Ventegodt 1996

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.42 p<.00	1: Ms=6.25 2: Ms=5.54 3: Ms=6.99 4: Ms=8.33 5: Ms=9.20
O-SLu/c/sq/v/5/e	r=+.47 p<.00	1: Ms=5.59 2: Ms=4.91 3: Ms=6.51 4: Ms=8.13 5: Ms=9.03
A-AOL/m/sq/v/5/a	r=+.47 p<.00	1: Ms=5.96 2: Ms=4.99 3: Ms=6.05 4: Ms=7.70 5: Ms=8.65

Correlational finding on Happiness and Multiple aspect evaluations of life
Subject code: L4.3.2

Study ZUMA 1989

Reported in: Zentrum fur Umfrageforschung Mannheim (ZUMA)
Wohlfahrtsurveys 1978,1980,1984,1988.
Unpublished data-set. Especially prepared for the World Database of Happiness.
Page in Report:

Population: 18+ aged, general public, West-Germany, 1978-88

Sample:

Non-Response: ?

N: 2100

Correlate

Authors label: Alienation (3)

Our classification: Multiple aspect evaluations of life, code L4.3.2

Measurement:

```
Now I am going to read aloud some
reactions on various life-problems.
Please tell me after each sentence if these answers ,if
applied to yourself, would be : completely correct, rather
correct, rather not correct, completely incorrect.

- 'I am often feeling lonesome'
- 'My work does not really give me
   any pleasure at all'
- 'Life has become so complicated       nowadays that I
hardly feel
   anywhere at ease '
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*			
O-SLW/c/sq/n/11/ba	SNR=	eta	G	r	ß
	1978	+.31	+.33	+.31	+.30
	1980	+.31	+.33	+.30	+.27
	1984	+.34	+.40	+.33	+.33
	1988	+.32	+.37	+.32	+.28

ß's controlled for age, gender, perceived class and marital status.

Correlational finding on Happiness and . summed life aspect evaluations (semantic differential scales)
Subject code: L4.3.2.1

Study CAMPB 1976

Reported in: Campbell, A.; Converse, P.E.; Rodgers, W.L.
The Quality of American Life. Perceptions, Evaluations, and Satisfactions.
Russel Sage Foundation, 1976, New York, USA ISBN 0 87154 194 7
Page in Report: 42/43/45

Population: 18+ aged, general public, non-institutionalized USA, 1971

Sample:

Non-Response: 20%

N: 2164

Correlate

Authors label: Ways of characterizing life in general (1)

Our classification: . summed life aspect evaluations (semantic differential scales), code L4.3.2.1

Measurement: Index of General Affect: 10 opposite adjectives placed at the extremes of a 7-point scale with respondents being asked to check a point on the scale that best represents their description of their present life.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/n/7/a	R^2=+.22	Enjoyable vs miserable
O-SLW/c/sq/n/7/a	R^2=+.21	Full vs empty
O-SLW/c/sq/n/7/a	R^2=+.19	Rewarding vs disappointing
O-SLW/c/sq/n/7/a	R^2=+.19	Brings out the best of me vs doesnot give me much chance
O-SLW/c/sq/n/7/a	R^2=+.18	Interesting vs boring
O-SLW/c/sq/n/7/a	R^2=+.15	Hopeful vs discouraging
O-SLW/c/sq/n/7/a	R^2=+.15	Friendly vs lonely
O-SLW/c/sq/n/7/a	R^2=+.12	Worthwhile vs useless
O-SLW/c/sq/n/7/a	R^2=+.08	Free vs tied-down
O-SLW/c/sq/n/7/a	R^2=+.07	Easy vs hard
O-SLW/c/sq/n/7/a	r=+.57	

Correlational finding on Happiness and . summed life aspect evaluations (semantic differential scales)
Subject code: L4.3.2.1

Study CAMPB 1976

Reported in: Campbell, A.; Converse, P.E.; Rodgers, W.L.
The Quality of American Life. Perceptions, Evaluations, and Satisfactions.
Russel Sage Foundation, 1976, New York, USA ISBN 0 87154 194 7
Page in Report:

Population: 18+ aged, general public, non-institutionalized USA, 1971

Sample:

Non-Response: 20%

N: 2164

Correlate

Authors label: Life characterisation (1)

Our classification: . summed life aspect evaluations (semantic differential scales), code L4.3.2.1

Measurement:
```
8 Item "Index of General Affect". Mean
score on 8 semantic differential scales
for description of present life:
1.Enjoyable vs miserable
2.Full vs empty
3.Rewarding vs disappointing
4.Brings out the best of me vs does not
  give me much change
5.Interesting vs boring
6.Hopeful vs discouraging
7.Friendly vs lonely
8.Worthwhile vs useless
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/n/7/a	r=+.52	

Correlational finding on Happiness and . summed life aspect evaluations (semantic differential scales)
Subject code: L4.3.2.1

Study FORTI 1983

Reported in: Forti, T. J.; Hyg, M.S.
A Documented Evaluation of Primary Prevention through Consultation.
Community Mental Health Journal, 1983, Vol. 19, 290 - 304. ISSN p 0010 3853; ISSN e 1573 2789
DOI:10.1007/BF00755410
Page in Report:

Population: Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981

Sample:

Non-Response: T1: 18%, T2: 14%, T3: 23%

N: 137

Correlate

Authors label: General Affect (2)

Our classification: . summed life aspect evaluations (semantic differential scales), code L4.3.2.1

Measurement:
```
Index of closed questions:
'How would you describe your life in general?', rated on a
7-point scale, ranging from: (order reversed)
1. interesting (1) to boring (7)
2. enjoyable (1) to miserable (7)
3. easy (1) to hard (7)
4. worthwile (1) to useless (7)
5. friendly (1) to lonely (7)
6. full (1) to empty (7)
7. rewarding (1) to disappointing (7)
8. brings out the best of me (1) to
   doesn't give me a chance (7)
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/f/7/a	r=+	

	T1: 1977	T2: 1979	T3: 1981
1.	+.48 (01)	+.56 (01)	+.52 (01)
2.	+.58 (01)	+.51 (01)	+.63 (01)
3.	+.30 (01)	+.27 (01)	+.36 (01)
4.	+.48 (01)	+.55 (01)	+.58 (01)
5.	+.45 (01)	+.49 (01)	+.46 (01)
6.	+.53 (01)	+.60 (01)	+.61 (01)
7.	+.50 (01)	+.55 (01)	+.56 (01)
8.	+.53 (01)	+.51 (01)	+.54 (01)

All variables assessed at T1, T2, and T3.
Correlation concerns same time measures.

Correlational finding on Happiness and . summed life aspect evaluations (semantic differential scales)
Subject code: L4.3.2.1

Study GOUDY 1981

Reported in: Goudy, W.J..;Goudeau, J.F.
Social Ties and Life Satisfaction of Older Persons: Another Evaluation.
Journal of Gerontological Social Work, 1981, Vol. 4, 35 - 50. ISSN 0163 4372
Page in Report: 41/43

Population: 50+ aged, general public, North-Central Iowa, USA, 1975

Sample:

Non-Response: 11.3%

N: 2321

Correlate

Authors label: Quality of life (1)

Our classification: . summed life aspect evaluations (semantic differential scales), code L4.3.2.1

Measurement: Scale (8-40) of eight items; how interesting your day-to-day life is, the amount of fun and enjoyment you have, the extent to which you can adjust to changes in your life, the extent to which you are developing yourself and broadening your life, the extent to which your physical needs be met, how fairly you get treated, how secure you are financially, yourself

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/v/5/d	r=+.73 p<.001	

Correlational finding on Happiness and . summed life aspect evaluations (semantic differential scales)
Subject code: L4.3.2.1

Study KAMMA 1983/2

Reported in: Kammann, R,; Flett, R.
Sourcebook for Measuring Well-Being with Affectometer 2.
Why Not? Foundation, 1983, Dunedin, New Zealand.
Page in Report: 34

Population: 18+ aged, general public, Dunedin, New Zealand, 1983

Sample:

Non-Response: 52%

N: 112

Correlate

Authors label: Index of affect (1)

Our classification: . summed life aspect evaluations (semantic differential scales), code L4.3.2.1

Measurement:
```
8 item index involving:
- 7-item semantic differential scale of
  life-characterisations
- single direct question on happiness
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BK/cw/mq/v/5/a	r=+.74 p<.01	

Correlational finding on Happiness and . summed life aspect evaluations (semantic differential scales)
Subject code: L4.3.2.1

Study MOLLE 2002

Reported in: Mollenkopf, H.
Mobilität und Lebensqualität im Alter - Objektive Vorraussetsungen und subjektive Bedeutung in der mobilen Gesellschaft (Mobility and Quality of Life in Old Age)
Glatzer, W; et al; Eds.: "Sozialer Wandel und gesellschaftliche Dauerbeoachtung", Leske & Budrich, 2002 Germany, 255 - 271. ISBN 3 8100 3368 5
Page in Report: 268

Population: 55+ aged, East and West Germany, 1995 and 1999

Sample: Probability stratified sample

Non-Response:

N: 1216

Correlate

Authors label: satisfaction with domains of life

Our classification: . summed life aspect evaluations (semantic differential scales), code L4.3.2.1

Measurement:
Satisfaction with:
1. health
2. housing
3. financial situation
4. local environment
5. living area
6. leisure possibilities
7. travelling possibilities
8. mobility

Measured Values: A: N=400; B:N=404; C: N=205; D:N=207

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/n/11/ba		1+2+3+4+5+6+7+8
O-SLW/c/sq/n/11/ba	R^2=.45	Chemnitz (big city East Germany)
O-SLW/c/sq/n/11/ba	R^2=.57	Hunsrück (rural area West Germany)
O-SLW/c/sq/n/11/ba	R^2=.40	Lausitz (rural area East Germany)
O-SLW/c/sq/n/11/ba	R^2=.50	Mannheim (big city West Germany)

Correlational finding on Happiness and . summed life aspect evaluations (semantic differential scales)
Subject code: L4.3.2.1

Study WARR 1978

Reported in: Warr, P.
A Study of Psychological Well-Being.
The British Journal of Psychology, 1978, Vol. 6, 111 - 121
Page in Report: 116

Population: Steel workers, six months after closure of their plant, Manchester, U.K., 1976

Sample:

Non-Response: 9 % (4 % ill, 5 % refused), 13 % not contacted

N: 1655

Correlate

Authors label: Feelings about present life (1)

Our classification: . summed life aspect evaluations (semantic differential scales), code L4.3.2.1

Measurement:
```
Question:"How do you feel about your present life?"rated on
7 Semantic differential scales: (each 7 points)
1. Boring-interesting
2. Miserable-enjoyable
3. Disappointing-rewarding
4. Empty-full
5. Discouraging-hopefull
6. Hard-easy
7. Does not give me a change-
   brings out the best in me
```

Remarks:

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/n/7/a	r=+.57	
O-HL/c/sq/n/7/a	r=+.62	
O-HL/c/sq/n/7/a	r=+.52	
O-HL/c/sq/n/7/a	r=+.56	
O-HL/c/sq/n/7/a	r=+.53	
O-HL/c/sq/n/7/a	r=+.33	
O-HL/c/sq/n/7/a	r=+.49	

Correlational finding on Happiness and . summed life aspect evaluations (semantic differential scales)
Subject code: L4.3.2.1

Study WARR 1978

Reported in: Warr, P.
A Study of Psychological Well-Being.
The British Journal of Psychology, 1978, Vol. 6, 111 - 121
Page in Report: 116

Population: Steel workers, six months after closure of their plant, Manchester, U.K., 1976

Sample:

Non-Response: 9 % (4 % ill, 5 % refused), 13 % not contacted

N: 1655

Correlate

Authors label: Feelings about present life (2)

Our classification: . summed life aspect evaluations (semantic differential scales), code L4.3.2.1

Measurement:
```
Respondents were asked the following question:"Here are
some words and phra-
ses. We would like you to use in describing how you feel
about your present life? " rated on a scale from 1 to 7
1.Frustrating-fullfilling
2.Controlled by others-under my control
3.Unsuccessfull-successfull
```

Remarks:

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/n/7/a	r=+.52	
O-HL/c/sq/n/7/a	r=+.36	
O-HL/c/sq/n/7/a	r=+.56	

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ABBEY 1985

Reported in: Abbey, A.; Andrews, F.M.
Modeling the Psychological Determinants of Life Quality.
Social Indicators Research, 1985, Vol. 16, 1 - 34. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF00317657
Page in Report: 16

Population: Tranquilizer users, Detroit, USA, 1984

Sample: Non-probability purposive-quota sample

Non-Response: 40%

N: 675

Correlate

Authors label: Positive affect lifequality (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement: 5-item index of 4 domain items (self, personal life, work life, health) and one general quality of life-as-a-whole item. Respondents were asked how much they 'really enjoyed' these 5 area's. 5-point scale ranging from 'not at all' to 'a great deal'.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-ACO/cw/mq/*/20/a	r=+.83	

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ABBEY 1985

Reported in: Abbey, A.; Andrews, F.M.
Modeling the Psychological Determinants of Life Quality.
Social Indicators Research, 1985, Vol. 16, 1 - 34. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF00317657
Page in Report: 16

Population: Tranquilizer users, Detroit, USA, 1984

Sample: Non-probability purposive-quota sample

Non-Response: 40%

N: 675

Correlate

Authors label: Negative affect of life quality (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement: 5-item index of 4 domain items self personal life, worklife and health and one general quality of life-as-a-whole item. Respondents were asked how much they felt 'emotionally upset' about these 5 areas. 5-point scale ranging from 'not at all' to 'a great deal'.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-ACO/cw/mq/*/20/a	r=-.77	

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ANDRE 1976/2

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 85

Population: 18+ aged, general public, non-institutionalized, USA, 1972/11

Sample:

Non-Response: 24%

N: 1118

Correlate

Authors label: Feelings about the good parts of life (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement:
```
Closed question: "Now, try and forget all the things in
your life that annoy or worry you; how do you feel about
the good and pleasant parts of your life? How do these nice
aspects, by themselves, make you feel?"
terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly
satisfied/ pleased/ delighted
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLV/u/sq/t/101/a	r=+.25	
O-DT/u/sq/v/7/a	r=+.37	
O-SLW/c/sq/n/7/a	r=+.34	

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ANDRE 1976/2

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 85

Population: 18+ aged, general public, non-institutionalized, USA, 1972/11

Sample:

Non-Response: 24%

N: 1118

Correlate

Authors label: Feelings about the poor aspects of life (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement:
```
Closed question: "Now, try and forget all the good and
pleasant parts of your life; How do you feel about the
things that annoy or worry you? How do these poor aspects,
by themselves, make you feel?"
terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly
satisfied/ pleased/ delighted
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLV/u/sq/t/101/a	r=+.23	
O-DT/u/sq/v/7/a	r=+.25	
O-SLW/c/sq/n/7/a	r=+.27	

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Feelings about the good parts of life Good parts (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement:
```
Closed question: "Now, try and forget all the things in
your life that annoy or worry you; how do you feel about
the good and pleasant parts of your life? How do these nice
aspects, by themselves, make you feel?"
1 terrible
2 unhappy
3 mostly dissatisfied
4 mixed
5 mostly satisfied
6 pleased
7 delighted.
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	mr=+.20	O-DT asked thrice during the interview: at the beginning, in the middle and at the end. O-DT asked first : r=+.20 O-DT asked second: r=+.20 O-DT asked third : r=+.20
C-BW/cy/sq/l/9/a	r=+.10	
M-AO/u/sq/f/7/a	r=+.20	
O-HL/c/sq/v/3/aa	r=-.20	
A-BB/cm/mq/v/2/a	r=+.00	Index of positive affects: r=+.20 Index of negative affects: r=+.10
O-HL/u/sq/v/7/b	r=+.20	
O-GBB/u/sq/c/9/a	r=+.20	

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Amount of good parts f life Number of pluses (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement: Closed question: "Here is a circle and we can imagine that it represents your life. The pie slices are parts of your life. There are eight slices, so let's imagine that you can divide your life up into eight parts. Now, put a plus sign (+) in tose slices that are good parts of your life. Put a zero (0) in those slices that are neutral parts of your life, neither good or bad. And, put a minus sign (-) in those slices that are bad parts of your life. Put some mark in every slice."
Measure: number of +'s

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	mr=+.37	O-DT asked thrice during the interview: at the beginning, in the middle and at the end. O-DT asked first : r=+.40 O-DT asked second: r=+.40 O-DT asked third : r=+.30
C-BW/cy/sq/l/9/a	r=+.20	
M-AO/u/sq/f/7/a	r=+.40	
O-HL/c/sq/v/3/aa	r=-.40	
A-BB/cm/mq/v/2/a	r=+.30	Index of positive affects: r=+.20 Index of negative affects: r=-.20
O-HL/u/sq/v/7/b	r=+.40	
O-GBB/u/sq/c/9/a	r=+.50	

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Feelings about the poor aspects of lifeBad parts (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement:
```
Closed question: "Now try and forget all the good and
pleasant parts of your life; how do you feel about the
things that annoy or worry you? How do these poor aspects,
by themselves, make you feel?"
1 terrible
2 unhappy
3 mostly dissatisfied
4 mixed
5 mostly satisfied
6 pleased
7 delighted.
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	mr=+.23	O-DT asked thrice during the interview: at the beginning, in the middle and at the end. Correlations with bad parts (asked once): O-DT asked first : r=+.20 O-DT asked second: r=+.30 O-DT asked third : r=+.20
C-BW/cy/sq/l/9/a	r=+.20	
M-AO/u/sq/f/7/a	r=+.20	
O-HL/c/sq/v/3/aa	r=-.20	
O-GBB/u/sq/c/9/a	r=+.20	
A-BB/cm/mq/v/2/a	r=+.30	Index of positive affects: r=+.10 Index of negative affects: r=-.30
O-HL/u/sq/v/7/b	r=+.30	

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Amount of bad parts of life Number of minuses (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement:

```
Closed question: "Here is a circle and we can imagine that
it represents your life. The pie slices are parts of your
life. There are eight slices, so let's imagine that you can
divide your life up into eight parts. Now, put a plus sign
(+) in those slices that are good parts of your life. Put a
zero (0) in those slices that are neutral parts of your
life, neither good or bad. And put a minus sign (-) in
those slices that are bad parts of your life. Put some mark
in every slice.

Measure: number of -'s
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	mr=-.33	O-DT asked thrice during the interview: at the beginning, in the middle and at the end. Correlation with bad parts: O-DT asked first : r=-.40 O-DT asked second: r=-.30 O-DT asked third : r=-.30
C-BW/cy/sq/l/9/a	r=-.30	
M-AO/u/sq/f/7/a	r=-.40	
O-HL/c/sq/v/3/aa	r=+.30	

O-GBB/u/sq/c/9/a	r=-.40	
A-BB/cm/mq/v/2/a	r=-.30	Index of positive affects: r=-.20 Index of negative affects: r=+.30
O-HL/u/sq/v/7/b	r=-.40	

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Amount of neutral parts of life Number of neutrals (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement: Closed question: "Here is a circle and we can imagine that it represents your life. The pie slices are parts of your life. There are eight slices, so let's imagine that you can divide your life up into eight parts. Now put a plus sign (+) in those slices that are good parts of your life. Put a zero (0) in those slices that are neutral parts of your life, neither good or bad. And put a minus sign (-) in those slices that are bad parts of your life. Put some mark in every slice."
Measure: number of 0's

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-DT/u/sq/v/7/a	mr=-.20	O-DT asked thrice during the interview: at the beginning, in the middle and at the end Correlation with Good/bad parts question (asked once) O-DT asked first : r=-.20 O-DT asked second: r=-.20 O-DT asked third : r=-.20
C-BW/cy/sq/l/9/a	r=-.10	
M-AO/u/sq/f/7/a	r=-.20	
O-HL/c/sq/v/3/aa	r=+.20	
O-GBB/u/sq/c/9/a	r=-.30	
O-HL/u/sq/v/7/b	r=-.10	
A-BB/cm/mq/v/2/a	r=-.10	Index of positive affects: r=-.10 Index of negative affects: r=+.00

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Interestingness of life (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement: Closed question on specific feelings about life: "I think my life is boring ...interesting".
Rated on a 7-point scale ranging from positive (7) to negative (1)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	r=+.40	Index of positive affects: r=+.40 Index of negative affects: r=-.30

Correlational finding on Happiness and . good and bad parts of life
Subject code: L4.3.2.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 92

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Weighted feelings about aspects of life (1)

Our classification: . good and bad parts of life, code L4.3.2.2

Measurement:
```
Regression weighted sum of possible answers to closed
question: "Here is a circle and we can imagine that it
represents your life. The pie slices are parts of your
life. There are eight slices, so let's imagine that you can
divide your life up into eight parts. Now put a plus sign
(+) in those slices that are good parts of your life
(answer A). Put a zero (0) in those slices that are neutral
parts of your life (answer B). And, put a minus sign (-) in
those slices that are bad parts of your life (answer C).
Put some mark in every slice."
Measure: 50.321 + (1.492*A) - (2.591*C)
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/aa	r=-.40	
O-HL/u/sq/v/7/b	r=+.40	

A-BB/cm/mq/v/2/a	r=+.30	Index of positive affects: r=+.20 Index of negative affects: r=-.20
O-GBB/u/sq/c/9/a	r=+.50	
C-BW/cy/sq/l/9/a	r=+.30	
M-AO/u/sq/f/7/a	r=+.40	
O-DT/u/sq/v/7/a	mr=+.40	O-DT asked thrice during the interview: at the beginning, in the middle and at the end. O-DT asked first : r=+.40 O-DT asked second: r=+.40 O-DT asked third : r=+.40

Correlational finding on Happiness and . most important aspects of life
Subject code: L4.3.2.3

Study — SHICH 1984

Reported in: Shichman, S.; Cooper, E.
Life Satisfaction and Sex-Role Concept.
Sex Roles, 1984, Vol. 11, 227 - 240. ISSN 0360 0025 DOI:10.1007/BF00287516
Page in Report: 234-236

Population: Adults, students and churchmembers, USA, 198?

Sample:

Non-Response: 5,9 %

N: 217

Correlate

Authors label: Satisfaction with the most important aspects of life. (1)

Our classification: . most important aspects of life, code L4.3.2.3

Measurement: Ss were required to rank aspects of life in order of importance and rated satisfaction with each

Remarks: Aspects chosen as the most important in life were marriage (40%), achieving goals (38%), parenting (28%), health (24%), financial situation (18%), occupation (16%), and relations with friends

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-SLu/u/sq/v/4/a	r=+.41 p<.00	most important:
O-SLu/u/sq/v/4/a	r=+.42 p<.00	second most important:

Correlational finding on Happiness and .balance of positive and negative memories
Subject code: L4.3.2.4

Study MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Memory

Our classification: .balance of positive and negative memories, code L4.3.2.4

Measurement: Ss were asked to recall as many as positive and negative events in their life as possible. The difference between the number of positive and negative events was used.

Remarks: Assesed at T1(1986)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/a	r=+.40 p<.05	T1 memory by T2 happiness
M-FH/g/rdp/v/10/a	r=+.16 ns	T1 memory by T2 happiness

Correlational finding on Happiness and Appraisals of specific domains of life
Subject code: L4.4

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 406

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: family, work and leisure time (1)

Our classification: Appraisals of specific domains of life, code L4.4

Measurement:
```
Family, work and leisure time
(made up by the following questions:

1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: all:1398, 1:1, 2:13, 3:103, 4:712, 5:569

Remarks:
```
a)"How do you feel when you are at home?"
b)"How do you feel when you are at work?"
c)"How do you feel in your leisure time?")
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.60 p<.00	1: Mt=- 2: Mt=2.50 3: Mt=5.26 4: Mt=7.45 5: Mt=8.90 All Mt=7.83

O-SLu/c/sq/v/5/e	r=+.60 p<.00	1: Mt=- 2: Mt=2.11 3: Mt=4.76 4: Mt=7.06 5: Mt=8.64 All Mt=7.49
O-HL/c/sq/v/5/h	r=+.56 p<.00	1: Mt=- 2: Mt=2.89 3: Mt=4.79 4: Mt=6.54 5: Mt=8.08 All Mt=7.00

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study ABBEY 1985

Reported in: Abbey, A.; Andrews, F.M.
Modeling the Psychological Determinants of Life Quality.
Social Indicators Research, 1985, Vol. 16, 1 - 34. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF00317657
Page in Report: 16

Population: Tranquilizer users, Detroit, USA, 1984

Sample: Non-probability purposive-quota sample

Non-Response: 40%

N: 675

Correlate

Authors label: Cognitive evaluationof quality of life (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: 5-item index of 4 domain items (self, personal life, work life, and health) and one general quality of life-as-a-whole item. Respondents were asked to what extent these 5 areas had been 'what you wanted it to be'. 5-point scale ranging from 'not at all' to 'all'.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-ACO/cw/mq/*/20/a	r=+.82	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study ABBEY 1985

Reported in: Abbey, A.; Andrews, F.M.
Modeling the Psychological Determinants of Life Quality.
Social Indicators Research, 1985, Vol. 16, 1 - 34. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF00317657
Page in Report: 16

Population: Tranquilizer users, Detroit, USA, 1984

Sample: Non-probability purposive-quota sample

Non-Response: 40%

N: 675

Correlate

Authors label: Evaluation of self (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Quality of life in the self domain, 4 domain specific items on delighted - terrible scale and one cognitive QOL, one positive affect QOL and one negative affect QOL item.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-ACO/cw/mq/*/20/a	r=+.82	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study ANDRE 1976/1

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976. New York, USA.. ISBN 0 306 30935 1
Page in Report: 124/146

Population: 18+ aged, general public, non-institutionalized, USA, 1972/75

Sample:

Non-Response: 24%

N: 1297

Correlate

Authors label: Explained variance in feelings about life as a whole (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:

Satisfaction with:
1. efficacy index (ABCDE)
2. family index (ABCDE)
3. money index (ABCDE)
4. amount of fun (ABCDE)
5. house/apartment (ABCDE)
6. things do with family (ABCDE)
7. time to do things (ABDE)
8. young people think (AB)
9. spare-time activities (ABDE)
10. recreation index (AB)
11. national govt. index (ABDE)
12. consumer index (ABDE)
13. local govt. index (AB)
14. housework (AB)
15. media index (AB)
16. your health (ABDE)
17. cost index (A)
18. schools in area (A)
19. services in nghbrhd. (A)
20. close adult relatives (A)
21. natural environment (A)
22. comfortable people (A)
23. neighborhood index (A)
24. people over 40 think (A)
25. organisations belong to (A)
26. weather (A)
27. friends index (A)
28. job index (ADE)
29. religious faith (A)
30. getting on with people (A)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	R^2=.55	A. (All domain satisfactions)
O-DT/u/sqt/v/7/a	R^2=.54	B. (16 domain satisfactions with high ß's)
O-DT/u/sqt/v/7/a	R^2=.49	C. (6 domain satisfactions with high ß's)
O-DT/u/sqt/v/7/a	R^2=.52	D. (selected 12 domain satisfactions)

O-DT/u/sqt/v/7/a R^2=.51 E. (selected 12 domain satisfactions)

Sub-group	N	Variance explained Model I (%)	Model II (%)
All respondents	1297	52	52
Males	547	50	54
Females	750	53	55
16-29 years old	358	52	59
16-29 houshold head/spouse	276	-	63
30-44 years	356	60	69
45-59 years	275	50	61
45-64 years	363	49	56
60-97 years	305	45	53
Low SES	337	48	57
Mid SES	268	52	56
High SES	408	53	60
Employed men	413	-	58
Low income	480	52	57
Medium income	346	50	60
High income	403	49	56
Married	890	48	49
Nonmarried	406	56	61
0-11 grades of school	423	54	63
High school graduate	307	54	64
Some college educ.	330	-	58
College degree	223	47	60
Married & employed	512	-	55
Blacks	115	50	-

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study ANDRE 1989

Reported in: Andrews, F.M.
Stability and change in levels and structure of subjective well-being: USA 1972 and 1988
Paper presented at the International Conference on Social Reporting, Berlin, September 1989
Page in Report: 20

Population: Adults, general public, non-insttutionalized, USA, 1972-88

Sample:

Non-Response:

N: 2985

Correlate

Authors label: Life aspect satisfactions (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Satisfaction with:
1: fun
2: accomplishments
3: family income
4: use of spare time
5: national government
6: health
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	Ra^2=.40	1972
O-DT/u/sqt/v/7/a	Ra^2=.43	1988

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study BAKER 1982

Reported in: Baker, F.; Intagliata, J.
Quality of Life in the Evaluation of Community Support Systems.
Evaluation and Program Planning, 1982, Vol. 5, 69 - 79 ISSN 0149 7189
Page in Report: 77

Population: Mental patients shortly after change in institutional setting, USA, 1981

Sample:

Non-Response: -

N: 118

Correlate

Authors label: Total satisfaction on life domains (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: 15 item-index of direct questions about satisfaction with: 1 housing of residence, 2 neighborhood, 3 food, 4 clothing, 5 health, 6 people you live, 7 friends, 8 family, 9 other people, 10 job/day/work programming, 11 use of leisure time, 12 what you do in the community for fun 13 services and facilities, 14 economic situation, 15 the place you live now, compared with the state hospital. Scored on a 7-point pictorial faces scale.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	r=+.64 p<.001	

Correlational finding on Happiness and Satisfaction with multiple domains of life Subject code: L4.4.2

Study — BALAT 1993

Reported in: Balatsky, G.; Diener, E.
Subjective Well-Being among Russian Students.
Social Indicators Research, 1993, Vol. 28, 225 - 243 ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF01079019
Page in Report: 236

Population: Students, Moscow and Glazov (Ural), Russia, 1990

Sample: Non-probability chunk sample

Non-Response: not reported

N: 116

Correlate

Authors label: Satisfaction with financial domains of life (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Sumscore of financial domains:
(domains not reported)

Measured Values: M= 26.74; SD=6.32

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	r=+.34 p<.01	p two-tailed
O-DT/c/sq/v/7/b	r=+.52 p<.01	p two tailed

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study BALAT 1993

Reported in: Balatsky, G.; Diener, E.
Subjective Well-Being among Russian Students.
Social Indicators Research, 1993, Vol. 28, 225 - 243 ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF01079019
Page in Report: 236

Population: Students, Moscow and Glazov (Ural), Russia, 1990

Sample: Non-probability chunk sample

Non-Response: not reported

N: 116

Correlate

Authors label: Satisfaction with social domains of life (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Sumscore of social domains:
(domains not reported)

Measured Values: M= 29.19; SD= 4.79

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	r=+.17 ns	
O-DT/c/sq/v/7/b	r=+.15 ns	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study BALAT 1993

Reported in: Balatsky, G.; Diener, E.
Subjective Well-Being among Russian Students.
Social Indicators Research, 1993, Vol. 28, 225 - 243 ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF01079019
Page in Report: 233

Population: Students, Moscow and Glazov (Ural), Russia, 1990

Sample: Non-probability chunk sample

Non-Response: not reported

N: 116

Correlate

Authors label: Satisfaction with 13 domains of life (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Sumscore of satisfaction with:
-Health
-Finances
-Family relations
-Paid employment
-Friendship
-Housing
-Living partner
-Recreation activity
-Religion
-Self esteem
-Transportation
-Education
-Cultural life
```

Measured Values: M= 55.95; SD= 8.87.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	r=+.33 p<.01	p two-tailed.
O-DT/c/sq/v/7/b	r=+.41 p<.01	p two tailed

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study BALTA 2004

Reported in: Baltatescu,S.M.; Cummins, R.A.
Subjective Wellbeing in a Post-Communist Country: Romania's International Wellbeing Index.
Powerpoint presentation at 6th Conference ISQOLS, November 2004, Philadelphia, USA
Page in Report: 11

Population: 18+ aged, Bihor County, North-West Romania, 2003

Sample: Probability area sample

Non-Response: 38%

N: 368

Correlate

Authors label: PWI domains

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Personal Wellbeing Index (PWI)
How satisfied are you with:
- your standard of living
- your health
- what you achieve in life
- your personal relationships
- how safe you feel
- feeling part of your community
- your future security
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	R^2=.59	PWI domain only

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study BHARA 1977

Reported in: Bharadwaj, L.; Wilkening, E.A.
The Prediction of Perceived Well-Being.
Social Indicators Research, 1977, Vol. 4, 421 - 439 ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF00353143
Page in Report: 430

Population: 18+ aged, general public, Wisconsin, USA, 197?

Sample:

Non-Response: 12%

N: 1423

Correlate

Authors label: Joint effect (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Joint effect of satisfaction with family-life, standard of living, work, health, sparetime activities, income,community, housing, food, spiritual matters, education, organizational involvement, natural environment, national government.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*			
O-SLW/u/sqt/v/7/a	R^2=.25	males	R^2:.20	females	R^2:.31
		AGE		INCOME	
		under 30	R^2:.27	under $4000	R^2:.24
		30-49	R^2:.38	$4000- 7999	R^2:.23
		50-64	R^2:.25	$8000-15999	R^2:.30
		over 65	R^2:.27	over $16000	R^2:.25
O-SLW/u/sqt/v/7/a	Ra^2=.24	males	Ra^2':.18	females	Ra^2':.30
		AGE		INCOME	
		under 30	Ra^2':.24	under $4000	Ra^2':.21
		30-49	Ra^2':.36	$4000- 7999	Ra^2':.20
		50-64	Ra^2':.23	$8000-15999	Ra^2':.28
		over 65	Ra^2':.24	over $16000	Ra^2':.20

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study BRANH 1991

Reported in: Bränholm, I.B.; Eklund, M.; Fugl-Meyer, K.S.; Fugl - Meyer, A.R.
On Work and Life Satisfaction.
Eklund, M;:" On vocational Rehabilitation in Northern Sweden", Dissertation, University of Umea, 1991, 95 - 107
Page in Report: 103

Population: 25-55 aged, vocationally actives, Umea, Northern Sweden, 1986/87

Sample: Probability stratified sample

Non-Response:

N: 163

Correlate

Authors label: Satisfaction with domains of life (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Single question:"How satisfactory are these different
aspects of your life?"
a. My ability to self care (dressing,
   hygiene, transfers, etc)
b. My leisure situation
c. My vocational situation
d. My financial situation
e. My sexuel life
f. My partnership relation
g. My family life
h. My contacts with friends

Each rated on a 6 step scale;
1 very dissatisfying
2 dissatisfying
3 rather dissatisfying
4 rather satisfying
5 satisfying
6 very satisfying
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/v/6/a	dc=<.20	Ability to selfcare
O-SLW/u/sq/v/6/a	dc=<.20	Leisure situation
O-SLW/u/sq/v/6/a	dc=.30	vocational situation
O-SLW/u/sq/v/6/a	dc=.30	financial situation
O-SLW/u/sq/v/6/a	dc=<.20	sexual life
O-SLW/u/sq/v/6/a	dc=.40	partnership relation
O-SLW/u/sq/v/6/a	dc=.30	family life
O-SLW/u/sq/v/6/a	dc=.20	contacts with friends

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study BRENN 1975B

Reported in: Brenner, B.
Enjoyment as a Preventive of Depressive Affect.
Journal of Community Psychology, 1975, Vol. 3, 346 - 357
Page in Report: 354

Population: 18+ aged, general public, county and big city, USA, 1972

Sample:

Non-Response: 19% in Washington, and 25% in Kansas City.

N: 2168

Correlate

Authors label: Satisfaction with major life areas. (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: 6-item index of closed questions on problems with housing, neighborhood, friends, occupation, marriage, and children, rated on 7-point scales. Unhappy with one or more / not unhappy with any / satisfied with all 6 of these areas.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-TH/g/sq/v/5/b	G=+.50 p<.001	Each satisfaction was significantly related (001) to enjoyment.

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study CHAN 2000

Reported in: Chan, C.M.; Cheng, S.; Phillips D.R.; Chi I.; et al.
The Making of the Hong Kong Quality of Life Scale for the Elderly Chinese (HKQOLEC).
Paper, 2000, Asia Pacific Institute of Aging, Hong Kong
Page in Report: 14,15,17,18

Population: 60+ aged, Hong Kong, 2000

Sample: Probability sample (unspecified)

Non-Response: 26%

N: 1616

Correlate

Authors label: Achievement-Recognition

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Self report on four questions:
a. Have you plenty opportunity to do things you are good
at?
b. Do you think you have many talents?
c. Have you been praised by others?
d. Are many aspects in your live admired by others?

Answers rated on 5-step Likert scale
```

Measured Values: M SD a. 2,73 1,13 b. 2,89 1,13 c. 2,49 1,20 d, 3,32 1,20 Sum: M= 2,86; SD= 1,16

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-AO/u/mq/?/5/a	r=+.39 p<.01	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study COSTA 1980/1

Reported in: Costa, P.T.; Mc Crae, R.R.
Influence of Extraversion and Neuroticism on Subjective Well-Being: Happy and Unhappy People.
Journal of Personality and Social Psychology, 1980, Vol. 38, 668 - 678. ISSN 0022 3514
Page in Report: 672-673

Population: 35-85 aged white males (largely veterans), USA, 1976

Sample:

Non-Response: T1:21%; T2:18%; T3:27%; T4:46%

N: 1100

Correlate

Authors label: Life satisfaction (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Life Satisfaction Index. 9-item index of closed questions
about satisfaction with work, health, money, appearance,
self-respect, getting along with others, love, sex, and
religious faith:
each rated on a 5-point scale.
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/b	r=+.40 p<.001	Life satisfaction assessed at T2. Hedonic level sum of scores at T1, T2, T3, and T4 (3 month-intervals).

