# Classification of Findings

<table>
<thead>
<tr>
<th>Subject Code</th>
<th>Description</th>
<th>Nr of Studies on this Subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>S3</td>
<td>SEX-LIFE</td>
<td>0</td>
</tr>
<tr>
<td>S3.1</td>
<td>Sex-life career</td>
<td>0</td>
</tr>
<tr>
<td>S3.1.1</td>
<td>Earlier sex-life</td>
<td>2</td>
</tr>
<tr>
<td>S3.1.1.1</td>
<td>. earlier sexual behavior</td>
<td>0</td>
</tr>
<tr>
<td>S3.1.1.2</td>
<td>. earlier satisfaction with sex-life</td>
<td>2</td>
</tr>
<tr>
<td>S3.1.2</td>
<td>Change in sex-life</td>
<td>2</td>
</tr>
<tr>
<td>S3.1.2.1</td>
<td>. change in sexual behavior</td>
<td>0</td>
</tr>
<tr>
<td>S3.1.2.2</td>
<td>. change in satisfaction with sex-life</td>
<td>1</td>
</tr>
<tr>
<td>S3.1.4</td>
<td>Later sex-life</td>
<td>0</td>
</tr>
<tr>
<td>S3.2</td>
<td>Current sex-life</td>
<td>1</td>
</tr>
<tr>
<td>S3.2.1</td>
<td>Sexual activity</td>
<td>5</td>
</tr>
<tr>
<td>S3.2.2</td>
<td>Sexual preference</td>
<td>5</td>
</tr>
<tr>
<td>S3.2.3</td>
<td>Sexual monogamy</td>
<td>4</td>
</tr>
<tr>
<td>S3.3</td>
<td>Attitudes to one's sex-life</td>
<td>1</td>
</tr>
<tr>
<td>S3.3.1</td>
<td>Concern about sex</td>
<td>3</td>
</tr>
<tr>
<td>S3.3.2</td>
<td>Problems with sex</td>
<td>8</td>
</tr>
<tr>
<td>S3.3.3</td>
<td>Satisfaction with sex-life</td>
<td>23</td>
</tr>
<tr>
<td>S3.4</td>
<td>Attitudes to sex in general</td>
<td>0</td>
</tr>
<tr>
<td>S3.4.1</td>
<td>Restrictiveness of own attitude to sex</td>
<td>3</td>
</tr>
<tr>
<td>S3.4.3</td>
<td>Perceived restrictiveness of others attitudes</td>
<td>0</td>
</tr>
<tr>
<td>S3.4.2</td>
<td>Acceptance of homo sexuality</td>
<td>1</td>
</tr>
<tr>
<td>S3.4.4</td>
<td>Attitudinal conflicts</td>
<td>0</td>
</tr>
</tbody>
</table>
### Appendix 1  Happiness Items used

### Appendix 2  Statistics used

### Appendix 3  About the World Database of Happiness

### Appendix 4  Further Findings in the World Database of Happiness

### Appendix 5  Related Subjects

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**Cite as**  
Veenhoven, R.: Findings on SEX-LIFE  
World Database of Happiness, Correlational Findings  
Internet: worlddatabaseofhappiness.eur.nl  
Erasmus University Rotterdam, 2009, Netherlands
Correlational finding on Happiness and Earlier sex-life  
Subject code: S3.1.1

Study  
BRAY 1980  

Reported in: Bray, D.W.; Howard, A.  
Career Succes and Life-Satisfactions of Middle Aged Managers.  
Page in Report: 278

Population: 40+ aged, male managers, Bell Telephone Company, 1978  

Sample: Non-probability purposive-quota sample  

Non-Response: panel loss at T5: 37%  

N: 422

Correlate  

Authors label: need for heterosexuality (1)  

Our classification: Earlier sex-life, code S3.1.1  


This inventory reflects a need for social and sexual activities with the opposite sex as well as enjoying discussions, stories, and jokes involving sex.  

Assessed at T1 (20 years before T5).

Observed Relation with Happiness  

Happiness Measure  

M-PL/c/rc/v/5/a  

Statistics  

r=-.27  
p<.01  

Elaboration/Remarks  

T1 need for heterosexuality by T5 happiness.  

Later analysis of the full studygroup (N=266) also showed a significantly negative correlation (BRAY 1983 p 302).
Correlational finding on Happiness and Earlier sex-life
Subject code: S3.1.1

Study


Sample: Probability simple random sample

Non-Response: 36%

N: 1257

Correlate

Authors label: Unwanted sexual experience

Our classification: Earlier sex-life, code S3.1.1

Measurement: 1- Never
2- Ever

Measured Values: 1: 79.9%, 2: 17.3%

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-TH/cm/sq/v/5/a</td>
<td>D%= p&lt;.001</td>
<td>% happy (all or most of the time)</td>
</tr>
<tr>
<td></td>
<td>1: 65.1</td>
<td>2: 53.0</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and earlier satisfaction with sex-life
Subject code: S3.1.1.2
**Study**

**PALMO 1977**

*Reported in:* Palmore, E.B.; Kivett, V.
Change in Life Satisfaction: A Longitudinal Study of Persons Aged 46 - 70.
Journal of Gerontology, 1977, Vol. 32, 311 - 316. ISSN 0022 1422
Page in Report: 313

*Population:* 46+ aged whites, followed 2 years, USA, 1968-1972/74

*Sample:* Probability stratified sample

*Non-Response:* 

\[ N: 378 \]

---

**Correlate**

*Authors label:* Sexual enjoyment (1)

*Our classification:* Earlier satisfaction with sex-life, code S3.1.1.2

*Measurement:* How much pleasure or enjoyment do you have during sexrelation at the present time?

0 = none  
1 = mild  
2 = moderate  
3 = very much

Assessed at T1= 1968/70.

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>C-BW/c/sq/l/10/c</td>
<td>r=+.14 p&lt;.05</td>
<td>T1 enjoyment by T1 happiness</td>
</tr>
<tr>
<td>C-BW/c/sq/l/10/c</td>
<td>r=+.16 p&lt;.01</td>
<td>T1 enjoyment by T2 happiness</td>
</tr>
<tr>
<td>C-BW/c/sq/l/10/c</td>
<td>r=+.13 p&lt;.01</td>
<td>T1 enjoyment by T3 happiness</td>
</tr>
</tbody>
</table>
Findings on Happiness and SEX-LIFE

Correlational finding on Happiness and earlier satisfaction with sex-life
Subject code: S3.1.1.2

Study PALMO 1981


Sample: Probability stratified sample

Non-Response:

N: 375
Correlate

Authors label: T1 sex enjoyment (1)

Our classification: . earlier satisfaction with sex-life, code S3.1.1.2

Measurement: Single question: "How much pleasure or enjoyment do you have during sex relations at the present time?"
0 = none
1 = mild
2 = moderate
3 = very much
Assessed at T1.

Measured Values: Males: M = 1.9; SD = 1.0 Females: M = 0.9; SD = 1.0

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>C-BW/c/sq/l/10/c</td>
<td>r=+</td>
<td>T1 sexual enjoyment by T2 happiness</td>
</tr>
<tr>
<td></td>
<td>p&lt;.05</td>
<td>Males: r = +.14 (05)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Females: r = +.15 (05)</td>
</tr>
<tr>
<td>A-BB/cw/mq/v/4/b</td>
<td>r=+.</td>
<td>Males: r = +.15 (05)</td>
</tr>
<tr>
<td></td>
<td>p&lt;.05</td>
<td>Females: r = +.35 (05)</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Change in sex-life
Subject code: S3.1.2

Study

DEHAE 1987


Sample:
**Findings on Happiness and SEX-LIFE**

*Non-Response:* 17% (6 refusals and one death in the meantime)

*N:* 34

---

**Correlate**

*Authors label:* Loss of libido (2)

*Our classification:* Change in sex-life, code S3.1.2

*Measurement:* Rotterdam Symptom Checklist (see de Haes, Pruyn & van Knippenberg, 1983)

*Remarks:* Sychronic correlations at:

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/se/sq/?/7/a</td>
<td>Beta=+.15</td>
<td>11 months after surgery (T1)</td>
</tr>
<tr>
<td>A-AOL/se/sq/v/7/a</td>
<td>Beta=-.23</td>
<td>11 months after surgery (T1)</td>
</tr>
</tbody>
</table>
| A-AOL/se/sq/v/7/a  | Beta=+.04  | 18 months after surgery (T2)  
  β controlled for: Psychological complaints, pain, gastro-intestinal symptoms, fatigue, activity level, perceived impact of breast-surgery on body image, and fear of recurrence of cancer and death |
| O-SLW/se/sq/?/7/a  | Beta=-.17  | 18 months after surgery (T2)  
  β controlled for: Psychological complaints, fatigue, gastro-intestinal symptoms, pain, activity level, perceived impact of breast-surgery on body image, and fear of recurrence of cancer and death |

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**Correlational finding on Happiness and Change in sex-life**

Subject code: S3.1.2

Study

HEADE 1982/2


Population: Adults, general public, Melbourne, Australia, followed 25 months 1978-81

Sample: Probability sample (unspecified)

Non-Response: 0

N: 184

Correlate

Authors label: Change in satisfaction with sex life

Our classification: Change in sex-life, code S3.1.2

Measurement: Single question on satisfaction with sex life, scored on a 1-9 D-T rating scale.

Remarks: Both Happiness (ABS) and satisfaction with sex life were assessed at T1 and T2 (25 month interval)

Observed Relation with Happiness

Happiness Measure | Statistics | Elaboration/Remarks
--- | --- | ---
A-BB/cm/mg/v/2/a | Beta= +.27 p<.001 | T1-T2 CHANGE in happiness by T1-T2 CHANGE in satisfaction with sex life
### Correlational finding on Happiness and change in satisfaction with sex-life

**Subject code:** S3.1.2.2

<table>
<thead>
<tr>
<th>Study</th>
<th>HEADE 1984</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Population:</strong></td>
<td>18-65 aged, general public, followed 3 years, Melbourne, Australia, 1979-80</td>
</tr>
<tr>
<td><strong>Sample:</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Non-Response:</strong></td>
<td></td>
</tr>
<tr>
<td><strong>N:</strong></td>
<td>184</td>
</tr>
</tbody>
</table>

### Correlate

- **Authors label:** Satisfaction with sex life (1)
- **Our classification:** change in satisfaction with sex-life, code S3.1.2.2
- **Measurement:** Closed question rated on a 9 - point scale (delighted ... terrible) Assessed at T2.

### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
</table>

Findings on Happiness and SEX-LIFE

A-BB/cm/mq/v/2/a  Beta = +.27  p<.01

Happiness T2 by satisfaction T2, controlling for happiness T1 and satisfaction T1.

β can be interpreted as regression between CHANGE OF HAPPINESS and CHANGE OF SATISFACTION in time.

---

Correlational finding on Happiness and Current sex-life
Subject code: S3.2

Study  LINN 1986


Population: Physicians, California, USA, 1984

Sample: Probability simple random sample

Non-Response:

N: 211

---

Correlate

Authors label: Sexual relations

Our classification: Current sex-life, code S3.2

Measurement: Selfreported of typical behaviors in the past 6 month to make one feel better:
- Engaging in pleasurable sexual activity
Rated: never (1) to daily (6)

Measured Values: M = 4.27

---

Observed Relation with Happiness

Happiness Measure  Statistics  Elaboration/Remarks

http://worlddatabaseofhappiness.eur.nl/hap_cor/top_sub.php?code=S3
Correlational finding on Happiness and Sexual activity
Subject code: S3.2.1

Study

Reported in: Gordon, R.M.  
The Effects of Interpersonal and Economic Resources upon Values and the Quality of Life.  
Page in Report: 85, 87

Population: Undergraduate students, Temple University, Pennsylvania, USA, 1973

Sample:

Non-Response:

N: 346

Correlate

Authors label: Sex life (1)

Our classification: Sexual activity, code S3.2.1

Measurement: Direct question: "Approximately how often do you have sex?" Rated on a 9-point scale from 1='never or once a month' to 9='15 times or more a month'

Observed Relation with Happiness

Happiness Measure Statistics Elaboration/Remarks

O-HL/g/sq/n/9/a r=+.25
Correlational finding on Happiness and Sexual activity
Subject code: S3.2.1

Study

HETHE 1976

Reported in: Hetherington, E.M.; Cox, M.; Cox, R.
Divorced Fathers.
The Family Coordinator, 1976, Vol. 25, 417 - 428
Page in Report: 423

Population: Parents, followed 3 years, USA, 197?-7?

