World Database of Happiness

Correlational Findings on Happiness and NUTRITION
Subject Code: N10

© on data collection: Ruut Veenhoven,
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Classification of Findings

Subject Code	Description	*Nr of Studies on this Subject*
N10	NUTRITION	0
N10.1	Nutrition history	10
N10.2	Current nutrition	5
N10.2.1	How much one eats	1
N10.2.2	What one eats	2
N10.2.3	Where one eats	1
N10.3	Attitudes to one's nutrition	0
N10.3.1	Concern about nutrition	2
N10.3.2	Satisfaction with one's nutrition	2
Appendix 1	Happiness Items used	
Appendix 2	Statistics used	
Appendix 3	About the World Database of Happiness	
Appendix 4	Further Findings in the World Database of Happiness	
Appendix 5	Related Subjects	
Cite as	Veenhoven, R.: Findings on NUTRITION World Database of Happiness, Correlational Findings Internet: worlddatabaseofhappiness.eur.nl Erasmus University Rotterdam, 2009, Netherlands	

Correlational finding on Happiness and Nutrition history
Subject code: N10.1

Study

VENTE 1997

Reported in: Ventegodt, S.
Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy).
Forskningscenter for Livskvalitet , Forskningscentrets Forlag, København, Denmark, ISBN 8790190130 http://www.livskvalitet.org/t3/index.asp
Page in Report: 434

Population: 31-33 aged, born at the university hospital, Denmark, 1993

Sample: Non-probability chunk sample

Non-Response: 36%

N: 4626

Correlate

Authors label: Diet shortly after birth

Our classification: Nutrition history, code N10.1

Measurement:
```
Diet at day 5 as reported in medical file
a:breast fed
b:breast fed with water supplement
c:breast fed with milk supplement
d:wet nurse milk
e:wet nurse milk with supplement
f:formula
g:other nourishment
h:tube feeding
```

Measured Values: N all:4534, %:a:67,2, b:2,7, c:16,9, d:1,9, e:1,9, f:5,5, g:0,7, h:3,1

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks

A-AOL/m/sq/v/5/a   DMt=±   a:Mt=7.73
                             b:Mt=7.65
                             c:Mt=7.75
                             d:Mt=7.89
                             e:Mt=7.50
                             f:Mt=7.68
                             g:Mt=7.65
                             h:Mt=7.73

O-SLu/c/sq/v/5/e   DMt=±   a:Mt=7.44
                             b:Mt=7.15
                             c:Mt=7.39
                             d:Mt=7.44
                             e:Mt=7.19
                             f:Mt=7.16
                             g:Mt=7.89
                             h:Mt=7.46

O-HL/c/sq/v/5/h   DMt=±   a:Mt=7.03
                             b:Mt=7.09
                             c:Mt=7.08
                             d:Mt=7.11
                             e:Mt=6.86
                             f:Mt=6.90
                             g:Mt=7.05
                             h:Mt=7.06

Correlational finding on Happiness and Nutrition history
Subject code: N10.1

Study	VENTE 1997
Reported in:	Ventegodt, S. Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy). Forskningscenter for Livskvalitet , Forskningscentrets Forlag, København, Denmark, ISBN 8790190130 http://www.livskvalitet.org/t3/index.asp Page in Report: 436
Population:	31-33 aged, born at the university hospital, Denmark, 1993
Sample:	Non-probability chunk sample

Non-Response:	36%
N:	4626

Correlate

Authors label:	Vitamin supplements shortly after birth
Our classification:	Nutrition history, code N10.1

Measurement:	Vitamin supplements, day 5, as reported in medical file
	1:no vitamins
	2: vitamin supplements
	   2a:E vitamin
	   2b:K vitamin
	   2c:K vitamin 1 mg
	   2d:Etra menadion

Measured Values:	N all:4291, 1:82,1%, 2a:1,5%, 2b:13,2%, 2c:3,1%, 2d:0,2%

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks

A-AOL/m/sq/v/5/a	DMt=+	1: Mt=7.71
		2: Mt=7.77
		   2a:Mt=7.78
		   2b:Mt=7.78
		   2c:Mt=7.75
		   2d:Mt=7.86

O-SLu/c/sq/v/5/e	DMt=+	1: Mt=7.39
		2: Mt=7.49
		   2a:Mt=7.78
		   2b:Mt=7.43
		   2c:Mt=7.61
		   2d:Mt=7.50

O-HL/c/sq/v/5/h   DMt=+   1: Mt=7.01
                            2: Mt=7.07
                               2a:Mt=7.28
                               2b:Mt=7.05
                               2c:Mt=7.14
                               2d:Mt=5.71

Correlational finding on Happiness and Nutrition history
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Study	VENTE 1997
Reported in:	Ventegodt, S. Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy). Forskningscenter for Livskvalitet , Forskningscentrets Forlag, København, Denmark, ISBN 8790190130 http://www.livskvalitet.org/t3/index.asp Page in Report: 492
Population:	31-33 aged, born at the university hospital, Denmark, 1993
Sample:	Non-probability chunk sample
Non-Response:	36%
N:	4626

Correlate

Authors label:	Vitamin supplements in first year of life
Our classification:	Nutrition history, code N10.1

Measurement: Vitamin supplements in first year of life as reported in
medical file
1a: no vitamins
1b: no AD vitamins at all or for less than a month
1c: no C vitamins at all or for less than a month
2:irregularly doses of vitamins
2a: AD vitamins irregularly or with a pause of more than 3
months
2b: vitamins irregularly or with a pause of more than 3
months
3: regularly doses of vitamins
3a: AD vitamins, regularly
3b: C vitamins, regularly
3c: D vitamins, supplement
3d: AD vitamins in increased doses
3e: extra calcium

Measured Values: N: 1a:9, 1b:21, 1c:71, 2a:388, 2b:563, 3a:3132, 3b:2878, 3c:19, 3d:452, 3e:20

Remarks: only absolute frequencies are given.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	DMt=±	1a: Mt=8.34
		1b: Mt=7.50
		1c: Mt=7.85
		2a: Mt=7.89
		2b: Mt=7.84
		3a: Mt=7.73
		3b: Mt=7.73
		3c: Mt=8.29
		3d: Mt=7.79
		3e: Mt=7.50
A-AOL/m/sq/v/5/a	rs=-.02 ns	rs =relation of 1,2,3