Correlational finding on Happiness and Satisfaction with multiple domains of life Subject code: L4.4.2

Study CUMMI 2002A

Reported in: Cummins, R.A; Eckersley, R. ; Pallant, J.; Okerstrom, E.; et al
Australian Unity Wellbeing Index, Survey 3, Report 3.2. The Impact of Personal Relationships and Household Structure on tthe Wellbeing of Australians.
Australian Centre on Quality of Life, 2002, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm
Page in Report: 107

Population: 18+ aged Australia, 2002

Sample: Probability area sample

Non-Response: 70%

N: 2110

Correlate

Authors label: Personal Wellbeing Index

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Selfreport on five questions:
'How satisfied are you with your..
- standard of living
- health
- achievement
- safety
- community
- security
Responses rated 0 to 10
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	R^2=.516	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study

CUMMI 2002B

Reported in: Cummins, R.A.; Eckersley, R.; Lo, S.K.; Okerstrom, E.; Davern, M.;
Australian Unity Wellbeing Index, Survey 4, Report 4. The Wellbeing of Australians 1. Work and Leisure 2. The Impact of September 11 One Year Later.
Australian Centre on Quality of Life, 2002, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm
Page in Report: 91

Population: 18+aged, Australia, 2002

Sample: Probability area sample

Non-Response: 88%

N: 2003

Correlate

Authors label: PWI domains

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Personal Wellbeing Index (PWI)
How satisfied are you with..
- your standard of living
- your health
- what you achieve in life
- your personal relationships
- how safe you feel
- feeling part of your community
- your future security
```

Remarks: `Data Survey 1`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	R^2=.50	`PWI domain only`
O-SLW/u/sq/n/11/ca	R^2=.54	`PWI domain + happiness`

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study CUMMI 2003B

Reported in: Cummins, R.A; Eckersley, R; Lo, S.K.; Okerstrom, E.; et.al.
Australian Unity Wellbeing Index, Survey 6, Report 6.The Wellbeing of Australians: Impact of the Impending Iraq War.
Australian Centre on Quality of Life, 2003, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm
Page in Report: 4+121+124

Population: 18+aged, Australia, 2003

Sample: Probability area sample

Non-Response: 88%

N: 1979

Correlate

Authors label: Personal Wellbeing

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Personal Wellbeing Index(PWI):7 item index.
Turning now to various areas of your life, how satisfied
are you with…
- your standard of living
- your health
- what you achieve in life
- your personal relationships
- how safe you feel
- feeling part of your community
- your future security
Each rated on a 0-10 nunerical scale
```

Measured Values: M = 75.2 ; SD = 11.84

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	r=+.67	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study CUMMI 2004C

Reported in: Cummins, R.A.; Eckersley, R.; Lo, S.K.; Okerstrom, E.; et al.
Australian Unity Wellbeing Index, Survey 10, Report 10. The Wellbeing of Australians-Health and Body Weight.
Australian Centre on Quality of Life, 2004, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm
Page in Report: 18

Population: 18+ aged, Australia, 2004

Sample: Probability area sample

Non-Response: 89%

N: 2000

Correlate

Authors label: Personal Wellbeing Index

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Self report of satisfaction in 7 domains
a: standard of living
b: health
c: achievement
d: personal relationships
e: safety
f: community
g: future security
Rated on a 0-10 numerical scale
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	DMt=+	Average PWI at levels of happiness (1 = low, 10 = high) 3 50,3 4 54,8 5 66,1 6 63,7 7 71,3 8 76,2 9 81,8 10 85,3
M-FH/g/sq/n/11/b	r=+.58	all
M-FH/g/sq/n/11/b	r=+.59	age group 18-25
M-FH/g/sq/n/11/b	r=+.43	age group 26-35

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study CUMMI 2004D

Reported in: Cummins, R.A.; Eckersley, R.; Lo, S.K.; Okerstrom, E.; et al.
Australian Unity Wellbeing Index. Survey 2004. Report 11.0.The Wellbeing of Australians-Personal Financial Debt.
Australian Centre on Quality of Life, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm http://acqol.deakin.edu.au
Page in Report: B46+A15+71+72

Population: 18+aged, Australia, 2004

Sample: Probability area sample

Non-Response: 72

N: 2000

Correlate

Authors label: Personal Wellbeing Index (PWI)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Selfreport on 7 questions
How satisfied are you with your---?
- Standard of living
- Health
- Achievement
- Future Security
- Relationships
- Safety
- Community

Rated on numerical scale ranking from
0 completely dissatisfied to 0 completely satisfied
```

Remarks: Combined surveys 8 10&11

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/b	r=+.98	
M-FH/g/sq/n/11/b	DMt=+	

happiness	PWI males	PWI females
0	7,91	6,75
1	5,57	4,89
2	5,11	5,97
3	5,97	5,57
4	5,82	5,75
5	6,26	6,42
6	6,65	6,63
7	7,14	7,13
8	7,61	7,68
9	8,11	8,13
10	8,50	8,50

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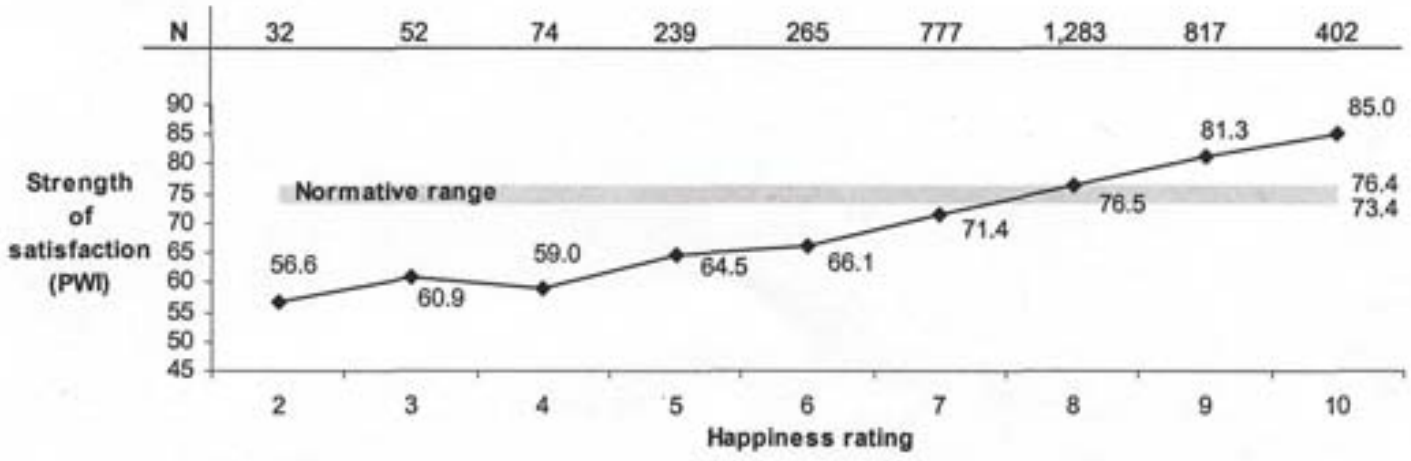

Figure 2.21: Happiness x Personal Wellbeing Index (combined surveys 10 & 11)

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study — CUMMI 2004E

Reported in: Cummins, R.A.: Eckersley, R.; Lo, S.K.; Okerstrom, E.; et al
Australian Unity Wellbeing Index, Survey 2004, Report 12.0. The Wellbeing of Australians-Job Security. Australian Centre on Quality of Life, 2004, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm http://acqol.deakin.edu.au
Page in Report: B8

Population: 18+aged, Australia, 2004

Sample: Probability area sample

Non-Response: 88%

N: 1997

Correlate

Authors label: Personal Well-Being (PWB)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Selfreport on 7 questions
How satisfied are you with your---?
- Standard of living
- Health
- Achievement
- Future Security
- Relationships
- Safety
- Community

Rated on numerical scale ranking from
0 completely dissatisfied to 100 completely satisfied

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

M-FH/g/sq/n/11/b DMt=+

level of happiness	Mean PWB
0	0
1	1
2	1,4
3	4,0
4	5,28
5	6,09
6	7,16
7	7,89
8	8,69
9	9,42

M-FH/g/sq/n/11/b r=

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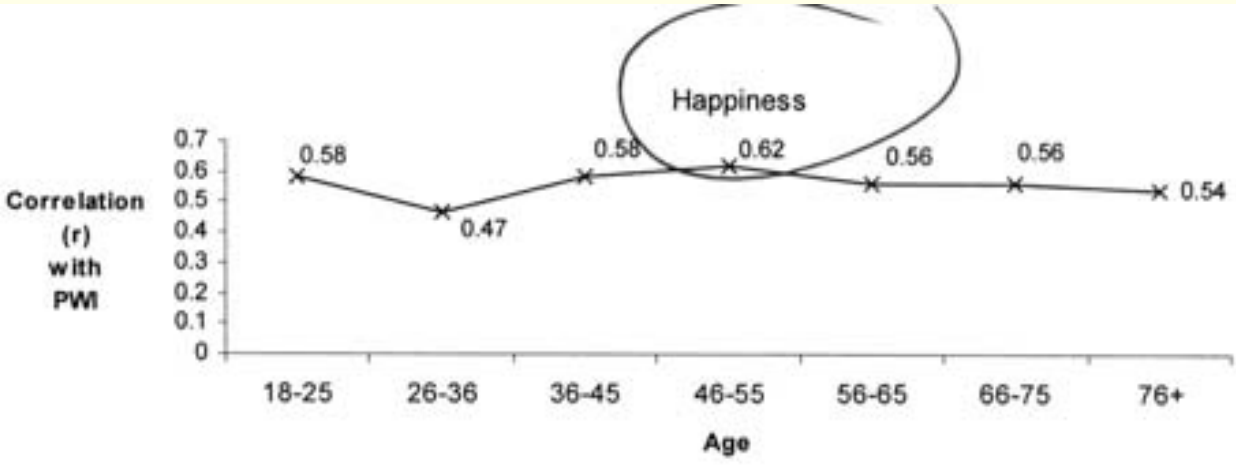

M-FH/g/sq/n/11/b r=+.58 age 18-25

M-FH/g/sq/n/11/b	r=+.47	age 26-36
M-FH/g/sq/n/11/b	r=+.58	age 36-45
M-FH/g/sq/n/11/b	r=.+62	age 46-55
M-FH/g/sq/n/11/b	r=+.56	age 56-65
M-FH/g/sq/n/11/b	r=+.56	age 66-75
M-FH/g/sq/n/11/b	r=+.54	age 76+

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study CUMMI 2005B/1

Reported in: Cummins, R.A.
Personal Wellbeing Index (PWI). Manual, version 3, Report 12.2/1.
Australian Centre on Quality of Life, 2005, Melbourne Australia. http://www.deakin.edu.au/research/acqol/index.htm http://acquol deakin.edu.au
Page in Report: 11

Population: Adults, Argentina, 2002

Sample: Sampling not reported

Non-Response: 0

N: 492

Correlate

Authors label: Summed effects

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Selfreports on single questions:
How satisfied are you with…
a  your standard of living?
b  your health?
c  what are you achieving in life?
d  your personal relationships?
e  how safe you feel?
f  feeling part of community?
g  your future security?
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	R^2=+.40	
O-SLW/u/sq/n/11/ca	Ra^2=+.39	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study — CUMMI 2005B/2

Reported in: Cummins, R.A.
Personal Wellbeing Index (PWI). Manual, version 3, Report 12.2/2.
Australian Centre on Quality of Live, 2005, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm http://acquol deakin. edu.au
Page in Report: 12

Population: Adults, Argentina 2003

Sample: Sampling not reported

Non-Response: 0

N: 189

Correlate

Authors label: Summed effects

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Self reports on single questions:
How satisfied are you with…
a  your standard of living?
b  your health?
c  what are you achieving in life?
d  your personal relationships?
e  how safe you feel?
f  feeling part of community?
g  your future security?
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	R^2=+.59	
O-SLW/u/sq/n/11/ca	Ra^2=+.57	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study CUMMI 2005B/3

Reported in: Cummins, R.A.
Personal Wellbeing Index (PWI). Maual, version 3, Report 12.2/3.
Australian Centre on Quality of Live, 2005, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm
Page in Report: 12

Population: adults, Argentina 2004

Sample: Sampling not reported

Non-Response: 0

N: 268

Correlate

Authors label: Summed effects

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Self reports on single questions:
How satisfied are you with…
a  your standard of living?
b  your health?
c  what are you achieving in life?
d  your personal relationships?
e  how safe you feel?
f  feeling part of community?
g  your future security?
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	R^2=+.37	
O-SLW/u/sq/n/11/ca	Ra^2=+.35	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study CUMMI 2005B/4

Reported in: Cummins, R.A.
Personal Wellbeing Index (PWI). Manual, version3, Report 12.2/4.
Australian Centre on Quality of Live, 2005, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm
Page in Report: 12

Population: Adults, Hong Kong-China 2003

Sample: Sampling not reported

Non-Response: 0

N: 78

Correlate

Authors label: Summed effects

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Self reports on single questions:
How satisfied are you with…
a  your standard of living?
b  your healt
c  what are you achieving in life?
d  your personal relationships?
e  how safe you feel?
f  feeling part of of community?
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	Ra^2=+.59	

Correlational finding on Happiness and Satisfaction with multiple domains of life Subject code: L4.4.2

Study — CUMMI 2005B/5

Reported in: Cummins, R.A.
Personal Wellbeing Index (PWI). Manual, version 3, Report 12.2/5.
Australian Centre on Quality of Live, 2005, Melbourne, Australia. http://www.deakin.edu.au/research/acqol/index.htm
Page in Report: 13

Population: adults, Slovakia 2003

Sample: Sampling not reported

Non-Response: 0

N: 133

Correlate

Authors label: Summed effects

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Self reports on single questions:
a your standard of living?
b your standard of living?
c what are you achieving in life?
d your personal relationships?
e how safe you feel?
f feeling part of community?
g your future security?

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	R^2=+.31	
O-SLW/u/sq/n/11/ca	Ra^2=+.26	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study CUMMI 2005C

Reported in: Cummins, R.A.
Australian Unity Wellbeing Index. Survey 2005. Report 13.0. The Wellbeing of Australians-Caregiving at Home.
Australian Centre on Quality of Life, 2005, Melbourne, Australia. http:// acqol deakin. edu. Au
Page in Report: B6

Population: 18+ aged, Australia 2005

Sample: Probability area sample

Non-Response: 73%

N: 1970

Correlate

Authors label: PWB(Personal Wellbeing)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Selfreport on 7 questions:
How satisfied are you with your..
- standard of living
- health
- achievement
- future security
- relationships
- safety
- community

Rated on numerical scale ranking from 0 completely dissatisfied to 100 completely satisfied

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*	
O-SLW/u/sq/n/11/ca	DMt=+	PWB Range 0-10	Mt = 2,00; SD = -
		PWB Range 11-20	Mt = 3,67; SD = 1,53
		PWB Range 21-30	Mt = 1,89; SD = 1,90
		PWB Range 31-40	Mt = 3,90; SD = 2,02
		PWB Range 41-50	Mt = 4,95; SD = 2,02
		PWB Range 51-60	Mt = 5,94; SD = 1,79
		PWB Range 61-70	Mt = 7,07; SD = -
		PWB Range 71-80	Mt = 7,75; SD = 1,30
		PWB Range 81-90	Mt = 8,67; SD = 1,17
		PWB Range 91-100	Mt = 9,48; SD = 0,82

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study DIENE 2002B/1

Reported in: Diener, E.; Lucas, R.E; Oishi, S.; Suh, E.M.
Looking Up and Looking Down: Weighting Good and Bad Information in Life Satisfaction Judgments.
Personality and Social Psychology Bulletin, 2002, Vol. 28, 437 - 445. ISSN 0146 1672
DOI:10.1177/0146167202287002
Page in Report: 440

Population: College students, 31 nations, 1980's

Sample: Non-probability chunk sample

Non-Response:

N: 13113

Correlate

Authors label: Satisfaction with life domains

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Ss were asked to rate their satisfaction with 8 domains:
- health
- finances
- family
- friends
- recreation
- self
- education

Rated on 7 point Delighted-Terrible scale.

Then after removing the best and worst rated domains, average satisfaction with the six middle domains was calculated.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/c/sq/v/7/b	Beta=+.32	Satisfaction with 6 middle domains. Beta controlled for: - satisfaction with best domain - satisfaction with worst domain - happiness (O-HL)
O-DT/c/sq/v/7/b	Beta=+.09 p<.001	Satisfaction with best liked domain Beta controled for: - satisfaction with middle liked 6 domains - satisfaction with worst liked domain - overall happiness (O-HL) Stronger among happy Ss
O-DT/c/sq/v/7/b	Beta=+.15	Satisfaction with worst liked domain Beta controled for: - satisfaction with 6 middle liked domains - satisfaction with worst liked domain - overall happiness (O-HL) Stronger among least happy Ss

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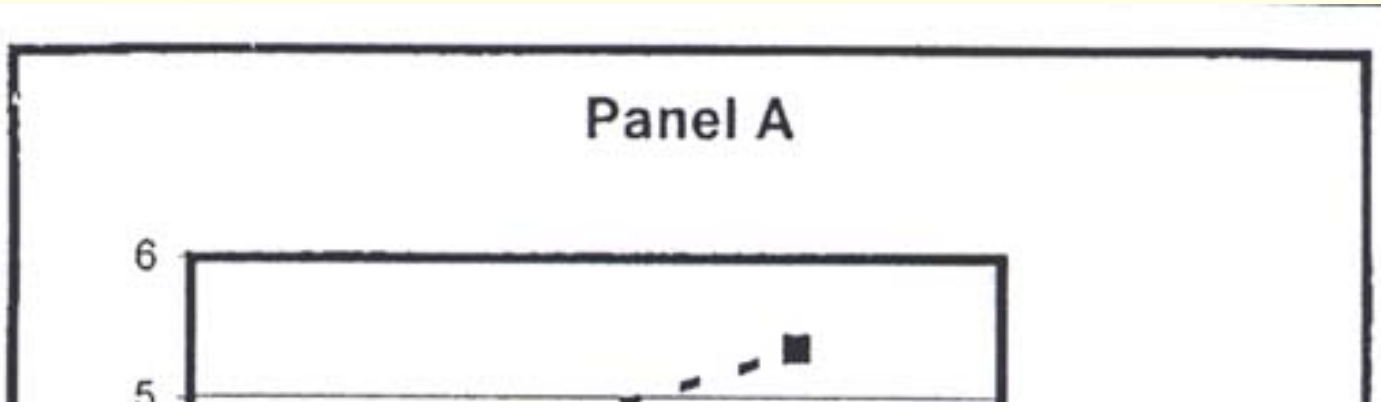

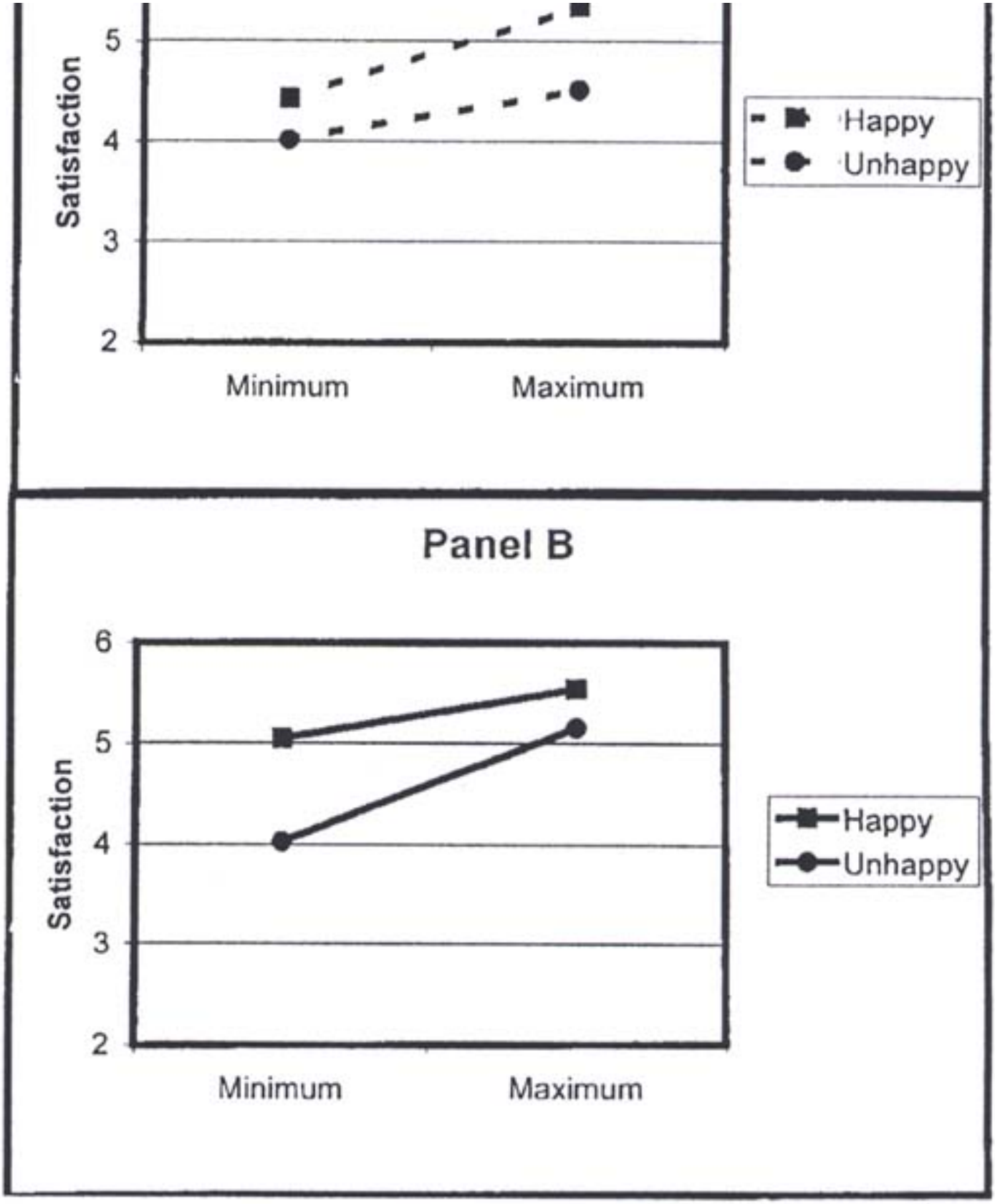

Figure 1 Study 1 satisfaction scores for happy and unhappy individuals with different levels of best (Panel A) and worst (Panel B) life domains.

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study ESTWI 1990

Reported in: Estwing-Ferrans, C,;Rolling-Ferrell, B.
Development of a Quality of Life Index for Patients with Cancer.
Oncology Nursing Forum, 1990, Supplement to Vol.17, 15-21. ISSN p 0190 535X; ISSN e 1538 0688
Page in Report:

Population: Female breast-cancer patients, USA, 1980

Sample: Non-probability chunk sample

Non-Response: 61.8%

N: 111

Correlate

Authors label: Quality o f Life Index-Cancer version

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Quality of Life Index-Cancer Version. The QLI-CV consists of two parts: the first measures satisfaction with various domains of life, and the second measures the importance of the same domains to the subject.
Ferrans & Powers, 1985.

Measured Values: M=17.85, SD=4.57

Remarks: To produce the QLI-CV, an extensive review of oncology literature was performed.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/n/6/c	r=+.80	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study ESTWI 1992

Reported in: Estwing-Ferrans, C.; Powers, M.J.
Psychometric Assessment of the Quality of Life Index.
Research in Nursing & Health, 1992, Vol. 15, 29 - 38. ISSN 0160 6891
Page in Report: 33,36

Population: Renal patients, USA 199?

Sample: Probability systematic sample

Non-Response: 54%

N: 349

Correlate

Authors label: Satisfaction with health and functioning

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:

```
Selfreport of satisfaction with:
a. Usefulnes to others
b. Physical independence
c. Ability to meet family
   responsibilities
d. Own health
e. Stress or worries
f. Leisure time activities
g. Potentials for a happy old
   age/retirement
h. Ability to travel on vactions
i. Potential for long life
j. Sex life
k. Health care
l. Dialysis treatment

Rated: very dissatisfied (1) to very satisfied (6)
```

Remarks:

```
First factor in analysis of responses to satisfaction
inventory (Ferran & Powers 'Quality of life Index')
This factor was calculated after weighting the satisfaction
responses with the paired importance responses, rated:very
Unimportant(1) to very Important(6).
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/g/sq/v/6/a	r=+.59	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study ESTWI 1992

Reported in: Estwing-Ferrans, C.; Powers, M.J.
Psychometric Assessment of the Quality of Life Index.
Research in Nursing & Health, 1992, Vol. 15, 29 - 38. ISSN 0160 6891
Page in Report: 33

Population: Renal patients, USA 199?

Sample: Probability systematic sample

Non-Response: 54%

N: 349

Correlate

Authors label: Satisfaction with Socio-economic situation.

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Selfreport of satisfaction with:
a. Standard of living
b. Financial independence
c. Home(furniture, house, or apartment)
d. Job/unemployment
e. Neigborhood
f. Overall conditions in U.S.A.
g. Friends
h. Emotional support from others
i. Education

Rated: very dissatisfied (1) to very satisfied (6)
```

Remarks:
```
Second factor in analysis of responses to satisfaction
inventory (Ferran & Powers 'Quality of life Index')
This factor was calculated after weighting the satisfaction
responses with the paired importance responses,
rated:very Unimportant(1) to very Important(6).
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/g/sq/v/6/a	r=.+54	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study ESTWI 1992

Reported in: Estwing-Ferrans, C.; Powers, M.J.
Psychometric Assessment of the Quality of Life Index.
Research in Nursing & Health, 1992, Vol. 15, 29 - 38. ISSN 0160 6891
Page in Report: 33

Population: Renal patients, USA 199?

Sample: Probability systematic sample

Non-Response: 54%

N: 349

Correlate

Authors label: Satisfaction with Psychological/Spritual

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Selfreport of satisfaction with:
a. Satisfaction with life
b. Happiness in general
c. Satisfaction with self in general
d. Achievement of personal goals
e. Peace of mind
f. Personal appearance
g. Personal faith in God

Rated: very dissatisfied (1) to very satisfied (6)
```

Remarks:
```
Third factor in analysis of responses to satisfaction
inventory (Ferran & Powers 'Quality of life Index').
Happiness is part of this factor
This factor was calculated after weighting the satisfaction
responses with the paired importance responses,
rated:very Unimportant(1) to very important(6).
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/g/sq/v/6/a	r=+.90	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study GEHMA 1986

Reported in: Gehmacher, E.
Glück als Mathematische Gleichung. (Happiness as a Mathematical Equation).
Start und Aufstieg: die Zeitschrift des Berufsförderungsinstituts, Austria, 1986, 8 - 9
Page in Report: 9

Population: Adult, general public, Austria, 1985

Sample:

Non-Response: ?

N: 1814

Correlate

Authors label: Joint domain satisfactions (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
Single direct questions on satisfaction with:
a. work
b. leisure
c. housing
d. health
e. politics

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/n/6/a	R^2=.43	a. ß = +.44 b. ß = +.18 c. ß = +.15 d. ß = +.10 e. ß = +.03

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study GLENN 1981C

Reported in: Glenn, N.D.; Weaver, C.N.
The Contribution of Marital Happiness to Global Happiness.
Journal of Marriage and the Family, 1981, Vol. 43, 161-168. ISSN 0022 2445
Page in Report: 164

Population: Marrieds, non-institutionalized, USA, 1973-78

Sample:

Non-Response:

N: 9000

Correlate

Authors label: Joint satisfaction (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Satisfaction with work, financial situation, community, non-working acitivities, family life, friendships and health.
- Marriage
- Work
- Financial situation
- Community
- Non-working activities
- Family life
- Friendships
- Health

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/aa	R^2=+	Married persons working full-time: - white men: +.19 white women: +.38 - black men: +.16 blach women: +.03 All married women: - white: +.32 - black: +.23
O-HL/c/sq/v/3/aa	R^2=	Married persons working full-time: - white men: .19 white women: .38 - black men: .16 black women: .03 All married women: - white: .32 - black: .23

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study HAWKI 2005

Reported in: Hawkins, D.N.; Booth, A.
Unhappily Ever After: Effects of Long-Term, Low-Quality Marriages on Well-Being.
Social Forces, 2005, Vol. 84, 452 - 471. ISSN p 0037 7732; ISSN e 1534 7605
Page in Report: 458

Population: Couples, USA, followed 12 years, 1980-1992

Sample: Probability simple random sample

Non-Response: 35%

N: 1150

Correlate

Authors label: Life satisfaction

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: How much satisfaction do you get from …?

Six item summed scale that assesses how satisfied respondents are with their neighborhoods, jobs, homes, friends, leisure time and family.
Answers ranged from 1= non to 5= a great deal

Measured Values: M=23.84, SD=3.57, Range 6-30

Error Estimates: Alpha = .62

Remarks: Assessed at T4 (1992)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/ad	r=+.39 p<.001	T4 happiness by T4 summed domain satisfaction
O-HL/c/sq/v/3/ad	r=+.26 p<.001	T1 happiness (1980) by T4 summed domain satisfaction (12 years interval)

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study HEADE 1981

Reported in: Headey, B.
The Quality of Life in Australia
Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/BF00286195
Page in Report: 166

Population: Adults, general public, Australia 1978

Sample: Probability sample (unspecified)

Non-Response: not reported

N: 679

Correlate

Authors label: Privacy index

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Index of 3 single questions on satisfaction with:
a: The extent to which you are in touch with your own feelings
b: Your independence or freedom: the chance you have to do what you want
c: The privacy you have: being alone when you want to
All scored on a 1-9 rating scale, summation by average.

Measured Values: M = 6.6 SD = 1.2

Remarks: All items scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/9/a	r=+.40 p<.001	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study HEADE 1981

Reported in: Headey, B.
The Quality of Life in Australia
Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/BF00286195
Page in Report: 171

Population: Adults, general public, Australia 1978

Sample: Probability sample (unspecified)

Non-Response: not reported

N: 679

Correlate

Authors label: Life concerns

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
Satisfaction with
a. self-fulfillment
b. sex life
c. problem handling
d. family activities
e. work around the house
f. mother
g. health
h. house
i. standard of living
j. assertiveness
k. friends
l. fun and enjoyment
m. marriage

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	R^2=.64	all cases
O-DT/u/sqt/v/9/a	R^2=.66	marrieds only

Correlational finding on Happiness and Satisfaction with multiple domains of life Subject code: L4.4.2

Study HERNA 2005

Reported in: Hernández Plaza, S.; Pozo Munoz, C.; Alonso Morillejo, E. & Martos Méndez, M.J.
Estructura y Funciones del Apoyo Social en un Colectivo de Immigrantes Marroquies. (Structure and Functions of Social Support in a Group of Moroccan Immigrants).
Anales de Psicología, 2005, Vol. 21, 304 - 315. ISSN p 0212 9728; ISSN e 1695 2294
Page in Report:

Population: Moroccan immigrants, Spain, 2000

Sample: Non-probability purposive-quota sample

Non-Response:

N: 100

Correlate

Authors label: perceptions of situation

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
- Satisfaction with emotional support provided by natives
- perception of ethnic prejudice
- perceived sufficiency of support

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-Sum/u/mq/v/5/b	R^2=47	

Correlational finding on Happiness and Satisfaction with multiple domains of life Subject code: L4.4.2

Study KENNE 1978

Reported in: Kennedy, L.W.; Northcott, H.C.; Kinzel, C.
Subjective Evaluation of Well-Being: Problems and Prospects.
Social Indicators Research, 1978, Vol. 5, 457 - 474. ISSN 0303 8300. DOI:10.1007/BF00352943
Page in Report: 463

Population: 18+ aged, general public, Edmonton, Canada, 1977

Sample: Probability multi-stage cluster sample

Non-Response: not reported

N: 335

Correlate

Authors label: domain-specific satisfaction scores (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
Sum-scores of satisfaction with:
1.friendships
2.standard of living
3.health
4.recreation activities
5.family life.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/n/7/b	R^2=.45	

Correlational finding on Happiness and Satisfaction with multiple domains of life Subject code: L4.4.2

Study LEW 1998

Reported in: Lew, S.C.; Park, H.
Economic Development, Housing Standards, and Quality of Life in South Korea.
Development and Society, 1998, Vol 27, 51 - 66. ISSN 1225 3804
Page in Report: 61

Population: 20-60 aged, general public, South Korea, 1996

Sample: Probability stratified sample

Non-Response: not rep

N: 1000

Correlate

Authors label: Satisfaction with economic-social status (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Factor extracted from responses on questions on
domainsatisfactions.
Loads high on satisfaction with
-income
-saving
-senior plan
-social status
-work/occupation
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/f	Beta=+.28 p<.001	Beta controlled for -satisfaction with social security and social life -satisfaction with personal relations and health -satisfaction with child-raising and education

---

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study LEW 1998

Reported in: Lew, S.C.; Park, H.
Economic Development, Housing Standards, and Quality of Life in South Korea.
Development and Society, 1998, Vol 27, 51 - 66. ISSN 1225 3804
Page in Report: 61

Population: 20-60 aged, general public, South Korea, 1996

Sample: Probability stratified sample

Non-Response: not rep

N: 1000

Correlate

Authors label: satisfaction with child raising and education (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Factor extracted from responses on questions on
domainsatisfactions.
Loads high on satisfaction with
-nursery
-home education
-children
-education
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/f	Beta=+.11 p<.001	Beta controlled for -satisfaction with social security and cultural life -satisfaction with economic-social status -satisfaction with personal relation and health

---

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study LEW 1998

Reported in: Lew, S.C.; Park, H.
Economic Development, Housing Standards, and Quality of Life in South Korea.
Development and Society, 1998, Vol 27, 51 - 66. ISSN 1225 3804
Page in Report: 62

Population: 20-60 aged, general public, South Korea, 1996

Sample: Probability stratified sample

Non-Response: not rep

N: 1000

Correlate

Authors label: none (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:

```
Satisfaction with:
1.-socia[ security
  -public safety
  -cultural life
  -leisure
  -digital information process
2.-income
  -saving
  -senior plan
  -social status
  -work/occupation
3.-affection
  -family
  -friendship
  -health
  -domestic work
4.-nursery
  -home education
  -children
  -education
5.-housing satisfaction
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/f	R^2=.28	

Correlational finding on Happiness and Satisfaction with multiple domains of life Subject code: L4.4.2

Study LICHT 1980/1

Reported in: Lichter.S.; Haye, K.; Kamman. R
Increasing Happiness through Cognitive Retraining.
New Zealand Psychologist, 1980, Vol.9, 57 - 64
Page in Report: 60

Population: Adults, trainees and controls, followed 10 weeks, Dunedin, New Zealand, 1978

Sample:

Non-Response: 15%

N: 23

Correlate

Authors label: Sumscore domain- satisfactions (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Sum of 20 domainsatisfactions. Ss were asked how satisfied they were these days with each of the domains. Answeres rated on a 7-point scale. Assessed the start (T1) and the end (T2) of a course on happiness and mental health.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BK/cm/mq/v/5/b	r=+.79 p<.01	T1 LEVEL of satisfaction to T1 LEVEL of happiness
A-BK/cm/mq/v/5/b	r=+.50 p<.01	T1-T2 CHANGE in satisfaction to T1-T2 CHANGE in happiness

---

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study LICHT 1980/2

Reported in: Lichter, S.; Haye, F.; Kamman. R.
Increasing Happiness through Cognitive Retraining.
New Zealand Psychologist, 1980, Vol.9, 57 - 64
Page in Report: 62

Population: Psychology students, followed 2 weeks, University of Otago New Zealand, 1976

Sample:

Non-Response:

N: 48

Correlate

Authors label: Sumscore of domain- satisfactions (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Sum of 26 domainsatisfactions. Ss were asked how satisfied they were these days with each of the domains. Answeres rated on a 7-point scale. Assessed at T1.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BK/u/mq/v/5/b	r=+.81 p<.01	Happiness assessed at T1

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study — MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Domain satisfaction

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Domain satisfation ratings

Remarks: Details were not reported

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/a	r=+.45 p<.05	T1 domain satisfaction by by T2 happiness
O-DT/u/sq/v/7/a	r=+.50 p<.05	T1 domain satisfaction by by T2 happiness
O-Sum/g/fi/?/7/a	r=+.31 p<.05	T1 domain satisfaction by by T2 happiness
M-FH/g/rdp/v/10/a	r=+.32 p<.05	T1 domain satisfaction by by T2 happiness T1-T2 4 years interval

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study MCCRA 1986

Reported in: McCrae, R.R.
Well-Being Scales do not Measure Social Desirability.
Journal of Gerontology, 1986, Vol. 41, 390 - 392. ISSN 0022 1422
Page in Report: 391

Population: Adults, USA, 1981

Sample: Non-probability purposive sample

Non-Response:

N: 62

Correlate

Authors label: Summed domain satisfactions

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Life satisfaction index to measure satisfaction with 14 areas of life domains (family, job, health, etc..)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	r=+.62 p<.001	
A-BB/cm/mq/v/2/a	rpc=+.50 p<.001	rpc controlled for Social desirability assessed on the basis of responses to the MMPI
O-DT/u/sq/v/7/a	r=+.73 p<.001	
O-DT/u/sq/v/7/a	rpc=+.64 p<.001	rpc controlled for Social desirability assessed on the basis of responses to the MMPI

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study MCCRA 1990

Reported in: McCrae, R.R.; Costa , P.T.
Adding 'Liebe und Arbeit': The Full Five Factor Model and Well-Being.
Personality and Social Psychology Bulletin, 1991, Vol. 17, 227 - 232. ISSN 0146 1672
Page in Report: 22

Population: Single males and couples followed 7 years, Baltimore, USA, 1979-86

Sample:

Non-Response:

N: 429

Correlate

Authors label: Life Satisfaction Index (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Index of closed questions on satisfaction with 14 distinct areas in life, including health, money, neighborhood and work (LSI)

Remarks: Assessed at T1(1979) and T2(1981)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sq/v/7/a	r=+.60 p<.01	T1 happiness (LS: HAPP 2.1) by T1 LSI
A-BB/cm/mq/v/2/a	r=+.50 p<.01	T1 happiness (affect balance) by T1 summed domain satisfactions
O-DT/u/sq/v/7/a	r=+.69 p<.01	T2 happiness (LS: HAPP 2.1) by T2 LSI
A-BB/cm/mq/v/2/a	r=+.55 p<.01	T2 happiness (ABS: AFF 2.3) by T2 happiness (LSI)

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study MICHA 1985

Reported in: Michalos, A.C.
Multiple Discrepancies Theory.
Social Indicators Research, 1985, Vol. 16, 347 - 413. ISSN 0303 8300. DOI:10.1007/BF00333288
Page in Report: 365

Population: Students undergraduates University of Guelph, Canada, 1984

Sample:

Non-Response: 18%

N: 700

Correlate

Authors label: Joint satisfaction (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:

```
Satisfaction with:
- health
- financial security
- family relations
- paid employment
- friendships
- housing
- recreation
- religion
- self esteem
- education
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*	
O-HL/u/sq/v/7/a	R^2=.39	Males N:140 R^2=.33	Females N:149 R^2=.43
O-DT/c/sq/v/7/aa	R^2=.53	Males N:140 R^2=.46	Females N:149 R^2=.54

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study MICHA 1986

Reported in: Michalos, A. C.
An Application of Multiple Discrepancies Theory (MDT) to Seniors.
Social Indicators Research, 1986, Vol. 18, 349 - 378. ISSN 0303 8300. DOI:10.1007/BF00300488
Page in Report: 360

Population: 60+ aged, rural districts, Canada, 1984

Sample:

Non-Response: 47%

N: 457

Correlate

Authors label: Satisfaction sumscores (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Sumscore of:
- Satisfaction with health
- Satisfaction with financial security
- Satisfaction with friendships
- Satisfaction with housing
- Satisfaction with spouse
- Self esteem
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/c/sq/v/7/aa	R^2=.45 p<.01	
O-HL/u/sq/v/7/a	R^2=.33 p<.01	
O-HL/u/sq/v/7/a	R^2=.32 p<.01	Males
O-DT/c/sq/v/7/aa	R^2=.38 p<.01	Males
O-DT/c/sq/v/7/aa	R^2=.56 p<.01	Females
O-HL/u/sq/v/7/a	R^2=.33 p<.01	Females

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study MOLLE 2004

Reported in: Mollenkopf, H.; Kaspar, R.; Marcellini, F.; Ruoppila, I.;et al.
Quality of Life in Urban and Rural Areas of Five European Countries: Similarities and Differences.
Hallym International Journal of Ageing, 2004, Vol. 6, 1 -36. ISSN 1535 6523
Page in Report: 24,29

Population: 55+ aged, 6 European nations, 2000

Sample: Probability stratified sample

Non-Response: 45%

N: 3950

Correlate

Authors label: Satisfaction with domains ol life

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Satisfaction with:
1. Demografic factors: age; gender
2. Environment: housing amenities; home ownership; housing;
living area
3. Mobility: car in household; public transportation;
mobility
4. Services: medical services; services and shops; services
5. Culture: cultural amenities; natural environment;
leisure
6. Security
7. Social Environment: living together; division social
netweork, friends/kin nearby
8. Economic situation: income per peron; finances
9. Health: ADL; health
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/n/11/d	R^2=.39	Finland (urban areas)
O-SLW/c/sq/n/11/d	Ra^2=.28	
O-SLW/c/sq/n/11/d	R^2=.61	Finland (rural areas)
O-SLW/c/sq/n/11/d	Ra^2=.48	
O-SLW/c/sq/n/11/d	R^2=.35	Netherlands (urban areas)
O-SLW/c/sq/n/11/d	Ra^2=.35	
O-SLW/c/sq/n/11/d	R^2=.52	Netherlands (rural areas)
O-SLW/c/sq/n/11/d	Ra^2=.23	
O-SLW/c/sq/n/11/d	R^2=.68	Germany West (urban areas)
O-SLW/c/sq/n/11/d	Ra^2=.35	
O-SLW/c/sq/n/11/d	R^2=.36	Germany West (rural areas)

O-SLW/c/sq/n/11/d	Ra^2=.19	
O-SLW/c/sq/n/11/d	R^2=.57	Germany East (urban areas)
O-SLW/c/sq/n/11/d	Ra^2=.27	
O-SLW/c/sq/n/11/d	R^2=.41	Germany East (rural areas)
O-SLW/c/sq/n/11/d	Ra^2=.16	
O-SLW/c/sq/n/11/d	R^2=.35	Hungary (urban areas)
O-SLW/c/sq/n/11/d	Ra^2=.24	
O-SLW/c/sq/n/11/d	R^2=.33	Hungary (rural areas)
O-SLW/c/sq/n/11/d	Ra^2=.15	
O-SLW/c/sq/n/11/d	R^2=.37	Italy (urban areas)
O-SLW/c/sq/n/11/d	Ra^2=.23	
O-SLW/c/sq/n/11/d	R^2=.46	Italy (rural areas)
O-SLW/c/sq/n/11/d	Ra^2=.33	

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study NEAL 1999

Reported in: Neal, J.D.; Sirgy, M.J.; Uysal, N.
The Role of Satisfaction with Leisure Travel/ Tourism Services and Experience in Satisfaction with Leisure Life and Overall Life
Journal of Business Research, 1999, Vol. 44, 153-163
Page in Report: 158,159,163

Population: Scientists , university, USA 1995

Sample: Non-probability accidental sample

Non-Response: 86%

N: 2700

Correlate

Authors label: Satisfaction with non-leisure domains

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Selfreport on following questions:
I'm generally happy with:
a: my job
b: my family situation
c: my personal health
d: my relationship with other people such as relatives
e: my community and neighborhood
f: my standard of living and financial situation

Rated on a 5-point numerical scale
```

Measured Values: a:: M=3,8; SD=1,0; b: M=4,0; SD=0,99; c: M=4,0; SD= 0,91; d. M=4,1; SD=0,78; e: M=3,9; SD=0,88; f: M=3,6; SD=1,10

Error Estimates: Cronbach's alpha: not reported

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-Sum/g/mq/v/5/a	ßL=+.53 p<.01	Beta's controlled for satisfaction with: - travel/tourism services - travel/tourism experiences - leisure life

Set Image size: + -

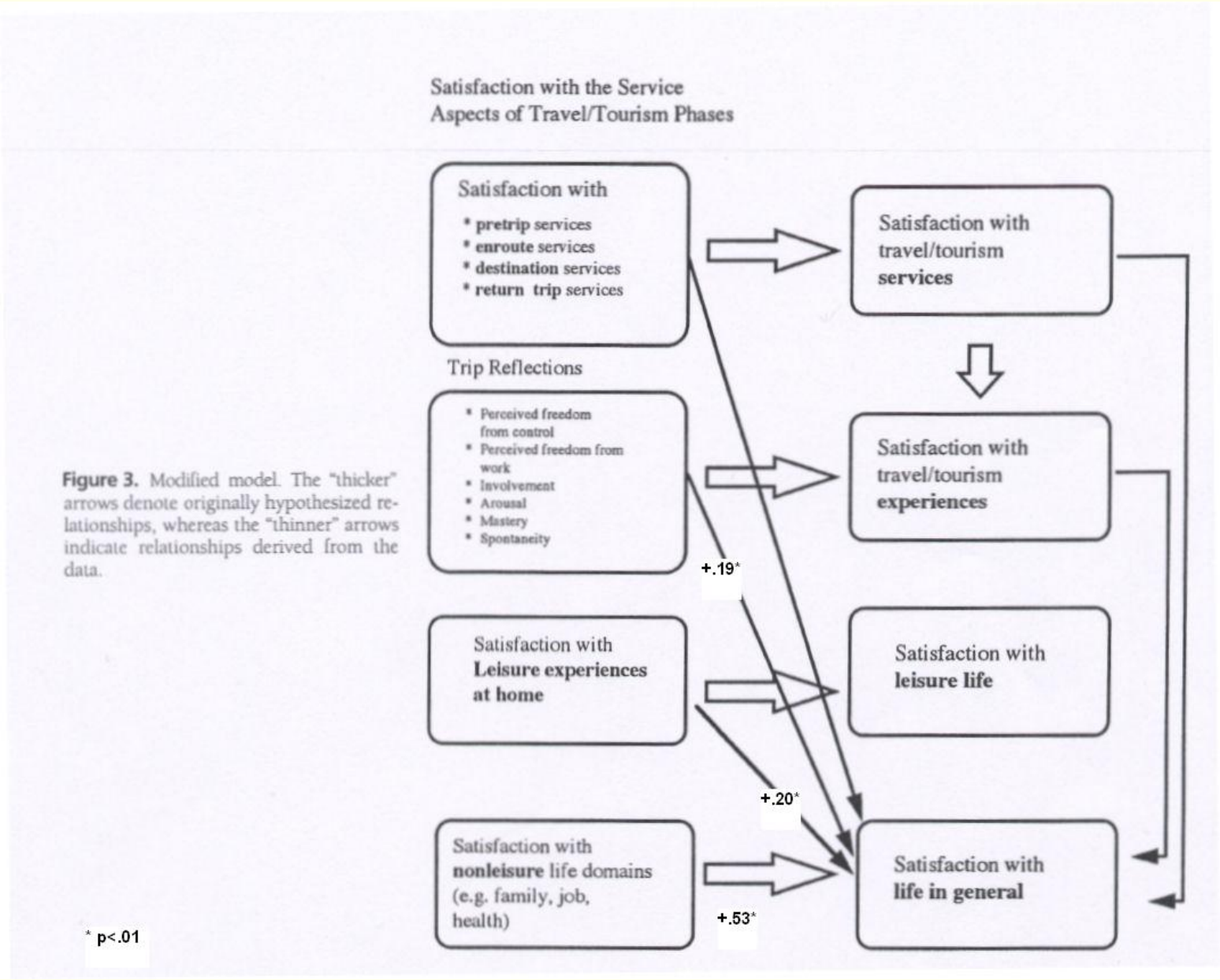

Figure 3. Modified model. The "thicker" arrows denote originally hypothesized relationships, whereas the "thinner" arrows indicate relationships derived from the data.

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study	NEAL 1999
Reported in:	Neal, J.D.; Sirgy, M.J.; Uysal, N. The Role of Satisfaction with Leisure Travel/ Tourism Services and Experience in Satisfaction with Leisure Life and Overall Life Journal of Business Research, 1999, Vol. 44, 153-163 Page in Report: 158,159,163
Population:	Scientists , university, USA 1995
Sample:	Non-probability accidental sample
Non-Response:	86%

N: 2700

Correlate

Authors label: Satisfaction with travel/tourism on life satisfaction

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Combined predictors satisfaction with:
A: travel/tourism services
B: tourism experiences
C: leisure life
D: non-leisure life

Rated on a 5-point numerical scale
```

Measured Values: A: M=3,9; SD=0,78; B: M=4,1; SD=0,81; C:M=3,3; SD=0,93; D: M=3,9; SD=0,70

Error Estimates: Cronbach's alpha: A=0,88; B=0,89; C=0,66; D= not reported

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-Sum/g/mq/v/5/a	R^2=.47	A+B+C+D

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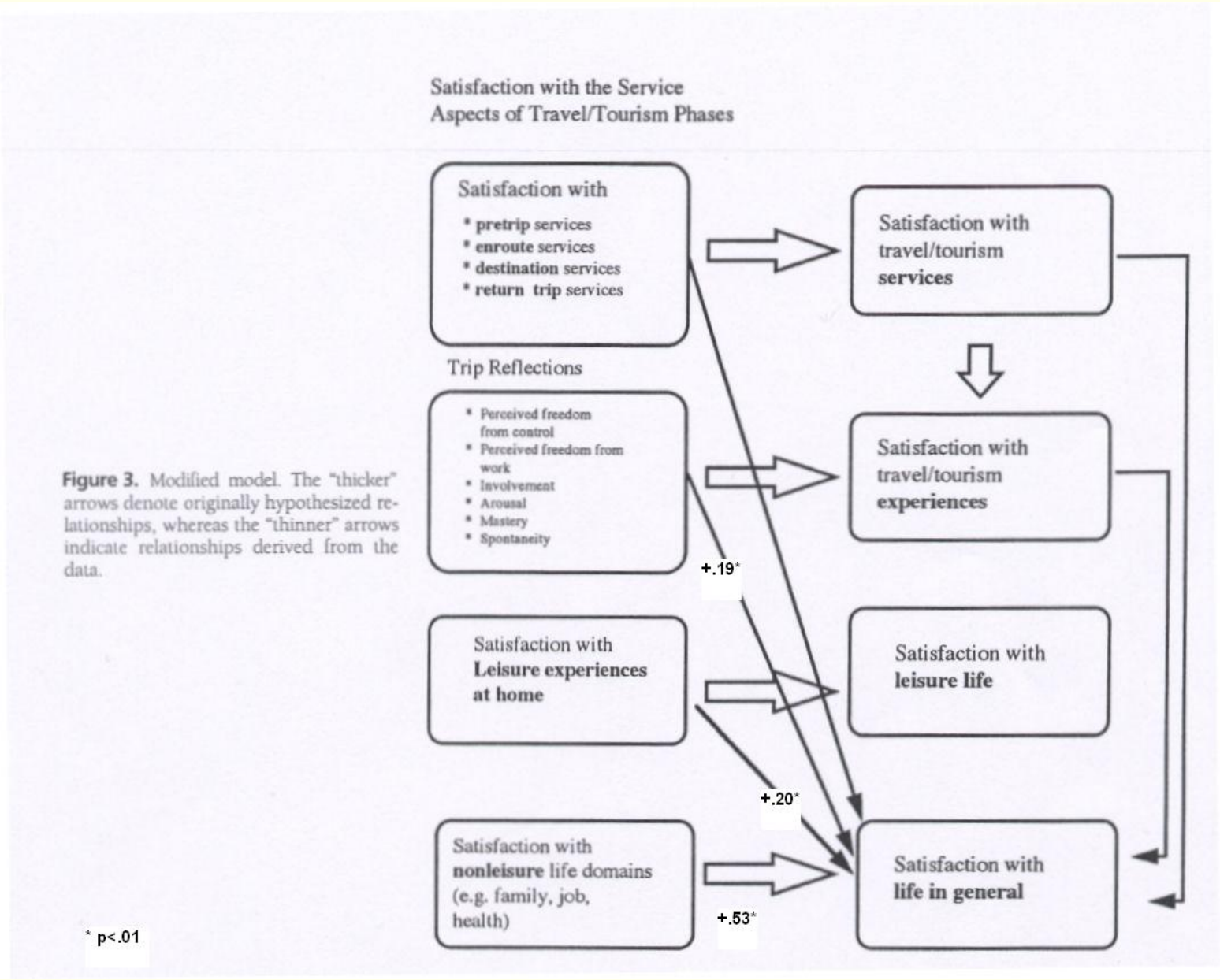

Figure 3. Modified model. The "thicker" arrows denote originally hypothesized relationships, whereas the "thinner" arrows indicate relationships derived from the data.

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study	PETER 2005
Reported in:	Petersen C., Schmidt S., Power M., Bullinger M., Disabkids Group Development and pilot-testing of a health-related quality of life chronic generic module for children and adolescents with chronic health conditions: A European perspective Quality of Life Research 2005; 14 1065-1077 Page in Report: 1071
Population:	8-16 aged chronic patients, 7 EU countries, 2003
Sample:	Non-probability purposive sample
Non-Response:	

N: 360

Correlate

Authors label: The 100 Chronic Generic Health-Related Quality of Life

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Selfreport on 100 questions about health related quality of
life
Typical items are:
- Do you have fears about the future of your condition?
- Does it bother you that your life has to be planned?
- Are you shy because of your condition
- Do your friends accept the way you are?
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-PL/c/sq/v/5/a	r=+38	Unaffected by age and gender

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study SCHUL 1985B

Reported in: Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H.
Lebensqualität in Osterreich. (Quality-of-Life in Austria).
Research paper nr 10/1, Institut für Soziologie, University of Vienna, 1985, Austria
Page in Report: 27,49

Population: Adults, non-institutionalized, Austria, 1984

Sample:

Non-Response: ?

N: 1776

Correlate

Authors label: Domain satisfactions (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: Index of satisfaction during the last two weeks with:
1 Physical health
2 Standard of living
3 Partner
4 Selfrealisation
5 Social relations
6 Work (measured with positive items)
7 Work (measured with negative items)
8 Leisure time

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-AO/c/mq/*/0/a	R^2=.31 p<.05	
O-Sum/c/mq/v/5/a	R^2=.33 p<.05	All
O-Sum/c/mq/v/5/a	R^2=.29	- with partner, with work
O-Sum/c/mq/v/5/a	R^2=.30	- with partner, without work
O-Sum/c/mq/v/5/a	R^2=.40	- no partner, with work
O-Sum/c/mq/v/5/a	R^2=.27	- no partner, without work
O-Sum/c/mq/v/5/a	R^2=.26	- Age <25
O-Sum/c/mq/v/5/a	R^2=.28	- Age 26-40
O-Sum/c/mq/v/5/a	R^2=.31	- Age 41-59
O-Sum/c/mq/v/5/a	R^2= ns	- Age > 60
O-Sum/c/mq/v/5/a	R^2=.32	- < 6.000 income Austrian shill./month
O-Sum/c/mq/v/5/a	R^2=.34	- 6.000-10.000

O-Sum/c/mq/v/5/a	R^2=.22	- 10.000-16.000
O-Sum/c/mq/v/5/a	R^2=.26	- > 16.000
O-Sum/c/mq/v/5/a	R^2=.31	- monotonous work
O-Sum/c/mq/v/5/a	R^2=.26	- some selfcontrol
O-Sum/c/mq/v/5/a	R^2=.49	- much selfcontrol

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study SCHUL 1985B

Reported in: Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H.
Lebensqualität in Osterreich. (Quality-of-Life in Austria).
Research paper nr 10/1, Institut für Soziologie, University of Vienna, 1985, Austria
Page in Report: 146

Population: Adults, non-institutionalized, Austria, 1984

Sample:

Non-Response: ?

N: 1776

Correlate

Authors label: Social-psychologicalfactors (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
1 Material satisfaction
2 Satisfaction with work (pos.)
3 Personal view on 'relation and
  sexuality'
4 Satisfaction with social involvement
5 Satisfaction with leisure time
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-Sum/c/mq/v/5/a	R^2=.45 p<.05	Ss without partner, with work only (N=134)

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study SCHUL 1985B

Reported in: Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H.
Lebensqualität in Osterreich. (Quality-of-Life in Austria).
Research paper nr 10/1, Institut für Soziologie, University of Vienna, 1985, Austria
Page in Report: 147

Population: Adults, non-institutionalized, Austria, 1984

Sample:

Non-Response: ?

N: 1776

Correlate

Authors label: Domain satisfactions (2)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
1 Satisfaction with physical health
2 Material satisfaction
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-Sum/c/mq/v/5/a	R^2=.24 p<.05	Pensioners living alone only (N=218)

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study SHICH 1984

Reported in: Shichman, S.; Cooper, E.
Life Satisfaction and Sex-Role Concept.
Sex Roles, 1984, Vol. 11, 227 - 240. ISSN 0360 0025 DOI:10.1007/BF00287516
Page in Report: 235

Population: Adults, students and churchmembers, USA, 198?

Sample:

Non-Response: 5,9 %

N: 217

Correlate

Authors label: Satisfaction with various domains of life (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:

```
Single direct questions on both satisfaction and
dissatisfaction with
various aspects of life.

Joint effect of satisfaction with:
- Achieving goals
- Marriage
- Financial situation
- Hobbies
- Occupation
- Religious activities
- Sports
- Community activities

Joint effect of dissatisfaction with:
- Uncertainties
- Financial situation
- Marriage
- Achieving goals
- Lack of time
- Conflicts
- Occupation
- Relations with friends
```

Remarks:

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/u/sq/v/4/a	R^2=+.34	

O-SLu/u/sq/v/4/a R^2=+.43

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 250

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: view of life (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
"view of life"
21 item index:
Do you feel confortable in your body ?
Do you accept yourself as your are ?
Are you happy most of the time ?
Do you find life boring?
Do you have negative thoughts about your life several times
a day ?
Do you often worry ?
Do you regret your actions ?
Do you often feel lonely ?
Do you sometimes think of committing suicide ?
Do you think that other people mostly speak well of you ?
Do you easily adjust to new situations ?
Do you take problems as a challenge ?
Do you feel your life is a success?
Do your thoughts, words and actions correspond ?
Do you feel free to choose what your life is going to be
like ?
Do you feel happy and look forward to starting a new day
when waking up in the morning?
Do you blame others for your unhappiness ?
Do you forgive others easily ?
Do you feel that fate has treated your badly ?
Do you feel that your life has meaning ?
Do you feel part of a geater unity ?
Items rated as:yes, not sure, no
Scores recoded as:
1: 0-3 (negative)
2: 3,5-6
```

3: 6,5-8
4: 8,5-11
5: 11,5-13
6: 13,5-16
7: 16,5-18
8: 18,5-21(positive)

Measured Values: N: 1:6, 2:7, 3:60, 4:61, 5:122, 6:282, 7:474, 8:434

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.59 p<.00	1: Mt=3.34 2: Mt=4.64 3: Mt=4.09 4: Mt=6.06 5: Mt=6.54 6: Mt=7.44 7: Mt=8.21 8: Mt=8.79 All Mt=7.79
O-SLu/c/sq/v/5/e	r=+.65 p<.00	1: Mt=1.79 2: Mt=3.93 3: Mt=3.60 4: Mt=5.16 5: Mt=5.93 6: Mt=7.04 7: Mt=7.86 8: Mt=8.71 All Mt=7.46
O-HL/c/sq/v/5/h	r=+.52	1: Mt=2.86 2: Mt=4.29 3: Mt=4.29 4: Mt=5.29 5: Mt=5.78 6: Mt=6.60 7: Mt=7.23 8: Mt=7.95 All Mt=6.96

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 260

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: view of positive life

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:

```
"view of positive life"
21 item index:
Do you feel confortable in your body ?
Do you accept yourself as your are ?
Are you happy most of the time ?
Do you find life boring?
Do you have negative thoughts about your life several times
a day ?
Do you often worry ?
Do you regret your actions ?
Do you often feel lonely ?
Do you sometimes think of committing suicide ?
Do you think that other people mostly speak well of you ?
Do you easily adjust to new situations ?
Do you take problems as a challenge ?
Do you feel your life is a success?
Do your thoughts, words and actions correspond ?
Do you feel free to choose what your life is going to be
like ?
Do you feel happy and look forward to starting a new day
when waking up in the morning?
Do you blame others for your unhappiness ?
Do you forgive others easily ?
Do you feel that fate has treated your badly ?
Do you feel that your life has meaning ?
Do you feel part of a geater unity ?
Items rated as:yes, not sure, no
Scores recoded as:
1: 0-3 (negative)
2: 3,5-6
3: 6,5-8
4: 8,5-11
5: 11,5-13
6: 13,5-16
7: 16,5-18
8: 18,5-21(positive)
```

Measured Values: N: All:4581; 1:10; 2:60; 3:146; 4:274; 5:453; 6:808; 7:1472; 8:1358

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.63 p<.00	1: Mt=1.25 2: Mt=3.16 3: Mt=4.30 4: Mt=5.33 5: Mt=6.28 6: Mt=7.43 7: Mt=8.24 8: Mt=8.99
O-SLu/c/sq/v/5/e	r=+.66 p<.00	1: Mt=1.50 2: Mt=2.71 3: Mt=3.75 4: Mt=4.79 5: Mt=5.85 6: Mt=7.03 7: Mt=7.91 8: Mt=8.84
O-HL/c/sq/v/5/h	r=+.58 p<.00	1: Mt=2.00 2: Mt=3.46 3: Mt=4.45 4: Mt=5.01 5: Mt=5.64 6: Mt=6.56 7: Mt=7.35 8: Mt=8.28

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study VLIER 2002B

Reported in: VandeVliert, E.; Janssen, O.
"Better Than" Performance Motives as Roots of Satisfaction Across More and Less Developed Countries.
Journal of Cross-Cultural Psychology, 2002, Vol. 33, 380 - 397. ISSN 0022 0221
doi:10.1177/0022102033004002 doi:10.1177/0022102033004002
Page in Report:

Population: Students, 42 countries, 2002

Sample: Non-probability chunk sample

Non-Response:

N: 14000

Correlate

Authors label: life satisfaction

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Self-reports on three questions:
1. Overall, how satisfied or dissatisfied are you with your
job?
2. Overall, how satisfied or dissatisfied are you with your
home life?
3. All things considered, how satisfied are you with your
life as a whole these days?
(10-points-scale; Cronbach alpha = .94)
```

Remarks: Average life satisfaction in 42 nations.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-Sum/*/sq/vt/11/a	r=+.75 p<.05	Average happiness by average life-satisfaction in nations

---

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study WARR 1979

Reported in: Warr, P.;Cook, J.;Wall, T.
Scales for the Measurement of Social Work Attitudes and Aspects of Psychological.
Journal of Occupational Psychology, 1979, Vol. 52, 129 - 148. ISSN 0305 8107
Page in Report: 140

Population: Factory workers, blue collar, UK, 1977

Sample:

Non-Response:

N: 590

Correlate

Authors label: Satisfaction with personal life (2)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: 4-item index of questions on personal life satisfaction.
Typical items:
- Your present state of health
- Your family life
Answers scored on a seven point scale ranging from"extremely dissatisfied"(1) to "extremely satisfied"(7).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/ab	r=+.35 p<.01	controlled for age rpc=+.35 controlled for skill rpc=+.35

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study WARR 1979

Reported in: Warr, P.;Cook, J.;Wall, T.
Scales for the Measurement of Social Work Attitudes and Aspects of Psychological.
Journal of Occupational Psychology, 1979, Vol. 52, 129 - 148. ISSN 0305 8107
Page in Report: 140

Population: Factory workers, blue collar, UK, 1977

Sample:

Non-Response:

N: 590

Correlate

Authors label: Satisfaction with personal life (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: 4-item index of questions on personal life satisfaction.
Typical items:
- Your present state of health
- Your family life
Answers scored on a seven point scale ranging from"extremely dissatisfied"(1) to "extremely satisfied"(7).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/v/7/a	r=+.48 p<.01	controlled for age rpc=+.48 controlled for skill rpc=+.49

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study WARR 1979

Reported in: Warr, P.;Cook, J.;Wall, T.
Scales for the Measurement of Social Work Attitudes and Aspects of Psychological.
Journal of Occupational Psychology, 1979, Vol. 52, 129 - 148. ISSN 0305 8107
Page in Report: 140

Population: Factory workers, blue collar, UK, 1977

Sample:

Non-Response:

N: 590

Correlate

Authors label: Satisfaction with life style (1)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: 4-item index of questions on satisfaction with standards and achievement. Typical items:
- The house or flat you live in
- The way you spend your leisure time Answers scored on a seven point scale ranging from"extremely dissatisfied"(1) to "extremely satisfied"(7).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/ab	r=+.38 p<.01	controlled for age rpc=+.38 controlled for skill rpc=+.38

Correlational finding on Happiness and Satisfaction with multiple domains of life

Subject code: L4.4.2

Study WARR 1979

Reported in: Warr, P.;Cook, J.;Wall, T.
Scales for the Measurement of Social Work Attitudes and Aspects of Psychological.
Journal of Occupational Psychology, 1979, Vol. 52, 129 - 148. ISSN 0305 8107
Page in Report: 140

Population: Factory workers, blue collar, UK, 1977

Sample:

Non-Response:

N: 590

Correlate

Authors label: Satisfaction with life style (2)

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement: 4-item index of questions on satisfaction with standards and achievement. Typical items:
- The house or flat you live in
- The way you spend your leisure time Answers scored on a seven point scale ranging from"extremely dissatisfied"(1) to "extremely satisfied"(7).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/v/7/a	r=+.57 p<.01	controlled for age rpc=+.57 controlled for skill rpc=+.58

Correlational finding on Happiness and Satisfaction with multiple domains of life
Subject code: L4.4.2

Study WILLS 2006

Reported in: Wills, E.
Personal Well Being Index-Adults for Bogotá- Colombia, March 2006.
Paper Management School, University de los Andes, 2006, Bogotá, Colombia
Page in Report: 5

Population: Adults, Bogotá, Colombia, 2006

Sample: Probability area sample

Non-Response: -

N: 830

Correlate

Authors label: Personal Wellbeing

Our classification: Satisfaction with multiple domains of life, code L4.4.2

Measurement:
```
Personal Wellbeing Index (PWI): 7 item index.
Turning now to various areas of your life, how satisfied
are you with:
- your stadard of living
- your health
- what you achieve in life
- your personal relationships
- how safe you feel
- feeling part of your community
- your future security
```

Measured Values: M= 7,59; SD=1,17

Remarks:
```
Domains satisfactions only (Life satisfaction item left
out)
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/ca	r=+.53 p<.01	
O-SLW/u/sq/n/11/ca	R^2=.49	

Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study LEISU 1980/1

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo.
Page in Report: 41/5

Population: 18+ aged, general public, Australia, 1979

Sample:

Non-Response:

N: 1104

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement:
```
Direct question: "How satisfied are youwith each of the
following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and
categorized asfollows:
a  satisfied with all three areas
b  satisfied with two: family + work
c  satisfied with two: family + leisure
d  satisfied with two: work + leisure e e  satisfied with
one only: family
f  satisfied with one only: work
g  satisfied with one only: leisure
h  satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.55 p<.01	
O-HL/c/sq/v/5/e	G=+.55 p<.01	
O-SLu/c/sq/v/5/a	tc=+.23 p<.01	
O-HL/c/sq/v/5/e	tc=+.22 p<.01	% very happy: a 56 b 33 c 37 d 23 e 12 f 5 g 4 h 29 All 46

Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study

LEISU 1980/10

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values.The Leisure Development Center, Tokyo
Page in Report: 563/7

Population: 18+ aged, general public, urban areas, South Korea, 1972

Sample:

Non-Response:

N: 997

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement:

```
Direct question: "How satisfied are youwith each of the
following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and
categorized asfollows:
a  satisfied with all three areas
b  satisfied with two: family + work
c  satisfied with two: family + leisure
d  satisfied with two: work + leisure e e  satisfied with
one only: family
f  satisfied with one only: work
g  satisfied with one only: leisure
h  satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.67 p<.01	
O-HL/c/sq/v/5/e	G=+.65 p<.01	

O-HL/c/sq/v/5/e	tc=+.38 p<.01	% very happy: a 14 b 9 c 7 d 0 e 3 f 2 g 3 h 1 All 5
O-SLu/c/sq/v/5/a	tc=+.42 p<.01	a 11 b 2 c 0 d 0 e 0 f 0 g 0 h 0 All 2

Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study — LEISU 1980/11

Reported in: The Leisure Development Center,
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 621/5

Population: 18+ aged, general public, United Kingdom, 1972

Sample:

Non-Response:

N: 987

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement: Direct question: "How satisfied are youwith each of the following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and categorized asfollows:
a satisfied with all three areas
b satisfied with two: family + work
c satisfied with two: family + leisure
d satisfied with two: work + leisure e e satisfied with one only: family
f satisfied with one only: work
g satisfied with one only: leisure
h satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.72 p<.01	
O-SLu/c/sq/v/5/a	G=+.71 p<.01	
O-SLu/c/sq/v/5/a	tc=+.30 p<.01	a 54 b 16 c 25 d 11 e 2 f 0 g 22 h 0 All 42
O-HL/c/sq/v/5/e	tc=+.30 p<.01	% very happy: a 59 b 21 c 33 d 26 e 16 f 0 g 28 h 4 All 47

Correlational finding on Happiness and . family + leisure + work

Subject code: L4.4.2.1

Study LEISU 1980/12

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 679/83

Population: 18+ aged, general public, USA, 1979

Sample:

Non-Response:

N: 1127

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement:

```
Direct question: "How satisfied are youwith each of the
following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and
categorized asfollows:
a  satisfied with all three areas
b  satisfied with two: family + work
c  satisfied with two: family + leisure
d  satisfied with two: work + leisure e e  satisfied with
one only: family
f  satisfied with one only: work
g  satisfied with one only: leisure
h  satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.63 p<.01	
O-SLu/c/sq/v/5/a	G=+.72 p<.01	

O-SLu/c/sq/v/5/a	tc=+.35 p<.01	a 48 b 11 c 30 d 17 e 12 f 6 g 11 h 0 All 37
O-HL/c/sq/v/5/e	tc=+.28 p<.01	% very happy: a 52 b 20 c 38 d 19 e 14 f 6 g 11 h 3 All 42

Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study — LEISU 1980/13

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 737/41

Population: 18+ aged, general public, West Germany, 1979

Sample:

Non-Response:

N: 1020

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement: Direct question: "How satisfied are youwith each of the following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and categorized asfollows:
a satisfied with all three areas
b satisfied with two: family + work
c satisfied with two: family + leisure
d satisfied with two: work + leisure e e satisfied with one only: family
f satisfied with one only: work
g satisfied with one only: leisure
h satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.75 p<.01	
O-HL/c/sq/v/5/e	G=+.62 p<.01	
O-SLu/c/sq/v/5/a	tc=+.42 p<.01	a 30 b 10 c 6 d 8 e 8 f 0 g 7 h 1 All 17
O-HL/c/sq/v/5/e	tc=+.36 p<.01	% very happy: a 19 b 9 c 9 d 10 e 0 f 0 g 4 h 1 All 12

Correlational finding on Happiness and . family + leisure + work

Subject code: L4.4.2.1

Study LEISU 1980/2

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 99/103

Population: Adult, general public, metropolitan areas Brazil, 1979

Sample:

Non-Response:

N: 1000

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement:

```
Direct question: "How satisfied are youwith each of the
following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and
categorized asfollows:
a  satisfied with all three areas
b  satisfied with two: family + work
c  satisfied with two: family + leisure
d  satisfied with two: work + leisure e e  satisfied with
one only: family
f  satisfied with one only: work
g  satisfied with one only: leisure
h  satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.58 p<.01	
O-SLu/c/sq/v/5/a	G=+.60 p<.01	

O-HL/c/sq/v/5/e	tc=+.35 p<.01	% very happy: a 56 b 27 c 43 d 22 e 13 f 8 g 20 h 10 All 40
O-SLu/c/sq/v/5/a	tc=+.37 p<.01	

Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study LEISU 1980/3

Reported in: The Leisure Development Center.
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values, The Leisure Development Center, Tokyo
Page in Report: 157/161

Population: 18+ aged, general public, Canada, 1979

Sample:

Non-Response:

N: 1012

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement:
```
Direct question: "How satisfied are youwith each of the
following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and
categorized asfollows:
a  satisfied with all three areas
b  satisfied with two: family + work
c  satisfied with two: family + leisure
d  satisfied with two: work + leisure e e  satisfied with
one only: family
f  satisfied with one only: work
g  satisfied with one only: leisure
h  satisfied with none

1. h
```

2. g+f+e
3. d+c+b
4. a

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.66 p<.01	
O-HL/c/sq/v/5/e	G=+.54 p<.01	
O-SLu/c/sq/v/5/a	tc=+.28 p<.01	
O-HL/c/sq/v/5/e	tc=+.23 p<.01	% very happy: a 48 b 29 c 32 d 12 e 4 f 0 g 14 h 24 All 39

Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study — LEISU 1980/4

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 215/9

Population: 18+ aged, general public, France, 1979

Sample:

Non-Response:

N: 1000

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement: Direct question: "How satisfied are youwith each of the following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and categorized asfollows:
a satisfied with all three areas
b satisfied with two: family + work
c satisfied with two: family + leisure
d satisfied with two: work + leisure e e satisfied with one only: family
f satisfied with one only: work
g satisfied with one only: leisure
h satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.76 p<.01	
O-HL/c/sq/v/5/e	G=+.50 p<.01	
O-HL/c/sq/v/5/e	tc=+.29 p<.01	% very happy: a 24 b 18 c 11 d 2 e 10 f 4 g 0 h 1 All 16
O-SLu/c/sq/v/5/a	tc=+.45 p<.01	a 24 b 10 c 6 d 4 e 3 f 4 g 0 h 1 All 14

Correlational finding on Happiness and . family + leisure + work

Subject code: L4.4.2.1

Study LEISU 1980/5

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo.
Page in Report: 273/7

Population: 18+ aged, general public, India, 1979

Sample:

Non-Response:

N: 1000

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement:

```
Direct question: "How satisfied are youwith each of the
following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and
categorized asfollows:
a  satisfied with all three areas
b  satisfied with two: family + work
c  satisfied with two: family + leisure
d  satisfied with two: work + leisure e e satisfied with
one only: family
f  satisfied with one only: work
g  satisfied with one only: leisure
h  satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.75 p<.01	
O-SLu/c/sq/v/5/a	G=+.77 p<.01	

O-SLu/c/sq/v/5/a	tc=+.47 p<.01	a 21 b 5 c 3 d 8 e 0 f 2 g 0 h 0 All 12
O-HL/c/sq/v/5/e	tc=+.46 p<.01	% very happy: a 23 b 7 c 11 d 3 e 2 f 2 g 5 h 0 All 14

Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study LEISU 1980/6

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 331/5

Population: 18+ aged, general public, Italy, 1979

Sample:

Non-Response:

N: 1042

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement: Direct question: "How satisfied are youwith each of the following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and categorized asfollows:
a satisfied with all three areas
b satisfied with two: family + work
c satisfied with two: family + leisure
d satisfied with two: work + leisure e e satisfied with one only: family
f satisfied with one only: work
g satisfied with one only: leisure
h satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.70 p<.01	
O-HL/c/sq/v/5/e	G=+.60 p<.01	
O-HL/c/sq/v/5/e	tc=+.37 p<.01	% very happy: a 18 b 10 c 11 d 2 e 5 f 0 g 3 h 1 All 10
O-SLu/c/sq/v/5/a	tc=+.44 p<.01	a 18 b 6 c 8 d 7 e 1 f 2 g 3 h 1 All 8

Correlational finding on Happiness and . family + leisure + work

Subject code: L4.4.2.1

Study LEISU 1980/7

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 389/93

Population: 18+ aged, general public, Japan, 1979

Sample:

Non-Response:

N: 1574

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement:

```
Direct question: "How satisfied are you with each of the
following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or 'not satisfied' and
categorized as follows:
a  satisfied with all three areas
b  satisfied with two: family + work
c  satisfied with two: family + leisure
d  satisfied with two: work + leisure e e  satisfied with
one only: family
f  satisfied with one only: work
g  satisfied with one only: leisure
h  satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.80 p<.01	
O-HL/c/sq/v/5/e	G=+.76 p<.01	

O-SLu/c/sq/v/5/a	tc=+.53 p<.01	a 16 b 5 c 4 d 0 e 3 f 1 g 0 h 0 All 5
O-HL/c/sq/v/5/e	tc=+.53 p<.01	% very happy: a 28 b 18 c 10 d 0 e 10 f 3 g 3 h 4 All 12

Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study — LEISU 1980/8

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 447/51

Population: 18+ aged, general public, Phillippines, 1979

Sample:

Non-Response:

N: 996

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement: Direct question: "How satisfied are youwith each of the following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or'not satisfied' and categorized asfollows:
a satisfied with all three areas
b satisfied with two: family + work
c satisfied with two: family + leisure
d satisfied with two: work + leisure e e satisfied with one only: family
f satisfied with one only: work
g satisfied with one only: leisure
h satisfied with none

1. N
2. g+f+e
3. d+c+b
4. a

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/e	G=+.58 p<.01	
O-SLu/c/sq/v/5/a	G=+.71 p<.01	
O-HL/c/sq/v/5/e	tc=+.32 p<.01	% very happy: a 24 b 11 c 16 d 15 e 12 f 6 g 3 h 3 All 18
O-SLu/c/sq/v/5/a	tc=+.37 p<.01	a 26 b 9 c 14 d 11 e 7 f 3 g 7 h 3 all 18

Correlational finding on Happiness and . family + leisure + work

Subject code: L4.4.2.1

Study LEISU 1980/9

Reported in: The Leisure Development Center
Survey of Values in 13 Countries.
Tablebook for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo
Page in Report: 505/9

Population: 18+ aged, general public, Singapore, 1979

Sample:

Non-Response:

N: 1006

Correlate

Authors label: Satisfaction with family life, work and leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement:

```
Direct question: "How satisfied are you with each of the
following three areasin your life?":
-family life
-work
-free time
Responses coded either 'satisfied' or 'not satisfied' and
categorized as follows:
a  satisfied with all three areas
b  satisfied with two: family + work
c  satisfied with two: family + leisure
d  satisfied with two: work + leisure e e  satisfied with
one only: family
f  satisfied with one only: work
g  satisfied with one only: leisure
h  satisfied with none

1. h
2. g+f+e
3. d+c+b
4. a
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/c/sq/v/5/a	G=+.74 p<.01	
O-HL/c/sq/v/5/e	G=+.58 p<.01	

O-SLu/c/sq/v/5/a	tc=+.23 p<.01	a 34 b 20 c 10 d 15 e 2 f 0 g 0 h 0 All 28
O-HL/c/sq/v/5/e	tc=+.18 p<.01	% very happy: a 37 b 33 c 10 d 15 e 11 f 0 g 14 h 0 All 32

Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study — LEW 1998

Reported in: Lew, S.C.; Park, H.
Economic Development, Housing Standards, and Quality of Life in South Korea.
Development and Society, 1998, Vol 27, 51 - 66. ISSN 1225 3804
Page in Report: 61

Population: 20-60 aged, general public, South Korea, 1996

Sample: Probability stratified sample

Non-Response: not rep

N: 1000

Correlate

Authors label: Satisfaction with personal relation and health (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement:
```
Factor extracted from responses on questions on
domainsatisfactions.
Loads high on satisfaction with
-affection
-family
-friendship
-health
-domestic work
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/5/f	Beta=+.40 p<.001	Beta controlled for -satisfaction with social security and social life -satisfaction with social-economic status -satisfaction with child-raising and education

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Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 406

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: family, work, leisure (1)

Our classification: . family + leisure + work, code L4.4.2.1

Measurement:
```
Family, work and leisure time
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well
```

Measured Values: N: all:1398, 1:1, 2:13, 3:103, 4:712, 5:569

Remarks:
```
Made up of the questions:
"How do you feel when you are at home ?"
"How do you feel when you are at work?"
"How do you feel in your leisure time?"
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.60 p<.00	1: Mt=- 2: Mt=2.50 3: Mt=5.26 4: Mt=7.45 5: Mt=8.90 All Mt=7.83
O-SLu/c/sq/v/5/e	r=+.60 p<.00	1: Mt=- 2: Mt=2.11 3: Mt=4.76 4: Mt=7.06 5: Mt=8.64 All Mt=7.49
O-HL/c/sq/v/5/h	r=+.56 p<.00	1: Mt=- 2: Mt=2.89 3: Mt=4.79 4: Mt=6.54 5: Mt=8.08 All Mt=7.00

Correlational finding on Happiness and . family + leisure + work
Subject code: L4.4.2.1

Study — VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp
Page in Report: 430

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: feelings at home,at work, at leisure time

Our classification: . family + leisure + work, code L4.4.2.1

Measurement: Family, work and leisure time
1: very badly
2: badly
3: neither well nor badly
4: well
5: very well

Measured Values: N: All:4541; %:1:0,1; 2:1,0; 3:8,7; 4:53,0; 5:37,1

Remarks: Made up of the questions:
"How do you feel when you are at home ?"
"How do you feel when you are at work?"
"How do you feel in your leisure time?"

