

World Database of Happiness



Correlational Findings on Happiness and SELF-IMAGE

Subject Code: S2

© on data collection: [Ruut Veenhoven](#),
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Classification of Findings

<i>Subject Code</i>	<i>Description</i>	<i>Nr of Studies on this Subject</i>
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Erasmus University Rotterdam, 2009, Netherlands

Correlational finding on Happiness and Earlier self-image

Subject code: S2.1.1

Study BACHM 1977

Reported in: Bachman, J. G.; O'Malley, P. M.; Johnston, J.
 Youth in Transition, Vol. VI: Adolescence to Adulthood, Change and Stability in the
 Lives of Young Men.
 Institute for Social Research, 1970, University of Michigan, Ann Arbor, USA
 Page in Report:

Population: Public highschool boys followed 8 years from grade 10, USA, 1966-74

Sample:

Non-Response: 2.8% at T1, 17.2% at T2, 21.0% at T3, 28.9% at T4, 28.5% at T5

N: 1628

Correlate

Authors label: Self-esteem (1)

Our classification: Earlier self-image, code S2.1.1

Measurement: 10-item index at T1, T2, T3, T4 and T5 of closed questions
 on being worthwhile as a person, having good qualities,
 being as able as others, not being proud of oneself, having
 a positive attitude towards oneself, feeling no good at
 all, being a useful guy, feeling one can't do anything
 right, doing a job well, having a not very useful life
 (items from Rosenberg, 1965, and Cobb, 1966)

Observed Relation with Happiness

*Happiness
 Measure*

Statistics Elaboration/Remarks

O-HP/g/mq/v/5/atau=+p<.001

Happiness	Self-esteem					T2
	T1	T2	T3	T4	T5	
T1	+.57	+.38	+.34	+.33	+.22	T2
	+.37	+.58	+.44	+.40	+.28	
T3	+.31	+.43	+.61	+.46	+.30	
T4	+.29	+.38	+.44	+.60	+.33	
All tau's significant (.001)						
T1:1966, T2:1968, T3:1969, T4:1970, T5:1974						

Correlational finding on Happiness and Earlier self-image

Subject code: S2.1.1

Study CHIRI 1982

Reported in: Chiriboga, D.A.

Consistency in Adult Functioning. The Influence of Stress.

Ageing and Society, 1982, Vol. 2, 7 - 29. ISSN p 0144 686X; ISSN e 1469 1779

Page in Report: 23

Population: People in transition followed 11 years, metropolis, USA, 1969-1980

Sample:

Non-Response: Attrition after 11 years 24%

N: 163

Correlate

Authors label: Earlier self-criticism (1)

Our classification: Earlier self-image, code S2.1.1

Measurement: The number of self-descriptive adjectives of Adjective Rating List circled as undesired 11 years ago, at T1(1969).

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

[O-HL/c/sq/v/3/cb](#)r=

T1 self-criticism by T5 happiness 911 year interval)

Males: r= -.34 (01)

Females: r= +.09 (ns)

Correlational finding on Happiness and Earlier self-image

Subject code: S2.1.1

Study

FORTI 1983

Reported in: Forti, T. J.; Hyg, M.S.

A Documented Evaluation of Primary Prevention through Consultation.

Community Mental Health Journal, 1983, Vol. 19, 290 - 304. ISSN p 0010 3853; ISSN e 1573 2789 DOI:10.1007/BF00755410

Page in Report:

Population: Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981

Sample:

Non-Response: T1: 18%, T2: 14%, T3: 23%

N: 137

Correlate

Authors label: Satisfaction with accomplishments/ problem solving (1)

Our classification: Earlier self-image, code S2.1.1

Measurement: Single closed question:
'How do you feel about yourself accomplishments/problem solving', rated on a 7-point Delighted-Terrible scale, ranging from (1) Delighted to (7) Terrible. (8) Neutral.
(order reversed)

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

O-DT/u/sq/f/7/ar=+

T1: 1977 r= +.45 (01)

T2: 1979 r= +.52 (01)

T3: 1981 r= +.48 (01)

Both variables assessed at T1, T2, and T3.

Correlation concerns same time measures.

Correlational finding on Happiness and Earlier self-image

Subject code: S2.1.1

Study HAWKI 2005

Reported in: Hawkins, D.N.; Booth, A.
 Unhappily Ever After: Effects of Long-Term, Low-Quality Marriages on Well-Being.
 Social Forces, 2005, Vol. 84, 452 - 471. ISSN p 0037 7732; ISSN e 1534 7605
 Page in Report: 458

Population: Couples, USA, followed 12 years, 1980-1992

Sample: Probability simple random sample

Non-Response: 35%

N: 1150

Correlate

Authors label: Self-esteem

Our classification: Earlier self-image, code S2.1.1

Measurement: A six-item, Likert-type scale ranged 1= non to 5= a great deal. (Rogenburg et al. 1995)
 It addresses aspects such as whether respondents feel that they have good qualities, feel useless at times, are satisfied with themselves, or feel that they are failures.

Measured Values: M=19.31, SD=2.15, Range 6-24

Error Estimates: Alpha= .77

Remarks: Assessed at T4

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/c/sq/v/3/ad</u>	<u>$r=+.30$</u> <u>$p<.001$</u>	T4 Happiness by T4 self-esteem
<u>O-HL/c/sq/v/3/ad</u>	<u>$r=+.14$</u> <u>$p<.001$</u>	T4 Happiness at by T1 Self-esteem (1980, 12 years earlier)

Correlational finding on Happiness and Earlier self-image

Subject code: S2.1.1

Study HOLAH 1999

Reported in: Holahan, C.K.; Holahan, C.J.; Wonacott, N.L.
Self-Appraisal, Life Satisfaction, and Retrospective Life Choices Across One and Three Decades.
Psychology and Aging, 1999; Vol.14, 238 - 244. ISSN 0882 7974
Page in Report: 239/243

Population: "Gifted (IQ>135) followed unto old age, USA, 1960-1992

Sample: Non-probability purposive-quota sample

Non-Response:

N: 383

Correlate

Authors label: Lived up to ability

Our classification: Earlier self-image, code S2.1.1

Measurement: Self-appraisal of having lived up to abilities.
Participants were asked "On the whole, how well do you think you have lived up to your intellectual abilities?"
Responses were coded in two categories
1: did not live-up
2: lived-up
Assessed at T1 (1960)

Measured Values: T2 N: 1=115, 2=223

Remarks: T1:1960, T2:1972, T3:1992

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-PL/h/sq/v/5/b</u>	<u>DM=+</u>	<p>T1 lived up by T2 happiness</p> <p>Men 1.M=3.71 SD=0.89 2.M=4.15 SD=0.85</p> <p>Women 1.M=3.76 SD=1.08</p> <p>In univariate analyses of covariance (ANCOVAs) there was a significant lived-up effect: F(1,332)= 13.85, MSE=.82 p<0.001 2.M=4.19 SD=0.92</p>
<u>C-ASG/h/mq/v/8/a</u>	<u>DM=+</u>	<p>T1 lived up by T2 happiness</p> <p>In univariate analyses of covariance(ANCOVAs) there was a significant lived-up effect: F(1,310)=10,65, MSE=.84, p<.05</p>
<u>O-SLW/c/sq/n/9/a</u>	<u>DM=+</u>	<p>T1 lived up by T3 happiness</p> <p>Univariate analyses of covariance (ANCOVAs) was significant for lived-up: F(1,355)=10.71, MSE=2,25, p<.001</p> <p>LISREL analysis showed no direct link when T2 perceived goal realization was controlled.</p>

Correlational finding on Happiness and Earlier self-image

Subject code: S2.1.1

Study MOEN 1995

Reported in: Moen, P.; Robinson, J; Dempster-McClain, D.
Caregiving and Women's Well-Being: A Life Course Approach.
Journal of Health and Social Behavior, 1995, Vol. 36, 259 - 273. ISSN 0022 1465
Page in Report: 266

Population: Mothers USA, followed 30 years 1956-1986

Sample: Probability stratified sample

Non-Response: 20

N: 313

Correlate

Authors label: Self-esteem

Our classification: Earlier self-image, code S2.1.1

Measurement: Self rating on 8 statements

- These days I don't feel I'm an interesting person.
- I don't feel sure of myself as a hostess
- I often act a little bit helpless
- I feel I am letting my appearance go
- I am pleased with myself
- I have difficulties making decisions
- I have faith in myself
- I am attractive

1=selects, 2=unsure,3=rejects)

or

1 = like me, 2 = unsure, 3 = unlike me

Assessed at T1 (1956) and T2 (1986)

Error Estimates: Cronbach alpha: T1= .58, T2 =.88

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>	
<u>M-CO*/mq/v/3/a</u>	<u>D_{Ma}=+</u>	T1 self-esteem	T2 happiness
		- low	Ma = 2,65
		- high	Ma = 2,80
		Ma controled for:	
		- age	
		- T2 marital status	
		- T2 education	

M-CO*/mq/v/3/aDMa=+

T1 happiness
low
high

T2 self-esteem
Ma = 3,41
Ma = 4,57

Correlational finding on Happiness and Earlier self-image

Subject code: S2.1.1

Study ORMEL 1980

Reported in: Ormel, J.
Moeite met Leven of een Moeilijk Leven. (Difficulties with Living or a Difficult Life).
Konstapel, 1980, Groningen, Netherlands
Page in Report: 350,254

Population: 15-60 aged, general public, followed 12 month, The Netherlands, 1967-77

Sample:

Non-Response: 18%

N: 296

Correlate

Authors label: Self esteem (1)

Our classification: Earlier self-image, code S2.1.1

Measurement: 9-item additive index rated on a 2-point scale.
Typical items are:

- I can change my habits easily.
- I can achieve a lot within a short time.
- When people demand much of me, I don't get nervous.

Self-acceptance Scale from Nederlandse Persoonlijkheids Vragenlijst (NVP),
Luteyn ca 1975.
Assessed at T2(1976)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-BB/cw/mq/v/4/c</u>	<u>$r=+.29$</u> <u>$p<.01$</u>	T2 happiness by T2 selfesteem
<u>A-BB/cw/mq/v/4/c</u>	<u>$r=+.27$</u> <u>$p<.01$</u>	T3 happiness by T2 selfesteem
<u>A-BB/cw/mq/v/4/c</u>	<u>$\beta L=+.25$</u>	T2 happiness by T2 self-esteem. βL path coefficient in a LISREL model, also involving neuroticism, internal control, intimacy with partner, adequacy of coping and self- and externally induced burdens.
<u>A-BB/cw/mq/v/4/c</u>	<u>$\beta L=+.15$</u>	T3 happiness by T3 self-esteem. βL path coefficient in a LISREL model, also involving neuroticism, internal control and quality of life.
<u>A-BB/cw/mq/v/4/c</u>	<u>$\beta L=+.20$</u>	T2 happiness by T2 self-esteem. βL path coefficient in a LISREL model, also involving neuroticism, internal control, unhappy childhood and traumatic childhood experiences.

Correlational finding on Happiness and Earlier self-image

Subject code: S2.1.1

Study SEARS 1977A

Reported in: Sears, P.S.; Barbee, A.H.
Career and Life Satisfaction among Terman Gifted Women.
Stanley, J.C.; George, W.C.; Eds.: "The Gifted and the Creative", J. Hopkins University Press, 1977, Baltimore, USA, 28 - 72
Page in Report: 40-62/4

Population: "Gifted women" (IQ >135), followed 50 years, California, USA, 1921-72

Sample: Non-probability purposive sample

Non-Response: Attrition in 1972: 25%

N: 671

Correlate

Authors label: Earlier self-confidence (around age 30) (1)

Our classification: Earlier self-image, code S2.1.1

Measurement:

Selfrating

a. in 1940

b. in 1950

Parent rating

c. in 1928

Remarks: Earlier selfconfidence (1928, 1940, 1950) by present happiness (1972). Subjects age in 1972 about 62.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
C-ASG/h/mq/v/5/a	AoV= ns	a.
M-PL/h/sq/v/5/b	Chi²= ns	a.
M-PL/h/sq/v/5/b	Chi²= ns	b.
C-ASG/h/mq/v/5/a	AoV= ns	b.
C-ASG/h/mq/v/5/a	AoV=+ p<.00	c.
M-PL/h/sq/v/5/b	Chi²= ns	c.

Correlational finding on Happiness and Earlier self-image

Subject code: S2.1.1

Study WESSM 1966/2

Reported in: Wessman, A.E.;Ricks, D.F.
Mood and Personality.
Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8
Page in Report: 117

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Earlier self-esteem (2)

Our classification: Earlier self-image, code S2.1.1

Measurement: Index of agree / disagree statements, indicative of a successful life, self-confidence, success in achieving goals, etc.
Assessed two years earlier.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-ARE/md/sqr/v/10/</u>	<u>r=+.50</u>	
<u>a</u>	<u>p<. 05</u>	

Correlational finding on Happiness and Change in self-image

Subject code: S2.1.2

Study BRENN 1970

Reported in: Brenner, B.
 Social Factors in Mental Well-Being at Adolescence.
 PhD Dissertation, The American University, 1970, Washington DC, USA
 Page in Report: 94/286

Population: Highschool pupils, New York State, USA, 1960

Sample:

Non-Response: 1%

N: 5204

Correlate

Authors label: Stability of self- image (1)

Our classification: Change in self-image, code S2.1.2

Measurement: 5-item index (Guttman scale) of agree / disagree statements on continuing or changing opinions and ideas about one-self.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/u/sq/v/4/b</u>	<u>G=+.25</u>	
<u>A-AOL/g/sq/v/5/a</u>	<u>G=+.22</u>	
<u>A-AOL/g/sq/v/5/a</u>	<u>V= .11</u> <u>p<. 01</u>	
<u>O-HL/u/sq/v/4/b</u>	<u>V= .13</u> <u>p<. 01</u>	

Correlational finding on Happiness and Change in self-image
 Subject code: S2.1.2

Study DEHAE 1987

Reported in: DeHaes, J.C.; Pennink, B.J.; Welvaart, K.
 The Distinction between Affect and Cognition.
 Social Indicators Research, 1987, Vol 19, 367 - 378. ISSN 0303 8300
 Page in Report: 7

Population: Early breast cancer patient, followed 11 and 18 month after treatment, The Netherlands, 1981-1987

Sample:

Non-Response: 17% (6 refusals and one death in the meantime)

N: 34

Correlate

Authors label: Impact of breast- surgery on body image (2)

Our classification: Change in self-image, code S2.1.2

Measurement: Perceived impact of breast-surgery, rated on a 4-point scale (see de Haes & Welvaart, 1985)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/se/sq/v/7/a</u>	<u>Beta=</u> <u>+.50</u>	11 months after surgery (T1)
<u>A-AOL/se/sq/v/7/a</u>	<u>Beta=</u> <u>+.23</u>	18 months after surgery (T2) β controlled for: Psychological complaints, pain, gastro-intestinal symptoms, loss of libido, activity level, fatigue, and fear of recurrence of cancer and death

Correlational finding on Happiness and Change in self-image
 Subject code: S2.1.2

Study DEHAE 1987

Reported in: DeHaes, J.C.; Pennink, B.J.; Welvaart, K.
 The Distinction between Affect and Cognition.
 Social Indicators Research, 1987, Vol 19, 367 - 378. ISSN 0303 8300
 Page in Report: 7

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Non-Response: 17% (6 refusals and one death in the meantime)

N: 34

Correlate

Authors label: Impact of breast- surgery on body image (1)

Our classification: Change in self-image, code S2.1.2

Measurement: Perceived impact of breast-surgery, rated on a 4-point scale (see de Haes & Welvaart, 1985)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/se/sq/?/7/a</u>	<u>Beta=</u> <u>+.16</u>	11 months after surgery (T1)
<u>O-SLW/se/sq/?/7/a</u>	<u>Beta=</u> <u>+.49</u>	18 months after surgery (T2) β controlled for: Psychological complaints, pain, gastro-intestinal symptoms, loss of libido, activity level, fatigue, and fear of recurrence of cancer and death

Correlational finding on Happiness and Change in self-image
 Subject code: S2.1.2

Study LICHT 1980/1

Reported in: Lichter.S.; Haye, K.; Kamman. R
 Increasing Happiness through Cognitive Retraining.
 New Zealand Psychologist, 1980, Vol.9, 57 - 64
 Page in Report: 60

Population: Adults, trainees and controls, followed 10 weeks, Dunedin, New Zealand, 1978

Sample:

Non-Response: 15%

N: 23

Correlate

Authors label: Beliefs about self (1)

Our classification: Change in self-image, code S2.1.2

Measurement: 28-item index with 4 response categories. Typical items are:

- I choose my emotions and feelings
- I believe my personality is fixed
- I am ready to try out new experiences

Assessed at the start (T1) and the end (T2) of a course on happiness and mental health.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-BK/cm/mq/v/5/b</u>	<u>r=+.80</u> <u>p<.01</u>	T1 LEVEL of beliefs to T1 LEVEL of happiness
<u>A-BK/cm/mq/v/5/b</u>	<u>r=+.75</u> <u>p<.01</u>	T1-T2 CHANGE in beliefs to T1-T2 CHANGE in happiness

Correlational finding on Happiness and Change in self-image
 Subject code: S2.1.2

Study

LICHT 1980/1

Reported in: Lichter.S.; Haye, K.; Kamman. R
 Increasing Happiness through Cognitive Retraining.
 New Zealand Psychologist, 1980, Vol.9, 57 - 64
 Page in Report: 60

Population: Adults, trainees and controls, followed 10 weeks, Dunedin, New Zealand, 1978

Sample:

Non-Response: 15%

N: 23

Correlate

Authors label: Course on happiness and positive mental health (2)

Our classification: Change in self-image, code S2.1.2

Measurement: 0 No course: Control group on waiting list (N=13)
 1 Treatment: 8 2-hours sessions over 4 weeks between T1 and T2 (N=10)

The goal of the course was to discuss "irrational beliefs" about self.
 (Ellis 1977 rational-emotive therapy)

In the course 15 current beliefs were introduced one at a time in 5 minute mini-lectures, followed by a class discussion on how these work out in every day life. Sometimes Ss were asked to do home exercises.

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

<u>A-BK/cm/mq/v/5/b</u>	<u>DMt=+</u>	Happiness assessed at:			
		T1: start of course			
		T2: end of course (4 weeks after T1)			
		T3: 6 weeks follow up (10 weeks after T1)			
		LEVEL of happiness			
		at:	Controls	Experimentals	Difference
		T1	Mt '=7.6	Mt '=7.8	DMt '= + .2
		T2	Mt '=7.6	Mt '=8.3	DMt '= + .7
		T3	Mt '=7.4	Mt '=8.6	Dms '= +1.2
<u>A-BK/cm/mq/v/5/b</u>	<u>DMt=+</u>	CHANGE in happiness:			
	<u>p<.5</u>	at	Controls	Experimentals	Difference
		T1-T2	Mt '=0.0	Mt '+=.5	DMt '= + .5 p<05
		T1-T3	Mt '=-.2	Mt '+=.8	DMt '= +1.0 p<01
<u>A-BK/cm/mq/v/5/b</u>	<u>E²=+.47</u>	Difference in T1-T2 CHANGE in happiness between			
	<u>p<.05</u>	controls and exepimentals			
<u>A-BK/cm/mq/v/5/b</u>	<u>E²=+.66</u>	Difference in T1-T3 CHANGE in happiness between			
	<u>p<.01</u>	controls and experimentals			

Correlational finding on Happiness and Change in self-image

Subject code: S2.1.2

Study LICHT 1980/1

Reported in: Lichter.S.; Haye, K.; Kamman. R
Increasing Happiness through Cognitive Retraining.
New Zealand Psychologist, 1980, Vol.9, 57 - 64
Page in Report: 60

Population: Adults, trainees and controls, followed 10 weeks, Dunedin, New Zealand, 1978

Sample:

Non-Response: 15%

N: 23

Correlate

Authors label: Course on happiness and positive mental health (1)

Our classification: Change in self-image, code S2.1.2

Measurement: 0 No course: Control group on waiting list (N=13)
1 Treatment: 8 2-hours sessions over 4 weeks between T1 and T2 (N=10)

The goal of the course was to discuss "irrational beliefs" about self.

(Ellis 1977 rational-emotive therapy)

In the course 15 current beliefs were introduced one at a time in 5 minute mini-lectures, followed by a class discussion on how these work out in every day life. Sometimes Ss were asked to do home exercises.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SL?/m/sq/?/7/a	<u>$E^2=+.41$</u> <u>$p<.05$</u>	Happiness assessed at: T1: start of course T2: end of course (4 weeks after T1) T3: 6 weeks follow up (10 weeks after T1)
O-SL?/m/sq/?/7/a	<u>$DM=+$</u> <u>ns</u>	Difference in T1-T2 CHANGE in happiness between controls and experimentals
O-SL?/m/sq/?/7/a	<u>$DM=+$</u> <u>ns</u>	Difference in T1-T3 CHANGE in happiness between controls and experimentals

Correlational finding on Happiness and Change in self-image

Subject code: S2.1.2

Study LICHT 1980/1

Reported in: Lichter.S.; Haye, K.; Kamman. R
 Increasing Happiness through Cognitive Retraining.
 New Zealand Psychologist, 1980, Vol.9, 57 - 64
 Page in Report: 60

Population: Adults, trainees and controls, followed 10 weeks, Dunedin, New Zealand, 1978

Sample:

Non-Response: 15%

N: 23

Correlate

Authors label: Course on happiness and positive mental health (3)

Our classification: Change in self-image, code S2.1.2

Measurement: 0 No course: Control group on waiting list (N=13)
 1 Treatment: 8 2-hours sessions over 4 weeks between T1 and T2 (N=10)

The goal of the course was to discuss "irrational beliefs" about self.
 (Ellis 1977 rational-emotive therapy)

In the course 15 current beliefs were introduced one at a time in 5 minute mini-lectures, followed by a class discussion on how these work out in every day life. Sometimes Ss were asked to do home exercises.

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

M-FH/cw/sq/v/5/a

$E^2=+.17$
ns

Happiness assessed at:
 T1: start of course
 T2: end of course (4 weeks after T1)
 T3: 6 weeks follow up (10 weeks after T1)

<u>M-FH/cw/sq/v/5/a</u>	<u>DM=+</u> <u>p<.05</u>	Difference in T1-T2 CHANGE in happiness between controls and experimentals
<u>M-FH/cw/sq/v/5/a</u>	<u>DM=+</u> <u>ns</u>	Difference in T1-T3 CHANGE in happiness between controls and experimentals

Correlational finding on Happiness and Change in self-image

Subject code: S2.1.2

Study LUDWI 1971

Reported in: Ludwig, L.D.
Elation-Depression and Skill as Determinants of Desire for Excitement.
Unpublished doctoral Dissertation, 1971, University of Wisconsin, USA
Page in Report: 64/207

Population: Female students, undergraduates, University of Wisconsin, USA, 197?

Sample:

Non-Response: 81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re

N: 72

Correlate

Authors label: Self-perceived creativity and maturity. (2)

Our classification: Change in self-image, code S2.1.2

Measurement: 2-item index of direct questions on creativity and personality maturity compared with others.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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[A-AOL/u/mq/v/10/a](#)[AoV=+](#)
[ns](#)

Ss answered these questions at the end of an experimental situation in which their self-esteem was experimentally altered. This was done by means of a false personality report dealing with the subject's creativity, maturity and other things.

Self-perceived creativity: $r = +.05$ (ns)
 Self-perceived maturity : $r = +.17$ (ns)

- For happy Ss self-perceived creativity and maturity is unaffected by bolstered self-esteem and decreased by reduced self-esteem.
- For unhappy Ss it is increased by bolstered self-esteem and unaffected by reduced self-esteem.

Correlational finding on Happiness and Later self-image

Subject code: S2.1.4

Study

BACHM 1978/2

Reported in: Bachman, J.G.; O'Malley, P.M.; Johnston, J.
 Youth in Transition, Vol. VI: Adolescence to Adulthood, Change and Stability in the Lives of Young Men.
 Institute for Social Research, 1970, University of Michigan, Ann Arbor, USA
 Page in Report:

Population: Public highschool boys followed 8 years from grade 10, USA, 1966-74

Sample:

Non-Response: 2.8% at T1, 17.2% at T2, 21.0% at T3, 28.9% at T4, 28.5% at T5

N: 2213

Correlate

Authors label: Self-esteem (1)

Our classification: Later self-image, code S2.1.4

Measurement: 10-item index at T1, T2, T3, T4 and T5 of closed questions on being worthwhile as a person, having good qualities, being as able as others, not being proud of oneself, having a positive attitude towards oneself, feeling no good at all, being a useful guy, feeling one can't do anything right, doing a job well, having a not very useful life (items from Rosenberg, 1965, and Cobb, 1966)

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks				
<u>O-HP/g/mq/v/5/a</u>	<u>tau=+</u> <u>p<.001</u>	Self-esteem				
		T1	T2	T3	T4	T5
		Happiness				
		T1	+.57	+.38	+.34	+.33
		+.37	+.58	+.44	+.40	+.28
		T3	+.31	+.43	+.61	+.46
		T4	+.29	+.38	+.44	+.60
						+.33
		All tau's significant (.001)				
		T1:1966, T2:1968, T3:1969, T4:1970, T5:1974				

Correlational finding on Happiness and Later self-image

Subject code: S2.1.4

Study FORTI 1983

Reported in: Forti, T. J.; Hyg, M.S.
A Documented Evaluation of Primary Prevention through Consultation.
Community Mental Health Journal, 1983, Vol. 19, 290 - 304. ISSN p 0010 3853; ISSN e 1573 2789 DOI:10.1007/BF00755410
Page in Report:

Population: Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981

Sample:

Non-Response: T1: 18%, T2: 14%, T3: 23%

N: 137

Correlate

Authors label: Satisfaction with accomplishments/ problem solving (2)

Our classification: Later self-image, code S2.1.4

Measurement: Single closed question:
'How do you feel about yourself accomplishments/problem solving', rated on a 7-point Delighted-Terrible scale, ranging from (1) Delighted to (7) Terrible. (8) Neutral.
(order reversed)

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/u/sq/f/7/a</u>	<u>r=+</u>	T1: 1977 r= +.45 (01) T2: 1979 r= +.52 (01) T3: 1981 r= +.48 (01) Both variables assessed at T1, T2, and T3. Correlation concerns same time measures.

Correlational finding on Happiness and Later self-image

Subject code: S2.1.4

Study MOEN 1995

Reported in: Moen, P.; Robinson, J; Dempster-McClain, D.
Caregiving and Women's Well-Being: A Life Course Approach.
Journal of Health and Social Behavior, 1995, Vol. 36, 259 - 273. ISSN 0022 1465
Page in Report: 266

Population: Mothers USA, followed 30 years 1956-1986

Sample: Probability stratified sample

Non-Response: 20

N: 313

Correlate

Authors label: Self-esteem

Our classification: Later self-image, code S2.1.4

Measurement: Self rating on 8 statements

- These days I don't feel I'm an interesting person.
- I don't feel sure of myself as a hostess
- I often act a little bit helpless
- I feel I am letting my appearance go
- I am pleased with myself
- I have difficulties making decisions
- I have faith in myself
- I am attractive

1=selects, 2=unsure,3=rejects)

or

1 = like me, 2 = unsure, 3 = unlike me

Assessed at T1 (1956) and T2 (1986)

Error Estimates: Cronbach alpha: T1= .58, T2 =.88

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>	
<u>M-CO*/mq/v/3/a</u>	<u>D_{Ma}=+</u>	T1 self-esteem - low - high	T2 happiness Ma = 2,65 Ma = 2,80
		Ma controled for: - age - T2 marital status - T2 education	
<u>M-CO*/mq/v/3/a</u>	<u>D_{Ma}=+</u>	T1 happiness low high	T2 self-esteem Ma = 3,41 Ma = 4,57

Correlational finding on Happiness and Current self-characterization
Subject code: S2.2

Study GORDO 1974

Reported in: Gordon, F.E.;Hall, D.T.
Self-Image and Stereotypes of Femininity: Their Relationship to Women's Role Conflicts and Coping.
Journal of Applied Psychology, 1974, Vol. 59, 241-243
Page in Report: 243

Population: Married female graduates of liberal arts college, Univ. of Connecticut, USA,1971

Sample:

Non-Response: 49%

N: 229

Correlate

Authors label: Self-image. (1)

Our classification: Current self-characterization, code S2.2

Measurement: Factors derived from self-ratings on a semantic differential of 28 bipolar adjective 7-point scales.
a. Potency: emotional and phusical strenght.
b. Supportiveness: nurturant, agreeable behavior in interpersonal settings.
c. Spontaneity: willingness to take immediate action.
d. Emotionality: level of emotion.

Remarks:

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-HL/g/sq/v/5/a</u>	<u>$r=+.25$</u> <u>$p<.01$</u>	a.
<u>O-HL/g/sq/v/5/a</u>	<u>$r=+.20$</u> <u>$p<.01$</u>	b.

O-HL/g/sq/v/5/a r= ns c .

O-HL/g/sq/v/5/a r=+.25 d .
p<.01

Correlational finding on Happiness and Current self-characterization Subject code: S2.2

Study HOLLO 1999

Reported in: Holloway, F. ;Carson, J.
 Subjective Quality of Life, Psychopathology, Satisfaction with Care and Insight: an
 Exploratory Study.
 International Journal of Social Psychiatry, 1999, Vol. 45,.259 - 267. ISSN 0020 7640
 Page in Report: 262

Population: Mental patients, followed 3 years, UK 1990-1993

Sample: Non-probability purposive sample

Non-Response: 0

N: 70

Correlate

Authors label: Self Concept

Our classification: Current self-characterization, code S2.2

Measurement: Self report on the following questions:
 -You feel that you're a person of worth, at least on an
 equal plane with others.
 -You feel that you have a number of good qualities.
 -All in all, you are inclined to feel that you are a
 failure.
 -You are able to do things as well as most others.
 -You feel you do not have much to be proud of.
 -You take a positive attitude toward yourself.
 -On the whole, you are satisfied with yourself.
 -You wish you could have more respect for yourself.
 -You certainly feel useless at times.
 -At times you think you are no good at all

Remarks: Satisfaction Subscale of Lancashire Quality of Life Profile (LQOLP) [Oliver 1991].

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqt/v/7/a</u>	<u>rpc=</u> <u>+.60</u> <u>p<.000</u>	rpc controled for depression as measured with Beck Depression Inventory(BDI)

Correlational finding on Happiness and Current self-characterization Subject code: S2.2

Study LEWIS 1972

Reported in: Lewis, M.A.
Actual and Perceived Age Differences in Self-Concept and Psychological Well-Being for Catholic Sisters.
Unpublished doctoral dissertation, 1972, Syracuse University, New York, USA.
Page in Report: 67-69

Population: 24-75 aged Catholic sisters, Eastern USA. 197?

Sample:

Non-Response: 34%

N: 183

Correlate

Authors label: Self-concept compo- nents. (1)

Our classification: Current self-characterization, code S2.2

Measurement: Principal components, extracted from 21 bipolar adjective 7-point scales (semantic differential scales; see Monge, 1971). The adjective scales were scored for 'Myself - as I really am most of the time'.

- a. Achievement / leadership.
7 items index: inferior - superior,
dull - sharp, follower - leader,
dumb - smart, failure - success,
weak - strong, worthless - valuable.
- b. Congeniality / sociability.
4 items index: cruel - kind, awful - nice, unfriendly
- friendly, bad - good.
- c. Psychological adjustment.
6 items index: dissatisfied - satisfied,
unstable - stable, shaky - steady,
sad - happy, unsure - confident, soft - hard.
- d. Physical adjustment.
4 items index: delicate - rugged,
sick - healthy, nervous - relaxed,
tired - refreshed.

Remarks:

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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A-BB/cm/mq/v/2/a DM=+ a .
 ns

A-BB/cm/mq/v/2/a DM=- ns b .

A-BB/cm/mq/v/2/a DM=+ c .
 p<.01

A-BB/cm/mq/v/2/a DM=- ns d .