O-SLu/c/sq/v/5/e   DMt=±   1a: Mt=8.05
                                 1b: Mt=6.90
                                 1c: Mt=7.50
                                 2a: Mt=7.60
                                 2b: Mt=7.55
                                 3a: Mt=7.38
                                 3b: Mt=7.38
                                 3c: Mt=7.90
                                 3d: Mt=7.45
                                 3e: Mt=7.64

O-SLu/c/sq/v/5/e   rs=-.02   rs =relation of 1,2,3
                      ns

O-HL/c/sq/v/5/h   DMt=±   1a: Mt=7.78
                                 1b: Mt=7.03
                                 1c: Mt=7.01
                                 2a: Mt=7.34
                                 2b: Mt=7.29
                                 3a: Mt=6.99
                                 3b: Mt=6.98
                                 3c: Mt=6.84
                                 3d: Mt=7.09
                                 3e: Mt=7.38

O-HL/c/sq/v/5/h   rs=-.05   rs =relation of 1,2,3
                      ns

Correlational finding on Happiness and Nutrition history
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Study	VENTE 1997
Reported in:	Ventegodt, S. Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy). Forskningscenter for Livskvalitet , Forskningscentrets Forlag, København, Denmark, ISBN 8790190130 http://www.livskvalitet.org/t3/index.asp Page in Report: 496
Population:	31-33 aged, born at the university hospital, Denmark, 1993
Sample:	Non-probability chunk sample

Non-Response:	36%
N:	4626

Correlate

Authors label:	Age when first eggs are eaten
Our classification:	Nutrition history, code N10.1
Measurement:	Age when first eggs are eaten as reported in medical file

```
1: 2th month
2: 3rd month
3: 4th month
4: 5th month
5: 6th month
6: 7th month
7: 8th - 9th month
8: 10 month
```

Measured Values:	N all:2866, 1:0,3%, 2:0,8%, 3:5,0%, 4:12,0%, 5:20,8%, 6:37,8%, 7:17,9%, 8:5,3%

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	DMt=±	1: Mt=8.75 2: Mt=8.64 3: Mt=7.40 4: Mt=7.70 5: Mt=7.71 6: Mt=7.84 7: Mt=7.69 8: Mt=7.75
A-AOL/m/sq/v/5/a	r=+.01 p<.6849	

O-SLu/c/sq/v/5/e	DMt=±	1: Mt=8.44
		2: Mt=8.30
		3: Mt=7.41
		4: Mt=7.39
		5: Mt=7.29
		6: Mt=7.51
		7: Mt=7.36
		8: Mt=7.38

O-SLu/c/sq/v/5/e	r=-.01
	p<.6749

O-HL/c/sq/v/5/h	DMt=±	1: Mt=8.44
		2: Mt=7.14
		3: Mt=7.10
		4: Mt=7.13
		5: Mt=6.98
		6: Mt=7.08
		7: Mt=6.91
		8: Mt=7.14

O-HL/c/sq/v/5/h	r=-.02
	p<.2930

Correlational finding on Happiness and Nutrition history
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Study	VENTE 1997
Reported in:	Ventegodt, S. Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy). Forskningscenter for Livskvalitet , Forskningscentrets Forlag, København, Denmark, ISBN 8790190130 http://www.livskvalitet.org/t3/index.asp Page in Report: 498
Population:	31-33 aged, born at the university hospital, Denmark, 1993
Sample:	Non-probability chunk sample
Non-Response:	36%
N:	4626

Correlate

Authors label:	Age when first meat eaten
Our classification:	Nutrition history, code N10.1
Measurement:	Age when first meat eaten as reported in medical file 1: before 4th month 2: 4th month 3: 5th month 4: 6th month 5: 7th month 6: 8th month - 9th month 7: 10th month 8: 11th - 12th month
Measured Values:	N all:3166, 1:0,4%, 2:2,5%, 3:6,7%, 4:10,6%, 5:31,1%, 6:28,7%, 7:16,6%, 8:3,3%

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	DMt=±	1: Mt=7.89 2: Mt=7.41 3: Mt=7.74 4: Mt=7.76 5: Mt=7.69 6: Mt=7.81 7: Mt=7.84 8: Mt=7.31
A-AOL/m/sq/v/5/a	r=+.01 p<.5595	
O-SLu/c/sq/v/5/e	DMt=±	1: Mt=7.31 2: Mt=7.29 3: Mt=7.50 4: Mt=7.30 5: Mt=7.40 6: Mt=7.44 7: Mt=7.45 8: Mt=7.26

Correlate

O-SLu/c/sq/v/5/e   r=+.01
p<.7242

O-HL/c/sq/v/5/h   DMt=±

```
1:  Mt=6.73
2:  Mt=6.88
3:  Mt=7.10
4:  Mt=7.01
5:  Mt=7.01
6:  Mt=7.04
7:  Mt=7.08
8:  Mt=6.90
```

O-HL/c/sq/v/5/h   r=+.01
p<.7569

Correlational finding on Happiness and Nutrition history
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Study   VENTE 1997

Reported in: Ventegodt, S.
Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy).
Forskningscenter for Livskvalitet , Forskningscentrets Forlag, København, Denmark, ISBN 8790190130 http://www.livskvalitet.org/t3/index.asp
Page in Report: 500

Population: 31-33 aged, born at the university hospital, Denmark, 1993

Sample: Non-probability chunk sample

Non-Response: 36%

N: 4626

Correlate

Authors label: Age when first solid food eaten

Our classification: Nutrition history, code N10.1

Measurement: Age when first solid food eaten as reported in medical file
1: 4th month
2: 5th month
3: 6th month
4: 7th month
5: 8th-9th month
6: 10 month
7: 11th-12th month

Measured Values: N all:2966, 1:0,6%, 2:1,8%, 3:4,9%, 4:16,6%, 5:32,9%, 6:36,9%, 7:6,4%

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	DMt=±	1: Mt=6.61 2: Mt=7.50 3: Mt=7.69 4: Mt=7.78 5: Mt=7.79 6: Mt=7.70 7: Mt=7.85
A-AOL/m/sq/v/5/a	r=+.02 p<.4073	
O-SLu/c/sq/v/5/e	DMt=±	1: Mt=6.48 2: Mt=7.04 3: Mt=7.23 4: Mt=7.50 5: Mt=7.46 6: Mt=7.34 7: Mt=7.49
O-SLu/c/sq/v/5/e	r=+.01 p<.5045	

