

# World Database of Happiness



## Correlational Findings on Happiness and SEX-LIFE Subject Code: S3

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### Classification of Findings

<i>Subject Code</i>	<i>Description</i>	<i>Nr of Studies on this Subject</i>
S3	SEX-LIFE	0
S3.1	Sex-life career	0
S3.1.1	Earlier sex-life	2
S3.1.1.1	. earlier sexual behavior	0
S3.1.1.2	. earlier satisfaction with sex-life	2
S3.1.2	Change in sex-life	2
S3.1.2.1	. change in sexual behavior	0
S3.1.2.2	. change in satisfaction with sex-life	1
S3.1.4	Later sex-life	0
S3.2	Current sex-life	1
S3.2.1	Sexual activity	5
S3.2.2	Sexual preference	5
S3.2.3	Sexual monogamy	4
S3.3	Attitudes to one's sex-life	1
S3.3.1	Concern about sex	3
S3.3.2	Problems with sex	8
S3.3.3	Satisfaction with sex-life	23
S3.4	Attitudes to sex in general	0
S3.4.1	Restrictiveness of own attitude to sex	3
S3.4.3	Perceived restrictiveness of others attitudes	0
S3.4.2	Acceptance of homo sexuality	1
S3.4.4	Attitudinal conflicts	0

Appendix 1	Happiness Items used
Appendix 2	Statistics used
Appendix 3	About the World Database of Happiness
Appendix 4	Further Findings in the World Database of Happiness
Appendix 5	Related Subjects

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Erasmus University Rotterdam, 2009, Netherlands

## Correlational finding on Happiness and Earlier sex-life

Subject code: S3.1.1

### Study **BRAY 1980**

*Reported in:* Bray, D.W.; Howard, A.  
 Career Success and Life-Satisfactions of Middle Aged Managers.  
 Bond, L.A.; Rosen, J.C.; Eds.: "Competence and Coping during Adulthood", University  
 Press of New England, 1980, London, UK, 258 - 287 ISBN: 0 8745 11 593  
 Page in Report: 278

*Population:* 40+ aged, male managers, Bell Telephone Company, 1978

*Sample:* Non-probability purposive-quota sample

*Non-Response:* panel loss at T5: 37%

*N:* 422

### Correlate

*Authors label:* need for heterosexuality (1)

*Our classification:* Earlier sex-life, code S3.1.1

*Measurement:* Edwards Personal Preference Schedule (EPPS) scale of heterosexuality.

This inventory reflects a need for social and sexual activities with the opposite sex as well as enjoying discussions, stories, and jokes involving sex.

Assessed at T1 (20 years before T5).

### Observed Relation with Happiness

*Happiness Measure*

*Statistics Elaboration/Remarks*

M-PL/c/rc/v/5/a

r=-.27  
p<.01

T1 need for heterosexuality by T5 happiness.

Later analysis of the full studygroup (N=266) also showed a significantly negative correlation (BRAY 1983 p 302).

## Correlational finding on Happiness and Earlier sex-life

Subject code: S3.1.1

### Study PERNE 2004

*Reported in:* Perneger, T.V.; Hudelson, P.M.; Bovier, P.A.  
 Health and Happiness in Young Swiss Adults.  
 Quality of Life Research, 2004, Vol. 13, 171 - 178. ISSN 0962 9343 DOI:10.1023/B:  
 QURE.0000015314.97546.60  
 Page in Report: 174

*Population:* University students, Switzerland, 1998.

*Sample:* Probability simple random sample

*Non-Response:* 36%

*N:* 1257

### Correlate

*Authors label:* Unwanted sexual experience

*Our classification:* Earlier sex-life, code S3.1.1

*Measurement:* 1- Never  
 2- Ever

*Measured Values:* 1: 79,9%, 2: 17,3%

### Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<a href="#">M-TH/cm/sq/v/5/a</a>	<u>D%=-</u> <u>p&lt;.001</u>	% happy (all or most of the time) 1: 65,1 2: 53,0

## Correlational finding on Happiness and . earlier satisfaction with sex-life

Subject code: S3.1.1.2

## Study PALMO 1977

*Reported in:* Palmore, E.B.;Kivett, V.  
Change in Life Satisfaction: A Longitudinal Study of Persons Aged 46 - 70.  
Journal of Gerontology, 1977, Vol. 32, 311 - 316. ISSN 0022 1422  
Page in Report: 313

*Population:* 46+ aged whites, followed 2 years, USA, 1968-1972/74

*Sample:* Probability stratified sample

*Non-Response:*

*N:* 378

## Correlate

*Authors label:* Sexual enjoyment (1)

*Our classification:* . earlier satisfaction with sex-life, code S3.1.1.2

*Measurement:* How much pleasure or enjoyment do you have during sexrelation at the present time?

