

World Database of Happiness



Correlational Findings on Happiness and LOVE-LIFE

Subject Code: L12

© on data collection: [Ruut Veenhoven](#),
[Erasmus University Rotterdam](#)

Classification of Findings

<i>Subject Code</i>	<i>Description</i>	<i>Nr of Studies on this Subject</i>
L12	LOVE-LIFE	0
L12.1	Love-career	0
L12.1.1	Earlier love-life	3
L12.1.2	Change in love-life	1
L12.1.4	Later love-life	0
L12.2	Current love-life	2
L12.2.1	Involved in dating	2
L12.2.2	Steady love-relation	11
L12.3	Love-feelings	4
L12.3.1	Feels in love	1
L12.3.2	Feels loved	1
L12.4	Attitudes to one's love-life	0
L12.4.1	Desire to change love-life	1
L12.4.2	Satisfaction with love-life	5
Appendix 1	Happiness Items used	
Appendix 2	Statistics used	
Appendix 3	About the World Database of Happiness	
Appendix 4	Further Findings in the World Database of Happiness	
Appendix 5	Related Subjects	

Cite as

Veenhoven, R.: Findings on LOVE-LIFE
World Database of Happiness, Correlational Findings
Internet: worlddatabaseofhappiness.eur.nl
Erasmus University Rotterdam, 2009, Netherlands

Correlational finding on Happiness and Earlier love-life

Subject code: L12.1.1

Study **VENTE 1995**

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København,
Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>
Page in Report: 286

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: partner (1)

Our classification: Earlier love-life, code L12.1.1

Measurement: Single question:
"Do you have a partner?"
1: no, and I have never had one
2: no, but I have had one
3: not sure
4: yes

Measured Values: N: 1:59, 2:264, 3:41, 4:1105

Remarks: It is likely that the original sign of the correlation was wrong: this was adjusted here.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
-------------------	------------	---------------------

A-AOL/m/sq/v/5/a r=+.16 1: Mt=7.38
 p<.00 2: Mt=7.13
 3: Mt=6.89
 4: Mt=7.96
 All Mt=7.76

O-SLu/c/sq/v/5/e r=+.19 1: Mt=6.98
 p<.00 2: Mt=6.68
 3: Mt=6.23
 4: Mt=7.69
 All Mt=7.44

O-HL/c/sq/v/5/h r=+.25 1: Mt=6.40
 p<.00 2: Mt=6.00
 3: Mt=5.68
 4: Mt=7.24
 All Mt=6.94

Correlational finding on Happiness and Earlier love-life

Subject code: L12.1.1

Study **VENTE 1996**

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 304

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: having a partner

Our classification: Earlier love-life, code L12.1.1

Measurement: Single question:
 "Do you have a partner?"
 1: no, and I never had one
 2: no, but I have had one
 3: not sure
 4: yes

Measured Values: N: All:4604; %:1:1,9; 2:14,5; 3:2,5; 4:81,1

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.20</u> <u>p<.00</u>	1: Mt=7.13 2: Mt=6.80 3: Mt=6.63 4: Mt=7.95
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.23</u> <u>p<.00</u>	1: Mt=6.45 2: Mt=6.28 3: Mt=6.16 4: Mt=7.69
<u>O-HL/c/sq/v/5/h</u>	<u>r=+.31</u> <u>p<.00</u>	1: Mt=5.99 2: Mt=5.60 3: Mt=5.35 4: Mt=5.99

Correlational finding on Happiness and Earlier love-life Subject code: L12.1.1

Study **VENTE 1996**

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 308

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: relations with one's previous partner

Our classification: Earlier love-life, code L12.1.1

Measurement: Single question:

" How are your current relations with your previous partner ?"

1: very bad

2: bad

3: neither/nor

4: good

5: very good

Measured Values: N: All:3022; %:1:13,8; 2:17,8; 3:35,3; 4:25,3; 5:7,7

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.08</u> <u>p<.00</u>	1: Mt=7.45 2: Mt=7.38 3: Mt=7.85 4: Mt=7.71 5: Mt=8.16
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.05</u> <u>p<.01</u>	1: Mt=7.21 2: Mt=7.06 3: Mt=7.51 4: Mt=7.34 5: Mt=7.60

<u>O-HL/c/sq/v/5/h</u>	<u>r=+.01</u>	1: Mt=6.96
	<u>ns</u>	2: Mt=6.83
		3: Mt=7.11
		4: Mt=6.88
		5: Mt=7.10

Correlational finding on Happiness and Change in love-life

Subject code: L12.1.2

Study HEADE 1982/2

Reported in: Headey, B.; Holström, E.; Wearing, A.J.
 Australians' Priorities Satisfactions and Well-being: Methodological Issues.
 Monograph in Public Policy Studies, nr.8, University of Melbourne, 1982, Australia
 Page in Report: 53

Population: Adults, general public, Melbourne, Australia, followed 25 months 1978-81

Sample: Probability sample (unspecified)

Non-Response: 0

N: 184

Correlate

Authors label: Change in satisfaction with marriage

Our classification: Change in love-life, code L12.1.2

Measurement: Index of 3 single questions on satisfaction with:
 a: Your wife/husband
 b: Your marriage
 c: Your sex life
 All scored on a 1-9 D-T rating scale, summation by average.

Remarks: Both Happiness (ABS) and satisfaction with marriage were assessed at T1 and T2 (25 month interval)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-BB/cm/mq/v/2/a</u>	<u>Beta=</u> <u>+.25</u> <u>p<.04</u>	T1-T2 CHANGE in happiness by T1-T2 CHANGE in satisfaction with marriage

Correlational finding on Happiness and Current love-life

Subject code: L12.2

Study **AUSTR 1984/2**

Reported in: Austrom, D.R.
The Consequences of Being Single.
Peter Lang Publisher, 1984, New York, USA ISBN 0 8204 0095 5
Page in Report: 112/116

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

N: 1038

Correlate

Authors label: Dating pattern (1)

Our classification: Current love-life, code L12.2

Measurement: 3-item index. The respondents were asked which of the following described their present situation: 1. involved in a serious romantic relationship, 2. dating more than one person, 3. not dating anyone.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
--------------------------	-------------------	----------------------------

O-SLW/u/sq/n/11/aDMt=-
p<.001

NON-MARRIED Ss ONLY. Married (including not formally married cohabitating Ss (considered as married)) left out.

- serious romantic relationship: Mt = 8.4
- dating more than one person: Mt = 7.9
- not dating anyone: Mt = 7.4

Correlational finding on Happiness and Current love-life

Subject code: L12.2

Study **PORTE 1967**

Reported in: Porter J.
Sex-Role Concepts, Their Relationship to Psychological Well-Being and to Future Plans of Female College Seniors.
Unpublished doctoral dissertation, 1967, University of Rochester, New York, USA
Page in Report: 58

Population: Female students college seniors, followed two months, Rochester, USA, 1965-66

Sample:

Non-Response: 8%; unaffected by place of residence

N: 162

Correlate

Authors label: Level of attachment of male partner (1)

Our classification: Current love-life, code L12.2

Measurement: Closed question: recently terminated relationship / apparently not dating / won't marry present beau / will possibly marry present beau / will fairly certain marry present beau / engaged / married.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
--------------------------	-------------------	----------------------------

A-AOL/cq/sq/v/10/a AoV=+ Both variables assessed at T2.
ns Females who are certain of getting married, who are engaged, or who are married are generally happier than those who are not (05).