Correlational finding on Happiness and Current self-characterization

Subject code: S2.2

Study VENTE 1995

Reported in: Ventegodt, S.
 Livskvalitet i Danmark. (Quality of Life in Denmark).
 Forskningscentrets Forlag (The Quality of Life Research Center), København,
 Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>
 Page in Report: 248

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: self-image (1)

Our classification: Current self-characterization, code S2.2

Measurement: 36 item index of self-image
 "Do you feel you are:"
 healthy
 physically strong
 in harmony with yourself
 honest
 sensitive
 loving
 beautiful
 sexually attractive
 loved
 cheerful
 open
 sociable
 good
 free
 ethical
 with a sense of humor
 intelligent
 sensible
 patient
 psychological strong
 independent
 strong-willed
 competent
 ambitious
 involved
 creative
 responsible
 conscientious
 filled with fighting spirit
 brave
 self-confident
 a success
 profound
 intuitive
 spiritual
 sincere
 Rated: yes, not sure, no
 categorised as:
 1: 0-15 (worst)
 2: 16-18
 3: 19-21
 4: 22-24

5: 25–27
 6: 28–30
 7: 31–33
 8: 34–36 (best)

Measured Values: N: 1:11, 2:27, 3:96, 4:207, 5:295, 6:359, 7:270, 8:126

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>$r=+.37$</u> <u>$p<.00$</u>	1: Mt=5.23 2: Mt=6.49 3: Mt=6.33 4: Mt=6.93 5: Mt=7.68 6: Mt=8.05 7: Mt=8.49 8: Mt=8.99 All: Ms=7.80
<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.40$</u> <u>$p<.00$</u>	1: Mt=4.78 2: Mt=5.74 3: Mt=6.04 4: Mt=6.59 5: Mt=7.24 6: Mt=7.74 7: Mt=8.23 8: Mt=8.78 All Mt=7.48
<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.37$</u> <u>$p<.00$</u>	1: Mt=5.00 2: Mt=5.93 3: Mt=5.68 4: Mt=6.21 5: Mt=6.68 6: Mt=7.18 7: Mt=7.69 8: Mt=8.25 All Mt=6.98

Correlational finding on Happiness and Current self-characterization

Subject code: S2.2

Study **VENTE 1996**

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 256

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: relations with oneself

Our classification: Current self-characterization, code S2.2

Measurement: Single question:
 "How are your current relations with yourself ?"
 1: very bad
 2: bad
 3: neither/nor
 4: good
 5: very good

Measured Values: N: All:4416; 1:28; 2:127; 3:474; 4:2007; 5:1780

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.58</u> <u>p<.00</u>	1: Mt=1.96 2: Mt=3.78 3: Mt=5.74 4: Mt=7.63 5: Mt=8.83

O-SLu/c/sq/v/5/e $r=+.59$ 1 : Mt=1.79
 $p<.00$ 2 : Mt=3.54
 3 : Mt=5.19
 4 : Mt=7.30
 5 : Mt=8.59

O-HL/c/sq/v/5/h $r=+.53$ 1 : Mt=2.95
 $p<.00$ 2 : Mt=4.15
 3 : Mt=5.28
 4 : Mt=6.76
 5 : Mt=8.09

Correlational finding on Happiness and Current self-characterization

Subject code: S2.2

Study VENTE 1996

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 258

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: self-image

Our classification: Current self-characterization, code S2.2

Measurement: 36 item index of self-image
"Do you feel you are:"
healthy
physically strong
in harmony with yourself
honest
sensitive
loving
beautiful
sexually attractive
loved
cheerful
open
sociable
good
free
ethical
with a sense of humor
intelligent
sensible
patient
psychological strong
independent
strong-willed
competent
ambitious
involved
creative
responsible
conscientious
filled with fighting spirit
brave
self-confident
a success
profound
intuitive
spiritual
sincere
Rated: yes, not sure, no
categorised as:
1: 0-15 (worst)
2: 16-18
3: 19-21
4: 22-24
5: 25-27
6: 28-30
7: 31-33
8: 34-36(best)

Measured Values: N: 1:46; 2:107; 3:236; 4:555; 5:970; 6:1219; 7:999; 8:412

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-AOL/m/sq/v/5/a</u>	<u>$r=+.44$</u> <u>$p<.00$</u>	1: Mt=4.08 2: Mt=5.28 3: Mt=5.88 4: Mt=6.76 5: Mt=7.46 6: Mt=8.08 7: Mt=8.59 8: Mt=8.85
<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.43$</u> <u>$p<.00$</u>	1: Mt=3.80 2: Mt=4.76 3: Mt=5.58 4: Mt=6.44 5: Mt=7.11 6: Mt=7.71 7: Mt=8.29 8: Mt=8.70
<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.39$</u> <u>$p<.00$</u>	1: Mt=4.40 2: Mt=5.14 3: Mt=5.46 4: Mt=6.16 5: Mt=6.70 6: Mt=7.20 7: Mt=7.80 8: Mt=8.23

Correlational finding on Happiness and Current self-characterization
Subject code: S2.2

Study WESSM 1960

Reported in: Wessman, A.E.; Ricks, D.F.; McIlvaine Tyl, M.
 Characteristics and Concomitants of Mood Fluctuations in College Women.
 Journal of Abnormal and Social Psychology, 1960, Vol. 60, 117 - 126
 Page in Report: 123

Population: Female college students, followed 6 weeks, Radcliffe, USA, 1957

Sample:

Non-Response: 44% dropouts

N: 14

Correlate

Authors label: Real self descriptions (1)

Our classification: Current self-characterization, code S2.2

Measurement: Content analysis of a 45-item Q sort, filled out both in extremely high and in extremely low moods for self-concept ('the most accurate picture of yourself as you really believe you are now').

Remarks: The group of Ss was divided in two according to their mean 'daily average mood'.
 The Q sort descriptions provided by the seven relatively happy girls were compared with those of the seven relatively unhappy girls.
 Only significant discrepancies between the descriptions of both groups were presented.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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<u>A-ARE/md/sqr/v/10/ b</u>	<u>r= + p<. 05</u>	<p>a. Friendly, sociable, and open towards others In both high and low moods the happy girls describe themselves as more friendly, sociable, more willing to give of themselves to others, and more interested in what others have to offer. The unhappy girls describe themselves as more independent, self-sufficient and introspective</p>
<u>A-ARE/md/sqr/v/10/ b</u>	<u>r= - p<. 05</u>	<p>b. Sophisticated, critical, interested in academic work In both high and low moods the unhappy girls describe themselves as more critical, sophisticated, interested in academic work and introspective. The happy girls describe themselves as more unorganized, tolerant and nervous. They are able to enjoy work without being preoccupied with it, and do not consider themselves sophisticated or poised.</p>

Correlational finding on Happiness and Current self-characterization

Subject code: S2.2

Study WESSM 1966/2

Reported in: Wessman, A.E.;Ricks, D.F.
Mood and Personality.
Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8
Page in Report: 110-111

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Real-self descriptions (1)

Our classification: Current self-characterization, code S2.2

Measurement: Content analysis of a 60-item Q sort, describing characteristics indicative of successful and unsuccessful resolutions of the first six developmental crisis of the Erikson's stages of psycho-social development (see Erikson, 1959).

The Q sort was filled out both in very elated and in very depressed moods for self-concept ('an accurate picture of yourself as you honestly feel and believe you are').

Remarks: The group of Ss was divided in two according to their mean 'daily average mood' (AFF 3.1).
The Q sort descriptions provided by the nine relatively happy men were compared with those of the eight relatively unhappy men.
Only significant discrepancies between the descriptions of both groups were presented.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-ARE/nd/sqr/v/10/a</u>	<u>r=+</u> <u>p<.05</u>	<p>a. Warm, friendly and comfortable in close relationships.</p> <p>In general the happy men describe themselves as more social, while the unhappy men are more isolated and pre-occupied with themselves.</p> <p>In depression also the happy men experience a decrease in social interests, but are still concerned with others, while the unhappy men, in depression, were unable to share with others.</p>

<u>A-ARE/md/sqr/v/10/</u> <u>a</u>	<u>r= + p<.</u> <u>05</u>	b. Able to excel in work, conscientious, productive Especially in elation the happy men describe themselves as productive, while the unhappy men, even in elation, are more given to wasting time and failing to apply themselves.
<u>A-ARE/md/sqr/v/10/</u> <u>a</u>	<u>r= - p<.</u> <u>05</u>	c. Unable to fulfill ambitions The unhappy men are more ambitious, but are less able to fulfill their ambitions. Especially in depression they feel ineffective, unable to get what they want, pessimistic and unable to absorb frustration.
<u>A-ARE/md/sqr/v/10/</u> <u>a</u>	<u>r= + p<.</u> <u>05</u>	d. Optimism in bad spirits The happy men perceive depressions as temporary states which would be resolved when the problems which occasioned them had been resolved. The unhappy men are more pessimistic, feel depression as permanent states of frustration and impotent desire.
<u>A-ARE/md/sqr/v/10/</u> <u>a</u>	<u>r= - p<.</u> <u>05</u>	e. Tendency to disregard the world Especially in depression the unhappy men felt a tendency to disregard the world, but also felt they were in the wrong and apologetic.
<u>A-ARE/md/sqr/v/10/</u> <u>a</u>	<u>r= - p<.</u> <u>05</u>	f. Primarily concerned with work In elation the unhappy girls place a high value on work, while the happy girls tend to place a higher value on friendliness and consideration for others. In depression both the happy and unhappy girls value work more than in elation, but this is more extreme for the unhappy girls. For these girls concern with work in depression took the form of more exclusive concern with intellectual creativity and achievement, while the happy girls in depression place a higher value on the inherent satisfactions in

learning, and are more concerned with discovering what they want out of life.

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study **CHA 2003**

Reported in: Cha, K.H.
 Subjective Well-Being among College Students.
 Social Indicators Research, 2003, Vol.62/63, 455 - 477. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1023/A:1022669906470 ISSN: 0303 8300 doi:10.1023/A:1022669906470
 Page in Report: 466

Population: College students, Korea, 199?

Sample: Non-probability chunk sample

Non-Response:

N: 350

Correlate

Authors label: School ability

Our classification: Self-perceived ability, code S2.2.1

Measurement: School ability subscale of self-rating scale (Fleming and Courtney, 1984). 6 point-scale

Error Estimates: alpha=.72

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-BD2/cm/mq/v/7/b	r=+.29 p<.01	

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study LUDWI 1971

Reported in: Ludwig, L.D.
 Elation-Depression and Skill as Determinants of Desire for Excitement.
 Unpublished doctoral Dissertation, 1971, University of Wisconsin, USA
 Page in Report: 64

Population: Female students, undergraduates, University of Wisconsin, USA, 197?

Sample:

Non-Response: 81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re

N: 72

Correlate

Authors label: Perceived acting ability. (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: 1. Question on acting ability as compared with other people, rated on a 7-point scale. miserable in acting/about average/highly talented in acting. This question figured in a mailed questionnaire used in recruitment procedure.
 2. Same question after experiment.

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

[A-AOL/u/mq/v/10/a](#) $r=+.31$ No self-esteem manipulation.
 $p<.05$

[A-AOL/u/mq/v/10/a](#) $r=+.11$ Ss answered these questions at the end of an
ns experimental situation in which their self-esteem
 was experimentally altered. This was done by means
 of a false personality report dealing with the
 subject's creativity, maturity and other things.

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study **NOELL1977/10**

Reported in: Noelle-Neumann, E.
 Politik und Glück. (Politics and Happiness).
 Baier, H.;Ed.: "Freiheit und Sachzwang", West Deutscher Verlag, 1977, Opladen,
 Germany, 208 - 262. ISBN 3 531 11 44 68
 Page in Report: 233

Population: 16-29 aged and pensioners, West-Germany, 1976

Sample:

Non-Response:

N: 855

Correlate

Authors label: Feeling for colors (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: Single direct question: no (0) yes (1)
 'I think, I have a good feeling of combining colors together'.
 Chosen from pack of 16 person descriptions as being characteristic for oneself.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
A-CA/mh/ri/v/2/b	D%=+	Young (16 - 29) and pensioners only. In both categories the cheerfull claim more feeling for colors.

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study OGRI 1994/1

Reported in: Ogris, G.
 Korrelate mit Lebenszufriedenheit: Glück und Wohlbefinden in Österreich und Slowenien. (Correlates of Life-Satisfaction, Happiness and Well-Being in Austria and Slovenia).
 Paper presented at the 13th World Congress of Sociology, 1994, Bielefeld, Germany
 Page in Report: 5

Population: Adults, general public, Slovenia, 1994

Sample: Probability multi-stage cluster sample

Non-Response: not reported

N: 1998

Correlate

Authors label: Schwierigkeiten mit neuen Technologien (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: 3 questions:
 1. Installing and handling modern machines
 2. using a computer
 3. Programming a machine or a computer
 Each rated on a 5-step scale:
 very easy.....very difficult

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.16</u>	question 1...handling machines.....
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.2</u>	question 2....using computer.....
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.17</u>	question 2
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.19</u>	question 2
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.09</u>	question 3.....programming.....
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.12</u>	question 3

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study **OGRI 1994/1**

Reported in: Ogris, G.
 Korrelate mit Lebenszufriedenheit: Glück und Wohlbefinden in Österreich und Slowenien. (Correlates of Life-Satisfaction, Happiness and Well-Being in Austria and Slovenia).
 Paper presented at the 13th World Congress of Sociology, 1994, Bielefeld, Germany
 Page in Report: 6

Population: Adults, general public, Slovenia, 1994

Sample: Probability multi-stage cluster sample

Non-Response: not reported

N: 1998

Correlate

Authors label: Schwierigkeiten mit modernen Arbeitsformen (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: 6 questions on difficulties with
 1.stimulating motivating others
 2.working in a team
 3.coordinating and leading a team
 4.leaning and selfeducation
 5.using a foreign language
 6.planning or developing a concept
 Each rated on a 5-step scale:
 very easy.....very difficult

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.14</u>	question 1....difficult motivating others...
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.16</u>	question 1
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.17</u>	question 2...difficult team.....
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.2</u>	question1
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.18</u>	question 2
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.18</u>	question 2

<u>O-HL/c/sq/v/5/d</u>	<u>r=-.13</u>	question 3....difffficult leading.....
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.15</u>	question3
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.14</u>	question 3
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.18</u>	question 4....difficult learning.....
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.16</u>	question 4
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.22</u>	question 4
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.19</u>	question 5....difficult with foreign language.....
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.13</u>	question 5
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.18</u>	question 5
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.15</u>	question 6....difficult planning concept.....
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.16</u>	question 6
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.23</u>	question 6

Correlational finding on Happiness and Self-perceived ability
Subject code: S2.2.1

Study OGR1 1994/2

Reported in: Ogris, G.

Korrelate mit Lebenszufriedenheit: Glück und Wohlbefinden in Österreich und Slowenien. (Correlates of Life-Satisfaction, Happiness and Well-Being in Austria and Slovenia).

Paper presented at the 13th World Congress of Sociology, 1994, Bielefeld, Germany

Page in Report: 5

Population: Adult, general public, Austria 1994

Sample: Probability multi-stage cluster sample

Non-Response: not reported

N: 1998

Correlate

Authors label: Difficulties with new technologies (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: 3 questions on:
 1 Installing and handling modern machines
 2 Using a computer
 3 Programming a machine or a computer

Each rated on a 5 step scale .
 .

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.08</u>	question 1..handeling machines...
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.13</u>	question 1
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.2</u>	question 1
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.08</u>	question 2....using computer

<u>O-HL/c/sq/v/5/d</u>	<u>r=-.14</u>	question 2
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.21</u>	question 2
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.1</u>	question 3..programming...
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.16</u>	question 3

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study OGRI 1994/2

Reported in: Ogris, G.
 Korrelate mit Lebenszufriedenheit: Glück und Wohlbefinden in Österreich und Slowenien. (Correlates of Life-Satisfaction, Happiness and Well-Being in Austria and Slovenia).
 Paper presented at the 13th World Congress of Sociology, 1994, Bielefeld, Germany
 Page in Report: 6

Population: Adult, general public, Austria 1994

Sample: Probability multi-stage cluster sample

Non-Response: not reported

N: 1998

Correlate

Authors label: Difficulties with modern working methods (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: 6 questions on:
 Difficulties with:
 1. Stimulating and motivating others
 2. Working in a team
 3 Coordinating and leading a team
 4 Learning and selfeducation
 5. Using a foreign language
 6. Planning or developing a concept

Each rated on a 5-step scale:
 very easy.....very difficult

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.13</u>	question 1....difficult motivating others...
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.16</u>	question 1
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.2</u>	question 1
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.12</u>	question 2.....difficult team
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.15</u>	question2
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.21</u>	question 2
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.13</u>	question3..difficulty leading....
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.14</u>	question 3
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.19</u>	question 3

<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.11</u>	question 4...difficulty learning...
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.14</u>	question 4
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.23</u>	question 4..
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.08</u>	question 5....foreign language.....
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.11</u>	question 5
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.19</u>	question 5
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.1</u>	question 6.....planning concept...
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.12</u>	question 6
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.2</u>	question 6

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study SONDE 1975

Reported in: Sondermeijer, B.
Gezondheid en Geluk. (Health Correlates of Happiness).
Unpublished report, 1975, Rotterdam, Netherlands
Page in Report:

Population: 40-60 aged male employees, Rotterdam, The Netherlands, 197?

Sample:

Non-Response: 5%

N: 13

Correlate

Authors label: Feeling uncertain and undecisive (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: Single direct question:
0 No
1 Yes

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-FH/g/sq/v/2/a</u>	<u>G=-.74</u> <u>p<.000</u>	
<u>M-FH/g/sq/v/2/a</u>	<u>G=-.74</u> <u>p<.000</u>	

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study STAPE 1987

Reported in: Stapel, J.
Cross-Sectional Age Differences and Longitudinal Change on the Bradburn Affect Balance Scale.
Unpublished Paper, N.I.P.O.(Gallup Affiliate), 1987, Amsterdam, Netherlands
Page in Report: 4/7

Population: 18+ aged, general public, non-institutionalized, The Netherlands, 1987

Sample:

Non-Response:

N: 825

Correlate

Authors label: Specific abilities (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: Single closed question on 45 specific abilities (from arithmetics to swimming): "For all things I'll mention, can you tell me to what extent you are able to do them?", rated on a 3-point scale ranging from (1) This I am able to do really good (2) No, I am not able to do this (good), but I would like that I was able to do it really good (3) I am not able to do this (good) and I am also not interested in it.

Remarks: The following 11 abilities discriminate most between happy and unhappy respondents:

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.27</u> <u>p<.01</u>	The following 11 abilities discriminate most between happy and unhappy respondents: Interact with people:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.27</u> <u>p<.01</u>	Interact with people:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.37</u> <u>p<.01</u>	Organize things:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.37</u> <u>p<.01</u>	Organize things:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.23</u> <u>p<.01</u>	Be a leader
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.23</u> <u>p<.01</u>	Be a leader
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.13</u> <u>p<.01</u>	Give a speech:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.13</u> <u>p<.01</u>	Give a speech:

<u>M-FH/u/sq/v/3/a</u>	<u>G=+.27</u> <u>p<.01</u>	Algebra:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.27</u> <u>p<.01</u>	Algebra:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.30</u> <u>p<.01</u>	Drive a car:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.30</u> <u>p<.01</u>	Drive a car:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.27</u> <u>p<.01</u>	Bookkeeping:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.27</u> <u>p<.01</u>	Bookkeeping:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.23</u> <u>p<.01</u>	Play checkers:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.23</u> <u>p<.01</u>	Play checkers:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.02</u> <u>ns</u>	Make pictures:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.02</u> <u>ns</u>	Make pictures:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.16</u> <u>p<.01</u>	Skating:
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.16</u> <u>p<.01</u>	Skating:
<u>M-FH/u/sq/v/3/a</u>	<u>G=</u> <u>p<.01</u>	
<u>M-FH/u/sq/v/3/a</u>	<u>G=</u> <u>p<.01</u>	

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study **WEBB 1915/1**

Reported in: Webb, E.
Character and Intelligence. An Attempt at an Exact Study of Character.
Cambridge University Press, 1915, London, UK
Page in Report: 26

Population: Male college students, England, 1912

Sample:

Non-Response: -

N: 194

Correlate

Authors label: Belief in own powers (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: Trained-peer rating on a 7-point scale on the basis of observation during 6 months.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-CP/g/rdp/ro/7/a	r=+.11	

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study **WESSM 1966/2**

Reported in: Wessman, A.E.;Ricks, D.F.
Mood and Personality.
Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8
Page in Report: 110

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Feelings of failure to fulfill ambitions (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: Content analysis of a 60-item Q sort, filled out both in very elated and in very depressed moods for self-concept ('an accurate picture of yourself as you honestly feel and believe you are!')

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-ARE/md/sqr/v/10/a</u>	<u>r= - p<.05</u>	<p>Analysis on the basis of comparison between 9 relatively happy and 8 relatively unhappy males, both in elation and in depression.</p> <p>The unhappy men appeared to be more ambitious, but are also less able to fulfill their ambitions. Especially in depression they feel ineffective, unable to get what they want, pessimistic, and unable to absorb frustration.</p>

Correlational finding on Happiness and Self-perceived ability

Subject code: S2.2.1

Study WESSM 1966/2

Reported in: Wessman, A.E.;Ricks, D.F.
Mood and Personality.
Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8
Page in Report: 120

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Projective helplessness (1)

Our classification: Self-perceived ability, code S2.2.1

Measurement: Score from told stories to the standard Thematic Appreciation Test cards (see Murray, 1943), indicative of feeling or being helpless, feeling weak or ineffectual, being dominated, dependent.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-ARE/md/sqr/v/10/</u>	<u>r=-.56</u>	
<u>a</u>	<u>p<. 05</u>	

Correlational finding on Happiness and Self-perceived maturity

Subject code: S2.2.2

Study HARDE 1969

Reported in: Harder, J.M.
Self-Actualization, Mood, and Personality Adjustment in Married Women.
Unpublished Doctoral Dissertation, Teachers' College, Columbia University, 1969, USA
Page in Report: 50

Population: Married females, USA, 196?

Sample:

Non-Response: -

N: 62

Correlate

Authors label: Self-actualization (1)

Our classification: Self-perceived maturity, code S2.2.2

Measurement: Rating by judges, using a form listing 15 qualities drawn from Maslow's (1954) description of the characteristics of the self-actualizing person.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-AOL/cy/sq/v/10/a	$r=+.28$ $p<.05$	

Correlational finding on Happiness and Self-perceived maturity

Subject code: S2.2.2

Study LUDWI 1971

Reported in: Ludwig, L.D.
Elation-Depression and Skill as Determinants of Desire for Excitement.
Unpublished doctoral Dissertation, 1971, University of Wisconsin, USA
Page in Report: 64/207

Population: Female students, undergraduates, University of Wisconsin, USA, 197?

Sample:

Non-Response: 81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re

N: 72

Correlate

Authors label: Self-perceived creativity and maturity. (4)

Our classification: Self-perceived maturity, code S2.2.2

Measurement: 2-item index of direct questions on creativity and personality maturity compared with others.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
A-AOL/u/mq/v/10/a	<u>AoV=+</u> <u>ns</u>	<p>Ss answered these questions at the end of an experimental situation in which their self-esteem was experimentally altered. This was done by means of a false personality report dealing with the subject's creativity, maturity and other things.</p> <p>Self-perceived creativity: $r = +.05$ (ns) Self-perceived maturity : $r = +.17$ (ns)</p> <p>- For happy Ss self-perceived creativity and maturity is unaffected by bolstered self-esteem and decreased by reduced self-esteem. - For unhappy Ss it is increased by bolstered self-esteem and unaffected by reduced self-esteem.</p>

Correlational finding on Happiness and Self-perceived maturity

Subject code: S2.2.2

Study	RYFF 1989
<i>Reported in:</i>	<p>Ryff, C.D. Happiness is Everything, or Is It? Explorations on the Meaning of Psychological Well-Being. Journal of Personality and Social Psychology, 1989, Vol. 57, 1069 - 1081. ISSN 0022 3514 Page in Report: 1073</p>
<i>Population:</i>	Adults, USA, 198?
<i>Sample:</i>	Probability cluster sample
<i>Non-Response:</i>	
	N: 321

Correlate

Authors label: Personal growth

Our classification: Self-perceived maturity, code S2.2.2

Measurement: Self report on 16 positive and 16 negative statements. Each rated on a 6-point scale ranging from strongly agree to disagree.

High scorers have a feeling of continued development; see self as growing and expanding; are open to new experiences; has sense of realizing his or her potential; see improvement in self and behavior over time; are changing in ways that reflect more self-knowledge and effectiveness.

-Low scorers: have a sense of personal stagnation, lack sense of improvement or expansion over time, feel bored and interested with life, feel unable to develop new attitudes or behaviors

Measured Values: a: women (m=102.29, sd=9.91), men (m=97.67, sd=9.90) b: women (m=100.97, sd=13.38), men (m=98.85, sd=13.42) c: women (m=95.51, sd=13.94), men (m=95.79, sd=11.20)

Error Estimates: alpha=.87 Test-retest reliability between 6 week period (n=117)=.81

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-BB/cm/mq/v/2/a	r=+.25 p<.001	

Correlational finding on Happiness and Self-perceived maturity

Subject code: S2.2.2

Study RYFF 1995

Reported in: Ryff, C.D.; Keyes, C.L.
The Structure of Psychological Well-Being Revisited.
Journal of Personality and Social Psychology, 1995, Vol. 69, 719 - 727. ISSN 0022 3514
Page in Report: 724

Population: 25+ aged, USA, 1993

Sample: Probability multi-stage cluster sample

Non-Response:

N: 1108

Correlate

Authors label: Personal growth

Our classification: Self-perceived maturity, code S2.2.2

Measurement: Self report on 3 items rated on a 6-point scale ranging from completely disagree to completely agree.
 -High scorers: have a feeling of continued development; see self as growing and expanding; are open to new experiences; has sense of realizing his or her potential; see improvement in self and behavior over time; are changing in ways that reflect more self-knowledge and effectiveness.
 -Low scorers: have a sense of personal stagnation, lack sense of improvement or expansion over time, feel bored and interested with life, feel unable to develop new attitudes or behaviors

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-TH/cm/sq/v/4/b</u>	<u>$r=+.15$</u> <u>$p<.00$</u>	
<u>C-BW/?/sq/?/11/a</u>	<u>$r=+.18$</u> <u>$p<.00$</u>	

Correlational finding on Happiness and Self-perceived preferences
 Subject code: S2.2.4

Study SCHUL 1985B

Reported in: Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H.
 Lebensqualität in Österreich. (Quality-of-Life in Austria).
 Research paper nr 10/1, Institut für Soziologie, University of Vienna, 1985, Austria
 Page in Report: 48,T28

Population: Adults, non-institutionalized, Austria, 1984

Sample:

Non-Response: ?

N: 1776

Correlate

Authors label: General intellectual and cultural development (1)

Our classification: Self-perceived preferences, code S2.2.4

Measurement: Direct question on self perceived intellectual and cultural development by means of reading books, and attending movies and theatres. Rated on a 3-point scale.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-Sum/c/mq/v/5/a	r=+.17	

Correlational finding on Happiness and Self-perceived uniqueness

Subject code: S2.2.5

Study VEROF 1962

Reported in: Veroff, J.,;Feld, S; Gurin, G.
 Dimensions of Subjective Adjustment.
 Journal of Abnormal and Social Psychology, 1962, Vol. 64, 192 - 205
 Page in Report: 196

Population: 21+ aged, married, with children, USA, 1957

Sample:

Non-Response: -*N:* 797

Correlate

Authors label: Perceived uniqueness of self (1)*Our classification:* Self-perceived uniqueness, code S2.2.5*Measurement:* Open-ended question on differences from most other people:
sees no difference with others vs mentions differences.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-HL/u/sq/v/3/a	tb= + ns	Males : $_b = +.07$ (ns) Females : $_b = +.02$ (ns)

Correlational finding on Happiness and Self-perceived usefulness

Subject code: S2.2.6

Study ZAUTR 1977

Reported in: Zautra, A.; Beier, E.; Cappel, L.
 The Dimension of Life Quality in a Community.
 American Journal of Community Psychology, 1977, Vol. 5, 85 - 97. ISSN 0091 0562
 DOI:10.1007/BF00884787
 Page in Report: 91-93

Population: 18+ aged, general public, Salt Lake County, USA, 197?*Sample:**Non-Response:* 15%*N:* 454

Correlate

Authors label: Self activation (1)

Our classification: Self-perceived usefulness, code S2.2.6

Measurement: Factor loading on:

- Self-reliant resources:
respondent score depended on nether or not he mentioned "oneself" on the open-ended question "What are some of the things that keep you going, that get you through the bad days?"
- Household responsibilities:
respondent score depended on whether or not he mentioned "household" on the open-ended question "What are some of the responsibilities you have at home, at work, and elsewhere?".
- Self-worth:
"How easily could you be replaced in the activities you mentioned?". This question was answered along a 5 point scale.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SLW/u/sqt/v/7/a	r= ns	

Correlational finding on Happiness and Self-perceived usefulness

Subject code: S2.2.6

Study ZAUTR 1977

Reported in: Zautra, A.,;Beier, E.;Cappel, L.
The Dimension of Life Quality in a Community.
American Journal of Community Psychology, 1977, Vol. 5, 85 - 97. ISSN 0091 0562
DOI:10.1007/BF00884787
Page in Report: 88-93

Population: 18+ aged, general public, Salt Lake County, USA, 197?

*Sample:**Non-Response:* 15%*N:* 454

Correlate

Authors label: Responsibility to oneself (1)*Our classification:* Self-perceived usefulness, code S2.2.6

Measurement: Factor loading on:

- Personal growth
- Household responsibility

respondent score depended on whether or not he mentioned these items in response to the open-ended question "What are some of the responsibilities you have at home, at work, and elsewhere?"

- Self-worth

"How easily could you be replaced in the responsibilities you mentioned?" This question was answered along a 1-5 rating scale.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SLW/u/sqt/v/7/a	r= ns	

Correlational finding on Happiness and Self-perceived happy nature

Subject code: S2.2.7

Study MATLI 1979

Reported in: Matlin, M.W; Gavron, V.J.
 Individual Differences in Pollyannaism
 Journal of Personality Assessment, 1979, Vol. 43, 411-412
 Page in Report: 412

Population: University students white, middle-class, State University of New-York, USA,197?

Sample:

Non-Response:

N: 133

Correlate

Authors label: Pollyannaism: selfrating (2)

Our classification: Self-perceived happy nature, code S2.2.7

Measurement: Selfrating on 20 personality characteristics indicative of tendency to take a rosy view

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-H?/?/sq/?/0/a	r=+.49 p<.5	

Correlational finding on Happiness and Self-perceived happy nature

Subject code: S2.2.7

Study MATLI 1979

Reported in: Matlin, M.W; Gavron, V.J.
Individual Differences in Pollyannaism
Journal of Personality Assesment, 1979, Vol. 43, 411-412
Page in Report: 412

Population: University students white, middle-class, State University of New-York, USA,197?

Sample:

Non-Response:

N: 133

Correlate

Authors label: Pollyannaism: selfrating (1)

Our classification: Self-perceived happy nature, code S2.2.7

Measurement: Selfrating on 20 personality characteristics indicative of tendency to take a rosy view

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
C-BW/c/sq/l/11/a	r=+.40 p<.5	

Correlational finding on Happiness and Self-perceived happy nature Subject code: S2.2.7

Study WESSM 1956

Reported in: Wessman, A.E.
A Psychological Inquiry into Satisfaction and Happiness.
Unpublished Doctoral Dissertation, Princeton University, 1956, USA
Page in Report: 219

Population: 21+ aged, general public, non-institutionalized, USA, 1946

Sample:

Non-Response: -

N: 2377

Correlate

Authors label: Happy nature (1)

Our classification: Self-perceived happy nature, code S2.2.7

Measurement: Closed question: "Would you say that by nature you are a happy person?"
 0 no
 1 Yes

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/g/sq/v/3/c</u>	<u>G=+.76</u> <u>p<.01</u>	90% affirmative answers

Correlational finding on Happiness and self-perceived social identity Subject code: S2.2.8

Study CHA 2003

Reported in: Cha, K.H.
 Subjective Well-Being among College Students.
 Social Indicators Research, 2003, Vol.62/63, 455 - 477. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1023/A:1022669906470 ISSN: 0303 8300 doi:10.1023/A:1022669906470
 Page in Report: 466

Population: College students, Korea, 199?

Sample: Non-probability chunk sample

Non-Response:

N: 350

Correlate

Authors label: Collective self-esteem

Our classification: self-perceived social identity, code S2.2.8

Measurement: Ss were asked to think of the ascribed social categories to which they belong, such as sex, gender and religion. They then rated:

A How good they feel about these categories (private collective esteem)

B How good they think that others evaluate these categories (public collective self esteem)

C How worthy they feel as members of these categories (membership esteem)

D How important membership is to their selfesteem (importance to identity)

Ratings made on a 6-point Likert scale

Korean Collective Self-esteem Scale. (Kim 1994; Luhtanen & Croker 1992)

Error Estimates: alpha=.85

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-BD2/cm/mq/v/7/b</u>	<u>r=+.41</u> <u>p<.01</u>	

Correlational finding on Happiness and self-perceived social identity
Subject code: S2.2.8

Study

CHA 2003

Reported in: Cha, K.H.
Subjective Well-Being among College Students.
Social Indicators Research, 2003, Vol.62/63, 455 - 477. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1023/A:1022669906470 ISSN: 0303 8300 doi:10.1023/A:1022669906470
Page in Report: 466

Population: College students, Korea, 199?

Sample: Non-probability chunk sample

Non-Response:

N: 350

Correlate

Authors label: Private collective self-esteem

Our classification: self-perceived social identity, code S2.2.8

Measurement: Ss were asked to think of the ascribed social categories to which they belong, such as sex, gender and religion. They then rated how good they feel about these categories on a 6-point Likert scale.

Private collective esteem subscale of Korean Collective Self-esteem Scale (Kim 1994; Luhtanen & Croker 1992)

Error Estimates: alpha=.77

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
A-BD2/cm/mq/v/7/b	r=+.36 p<.01	

Correlational finding on Happiness and self-perceived social identity

Subject code: S2.2.8

Study

CHA 2003

Reported in: Cha, K.H.
Subjective Well-Being among College Students.
Social Indicators Research, 2003, Vol.62/63, 455 - 477. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1023/A:1022669906470 ISSN: 0303 8300 doi:10.1023/A:1022669906470
Page in Report: 466

Population: College students, Korea, 199?

Sample: Non-probability chunk sample

Non-Response:

N: 350

Correlate

Authors label: Public collective self-esteem

Our classification: self-perceived social identity, code S2.2.8

Measurement: Ss were asked to think of the ascribed social categories to which they belong, such as sex, gender and religion. They then rated how positive other people evaluate these categories on a 6-point Likert scale.

Public collective esteem subscale of Korean Collective Self-esteem Scale (Kim 1994; Luhtanen & Croker 1992)

Error Estimates: alpha=.64

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
A-BD2/cm/mq/v/7/b	r=+.35 p<.01	

Correlational finding on Happiness and Current self-ideal

Subject code: S2.3

Study WESSM 1960

Reported in: Wessman, A.E.; Ricks, D.F.; McIlvaine Tyl, M.
Characteristics and Concomitants of Mood Fluctuations in College Women.
Journal of Abnormal and Social Psychology, 1960, Vol. 60, 117 - 126
Page in Report: 123

Population: Female college students, followed 6 weeks, Radcliffe, USA, 1957

Sample:

Non-Response: 44% dropouts

N: 14

Correlate

Authors label: Ideal-self descriptions (1)

Our classification: Current self-ideal, code S2.3

Measurement: Content analysis of a 45-item Q sort, filled out both in extremely high and in extremely low moods for ideal-concept ('the picture of yourself as the kind of person you have hoped to become and have fancied yourself to be').

- Primarily concerned with work

Observed Relation with Happiness

*Happiness
Measure*

Statistics Elaboration/Remarks

A-ARE/md/sqr/v/10/
b

r = - p < .
05

See also under 'Content of real self-image' S 2.2).

The group of Ss was divided in two according to their mean 'daily average mood'.
The Q sort description provided by the seven relatively more happy girls were compared with those of the seven relatively less happy girls.
Only significant discrepancies between the descriptions of both groups were presented.