0 = none

1 = mild

2 = moderate

3 = very much

Assessed at T1= 1968/70.

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>C-BW/c/sq/l/10/c</u>	<u>r=+.14</u> <u>p&lt;.05</u>	T1 enjoyment by T1 happiness
<u>C-BW/c/sq/l/10/c</u>	<u>r=+.16</u> <u>p&lt;.01</u>	T1 enjoyment by T2 happiness
<u>C-BW/c/sq/l/10/c</u>	<u>r=+.13</u> <u>p&lt;.01</u>	T1 enjoyment by T3 happiness

C-BW/c/sq/l/10/c      Beta=      Multiple regression Dependent T1 life  
+ .07 ns      satisfaction.  
Selfrated health      R= +.42  
Sexual enjoyment      B1=+.43  
Soc. Act. hours      B2=+.44  
Org. activity      B3=+.46  
Productive hours      B4=+.46

C-BW/c/sq/l/10/c      Beta=      Multiple regression Dependent T2 life  
+ .11      satisfaction.  
p<.05      Selfrated health      R= +.42  
Sexual enjoyment      B1=+.43  
Soc. Act. hours      B2=+.44  
Org. activity      B3=+.46  
Productive hours      B4=+.46

C-BW/c/sq/l/10/c      Beta=      Multiple regression Dependent T3 life  
+ .10      satisfaction.  
p<.05      Selfrated health      R= +.42  
Sexual enjoyment      B1=+.43  
Soc. Act. hours      B2=+.44  
Org. activity      B3=+.46  
Productive hours      B4=+.46

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Correlational finding on Happiness and . earlier satisfaction with sex-life  
Subject code: S3.1.1.2

**Study**                      **PALMO 1981**

*Reported in:* Palmore, E.B.  
Social Patterns in Normal Aging: Findings from the Duke Longitudinal Study.  
Duke University Press, 1981, Durham, USA  
Page in Report: 103

*Population:* 46+ aged whites, North Carolina, USA, followed from 1968 to 1976.

*Sample:* Probability stratified sample

*Non-Response:*

N: 375

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## Correlate

*Authors label:* T1 sex enjoyment (1)

*Our classification:* . earlier satisfaction with sex-life, code S3.1.1.2

*Measurement:* Single question: " How much pleasure or enjoyment do you have during sex relations at the present time?"  
 0= none  
 1= mild  
 2= moderate  
 3= very much  
 Assessed at T1.

*Measured Values:* Males: M = 1,9; SD = 1,0 Females: M = 0,9; SD = 1,0

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>C-BW/c/sq/l/10/c</u>	<u>r=+</u> <u>p&lt;.05</u>	T1 sexual enjoyment by T2 happiness Males : r = +.14 (05) Females: r = +.15 (05)
<u>A-BB/cw/mq/v/4/b</u>	<u>r=+</u> <u>p&lt;.05</u>	Males : r = +.15 (05) Females : r = +.35 (05)

## Correlational finding on Happiness and Change in sex-life

Subject code: S3.1.2

### Study DEHAE 1987

*Reported in:* DeHaes, J.C.; Pennink, B.J.; Welvaart, K.  
 The Distinction between Affect and Cognition.  
 Social Indicators Research, 1987, Vol 19, 367 - 378. ISSN 0303 8300  
 Page in Report: 7

*Population:* Early breast cancer patient, followed 11 and 18 month after treatment, The Netherlands, 1981-1987

*Sample:*

*Non-Response:* 17% (6 refusals and one death in the meantime)

*N:* 34

## Correlate

*Authors label:* Loss of libido (2)

*Our classification:* Change in sex-life, code S3.1.2

*Measurement:* Rotterdam Symptom Checklist (see de Haes, Pruyn & van Knippenberg, 1983)

*Remarks:* Synchronic correlations at:

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">O-SLW/se/sq/?/7/a</a>	<u>Beta=</u> <u>+.15</u>	11 months after surgery (T1)
<a href="#">A-AOL/se/sq/v/7/a</a>	<u>Beta=-.23</u>	11 months after surgery (T1)
<a href="#">A-AOL/se/sq/v/7/a</a>	<u>Beta=</u> <u>+.04</u>	18 months after surgery (T2) β controlled for: Psychological complaints, pain, gastro-intestinal symptoms, fatigue, activity level, perceived impact of breast-surgery on body image, and fear of recurrence of cancer and death
<a href="#">O-SLW/se/sq/?/7/a</a>	<u>Beta=-.17</u>	18 months after surgery (T2) β controlled for: Psychological complaints, fatigue, gastro-intestinal symptoms, pain, activity level, perceived impact of breast-surgery on body image, and fear of recurrence of cancer and death

## Correlational finding on Happiness and Change in sex-life



## Subject code: S3.1.2

Study **HEADE 1982/2**

*Reported in:* Headey, B.; Holström, E.; Wearing, A.J.  
 Australians' Priorities, Satisfaction and Well-being: Methodological Issues.  
 Monograph in Public Policy Studies, nr.8, University of Melbourne, 1982, Australia  
 Page in Report: 53

*Population:* Adults, general public, Melbourne, Australia, followed 25 months 1978-81

*Sample:* Probability sample (unspecified)

*Non-Response:* 0

*N:* 184

## Correlate

*Authors label:* Change in satisfaction with sex life

*Our classification:* Change in sex-life, code S3.1.2

*Measurement:* Single question on satisfaction with sex life, scored on a 1-9 D-T rating scale.

*Remarks:* Both Happiness (ABS) and satisfaction with sex life were assessed at T1 and T2 (25 month interval)

## Observed Relation with Happiness

*Happiness Measure*

*Statistics Elaboration/Remarks*

A-BB/cm/mq/v/2/a

Beta=

+.27

p<.001

T1-T2 CHANGE in happiness by T1-T2 CHANGE in satisfaction with sex life

A-BB/cm/mq/v/2/a      Beta=      T1-T2 CHANGE in happiness by T1-T2 CHANGE in  
+ .18                      satisfaction with sex life  
p<.05                      Beta controlled for satisfaction with  
- standard of living  
- health  
- house  
- friends  
- self-fulfillment  
- leisure

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## Correlational finding on Happiness and . change in satisfaction with sex-life

Subject code: S3.1.2.2

### Study                      HEADE 1984

*Reported in:* Headey, B., Holmström, E.;Wearing, A.  
The Impact of Life Events and Changes in Domain Satisfactions on Well-Being.  
Social Indicators Research, 1984, Vol. 15, 203 - 227. ISSN p 0303 8300; ISSN e 1573  
0921 DOI:10.1007/BF00668671  
Page in Report: 221

*Population:* 18-65 aged, general public, followed 3 years, Melbourne, Australia, 1979-80

*Sample:*

*Non-Response:*

*N:* 184

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### Correlate

*Authors label:* Satisfaction with sex life (1)

*Our classification:* . change in satisfaction with sex-life, code S3.1.2.2

*Measurement:* Closed question rated on a 9- point scale (delighted ...  
terrible) Assessed at T2.

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### Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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A-BB/cm/mq/v/2/aBeta=  
+.27  
p<.01

Happiness T2 by satisfaction T2, controlling for happiness T1 and satisfaction T1.

 $\beta$  can be interpreted as regression between CHANGE OF HAPPINESS and CHANGE OF SATISFACTION in time.

## Correlational finding on Happiness and Current sex-life

Subject code: S3.2

### Study LINN 1986

*Reported in:* Linn, L.S.;Yager, J.; Dennis, W.;Cope, W.; Leake, B.  
Factors Associated With Life Satisfaction Among Practicing Internist.  
Medical Care, 1986, Vol. 24, 830 - 837. ISSN p 0125 7079; ISSN e 1537 1948  
Page in Report: 834

*Population:* Physicians, California, USA, 1984

*Sample:* Probability simple random sample

*Non-Response:*

*N:* 211

### Correlate

*Authors label:* Sexual relations

*Our classification:* Current sex-life, code S3.2

*Measurement:* Selfreported of typical behavices in the past 6 month to make one feel better:  
- Engaging in pleasurable sexual activity  
Rated: never(1) to daily (6)

*Measured Values:* M = 4.27

### Observed Relation with Happiness

*Happiness Measure*

*Statistics Elaboration/Remarks*

O-DT/u/sq/v/7/a      r=+.17  
ns

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## Correlational finding on Happiness and Sexual activity

Subject code: S3.2.1

### Study                      GORDO 1975

*Reported in:* Gordon, R.M.  
 The Effects of Interpersonal and Economic Resources upon Values and the Quality of Life.  
 Unpublished PhD Dissertation, Dept. of Social Psychology, Temple University, 1975, Pennsylvania, USA  
 Page in Report: 85, 87