Correlational finding on Happiness and Involved in dating

Subject code: L12.2.1

Study BRENN 1970

Reported in: Brenner, B.
 Social Factors in Mental Well-Being at Adolescence.
 PhD Dissertation, The American University, 1970, Washington DC, USA
 Page in Report: 108/322

Population: Highschool pupils, New York State, USA, 1960

Sample:

Non-Response: 1%

N: 5204

Correlate

Authors label: Extent of dating (1)

Our classification: Involved in dating, code L12.2.1

Measurement: Open-ended question on number of dates this year.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/u/sq/v/4/b</u>	<u>G=+.23</u>	
<u>A-AOL/g/sq/v/5/a</u>	<u>G=+.11</u>	
<u>A-AOL/g/sq/v/5/a</u>	<u>V= .07</u> <u>p<. 05</u>	

O-HL/u/sq/v/4/b V= .10
p<. 01

Correlational finding on Happiness and Involved in dating

Subject code: L12.2.1

Study DIENE 1995D/3

Reported in: Diener, E; Wolsic, B.; Fujita, F.
 Physical Attractiveness and Subjective Well-Being.
 Journal of Personality and Social Psychology, 1995, Vol. 69, 120 - 129. ISSN 0022
 3514
 Page in Report: 126

Population: College students, USA 199?

Sample: Non-probability sample (unspecified)

Non-Response:

N: 146

Correlate

Authors label: Number of dates

Our classification: Involved in dating, code L12.2.1

Measurement: Number of dates in 3 months

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>M-FH/g/sq/v/10/a</u>	<u>DM=+</u>	Number of dates
		males
		M SD
		- happy 11.8 12.0
		- unhappy 7.2 11.4
		Females
		- happy 16.0 11.7
		- unhappy 12.6 10.4

Correlational finding on Happiness and Steady love-relation

Subject code: L12.2.2

Study AUSTR 1984/2

Reported in: Austrom, D.R.
The Consequences of Being Single.
Peter Lang Publisher, 1984, New York, USA ISBN 0 8204 0095 5
Page in Report: 109/19/20

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

N: 1038

Correlate

Authors label: Being in love (1)

Our classification: Steady love-relation, code L12.2.2

Measurement: Single closed question rated on a 4-point scale: Are you currently in love: 1. yes for the first time, 2. yes but not for the first time, 3. no but I have been in love, 4. I have never been in love.

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

[O-SLW/u/sq/n/11/a](#)

$r=+.28$

ALL Ss (married (including not formally married cohabitating Ss (considered as married)) and non-married):

O-SLW/u/sq/n/11/a Beta=-.11 β controlled for:
 gender, age, household income, marital status,
 desire to change dating pattern or marital status,
 locus of control, social support (1. instrumental:
 problems managing money, deciding how to spend
 money, not enough money to do things, unsatisfying
 job, not enough money to get by on; 2. expressive:
 no close companions, no one to depend on,
 unsatisfactory sex life, problems communicating,
 dissatisfied with marital status, not enough close
 friends, no one to show love/affection, too
 dependent on others, , not having children, no one
 to understand problems; 3. interpersonal demands:
 too many responsibilities, no one to depend on,
 too many demands on time, problems communicating,
 problems with children, problems with
 spouse/ex-spouse, conflicts with those who are
 close), and satisfaction with: job and financial
 situation, friendships, love relationships and
 living situation.

NON-MARRIED Ss ONLY:

- not in love: Mt = 6.9
 - in love: Mt = 7.4
 Difference Significant: (01)

- males: r = +.12 β = -.09
 - females: r = +.04 β = -.09

Beta's controlled for the same variables as above,
 except gender and marital status.

Correlational finding on Happiness and Steady love-relation

Subject code: L12.2.2

Study FORRE 1980

Reported in: Forrester, N.G.
 Unpublished PhD Dissertation, U.S. International University, 1972, San Diego,
 California, USA
 Unpublished PhD Dissertation, 1980, Arizona State University, USA
 Page in Report: 76

Population: 21-71 aged divorced women, San Diego, California, USA, 1980

*Sample:**Non-Response:**N:* 70

Correlate

Authors label: Committed love relationship (2)*Our classification:* Steady love-relation, code L12.2.2*Measurement:* 0 not involved
1 involved

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/c/sq/n/7/a</u>	<u>r=+.42</u> <u>p<.001</u>	
<u>O-DT/u/sq/v/7/a</u>	<u>r=+.42</u> <u>p<.001</u>	

Correlational finding on Happiness and Steady love-relation Subject code: L12.2.2

Study HEADE 2004

Reported in: Headey, B.; Wooden, M.
The Effects of Wealth and Income on Subjective Well-Being and Ill-Being.
Working Paper No.3/04, University of Melbourne, Institute of Applied Economics and
Social Research, Australia <http://www.melbourneinstitute.com>
Page in Report: 22

Population: 25-59 aged, Australia, 2002*Sample:* Probability multi-stage cluster sample*Non-Response:**N:* 7934

Correlate

Authors label: Partnered

Our classification: Steady love-relation, code L12.2.2

Measurement: 0: without partner
1: with partner

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/n/11/d</u>	<u>B=+4.6</u> <u>p<.001</u>	B controlled for: - equivalised Income - net worth - gender - age - educational attainment - employment status - disability status

Correlational finding on Happiness and Steady love-relation Subject code: L12.2.2

Study HEADE 2005/1

Reported in: Headey, B.; Muffels, R.; Wooden, M.
Money and Happiness: The Combined Effects of Wealth, Income and Consumption.
Schmollers Jahrbuch, 2005, Vol. 125, 131 - 144 (also published as IZA Discussion
Paper no.1218, 2004, Bonn, Germany) ISSN 0036 6234
Page in Report: 16

Population: 15+ aged, Australia 2002

Sample: Probability simple random sample

Non-Response:

N: 11755

Correlate

Authors label: Partnered

Our classification: Steady love-relation, code L12.2.2

Measurement: 0: without partner
1: with partner:

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/n/11/e</u>	<u>B=+4.6</u> <u>p<.001</u>	B controlled for - equivalised income - networth - equivalised consumption - gender - age - education - in working force - unemployed - bad health

Correlational finding on Happiness and Steady love-relation Subject code: L12.2.2

Study HEADE 2005/2

Reported in: Headey, B.; Muffels, R.; Wooden, M
Money Doesn't Buy Happiness.. Or does it? A Reconsideration Based on the Combined Effects of Wealth, Income and Consumption.
Schmollers Jahrbuch, 2005, Vol. 125, 131 - 144 (also published as IZA Discussion Paper no.1218, 2004, Bonn, Germany) ISSN 0036 6234
Page in Report: 16

Population: 16+ aged Germany 2002

Sample: Probability simple random sample

Non-Response:

N: 9958

Correlate

Authors label: Partnered

Our classification: Steady love-relation, code L12.2.2

Measurement: 0: without partner
1: with partner

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/c/sq/n/11/d</u>	<u>B=+3.0</u> <u>p<.001</u>	B controlled for - equivalised income - net worth - equivalised consumption - gender - age - education - in working force - unemployed - bad health

Correlational finding on Happiness and Steady love-relation Subject code: L12.2.2

Study HEADE 2005/3

Reported in: Headey, B.; Muffels, R.; Wooden, M
Money Doesn't Buy Happiness.. Or does it? A Reconsideration Based on the Combined Effects of Wealth, Income and Consumption.
Schmollers Jahrbuch, 2005, Vol. 125, 131 - 144 (also published as IZA Discussion Paper no.1218, 2004, Bonn, Germany) ISSN 0036 6234
Page in Report: 16

Population: 15+ aged Great Britain 2000

Sample: Probability simple random sample

Non-Response:

N: 14101

Correlate

Authors label: Partnered

Our classification: Steady love-relation, code L12.2.2

Measurement: 0: without partner
1: with partner

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/c/sq/n/7/a</u>	<u>B=+6.6</u> <u>p<.001</u>	B controlled for - equivalised income - net worth - equivalised consumption - gender - age - education - in working force - unemployed - bad health

Correlational finding on Happiness and Steady love-relation Subject code: L12.2.2

Study **HEADE 2005/4**

Reported in: Headey, B.; Muffels, R.; Wooden, M
Money Doesn't Buy Happiness.. Or does it? A Reconsideration Based on the Combined Effects of Wealth, Income and Consumption.
Schmollers Jahrbuch, 2005, Vol. 125, 131 - 144 (also published as IZA Discussion Paper no.1218, 2004, Bonn, Germany) ISSN 0036 6234
Page in Report: 16

Population: 16+ aged Hungary 1996

Sample: Probability simple random sample

Non-Response:

N: 3055

Correlate

Authors label: Partnered*Our classification:* Steady love-relation, code L12.2.2*Measurement:* 0: without partner
1: with partner

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/c/sq/n/10/f</u>	<u>B=+8.4</u> <u>p<.001</u>	B controlled for - equivalised income - net worth - equivalised consumption - gender - age - education - in working force - unemployed - bad health

Correlational finding on Happiness and Steady love-relation Subject code: L12.2.2

Study **VENTE 1995***Reported in:* Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København,
Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>
Page in Report: 286*Population:* 18-88 aged, general public, Denmark, 1993*Sample:* Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: partner (1)

Our classification: Steady love-relation, code L12.2.2

Measurement: Single question:
 "Do you have a partner?"
 1: no, and I have never had one
 2: no, but I have had one
 3: not sure
 4: yes

Measured Values: N: 1:59, 2:264, 3:41, 4:1105

Remarks: It is likely that the original sign of the correlation was wrong: this was adjusted here.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.16</u> <u>p<.00</u>	1: Mt=7.38 2: Mt=7.13 3: Mt=6.89 4: Mt=7.96 All Mt=7.76
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.19</u> <u>p<.00</u>	1: Mt=6.98 2: Mt=6.68 3: Mt=6.23 4: Mt=7.69 All Mt=7.44

O-HL/c/sq/v/5/h r=+.25 1: Mt=6.40
 p<.00 2: Mt=6.00
 3: Mt=5.68
 4: Mt=7.24
 All Mt=6.94

Correlational finding on Happiness and Steady love-relation

Subject code: L12.2.2

Study VENTE 1996

Reported in: Ventegodt, S.
Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
8790190068 <http://www.livskvalitet.org/t2/index.asp>
Page in Report: 170

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: unemployment with/without partner/friend

Our classification: Steady love-relation, code L12.2.2

Measurement: unemployment with/without partner/friend

Measured Values: N All:3389

Remarks: DMt + for all 3 correlates
unemployed < employed
without friend < having a friend
without partner < having a partner

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>			
<u>A-AOL/m/sq/v/5/a</u>	<u>DMt=+</u>	unemployed		employed	
		without	with	without	with
		friend	friend	friend	friend
		no partner: Mt=5.20	6.41	6.63	7.36
		partner :Mt=6.28	7.59	7.40	8.28
<u>O-SLu/c/sq/v/5/e</u>	<u>DMt=+</u>	unemployed		employed	
		without	with	without	with
		friend	friend	friend	friend
		no partner: Mt=4.73	5.75	6.14	6.80
		partner: Mt=5.56	7.35	6.99	8.03
<u>O-HL/c/sq/v/5/h</u>	<u>DMt=+</u>	unemployed		employed	
		without	with	without	with
		friend	friend	friend	friend
		no partner: Mt=4.80	5.25	5.45	5.93
		partner :Mt=5.94	7.15	6.69	7.64

Correlational finding on Happiness and Steady love-relation

Subject code: L12.2.2

Study VENTE 1996

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 304

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: having a partner

Our classification: Steady love-relation, code L12.2.2

Measurement: Single question:
 "Do you have a partner?"
 1: no, and I never had one
 2: no, but I have had one
 3: not sure
 4: yes

Measured Values: N: All:4604; %:1:1,9; 2:14,5; 3:2,5; 4:81,1

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.20</u> <u>p<.00</u>	1: Mt=7.13 2: Mt=6.80 3: Mt=6.63 4: Mt=7.95
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.23</u> <u>p<.00</u>	1: Mt=6.45 2: Mt=6.28 3: Mt=6.16 4: Mt=7.69
<u>O-HL/c/sq/v/5/h</u>	<u>r=+.31</u> <u>p<.00</u>	1: Mt=5.99 2: Mt=5.60 3: Mt=5.35 4: Mt=5.99

Correlational finding on Happiness and Steady love-relation
 Subject code: L12.2.2

Study VENTE 1996

Reported in: Ventegodt, S.

Livskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
8790190068 <http://www.livskvalitet.org/t2/index.asp>
Page in Report: 152-164

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: with/without partner

Our classification: Steady love-relation, code L12.2.2

Measurement: 0: no partner
1: partner

Measured Values: N; 0: 713; 1:3425

Remarks: Values and numbers are computed from the composite values of Ventegodt page 152-164. See Spreadsheet Seq.nr. 1 under Observed Associations
Values were then transformed to a 0-10 scale

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>	
<u>A-AOL/m/sq/v/5/a</u>	<u>DMt=+</u>	ALL: 0: Mt=6.90 1: Mt=7.99	
<u>A-AOL/m/sq/v/5/a</u>	<u>DMt=+</u>	men	women:
		0: Mt=6.90	Mt=6.90
		1: Mt=8.10	Mt=7.90

<u>A-AOL/m/sq/v/5/a</u>	<u>DMt=+</u>	unemployed	employed:
		0: Mt=6.10	Mt=7.11
		1: Mt=7.36	Mt=8.08
<u>O-SLu/c/sq/v/5/e</u>	<u>DMt=+</u>	ALL:	
		0: Mt=6.33	
		1: Mt=7.71	
<u>O-SLu/c/sq/v/5/e</u>	<u>DMt=+</u>	men	women:
		0: Mt=6.23	Mt=6.44
		1: Mt=7.76	Mt=7.66
<u>O-SLu/c/sq/v/5/e</u>	<u>DMt=+</u>	unemployed	employed:
		0: Mt=5.41	Mt=6.58
		1: Mt=7.03	Mt=7.80
<u>O-HL/c/sq/v/5/h</u>	<u>DMt=+</u>	ALL:	
		0: Mt=5.60	
		1: Mt=7.35	
<u>O-HL/c/sq/v/5/h</u>	<u>DMt=+</u>	men	women:
		0: Mt=5.50	Mt=5.71
		1: Mt=7.36	Mt=7.34
<u>O-HL/c/sq/v/5/h</u>	<u>DMt=+</u>	unemployed	employed:
		0: Mt=5.09	Mt=5.74
		1: Mt=6.90	Mt=7.41

Correlational finding on Happiness and Love-feelings

Subject code: L12.3

Study **CONST 1965**

Reported in: Constantinople, A.P.
Some Correlates of Happiness and Unhappiness in College Students.
Unpublished Doctoral Dissertation, 1965, University of Rochester, USA.
Page in Report: 59

Population: College students, University of Rochester, USA, 1965

Sample:

Non-Response: 30% (take home questionnaire).