O-HL/c/sq/v/5/h   DMt=±   1: Mt=5.89
                            2: Mt=6.80
                            3: Mt=7.00
                            4: Mt=7.11
                            5: Mt=7.03
                            6: Mt=6.95
                            7: Mt=7.09

O-HL/c/sq/v/5/h   r=+.01
                   p<.7731

Correlational finding on Happiness and Nutrition history
Subject code: N10.1

Study   VENTE 1997

Reported in: Ventegodt, S.
                 Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy).
                 Forskningscenter for Livskvalitet , Forskningscentrets Forlag, København, Denmark, ISBN 8790190130 http://www.livskvalitet.org/t3/index.asp
                 Page in Report: 494

Population: 31-33 aged, born at the university hospital, Denmark, 1993

Sample: Non-probability chunk sample

Non-Response: 36%

N: 4626

Correlate

Authors label: Age when first mashed vegetables eaten

Our classification: Nutrition history, code N10.1

Measurement: Age when first mashed vegetables eaten as reported in
medical file
1: before 3rd month
2: 3rd month
3: 4th month
4: 5th month
5: 6th month
6: 7th month
7: 8th - 9th month
8: 10th month or later

Measured Values: N all:3445, 1:1,0%, 2:8,0%, 3:37,3%, 4:24,0%, 5:13,4%, 6:11,5%, 7:3,2%, 8:1,6%

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	DMt=±	1: Mt=7.28 2: Mt=7.83 3: Mt=7.76 4: Mt=7.61 5: Mt=7.74 6: Mt=7.81 7: Mt=7.86 8: Mt=7.85
A-AOL/m/sq/v/5/a	r=+.01 p<.6152	
O-SLu/c/sq/v/5/e	DMt=±	1: Mt=7.20 2: Mt=7.41 3: Mt=7.43 4: Mt=7.31 5: Mt=7.46 6: Mt=7.41 7: Mt=7.71 8: Mt=7.59
O-SLu/c/sq/v/5/e	r=+.01 p<.5735	

O-HL/c/sq/v/5/h   DMt=±   1: Mt=6.69
                                2: Mt=7.09
                                3: Mt=7.01
                                4: Mt=6.93
                                5: Mt=7.00
                                6: Mt=7.15
                                7: Mt=7.23
                                8: Mt=7.10

O-HL/c/sq/v/5/h   r=+.02
                     p<.2537

Correlational finding on Happiness and Nutrition history
Subject code: N10.1

Study	VENTE 1997
Reported in:	Ventegodt, S. Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy). Forskningscenter for Livskvalitet , Forskningscentrets Forlag, København, Denmark, ISBN 8790190130 http://www.livskvalitet.org/t3/index.asp Page in Report: 506
Population:	31-33 aged, born at the university hospital, Denmark, 1993
Sample:	Non-probability chunk sample
Non-Response:	36%
N:	4626

Correlate

Authors label:	Iron treatment in first half year of life
Our classification:	Nutrition history, code N10.1