Sample:

Non-Response: 33 %

N: 96

Correlate

Authors label: Sexual intercourse (1)

Our classification: Sexual activity, code S3.2.1

Measurement: Frequency as reported in daily records kept during three
days at three points in time (T1 2 months after divorce T2
one year after T3 two years after)

Observed Relation with Happiness

Happiness Measure Statistics Elaboration/Remarks
Findings on Happiness and SEX-LIFE

Correlation with synchronic happiness. Computed for divorced only.

<table>
<thead>
<tr>
<th>High intimate relation</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>T1</td>
<td>r=+.40 (05)</td>
<td>r=+.43 (05)</td>
</tr>
<tr>
<td>T2</td>
<td>r=+.49 (01)</td>
<td>r=+.47 (01)</td>
</tr>
<tr>
<td>T3</td>
<td>r=+.54 (01)</td>
<td>r=+.52 (01)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Low intimate relation</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>T1</td>
<td>r=-.09 (ns)</td>
<td>r=-.42 (05)</td>
</tr>
<tr>
<td>T2</td>
<td>r=-.41 (05)</td>
<td>r=-.46 (05)</td>
</tr>
<tr>
<td>T3</td>
<td>r=-.48 (01)</td>
<td>r=-.57 (01)</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Sexual activity

Subject code: S3.2.1

Study

SCHUL 1985B

Reported in: Schul, W.; Költringer, R.; Norden, G.; Tüchler, H.
Lebensqualität in Osterreich. (Quality-of-Life in Austria).
Research paper nr 10/1, Institut für Soziologie, University of Vienna, 1985, Austria
Page in Report: 71, T55

Population: Adults, non-institutionalized, Austria, 1984

Sample:

Non-Response: ?

N: 1776

Correlate

Authors label: Frequency of sex (1)

Our classification: Sexual activity, code S3.2.1

Measurement: Single direct question: "How often do you have sexual intercourse with your partner?" Rated on a 5-point scale ranging from 'seldom' to 'almost daily'.

Observed Relation with Happiness
### Findings on Happiness and SEX-LIFE

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-Sum/c/mq/v/5/a</td>
<td>Beta= +0.08 p&lt;.05</td>
<td>$\beta$ controlled for: age, professional status, income, suffering from jealousy of self and/or partner, and satisfaction with partner.</td>
</tr>
<tr>
<td>M-AO/c/mq/*/0/a</td>
<td>Beta= +0.12 p&lt;.05</td>
<td>$\beta$ controlled for: professional status, frequency of contact with partner, and satisfaction with partner.</td>
</tr>
</tbody>
</table>

### Correlational finding on Happiness and Sexual activity

**Subject code: S3.2.1**

**Study**

*VENTE 1995*

*Reported in:* Ventegodt, S. 
Livskvalitet i Danmark. (Quality of Life in Denmark). 
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 [http://www.livskvalitet.org/t1/index.asp](http://www.livskvalitet.org/t1/index.asp) 
Page in Report: 270

*Population:* 18-88 aged, general public, Denmark, 1993

*Sample:* Non-probability purposive sample

*Non-Response:* 39%

*N:* 1494

**Correlate**

*Authors label:* sex-life (1)

*Our classification:* Sexual activity, code S3.2.1

*Measurement:* Single question: 
"Are you sexually active?" 
1: no 
2: yes

*Measured Values:* N: 1:275, 2:1174
## Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>r=+.15</td>
<td>1: Mt=7.10</td>
</tr>
<tr>
<td></td>
<td>p&lt;.00</td>
<td>2: Mt=7.91</td>
</tr>
<tr>
<td></td>
<td></td>
<td>All Mt=7.76</td>
</tr>
<tr>
<td>O-SLu/c/sq/v/5/e</td>
<td>r=+.15</td>
<td>1: Mt=6.79</td>
</tr>
<tr>
<td></td>
<td>p&lt;.00</td>
<td>2: Mt=7.58</td>
</tr>
<tr>
<td></td>
<td></td>
<td>All Mt=7.43</td>
</tr>
<tr>
<td>O-HL/c/sq/v/5/h</td>
<td>r=+.19</td>
<td>1: Mt=6.18</td>
</tr>
<tr>
<td></td>
<td>p&lt;.00</td>
<td>2: Mt=7.13</td>
</tr>
<tr>
<td></td>
<td></td>
<td>All Mt=6.95</td>
</tr>
</tbody>
</table>

## Correlational finding on Happiness and Sexual activity

**Subject code: S3.2.1**

**Study**

**VENTE 1996**

*Reported in:* Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Page in Report: 282

*Population:* 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

*Sample:* Non-probability chunk sample

*Non-Response:* 39%

*N:* 4500

## Correlate

*Authors label:* sexual activity

*Our classification:* Sexual activity, code S3.2.1
Findings on Happiness and SEX-LIFE

Measurement: Single question:
"Are you sexually active?"
1: no
2: yes

Measured Values: N: All: 4577; 1: 391; 2: 4186

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>r = .20</td>
<td>1: Mt = 6.34</td>
</tr>
<tr>
<td></td>
<td>p &lt; .00</td>
<td>2: Mt = 7.88</td>
</tr>
<tr>
<td>O-SLu/c/sq/v/5/e</td>
<td>r = .23</td>
<td>1: Mt = 5.78</td>
</tr>
<tr>
<td></td>
<td>p &lt; .00</td>
<td>2: Mt = 7.58</td>
</tr>
<tr>
<td>O-HL/c/sq/v/5/h</td>
<td>r = .24</td>
<td>1: Mt = 5.45</td>
</tr>
<tr>
<td></td>
<td>p &lt; .00</td>
<td>2: Mt = 7.18</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Sexual preference
Subject code: S3.2.2

Study: BRAY 1980


Population: 40+ aged, male managers, Bell Telephone Company, 1978

Sample: Non-probability purposive-quota sample

Non-Response: panel loss a t T5: 37%

N: 422
Findings on Happiness and SEX-LIFE

Correlate

Authors label: need for heterosexuality (2)

Our classification: Sexual preference, code S3.2.2


This inventory reflects a need for social and sexual activities with the opposite sex as well as enjoying discussions, stories, and jokes involving sex.

Assessed at T5.

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-PL/c/rc/v/5/a</td>
<td>r=+.30</td>
<td>T5 need for heterosexuality by T5 happiness.</td>
</tr>
<tr>
<td></td>
<td>p&lt;.01</td>
<td>Later analysis of the full studygroup (N=266) showed a significantly negative correlation (BRAY 1983 p 302).</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Sexual preference

Subject code: S3.2.2

Study

DEGRA 2006

Reported in: DeGraaf, R.
Sexual Preference and Happiness.
Unpublished Analysis of Nemesis Dataset, Trimbos Institute, 2006, Utrecht, Netherlands.
Page in Report: all


Sample: Probability multistage stratified area sample

Non-Response: 7

N: 7069
Findings on Happiness and SEX-LIFE

Correlate

Authors label: Sexual preference

Our classification: Sexual preference, code S3.2.2

Measurement: Individuals were categorized as homosexual or heterosexual by the interviewers on the basis of their sexual contacts in the preceding year
0: heter-sexual
1: homo-sexual

Measured Values: N = Hetero women: 2795; Hetero men: 3075; Total hetero:5870 N = Homo men: 82; Homo women: 43; Total homo 125

Remarks: Missing values women: 17,4% (=655)
Missing values men: 12,9% (=426)
NB: 1081 missing values; 30 respondents refused to answer questions about sexuality and for 1051 respondents no sexual contacts were reported.

Observed Relation with Happiness

Happiness Measure

<table>
<thead>
<tr>
<th>Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-TH/cm/sq/v/6/a DM=-,17 p&lt;.045</td>
<td>Women</td>
<td></td>
</tr>
<tr>
<td>- hetero-sexual: M = 4,80 SD = 1,01</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- homo-sexual : M = 4,63 SD = 1,11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Difference -0,17 CI95: [-0,50 - +0,16]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>M-TH/cm/sq/v/6/a DM=-,71 p&lt;.0000</td>
<td>Men:</td>
<td></td>
</tr>
<tr>
<td>- hetero-sexuals: M = 4,92 SD = 0,99</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- homo-sexuals : M = 4,21 SD = 1,49</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Difference -0,71 CI95: [-1,00 - -0,43]</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Correlational finding on Happiness and Sexual preference
Subject code: S3.2.2

Study

DEJON 1969

Reported in: De Jong-Gierveld, J.
De Ongenuhden. (The Unmarried).
Page in Report: 252

Population: 30-55 aged, general public, Amsterdam, The Netherlands, 1965

Sample:

Non-Response: 31%;
N: 600

Correlate

Authors label: Being homosexual. (1)

Our classification: Sexual preference, code S3.2.2

Measurement: 0 Other
1 Homosexual

Observed Relation with Happiness

Happiness Measure | Statistics | Elaboration/Remarks
O-SL?/?/sq/v/5/a | G = .36 ns | Computed for never married males only.
Correlational finding on Happiness and Sexual preference
Subject code: S3.2.2

Study

VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 276

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: sexual preferences (1)

Our classification: Sexual preference, code S3.2.2

Measurement: Sexual preferences:
1: homosexual
2: bisexual
3: heterosexual

Measured Values: N: 1:11, 2:14, 3:1159

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>r=+.03 ns</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1: (M_t=7.28)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2: (M_t=7.75)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3: (M_t=7.78)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>All (M_t=7.76)</td>
<td></td>
</tr>
</tbody>
</table>
Correlational finding on Happiness and Sexual preference
Subject code: S3.2.2

Study VENTE 1996

Page in Report: 288

Population: 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

Sample: Non-probability chunk sample

Non-Response: 39%

N: 4500

Correlate

Authors label: sexual preferences

Our classification: Sexual preference, code S3.2.2

Measurement: Sexual preferences:
1: homosexual
2: bisexual
3: heterosexual

Measured Values: N: All:2263; %: 1:1.4; 2:1.6; 3:97.0
### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>r=-.03 ns</td>
<td>WOMEN: 1: Mt=7.83 2: Mt=6.60 3: Mt=7.76</td>
</tr>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>r=-.02 ns</td>
<td>MEN: 1: Mt=8.00 2: Mt=6.70 3: Mt=7.79</td>
</tr>
<tr>
<td>O-SLu/c/sq/v/5/e</td>
<td>r=-.06 p&lt;.00</td>
<td>WOMEN: 1: Mt=6.94 2: Mt=5.90 3: Mt=7.49</td>
</tr>
<tr>
<td>O-SLu/c/sq/v/5/e</td>
<td>r=-.03 ns</td>
<td>MEN: 1: Mt=7.50 2: Mt=5.80 3: Mt=7.41</td>
</tr>
<tr>
<td>O-HL/c/sq/v/5/h</td>
<td>r=-.07 p&lt;.00</td>
<td>WOMEN: 1: Mt=6.61 2: Mt=5.76 3: Mt=7.10</td>
</tr>
<tr>
<td>O-HL/c/sq/v/5/h</td>
<td>r=-.02 ns</td>
<td>MEN: 1: Mt=6.90 2: Mt=6.20 3: Mt=6.98</td>
</tr>
</tbody>
</table>

---

**Correlational finding on Happiness and Sexual monogamy**

**Subject code: S3.2.3**

**Study** MOLLE 1985
Findings on Happiness and SEX-LIFE

Reported in: Moller, V.; Welch, G.J.
Polygamy Well-Being of Zulu Migrants.
Report University of Natal, Centre for Applied Social Sciences, 1985, Durban, South Africa
Page in Report: 33

Population: Ex-migrant workers, returned to rural Kwazulu, South Africa, 1984

Sample:

Non-Response:

N: 253

Correlate

Authors label: Polygamy (4)

Our classification: Sexual monogamy, code S3.2.3

Measurement:

1 polygamist (N = 32)
0 other (N = 221)

Remarks: Very and fairly satisfied with life:
1 53%
0 34%

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/u/sq/v/5/d</td>
<td>G = +.38 p &lt; .01</td>
<td></td>
</tr>
<tr>
<td>O-SLW/u/sq/v/5/d</td>
<td>tau = +.13 p &lt; .01</td>
<td></td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Sexual monogamy
Subject code: S3.2.3
### Study: MOLLE 1985

**Reported in:** Moller, V.; Welch, G.J.  
Polygamy Well-Being of Zulu Migrants.  
Report University of Natal, Centre for Applied Social Sciences, 1985, Durban, South Africa  
Page in Report: 33

**Population:** Ex-migrant workers, returned to rural Kwazulu, South Africa, 1984

**Sample:**

**Non-Response:**

\[N: 253\]

### Correlate

**Authors label:** Polygamy (3)

**Our classification:** Sexual monogamy, code S3.2.3

**Measurement:**

1 polygamist \((N = 32)\)  
0 other \((N = 221)\)

**Remarks:** Very and fairly happy:  
1 81%  
0 37%

### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-HL/c/sq/v/5/a</td>
<td>G = +.76</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(p &lt; .01)</td>
<td></td>
</tr>
<tr>
<td>O-HL/c/sq/v/5/a</td>
<td>(\tau = +.30)</td>
<td>(p &lt; .01)</td>
</tr>
</tbody>
</table>

**Correlational finding on Happiness and Sexual monogamy**

**Subject code:** S3.2.3
### Study

**Reported in:** Moller, V.; Welch, G.J.  
Polygamy Well-Being of Zulu Migrants.  
Report University of Natal, Centre for Applied Social Sciences, 1985, Durban, South Africa  
Page in Report: 33

**Population:** Ex-migrant workers, returned to rural Kwazulu, South Africa, 1984

**Sample:**

**Non-Response:**

\[
N = 253
\]

### Correlate

**Authors label:** Polygamy (2)

**Our classification:** Sexual monogamy, code S3.2.3

**Measurement:**  
1 polygamist (N = 32)  
0 other (N = 221)

**Remarks:** Very and fairly happy:

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>181%</td>
<td>37%</td>
</tr>
</tbody>
</table>

### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-HL/c/sq/v/5/a</td>
<td>G = +.76</td>
<td></td>
</tr>
<tr>
<td></td>
<td>p &lt; .01</td>
<td></td>
</tr>
<tr>
<td>O-HL/c/sq/v/5/a</td>
<td>tau = +.30</td>
<td></td>
</tr>
<tr>
<td></td>
<td>p &lt; .01</td>
<td></td>
</tr>
</tbody>
</table>

**Correlational finding on Happiness and Sexual monogamy**

Subject code: S3.2.3
Findings on Happiness and SEX-LIFE

**Study**

Reported in: Moller, V.; Welch, G.J.
Polygamy Well-Being of Zulu Migrants.
Report University of Natal, Centre for Applied Social Sciences, 1985, Durban, South Africa
Page in Report: 33

Population: Ex-migrant workers, returned to rural Kwazulu, South Africa, 1984

Sample:

Non-Response:

N: 253

**Correlate**

Authors label: Polygamy (7)

Our classification: Sexual monogamy, code S3.2.3

Measurement:

1 polygamist (N = 32)
0 other (N = 221)

Remarks: Very and fairly satisfied with life:
1 53%
0 34%

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/u/sq/v/5/d</td>
<td>G = +.38 p &lt; .01</td>
<td></td>
</tr>
<tr>
<td></td>
<td>tau = +.13 p &lt; .01</td>
<td></td>
</tr>
</tbody>
</table>

**Correlational finding on Happiness and Attitudes to one’s sex-life**

Subject code: S3.3
### Study VENTE 1995

*Reported in:* Ventegodt, S.  
*Livskvalitet i Danmark. (Quality of Life in Denmark).*  
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 [http://www.livskvalitet.org/t1/index.asp](http://www.livskvalitet.org/t1/index.asp)  
*Page in Report:* 278

*Population:* 18-88 aged, general public, Denmark, 1993

*Sample:* Non-probability purposive sample

*Non-Response:* 39%

*N:* 1494

---

### Correlate

*Authors label:* attractiveness (1)

*Our classification:* Attitudes to one's sex-life, code S3.3

*Measurement:* Single question:  
"Do you feel sexually attractive?"  
1: no  
2: not sure  
3: yes


---

### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>r=+.15</td>
<td>1: Mt=7.20</td>
</tr>
<tr>
<td></td>
<td>p&lt;.00</td>
<td>2: Mt=7.76</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3: Mt=8.10</td>
</tr>
<tr>
<td></td>
<td></td>
<td>All Mt=7.76</td>
</tr>
<tr>
<td>O-SLu/c/sq/v/5/e</td>
<td>r=+.13</td>
<td>1: Mt=7.09</td>
</tr>
<tr>
<td></td>
<td>p&lt;.00</td>
<td>2: Mt=7.35</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3: Mt=7.81</td>
</tr>
<tr>
<td></td>
<td></td>
<td>All Mt=7.45</td>
</tr>
</tbody>
</table>
Findings on Happiness and SEX-LIFE

\[ r = +.16 \]
\[ p < .00 \]

1: Mt = 6.58
2: Mt = 6.81
3: Mt = 7.40
All Mt = 6.96

**Correlational finding on Happiness and Concern about sex**

**Subject code: S3.3.1**

**Study**

**CAMER 1975**

**Reported in:** Cameron, P.
*Mood as an Indicant of Happiness: Age, Sex, Social Class and Situational Differences.*
Page in Report: 218/220

**Population:** College students, Detroit, USA, 197?

**Sample:** Non-probability chunk sample

**Non-Response:** ?

**N:** 187

**Correlate**

**Authors label:** Frequency of thinking about sex (1)

**Our classification:** Concern about sex, code S3.3.1

**Measurement:** Time sampling, the questions asked 21 times during 10 weeks: "Were you thinking about sex?", and "If you were thinking about a person, was he your or the opposite sex?"

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
</table>

Thinking about sex:
Happy mood: \( r = +.29 \) (001)  
Neutral mood: \( r = -.21 \) (01)  
Unhappy mood: \( r = +.15 \) (01)

Thinking about person of opposite sex:
Happy mood: \( r = +.49 \) (001)  
Neutral mood: \( r = -.31 \) (001)  
Unhappy mood: \( r = +.04 \) ns

Happiness assessed by time sampling. Correlations concern frequency of report of happy, neutral or sad mood.
<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-CP/g/sq/v/7/a</td>
<td>SNR = ns</td>
<td></td>
</tr>
<tr>
<td>A-CP/g/sq/v/7/a</td>
<td>DM = ns</td>
<td></td>
</tr>
</tbody>
</table>

**Correlational finding on Happiness and Concern about sex**

**Subject code: S3.3.1**

**Study**

- **WATTE 1995**

  **Reported in:** Watten, R.G.; Syversen, J.L.; Myhrer, T. Quality of Life, Intelligence and Mood. Social Indicators Research, 1995, Vol. 36, 287 - 299. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF01078818

  **Page in Report:** 293

**Population:** Army recruits, Norway, 199?

**Sample:** Probability simple random sample

**Non-Response:**

- **N:** 269

**Correlate**

**Authors label:** Sexual lust

**Our classification:** Concern about sex, code S3.3.1

**Measurement:** Self report of sexual lust intensity

1. no intensity
2. 3
4. 5
6. 7 very much intensity

**Measured Values:** M = 4.91 SD = 1.9

**Remarks:** Item in modified version of Tension Stress Inventory (TESI)
### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-HL/c/sq/v/3/a</td>
<td>$r=+.06$</td>
<td>ns</td>
</tr>
<tr>
<td>O-SLW/c/sq/v/7/d</td>
<td>$r=+.08$</td>
<td>ns</td>
</tr>
</tbody>
</table>

---

### Correlational finding on Happiness and Problems with sex

**Subject code: S3.3.2**

**Study**

*DEHAE 1987*


*Page in Report:* 7


*Sample:*

*Non-Response:* 17% (6 refusals and one death in the meantime)

*N:* 34

**Correlate**

*Authors label:* Loss of libido (1)

*Our classification:* Problems with sex, code S3.3.2

*Measurement:* Rotterdam Symptom Checklist (see de Haes, Pruyn & van Knippenberg, 1983)
Findings on Happiness and SEX-LIFE

Beta= +.15
11 months after surgery (T1)

Beta=.17
18 months after surgery (T2)

β controlled for: Psychological complaints, pain, gastro-intestinal symptoms, fatigue, activity level, perceived impact of breast-surgery on body image, and fear of recurrence of cancer and death

Correlational finding on Happiness and Problems with sex
Subject code: S3.3.2

Study
DEROG 1996


Population: Students and mental patients, USA 199?

Sample: Non-probability chunk sample

Non-Response: not reported

N: 338

Correlate

Authors label: Mental illness

Our classification: Problems with sex, code S3.3.2

Measurement:
1. mental patients
   a. outpatients, mainly sexual dysfunction complaints
   b. inpatients
0. normals (students)

Measured Values: N=338, 1a: 88, 1b: 50, 0: 200
Findings on Happiness and SEX-LIFE

Remarks: Selection method of respondents (normals) not reported.

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-Bde/c/mq/n/5/a</td>
<td>D%=-</td>
<td>Unhappy Moderate Happy</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1. a. mental outpatients 18,2% 38,6% 43,2%</td>
</tr>
<tr>
<td></td>
<td></td>
<td>b. mental inpatients 56,0% 26,0% 18,0%</td>
</tr>
<tr>
<td></td>
<td></td>
<td>0. normals 2.5% 19,0% 78,5%</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Problems with sex
Subject code: S3.3.2

Study SYMON 1937

Reported in: Symonds, P.M.
Happiness as Related to Problems and Interests.
Journal of Educational Psychology, 1937, Vol. 28, 290 - 294
Page in Report: 292

Population: High school pupils and college students, USA, 193?

Sample:
Non-Response: -
N: 1651

Correlate

Authors label: Having problems with sex (1)

Our classification: Problems with sex, code S3.3.2

Measurement: Closed question
Findings on Happiness and SEX-LIFE

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-CP/g/sq/v/7/a</td>
<td>SNR=-</td>
<td>High school students only: L-shaped curve: significantly negative among happier students only</td>
</tr>
<tr>
<td></td>
<td>DM=-</td>
<td>High school students only: L-shaped curve: significantly negative among happier students only</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Problems with sex
Subject code: S3.3.2

Study
VENTE 1995

Reported in: Ventegodt, S. 
Livskvalitet i Danmark. (Quality of Life in Denmark). 
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 280

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: sexual problems (2)

Our classification: Problems with sex, code S3.3.2

Measurement: Single question:
"Do you feel that you have sexual problems?"
0 : no
1a: yes, but they are not related to any prolonged illness, handicap
1b: yes, and they are related to a prolonged illness/handicap

Measured Values: N: All:1377, 0:1068, 1a:277, 1b:32
## Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
</table>
| A-AOL/m/sq/v/5/a   | r=-.28     | 0 : Mt=8.08  
                      | p<.00      | 1a: Mt=6.86  
                      |            | 1b: Mt=5.86  
                      |            | All Mt=7.79  |
| O-SLu/c/sq/v/5/e   | r=-.29     | 0 : Mt=7.78  
                      | p<.00      | 1a: Mt=6.38  
                      |            | 1b: Mt=5.84  
                      |            | All Mt=7.45  |
| O-HL/c/sq/v/5/h    | r=-.24     | 0 : Mt=7.23  
                      | p<.00      | 1a: Mt=6.04  
                      |            | 1b: Mt=6.29  
                      |            | All Mt=6.96  |

## Correlational finding on Happiness and Problems with sex

### Subject code: S3.3.2

**Study**  
**VENTE 1995**

*Reported in:* Ventegodt, S.  
Livskvalitet i Danmark. (Quality of Life in Denmark).  
Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp  
Page in Report: 282