N: 952

Correlate

Authors label: Love and sex. (1)

Our classification: Love-feelings, code L12.3

Measurement: Wessman & Ricks Love and Sex Scale, scored once for the current academic year.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
A-AOL/cy/sq/v/10/a	<u>r=+</u> <u>p<.05</u>	Males : r= +.31 (05) Females: r= +.37 (05)

Correlational finding on Happiness and Love-feelings Subject code: L12.3

Study CRITE 1977

Reported in: Critelli, J.W.
Romantic Attraction and Happiness.
Psychological Reports, 1977, Vol. 41, 721 - 722. ISSN 0033 2941
Page in Report: 721,722

Population: Dating couples, midwest university, USA, 1975

Sample:

Non-Response:

N: 61

Correlate

Authors label: Dating love (1)

Our classification: Love-feelings, code L12.3

Measurement: Rubin's Dating Love Scale (1973)

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-H?/c/sq/v/5/a	<u>r=+</u>	Males r=+.14 (ns) Females r=+.38 (01)

Correlational finding on Happiness and Love-feelings Subject code: L12.3

Study CRITE 1977

Reported in: Critelli, J.W.
 Romantic Attraction and Happiness.
 Psychological Reports, 1977, Vol. 41, 721 - 722. ISSN 0033 2941
 Page in Report: 721,722

Population: Dating couples, midwest university, USA, 1975

Sample:

Non-Response:

N: 61

Correlate

Authors label: General love (1)

Our classification: Love-feelings, code L12.3

Measurement: Driscoll, et al. 's measure of General Love (1972)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>		
<u>O-H?/c/sq/v/5/a</u>	<u>r=+</u>	Males	r=+.24	(ns)
		Females	r=+.30	(.01)

Correlational finding on Happiness and Love-feelings

Subject code: L12.3

Study GORDO 1975

Reported in: Gordon, R.M.
 The Effects of Interpersonal and Economic Resources upon Values and the Quality of Life.
 Unpublished PhD Dissertation, Dept. of Social Psychology, Temple University, 1975, Pennsylvania, USA
 Page in Report: 85

Population: Undergraduate students, Temple University, Pennsylvania, USA, 1973

Sample:

Non-Response:

N: 346

Correlate

Authors label: Love (1)

Our classification: Love-feelings, code L12.3

Measurement: Direct question: "I often receive a great deal of warmth and affection now". Rated on a 9-point scale ranging from 1='not at all, never, lowest' to 9='completely, always, highest'

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/g/sq/n/9/a</u>	<u>r=+.58</u>	

Correlational finding on Happiness and Feels in love

Subject code: L12.3.1

Study **KAMMA 1983/2**

Reported in: Kammann, R.; Flett, R.
Sourcebook for Measuring Well-Being with Affectometer 2.
Why Not? Foundation, 1983, Dunedin, New Zealand.
Page in Report:

Population: 18+ aged, general public, Dunedin, New Zealand, 1983

Sample:

Non-Response: 52%

N: 112

Correlate

Authors label: Felt loving (1)

Our classification: Feels in love, code L12.3.1

Measurement: Single direct question how one felt during the instructed time period (or otherwise in the past few weeks):
"How often have you felt loving?"
Rated on a 5-point scale ranging from 'not at all' to 'all the time'

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-BK/cm/mq/v/5/a</u>	<u>r=+.64</u> <u>p<.01</u>	

M-FH/c/sq/v/7/a r=+.38
p<.01

Correlational finding on Happiness and Feels loved

Subject code: L12.3.2

Study KAMMA 1983/2

Reported in: Kammann, R.; Flett, R.
 Sourcebook for Measuring Well-Being with Affectometer 2.
 Why Not? Foundation, 1983, Dunedin, New Zealand.
 Page in Report:

Population: 18+ aged, general public, Dunedin, New Zealand, 1983

Sample:

Non-Response: 52%

N: 112

Correlate

Authors label: Felt loved (1)

Our classification: Feels loved, code L12.3.2

Measurement: Single direct question how one felt during the instructed time period (or otherwise in the past few weeks):
 "I feel loved and trusted"
 Rated on a 5-point scale ranging from 'not at all' to 'all the time'

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
--------------------------	-------------------	----------------------------

<u>A-BK/cm/mq/v/5/a</u>	<u>r=+.57</u> <u>p<.01</u>	
-------------------------	----------------------------------	--

M-FH/c/sq/v/7/a $r=+.35$
 $p<.01$

Correlational finding on Happiness and Desire to change love-life

Subject code: L12.4.1

Study AUSTR 1984/2

Reported in: Austrom, D.R.
 The Consequences of Being Single.
 Peter Lang Publisher, 1984, New York, USA ISBN 0 8204 0095 5
 Page in Report: 109/18/19

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

N: 1038

Correlate

Authors label: Desire to maintain dating pattern or marital status (1)

Our classification: Desire to change love-life, code L12.4.1

Measurement: Single closed question rated on a 2-point scale: Would you change your present dating pattern or marital status if you could:
 0 yes
 1 no.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
--------------------------	-------------------	----------------------------

<u>O-SLW/u/sq/n/11/a</u>	<u>$r=+.41$</u>	ALL Ss (married (including not formally married cohabitating Ss (considered as married) and non-married):
--------------------------	----------------------------	---

O-SLW/u/sq/n/11/a Beta=-.04 β controlled for:
 gender, age, household income, marital status,
 being in love, locus of control, social support
 (1. instrumental: problems managing money,
 deciding how to spend money, not enough money to
 do things, unsatisfying job, not enough money to
 get by on; 2. expressive: no close companions, no
 one to depend on, unsatisfactory sex life,
 problems communicating, dissatisfied with marital
 status,, not enough close friends, no one to show
 love/affection, too dependent on others, not
 having children, no one to understand problems, ;
 3. interpersonal demands: too many
 responsibilities, no one to depend on, too many
 demands on time, problems communicating, problems
 with children, problems with spouse/ex-spouse,
 conflicts with those who are close), and
 satisfaction with: job and financial situation,
 friendships, love relationships and living
 situation.