Measurement: Iron treatment in first half year of life as reported in medical file
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1: first year, less than 1 month
2: first year, 1 - 2 months.
3: first half year, over 2 months
iron treatment in the child's second half year
```

Measured Values: N all:1124, 1:9,4%, 2:18,1%, 3:29,5%,

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	DMt=±	1: Mt=7.64 2: Mt=7.93 3: Mt=7.61
A-AOL/m/sq/v/5/a	rs=-.36 ns	
O-SLu/c/sq/v/5/e	DMt=	1: Mt=7.39 2: Mt=7.60 3: Mt=7.36
O-SLu/c/sq/v/5/e	rs=+.02 ns	
O-HL/c/sq/v/5/h	DMt=	1: Mt=7.08 2: Mt=7.11 3: Mt=6.91
O-HL/c/sq/v/5/h	rs=-.01 ns	

Correlational finding on Happiness and Nutrition history
Subject code: N10.1

Study   VENTE 1997

Reported in:	Ventegodt, S. Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy). Forskningscenter for Livskvalitet , Forskningscentrets Forlag, København, Denmark, ISBN 8790190130 http://www.livskvalitet.org/t3/index.asp Page in Report: 540,542
Population:	31-33 aged, born at the university hospital, Denmark, 1993
Sample:	Non-probability chunk sample
Non-Response:	36%
N:	4626

Correlate

Authors label:	Age when breastfeeding was stopped
Our classification:	Nutrition history, code N10.1
Measurement:	Age when breastfeeding was stopped as reported in medical file 1: 1-2 week 2: 3-4 week 3: 2 month 4: 3 month 5: 4 month 6: 5 month 7: 6-7 month 8: 8 month or later (a)breastfeeding partially discontinued (b)breastfeeding completely discontinued
Measured Values:	N a all:3769, a1:29,1%, a2:10,4%, a3:17,5%, a4:14,6%, a5:13,3%, a6:6,0%, a7:7,1%, a8:2,0% N b all:3657, b1:22,3%, b2:9,0%, b3:17,5%, b4:15,3%, b5:13,6%, b6:6,2%, b7:8,2%, b8:7,8%

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks

A-AOL/m/sq/v/5/a	DMt=±	a:partially	b:completely
		1: Mt=7.74	1:7.76
		2: Mt=7.46	2:7.66
		3: Mt=7.76	3:7.59
		4: Mt=7.76	4:7.81
		5: Mt=7.81	5:7.84
		6: Mt=7.70	6:7.70
		7: Mt=7.86	7:7.71
		8: Mt=7.70	8:7.73

A-AOL/m/sq/v/5/a	r=+.02 p<.2442	partially

A-AOL/m/sq/v/5/a	r=+.00 p<.8161	completely

O-SLu/c/sq/v/5/e	DMt=±	a:partially	b:completely
		1: Mt=7.40	1:7.41
		2: Mt=7.18	2:7.38
		3: Mt=7.30	3:7.18
		4: Mt=7.49	4:7.45
		5: Mt=7.48	5:7.50
		6: Mt=7.51	6:7.48
		7: Mt=7.54	7:7.43
		8: Mt=7.56	8:7.43

O-SLu/c/sq/v/5/e	r=+.03 p<.0721	partially

O-SLu/c/sq/v/5/e	r=+.01 p<.3810	completely

O-HL/c/sq/v/5/h	DMt=±	a:partially	b:completely
		1: Mt=7.06	1:7.04
		2: Mt=7.01	2:7.08
		3: Mt=6.91	3:6.88
		4: Mt=7.03	4:7.06
		5: Mt=7.00	5:7.06
		6: Mt=7.09	6:6.93
		7: Mt=7.11	7:7.05
		8: Mt=7.10	8:7.10

O-HL/c/sq/v/5/h	r=+.00 p<.8358	partially

O-HL/c/sq/v/5/h   r=+.01   completely
                    p<.6575

Correlational finding on Happiness and Nutrition history
Subject code: N10.1

Study	**VENTE 1997**
Reported in:	Ventegodt, S. Livskvalitet og Omstaedigheder Tidligt I Livet. (The Quality of Life and Factors in Pregnancy, Birth and Infancy). Forskningscenter for Livskvalitet , Forskningscentrets Forlag, København, Denmark, ISBN 8790190130 http://www.livskvalitet.org/t3/index.asp Page in Report: 506
Population:	31-33 aged, born at the university hospital, Denmark, 1993
Sample:	Non-probability chunk sample
Non-Response:	36%
N:	4626

Correlate

Authors label:	Iron treatment in second half year of life
Our classification:	Nutrition history, code N10.1
Measurement:	Iron treatment in second half year of life as reported in medical file 1: second half year, under 1 month 2: second half year, 1-2 months 3: second half year, over 2 months
Measured Values:	N: 1:7,1%, 2:12,2%, 3:23,6%

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks

A-AOL/m/sq/v/5/a	DMt=±	1: Mt=7.60
		2: Mt=7.99
		3: Mt=7.64

| A-AOL/m/sq/v/5/a | rs=-.36 ns |

O-SLu/c/sq/v/5/e	DMt=±	1: Mt=7.06
		2: Mt=7.70
		3: Mt=7.40

| O-SLu/c/sq/v/5/e | rs=+.02 ns |

O-HL/c/sq/v/5/h	DMt=±	1: Mt=6.79
		2: Mt=7.34
		3: Mt=6.96

| O-HL/c/sq/v/5/h | rs=-.01 ns |

Correlational finding on Happiness and Current nutrition
Subject code: N10.2

Study	LINN 1986
Reported in:	Linn, L.S.;Yager, J.; Dennis, W.;Cope, W.; Leake, B.
	Factors Associated With Life Satisfaction Among Practicing Internist.
	Medical Care, 1986, Vol. 24, 830 - 837. ISSN p 0125 7079; ISSN e 1537 1948
	Page in Report: 834
Population:	Physicians, California, USA, 1984
Sample:	Probability simple random sample
Non-Response:	
N:	211

Correlate

Authors label:	Eating regulary

Our classification:	Current nutrition, code N10.2
Measurement:	Selfreported of typical behavices in the past 6 month to make one feel better: - Eating 3 meals a day Rated: never(1) to daily (6)
Measured Values:	M = 3.06

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-DT/u/sq/v/7/a	r=-.02 ns	

Correlational finding on Happiness and Current nutrition
Subject code: N10.2

Study	LINN 1986
Reported in:	Linn, L.S.;Yager, J.; Dennis, W.;Cope, W.; Leake, B. Factors Associated With Life Satisfaction Among Practicing Internist. Medical Care, 1986, Vol. 24, 830 - 837. ISSN p 0125 7079; ISSN e 1537 1948 Page in Report: 834
Population:	Physicians, California, USA, 1984
Sample:	Probability simple random sample
Non-Response:	
N:	211

Correlate

Authors label:	Snacking
Our classification:	Current nutrition, code N10.2

Measurement:	Selfreported of typical behavices in the past 6 month to make one feel better: - Eating frequent snacksduring the dayor in the evening rated: never(1) to daily (6)
Measured Values:	Mean Snacking 3.22

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-DT/u/sq/v/7/a	r=-.12 ns	

Correlational finding on Happiness and Current nutrition
Subject code: N10.2

Study	VENTE 1995
Reported in:	Ventegodt, S. Livskvalitet i Danmark. (Quality of Life in Denmark). Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp Page in Report: 178
Population:	18-88 aged, general public, Denmark, 1993
Sample:	Non-probability purposive sample
Non-Response:	39%
N:	1494

Correlate

Authors label:	diet (1)
Our classification:	Current nutrition, code N10.2

Measurement:	Single question:
	"How is your diet ?"
	a: I eat what I like
	b: I think my diet is healthy
	c: I don't think my diet is healthy
	d: I eat so as to keep my weight down
	e: I eat ready-prepared dishes or fast food
	at least once a week
	f: I eat vegatarian
	g: Information campaigns influence my
	dietary habits

Measured Values: N: a:833, b:831, c:160, d:180, e:188, f:32, g:153

Remarks: The same respondents may appear in several groups

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	DMt=	a: Mt=7.89
		b: Mt=7.88
		c: Mt=7.14
		d: Mt=7.65
		e: Mt=7.63
		f: Mt=8.05
		g: Mt=7.73
		All Mt=7.89
O-SLu/c/sq/v/5/e	DMt=	a: Mt=7.50
		b: Mt=7.64
		c: Mt=6.55
		d: Mt=7.46
		e: Mt=7.25
		f: Mt=7.83
		g: Mt=7.54
		All Mt=7.46