*Population:* 18-88 aged, general public, Denmark, 1993

*Sample:* Non-probability purposive sample

*Non-Response:* 39%

*N:* 1494
**Findings on Happiness and SEX-LIFE**

- **Authors label:** sexual problems (1)
- **Our classification:** Problems with sex, code S3.3.2

**Measurement:** Single question:
"If you have sexual problems, what is your problem?"
  a: none 
  b: absence of a suitable sexual partner 
  c: reduced sexual desire 
  d: pain or discomfort during intercourse 
  e: unable to achieve orgasm 
  f: reduced ability to achieve erection(m) 
  g: premature ejaculation(m) 
  h: vaginism(f) 
  i: other

**Measured Values:** All:1466, a:1065, b:91, c:106, d:25, e:57, f:39, g:35, h:3, i:45

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>a: Mt=8.09</td>
<td></td>
</tr>
<tr>
<td></td>
<td>b: Mt=6.24</td>
<td></td>
</tr>
<tr>
<td></td>
<td>c: Mt=6.94</td>
<td></td>
</tr>
<tr>
<td></td>
<td>d: Mt=6.80</td>
<td></td>
</tr>
<tr>
<td></td>
<td>e: Mt=7.06</td>
<td></td>
</tr>
<tr>
<td></td>
<td>f: Mt=6.80</td>
<td></td>
</tr>
<tr>
<td></td>
<td>g: Mt=7.08</td>
<td></td>
</tr>
<tr>
<td></td>
<td>h: Mt=6.66</td>
<td></td>
</tr>
<tr>
<td></td>
<td>i: Mt=6.55</td>
<td></td>
</tr>
<tr>
<td>All Mt=7.71</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| O-SLu/c/sq/v/5/e   | a: Mt=7.78 |                     |
|                   | b: Mt=5.50 |                     |
|                   | c: Mt=6.50 |                     |
|                   | d: Mt=6.50 |                     |
|                   | e: Mt=6.58 |                     |
|                   | f: Mt=7.00 |                     |
|                   | g: Mt=6.71 |                     |
|                   | h: Mt=5.84 |                     |
|                   | i: Mt=6.34 |                     |
| All Mt=7.38       |            |                     |
Findings on Happiness and SEX-LIFE

O-HL/c/sq/v/5/h  
\[ r = .24, \quad p < .00 \]

\[
\begin{align*}
    a: & \text{ Mt}=7.24 \\
    b: & \text{ Mt}=5.19 \\
    c: & \text{ Mt}=6.29 \\
    d: & \text{ Mt}=6.40 \\
    e: & \text{ Mt}=6.71 \\
    f: & \text{ Mt}=7.00 \\
    g: & \text{ Mt}=6.29 \\
    h: & \text{ Mt}=5.00 \\
    i: & \text{ Mt}=6.39 \\
    \text{All: } & \text{ Mt}=6.94
\end{align*}
\]

Correlational finding on Happiness and Problems with sex
Subject code: S3.3.2

Study

**VENTE 1996**

*Reported in:* Ventegodt, S.  
Page in Report: 294,296

*Population:* 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

*Sample:* Non-probability chunk sample

*Non-Response:* 39%

*N:* 4500

Correlate

*Authors label:* sexual problems:having or not

*Our classification:* Problems with sex, code S3.3.2

*Measurement:* Single question:
"Do you feel that you have sexual problems?"
1: no
2: yes, but they are not related to any prolonged illness/handicap
3: yes, and they are related to a prolonged illness/handicap

http://worlddatabaseofhappiness.eur.nl/hap_cor/top_sub.php?code=S3
**Findings on Happiness and SEX-LIFE**

**Measured Values:** N: All:2414; %: 1:69.0; 2: 29.3; 3: 1.7

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>r=-.30</td>
<td>WOMEN:</td>
</tr>
<tr>
<td></td>
<td>p&lt;.00</td>
<td>1: Mt=8.13</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2: Mt=6.83</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3: Mt=5.95</td>
</tr>
<tr>
<td></td>
<td></td>
<td>MEN:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1: Mt=8.15</td>
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<td>A-AOL/m/sq/v/5/a</td>
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<td>WOMEN:</td>
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<td></td>
<td>p&lt;.00</td>
<td>1: Mt=7.91</td>
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<tr>
<td></td>
<td></td>
<td>2: Mt=6.43</td>
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<tr>
<td></td>
<td></td>
<td>3: Mt=6.31</td>
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<td>O-SLu/c/sq/v/5/e</td>
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<td></td>
<td>p&lt;.00</td>
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<td>p&lt;.00</td>
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<td>p&lt;.00</td>
<td>1: Mt=7.50</td>
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<td>p&lt;.00</td>
<td>1: Mt=7.34</td>
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<td>2: Mt=5.85</td>
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<td></td>
<td></td>
<td>3: Mt=4.76</td>
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</table>

**Correlational finding on Happiness and Problems with sex**

**Subject code: S3.3.2**
**Study**

**Reported in:** Ventegodt, S.  
Page in Report: 298,300

**Population:** 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

**Sample:** Non-probability chunk sample

**Non-Response:** 39%

**N:** 4500

**Correlate**

**Authors label:** sexual problems, kind of

**Our classification:** Problems with sex, code S3.3.2

**Measurement:** The sexual problems:

**WOMEN:**
1: none  
2: one of the following:
2a: absence of suitable sexual partner  
2b: reduced sexual desire  
2c: pain or discomfort during intercourse  
2d: unable to achieve orgasm  
2e: vaginism  
2f: other

**MEN:**
1: none  
2: one of the following:
2a: absence of a suitable sexual partner  
2b: reduced sexual desire  
2c: pain or discomfort during intercourse  
2d: unable to achieve orgasm  
2e: reduced ability to achieve erection  
2f: premature ejaculation  
2g: other

**Measured Values:**

N: WOMEN: All:2616; %:1: 63,6; 2a: 6,8; 2b: 15,3; 2c: 3,4; 2d: 5,1; 2e: 0,4; 2f: 5,4 N: MEN: All:2092; %:1: 74; 2a: 11,7; 2b: 2,8; 2c: 0,5; 2d: 0,4; 2e: 0,9; 2f: 5,2; 2g: 4,4

**Observed Relation with Happiness**
<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
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<td>WOMEN:</td>
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<tr>
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<td>1: Mt=8.13</td>
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<td>2: Mt=6.93</td>
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<td></td>
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<td>2a: Mt=6.34</td>
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<td></td>
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<td>2f: Mt=6.09</td>
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<td>2f: Mt=6.56</td>
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<tr>
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<td></td>
<td>2g: Mt=6.03</td>
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</table>
Correlational finding on Happiness and Problems with sex
Subject code: S3.3.2

Study WILSO 1965

Reported in: Wilson, W.R.
Relations of Sexual Behaviors, Values and Conflicts to Avowed Happiness. Psychological Reports, 1965, Vol. 17, 371 - 378. ISSN 0033 2941
Page in Report: 375

Population: College students, undergraduates, Hawaii, USA, 196?

Sample:

Non-Response:

N: 101

Correlate

Authors label: Perceived liberality of sexual attitudes of others (1)

Our classification: Problems with sex, code S3.3.2
**Findings on Happiness and SEX-LIFE**

**Measurement:**

a. **Peers:**
   6-item questionnaire of various sexual behaviors varying in intimacy, scored for those behaviors which one's peer group would not seriously disapprove of on a first date, after several dates, with a steady and with a fiancé(e).

b. **Parents:**
   6-item questionnaire (see above), scored for sexual behaviors which one's parents would not seriously disapprove of.

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-TH/g/sq/v/11/a</td>
<td>r=+.02</td>
<td>ns</td>
</tr>
<tr>
<td></td>
<td>r=-.04</td>
<td>ns</td>
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</tbody>
</table>

---

**Correlational finding on Happiness and Satisfaction with sex-life**

**Subject code: S3.3.3**

**Study**

ANDRE 1976/3
Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Page in Report: 112

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:
Non-Response: 38%
N: 1072

Correlate

Authors label: Satisfaction with sex life (1)
Our classification: Satisfaction with sex-life, code S3.3.3
Measurement: Closed question: "How do you feel about your sex life?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure Statistics Elaboration/Remarks
O-DT/u/sqt/v/7/a E²=+.40

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study

ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Page in Report: 112

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:
Findings on Happiness and SEX-LIFE

Non-Response: 38%
N: 1072

Correlate

Authors label: Satisfaction with sex life (2)
Our classification: Satisfaction with sex-life, code S3.3.3
Measurement: Closed question: "How do you feel about your sex life?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure Statistics Elaboration/Remarks
O-DT/u/sqt/v/7/a $E^2=+.40$

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study ANDRE 1976/3

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Page in Report: 112

Population: 18+ aged, general public, non institutionalized, USA, 1972/11

Sample:
Non-Response: 38%
N: 1072

Correlate

Authors label: Satisfaction with sex life (3)
Findings on Happiness and SEX-LIFE

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: Closed question: "How do you feel about your sex life?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure Statistics Elaboration/Remarks
O-DT/u/sqt/v/7/a E²=+.40

Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with sex life (1)

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: Closed question: "How do you feel about your sex life?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted
Findings on Happiness and SEX-LIFE

Observed Relation with Happiness

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>O-DT/u/sqt/v/7/a</td>
<td>r=+.42</td>
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</tbody>
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Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Page in Report: 112

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with sex life (3)

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: Closed question: "How do you feel about your sex life?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

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<tr>
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<tbody>
<tr>
<td>O-DT/u/sqt/v/7/a</td>
<td>r=+.42</td>
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Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study ANDRE 1976/5

Reported in: Andrews, F.M.; Withey, S.B.
Social Indicators of Well-being: Americans' Perceptions of Life Quality
Page in Report: 113

Population: 18+ aged, general public, non-institutionalized, USA, 1973/7

Sample:

Non-Response:

N: 222

Correlate

Authors label: Satisfaction with sex life (2)

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: Closed question: How do you feel about your sex life?
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Observed Relation with Happiness

Happiness Measure Statistics Elaboration/Remarks
O-DT/u/sqt/v/7/a r=+.42

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study BACH 1993
Reported in: Bach J.R., Tilton M.C
Life Satisfaction and Well-Being Measures in Ventilator Assisted Individuals With traumatic Tetraplegia
Page in Report: 62629

Population: Tetraplegia patients and controls, USA, 1985
Sample: Non-probability purposive sample
Non-Response: 40%

N: 87

Correlate

Authors label: Satisfaction with sexual life
Our classification: Satisfaction with sex-life, code S 3.3.3
Measurement: Self report on single question:
1 completely dissatisfied
.
.
7 completely satisfied

Measured Values: Patients ventilator assist M = 3.08 SD = 2.21 Patients autonoom breathing M = 3.17 SD = 1.95 Healthy controls M = 5.52 SD = 1.53

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SLW/u/sq/n/7/a</td>
<td>r=+.34</td>
<td>Patients ventilator assisted</td>
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<td>p&lt;.05</td>
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</tr>
<tr>
<td>O-SLW/u/sq/n/7/a</td>
<td>r=+.59</td>
<td>Patients autonoom breathing</td>
</tr>
<tr>
<td></td>
<td>p&lt;.001</td>
<td></td>
</tr>
<tr>
<td>O-SLW/u/sq/n/7/a</td>
<td>r=+.38</td>
<td>Healthy controls</td>
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<tr>
<td></td>
<td>p&lt;.001</td>
<td></td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3
Findings on Happiness and SEX-LIFE

Study BAKKE 1974


Sample:
Non-Response: 34% refusal and unattainable.

N: 1552

Correlate

Authors label: Satisfaction with love life. (3)

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: Closed question rated on an open graphic scale ranging from 'very dissatisfied' to 'very satisfied'.