NON-MARRIED Ss ONLY;

- desire to change: Mt = 6.7

- maintain present status: Mt = 8.1

Difference significant (001)

- males: r = -.28 β = -.02

- females: r = -.24 β = -.02

Beta's controlled for the same variables as above,
 except gender and marital status.

Correlational finding on Happiness and Satisfaction with love-life

Subject code: L12.4.2

Study **AUSTR 1984/2**

Reported in: Austrom, D.R.
 The Consequences of Being Single.
 Peter Lang Publisher, 1984, New York, USA ISBN 0 8204 0095 5
 Page in Report: 106/19/20

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

N: 1038

Correlate

Authors label: Satisfaction with love relationship (1)

Our classification: Satisfaction with love-life, code L12.4.2

Measurement: Factor analysis based on answers to closed questions. The respondents were asked to indicate how satisfied they were with their: 1. marital status, 2. love relationship(s), 3. sex life. Rated on a 11-point scale ranging from completely dissatisfied to completely satisfied.

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

<u>O-SLW/u/sq/n/11/a</u>	<u>r=+.47</u>	ALL Ss (married (including not formally married cohabitating Ss (considered as married) and non-married).
<u>O-SLW/u/sq/n/11/a</u>	<u>Beta=+.25</u>	<p>β controlled for: gender, age, household income, marital status, being in love, desire to change dating pattern or marital status, locus of control, social support.</p> <p>1. instrumental: problems managing money, deciding how to spend money, not enough money to do things, unsatisfying job, not enough money to get by on;</p> <p>2. expressive: unsatisfactory sex life, problems communicating, dissatisfied with marital status, not enough close friends, no one to show love/affection, too dependent on others, not having children, no one to understand problems;</p> <p>3. interpersonal demands: too many responsibilities, no one to depend on, too many demands on time, problems communicating, problems with children, problems with spouse/ex-spouse, conflicts with those who are close), and satisfaction with job and financial situation, friendships and living situation.</p>

NON-MARRIED Ss ONLY:

- neutral or dissatisfied: Mt = 6.6

- satisfied: Mt = 7.9

Difference significant (001)

- males: r = +.41 β = +.27

- females: r = +.45 β = +.21

Beta's controlled for the same variables as above,
except marital status and gender.

Correlational finding on Happiness and Satisfaction with love-life

Subject code: L12.4.2

Study AUSTR 1984/2

Reported in: Austrom, D.R.
The Consequences of Being Single.
Peter Lang Publisher, 1984, New York, USA ISBN 0 8204 0095 5
Page in Report: 222

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

N: 1038

Correlate

Authors label: Satisfaction with love life (1)

Our classification: Satisfaction with love-life, code L12.4.2

Measurement: single closed question (rated on a 11-point scale ranging from completely dissatisfied to completely satisfied):
Indicate how happy you are with your:
- marital status;
- love relationships;
- sex life.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-SLW/u/sq/n/11/a</u>	$r=$	<ul style="list-style-type: none"> - marital status: $r = +.48$ (001) - love relationships: $r = +.54$ (001) - sex life: $r = +.48$ (001)

Correlational finding on Happiness and Satisfaction with love-life

Subject code: L12.4.2

Study BAKKE 1974

Reported in: Bakker, P.; VandeBerg, N.
 Determinanten en Correlaten van Geluk.(Determinants and Correlates of Happiness).
 Unpublished Thesis, Erasmus University Rotterdam, 1974, Netherlands
 Page in Report: 28

Population: 20-65 aged, general public, The Netherlands, 1968

Sample:

Non-Response: 34% refusal and unattainable.

N: 1552

Correlate

Authors label: Satisfaction with love life. (2)

Our classification: Satisfaction with love-life, code L12.4.2

Measurement: Closed question rated on an open graphic scale ranging from 'very dissatisfied' to 'very satisfied'.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
-------------------	------------	---------------------

<u>O-HP/g/sq/ol/7/a</u>	<u>G=+.70</u> <u>p<.05</u>	Lower for those of age 41-50 and 61-65 Stronger among low S.E.S. No relation at high educational level. Unaffected by sex.
-------------------------	----------------------------------	---

Correlational finding on Happiness and Satisfaction with love-life

Subject code: L12.4.2

Study **BAKKE 1974**

Reported in: Bakker, P.; VandeBerg, N.
Determinanten en Correlaten van Geluk.(Determinants and Correlates of Happiness).
Unpublished Thesis, Erasmus University Rotterdam, 1974, Netherlands
Page in Report: 28

Population: 20-65 aged, general public, The Netherlands, 1968

Sample:

Non-Response: 34% refusal and unattainable.

N: 1552

Correlate

Authors label: Satisfaction with love life. (1)

Our classification: Satisfaction with love-life, code L12.4.2

Measurement: Closed question rated on an open graphic scale ranging from 'very dissatisfied' to 'very satisfied'.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HP/g/sq/ol/7/a</u>	<u>G=+.70</u> <u>p<.05</u>	Lower among age 41-50 and 61-65 Stronger among low S.E.S. No relation among high educational level. Unaffected by sex.

Correlational finding on Happiness and Satisfaction with love-life

Subject code: L12.4.2

Study **VENTE 1996**

Reported in: Ventegodt, S.
 Livskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 310

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: satisfaction with one's relationship situation

Our classification: Satisfaction with love-life, code L12.4.2

Measurement: Single question:
 "How satisfied are you with your present relationship
 situation?"
 1: very dissatisfied
 2: dissatisfied
 3: neither/nor
 4: satisfied
 5: very satisfied

Measured Values: N: All:4559; %:1:5,6; 2:9,8; 3:13,4; 4:32,4; 5:38,8

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
------------------------------	-------------------	----------------------------

<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.46</u>	1: Mt=5.50
	<u>p<.00</u>	2: Mt=6.31
		3: Mt=6.83
		4: Mt=7.74
		5: Mt=8.76

<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.53</u>	1: Mt=4.71
	<u>p<.00</u>	2: Mt=5.70
		3: Mt=6.45
		4: Mt=7.41
		5: Mt=8.61

<u>O-HL/c/sq/v/5/h</u>	<u>r=+.61</u>	1: Mt=4.36
	<u>p<.00</u>	2: Mt=5.26
		3: Mt=5.81
		4: Mt=6.89
		5: Mt=8.40

Appendix 1: Happiness Items used

*Happiness Item
Code*

Full Text

A-AOL/cq/sq/v/10/a

Selfreport on single question:

"Mood is usually applied to states lasting for minutes or hours, but most people can estimate their average or typical mood over a long period of time. Using the following scale, please indicate which statement best describes your typical mood for the current spring semester. Draw a circle around the number of the statement which best describes your average level of happiness or unhappiness during this semester.

10 Complete elation, rapturous joy and soaring ecstasy

9 Very elated and in very high spirits. Tremendous delight and buoyancy

8 Elated and in high spirits

7 Feeling very good and cheerful

6 Feeling pretty good, "OK"

5 Feeling a little bit low. Just so-so

4 Spirits low and somewhat "blue"

3 Depressed and feeling very low.

Definitely "blue"

2 Tremendously depressed.

Feeling terrible, really miserable, "just awful"

1 Utter depression and gloom. Completely down.

All is black and leaden. Wish it were all over.