```
O-HL/c/sq/v/5/h       DMt=        a: Mt=7.00
                                  b: Mt=7.08
                                  c: Mt=6.39
                                  d: Mt=7.10
                                  e: Mt=6.83
                                  f: Mt=7.19
                                  g: Mt=6.95
                              All Mt=6.98
```

Correlational finding on Happiness and Current nutrition
Subject code: N10.2

Study	VENTE 1996
Reported in:	Ventegodt, S. Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds). Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068 http://www.livskvalitet.org/t2/index.asp Page in Report: 454
Population:	31-33 aged, Denmark 1993, born in University Hospital in Copenhagen
Sample:	Non-probability chunk sample
Non-Response:	39%
N:	4500

Correlate

Authors label:	diet and health
Our classification:	Current nutrition, code N10.2
Measurement:	diet 1: very bad 2: bad 3: neither good nor bad 4: good 5: very good
Measured Values:	N: All:4547; %:1:17,7; 2:47,9; 3:24,8; 4:8,2; 5:1,4

Remarks: the correlations and M's do give only the relation between diet and health
based on the question:
"How are your eating habits ?"
1 I eat what I like
2 I think I eat healthy
3 I think I eat unhealthy
4 I eat few calories because of my weight
5 I eat ready-prepared dishes/fast food at least once a week
6 I eat vegetarian food
7 Information campaigns influence my eating habits

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/m/sq/v/5/a	r=+.05 p<.00	1: Ms=7.38 2: Ms=7.73 3: Ms=7.79 4: Ms=7.65 5: Ms=7.98
O-SLu/c/sq/v/5/e	r=+.03 p<.02	1: Ms=7.38 2: Ms=7.69 3: Ms=7.70 4: Ms=7.64 5: Ms=7.84
O-HL/c/sq/v/5/h	r=+.03 ns	1: Ms=7.46 2: Ms=7.80 3: Ms=7.75 4: Ms=7.55 5: Ms=8.44

Correlational finding on Happiness and Current nutrition
Subject code: N10.2

Study VENTE 1996

Reported in:	Ventegodt, S.
	Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
	Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
	8790190068 http://www.livskvalitet.org/t2/index.asp
	Page in Report: 186
Population:	31-33 aged, Denmark 1993, born in University Hospital in Copenhagen
Sample:	Non-probability chunk sample
Non-Response:	39%
N:	4500

Correlate

Authors label:	diet
Our classification:	Current nutrition, code N10.2
Measurement:	Single question:

```
"How is your diet ?"
a: I eat what I like
b: I think my diet is healthy
c: I don't think my diet is healthy
d: I eat so as to keep my weight down
e: I eat ready-prepared dishes or fast food
   at least once a week
f: I eat vegatarian
g: Information campaigns influence my
   dietary habits
```

Measured Values:	N: All; %:a:66,6; b:53,7; c:17,4; d:8,4; e:17,6; f:4,3; g:12,8
Remarks:	catagories are not mutually exclusive

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks

A-AOL/m/sq/v/5/a

```
a: Mt=7.79
b: Mt=7.96
c: Mt=7.09
d: Mt=7.81
e: Mt=7.58
f: Mt=7.61
g: Mt=7.64
```

O-SLu/c/sq/v/5/e

```
a: Mt=7.44
b: Mt=7.65
c: Mt=6.76
d: Mt=7.51
e: Mt=7.24
f: Mt=7.21
g: Mt=7.26
```

O-HL/c/sq/v/5/h

```
a: Mt=7.01
b: Mt=7.26
c: Mt=6.50
d: Mt=7.06
e: Mt=6.70
f: Mt=6.73
g: Mt=6.90
```

Correlational finding on Happiness and How much one eats
Subject code: N10.2.1

Study	PELHA 2009
Reported in:	Pelham, B. Nyiri, Z. Eating well and life satisfaction: a global view The Gallup Company, 2009, Washington DC, USA Page in Report: 2
Population:	15+ aged, 114 nations, 2006-2008
Sample:	Probability simple random sample
Non-Response:	
N:	114000

Correlate

Authors label:	Hunger
Our classification:	How much one eats, code N10.2.1
Measurement:	Self report on single question: "Have there been times in the past 12 months when you or your family have gone hungry?" 0= no 1= yes
Measured Values:	% yes: Africa: 56%, Americas: 16%, Asia: 9%, Europe: 3%

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks

C-BW/c/sq/l/11/c	DM=-	Africa
		0 = no hunger, M = 4,7
		1 = hunger, M = 3,9
		        Difference =-0,8
		
		The Americas
		0 = no hunger, M = 6,1
		1 = hunger, M = 4,6
		        Difference =-1,5
		Asia
		0 = no hunger, M = 5,4
		1 = hunger, M = 4,1
		        Difference =-1,3
		
		Europe
		0 = no hunger, M = 5,9
		1 = hunger, M = 4,1
		        Difference =-1,8

Correlational finding on Happiness and What one eats
Subject code: N10.2.2

Study	BAKKE 1974

Reported in:	Bakker, P.; VandeBerg, N. Determinanten en Correlaten van Geluk.(Determinants and Correlates of Happiness). Unpublished Thesis, Erasmus University Rotterdam, 1974, Netherlands Page in Report: 28
Population:	20-65 aged, general public, The Netherlands, 1968
Sample:	
Non-Response:	34% refusal and unattainable.
N:	1552

Correlate

Authors label:	Eating habits. (1)
Our classification:	What one eats, code N10.2.2
Measurement:	Closed question on amount of consumption per day of: 1. Milk, yogurt, etc. 2. Meat, fish, eggs. 3. Sugar (number of spoons). 4. Fat (bacon and drippings). 5. Fresh fruits.
Remarks:	

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-HP/g/sq/ol/7/a	G=+.14	
O-HP/g/sq/ol/7/a	G=+.21	
O-HP/g/sq/ol/7/a	G=+.05 ns	
O-HP/g/sq/ol/7/a	G=-.01 ns	

O-HP/g/sq/ol/7/a   G=+.04
ns

Correlational finding on Happiness and What one eats
Subject code: N10.2.2

Study   PELHA 2009

Reported in: Pelham, B. Nyiri, Z.
                 Eating well and life satisfaction: a global view
                 The Gallup Company, 2009, Washington DC, USA
                 Page in Report: 4

Population: 15+ aged, 114 nations, 2006-2008

Sample: Probability simple random sample

Non-Response:

N: 114000

Correlate

Authors label: Eating healthy

Our classification: What one eats, code N10.2.2

Measurement: Self report on single question: "Now, please think about
                 yesterday, from the morning until the end of the day. Think
                 about where you were, what you were doing, who you were
                 with, and how you felt. Did you eat healthy all day
                 yesterday?"
                 0= yes
                 1= no

Remarks: For the analysis of 'healthy eating' at least 18.000
                 responses per region were used.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks

```
C-BW/c/sq/l/11/c      DM=-      Africa
                                0 = healthy,      M = 4,6
                                1 = not healthy, M = 3,8
                                        Difference =-0,8

                                The Americas
                                0 = healthy,      M = 6,0
                                1 = not healthy, M = 5,4
                                        Difference =-0,6
                                Asia
                                0 = healthy,      M = 5,4
                                1 = not healthy, M = 5,0
                                        Difference =-0,4