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-HP/g/sq/ol/7/a</td>
<td>G =+.70 p&lt;.05</td>
<td>Lower among age 41-50 and 61-65 Stronger among low S.E.S. Not among high educational level. Unaffected by sex.</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study BRADB 1967
Findings on Happiness and SEX-LIFE

Reported in: Bradbury, B.R. 
Page in Report: 64

Population: University students, North Texas State, USA, 1966/67

Sample:

Non-Response:

N: 313

Correlate

Authors label: Sex guilt (1)

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: Subscale from the Mosher Incomplete Sentences Test (see Mosher, 1961)

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
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<tr>
<td>O-HP/g/sq/v/3/a</td>
<td>$E^2 = .12$</td>
<td>$p &lt; .05$</td>
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</table>

Correlational finding on Happiness and Satisfaction with sex-life 
Subject code: S3.3.3

Study

BRANH 1991

Page in Report: 103


Sample: Probability stratified sample
Findings on Happiness and SEX-LIFE

Non-Response:

N: 163

Correlate

Authors label: Satisfaction with sexual life (1)

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: How satisfactory is this aspect of your life?.....
   Sexual life
   1 very dissatisfying
   2 dissatisfying
   3 rather dissatisfying
   4 rather satisfying
   5 satisfying
   6 very satisfying

Observed Relation with Happiness

Happiness Measure Statistics Elaboration/Remarks
O-SLW/u/sq/v/6/a rs=+.40
   p<.001

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study

HEADE 1981

Reported in: Headey, B.
The Quality of Life in Australia
Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300;ISSN e 1573
0921 DOI:10.1007/BF00286195
Page in Report: 166

Population: Adults, general public, Australia 1978

Sample: Probability sample (unspecified)

Non-Response: not reported
Findings on Happiness and SEX-LIFE

N: 679

Correlate

Authors label: Sex life

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: 1 single question on satisfaction with sex life scored on a 1-9 D-T rating scale.

Measured Values: M = 6.8 SD = 1.6

Remarks: Item scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

<table>
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<th>Happiness Measure</th>
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<td>- self-fulfillment</td>
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<td>- problem handling</td>
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</tbody>
</table>

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3
Findings on Happiness and SEX-LIFE

Study HEADE 1984

Page in Report: 221

Population: 18-65 aged, general public, followed 3 years, Melbourne, Australia, 1979-80

Sample:

Non-Response:

N: 184

Correlate

Authors label: Satisfaction with sex life (2)

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: Closed question rated on a 9-point scale (delighted ... terrible) Assessed at T2.

Observed Relation with Happiness

Happiness Measure | Statistics | Elaboration/Remarks

A-BB/cm/mg/v/2/a | Beta= +.27 p<.01 | Happiness T2 by satisfaction T2, controlling for happiness T1 and satisfaction T1.

ß can be interpreted as regression between CHANGE OF HAPPINESS and CHANGE OF SATISFACTION in time.

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study KOLOT 2002

Findings on Happiness and SEX-LIFE


Page in Report: 166

Population: 18+aged, overweight, USA, 199?

Sample: Non-probability accidental sample

Non-Response: 0

N: 494

Correlate

Authors label: Sexual life

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: IQOL-Lite (Kolotkin & Crosby, 2001)
Four items on sexual life, rated with respect to the last week on a five point scale from 'always true' to 'never true'. Higher scored indicate poorer quality of life. A typical item is: 'Because of my weight I do not enjoy sexual activity'.

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-QLS/u/sq/v/5/a</td>
<td>r=+.47</td>
<td>p&lt;.001</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study MILLE 1968
Findings on Happiness and SEX-LIFE

Reported in: Miller, H.; Wilson, W.
Relation of Sexual Behaviors, Values, and Conflict to avowed Happiness and Personal Adjustment.
Psychological Reports, 1968, Vol. 23, 1075 - 1086. ISSN 0033 2941
Page in Report: 1082

Population: Students, undergraduates, Kent State University at Ashtabula, Ohio, USA., 1966-67

Sample:

Non-Response:

N: 132

Correlate

Authors label: Sexual conflict (1)

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: Discrepancy between various scores indicative of sexual liberality: For questions used see under 'Liberality of Sexual Attitudes' (S 3.1)

a. Difference between liberality of sexual behaviors engaged in and liberality of sexual behaviors engaged in as revealed to parents.

b. Difference between liberality of sexual behaviors engaged in and liberality of sexual behaviors engaged in as revealed to parents.

c. Difference between liberality of sexual behaviors engaged in and liberality of sexual behaviors one would like to engage in with a date.

d. Difference between liberality of sexual behaviors engaged in and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé(e).

e. Difference between liberality of sexual behaviors engaged in and revealed to peers and liberality of sexual behaviors engaged in and revealed to parents.
f. Difference between liberality of sexual behaviors engaged in and revealed to peers and liberality of sexual behaviors one would like to engage in with a date.

g. Difference between liberality of sexual behaviors engaged in and revealed to peers and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé(e).

h. Difference between liberality of sexual behaviors engaged in and revealed to parents and liberality of sexual behaviors one would like to engage in with a date.

i. Difference between liberality of sexual behaviors engaged in and revealed to parents and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé(e).

j. Difference between liberality of sexual behaviors one would like to engage in with a date and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé(e).

Remarks:

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Subject</th>
<th>Correlation Coefficient</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Males</td>
<td>+.23</td>
<td>ns</td>
</tr>
<tr>
<td>Females</td>
<td>-.07 ns</td>
<td></td>
</tr>
<tr>
<td>Males</td>
<td>+.03 ns</td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>-.07 ns</td>
<td></td>
</tr>
<tr>
<td>Males</td>
<td>+.03 ns</td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>-.15 ns</td>
<td></td>
</tr>
<tr>
<td>Males</td>
<td>+.03 ns</td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>+.17 ns</td>
<td></td>
</tr>
<tr>
<td>Males</td>
<td>-.21 ns</td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>-.11 ns</td>
<td></td>
</tr>
<tr>
<td>Males</td>
<td>-.17 ns</td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>-.08 ns</td>
<td></td>
</tr>
<tr>
<td>Males</td>
<td>+.18 ns</td>
<td></td>
</tr>
</tbody>
</table>
Findings on Happiness and SEX-LIFE

M-TH/g/sq/v/9/a  r=+.18  females

M-TH/g/sq/v/9/a  r=-.00 ns  h: males

M-TH/g/sq/v/9/a  r=-.04 ns  females

M-TH/g/sq/v/9/a  r=-.01 ns  i: males

M-TH/g/sq/v/9/a  r=-.26  females  p<.05

M-TH/g/sq/v/9/a  r=-.01 ns  j: males

M-TH/g/sq/v/9/a  r=-.30  females  p<.05

---

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study  PALMO 1972


Population: 46+ aged, whites, North Carolina, USA, 1968

Sample: Probability stratified sample

Non-Response:

N: 502

Correlate

Authors label: Sexual enjoyment. (1)
**Our classification**: Satisfaction with sex-life, code S3.3.3

**Measurement**: Selfreport on single question: "How much pleasure or enjoyment do you have during sex relations at the present time":

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>none</td>
</tr>
<tr>
<td>1</td>
<td>mild</td>
</tr>
<tr>
<td>2</td>
<td>moderate</td>
</tr>
<tr>
<td>3</td>
<td>very much</td>
</tr>
</tbody>
</table>

**Measured Values**: M-1.4 SD=1.1

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>C-BW/c/sq/l/10/c</td>
<td>r=+.14</td>
<td></td>
</tr>
</tbody>
</table>

---

**Correlational finding on Happiness and Satisfaction with sex-life**

**Subject code**: S3.3.3

**Study**

*PALMO 1977*


*Page in Report*: 313

*Population*: 46+ aged whites, followed 2 years, USA, 1968-1972/74

*Sample*: Probability stratified sample

*Non-Response:*

| N | 378 |

---

**Correlate**

*Authors label*: sexual enjoyment (2)

*Our classification*: Satisfaction with sex-life, code S3.3.3
Measurement: How much pleasure or enjoyment do you have during sex relation at the present time?
0 = none
1 = mild
2 = moderate
3 = very much

Assessed at T1= 1968/70.

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>C-BW/c/sq/l/10/c</td>
<td>r=+.14 p&lt;.05</td>
<td>T1 sexual enjoyment by T1 life satisfaction.</td>
</tr>
<tr>
<td></td>
<td>Beta=.07 ns</td>
<td>Multiple regression. Dependent T1 life satisfaction.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>self rated health</td>
</tr>
<tr>
<td></td>
<td></td>
<td>sexual enjoyment</td>
</tr>
<tr>
<td></td>
<td></td>
<td>soc. act hours</td>
</tr>
<tr>
<td></td>
<td></td>
<td>org. act.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>productive hours</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

Study: REITZ 2004

Reported in: Reitz, A.; Tobe, V.; Knapp, P.A; Schurch, B.
Impact of Spinal Cord Injury on Sexual Health and Quality of Life.
Page in Report: 170


Sample: Non-probability chunk sample

Non-Response: 0

N: 63
Findings on Happiness and SEX-LIFE

Correlate

Authors label: Sexual Life
Our classification: Satisfaction with sex-life, code S3.3.3
Measurement: Single question 'How satisfied are you with your sex life?'

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-SQL/c/sq/v/5/b</td>
<td>AoV=</td>
<td>p&lt;.NS</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study SCHUL 1985B


Population: Adults, non-institutionalized, Austria, 1984

Sample:

Non-Response: ?

N: 1776

Correlate

Authors label: Personal view on 'relation and sexuality' (1)
Our classification: Satisfaction with sex-life, code S3.3.3
**Measurement:** Single direct question: "How do you judge your situation, concerning 'relation and sexuality'?" Rated on a 5-point scale, ranging from 'not satisfying' to 'very good'.

**Remarks:** Ss without partner, with work only (N=134)

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>O-Sum/c/mg/v/5/a</td>
<td>Beta = +.18</td>
<td>β controlled for four domain satisfactions (income, work, social involvement, and leisure)</td>
</tr>
<tr>
<td></td>
<td>p&lt;.05</td>
<td></td>
</tr>
</tbody>
</table>

---

**Correlational finding on Happiness and Satisfaction with sex-life**

**Subject code: S3.3.3**

**Study**

**VENTE 1995**

**Reported in:** Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark). Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017 http://www.livskvalitet.org/t1/index.asp
Page in Report: 166

**Population:** 18-88 aged, general public, Denmark, 1993

**Sample:** Non-probability purposive sample

**Non-Response:** 39%

**N:** 1494

---

**Correlate**

**Authors label:** satisfaction with sex life (1)

**Our classification:** Satisfaction with sex-life, code S3.3.3
Findings on Happiness and SEX-LIFE

**Measurement:**
0: dissatisfied with sexlife
1: satisfied with sexlife

**Measured Values:** N 0: 91 1:413

**Remarks:** Ss in labourforce only

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>DMt=+</td>
<td></td>
</tr>
<tr>
<td></td>
<td>unemployed</td>
<td>employed</td>
</tr>
<tr>
<td></td>
<td>no contacts</td>
<td>contacts</td>
</tr>
<tr>
<td></td>
<td>0:Ms=4.59</td>
<td>6.16</td>
</tr>
<tr>
<td></td>
<td>1:Ms=7.00</td>
<td>8.35</td>
</tr>
<tr>
<td>O-SLu/c/sq/v/5/e</td>
<td>DMt=+</td>
<td></td>
</tr>
<tr>
<td></td>
<td>unemployed</td>
<td>employed</td>
</tr>
<tr>
<td></td>
<td>no contacts</td>
<td>contacts</td>
</tr>
<tr>
<td></td>
<td>0:Ms=3.34</td>
<td>5.09</td>
</tr>
<tr>
<td></td>
<td>1:Ms=7.25</td>
<td>8.05</td>
</tr>
<tr>
<td>O-HL/c/sq/v/5/h</td>
<td>DMt=+</td>
<td></td>
</tr>
<tr>
<td></td>
<td>unemployed</td>
<td>employed</td>
</tr>
<tr>
<td></td>
<td>no contacts</td>
<td>contacts</td>
</tr>
<tr>
<td></td>
<td>0:Ms=3.34</td>
<td>5.09</td>
</tr>
<tr>
<td></td>
<td>1:Ms=7.25</td>
<td>8.05</td>
</tr>
</tbody>
</table>