In relation the unhappy girls place a high value on work, while the happy girls tend to place a higher value on friendliness and consideration for others. In depression both the happy and unhappy girls value work more than in relation, but this is more extreme for the unhappy girls. For these girls concern with work in depression took the form of more exclusive concern with intellectual creativity and achievement, while the happy girls in depression place a higher value on the inherent satisfactions in learning, and are more concerned with discovering what they want out of life.

Correlational finding on Happiness and Current self-ideal

Subject code: S2.3

Study WESSM 1966/2

Reported in: Wessman, A.E.;Ricks, D.F.
Mood and Personality.
Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8
Page in Report: 111-112

Population: Male college students, followed 3 years, Harvard University, USA, 1957-60

Sample: Non-probability chunk sample

Non-Response: 37%: 9 dropouts, incomplete; about the same happiness distribution.

N: 17

Correlate

Authors label: Ideal-self descriptions (1)

Our classification: Current self-ideal, code S2.3

Measurement: Content analysis of a 60-item Q sort, filled out both in very elated and in very depressed moods for ideal-concept ('the picture of the sort of person you have hoped to become or fancied your- self to be').

Remarks: See also under 'Content of real self-image' S 2.2.1).

The group of Ss was divided in two according to their mean 'daily average mood' (AFF 3.1).

The Q sort description provided by the nine relatively happy men were compared with those of the eight relatively unhappy men.

Only significant discrepancies between the descriptions of both groups were presented.

Observed Relation with Happiness

*Happiness Measure**Statistics Elaboration/Remarks*A-ARE/md/sqr/v/10/ar= - p<.05

1. Primarily concerned with efficient work and ambition.
In general the unhappy men value nothing but efficient work and ambition, especially in their depressed moods.
The happier men value warmth and friendliness as much as their academic goals, and reject pretense, selfishness and pessimism more than they reject ineffectiveness, wasting of time and failure to fulfill ambitions.

Correlational finding on Happiness and Current self-evaluation

Subject code: S2.4

Study **CHA 2003**

Reported in: Cha, K.H.
Subjective Well-Being among College Students.
Social Indicators Research, 2003, Vol.62/63, 455 - 477. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1023/A:1022669906470 ISSN: 0303 8300 doi:10.1023/A:1022669906470
Page in Report: 466

Population: College students, Korea, 199?

Sample: Non-probability chunk sample

Non-Response:

N: 350

Correlate

Authors label: Self- Esteem

Our classification: Current self-evaluation, code S2.4

Measurement: 32 items with 6-point scale of the Korean version of the Self-rating scale (Fleming and Courtney, 1984) were assessed.

Measured Values: M=4.0, SD=0.61

Error Estimates: alpha=.92

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
A-BD2/cm/mq/v/7/b	r=+.44 p<.01	

Correlational finding on Happiness and Current self-evaluation Subject code: S2.4

Study CHA 2003

Reported in: Cha, K.H.
Subjective Well-Being among College Students.
Social Indicators Research, 2003, Vol.62/63, 455 - 477. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1023/A:1022669906470 ISSN: 0303 8300 doi:10.1023/A:1022669906470
Page in Report: 466

Population: College students, Korea, 199?

Sample: Non-probability chunk sample

Non-Response:

N: 350

Correlate

Authors label: Self-regard

Our classification: Current self-evaluation, code S2.4

Measurement: Self-regard Subscale of self-rating scale (Fleming and Courtney, 1984). 6 point-scale

Error Estimates: alpha=.84

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-BD2/cm/mq/v/7/b</u>	<u>r=+.49</u> <u>p<.01</u>	

Correlational finding on Happiness and Current self-evaluation

Subject code: S2.4

Study RYFF 1989

Reported in: Ryff, C.D.
Happiness is Everything, or Is It? Explorations on the Meaning of Psychological Well-Being.
Journal of Personality and Social Psychology, 1989, Vol. 57, 1069 - 1081. ISSN 0022 3514
Page in Report: 1073

Population: Adults, USA, 198?

Sample: Probability cluster sample

Non-Response:

N: 321

Correlate

Authors label: Self-acceptance

Our classification: Current self-evaluation, code S2.4

Measurement: Self report on 16 positive and 16 negative statements. Each rated on a 6-point scale ranging from strongly agree to disagree.
-High scorers possess a positive attitude toward self; acknowledge and accept multiple aspects of self including good and bad qualities; feel positive about past life
Low scorers feel dissatisfied with self; are disappointed with what has occurred in past life; are troubled about certain personal qualities; wish to be different than what he or she is

Measured Values: Young adults: women (m=91.13, sd=17.71), men (m=90.48, sd=13.61) Middle aged adults: women (m=93.56, sd=19.03), men (m=99.42, sd=18.25) Older adults: women (m=89.00, sd=19.75), men (m=93.75, sd=13.76)

Error Estimates: alpha=.93, Test-retest reliability between 6 week period (n=117)=.85

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-BB/cm/mq/v/2/a</u>	<u>r=+.55</u> <u>p<.001</u>	

Correlational finding on Happiness and Current self-evaluation Subject code: S2.4

Study RYFF 1995

Reported in: Ryff, C.D.; Keyes, C.L.
The Structure of Psychological Well-Being Revisited.
Journal of Personality and Social Psychology, 1995, Vol. 69, 719 - 727. ISSN 0022 3514
Page in Report: 724

Population: 25+ aged, USA, 1993

Sample: Probability multi-stage cluster sample

Non-Response:

N: 1108

Correlate

Authors label: Self Acceptance

Our classification: Current self-evaluation, code S2.4

Measurement: Self report on 3 items rated on a 6-point scale ranging from completely disagree to completely agree.
 -High scorers: possess a positive attitude toward self; acknowledge and accept multiple aspects of self including good and bad qualities; feel positive about past life
 -Low scorers: feel dissatisfied with self; are disappointed with what has occurred in past life; are troubled about certain personal qualities; wish to be different than what he or she is

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>M-TH/cm/sq/v/4/b</u>	<u>$r=+.54$</u> <u>$p<.00$</u>	
<u>C-BW/?/sq/?/11/a</u>	<u>$r=+.64$</u> <u>$p<.00$</u>	

Correlational finding on Happiness and Current self-evaluation

Subject code: S2.4

Study VENTE 1995

Reported in: Ventegodt, S.
 Livskvalitet i Danmark. (Quality of Life in Denmark).
 Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>
 Page in Report: 278

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: attractiveness (1)

Our classification: Current self-evaluation, code S2.4

Measurement: Single question:
 " Do you feel sexually attractive ?"
 1: no
 2: not sure
 3: yes

Measured Values: N: 1:254, 2:673, 3:440

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>$r=+.15$</u> <u>$p<.00$</u>	1: Mt=7.20 2: Mt=7.76 3: Mt=8.10 All Mt=7.76
<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.13$</u> <u>$p<.00$</u>	1: Mt=7.09 2: Mt=7.35 3: Mt=7.81 All Mt=7.45
<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.16$</u> <u>$p<.00$</u>	1: Mt=6.58 2: Mt=6.81 3: Mt=7.40 All Mt=6.96

Correlational finding on Happiness and Current self-evaluation Subject code: S2.4

Study **VENTE 1996**

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 292

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: attractiveness

Our classification: Current self-evaluation, code S2.4

Measurement: Single question:
 "Do you feel sexually attractive?"
 1: No
 2: Not sure
 3: Yes

Measured Values: N: All:4514; 1:549; 2:2003; 3:1962

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>$r=+.18$</u> <u>$p<.00$</u>	1: Mt=6.99 2: Mt=7.59 3: Mt=8.13
<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.18$</u> <u>$p<.00$</u>	1: Mt=6.64 2: Mt=7.25 3: Mt=7.83
<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.17$</u> <u>$p<.00$</u>	1: Mt=6.36 2: Mt=6.85 3: Mt=7.39

Correlational finding on Happiness and Concern about character
 Subject code: S2.4.1

Study CANTR 1965/1

Reported in: Cantril, H.
The Pattern of Human Concern.
Rutgers University Press, 1965, New Brunswick, New Jersey, USA
Page in Report: 263

Population: Adults, general public, 14 countries ±1960

Sample:

Non-Response: -

N: 18653

Correlate

Authors label: Report of fears concerning values and character (1)

Our classification: Concern about character, code S2.4.1

Measurement: Content analysis of responses on open- ended question on personal worries and fears for the future. Responses rated as concerning emotional instability and immaturity; become anti-social; no self-development or improvement; not to be accepted by others; no sense of personal worth; be a person without character; etc.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>C-BW/c/sq/l/11/a</u>	<u>G=+.17</u> <u>p<. 01</u>	

Correlational finding on Happiness and Concern about character
Subject code: S2.4.1

Study WESSM 1956

Reported in: Wessman, A.E.
A Psychological Inquiry into Satisfaction and Happiness.
Unpublished Doctoral Dissertation, Princeton University, 1956, USA
Page in Report: 211

Population: 21+ aged, general public, non-institutionalized, USA, 1946

Sample:

Non-Response: -

N: 2377

Correlate

Authors label: Desire: character changes (worry less) (1)

Our classification: Concern about character, code S2.4.1

Measurement: Open-ended question on desired personal 0 Changes other changes
1 Change mentioned

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-HL/g/sq/v/3/c	G=+.12 p<.05	Computed for those who desire to change only (N= 1591)

Correlational finding on Happiness and Concern about character

Subject code: S2.4.1

Study WESSM 1956

Reported in: Wessman, A.E.
A Psychological Inquiry into Satisfaction and Happiness.
Unpublished Doctoral Dissertation, Princeton University, 1956, USA
Page in Report: 213

Population: 21+ aged, general public, non-institutionalized, USA, 1946

*Sample:**Non-Response:* -*N:* 2377

Correlate

Authors label: Most important worrypersonality (1)*Our classification:* Concern about character, code S2.4.1

Measurement: Open-ended question on most important worry:
 0 Other worries
 1 Worry mentioned

Observed Relation with Happiness

*Happiness Measure**Statistics Elaboration/Remarks*O-HL/g/sq/v/3/cG=-.05
nsComputed for those who have worries only
(N = 2040)

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study

ABE 1986

Reported in: Abe, T.; Moritsuka, T.
 A Case-Control Study on Climacteric Symptoms and Complaints of Japanese Women by Symptomatic Type for Psychological Variables.
 Maturitas, 1986, Vol. 8, 255 - 265. ISSN 0378 5122
 Page in Report: 261

Population: Women in menopause patient and controls, Miyagi, North-east Japan, 1981-82.*Sample:* Non-probability chunk sample*Non-Response:* 20 % (cases 21%,controls 19%)*N:* 432

Correlate

Authors label: Self-esteem (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Single direct question

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study ABE 1986

Reported in: Abe, T.; Moritsuka, T.
A Case-Control Study on Climacteric Symptoms and Complaints of Japanese Women by Symptomatic Type for Psychological Variables.
Maturitas, 1986, Vol. 8, 255 - 265. ISSN 0378 5122
Page in Report: 261

Population: Women in menopause patient and controls, Miyagi, North-east Japan, 1981-82.

Sample: Non-probability chunk sample

Non-Response: 20 % (cases 21%,controls 19%)

N: 432

Correlate

Authors label: Self-esteem (2)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Single direct question

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SL?/c/sq/v/3/a	DM= p<.004	

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study BACHM 1970

Reported in: Bachman, J.G.; Kahn, R.L.; Mednick, M.; Davidson, T.N.
Youth in Transition. Vol.II: The Impact of Family Background on Intelligence in 10th-Grade Boy.
Institute for Social Research, 1970, University of Michigan, Ann Arbor, USA
Page in Report: 122

Population: Public highschool boys followed 3 years from grade 10, USA, 1966-69

Sample:

Non-Response: 2.8% incomplete information in 1966

N: 1799

Correlate

Authors label: Self-esteem (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: 10-item index of closed questions on being worthwhile as a person, having good qualities, being as able as others, not proud of oneself, positive attitude towards oneself, feeling not good at all, a useful guy, can't do anything right, do a job well, not very useful life (item from Self-Esteem Indices from Rosenberg, 1965; and Cobb et al., 1966).

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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O-HP/g/mq/v/5/ar=+.54

Both variables assessed at T1.

p<. 001

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study BACHM 1978/2

Reported in: Bachman, J.G.; O'Malley, P.M.; Johnston, J.
Youth in Transition, Vol. VI: Adolescence to Adulthood, Change and Stability in the
Lives of Young Men.
Institute for Social Research, 1970, University of Michigan, Ann Arbor, USA
Page in Report:

Population: Public highschool boys followed 8 years from grade 10, USA, 1966-74

Sample:

Non-Response: 2.8% at T1, 17.2% at T2, 21.0% at T3, 28.9% at T4, 28.5% at T5

N: 2213

Correlate

Authors label: Self-esteem (2)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: 10-item index at T1, T2, T3, T4 and T5 of closed questions on being worthwhile as a person, having good qualities, being as able as others, not being proud of oneself, having a positive attitude towards oneself, feeling no good at all, being a useful guy, feeling one can't do anything right, doing a job well, having a not very useful life (items from Rosenberg, 1965, and Cobb, 1966)

Observed Relation with Happiness

*Happiness
Measure*

Statistics Elaboration/Remarks

O-HP/g/mq/v/5/atau=+p<.001

Self-esteem

Happiness	T1	T2	T3	T4	T5	
T1	+.57	+.38	+.34	+.33	+.22	T2
	+.37	+.58	+.44	+.40	+.28	
T3	+.31	+.43	+.61	+.46	+.30	
T4	+.29	+.38	+.44	+.60	+.33	
All tau's significant (.001)						
T1:1966, T2:1968, T3:1969, T4:1970, T5:1974						

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study BALAT 1993

Reported in: Balatsky, G.; Diener, E.
 Subjective Well-Being among Russian Students.
 Social Indicators Research, 1993, Vol. 28, 225 - 243 ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF01079019
 Page in Report: 235

Population: Students, Moscow and Glazov (Ural), Russia, 1990

Sample: Non-probability chunk sample

Non-Response: not reported

N: 116

Correlate

Authors label: Satisfaction with self esteem (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Single question: "How do you feel about your self esteem right now?".
 Rated on 7-point scale from:
 1.Terrible.....to
 .
 .
 7.Delighted.

Measured Values: M= 4.30; SD 1.48

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sq/v/7/a</u>	<u>$r=+.21$</u> <u>$p<.05$</u>	p two-tailed
<u>O-DT/c/sq/v/7/b</u>	<u>$r=+.11$</u> <u>ns</u>	

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study BALAT 1993

Reported in: Balatsky, G.; Diener, E.
Subjective Well-Being among Russian Students.
Social Indicators Research, 1993, Vol. 28, 225 - 243 ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF01079019
Page in Report: 233

Population: Students, Moscow and Glazov (Ural), Russia, 1990

Sample: Non-probability chunk sample

Non-Response: not reported

N: 116

Correlate

Authors label: Self esteem (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Rosenberg scale

Measured Values: M= 38.16; SD= 7.4

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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O-DT/u/sq/v/7/a $r=+.36$ p two-tailed.
 $p<.01$

O-DT/c/sq/v/7/b $r=+.29$ p two tailed
 $p<.01$

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study BENYA 2004

Reported in: Benyamini, Y.; Leventhal, H.; Leventhal, E.A.
 Self-Rated Oral Health as an Independent Predictor of Self-Rated General Health,
 Self-Esteem and Life Satisfaction.
 Social Science and Medicine, 2004, Vol. 59, 1109 - 1116. ISSN 0277 9536
 DOI:10.1016/j.socscimed.2003.12.021
 Page in Report: 1112-4

Population: Residents retirement community, USA, 1998

Sample: Probability area sample

Non-Response:

N: 850

Correlate

Authors label: Self-esteem

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Rosenberg Self-Esteem Scale (10 items measure of positive
 and negative aspects)
 Rated 1 disagree stongly to 4 agree stongly

Measured Values: M=3,18; SD=0,38

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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<u>O-Sum*/mq/v/5/b</u>	<u>Beta= ns</u>	Beta controlled for -age -gender -education -functional disability
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Correlational finding on Happiness and Evaluation of self-as-a-whole
Subject code: S2.4.2

Study BRENN 1970

Reported in: Brenner, B.
Social Factors in Mental Well-Being at Adolescence.
PhD Dissertation, The American University, 1970, Washington DC, USA
Page in Report: 94/141/154

Population: Highschool pupils, New York State, USA, 1960

Sample:

Non-Response: 1%

N : 5204

Correlate

Authors label: Self-esteem (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: 10-item index (Guttman scale) of agree/ disagree statements on feeling to be a person of worth, having a number of good qualities, feeling to be a failure, being able to do things as well as most other people, not having much to be proud of, positive attitude towards oneself, satisfaction with oneself, lack of self-respect, feeling useless at times, being no good at all (Rosenberg Self-Esteem Scale; see Rosenberg, 1965).

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/u/sq/v/4/b</u>	<u>G=+.42</u>	After control for: - participation in extracurricular activities : Gs = +.41 - social class : Gs = +.42 Stronger in lower class : G = +.48 After control for participation in extracurricular activities : Gs = +.42 Lower in middle and upper class : G = +.42 After control for participation in extracurricular activities : Gs = +.40
<u>A-AOL/g/sq/v/5/a</u>	<u>G=+.36</u>	
<u>A-AOL/g/sq/v/5/a</u>	<u>V= .19</u> <u>p<. 01</u>	
<u>O-HL/u/sq/v/4/b</u>	<u>V= .20</u> <u>p<. 01</u>	

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study DOBSO 1985

Reported in: Dobson, C.D.
 Attitudes and Perceptions.
 Powers, E.A.; et al.; Eds.: "Late Life Transitions", Kluwer, 1985, Dordrecht, Netherlands, 123 - 136. ISBN 0 8983 8137 1
 Page in Report: 135

Population: 50+ aged males, fulltime employed at T1, followed ten years, Iowa, USA, 1964-74

Sample: Non-probability purposive-quota sample

Non-Response: T1 refusals: 8% T1-T2 drop-out: 29%, of which 20% deceased

N: 1870

Correlate

Authors label: Self-esteem (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: 10 item index
(Rosenberg 1965)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
M-CO/h/sq/v/4/a	r=+.24 p<.001	T1
M-CO/h/sq/v/4/a	r=+.31 p<.001	T2

Correlational finding on Happiness and Evaluation of self-as-a-whole Subject code: S2.4.2

Study DOSCH 1979

Reported in: Dosch, M.F.
Child Abuse: A Comparison of Physical Abusers, Sexual Abusers, and Non-Abusers on Perceived Locus of Control, Self-Acceptance and Avowed Happiness.
Doctoral Dissertation, University of Oregon, 1994, USA
Page in Report: 81

Population: Parents, abusing and non-abusing, Oregon, USA, 197?

Sample:

Non-Response: 234 questionn. given to case-workers, 76 actually sent out

N: 34

Correlate

Authors label: Self-acceptance (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Ten-item Self-Esteem Scale (Rosenberg, 1965)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-HL/c/sq/v/3/aa	G=+	No difference between child-abusers and non-abusers

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study GONZA 2008

Reported in: Gonzalez-Herero, V.
Personal wellbeing and activities in late adulthood
Doctoral dissertation, University of Malaga, Spain, 2008
Page in Report:

Population: Elderly, city Spain, 2005

Sample: Non-probability purposive sample

Non-Response:

N: 250

Correlate

Authors label: Self esteem

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Selfreport on 10 questions:

- a: I feel that I am a person of worth
- b: All in all, I am inclined to feel that I am a failure
- c: I feel that I have a number of good qualities
- d: I am able to do things as well as other people
- e: I feel I do have much to be proud of
- f: I take a positive attitude to myself
- g: On the whole, I am satisfied with myself
- h: I wish i could have more respect for myself
- i: I certainly feel useless at times
- j: I think i am totally good

Rating: 1) strongly disagree..4) strongly agree

Self-Esteem Scale (Rosenberg, 1965)

Subjects' self-esteem was assessed by 10 items (5 writes in a positive way and 5 writes in a negative way).

Participants provided their ratings by using a 4-point scale ranging from 1 (strongly disagree) to 4 (strongly agree). Scores ranged from 10 (low self-esteem) to 40 (high self-esteem).

Measured Values: Range: 10-40, M = 33.97; SD = 3.97

Remarks: Rosenberg (1965) Self-esteem scale

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-FH/u/sq/v/7/a</u>	<u>r=+.45</u> <u>p<.01</u>	
<u>A-BMr/cm/mq/v/5/a</u>	<u>r=+.53</u> <u>p<.01</u>	
<u>A-BMr/cm/mq/v/5/a</u>	<u>r=+.53</u> <u>p<.01</u>	

Correlational finding on Happiness and Evaluation of self-as-a-whole
Subject code: S2.4.2

Study

HAWKI 2005

Reported in: Hawkins, D.N.; Booth, A.
Unhappily Ever After: Effects of Long-Term, Low-Quality Marriages on Well-Being.
Social Forces, 2005, Vol. 84, 452 - 471. ISSN p 0037 7732; ISSN e 1534 7605
Page in Report: 458

Population: Couples, USA, followed 12 years, 1980-1992

Sample: Probability simple random sample

Non-Response: 35%

N: 1150

Correlate

Authors label: Self-esteem

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: A six-item, Likert-type scale ranged 1= non to 5= a great deal. (Rogenburg et al. 1995)
It addresses aspects such as whether respondents feel that they have good qualities, feel useless at times, are satisfied with themselves, or feel that they are failures.

Measured Values: M=19.31, SD=2.15, Range 6-24

Error Estimates: Alpha= .77

Remarks: Assessed at T4

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-HL/c/sq/v/3/ad	r=+.30 p<.001	T4 Happiness by T4 self-esteem
O-HL/c/sq/v/3/ad	r=+.14 p<.001	T4 Happiness at by T1 Self-esteem (1980, 12 years earlier)

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study LEWIS 1972

Reported in: Lewis, M.A.
Actual and Perceived Age Differences in Self-Concept and Psychological Well-Being for Catholic Sisters.
Unpublished doctoral dissertation, 1972, Syracuse University, New York, USA.
Page in Report: 67-69

Population: 24-75 aged Catholic sisters, Eastern USA. 197?

Sample:

Non-Response: 34%

N: 183

Correlate

Authors label: Positive self- concept. (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: 21 bipolar adjective 7-point scales (semantic differential scales; see Monge, 1971).
The scales were scored for 'Myself - as I really am most of the time'.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-BB/cm/mq/v/2/a</u>	<u>T²=+</u> <u>p<.01</u>	Four principal self-concept components were extracted: Achievement / Leadership, Congeniality / Sociability, Psychological adjustment and Physical adjustment. Only Psychological adjustment appeared to be related to the Affect Balance Score (see also 'Content or real self image'; S 2.2.1).

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study MICHA 1980

Reported in: Michalos, A.C.
Satisfaction and Happiness.
Social Indicators Research, 1980, Vol. 8, 385 - 422. ISSN 0303 8300. DOI:10.1007/BF00461152
Page in Report: 399

Population: University staff members, Guelph Canada, 1979

Sample:

Non-Response: 59%

N: 357

Correlate

Authors label: Self esteem (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Closed question rated on a 7-point scale.

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

O-DT/c/sq/v/7/aa

$r=+.45$
 $p<.01$

Controlled for 1 $rpc= +.17$ (01)
Controlled for 1+2 $rpc= +.14$ (01)
Controlled for 1+3 $rpc= +.15$ (01)
Controlled for 1+2+3 $rpc= +.13$ (05)
Controlled for 1 $\beta = +.13$
Controlled for 1+3+4 $\beta = +.11$

1= Satisfaction with health, financial security, family life, friendships, housing, job, free time activity, education, area you live in, ability to get around, security from crime.
2= Global happiness(indicator 2, HAPP 1.1)
3= Demographic factors (sex, age, marital status, education, family income)
4= Workstatus.

[O-HL/u/sq/v/7/a](#) $r=+.36$ $p<.01$ Controlled for 1 $\beta = +.07$ Controlled for 1+3 $\beta = +.07$

1= Satisfaction with health , financial security, family life, friendships, housing, job, free time activity, education, area you live in, ability to get around, security from crime.

3= Demographic factors (sex, age, marital status, education, family income)

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study MICHA 1982

Reported in: Michalos, A.C.

The Satisfaction and Happiness of Some Senior Citizens in Ontario.

Social Indicators Research, 1982, Vol. 11, 1 - 30. ISSN 0303 8300. DOI:10.1007/BF00353590

Page in Report: 24

Population: 60+ aged, rural townships, Southern Huron County, Ontario, Canada, 198?

Sample:

Non-Response: 37%

N: 392

Correlate

Authors label: Self-esteem (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Closed question on how the persons feels about himself, rated on a 7-point scale.

Observed Relation with Happiness

*Happiness
Measure*

Statistics Elaboration/Remarks

O-HL/u/sq/v/7/a

Beta=
+.09

All β 's are controlled for satisfaction with family life, friendships, financial security, spouse, health, transportation, recreation, housing, religion, area you live in, government services; and for sex, age and education.

Males N:149 β :+.13

Females N:121 β :+.04

Farmers N:130 β :+.09

Non-farmers N:141 β :+.04

Age 60-74 N:170 β :+.07

Age 75-up N:102 β :+.06

O-DT/c/sq/v/7/aa

Beta=
+.18

All β 's controlled for satisfaction with family life, friendships, financial security, spouse, health, transportation, recreation, housing, religion, area you live in, government services; and for sex, age, formal education.

Males: N:149 β :+.30

Females N:121 β :+.07

Farmer N:130 β :+.14

Non-farmer N:141 β :+.22

Aged 60-74 N:170 β :+.18

Aged 75-up N:102 β :+.14

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study

MICHA 1983

Reported in: Michalos, A.C.
Satisfaction and Happiness in a Rural Northern Resource Community.
Social Indicators Research, 1983, Vol. 13, 225 - 252. ISSN 0303 8300. DOI:10.1007/BF00318099
Page in Report: 233

Population: 18+ aged, rural community, N.Ontario, Canada, 1982

Sample:

Non-Response: 8%

N: 598

Correlate

Authors label: Self esteem (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Closed question on how the person feels about himself, rated on a 7-point scale

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/aa</u>	<u>Beta=</u> <u>+.19</u>	<p>All β's controlled for satisfaction with health, financial security, family relations, paid employment, friendships, housing, area you live in, recreation activity, religion, transportation, government services, and for the demographic factors: sex, age, formal education, language, work status, marital status, time in area.</p> <p>Males : N: 173 β: +.16 Females: N: 154 β: +.20</p>
<u>O-HL/u/sq/v/7/a</u>	<u>Beta=</u> <u>+.15</u>	<p>All β's controlled for satisfaction with health, financial security, family relations, paid employment, friendships, housing, area you live in, recreation activity, religion, transportation, government services; and for sex, age, formal education, language, work status, marital status, time in area.</p> <p>Males : N: 173 β: +.12 Females: N: 154 β: +.16</p>

Correlational finding on Happiness and Evaluation of self-as-a-whole
Subject code: S2.4.2

Study MICHA 1985

Reported in: Michalos, A.C.
 Multiple Discrepancies Theory.
 Social Indicators Research, 1985, Vol. 16, 347 - 413. ISSN 0303 8300. DOI:10.1007/BF00333288
 Page in Report: 365

Population: Students undergraduates University of Guelph, Canada, 1984

Sample:

Non-Response: 18%

N: 700

Correlate

Authors label: Self esteem (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Closed question on how the person feels about himself, rated on a 7 point scale. 1: terrible...7:delightful.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/aa</u>	Beta= .31 p<.01	Males N:140 $\beta=+.34$ (01) Females N:149 $\beta=+.29$ (01) β 's controlled for satisfaction with: health, financial security, family relations, paid employment, friendships, housing, recreation, religion and education.
<u>O-HL/u/sq/v/7/a</u>	Beta= .26 p<.01	Males N:140 $\beta=+.29$ (01) Females N:149 $\beta=+.25$ (01) β 's controlled for satisfaction with: health, family relations,paid employment, friendships and education

O-HL/u/sq/v/7/aBeta=+.18p<.01 β controlled for:

- life compared with wants
- life compared with others
- life compared with that deserved
- life compared with best previous experience
- social support
- work status

O-DT/c/sq/v/7/aaBeta=+.28p<.01 β controlled for:

- life compared with wants
- life compared with others
- life compared with that deserved
- life compared with best previous experience
- social support

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study

MICHA 1986

Reported in: Michalos, A. C.

An Application of Multiple Discrepancies Theory (MDT) to Seniors.

Social Indicators Research, 1986, Vol. 18, 349 - 378. ISSN 0303 8300. DOI:10.1007/BF00300488

Page in Report: 360

Population: 60+ aged, rural districts, Canada, 1984*Sample:**Non-Response:* 47%*N:* 457

Correlate

Authors label: Self esteem (1)*Our classification:* Evaluation of self-as-a-whole, code S2.4.2

Measurement: Closed question on how the person feels about himself, rated on a 7-point scale. 1: terrible..7: delightful.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/aa</u>	<u>Beta=</u> <u>+.15</u> <u>p<.01</u>	β controlled for satisfaction with: health, financial security, friendships, housing, spouse.
<u>O-DT/c/sq/v/7/aa</u>	<u>Beta=</u> <u>+.25</u> <u>p<.01</u>	Males

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study NEUGA 1961

Reported in: Neugarten, B.L.; Havighurst, R.J.; Tobin, S.S.
The Measurement of Life Satisfaction.
Journal of Gerontology, 1961, Vol. 16, 134 -143. ISSN 0022 1422
Page in Report: 139

Population: 50+ aged, whites followed 2,5 years, Kansas City, USA., 196?

Sample:

Non-Response: Panel group: 16% refusal; 26% dropout after 4 interviews. Quasi panel: 17% dr.

N: 177

Correlate

Authors label: Positive self-concept. (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Content analysis of interview records by 2 independent judges (component of Life Satisfaction Rating LSR, Neugarten et al 1961)

5-point scale:

5. Feels at his best. Thinks of self as wise, mellow; physically able or attractive; feels important to others.
4. Feels more fortunate than the average. Is sure he can meet the exigencies of life. Compensates well for any difficulty of health. Feels in control of self in relation to the situation.
3. Sees self as competent in at least one area, e.g., work; but has doubts about self in other areas. Acknowledges loss of youthful vigor, but accepts it. Reports health better than average.
2. Feels that other people look down on him. Is defensive about what the years are doing to him.
1. Feels old. Feels in the way, or worthless. Makes self-disparaging remarks.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>C-RG/h/fi/v/5/a</u>	<u>r=+.73</u>	
<u>M-FH/c/fi/v/5/a</u>	<u>r=+.82</u>	

Correlational finding on Happiness and Evaluation of self-as-a-whole
Subject code: S2.4.2

Study PAYNE 1974

Reported in: Payne, R.L.

N.M. Bradburn's Measures of Psychological Well-Being: An Attempt at Replication.
M.C.R. Social and Applied Psychology Unit, Department of Psychology University of
Sheffield, 1974, UK
Page in Report: 17

Population: Employed males, supervising jobs, England, 197?

Sample:

Non-Response: 4% incomplete.

N: 192

Correlate

Authors label: Self-esteem. (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: 11-item index of 9-point Likert scales containing being
honest, confident, etc.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
A-BB/cm/mq/v/5/a	G=+	Index of Positive Affects: G = +.09 Index of Negative Affects: G = -.11

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study

VENTE 1995

Reported in: Ventegodt, S.

Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København,
Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>
Page in Report: 170,246

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: relations with yourself (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Single question:
 "How are your current relations with yourself ?"
 1: very bad
 2: bad
 3: neither/nor
 4: good
 5: very good

Measured Values: N employed: 1:21, 2:82, 3:410 4:329, N unemployed: 1:6, 2:22, 3:50, 4:53 N all: 1:10, 2:31, 3:148, 4:649, 5:519

Remarks: Ss in laborforce only

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>	
A-AOL/m/sq/v/5/a	DMt=+	employed:	unemployed:
		1: Mt=	1: Ms=
		2: Mt=4.40	2: Ms=3.75
		3: Mt=6.38	3: Ms=5.45
		4: Mt=7.74	4: Ms=7.15
		5: Mt=8.93	5: Ms=8.73

<u>A-AOL/m/sq/v/5/a</u>	<u>$r=+.54$</u> <u>$p<.00$</u>	all		
		1:	Mt=3.00	
		2:	Mt=3.95	
		3:	Mt=6.14	
		4:	Mt=7.61	
		5:	Mt=8.80	
<u>O-SLu/c/sq/v/5/e</u>	<u>DMt=+</u>	employed:	unemployed:	
		1:	Mt=	1:Ms=
		2:	Mt=3.69	2:Ms=3.75
		3:	Mt=5.79	3:Ms=4.78
		4:	Mt=7.40	4:Ms=6.50
		5:	Mt=8.61	5:Ms=8.16
<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.55$</u> <u>$p<.00$</u>	all		
		1:	Mt=3.00	
		2:	Mt=3.46	
		3:	Mt=5.61	
		4:	Mt=7.30	
		5:	Mt=8.51	
<u>O-HL/c/sq/v/5/h</u>	<u>DMt=+</u>	employed:	unemployed:	
		1:	Mt=	1:Ms=
		2:	Mt=4.64	2:Ms=3.75
		3:	Mt=5.61	3:Ms=5.23
		4:	Mt=6.84	4:Ms=6.40
		5:	Mt=7.95	5:Ms=7.64
<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.47$</u> <u>$p<.00$</u>	all		
		1:	Mt=4.00	
		2:	Mt=4.28	
		3:	Mt=5.56	
		4:	Mt=6.76	
		5:	Mt=7.90	

Correlational finding on Happiness and Evaluation of self-as-a-whole
Subject code: S2.4.2

Study VENTE 1996

Reported in: Ventegodt, S.

Livskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
8790190068 <http://www.livskvalitet.org/t2/index.asp>
Page in Report: 176

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: relations with oneself(employed/unemployed)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Single question :
"How are your current relations with yourself?"
1: very bad
2: bad
3: neither/nor
4: good
5: very good
unemployed 1; employed 2

Measured Values: N All:3993; employed:1:0,3% 2:1,9%; 3:8,4%; 4:41,0%; 5:35,6% unemployed:1:0,2%;
2:0,8%; 3:2,0%; 4:5,1%; 5:4,8%

Observed Relation with Happiness

*Happiness
Measure*

Statistics Elaboration/Remarks

A-AOL/m/sq/v/5/a

DMt=+

	employed	unemployed
1: Mt=2.00	1:1.56	
2: Mt=3.71	2:3.63	
3: Mt=5.94	3:5.31	
4: Mt=7.73	4:7.14	
5: Mt=8.91	5:8.41	

O-SLu/c/sq/v/5/eDMt=+

	employed	unemployed
1:	Mt=2.00	1:1.56
2:	Mt=3.71	2:3.23
3:	Mt=5.29	3:4.81
4:	Mt=7.43	4:6.56
5:	Mt=8.68	5:8.16

O-HL/c/sq/v/5/hDMt=+

	employed	unemployed
1:	Mt=2.75	1:3.44
2:	Mt=3.98	2:4.35
3:	Mt=5.33	3:4.98
4:	Mt=6.86	4:6.25
5:	Mt=8.15	5:7.64

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study

VEROF 1962

Reported in: Veroff, J.,;Feld, S; Gurin, G.
 Dimensions of Subjective Adjustment.
 Journal of Abnormal and Social Psychology, 1962, Vol. 64, 192 - 205
 Page in Report: 196

Population: 21+ aged, married, with children, USA, 1957

Sample:

Non-Response: -

N: 797

Correlate

Authors label: Self-acceptance (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Degree to which S gives a positive evaluation of the self in describing differences from others, as assessed by an open-ended question on differences from most other people: negative / ambivalent / neutral / positive / very positive.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-HL/u/sq/v/3/a	tb= ns	Males : $_b = -.01$ (ns) Females : $_b = +.02$ (ns)

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study WEBB 1915/1

Reported in: Webb, E.
 Character and Intelligence. An Attempt at an Exact Study of Character.
 Cambridge University Press, 1915, London, UK
 Page in Report: 26

Population: Male college students, England, 1912

Sample:

Non-Response: -

N: 194

Correlate

Authors label: Esteem of self as a whole (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Trained-peer rating on a 7-point scale on the basis of observation during 6 months.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
A-CP/g/rdp/ro/7/a	r=+.12	

Correlational finding on Happiness and Evaluation of self-as-a-whole

Subject code: S2.4.2

Study XU 1988

Reported in: Xu, S.;Wu, Z.
A Preliminary Survey of the Psychological and Social Situation of the Elderly in Beijing.
International Journal of Mental Health, 1988, Vol 16, 51 - 66
Page in Report: 61

Population: 55+ aged, Being China, 198?

Sample: Non-probability purposive-quota sample

Non-Response:

N: 175

Correlate

Authors label: Self-evaluation (1)

Our classification: Evaluation of self-as-a-whole, code S2.4.2

Measurement: Self-report. Question(s) not reported

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-SL?/?/sq/v/4/a	r=+.60 ns	Ir is reported as +.06. This is probably a mistake. The text refers to the relationship as 'high'

Correlational finding on Happiness and Evaluation of aspects of self

Subject code: S2.4.3

Study CHA 2003

Reported in: Cha, K.H.

Subjective Well-Being among College Students.

Social Indicators Research, 2003, Vol.62/63, 455 - 477. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1023/A:1022669906470 ISSN: 0303 8300 doi:10.1023/

A:1022669906470

Page in Report: 466

Population: College students, Korea, 199?

Sample: Non-probability chunk sample

Non-Response:

N: 350

Correlate

Authors label: Collective self-esteem

Our classification: Evaluation of aspects of self, code S2.4.3

Measurement: Ss were asked to think of the ascribed social categories to which they belong, such as sex, gender and religion. They then rated:

A How good they feel about these categories (private collective esteem)

B How good they think that others evaluate these categories (public collective self esteem)

C How worthy they feel as members of these categories (membership esteem)

D How important membership is to their selfesteem (importance to identity)

Ratings made on a 6-point Likert scale

Korean Collective Self-esteem Scale. (Kim 1994; Luhtanen & Croker 1992)

Error Estimates: alpha=.85

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
A-BD2/cm/mq/v/7/b	r=+.41 p<.01	

Correlational finding on Happiness and Evaluation of aspects of self

Subject code: S2.4.3

Study **CHA 2003**

Reported in: Cha, K.H.
 Subjective Well-Being among College Students.
 Social Indicators Research, 2003, Vol.62/63, 455 - 477. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1023/A:1022669906470 ISSN: 0303 8300 doi:10.1023/A:1022669906470
 Page in Report: 466

Population: College students, Korea, 199?

Sample: Non-probability chunk sample

Non-Response:

N: 350

Correlate

Authors label: Membership esteem

Our classification: Evaluation of aspects of self, code S2.4.3

Measurement: Ss were asked to think of the ascribed social categories to which they belong, such as sex, gender and religion. They then rated how worthy they are as members of these categories on a 6-point Likert scale.

Membership esteem subscale of Korean Collective Self-esteem Scale (Kim 1994; Luhtanen & Croker 1992)

Error Estimates: alpha=.71

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-BD2/cm/mq/v/7/b	r=+.39 p<.01	

Correlational finding on Happiness and Evaluation of aspects of self

Subject code: S2.4.3

Study HEADE 1981

Reported in: Headey, B.
The Quality of Life in Australia
Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/BF00286195
Page in Report: 166

Population: Adults, general public, Australia 1978

Sample: Probability sample (unspecified)

Non-Response: not reported

N: 679

Correlate

Authors label: Assertiveness index

Our classification: Evaluation of aspects of self, code S2.4.3

Measurement: Index of two single questions on:
a: The ability to assert yourself when necessary
b: The extent to which you are tough and can take it
Both items scored on 1-9 D-T rating scale, summation by average.

Measured Values: M = 6.7 SD = 1.1

Remarks: Both items scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/u/sqrt/v/9/a</u>	<u>r=+.44</u> <u>p<.001</u>	

<u>O-DT/u/sqrt/v/9/a</u>	<u>Beta=</u> <u>+.05</u>	all cases Beta's controlled for satisfaction with <ul style="list-style-type: none"> - self-fulfillment - sex life - problem handling - family activities - work around the house - mother - health - house - standard of living - friends - fun and enjoyment - marriage
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<u>O-DT/u/sqrt/v/9/a</u>	<u>Beta=</u> <u>+.05</u>	married cases Beta's controlled for satisfaction with <ul style="list-style-type: none"> - self-fulfillment - sex life - problem handling - family activities - work around the house - mother - health - house - standard of living - friends - fun and enjoyment - marriage
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Correlational finding on Happiness and Evaluation of aspects of self

Subject code: S2.4.3

Study TERBO 2002

Reported in: TerBogt, T.; VanDorsselaer, S.; Vollebergh, W.
 Psychische Gezondheid, Risicogedrag en Welbevinden van Nederlandse Scholieren.
 (Psychological Health, Risk Behavior and Well-Being of Dutch Adolescents).
 Research Report Trimbos Institute, University of Utrecht, 2003, Utrecht, Netherlands,
 ISBN 90 5253 431 4
 Page in Report: 40,46

Population: 11-15 aged schoolchildren, the Netherlands, 2001

Sample: Probability multi-stage cluster sample

Non-Response:

N: 7556

Correlate

Authors label: Body Image

Our classification: Evaluation of aspects of self, code S2.4.3

Measurement: Self report on single question:
Do you think your body is: Much too thin, A bit too thin, About the right size, A bit too fat, Much too fat?
Recoded:
a) Find themselves to much too thin/a bit too thin
b) Find themselves about the right size
c) Find themselves to a bit too fat/much too fat

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>C-BW/c/sq/l/11/a</u>	<u>DM=</u>	a) Find themselves to thin M = 8,0 b) Find themselves about the right size M = 8,4 c) Find themselves to fat M = 7,7

Correlational finding on Happiness and Evaluation of aspects of self

Subject code: S2.4.3

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>
Page in Report: 236,238

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: acceptance of own body (1)

Our classification: Evaluation of aspects of self, code S2.4.3

Measurement: 1:don't accept
2:unsure
3:accept

Measured Values: N women: 1:98, 2:148, 3:455 N men: 1:47, 2:100, 3:563

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>			
<u>A-AOL/m/sq/v/5/a</u>	<u>DMt=+</u>	WOMEN	underweight	normal	overweight
		1:don't accept	Mt=5.00	5.65	6.44
		2:unsure	Mt=7.20	7.15	7.70
		3:accept	Mt=8.15	8.25	8.46
		MEN	underweight	normal	overweight
		1:don't accept	Mt=3.13	5.00	5.36
		2:unsure	Mt=7.19	6.80	6.96
		3:accept	Mt=8.08	8.10	8.46
<u>O-SLu/c/sq/v/5/e</u>	<u>DMt=+</u>	WOMEN	underweight	normal	overweight
		1:don't accept	Mt=5.00	5.34	6.41
		2:unsure	Mt=7.06	6.44	7.23
		3:accept	Mt=7.94	8.04	8.30
		MEN	underweight	normal	overweight
		1:don't accept	Mt=4.38	5.00	5.84
		2:unsure	Mt=7.19	6.10	6.90
		3:accept	Mt=7.11	7.69	8.05

O-HL/c/sq/v/5/hDMt=+

WOMEN	underweight	normal	overweight
1:don't accept	Mt=5.71	5.34	6.44
2:unsure	Mt=7.06	6.51	6.76
3:accept	Mt=7.31	7.33	7.74
MEN	underweight	normal	overweight
1:don't accept	Mt=4.38	5.34	5.84
2:unsure	Mt=5.94	6.00	6.49
3:accept	Mt=6.35	7.09	7.34

Correlational finding on Happiness and Evaluation of aspects of self

Subject code: S2.4.3

Study VENTE 1995

Reported in: Ventegodt, S.
 Livskvalitet i Danmark. (Quality of Life in Denmark).
 Forskningscentrets Forlag (The Quality of Life Research Center), København,
 Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>
 Page in Report: 258

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: acceptance of one's own body (1)

Our classification: Evaluation of aspects of self, code S2.4.3

Measurement: Single question:
 "Do you accept your own body"
 1: no
 2: not sure
 3: yes

Measured Values: N: 1:150, 2:253, 3:1037

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>$r=+.42$</u> <u>$p<.00$</u>	1: $Mt=5.56$ 2: $Mt=7.15$ 3: $Mt=8.25$ All $Mt=7.78$
<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.39$</u> <u>$p<.00$</u>	1: $Mt=5.55$ 2: $Mt=6.63$ 3: $Mt=7.93$ All $Mt=7.45$
<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.28$</u> <u>$p<.00$</u>	1: $Mt=5.63$ 2: $Mt=6.45$ 3: $Mt=7.25$ All $Mt=6.94$

Correlational finding on Happiness and Evaluation of aspects of self

Subject code: S2.4.3

Study

VENTE 1996

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 246,248

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: acceptance of own body

Our classification: Evaluation of aspects of self, code S2.4.3

Measurement: Single question:
 "Do you accept your own body?"
 1: don't accept
 2: unsure
 3: accept

Measured Values: N: WOMEN All:2414; 1:342; 2:489; 3:1583

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>		
<u>A-AOL/m/sq/v/5/a</u>	WOMEN:			
	underweight	normal	overweight	
	1: Mt=5.36	1:6.00	1:6.50	
	2: Mt=6.43	2:7.03	2:7.28	
	3: Mt=8.11	3:8.11	3:8.45	
<u>A-AOL/m/sq/v/5/a</u>	MEN:			
	underweight	normal	overweight	
	1: Mt=6.11	1:4.64	1:5.73	
	2: Mt=6.00	2:6.50	2:7.23	
	3: Mt=7.85	3:8.14	3:8.43	
<u>O-SLu/c/sq/v/5/e</u>	WOMEN:			
	underweight	normal	overweight	
	1: Mt=5.44	1:5.68	1:6.29	
	2: Mt=6.10	2:6.68	2:7.06	
	3: Mt=7.90	3:8.04	3:8.35	
<u>O-SLu/c/sq/v/5/e</u>	MEN:			
	underweight	normal	overweight	
	1: Mt=5.00	1:4.41	1:5.00	
	2: Mt=5.50	2:6.23	2:6.81	
	3: Mt=7.45	3:7.75	3:8.06	

O-HL/c/sq/v/5/h

WOMEN:

	underweight	normal	overweight
1: Mt=5.36		1:5.79	1:6.09
2: Mt=6.01		2:6.35	2:6.48
3: Mt=7.36		3:7.61	3:7.75

O-HL/c/sq/v/5/h

MEN:

	underweight	normal	overweight
1: Mt=5.50		1:4.70	1:5.46
2: Mt=6.00		2:6.11	2:6.53
3: Mt=6.90		3:7.21	3:7.46

Correlational finding on Happiness and Evaluation of aspects of self

Subject code: S2.4.3

Study VENTE 1996

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 268

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: acceptance of one's own body

Our classification: Evaluation of aspects of self, code S2.4.3

Measurement: Single question:
 "Do you accept your own body?"
 1: no
 2: not sure
 3: yes

Measured Values: N: All:4555; 1:488; 2:826; 3:3241

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>$r=+.39$</u> <u>$p<.00$</u>	1 : Mt=5 .85 2 : Mt=6 .91 3 : Mt=8 .25
<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.37$</u> <u>$p<.00$</u>	1 : Mt=5 .54 2 : Mt=6 .59 3 : Mt=7 .93
<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.31$</u> <u>$p<.00$</u>	1 : Mt=5 .63 2 : Mt=6 .31 3 : Mt=7 .43

Correlational finding on Happiness and . real-ideal congruence

Subject code: S2.4.3.1

Study PAVOT 1997/1

Reported in: Pavot, W.; Fujita, F.; Diener, E.
The relation between self-aspect congruence, personality and subjective well-being
Personality and Individual Differences, 1997, 22, 183-191.
Page in Report: 185-186

Population: Undergraduate students, USA, 199?

Sample: Non-probability chunk sample

Non-Response: 4

N: 110

Correlate

Authors label: Self-aspect congruence

Our classification: . real-ideal congruence, code S2.4.3.1

Measurement: Self-aspect congruence: correlation between 'real-self' and 'ought-self' descriptions as assessed using Q-sort method

Measured Values: M = 0.52; SD = 0.28

Remarks: 43-item version of the California Q-set (Block & Robins, 1993)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-FH/g/sq/v/10/a</u>	<u>r=+.24</u> <u>p<.05</u>	

Correlational finding on Happiness and . real-ideal congruence

Subject code: S2.4.3.1

Study PAVOT 1997/2

Reported in: Pavot, W.; Fujita, F.; Diener, E.
The relation between self-aspect congruence, personality and subjective well-being
Personality and Individual Differences, 1997, 22, 183-191
Page in Report: 187-189

Population: College students, USA, 199?

Sample: Non-probability chunk sample

Non-Response: 43

N: 179

Correlate

Authors label: Self-aspect congruence,

Our classification: . real-ideal congruence, code S2.4.3.1

Measurement: Self-aspect congruence: correlation between 'real-self' and 'ideal-self' descriptions using Q-sort method.

Measured Values: T1: M= .52; SD= 0.28, T2: M= .64; SD= 0.18

Remarks: Average of 2 assesments 2 months apart

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>M-FH/g/sq/v/10/a</u>	<u>r=+.36</u> <u>p<.05</u>	T1 first assesment
<u>M-FH/g/sq/v/10/a</u>	<u>r=+.33</u> <u>p<.05</u>	T2 two months later
<u>M-FH/g/sq/v/10/a</u>	<u>rp=.20</u> <u>p<.05</u>	Time I; partial correlation between congruence and self-report, controlled for neuroticism.
<u>M-FH/g/sq/v/10/a</u>	<u>rp=.15</u> <u>p<.05</u>	Time II; partial correlation between congruence and self-report, controlled for neuroticism.

Correlational finding on Happiness and . real-ideal congruence

Subject code: S2.4.3.1

Study SHICH 1984

Reported in: Shichman, S.; Cooper, E.
Life Satisfaction and Sex-Role Concept.
Sex Roles, 1984, Vol. 11, 227 - 240. ISSN 0360 0025 DOI:10.1007/BF00287516
Page in Report: 238

Population: Adults, students and churchmembers, USA, 198?

Sample:

Non-Response: 5,9 %

N: 217

Correlate

Authors label: Divergence real and ideal sex-role (1)

Our classification: . real-ideal congruence, code S2.4.3.1

Measurement: The Bem Sex Role Inventory (Bem, 1974) was administered twice to each respondent. In the first instance the respondent was asked to describe him/herself as he/she is now. In the second instance the respondent was asked to describe him/herself as he/she would like to be.
 0 Small divergence.
 1 Big divergence.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SLu/u/sq/v/4/a	r=-.15 p<.05	

Correlational finding on Happiness and . real-ideal congruence

Subject code: S2.4.3.1

Study VEROF 1962

Reported in: Veroff, J.,;Feld, S; Gurin, G.
 Dimensions of Subjective Adjustment.
 Journal of Abnormal and Social Psychology, 1962, Vol. 64, 192 - 205
 Page in Report: 196

Population: 21+ aged, married, with children, USA, 1957

Sample:

Non-Response: -

N: 797

Correlate

Authors label: Shortcomings in the self (1)

Our classification: . real-ideal congruence, code S2.4.3.1

Measurement: Open-ended question on how one would like his children to be different from oneself: doesn't want children to be different vs wants children to be different.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/u/sq/v/3/a</u>	<u>tb= -</u>	Males : $_b = -.10$ (05) Females : $_b = .00$ (ns)

Correlational finding on Happiness and . real-ideal congruence

Subject code: S2.4.3.1

Study WESSM 1960

Reported in: Wessman, A.E.; Ricks, D.F.; McIlvaine Tyl, M.
 Characteristics and Concomitants of Mood Fluctuations in College Women.
 Journal of Abnormal and Social Psychology, 1960, Vol. 60, 117 - 126
 Page in Report: 122-123

Population: Female college students, followed 6 weeks, Radcliffe, USA, 1957

Sample:

Non-Response: 44% dropouts

N: 14

Correlate

Authors label: Self-esteem (real-ideal congruency) (1)

Our classification: . real-ideal congruence, code S2.4.3.1

Measurement: Correlation between self and ideal descriptions, as assessed by a 45-item Q sort, filled out both in very elated and in very depressed moods, for both self-concept ('the most accurate picture of yourself as you really believe you are now') and ideal-concept ('the picture of yourself as the kind of person you have hoped to become or have fancied yourself to be').

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-ARE/nd/sqr/v/10/b</u>	<u>rs= - p<.s</u>	For congruency in elation : rs = -.36 (ns) For congruency in depression: rs = -.50 (05) Both the happier and unhappier girls experience discrepancies between real-self and ideal-self in depression. In elation the unhappier girls feel no consistent divergence from their ideals (primarily concerning intellectual ambitions), while the happier girls continue to feel areas of discontent (primarily concerning social and emotional qualities).

Correlational finding on Happiness and . real-ideal congruence

Subject code: S2.4.3.1

Study	WESSM 1966/2
Reported in:	Wessman, A.E.;Ricks, D.F. Mood and Personality. Holt, Rinehart and Wilson, 1966, New York, USA. ISBN 03 0541 151 8 Page in Report: 107-113
Population:	Male college students, followed 3 years, Harvard University, USA, 1957-60
Sample:	Non-probability chunk sample
Non-Response:	37%: 9 dropouts, incomplete; about the same happiness distribution.
N:	17

Correlate

Authors label: Real - ideal self congruency (1)

Our classification: . real-ideal congruence, code S2.4.3.1

Measurement: Correlation between self and ideal descriptions, as assessed by a 60-item Q sort, describing characteristics indicative of successful and unsuccessful resolutions of the first six developmental crises of the Erikson's stages of psychosocial development (see Erikson, 1959).

The Q sort was filled out in both very elated and in very depressed moods for both self-concept ('an accurate picture of yourself as you honestly feel and believe you are') and ideal-concept ('the picture of the sort of person you have hoped to become or fancied yourself to be').

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-ARE/</u> <u>md/sqr/v/10/</u> <u>a</u>	<u>r= +</u> <u>p<.</u> <u>05</u>	<p>Congruency in elation : r = +.79 Congruency in depression: r = +.76</p> <p>Both the happier and unhappier men experience more discrepancies between real-self and ideal-self in depression than in elation. For the happier men the differences between the real-selves and ideal-selves concerned social and emotional qualities as well as work, while for the unhappier men the most extreme and consistent differences all dealt with unrealized ambition and inability to work (see also 'Content of self-image': S 2.2). For the unhappy men most discrepancies concerned the fourth developmental crisis: 'Industry vs Inferiority', while for the happy men most discrepancies concerned the sixth developmental crisis: 'Intimacy vs Isolation' (see 'Personality development': P 1.4).</p>

Correlational finding on Happiness and . relative superiority

Subject code: S2.4.3.2

Study BRENN 1970

Reported in: Brenner, B.
Social Factors in Mental Well-Being at Adolescence.
PhD Dissertation, The American University, 1970, Washington DC, USA
Page in Report: 94/282

Population: Highschool pupils, New York State, USA, 1960

Sample:

Non-Response: 1%

N: 5204

Correlate

Authors label: Feeling as able as others to do things (1)

Our classification: . relative superiority, code S2.4.3.2

Measurement: Closed question: strongly disagree / disagree / agree / strongly agree

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/u/sq/v/4/b</u>	<u>G=+.19</u>	
<u>A-AOL/g/sq/v/5/a</u>	<u>G=+.22</u>	
<u>A-AOL/g/sq/v/5/a</u>	<u>V= .11</u> <u>p<. 01</u>	
<u>O-HL/u/sq/v/4/b</u>	<u>V= .10</u> <u>p<. 01</u>	

Correlational finding on Happiness and . relative superiority
Subject code: S2.4.3.2

Study

HEADE 1989

Reported in: Headey, B ;Veenhoven, R.
Does Happiness Induce a Rosy Outlook?
Veenhoven, R.;Ed.: "How Harmful is Happiness?", Universitaire Pers Rotterdam,
1989, Rotterdam, Netherlands, 106 - 127. ISBN 90 237 228 09
Page in Report: 118

Population: 18-65 aged, general public, followed 6 years, Melbourne, Australia, 1981-87

Sample:

Non-Response: Attrition T1-T4: 31%

N: 649

Correlate

Authors label: Sense of relative superiority (1)

Our classification: . relative superiority, code S2.4.3.2

Measurement: Two indential indices consisting of four closed questions on Ss' self-rated performance as partners, parents, friends and workers, rated on a 7 point scale. 1: below average, 7: above.
Indices administered at 20 minutes intervals at T1(1981), T2(1983), T3(1985) and T4(1987)

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

[O-DT/u/sqt/v/10/a](#)

[BL=+.23](#)
[p<.05](#)

Estimated same-time causal EFFECT ON HAPPINESS of sense of relative superiority (bottum-up).

O-DT/u/sqt/v/10/a $\beta_L = +.41$
 $p < .05$

Estimated same-time causal EFFECT OF HAPPINESS on sense of relative superiority (top-down).

Effects assessed at T1, T2, T3 and T4.

Effects assumed to be identical at all times.

 β_L is the path-coefficient in a four wave LISREL model. T1 sex, age, SES, extraversion and neuroticism are controlled.

Correlational finding on Happiness and . relative superiority

Subject code: S2.4.3.2

Study

LUDWI 1971

Reported in: Ludwig, L.D.
Elation-Depression and Skill as Determinants of Desire for Excitement.
Unpublished doctoral Dissertation, 1971, University of Wisconsin, USA
Page in Report: 64

Population: Female students, undergraduates, University of Wisconsin, USA, 197?

Sample:

Non-Response: 81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re

N: 72

Correlate

Authors label: Self-esteem. (1)

Our classification: . relative superiority, code S2.4.3.2

Measurement: Two indicators:

1. Adjective checklist scored for how do you feel at the moment?
(Modified Leventhal Self Esteem scale; see Dabbs & Leventhal, 1966)
2. Each subject was asked to place her-self and 5 other persons (such as a friend, a selfish person, a grandmother, a sad person, a doctor, a strong person, etc.) in a line of 6 circles. This was done 6 times with different combinations of persons. Each placement of the self in the circle farthest to the left was most indicative of high self-esteem (score 6), and placement in the circle farthest to the right of low self-esteem (score 1).
(Ziller Self-Esteem Scale; see Ziller et al., 1964).

Remarks: Ss answered these questions at the end of an experimental situation in which their self-esteem was experimentally altered. This was done by means of a false personality report dealing with the subject's creativity, maturity and other things.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/u/mq/v/10/a</u>	<u>r=+.35</u> <u>p<.01</u>	For happy Ss self-esteem is unaffected by bolstered self-esteem and decreased by reduced self-esteem. For unhappy Ss self-esteem is higher by bolstered self-esteem than by reduced self-esteem.
<u>A-AOL/u/mq/v/10/a</u>	<u>r=+.08</u> <u>ns</u>	- For happy Ss self-esteem is unaffected by bolstered self-esteem and decreased by reduced self-esteem. - For unhappy Ss self-esteem is high after bolstering of self-esteem than after reduction.

Correlational finding on Happiness and . relative superiority

Subject code: S2.4.3.2

Study LUDWI 1971

Reported in: Ludwig, L.D.
 Elation-Depression and Skill as Determinants of Desire for Excitement.
 Unpublished doctoral Dissertation, 1971, University of Wisconsin, USA
 Page in Report: 64/207

Population: Female students, undergraduates, University of Wisconsin, USA, 197?

Sample:

Non-Response: 81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re

N: 72

Correlate

Authors label: Self-perceived creativity and maturity. (1)

Our classification: . relative superiority, code S2.4.3.2

Measurement: 2-item index of direct questions on creativity and personality maturity compared with others.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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[A-AOL/u/mq/v/10/a](#)[AoV=+](#)
[ns](#)

Ss answered these questions at the end of an experimental situation in which their self-esteem was experimentally altered. This was done by means of a false personality report dealing with the subject's creativity, maturity and other things.

Self-perceived creativity: $r = +.05$ (ns)
 Self-perceived maturity : $r = +.17$ (ns)

- For happy Ss self-perceived creativity and maturity is unaffected by bolstered self-esteem and decreased by reduced self-esteem.
- For unhappy Ss it is increased by bolstered self-esteem and unaffected by reduced self-esteem.

Correlational finding on Happiness and . relative superiority

Subject code: S2.4.3.2

Study

MITCH 1972/2

Reported in: Mitchell, R.E.
 Levels of Emotional Strain in East Asian Cities.
 Asian Folklore & Social Life Monographs, The Orient Cultural Service, 1972, Taipei, Formosa
 Page in Report: 233

Population: 18+ aged, general public, Hong Kong, South East Asia, 1967

Sample:

Non-Response: 21%

N: 3966

Correlate

Authors label: Be a good family person (1)

Our classification: . relative superiority, code S2.4.3.2

Measurement: Single direct question: "Being a good family person compared with most other people, would you say that you : exceed others/about the same as others/ fall short of others ?"

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/c/sq/v/4/a</u>	<u>G=-.07</u> <u>ns</u>	Figures based on half of the sample. N-shaped curve

Correlational finding on Happiness and . self confidence

Subject code: S2.4.3.3

Study BORTN 1970

Reported in: Bortner, R.W.; Hultsch, D.F.
A Multivariate Analysis of Correlates of Life Satisfaction in Adulthood.
Journal of Gerontology, 1970, Vol. 25, 41 - 47 ISSN 0022 1422
Page in Report: 44

Population: 21+ aged, general public, USA 1959

Sample:

Non-Response: 9%

N: 1301

Correlate

Authors label: Self-confidence (1)

Our classification: . self confidence, code S2.4.3.3

Measurement: Closed question rated on an 11-point self-anchoring scale
(Cantril ladder: see CANTR, 1965)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLP/c/sq/l/11/a</u>	<u>r=+.34</u>	

C-BW/c/sq/l/11/a r=+.26

C-RG/h/sq/l/11/a r=+.41

Correlational finding on Happiness and . self confidence

Subject code: S2.4.3.3

Study CANTR 1965/2

Reported in: Cantril, H.
The Pattern of Human Concern.
Rutgers University Press, 1965, New Brunswick, New Jersey, USA
Page in Report: 268/415

Population: 21+ aged, general public, USA, 1959

Sample:

Non-Response: -

N: 1549

Correlate

Authors label: Confidence in one- self (1)

Our classification: . self confidence, code S2.4.3.3

Measurement: Direct question rated on an 11-point self-anchoring scale on confidence in oneself in general; how sure one feels of oneself.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>C-BW/c/sq/l/11/a</u>	<u>r=+.28</u>	
<u>O-SLP/c/sq/l/11/a</u>	<u>r=+.31</u>	
<u>C-RG/h/sq/l/11/a</u>	<u>r=+.41</u>	

Correlational finding on Happiness and . self confidence

Subject code: S2.4.3.3

Study FERRE 1976

Reported in: Ferree, M.M.
Working Class Jobs: Housework and Paid Work as sources of Satisfaction.
Social Problems, 1976, Vol 23, 431 - 441. ISSN 0272 4464
Page in Report: 437

Population: Working class mothers, USA, 1974

Sample: Probability stratified sample

Non-Response: 25%

N: 135

Correlate

Authors label: Self-esteem

Our classification: . self confidence, code S2.4.3.3

Measurement: Feeling competent in the role of homemaker and/or as a worker:
1 Yes
2 No

Measured Values: Not feeling competent as a homemaker: housewives = 57 %, working mothers= 67 %
Not feeling competent as a worker: working mothers = 0 %

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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O-SLL/c/sq/n/0/aD%=+

% completely happy

Full time housewives:

- Not feeling competent as homemaker 20 %
- feeling competent as homemaker 27 %
- difference +7 %

Working mothers:

- feeling competent as worker but not as homemaker 24 %
- feeling competent both as homemaker and worker 33 %
- difference 7 %

Correlational finding on Happiness and . self confidence

Subject code: S2.4.3.3

Study

MOSER 1969

Reported in: Moser-Peters, C.M.
 Achtergronden van Geluksgevoelens. (Backgrounds of Happiness Feelings).
 Nederlands Instituut voor Preventieve Geneeskunde (TNO), 1969, Leiden,
 Netherlands
 Page in Report: 44

Population: Adult, general public, Utrecht, city, The Netherlands, 1967

Sample:

Non-Response: 14% unattainable etc.

N: 300

Correlate

Authors label: Social uncertainty (lack of self- confidence). (1)

Our classification: . self confidence, code S2.4.3.3

Measurement: 2-item index indicating fear for other's opinion (criticism), and lack of self-confidence.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/c/sq/v/5/c</u>	<u>G=-.35</u> <u>p<.01</u>	

Correlational finding on Happiness and . self-critical

Subject code: S2.4.3.4

Study LOWEN 1975

Reported in: Lowenthal, M.F.; Thurnher, M.; Chiriboga, D.
Four Stages of Life. A Comparative Study of Women and Men Facing Transition.
Jossey-Bass, 1975, San Fransisco, USA
Page in Report: 93

Population: People in transition, metropolis, USA, 1969

Sample:

Non-Response:

N: 216

Correlate

Authors label: Self-criticism (1)

Our classification: . self-critical, code S2.4.3.4

Measurement: The number of characteristics the respondent indicated were true of himself but wished he did not have.
The 70 adjectives of the Adjective Rating List (Block, 1961) were used.

Remarks: hs seniors males: r= ns females: r=-.33 (ns) newly
weds males: r= ns females: r=-.36 (ns)
middle aged males: r= ns females: r= ns preretired
males: r=-.36 ns females: r=-.33 ns

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-BB/cw/mq/v/4/d</u>	<u>$r=-.26$</u> <u>$p<.01$</u>	Youngest (hs seniors + newly-weds)
<u>A-BB/cw/mq/v/4/d</u>	<u>$r=-.20$</u> <u>$p<.05$</u>	Oldest (middle aged + preretired)

Correlational finding on Happiness and . self-critical

Subject code: S2.4.3.4

Study LOWEN 1975

Reported in: Lowenthal, M.F.; Thurnher, M.; Chiriboga, D.
Four Stages of Life. A Comparative Study of Women and Men Facing Transition.
Jossey-Bass, 1975, San Fransisco, USA
Page in Report: 93

Population: People in transition, metropolis, USA, 1969

Sample:

Non-Response:

N: 216

Correlate

Authors label: Self-criticism (2)

Our classification: . self-critical, code S2.4.3.4

Measurement: The number of characteristics the respondent indicated were true of himself but wished he did not have.
The 70 adjectives of the Adjective Rating List (Block, 1961) were used.