A-AOL/cy/sq/v/10/a Selfreport on single question:

"In thinking over the past year, indicate how elated or depressed, happy or unhappy you have felt....?"

- 10 Complete elation, rapturous joy and soaring ecstasy
- 9 Very elated and in very high spirits. Tremendous delight and buoyancy.
- 8 Elated and in high spirits.
- 7 Feeling very good and cheerful.
- 6 Feeling pretty good , "OK".
- 5 Feeling a little bit low. Just so-so.
- 4 Spirits low and somewhat "blue".
- 3 Depressed and feeling very low. Definitely "blue".
- 2 Tremendously depressed.
Feeling terrible, really miserable, "just awful".
- 1 Utter depression and gloom. Completely down.
All is black and leaden. Wish it were all over.

A-AOL/g/sq/v/5/a Selfreport on single question:

"In general, how would you say you feel most of the time - in good spirits or in low spirits....?"

- 5 very good spirits
- 4 fairly good spirits
- 3 neither good spirits nor low spirits
- 2 fairly low spirits
- 1 very low spirits.

A-AOL/m/sq/v/5/a Single direct question:

How are you feeling now....?

- 5 very good
- 4 good
- 3 neither good nor poor
- 2 poor
- 1 very poor

A-BB/cm/mq/v/2/a Selfreport on 10 questions:

During the past few weeks, did you ever feel? (yes/no)

- A Particularly exited or interested in something?
- B So restless that you couldn't sit long in a chair?
- C Proud because someone complimented you on something you had done?
- D Very lonely or remote from other people?
- E Pleased about having accomplished something?
- F Bored?
- G On top of the world?
- H Depressed or very unhappy?
- I That things were going your way?
- J Upset because someone criticized you?

Answer options and scoring:

yes = 1

no = 0

Summation:

-Positive Affect Score (PAS): A+C+E+G+I

-Negative Affect Score (NAS): B+D+F+H+J

-Affect Balance Score (ABS): PAS minus NAS

Possible range: -5 to +5

Name: Bradburn's 'Affect Balance Scale' (standard version)

A-BK/cm/mq/v/5/a

Selfreport on 40 questions:

"Over this time period (the last few weeks) I have had the feeling described by":

A My life is on the right track

B I seem to be left alone when I don't want to be

C I feel I can do whatever I want to

D I think clearly and creatively

E I feel like a failure

F Nothing seems very much fun any more

G I like myself

H I can't be bothered doing anything

I I feel close to people around me

J I feel as though the best years of my life are over

K My future looks good

L I have lost interest in other people and don't care about them

M I have energy to spare

N I smile and laugh a lot

O I wish I could change some parts of my life

P My thoughts go around in useless circles

Q I can handle any problems that come up

R My life seems stuck in a rut

S I feel loved and trusted

T I feel there must be something wrong with me

"Over this period (the last few weeks), "how often you felt..."

U Satisfied

V Lonely

W Free-and-easy

X Clear-headed

Y Helpless

Z Impatient

AA Useful

AB Depressed

AC Loving

AD Hopeless

AE Optimistic

AF Withdrawn

AG Enthusiastic

AH Good-natured

AI Discontented
AJ Confused
AK Confident
AL Tense
AM Understood
AN Insignificant

Answer options;
0 not at all
1 occasionally
2 some of the time
3 often
4 all the time

Summation:

- Positive Affect score (PAS): mean positive items
- Negative Affect Score (NAS): mean negative items
- Affect balance score (ABS): PAS minus NAS
Possible range: -4 to +4

M-FH/c/sq/v/7/a

Selfreport on single question:

"Taking all things together, how would you say you have been this period? Check the phrase that best describes how you have felt."

7 very happy
6 happy
5 somewhat happy
4 mixed (about equally happy and unhappy)
3 somewhat unhappy
2 unhappy
1 very unhappy

M-FH/g/sq/v/10/a

Selfreport on single question:

Use the list below to answer the following question: IN GENERAL, HOW HAPPY OR UNHAPPY DO YOU USUALLY FEEL? Check the one statement that best describes your average happiness.

10 extremely happy (feeling ecstatic, joyous, fantastic!)
9 very happy (feeling really good and elated!)
8 pretty happy (spirits high, feeling good)
7 mildly happy (feeling fairly good and somewhat cheerful)
6 slightly happy (just a bit above neutral)
5 slightly unhappy (just a bit below neutral)
4 mildly unhappy (just a bit low)
3 pretty unhappy (somewhat "blue", spirits down)
2 very unhappy (depressed, spirits very low)
1 extremely unhappy (utterly depressed, completely down)

Name: Fordyce's overall happiness item.

O-DT/u/sq/v/7/a

Selfreport on single question:

How do you feel about your life as a whole.....?

7 delighted

6 pleased

5 mostly satisfied

4 mixed

3 mostly dissatisfied

2 unhappy

1 terrible

Name: Andrews & Withey's `Delighted-Terrible Scale' (original version)

O-H?/c/sq/v/5/a

Selfreport on single question:

Lead item not reported

Response options:

1 unhappy

2 not very happy

3 fairly happy

4 happy

5 very happy

O-HL/c/sq/v/5/h

Selfreport on single question

'How happy are you now?'

5 very happy

4 happy

3 neither happy nor unhappy

2 unhappy

1 very unhappy

Original text in Danish:

'Hvor lykkelig er du for tiden?'

5 meget lykkelig

4 lykkelig

3 hverken eller

2 ullykkelig

1 meget ullykkelig

O-HL/g/sq/n/9/a

Selfreport on single question:

Generally, how happy are you.....?

1 not at all

2

3

4

5

6

7

8

9 completely

(Originally presented on a horizontal line scale)

O-HL/u/sq/v/4/b

Selfreport on single question:

On the whole, how happy would you say you are.....?

4 very happy

3 fairly happy

2 not very happy

1 very unhappy

O-HP/g/sq/ol/7/a

Selfreport on single question:

"Generally speaking are you a happy person.....?"

Responses were made on an open line scale, and were later coded in 7 categories:

1 very unhappy

2

3

4

5

6

7 very happy.

O-SLu/c/sq/v/5/e

Selfreport on single question:

'How satisfied are you with your life now?'

5 very satisfied

2 satisfied

3 neither satisfied nor dissatisfied

2 dissatisfied

1 very dissatisfied

Original text in Danish:

'Hvor tilfreds er du med dit liv for tiden?'

5 meget tilfreds

4 tilfreds

3 hverken tilfreds eller utilfreds

2 utilfreds

1 meget utilfreds

O-SLW/c/sq/n/10/f Selfreport on single question:

"All in all, to what degree are you satisfied with your life now?"

1 dissatisfied

2

3

4

5

6

7

8

9

10 very satisfied

O-SLW/c/sq/n/11/d Selfreport on single question:

Taking all things together, how satisfied are you with your life these days? Please answer with the help of this scale. For instance, when you are totally satisfied with your life, please tick '10'. When you are totally unsatisfied with your life, please tick '0'. You may use all values in between to indicate that you are neither totally satisfied nor totally unsatisfied."