                                Europe
                                0 = healthy,      M = 6,8
                                1 = not healthy, M = 6,6
                                        Difference =-0,2
```

Correlational finding on Happiness and Where one eats
Subject code: N10.2.3

Study   AUSTR 1984/2

Reported in: Austrom, D.R.
                The Consequences of Being Single.
                Peter Lang Publisher, 1984, New York, USA ISBN 0 8204 0095 5
                Page in Report: 237

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

N: 1038

Correlate

Authors label: Meals outside home (1)

Our classification: Where one eats, code N10.2.3

Measurement: `Single open-ended question: Aproximately what percentage of your meals do you eat outside of your place of residence?`

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/u/sq/n/11/a	r=-.08 p<.05	

Correlational finding on Happiness and Concern about nutrition
Subject code: N10.3.1

Study	SCHUL 1985B
Reported in:	Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H. Lebensqualität in Osterreich. (Quality-of-Life in Austria). Research paper nr 10/1, Institut für Soziologie, University of Vienna, 1985, Austria Page in Report: 52
Population:	Adults, non-institutionalized, Austria, 1984
Sample:	
Non-Response:	?
N:	1776

Correlate

Authors label:	Healthy eating habits (1)
Our classification:	Concern about nutrition, code N10.3.1
Measurement:	`Direct question:"Do you pay attention to healthy food habits?"` `Answer categories: "In general I don't take care/ in general I take care"`

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-Sum/c/mq/v/5/a	r=+.02	
O-Sum/c/mq/v/5/a	Beta= +.05 p<.05	ß controlled for: gender, age, community size, education, professional status, marital status, income, body weight, weight control, alcohol consumption, physical fittness activity, psychosomatic complains, illness and satisfaction with health.

Correlational finding on Happiness and Concern about nutrition
Subject code: N10.3.1

Study	VENTE 1995
Reported in:	Ventegodt, S. Livskvalitet i Danmark. (Quality of Life in Denmark). Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp Page in Report: 178
Population:	18-88 aged, general public, Denmark, 1993
Sample:	Non-probability purposive sample
Non-Response:	39%
N:	1494

Correlate

Authors label:	diet (1)
Our classification:	Concern about nutrition, code N10.3.1

Measurement:	Single question:
	"How is your diet ?"
	a: I eat what I like
	b: I think my diet is healthy
	c: I don't think my diet is healthy
	d: I eat so as to keep my weight down
	e: I eat ready-prepared dishes or fast food
	   at least once a week
	f: I eat vegatarian
	g: Information campaigns influence my
	   dietary habits

Measured Values:	N: a:833, b:831, c:160, d:180, e:188, f:32, g:153
Remarks:	The same respondents may appear in several groups

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
A-AOL/m/sq/v/5/a	DMt=	a: Mt=7.89 b: Mt=7.88 c: Mt=7.14 d: Mt=7.65 e: Mt=7.63 f: Mt=8.05 g: Mt=7.73 All Mt=7.89
O-SLu/c/sq/v/5/e	DMt=	a: Mt=7.50 b: Mt=7.64 c: Mt=6.55 d: Mt=7.46 e: Mt=7.25 f: Mt=7.83 g: Mt=7.54 All Mt=7.46

O-HL/c/sq/v/5/h   DMt=

```
            a: Mt=7.00
            b: Mt=7.08
            c: Mt=6.39
            d: Mt=7.10
            e: Mt=6.83
            f: Mt=7.19
            g: Mt=6.95
          All Mt=6.98
```

Correlational finding on Happiness and Satisfaction with one's nutrition Subject code: N10.3.2

Study	BHARA 1977
Reported in:	Bharadwaj, L.; Wilkening, E.A. The Prediction of Perceived Well-Being. Social Indicators Research, 1977, Vol. 4, 421 - 439 ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF00353143 Page in Report: 430
Population:	18+ aged, general public, Wisconsin, USA, 197?
Sample:	
Non-Response:	12%
N:	1423

Correlate

Authors label:	Satisfaction with food (1)
Our classification:	Satisfaction with one's nutrition, code N10.3.2
Measurement:	direct closed question rated on a 7-point scale, ranging from "completely satisfied" to "completely dissatisfied".

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-SLW/u/sqt/v/7/a	r=+.3?	

O-SLW/u/sqt/v/7/a   Beta=ns