Remarks: hs seniors males: $r=-.62$ 01 females: $r=-.35$ ns newly weds
males: $r=-.45$ 05 females: $r=$ ns
middle aged males: $r=-.41$ 05 females: $r=$ ns preretired
males: $r=-.32$ ns females: $r=-.31$ ns

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-Sum/u/mq/*/0/a</u>	<u>$r = -.33$</u> <u>$p < .01$</u>	Youngest (hs seniors + newly-weds)
<u>O-Sum/u/mq/*/0/a</u>	<u>$r = -.23$</u> <u>$p < .05$</u>	Oldest (middle aged + preretired)

Correlational finding on Happiness and . self-critical

Subject code: S2.4.3.4

Study OGRI 1994/1

Reported in: Ogris, G.
Korrelate mit Lebenszufriedenheit: Glück und Wohlbefinden in Österreich und Slowenien. (Correlates of Life-Satisfaction, Happiness and Well-Being in Austria and Slovenia).
Paper presented at the 13th World Congress of Sociology, 1994, Bielefeld, Germany
Page in Report: 4

Population: Adults, general public, Slovenia, 1994

Sample: Probability multi-stage cluster sample

Non-Response: not reported

N: 1998

Correlate

Authors label: Selbstvertrauen (1)

Our classification: . self-critical, code S2.4.3.4

Measurement: 2 questions :
1 I want to change much of myself
2 Sometimes I wish to be different
Each rated on a 7-step scale:
totally disagree.....totally agree

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.2</u>	question 1.....change myself.....
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.2</u>	question 1
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.13</u>	question 1
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.22</u>	question 2
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.25</u>	question 2.....wish to be different.....
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.22</u>	question 2

Correlational finding on Happiness and . self-critical

Subject code: S2.4.3.4

Study OGRI 1994/2

Reported in: Ogris, G.
 Korrelate mit Lebenszufriedenheit: Glück und Wohlbefinden in Österreich und Slowenien. (Correlates of Life-Satisfaction, Happiness and Well-Being in Austria and Slovenia).
 Paper presented at the 13th World Congress of Sociology, 1994, Bielefeld, Germany
 Page in Report: 4

Population: Adult, general public, Austria 1994

Sample: Probability multi-stage cluster sample

Non-Response: not reported

N: 1998

Correlate

Authors label: selfconfidence (1)

Our classification: . self-critical, code S2.4.3.4

Measurement: 2 questions:
 1 I want to change much of myself
 2 Sometimes I wish to be different

Each rated on a 7-step scale
 totally disagree.....totally agree

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.26</u>	question 1.....change mijself...
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.23</u>	question1
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.19</u>	question 1
<u>O-SLW/u/sq/v/5/d</u>	<u>r=-.28</u>	question 2...wish to be different
<u>O-HL/c/sq/v/5/d</u>	<u>r=-.26</u>	question 2
<u>A-AOL/c/sq/v/5/c</u>	<u>r=-.2</u>	question 2

Correlational finding on Happiness and . self-critical

Subject code: S2.4.3.4

Study VEROF 1962

Reported in: Veroff, J.,;Feld, S; Gurin, G.
 Dimensions of Subjective Adjustment.
 Journal of Abnormal and Social Psychology, 1962, Vol. 64, 192 - 205
 Page in Report: 196

Population: 21+ aged, married, with children, USA, 1957

Sample:

Non-Response: -

N: 797

Correlate

Authors label: Perceived strong points in the self (1)

Our classification: . self-critical, code S2.4.3.4

Measurement: Open-ended direct question: sees no strong points vs mentions strong points

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-HL/u/sq/v/3/a	tb=+.04 ns	Unaffected by sex.

Correlational finding on Happiness and . self respect

Subject code: S2.4.3.5

Study BORTN 1970

Reported in: Bortner, R.W.; Hultsch, D.F.
A Multivariate Analysis of Correlates of Life Satisfaction in Adulthood.
Journal of Gerontology, 1970, Vol. 25, 41 - 47 ISSN 0022 1422
Page in Report: 44

Population: 21+ aged, general public, USA 1959

Sample:

Non-Response: 9%

N: 1301

Correlate

Authors label: Self-respect (1)

Our classification: . self respect, code S2.4.3.5

Measurement: Closed question rated on an 11-point self-anchoring scale
(Cantril ladder: see CANTR, 1965)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SLP/c/sq/l/11/a	r=+.36	
C-RG/h/sq/l/11/a	r=+.41	
C-BW/c/sq/l/11/a	r=+.21	

Correlational finding on Happiness and . self respect
Subject code: S2.4.3.5

Study

CANTR 1965/2

Reported in: Cantril, H.
The Pattern of Human Concern.
Rutgers University Press, 1965, New Brunswick, New Jersey, USA
Page in Report: 268/415

Population: 21+ aged, general public, USA, 1959

Sample:

Non-Response: -

N: 1549

Correlate

Authors label: Respect for oneself (1)

Our classification: . self respect, code S2.4.3.5

Measurement: Direct question rated on an 11-point self-anchoring scale on respect for oneself as a person; feelings of being a worthwhile and worthy person, as contrasted to a feeling that one is a failure and doesn't amount to much.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLP/c/sq/l/11/a</u>	<u>r=+.39</u>	
<u>C-BW/c/sq/l/11/a</u>	<u>r=+.21</u>	
<u>C-RG/h/sq/l/11/a</u>	<u>r=+.41</u>	

Correlational finding on Happiness and Current satisfaction with self
Subject code: S2.5

Study ABDEL 2006A/2

Reported in: Abdel-Khalek, A.M.
Measuring Happiness by a Single Item Scale.
Social Behavior and Personality, 2006, Vol. 34, 139 - 150. ISSN 0301 2212
Page in Report: 20

Population: University undergraduates, Kuwait 2002

Sample: Non-probability chunk sample

Non-Response:

N: 503

Correlate

Authors label: Self-esteem

Our classification: Current satisfaction with self, code S2.5

Measurement: The Self-Esteem Scale (Rosenberg,1965) The scale consist of ten items requiring the respondent to report feelings about self directly The 5-point Likert-style response format was used

Measured Values: M = 38,25; SD = 6,51

Error Estimates: Cronbach alpha = .78

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
M-FH/g/sq/ol/11/a	r=+.44	All males : r = +.45 (N = 95) females: r = +.44 (N = 95)

Correlational finding on Happiness and Current satisfaction with self

Subject code: S2.5

Study ANDRE 1976/1

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976. New York, USA.. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1972/75

Sample:

Non-Response: 24%

N: 1297

Correlate

Authors label: Satisfaction with personal efficacy (1)

Our classification: Current satisfaction with self, code S2.5

Measurement: Index of questions: "How do you feel about....?"

1. the way you handle problems
2. the way of accomplishment
3. and yourself.

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>E²=+.55</u>	Unaffected by sex
<u>O-DT/u/sqrt/v/7/a</u>	<u>Beta=+.25</u>	β controlled for 11 domain satisfactions (family, money, amount of fun, house/apartment, spare-time activities, national government, things do with family, consumer, time to do things, health, job).
<u>O-DT/u/sqrt/v/7/a</u>	<u>Beta=+.25</u>	β controlled for sociodemographic variables (family life-cycle, age, family income, education, race, sex) and 12 domain satisfactions.

Correlational finding on Happiness and Current satisfaction with self

Subject code: S2.5

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 141

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with oneself (2)

Our classification: Current satisfaction with self, code S2.5

Measurement: Closed question: "How do you feel about yourself?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>E²=+.54</u>	
<u>O-DT/u/sqrt/v/7/a</u>	<u>Beta=+.17</u>	β controlled for 7 criterion satisfactions (physical needs met, fun and enjoyment, how fairly treated, develop self, interesting daily life, adjust to changes, financial security).
<u>O-DT/u/sqrt/v/7/a</u>	<u>Beta=+.18</u>	β controlled for sociodemographic variables (family life-cycle, age, family income, education, race, sex) and 7 criterion satisfactions. (see above)

Correlational finding on Happiness and Current satisfaction with self

Subject code: S2.5

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 156

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with oneself (1)*Our classification:* Current satisfaction with self, code S2.5*Measurement:* Closed question: "How do you feel about yourself?"
Rated on a 7-point scale: terrible/ unhappy/ mostly
dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
C-BW/cy/sq/l/9/a	r=+.30	

Correlational finding on Happiness and Current satisfaction with self

Subject code: S2.5

Study ANDRE 1976/6

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 156*Population:* 18+ aged, general public, non-institutionalized, USA, 1972-73*Sample:**Non-Response:*

N: 2727

Correlate

Authors label: Satisfaction with oneself (1)*Our classification:* Current satisfaction with self, code S2.5

Measurement: Index of closed questions, asked in different samples: "How do you feel about...

1. yourself (asked in April 1973)
2. yourself - what you are accomplishing and how you handle problems (asked in November 1972)
3. the extent to which you are achieving success and getting ahead (asked in July 1973)
4. what you are accomplishing in your life (asked in July 1973)
5. the extent to which you are developing yourself and broadening your life (asked in July 1973)?"

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/u/sqrt/v/7/a</u>	<u>r=+.59</u>	

Correlational finding on Happiness and Current satisfaction with self

Subject code: S2.5

Study ANDRE 1976/6

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 156

Population: 18+ aged, general public, non-institutionalized, USA, 1972-73

Sample:

Non-Response:

N: 2727

Correlate

Authors label: Satisfaction with oneself (2)

Our classification: Current satisfaction with self, code S2.5

Measurement: Index of closed questions, asked in different samples: "How do you feel about...

1. yourself (asked in April 1973)
2. yourself - what you are accomplishing and how you handle problems (asked in November 1972)
3. the extent to which you are achieving success and getting ahead (asked in July 1973)
4. what you are accomplishing in your life (asked in July 1973)
5. the extent to which you are developing yourself and broadening your life (asked in July 1973)?"

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-DT/u/sqrt/v/7/a	r=+.59	

Correlational finding on Happiness and Current satisfaction with self

Subject code: S2.5

Study BRENN 1970

Reported in: Brenner, B.
Social Factors in Mental Well-Being at Adolescence.
PhD Dissertation, The American University, 1970, Washington DC, USA
Page in Report: 94/278

Population: Highschool pupils, New York State, USA, 1960

Sample:

Non-Response: 1%

N: 5204

Correlate

Authors label: Satisfaction with oneself (1)

Our classification: Current satisfaction with self, code S2.5

Measurement: Closed question: strongly disagree / disagree / agree / strongly agree.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/u/sq/v/4/b</u>	<u>G=+.43</u>	
<u>A-AOL/g/sq/v/5/a</u>	<u>G=+.35</u>	
<u>A-AOL/g/sq/v/5/a</u>	<u>V= .19</u> <u>p<. 01</u>	
<u>O-HL/u/sq/v/4/b</u>	<u>V= .25</u> <u>p<. 01</u>	

Correlational finding on Happiness and Current satisfaction with self
Subject code: S2.5

Study KOLOT 2002

Reported in: Kolotlin, R; Crosby, R.
Psychometric Evaluation of the Impact of Weight on Quality of Life-Lite Questionnaire (IWQOL-Lite) in a Community Sample.
Quality of Life Research, 2002, Vol. 11, 157 - 171. ISSN 0962 9343. DOI:10.1023/A:1015081805439
Page in Report: 166

Population: 18+aged, overweight, USA, 199?.

Sample: Non-probability accidental sample

Non-Response: 0

N: 494

Correlate

Authors label: Self-esteem

Our classification: Current satisfaction with self, code S2.5

Measurement: IQOL-Lite (Kolotkin & Crosby, et.al, 2001)
Seven items on self-esteem sub-scale, rated with respect to the past week on a five point scale from 'always true' to 'never true'. Higher scores indicate poorer quality of life. A typical item is: 'Because of my weight I am self-conscious'.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-QLS/u/sq/v/5/a	r=+.52 p<.001	

Correlational finding on Happiness and Current satisfaction with self

Subject code: S2.5

Study MERED 1984

Reported in: Meredith, W.H.
Level and Correlates of Perceived Quality of Life for Lao Hmong Refugees in Nebraska.
Social Indicators Research, 1984, Vol. 14, 83 - 97. ISSN 0303 8300 DOI:10.1007/BF00315723
Page in Report: 91

Population: 16+ aged, recent refugees from Laos, USA, 1982

Sample:

Non-Response: 0%

N: 145

Correlate

Authors label: Satisfaction with self (1)

Our classification: Current satisfaction with self, code S2.5

Measurement: Index of closed questions, measured on a 7-point Delighted-Terrible scale: How do you feel about:

- what you are accomplishing in your life?
- how interesting or exciting your life is?
- the extent to which you are improving yourself?
- the sense of direction or purpose you have in your life?
- the control you have over what happens in your life?
- the way you handle problems that come up in your life?
- yourself?

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqt/v/7/a</u>	<u>$r=+.57$</u> <u>$p<.01$</u>	
<u>O-DT/u/sqt/v/7/a</u>	<u>Beta=</u> <u>$+.52$</u>	β controlled for: optimism, perceived control, satisfaction with USA and satisfaction with leisure.

Correlational finding on Happiness and Current satisfaction with self

Subject code: S2.5

Study PERNE 2004

Reported in: Perneger, T.V.; Hudelson, P.M.; Bovier, P.A.
Health and Happiness in Young Swiss Adults.
Quality of Life Research, 2004, Vol. 13, 171 - 178. ISSN 0962 9343 DOI:10.1023/B:QURE.0000015314.97546.60
Page in Report: 175

Population: University students, Switzerland, 1998.

Sample: Probability simple random sample

Non-Response: 36%

N: 1257

Correlate

Authors label: Self esteem

Our classification: Current satisfaction with self, code S2.5

Measurement: Self report on four questions
 A typical item is:
 'On the whole, I am satisfied with myself' Rated 1
 (totally disagree) to 5 (totally agree)

Items taken from Pelin & Schooler (1978) inventory of coping skills

Measured Values: Quartiles

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>		
<u>M-TH/cm/sq/v/5/a</u>	<u>D%=+</u>	% happy (all or most of the time)		
	<u>p<.001</u>	Lowest quartile : 33,3		
		2nd quartile : 55,5		
		3rd quartile : 76,1		
		Highest quartile: 86,2		
<u>M-TH/cm/sq/v/5/a</u>	<u>OR=+</u>	OR	CI 95	
		Lowest quartile	1	-
		2nd quartile	1,2	0,8-1,8
		3rd quartile	2,1	1,3-3,4
		Highest quartile	3,5	2,1-5,8
Odds Ratio controlled for:				
-mental health				
-physical health				
-intimate contact (love and affection)				
-sex (women vs. men)				
-nationality (Swiss vs. other)				

Correlational finding on Happiness and Current satisfaction with self

Subject code: S2.5

Study RYFF 1989

Reported in: Ryff, C.D.
Happiness is Everything, or Is It? Explorations on the Meaning of Psychological Well-Being.
Journal of Personality and Social Psychology, 1989, Vol. 57, 1069 - 1081. ISSN 0022 3514
Page in Report: 1073

Population: Adults, USA, 198?

Sample: Probability cluster sample

Non-Response:

N: 321

Correlate

Authors label: Self-acceptance

Our classification: Current satisfaction with self, code S2.5

Measurement: Self report on 16 positive and 16 negative statements. Each rated on a 6-point scale ranging from strongly agree to disagree.
-High scorers possess a positive attitude toward self; acknowledge and accept multiple aspects of self including good and bad qualities; feel positive about past life
Low scorers feel dissatisfied with self; are disappointed with what has occurred in past life; are troubled about certain personal qualities; wish to be different than what he or she is

Measured Values: Young adults: women (m=91.13, sd=17.71), men (m=90.48, sd=13.61) Middle aged adults: women (m=93.56, sd=19.03), men (m=99.42, sd=18.25) Older adults: women (m=89.00, sd=19.75), men (m=93.75, sd=13.76)

Error Estimates: alpha=.93, Test-retest reliability between 6 week period (n=117)=.85

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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A-BB/cm/mq/v/2/a $r=+.55$
 $p<.001$

Correlational finding on Happiness and Current satisfaction with self

Subject code: S2.5

Study RYFF 1995

Reported in: Ryff, C.D.; Keyes, C.L.
 The Structure of Psychological Well-Being Revisited.
 Journal of Personality and Social Psychology, 1995, Vol. 69, 719 - 727. ISSN 0022
 3514
 Page in Report: 724

Population: 25+ aged, USA, 1993

Sample: Probability multi-stage cluster sample

Non-Response:

N: 1108

Correlate

Authors label: Self Acceptance

Our classification: Current satisfaction with self, code S2.5

Measurement: Self report on 3 items rated on a 6-point scale ranging
 from completely disagree to completely agree.
 -High scorers: possess a positive attitude toward self;
 acknowledge and accept multiple aspects of self including
 good and bad qualities; feel positive about past life
 -Low scorers: feel dissatisfied with self; are disappointed
 with what has occurred in past life; are troubled about
 certain personal qualities; wish to be different than what
 he or she is

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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M-TH/cm/sq/v/4/b $r=+.54$
 $p<.00$

C-BW/?/sq/?/11/a $r=+.64$
 $p<.00$

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study CAMPB 1981

Reported in: Campbell, A.
 The Sense of Well-Being in America.
 McGraw-Hill, 1981, New York, USA ISBN 0 07 0096 83X
 Page in Report: 216

Population: 18+ aged, general public, non-institutionalized USA, 1978

Sample:

Non-Response: about 20 %

N: 3692

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single closed question on amount of satisfaction with oneself: "How satisfied are you with yourself as a person? ", rated on a 7-point scale ranging from completely dissatisfied to completely satisfied.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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<u>O-SLW/c/sq/n/7/a</u>	<u>$r=+.55$</u>	
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Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study DIENE 1991/1

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA.
Page in Report: 18

Population: University students, Austria, 1991

Sample:

Non-Response:

N: 319

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.52$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.55$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study DIENE 1991/2

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Bahrain, 1991

Sample:

Non-Response:

N: 275

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.21</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.44</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE 1991/3

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Bangladesh, 1991

Sample:

Non-Response:

N: 262

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.27</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.04</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE 1991/4

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA.
Page in Report: 18

Population: University students, Brazil, 1991

Sample:

Non-Response:

N: 268

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.40$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.31$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE 1991/5

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Cameroon, 1991

Sample:

Non-Response:

N: 159

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.07$</u> <u>$p<.NS$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.42$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE 1991/6

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign,
USA.
Page in Report: 18

Population: University students, Canada, 1991

Sample:

Non-Response:

N: 1600

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.60$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.59$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study DIENE 1991/7

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign,
USA.
Page in Report: 18

Population: University students, Chile, 1991

Sample:

Non-Response:

N: 256

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.57$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.37$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE 1991/8

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Egypt, 1991

Sample:

Non-Response:

N: 274

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.45</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.24</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE 1991/9

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign,
USA.
Page in Report: 18

Population: University students, Finland, 1991

Sample:

Non-Response:

N: 270

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.65</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.56</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/10

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem
Unpublished Paper, University of Illinois, Department of Psychology, Champaign,
USA.
Page in Report: 18

Population: University students, Germany, 1991

Sample:

Non-Response:

N: 540

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.51</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.49</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/11

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Greece, 1991

Sample:

Non-Response:

N: 164

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.51$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.35$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/12

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, India, 1991

Sample:

Non-Response:

N: 234

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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<u>O-DT/c/sq/v/7/c</u>	<u>r=+.08</u> <u>p<.NS</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.40</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study DIENE1991/13

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Israel, 1991

Sample:

Non-Response:

N: 317

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.22</u> <u>p<.NS</u>	females

O-DT/c/sq/v/7/c r=+.42 males
p<.01

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study **DIENE1991/14**

Reported in: Diener, E.;Diener, M.
 Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
 Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
 Page in Report: 18

Population: University students, Japan, 1991

Sample:

Non-Response:

N: 1200

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
 Delighted-Terrible scale.
 Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.44</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.34</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study DIENE1991/15

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Jordan, 1991

Sample:

Non-Response:

N: 279

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.30$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.37$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study DIENE1991/16

Reported in: Diener, E.; Diener, M.
 Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
 Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
 Page in Report: 18

Population: University students, Kenya, 1991

Sample:

Non-Response:

N: 462

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
 Delighted-Terrible scale.
 Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.59</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.42</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
 Subject code: S2.5.1

Study DIENE1991/17

Reported in: Diener, E.;Diener, M.
 Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
 Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
 Page in Report: 18

Population: University students, Korea, 1991

Sample:

Non-Response:

N: 241

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.61$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.57$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/18

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Mexico, 1991

Sample:

Non-Response:

N: 220

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.42$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.43$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/19

Reported in: Diener, E; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Netherlands, 1991

Sample:

Non-Response:

N: 352

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.47$</u> <u>$p<.NS$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.35$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/20

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, New Zealand,1991

Sample:

Non-Response:

N: 314

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.58</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.61</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/21

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Norway, 1991

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.47$</u> <u>$p<.NS$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.59$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/22

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Philippines, 1991

Sample:

Non-Response:

N: 953

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.42$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.41$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study DIENE1991/23

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Puerto Rico, 1991

Sample:

Non-Response:

N: 297

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.52$</u> <u>$p<.01$</u>	females

O-DT/c/sq/v/7/c r=+.50 males
p<.01

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study DIENE1991/24

Reported in: Diener, E.;Diener, M.
 Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
 Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
 Page in Report: 18

Population: University students, Singapore, 1991

Sample:

Non-Response:

N: 256

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
 Delighted-Terrible scale.
 Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.49</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.62</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study DIENE1991/25

Reported in: Diener, E.; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, South Africa, 1991

Sample:

Non-Response:

N: 275

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.39$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.25$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study DIENE1991/26

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Spain, 1991

Sample:

Non-Response:

N: 275

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.38</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.39</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/27

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Tanzania, 1991

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.62$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.54$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/28

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Thailand, 1991

Sample:

Non-Response:

N: 571

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.37$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.41$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/29

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Turkey, 1991

Sample:

Non-Response:

N: 287

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-DT/c/sq/v/7/c	r=+.35 p<.01	females
O-DT/c/sq/v/7/c	r=+.38 p<.01	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/30

Reported in: Diener, E.;Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, U.S.A, 1991

Sample:

Non-Response:

N: 1234

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.60</u> <u>p<.01</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>r=+.56</u> <u>p<.01</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person
Subject code: S2.5.1

Study DIENE1991/31

Reported in: Diener, E; Diener, M.
Cross-Cultural Correlates of Life Satisfaction and Self-Esteem.
Unpublished Paper, University of Illinois, Department of Psychology, Champaign, USA
Page in Report: 18

Population: University students, Yugoslavia, 1991

Sample:

Non-Response:

N: 332

Correlate

Authors label: Satisfaction with self (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question rated on a 7-point
Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.47$</u> <u>$p<.01$</u>	females
<u>O-DT/c/sq/v/7/c</u>	<u>$r=+.50$</u> <u>$p<.01$</u>	males

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study GAITZ 1972

Reported in: Gaitz, C.M.;Scott, J.
Age and the Measurement of Mental Health.
Journal of Health and Social Behavior, 1972, Vol. 13, 55 - 67. ISSN 0022 1465
Page in Report: 65

Population: Adults, general public, Houston, Texas, USA, 1969

Sample:

Non-Response: 2%, aged Mexican-Americans of high socio-economic status only

N: 1441

Correlate

Authors label: Satisfaction with oneself as a person (1)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Closed question: "How do you feel about yourself as a person?" not so good / could be better / just o.k. / pretty good

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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<u>A-BB/cm/mq/v/2/a</u>	<u>r=+.18</u>	Index of Positive Affects: r = +.03 (ns)
	<u>p<. 01</u>	Index of Negative Affects: r = -.22 (01)
<u>O-HL/m/sq/v/3/a</u>	<u>r=+.24</u>	Index of Positive Affects: r = +.03 (ns)
	<u>p<. 01</u>	Index of Negative Affects: r = -.22 (01)

Correlational finding on Happiness and Satisfaction with oneself-as-a-person

Subject code: S2.5.1

Study MITCH 1972/2

Reported in: Mitchell, R.E.
Levels of Emotional Strain in East Asian Cities.
Asian Folklore & Social Life Monographs, The Orient Cultural Service, 1972, Taipei, Formosa
Page in Report: 233

Population: 18+ aged, general public, Hong Kong, South East Asia, 1967

Sample:

Non-Response: 21%

N: 3966

Correlate

Authors label: Be a good family person (2)

Our classification: Satisfaction with oneself-as-a-person, code S2.5.1

Measurement: Single direct question: "Being a good family person compared with most other people, would you say that you : exceed others/about the same as others/ fall short of others ?"

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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O-HL/c/sq/v/4/aG=-.07

Figures based on half of the sample.

ns

N-shaped curve

Correlational finding on Happiness and . satisfaction with own abilities

Subject code: S2.5.1.1

Study ANDRE 1976/1

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976. New York, USA.. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1972/75

Sample:

Non-Response: 24%

N: 1297

Correlate

Authors label: Satisfaction with how one gets on with people (2)

Our classification: . satisfaction with own abilities, code S2.5.1.1

Measurement: Closed question: "How do you feel about how you get on with other people?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

O-DT/u/sqt/v/7/aE²=+.31

Unaffected by sex

Correlational finding on Happiness and . satisfaction with own abilities

Subject code: S2.5.1.1

Study ANDRE 1976/1

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976. New York, USA.. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1972/75

Sample:

Non-Response: 24%

N: 1297

Correlate

Authors label: Satisfaction with personal efficacy (2)

Our classification: . satisfaction with own abilities, code S2.5.1.1

Measurement: Index of questions:"How do you feel about....?"
 1. the way you handle problems
 2. the way of accomplishment
 3. and yourself.
 Rated on a 7-point scale: terrible/ unhappy/ mostly
 dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/u/sqrt/v/7/a</u>	<u>E²=+.55</u>	Unaffected by sex
<u>O-DT/u/sqrt/v/7/a</u>	<u>Beta=+.25</u>	β controlled for 11 domain satisfactions (family, money, amount of fun, house/apartment, spare-time activities, national government, things do with family, consumer, time to do things, health, job).

[O-DT/u/sqt/v/7/a](#)Beta=
+.25

β controlled for sociodemographic variables (family life-cycle, age, family income, education, race, sex) and 12 domain satisfactions.

Correlational finding on Happiness and . satisfaction with own abilities

Subject code: S2.5.1.1

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 156

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Satisfaction with oneself (2)

Our classification: . satisfaction with own abilities, code S2.5.1.1

Measurement: Closed question: "How do you feel about yourself - what you are accomplishing and how you handle problems?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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O-SLV/u/sq/t/101/a	<u>r=+.33</u>	
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O-SLW/c/sq/n/7/a	<u>r=+.46</u>	
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Correlational finding on Happiness and . satisfaction with own abilities

Subject code: S2.5.1.1

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Satisfaction with one's creativity (1)

Our classification: . satisfaction with own abilities, code S2.5.1.1

Measurement: Closed question: "How do you feel about how creative you can be?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt(v/7/a</u>	<u>E²=+.32</u>	

Correlational finding on Happiness and . satisfaction with own abilities

Subject code: S2.5.1.1

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Satisfaction with oneself (1)

Our classification: . satisfaction with own abilities, code S2.5.1.1

Measurement: Closed question: "How do you feel about yourself - what you are accomplishing and how you handle problems?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt(v/7/a</u>	<u>E²=+.54</u>	

Correlational finding on Happiness and . satisfaction with own abilities
 Subject code: S2.5.1.1

Study BRANH 1991

Reported in: Bränholm, I.B.; Eklund, M.; Fugl-Meyer, K.S.; Fugl - Meyer, A.R.
 On Work and Life Satisfaction.
 Eklund, M;:" On vocational Rehabilitation in Northern Sweden", Dissertation,
 University of Umea, 1991, 95 - 107
 Page in Report: 103

Population: 25-55 aged, vocationally actives, Umea, Northern Sweden, 1986/87

Sample: Probability stratified sample

Non-Response:

N: 163

Correlate

Authors label: Satisfaction with self care activities of life (1)

Our classification: . satisfaction with own abilities, code S2.5.1.1

Measurement: How satisfactory is this aspect of your life?....
 Ability to manage my self care
 1 very dissatisfying
 2 dissatisfying
 3 rather dissatisfying
 4 rather satisfying
 5 satisfying
 6 very satisfying

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SLW/u/sq/v/6/a	rs=+.21 p<.01	

Correlational finding on Happiness and . satisfaction with own abilities
 Subject code: S2.5.1.1

Study STAPE 1987

Reported in: Stapel, J.
 Cross-Sectional Age Differences and Longitudinal Change on the Bradburn Affect Balance Scale.
 Unpublished Paper, N.I.P.O.(Gallup Affiliate), 1987, Amsterdam, Netherlands
 Page in Report: 2

Population: 18+ aged, general public, non-institutionalized, The Netherlands, 1987

Sample:

*Non-Response:**N:* 825

Correlate

Authors label: Satisfaction with abilities in general (1)*Our classification:* . satisfaction with own abilities, code S2.5.1.1*Measurement:* Single closed question: "Are you satisfied, not so satisfied or unsatisfied with everything you are able to do?"

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.77</u> <u>p<.01</u>	
<u>M-FH/u/sq/v/3/a</u>	<u>G=+.77</u> <u>p<.01</u>	

Correlational finding on Happiness and . satisfaction with own coping
 Subject code: S2.5.1.2

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 141

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3*Sample:**Non-Response:* 26%*N:* 1433

Correlate

Authors label: Satisfaction with adjustment to changes in life (2)

Our classification: . satisfaction with own coping, code S2.5.1.2

Measurement: Closed question: "How do you feel about the extent to which you can adjust to changes in your life?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>E²=+.44</u>	
<u>O-DT/u/sqrt/v/7/a</u>	<u>Beta=+.10</u>	β controlled for 7 criterion satisfactions (physical needs met, yourself, how fairly treated, develop self, interesting daily life, fun and enjoyment, financial security).
<u>O-DT/u/sqrt/v/7/a</u>	<u>Beta=+.10</u>	β controlled for sociodemographic variables (family life-cycle, age, family income, education, race, sex) and 7 criterion satisfactions. (see above)

Correlational finding on Happiness and . satisfaction with own coping

Subject code: S2.5.1.2

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%*N:* 1433

Correlate

Authors label: Satisfaction with one's toughness (1)*Our classification:* . satisfaction with own coping, code S2.5.1.2

Measurement: Closed question: "How do you feel about the extent to which you are tough and can take it?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>E²=+.33</u>	

Correlational finding on Happiness and . satisfaction with own coping
 Subject code: S2.5.1.2

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%*N:* 1433

Correlate

Authors label: Satisfaction with one's toughness (2)

Our classification: . satisfaction with own coping, code S2.5.1.2

Measurement: Closed question: "How do you feel about the extent to which you are tough and can take it?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqt/v/7/a</u>	<u>E²=+.33</u>	

Correlational finding on Happiness and . satisfaction with own coping
 Subject code: S2.5.1.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with self-adjustment (1)

Our classification: . satisfaction with own coping, code S2.5.1.2

Measurement: 3-item of questions "How do you feel about?"

1. the extent of toughness
2. the way you handle problems
3. the extent to adjustment to changes.

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/u/sqt/v/7/a</u>	<u>r=+.63</u>	

Correlational finding on Happiness and . satisfaction with own coping

Subject code: S2.5.1.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with one's creativity (1)

Our classification: . satisfaction with own coping, code S2.5.1.2

Measurement: Closed question: "How do you feel about how creative you can be?"

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/u/sqrt/v/7/a</u>	<u>r=+.35</u>	

Correlational finding on Happiness and . satisfaction with own coping

Subject code: S2.5.1.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with self-adjustment (2)

Our classification: . satisfaction with own coping, code S2.5.1.2

Measurement: 3-item of questions "How do you feel about?"

- a. the extent of toughness
- b. the way you handle problems
- c. the extent to adjustment to changes.

Rated:

- 1 terrible
- 2 unhappy
- 3 mostly dissatisfied
- 4 mixed
- 5 mostly satisfied
- 6 pleased
- 7 delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>r=+.63</u>	

Correlational finding on Happiness and . satisfaction with own creativeness
Subject code: S2.5.1.3

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with one's creativity (2)

Our classification: . satisfaction with own creativeness, code S2.5.1.3

Measurement: Closed question: "How do you feel about how creative you can be?"
Rated:
1 terrible
2 unhappy
3 mostly dissatisfied
4 mixed
5 mostly satisfied
6 pleased
7 delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-DT/u/sqt/v/7/a	r=+.35	

Correlational finding on Happiness and . satisfaction with own creativeness

Subject code: S2.5.1.3

Study FORTI 1983

Reported in: Forti, T. J.; Hyg, M.S.
 A Documented Evaluation of Primary Prevention through Consultation.
 Community Mental Health Journal, 1983, Vol. 19, 290 - 304. ISSN p 0010 3853; ISSN e 1573 2789 DOI:10.1007/BF00755410
 Page in Report:

Population: Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981

Sample:

Non-Response: T1: 18%, T2: 14%, T3: 23%

N: 137

Correlate

Authors label: Satisfaction with creativity (1)

Our classification: . satisfaction with own creativeness, code S2.5.1.3

Measurement: Single closed question: 'How do you feel about your creativity?', rated on a 7-point Delighted Terrible scale, ranging from (1) Delightede to (7) Terrible, (8) neither. (order reversed)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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O-DT/u/sq/f/7/ar=+

T1: 1977 r= +.16 (05)

T2: 1979 r= +.24 (01)

T3: 1981 r= +.15 (05)

Both variables assessed at T1, T2, and T3.

Correlation concerns same time measures.

Correlational finding on Happiness and . satisfaction with self-realization

Subject code: S2.5.1.4

Study HEADE 1981

Reported in: Headey, B.

The Quality of Life in Australia

Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300;ISSN e 1573

0921 DOI:10.1007/BF00286195

Page in Report: 166

Population: Adults, general public, Australia 1978*Sample:* Probability sample (unspecified)*Non-Response:* not reported*N:* 679

Correlate

Authors label: Handle problems index*Our classification:* . satisfaction with self-realization, code S2.5.1.4*Measurement:* Index of two single questions on:

a: The way you handle problems that come up in your life

b: Extent to which you can adjust to changes in your life

Both items scored on 1-9 D-T rating scale, summation by average.

Measured Values: M = 6.5 SD = 1.3*Remarks:* Both items scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/9/a</u>	<u>$r=+.55$</u> <u>$p<.001$</u>	
<u>O-DT/u/sqrt/v/9/a</u>	<u>Beta=</u> <u>+.11</u>	all cases Beta's controlled for satisfaction with <ul style="list-style-type: none"> - self-fulfillment - sex life - family activities - work around the house - mother - health - house - standard of living - assertiveness - friends - fun and enjoyment - marriage
<u>O-DT/u/sqrt/v/9/a</u>	<u>Beta=</u> <u>+.06</u>	married cases Beta's controlled for satisfaction with <ul style="list-style-type: none"> - self-fulfillment - sex life - family activities - work around the house - mother - health - house - standard of living - assertiveness - friends - fun and enjoyment - marriage

Correlational finding on Happiness and . satisfaction with self-realization
Subject code: S2.5.1.4

Study SCHUL 1985B

Reported in: Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H.
 Lebensqualität in Österreich. (Quality-of-Life in Austria).
 Research paper nr 10/1, Institut für Soziologie, University of Vienna, 1985, Austria
 Page in Report: 27,49,T53

Population: Adults, non-institutionalized, Austria, 1984

Sample:

Non-Response: ?