10 totally satisfied

9

8

7

6

5

4

3

2

1

0 totally unsatisfied

O-SLW/c/sq/n/7/a Selfreport on single question:

We have talked about various parts of your life, now I want to ask you about your life as a whole. How satisfied are you with your life as a whole these days.....?

7 completely satisfied

6

5

4 neutral

3

2

1 completely dissatisfied

O-SLW/u/sq/n/11/a Selfreport on single question:

All things considered, how satisfied or dissatisfied are you with your life as a whole?

10 completely satisfied

9

8

7

6

5

4

3

2

1

0 completely dissatisfied

O-SLW/u/sq/n/11/d Selfreport on single question:

All things considered, how satisfied are you with your life?

Again, pick a number between 0 and 10 to indicate how satisfied you are.

0 totally dissatisfied

1

2

3

4

5

6

7

8

9

10 totally satisfied

O-SLW/u/sq/n/11/e Selfreport on single question:

Now here are some questions concerning how satisfied - or dissatisfied - you are with various things about your life, such as your standard of living, your education etc. To indicate this, would you use this card. If you are extremely SATISFIED with something you would call of the highest number, ten. If you are extremely DISSATISFIED you would mention the lowest number, zero. If you are neither extremely satisfied nor extremely dissatisfied you would mention some number in between zero and ten - the higher the number, the more satisfied, the lower the number the less satisfied.

How satisfied - or dissatisfied - are you with the following? Just read off the number that comes closest to how you feel.

We have talked about various parts of your life. Now taking everything into account, how satisfied or dissatisfied are you with your life as a whole?

0 dissatisfied

1

2

3

4

5

6

7

8

9

10 satisfied

Appendix 2: Statistics used

<i>Symbol</i>	<i>Explanation</i>
AoV	<p>ANALYSIS of VARIANCE (ANOVA) Type: statistical procedure Measurement level: Correlate(s): nominal, Happiness: metric. In an ANOVA, the total happiness variability, expressed as the sum of squares, is split into two or more parts, each of which is assigned to a source of variability. At least one of those sources is the variability of the correlate, in case there is only one, and always one other is the residual variability, which includes all unspecified influences on the happiness variable. Each sum of squares has its own number of degrees of freedom (df), which sum up to $N_e - 1$ for the total variability. If a sum of squares (SS) is divided by its own number of df, a mean square (MS) is obtained. The ratio of two correctly selected mean squares has an F-distribution under the hypothesis that the corresponding association has a zero-value.</p> <p>NOTE: A significantly high F-value only indicates that, in case of a single correlate, the largest of the c mean values is systematically larger than the smallest one. Conclusions about the other pairs of means require the application of a Multiple Comparisons Procedure (see e.g. BONFERRONI's MULTIPLE COMPARISON TEST, DUNCAN's MULTIPLE RANGE TEST or STUDENT-NEWMAN-KEULS)</p>
B	<p>REGRESSION COEFFICIENT (non-standardized) by LEAST SQUARES (OLS) Type: test statistic Measurement level: Correlate: metric, Happiness: metric Theoretical range: unlimited</p> <p>Meaning: $B > 0$ A higher correlate level corresponds with, on an average, higher happiness rating. $B < 0$ A higher correlate level corresponds with, on an average, lower happiness rating. $B = 0$ Not any correlation with the relevant correlate.</p>

Beta	<p>(β) STANDARDIZED REGRESSION COEFFICIENT by LEAST SQUARES (OLS) Type: test statistic. Measurement level: Correlates: all metric, Happiness!: metric. Range: [-1 ; +1]</p> <p>Meaning: beta > 0 « a higher correlate level corresponds with, on an average, higher happiness rating. beta < 0 « a higher correlate level corresponds with, on an average, lower happiness rating. beta = 0 « no correlation. beta = + 1 or -1 « perfect correlation.</p> <p>Remark: Mean of observations is subtracted from all observations if standardized.</p>
DM	<p>DIFFERENCE of MEANS Type: descriptive statistic only. Measurement level: Correlate: dichotomous, Happiness: metric Range: depending on the happiness rating scale of the author; range symmetric about zero.</p> <p>Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels.</p>
DMt	<p>DIFFERENCE of MEANS AFTER TRANSFORMATION Type: descriptive statistic only. Measurement level: Correlate: dichotomous, Happiness: metric Theoretical range: [-10; +10]</p> <p>Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels.</p>
G	<p>GOODMAN & Kruskal's GAMMA Type: test statistic Measurement level: Correlate: ordinal, Happiness!: ordinal Range: [-1; +1]</p> <p>Meaning: G = 0 « no rank correlation G = +1 « strongest possible rank correlation, where high correlate values correspond with high happiness ratings. G = -1 « strongest possible rank correlation, where high correlate values correspond with low happiness ratings.</p>

r	<p>PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient" or simply 'correlation coefficient')</p> <p>Type: test statistic.</p> <p>Measurement level: Correlate: metric, Happiness: metric</p> <p>Range: [-1; +1]</p> <p>Meaning:</p> <p>$r = 0$ « no correlation ,</p> <p>$r = 1$ « perfect correlation, where high correlate values correspond with high happiness values, and</p> <p>$r = -1$ « perfect correlation, where high correlate values correspond with low happiness values.</p>
V	<p>CRAMÉR's V</p> <p>Type: test statistic</p> <p>Measurement level: Correlate: nominal, Happiness: ordinal</p> <p>Range: [0; 1]</p> <p>Meaning:</p> <p>$V = 0$ « no association</p> <p>$V = 1$ « strongest possible association</p>

Appendix 3: About the World Database of Happiness

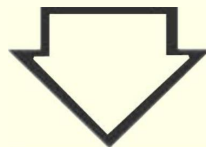
Structure of the collections

The World Database of Happiness is an ongoing register of scientific research on the subjective enjoyment of life.

It brings together findings that are scattered throughout many studies and provides a basis for synthetic work.

World literature on Happiness

Selection on subject



Bibliography and Directory

Selection of empirical studies



Selection on valid measurement: Item

Bank

Abstracting and classification of findings



How happy people are, distributional findings
[Happiness in Nations](#) , [Happiness in Publics](#)

What goes together with happiness
[Correlational Findings](#)



Listing of comparable findings in Nations



[States of Nations](#) , [Trends in Nations](#)

Size of the collections

1226 Happiness measures (Item Bank)

4258 Nations surveys in 206 Nations

149 Distinguished publics in 1199 studies

12032 Correlational findings in 1196 studies

Appendix 4 Further Findings in the World Database of Happiness

<i>Main Subjects</i>	<i>Subject Description</i>	<i>Number of Studies</i>
A1	ACTIVITY: LEVEL (how much one does)	58
A2	ACTIVITY: PATTERN (what one does)	32
A3	AFFECTIVE LIFE	48
A4	AGE	400
A5	AGGRESSION	12
A6	ANOMY	32
A7	APPEARANCE (good looks)	15
A8	ATTITUDES	6
A9	AUTHORITARIANISM	4
B1	BIRTH CONTROL	1
B2	BIRTH HISTORY (own birth)	201
B3	BODY	77
C1	CHILDREN	1
C2	CHILDREN: WANT FOR (Parental aspirations)	6
C3	CHILDREN: HAVING (parental status)	195
C4	CHILDREN: CHARACTERISTICS OF ONE'S CHILDREN	25
C5	CHILDREN: RELATION WITH ONE'S CHILDREN	8
C6	CHILDREN: REARING OF ONE'S CHILDREN (parental behavior)	26
C7	COMMUNAL LIVING	9