---

**Correlational finding on Happiness and Satisfaction with sex-life**

Subject code: S3.3.3

Study VENTE 1995

Reported in: Ventegodt, S.
Livskvalitet i Danmark. (Quality of Life in Denmark).
Forskningscentrets Forlag (The Quality of Life Research Center), København,
Page in Report: 272,274

Population: 18-88 aged, general public, Denmark, 1993
Sample: Non-probability purposive sample

Non-Response: 39%

N: 1494

Correlate

Authors label: satisfaction with sex-life (1)

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: Single question:
"How satisfied are you with your sex-life as it is, or is not, at present?"
1: very dissatisfied
2: dissatisfied
3: neither/nor
4: satisfied
5: very satisfied


Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>r=+.35</td>
<td>women:</td>
</tr>
<tr>
<td></td>
<td>p&lt;.00</td>
<td>1: Mt=5.54</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2: Mt=6.66</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3: Mt=7.01</td>
</tr>
<tr>
<td></td>
<td></td>
<td>4: Mt=7.94</td>
</tr>
<tr>
<td></td>
<td></td>
<td>5: Mt=8.63</td>
</tr>
<tr>
<td></td>
<td></td>
<td>All Mt=7.75</td>
</tr>
</tbody>
</table>

| A-AOL/m/sq/v/5/a   | r=+.39     | men                 |
|                   | p<.00      | 1: Mt=5.58          |
|                   |            | 2: Mt=6.75          |
|                   |            | 3: Mt=7.55          |
|                   |            | 4: Mt=8.08          |
|                   |            | 5: Mt=8.81          |
|                   |            | All Mt=7.80         |
Findings on Happiness and SEX-LIFE

O-SLu/c/sq/v/5/e  
\[ r = +.39 \]  
\[ p < .00 \]  

women:
1: Mt=4.83  
2: Mt=6.08  
3: Mt=6.71  
4: Mt=7.65  
5: Mt=8.39  
All Mt=7.44

O-SLu/c/sq/v/5/e  
\[ r = +.47 \]  
\[ p < .00 \]  

men
1: Mt=4.86  
2: Mt=6.13  
3: Mt=7.06  
4: Mt=7.81  
5: Mt=8.60  
All Mt=7.43

O-HL/c/sq/v/5/h  
\[ r = +.43 \]  
\[ p < .00 \]  

women:
1: Mt=5.18  
2: Mt=5.79  
3: Mt=6.19  
4: Mt=7.09  
5: Mt=8.16  
All Mt=7.01

O-HL/c/sq/v/5/h  
\[ r = +.52 \]  
\[ p < .00 \]  

men
1: Mt=4.73  
2: Mt=5.50  
3: Mt=6.38  
4: Mt=7.24  
5: Mt=8.31  
All Mt=6.90

Correlational finding on Happiness and Satisfaction with sex-life  
Subject code: S3.3.3

Study  
VENTE 1996

Reported in: Ventegodt, S.  
Page in Report: 172
**Findings on Happiness and SEX-LIFE**

*Population:* 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

*Sample:* Non-probability chunk sample

*Non-Response:* 39%

*N:* 4500

### Correlate

*Authors label:* (un)employed and satisfaction with sex and daily contacts

**Our classification:** Satisfaction with sex-life, code S3.3.3

**Measurement:** (Un)employment with/without satisfaction with sexlife, and daily personal contacts

- 0: no daily contacts
- 1: daily contacts

- dissatisfaction with sex life: sex-
- satisfaction with sex life: sex+

### Measured Values:

*N* All: 1893

**Remarks:** DMt+ for all 3 correlates

- unemployed < employed
- dissatisfied with sex life < satisfied with sex life
- no daily contacts < daily contacts

### Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A-AOL/m/sq/v/5/a</strong></td>
<td>DMt=+</td>
<td></td>
</tr>
<tr>
<td></td>
<td>unemployed</td>
<td>employed</td>
</tr>
<tr>
<td></td>
<td>sex-</td>
<td>sex+</td>
</tr>
<tr>
<td></td>
<td>no daily contact: Mt=4.90 7.05 6.05 8.19</td>
<td></td>
</tr>
<tr>
<td></td>
<td>daily contacts:     Mt=6.25 8.04 7.00 8.63</td>
<td></td>
</tr>
<tr>
<td><strong>O-SLu/c/sq/v/5/e</strong></td>
<td>DMt=+</td>
<td></td>
</tr>
<tr>
<td></td>
<td>unemployed</td>
<td>employed</td>
</tr>
<tr>
<td></td>
<td>sex-</td>
<td>sex+</td>
</tr>
<tr>
<td></td>
<td>no daily contact: Mt=4.90 7.05 6.05 8.19</td>
<td></td>
</tr>
<tr>
<td></td>
<td>daily contacts:     Mt=6.25 8.04 7.00 8.63</td>
<td></td>
</tr>
</tbody>
</table>
### Correlational finding on Happiness and Satisfaction with sex-life

**Subject code:** S3.3.3

**Study**

*Reported in:* Ventegodt, S.
Liskvalitet hos 4500 31-33-arige. (The Quality of Life of 4500 31-33-Years-Olds).
Page in Report: 284

**Population:** 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

**Sample:** Non-probability chunk sample

**Non-Response:** 39%

**N:** 4500

---

<table>
<thead>
<tr>
<th></th>
<th>unemployed</th>
<th>employed</th>
</tr>
</thead>
<tbody>
<tr>
<td>no daily contact</td>
<td>4.40  6.64</td>
<td>5.03  7.44</td>
</tr>
<tr>
<td>daily contacts</td>
<td>5.48  7.14</td>
<td>5.96  7.96</td>
</tr>
</tbody>
</table>

---

### Correlate

**Authors label:** satisfaction with one's sexlife

**Our classification:** Satisfaction with sex-life, code S3.3.3

**Measurement:** Single question:
- "How satisfied are you with your sex life as it is, or is not, at present ?
- 1: very dissatisfied
- 2: dissatisfied
- 3: neither/nor
- 4: satisfied
- 5: very satisfied

**Measured Values:** N: All:2460; 1:91; 2:249; 3:500; 4:945; 5:675

---

### Observed Relation with Happiness
<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
</table>
| **A-AOL/m/sq/v/5/a** | **r=+.39** | WOMEN:  
1: Mt=5.66  
2: Mt=6.61  
3: Mt=6.96  
4: Mt=7.90  
5: Mt=8.75 |
|                    | **p<.00**  | MEN:  
1: Mt=5.54  
2: Mt=6.71  
3: Mt=7.38  
4: Mt=8.06  
5: Mt=8.80 |
| **O-SLu/c/sq/v/5/e** | **r=+.42** | WOMEN:  
1: Mt=4.89  
2: Mt=6.11  
3: Mt=6.75  
4: Mt=7.69  
5: Mt=8.53 |
|                    | **p<.00**  | MEN:  
1: Mt=4.65  
2: Mt=6.14  
3: Mt=6.91  
4: Mt=7.71  
5: Mt=8.65 |
| **O-HL/c/sq/v/5/h** | **r=+.47** | WOMEN:  
1: Mt=4.88  
2: Mt=5.69  
3: Mt=6.23  
4: Mt=7.24  
5: Mt=8.30 |
|                    | **p<.00**  |
Correlational finding on Happiness and Satisfaction with sex-life
Subject code: S3.3.3

Study

WILSO 1965

Reported in: Wilson, W.R.
Relations of Sexual Behaviors, Values and Conflicts to Avowed Happiness. Psychological Reports, 1965, Vol. 17, 371 - 378. ISSN 0033 2941
Page in Report: 375

Population: College students, undergraduates, Hawaii, USA, 196?

Sample:

Non-Response:

N: 101

Correlate

Authors label: Sexual conflict (1)

Our classification: Satisfaction with sex-life, code S3.3.3

Measurement: Discrepancy between various scores indicative of sexual liberality:

a. Discrepancy between liberality of one's ideal sexual attitude and liberality of one's pragmatic sexual attitude.

b. Discrepancy between liberality of one's pragmatic sexual attitude and perceived liberality of sexual attitude of one's peer group.

c. Discrepancy between liberality of

r=+.51
p<.00

MEN:
1: Mt=4.91
2: Mt=5.59
3: Mt=6.36
4: Mt=7.25
5: Mt=8.39
Findings on Happiness and SEX-LIFE

one's ideal sexual attitude and perceived liberality of sexual attitude of one's peer group.

d. Discrepancy between liberality of one's pragmatic sexual attitude and perceived liberality of sexual attitude of one's parents.

e. Discrepancy between liberality of one's ideal sexual attitude and perceived liberality of sexual attitude of one's parents.

f. Discrepancy between perceived liberality of sexual attitudes of one's peers and one's parents.

Remarks: For questions used see under 'Liberality of Sexual Attitudes' (S 3.1) and 'Perceived Liberality of Sexual Attitudes of Others' (S 3.2)

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-TH/g/sq/v11/a</td>
<td>r=+.02</td>
<td>a.</td>
</tr>
<tr>
<td></td>
<td>ns</td>
<td></td>
</tr>
<tr>
<td>M-TH/g/sq/v11/a</td>
<td>r=+.14</td>
<td>c.</td>
</tr>
<tr>
<td></td>
<td>ns</td>
<td></td>
</tr>
<tr>
<td>M-TH/g/sq/v11/a</td>
<td>r=+.22</td>
<td>b.</td>
</tr>
<tr>
<td></td>
<td>p&lt;.5</td>
<td></td>
</tr>
</tbody>
</table>
Findings on Happiness and SEX-LIFE

M-TH/g/sq/v/11/a  r=+.17 ns  d.

M-TH/g/sq/v/11/a  r=-.09 ns  e.

M-TH/g/sq/v/11/a  r=+.06  f.

Correlational finding on Happiness and Restrictiveness of own attitude to sex

Subject code: S3.4.1

Study MILLE 1968


Population: Students, undergraduates, Kent State University at Ashtabula, Ohio, USA., 1966-67

Sample:

Non-Response:

N: 132

Correlate

Authors label: Liberality of sexual attitude. (1)

Our classification: Restrictiveness of own attitude to sex, code S3.4.1
**Measurement:**

a. Sexual behaviors engaged in:
6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of behaviors engaged in on a first date, after several dates, with a steady, with a fiancé(e).

b. Sexual behaviors engaged in and revealed to peers:
6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of sexual behaviors engaged in and later disclosed to a member of one's peer group.

c. Sexual behaviors engaged in and revealed to parents:
6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of sexual behaviors engaged in and later disclosed to one or both parents.

d. Sexual behaviors one would like to engage in with a date:
6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of behaviors one would like to engage in at different stages of a dating relationship.

e. Sexual behaviors deemed acceptable if experienced previously by fiancé(e):
6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of behaviors one would not seriously disapprove of if one's fiancé(e) had engaged in them before with someone else.