N: 1776

Correlate

Authors label: Satisfaction with selfrealization (1)

Our classification: . satisfaction with self-realization, code S2.5.1.4

Measurement: Seven item index of direct questions on satisfaction with selfrealization during the last 14 days. The summed scores were divided into 3 strata, i.e. low, medium and high

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-Sum/c/mq/v/5/a</u>	<u>r=+.36</u> <u>p<.05</u>	
<u>M-AO/c/mq/*/0/a</u>	<u>r=+.36</u> <u>p<.05</u>	
<u>M-AO/c/mq/*/0/a</u>	<u>Beta=</u> <u>+.12</u> <u>p<.05</u>	β controlled for: satisfaction with physical health, material satisfaction, satisfaction with partner, satisfaction with social involvement, satisfaction with work (positive), satisfaction with work (negative), and satisfaction with leisure time.

Correlational finding on Happiness and . satisfaction with self-realization
 Subject code: S2.5.1.4

Study VENTE 1995

Reported in: Ventegodt, S.
 Livskvalitet i Danmark. (Quality of Life in Denmark).
 Forskningscentrets Forlag (The Quality of Life Research Center), København,
 Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>
 Page in Report: 422

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: need for self-realization (1)

Our classification: . satisfaction with self-realization, code S2.5.1.4

Measurement: Single question:
 "How well is your need for self-realization fulfilled at present?"
 1: very badly
 2: badly
 3: neither well nor badly
 4: well
 5: very well

Measured Values: N: all:1385, 1:21, 2:118, 3:405, 4:621, 5:220

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.46</u> <u>p<.00</u>	1: Mt=4.76 2: Mt=5.58 3: Mt=7.29 4: Mt=8.21 5: Mt=8.94 All Mt=7.78

<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.54$</u>	1: $Mt=3.98$
	<u>$p<.00$</u>	2: $Mt=5.15$
		3: $Mt=6.76$
		4: $Mt=7.96$
		5: $Mt=8.90$
		All $Mt=7.45$

<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.47$</u>	1: $Mt=4.44$
	<u>$p<.00$</u>	2: $Mt=5.10$
		3: $Mt=6.34$
		4: $Mt=7.43$
		5: $Mt=8.11$
		All $Mt=6.96$

Correlational finding on Happiness and . satisfaction with self-realization

Subject code: S2.5.1.4

Study VENTE 1996

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 446

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: fulfilment of the need for self-realization

Our classification: . satisfaction with self-realization, code S2.5.1.4

Measurement: Single question:

"How well is your need for self-realization fulfilled at present ?"

1: very badly

2: badly

3: neither well nor badly

4: well

5: very well

Measured Values: N: All:4412; %:1:2,3; 2:10,7; 3:28,6; 4:42,3; 5:16,1

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>$r=+.51$</u> <u>$p<.00$</u>	1: MS=4.15 2: MS=5.63 3: MS=7.23 4: MS=8.30 5: MS=9.04
<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.55$</u> <u>$p<.00$</u>	1: MS=3.06 2: MS=5.04 3: MS=6.94 4: MS=7.99 5: MS=8.91
<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.47$</u> <u>$p<.00$</u>	1: MS=4.00 2: MS=5.33 3: MS=6.51 4: MS=7.49 5: MS=8.25

Correlational finding on Happiness and . satisfaction with own morality
Subject code: S2.5.1.5

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with one's sincerity (1)

Our classification: . satisfaction with own morality, code S2.5.1.5

Measurement: Closed question: "How do you feel about how sincere and honest you are?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-DT/u/sqrt/v/7/a	E²=+.32	

Correlational finding on Happiness and . satisfaction with own morality
 Subject code: S2.5.1.5

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with one's dependability and sincerity (1)*Our classification:* . satisfaction with own morality, code S2.5.1.5

Measurement: 2-item of questions "How do you feel about....?"

1. your dependability and responsibility
2. your sincerity and honesty

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>r=+.37</u>	

Correlational finding on Happiness and . satisfaction with own morality
 Subject code: S2.5.1.5

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with one's dependability and sincerity (2)

Our classification: . satisfaction with own morality, code S2.5.1.5

Measurement: 2-item of questions "How do you feel about....?"

- a. your dependability and responsibility
- b. your sincerity and honesty

Rated:

- 1 terrible
- 2 unhappy
- 3 mostly dissatisfied
- 4 mixed
- 5 mostly satisfied
- 6 pleased
- 7 delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>r=+.37</u>	

Correlational finding on Happiness and . satisfaction with own morality
Subject code: S2.5.1.5

Study HEADE 1981

Reported in: Headey, B.
The Quality of Life in Australia
Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/BF00286195
Page in Report: 166

Population: Adults, general public, Australia 1978

Sample: Probability sample (unspecified)

Non-Response: not reported

N: 679

Correlate

Authors label: Own moral qualities index

Our classification: . satisfaction with own morality, code S2.5.1.5

Measurement: Index of 3 single questions on satisfaction with:
 a: How dependable and responsible you can be
 b: Your own sincerety and honesty
 c: How generous and kind you are
 All scored on a 1-9 rating scale, summation by average.

Measured Values: M = 7.2 SD = 1.0

Remarks: All items scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/u/sqt/v/9/a</u>	<u>r=+.39</u> <u>p<.001</u>	

Correlational finding on Happiness and Satisfaction with own accomplishments
 Subject code: S2.5.2

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 156

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with accomplishment (2)

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: 3-item index of questions "How do you feel about?"

- a. the extent of achieving succes and getting ahead
- b. what you are accomplishing
- c. the extent of developing yourself and broadening your life.

Rated:

- 1 terrible
- 2 unhappy
- 3 mostly dissatisfied
- 4 mixed
- 5 mostly satisfied
- 6 pleased
- 7 delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
M-AO/u/sq/f/7/a	r=+.57	

Correlational finding on Happiness and Satisfaction with own accomplishments

Subject code: S2.5.2

Study ANDRE 1989

Reported in: Andrews, F.M.
 Stability and change in levels and structure of subjective well-being: USA 1972 and 1988
 Paper presented at the International Conference on Social Reporting, Berlin, September 1989
 Page in Report: 20

Population: Adults, general public, non-institutionalized, USA, 1972-88

*Sample:**Non-Response:**N:* 2985

Correlate

Authors label: Satisfaction with accomplishments (1)*Our classification:* Satisfaction with own accomplishments, code S2.5.2*Measurement:* Single direct question rated on 7 point delighted-terrible scale "How do you feel about what you have accomplished?"

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>	
<u>O-DT/u/sqrt/v/7/a</u>	<u>E²=+</u>	1972: +.50	1988: +.59
<u>O-DT/u/sqrt/v/7/a</u>	<u>Beta=+</u>	1972: +.25	1988: +.34
		ß controlled for satisfaction with 5 other aspects of life: 1: fun, 2: family income, 3: use of spare time, 4: national government, 5: health	

Correlational finding on Happiness and Satisfaction with own accomplishments
 Subject code: S2.5.2

Study BACHM 1977

Reported in: Bachman, J. G.; O'Malley, P. M.; Johnston, J.
 Youth in Transition, Vol. VI: Adolescence to Adulthood, Change and Stability in the Lives of Young Men.
 Institute for Social Research, 1970, University of Michigan, Ann Arbor, USA
 Page in Report:

Population: Public highschool boys followed 8 years from grade 10, USA, 1966-74

*Sample:**Non-Response:* 2.8% at T1, 17.2% at T2, 21.0% at T3, 28.9% at T4, 28.5% at T5*N:* 1628**Correlate***Authors label:* Satisfaction with own school work (1)*Our classification:* Satisfaction with own accomplishments, code S2.5.2

Measurement: Simple direct question at T1 and T2: "How satisfied are you with the way you're actually doing in school?"
 1 = not at all; 2 = not very;
 3 = somewhat; 4 = quite;
 5 = very satisfied

Observed Relation with Happiness*Happiness Measure**Statistics Elaboration/Remarks*O-HP/g/mq/v/5/atau=+
p<.5

	Satisfaction with own school work	
Happiness	T1	T2
T1	tau = +.20 (001)	+.11 (01)
T2	tau = +.17 (001)	+.16 (001)
T3	tau = +.10 (01)	+.12 (01)
T4	tau = +.10 (01)	+.11 (01)
T1:1966, T2:1968, T3:1969, T4:1970		

Correlational finding on Happiness and Satisfaction with own accomplishments

Subject code: S2.5.2

Study**BALTA 2004**

Reported in: Baltatescu, S.M.; Cummins, R.A.
 Subjective Wellbeing in a Post-Communist Country: Romania's International Wellbeing Index.
 Powerpoint presentation at 6th Conference ISQOLS, November 2004, Philadelphia, USA
 Page in Report: 11

Population: 18+ aged, Bihor County, North-West Romania, 2003

Sample: Probability area sample

Non-Response: 38%

N: 368

Correlate

Authors label: Achievement

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Single question:
 How satisfied are you with what you achieve in life?

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/n/11/ca</u>	<u>Beta=.16</u> <u>p<.01</u>	Beta controlled for satisfaction with <ul style="list-style-type: none"> - relationships - safety - community - security - standard of life - health

Correlational finding on Happiness and Satisfaction with own accomplishments
 Subject code: S2.5.2

Study CUMMI 2001A

Reported in: Cummins, R.A.; Eckersley, R.; Pallant, J.; van Vugt, J.; Shelly, J.; et al.
 Australian Unity Wellbeing Index. Survey 1. Report 1.
 Australian Centre on Quality of Life, 2001, Melbourne, Australia. <http://www.deakin.edu.au/research/acqol/index.htm> <http://www.deakin.edu.au/research/acqol/index.htm>
 Page in Report: 4

Population: 18+aged, Australia, 2001

Sample: Probability area sample

Non-Response: -

N: 2000

Correlate

Authors label: Satisfaction with achievement

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Single Question:
 How satisfied are you what you achieve in life?

Measured Values: Mt = 7,35; SD = 1,97

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SLW/u/sq/n/11/ca	DMt=	

Correlational finding on Happiness and Satisfaction with own accomplishments
 Subject code: S2.5.2

Study CUMMI 2002A

Reported in: Cummins, R.A; Eckersley, R. ; Pallant, J.; Okerstrom, E.; et al
 Australian Unity Wellbeing Index, Survey 3, Report 3.2. The Impact of Personal Relationships and Household Structure on the Wellbeing of Australians.
 Australian Centre on Quality of Life, 2002, Melbourne, Australia. <http://www.deakin.edu.au/research/acqol/index.htm>
 Page in Report: 107

Population: 18+ aged Australia, 2002

Sample: Probability area sample

Non-Response: 70%

N: 2110

Correlate

Authors label: Satisfaction with Achievement

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Single question:
 How satisfied are you with what you achieve in life?

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/n/11/ca</u>	<u>Beta=</u> <u>+.23</u> <u>p<.000</u>	β controlled for satisfaction with: - relationships - safety - community - standard of living - your health

Correlational finding on Happiness and Satisfaction with own accomplishments
 Subject code: S2.5.2

Study CUMMI 2002B

Reported in: Cummins, R.A.; Eckersley, R.; Lo, S.K.; Okerstrom, E.; Davern, M.; Australian Unity Wellbeing Index, Survey 4, Report 4. The Wellbeing of Australians 1. Work and Leisure 2. The Impact of September 11 One Year Later. Australian Centre on Quality of Life, 2002, Melbourne, Australia. <http://www.deakin.edu.au/research/acqol/index.htm>
Page in Report: 91

Population: 18+aged, Australia, 2002

Sample: Probability area sample

Non-Response: 88%

N: 2003

Correlate

Authors label: Achievement

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Single question:
How satisfied are you with what you achieve in life?

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-SLW/u/sq/n/11/ca</u>	<u>Beta=</u> <u>+.19</u> <u>p<.000</u>	β controled for satisfaction with.. - relationships - safety - community - security - standard of living - health

Correlational finding on Happiness and Satisfaction with own accomplishments

Subject code: S2.5.2

Study CUMMI 2003A

Reported in: Cummins, R.A.; Eckersley, R; Lo, S.K.; Okerstrom, E.; et.al.
 Australian Unity Wellbeing Index. Survey 5, Report 5. The Wellbeing of Australians. 1.
 Personal Finances 2. The Impact of the Bali Bombing.
 Australian Centre on Quality of Life, 2003, Melbourne, Australia. <http://www.deakin.edu.au/research/acqol/index.htm>
 Page in Report: 126

Population: 18+aged, Australia, 2002

Sample: Probability area sample

Non-Response: 75%

N: 1999

Correlate

Authors label: Satisfaction with achievement

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Single question:
 How satisfied are you with what you achieve in life? Rated
 on 0-10 scale.

Measured Values: M = 7.58; SD = 1.97

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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O-SLW/u/sq/n/11/ca	r=+.55	
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Correlational finding on Happiness and Satisfaction with own accomplishments
 Subject code: S2.5.2

Study	CUMMI 2003B
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Reported in: Cummins, R.A; Eckersley, R; Lo, S.K.; Okerstrom, E.; et.al.
 Australian Unity Wellbeing Index, Survey 6, Report 6. The Wellbeing of Australians:
 Impact of the Impending Iraq War.
 Australian Centre on Quality of Life, 2003, Melbourne, Australia. <http://www.deakin.edu.au/research/acqol/index.htm>
 Page in Report: 117+121

Population: 18+aged, Australia, 2003

Sample: Probability area sample

Non-Response: 88%

N: 1979

Correlate

Authors label: Satisfaction with achievement

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Single question:
 How satisfied are you with what you achieve in life? Rated
 on 0-10 scale.

Measured Values: M = 7,50; SD = 1,72

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>r=+.51</u> <u>p<.001</u>	
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>Beta=</u> <u>+.22</u>	β controled for satisfaction with: <ul style="list-style-type: none"> - Relationship - Safety - Community - Future Security - Standard - Health

O-SLW/u/sq/n/11/R²=+.04ca

Additional variance explained above satisfaction with the domains of:

- Relationships
- Safety
- Community
- Future Security
- Standard
- Health

Correlational finding on Happiness and Satisfaction with own accomplishments

Subject code: S2.5.2

Study

CUMMI 2005A

Reported in: Cummins, R.A.; Davern, M.; Okerstrom, E.; Lo, S.K.; Eckersley, R. Australian Unity Wellbeing Index, Report 12.1, Survey 2005. Special Report on City and Country Living. Australian Centre on Quality of Life, 2005, Melbourne, Australia. <http://www.deakin.edu.au/research/acqol/index.htm> <http://acqol.deakin.edu.au>
Page in Report: 45+46+47

Population: 18+ aged, Australia, 2004

Sample: Probability area sample

Non-Response: 0

N: 2000

Correlate

Authors label: Satisfaction with achievements

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Selfreport on single question

Observed Relation with Happiness

Happiness Measure

Statistics Elaboration/Remarks

<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>r=+.53</u>	In highly accessible cities
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>Beta=</u> <u>+.23</u>	
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>r=+.49</u>	In accessible cities
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>Beta=</u> <u>+.18</u>	
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>r=+.55</u>	In moderately accessible cities
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>Beta=</u> <u>+.30</u>	
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>r=+.58</u>	In remote cities
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>Beta=</u> <u>+.26</u>	
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>r=+.48</u>	In very remote cities
<u>O-SLW/u/sq/n/11/</u> <u>ca</u>	<u>Beta=</u> <u>+.21</u>	

Correlational finding on Happiness and Satisfaction with own accomplishments

Subject code: S2.5.2

Study CUMMI 2005B/1

Reported in: Cummins, R.A.
Personal Wellbeing Index (PWI). Manual, version 3, Report 12.2/1.
Australian Centre on Quality of Life, 2005, Melbourne Australia. <http://www.deakin.edu.au/research/acqol/index.htm> <http://acqol.deakin.edu.au>
Page in Report: 11

Population: Adults, Argentina, 2002

Sample: Sampling not reported

Non-Response: 0*N:* 492

Correlate

Authors label: Satisfaction with achievements*Our classification:* Satisfaction with own accomplishments, code S2.5.2*Measurement:* Self report on single question:
How satisfied are you with your achievements?
Rated on 0-10 numerical scale

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/n/11/ca</u>	<u>r=+.19</u>	
<u>O-SLW/u/sq/n/11/ca</u>	<u>Beta=</u> <u>+.49</u> <u>p<.159</u>	Beta controled for satisfaction with: - personal relationships - safety - community - future security - standard of living - health

Correlational finding on Happiness and Satisfaction with own accomplishments

Subject code: S2.5.2

Study CUMMI 2005B/2

Reported in: Cummins, R.A.
Personal Wellbeing Index (PWI). Manual, version 3, Report 12.2/2.
Australian Centre on Quality of Live, 2005, Melbourne, Australia. <http://www.deakin.edu.au/research/acqol/index.htm> <http://acqol.deakin.edu.au>
Page in Report: 12

Population: Adults, Argentina 2003

Sample: Sampling not reported

Non-Response: 0

N: 189

Correlate

Authors label: Satisfaction with achievements

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Selfreport on single question:
How satisfied are you with your achievements?
Rated on 0-10 numerical scale

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/n/11/ca</u>	<u>$r=+.62$</u>	
<u>O-SLW/u/sq/n/11/ca</u>	<u>Beta=</u> <u>$+.31$</u> <u>$p<.24$</u>	Beta controled for satisfaction with: - personal relationships - safety - community - future security - health

Correlational finding on Happiness and Satisfaction with own accomplishments

Subject code: S2.5.2

Study CUMMI 2005B/3

Reported in: Cummins, R.A.

Personal Wellbeing Index (PWI). Manual, version 3, Report 12.2/3.

Australian Centre on Quality of Life, 2005, Melbourne, Australia. <http://www.deakin.edu.au/research/acqol/index.htm>

Page in Report: 12

Population: adults, Argentina 2004

Sample: Sampling not reported

Non-Response: 0

N: 268

Correlate

Authors label: Satisfaction with achieve in life

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Self report on single question:
How satisfied are you with your achievements?
Rated on 0-10 numerical scale

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SLW/u/sq/n/11/ca	r=+.41	
O-SLW/u/sq/n/11/ca	Beta= +.23 p<.22	Beta controled for satisfaction with: - personal relationships - safety - community - future security - standard of living - health

Correlational finding on Happiness and Satisfaction with own accomplishments
Subject code: S2.5.2

Study CUMMI 2005B/4

Reported in: Cummins, R.A.
 Personal Wellbeing Index (PWI). Manual, version3, Report 12.2/4.
 Australian Centre on Quality of Live, 2005, Melbourne, Australia. <http://www.deakin.edu.au/research/acqol/index.htm>
 Page in Report: 12

Population: Adults, Hong Kong-China 2003

Sample: Sampling not reported

Non-Response: 0

N: 78

Correlate

Authors label: Satisfaction with achieve in life

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Self report on single question:
 How satisfied are you with your achievements?
 Rated on 0-10 numerical scale

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-SLW/u/sq/n/11/ca</u>	<u>r=+.66</u>	
<u>O-SLW/u/sq/n/11/ca</u>	<u>Beta=</u> <u>+.33</u> <u>p<.002</u>	Beta controled for satisfaction with: - personal relationships - safety - community - future security - standard of living - health - standard of living - health

Correlational finding on Happiness and Satisfaction with own accomplishments

Subject code: S2.5.2

Study CUMMI 2005B/5

Reported in: Cummins, R.A.
 Personal Wellbeing Index (PWI). Manual, version 3, Report 12.2/5.
 Australian Centre on Quality of Life, 2005, Melbourne, Australia. <http://www.deakin.edu.au/research/acqol/index.htm>
 Page in Report: 13

Population: adults, Slovakia 2003

Sample: Sampling not reported

Non-Response: 0

N: 133

Correlate

Authors label: Satisfaction with achieve in life

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Self report on single question:
 How satisfied are you with your achievements?
 Rated on 0-10 numerical scale

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-SLW/u/sq/n/11/ca</u>	<u>r=+.31</u>	
<u>O-SLW/u/sq/n/11/ca</u>	<u>Beta=</u> <u>+.04</u> <u>p<.05</u>	Beta controled for satisfaction with: <ul style="list-style-type: none"> - personal relationships - safety - community - future security - standard of living - health

Correlational finding on Happiness and Satisfaction with own accomplishments

Subject code: S2.5.2

Study FORTI 1983

Reported in: Forti, T. J.; Hyg, M.S.
A Documented Evaluation of Primary Prevention through Consultation.
Community Mental Health Journal, 1983, Vol. 19, 290 - 304. ISSN p 0010 3853; ISSN e 1573 2789 DOI:10.1007/BF00755410
Page in Report:

Population: Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981

Sample:

Non-Response: T1: 18%, T2: 14%, T3: 23%

N: 137

Correlate

Authors label: Satisfaction with accomplishments/ problem solving (3)

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Single closed question:
'How do you feel about yourself accomplishments/problem solving', rated on a 7-point Delighted-Terrible scale, ranging from (1) Delighted to (7) Terrible. (8) Neutral.
(order reversed)

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-DT/u/sq/f/7/a</u>	<u>r=+</u>	T1: 1977 r= +.45 (01) T2: 1979 r= +.52 (01) T3: 1981 r= +.48 (01) Both variables assessed at T1, T2, and T3. Correlation concerns same time measures.

Correlational finding on Happiness and Satisfaction with own accomplishments

Subject code: S2.5.2

Study WILLS 2006

Reported in: Wills, E.
Personal Well Being Index-Adults for Bogotá- Colombia, March 2006.
Paper Management School, University de los Andes, 2006, Bogotá, Colombia
Page in Report: 4

Population: Adults, Bogotá, Colombia, 2006

Sample: Probability area sample

Non-Response: -

N: 830

Correlate

Authors label: Satisfaction with achievement

Our classification: Satisfaction with own accomplishments, code S2.5.2

Measurement: Single question:
How satisfied are you with what you achieve in life?

Rated 10 very satisfied to 0 very dissatisfied

Measured Values: M=7,46; SD=1,80

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-SLW/u/sq/n/11/ca	r=+.42	

O-SLW/u/sq/n/11/
ca

Beta=
+ .16
p<.01

Beta controlled for satisfaction with

- health
- standard of life
- personal relationships
- safety
- community
- future security

Correlational finding on Happiness and . satisfaction with contributions to others

Subject code: S2.5.2.1

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with contribution to others life (2)

Our classification: . satisfaction with contributions to others, code S2.5.2.1

Measurement: Closed question: "How do you feel about how much you are really contributing to other people's lives?"
Rated on a 7-point scale: terrible/ unhappy/ moslty dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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[O-DT/u/sqt/v/7/a](#)[E²=+.43](#)

Correlational finding on Happiness and . satisfaction with contributions to others

Subject code: S2.5.2.1

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with contribution to others life (1)

Our classification: . satisfaction with contributions to others, code S2.5.2.1

Measurement: Closed question: "How do you feel about how much you are really contributing to other people's lives?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-DT/u/sqt/v/7/a	r=+.32	

Correlational finding on Happiness and . satisfaction with contributions to others

Subject code: S2.5.2.1

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 113

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with beneficence (1)

Our classification: . satisfaction with contributions to others, code S2.5.2.1

Measurement: 2-item index of questions "How do you feel about....?"
 1. the things you do to help people or
 groups in the community
 2. the organizations you belong to
 Rated on a 7-point scale: terrible/ unhappy/ mostly
 dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-DT/u/sqt/v/7/a	r=+.28	

Correlational finding on Happiness and . satisfaction with contributions to others
 Subject code: S2.5.2.1

Study VENTE 1995

Reported in: Ventegodt, S.

Livskvalitet i Danmark. (Quality of Life in Denmark).

Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>

Page in Report: 418

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: fulfilment of need to be useful (1)

Our classification: . satisfaction with contributions to others, code S2.5.2.1

Measurement: Single question:

"How well is your need to be useful fulfilled at present?"

1: very badly

2: badly

3: neither well nor badly

4: well

5: very well

Measured Values: N: all:1409, 1:8, 2:86, 3:360, 4:665, 5:290

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
A-AOL/m/sq/v/5/a	<u>$r=+.32$</u> <u>$p<.00$</u>	1: Mt=2.50 2: Mt=5.93 3: Mt=7.46 4: Mt=7.90 5: Mt=8.58 All Mt=7.78

<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.41</u>	1: Mt=1.56
	<u>p<.00</u>	2: Mt=5.06
		3: Mt=7.05
		4: Mt=7.61
		5: Mt=8.46
		All Mt=7.45

<u>O-HL/c/sq/v/5/h</u>	<u>r=+.36</u>	1: Mt=2.50
	<u>p<.00</u>	2: Mt=5.20
		3: Mt=6.51
		4: Mt=7.10
		5: Mt=7.85
		All Mt=6.96

Correlational finding on Happiness and . satisfaction with contributions to others

Subject code: S2.5.2.1

Study VENTE 1996

Reported in: Ventegodt, S.
 Livskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report:

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: fulfillment of need to be useful

Our classification: . satisfaction with contributions to others, code S2.5.2.1

Measurement: Single question:

"How well is your need to be useful fulfilled at present ?"

1: very badly

2: badly

3: neither well nor badly

4: well

5: very well

Measured Values: N: All:4484; %:1:1,4; 2:6,6; 3:29,2; 4:43,5; 5:19,3

Remarks: The explanation says:" that is your need to help other people and your contribution to make the world a better place ?"

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.35</u> <u>p<.00</u>	1: MS=4.26 2: MS=6.03 3: MS=7.34 4: MS=7.80 5: MS=8.61
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.38</u> <u>p<.00</u>	1: MS=3.75 2: MS=5.39 3: MS=6.95 4: MS=7.75 5: MS=8.43
<u>O-HL/c/sq/v/5/h</u>	<u>r=+.34</u> <u>p<.00</u>	1: MS=4.06 2: MS=5.69 3: MS=6.55 4: MS=7.25 5: MS=7.93

Correlational finding on Happiness and Current consistency of self-image
Subject code: S2.6

Study WESSM 1960

Reported in: Wessman, A.E.; Ricks, D.F.; McIlvaine Tyl, M.
 Characteristics and Concomitants of Mood Fluctuations in College Women.
 Journal of Abnormal and Social Psychology, 1960, Vol. 60, 117 - 126
 Page in Report: 122

Population: Female college students, followed 6 weeks, Radcliffe, USA, 1957

Sample:

Non-Response: 44% dropouts

N: 14

Correlate

Authors label: Consistency of self-concept (1)

Our classification: Current consistency of self-image, code S2.6

Measurement: Correlation between self descriptions provided in elation and in depression, as assessed by a Q sort of 45 items, filled out both in extremely high and extremely low moods for self-concept ('the most accurate picture of your- self as you really believe you are now').

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-ARE/nd/sqr/v/10/</u> <u>b</u>	<u>rs=+.09</u> <u>ns</u>	

Correlational finding on Happiness and Current reputation (social self)
 Subject code: S2.7

Study VENTE 1996

Reported in: Ventegodt, S.

Livskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
8790190068 <http://www.livskvalitet.org/t2/index.asp>
Page in Report: 292

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: attractiveness

Our classification: Current reputation (social self), code S2.7

Measurement: Single question:
"Do you feel sexually attractive?"
1: No
2: Not sure
3: Yes

Measured Values: N: All:4514; 1:549; 2:2003; 3:1962

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-AOL/m/sq/v/5/a</u>	<u>$r=+.18$</u> <u>$p<.00$</u>	1: Mt=6.99 2: Mt=7.59 3: Mt=8.13
<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.18$</u> <u>$p<.00$</u>	1: Mt=6.64 2: Mt=7.25 3: Mt=7.83
<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.17$</u> <u>$p<.00$</u>	1: Mt=6.36 2: Mt=6.85 3: Mt=7.39

Correlational finding on Happiness and Current reputation (social self)

Subject code: S2.7

Study WEBB 1915/1

Reported in: Webb, E.
Character and Intelligence. An Attempt at an Exact Study of Character.
Cambridge University Press, 1915, London, UK
Page in Report: 26

Population: Male college students, England, 1912

Sample:

Non-Response: -

N: 194

Correlate

Authors label: Aesthetic feeling (3)

Our classification: Current reputation (social self), code S2.7

Measurement: Trained-peer rating on love for the beautiful for its own sake on a 7-point scale on the basis of observation during 6 months.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
A-CP/g/rdp/ro/7/a	$r = -.07$	

Correlational finding on Happiness and Self-perceived reputation

Subject code: S2.7.1

Study DEJON 1969

Reported in: DeJong-Gierveld, J.
De Ongehuwden. (The Unmarried).
Samson, 1969, Alphen a/d Rijn, Netherlands.
Page in Report: 191

Population: 30-55 aged, general public, Amsterdam, The Netherlands, 1965

Sample:

Non-Response: 31%;

N: 600

Correlate

Authors label: Perceived appreciation by colleagues. (1)

Our classification: Self-perceived reputation, code S2.7.1

Measurement: Question rated on a 3-point scale.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-SL?/?/sq/v/5/a</u>	<u>r=+</u>	Never married males : r = +.16 (ns) Married males : r = +.08 (ns) Never married females: r = +.10 (025) Married females : r = +.16 (ns)

Correlational finding on Happiness and Self-perceived reputation

Subject code: S2.7.1

Study DEJON 1969

Reported in: DeJong-Gierveld, J.
De Ongehuwden. (The Unmarried).
Samson, 1969, Alphen a/d Rijn, Netherlands.
Page in Report:

Population: 30-55 aged, general public, Amsterdam, The Netherlands, 1965

*Sample:**Non-Response:* 31%;*N:* 600

Correlate

Authors label: Perceived positive image. (1)*Our classification:* Self-perceived reputation, code S2.7.1*Measurement:* Expected agreement of married persons with 3 positive statements about singles: singles have an easy carefree life, a better financial position, a lot of leisure time.

Observed Relation with Happiness

*Happiness Measure**Statistics Elaboration/Remarks*[O-SL?/?/sq/v/5/a](#)r=

Computed for never marrieds only.

Males : r = -.04

Females: r = +.06

Correlational finding on Happiness and Self-perceived reputation

Subject code: S2.7.1

Study

DEJON 1969

Reported in: DeJong-Gierveld, J.
De Ongehuwden. (The Unmarried).
Samson, 1969, Alphen a/d Rijn, Netherlands.
Page in Report:*Population:* 30-55 aged, general public, Amsterdam, The Netherlands, 1965*Sample:**Non-Response:* 31%;*N:* 600

Correlate

Authors label: Perceived negative image. (1)

Our classification: Self-perceived reputation, code S2.7.1

Measurement: Expected agreement of married persons with 11 negative statements about singles: singles like being on their own, live a frivolous life, are often jealous, shy, unattractive, reserved, etc.

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
O-SL?/?/sq/v/5/a	<u>r=-</u>	Computed for never marrieds only.
		Males : r = -.19
		Females: r = -.03

Correlational finding on Happiness and Self-perceived reputation

Subject code: S2.7.1

Study GORDO 1975

Reported in: Gordon, R.M.
The Effects of Interpersonal and Economic Resources upon Values and the Quality of Life.
Unpublished PhD Dissertation, Dept. of Social Psychology, Temple University, 1975, Pennsylvania, USA
Page in Report: 85, 87

Population: Undergraduate students, Temple University, Pennsylvania, USA, 1973

Sample:

Non-Response:

N: 346

Correlate

Authors label: Status (1)

Our classification: Self-perceived reputation, code S2.7.1

Measurement: Direct question: "I often feel important and respected now". Rated on a 9-point scale ranging from 1='lowest, not at all, never' to 9='highest, completely, always'

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>O-HL/g/sq/n/9/a</u>	<u>r=+.36</u>	
<u>O-HL/g/sq/n/9/a</u>	<u>rpc= .00</u>	rpc controlled for selfperceived receipt of: love, services, financial security, sex and information.

Correlational finding on Happiness and Self-perceived reputation

Subject code: S2.7.1

Study HEADE 1981

Reported in: Headey, B.
The Quality of Life in Australia
Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/BF00286195
Page in Report: 165

Population: Adults, general public, Australia 1978

Sample: Probability sample (unspecified)

Non-Response: not reported

N: 679

Correlate

Authors label: Respect index

Our classification: Self-perceived reputation, code S2.7.1

Measurement: Index of two single questions on satisfaction with:
 a: How fairly you get treated
 b: Respect and recognition you get
 Both items scored on 1-9 rating scale, summation by average.

Measured Values: M = 6.8 SD = 1.1

Remarks: Both items scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqt/v/9/a</u>	<u>r=+.53</u> <u>p<.001</u>	

Correlational finding on Happiness and Self-perceived reputation

Subject code: S2.7.1

Study ROSEN 1997

Reported in: Rosenfield, S.
 Labeling mental illness: The Effects of received Services and perceived Stigma on Life Satisfaction
 American Sociological Review, 1997, Vol. 62, 660-672. ISSN 0003 1224
 Page in Report: 664, 665

Population: 20-70 Chronic mental patients, USA, 1989,

Sample: Non-probability purposive sample

Non-Response: 7%

N: 157

Correlate

Authors label: Perceived stigma

Our classification: Self-perceived reputation, code S2.7.1

Measurement: Selfreport on questions concerning the perception of a former patient about

- the extent to which most people would accept them as
 - a: a friend
 - b: a worker
- whether they are seen as
 - c: less trustworthy
 - d: less intelligent than others

Options:

0=no

1=yes

Measured Values: 0: a=65%; b=77%; c=57%; d=53%

Error Estimates: Alpha=.88

Remarks: Link's (1987,89) devaluation-discrimination scale. The scale focuses on perceptions of stigma rather than stigmatizing experiences.

Observed Relation with Happiness

Happiness Measure

Statistics

Elaboration/Remarks

O-DT/u/sqt/v/7/a

Beta=-.23
p<.05

Beta controlled for:

- demographic characteristics
- clinical characteristics
- Received services:
 - vocational rehabilitation
 - financial support
 - empowerment
 - mental illness/chemical abuse groups
 - time in leisure activities
 - structure for leisure time

Correlational finding on Happiness and Self-perceived reputation
Subject code: S2.7.1

Study

VENTE 1995

Reported in: Ventegodt, S.

Livskvalitet i Danmark. (Quality of Life in Denmark).

Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>

Page in Report: 278

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: attractiveness (1)

Our classification: Self-perceived reputation, code S2.7.1

Measurement: Single question:

" Do you feel sexually attractive ?"