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	r=+.59 p<.00	1: Ms=1.25 2: Ms=2.66 3: Ms=5.00 4: Ms=7.45 5: Ms=9.01
O-SLu/c/sq/v/5/e	r=+.61 p<.00	1: Ms=1.25 2: Ms=1.91 3: Ms=4.43 4: Ms=7.10 5: Ms=8.79
O-HL/c/sq/v/5/h	r=+.60 p<.00	1: Ms=2.09 2: Ms=3.04 3: Ms=4.70 4: Ms=6.63 5: Ms=8.25

Correlational finding on Happiness and . health + income + family
Subject code: L4.4.2.2

Study MEDLE 1976

Reported in: Medley, M.L.
Satisfaction with Life among Persons 65 Years and Older: A Causal Model.
Journal of Gerontology, 1976, Vol. 31, 448 - 455. ISSN 0022 1422
Page in Report: 452

Population: 65+ aged, non-institutionalized, USA, 1971

Sample:

Non-Response: -

N: 301

Correlate

Authors label: Joint effects (1)

Our classification: . health + income + family, code L4.4.2.2

Measurement:
```
Family income
Satisfaction with:
- health
- standard of living
- family life
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-Sum/c/mq/*/0/c	R^2=	Males R^2= .45 Females R^2= .46

Correlational finding on Happiness and . dwelling + leisure + social life
Subject code: L4.4.2.3

Study GEHMA 1987

Reported in: Gehmacher, E.
Gebaude Gemeinschaft. (Builded Community).
SWS Rundschau, 1987, Vol. 27, 147 - 156. http://www.sws-rundschau.at/
Page in Report: 150

Population: Residents housing estates, Vienna, Austria, 1987

Sample:

Non-Response: ?

N: 218

Correlate

Authors label: Joint satisfactions (1)

Our classification: . dwelling + leisure + social life, code L4.4.2.3

Measurement:
```
Single direcy questions on satisfaction with:
a. housing
b. leisure
c. social contacts
d. activities
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/cm/sq/v/5/a	R^2=.23	- high R^2=.17 - low R^2=.18
O-SLL/c/sq/v/5/b	R^2=.41	Contact-facilities in housing estate: - high R^2=.40 - low R^2=.36

Correlational finding on Happiness and . dwelling + leisure + social life
Subject code: L4.4.2.3

Study LEW 1998

Reported in: Lew, S.C.; Park, H.
Economic Development, Housing Standards, and Quality of Life in South Korea.
Development and Society, 1998, Vol 27, 51 - 66. ISSN 1225 3804
Page in Report: 61

Population: 20-60 aged, general public, South Korea, 1996

Sample: Probability stratified sample

Non-Response: not rep

N: 1000

Correlate

Authors label: Satisfaction with social security and cultural life (1)

Our classification: . dwelling + leisure + social life, code L4.4.2.3

Measurement: Factor extracted from responses on questions on domainsatisfactions.
Loads high on satisfaction with
-social security
-public safety
-cultural life
-leisure
-informatisation

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-HL/c/sq/v/5/f	Beta=+.03 ns	Beta controlled for -satisfaction with economic status -satisfaction with personal relation and health -satisfaction with child-raising and education

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Correlational finding on Happiness and . dwelling + leisure + social life
Subject code: L4.4.2.3

Study SIGEL 1981

Reported in: Sigelman, L.
Is Ignorance Bliss? A Reconsideration of the Folk Wisdom.
Human Relations, 1981, Vol. 34, 965 - 974. ISSN 0018 7267
Page in Report: 971

Population: 18+ aged, general public, non-institutionalized, USA, 1974-76

Sample:

Non-Response:

N: 2650

Correlate

Authors label: Satisfaction with four areas of life (1)

Our classification: . dwelling + leisure + social life, code L4.4.2.3

Measurement: 7-point scale ranging from "none" to "a very great deal" to indicate how much satisfaction they derive from:
- the city or place in which they live
- their nonworking activities
- their family life
- their friendships

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/aa	r=<.40 p<.01	

Correlational finding on Happiness and . health + family + work
Subject code: L4.4.2.4

Study PHILI 1966

Reported in: Philips Nederland N.V.
De Nederlandse Huisvrouw. (The Dutch Houswife.)
Research Report NIPO assigned by Philips Nederland, 1966, Eindhoven, Netherlands
Page in Report: 67

Population: Housewives, The Netherlands, 1964

Sample:

Non-Response:

N: 450

Correlate

Authors label: Satisfaction with marriage, job, and health. (1)

Our classification: . health + family + work, code L4.4.2.4

Measurement: `Factor analysis on the basis of answers on direct closed questions.`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/5/a	V=+.68	

Correlational finding on Happiness and Comparative appraisals of life-as-a-whole8 Subject code: L4.5

Study ZUMA 1989

Reported in: Zentrum fur Umfrageforschung Mannheim (ZUMA)
Wohlfahrtsurveys 1978,1980,1984,1988.
Unpublished data-set. Especially prepared for the World Database of Happiness.
Page in Report:

Population: 18+ aged, general public, West-Germany, 1978-88

Sample:

Non-Response: ?

N: 2100

Correlate

Authors label: Alienation (2)

Our classification: Comparative appraisals of life-as-a-whole8, code L4.5

Measurement: Now I am going to read aloud some reactions on various life-problems. Please tell me after each sentence if these answers ,if applied to yourself, would be : completely correct, rather correct, rather not correct, completely incorrect.

- 'I am often feeling lonesome'
- 'My work does not really give me any pleasure at all'
- 'Life has become so complicated nowadays that I hardly feel anywhere at ease '

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*			
O-HL/c/sq/v/4/b	SNR=	eta	G	r	ß
	1978	+.32	+.52	+.32	+.25
	1980	+.34	+.56	+.33	+.27
	1984	+.34	+.57	+.33	+.29
	1988	+.33	+.53	+.33	+.27

ß's controlled for age, gender, perceived class and marital status.

Correlational finding on Happiness and Comparative appraisals of life-as-a-whole8 Subject code: L4.5

Study ZUMA 1989

Reported in: Zentrum fur Umfrageforschung Mannheim (ZUMA)
Wohlfahrtsurveys 1978,1980,1984,1988.
Unpublished data-set. Especially prepared for the World Database of Happiness.
Page in Report:

Population: 18+ aged, general public, West-Germany, 1978-88

Sample:

Non-Response: ?

N: 2100

Correlate

Authors label: Alienation (1)

Our classification: Comparative appraisals of life-as-a-whole8, code L4.5

Measurement: Now I am going to read aloud some reactions on various life-problems. Please tell me after each sentence if these answers ,if applied to yourself, would be : completely correct, rather correct, rather not correct, completely incorrect.

- 'I am often feeling lonesome'
- 'My work does not really give me any pleasure at all'
- 'Life has become so complicated nowadays that I hardly feel anywhere at ease '

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*			
O-SLW/c/sq/n/11/ba	SNR=	eta	G	r	ß
	1978	+.31	+.33	+.31	+.30
	1980	+.31	+.33	+.30	+.27
	1984	+.34	+.40	+.33	+.33
	1988	+.32	+.37	+.32	+.28

ß's controlled for age, gender, perceived class and marital status.

Correlational finding on Happiness and Single-standard comparisons
Subject code: L4.5.1

Study MICHA 1985

Reported in: Michalos, A.C.
Multiple Discrepancies Theory.
Social Indicators Research, 1985, Vol. 16, 347 - 413. ISSN 0303 8300. DOI:10.1007/BF00333288
Page in Report: 376

Population: Students undergraduates University of Guelph, Canada, 1984

Sample:

Non-Response: 18%

N: 700

Correlate

Authors label: Life compared with wants (1)

Our classification: Single-standard comparisons, code L4.5.1

Measurement: Single closed question, rated or a 7-point scale: : "Consider your life as a whole. How does it measure up to your general aspirations or what you want?" 1: not at all...7: matches or is better than what you want. (CON 1.1)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/c/sq/v/7/aa	Beta=+.25 p<.01	ß controlled for: - life compared with others - life compared with that deserve - life compared with best previous experience - self esteem - social support
O-HL/u/sq/v/7/a	Beta=+.17 p<.01	ß controlled for: - life compared with others - life compared with that deserved - life compared with best previous experience - self esteem - social support - work status

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Correlational finding on Happiness and Single-standard comparisons
Subject code: L4.5.1

Study MICHA 1986

Reported in: Michalos, A. C.
An Application of Multiple Discrepancies Theory (MDT) to Seniors.
Social Indicators Research, 1986, Vol. 18, 349 - 378. ISSN 0303 8300. DOI:10.1007/BF00300488
Page in Report: 363

Population: 60+ aged, rural districts, Canada, 1984

Sample:

Non-Response: 47%

N: 457

Correlate

Authors label: Life compared with wants (1)

Our classification: Single-standard comparisons, code L4.5.1

Measurement: Single closed question, rated on a 7-point scale: "Consider your life as a whole. How does it measure up to your general aspirations or what you want?" 1:not at all.. 7:matches or is better than what you want. (CON 1.1)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/c/sq/v/7/aa	Beta=+.23 p<.01	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: own life with that of others, life with that deserved, life with needs, life with progress in life, life with best previous experience.
O-HL/u/sq/v/7/a	Beta=+.26 p<.01	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: own life with that of others, life with that deserved, life with needs, life with progress in life, life with best previous experience.
O-DT/c/sq/v/7/aa	Beta=+.21 p<.01	Males
O-HL/u/sq/v/7/a	Beta=+.33 p<.01	Males
O-DT/c/sq/v/7/aa	Beta=+.25 p<.01	Females
O-HL/u/sq/v/7/a	Beta=+.22 p<.01	Females

Correlational finding on Happiness and . life compared with earlier situation
Subject code: L4.5.1.2

Study MICHA 1980

Reported in: Michalos, A.C.
Satisfaction and Happiness.
Social Indicators Research, 1980, Vol. 8, 385 - 422. ISSN 0303 8300. DOI:10.1007/BF00461152
Page in Report: 404

Population: University staff members, Guelph Canada, 1979

Sample:

Non-Response: 59%

N: 357

Correlate

Authors label: Life compared with best previous experience (1)

Our classification: . life compared with earlier situation, code L4.5.1.2

Measurement: Closed question rated on a 7-point scale.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/c/sq/v/7/aa	r=+.48	
O-HL/u/sq/v/7/a	r=+.56	
C-RG/u/sq/v/7/b	r=+.49	
O-DT/c/sq/v/7/aa	Beta=+.17	Controlled for goalachievement and life compared with average folks.
O-HL/u/sq/v/7/a	Beta=+.29	ß controlled for goalachievement and average folks.
C-RG/u/sq/v/7/b	Beta=+.32	ß controlled for average folks.

Correlational finding on Happiness and . life compared with earlier situation
Subject code: L4.5.1.2

Study MICHA 1982

Reported in: Michalos, A.C.
The Satisfaction and Happiness of Some Senior Citizens in Ontario.
Social Indicators Research, 1982, Vol. 11, 1 - 30. ISSN 0303 8300. DOI:10.1007/BF00353590
Page in Report: 17

Population: 60+ aged, rural townships,Southern Huron County, Ontario, Canada, 198?

Sample:

Non-Response: 37%

N: 392

Correlate

Authors label: Life compared with best previous experience (1)

Our classification: . life compared with earlier situation, code L4.5.1.2

Measurement: Closed question rated on a 7-point scale

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
C-RG/u/sq/v/7/a	r=+.35	Controlled for life of average folks ß:+.24
O-DT/c/sq/v/7/aa	r=+.34	Controlled for goalachievement (CON 1.1) and life compared with average folks ß:+.16
O-HL/u/sq/v/7/a	r=+.33	Controlled for goalachievement (CON 1.1) and life of average folks ß: +.17

Correlational finding on Happiness and . life compared with earlier situation
Subject code: L4.5.1.2

Study — MICHA 1983

Reported in: Michalos, A.C.
Satisfaction and Happiness in a Rural Northern Resource Community.
Social Indicators Research, 1983, Vol. 13, 225 - 252. ISSN 0303 8300. DOI:10.1007/BF00318099
Page in Report: 238

Population: 18+ aged, rural community, N.Ontario, Canada, 1982

Sample:

Non-Response: 8%

N: 598

Correlate

Authors label: Life compared with best previous experience (1)

Our classification: . life compared with earlier situation, code L4.5.1.2

Measurement: Closed question rated on a 7-point scale: "Compare your life now to your all time high"
1: Far below the best previous experience.
7: Far above the best previous experience

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/7/a	r=+.49	
C-RG/u/sq/v/7/b	r=+.42	
O-DT/c/sq/v/7/aa	r=+.44	
C-RG/u/sq/v/7/b	Beta=+.26	ß controlled for life of average folks and 5-year expectation
O-HL/u/sq/v/7/a	Beta=+.24	ß controlled for life compared with average folks, goal achievement (CON 1.1) and 5 year expectation
O-DT/c/sq/v/7/aa	Beta=+.11	ß controlled for goal achievement, life compared with average folks (CON 1.1) and five year expectation

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Correlational finding on Happiness and . life compared with earlier situation
Subject code: L4.5.1.2

Study — MICHA 1985

Reported in: Michalos, A.C.
Multiple Discrepancies Theory.
Social Indicators Research, 1985, Vol. 16, 347 - 413. ISSN 0303 8300. DOI:10.1007/BF00333288
Page in Report: 376

Population: Students undergraduates University of Guelph, Canada, 1984

Sample:

Non-Response: 18%

N: 700

Correlate

Authors label: Life compared to best previous experience (1)

Our classification: . life compared with earlier situation, code L4.5.1.2

Measurement: Single closed question, rated or a 7-point scale: : "Consider your life as a whole. How does it measure up to the best in your previous experience?" 1: far below the previous best...7: far above the previous best

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/c/sq/v/7/aa	Beta=+.12 p<.01	ß controlled for : - life compared with wants - life compared with others - life compared with that deserved - self esteem - social support
O-HL/u/sq/v/7/a	Beta=+.21 p<.01	ß controlled for: - life compared with wants - life compared with others - life compared with that deserved - self esteem - social support - work status

---

Correlational finding on Happiness and . life compared with earlier situation
Subject code: L4.5.1.2

Study — MICHA 1986

Reported in: Michalos, A. C.
An Application of Multiple Discrepancies Theory (MDT) to Seniors.
Social Indicators Research, 1986, Vol. 18, 349 - 378. ISSN 0303 8300. DOI:10.1007/BF00300488
Page in Report: 363

Population: 60+ aged, rural districts, Canada, 1984

Sample:

Non-Response: 47%

N: 457

Correlate

Authors label: Life compared with best previous experience (1)

Our classification: . life compared with earlier situation, code L4.5.1.2

Measurement: Single closed question, rated on a 7-point scale: "Consider your life as a whole. How does it measure up to the best in your previous experience?" 1:far below the previous best.. 7:far above the previous best.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-DT/c/sq/v/7/aa	Beta=+.21 p<.01	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: own life with that of others, life with that deserved, life with needs, life with progress in life, life with wants.
O-HL/u/sq/v/7/a	Beta=+.18 p<.01	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: own life with that of others, life with that deserved, life with needs, life with progress in life, life with wants.
O-HL/u/sq/v/7/a	Beta=+.24	Total of the direct path and the indirect path via life compared with wants.
O-DT/c/sq/v/7/aa	Beta=+.26	Total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.28 p<.01	Females: direct path
O-DT/c/sq/v/7/aa	Beta=+.19 p<.01	Males: direct path
O-DT/c/sq/v/7/aa	Beta=+.19	Males: total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.36	Females: total of the direct path and the indirect path via life compared with wants.
O-DT/c/sq/v/7/aa	Beta=+.23 p<.01	Females: direct path
O-DT/c/sq/v/7/aa	Beta=+.32	Females: total of the direct path and the indirect path via life compared with wants.

Correlational finding on Happiness and . life compared with expectations
Subject code: L4.5.1.3

Study HEDLE 1981

Reported in: Hedley, R.A
Work, Life and the Pursuit of Happiness: A Study of Australian Industrial Workers.
The Journal of Industrial Relations, September, 1981, 397 - 405
Page in Report: 399,400

Population: Shop-floor workers in four metropolitan areas, south-eastern Australia, 1977

Sample: Non-probability purposive sample

Non-Response: 42%

N: 1486

Correlate

Authors label: life better than expected (1)

Our classification: . life compared with expectations, code L4.5.1.3

Measurement:
```
Single question:
Compared with when you left school,would you say your life
is....
1: really bad
2: not quite as good as expected
3: about the same as you expected
4: a little better than you expected
5: better than you expected
6: much better than you expected
```

Measured Values: 1: 3%; 2: 19%; 3: 21%; 4:13%; 5: 25%; 6: 19%

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLL/c/sq/v/3/a	G=+.71	
O-LWL/u/sq/v/4/a	G=+.61	

Correlational finding on Happiness and . life compared with expectations
Subject code: L4.5.1.3

Study MICHA 1986

Reported in: Michalos, A. C.
An Application of Multiple Discrepancies Theory (MDT) to Seniors.
Social Indicators Research, 1986, Vol. 18, 349 - 378. ISSN 0303 8300. DOI:10.1007/BF00300488
Page in Report: 363

Population: 60+ aged, rural districts, Canada, 1984

Sample:

Non-Response: 47%

N: 457

Correlate

Authors label: Life progress (1)

Our classification: . life compared with expectations, code L4.5.1.3

Measurement: Single closed question, rated on a 7-point scale: "Consider your life as a whole. How does it measure up to what you expected three years ago?" 1:extremely less than expected..

7:extremely more than expected.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/c/sq/v/7/aa	Beta=+.16 p<.01	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: own life with that of others, life with that deserved, life with needs, life now with best previous experience, life with wants.
O-HL/u/sq/v/7/a	Beta=+.12 p<.01	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: own life with that of others, life with that deserved, life with needs, life now with best previous experience, life with wants.
O-DT/c/sq/v/7/aa	Beta=+.16	Total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.12	Total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.23 p<.01	Males: direct path
O-DT/c/sq/v/7/aa	Beta=+.17 p<.01	Males: direct path
O-DT/c/sq/v/7/aa	Beta=+.17	Males: total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.23	Males: total for the direct and the indirect path via life compared with wants.

Correlational finding on Happiness and . life compared with situation of others
Subject code: L4.5.1.4

Study MICHA 1980

Reported in: Michalos, A.C.
Satisfaction and Happiness.
Social Indicators Research, 1980, Vol. 8, 385 - 422. ISSN 0303 8300. DOI:10.1007/BF00461152
Page in Report: 404

Population: University staff members, Guelph Canada, 1979

Sample:

Non-Response: 59%

N: 357

Correlate

Authors label: Life compared with that of average folks (1)

Our classification: . life compared with situation of others, code L4.5.1.4

Measurement: Closed question rated on a 7 point scale.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/c/sq/v/7/aa	r=+.44	
O-HL/u/sq/v/7/a	r=+.47	
C-RG/u/sq/v/7/b	r=+.48	
O-DT/c/sq/v/7/aa	Beta=+.10	Controlled for goal achievement and best previous experience.
O-HL/u/sq/v/7/a	Beta=+.09	ß controlled for goal achievement and best previous experience.
C-RG/u/sq/v/7/b	Beta=+.29	ß controlled for best previous experience.

Correlational finding on Happiness and . life compared with situation of others
Subject code: L4.5.1.4

Study MICHA 1982

Reported in: Michalos, A.C.
The Satisfaction and Happiness of Some Senior Citizens in Ontario.
Social Indicators Research, 1982, Vol. 11, 1 - 30. ISSN 0303 8300. DOI:10.1007/BF00353590
Page in Report: 17

Population: 60+ aged, rural townships,Southern Huron County, Ontario, Canada, 198?

Sample:

Non-Response: 37%

N: 392

Correlate

Authors label: Life compared with that of average folks (1)

Our classification: . life compared with situation of others, code L4.5.1.4

Measurement: Closed question rated on a 7-point scale

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
C-RG/u/sq/v/7/a	r=+.41	Controlled for best previous experience ß: +.34
O-HL/u/sq/v/7/a	r=+.31	Controlled for goalachievement (CON 1.1) and best previous experience ß: +.10
O-DT/c/sq/v/7/aa	r=+.39	Controlled for goal achievement (CON 1.1) and best previous experience ß:+.20

Correlational finding on Happiness and . life compared with situation of others
Subject code: L4.5.1.4

Study MICHA 1983

Reported in: Michalos, A.C.
Satisfaction and Happiness in a Rural Northern Resource Community.
Social Indicators Research, 1983, Vol. 13, 225 - 252. ISSN 0303 8300. DOI:10.1007/BF00318099
Page in Report: 238

Population: 18+ aged, rural community, N.Ontario, Canada, 1982

Sample:

Non-Response: 8%

N: 598

Correlate

Authors label: Life compared with that of average folks (1)

Our classification: . life compared with situation of others, code L4.5.1.4

Measurement: Closed question rated on a 7-point scale:"Compare your life with that of other folks of your own age"
1: Far below average
7: Far above average

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/7/a	r=+.46	
C-RG/u/sq/v/7/b	r=+.41	
O-DT/c/sq/v/7/aa	r=+.46	
C-RG/u/sq/v/7/b	Beta=+.25	ß controlled for life compared with best previous experience and 5 year expectation
O-HL/u/sq/v/7/a	Beta=+.19	ß controlled for life compared with best previous experience, goal achievement (CON 1.1) and 5 year expectation
O-DT/c/sq/v/7/aa	Beta=+.18	ß controlled for best goal achievement (CON 1.1) best previous experience (CON 1.1) and five year expectation

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Correlational finding on Happiness and . life compared with situation of others
Subject code: L4.5.1.4

Study MICHA 1985

Reported in: Michalos, A.C.
Multiple Discrepancies Theory.
Social Indicators Research, 1985, Vol. 16, 347 - 413. ISSN 0303 8300. DOI:10.1007/BF00333288
Page in Report: 376

Population: Students undergraduates University of Guelph, Canada, 1984

Sample:

Non-Response: 18%

N: 700

Correlate

Authors label: Life compared with that of others (1)

Our classification: . life compared with situation of others, code L4.5.1.4

Measurement: Single closed question, rated or a 7-point scale: : "Consider your life as a whole. How does it measure up to the average for most people your of your own age in this area ?" 1: far below average...7: far above average

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/7/a	Beta=+.13 p<.01	ß controlled for: - life compared with wants - life compared with that deserved - life compared with best previous experience - self esteem - social support - work status
O-DT/c/sq/v/7/aa	Beta=+.07 p<.05	ß controlled for : - life compared with wants - life compared with that deserved - life compared with best previous experience - self esteem - social support

---

Correlational finding on Happiness and . life compared with situation of others
Subject code: L4.5.1.4

Study MICHA 1986

Reported in: Michalos, A. C.
An Application of Multiple Discrepancies Theory (MDT) to Seniors.
Social Indicators Research, 1986, Vol. 18, 349 - 378. ISSN 0303 8300. DOI:10.1007/BF00300488
Page in Report: 363

Population: 60+ aged, rural districts, Canada, 1984

Sample:

Non-Response: 47%

N: 457

Correlate

Authors label: Life compared with that of others (1)

Our classification: . life compared with situation of others, code L4.5.1.4

Measurement: Single closed question, rated on a 7-point scale: "Consider your life as a whole. How does it measure up to the average for most people of your own age in this area?" 1:far below average... 7:far above average.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/7/a	Beta=+.15 p<.01	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: life with that deserved, life with needs, life with progress in life, life now with best previous experience, life with wants.
O-DT/c/sq/v/7/aa	Beta=+.24 p<.01	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: life with that deserved, life with needs, life with progress in life, life now with best previous experience, life with wants.
O-DT/c/sq/v/7/aa	Beta=+.29	Total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.21	Total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.18 p<.05	Males: direct path
O-DT/c/sq/v/7/aa	Beta=+.28 p<.01	Males: direct path
O-DT/c/sq/v/7/aa	Beta=+.28	Males: total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.18	Males: total of the direct path and the indirect path via life compared with wants.
O-DT/c/sq/v/7/aa	Beta=+.20 p<.01	Females: direct path
O-HL/u/sq/v/7/a	Beta=+.0 ns	Females: direct path
O-HL/u/sq/v/7/a	Beta=+.07	Females: total of the direct path and the indirect path via life compared with wants.

O-DT/c/sq/v/7/aa	Beta=+.28	Females: total of the direct path and the indirect path via life compared with wants.

Correlational finding on Happiness and . life compared with situation of others
Subject code: L4.5.1.4

Study — RAHTZ 1988

Reported in: Rahtz, D.R.:, Sirgy, M.J.; Meadow, H.L.
Elderly Life Satisfaction and Television Viewership: Replication and Extension.
Shapiro, S.;Ed.: "AMA Winter Educators' Conference", American Marketing Association, 1988, USA, 409 - 413. ISBN 087 757 1928
Page in Report: 410

Population: 60+ aged, mid-Atlantic region, USA, 1986

Sample: Probability systematic sample

Non-Response: 84 %

N: 752

Correlate

Authors label: Social comparison (1)

Our classification: . life compared with situation of others, code L4.5.1.4

Measurement: Self report on single question:
"Compared to the accomplishments of most people in your position, how satisfied are you ?"
Rated on a 6-step Likert-like scale.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.37 p<.01	95 % confidence interval for rho = [.30; .43]
O-DT/u/sqt/v/7/a	rpc=+.35 p<.01	rpc controlled for "TV viewership"
O-DT/u/sqt/v/7/a	rpc=+.37 p<.01	rpc controlled for "belief cultivation". (perceived reality value of TV predentation).
O-DT/u/sqt/v/7/a	rpc=+.36 p<.01	rpc controlled for both "TV viewership" and "belief cultivation"

Correlational finding on Happiness and . life compared with standard of fairness
Subject code: L4.5.1.5

Study COHEN 1982

Reported in: Cohen, P.; Struening, E.L.; Muhlin, G. L.; Genevie, L. E; et al
Community Stressors, Mediating Conditions and Well-Being in Urban Neighbourhoods.
Journal of Community Psychology, 1982, Vol. 10, 377 - 391
Page in Report: 384

Population: 18-55 aged, general public, New York City, 1979

Sample:

Non-Response:

N: 602

Correlate

Authors label: Fair share (1)

Our classification: . life compared with standard of fairness, code L4.5.1.5

Measurement:
```
4-item index of direct questions: To what extent do you
feel you are getting your fair share of:
1: a good education?
2: a good job?
3: good housing?
4: chances for succes?
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BC/cm/mq/v/4/a	r=+.36 p<.01	

Correlational finding on Happiness and . life compared with standard of fairness
Subject code: L4.5.1.5

Study MICHA 1985

Reported in: Michalos, A.C.
Multiple Discrepancies Theory.
Social Indicators Research, 1985, Vol. 16, 347 - 413. ISSN 0303 8300. DOI:10.1007/BF00333288
Page in Report: 376

Population: Students undergraduates University of Guelph, Canada, 1984

Sample:

Non-Response: 18%

N: 700

Correlate

Authors label: Life comparted to that deserved (1)

Our classification: . life compared with standard of fairness, code L4.5.1.5

Measurement: Single closed question, rated or a 7-point scale: : "Consider your life as a whole. How does it measure up to the life you think you deserve?" 1: far below what is deserved...7: far above what is deserved

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/c/sq/v/7/aa	Beta=+.07 p<.05	ß controlled for : - life compared with wants - life compared with others - life compared with best previous experience - self esteem - social support
O-HL/u/sq/v/7/a	Beta=+.10 p<.01	ß controlled for: - life compared with wants - life compared with others - life compared with best previous experience - self esteem - social support - work status

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Correlational finding on Happiness and . life compared with standard of fairness Subject code: L4.5.1.5

Study MICHA 1986

Reported in: Michalos, A. C.
An Application of Multiple Discrepancies Theory (MDT) to Seniors.
Social Indicators Research, 1986, Vol. 18, 349 - 378. ISSN 0303 8300. DOI:10.1007/BF00300488
Page in Report: 363

Population: 60+ aged, rural districts, Canada, 1984

Sample:

Non-Response: 47%

N: 457

Correlate

Authors label: Life compared to that deserved (1)

Our classification: . life compared with standard of fairness, code L4.5.1.5

Measurement: Single closed question, rated on a 7-point scale: "Consider your life as a whole. How does it measure up to the life you think you deserved?" 1:far below what is deserved... 7:far above what is deserved.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/7/a	Beta=+.0 ns	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: own life with that of others, life with needs, life with progress in life, life now with best previous experience, life with wants.
O-DT/c/sq/v/7/aa	Beta=+.0 ns	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: own life with that of others, life with needs, life with progress in life, life now with best previous experience, life with wants.
O-DT/c/sq/v/7/aa	Beta=+.03	Total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.04	Total of the direct path and the indirect path via life compared with wants.

Correlational finding on Happiness and . life compared with needs
Subject code: L4.5.1.6

Study MICHA 1986

Reported in: Michalos, A. C.
An Application of Multiple Discrepancies Theory (MDT) to Seniors.
Social Indicators Research, 1986, Vol. 18, 349 - 378. ISSN 0303 8300. DOI:10.1007/BF00300488
Page in Report: 363

Population: 60+ aged, rural districts, Canada, 1984

Sample:

Non-Response: 47%

N: 457

Correlate

Authors label: Life compared with needs (1)

Our classification: . life compared with needs, code L4.5.1.6

Measurement: Single closed question, rated on a 7-point scale: "Consider your life as a whole. How does it measure up to what you think you need?" 1:far below what is needed.. 7:far above what is needed.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/7/a	Beta=+.0 ns	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: own life with that of others, life with that deserved, life with progress in life, life now with best previous experience, life with wants.
O-DT/c/sq/v/7/aa	Beta=+.0 ns	ß path-coefficient controlled for sex, age, income, education and the perceived discrepancies: own life with that of others, life with that deserved, life with progress in life, life now with best previous experience, life with wants.
O-DT/c/sq/v/7/aa	Beta=+.03	Total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.04	Total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.0 ns	Males: direct path
O-DT/c/sq/v/7/aa	Beta=+.0 ns	Males: direct path
O-DT/c/sq/v/7/aa	Beta=+.11	Males: total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.17	Males: total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.16 p<.05	Females: direct path

O-DT/c/sq/v/7/aa	Beta=+.17 p<.05	Females: direct path
O-DT/c/sq/v/7/aa	Beta=+.17	Females: total of the direct path and the indirect path via life compared with wants.
O-HL/u/sq/v/7/a	Beta=+.16	Females: total of the direct path and the indirect path via life compared with wants.

Correlational finding on Happiness and Summed comparisons
Subject code: L4.5.2

Study — MICHA 1983

Reported in: Michalos, A.C.
Satisfaction and Happiness in a Rural Northern Resource Community.
Social Indicators Research, 1983, Vol. 13, 225 - 252. ISSN 0303 8300. DOI:10.1007/BF00318099
Page in Report: 242

Population: 18+ aged, rural community, N.Ontario, Canada, 1982

Sample:

Non-Response: 8%

N: 598

Correlate

Authors label: Joint comparisons (1)

Our classification: Summed comparisons, code L4.5.2

Measurement:
1 Best previous experience
2 Life compared with average folks
3 Goal achievement
4 Five year expectation

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/v/7/a	R^2=.38	
C-RG/u/sq/v/7/b	R^2=.23	
O-DT/c/sq/v/7/aa	R^2=.45	

Correlational finding on Happiness and Mixed multiple life-appraisals

Subject code: L4.6

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 132/146

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Explained variance in feelings about life as a whole (1)

Our classification: Mixed multiple life-appraisals, code L4.6

Measurement:
Satisfaction with:
1. pleasant/beautiful things (A)
2. amount of fun (AB)
3. house/apartment (AB)
4. family life (AB)
5. money index (AB)
6. yourself (AB)
7. reliability of others (A)
8. your job (AB)
9. your health (AB)
10. time to do things (AB)
11. things do with family (AB)
12. sleep (A)
13. sex life (A)
14. privecy (A)
15. chance get good job (A)
16. admired by others (A)
17. spare-time activities (AB)
18. your friends (A)
19. recreational places (A)
20. relaxation (A)
21. agreement on spending (A)
22. national govt. index (AB)
23. goods and services (AB)
24. secure from theft (A)
25. society's standards (A)
26. respect for rights (A)
27. oppertunity to make changes (A)
28. creativity (A)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-DT/u/sqt/v/7/a R^2=.67 A. (All domain satisfactions)

O-DT/u/sqt/v/7/a R^2=.62 B. (selected 12 domain satisfactions):

Sub-group:	N:	Explained Variance: (%)
All respondents	1072	62
Males	465	66
Females	607	65
16-29 years old	297	66
16-29 houshold head/spouse	233	71
30-44 years old	284	75
45-59 years old	236	75
45-64 years old	308	69
60-97 years old	251	63
Low SES	303	68
Mid SES	227	71
High SES	321	73
Employed men	349	71
Low income	457	60
Medium income	272	74
High income	317	76
Married	718	65
Non-married	350	64
0-11 grades of school	398	68
High school graduate	347	67
Some college education	186	79
College degree	141	74
Married & employed	-	-
Blacks	-	-

Correlational finding on Happiness and Mixed multiple life-appraisals
Subject code: L4.6

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 146

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Feelings about life as a whole (1)

Our classification: Mixed multiple life-appraisals, code L4.6

Measurement:
Satisfaction with:
1. Fun and enjoyment
2. Physical needs met
3. Yourself
4. How fairly treated
5. Develop, broaden self
6. Interesting daily life
7. Adjust to changes
8. Financial security.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*	
O-DT/u/sqt/v/7/a	R^2=61%	Males	R^2=58%
		Females	R^2=61%
		16-29 years old	R^2=50%
		16-29 houshold head/spouse	-
		30-44 years old	R^2=58%
		45-59 years old	-
		45-64 years old	R^2=66%
		60-97 years old	R^2=64%
		Low SES	R^2=62%
		Mid SES	R^2=56%
		High SES	R^2=59%
		Employed men	-
		Low income	R^2=61%
		Medium income	R^2=52%
		High income	R^2=56%
		Married	R^2=53%
		Nonmarried	R^2=64%
		0-11 grades of school	R^2=58%
		High school graduate	R^2=61%
		Some college education	R^2=58%
		College degree	R^2=62%
		Married & employed	-

Blacks	R^2=55%

Correlational finding on Happiness and Mixed multiple life-appraisals
Subject code: L4.6

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 237

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfactions (1)

Our classification: Mixed multiple life-appraisals, code L4.6

Measurement:
A. 8 domain satisfactions (standard of living, fun, independence, beauty, bother, safety, accomodation, acceptance)
B. 6 domain satisfactions (housing, job, family, neighborhood, spare-time, national gonvernment)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	R^2=.58	A. (8 criteria)
O-DT/u/sqt/v/7/a	R^2=.43	B. (6 criteria)

Correlational finding on Happiness and Mixed multiple life-appraisals
Subject code: L4.6

Study HOLLO 1999

Reported in: Holloway, F. ;Carson, J.
Subjective Quality of Life, Psychopathlogy, Satisfaction with Care and Insight: an Exploratory Study.
International Journal of Social Psychiatry, 1999, Vol. 45,.259 - 267. ISSN 0020 7640
Page in Report: 262

Population: Mental patients, followed 3 years, UK 1990-1993

Sample: Non-probability purposive sample

Non-Response: 0

N: 70

Correlate

Authors label: Opportunity

Our classification: Mixed multiple life-appraisals, code L4.6

Measurement:
```
Selfreport on the following questions:
-Local shops are a short walk away
-I travel by car or public transport at least once a week
-When I am sick I can get to see a dokter easily
-I cook meals at least once a week
-I can make myself drinks or snacks whenever I want do
-I do some jobs in the home
-I have a pet
-I  enjoy what I do during the day
-What I do during the day is help or value to others
-I am being taught some new skill
```

Remarks: Subscale of Life Experience Checklist(LEC) [Ager 1990]

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.53 p<.000	
O-DT/u/sqt/v/7/a	rpc=+.50 p<.000	rpc controled for depression as measured with Beck Depression Inventory

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Correlational finding on Happiness and Mixed multiple life-appraisals
Subject code: L4.6

Study HOLLO 1999

Reported in: Holloway, F. ;Carson, J.
Subjective Quality of Life, Psychopathlogy, Satisfaction with Care and Insight: an Exploratory Study.
International Journal of Social Psychiatry, 1999, Vol. 45,.259 - 267. ISSN 0020 7640
Page in Report: 262

Population: Mental patients, followed 3 years, UK 1990-1993

Sample: Non-probability purposive sample

Non-Response: 0

N: 70

Correlate

Authors label: Life Expierience Checklist (LEC)

Our classification: Mixed multiple life-appraisals, code L4.6

Measurement: Selfreport on the follwing questions:

Home
- My home has more rooms
- My home is well decoreated
- My home is carpeted and comfortable furniture
- My home has a garden
- I have never been attacked by someone at home
- I have never had anything of mine stolen from home
- I use a telephone at home at least once a week
- My home have a central heating
- Visitors have sometimes said how nice they think my home is
- I have my own room(or share with my partner only)

Leisure
-I visit friends or relatives for a meal at least once a month
-I go to a cafe or restaurant for a meal at least once a month
-I do some sport at leat once a month
-I go to a local club, class or
 meeting at least once a month
-I go to the cinema or theatre at least once a month
-I go out to meet friends or relatives at least once a week
-I go away on holiday for at least two weeks each year
-I go to church (or some place) at least once a month
-I have a hoby or interst
-There is lots for me to do at home

Relationships
-I have several close friends
-I feel loved and accepted by those who live with me
-I ame called by my first name by those who live with me
-Some peopple address me formally
-I am married or steady partner
-I have friends to stay with me at home at least once a year
-When I ame sad ther are people who listen to me and help me
-There are both men and women living in my home
-I stay overnight with friends at least once a year

-I get on well with my family

Freedom
-I have several close friends
-I feel loved and accepted by those who live with me
-I ame called by my first name by those who live with me
-Some peopple address me formally
-I am married or steady partner
-I have friends to stay with me at home at least once a year
-When I ame sad ther are people who listen to me and help me
-There are both men and women living in my home
-I stay overnight with friends at least once a year
-I get on well with my family

Oppertunities
-Local shops are a short walk away
-I travel by car or public transport at least once a week
-When I am sick I can get to see a dokter easily
-I cook meals at least once a week
-I can make myself drinks or snacks whenever I want do
-I do some jobs in the home
-I have a pet
-I enjoy what I do during the day
-What I do during the day is help or value to others
-I am being taught some new skill

Remarks: Life Experience Checklist (LEC) [Ager 1990}

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/7/a	r=+.46 p<.000	
O-DT/u/sqt/v/7/a	rpc=+.48 p<.000	rpc controled for depression as measured with Beck Depression Inventory(BDI)

Correlational finding on Happiness and Mixed multiple life-appraisals
Subject code: L4.6

Study WARR 1979

Reported in: Warr, P.;Cook, J.;Wall, T.
Scales for the Measurement of Social Work Attitudes and Aspects of Psychological.
Journal of Occupational Psychology, 1979, Vol. 52, 129 - 148. ISSN 0305 8107
Page in Report: 140

Population: Factory workers, blue collar, UK, 1977

Sample:

Non-Response:

N: 590

Correlate

Authors label: Total life satisfaction (1)

Our classification: Mixed multiple life-appraisals, code L4.6

Measurement: 15-item index of questions on life satisfaction. Typical items:
- What you are accomplishing in life
- Your social life
Answers scored on a seven point scale ranging from"extremely dissatisfied"(1) to "extremely satisfied"(7).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/ab	r=+.43 p<.01	controlled for age rpc=+.43 controlled for skill rpc=+.43

Correlational finding on Happiness and Mixed multiple life-appraisals
Subject code: L4.6

Study WARR 1979

Reported in: Warr, P.;Cook, J.;Wall, T.
Scales for the Measurement of Social Work Attitudes and Aspects of Psychological.
Journal of Occupational Psychology, 1979, Vol. 52, 129 - 148. ISSN 0305 8107
Page in Report: 140

Population: Factory workers, blue collar, UK, 1977

Sample:

Non-Response:

N: 590

Correlate

Authors label: Total life satisfaction (2)

Our classification: Mixed multiple life-appraisals, code L4.6

Measurement: 15-item index of questions on life satisfaction. Typical items:
- What you are accomplishing in life
- Your social life
Answeres scored on a seven point scale ranging from"extremely dissatisfied"(1) to "extremely satisfied"(7).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/v/7/a	r=+.66 p<.01	controlled for age rpc=+.66 controlled for skill rpc=+.66

Correlational finding on Happiness and Mixed multiple life-appraisals
Subject code: L4.6

Study ZAUTR 1977

Reported in: Zautra, A.,;Beier, E.;Cappel, L.
The Dimension of Life Quality in a Community.
American Journal of Community Psychology, 1977, Vol. 5, 85 - 97. ISSN 0091 0562 DOI:10.1007/BF00884787
Page in Report: 88-92

Population: 18+ aged, general public, Salt Lake County, USA, 197?

Sample:

Non-Response: 15%

N: 454

Correlate

Authors label: Personal life-style evaluation (1)

Our classification: Mixed multiple life-appraisals, code L4.6

Measurement: Factor loading on the following domain satisfactions:
-Quality of spare time use
-Time to do things
-Oneself and accomplishments
-Goods and services available
All four domain satisfactions were measured by a single direct question.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sqt/v/7/a	r=+.36	

Correlational finding on Happiness and Mixed multiple life-appraisals
Subject code: L4.6

Study ZUMA 1989

Reported in: Zentrum fur Umfrageforschung Mannheim (ZUMA)
Wohlfahrtsurveys 1978,1980,1984,1988.
Unpublished data-set. Especially prepared for the World Database of Happiness.
Page in Report:

Population: 18+ aged, general public, West-Germany, 1978-88

Sample:

Non-Response: ?

N: 2100

Correlate

Authors label: Alienation (4)

Our classification: Mixed multiple life-appraisals, code L4.6

Measurement:

```
Now I am going to read aloud some
reactions on various life-problems.
Please tell me after each sentence if these answers ,if
applied to yourself, would be : completely correct, rather
correct, rather not correct, completely incorrect.

- 'I am often feeling lonesome'
- 'My work does not really give me
   any pleasure at all'
- 'Life has become so complicated       nowadays that I
hardly feel
   anywhere at ease '
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-HL/c/sq/v/4/b SNR=

	eta	G	r	ß
1978	+.32	+.52	+.32	+.25
1980	+.34	+.56	+.33	+.27
1984	+.34	+.57	+.33	+.29
1988	+.33	+.53	+.33	+.27

ß's controlled for age, gender, perceived class and marital status.

Correlational finding on Happiness and Life-adjustment inventories
Subject code: L4.7

Study ABDEL 2006A/1

Reported in: Abdel-Khalek, A.M.
Measuring Happiness by a Single Item Scale.
Social Behavior and Personality, 2006, Vol.34, 139 - 150. ISSN 0301 2212
Page in Report: 19

Population: Secondary school students, Kuwait 2002

Sample: Non-probability chunk sample

Non-Response: 0

N: 472

Correlate

Authors label: Oxford Happiness Inventory

Our classification: Life-adjustment inventories, code L4.7

Measurement:
29 item "Oxford Happines Inventory"(OHI)
A I feel happy.
B I am particulerly optimistic about the future.
C I am really satified with anything in my life.
D I feel that I am in control of my life.
D I don't feel that life is particularly rewarding.
E I feel particularly pleased with the way I am.
F I never have a good influence on events
G I get by in life.
H I am interested in other people
I I find it easy to make decisions
J I find it easy to get started to do things.
K I mostly wake up feeling rested
L I feel energetic
M I think things have a particular "sparkle"
N I feel mentally alert
O I feel healthy
P I have warm feelings towards others
Q I have happy memories of the past
R I am often in a state of joy or elation.
S There is no gap between what I would like to do and what I have done

T I can organize my time very well
U I have fun with other people
V I a cheerful effect on others
W I have a sense of meaning and purpose in my life
X I have feelings of commitment and involvement
Y I think the world is a good place
Z I laugh often
AA I think I look attractive
AB I find things amusing
Responses rated on 4-step scale

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/ol/11/a	r=+	males r = +.56 females r = +.60

Correlational finding on Happiness and Life-adjustment inventories
Subject code: L4.7

Study BERNH 2006

Reported in: Bernheim, J.L.;Theuns P.; Mazaheri, M.; Hofmans, J.; Fliege, H.; Rose, M.
The Potential of Anamnestic Comparative Self Assessment (ACSA) to Reduce Bias in the Measurement of Subjective Well-Being.
Journal of Happiness Studies, 2006, Vol. 7, 227 - 250 ISSN p 1389 4978; ISSN e 1573 7780
DOI:10.1007/s10902-005-4755-0 doi:10.1007/s10902-005-4755-0
Page in Report: 233/235

Population: Patients university hospital, Berlin, Germany 1990-2003

Sample: Non-probability chunk sample

Non-Response:

N: 2584

Correlate

Authors label: LSI

Our classification: Life-adjustment inventories, code L4.7

Measurement: Life Satisfaction Inventory (LSI), 14 item questionnaire dealing with satisfaction with domains of life such as family, sex-life and health (Munthy 1991)

Remarks: The question on happiness used below was the last and 15th item in this questionnaire

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/v/5/q	r=+.57 p<.001	

Correlational finding on Happiness and Life-adjustment inventories
Subject code: L4.7

Study HEADE 1981

Reported in: Headey, B.
The Quality of Life in Australia
Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/BF00286195
Page in Report: 165

Population: Adults, general public, Australia 1978

Sample: Probability sample (unspecified)

Non-Response: not reported

N: 679

Correlate

Authors label: Self-fulfillment index

Our classification: Life-adjustment inventories, code L4.7

Measurement:
```
Index of 6 single questions on satisfaction with:
a: The sense of purpose and meaning in your life
b: What are you accomplishing in your life
c: How intersting is your day-to-day-life
d: Extent to which you are developing yourself and
broadening your life
e: Extent to which you are achieving succes and getting
ahead
f: How exciting is your life
All scored on a 1-9 D-T rating scale, summation by average.
```

Measured Values: M = 6.1 SD = 1.0

Remarks:
```
All items scored on the same rating scale as the question
on happiness.
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-DT/u/sqt/v/9/a	r=+.73 p<.001	
O-DT/u/sqt/v/9/a	Beta=+.40	all cases, Beta's controlled for satisfaction with - sex life - problem handling - family activities - work around the house - mother - health - house - standard of living - assertiveness - friends - fun and enjoyment - marriage
O-DT/u/sqt/v/9/a	Beta=+.43	marrieds only Beta's controlled for satisfaction with - sex life - problem handling - family activities - work around the house - mother - health - house - standard of living - assertiveness - friends - fun and enjoyment - marriage

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Correlational finding on Happiness and Life-adjustment inventories
Subject code: L4.7

Study HEADE 1993

Reported in: Headey, B.; Kelley, J.; Wearing, A..
Dimensions of Mental Health: Life Satisfaction, Positive Affect, Anxiety and Depression.
Social Indicators Research, 1993, Vol. 29, 63 - 82. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF01136197
Page in Report: 69

Population: 18-65 aged, Victoria, Australia, followed every 2 years from 1981 to 1987

Sample: Probability stratified sample

Non-Response:

N: 419

Correlate

Authors label: Satisfaction with Life (SWLS) scale

Our classification: Life-adjustment inventories, code L4.7

Measurement: Cognitive measure of life satisfaction, comprising five items:
a In most ways my life is close to ideal
b The conditions of my life are excellent
c I am satisfied with my life
d So far, I have gotten the important things I want in life
e If I could live my life over, I would change nothing'
Answers rated: 7=strongly agree to 1=strongly disagree

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-DT/u/sqt/v/9/a	r=+.67 p<.05	

Correlational finding on Happiness and Life-stress inventories
Subject code: L4.7.1

Study ABBEY 1985

Reported in: Abbey, A.; Andrews, F.M.
Modeling the Psychological Determinants of Life Quality.
Social Indicators Research, 1985, Vol. 16, 1 - 34. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF00317657
Page in Report: 16

Population: Tranquilizer users, Detroit, USA, 1984

Sample: Non-probability purposive-quota sample

Non-Response: 40%

N: 675

Correlate

Authors label: Stress (1)

Our classification: Life-stress inventories, code L4.7.1

Measurement: A combination of 3 indices i.e.: ROLE AMBIGUITY, measured by 5 items assessing 'how sure or unsure' respondents were about their ability to fulfill various demands such as making the right decisions and doing what others expected of them; NEGATIVE LIFE EVENTS measured by respondents' answers to several open-ended questions about the events which they had been ecountering in their lives; SOCIAL CONFLICT, measured with 4 items assessing how much 'some one person' misunderstood or disliked the respondent. Respondents scoring high on all 3 indices were coded high on stress; intermediate score patterns were coded medium on stress; respondents scoring low on all 3 indices were coded low on stress.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-ACO/cw/mq/*/20/a	r=-.52	

Correlational finding on Happiness and Life-stress inventories
Subject code: L4.7.1

Study BAKKE 1974

Reported in: Bakker, P.; VandeBerg, N.
Determinanten en Correlaten van Geluk.(Determinants and Correlates of Happiness).
Unpublished Thesis, Erasmus University Rotterdam, 1974, Netherlands
Page in Report: 29

Population: 20-65 aged, general public, The Netherlands, 1968

Sample:

Non-Response: 34% refusal and unattainable.

N: 1552

Correlate

Authors label: Cluster of variablesassociated with neurosis. (1)

Our classification: Life-stress inventories, code L4.7.1

Measurement: Factor containing:
Female sex; many children; low education; low use of milk; high use of sugar, tobacco, and alcohol; high social mobility; desintegration of family of origin; many worries; dissatisfaction with place of residence, lovelife, S.E.S., and with filling in the questionnaire (see Aakster, 1972).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HP/g/sq/ol/7/a	G=-.67 p<.05	Unaffected by age and sex. Lower among medium S.E.S. Stronger among educational level, except for the highest category. Stronger among formerly married.

Correlational finding on Happiness and Life-stress inventories
Subject code: L4.7.1

Study — BAKKE 1974

Reported in: Bakker, P.; VandeBerg, N.
Determinanten en Correlaten van Geluk.(Determinants and Correlates of Happiness).
Unpublished Thesis, Erasmus University Rotterdam, 1974, Netherlands
Page in Report: 29

Population: 20-65 aged, general public, The Netherlands, 1968

Sample:

Non-Response: 34% refusal and unattainable.

N: 1552

Correlate

Authors label: Cluster of variablesassociated with depression. (1)

Our classification: Life-stress inventories, code L4.7.1

Measurement: Factor containing:
Female sex; many children; low bathing-frequency; high tobacco use; high social mobility; desintegration of family of origin; many worries; dissatisfaction with place of residence, lovelife, and S.E.S.
(see Aakster, 1972).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

O-HP/g/sq/ol/7/a	G=-.55 p<.05	Unaffected by age and sex. Lower among medium S.E.S. Stronger among educational level, except for the highest category. Stronger among formerly married.

Correlational finding on Happiness and Life-stress inventories
Subject code: L4.7.1

Study BEALS 1985

Reported in: Beals, J.
Generational Differences in Well-being for two European Groups.
PhD Dissertation, University of Michigan, 1985, USA
Page in Report: 80

Population: Immigrants from Europe, USA, 1978

Sample:

Non-Response: -

N: 844

Correlate

Authors label: Negative affect (1)

Our classification: Life-stress inventories, code L4.7.1

Measurement:
Index consisting of 2 items:
1. Stress, scored on the following index of closed questions:
- Is your life hard?
- Is your life tied down?
- Do you worry about bills all the time?
- Does anything make you feel frightened or worried?
- Do you ever worry about having a nervous breakdown?
0: not stressful; 1: stressful, scores added.
2. Depression, scored on the question: How often do you feel depressed?
1: rarely, 4: all the time.
Loadings of both items were determined by factor-analysis.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

M-AO/u/mq/*/0/a	r=-.79 p<.01	Immigrants from Western Europe
O-Sum/u/mq/*/0/b	r=-.89 p<.01	Immigrants from Western Europe.
O-Sum/u/mq/*/0/b	r=-.56 p<.01	Immigrants from Eastern and Southern Europe.
M-AO/u/mq/*/0/a	r=-.62 p<.01	Immigrants from Eastern and Southern Europe

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Correlational finding on Happiness and Life-stress inventories
Subject code: L4.7.1

Study — BERKM 1971

Reported in: Berkman, P.L.
Life Stress and Psychological Well-Being: A Replication of Langner's Analysis in the Midtown Manhatten Study.
Journal of Health and Social Behavior, 1971, Vol. 12, 35 - 45 ISSN:0022 1465
Page in Report: 43

Population: Adult,, general public, non-institutionalized, USA, Alameda County, USA, 1965

Sample:

Non-Response:

N: 6928

Correlate

Authors label: Adult stress (1)

Our classification: Life-stress inventories, code L4.7.1

Measurement:
```
A 5-item index containing:
1: poor interpersonal relations
2: self-evaluated comparative
   financial status
3: physical health
4: parental worries
5: marital satisfaction
Combined into an 11-point scale.
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

A-BB/u/mq/v/3/a DMr=-

Married subjects only(N=2534)
proportion happy:

low stress	0	1.0%	AR= .69
	1	5.1%	AR= .70
	2	9.9%	AR= .65
	3	15.1%	AR= .61
	4	18.0%	AR= .52
	5	16.5%	AR= .46
	6	15.0%	AR= .44
	7	9.2%	AR= .37
	8	6.1%	AR= .30
	9	3.0%	AR= .25
high stress	10	1.1%	AR= .19

The average ridits (AR) were calculated with the distribution of the total sample as reference (N=6828)

Correlational finding on Happiness and Life-stress inventories
Subject code: L4.7.1

Study COHEN 1982

Reported in: Cohen, P.; Struening, E.L.; Muhlin, G. L.; Genevie, L. E; et al
Community Stressors, Mediating Conditions and Well-Being in Urban Neighbourhoods.
Journal of Community Psychology, 1982, Vol. 10, 377 - 391
Page in Report: 386

Population: 18-55 aged, general public, New York City, 1979

Sample:

Non-Response:

N: 602

Correlate

Authors label: Joint effects (1)

Our classification: Life-stress inventories, code L4.7.1

Measurement:
1: demographic status
2: ses variables
3. stressors
4. social support
5. evaluation of status
6: coping beliefs
7: stress x social support (interaction)
8: stressors x coping belief (interaction)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BC/cm/mq/v/4/a	R^2=.31 p<.01	Increment in R^2 when entered in the following order: 1: .02 2: .08 3: .08 4: .02 5: .08 6: .03 7: .00 8: .00

Correlational finding on Happiness and Life-stress inventories
Subject code: L4.7.1

Study ORMEL 1980

Reported in: Ormel, J.
Moeite met Leven of een Moeilijk Leven. (Difficulties with Living or a Difficult Life).
Konstapel, 1980, Groningen, Netherlands
Page in Report: 350,220,31

Population: 15-60 aged, general public, followed 12 month, The Netherlands, 1967-77

Sample:

Non-Response: 18%

N: 296

Correlate

Authors label: Psycho-social burdens (1)

Our classification: Life-stress inventories, code L4.7.1

Measurement:
Major prolonged burdening problems as assessed in a structured interview.
1. Strictly personal problems like strong feelings of loneliness, fear, depression or inferiority.
2. Interpersonal problems like unsatisfactory sexual relation with partner or permanent quarrels with neighbours.
3. Health problems like chronic heart-disease or prolonged revalidation.
4. Housing problems like too little space or bad condition of the house.
5. Problems in the jobsituation like too much overtime, working in shifts or doing work for which got no

training.
6. Financial problems like high mortgage rates or having to pay off debts.
7. Abnormal behaviour like alcoholism. or problems with the law.

Problems were scored for burdeningness on a 7-point scale by an expert-panel on the basis of interview-protocols. Social and economic background of the Ss were taken into account.

Problems were separated into two categories, according to the origin of the burden.
a SELF INDUCED BURDENS
- The event or the problem is caused by a voluntary action of the subject, like marriage or buying a house.
- The event is caused by evident inadequate psychic functioning like a road accident caused by careless driving.

b EXTERNALLY INDUCED BURDENS
The event or the problem is not caused by voluntary action of the subject like death of a family-member.

Assessed at T2(1976)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cw/mq/v/4/c	r=-.43 p<.01	T2 happiness by T2 self-induced burdens
A-BB/cw/mq/v/4/c	r=-.45 p<.01	T3 happiness by T2 self-induced burdens
A-BB/cw/mq/v/4/c	ßL=-.22	T2 happiness by T2 self-induced burdens. ßL path coefficient in a LISREL model, also involving neuroticism, selfesteem, internal control, intimacy with partner, adequacy of coping and externally-induced burdens. Self-induced burdens are related to: - Adequacy of coping (ßL=-.40), which on its turn is related to internal control (ßL=+.15), self-esteem(ßL=+.16) and neuroticism (ßL=-.18). - Intimacy with partner (ßL=-.24),which on its turn is related to internal control (ßL=+.13) and neuroticism (ßL=-.23). - Neuroticism (ßL=+.33) - Internal control (ßL=-.22)

A-BB/cw/mq/v/4/c	ßL=-.39	T2 happiness by T2 self-induced burdens. Simplified LISREL model (omitting intimacy and adequacy of coping) EXTERNALLY INDUCED BURDENS
A-BB/cw/mq/v/4/c	r=-.21 p<.01	T2 happiness by T2 externally-induced burdens
A-BB/cw/mq/v/4/c	r=-.23 p<.01	T3 happiness by T2 externally-induced burdens
A-BB/cw/mq/v/4/c	ßL=-.15	T2 happiness by T2 externally-induced burdens. ßL path coefficient in a LISREL model, also involving neuroticism, selfesteem, internal control, intimacy with partner, adequacy of coping and self-induced burdens. Externally induced burdens are related to internal control (ßL=-.28)
A-BB/cw/mq/v/4/c	ßL=-.21	T2 happiness by T2 externally-induced burdens Simplified model(ommitting intimacy and adequacy of coping)

Correlational finding on Happiness and Life-stress inventories
Subject code: L4.7.1

Study — SCHUL 1985B

Reported in: Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H.
Lebensqualität in Osterreich. (Quality-of-Life in Austria).
Research paper nr 10/1, Institut für Soziologie, University of Vienna, 1985, Austria
Page in Report: 143

Population: Adults, non-institutionalized, Austria, 1984

Sample:

Non-Response: ?

N: 1776

Correlate

Authors label: Satisfacion (1)

Our classification: Life-stress inventories, code L4.7.1

Measurement:
```
1 Psychosomatic symptoms
2 Satisfaction with physical health
3 Material satisfaction
4 Satisfaction with partner
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-Sum/c/mq/v/5/a	R^2=.35 p<.05	Retired 60+ aged (N=304)

Correlational finding on Happiness and Life-stress inventories
Subject code: L4.7.1

Study — WONG 1985

Reported in: Wong, N.W.
Effects of Individual Sources of Support on Well-Being in Employed Parents.
PhD Dissertation, University of Michigan, 1985, USA
Page in Report: 32,86,121,137,140143

Population: Working parents with children <16, USA, 1984

Sample: Non-probability purposive sample

Non-Response: 59-79%

N: 651

Correlate

Authors label: Stress of combining job and parenting

Our classification: Life-stress inventories, code L4.7.1

Measurement:
```
"Here are some things people may say about combining work
and family life. To what extent do you agree or disagree
with the following statements about your life as a working
parent?"
a. My work schedule fits well with my family needs*.
b. There's no room in my schedule for anything out of the
ordinary (e.g., a transportation delay.)
c.My child care arrangements are good for my children*.
d. I have enough time to spend with my family*.
e. I have to impose on others to help with child care.
f. I have enough free time for myself*.
g. I have more to do than I can handle comfortably.
h. I have rush to get to work on time.
i. I have time to relax with my family after work*.
j. My child care arrangements create a burden for others.
k. I have to rush home from work in time to meet my family
responsibilities.
l. I have enough time for household tasks*.
```

Rated: 1 = Strongly disagree, 2 = disagree,3 = neither agree nor disagree, 4 = agree, 5 = Strongly agree.
* Items reverse-coded

Error Estimates: Alpha = .87

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/c/sq/v/3/aa	r=-.29 p<.001	Married Fathers
O-SLW/u/sq/v/4/i	r=-.25 p<.001	
O-HL/c/sq/v/3/aa	r=-.34 p<.001	Married Mothers
O-SLW/u/sq/v/4/i	r=-.60 p<.001	
O-HL/c/sq/v/3/aa	r=-.40 p<.01	Single Mothers
O-SLW/u/sq/v/4/i	r=-.42 p<.001	
O-HL/c/sq/v/3/aa	Beta=+.08 p<.01	Married Fathers
O-SLW/u/sq/v/4/i	Beta=+.10 p<.01	
O-HL/c/sq/v/3/aa	Beta=-.06 p<.01	Married Mothers
O-SLW/u/sq/v/4/i	Beta=-.08 p<.01	
O-HL/c/sq/v/3/aa	Beta=-.07 p<.01	Single Mothers
O-SLW/u/sq/v/4/i	Beta=+.12 p<.01	Beta's controlled for: - age - education - income - organization (place of employment) - stress - support from friends/neighbors/relatives - support from co-workers - support from supervisors

---

Correlational finding on Happiness and Life-stress inventories
Subject code: L4.7.1

Study ZAUTR 1977

Reported in: Zautra, A.,;Beier, E.;Cappel, L.
The Dimension of Life Quality in a Community.
American Journal of Community Psychology, 1977, Vol. 5, 85 - 97. ISSN 0091 0562 DOI:10.1007/BF00884787
Page in Report: 88-92

Population: 18+ aged, general public, Salt Lake County, USA, 197?

Sample:

Non-Response: 15%

N: 454

Correlate

Authors label: Life crisis (1)

Our classification: Life-stress inventories, code L4.7.1

Measurement:
```
Factor loading on:
-Negative affect:
 measured by Negative Affect Scale,
 see BRADB 69
-Survey of recent events:
 to assess the magnitude of life
 changes experienced by respondent
 during last year, the Holmes & Rahe
 Survey of Recent events was used.
 (Holmes & Rahe 1967)
-22-item psychiatric screening
 inventory: used to assess psychiatric
 symptoms. (Langner 1963)
-Requests for assistance:
 measured by a checklist of
 professional agencies indicating how
 many places the respondent had
 requested help for"personal problems
 in living".
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sqt/v/7/a	r=-.26	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study CLEME 1980/3

Reported in: Clement, F.J.
De la Variation de Quelques Traits de Personalité en Fonction, notamment, de l'Age, du Sexe et du Niveau Intellectuel. (The Variation of Certain Personality Traits in Relation to Age, Sex, and Intelligent Level).
Psychologie Francaise, 1980, Vol. 25, 95 - 113
Page in Report: 102

Population: Adult women, France, 1975

Sample:

Non-Response:

N: 1893

Correlate

Authors label: Satisfaction brought by life. (1)

Our classification: Psychological-morale inventories, code L4.7.2

Measurement: Factor of a degree of satisfaction, derived from responses on the Heron (1967) personality inventory: most items in this inventory were drawn from the MMPI, 16 PF Cattel, Wesley rigidity scale and LSI-A.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HL/u/sq/ol/9/a	r=+.49 p<.001	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study DEGRO 2003

Reported in: DeGroof, S.; Elchardus, M.
Onderzoek naar de Effecten van langdurige Pensionering. Deelrapport 1: Welzijn. (Investigation to the Effects of long-term Retirement. Section 1: Wellbeing).
Free University Brussels, Research Group TOR, Report 2003/13, Brussels, Belgium. http://www.vub.ac.be/TOR/
Page in Report: 17

Population: 75 aged, Flanders, 2002

Sample: Probability stratified sample

Non-Response: 40%

N: 1460

Correlate

Authors label: Well-being assessed by LSI

Our classification: Psychological-morale inventories, code L4.7.2

Measurement:

```
Life Satisfaction Index:
1.As I look back on my life, I am fairly well satisfied
2.Compared to other people my age, I make good appearance
3.I've gotten pretty much what I expected out of life
4.I feel my age, but it does not bother
5.The things I dop are as interesting to me as they ever
were
6.I would not change my past life even if I could
7.I am just as happy as when I was younger
8.I have gotten more of the breaks in life than most of the
people I know
9.In spite of what people say, the lot of the average man
is getting worse, not better
10.As I grow older, things seem better than I thought they
would be
11.I expect some interesting and pleasant things to happen
to me in the future
12.My life could be happier than it is now
13.I have made plans for things I'll be doing  a month or a
year from now
14.These are the best years of my life
15.I feel old and somewhat tired
16.When I think back over my life, I didn't get most of the
important things I wanted
17.This is the dreariest time of my life
18.Compared to other people, I get down  in the dumps too
often
19.Most of the things I do are boring or monotonous
20.Compared to other people my age, I've made a lot of
foolish decisions in my life

00: Disagree
01: Agree
```

Measured Values: 01: 1=91,9%; 2= 80,9%; 3=80,3%; 4=67,9%; 5=67,4%; 6=63,0%; 7=57,1%; 8=53,3%; 9=47,1%; 10=43,6%; 11=43,3%; 12=43,1%; 13=34,8%; 14=29,5%; 15=27,2%; 16=20,9%; 17=17,7%; 18=13,3%; 19=31,1%; 20=8,5%.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*	
O-HL/se/sq/lg/11/b	DM=+	Level of happiness	average LSI
		- low	37,3
		- middle	61,8
		- high	82,9

O-HL/se/sq/lg/11/b r=+.57

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study ERDMA 1981/2

Reported in: Erdman, R.A.
Welbevinden bij Hartpatienten. (Well-Being of Heartpatients).
Thesis Erasmus University Rotterdam, 1981, Swets & Zeitlinger, Lisse, Netherlands. ISBN 90 265 0370 9
Page in Report: 102

Population: Heart patients, The Netherlands 1978-1979

Sample: Non-probability chunk sample

Non-Response: 6,0%

N: 1752

Correlate

Authors label: Well-being

Our classification: Psychological-morale inventories, code L4.7.2

Measurement:
```
Factor derived from responses to MPVH questionnaire. High
loading items are:
- I feel relaxed lately
- I feel fit
- I feel happy
- I feel healthy
- I feel quiet
- I feel pleasant
- I feel relaxed
- I feel confedence
- I feel certain
- I feel of good health
- I feel satisfied
- I feel pretty
```

Remarks: `We have reverse the original data`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*		
M-TH/g/sq/v/4/b	DM=+ p<.001		Well-being	
		-happy (4)	M = 26,44	SD = 7,99
		-unhappy (1-3)	M = 20,45	SD = 7,17
		difference	M = 5,99	SD = 0, 72

M-TH/g/sq/v/3/d	DM=+ p<.001	-happy (3)	M = 26.12	SD = 8.16
		-unhappy (1-2)	M = 19.63	SD = 6.87
		difference	M = +5.49	SD = 1.29

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study

HERMA 1973

Reported in: Hermans, H.J.;Tak-VandeVen, J.C.
Bestaat er een Oorspronkelijke Dimensie:"Positief Innerlijk Welbevinden"? (Are there Arguments in Favor of an Original Dimension "Positive Psychological Well-Being"?)
Nederlands Tijdschrift voor de Psychologie, 1973, Vol. 27, 731 - 754. ISSN 0028 2235
Page in Report: 738/740

Population: Secondary school pupils, The Netherlands, 197?

Sample:

Non-Response: 2%

N: 291

Correlate

Authors label: Positive inner well-being (1)

Our classification: Psychological-morale inventories, code L4.7.2

Measurement: 17-item index of closed questions on pleasure, feeling happy, having life- goals, laughing, energy level, self-consciousness, trust in others, activi- ty level, satisfaction with social par- ticipation, positive outlook on life, self-confidence, trust in own feelings, health, satisfaction with hobbies, love for children, sense of freedom, and in- terest in environment (selected items from the Inner Well-Being question- naire).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-TH/g/sq/v/4/b	r=+.55	
M-TH/g/sq/v/3/d	r=+.40	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study HERMA 1973

Reported in: Hermans, H.J.;Tak-VandeVen, J.C.
Bestaat er een Oorspronkelijke Dimensie:"Positief Innerlijk Welbevinden"? (Are there Arguments in Favor of an Original Dimension "Positive Psychological Well-Being"?)
Nederlands Tijdschrift voor de Psychologie, 1973, Vol. 27, 731 - 754. ISSN 0028 2235
Page in Report: 738/740

Population: Secondary school pupils, The Netherlands, 197?

Sample:

Non-Response: 2%

N: 291

Correlate

Authors label: Negative inner well-being (1)

Our classification: Psychological-morale inventories, code L4.7.2

Measurement: 19-item index of closed questions on feelings of worthlessness, inferiority, powerlessness, anxiety, inner empti- ness, loneliness, guilt, boredom and jealousy, degree of depressiveness, unhappiness, self-alienation, worries, self-dislike and lack of confidence, and perceived distance between oneself and others (selected items from the Inner Well-Being questionnaire).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-TH/g/sq/v/4/b	r=-.36	
M-TH/g/sq/v/3/d	r=-.60	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study KAMMA1983/1*

Reported in: Kammann, R.; Flett, R.
Sourcebook for Measuring Well-Being with Affectometer 2.
Why Not? Foundation, 1983, Dunedin, New Zealand
Page in Report: 34

Population: 18+ aged, general public, non-institutionalized, New Zealand, 1983

Sample:

Non-Response: 61%

N: 118

Correlate

Authors label: General well-being (1)

Our classification: Psychological-morale inventories, code L4.7.2

Measurement: Principal component (well-being) obtained by factoranalysis of the following indices:

01	Affectometer 1	96 items
02	Index of Affect	8 items
03	Circles scale	1 item
04	EPI Neuroticism	24 items
05	Affect Balance Scale	10 items
06	7-Step Happiness	1 item
07	Net Time Happy	2 items
08	Sum of Satisfactions	34 items
09	Life as a Whole	1 item
10	3-Step Happiness	1 item
11	Elation - Depression	1 item
12	Faces	1 item
13	Index of Stress	6 items

Remarks: a=loading of happiness indicator on a factor of which it is part.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-GBB/u/sq/c/9/a	a=+.77	Happiness is nr. 2 in the factor pool.
A-BB/cm/mq/v/2/a	a=+.73	Happiness is nr. 5 in the factor pool.
M-FH/c/sq/v/7/a	a=+.71	Happiness is nr.6 in the factor pool.
A-ARE/md/mq/th%/100/a	a=+.69	Happiness is nr. 7 in the factor pool.
O-DT/u/sq/v/7/a	a=+.63	Happiness is nr.9 in the factor pool.
O-HL/c/sq/v/3/aa	a=+.43	Happiness is nr. 10 in the factor pool.
A-AOL/md/sq/v/10/a	a=+.43	Happiness is nr. 11 in the factor pool.

M-AO/u/sq/f/7/a	a=+.42	Happiness is nr. 12 in the factor pool.
A-BK/cw/mq/v/5/a	a=+.88	Happiness is nr. 13 in the factor pool.

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study KOLOT 2002

Reported in: Kolotlin, R; Crosby, R.
Psychometric Evaluation of the Impact of Weight on Quality of Life-Lite Questionnaire (IWQOL-Lite) in a Community Sample.
Quality of Life Research, 2002, Vol. 11, 157 - 171. ISSN 0962 9343. DOI:10.1023/A:1015081805439
Page in Report: 166

Population: 18+aged, overweight, USA, 199?.

Sample: Non-probability accidental sample

Non-Response: 0

N: 494

Correlate

Authors label: Total score

Our classification: Psychological-morale inventories, code L4.7.2

Measurement: IWQOL-Lite (Kolotlin & Crosby, 2001)
Summary of all scale scores (physical function, self-esteem, sexual function, public disress and work).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-QLS/u/sq/v/5/a	r=+.56 p<.001	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study LAI 2005

Reported in: Lai, K.; Tzeng, R.; Wang, B.; Lee, H.; et al.
Health-Related Quality of Life and Health Utility for the Institutional Elderly in Taiwan.
Journal of Quality of Life Research, 2005, Vol. 14, 1169 - 1180. ISSN 0962 9343. DOI 10.1007/s11136-004-3061-3
Page in Report: 1173-1178

Population: Elderly living in long-term care settings, Taiwan 2000

Sample: Probability simple random sample

Non-Response: 9%

N: 465

Correlate

Authors label: Psychological domain

Our classification: Psychological-morale inventories, code L4.7.2

Measurement:
```
Selfreport on 6 questions about psychological matters in
the last four weeks:
a. Positive feelings.
   Q5: How much do you enjoy life?
b. Spirituality.
   Q6: To what extent do you feel your
   life to be meaningful?
c. Thinking, learning, memory, and
   concentration.
   Q7: How wll are you able to
   concentrate?
d. Bodily image and appearance.
   Q11: Are you able to accept your
   bodily appearance?
e. Self-esteem.
   Q19: How satisfied are you
   with yourself?
f. Negative feelings.
   Q26: How often do you have negative
   feelings such as blue mood, despair,
   anxiety, depression?

Subscale of Taiwan's abbreviated version of the WHOQOL-BREF
```

Measured Values: Range 4-20 : Mean=11,20; SD=2,50; Median=11,33; Mode=12.