---

**Observed Relation with Happiness**

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-TH/g/sq/v/9/a</td>
<td>r=.07 ns</td>
<td>a: males</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M-TH/g/sq/v/9/a</td>
<td>r=.01 ns</td>
<td>females</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M-TH/g/sq/v/9/a</td>
<td>r=.25</td>
<td>b: males</td>
</tr>
<tr>
<td></td>
<td>p&lt;.05</td>
<td></td>
</tr>
</tbody>
</table>
### Findings on Happiness and SEX-LIFE

<table>
<thead>
<tr>
<th>Correlational finding on Happiness and Restrictiveness of own attitude to sex</th>
<th>Study</th>
<th>VEENH 1996</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><a href="http://www2.eur.nl/fsw/research/veenhoven/Pub1990s/96h-fulln.pdf">http://www2.eur.nl/fsw/research/veenhoven/Pub1990s/96h-fulln.pdf</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Page in Report: 42</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Population: Adults, 48 nations, around 1990</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sample: Probability sample (unspecified)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Non-Response:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>N: 75000</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>M-TH/g/sq/v/9/a</th>
<th>r=+.03</th>
<th>females</th>
</tr>
</thead>
<tbody>
<tr>
<td>ns</td>
<td></td>
<td></td>
</tr>
<tr>
<td>M-TH/g/sq/v/9/a</td>
<td>r=-.14 ns</td>
<td>c: males</td>
</tr>
<tr>
<td>M-TH/g/sq/v/9/a</td>
<td>r=+.22</td>
<td>females</td>
</tr>
<tr>
<td>ns</td>
<td></td>
<td></td>
</tr>
<tr>
<td>M-TH/g/sq/v/9/a</td>
<td>r=-.11 ns</td>
<td>d: males</td>
</tr>
<tr>
<td>M-TH/g/sq/v/9/a</td>
<td>r=+.12</td>
<td>females</td>
</tr>
<tr>
<td>ns</td>
<td></td>
<td></td>
</tr>
<tr>
<td>M-TH/g/sq/v/9/a</td>
<td>r=-.13 ns</td>
<td>a: males</td>
</tr>
<tr>
<td>M-TH/g/sq/v/9/a</td>
<td>r=-.16 ns</td>
<td>females</td>
</tr>
</tbody>
</table>
Findings on Happiness and SEX-LIFE

Correlate

Authors label: Acceptation of prostitution

Our classification: Restrictiveness of own attitude to sex, code S3.4.1

Measurement:
Average response to survey question:
Please tell me for prostitution whether it can
1: never be justified
. .
10: always be justified

Remarks: Data: World Value Survey 2 1990-92, Ann Arbor, Michagan, USA

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y-LH/l/yh/n/100/a</td>
<td>r=+.44</td>
<td>Happy Life Years by Acceptation of prostitution in 42 nations</td>
</tr>
<tr>
<td>Y-LH/l/yh/n/100/a</td>
<td>rpc=+.11</td>
<td>rpc controlled for buying power per capita</td>
</tr>
</tbody>
</table>

Correlational finding on Happiness and Restrictiveness of own attitude to sex
Subject code: S3.4.1

Study

WILSO 1965

Reported in: Wilson, W.R.
Relations of Sexual Behaviors, Values and Conflicts to Avowed Happiness.
Psychological Reports, 1965, Vol. 17, 371 - 378. ISSN 0033 2941
Page in Report: 375

Population: College students, undergraduates, Hawaii, USA, 196?

Sample: 
Correlate

Authors label: Liberal sexual attitude (1)

Our classification: Restrictiveness of own attitude to sex, code S3.4.1

Measurement:

a. Pragmatic liberalism:
   6-item questionnaire of various sexual behaviors varying in intimacy, scored for how one would probably behave when possible on a first date, after several dates, with a steady, and with a fiancé(e).

b. Ideal liberalism:
   6-item questionnaire of various sexual behaviors varying in intimacy scored for those behaviors one endorses or approves of on a first date, after several dates, with a steady, and with a fiancé(e).

Observed Relation with Happiness

<table>
<thead>
<tr>
<th>Happiness Measure</th>
<th>Statistics</th>
<th>Elaboration/Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-TH/g/sq/v/11/a</td>
<td>r=−.15 ns</td>
<td>a.</td>
</tr>
</tbody>
</table>

| M-TH/g/sq/v/11/a   | r=−.15 ns  |                     |

| M-TH/g/sq/v/11/a   | r=−.10 ns  | b.                  |
Correlational finding on Happiness and Acceptance of homo sexuality
Subject code: S3.4.2

Study

Reported in: Veenhoven, R.
Leefbaarheid van Landen. (Livability of Nations).
Page in Report: 42

Population: Adults, 48 nations, around 1990

Sample: Probability sample (unspecified)

Non-Response:

N: 75000

Correlate

Authors label: Acceptation of homosexuality

Our classification: Acceptance of homo sexuality, code S3.4.2

Measurement: Average response to survey question:
Please tell me for homosexuality whether it can
1: never be justified
.
10: always be justified

Remarks: Data: World Value Survey 2 1990-92, Ann Arbor, Michigan, USA

Observed Relation with Happiness

Happiness Measure | Statistics | Elaboration/Remarks

Findings on Happiness and SEX-LIFE

Y-LH/l/hh/n/100/a  r=+.72  Happy Life Years by Acceptation of homosexuality in 42 nations

Y-LH/l/hh/n/100/a  rpc=+.38  rpc controlled for buying power per capita

Appendix 1: Happiness Items used

<table>
<thead>
<tr>
<th>Happiness Item Code</th>
<th>Full Text</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-AOL/m/sq/v/5/a</td>
<td>Single direct question:</td>
</tr>
<tr>
<td></td>
<td>How are you feeling now....?</td>
</tr>
<tr>
<td></td>
<td>5 very good</td>
</tr>
<tr>
<td></td>
<td>4 good</td>
</tr>
<tr>
<td></td>
<td>3 neither good nor poor</td>
</tr>
<tr>
<td></td>
<td>2 poor</td>
</tr>
<tr>
<td></td>
<td>1 very poor</td>
</tr>
<tr>
<td>A-AOL/se/sq/v/7/a</td>
<td>Selfreport on single question</td>
</tr>
<tr>
<td></td>
<td>“Taken things together: how did you feel since you got ill....?”</td>
</tr>
<tr>
<td></td>
<td>7 very good</td>
</tr>
<tr>
<td></td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>1 very bad</td>
</tr>
<tr>
<td>A-ARE/mi/sqr/v/3/a</td>
<td>Selfreport on single question, asked 21 times in a period of 10 weeks (experience sampling)</td>
</tr>
<tr>
<td></td>
<td>&quot;How would you characterize your mood or impulse of the last instant....?&quot;</td>
</tr>
<tr>
<td></td>
<td>3 happy</td>
</tr>
<tr>
<td></td>
<td>2 neutral</td>
</tr>
<tr>
<td></td>
<td>1 sad</td>
</tr>
<tr>
<td></td>
<td>Summation: average of 21 scores.</td>
</tr>
</tbody>
</table>
Findings on Happiness and SEX-LIFE

**Selfreport on 10 questions:***

During the past few weeks, did you ever feel ....? (yes/no)

A Particularly exited or interested in something?
B So restless that you couldn't sit long in a chair?
C Proud because someone complimented you on something you had done?
D Very lonely or remote from other people?
E Pleased about having accomplished something?
F Bored?
G On top of the world?
H Depressed or very unhappy?
I That things were going your way?
J Upset because someone criticized you?

**Answer options and scoring:**

yes = 1
no = 0

**Summation:**

- Positive Affect Score (PAS): A+C+E+G+I
- Negative Affect Score (NAS): B+D+F+H+J
- Affect Balance Score (ABS): PAS minus NAS

Possible range: -5 to +5

Name: Bradburn's 'Affect Balance Scale' (standard version)

**Selfreport on 8 questions:**

"During the past week, did you ever feel......?"

A Particularly interested in or excited about something
B Pleased about having accomplished something
C On top of the world
D Pity for some people you know
E Helpless, with no control over situations
F Bored
G Vaguely uneasy about something without knowing why
H Angry about something that usually wouldn't bother you

**Rating options:**

0 never
1 once
2 several times
3 often

**Summation:** Factorially derived clusters:

A+B+C+D (Enhancement)
E+F+G+H (Discomfort)

Affect Balance Score: Enhancement minus Discomfort.

Possible range: +16 to -16
Name: Bradburn's `Affect Balance scale' (modified version)

A-Bde/c/mq/n/5/a Selfreport on 40 items

Lead sentence and items not reported

Positive affect dimensions
A Joy
B Contentment
C Vigor
D affection

Negative affect dimensions
E Anxiety
F Depression
G Guilt
H Hostility

Rated
0 not at all
1
2
3
4 extremely

Computation:
Positive Affects Total (PTOT): A+B+C+D
Negative Affects Total (NTOT): E+F+G+H
Affects Balance Index (ABI) : PTOT-NTOT/20

Name: Derogatis Affects Balance Scale, short (DBAS)

A-CP/g/sq/v/7/a Selfreport on single question:

"Check one of the following groups of adjectives which best describes you."
7 full of deep joy, excitedly happy, enthusiastic, thrilled
6 cheerful, successful, optimistic, lighthearted
5 satisfied, comfortable, life goes smoothly, peaceful
4 contented at times and at other times discontented, life has both favorable and unfavorable features
3 restless, impatient, uncertain, dull, cross, confined
2 anxious, irritated, discouraged, disappointed, discontented
1 gloomy, miserable, a failure, no pleasure in anything
Findings on Happiness and SEX-LIFE

C-BW/c/sq/l/10/c Selfreport on single question:

Here is a picture of a ladder. Suppose we say that the top of the ladder (10) represents the best possible life for you and the bottom (1) represents the worst possible life for you. Where on the ladder do you feel personally stand at the present time?

[ 9 ] best possible life for you
[ 8 ]
[ 7 ]
[ 6 ]
[ 5 ]
[ 4 ]
[ 3 ]
[ 2 ]
[ 1 ]
[ 0 ] worst possible life for you

Name: Cantril's self anchoring ladder rating of life (adapted version)

M-AO/c/mq/*/0/a Selfreport on 4 questions:

A For the past five years, how much have you accomplished of what you planned in your life?
1 completely failed
2
3
4
5
6
7 completely accomplished
B How much are you satisfied with your life as a whole these days?
1 completely dissatisfied
2
3
4
5
6
7 completely satisfied
C How much do you enjoy your life these days?
3 a great deal
2 a fair amount
1 not very much
D How happy have you been for the past five years?
1 completely unhappy
2
3
4
5
6
7 completely happy
Summation: % positive answers

Response options A, D and C not reported in full detail

**M-PL/c/rc/v/5/a**
Clinical rating by 4 experts on the basis of multi-method assessments during periodical stays in assessment center.

Rater instruction:
"To what extend does this person find pleasure in life at the present time...........?"
1 low
2
3 average
4
5 high

**M-TH/cm/sq/v/5/a**
Selfreport on single question:

During the past 4 weeks.... Have you been a happy person?
5 all of the time
4 most of the time
3 some of the time
2 a little of the time
1 none of the time

Item MH5 in SF-36 (Medical Outcome Study 36 item Short Form) version 2 (5-step rating scale)

**M-TH/cm/sq/v/6/a**
Selfreport on single question:

During the past 4 weeks.... Have you been a happy person?
6 all of the time
5 most of the time
4 a good bit of the time
3 some of the time
2 a little of the time
1 none of the time

Item MH5 in SF-36 (Medical Outcome Study 36 item Short Form)
Findings on Happiness and SEX-LIFE

M-TH/g/sq/v/11/a  Selfreport on single question:

Lead item not reported
11 completely and supremely happy, tremendous joy and elation
all the time
10
9
8 very happy most of the time
7
6 happy most of the time
5
4 not very happy most of the time
3
2.
1 completely utterly unhappy, terrible depression and gloom
all the time
(originally presented horizontally)

M-TH/g/sq/v/9/a  Self report on single question:

"Please estimate your happiness on the scale below by marking a number from 1 to 9"
1 not very happy most of the time
2
3
4
5 happy most of the time
6
7
8
9 very happy most of the time

O-DT/u/sq/v/7/a  Selfreport on single question:

How do you feel about your life as a whole.....?
7 delighted
6 pleased
5 mostly satisfied
4 mixed
3 mostly dissatisfied
2 unhappy
1 terrible

Name: Andrews & Withey's `Delighted-Terrible Scale' (original version)
Selfreport on single question, asked twice in interview:

How do you feel about your life as a whole......?
7 delighted
6 pleased
5 mostly satisfied
4 mixed
3 mostly dissatisfied
2 unhappy
1 terrible

Summation: arithmetic mean

Name: Andrews & Withey's "Delighted-Terrible Scale" (original version)
Also known as Lehman's 'Global lifesatisfaction'

Selfreport on single question asked twice

'How do you feel about your life as a whole?'
1 terrible
2 very unhappy
3 unhappy
4 mostly dissatisfied
5 mixed feelings
6 mostly satisfied
7 pleased
8 very pleased
9 delighted

Selfreport on single question:

Taking all together, how would you say things are these days? Would you say you are .....?
3 very happy
2 pretty happy
1 not too happy

Selfreport on single question:

Taking all things together in your life, how would you say things are these days? Would you say you are ....?
5 very happy
4 happy
3 neither happy nor unhappy
2 unhappy
1 very unhappy
Selfreport on single question

'How happy are you now?'
5 very happy
4 happy
3 neither happy nor unhappy
2 unhappy
1 very unhappy

Original text in Danish:
'Hvor lykkelig er du for tiden?'
5 meget lykkelig
4 lykkelig
3 hverken eller
2 ullykklig
1 meget ullykkelig

Selfreport on single question:

Generally, how happy are you.....?
1 not at all
2
3
4
5
6
7
8
9 completely

(Originally presented on a horizontal line scale)

Selfreport on single question:

"Generally speaking are you a happy person.......?"