1: no

2: not sure

3: yes

Measured Values: N: 1:254, 2:673, 3:440

Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.15</u> <u>p<.00</u>	1: Mt=7.20 2: Mt=7.76 3: Mt=8.10 All Mt=7.76
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.13</u> <u>p<.00</u>	1: Mt=7.09 2: Mt=7.35 3: Mt=7.81 All Mt=7.45

O-HL/c/sq/v/5/hr=+.16

1: Mt=6.58

p<.00

2: Mt=6.81

3: Mt=7.40

All Mt=6.96

Correlational finding on Happiness and Self-perceived reputation

Subject code: S2.7.1

Study

VENTE 1995

Reported in: Ventegodt, S.

Livskvalitet i Danmark. (Quality of Life in Denmark).

Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>

Page in Report: 364

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: believing that other people speak well of oneself (1)

Our classification: Self-perceived reputation, code S2.7.1

Measurement: Single question:

"Do you think that other people mostly think and speak well of you ?"

1: no

2: not sure

3: yes

Measured Values: N: all:1442, 1:96, 2:473, 3:873

Observed Relation with Happiness

*Happiness
Measure*

Statistics Elaboration/Remarks

A-AOL/m/sq/v/5/a $r=+.19$ 1: Mt=7.14
 $p<.00$ 2: Mt=7.33
 3: Mt=8.11
 All Mt=7.79

O-SLu/c/sq/v/5/e $r=+.21$ 1: Mt=6.73
 $p<.00$ 2: Mt=6.96
 3: Mt=7.81
 All Mt=7.46

O-HL/c/sq/v/5/h $r=+.15$ 1: Mt=6.49
 $p<.00$ 2: Mt=6.63
 3: Mt=7.19
 All Mt=6.96

Correlational finding on Happiness and Self-perceived reputation

Subject code: S2.7.1

Study VENTE 1996

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 292

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: attractiveness

Our classification: Self-perceived reputation, code S2.7.1

Measurement: Single question:
 "Do you feel sexually attractive?"
 1: No
 2: Not sure
 3: Yes

Measured Values: N: All:4514; 1:549; 2:2003; 3:1962

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>$r=+.18$</u> <u>$p<.00$</u>	1: Mt=6.99 2: Mt=7.59 3: Mt=8.13
<u>O-SLu/c/sq/v/5/e</u>	<u>$r=+.18$</u> <u>$p<.00$</u>	1: Mt=6.64 2: Mt=7.25 3: Mt=7.83
<u>O-HL/c/sq/v/5/h</u>	<u>$r=+.17$</u> <u>$p<.00$</u>	1: Mt=6.36 2: Mt=6.85 3: Mt=7.39

Correlational finding on Happiness and Self-perceived reputation

Subject code: S2.7.1

Study **VENTE 1996**

Reported in: Ventegodt, S.
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN
 8790190068 <http://www.livskvalitet.org/t2/index.asp>
 Page in Report: 386

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: believing that people speak well of oneself

Our classification: Self-perceived reputation, code S2.7.1

Measurement: Single question:
 "Do you believe that other people mostly think and speak well of you ?"
 1: no
 2: not sure
 3: yes

Measured Values: N: All:4572; %: 1: 7,2; 2:29,5; 3:63,2

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.20</u> <u>p<.00</u>	1: Mt=6.86 2: Mt=7.28 3: Mt=8.06
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.19</u> <u>p<.00</u>	1: Mt=6.58 2: Mt=6.95 3: Mt=7.74
<u>O-HL/c/sq/v/5/h</u>	<u>r=+.17</u> <u>p<.00</u>	1: Mt=6.33 2: Mt=6.63 3: Mt=7.29

Correlational finding on Happiness and Congruency self-image and reputation

Subject code: S2.7.2

Study IRWIN 1979

Reported in: Irwin, R.; Kammann, R.; Dixon, G.
 If you Want to Know how Happy I am ,You'll have to Ask me.
 New Zealand Psychologist, Vol. 8, 1979, 10 - 12
 Page in Report: 11

Population: Singles, Dunedin New Zealand, 1975

Sample:

Non-Response:

N: 78

Correlate

Authors label: Perceptual accuracy (1)

Our classification: Congruency self-image and reputation, code S2.7.2

Measurement: Correspondence of self-rating of Ss' happiness with ratings of Ss' happiness by two flatmates.
 Flatmates rated how they thought the Ss WILL rate themselves and how they SHOULD rate if they were honest to themselves.
 These ratings appeared largely identical and were added.

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-FH/cm/sq/v/7/a</u>	<u>r=+.27</u> <u>p<.05</u>	

Correlational finding on Happiness and Congruency self-image and reputation

Subject code: S2.7.2

Study LOWEN 1975

Reported in: Lowenthal, M.F.; Thurnher, M.; Chiriboga, D.
 Four Stages of Life. A Comparative Study of Women and Men Facing Transition.
 Jossey-Bass, 1975, San Fransisco, USA
 Page in Report: 93

Population: People in transition, metropolis, USA, 1969

Sample:

Non-Response:

N: 216

Correlate

Authors label: Respondent- interviewer agreement (1)

Our classification: Congruency self-image and reputation, code S2.7.2

Measurement: Correlation between respondents score on the Adjective Rating List (Block, 1961) as produced by himself vs produced by the interviewer.

Remarks: hs seniors males: r= ns females: r= ns newly weds
 males: r= ns females: r=+.50 (05)
 middle aged males: r= ns females: r= ns preretired
 males: r= ns females: r= ns

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-BB/cw/mq/v/4/d</u>	<u>r=+.29</u> <u>p<.01</u>	Youngest (hs seniors + newly-weds)
<u>A-BB/cw/mq/v/4/d</u>	<u>r= ns</u>	Oldest (middle aged + preretired)

Correlational finding on Happiness and Congruency self-image and reputation

Subject code: S2.7.2

Study LOWEN 1975

Reported in: Lowenthal, M.F.;Thurnher, M.; Chiriboga, D.
Four Stages of Life. A Comparative Study of Women and Men Facing Transition.
Jossey-Bass, 1975, San Fransisco, USA
Page in Report: 93

Population: People in transition, metropolis,USA, 1969

Sample:

Non-Response:

N: 216

Correlate

Authors label: Respondent- interviewer agreement (2)

Our classification: Congruency self-image and reputation, code S2.7.2

Measurement: Correlation between respondents score on the Adjective Rating List (Block, 1961) as produced by himself vs produced by the interviewer.

Remarks: hs seniors males: $r=+.38$ ns females: $r=$ ns newly weds
males: $r=+.37$ ns females: $r=+.40$ 05
middle aged males: $r=$ ns females: $r=$ ns preretired
males: $r=$ ns females: $r=$ ns

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-Sum/u/mq/*/0/a</u>	<u>$r=+.39$</u> <u>$p<.01$</u>	Youngest (hs seniors + newly-weds)
<u>O-Sum/u/mq/*/0/a</u>	<u>$r=+.24$</u> <u>$p<.05$</u>	Oldest (middle aged + preretired)

Correlational finding on Happiness and Congruency self-image and reputation
Subject code: S2.7.2

Study MAGNU 1991

Reported in: Magnus, K.; Diener, E.
A Longitudinal Analysis of Personality, Life Events, and Subjective Well-Being.
Paper presented at the 63rd Annual Meeting of the Midwestern Psychological
Association. 1991, Chicago, USA
Page in Report: 26

Population: University students, USA, followed 4 years 1986-1990

Sample: Non-probability chunk sample

Non-Response:

N: 130

Correlate

Authors label: Peer satisfaction with life

Our classification: Congruency self-image and reputation, code S2.7.2

Measurement: Ratings of informant on four questions:

Using the 1-5 scale below, indicate your agreement with each of the items by placing the appropriate number on the line preceding that item. Please be open and honest in your responding.

A In most ways life is close to ideal

B The conditions of life are excellent

C He/she is satisfied with life

D So far, he/she has gotten the important things he/she wants in life

E If he/she could live life over, he/she would change nothing

Answers rated:

5 strongly agree

4 slightly agree

3 neither agree nor disagree

2 slightly disagree

1 strongly disagree

Computation: A+B+C+D+E divided by 5

Remarks: At least seven informants for each participant: at least three from family members and three others from friends. Assessed at T1(1986) and T2(1990)

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-FH/g/sq/n/11/a</u>	<u>$r=+.43$</u> <u>$p<.05$</u>	T1 peer SWLS by T2 happiness
<u>M-FH/g/sq/n/11/a</u>	<u>$r=+.52$</u> <u>$p<.05$</u>	T2 peer SWLS by T2 happiness
<u>O-Sum/g/fi/?/7/a</u>	<u>$r=+.44$</u> <u>$p<.05$</u>	T2 peer SWLS by T1 happiness
<u>O-DT/u/sq/v/7/a</u>	<u>$r=+.53$</u> <u>$p<.05$</u>	T2 peer SWLS by T1 happiness
<u>M-FH/g/rdp/v/10/a</u>	<u>$r=+.45$</u> <u>$p<.05$</u>	T2 peer SWLS by T1 happiness
<u>M-FH/g/rdp/v/10/a</u>	<u>$r=+.43$</u> <u>$p<.05$</u>	T1 peer SWLS by T2 happiness T1-T2 4 years interval

Correlational finding on Happiness and Attitudes to own reputation

Subject code: S2.7.3

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
Page in Report: 156

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%*N:* 1072

Correlate

Authors label: Satisfaction with admiration or respect by others (2)*Our classification:* Attitudes to own reputation, code S2.7.3

Measurement: Closed question: "How do you feel about how much you are admired or respected by other people?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SLV/u/sq/t/101/a	r=+.25	
O-SLW/c/sq/n/7/a	r=+.27	

Correlational finding on Happiness and Attitudes to own reputation

Subject code: S2.7.3

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 156

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Satisfaction with admiration or respect by others (3)

Our classification: Attitudes to own reputation, code S2.7.3

Measurement: Closed question: "How do you feel about how much you are admired or respected by other people?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
O-SLV/u/sq/t/101/a	r=+.25	
O-SLW/c/sq/n/7/a	r=+.27	

Correlational finding on Happiness and Attitudes to own reputation

Subject code: S2.7.3

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Satisfaction with admiration or respect by others (4)

Our classification: Attitudes to own reputation, code S2.7.3

Measurement: Closed question: "How do you feel about how much you are admired or respected by other people?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>E²=+.34</u>	

Correlational finding on Happiness and Attitudes to own reputation

Subject code: S2.7.3

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:

Non-Response: 38%

N: 1072

Correlate

Authors label: Satisfaction with admiration or respect by others (1)

Our classification: Attitudes to own reputation, code S2.7.3

Measurement: Closed question: "How do you feel about how much you are admired or respected by other people?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>E²=+.34</u>	

Correlational finding on Happiness and Attitudes to own reputation

Subject code: S2.7.3

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with acceptance by others (2)

Our classification: Attitudes to own reputation, code S2.7.3

Measurement: Closed question: "How do you feel about how much you are accepted and included by others?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>E²=+.50</u>	

Correlational finding on Happiness and Attitudes to own reputation

Subject code: S2.7.3

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with respect from others (2)

Our classification: Attitudes to own reputation, code S2.7.3

Measurement: Closed question: "How do you feel about the amount of respect you get from others?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt(v/7/a</u>	<u>E²=+.39</u>	

Correlational finding on Happiness and Attitudes to own reputation

Subject code: S2.7.3

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 156

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%

N: 1433

Correlate

Authors label: Satisfaction with acceptance by others (1)

Our classification: Attitudes to own reputation, code S2.7.3

Measurement: Closed question: "How do you feel about how much you are included and accepted by others?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
C-BW/cy/sq/l/9/a	r=+.35	

Correlational finding on Happiness and Attitudes to own reputation
 Subject code: S2.7.3

Study ANDRE 1976/4

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 156

Population: 18+ aged, general public, non-institutionalized, USA, 1973/3

Sample:

Non-Response: 26%*N:* 1433

Correlate

Authors label: Satisfaction with respect from others (1)*Our classification:* Attitudes to own reputation, code S2.7.3

Measurement: Closed question: "How do you feel about how sincere and honest other people are?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
C-BW/cy/sq/l/9/a	r=+.25	

Correlational finding on Happiness and Attitudes to own reputation

Subject code: S2.7.3

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
 Social Indicators of Well-being: Americans' Perceptions of Life Quality
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1
 Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7*Sample:**Non-Response:**N:* 222

Correlate

Authors label: Satisfaction with admiration and acceptance by others (1)

Our classification: Attitudes to own reputation, code S2.7.3

Measurement: 3-item index containing satisfaction with how much one is admired or respected by other people, with how one gets on with other people, and with how much one is accepted and included: "How do you feel about...?"
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqt/v/7/a</u>	<u>r=+.53</u>	
<u>O-HL/c/sq/v/3/aa</u>	<u>r=+.30</u>	
<u>C-BW/cy/sq/l/9/a</u>	<u>r=+.15</u>	
<u>A-BB/cm/mq/v/2/a</u>	<u>r=+.24</u>	
<u>O-HL/u/sq/v/7/b</u>	<u>r=+.53</u>	
<u>M-AO/u/sq/f/7/a</u>	<u>r=+.38</u>	

Appendix 1: Happiness Items used

<i>Happiness Item Code</i>	<i>Full Text</i>
A-AOL/c/sq/v/5/c	Selfreport on single question: How well do you feel these days? Is your current well-being....? 0 very low 1 2 3 4 very high

A-AOL/cy/sq/v/10/a Selfreport on single question:

"In thinking over the past year, indicate how elated or depressed, happy or unhappy you have felt....?"

10 Complete elation, rapturous joy and soaring ecstasy

9 Very elated and in very high spirits. Tremendous delight and buoyancy.

8 Elated and in high spirits.

7 Feeling very good and cheerful.

6 Feeling pretty good , "OK".

5 Feeling a little bit low. Just so-so.

4 Spirits low and somewhat "blue".

3 Depressed and feeling very low. Definitely "blue".

2 Tremendously depressed.

Feeling terrible, really miserable, "just awful".

1 Utter depression and gloom. Completely down.

All is black and leaden. Wish it were all over.

A-AOL/g/sq/v/5/a Selfreport on single question:

"In general, how would you say you feel most of the time - in good spirits or in low spirits....?"

5 very good spirits

4 fairly good spirits

3 neither good spirits nor low spirits

2 fairly low spirits

1 very low spirits.

A-AOL/m/sq/v/5/a Single direct question:

How are you feeling now....?

5 very good

4 good

3 neither good nor poor

2 poor

1 very poor

A-AOL/se/sq/v/7/a Selfreport on single question

"Taken things together: how did you feel since you got ill....?"

7 very good

6

5

4

3

2

1 very bad

A-AOL/u/mq/v/10/a Selfreport on 4 questions:

"The following are statements of feelings or mood. Please read them over and then indicate which of these overall feelings best describes your feelings."

- A) Right now you feel
- B) The best you felt today
- C) The worst you felt today ...
- D) The way you usually feel ...

Response options:

- 10. Complete elations, rapturous joy, and soaring ecstasy.
- 9. Very elated and in very high spirits; tremendous delight and buoyancy.
- 8. Elated and in high spirits.
- 7. Feeling very good and cheerful.
- 6. Feeling pretty good, "OK".
- 5. Feeling a little bit low. Just so-so.
- 4. Spirits low and somewhat blue.
- 3. Depressed and feeling very low. Definitely blue.
- 2. Tremendously depressed. Feeling terrible, really miserable, "just awful".
- 1. Utter depression and gloom. Completely down. All is black and leaden. Wish it were all over.

Summation: average scores on A,B,C,D.

Name: Elation-Depression Scale (variant)

A-ARE/md/sqr/v/10/a Selfreport on single question, repeated every evening before retiring during 3 weeks (experience sampling).

"On the average, how happy or unhappy did you feel today....?"

- 1 Extremely unhappy. Utterly depressed. Completely down.
- 2 Very unhappy. Depressed. Spirits very low.
- 3 Pretty unhappy. Somewhat 'blue'. Spirits down.
- 4 Mildly unhappy. Just a little low.
- 5 Barely unhappy. Just this side of neutral.
- 6 Barely happy. Just this side of neutral.
- 7 Mildly happy. Feeling fairly good and somewhat cheerful.
- 8 Pretty happy. Spirits high. Feeling good.
- 9 Very happy. Feeling really good. Elated.
- 10 Extremely happy. Feeling ecstatic, joyous, fantastic.

Name: Wessman & Ricks' "Elation - Depression Scale" (adapted version)

A-ARE/md/sqr/v/10/
b Selfreport on single question, answered every evening before retiring during six weeks (experience sampling)

"On average; how elated or depressed, happy or unhappy you felt today....?"

10 Complete elation, rapturous joy and soaring ecstasy

9 Very elated and in very high spirits. Tremendous delight and buoyancy

8 Elated and in high spirits

7 Feeling very good and cheerful

6 Feeling pretty good , "OK"

5 Feeling a little bit low. Just so-so

4 Spirits low and somewhat 'blue'

3 Depressed and feeling very low.
Definitely 'blue'

2 Tremendously depressed.

Feeling terrible, really miserable, "just awful"

1 Utter depression and gloom. Completely down.

All is black and leaden. Wish it were all over.

Name: Wessman & Ricks' `Elation - depression scale'

A-BB/cm/mq/v/2/a Selfreport on 10 questions:

During the past few weeks, did you ever feel? (yes/no)

A Particularly exited or interested in something?

B So restless that you couldn't sit long in a chair?

C Proud because someone complimented you on something you had done?

D Very lonely or remote from other people?

E Pleased about having accomplished something?

F Bored?

G On top of the world?

H Depressed or very unhappy?

I That things were going your way?

J Upset because someone criticized you?

Answer options and scoring:

yes = 1

no = 0

Summation:

-Positive Affect Score (PAS): A+C+E+G+I

-Negative Affect Score (NAS): B+D+F+H+J

-Affect Balance Score (ABS): PAS minus NAS

Possible range: -5 to +5

Name: Bradburn's 'Affect Balance Scale' (standard version)

A-BB/cm/mq/v/5/a

Selfreport on 13 questions:

"During the past four weeks have you ever felt....?" (yes/no)

A Pleased about having accomplished something.

B Things going my way.

C Proud because someone complimented me on something I had done.

D Particularly excited or interested in something I had done.

E On top of the world.

F A deep sense of joy.

G Pleased because my life feels orderly and secure.

H Bored.

I Very lonely and remote from other people.

J Jealous of somebody.

K Angry with someone.

L Disappointed in myself..

M Unhappy about the small number of times I have pleasant feelings and experiences.

Answer options:

0 no

yes

If yes: How often did you feel so?

5 every day

4 several times a week

3 once a week

2 2 or 3 times a month

1 once a month

Summation:

- Positive Affect Score (PAS): Average A to G

- Negative Affect Score (NAS): Average H to M

- Affect Balance Score (AB): PAS minus NAS

Possible range: +42 tot -30

Name : Bradburn's "Affected Balance Scale' (modified version)

A-BB/cw/mq/v/4/c

Selfreport on 8 questions:

" In the past few weeks did you ever feel.....?"

A Pleased about having accomplished something

B Upset because someone critized you

C Proud because someone complimented you one something you had done

D That things are going your way

E So restless you couldn't sit long in a chair

F Unhappy or depressed

G Particularly interested in something

H Lonely and remote from other people

Response options:

0 not at all

1 sometimes

2 often

3 very often

Scoring: a = 0.....d = 3

Summation:

Positive Affect Score (PAS): summed scores on A, C, D, G

Negative Affect Score (NAS): summed scores on B, E, F, H

Affect Balance Score (ABS): PAS minus NAS

Name: Bradburn's Affect Balance Scale (variant)

A-BB/cw/mq/v/4/d

Selfreport on 8 questions.

"During the past week, did you ever feel.....?"

A very lonely

B restless

C bored

D depressed

E on top of the world

F exited or interested

G pleased about accomplishment

H proud

Answer options:

1 never

2 once

3 several times

4 often

Summation:

-Positive Affect Score (PAS): E+F+G+H

-Negative Affect Score (NAS): A+B+C+D

-Affect Balance Score (ABS): PAS-NAS+13

Name: Bradburn's Affect Balance Scale (modified version)

A-BD2/cm/mq/v/7/b Selfreport on 8 questions:

Using the scale below, indicate how much of the time during the PAST MONTH have you felt each emotion?

A affectionate

B joyful

C sad

D worried

E irritable

F guilty

G happy

H proud

1 never

2 slight amount (rare)

3 some of the time

4 about half the time

5 much of the time

6 almost always

7 always

Computation: $(A+B+G+H)-(C+D+E+F)/8$

Name: Diener's 'Affect Balance'

A-BK/cm/mq/v/5/b Selfreport on 48 questions:

SENTENCES

Each of the sentences below describes a FEELING. Mark HOW OFTEN you had that feeling during the past few weeks.

A Nothing goes right with me

B I feel close to people around me

C I feel as though the best years of my life are over

D I feel my life is on the right track

E I feel loved and trusted

F My work gives me a lot of pleasure

G I don't like myself

H I feel very tense

I I feel life isn't worth living

J I am content with myself

K My past life is filled with failure

L Everything I do seems worthwhile

M I an't be bothered doing anything

N I feel I can do whatever I want to

O I have lost interest in other people and don't care about them

P Everything is going right for me

Q I can express my feelings and emotions towards other people

R I'm easy going

S I seem to be left alone when I don't want to be

T I wish I could change some parts of my life
U I seem to have no real drive to do anything
V The future looks good
W I become very lonely
X I can concentrate well on what I'm doing
Y I feel out of place
Z I think clearly and creatively
AA I feel alone
AB I feel free and easy
AC I smile and laugh a lot
AD I feel things are going my way
AE The world seems a cold and impersonal place
AF I feel I've made a mess of things again
AG I feel like hiding away
AH I feel confident about decisions I make
AI I feel depressed for no apparent reason
AJ I feel other people like me
AK I feel like a failure
AL I feel I'm a complete person
AM I'm not sure I'm done the right thing
AN My future looks good
AO I'm making the most out of my life
AP Everything is going right for me
AQ I feel unimportant
AR I feel as though there must be something wrong with me
AS I don't feel like making the effort to do anything
AT I feel confident in my dealings with the opposite sex
AU I want to hurt those who have hurt me
AV The results I have obtained make my efforts worthwhile

ADJECTIVES

Each of the objectives below describe a FEELING. Mark HOW OFTEN you had that feeling during the past few weeks;

A Confident
B Hopeless
C Pleasant
D Insignificant
E Discontented
F Healthy
G Dejected
H Annoyed
I Down
J Glad
K Glowing
L Relaxed
M Comfortable
N Moody
O Understood
P Blue
Q Miserable
R Joyful

S Tense
T Insecure
U Shaky
V Satisfied
W Safe
X Successful
Y Free
Z Sad
AA Good-natured
AB Impatient
AC Rejected
AD Lively
AE Frustrated
AF Fearful
AG Lonely
AH Warm
AI Contented
AJ Good
AK Secure
AL Disappointed
AM Understanding
AN Depressed
AO Low
AP Calm
AQ Unhappy
AR Upset
AS Empty
AT Enthusiastic
AU Happy
AV Vibrant

Answer options:

0 not at all
1 occasionally
2 some of the time
3 often
4 all of the time

Summation:

-Positive Affect Score (PAS): mean positive items
-Negative Affect Score (NAS): mean negative items
-Affect Balance Score (ABS): PAS minus NAS
Possible range - 4 to +4

Name: Kamman's Affectometer 1: version last month

A-BMr/cm/mq/v/5/a Selfreport on 12 questions:

During the past 30 days, how much of the time did you feel ..?

A So sad nothing could cheer you up

B Nervous

C Restless or fidgety

D Hopeless

E That everything was an effort

F Worthless

G Cheerful

H In good spirits

I Extremely happy

J Calm and peaceful

K Satisfied

L Full of life

Computation: $(G+H+I+J+K+L) - (A+B+C+D+E+F)$

Name: Mroczek & Kolarz (1998) Affect Balance Scale

A-CA/mh/ri/v/2/b Interviewer-rating of cheerfulness:

Altogether the respondent looks.....

2 quite cheerful

1 not too cheerful

- difficult to say

Part of the 8 item Allensbacher Ausdrücktest which also involves ratings of cheerful appearance in: look, mouth, posture, movements, eyes, elbows and lips. This general rating is the last item in the test.

A-CP/g/rdp/ro/7/a Peer rating on single question (based on contact during 6 months):

Rater instruction: "personal qualities are named and briefly annotated in this schedule. If you have any doubt as to the meaning of any of them, please ask me (investigator)

2. In the columns under each subject's name, place one of the marks for each of the qualities specified (+3, +2, +1, 0, -1, -2, -3) To avoid errors, please put the + sign as well as the -

'General tendency to be 'cheerful' (as opposed to being depressed and low spirited)

+3 very high compared to average

+2 distinctly above average

+1 slightly above average

0 average

-1 slightly below average

-2 distinctly below average

-3 lowest as compared to average

C-ASG/h/mq/v/5/a Selfreport on 2 questions:

A. "How important was each of the following goals in life in the plans you made for yourself in early adulthood?"

- occupational success
- family life
- friendships
- richness of cultural life
- total service to society.

1 less important to me than to most people

2

3

4

5 of prime importance to me

B. "How successful have you been in the pursuit of these goals?"

1 little satisfaction in this area

2

3

4

5 had excellent fortune in this respect

Computation: General Satisfaction 5 is the quotient obtained by multiplying the planned goal (early adulthood) by the reported success in attaining that goal, adding the five of these multiplied areas and dividing them by the sum of the planned goals for each of the areas.

$Pa.Sa + Pb.Sb + Pc.Sc + Pd.Sd + Pe.Se$

$Pa + Pb + Pc + Pd + Pe$

Pa = planned goal a (1-5)

Sa = success goal a (1-5)

C-ASG/h/mq/v/8/a Selfreport on 2 questions:

A

"How important was each of the following goals in life in the plans you made for yourself in early adulthood?"

-

-

- joy in living

4 of prime importance to me

3

2

1 less important to me than to most people

B.

"How successful have you been in the pursuit of these goals?"

5 had excellent fortune in this respect

4
3
2
1 little satisfaction in this area

Computation: Life satisfaction score = Perceived success in achieving joy in living now (B) minus remembered importance of joy in living in early adulthood (A)

C-BW/?/sq/?/11/a

Selfreport on single question:

...how things are going in your life.. (full item not reported)

0 the worst possible life you could imagine

1

2

3

4

5

6

7

8

9

10 the best possible life you could imagine

C-BW/c/sq//11/a

Selfreport on single question:

"Here is a picture of a ladder. Suppose we say that the top of the ladder represents the best possible life for you and the bottom represents the worst possible life for you. Where on the ladder do you feel you personally stand at the present time?"

[10] best possible life

[9]

[8]

[7]

[6]

[5]

[4]

[3]

[2]

[1]

[0] worst possible life

Preceded by 1) open questions about what the respondent imagines as the best possible life and the worst possible life. 2) ratings on the ladder of one's life five years ago and where on the ladder one expects to stand five years from now.

Name: Cantril's self anchoring ladder rating of life (original)

C-BW/cy/sq/l/9/a

Selfreport on single question:

"Here is a picture of a ladder. At the bottom of the ladder is the worst life you might reasonably expect to have. At the top is the best life you might expect to have. Of course, life from week to week falls somewhere in between. Where was your life most of the time during the past year?"

[9] best life you might expect to have

[8]

[7]

[6]

[5]

[4]

[3]

[2]

[1] worst life you might expect to have

Name: Cantril's self anchoring ladder rating (modified version)

C-RG/h/fi/v/5/a

Selfreport in focused interview:

Content analysis of interview records by independent judges.

Interviews focused on the extent to which S feels he has achieved his goals in life, whatever those goals might be; feels he has succeeded in accomplishing what he regards as important. High ratings go, for instance, to S who says, "I've managed to keep out of jail" just as to R who says, "I managed to send all my kids through college". Low ratings go to R who feels he's missed most of his opportunities, or who says, "I've never been suited to my work", or "I always wanted to be a doctor, but never could get there". Also to R who wants most to be "loved", but instead feels merely "approved". (Expressions of regret for lack of education are not counted because they are stereotyped responses among all but the group of highest social status).

Rating options:

5 Feels he has accomplished what he wanted to do. He has achieved or is achieving his own personal goals.

4 Regrets somewhat the chances missed during life. "Maybe I could have made more of certain opportunities".

Nevertheless, feels that he has been fairly successful in accomplishing what he wanted to do in life.

3 Has a fifty-fifty record of opportunities taken and opportunities missed. Would have done some things differently, if he had his life to live over. Might have gotten more education.

2 Has regrets about major opportunities missed but feels good about accomplishment in one area (may be his avocation).

1 Feels he has missed most opportunities in life.

C-RG/h/sq/l/11/a

Selfreport on single question:

How would you rate yourself as to how successful or unsuccessful you have been in terms of achieving your own goals and aims in life? Think of the top of the ladder as being completely successful, the bottom being entirely unsuccessful

[10] completely successful

[9]

[8]

[7]

[6]

[5]

[4]

[3]

[2]

[1]

[0] entirely unsuccessful

M-AO/c/mq/*/0/a

Selfreport on 4 questions:

A For the past five years, how much have you accomplished of what you planned in your life?

1 completely failed

2

3

4

5

6

7 completely accomplished

B How much are you satisfied with your life as a whole these days?

1 completely dissatisfied

2

3

4

5

6

7 completely satisfied

C How much do you enjoy your life these days?

3 a great deal

2 a fair amount

1 not very much

D How happy have you been for the past five years?

1 completely unhappy

2

3

4

5

6

7 completely happy

Summation: % positive answers

Response options A, D and C not reported in full detail

M-AO/u/sq/f/7/a

Selfreport on single question:

Which (of the faces) best described how you feel about your life as a whole?

7 completely happy

6

5

4 neither happy nor unhappy

3

2

1 completely unhappy

M-CO*/mq/v/3/a

Selfreport on 3 questions:

A

How often do you find yourself feeling disappointed about the ways things have turned out for you?

1 often

2 sometimes

3 hardly ever

B

All in all, how much happiness would you say you find in your life today?

1 almost none

2 some

3 a good deal

C

On the whole, how satisfied would you say you are with your life today?

1 not very satisfied

2 fairly satisfied

3 very satisfied

Summation: $A+B+C/3$

M-CO/h/sq/v/4/a

Selfreport on single question:

How do you feel things have worked out for you generally?

4 very well

3 fairly well

2 not very well

1 not at all well

M-FH/c/fi/v/5/a

Selfreport in focused interview:

Content analysis of interview records by two independent judges:

High ratings for R who expresses happy, optimistic attitudes and mood; who uses spontaneous positively-toned affective terms for people and things; who takes pleasure from life and expresses it. Low ratings for depression, 'feel blue and lonely'; for feelings of bitterness; for frequent irritability and anger. (Here not only R's verbalized attitudes in the interview were considered, but interferences were made from all the knowledge of his inter-personal relationships, how others react towards him).

Rating options

5 'This is the best time of my life'. Is nearly always cheerful, optimistic. Cheerfulness may seem unrealistic to an observer, but R shows no sign of 'putting up a bold front'.

4 Gets pleasure out of life, knows it and shows it. There is enough restraint to seem appropriate to a younger person. Usually feels positive affect. Optimistic.

3 Seems to move along on an even temperamental keel. Any depressions are neutralized by positive mood swings. Generally neutral-to-positive affect. May show some irritability

2 Wants things quiet and peaceful. General neutral-to-negative affect. Some depression.

1 Pessimistic, complaining, bitter. Complaints of being lonely. Feels 'blue' a good deal of the time. May get angry when in contact with people.

M-FH/cm/sq/v/7/a

Selfreport on single question:

"Over the past month I have been feeling.....?"

7 extremely happy

6 very happy

5 somewhat happy

4 mixed (about equally happy and unhappy)

3 somewhat unhappy

2 very unhappy

1 extremely unhappy

M-FH/cw/sq/v/5/a

Selfreport on single question:

"Taking all things together, how happy would you say you have been feeling OVER THE PAST WEEK. Please place an x by the choice which best describes how happy you have felt. Try to be as accurate as you can. Over the past week I have been feeling..."

5 very happy

4 happy

3 somewhat happy

2 unhappy

1 very unhappy

M-FH/g/rdp/v/10/a Peerrating using single question:

Use the list below to answer the following question: IN GENERAL, HOW HAPPY OR UNHAPPY DOES X USUALLY FEEL? Check the one statement that best describes his/her average happiness.

- 10 extremely happy (feeling ecstatic, joyous, fantastic!)
- 9 very happy (feeling really good and elated!)
- 8 pretty happy (spirits high, feeling good)
- 7 mildly happy (feeling fairly good and somewhat cheerful)
- 6 slightly happy (just a bit above neutral)
- 5 slightly unhappy (just a bit below neutral)
- 4 mildly unhappy (just a bit low)
- 3 pretty unhappy (somewhat "blue", spirits down)
- 2 very unhappy (depressed, spirits very low)
- 1 extremely unhappy (utterly depressed, completely down)

Name: Fordyce's overall happiness item, peer rating version

M-FH/g/sq/n/11/a Selfreport on single question:

"Generally speaking, how (much) do you feel happy? What score do you give if we put ten for 'extremely happy, zero for extremely unhappy' and five for neither happy nor unhappy'?"

- 10 extremely happy
- 9
- 8
- 7
- 6
- 5 neither happy nor unhappy
- 4
- 3
- 2
- 1
- 0 extremely unhappy

M-FH/g/sq/ol/11/a Selfreport on single question:

Do you feel happy in general?

0 minimum score

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

10 maximal score

Numbers presented on a horizontal line scale.