```
All ß`s controlled for satisfaction with
family-life, standard of living, work, health,
sparetime activities, income, community, housing,
spiritual matters, education, organizational
involvement,natural environment, national
government.
AGE                      INCOME
under 30  ß:  ns    under $4000     ß:+.06
30-49     ß:+.07    $4000- 7999     ß:  ns
50-64     ß:+.ns    $8000-15999     ß:  ns
over 65   ß:  ns    over $16000     ß:+.05
```

Correlational finding on Happiness and Satisfaction with one's nutrition
Subject code: N10.3.2

Study	UGLAN 2006
Reported in:	Uglanova, E. Analysis of Happiness Variable in Monitoring of Social and Economic Changes in Russia 1993 - 2. Data Independent Institute for Social Policy, 2006, Russia http://sofist.socpol.ru Page in Report: question 19
Population:	16+ aged, Russia, 1993
Sample:	Probability multi-stage cluster sample
Non-Response:	?
N:	2018

Correlate

Authors label:	Satisfaction with nutrition
Our classification:	Satisfaction with one's nutrition, code N10.3.2
Measurement:	How satisfied are you with your family nutrition? 1 completely dissatisfied 2 rather dissatisfied 3 rather satisfied 4 quite satisfied - DK/NA

Measured Values:	1: 15,8% 2: 35,6% 3: 34,4% 4: 12% DK/NA: 2,2%

Observed Relation with Happiness

Happiness Measure	*Statistics*	*Elaboration/Remarks*
O-SLW/c/sq/v/4/g	DM=+	1: M = 1,98 2: M = 2,36 3: M = 2,73 4: M = 3,14
O-SLW/c/sq/v/4/g	rs=+.42 p<.000	

Appendix 1: Happiness Items used

Happiness Item Code	*Full Text*
A-AOL/m/sq/v/5/a	Single direct question: How are you feeling now....? 5 very good 4 good 3 neither good nor poor 2 poor 1 very poor
C-BW/c/sq/l/11/c	Selfreport on single question: Here is ladder representing the 'ladder of life'. Let's suppose the top of the ladder represents the best possible life for you; and the bottom, the worst possible life for you. On which step of the ladder do you feel you personally stand at the present time? 10 best possible 9 8 7 6 5 4 3 2 1 0 worst possible life

This question was followed (not preceded) by items on life 5 years ago and 5 years from now.

O-DT/u/sq/v/7/a   Selfreport on single question:

How do you feel about your life as a whole.....?
7 delighted
6 pleased
5 mostly satisfied
4 mixed
3 mostly dissatisfied
2 unhappy
1 terrible

Name: Andrews & Withey's `Delighted-Terrible Scale' (original version)

O-HL/c/sq/v/5/h   Selfreport on single question

'How happy are you now?'
5 very happy
4 happy
3 neither happy nor unhappy
2 unhappy
1 very unhappy

Original text in Danish:
'Hvor lykkelig er du for tiden?'
5 meget lykkelig
4 lykkelig
3 hverken eller
2 ullykklig
1 meget ullykkelig

O-HP/g/sq/ol/7/a   Selfreport on single question:

"Generally speaking are you a happy person.......?"

Responses were made on an open line scale, and were later coded in 7 categories:
1 very unhappy
2
3
4
5
6
7 very happy.

O-SLu/c/sq/v/5/e   Selfreport on single question:

'How satisfied are you with your life now?'
5 very satisfied
2 satisfied
3 neither satisfied nor dissatisfied
2 dissatisfied
1 very dissatisfied

Original text in Danish:
'Hvor tilfreds er du med dit liv for tiden?'
5 meget tilfreds
4 tilfreds
3 hverken tilfreds eller utilfreds
2 utilfreds
1 meget utilfreds

O-SLW/c/sq/v/4/g   Selfreport on single question:

How satisfied are you with your life as a whole these days?
4 quite satisfied
3 rather satisfied
2 rather unsatisfied
1 not at all satisfied
- no answer
- hard to say

O-SLW/u/sq/n/11/a   Selfreport on single question:

All things considered, how satisfied or dissatisfied are you with your life as a whole?
10 completely satisfied
9
8
7
6
5
4
3
2
1
0 completely dissatisfied

O-SLW/u/sqt/v/7/a   Selfreport on single question, asked twice in interview:

Considering everything, how satisfied are you with your life as a whole........?
7 completely satisfied
6
5
4
3
2
1 completely dissatisfied

Summation: both scores added
Possible range: 2 to 14

O-Sum/c/mq/v/5/a   Selfreport on 3 questions:

A When you consider your present life as-a-whole, would you say you are....?
5 very happy
4 fairly happy
3 rather happy than unhappy
2 rather unhappy than happy
1 very unhappy
- DK/NA

B When you consider your present life as-a-whole, would you say you are.....?
5 very satisfied
4 fairly satisfied
3 rather satisfied than dissatisfied
2 rather dissatisfied than satisfied
1 fairly dissatisfied
- DK/NA

C How do you feel right now? Is your well-being.....?
5 very high
4 high
3 moderate
2 rather low
1 very low
- DK/NA

Summation: The summed scores were divided in three strata: low, medium and high quality of life

Appendix 2: Statistics used

Symbol	Explanation
Beta	(ß) STANDARDIZED REGRESSION COEFFICIENT by LEAST SQUARES (OLS) Type: test statistic. Measurement level: Correlates: all metric, Happinessl: metric. Range: [-1 ; +1] Meaning: beta > 0 « a higher correlate level corresponds with, on an average, higher happiness rating. beta < 0 « a higher correlate level corresponds with, on an average, lower happiness rating. beta = 0 « no correlation. beta = + 1 or -1 « perfect correlation. Remark: Mean of observations is subtracted from all observations if standardized.
DM	DIFFERENCE of MEANS Type: descriptive statistic only. Measurement level: Correlate: dichotomous, Happiness: metric Range: depending on the happiness rating scale of the author; range symmetric about zero. Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels.
DMt	DIFFERENCE of MEANS AFTER TRANSFORMATION Type: descriptive statistic only. Measurement level: Correlate: dichotomous, Happiness: metric Theoretical range: [-10; +10] Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels.
G	GOODMAN & Kruskal's GAMMA Type: test statistic Measurement level: Correlate: ordinal, Happinessl: ordinal Range: [-1; +1] Meaning: G = 0 « no rank correlation G = +1 « strongest possible rank correlation, where high correlate values correspond with high happiness ratings. G = -1 « strongest possible rank correlation, where high correlate values correspond with low happiness ratings.