Responses were made on an open line scale, and were later coded in 7 categories:
1 very unhappy
2
3
4
5
6
7 very happy.

Selfreport on single question:

"Do you consider yourself to be.....?"
3 generally happy
2 moderately happy
1 generally unhappy
Findings on Happiness and SEX-LIFE

O-QLS/u/sq/v/5/a Selfreport on single question:

'Please rate your quality of life in each of the six areas below.
Overall: This refers to your overall, general quality of life.
7 extremely satisfied
6 very satisfied
5 satisfied
4 both satisfied and dissatisfied
3 dissatisfied
2 very dissatisfied
1 extremely satisfied

O-SL/?/sq/v/5/a Selfreport on single question:

"...... satisfaction with life ....."
(full question not reported)
5 very satisfied
4 satisfied
3 don't know/satisfied
2 don't know/not satisfied
1 disappointed in life

O-SLu/c/sq/v/5/e Selfreport on single question:

'How satisfied are you with your life now?'
5 very satisfied
2 satisfied
3 neither satisfied nor dissatisfied
2 dissatisfied
1 very dissatisfied

Original text in Danish:
'Hvor tilfreds er du med dit liv for tiden?'
5 meget tilfreds
4 tilfreds
3 hverken tilfreds eller utilfreds
2 utilfreds
1 meget utilfreds

O-SLW/c/sq/v/7/d Selfreport on single question:

Everything considered, how satisfied or dissatisfied would you say you are with your life these days?
1 extremely dissatisfied
2 very dissatisfied
3 pretty dissatisfied
4 both satisfied and dissatisfied (neutral)
5 pretty satisfied
6 very satisfied
7 extremely satisfied
Findings on Happiness and SEX-LIFE

Selfreport on single question: "How satisfied are you about your life as a whole since that time?" (onset of disease)
7 very satisfied
6
5
4
3
2
1 very dissatisfied

O-SLW/u/sq/n/7/a

Selfreport on single question:
Tell me how much you are satisfied or dissatisfied with your life as a whole
1 very dissatisfied
2
3
4
5
6
7 very satisfied

Last item in a series of questions about satisfaction with various domains in life

Selfreport on single question:
Taking your life as a whole, are you ........?
5 very satisfied
4 quite satisfied
3 more satisfied than discontented
2 more discontented than satisfied
1 quite dissatisfied

Selfreport on single question:
"How satisfying are these different aspects of your life? Indicate the number which best suits your situation. Life as a whole is......"
1 very dissatisfying
2 dissatisfying
3 rather dissatisfying
4 rather satisfying
5 satisfying
6 very satisfying

This item was followed by eight questions on life domain satisfactions.
Findings on Happiness and SEX-LIFE

Selfreport on single question:

How satisfied are you the quality of your life these days?
1 very dissatisfied
2 dissatisfied
3 neither nor
4 satisfied
5 very satisfied

Numbering reversed in original rating scale

Selfreport on 3 questions:

A When you consider your present life as-a-whole, would you say you are....?  
5 very happy
4 fairly happy
3 rather happy than unhappy
2 rather unhappy than happy
1 very unhappy
- DK/NA

B When you consider your present life as-a-whole, would you say you are.....?  
5 very satisfied
4 fairly satisfied
3 rather satisfied than dissatisfied
2 rather dissatisfied than satisfied
1 fairly dissatisfied
- DK/NA

C How do you feel right now? Is your well-being.....?  
5 very high
4 high
3 moderate
2 rather low
1 very low
- DK/NA

Summation: The summed scores were divided in three strata: low, medium and high quality of life

Selfreport in focused interview:

Interviews on life after divorce, in which happiness and life-satisfaction were items. Content analysis of taped records by two raters. Rated instructions not reported

Ratings made on a 5 steps scale. (Rating scale not reported)

Happy Life Years

Life-expectancy in nations multiplied by 0-1 average happiness as assessed with survey questions type O-HL
**Appendix 2: Statistics used**

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Explanation</th>
</tr>
</thead>
</table>
| AoV    | ANALYSIS of VARIANCE (ANOVA)  
Type: statistical procedure  
Measurement level: Correlate(s): nominal, Happiness: metric.  
In an ANOVA, the total happiness variability, expressed as the sum of squares, is split into two or more parts, each of which is assigned to a source of variability. At least one of those sources is the variability of the correlate, in case there is only one, and always one other is the residual variability, which includes all unspecified influences on the happiness variable. Each sum of squares has its own number of degrees of freedom (df), which sum up to Ne -1 for the total variability. If a sum of squares (SS) is divided by its own number of df, a mean square (MS) is obtained. The ratio of two correctly selected mean squares has an F-distribution under the hypothesis that the corresponding association has a zero-value.  
NOTE: A significantly high F-value only indicates that, in case of a single correlate, the largest of the c mean values is systematically larger than the smallest one. Conclusions about the other pairs of means require the application of a Multiple Comparisons Procedure (see e.g. BONFERRONI's MULTIPLE COMPARISON TEST, DUNCAN's MULTIPLE RANGE TEST or STUDENT-NEWMAN-KEULS). |
| Beta   | (β) STANDARDIZED REGRESSION COEFFICIENT by LEAST SQUARES (OLS)  
Type: test statistic.  
Measurement level: Correlates: all metric, Happiness: metric.  
Range: [-1 ; +1]  
Meaning:  
\[ \beta > 0 \] \[ \beta < 0 \] \[ \beta = 0 \] \[ \beta = 1 \text{ or } -1 \] « perfect correlation.  
Remark:  
Mean of observations is subtracted from all observations if standardized. |
| D%     | DIFFERENCE in PERCENTAGES  
Type: descriptive statistic only.  
Measurement level: Correlate level: dichotomous, but nominal or ordinal theoretically possible as well. Happiness level: dichotomous  
Range: [-100; +100]  
Meaning: the difference of the percentages happy people at two correlate levels. |
Findings on Happiness and SEX-LIFE

DM
DIFFERENCE of MEANS
Type: descriptive statistic only.
Measurement level: Correlate: dichotomous, Happiness: metric
Range: depending on the happiness rating scale of the author; range symmetric about zero.

Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels.

DMt
DIFFERENCE of MEANS AFTER TRANSFORMATION
Type: descriptive statistic only.
Measurement level: Correlate: dichotomous, Happiness: metric
Theoretical range: [-10; +10]

Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels.

E²
CORRELATION RATIO (Elsewhere sometimes called h² or ETA)
Type: test statistic
Measurement level: Correlate: nominal or ordinal, Happiness: metric
Range: [0; 1]

Meaning: correlate is accountable for E² x 100 % of the variation in happiness.
E² = 0 « knowledge of the correlate value does not improve the prediction quality of the happiness rating.
E² = 1 « knowledge of the correlate value enables an exact prediction of the happiness rating

G
GOODMAN & Kruskal's GAMMA
Type: test statistic
Measurement level: Correlate: ordinal, Happiness: ordinal
Range: [-1; +1]

Meaning:
G = 0 « no rank correlation
G = +1 « strongest possible rank correlation, where high correlate values correspond with high happiness ratings.
G = -1 « strongest possible rank correlation, where high correlate values correspond with low happiness ratings.
Findings on Happiness and SEX-LIFE

**PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient" or simply 'correlation coefficient')**
Type: test statistic.
Measurement level: Correlate: metric, Happiness: metric
Range: [-1; +1]

Meaning:
r = 0 « no correlation,
r = 1 « perfect correlation, where high correlate values correspond with high happiness values, and
r = -1 « perfect correlation, where high correlate values correspond with low happiness values.

**PARTIAL CORRELATION COEFFICIENT**
Type: test statistic
Measurement level: Correlate: metric, Happiness: metric
Range: [-1; +1]

Meaning: a partial correlation between happiness and one of the correlates is that correlation, which remains after accounting for the contribution of the other influences, or some of them, to the total variability in the happiness scores.
Under that conditions
rpc > 0 « a higher correlate level corresponds with a higher happiness rating,
rpc < 0 « a higher correlate level corresponds with a lower happiness rating,

**SPEARMAN'S RANK CORRELATION COEFFICIENT**
Type: test statistic
Measurement level: Correlate: ordinal, Happiness: ordinal.
Range: [-1; +1]

Meaning:
rs = 0 « no rank correlation
rs = 1 « perfect rank correlation, where high correlate values are associated with high happiness ratings
rs =-1 « perfect rank correlation, where high correlate values are associated with low happiness ratings

SNR Statistic Not Reported

tau **GOODMAN & Kruskal's TAU**
Type: descriptive statistic only.
Measurement level: Correlate: nominal, Happiness: ordinal
Range: [0; +1]

Meaning:
tau = 0 « knowledge of the correlate value does not improve the prediction quality of the happiness rating.
tau = 1 « knowledge of the correlate value enables a perfect (error-free) prediction of the happiness rating.
Appendix 3: About the World Database of Happiness

Structure of the collections

The World Database of Happiness is an ongoing register of scientific research on the subjective enjoyment of life. It brings together findings that are scattered throughout many studies and provides a basis for synthetic work.

World literature on Happiness
Selection on subject

Bibliography and Directory

Selection of empirical studies
Selection on valid measurement: Item Bank

Abstracting and classification of findings

How happy people are, distributional findings
Happiness in Nations, Happiness in Publics

What goes together with happiness
Correlational Findings

Listing of comparable findings in Nations
States of Nations, Trends in Nations

Size of the collections
1226 Happiness measures (Item Bank)
4258 Nations surveys in 206 Nations
149 Distinguished publics in 1199 studies
12032 Correlational findings in 1196 studies

Appendix 4 Further Findings in the World Database of Happiness

Main Subjects   Subject Description

Findings on Happiness and SEX-LIFE

A1 ACTIVITY: LEVEL (how much one does) 58
A2 ACTIVITY: PATTERN (what one does) 32
A3 AFFECTIVE LIFE 48
A4 AGE 400
A5 AGGRESSION 12
A6 ANOMY 32
A7 APPEARANCE (good looks) 15
A8 ATTITUDES 6
A9 AUTHORITARIANISM 4
B1 BIRTH CONTROL 1
B2 BIRTH HISTORY (own birth) 201
B3 BODY 77
C1 CHILDREN 1
C2 CHILDREN: WANT FOR (Parental aspirations) 6
C3 CHILDREN: HAVING (parental status) 195
C4 CHILDREN: CHARACTERISTICS OF ONE’S CHILDREN 25
C5 CHILDREN: RELATION WITH ONE’S CHILDREN 8
C6 CHILDREN: REARING OF ONE’S CHILDREN (parental behavior) 26
C7 COMMUNAL LIVING 9
C8 CONCERNS 18
C9 COPING 43
C10 CREATIVENESS 6
C11 CULTURE (Arts and Sciences) 8
D1 DAILY JOYS & HASSLES 5
E1 EDUCATION 302
E2 EMPLOYMENT 363
E3 ETHNICITY 98
E4 EXPRESSIVE BEHAVIOR 12
F1 FAMILY OF ORIGIN (earlier family for adults, current for young) 236
F2 FAMILY OF PROCREATION 58
F3 FAMILY OF RELATIVES 157
F4 FARMING 25
F5 FREEDOM 32
F6 FRIENDSHIP 152
G1 GENDER 370
G2 GRIEF 1
H1 HABITS 1
H2 HANDICAP 25
H3 HAPPINESS: VIEWS ON HAPPINESS 49
### Findings on Happiness and SEX-LIFE

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Appendix 5: Related Subjects

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A report of the World Database of Happiness, Correlational Findings