M-FH/g/sq/v/10/a	<p>Selfreport on single question:</p> <p>Use the list below to answer the following question: IN GENERAL, HOW HAPPY OR UNHAPPY DO YOU USUALLY FEEL? Check the one statement that best describes your average happiness.</p> <p>10 extremely happy (feeling ecstatic, joyous, fantastic!)</p> <p>9 very happy (feeling really good and elated!)</p> <p>8 pretty happy (spirits high, feeling good)</p> <p>7 mildly happy (feeling fairly good and somewhat cheerful)</p> <p>6 slightly happy (just a bit above neutral)</p> <p>5 slightly unhappy (just a bit below neutral)</p> <p>4 mildly unhappy (just a bit low)</p> <p>3 pretty unhappy (somewhat "blue", spirits down)</p> <p>2 very unhappy (depressed, spirits very low)</p> <p>1 extremely unhappy (utterly depressed, completely down)</p> <p>Name: Fordyce's overall happiness item.</p>
M-FH/g/sq/v/2/a	<p>Selfreport on single question:</p> <p>"Are you generally satisfied? "</p> <p>2 yes</p> <p>1 no</p>
M-FH/u/sq/v/3/a	<p>Selfreport on single question:</p> <p>Do you feel.....?</p> <p>3 happy</p> <p>2 not too happy</p> <p>1 unhappy</p>
M-FH/u/sq/v/7/a	<p>Self report on single question</p> <p>Do you feel happy?</p> <p>1 strongly disagree</p> <p>2 disagree</p> <p>3 slightly disagree</p> <p>4 neither agree or disagree</p> <p>5 slightly agree</p> <p>6 agree</p> <p>7 strongly agree</p>

M-PL/h/sq/v/5/b	<p>Selfreport on single question: following enumeration of lifegoals in six areas, the last of which was 'joy in living'</p> <p>" How successful have you been in pursuit of that goal.....?" (joy in living)</p> <p>5 had excellent fortune in this respect 4 3 2 1 found little satisfaction in this area</p>
M-TH/cm/sq/v/4/b	<p>Selfreport on single question</p> <p>Felt happy during the past month.. (full item not reported)</p> <p>3 all of the time 2 most of the time 2 some of the time 0 none of the time</p>
M-TH/cm/sq/v/5/a	<p>Selfreport on single question:</p> <p>During the past 4 weeks..... Have you been a happy person?</p> <p>5 all of the time 4 most of the time 3 some of the time 2 a little of the time 1 none of the time</p> <p>Item MH5 in SF-36 (Medical Outcome Study 36 item Short Form) version 2 (5-step rating scale)</p>
O-DT/c/sq/v/7/aa	<p>Selfreport on single question:</p> <p>How do you feel about your life as a whole right now.....?</p> <p>7 delightfull 6 very satisfying 5 satisfying 4 mixed 3 dissatisfying 2 very dissatisfying 1 terrible No opinion</p> <p>Name: Andrews & Withey's `Delighted-Terrible Scale' (modified version)</p>

O-DT/c/sq/v/7/b

Selfreport on single question:

How do you feel about your life as a whole right now.....?

- 1 terrible
- 2 unhappy
- 3 mostly dissatisfied
- 4 mixed (about equally satisfied and dissatisfied)
- 5 mostly satisfied
- 6 pleased
- 7 delighted
- neutral (neither satisfied nor dissatisfied)
- I never thought about it
- does not apply to me

Name: Andrews & Withey's 'Delighted-Terrible Scale' (modified version by Michalos)

O-DT/c/sq/v/7/c

Selfreport on single question:

Indicate the feeling you have now, generally speaking, how do you feel about your life...?

- 1 terrible
- 2 unhappy
- 3 mostly dissatisfied
- 4 mixed (about equally satisfied and dissatisfied)
- 5 mostly satisfied
- 6 pleased
- 7 delighted
- 8 neutral (neither satisfied nor dissatisfied)
- 9 never thought about it
- 10 does not apply to me

Scoring: 8, 9 and 10 left out

O-DT/u/sq/f/7/a

Selfreport on single question:

Which face comes closest to expressing feeling about life as a whole?

- 7 delighted
- 6 nvery satisfying
- 5 satisfying
- 4 mixed
- 3 dissatisfying
- 2 very dissatisfying
- 1 terrible
- No opinion

Name: Andrews & Withey's "Delighted-Terrible Scale" (modified version)

O-DT/u/sq/v/7/a

Selfreport on single question:

How do you feel about your life as a whole.....?

7 delighted

6 pleased

5 mostly satisfied

4 mixed

3 mostly dissatisfied

2 unhappy

1 terrible

Name: Andrews & Withey's 'Delighted-Terrible Scale' (original version)

O-DT/u/sqt/v/10/a

Selfreport on single question asked twice in interview,

"How do you feel about your life as a whole.....?"

10 delightful

9

8

7

6

5

4

3

2

1 terrible

Summation: mean

Name: Andrews & Withey's 'Delightful-Terrible Scale' (modified version)

O-DT/u/sqt/v/7/a

Selfreport on single question, asked twice in interview:

How do you feel about your life as a whole.....?

7 delighted

6 pleased

5 mostly satisfied

4 mixed

3 mostly dissatisfied

2 unhappy

1 terrible

Summation: arithmetic mean

Name: Andrews & Withey's "Delighted-Terrible Scale" (original version)

Also known as Lehman's 'Global lifesatisfaction'

O-DT/u/sqt/v/9/a	Selfreport on single question asked twice 'How do you feel about your life as a whole?' 1 terrible 2 very unhappy 3 unhappy 4 mostly dissatisfied 5 mixed feelings 6 mostly satisfied 7 pleased 8 very pleased 9 delighted
O-H?/?/sq/?/0/a	Selfreport on single question: ".....happiness....." (Full text not reported)
O-HL/c/sq/v/3/aa	Selfreport on single question: Taken all together, how would you say things are these days? Would you say that you are....? 3 very happy 2 pretty happy 1 not too happy
O-HL/c/sq/v/3/ad	Selfreport on single question: Taking all things together, how would you say you are these days? Would you say you are.....? 3 very happy 2 pretty happy 1 not too happy
O-HL/c/sq/v/3/cb	Selfreport on single question: In general, how happy are you these days? 3 very happy 2 pretty happy 1 not too happy
O-HL/c/sq/v/4/a	Selfreport on single question: Do you feel your life at present is.....? 4 very happy 3 quite happy 2 quite unhappy 1 very unhappy

O-HL/c/sq/v/5/c Selfreport on single question:

"Taking all things together, how would you say you are these days.....?"

- 5 extremely happy
- 4 very happy
- 3 happy
- 2 pretty happy
- 1 not too happy

O-HL/c/sq/v/5/d Selfreport on single question:

Taking your life as a whole now, are you.....?

- 5 very happy
- 4 quite happy
- 3 more happy than unhappy
- 2 more unhappy than happy
- 1 quite unhappy

O-HL/c/sq/v/5/h Selfreport on single question

'How happy are you now?'

- 5 very happy
- 4 happy
- 3 neither happy nor unhappy
- 2 unhappy
- 1 very unhappy

Original text in Danish:

'Hvor lykkelig er du for tiden?'

- 5 meget lykkelig
- 4 lykkelig
- 3 hverken eller
- 2 ullykkelig
- 1 meget ullykkelig

O-HL/g/sq/n/9/a Selfreport on single question:

Generally, how happy are you.....?

- 1 not at all
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9 completely

(Originally presented on a horizontal line scale)

O-HL/g/sq/v/3/c	<p>Selfreport on single question:</p> <p>"In general, how happy would you say you are.....?"</p> <p>3 very happy</p> <p>2 fairly happy</p> <p>1 not too happy</p>
O-HL/g/sq/v/5/a	<p>Selfreport on single question:</p> <p>In general, how happy would you say you are.....?</p> <p>1 very unhappy</p> <p>2</p> <p>3</p> <p>4</p> <p>5 very happy</p>
O-HL/m/sq/v/3/a	<p>Selfreport on single question :</p> <p>All things considered, how happy would you say you are right now.....?</p> <p>3 very happy</p> <p>2 pretty happy</p> <p>1 not too happy</p>
O-HL/u/sq/v/3/a	<p>Selfreport on single question:</p> <p>"Taking all together: how happy would you say you are? Would you say you are.....?"</p> <p>3 very happy</p> <p>2 pretty happy</p> <p>1 not too happy</p>
O-HL/u/sq/v/4/b	<p>Selfreport on single question:</p> <p>On the whole, how happy would you say you are.....?</p> <p>4 very happy</p> <p>3 fairly happy</p> <p>2 not very happy</p> <p>1 very unhappy</p>
O-HL/u/sq/v/7/a	<p>Selfreport on single question:</p> <p>Considering your life as a whole, would you describe it as.....?</p> <p>1 very unhappy</p> <p>2</p> <p> unhappy</p> <p>3</p> <p>4 an even mixture of unhappiness and happiness</p> <p>5</p> <p> happy</p> <p>6</p> <p>7 very happy</p> <p>no opinion</p>

O-HL/u/sq/v/7/b

Selfreport on single question:

How do you feel how happy you are.....?

7 delighted

6 pleased

5 mostly satisfied

4 mixed (about equally satisfied and dissatisfied)

3 mostly

2 unhappy

1 terrible

O-HP/g/mq/v/5/a

Selfreport on 6 questions:

" Describe the kind of person you are. Please read each sentence, then mark how often it is true for you"

1 I feel like smiling

2 I generally feel in good spirits

3 I feel happy

4 I am very satisfied with life

5 I find a good deal of happiness in life

6 I feel sad

Response options:

5 almost always true

4 often true

3 sometimes true

2 seldom true

1 never true

Summation: average

Possible range: 1 to 5

O-QLS/u/sq/v/5/a

Selfreport on single question:

'Please rate your quality of life in each of the six areas below.

Overall: This refers to your overall, general quality of life.

7 extremely satisfied

6 very satisfied

5 satisfied

4 both satisfied and dissatisfied

3 dissatisfied

2 very dissatisfied

1 extremely satisfied

O-SL?/?/sq/v/4/a	<p>Selfreport on single question:</p> <p>"..... how satisfied are you with your life-as-a-whole.....?" (Full question not reported) 1 not very satisfied 2 somewhat satisfied 3 very satisfied 4 extremely satisfied</p>
O-SL?/?/sq/v/5/a	<p>Selfreport on single question:</p> <p>"..... satisfaction with life" (full question not reported) 5 very satisfied 4 satisfied 3 don't know/satisfied 2 don't know/not satisfied 1 disappointed in life</p>
O-SL?/c/sq/v/3/a	<p>Selfreport on single question:</p> <p>".....satisfaction with present life....." (Full lead item not reported) 1 2 3 (Response options not reported)</p>
O-SL?/m/sq/?/7/a	<p>Selfreport on single question:</p> <p>".....satisfaction with life right now....." (Full question not reported)</p> <p>1 - 2 3 4 5 6 7 + Response options not reported.</p>
O-SLL/c/sq/n/0/a	<p>Selfreport on single question:</p> <p>"In general, how satisfying do you find the way you're spending your life these days.....?"</p> <p>Rated on numerical scale (steps and labels not reported)</p>

O-SLP/c/sq/l/11/a

Selfreport on single question :

"Some people seem to be quite happy and satisfied with their lives, while others seem quite unhappy and dissatisfied. Now look at this ladder (again). Suppose that a person who is entirely satisfied with his life would be at the top of the ladder and a person who is extremely dissatisfied with his life would be at the bottom of the ladder. Where would you put yourself on the ladder at the present stage of your life in terms of how satisfied or dissatisfied you are with your personal life?"

[10] entirely satisfied

[9]

[8]

[7]

[6]

[5]

[4]

[3]

[2]

[1]

[0] entirely dissatisfied

Name Cantril ladder rating (modified version)

O-SLu/c/sq/v/5/e

Selfreport on single question:

'How satisfied are you with your life now?'

5 very satisfied

2 satisfied

3 neither satisfied nor dissatisfied

2 dissatisfied

1 very dissatisfied

Original text in Danish:

'Hvor tilfreds er du med dit liv for tiden?'

5 meget tilfreds

4 tilfreds

3 hverken tilfreds eller utilfreds

2 utilfreds

1 meget utilfreds

O-SLu/u/sq/v/4/a

Selfreport on single question:

Overall, how satisfied are you with your life.....?

4 very satisfied

3 satisfied

2 dissatisfied

1 very dissatisfied.

- O-SLV/u/sq/t/101/a Selfreport on single question :
Where would you put your life as a whole on a feeling thermometer?
Rated on 'thermometer scale' (in grades)
0 degrees: very cold, negative
10
20
30
40
50
60
70
80
90
100 very warm, positive
- O-SLW/c/sq/n/7/a Selfreport on single question:

We have talked about various parts of your life, now I want to ask you about your life as a whole. How satisfied are you with your life as a whole these days.....?
7 completely satisfied
6
5
4 neutral
3
2
1 completely dissatisfied
- O-SLW/c/sq/n/9/a Selfreport on single question:

'All things considered, how satisfied are you with your life these days?'
1 completely dissatisfied
2
3
4
5
6
7
8
9 completely satisfied
- O-SLW/se/sq/?/7/a Selfreport on single question :

"How satisfied are you about your life as a whole since that time?" (onset of disease)
7 very satisfied
6
5
4
3
2
1 very dissatisfied

O-SLW/u/sq/n/11/
ca

Selfreport on single question:

Thinking about your own life and personal circumstances, how satisfied are you with your life as a whole?

1 very dissatisfied

2

3

4

5 neutral

6

7

8

9

10 very satisfied

First item in Cummins' 'Personal Well-being Scale' (labels used until 2005)

O-SLW/u/sq/v/5/d

Selfreport on single question:

Taking your life as a whole, are you?

5 very satisfied

4 quite satisfied

3 more satisfied than discontented

2 more discontented than satisfied

1 quite dissatisfied

O-SLW/u/sq/v/6/a

Selfreport on single question:

"How satisfying are these different aspects of your life? Indicate the number which best suits your situation. Life as a whole is....."

1 very dissatisfying

2 dissatisfying

3 rather dissatisfying

4 rather satisfying

5 satisfying

6 very satisfying

This item was followed by eight questions on life domain satisfactions.

O-SLW/u/sq/v/7/a Selfreport on single question, asked twice in interview:

Considering everything, how satisfied are you with your life as a whole.....?

7 completely satisfied
6
5
4
3
2
1 completely dissatisfied

Summation: both scores added
Possible range: 2 to 14

O-Sum/*/mq/v/5/b Self report on four questions:

A I am very satisfied with my life
B These are the best years of my life
C My life could be better than it is now
D The quality of my life is poor

Scoring
1 disagree strongly
2
3
4
5 agree strongly

Computation: $A+B+C+D/4$ (C and D reversed)

O-Sum/c/mq/v/5/a Selfreport on 3 questions:

A When you consider your present life as-a-whole, would you say you are....?

5 very happy
4 fairly happy
3 rather happy than unhappy
2 rather unhappy than happy
1 very unhappy
- DK/NA

B When you consider your present life as-a-whole, would you say you are.....?

5 very satisfied
4 fairly satisfied
3 rather satisfied than dissatisfied
2 rather dissatisfied than satisfied
1 fairly dissatisfied
- DK/NA

C How do you feel right now? Is your well-being.....?

5 very high
4 high
3 moderate

2 rather low

1 very low

- DK/NA

Summation: The summed scores were divided in three strata: low, medium and high quality of life

O-Sum/g/fi/?/7/a

Selfreport in in-depth interview about affective nature of one's life.
Rated on the level of happiness by an expert rater on a 1-7 scale

O-Sum/u/mq/*/0/a

Selfreport on 3 questions:

A. "Dissatisfied" and "Unhappy" responses on the Block (1961) Adjective Rating List.

B. Overall happiness. Single direct question: "Taking all things together, how would you say things are these days? Would you say you are?"

3 very happy

2 pretty happy

1 not too happy

C. Present-year score on Life-Evaluation Chart, ranging from:

1 low

2

3

4

5

6

7

8

9 high

Appendix 2: Statistics used

<i>Symbol</i>	<i>Explanation</i>
AoV	<p>ANALYSIS of VARIANCE (ANOVA)</p> <p>Type: statistical procedure</p> <p>Measurement level: Correlate(s): nominal, Happiness: metric.</p> <p>In an ANOVA, the total happiness variability, expressed as the sum of squares, is split into two or more parts, each of which is assigned to a source of variability. At least one of those sources is the variability of the correlate, in case there is only one, and always one other is the residual variability, which includes all unspecified influences on the happiness variable. Each sum of squares has its own number of degrees of freedom (df), which sum up to $N_e - 1$ for the total variability. If a sum of squares (SS) is divided by its own number of df, a mean square (MS) is obtained. The ratio of two correctly selected mean squares has an F-distribution under the hypothesis that the corresponding association has a zero-value.</p> <p>NOTE: A significantly high F-value only indicates that, in case of a single correlate, the largest of the c mean values is systematically larger than the smallest one. Conclusions about the other pairs of means require the application of a Multiple Comparisons Procedure (see e.g. BONFERRONI's MULTIPLE COMPARISON TEST, DUNCAN's MULTIPLE RANGE TEST or STUDENT-NEWMAN-KEULS)</p>
Beta	<p>(β) STANDARDIZED REGRESSION COEFFICIENT by LEAST SQUARES (OLS)</p> <p>Type: test statistic.</p> <p>Measurement level: Correlates: all metric, Happiness: metric.</p> <p>Range: [-1 ; +1]</p> <p>Meaning:</p> <p>beta > 0 « a higher correlate level corresponds with, on an average, higher happiness rating.</p> <p>beta < 0 « a higher correlate level corresponds with, on an average, lower happiness rating.</p> <p>beta = 0 « no correlation.</p> <p>beta = + 1 or -1 « perfect correlation.</p> <p>Remark:</p> <p>Mean of observations is subtracted from all observations if standardized.</p>
Chi ²	<p>CHI-SQUARE</p> <p>Type: test statistic</p> <p>Range: [0; $N_e * (\min(c,r) - 1)$], where c and r are the number of columns and rows respectively in a cross tabulation of N_e sample elements.</p> <p>Meaning:</p> <p>Chi² <= (c-1) * (r-1) means: no association</p> <p>Chi² >> (c-1) * (r-1) means: strong association</p>

D%	<p>DIFFERENCE in PERCENTAGES</p> <p>Type: descriptive statistic only.</p> <p>Measurement level: Correlate level: dichotomous, but nominal or ordinal theoretically possible as well. Happiness level: dichotomous</p> <p>Range: [-100; +100]</p> <p>Meaning: the difference of the percentages happy people at two correlate levels.</p>
DM	<p>DIFFERENCE of MEANS</p> <p>Type: descriptive statistic only.</p> <p>Measurement level: Correlate: dichotomous, Happiness: metric</p> <p>Range: depending on the happiness rating scale of the author; range symmetric about zero.</p> <p>Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels.</p>
DMa	<p>DIFFERENCE IN ADJUSTED MEANS, See also Ma</p> <p>Computed in Analysis of Covariance (ANCOVA) or in multiple classification analysis (MCA)</p> <p>Seldom used in happiness research. See excerpted report for further reference.</p>
DMt	<p>DIFFERENCE of MEANS AFTER TRANSFORMATION</p> <p>Type: descriptive statistic only.</p> <p>Measurement level: Correlate: dichotomous, Happiness: metric</p> <p>Theoretical range: [-10; +10]</p> <p>Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels.</p>
E ²	<p>CORRELATION RATIO (Elsewhere sometimes called h² or ETA)</p> <p>Type: test statistic</p> <p>Measurement level: Correlate: nominal or ordinal, Happiness: metric</p> <p>Range: [0; 1]</p> <p>Meaning: correlate is accountable for E² x 100 % of the variation in happiness.</p> <p>E² = 0 « knowledge of the correlate value does not improve the prediction quality of the happiness rating.</p> <p>E² = 1 « knowledge of the correlate value enables an exact prediction of the happiness rating</p>

G	<p>GOODMAN & Kruskal's GAMMA</p> <p>Type: test statistic</p> <p>Measurement level: Correlate: ordinal, Happiness: ordinal</p> <p>Range: [-1; +1]</p> <p>Meaning:</p> <p>$G = 0$ « no rank correlation</p> <p>$G = +1$ « strongest possible rank correlation, where high correlate values correspond with high happiness ratings.</p> <p>$G = -1$ « strongest possible rank correlation, where high correlate values correspond with low happiness ratings.</p>
OR	<p>ODDS RATIO</p> <p>Type: descriptive statistic only.</p> <p>Measurement level: Correlate: dichotomous, Happiness level: dichotomous</p> <p>Range: nonnegative unlimited</p> <p>Meaning:</p> <p>$OR = 1$ « no association at all;</p> <p>$OR = 0$ or infinite « at least one level of the correlate allows an error-free prediction of the happiness.</p>
r	<p>PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient" or simply 'correlation coefficient')</p> <p>Type: test statistic.</p> <p>Measurement level: Correlate: metric, Happiness: metric</p> <p>Range: [-1; +1]</p> <p>Meaning:</p> <p>$r = 0$ « no correlation ,</p> <p>$r = 1$ « perfect correlation, where high correlate values correspond with high happiness values, and</p> <p>$r = -1$ « perfect correlation, where high correlate values correspond with low happiness values.</p>
rp	<p>POLYCHORIC CORRELATION</p> <p>Variant of r</p> <p>Seldom used in happiness research. See excerpted report for further reference.</p>
rpc	<p>PARTIAL CORRELATION COEFFICIENT</p> <p>Type: test statistic</p> <p>Measurement level: Correlate: metric, Happiness: metric</p> <p>Range: [-1; +1]</p> <p>Meaning: a partial correlation between happiness and one of the correlates is that correlation, which remains after accounting for the contribution of the other influences, or some of them, to the total variability in the happiness scores.</p> <p>Under that conditions</p> <p>$rpc > 0$ « a higher correlate level corresponds with a higher happiness rating,</p> <p>$rpc < 0$ « a higher correlate level corresponds with a lower happiness rating,</p>

rs	<p>SPEARMAN'S RANK CORRELATION COEFFICIENT</p> <p>Type: test statistic</p> <p>Measurement level: Correlate: ordinal, Happiness: ordinal.</p> <p>Range: [-1; +1]</p> <p>Meaning:</p> <p>rs = 0 « no rank correlation</p> <p>rs = 1 « perfect rank correlation, where high correlate values are associated with high happiness ratings</p> <p>rs = -1 « perfect rank correlation, where high correlate values are associated with low happiness ratings</p>
R ²	<p>COEFFICIENT of DETERMINATION</p> <p>Type: test statistic</p> <p>Measurement level: Correlates: all metric, Happiness: metric</p> <p>Range: [0; 1]</p> <p>Meaning:</p> <p>R² = 0 « no influence of any correlate in this study has been established.</p> <p>R² = 1 « the correlates determine the happiness completely.</p>
tau	<p>GOODMAN & KRUSKAL'S TAU</p> <p>Type: descriptive statistic only.</p> <p>Measurement level: Correlate: nominal, Happiness: ordinal</p> <p>Range: [0; +1]</p> <p>Meaning:</p> <p>tau = 0 « knowledge of the correlate value does not improve the prediction quality of the happiness rating.</p> <p>tau = 1 « knowledge of the correlate value enables a perfect (error-free) prediction of the happiness rating.</p>
tb	<p>KENDALL'S RANK CORRELATION COEFFICIENT TAU-B</p> <p>Type: test statistic</p> <p>Measurement level: Correlate: ordinal, Happiness: ordinal</p> <p>Range: [-1; +1]</p> <p>Meaning:</p> <p>tb = 0 « no rank correlation</p> <p>tb = 1 « perfect rank correlation, where high values of the correlate correspond with high happiness ratings.</p> <p>tb = -1 « perfect rank correlation, where high values of the correlate correspond with low happiness ratings.</p>
T ²	<p>HOTELLING'S T² STATISTIC IS THE MANOVA EQUIVALENT OF AN F-STATISTIC IN AN ANOVA SITUATION.</p> <p>Type: test statistic</p> <p>(one or more correlates; two or more happiness measures at the interval level of measurement)</p>

V

CRAMÉR's V

Type: test statistic

Measurement level: Correlate: nominal, Happiness: ordinal

Range: [0; 1]

Meaning:

V = 0 « no association

V = 1 « strongest possible association

ZZZZZ

CRAMÉR's V

Type: test statistic

Measurement level: Correlate: nominal, Happiness: ordinal

Range: [0; 1]

Meaning:

V = 0 « no association

V = 1 « strongest possible association

Appendix 3: About the World Database of Happiness

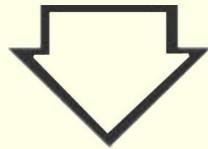
Structure of the collections

The World Database of Happiness is an ongoing register of scientific research on the subjective enjoyment of life.

It brings together findings that are scattered throughout many studies and provides a basis for synthetic work.

World literature on Happiness

Selection on subject



Bibliography and Directory

Selection of empirical studies



Selection on valid measurement: Item

Bank

Abstracting and classification of findings



How happy people are, distributional findings
Happiness in Nations , Happiness in Publics



What goes together with happiness
Correlational Findings



Listing of comparable findings in Nations


[States of Nations](#) , [Trends in Nations](#)

Size of the collections

1226 Happiness measures (Item Bank)

4258 Nations surveys in 206 Nations

149 Distinguished publics in 1199 studies

12032 Correlational findings in 1196 studies

Appendix 4 Further Findings in the World Database of Happiness

<i>Main Subjects</i>	<i>Subject Description</i>	<i>Number of Studies</i>
A1	ACTIVITY: LEVEL (how much one does)	58
A2	ACTIVITY: PATTERN (what one does)	32
A3	AFFECTIVE LIFE	48
A4	AGE	400
A5	AGGRESSION	12
A6	ANOMY	32
A7	APPEARANCE (good looks)	15
A8	ATTITUDES	6
A9	AUTHORITARIANISM	4
B1	BIRTH CONTROL	1
B2	BIRTH HISTORY (own birth)	201
B3	BODY	77
C1	CHILDREN	1
C2	CHILDREN: WANT FOR (Parental aspirations)	6
C3	CHILDREN: HAVING (parental status)	195
C4	CHILDREN: CHARACTERISTICS OF ONE'S CHILDREN	25
C5	CHILDREN: RELATION WITH ONE'S CHILDREN	8
C6	CHILDREN: REARING OF ONE'S CHILDREN (parental behavior)	26
C7	COMMUNAL LIVING	9
C8	CONCERNS	18
C9	COPING	43
C10	CREATIVENESS	6
C11	CULTURE (Arts and Sciences)	8
D1	DAILY JOYS & HASSLES	5
E1	EDUCATION	302

E2	EMPLOYMENT	363
E3	ETHNICITY	98
E4	EXPRESSIVE BEHAVIOR	12
F1	FAMILY OF ORIGIN (earlier family for adults, current for young)	236
F2	FAMILY OF PROCREATION	58
F3	FAMILY OF RELATIVES	157
F4	FARMING	25
F5	FREEDOM	32
F6	FRIENDSHIP	152
G1	GENDER	370
G2	GRIEF	1
H1	HABITS	1
H2	HANDICAP	25
H3	HAPPINESS: VIEWS ON HAPPINESS	49
H4	HAPPINESS: DISPERSION OF HAPPINESS	10
H5	HAPPINESS: CAREER	191
H6	HAPPINESS: CORRESPONDENCE OF DIFFERENT MEASURES	310
H7	HAPPINESS OF OTHERS	0
H8	HAPPINESS: REPUTATION OF HAPPINESS	19
H9	HEALTH-BEHAVIOR	25
H10	HELPING	5
H11	HOPE	8
H12	HOUSEHOLD: COMPOSITION	137
H13	HOUSEHOLD: WORK	32
H14	HOUSING	106
I1	INCOME	552
I2	INSTITUTIONAL LIVING	43
I3	INTELLIGENCE	71
I4	INTERESTS	8
I5	INTERVIEW	73
I6	INTIMACY	103
L1	LANGUAGE	2
L2	LEADERSHIP	8
L3	LEISURE	206
L4	LIFE APPRAISALS: OTHER THAN HAPPINESS	368
L5	LIFE CHANGE	35
L6	LIFE EVENTS	86
L7	LIFE GOALS	75
L8	LIFE HISTORY	2

L9	LIFE STYLE	22
L10	LOCAL ENVIRONMENT	374
L11	LOTTERY	8
L12	LOVE-LIFE	31
M1	MARRIAGE: MARITAL STATUS CAREER	64
M2	MARRIAGE: CURRENT MARITAL STATUS	543
M3	MARRIAGE: RELATIONSHIP	115
M4	MARRIAGE: PARTNER	46
M5	MEANING	23
M6	MEDICAL TREATMENT	81
M7	MENTAL HEALTH	218
M8	MIGRATION: TO OTHER COUNTRY	29
M9	MIGRATION: MOVING WITHIN COUNTRY (residential mobility)	17
M10	MIGRATION: MIGRANT WORK	3
M11	MILITARY LIFE	7
M12	MODERNITY	6
M13	MOOD	246
M14	MOTIVATION	7
N1	NATION: NATIONALITY	29
N2	NATION: ERA (temporal period)	41
N3	NATION: NATIONAL CHARACTER (modal personality)	29
N4	NATION: CONDITION IN ONE'S NATION	430
N5	NATION: POSITION OF ONE'S NATION	1
N6	NATION: ATTITUDES TO ONE'S NATION	152
N7	NATION: LIVABILITY OF ONE'S NATION	17
N8	NATION i: ATTITUDES IN	1
N9	REGION IN NATION	59
N10	NUTRITION	23
N21	ERA	0
O1	OCCUPATION	178
O2	ORGAN TRANSPLANTATION	17
P1	PERSONALITY: HISTORY	48
P2	PERSONALITY: CHANGE	10
P3	PERSONALITY: CURRENT ORGANIZATION	7
P4	PERSONALITY: CURRENT TRAITS	462
P5	PERSONALITY: LATER	23
P6	PHYSICAL HEALTH	427
P7	PLANNING	11
P8	POLITICAL BEHAVIOUR	231

P9	POPULARITY	26
P10	POSSESSIONS	60
P11	PRISON	1
P12	PROBLEMS	25
P13	PSYCHO-SOMATIC COMPLAINTS	62
P14	PETS	3
R1	RELIGION	251
R2	RESOURCES	9
R3	RETIREMENT	89
R4	ROLES	23
S1	SCHOOL	129
S2	SELF-IMAGE	237
S3	SEX-LIFE	61
S4	SLEEP	16
S5	SOCIAL MOBILITY	17
S6	SOCIAL PARTICIPATION: PERSONAL CONTACTS	69
S7	SOCIAL PARTICIPATION : VOLUNTARY ASSOCIATIONS	131
S8	SOCIAL PARTICIPATION: TOTAL (personal + associations)	34
S9	SOCIO-ECONOMIC STATUS	154
S10	SOCIAL SUPPORT: RECEIVED	62
S11	SOCIAL SUPPORT: PROVIDED	6
S12	SPORTS	38
S13	STIMULANTS	49
S14	SUICIDE	8
S15	SUMMED DETERMINANTS	92
T1	TIME	53
T2	THERAPY	38
T3	TOLERANCE	37
V1	VALUES: CAREER	8
V2	VALUES: CURRENT PREFERENCES (own)	73
V3	VALUES: CLIMATE (current values in environment)	7
V4	VALUES: SIMILARITY (current fit with others)	12
V5	VICTIM	14
W1	WAR	5
W2	WISDOM	2
W3	WORK: CAREER	2
W4	WORK: CONDITIONS	68
W5	WORK: ATTITUDES	347
W6	WORK: PERFORMANCE (current)	29

W7	WORRIES	31
XX	UNCLASSIFIED	25

Appendix 5: Related Subjects

<i>Subject</i>		<i>Related Subject(s)</i>	
S2	SELF-IMAGE	P4	PERSONALITY: CURRENT TRAITS
S2	SELF-IMAGE	R4	ROLES
S2.1.1	Earlier self-image	P1.2.100	Earlier self-confidence
S2.1.2	Change in self-image	A3.2.4	Variability of affects
S2.1.2	Change in self-image	P4.109	Stable
S2.1.2	Change in self-image	T2.2	Therapeutical effect (on happiness)
S2.2	Current self-characterization	R3.5.1	Self-definition in terms of earlier job
S2.2.1	Self-perceived ability	C9.2.2	Current coping-capacity
S2.2.1	Self-perceived ability	L4.3.1.2	. in control (vs drifting)
S2.2.1	Self-perceived ability	L4.3.1.17	. successful (vs failure)
S2.2.2	Self-perceived maturity	A4.4.1.1	. subjective age (how old one feels)
S2.2.2	Self-perceived maturity	P2.2	Current stage of development
S2.2.4	Self-perceived preferences	I4.2	Current interests
S2.2.4	Self-perceived preferences	L7.2.2	Object of life-goals
S2.2.5	Self-perceived uniqueness	L4.3.1.18	. unique (vs common)
S2.2.6	Self-perceived usefulness	M5	MEANING
S2.2.7	Self-perceived happy nature	P4.85	Positive reacting
S2.2.8	self-perceived social identity	R4	ROLES
S2.3	Current self-ideal	L7	LIFE GOALS
S2.4.3	Evaluation of aspects of self	M14.3	Attitudes to ones motivation
S2.4.3.1	. real-ideal congruence	L7.3.2	Perceived realization of life-goals
S2.4.3.2	. relative superiority	P4.69	Modest (vs supercilious)
S2.4.3.3	. self confidence	P4.100	Self-confidant
S2.4.3.4	. self-critical	P4.1	Aggressive, Angry
S2.4.3.4	. self-critical	P4.15	Critical
S2.4.3.5	. self respect	M13.3.12	Feeling respectable (vs rejected)
S2.5.1	Satisfaction with oneself-as-a-person	P4	PERSONALITY: CURRENT TRAITS

S2.5.1.1 . satisfaction with own abilities	C9.3.2	Satisfaction with self care
S2.5.1.2 . satisfaction with own coping	C9	COPING
S2.5.1.3 . satisfaction with own creativeness	C10.3	Attitudes to own creativeness
S2.5.1.4 . satisfaction with self-realization	L4.3.1.3	. developing (vs stagnating)
S2.5.1.4 . satisfaction with self-realization	P4.96	Self-actualization (need for)
S2.5.1.5 . satisfaction with own morality	P4.70	Moral
S2.5.2 Satisfaction with own accomplishments	H6.3	Contentment
S2.5.2 Satisfaction with own accomplishments	L4.3.1.17	. successful (vs failure)
S2.5.2.1 . satisfaction with contributions to others	L4.3.1.12	. meaningful (vs useless)
S2.6 Current consistency of self-image	P3.2	Personality integration

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