Error Estimates: Cronbach's alfa 0,78 > 0,70

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-QOL/cm/sq/v/5/a	r=+.33 p<.001	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study

LAI 2005

Reported in: Lai, K.; Tzeng, R.; Wang, B.; Lee, H.; et al.
Health-Related Quality of Life and Health Utility for the Institutional Elderly in Taiwan.
Journal of Quality of Life Research, 2005, Vol. 14, 1169 - 1180. ISSN 0962 9343. DOI 10.1007/s11136-004-3061-3
Page in Report: 1173-1176

Population: Elderly living in long-term care settings, Taiwan 2000

Sample: Probability simple random sample

Non-Response: 9%

N: 465

Correlate

Authors label: Social relationships domain

Our classification: Psychological-morale inventories, code L4.7.2

Measurement:
```
Selfreport on 3 questions about social relationships in the
last four weeks:
a. Personal relationships.
   Q20: How satisfied are you with your
   personal relationships?
b. Sexual activity.
   Q21: How satisfied are you with your
   sex life?
c. Social support.
   Q22: How satisfied are you with the
   support you get from your friends?

Social relationships (TW) Domain
Subscale of Taiwan's abbreviated version of the WHOQOL-BREF
```

Measured Values: Range=4-20 : Mean=12,45; SD=2,37; Median=12; Mode=12.

Error Estimates: Cronbach;'s alfa: 0,78; >0,70

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-QOL/cm/sq/v/5/a	r=+.19 p<.001	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study

LEWIS 2001

Reported in: Lewis, C.A.; McCollam, P.; Joseph, S.
Convergent Validity of The Depression-Happiness Scale with the Memorial University of Newfound Scale of Happiness.
Psychological Reports, 2001, Vol 88, 471-472.
Page in Report: 471-472

Population: University Students, Northern Ireland, 1999

Sample: Non-probability chunk sample

Non-Response: 0

N: 52

Correlate

Authors label: MUNSH total scale

Our classification: Psychological-morale inventories, code L4.7.2

Measurement:

```
Memorial University of Newfoundland Scale of Happiness
(MUNSH):
In the past months have you been feeling:
 1.On top of the world?(PA)
 2.In high spirits?(PA)
 3.Particulary content with your        life?(PA)
 4.Lucky?(PA)
 5.Bored?(NA)
 6.Very lonely or remote from other
   people?(NA)
 7.Depressed or very unhappy?(NA)
 8.Flustered because you didn't know
   what was expected  of you?(NA)
 9.Bitter about the way your life     turned out?(NA)
10.Generally satisfied with the way your life has turned
out?(PA)

The next 14 questions have to do with more general life
experience.
11.This is the dreariest time of my life. (NE)
12.I am just as happy as when I was younger.(PE)
13.Most of the things I do are boring or monotonous. (NE)
14.The things I do are as interesting to me as they ever
were.(PE)
15.As I look back on my life, I am fairly well
satisfied.(PE)
16.Things are getting worse as I get older.(NE)
17.How much do you feel lonely?(NE)
18.Little things bother me more this year.(NE)
19.If you could live where you wanted, where would you
live?(PE)
20.I sometimes feel that life isn't worth living.(NE)
21.Iam as happy now as I was when I was younger.(PE)
22.Life is hard for me most of the time.(NE)
23.How satisfied are you with your life today?(PE)
24.My health is the same or better than most people's my
age.(PE)

PA= positive affects
```

```
NA= negative affects
PE= general positive effects
NE= general negative effects
Scoring:Yes= 2; Don't know= 1; No= 0.
Item 19:Present Location= 2; Other location= 0.
Item 23: Satisfied= 2; Not Satisfied= 0
MUNSH Total= PA- NA+ PE- NE
```

Measured Values: Range: 0-58, M = 32,85, SD = 10,71

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BMc/cw/mq/v/4/a	r=+.80 p<.001	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study LEWIS 2001

Reported in: Lewis, C.A.; McCollam, P.; Joseph, S.
Convergent Validity of The Depression-Happiness Scale with the Memorial University of Newfound Scale of Happiness.
Psychological Reports, 2001, Vol 88, 471-472.
Page in Report: 471-472

Population: University Students, Northern Ireland, 1999

Sample: Non-probability chunk sample

Non-Response: 0

N: 52

Correlate

Authors label: MUNSH Positive Affect

Our classification: Psychological-morale inventories, code L4.7.2

Measurement:

```
Positive Affect Subscale of Memorial University of New
Foundland Scale

Items not reported.
```

Measured Values: Range: 0-10, Mean: 6.63; SD: 2.95

Error Estimates: Cronbach Alpha: .77

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BMc/cw/mq/v/4/a	r=+.80 p<.001	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study — LEWIS 2001

Reported in: Lewis, C.A.; McCollam, P.; Joseph, S.
Convergent Validity of The Depression-Happiness Scale with the Memorial University of Newfound Scale of Happiness.
Psychological Reports, 2001, Vol 88, 471-472.
Page in Report: 472-472

Population: University Students, Northern Ireland, 1999

Sample: Non-probability chunk sample

Non-Response: 0

N: 52

Correlate

Authors label: MUNSH Positive Experiences

Our classification: Psychological-morale inventories, code L4.7.2

Measurement:
```
Positive Experiences Scale
of the Memorial University of New Foundland Scale

Items not reported.
```

Measured Values: Range: 0-10, Mean: 9.01; SD: 3.51

Error Estimates: Cronbach Alpha .70

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BMc/cw/mq/v/4/a	r=+.58 p<.001	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study — LEWIS 2001

Reported in: Lewis, C.A.; McCollam, P.; Joseph, S.
Convergent Validity of The Depression-Happiness Scale with the Memorial University of Newfound Scale of Happiness.
Psychological Reports, 2001, Vol 88, 471-472.
Page in Report: 471-472

Population: University Students, Northern Ireland, 1999

Sample: Non-probability chunk sample

Non-Response: 0

N: 52

Correlate

Authors label: MUNSH Negative Affect

Our classification: Psychological-morale inventories, code L4.7.2

Measurement: `Negatieve Affect Subscale of the Memorial University of Newfoundland Scale`

`Items not reported.`

Measured Values: Range: 0-10, Mean: 5.79; SD:2.44.

Error Estimates: Cronbach alpha .50

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BMc/cw/mq/v/4/a	r=-.70 p<.001	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study RICE 1979

Reported in: Rice, R.W.; Near, J.P.; Hunt, R.G.
Unique Variance in Job and Life Satisfaction associated with Work-Related and Extra-Workplace Variables.
Human Relations, 1979, Vol. 32, 605 - 623. ISSN 0018 7267
Page in Report: 615

Population: Adult, general public, Western New York State, USA, 1975

Sample:

Non-Response:

N: 1041

Correlate

Authors label: Satisfactions other than life satisfaction (1)

Our classification: Psychological-morale inventories, code L4.7.2

Measurement:
```
Single direct questions:
- Indicate whether the quality of your
  life has improved, stayed the same,
  of gotten worse over time.
- Indicate the status of your health.
- Indicate your perceptions of the
  quality of your neighborhood.
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/v/5/a	R^2=.16 p<.01	

Correlational finding on Happiness and Psychological-morale inventories Subject code: L4.7.2

Study RULE 2006

Reported in: Rule, S.
Religiosity and Quality of Life in South Africa..
Social Indicators Research, 2007, Vol. 81, 417 - 434. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/s11205-006-9005-2
Page in Report: 426

Population: Adults, South Africa, 2004

Sample: Probability multistage stratified area sample

Non-Response:

N: 2799

Correlate

Authors label: Quality of Life

Our classification: Psychological-morale inventories, code L4.7.2

Measurement:
```
Average of 3 indicators:
A: Possession of modern conveniences
   - micro oven
   - washing machine
   - build in kitchen sink
   - hot water
B: Satisfaction with government institutions
   - democracy
   - national government
   - independent electoral commission
   - parliament
C: Life satisfaction

Rated on scale 0 (very low) to 4 (very high)
```

Measured Values: N: 0: 3,5%; 1: 25,6%; 2: 48,2%; 3: 19,1%; 4: 3,6%; Mean 1,9

Remarks: Life satisfaction is part of this index, which causes auto-correlation

---

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/v/5/g	r=+.67 p<.01	

Correlational finding on Happiness and Psychological-morale inventories
Subject code: L4.7.2

Study VEROF 1981

Reported in: Veroff, J.; Douvan, E.; Kulka, R.A.
The Inner American: A Self-Portrait from 1957 to 1976.
Basic Books, 1981, New York, USA. ISBN 0 465 03493 1
Page in Report: 46

Population: 21 aged, general public, non-institutionalized, USA, 1976

Sample:

Non-Response: 29%

N: 2264

Correlate

Authors label: Zest (1)

Our classification: Psychological-morale inventories, code L4.7.2

Measurement: 4 item index of questions on frequency of feelings:
- My mind is as clear as it used to be.
- I find it easy to do the things I used to.
- My life is interesting.
- I feel that I am useful and needed.
- My life is pretty full.
- I feel hopeful about the future.

Rated on a 4 point scale ranging from "None of the time" to "Most of the time".

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLL/c/sq/v/3/a	G=+.50 p<.01	1976
O-SLL/c/sq/v/3/a	tb=+.27 p<.01	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study DOBSO 1985

Reported in: Dobson, C.D.
Attitudes and Perceptions.
Powers, E.A.;et al,;Eds.: "Late Life Transitions", Kluwer, 1985, Dordrecht, Netherlands, 123 - 136. ISBN 0 8983 8137 1
Page in Report: 135

Population: 50+ aged males, fulltime employed at T1, followed ten years, Iowa, USA, 1964-74

Sample: Non-probability purposive-quota sample

Non-Response: T1 refusals: 8% T1-T2 drop-out: 29%, of which 20% deceased

N: 1870

Correlate

Authors label: Life-satisfaction (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: 13 item index
(LSI-Z Wood et al 1969)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-CO/h/sq/v/4/a	r=+.34 p<.001	T1
M-CO/h/sq/v/4/a	r=+.44 p<.001	T2

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study DUCKI 1982

Reported in: Duckitt, J.H.
Social Integration and Psychological Well-Being: A Study of Elderly Persons living in the Inner-City Area of Pretoria.
Humanitas, Republic of South Africa, 1982, Vol. 8, 121-129
Page in Report: 124

Population: 65-90 aged whites Pretoria, South Africa, 198?

Sample:

Non-Response: 20%

N: 80

Correlate

Authors label: Life satisfaction (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: `18-item index: modified version (Adams 1969)`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	r=+.53 p<.001	
C-BW/?/sq/l/9/a	r=+.55 p<.001	
A-BB/cm/mq/v/2/a	r=+.53 p<.001	
C-BW/?/sq/l/9/a	r=+.55 p<.001	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study

KOZMA 1980/1

Reported in: Kozma, A. ;Stones, M.J.
The Measurement of Happiness: Development of the Measurement of Happiness: Development of the Memorial University of Newfoundland Scale of Happiness (M.U.N.S.H.).
Journal of Gerontology, 1980, Vol 35, 906 - 912. ISSN 0022 1422
Page in Report: 909/910

Population: 65-95 aged, New Foundland, Canada, 197?

Sample:

Non-Response:

N: 598

Correlate

Authors label: Happiness (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement:
```
Memorial University of New Foundland
Scale of Happiness (MUNSH)
24 item index of questions on `how have things been going'
and `general experiences'. Typical items are:
4.  I felt lucky in the past month
11. This is the dreadiest time of my    life.
16. Things are getting worse as I get    older.
23. I am satisfied with my life today
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/c/mq/?/6/a	r=+.67	Study 1: N=301. MUNSH predicts happiness (MIX 1.2) better than the 21 iten Philadelphia Geriatric Center Morale Scale (PGC, Lawton 1972), the brief Life-satisfaction Index (LSI-Z, Wood 1969), and the Affect Balance Scale (ABS, Bradburn 1969, valid indicator AFF 2.3) Study 2: N=297
M-FH/c/mq/?/6/a	r=+.74	- rural
M-FH/c/mq/?/6/a	r=+.56	- urban

M-FH/c/mq/?/6/a	r=+.61	- institutionalized
M-FH/c/mq/?/6/a	r=+.62	- all

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study KOZMA 1980/1

Reported in: Kozma, A. ;Stones, M.J.
The Measurement of Happiness: Development of the Measurement of Happiness: Development of the Memorial University of Newfoundland Scale of Happiness (M.U.N.S.H.).
Journal of Gerontology, 1980, Vol 35, 906 - 912. ISSN 0022 1422
Page in Report: 909

Population: 65-95 aged, New Foundland, Canada, 197?

Sample:

Non-Response:

N: 598

Correlate

Authors label: Life-satisfaction (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Selfreport om 11 questions on mood, satisfaction and activities
(LSI-Z, Wood et al 1969)

Remarks: Study 1: N=301

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/c/mq/?/6/a	r=+.47	
M-FH/c/mq/?/6/a	Beta=+.01	ß controled for scores on other geriatric morale scales (MUNSH, PCG, ABS)
M-FH/c/mq/?/6/a	r=+.50	Study 2: N=297

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study LOHMA 1977

Reported in: Lohmann, N.
Correlations of Life Satisfaction, Morale and Adjustment Measures.
Journal of Gerontology, 1977, Vol. 32, 73 - 75. ISSN 0022 1422
Page in Report: 74

Population: 60+ aged, Knoxville, Tennessee, USA, 197?

Sample:

Non-Response: 43%

N: 259

Correlate

Authors label: Adjustment (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: `Cavan Adjustment Scale (Cavan et al. 1949)`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/g/sq/v/5/a	r=+.45	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study LOHMA 1977

Reported in: Lohmann, N.
Correlations of Life Satisfaction, Morale and Adjustment Measures.
Journal of Gerontology, 1977, Vol. 32, 73 - 75. ISSN 0022 1422
Page in Report: 74

Population: 60+ aged, Knoxville, Tennessee, USA, 197?

Sample:

Non-Response: 43%

N: 259

Correlate

Authors label: Morale (3)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Philadelphia Geriatric Centre Morale Scale -PGCM- (Lawton, 1972)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/g/sq/v/5/a	r=+.47	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study LOHMA 1977

Reported in: Lohmann, N.
Correlations of Life Satisfaction, Morale and Adjustment Measures.
Journal of Gerontology, 1977, Vol. 32, 73 - 75. ISSN 0022 1422
Page in Report: 74

Population: 60+ aged, Knoxville, Tennessee, USA, 197?

Sample:

Non-Response: 43%

N: 259

Correlate

Authors label: Life satisfaction (3)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Neugartens Life Satisfaction Index A -LSIA- (Neugarten et al, 1961)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/g/sq/v/5/a	r=+.41	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study LOHMA 1977

Reported in: Lohmann, N.
Correlations of Life Satisfaction, Morale and Adjustment Measures.
Journal of Gerontology, 1977, Vol. 32, 73 - 75. ISSN 0022 1422
Page in Report: 74

Population: 60+ aged, Knoxville, Tennessee, USA, 197?

Sample:

Non-Response: 43%

N: 259

Correlate

Authors label: Life satisfaction (2)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Neugarten's Life Satisfaction Index B -LSIB- (Neugarten et al, 1961)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/g/sq/v/5/a	r=+.40	

Correlational finding on Happiness and Adjustment to old-age inventories Subject code: L4.7.3

Study LOHMA 1977

Reported in: Lohmann, N.
Correlations of Life Satisfaction, Morale and Adjustment Measures.
Journal of Gerontology, 1977, Vol. 32, 73 - 75. ISSN 0022 1422
Page in Report: 74

Population: 60+ aged, Knoxville, Tennessee, USA, 197?

Sample:

Non-Response: 43%

N: 259

Correlate

Authors label: Morale (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Dean Scale (Cumming, Dean & Newell,1958)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/g/sq/v/5/a	r=+.24	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study LOHMA 1977

Reported in: Lohmann, N.
Correlations of Life Satisfaction, Morale and Adjustment Measures.
Journal of Gerontology, 1977, Vol. 32, 73 - 75. ISSN 0022 1422
Page in Report: 74

Population: 60+ aged, Knoxville, Tennessee, USA, 197?

Sample:

Non-Response: 43%

N: 259

Correlate

Authors label: Morale (4)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Kutner Morale Scale (Kutner et al,1956)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/g/sq/v/5/a	r=+.40	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study LOHMA 1977

Reported in: Lohmann, N.
Correlations of Life Satisfaction, Morale and Adjustment Measures.
Journal of Gerontology, 1977, Vol. 32, 73 - 75. ISSN 0022 1422
Page in Report: 74

Population: 60+ aged, Knoxville, Tennessee, USA, 197?

Sample:

Non-Response: 43%

N: 259

Correlate

Authors label: Morale (2)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Modified Philadelphia Geriatric Center Morale Scale (Morris-Sherwood, 1975)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/g/sq/v/5/a	r=+.47	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study LOHMA 1977

Reported in: Lohmann, N.
Correlations of Life Satisfaction, Morale and Adjustment Measures.
Journal of Gerontology, 1977, Vol. 32, 73 - 75. ISSN 0022 1422
Page in Report: 74

Population: 60+ aged, Knoxville, Tennessee, USA, 197?

Sample:

Non-Response: 43%

N: 259

Correlate

Authors label: Life satisfaction (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Modified LSI -LSIZ- (Wood et al, 1969)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/g/sq/v/5/a	r=+.40	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study LOHMA 1977

Reported in: Lohmann, N.
Correlations of Life Satisfaction, Morale and Adjustment Measures.
Journal of Gerontology, 1977, Vol. 32, 73 - 75. ISSN 0022 1422
Page in Report: 74

Population: 60+ aged, Knoxville, Tennessee, USA, 197?

Sample:

Non-Response: 43%

N: 259

Correlate

Authors label: Life satisfaction (4)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Modified LSIA (Adams, 1969)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/g/sq/v/5/a	r=+.43	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study MITCH 1985

Reported in: Mitchell, J.
Family Helping Behavior and the Elderly: A Two-Dimensial Approach.
Free Inquiry in Creative Sociology, 1985, Vol. 13, 21 - 26. ISSN 0736 9182
Page in Report: 25

Population: 65+ aged, with children, USA, 1974

Sample:

Non-Response:

N: 2147

Correlate

Authors label: Life satisfaction (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Life Satisfaction Index Z (Wood et al. 1969). A global measure of satisfaction with life oriented toward comparing experience with aspirations at an earlier age.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BB/cm/mq/v/2/a	r=+.61 p<.01	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study SCHNE 1971

Reported in: Schneider, F.W.;Coppinger, N.W.
Staff-Resident Perceptions of the Needs and Adjustment of Nursing Home Residents.
Aging and Human Development, 1971, Vol. 2, 59 - 65. ISSN 0091 4150
Page in Report: 63

Population: Chronically impaired males, living in nursing home, USA, 196?

Sample:

Non-Response: 51% unobtainable, because of incapacity or inability to understand.

N: 20

Correlate

Authors label: Adjustment to life in nursing homes (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Overall staff-ratings based on the staff's own conceptualization of adjustment.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HP/g/rc/?/0/a	ta=+.35 p<. 02	Analysis of results suggests that in evaluating the residents the staff equated adjustment with external criteria, such as cooperation and conduct, more than with internal criteria, such as the feelings of the residents. For 8 out of the 12 staff members a significant (05) relationship between their rankings on adjustment and satisfaction (= happiness measure) was found (range of _ = +.27 to +.51).

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study SCHNE 1971

Reported in: Schneider, F.W.;Coppinger, N.W.
Staff-Resident Perceptions of the Needs and Adjustment of Nursing Home Residents.
Aging and Human Development, 1971, Vol. 2, 59 - 65. ISSN 0091 4150
Page in Report: 63

Population: Chronically impaired males, living in nursing home, USA, 196?

Sample:

Non-Response: 51% unobtainable, because of incapacity or inability to understand.

N: 20

Correlate

Authors label: Satisfaction with life (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: 20-item index of agree / disagree statements; e.g. "I've gotten pretty much what I expected out of life" (adapted Neugarten Life Satisfaction Index A; see Neugarten et al., 1961).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HP/g/rc/?/0/a	ta= + ns	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study SCHNE 1971

Reported in: Schneider, F.W.;Coppinger, N.W.
Staff-Resident Perceptions of the Needs and Adjustment of Nursing Home Residents.
Aging and Human Development, 1971, Vol. 2, 59 - 65. ISSN 0091 4150
Page in Report: 63

Population: Chronically impaired males, living in nursing home, USA, 196?

Sample:

Non-Response: 51% unobtainable, because of incapacity or inability to understand.

N: 20

Correlate

Authors label: Satisfaction with life (2)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: 12-item index including 6 open-ended questions and 6 checklist items; e.g. "How happy would you say you are right now compared with earlier periods of your life?" (adapted Neugarten Life Satisfaction Index B; see Neugarten et al., 1961).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HP/g/rc/?/0/a	ta=+.28 p<. 05	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study SCHNE 1971

Reported in: Schneider, F.W.;Coppinger, N.W.
Staff-Resident Perceptions of the Needs and Adjustment of Nursing Home Residents.
Aging and Human Development, 1971, Vol. 2, 59 - 65. ISSN 0091 4150
Page in Report: 63

Population: Chronically impaired males, living in nursing home, USA, 196?

Sample:

Non-Response: 51% unobtainable, because of incapacity or inability to understand.

N: 20

Correlate

Authors label: Satisfaction with life (3)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement: Combined Neugarten Life Satisfaction Indices A and B (see Neugarten et al, 1961).

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-HP/g/rc/?/0/a	ta=+.23 p<. 10	

Correlational finding on Happiness and Adjustment to old-age inventories
Subject code: L4.7.3

Study SNIDE 1980

Reported in: Snider, E.L.
Explaining Life Satisfaction: It's the Elderly's Attitudes that Count.
Social Science Quarterly, 1980, Vol. 61, 253 - 263. ISSN 0038 4941
Page in Report: 260

Population: 65+ aged, retired whites, Edmonton, Canada, 1976

Sample: Probability systematic sample

Non-Response: 10%

N: 428

Correlate

Authors label: Joint effects (1)

Our classification: Adjustment to old-age inventories, code L4.7.3

Measurement:
1 Self-rated health
2 Adjustment to retirement
3 Lonely
4 Marital status
5 Number of friends in city

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLu/g/sq/v/3/a	R^2=.17	1
O-SLu/g/sq/v/3/a	R^2=.08	2
O-SLu/g/sq/v/3/a	R^2=.06	3
O-SLu/g/sq/v/3/a	R^2=.01	4
O-SLu/g/sq/v/3/a	R^2=.01	5
O-SLu/g/sq/v/3/a	R^2=.34 p<.001	1+2+3+4+5

Correlational finding on Happiness and Happiness inventories involving unacceptable items Subject code: L4.8

Study ABDEL 2006A/1

Reported in: Abdel-Khalek, A.M.
Measuring Happiness by a Single Item Scale.
Social Behavior and Personality, 2006, Vol.34, 139 - 150. ISSN 0301 2212
Page in Report: 19

Population: Secondary school students, Kuwait 2002

Sample: Non-probability chunk sample

Non-Response: 0

N: 472

Correlate

Authors label: satisfaction with life scale

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement: 5 item Satisfaction wih Life Scale"(SWLS)
A In most ways my life is close to ideal
B The conditions of my life are excellent
C I am satisfied with my life
D So far, I have gotten al the things I want in life
E If I could live my life over, I would change nothing
Answers rated from "strongly agree(7) to
strongely disagree(1)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/ol/11/a	r=+	males: r = + 45 females: r = +.63

Correlational finding on Happiness and Happiness inventories involving unacceptable items Subject code: L4.8

Study — CHA 2003

Reported in: Cha, K.H.
Subjective Well-Being among College Students.
Social Indicators Research, 2003, Vol.62/63, 455 - 477. ISSN p 0303 8300; ISSN e 1573 0921
DOI:10.1023/A:1022669906470 ISSN: 0303 8300 doi:10.1023/A:1022669906470
Page in Report: 26

Population: College students, Korea, 199?

Sample: Non-probability chunk sample

Non-Response:

N: 350

Correlate

Authors label: Satisfaction with life (SWLS)

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement: Selfreport on five questions:

Using the 1-5 scale below, indicate your agreement with each of the items by placing the appropriate number on the line preceding that item. Please be open and honest in your responding.
A In most ways my life is close to ideal
B The conditions of my life are excellent
C I am satisfied with my life
D So far, I have gotten the important things I want in life
E If I could live my life over, I would change nothing

Answers rated:
5 strongly agree
4 slightly agree
3 neither agree nor disagree
2 slightly disagree
1 strongly disagree

Computation: A+B+C+D+E divided by 5

Name: Shortened Diener's Satisfaction with Life Scale (SWLS)

Measured Values: M=19.88, SD=4.96

Remarks: Item E is left out in the selection of valid happiness items because a positive answer to this question does not necessarily mean that the respondent doesn't like the life he/she actually lives.

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BD2/cm/mq/v/7/b	r=+.42 p<.01	

Correlational finding on Happiness and Happiness inventories involving unacceptable items
Subject code: L4.8

Study DIENE 1995D/3

Reported in: Diener, E; Wolsic, B.; Fujita, F.
Physical Attractiveness and Subjective Well-Being.
Journal of Personality and Social Psychology, 1995, Vol. 69, 120 - 129. ISSN 0022 3514
Page in Report: 126

Population: College students, USA 199?

Sample: Non-probability sample (unspecified)

Non-Response:

N: 146

Correlate

Authors label: Satisfaction with Life (SWLS)

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement:

```
Selfreport on four questions:

Using the 1-5 scale below, indicate your agreement with
each of the items by placing the appropriate number on the
line preceding that item. Please be open and honest in your
responding.
A  In most ways my life is close to ideal
B  The conditions of my life are excellent
C  I am satisfied with my life
D  So far, I have gotten the important things I want in
life
E  If I could live my life over, I would change nothing

Answers rated:
5 strongly agree
4 slightly agree
3  neither agree nor disagree
2  slightly disagree
1  strongly disagree

Computation: A+B+C+D+E divided by 5
```

Remarks:

```
The satisfaction with life scale is not considered a valid
measure of happiness. Because a positive answer to the E
question does not necessarily mean that the respondent
doesn't like the life he/she actually lives.
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*		
M-FH/g/sq/v/10/a	DM=+		SWLS score	
		males	M	SD
		- happy	28.6	3.2
		- unhappy	20.3	5.9
		Females		
		- happy	27.9	3.6
		- unhappy	22.8	4.0

Correlational finding on Happiness and Happiness inventories involving unacceptable items
Subject code: L4.8

Study DIENE 2002B/2

Reported in: Diener, E.; Lucas, R.E.; Oishi, S.; Suh, E.M.
Looking Up and Looking Down: Weighting Good and Bad Information in Life Satisfaction Judgments.
Personality and Social Psychology Bulletin, 2002, Vol. 28, 437 - 445. ISSN 0146 1672
DOI:10.1177/0146167202287002
Page in Report: 441

Population: College students, 41 nations, 1994

Sample: Non-probability purposive sample

Non-Response:

N: 7166

Correlate

Authors label: Diener's Life satisfaction

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement:

```
Selfreport on 5 questions:

A  In most ways my life is close to ideal
B  The conditions of my life are excellent
C  I am satisfied with my life
D  So far, I have gotten the important things I want in
life
E   If I could live my life over, I would change nothing


Answers rated:
7  strongly agree
6  agree
5  slightly agree
4  neither agree nor disagree
3  slightly disagree
2  disagree
1  strongly disagree

Computation: A+B+C+D+E divided by 7
Diener's Satisfaction with Life Scale (SWLS)
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

A-BD2/cm/mq/v/7/a	Beta=+.30 p<.001	Beta controled for satisfaction with 8 life domains: - health - finances - family - friends - recreation - self - education

---

Correlational finding on Happiness and Happiness inventories involving unacceptable items
Subject code: L4.8

Study

FABRI 2000

Reported in: Fabricatore, A.N.; Handal, P.J; Fenzel, L.M.
Personal Spirituality as a Moderator of the Relationship between Stressors and Subjective Well-Being.
Journal of Psychology and Theology, 2000, Vol. 28, 221 - 228. ISSN 0091 6471
Page in Report: 225

Population: Students, religious affiliated college, USA, 199?

Sample: Non-probability chunk sample

Non-Response: 0

N: 120

Correlate

Authors label: Satisfaction with life

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement:
```
Selfreport on four questions:
A  In most ways my life is close to ideal
B  The conditions of my life are excellent
C  I am satisfied with my life
D  So far, I have gotten the important things I want in
life
E  If I could live my life over, I would change nothing

Answers rated: 7  strongly agree to 1  strongly disagree
```

Measured Values: M=25,0; SD=5,7

Remarks:
```
Dieners 'Satisfaction With Life Scale'(SWLS). Because of
item E, this scale is not accepted as a valif measure of
happiness in this World Database of Happiness
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BMc/cw/mq/v/4/a	r=+.51 p<.01	

Correlational finding on Happiness and Happiness inventories involving unacceptable items Subject code: L4.8

Study HEADE 1992

Reported in: Headey, B.; Wearing, A.
Understanding Happiness. A Theory of Subjective Well-Being.
Longman Cheshire, 1992, Melbourne, Australia. ISBN 0 582 87508 0
Page in Report: 41

Population: 18+ aged, Victoria, Australia, followed from 1981 to 1989

Sample: Probability stratified sample

Non-Response:

N: 502

Correlate

Authors label: Satisfaction with Life scale (SWLS)

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement:
```
Cognitive measure of life satisfaction, comprising five
items:
a In most ways my life is close to ideal
b The conditions of my life are excellent
c I am satisfied with my life
d So far, I have gotten the important things I want in life
e If I could live my life over, I would change nothing'
Answers rated: 7=strongly agree to 1=strongly disagree
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/a	r=+.67	

Correlational finding on Happiness and Happiness inventories involving unacceptable items Subject code: L4.8

Study LEWIS 1995

Reported in: Lewis, C.A.;Joseph,S.
Convergent Validity of the Depression-Happiness Scale with Measures of Happiness and Satisfaction with Life.
Psychological Reports, 1995, Vol. 76, 876 - 878. ISSN 0033 2941
Page in Report: 877

Population: Students, Northern Ireland, 1993

Sample: Non-probability chunk sample

Non-Response: 0

N: 63

Correlate

Authors label: Satisfaction with Life Scale

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement:

```
Self report on 5 questions
Using the 1-7 scale below, indicate your agreement with
each of the items by placing the appropriate number on the
line preceding that item. Please be open and honest in your
responding.
A  In most ways my life is close to ideal
B  The conditions of my life are excellent
C  I am satisfied with my life
D  So far, I have gotten the important things I want in
life
E  If I could live my life over, I would change nothing
Answers rated:
7  strongly agree
6  agree
5  slightly agree
4  neither agree nor disagree
3  slightly disagree
2  disagree
1  strongly disagree

Computation: A+B+C+D+E divided by 5

Name: Shortened Diener's Satisfaction with Life Scale
(SWLS)
```

Remarks:

```
Iten E does not fit the concept of happiness used in this
World database of happiness, since one can enjoy life, but
would still be open for another way of life. Consequently
the full inventory is not accepted as a valid measure of
happiness
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*

A-BMc/cw/mq/v/4/a	r=+.47 p<.001	Affect Balance (McGreal) by Life-satisfaction index (Diener)

Correlational finding on Happiness and Happiness inventories involving unacceptable items Subject code: L4.8

Study

LEWIS 1997A/1

Reported in: Lewis, C.A.; Lanigan, C.; Joseph, S.; DeFockert, J.
Religiosity and Happiness: No Evidence for an association among undergraduates.
Personality and Individual Diffrences, 1997, Vol. 22. 119 - 121. ISSN 0191 8869.
Page in Report: 120

Population: University students, Northern Ireland, 1995.

Sample: Non-probability chunk sample

Non-Response: 0

N: 154

Correlate

Authors label: Satisfaction With Life scale

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement: 5 item Satisfaction With Life Scale (SWLS, Diener et al 1985)

Measured Values: Range 6-32, M = 23,24, SD = 5,37

Error Estimates: Conbach alpha: 0,79

Remarks: The SWLS is not accepted as a measure of happiness because of the last item 'If I could live my live over again, I would not change anything'

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BMc/cw/mq/v/4/a	r=+.48 p<.001	

Correlational finding on Happiness and Happiness inventories involving unacceptable items Subject code: L4.8

Study MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Satisfaction with life (SWLS)

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement:

```
Selfreport on five questions:

Using the 1-5 scale below, indicate your agreement with
each of the items by placing the appropriate number on the
line preceding that item. Please be open and honest in your
responding.
A  In most ways my life is close to ideal
B  The conditions of my life are excellent
C  I am satisfied with my life
D  So far, I have gotten the important things I want in
life
E If I could live my life over, I would change nothing

Answers rated:
5 strongly agree
4 slightly agree
3  neither agree nor disagree
2  slightly disagree
1  strongly disagree

Computation: A+B+C+D+E divided by 5

Name: Shortened Diener's Satisfaction with Life Scale
(SWLS)
```

Error Estimates: Cronbach's alpha = + . 87, Disattenuated retest correlation = + .62

Remarks:

```
Item E is left out in the selection of valid happiness
items because a positive answer to this question does not
necessarily mean that the respondent doesn't like the life
he/she actually lives.
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/a	r=+.55 p<.00	T2 happiness by T1 SWLS
O-DT/u/sq/v/7/a	r=+.55 p<.00	T1 happiness by T2 SWLS
O-DT/u/sq/v/7/a	r=+.52 p<.05	T1 happiness by T2 SWLS
O-Sum/g/fi/?/7/a	r=+.46 p<.05	T1 happiness by T2 SWLS
M-FH/g/rdp/v/10/a	r=+.34 p<.05	T1 happiness by T2 SWLS
M-FH/g/rdp/v/10/a	r=+.47 p<.05	T2 happiness by T1 SWLS T1-T2 4 years interval

---

Correlational finding on Happiness and Happiness inventories involving unacceptable items Subject code: L4.8

Study — MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Peer satisfaction with life

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement: Ratings of informant on four questions:

Using the 1-5 scale below, indicate your agreement with each of the items by placing the appropriate number on the line preceding that item. Please be open and honest in your responding.
A In most ways life is close to ideal
B The conditions of life are excellent
C He/she is satisfied with life
D So far, he/she has gotten the important things he/she wants in life
E If he/she could live life over, he/she would change nothing

Answers rated:
5 strongly agree
4 slightly agree
3 neither agree nor disagree
2 slightly disagree
1 strongly disagree

Computation: A+B+C+D+E divided by 5

Remarks: At least seven informants for each participant: at least three from family members and three others from friends. Assessed at T1(1986) and T2(1990)

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
M-FH/g/sq/n/11/a	r=+.43 p<.05	T1 peer SWLS by T2 happiness
M-FH/g/sq/n/11/a	r=+.52 p<.05	T2 peer SWLS by T2 happiness
O-Sum/g/fi/?/7/a	r=+.44 p<.05	T2 peer SWLS by T1 happiness
O-DT/u/sq/v/7/a	r=+.53 p<.05	T2 peer SWLS by T1 happiness
M-FH/g/rdp/v/10/a	r=+.45 p<.05	T2 peer SWLS by T1 happiness
M-FH/g/rdp/v/10/a	r=+.43 p<.05	T1 peer SWLS by T2 happiness T1-T2 4 years interval

---

Correlational finding on Happiness and Happiness inventories involving unacceptable items
Subject code: L4.8

Study

SEIDL 1993/2

Reported in: Seidlitz, L.;Diener, E.
Memory for Positive versus Negative Life Events: Theories for the Differences between Happy and Unhappy Persons.
Journal of Personality and Social Psychology, 1993, Vol. 64, 654 - 664. ISSN 0022 3514
Page in Report: 657

Population: Psychology students, selected for earlier happiness, USA, 1990

Sample:

Non-Response: 28%

N: 94

Correlate

Authors label: Satisfaction with life (1)

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement:

```
Dieners SWLS: 5-item index of questions scored on a 7 point
scale.
1. In most ways my life is close to
   ideal.
2. The conditions of my life are
   excellent.
3. I am satisfied with my life.
4. So far I have gotten the important
   things I want in life.
5. If I could live my life over, I
   would change almost nothing.

Answer categories:
1. strongly disagree
2. disagree
3. slightly disagree
4. neither agree nor disagree
5. slightly agree
6. agree
7. strongly agree

Results are summed.
Possible range 5 - 35
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/g/mq/*/0/a	r=+.70 p<.001	Correlation based on averages of two administrations with 10 week interval. Both Happiness-measure (MIX 1.2) and SWLS were also assessed at selection 10 weeks earlier.

Correlational finding on Happiness and Happiness inventories involving unacceptable items
Subject code: L4.8

Study

STRAU 2005

Reported in: Straume L.V.; Vitterso, J.
A Personality Approach to Happiness and Development: Emotional Responses to Success and Failure.
Paper 2nd Workshop on Capabilities and Happiness, University of Milano-Bilocca, June 2005, Italy
Page in Report: 14

Population: Travelers, Norway, 200?

Sample: Non-probability purposive sample

Non-Response: 49%

N: 151

Correlate

Authors label: Satisfaction with life

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement:

```
Using the 1-7 scale below, indicate your agreement with
each of the items by placing the appropriate number on the
line preceding that item. Please be open and honest in your
responding.

A  In most ways my life is close to ideal
B  The conditions of my life are excellent
C  I am satisfied with my life
D  So far, I have gotten the important things I want in
life
E  If I could live my life over, I would change nothing'.