C8	CONCERNS	18
C9	COPING	43
C10	CREATIVENESS	6
C11	CULTURE (Arts and Sciences)	8
D1	DAILY JOYS & HASSLES	5
E1	EDUCATION	302
E2	EMPLOYMENT	363
E3	ETHNICITY	98
E4	EXPRESSIVE BEHAVIOR	12
F1	FAMILY OF ORIGIN (earlier family for adults, current for young)	236
F2	FAMILY OF PROCREATION	58
F3	FAMILY OF RELATIVES	157
F4	FARMING	25
F5	FREEDOM	32
F6	FRIENDSHIP	152
G1	GENDER	370
G2	GRIEF	1
H1	HABITS	1
H2	HANDICAP	25
H3	HAPPINESS: VIEWS ON HAPPINESS	49
H4	HAPPINESS: DISPERSION OF HAPPINESS	10
H5	HAPPINESS: CAREER	191
H6	HAPPINESS: CORRESPONDENCE OF DIFFERENT MEASURES	310
H7	HAPPINESS OF OTHERS	0
H8	HAPPINESS: REPUTATION OF HAPPINESS	19
H9	HEALTH-BEHAVIOR	25
H10	HELPING	5
H11	HOPE	8
H12	HOUSEHOLD: COMPOSITION	137
H13	HOUSEHOLD: WORK	32
H14	HOUSING	106
I1	INCOME	552
I2	INSTITUTIONAL LIVING	43
I3	INTELLIGENCE	71
I4	INTERESTS	8
I5	INTERVIEW	73
I6	INTIMACY	103
L1	LANGUAGE	2
L2	LEADERSHIP	8

L3	LEISURE	206
L4	LIFE APPRAISALS: OTHER THAN HAPPINESS	368
L5	LIFE CHANGE	35
L6	LIFE EVENTS	86
L7	LIFE GOALS	75
L8	LIFE HISTORY	2
L9	LIFE STYLE	22
L10	LOCAL ENVIRONMENT	374
L11	LOTTERY	8
L12	LOVE-LIFE	31
M1	MARRIAGE: MARITAL STATUS CAREER	64
M2	MARRIAGE: CURRENT MARITAL STATUS	543
M3	MARRIAGE: RELATIONSHIP	115
M4	MARRIAGE: PARTNER	46
M5	MEANING	23
M6	MEDICAL TREATMENT	81
M7	MENTAL HEALTH	218
M8	MIGRATION: TO OTHER COUNTRY	29
M9	MIGRATION: MOVING WITHIN COUNTRY (residential mobility)	17
M10	MIGRATION: MIGRANT WORK	3
M11	MILITARY LIFE	7
M12	MODERNITY	6
M13	MOOD	246
M14	MOTIVATION	7
N1	NATION: NATIONALITY	29
N2	NATION: ERA (temporal period)	41
N3	NATION: NATIONAL CHARACTER (modal personality)	29
N4	NATION: CONDITION IN ONE'S NATION	430
N5	NATION: POSITION OF ONE'S NATION	1
N6	NATION: ATTITUDES TO ONES NATION	152
N7	NATION: LIVABILITY OF ONE'S NATION	17
N8	NATION i: ATTITUDES IN	1
N9	REGION IN NATION	59
N10	NUTRITION	23
N21	ERA	0
O1	OCCUPATION	178
O2	ORGAN TRANSPLANTATION	17
P1	PERSONALITY: HISTORY	48
P2	PERSONALITY: CHANGE	10

P3	PERSONALITY: CURRENT ORGANIZATION	7
P4	PERSONALITY: CURRENT TRAITS	462
P5	PERSONALITY: LATER	23
P6	PHYSICAL HEALTH	427
P7	PLANNING	11
P8	POLITICAL BEHAVIOUR	231
P9	POPULARITY	26
P10	POSSESSIONS	60
P11	PRISON	1
P12	PROBLEMS	25
P13	PSYCHO-SOMATIC COMPLAINTS	62
P14	PETS	3
R1	RELIGION	251
R2	RESOURCES	9
R3	RETIREMENT	89
R4	ROLES	23
S1	SCHOOL	129
S2	SELF-IMAGE	237
S3	SEX-LIFE	61
S4	SLEEP	16
S5	SOCIAL MOBILITY	17
S6	SOCIAL PARTICIPATION: PERSONAL CONTACTS	69
S7	SOCIAL PARTICIPATION : VOLUNTARY ASSOCIATIONS	131
S8	SOCIAL PARTICIPATION: TOTAL (personal + associations)	34
S9	SOCIO-ECONOMIC STATUS	154
S10	SOCIAL SUPPORT: RECEIVED	62
S11	SOCIAL SUPPORT: PROVIDED	6
S12	SPORTS	38
S13	STIMULANTS	49
S14	SUICIDE	8
S15	SUMMED DETERMINANTS	92
T1	TIME	53
T2	THERAPY	38
T3	TOLERANCE	37
V1	VALUES: CAREER	8
V2	VALUES: CURRENT PREFERENCES (own)	73
V3	VALUES: CLIMATE (current values in environment)	7
V4	VALUES: SIMILARITY (current fit with others)	12
V5	VICTIM	14

W1	WAR	5
W2	WISDOM	2
W3	WORK: CAREER	2
W4	WORK: CONDITIONS	68
W5	WORK: ATTITUDES	347
W6	WORK: PERFORMANCE (current)	29
W7	WORRIES	31
XX	UNCLASSIFIED	25

Appendix 5: Related Subjects

<i>Subject</i>	<i>Related Subject(s)</i>
L12 LOVE-LIFE	I6 INTIMACY
L12 LOVE-LIFE	M1 MARRIAGE: MARITAL STATUS CAREER
L12 LOVE-LIFE	M2 MARRIAGE: CURRENT MARITAL STATUS
L12 LOVE-LIFE	M3 MARRIAGE: RELATIONSHIP
L12 LOVE-LIFE	M4 MARRIAGE: PARTNER
L12 LOVE-LIFE	S3 SEX-LIFE
L12.2.1 Involved in dating	P9.2.2.3 . popularity with opposite sex
L12.2.2 Steady love-relation	I6.2.1 Having a confident or not
L12.2.2 Steady love-relation	M2.3 Living as married
L12.3 Love-feelings	M3.2 Current characteristics of marriage-relationship
L12.3 Love-feelings	M3.3 Attitudes to current marriage-relationship
L12.3.1 Feels in love	M13.3.6 Feeling friendly (vs hostile)
L12.3.1 Feels in love	M13.3.8 Feeling open (vs closed)
L12.3.2 Feels loved	M13.3.3.2 . feeling love (vs not)
L12.3.2 Feels loved	M13.3.12 Feeling respectable (vs rejected)
L12.4 Attitudes to one's love-life	M3.3.3 Satisfaction with marriage
L12.4 Attitudes to one's love-life	S3.3 Attitudes to one's sex-life

A report of the World Database of Happiness, Correlational Findings