r	PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient' or simply 'correlation coefficient') Type: test statistic. Measurement level: Correlate: metric, Happiness: metric Range: [-1; +1]

Meaning:
r = 0 « no correlation ,
r = 1 « perfect correlation, where high correlate values correspond with high happiness values, and
r = -1 « perfect correlation, where high correlate values correspond with low happiness values.

rs	SPEARMAN'S RANK CORRELATION COEFFICIENT Type: test statistic Measurement level: Correlate: ordinal, Happiness: ordinal. Range: [-1; +1]

Meaning:
rs = 0 « no rank correlation
rs = 1 « perfect rank correlation, where high correlate values are associated with high happiness ratings
rs =-1 « perfect rank correlation, where high correlate values are associated with low happiness ratings

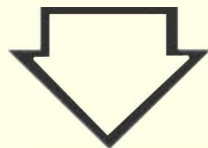# Appendix 3: About the World Database of Happiness

Structure of the collections

The World Database of Happiness is an ongoing register of scientific research on the subjective enjoyment of life.
It brings together findings that are scattered throughout many studies and provides a basis for synthetic work.

World literature on Happiness

Selection on subject

Bibliography and Directory

Selection of empirical studies   Selection on valid measurement: Item

Bank

Abstracting and classification of findings

↙   ↘

How happy people are, distributional findings
[Happiness in Nations](#) , [Happiness in Publics](#)

What goes together with happiness
[Correlational Findings](#)

↘ Listing of comparable findings in Nations ↙

[States of Nations](#) , [Trends in Nations](#)

Size of the collections
1226 Happiness measures (Item Bank)
4258 Nations surveys in 206 Nations
149 Distinguished publics in 1199 studies
12032 Correlational findings in 1196 studies

Appendix 4 Further Findings in the World Database of Happiness

Main Subjects	Subject Description	Number of Studies
A1	ACTIVITY: LEVEL (how much one does)	58
A2	ACTIVITY: PATTERN (what one does)	32
A3	AFFECTIVE LIFE	48
A4	AGE	400
A5	AGGRESSION	12
A6	ANOMY	32
A7	APPEARANCE (good looks)	15
A8	ATTITUDES	6
A9	AUTHORITARIANISM	4
B1	BIRTH CONTROL	1
B2	BIRTH HISTORY (own birth)	201
B3	BODY	77
C1	CHILDREN	1
C2	CHILDREN: WANT FOR (Parental aspirations)	6
C3	CHILDREN: HAVING (parental status)	195
C4	CHILDREN: CHARACTERISTICS OF ONE'S CHILDREN	25
C5	CHILDREN: RELATION WITH ONE'S CHILDREN	8
C6	CHILDREN: REARING OF ONE'S CHILDREN (parental behavior)	26
C7	COMMUNAL LIVING	9

C8	CONCERNS	18
C9	COPING	43
C10	CREATIVENESS	6
C11	CULTURE (Arts and Sciences)	8
D1	DAILY JOYS & HASSLES	5
E1	EDUCATION	302
E2	EMPLOYMENT	363
E3	ETHNICITY	98
E4	EXPRESSIVE BEHAVIOR	12
F1	FAMILY OF ORIGIN (earlier family for adults, current for young)	236
F2	FAMILY OF PROCREATION	58
F3	FAMILY OF RELATIVES	157
F4	FARMING	25
F5	FREEDOM	32
F6	FRIENDSHIP	152
G1	GENDER	370
G2	GRIEF	1
H1	HABITS	1
H2	HANDICAP	25
H3	HAPPINESS: VIEWS ON HAPPINESS	49
H4	HAPPINESS: DISPERSION OF HAPPINESS	10
H5	HAPPINESS: CAREER	191
H6	HAPPINESS: CORRESPONDENCE OF DIFFERENT MEASURES	310
H7	HAPPINESS OF OTHERS	0
H8	HAPPINESS: REPUTATION OF HAPPINESS	19
H9	HEALTH-BEHAVIOR	25
H10	HELPING	5
H11	HOPE	8
H12	HOUSEHOLD: COMPOSITION	137
H13	HOUSEHOLD: WORK	32
H14	HOUSING	106
I1	INCOME	552
I2	INSTITUTIONAL LIVING	43
I3	INTELLIGENCE	71
I4	INTERESTS	8
I5	INTERVIEW	73
I6	INTIMACY	103
L1	LANGUAGE	2
L2	LEADERSHIP	8

L3	LEISURE	206
L4	LIFE APPRAISALS: OTHER THAN HAPPINESS	368
L5	LIFE CHANGE	35
L6	LIFE EVENTS	86
L7	LIFE GOALS	75
L8	LIFE HISTORY	2
L9	LIFE STYLE	22
L10	LOCAL ENVIRONMENT	374
L11	LOTTERY	8
L12	LOVE-LIFE	31
M1	MARRIAGE: MARITAL STATUS CAREER	64
M2	MARRIAGE: CURRENT MARITAL STATUS	543
M3	MARRIAGE: RELATIONSHIP	115
M4	MARRIAGE: PARTNER	46
M5	MEANING	23
M6	MEDICAL TREATMENT	81
M7	MENTAL HEALTH	218
M8	MIGRATION: TO OTHER COUNTRY	29
M9	MIGRATION: MOVING WITHIN COUNTRY (residential mobility)	17
M10	MIGRATION: MIGRANT WORK	3
M11	MILITARY LIFE	7
M12	MODERNITY	6
M13	MOOD	246
M14	MOTIVATION	7
N1	NATION: NATIONALITY	29
N2	NATION: ERA (temporal period)	41
N3	NATION: NATIONAL CHARACTER (modal personality)	29
N4	NATION: CONDITION IN ONE'S NATION	430
N5	NATION: POSITION OF ONE'S NATION	1
N6	NATION: ATTITUDES TO ONES NATION	152
N7	NATION: LIVABILITY OF ONE'S NATION	17
N8	NATION i: ATTITUDES IN	1
N9	REGION IN NATION	59
N10	NUTRITION	23
N21	ERA	0
O1	OCCUPATION	178
O2	ORGAN TRANSPLANTATION	17
P1	PERSONALITY: HISTORY	48
P2	PERSONALITY: CHANGE	10

P3	PERSONALITY: CURRENT ORGANIZATION	7
P4	PERSONALITY: CURRENT TRAITS	462
P5	PERSONALITY: LATER	23
P6	PHYSICAL HEALTH	427
P7	PLANNING	11
P8	POLITICAL BEHAVIOUR	231
P9	POPULARITY	26
P10	POSSESSIONS	60
P11	PRISON	1
P12	PROBLEMS	25
P13	PSYCHO-SOMATIC COMPLAINTS	62
P14	PETS	3
R1	RELIGION	251
R2	RESOURCES	9
R3	RETIREMENT	89
R4	ROLES	23
S1	SCHOOL	129
S2	SELF-IMAGE	237
S3	SEX-LIFE	61
S4	SLEEP	16
S5	SOCIAL MOBILITY	17
S6	SOCIAL PARTICIPATION: PERSONAL CONTACTS	69
S7	SOCIAL PARTICIPATION : VOLUNTARY ASSOCIATIONS	131
S8	SOCIAL PARTICIPATION: TOTAL (personal + associations)	34
S9	SOCIO-ECONOMIC STATUS	154
S10	SOCIAL SUPPORT: RECEIVED	62
S11	SOCIAL SUPPORT: PROVIDED	6
S12	SPORTS	38
S13	STIMULANTS	49
S14	SUICIDE	8
S15	SUMMED DETERMINANTS	92
T1	TIME	53
T2	THERAPY	38
T3	TOLERANCE	37
V1	VALUES: CAREER	8
V2	VALUES: CURRENT PREFERENCES (own)	73
V3	VALUES: CLIMATE (current values in environment)	7
V4	VALUES: SIMILARITY (current fit with others)	12
V5	VICTIM	14

W1	WAR	5
W2	WISDOM	2
W3	WORK: CAREER	2
W4	WORK: CONDITIONS	68
W5	WORK: ATTITUDES	347
W6	WORK: PERFORMANCE (current)	29
W7	WORRIES	31
XX	UNCLASSIFIED	25

Appendix 5: Related Subjects

Subject		Related Subject(s)	
N10.2.2	What one eats	S13	STIMULANTS
N10.2.3	Where one eats	L3.3.2.2	. eating/drinking out
N10.3.1	Concern about nutrition	H9.4	Attitudes to health-maintenance

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