Answers rated:
7  strongly agree
6  agree
5  slightly agree
4  neither agree nor disagree
3  slightly disagree
2  disagree
1  strongly disagree

Name:  Diener's Satisfaction with Life Scale (SWLS)


A high satisfaction group and a low satisfaction group were
extracted based on a median split of particioants' sum
scores across the five items

1 a low satisfaction group
2 a high satisfaction group
```

Measured Values: M = 22,6 SD = 5,7

Error Estimates: Cronbach alpha = .84

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-BW/cw/mq/n/7/a	DM=+	1 a low satisfaction group M = 1.7 2 a high satisfaction group M = 2.5

Correlational finding on Happiness and Happiness inventories involving unacceptable items Subject code: L4.8

Study VITTE 2002

Reported in: Vitterso, J.; Rysamb, E.; Diener, E.
The Concept of Life Satisfaction across Cultures: Exploring its Diverse Meaning and Relation to Economic Wealth.
Gullone, E.; Cummins, R.A.; Eds : "The Universality of Subjective Wellbeing Indicators", Kluwer, 2002, Dordrecht, Netherlands, 81 - 103. ISBN 1 4020 10443
Page in Report: 91,95

Population: College students, 41 countries, 1995-96

Sample: Non-probability chunk sample

Non-Response:

N: 6949

Correlate

Authors label: Satisfaction with life

Our classification: Happiness inventories involving unacceptable items, code L4.8

Measurement:

```
Selfreport on five questions:

Using the 1-7 scale below, indicate your agreement with
each of the items by placing the appropriate number on the
line preceding that item. Please be open and honest in your
responding.
A  In most ways my life is close to ideal
B  The conditions of my life are excellent
C  I am satisfied with my life
D  So far, I have gotten the important things I want in
life
E  If I could live my life over, I would change nothing

Answers rated:
7  strongly agree
6  agree
5  slightly agree
4  neither agree nor disagree
3  slightly disagree
```

```
2  disagree
1  strongly disagree

Name: Diener's Satisfaction with Life Scale (SWLS)
```

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-V/u/sq/n/7/a	r=+.72 p<.001	
O-SLC/u/sq/n/7/a	r=+.68 p<.001	
O-SLu/u/sq/n/7/a	r=+.79 p<.001	
C-RA/h/sq/n/7/a	r=+.65 p<.001	

Appendix 1: Happiness Items used

Happiness Item Code	*Full Text*
A-AOL/g/mq/*/0/a	Selfreport on 2 questions: A: "In general how happy or unhappy do you usually feel? Check the one statement below that best describes your average happiness. 10 extremely happy (feeling ecstatic, joyous, fantastic) 9 very happy (feeling really good, elated) 8 pretty happy (spirits high, feeling good) 7 mildly happy (feeling fairly good and somewhat cheerful) 6 slightly happy (just a bit above neutral) 5 neutral (not particularly happy or unhappy) 4 slightly unhappy (just a bit below neutral) 3 mildly unhappy (just a little low) 2 pretty unhappy (somewhat "blue", spirits down) 1 very unhappy (depressed, spirits very low) 0 extremely unhappy (utterly depressed, completely down)" B: "Consider your emotions a moment further. On the average. - What percent of the time do you feel happy? - What percent of the time do you feel unhappy? - What percent of the time do you feel neutral (neither happy nor unhappy)? Make sure the three figures add-up to equal 100%". Scoring: - Question A : 0.- 10 - Question B : % happy Summation : (A * 10 + B)/2

A-AOL/g/sq/v/5/a	Selfreport on single question: "In general, how would you say you feel most of the time - in good spirits or in low spirits....?" 5 very good spirits 4 fairly good spirits 3 neither good spirits nor low spirits 2 fairly low spirits 1 very low spirits.
A-AOL/m/sq/v/5/a	Single direct question: How are you feeling now....? 5 very good 4 good 3 neither good nor poor 2 poor 1 very poor
A-AOL/md/sq/v/10/a	Selfreport on single question: ".....overall mood of the past day ....." (full question not reported.) 10 Complete elation, rapturous joy and soaring ecstasy 9 Very elated and in very high spirits. Tremendous delight and buoyancy 8 Elated and in high spirits 7 Feeling very good and cheerful 6 Feeling pretty good , "OK" 5 Feeling a little bit low. Just so-so 4 Spirits low and somewhat "blue" 3 Depressed and feeling very low. Definitely "blue" 2 Tremendously depressed. Feeling terrible, really miserable, "just awful" 1 Utter depression and gloom. Completely down. All is black and leaden. Wish it were all over. Name: Wessman & Ricks' `Elation - Depression Scale'
A-ARE/md/mq/th%/100/a	Selfreport on three questions: answered every evening before retiring during 3 weeks: A what percentage of the time you were awake today did you feel happy? B what percentage did you feel unhappy? C what percentage did you feel neither happy nor unhappy Respondents were told that the three percentages should add up to equal 100%.
A-ARE/md/sqr/v/10/a	Selfreport on single question, repeated every evening before retiring during 3 weeks (experience sampling). "On the average, how happy or unhappy did you feel today....?" 1 Extremely unhappy. Utterly depressed. Completely down. 2 Very unhappy. Depressed. Spirits very low. 3 Pretty unhappy. Somewhat 'blue'. Spirits down. 4 Mildly unhappy. Just a little low. 5 Barely unhappy. Just this side of neutral. 6 Barely happy. Just this side of neutral. 7 Mildly happy. Feeling fairly good and somewhat cheerful. 8 Pretty happy. Spirits high. Feeling good. 9 Very happy. Feeling really good. Elated. 10 Extremely happy. Feeling ecstatic, joyous, fantastic. Name: Wessman & Ricks' `Elation - Depression Scale" (adapted version)

A-BB/cm/mq/v/2/a

Selfreport on 10 questions:

During the past few weeks, did you ever feel ....? (yes/no)
A Particularly exited or interested in something?
B So restless that you couldn't sit long in a chair?
C Proud because someone complimented you on something you had done?
D Very lonely or remote from other people?
E Pleased about having accomplished something?
F Bored?
G On top of the world?
H Depressed or very unhappy?
I That things were going your way?
J Upset because someone criticized you?

Answer options and scoring:
yes = 1
no = 0
Summation:
-Positive Affect Score (PAS): A+C+E+G+I
-Negative Affect Score (NAS): B+D+F+H+J
-Affect Balance Score (ABS): PAS minus NAS
Possible range: -5 to +5

Name: Bradburn's 'Affect Balance Scale' (standard version)

A-BB/cm/mq/v/2/b

Selfreport on 10 questions, repeated four times at 3 months intervals:

"During the past few weeks, did you ever feel ....?" (yes/no)

A Particularly exited or interested in something?
B So restless that you couldn't sit long in a chair?
C Proud because someone complimented you on something you had done?
D Very lonely or remote from other people?
E Pleased about having accomplished something?
F Bored?
G On top of the world?
H Depressed or very unhappy?
I That things were going your way?
J Upset because someone criticized you?

Answer options and scoring:
yes = 1
no = 0
Summation:
-Positive Affect Score (PAS): A+C+E+G+I
-Negative Affect Score (NAS): B+D+F+H+J
-Affect Balance Score (ABS): PAS minus NAS
Possible range: -5 to +5

Name: Bradburn's 'Affect Balance Scale' (standard version)

A-BB/cq/mq/v/3/a

Selfreport on 10 questions:

"During the past few months, have you ever felt..... (often, sometimes, never?"

A Particularly exited or interested in something?
B So restless that you couldn't sit long in a chair?
C Proud because someone complimented you on something you had done?
D Very lonely or remote from other people?
E Pleased about having accomplished something?
F Bored?
G Depressed or very unhappy?
H That things were going your way?
I Upset because someone criticized you?

Answer options and scoring:
0 = no
if yes
3 often
2 sometimes
1 never

Summation:
-Positive Affect Score (PAS): A+C+E+I
-Negative Affect Score (NAS): B+D+F+H+J
-Affect Balance Score (ABS): PAS minus NAS
Possible range: -15 to +12
Name: Bradburn's 'Affect Balance Scale' (standard version)

A-BB/cw/mq/v/4/c

Selfreport on 8 questions:

" In the past few weeks did you ever feel.....?"
A Pleased about having accomplished something
B Upset because someone critized you
C Proud because someone complimented you one something you had done
D That things are going your way
E So restless you couldn't sit long in a chair
F Unhappy or depressed
G Particularly interested in something
H Lonely and remote from other people

Response options:
0 not at all
1 sometimes
2 often
3 very often

Scoring: a = 0.....d = 3

Summation:
Positive Affect Score (PAS): summed scores on A, C, D, G
Negative Affect Score (NAS): summed scores on B, E, F, H
Affect Balance Score (ABS): PAS minus NAS

Name: Bradburn's Affect Balance Scale (variant)

A-BB/u/mq/v/3/a

Selfreport on 8 questions:

"Here is a list that describes some of the ways people feel at different times. How often do you feel each of these ways?"

A Very lonely or remote from other people
B Depressed or very unhappy
C Bored
D So restless you couldn't sit long in a chair
E Vaguely uneasy about something without knowing why
F On top of the world
G Particularly excited or interested in something
H Pleased about having accomplished something

Answer options:
0 never
1 sometimes
2 often

Summation:
Positive Affect Score (PAS): summed scores on F, G, H
Negative Affect Score (NAS): summed scores on A, B, C, D, E
Affect Balance Score (ABS): PAS minus NAS

Possible range -10 to +6 (transformed to ridits (0 - 1))

Name: Bradburn's `Affect Balance Scale' (modified variation)

A-BC/cm/mq/v/4/a

Selfreport on 13 questions:

"During the past month, did you ever feel.....?"

A. Exited or pleased about something you were doing
B. That important things in life are going your way
C. Happy, satisfied, or pleased with your personal life.
D. Exited or pleased with something you did or a problem you solved
E. That you have a lot of friends you can count on
F. Nervous or tense
G. So restless and irritated you couldn't sit still
H. Down-hearted or depressed
I. Felt concerned or worried about your health
J. Guilty about something you shouldn't have done
K. Unable to get a good night's sleep
L. That your mind was not working the way it should
M. Miserable or discouraged about your future

Answer options:
1 none of the time
2
3
4 most of the time

Summation:
Positive Affect Scale (PAS):A+B+C+D+E
Negative Affect Scale (NAS):F+G+H+I+J+K+L+M
Affect Balance Scale (ABS): PAS minus NAS
Possible range: -32 to + 20

Name: Bradburn's Affect Balance Scale (variation by Cohen)

A-BD1/md/mq/v/7/a

Selfreport of daily mood on 9 questions

'Please indicate how much of each emotion you felt today
A happy
B depressed, blue
C joyful
D pleased
E frustrated
F angry, hostile
G enjoyment, fun
H worried, anxious
I unhappy

Answer options:
1 not at all
2 very slight
3 somewhat
4 moderate amount
5 much
6 very much
7 extremely much
Options presented horizontally

Computation: (A+C+D+G)-(B+E+F+H+I)

Name: Diener's 'Daily Mood scale'

A-BD2/cm/mq/v/7/a

Selfreport on 8 questions:

Using the scale below, indicate how often you feel each of the emotions below. Put a number from 1 to 7 to accurately reflect how much of the time when you are awake you feel that emotion. How much of the time during the PAST MONTH have you felt each emotion?
A fear
B affection
C anger
D joy
E sadness
F guilt
G contentment
H pride

1 never
2 slight amount (rare)
3 some of the time
4 about half the time
5 much of the time
6 almost always
7 always

Computation: (A+C+E+F)-(B+D+G+H)

Name: Diener's 'Affect Balance

A-BD2/cm/mq/v/7/b

Selfreport on 8 questions:

Using the scale below, indicate how much of the time during the PAST MONTH have you felt each emotion?
A affectionate
B joyful
C sad
D worried
E irritable
F guilty
G happy
H proud

1 never
2 slight amount (rare)
3 some of the time
4 about half the time
5 much of the time
6 almost always
7 always

Computation: (A+B+G+H)-(C+D+E+F)/8

Name: Diener's 'Affect Balance'

A-BK/cm/mq/v/5/a

Selfreport on 40 questions:

"Over this time period (the last few weeks) I have had the feeling described by":
A My life is on the right track
B I seem to be left alone when I don't want to be
C I feel I can do whatever I want to
D I think clearly and creatively
E I feel like a failure
F Nothing seems very much fun any more
G I like myself
H I can't be bothered doing anything
I I feel close to people around me
J I feel as though the best years of my life are over
K My future looks good
L I have lost interest in other people and don't care about them
M I have energy to spare
N I smile and laugh a lot
O I wish I could change some parts of my life
P My thoughts go around in useless circles
Q I can handle any problems that come up
R My life seems stuck in a rut
S I feel loved and trusted
T I feel there must be something wrong with me

"Over this period (the last few weeks), "how often you felt..."
U Satisfied
V Lonely
W Free-and-easy
X Clear-headed
Y Helpless
Z Impatient
AA Useful
AB Depressed
AC Loving
AD Hopeless
AE Optimistic
AF Withdrawn

AG Enthusiastic
AH Good-natured
AI Discontented
AJ Confused
AK Confident
AL Tense
AM Understood
AN Insignificant

Answer options;
0 not at all
1 occasionally
2 some of the time
3 often
4 all the time

Summation:
- Positive Affect score (PAS): mean positive items
- Negative Affect Score (NAS): mean negative items
- Affect balance score (ABS): PAS minus NAS
Possible range: -4 to +4

A-BK/cm/mq/v/5/b

Selfreport on 48 questions:

SENTENCES
Each of the sentences below describes a FEELING. Mark HOW OFTEN you had that feeling during the past few weeks.
A Nothing goes right with me
B I feel close to people around me
C I feel as though the best years of my life are over
D I feel my life is on the right track
E I feel loved and trusted
F My work gives me a lot of pleasure
G I don't like myself
H I feel very tense
I I feel life isn't worth living
J I am content with myself
K My past life is filled with failure
L Everything I do seems worthwhile
M I an't be bothered doing anything
N I feel I can do whatever I want to
O I have lost interest in other people and don't care about them
P Everything is going right for me
Q I can express my feelings and emotions towards other people
R I'm easy going
S I seem to be left alone when I don't want to be
T I wish I could change some parts of my life
U I seem to have no real drive to do anything
V The future looks good
W I become very lonely
X I can concentrate well on what I'm doing
Y I feel out of place
Z I think clearly and creatively
AA I feel alone
AB I feel free and easy
AC I smile and laugh a lot
AD I feel things are going my way
AE The world seems a cold and impersonal place
AF I feel I've made a mess of things again
AG I feel like hiding away

AH I feel confident about decisions I make
AI I feel depressed for no apparent reason
AJ I feel other people like me
AK I feel like a failure
AL I feel I'm a complete person
AM I'm not sure I'm done the right thing
AN My future looks good
AO I'm making the most out of my life
AP Everything is going right for me
AQ I feel unimportant
AR I feel as though there must be something wrong with me
AS I don't feel like making the effort to do anything
AT I feel confident in my dealings with the opposite sex
AU I want to hurt those who have hurt me
AV The results I have obtained make my efforts worthwhile

ADJECTIVES
Each of the objectives below describe a FEELING. Mark HOW OFTEN you had that feeling during the past few weeks;
A Confident
B Hopeless
C Pleasant
D Insignificant
E Discontented
F Healthy
G Dejected
H Annoyed
I Down
J Glad
K Glowing
L Relaxed
M Comfortable
N Moody
O Understood
P Blue
Q Miserable
R Joyful
S Tense
T Insecure
U Shaky
V Satisfied
W Safe
X Successful
Y Free
Z Sad
AA Good-natured
AB Impatient
AC Rejected
AD Lively
AE Frustrated
AF Fearful
AG Lonely
AH Warm
AI Contented
AJ Good
AK Secure
AL Disappointed
AM Understanding
AN Depressed
AO Low
AP Calm

AQ Unhappy
AR Upset
AS Empty
AT Enthusiastic
AU Happy
AV Vibrant

Answer options:
0 not at all
1 occasionally
2 some of the time
3 often
4 all of the time

Summation:
-Positive Affect Score (PAS): mean positive items
-Negative Affect Score (NAS): mean negative items
-Affect Balance Score (ABS): PAS minus NAS
Possible range - 4 to +4

Name: Kamman's Affectometer 1: version last month

A-BK/cw/mq/v/5/a

Selfreport on 96 questions:

SENTENCES
Each of the sentences below describe a FEELING. Mark HOW OFTEN you had that feeling during the past week;
A Nothing goes right with me
B I feel close to people around me
C I feel as though the best years of my life are over
D I feel my life is on the right track
E I feel loved and trusted
F My work gives me a lot of pleasure
G I don't like myself
H I feel very tense
I I feel life isn't worth living
J I am content with myself
K My past life is filled with failure
L Everything I do seems worthwhile
M I can't be bothered doing anything
N I feel I can do whatever I want to
O I have lost interest in other people and don't care about them
P Everything is going right for me
Q I can express my feelings and emotions towards other people
R I'm easy going
S I seem to bee left alone when I don't want to be
T I wish I could change some parts of my life
U I seem to have no real drive to do anything
V The future looks good
W I become very lonely
X I can concentrate well on what I'm doing
Y I feel out of place
Z I think clearly and creatively
AA I feel alone
AB I feel free and easy
AC I smile and laugh a lot
AD I feel things are going my way
AE The world seems a cold and impersonal place
AF I feel I've made a mess of things again
AG I feel like hiding away

AH I feel confident about decisions I make
AI I feel depressed for no apparent reason
AJ I feel other people like me
AK I feel like a failure
AL I feel I'm a complete person
AM I'm not sure I'm done the wright thing
AN My future looks good
AO I'm making the most out of my life
AP Everything is going right for me
AQ I feel unimportant
AR I feel as though there must be something wrong with me
AS I don't feel like making the effort to do anything
AT I feel confident in my dealings with the opposite sex
AU I want to hurt those who have hurt me
AV The results I have obtained make my efforts worthwhile

ADJECTIVES
Each of the objectives below describe a FEELING. Mark HOW OFTEN you had that feeling during the past week;
A Confident
B Hopeless
C Pleasant
D Insignificant
E Discontented
F Healthy
G Dejected
H Annoyed
I Down
J Glad
K Glowing
L Relaxed
M Comfortable
N Moody
O Understood
P Blue
Q Miserable
R Joyful
S Tense
T Insecure
U Shaky
V Satisfied
W Safe
X Successful
Y Free
Z Sad
AA Good-natured
AB Impatient
AC Rejected
AD Lively
AE Frustrated
AF Fearful
AG Lonely
AH Warm
AI Contented
AJ Good
AK Secure
AL Disappointed
AM Understanding
AN Depressed
AO Low
AP Calm

AQ Unhappy
AR Upset
AS Empty
AT Enthusiastic
AU Happy
AV Vibrant

Answer options:
0 not at all
1 occasionally
2 some of the time
3 often
4 all of the time

Summation:
- Positive Affect Score (PAS): mean positive items
- Negative Affect Score (NAS): mean negative items
- Affect Balance Score (ABS): PAS minus NAS
Possible range - 4 to +4

Name: Kamman's Affectometer 1: version last week

A-BK/u/mq/v/5/b

Selfreport on 48 questions:

Over this period I have had the feeling: (Timeframe chosen by subjects: mostly past few weeks)
A Nothing goes right with me
B I feel close to people around me
C I feel as though the best years of my life are over
D I feel my life is on the right track
E I feel loved and trusted
F My work gives me a lot of pleasure
G I don't like myself
H I feel very tense
I I feel life isn't worth living
J I am content with myself
K My past life is filled with failure
L Everything I do seems worthwhile
M I can't be bothered doing anything
N I feel I can do whatever I want to
O I have lost interest in other people and don't care about them
P Everything is going right for me
Q I can express my feelings and emotions towards other people
R I'm easy going
S I seem to bee left alone when I don't want to be
T I wish I could change some parts of my life
U I seem to have no real drive to do anything
V The future looks good
W I become very lonely
X I can concentrate well on what I'm doing
Y I feel out of place
Z I think clearly and creatively
AA I feel alone
AB I feel free and easy
AC I smile and laugh a lot
AD I feel things are going my way
AE The world seems a cold and impersonal place
AF I feel I've made a mess of things again
AG I feel like hiding away
AH I feel confident about decisions I make
AI I feel depressed for no apparent reason

AJ I feel other people like me
AK I feel like a failure
AL I feel I'm a complete person
AM I'm not sure I'm done the right thing
AN My future looks good
AO I'm making the most out of my life
AP Everything is going right for me
AQ I feel unimportant
AR I feel as though there must be something wrong with me
AS I don't feel like making the effort to do anything
AT I feel confident in my dealings with the opposite sex
AU I want to hurt those who have hurt me
AV The results I have obtained make my efforts worthwhile

Answer options:
0 not at all
1 occasionally
2 some of the time
3 often
4 all of the time

Summation:
- Positive Affect Score (PAS): mean positive items
- Negative Affect Score (NAS): mean negative items
- Affect Balance Score (ABS): PAS minus NAS
Possible range: -4 to +4

Name: Kamman's Affectometer 1: version period unspecified

A-BMc/cw/mq/v/4/a

Selfreport on 25 questions:

A number of statements that people have used to describe how they feel are given below. Read each one and circle the number that best describes how frequently that statement was true for you in the past seven days, including today. Some statements describe positive feelings and some describe negative feelings. You may have experienced both positive and negative feelings at different times in the past week.
A I felt sad
B I felt I had failed as a person
C I felt dissatisfied with my life
D I felt mentally alert
E I felt disappointed with myself
F I felt cheerful
G I felt life wasn't worth living
H I felt satisfied with my life
I I felt healthy
J I felt life crying
K I felt I had been successful
L I felt happy
M I felt I couldn't make decisions
N I felt unattractive
O I felt optimistic about the future
P I felt life was rewording
Q I felt cheerless
R I felt life has a purpose
S I felt too tired to do anything
T I felt pleased with the way I am
U I felt lethargic
V I found it easy to make decisions
W I felt life was enjoyable
X I felt life was meaningless
Y I felt run down

Answer options:
0 never
1 rarely
2 sometimes
3 often

Negative affect score (NAS): A, B, C, E, G, J, M, N, Q, S, U, X, Y.
Positive affect score (PAS): D, F, H, I, K, L, O, P, R, T, V, W.
Affect Balance Score (ABS): PAS - NAS + 39

Name: McGreal & Joseph 'Depression-Happiness Scale' (DHS)

A-BW/cw/mq/n/7/a

Selfreport on 10 questions.

This scale consists of a number of words that describe different feelings and emotions. Read each item and mark the appropriate answer in the space next to that word. Indicate to what extend you felt this way during the past week?:
A distressed
B afraid
C jittery
E upset
F scared
G determined
H inspired
I enthusiastic
J interested
K exited

Answer options:
0
.
6

Negative affect score (NAS): A to F
Positive affect score (PAS): G to K
Affect Balance Score (ABS): PAS - NAS

Name: Watson et al's PANAS ('past week' shortened version)

A-CA/mh/ri/v/2/a

Interviewer-rating of cheerful appearance on 8 aspects

A The look is
2) open
1) evasive
- impossible to say
B The corners of the mouth turn
2) up
1) down
- impossible to say
C The posture is
2) relaxed, at ease
1) rather tense
- impossible to say
D The movements are
2) relaxed, at ease
1) limited, withdrawn
- impossible to say
E The eyes are
2) big, open
1) small, screw up
- impossible to say
F The elbows are kept
2) not close to the body

1) close to the body
- impossible to say
G The lips are more
2) broad, full
1) thin, pent up
- impossible to say
H All in all the subject looks
2) quite cheerful
1) not very cheerful
- difficult to say

Scoring: sum of aspect ratings

Name: `Allensbacher Ausdruckstest'

A-CA/mh/ri/v/2/b

Interviewer-rating of cheerfulness:

Altogether the respondent looks.....
2 quite cheerfull
1 not too cheerful
- difficult to say

Part of the 8 item Allensbacher Ausdrücktest which also involves ratings of cheerful appearance in: look, mouth, posture, movements, eyes, elbows and lips. This general rating is the last item in the test.

A-CP/g/fi/v/7/b

Rating based on two independent interviews (Rate question not reported)
7 tremendous cheerful
6
5
4 average
3
2
1 extremely disenchanted

Summation: average of rates

A-TH/g/mq/th%/101/aa

Selfreport on three questions:

'On the average, what percentage of the time do you feel.....' (percentages must add up to 100%)
1 happy
2 unhappy
3 neutral

Name: Fordyce % happy scale
Variant: % happy

C-ASG/h/mq/v/5/a

Selfreport on 2 questions:

A. "How important was each of the following goals in life in the plans you made for yourself in early adulthood?"
- occupational success
- family life
- friendships
- richness of cultural life
- total service to society.
1 less important to me than to most people
2
3
4
5 of prime importance to me

B. "How successful have you been in the pursuit of these goals?"
1 little satisfaction in this area

2
3
4
5 had excellent fortune in this respect

Computation: General Satisfaction 5 is the quotient obtained by multiplying the planned goal (early adulthood) by the reported success in attaining that goal, adding the five of these multiplied areas and dividing them by the sum of the planned goals for each of the areas.

Pa.Sa + Pb.Sb + Pc.Sc + Pd.Sd + Pe.Se

Pa + Pb + Pc + Pd + Pe
Pa = planned goal a (1-5)
Sa = success goal a (1-5)

C-ASG/h/mq/v/8/a

Selfreport on 2 questions:

A
"How important was each of the following goals in life in the plans you made for yourself in early adulthood?"
-
-
- joy in living

4 of prime importance to me
3
2
1 less important to me than to most people

B.
"How successful have you been in the pursuit of these goals?"
5 had excellent fortune in this respect
4
3
2
1 little satisfaction in this area

Computation: Life satisfaction score = Perceived success in achieving joy in living now (B) minus remembered importance of joy in living in early adulthood (A)

C-BW/?/sq/l/9/a

Self report on single question:

Lead item not reported
[9] best imaginable
[8]
[7]
[6]
[5]
[4]
[3]
[2]
[1] worst imaginable

Name: Cantril's self anchoring ladder rating (modified version)

C-BW/c/sq/l/11/a

Selfreport on single question:

"Here is a picture of a ladder. Suppose we say that the top of
the ladder represents the best possible life for you and the
bottom represents the worst possible life for you. Where on the ladder do you feel you personally stand at the present time?"
[10] best possible life
[9]
[8]
[7]
[6]
[5]
[4]
[3]
[2]
[1]
[0] worst possible life

Preceded by 1) open questions about what the respondent imagines as the best possible life and the worst possible life. 2) ratings on the ladder of one's life five years ago and where on the ladder one expects to stand five years from now.

Name: Cantril's self anchoring ladder rating of life (original)

C-BW/cy/sq/l/9/a

Selfreport on single question:

"Here is a picture of a ladder. At the bottom of the ladder is the worst life you might reasonably expect to have. At the top is the best life you might expect to have. Of course, life from week to week falls somewhere in between. Where was your life most of the time during the past year?"
[9] best life you might expect to have
[8]
[7]
[6]
[5]
[4]
[3]
[2]
[1] worst life you might expect to have

Name: Cantril's self anchoring ladder rating (modified version)

C-RA/h/sq/n/7/a

Selfreport on single question:

So far, I have achieved most important things I want in my life
1 strongly disagree
2
3
4
5
6
7 strongly agree

Item in Diener's Satisfaction with life Scale (SWLS)

C-RG/h/sq/l/11/a

Selfreport on single question:

How would you rate yourself as to how successful or unsuccessful you have been in terms of achieving your own goals and aims in life? Think of the top of the ladder as being completely successful, the bottom being entirely unsuccessful
[10] completely successful
[9]
[8]
[7]
[6]
[5]
[4]
[3]
[2]
[1]
[0] entirely unsuccessful

C-RG/u/sq/v/7/a

Selfreport on single question:

"Some people have certain goals or aspirations for various aspects of their lives. They claim for a particular sort of home, income, and so on. Compared to your own general aims , would you say that your life measures up to it.....?"
1 not at all
2
3
4 matches
5
6
7 better than you want

C-RG/u/sq/v/7/b

Selfreport on single question:

"Some people have certain goals or aspirations for various aspects of their lives. They aim for a particular sort of home, income, family lifestyle, and so on. Compared to your general aims and goals, how would you say that your life measures up to it.....?"
1 not at all
2 fairly
3 poorly
4 half as well as your goal
5 fairly
6 well
7 matches your goal

M-ACO/cw/mq/*/20/a

Selfreport on 5 questions, repeated every week during 24 weeks:

A. "How do you feel about your life as a whole?"
1 terrible
2
3
4
5
6
7 delighted

B. "Taking all things together, how would you say things are these days? Would you say you are.....?";
3 very happy
2 pretty happy
1 not too happy

C. To what extent have the five areas of your life been what you wanted it to be? (refers to self, personal life, work life and health)
5 all

4
3
2
1 not at all

D. "How much have you really enjoyed your life as a whole?"
1 not at all,
2
3
4
5 a great deal

E. "How much has your life as a whole made you feel emotionally upset?"
1 not at all
2
3
4
5 a great deal

Summation: sum

M-AO/c/mq/*/0/a

Selfreport on 4 questions:

A For the past five years, how much have you accomplished of what you planned in your life?
1 completely failed
2
3
4
5
6
7 completely accomplished
B How much are you satisfied with your life as a whole these days?
1 completely dissatisfied
2
3
4
5
6
7 completely satisfied
C How much do you enjoy your life these days?
3 a great deal
2 a fair amount
1 not very much
D How happy have you been for the past five years?
1 completely unhappy
2
3
4
5
6
7 completely happy

Summation: % positive answers

Response options A, D and C not reported in full detail

M-AO/u/mq/*/0/a

Selfreport on 2 questions:

A "Taking all things together, how would you say things are these days? Would you say you are.....?"
1 not too happy
2 pretty happy
3 very happy

B "How often do you feel that you are really enjoying life.....?"
1 rarely
2 now and than
3 fairly often
4 all the time

Summation: factor score

M-AO/u/mq/?/5/a

Selfreport on 4 questions:

A Are you lighthearted?
B Is your living good?
C Are you happy most of the time?
D Are you satisfied with your present living?
All rated on a 5 step scale (scale labels not reported)

Subjective Wellbeing subscale of Hong Kong Quality of Life Scale for Elderly Chinese

M-AO/u/sq/f/7/a

Selfreport on single question:

Which (of the faces) best described how you feel about your life as a whole?
7 completely happy
6
5
4 neither happy nor unhappy
3
2
1 completely unhappy

M-CO/h/sq/v/4/a

Selfreport on single question:

How do you feel things have worked out for you generally?
4 very well
3 fairly well
2 not very well
1 not at all well

M-FH/c/mq/?/6/a

Selfreport on 2 questions:

A " .....avowed happiness at this moment of life....."
B " .....avowed happiness over the past month....."
(Full questions not reported)

Response options:
1
2
3
4
5
6
(response labels not reported)

Summation : not reported

M-FH/c/sq/v/7/a

Selfreport on single question:

"Taking all things together, how would you say you have been this period? Check the phrase that best describes how you have felt."
7 very happy
6 happy
5 somewhat happy
4 mixed (about equally happy and unhappy)
3 somewhat unhappy
2 unhappy
1 very unhappy

M-FH/cm/sq/v/5/a

Selfreport on single question:

How would you rate the last month of your life. Was it a happy or an unhappy time for you.....?
5 very happy time
4 fairly happy time
3 happy nor unhappy
2 rather unhappy time
1 very unhappy time

M-FH/g/rdp/v/10/a

Peerrating using single question:

Use the list below to answer the following question: IN GENERAL, HOW HAPPY OR UNHAPPY DOES X USUALLY FEEL? Check the one statement that best describes his/her average happiness.
10 extremely happy (feeling ecstatic, joyous, fantastic!)
9 very happy (feeling really good and elated!)
8 pretty happy (spirits high, feeling good)
7 mildly happy (feeling fairly good and somewhat cheerful)
6 slightly happy (just a bit above neutral)
5 slightly unhappy (just a bit below neutral)
4 mildly unhappy (just a bit low)
3 pretty unhappy (somewhat "blue", spirits down)
2 very unhappy (depressed, spirits very low)
1 extremely unhappy (utterly depressed, completely down)

Name: Fordyce's overall happiness item, peer rating version

M-FH/g/sq/n/11/a

Selfreport on single question:

"Generally speaking, how (much) do you feel happy? What score do you give if we put ten for 'extremely happy, zero for extremely unhappy' and five for neither happy nor unhappy'?"
10 extremely happy
9
8
7
6
5 neither happy nor unhappy
4
3
2
1
0 extremely unhappy

M-FH/g/sq/n/11/b

Selfreport on single question:

Now I am going to ask you how you FEEL, not just at the moment, but GENERALLY in your life. How happy do you generally feel? On a scale from o to 10...
0 completely unhappy
1
2
3
4
5 neutral
6
7
8
9
10 completely happy

M-FH/g/sq/ol/11/a

Selfreport on single question:

Do you feel happy in general?
0 minimum score
1
2
3
4
5
6
7
8
9
10 maximal score
Numbers presented on a horizontal line scale.

M-FH/g/sq/v/10/a

Selfreport on single question:

Use the list below to answer the following question: IN GENERAL, HOW HAPPY OR UNHAPPY DO YOU USUALLY FEEL? Check the one statement that best describes your average happiness.
10 extremely happy (feeling ecstatic, joyous, fantastic!)
9 very happy (feeling really good and elated!)
8 pretty happy (spirits high, feeling good)
7 mildly happy (feeling fairly good and somewhat cheerful)
6 slightly happy (just a bit above neutral)
5 slightly unhappy (just a bit below neutral)
4 mildly unhappy (just a bit low)
3 pretty unhappy (somewhat "blue", spirits down)
2 very unhappy (depressed, spirits very low)
1 extremely unhappy (utterly depressed, completely down)

Name: Fordyce's overall happiness item.

M-FH/u/sq/v/3/a

Selfreport on single question:

Do you feel.....?
3 happy
2 not too happy
1 unhappy

M-PL/c/sq/v/5/a

Selfreport on single question:

During the past 4 weeks, did you enjoy life?
1 never
2 seldom
3 quite often
4 very often
5 always

M-PL/h/sq/v/5/b

Selfreport on single question: following enumeration of lifegoals in six areas, the last of which was 'joy in living'

" How successful have you been in pursuit of that goal.....?"
(joy in living)
5 had excellent fortune in this respect
4
3
2
1 found little satisfaction in this area

M-TH/g/sq/v/3/d

Selfreport on single question:

I feel.....
3 rarely unhappy
2 rather often unhappy
1 very often unhappy.

M-TH/g/sq/v/4/b

Selfreport on single question:

Moments that I feel happy I have.....
4 often
3 not too often
2 seldom
1 never

M-TH/g/sq/v/5/b

Self report on single question:

"How often do you feel that you are really enjoying life? Would you say.....?"
5 very often
4 fairly often
3 occasionally
2 rarely
1 never

O-DT/c/sq/v/7/aa

Selfreport on single question:

How do you feel about your life as a whole right now.....?
7 delightfull
6 very satisfying
5 satisfying
4 mixed
3 dissatisfying
2 very dissatisfying
1 terrible
No opinion

Name: Andrews & Withey's `Delighted-Terrible Scale' (modified version)

O-DT/c/sq/v/7/b

Selfreport on single question:

How do you feel about your life as a whole right now.....?
1 terrible
2 unhappy
3 mostly dissatisfied
4 mixed (about equally satisfied and dissatisfied)
5 mostly satisfied
6 pleased
7 delighted
- neutral (neither satisfied nor dissatisfied)
- I never thought about it
- does not apply to me

Name: Andrews & Withey's `Delighted-Terrible Scale' (modified version by Michalos)

O-DT/u/sq/f/7/a

Selfreport on single question:

Which face comes closest to expressing feeling about life as a whole?
7 delighted
6 nvery satisfying
5 satisfying
4 mixed
3 dissatisfying
2 very dissatisfying
1 terrible
- No opinion

Name: Andrews & Withey's "Delighted-Terrible Scale" (modified version)

O-DT/u/sq/v/7/a

Selfreport on single question:

How do you feel about your life as a whole.....?
7 delighted
6 pleased
5 mostly satisfied
4 mixed
3 mostly dissatisfied
2 unhappy
1 terrible

Name: Andrews & Withey's `Delighted-Terrible Scale' (original version)

O-DT/u/sq/v/7/b

Selfreport on single question:

How do you feel about your life-as-a-whole.....?
1 terrible
2 unhappy
3 mostly dissatisfied
4 mixed
5 mostly satisfied
6 pleased
7 delighted

The rating scale was presented horizontally and allowed scores in between (resulting in fact in a 67 point scale)

Name: Andrews & Withey's `Delighted-Terrible Scale' (modified version)

O-DT/u/sqt/v/7/a

Selfreport on single question, asked twice in interview:

How do you feel about your life as a whole.....?
7 delighted
6 pleased
5 mostly satisfied
4 mixed
3 mostly dissatisfied
2 unhappy
1 terrible

Summation: arithmetic mean

Name: Andrews & Withey's "Delighted-Terrible Scale" (original version)
Also known as Lehman's 'Global lifesatisfaction'

O-DT/u/sqt/v/9/a

Selfreport on single question asked twice

'How do you feel about your life as a whole?'
1 terrible
2 very unhappy
3 unhappy
4 mostly dissatisfied
5 mixed feelings
6 mostly satisfied
7 pleased
8 very pleased
9 delighted

O-GBB/u/sq/c/9/a

Selfreport on single question:

"Here are some circles that we can imagine represent the lives of different people. Circle eight has all pluses in it, to represent a person who has all the good things in his life. Circle zero has all minuses in it, to represent a person who has all the bad things in his life. Other circles are in between. Which circle do you think comes closest to matching your life?"
(circles not reproduced here)
8 + + + + + + + +
7 + + + + + + + -
6 + + + + + + - -
5 + + + + + - - -
4 + + + + - - - -
3 + + + - - - - -
2 + + - - - - - -
2 + - - - - - - -
0 - - - - - - - -

Name: Andrews & Withey's 'Circles Scale'

O-HL/c/sq/n/7/a

Selfreport on single question:

Here are some words and phrases. We would like you to use these in describing how you feel about your present life..
1 unhappy
2
3
4
5
6
7 happy

(originally presented horizontally)

Item in Campbell's semantic differential scale

O-HL/c/sq/v/3/a Selfreport on single question:

Taking all together, how would you say things are these days? Would you say you are .....?
3 very happy
2 pretty happy
1 not too happy

O-HL/c/sq/v/3/aa Selfreport on single question:

Taken all together, how would you say things are these days? Would you say that you are....?
3 very happy
2 pretty happy
1 not too happy

O-HL/c/sq/v/3/ab Selfreport on single question:

Taking all things together, how would you say things are these days? Would you say you are...?
3 very happy
2 fairly happy
1 not too happy

O-HL/c/sq/v/3/ad Selfreport on single question:

Taking all things together, how would you say you are these days? Would you say you are.....?
3 very happy
2 pretty happy
1 not too happy

O-HL/c/sq/v/3/ca Selfreport on single question:

Generally speaking; how would you say, you are these days.....?
1 very happy
2 pretty happy
3 not too happy

O-HL/c/sq/v/4/a Selfreport on single question:

Do you feel your life at present is.....?
4 very happy
3 quite happy
2 quite unhappy
1 very unhappy

O-HL/c/sq/v/4/b Selfreport on single question:

Is your life at this moment ....?
4 very happy
3 fairly happy
2 fairly unhappy
1 very unhappy

O-HL/c/sq/v/5/a Selfreport on single question:

Taking all things together in your life, how would you say things are these days? Would you say you are ....?
5 very happy
4 happy
3 neither happy nor unhappy
2 unhappy
1 very unhappy

O-HL/c/sq/v/5/e

Selfreport on single question:

How happy do you feel as you live now? Please choose one item on this card that comes closest to your feeling.
5 very happy
4 fairly happy
3 neither happy nor unhappy
2 fairly unhappy
1 very unhappy

O-HL/c/sq/v/5/f

Selfreport on single question:

"Taking all things together, do you feel happy these days....?
5 very happy
4 somewhat happy
3 so so
2 somewhat not happy
1 not happy at all

O-HL/c/sq/v/5/h

Selfreport on single question

'How happy are you now?'
5 very happy
4 happy
3 neither happy nor unhappy
2 unhappy
1 very unhappy

Original text in Danish:
'Hvor lykkelig er du for tiden?'
5 meget lykkelig
4 lykkelig
3 hverken eller
2 ullykklig
1 meget ullykkelig

O-HL/c/sq/v/5/j

Selfreport on single question

Do you feel your life at present is...?
5 very happy
4 fairly happy
3 cannot say
2 fairly sad
1 very sad

O-HL/g/sq/n/9/a

Selfreport on single question:

Generally, how happy are you.....?
1 not at all
2
3
4
5
6
7
8
9 completely

(Originally presented on a horizontal line scale)

O-HL/se/sq/lg/11/b

Selfreport on single question:

Taking all together and comparing with your happiest and unhappiest periods in life, how are you doing?
Answers rated on a graph:
-5 | unhappiest period
-4 |
-3 |
-2 |
-1 |
0 | ----------|----------|----------|----------|
+1 | T1 T2 T3 T4
+2 |
+3 |
+4 |
+5 | happiest period

T1: Before retirement
T2: At the moment of retirement
T3: A years after retirement
T4: the last two weeks

Name: ACSA (Anamnestic Comparative Self Assessment)
Retrospections and current assessment plotted in a time graph. Only recent rating taken as happiness

O-HL/u/sq/ol/9/a

Selfreport on single question:

Place a cross, on each line, on the place you estimate to be that which corresponds best with your state
1 I am not very happy
2 |
3 |
4 |
5 | I am not too happy
6 |
7 |
8 |
9 I am quite happy

Scoring: rated on an open horizontal line scale, divided afterwards in 9 sections.

O-HL/u/sq/v/4/a

Selfreport on single question:

Taking all things together, would you say you are.....?
4 very happy
3 quite happy
2 not very happy
1 not at all happy.

O-HL/u/sq/v/4/b

Selfreport on single question:

On the whole, how happy would you say you are.....?
4 very happy
3 fairly happy
2 not very happy
1 very unhappy

O-HL/u/sq/v/5/a

Selfreport on single question:

How happy or unhappy do you think you are.....?
5 very happy
4 happy
3 moderately happy
2 fairly unhappy
1 very unhappy

O-HL/u/sq/v/7/a

Selfreport on single question:

Considering your life as a whole, would you describe it as....:?
1 very unhappy
2
| unhappy
3
4 an even mixture of unhappiness and happiness
5
| happy
6
7 very happy
no opinion

O-HL/u/sq/v/7/b

Selfreport on single question:

How do you feel how happy you are.....?
7 delighted
6 pleased
5 mostly satisfied
4 mixed (about equally satisfied and dissatisfied)
3 mostly
2 unhappy
1 terrible

O-HP/g/rc/?/0/a

Clinical rating by 16 staff members on the basis of lasting face to face contact.

".....happiness and satisfaction with past and present life....."
(full question to raters not reported)

Rating scale not reported

O-HP/g/sq/ol/7/a

Selfreport on single question:

"Generally speaking are you a happy person.....?"

Responses were made on an open line scale, and were later coded in 7 categories:
1 very unhappy
2
3
4
5
6
7 very happy.

O-LWL/u/sq/v/4/a

Selfreport on single question:

"How often have you seriously thought that life wasn't really worth living.....?"
4 never
3 once or twice
2 occasionally
1 a great deal

O-QLS/cm/sq/ol/101/a Selfreport on single question:

How would you estimate your quality of life as a whole during the last 4 weeks?
| 0
|
|
|
|
|
| 100
Rated on 15 cm vertical open line

O-QLS/u/sq/v/5/a Selfreport on single question:

'Please rate your quality of life in each of the six areas below.
Overall: This refers to your overall, general quality of life.
7 extremely satisfied
6 very satisfied
5 satisfied
4 both satisfied and dissatisfied
3 dissatisfied
2 very dissatisfied
1 extremely satisfied

O-QOL/cm/sq/v/5/a Selfreport on single question:

We ask you to think about your life in the last two weeks.....

How would you rate your quality of life?
1 very poor
2 poor
3 neither poor nor good
4 good
5 very good

Item 1 in WHOQOL-Bref

O-SLC/g/fi/v/7/b Selfreport in focused interview

Two independent interviews. Each interviewer rated `satisfaction with lot' on the same scale.
1 tremendously satisfied
2
3
4 average
5
6
7 extremely dissatisfied

O-SLC/u/sq/n/7/a Selfreport on single question:

The conditions of my life are excellent
1 strongly disagree
2
3
4
5
6
7 strongly agree

Item in Diener's Satisfaction with life Scale (SWLS)

O-SLL/c/sq/v/3/a

Selfreport on single question:

In general how satisfying do you find the way you are spending your life these days. Would you call it.....?
3 completely satisfying
2 pretty satisfying
1 not very satisfying

O-SLL/c/sq/v/5/b

Selfreport on single question:

How satisfied are you with the life you lead these days.....?
5 very satisfied
4 fairly satisfied
3 neither satisfied nor dissatisfied
2 rather dissatisfied
1 very dissatisfied

O-SLP/c/sq/l/11/a

Selfreport on single question :

"Some people seem to be quite happy and satisfied with their lives, while others seem quite unhappy and dissatisfied. Now look at this ladder (again). Suppose that a person who is entirely satisfied with his life would be at the top of the ladder and a person who is extremely dissatisfied with his life would be at the bottom of the ladder. Where would you put yourself on the ladder at the present stage of your life in terms of how satisfied or dissatisfied you are with your personal life?"
[10] entirely satisfied
[9]
[8]
[7]
[6]
[5]
[4]
[3]
[2]
[1]
[0] entirely dissatisfied

Name Cantril ladder rating (modified version)

O-SLu/c/sq/n/7/b

Selfreport on single question:

"All in all, how satisfied are you with your life these days.....?"
1 very dissatisfied
2
3
4
5
6
7 very satisfied

O-SLu/c/sq/v/4/a

Selfreport on single question :

"These days my life is .....".
4 just great
3 more than satisfactory
2 less than satisfactory
1 miserable

O-SLu/c/sq/v/5/a Selfreport on single question:

Overall, how satisfied are you with your present life.....?
Please choose from this card that is closest to your feeling.
5 very satisfied
4 fairly satisfied
3 neither satisfied nor dissatisfied
2 fairly dissatisfied
1 very dissatisfied

O-SLu/c/sq/v/5/e Selfreport on single question:

'How satisfied are you with your life now?'
5 very satisfied
2 satisfied
3 neither satisfied nor dissatisfied
2 dissatisfied
1 very dissatisfied

Original text in Danish:
'Hvor tilfreds er du med dit liv for tiden?'
5 meget tilfreds
4 tilfreds
3 hverken tilfreds eller utilfreds
2 utilfreds
1 meget utilfreds

O-SLu/g/sq/v/3/a Selfreport on single question:

"On the whole, how satisfied would you say you are with your life.....?"
1 not very satisfied
2 fairly satisfied
3 very satisfied

O-SLu/g/sq/v/5/a Selfreport on single question:

In general, how satisfied are you with your life.....?
5 very satisfied
4 satisfied
3 average
2 somewhat dissatisfied
1 very dissatisfied

O-SLu/u/sq/n/7/a Selfreport on single question:

I am satisfied with my life
1 strongly disagree
2
3
4
5
6
7 strongly agree

Item in Diener's Satisfaction with life Scale (SWLS)

O-SLu/u/sq/v/4/a

Selfreport on single question:

Overall, how satisfied are you with your life.....?
4 very satisfied
3 satisfied
2 dissatisfied
1 very dissatisfied.

O-SLV/u/sq/t/101/a

Selfreport on single question :
Where would you put your life as a whole on a feeling thermometer?
Rated on 'thermometer scale' (in grades)
0 degrees: very cold, negative
10
20
30
40
50
60
70
80
90
100 very warm, positive

O-SLW/c/sq/l/11/b

Selfreport on single question:

"How dissatisfied would you say you are with things in general today?'
Rated on ladder scale
[10] completely satisfied
[ ]
[ ]
[ ]
[ ]
[ ]
[ ]
[ ]
[ ]
[ ]
[0] completely dissatisfied

O-SLW/c/sq/n/10/aa

Selfreport on single question:

All things considered, how satisfied are you with your life as-a-whole now.....?
1 dissatisfied
2
3
4
5
6
7
8
9
10 satisfied

O-SLW/c/sq/n/11/ba

Selfreport on single question;
What do you think, how satisfied are you at this moment- all in all - with your life ?' 'If for instance you are totally satisfied with your life, please mark a '10'.If you are totally unsatisfied with your life, mark a '0'.If you are not completely unsatisfied nor totally satisfied range yourself somewhere between '1' and '9"
10 completely satisfied
9
8
7
6
5
4
3
2
1
0 completely dissatisfied

O-SLW/c/sq/n/11/d

Selfreport on single question:

Taking all things together, how satisfied are you with your life these days? Please answer with the help of this scale. For instance, when you are totally satisfied with your life, please tick '10'. When you are totally unsatisfied with your life, please tick '0'. You may use all values in between to indicate that you are neither totally satisfied nor totally unsatisfied."
10 totally satisfied
9
8
7
6
5
4
3
2
1
0 totally unsatisfied

O-SLW/c/sq/n/6/a

Selfreport on single question:

Are you currently satisfied with your life all in all.....?
0 not satisfied
1
2
3
4
5 very satisfied

O-SLW/c/sq/n/6/c

Selfreport on single question:

How satisfied are ypu with your life as a whole these days?
1 very dissatisfied
2
3
4
5
6 very satisfied

O-SLW/c/sq/n/7/a

Selfreport on single question:

We have talked about various parts of your life, now I want to ask you about your life as a whole. How satisfied are you with your life as a whole these days.....?
7 completely satisfied
6
5
4 neutral
3
2
1 completely dissatisfied

O-SLW/c/sq/n/9/a

Selfreport on single question:

'All things considered, how satisfied are you with your life these days?'
1 completely dissatisfied
2
3
4
5
6
7
8
9 completely satisfied

O-SLW/c/sq/v/5/a

Selfreport on single question:

Taking everything into consideration: how satisfied are you with your life in general at the present time.....?
1 not satisfied
2 slightly satisfied
3 fairly satisfied
4 very satisfied
5 extremely satisfied

O-SLW/c/sq/v/5/d

Selfreport on single question:

Taking everything into consideration, how satisfied are you with life in general at the present time? Would you say you are.....?
5 extremely satisfied
4 very satisfied
3 fairly satisfied
2 slightly satisfied
1 not satisfied"

O-SLW/c/sq/v/5/g

Selfreport on single question:

Taken all things together, how satisfied are you with your life as a whole these days? On the whole, would you say you are.....?
5 very satisfied
4 satisfied
3 neither satisfied nor dissatisfied
2 dissatisfied
1 very dissatisfied

O-SLW/c/sq/v/5/q

Selfreport on single question:

Currently I am .. with life as a whole
1 very dissatisfied
2 dissatisfied
3 neither satisfied, nor dissatisfied
4 satisfied
5 very satisfied

O-SLW/c/sq/v/7/a

Selfreport on single question:

"Finally, will you consider some other aspects of your life at the present moment, and indicate how satisfied you feel about each in turn..... Taking everything together, your life -as-a-whole- these days.....?"

1 I'm extremely dissatisfied
2 I'm very dissatisfied
3 I'm moderately dissatisfied
4 I'm not sure
5 I'm moderately satisfied
6 I'm very satisfied
7 I'm extremely satisfied

O-SLW/c/sq/v/7/d

Selfreport on single question;

Everything considered, how satisfied or dissatisfied would you say you are with your life these days?
1 extremely dissatisfied
2 very dissatisfied
3 pretty dissatisfied
4 both satisfied and dissatisfied (neutral)
5 pretty satisfied
6 very satisfied
7 extremely satisfied

O-SLW/g/sq/v/6/a

Selfreport on single question:

Overall, how satisfied are you with your life in general?
1 very dissatisfied
2 dissatisfied
3 somewhat dissatisfied
4 somewhat satisfied
5 satisfied
6 very satisfied

O-SLW/u/sq/n/11/ca

Selfreport on single question:

Thinking about your own life and personal circumstances, how satisfied are you with your life as a whole?
1 very dissatisfied
2
3
4
5 neutral
6
7
8
9
10 very satisfied

First item in Cummins' 'Personal Well-being Scale' (labels used until 2005)

O-SLW/u/sq/v/4/i

Selfreport on single question:

All in all, how satisfied would you say you are with your life as a whole?
1 not at all satisfied
2 not too satisfied
3 very satisfied
4 extremely satisfied

O-SLW/u/sq/v/5/d

Selfreport on single question:

Taking your life as a whole, are you .....?
5 very satisfied
4 quite satisfied
3 more satisfied than discontented
2 more discontented than satisfied
1 quite dissatisfied

O-SLW/u/sq/v/6/a

Selfreport on single question:

"How satisfying are these different aspects of your life? Indicate the number which best suits your situation. Life as a whole is....."
1 very dissatisfying
2 dissatisfying
3 rather dissatisfying
4 rather satisfying
5 satisfying
6 very satisfying

This item was followed by eight questions on life domain satisfactions.

O-SLW/u/sq/v/7/b

Selfreport on single question :

How do you feel about your life as a whole.....?
7 completely satisfied
6 very satisfied
5 satisfied
4 satisfied/dissatisfied
3 dissatisfied
2 very dissatisfied
1 completely dissatisfied

O-SLW/u/sqt/v/7/a

Selfreport on single question, asked twice in interview:

Considering everything, how satisfied are you with your life as a whole.....?
7 completely satisfied
6
5
4
3
2
1 completely dissatisfied

Summation: both scores added
Possible range: 2 to 14

O-SP/u/sq/ol/9/a

Selfreport on single question:

Place a cross on the line below, on the spot you estimate that corresponds best with your state.
1 | I am not very satisfied
2 |
3 |
4 |
5 | I am not too satisfied
6 |
7 |
8 |
9 I am very satisfied

Scoring: rated on an open horizontal line scale divided afterwards in 9 sections.

O-Sum/*/sq/vt/11/a

Selfreport on single questions:

This measure of average happiness in nations combines responses to different questions on happiness and life-satisfaction rated on different scales. Precise items and rating scales differ per nation. Average scores per nation were transformed afterwards to a common 0-10 scale.

Name: Diener's SWB-score of nations

O-Sum/c/mq/*/0/c

Selfreport on 9 questions:

A. "How satisfied are you with your life as a whole these days?"
(Answer options not reported)

B. Eight questions about how Ss feel about present life in terms
of :
- interesting ---------- boring
- enjoyable ---------- miserable
- worthwhile ---------- useless
- friendly ---------- lonely
- full ---------- empty
- hopeful ---------- discouraging
- rewarding ---------- disappointing
- brings out the best in me-- does not give me a chance

Response options 1 - 7 numerical scales

Summation: Equal weights for A and B. Precise summation: not reported.

O-Sum/c/mq/v/5/a

Selfreport on 3 questions:

A When you consider your present life as-a-whole, would you say you are....?
5 very happy
4 fairly happy
3 rather happy than unhappy
2 rather unhappy than happy
1 very unhappy
- DK/NA

B When you consider your present life as-a-whole, would you say you are.....?
5 very satisfied
4 fairly satisfied
3 rather satisfied than dissatisfied
2 rather dissatisfied than satisfied
1 fairly dissatisfied
- DK/NA

C How do you feel right now? Is your well-being.....?
5 very high

4 high
3 moderate
2 rather low
1 very low
- DK/NA

Summation: The summed scores were divided in three strata: low, medium and high quality of life

O-Sum/g/fi/?/7/a

Selfreport in in-depth interview about affective nature of one's life.
Rated on the level of happiness by an expert rater on a 1-7 scale

O-Sum/g/mq/v/5/a

Selfreport on 3 questions

A I am generally happy with my life
B Although I have my ups and downs, in general I feel good about my life
C I lead a meaningfull and fullfilling life

Scoring:
5 strongly agree
4 agree
3 agree nor disagree
2 disagree
1 strongly disagree

Computation: A+B+C / 3

O-Sum/u/mq/*/0/b

Selfreport in 2 questions:

A. "How satisfied are you with your life as a whole these days?"
10 completely satisfied
9
8
7
6
5
4
3
2
1
0 not at all satisfied

B. "Where would you place your life as a whole?"
Rated on a thermometer scale.
100 perfect, as good as you can imagine it being
90
80
70
60
50
40
30
20
10
0 terrible, as bad as you can imagine it being

Summation: factor loading

O-Sum/u/mq/v/5/b

Selfreport on four questions:

Using the 1-5 scale below, indicate your agreement with each of the items by placing the appropriate number on the line preceding that item. Please be open and honest in your responding.
A In most ways my life is close to ideal
B The conditions of my life are excellent
C I am satisfied with my life
D So far, I have gotten the important things I want in life

Answers rated:
5 strongly agree
4 slightly agree
3 neither agree nor disagree
2 slightly disagree
1 strongly disagree

Computation: A+B+C+D divided by 4

Name: Shortened Diener's Satisfaction with Life Scale (SWLS)
(In the original scale item 5 reads: 'If I could live my life over, I would change nothing'. This item is left out in this selection because a positive answer to this question does not necessarily mean that the respondent doesn't like the life he/she actually lives.)

O-V/u/sq/n/7/a

Selfreport on single question:

In most ways my life is close to ideal
1 strongly disagree
2
3
4
5
6
7 strongly agree

Item in Diener's Satisfaction with life Scale (SWLS)

Appendix 2: Statistics used

Symbol	*Explanation*
a	FACTOR LOADING Type: descriptive statistic A factor loading is the correlation coefficient between an observed variable and a factor in the underlying Factor Analysis Model. Range: [-1, +1] Meaning: A high factor loading means that the factor is very similar to that observed variable.
AoV	ANALYSIS of VARIANCE (ANOVA) Type: statistical procedure Measurement level: Correlate(s): nominal, Happiness: metric. In an ANOVA, the total happiness variability, expressed as the sum of squares, is split into two or more parts, each of which is assigned to a source of variability. At least one of those sources is the variability of the correlate, in case there is only one, and always one other is the residual variability, which includes all unspecified influences on the happiness variable. Each sum of squares has its own number of degrees of freedom (df), which sum up to Ne -1 for the total variability. If a sum of squares (SS) is divided by its own number of df, a mean square (MS) is obtained. The ratio of two correctly selected mean squares has an F-distribution under the hypothesis that the corresponding association has a zero-value. NOTE: A significantly high F-value only indicates that, in case of a single correlate, the largest of the c mean values is systematically larger than the smallest one. Conclusions about the other pairs of means require the application of a Multiple Comparisons Procedure (see e.g. BONFERRONI's MULTIPLE COMPARISON TEST, DUNCAN's MULTIPLE RANGE TEST or STUDENT-NEWMAN-KEULS)
Beta	(ß) STANDARDIZED REGRESSION COEFFICIENT by LEAST SQUARES (OLS) Type: test statistic. Measurement level: Correlates: all metric, Happinessl: metric. Range: [-1 ; +1] Meaning: beta > 0 « a higher correlate level corresponds with, on an average, higher happiness rating. beta < 0 « a higher correlate level corresponds with, on an average, lower happiness rating. beta = 0 « no correlation. beta = + 1 or -1 « perfect correlation. Remark: Mean of observations is subtracted from all observations if standardized.
Chi²	CHI-SQUARE Type: test statistic Range: [0; Ne*(min(c,r)-1)], where c and r are the number of columns and rows respectively in a cross tabulation of Ne sample elements. Meaning: Chi² <= (c-1) * (r-1) means: no association Chi² >> (c-1) * (r-1) means: strong association
D%	DIFFERENCE in PERCENTAGES Type: descriptive statistic only. Measurement level: Correlate level: dichotomous, but nominal or ordinal theoretically possible as well. Happiness level: dichotomous Range: [-100; +100] Meaning: the difference of the percentages happy people at two correlate levels.

dc

DISCRIMINANT COEFFICIENT
Seldom used in happiness research. See excerpted report for further reference.

DM

DIFFERENCE of MEANS
Type: descriptive statistic only.
Measurement level: Correlate: dichotomous, Happiness: metric
Range: depending on the happiness rating scale of the author; range symmetric about zero.

Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels.

DMr

DIFFERENCE IN MEAN RIDITS
Type: test statistic
Measurement level: Happiness ordinal
Range: [0; +1]

Meaning:
Mr < .50: average happiness in this subgroup lower than in the larger population
Mr = .50: average happiness in this subgroup the same as in the larger population
Mr > .50: average happiness in this subgroup higher than in the larger population

'Ridit analysis' compares the distribution of happiness scores in subgroups to its distribution in the entire sample ("Relative to an Identified Distribution")

Testing for significance can be performed through a "BROSS Confidence Interval" (BCI). If all values the BCI for a subgroup are above/below 0.500, the subgroup is significantly more/less happy than the larger population.

DMt

DIFFERENCE of MEANS AFTER TRANSFORMATION
Type: descriptive statistic only.
Measurement level: Correlate: dichotomous, Happiness: metric
Theoretical range: [-10; +10]

Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels.

E^2

CORRELATION RATIO (Elsewhere sometimes called h^2 or ETA)
Type: test statistic
Measurement level: Correlate: nominal or ordinal, Happiness: metric
Range: [0; 1]

Meaning: correlate is accountable for E^2 x 100 % of the variation in happiness.
$E^2 = 0$ « knowledge of the correlate value does not improve the prediction quality of the happiness rating.
$E^2 = 1$ « knowledge of the correlate value enables an exact prediction of the happiness rating

G

GOODMAN & Kruskal's GAMMA
Type: test statistic
Measurement level: Correlate: ordinal, Happinessl: ordinal
Range: [-1; +1]

Meaning:
G = 0 « no rank correlation
G = +1 « strongest possible rank correlation, where high correlate values correspond with high happiness ratings.
G = -1 « strongest possible rank correlation, where high correlate values correspond with low happiness ratings.

mr

Mean correlation coefficient (r).
For r, see PRODUCT-MOMENT CORRELATION

r	PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient' or simply 'correlation coefficient') Type: test statistic. Measurement level: Correlate: metric, Happiness: metric Range: [-1; +1] Meaning: r = 0 « no correlation , r = 1 « perfect correlation, where high correlate values correspond with high happiness values, and r = -1 « perfect correlation, where high correlate values correspond with low happiness values.
Ra^2	ADJUSTED COEFFICIENT OF MULTIPLE CORRELATION Type: descriptive statistic only Measurement level: Correlates: all metric, Happiness: metric Range: [0 ; 1] Meaning: Ra = 0 « not any association Ra = 1 « strongest possible association
rpc	PARTIAL CORRELATION COEFFICIENT Type: test statistic Measurement level: Correlate: metric, Happiness: metric Range: [-1; +1] Meaning: a partial correlation between happiness and one of the correlates is that correlation, which remains after accounting for the contribution of the other influences, or some of them, to the total variability in the happiness scores. Under that conditions rpc > 0 « a higher correlate level corresponds with a higher happiness rating, rpc < 0 « a higher correlate level corresponds with a lower happiness rating,
R^2	COEFFICIENT of DETERMINATION Type: test statistic Measurement level: Correlates: all metric, Happiness: metric Range: [0; 1] Meaning: R^2 = 0 « no influence of any correlate in this study has been established. R^2 = 1 « the correlates determine the happiness completely.
SNR	Statistic Not Reported
ta	KENDALL'S RANK CORRELATION COEFFICIENT TAU-A Type: test statistic Measurement level: Correlate: ordinal, Happiness: ordinal Range: [-1; +1], but if ties are present -1< ta< +1. Meaning: ta = 0 « no rank correlation ta = 1 « perfect rank correlation, where high values of the correlate correspond with high happiness ratings. ta =-1 « perfect rank correlation, where high values of the correlate correspond with low happiness ratings.

tb	KENDALL'S RANK CORRELATION COEFFICIENT TAU-B Type: test statistic Measurement level: Correlate: ordinal, Happiness: ordinal Range: [-1; +1] Meaning: tb = 0 « no rank correlation tb = 1 « perfect rank correlation, where high values of the correlate correspond with high happiness ratings. tb = -1 « perfect rank correlation, where high values of the correlate correspond with low happiness ratings.
tc	KENDALL'S TAU-C (Also referred to as Stuart's tau-c) Type: test statistic Measurement level: Correlate: ordinal, Happiness: ordinal Range: [-1; +1] Meaning: tc = 0 « no rank correlation tc = 1 « perfect rank correlation, where high values of the correlate correspond with high happiness ratings. tc = -1 « perfect rank correlation, where high values of the correlate correspond with low happiness ratings.
V	CRAMéR's V Type: test statistic Measurement level: Correlate: nominal, Happiness: ordinal Range: [0; 1] Meaning: V = 0 « no association V = 1 « strongest possible association
ZZZZZ	CRAMéR's V Type: test statistic Measurement level: Correlate: nominal, Happiness: ordinal Range: [0; 1] Meaning: V = 0 « no association V = 1 « strongest possible association

---

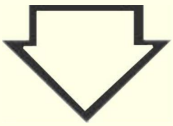
Appendix 3: About the World Database of Happiness

Structure of the collections

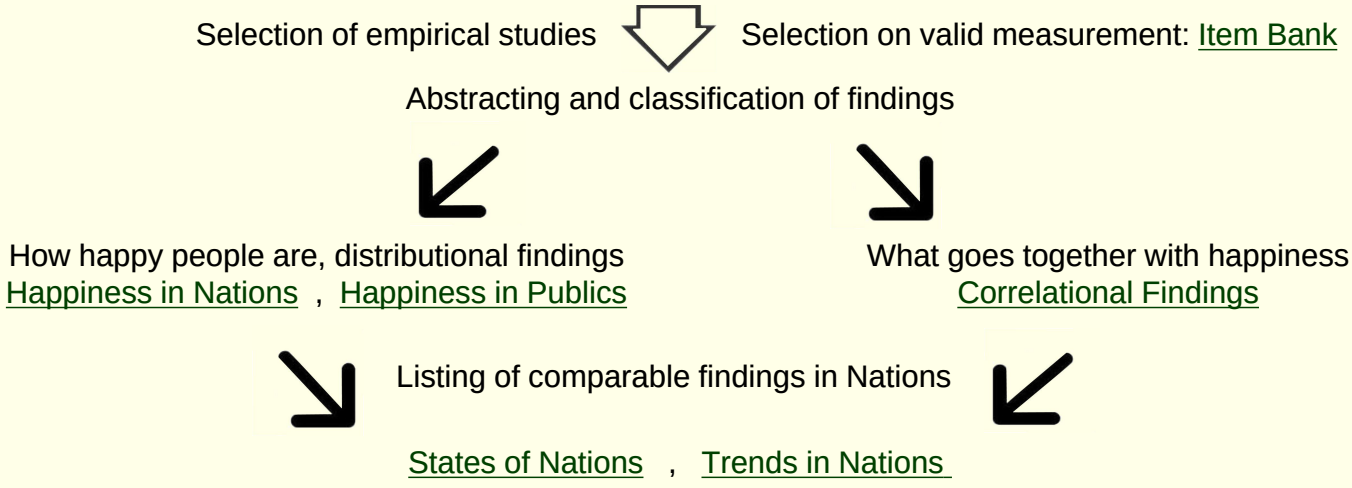
The World Database of Happiness is an ongoing register of scientific research on the subjective enjoyment of life. It brings together findings that are scattered throughout many studies and provides a basis for synthetic work.

World literature on Happiness

Selection on subject



Bibliography and Directory



Size of the collections
1226 Happiness measures (Item Bank)
4258 Nations surveys in 206 Nations
149 Distinguished publics in 1199 studies
12032 Correlational findings in 1196 studies

Appendix 4 Further Findings in the World Database of Happiness

Main Subjects	*Subject Description*	*Number of Studies*
A1	ACTIVITY: LEVEL (how much one does)	58
A2	ACTIVITY: PATTERN (what one does)	32
A3	AFFECTIVE LIFE	48
A4	AGE	400
A5	AGGRESSION	12
A6	ANOMY	32
A7	APPEARANCE (good looks)	15
A8	ATTITUDES	6
A9	AUTHORITARIANISM	4
B1	BIRTH CONTROL	1
B2	BIRTH HISTORY (own birth)	201
B3	BODY	77
C1	CHILDREN	1
C2	CHILDREN: WANT FOR (Parental aspirations)	6
C3	CHILDREN: HAVING (parental status)	195
C4	CHILDREN: CHARACTERISTICS OF ONE'S CHILDREN	25
C5	CHILDREN: RELATION WITH ONE'S CHILDREN	8
C6	CHILDREN: REARING OF ONE'S CHILDREN (parental behavior)	26
C7	COMMUNAL LIVING	9
C8	CONCERNS	18
C9	COPING	43
C10	CREATIVENESS	6
C11	CULTURE (Arts and Sciences)	8
D1	DAILY JOYS & HASSLES	5
E1	EDUCATION	302

E2	EMPLOYMENT	363
E3	ETHNICITY	98
E4	EXPRESSIVE BEHAVIOR	12
F1	FAMILY OF ORIGIN (earlier family for adults, current for young)	236
F2	FAMILY OF PROCREATION	58
F3	FAMILY OF RELATIVES	157
F4	FARMING	25
F5	FREEDOM	32
F6	FRIENDSHIP	152
G1	GENDER	370
G2	GRIEF	1
H1	HABITS	1
H2	HANDICAP	25
H3	HAPPINESS: VIEWS ON HAPPINESS	49
H4	HAPPINESS: DISPERSION OF HAPPINESS	10
H5	HAPPINESS: CAREER	191
H6	HAPPINESS: CORRESPONDENCE OF DIFFERENT MEASURES	310
H7	HAPPINESS OF OTHERS	0
H8	HAPPINESS: REPUTATION OF HAPPINESS	19
H9	HEALTH-BEHAVIOR	25
H10	HELPING	5
H11	HOPE	8
H12	HOUSEHOLD: COMPOSITION	137
H13	HOUSEHOLD: WORK	32
H14	HOUSING	106
I1	INCOME	552
I2	INSTITUTIONAL LIVING	43
I3	INTELLIGENCE	71
I4	INTERESTS	8
I5	INTERVIEW	73
I6	INTIMACY	103
L1	LANGUAGE	2
L2	LEADERSHIP	8
L3	LEISURE	206
L4	LIFE APPRAISALS: OTHER THAN HAPPINESS	368
L5	LIFE CHANGE	35
L6	LIFE EVENTS	86
L7	LIFE GOALS	75
L8	LIFE HISTORY	2
L9	LIFE STYLE	22
L10	LOCAL ENVIRONMENT	374
L11	LOTTERY	8
L12	LOVE-LIFE	31
M1	MARRIAGE: MARITAL STATUS CAREER	64
M2	MARRIAGE: CURRENT MARITAL STATUS	543
M3	MARRIAGE: RELATIONSHIP	115
M4	MARRIAGE: PARTNER	46
M5	MEANING	23

M6	MEDICAL TREATMENT	81
M7	MENTAL HEALTH	218
M8	MIGRATION: TO OTHER COUNTRY	29
M9	MIGRATION: MOVING WITHIN COUNTRY (residential mobility)	17
M10	MIGRATION: MIGRANT WORK	3
M11	MILITARY LIFE	7
M12	MODERNITY	6
M13	MOOD	246
M14	MOTIVATION	7
N1	NATION: NATIONALITY	29
N2	NATION: ERA (temporal period)	41
N3	NATION: NATIONAL CHARACTER (modal personality)	29
N4	NATION: CONDITION IN ONE'S NATION	430
N5	NATION: POSITION OF ONE'S NATION	1
N6	NATION: ATTITUDES TO ONES NATION	152
N7	NATION: LIVABILITY OF ONE'S NATION	17
N8	NATION i: ATTITUDES IN	1
N9	REGION IN NATION	59
N10	NUTRITION	23
N21	ERA	0
O1	OCCUPATION	178
O2	ORGAN TRANSPLANTATION	17
P1	PERSONALITY: HISTORY	48
P2	PERSONALITY: CHANGE	10
P3	PERSONALITY: CURRENT ORGANIZATION	7
P4	PERSONALITY: CURRENT TRAITS	462
P5	PERSONALITY: LATER	23
P6	PHYSICAL HEALTH	427
P7	PLANNING	11
P8	POLITICAL BEHAVIOUR	231
P9	POPULARITY	26
P10	POSSESSIONS	60
P11	PRISON	1
P12	PROBLEMS	25
P13	PSYCHO-SOMATIC COMPLAINTS	62
P14	PETS	3
R1	RELIGION	251
R2	RESOURCES	9
R3	RETIREMENT	89
R4	ROLES	23
S1	SCHOOL	129
S2	SELF-IMAGE	237
S3	SEX-LIFE	61
S4	SLEEP	16
S5	SOCIAL MOBILITY	17
S6	SOCIAL PARTICIPATION: PERSONAL CONTACTS	69
S7	SOCIAL PARTICIPATION : VOLUNTARY ASSOCIATIONS	131
S8	SOCIAL PARTICIPATION: TOTAL (personal + associations)	34

S9	SOCIO-ECONOMIC STATUS	154
S10	SOCIAL SUPPORT: RECEIVED	62
S11	SOCIAL SUPPORT: PROVIDED	6
S12	SPORTS	38
S13	STIMULANTS	49
S14	SUICIDE	8
S15	SUMMED DETERMINANTS	92
T1	TIME	53
T2	THERAPY	38
T3	TOLERANCE	37
V1	VALUES: CAREER	8
V2	VALUES: CURRENT PREFERENCES (own)	73
V3	VALUES: CLIMATE (current values in environment)	7
V4	VALUES: SIMILARITY (current fit with others)	12
V5	VICTIM	14
W1	WAR	5
W2	WISDOM	2
W3	WORK: CAREER	2
W4	WORK: CONDITIONS	68
W5	WORK: ATTITUDES	347
W6	WORK: PERFORMANCE (current)	29
W7	WORRIES	31
XX	UNCLASSIFIED	25

Appendix 5: Related Subjects

Subject		*Related Subject(s)*	
L4	LIFE APPRAISALS: OTHER THAN HAPPINESS	S15	SUMMED DETERMINANTS
L4.1.1	Earlier life-appraisals	H5.1	Perceived happiness career
L4.1.1	Earlier life-appraisals	H5.2.1	Actual level of earlier/later happiness
L4.1.2	Change in life-appraisals	H5.1.2	Retrospective changes in happiness (unspecified)
L4.1.2	Change in life-appraisals	H5.2.2	Actual changes in happiness
L4.1.4	Later life-appraisals	H5.1.3	Expected level of happiness (period unspecified)
L4.1.4	Later life-appraisals	H5.2.1	Actual level of earlier/later happiness
L4.2	Current overall judgements of life as a whole	H3	HAPPINESS: VIEWS ON HAPPINESS
L4.2	Current overall judgements of life as a whole	H4	HAPPINESS: DISPERSION OF HAPPINESS
L4.2	Current overall judgements of life as a whole	H5	HAPPINESS: CAREER
L4.2	Current overall judgements of life as a whole	H6	HAPPINESS: CORRESPONDENCE OF DIFFERENT MEASURES
L4.2.1	Wished other life	L5.3.1	Aspired life-change

L4.2.3	Perceives a lot of happiness (projective happiness)	H3.2.3	Perceived happiness of others
L4.3.1.1	. close (vs lonely)	M13.3.3	Feeling close (vs remote)
L4.3.1.2	. in control (vs drifting)	P4.58	Inner locus of control
L4.3.1.2	. in control (vs drifting)	S2.2.1	Self-perceived ability
L4.3.1.3	. developing (vs stagnating)	P1.2.96	Earlier need for self-actualization
L4.3.1.3	. developing (vs stagnating)	P4.96	Self-actualization (need for)
L4.3.1.4	. easy (vs hard)	P12	PROBLEMS
L4.3.1.4	. easy (vs hard)	W7	WORRIES
L4.3.1.5	. exiting (vs dull)	A2.4	Attitudes to own activity pattern
L4.3.1.7	. fulfilled/rewarding (vs frustrating)	M13.3.7	Feeling full (vs empty)
L4.3.1.8	. gratifying (vs frustrating)	M13.3.2.4	. feeling satisfied (vs dissatisfied)
L4.3.1.9	. hopeful (vs hopeless)	H11.3	Hopefulness
L4.3.1.10	. ideal (vs intolerable)	H6.3	Contentment
L4.3.1.11	. interesting (vs boring)	M13.3.8	Feeling open (vs closed)
L4.3.1.12	. meaningful (vs useless)	M5	MEANING
L4.3.1.13	. pleasant (vs unpleasant)	M13.3.2	Feeling cheerful (vs gloomy)
L4.3.1.16	. secure (vs threatened)	M13.3.9	Feeling secure (vs threatened)
L4.3.1.16	. secure (vs threatened)	M13.3.13	Feeling tranquil (vs restless)
L4.3.1.17	. successful (vs failure)	H6.3	Contentment
L4.3.1.17	. successful (vs failure)	M13.3.10	Feeling self-confident (vs inadequate)
L4.3.1.17	. successful (vs failure)	L7.3	Realization of lifegoals
L4.4.2	Satisfaction with multiple domains of life	S15	SUMMED DETERMINANTS
L4.5.1.1	. life compared with one's wants	H6.3	Contentment
L4.5.1.1	. life compared with one's wants	L7.3.2	Perceived realization of life-goals
L4.5.1.2	. life compared with earlier situation	H5.1.2	Retrospective changes in happiness (unspecified)
L4.5.1.4	. life compared with situation of others	H3.2.3.3	. perceived difference with own happiness
L4.5.2	Summed comparisons	S15	SUMMED DETERMINANTS
L4.6	Mixed multiple life-appraisals	S15	SUMMED DETERMINANTS
L4.7	Life-adjustment inventories	C9	COPING
L4.7	Life-adjustment inventories	R2	RESOURCES
L4.7.1	Life-stress inventories	C9	COPING
L4.7.1	Life-stress inventories	L6	LIFE EVENTS
L4.7.2	Psychological-morale inventories	M7	MENTAL HEALTH
L4.7.2	Psychological-morale inventories	P4.3	Active
L4.7.2	Psychological-morale inventories	P4.77	Optimistic
L4.7.2	Psychological-morale inventories	P4.120	Zestful
L4.7.3	Adjustment to old-age inventories	C9	COPING
L4.8	Happiness inventories involving unacceptable items	H6	HAPPINESS: CORRESPONDENCE OF DIFFERENT MEASURES

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