*Population:* Undergraduate students, Temple University, Pennsylvania, USA, 1973

*Sample:*

*Non-Response:*

*N:* 346

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### Correlate

*Authors label:* Sex life (1)

*Our classification:* Sexual activity, code S3.2.1

*Measurement:* Direct question: "Approximately how often do you have sex ?" Rated on a 9-point scale from 1='never or once a month' to 9='15 times or more a month'

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### Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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<u>O-HL/g/sq/n/9/a</u>	<u>r=+.25</u>	
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O-HL/g/sq/n/9/arpc=+.12rpc controlled for selfperceived receipt of: love,  
services, financial security

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## Correlational finding on Happiness and Sexual activity

Subject code: S3.2.1

### Study HETHE 1976

*Reported in:* Hetherington, E.M.;Cox, M.; Cox, R.  
Divorced Fathers.  
The Family Coordinator, 1976, Vol. 25, 417 - 428  
Page in Report: 423

*Population:* Parents, followed 3 years, USA, 197?-7?

*Sample:*

*Non-Response:* 33 %

*N:* 96

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### Correlate

*Authors label:* Sexual intercourse (1)

*Our classification:* Sexual activity, code S3.2.1

*Measurement:* Frequency as reported in daily records kept during three days at three points in time (T1 2 months after divorce T2 one year after T3 two years after)

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### Observed Relation with Happiness

*Happiness  
Measure*

*Statistics Elaboration/Remarks*

O-Sum/se/fi/?/5/ar=

Correlation with synchronic happiness. Computed for divorced only.

High intimate relation

	Male	Female
T1	r=+.40 (05)	r=+.43 (05)
T2	r=+.49 (01)	r=+.47 (01)
T3	r=+.54 (01)	r=+.52 (01)

Low intimate relation

T1	r=-.09 (ns)	r=-.42 (05)
T2	r=-.41 (05)	r=-.46 (05)
T3	r=-.48 (01)	r=-.57 (01)

## Correlational finding on Happiness and Sexual activity

### Subject code: S3.2.1

#### Study SCHUL 1985B

*Reported in:* Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H.  
Lebensqualität in Österreich. (Quality-of-Life in Austria).  
Research paper nr 10/1, Institut für Soziologie, University of Vienna, 1985, Austria  
Page in Report: 71,T55

*Population:* Adults, non-institutionalized, Austria, 1984

*Sample:*

*Non-Response:* ?

*N:* 1776

#### Correlate

*Authors label:* Frequency of sex (1)

*Our classification:* Sexual activity, code S3.2.1

*Measurement:* Single direct question: "How often do you have sexual intercourse with your partner?" Rated on a 5-point scale ranging from 'seldom' to 'almost daily'.

#### Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-Sum/c/mq/v/5/a</u>	<u>Beta=</u> <u>+.08</u> <u>p&lt;.05</u>	$\beta$ controlled for: age, professional status, income, suffering from jealousy of self and/or partner, and satisfaction with partner.
<u>M-AO/c/mq*/0/a</u>	<u>Beta=</u> <u>+.12</u> <u>p&lt;.05</u>	$\beta$ controlled for: professional status, frequency of contact with partner, and satisfaction with partner.

## Correlational finding on Happiness and Sexual activity

Subject code: S3.2.1

### Study

**VENTE 1995**

*Reported in:* Ventegodt, S.  
Livskvalitet i Danmark. (Quality of Life in Denmark).  
Forskningscentrets Forlag (The Quality of Life Research Center), København,  
Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>  
Page in Report: 270

*Population:* 18-88 aged, general public, Denmark, 1993

*Sample:* Non-probability purposive sample

*Non-Response:* 39%

*N:* 1494

### Correlate

*Authors label:* sex-life (1)

*Our classification:* Sexual activity, code S3.2.1

*Measurement:* Single question:  
"Are you sexually active?"  
1: no  
2: yes

*Measured Values:* N: 1:275, 2:1174

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u><math>r=+.15</math></u> <u><math>p&lt;.00</math></u>	1: Mt=7.10 2: Mt=7.91 All Mt=7.76
<u>O-SLu/c/sq/v/5/e</u>	<u><math>r=+.15</math></u> <u><math>p&lt;.00</math></u>	1: Mt=6.79 2: Mt=7.58 All Mt=7.43
<u>O-HL/c/sq/v/5/h</u>	<u><math>r=+.19</math></u> <u><math>p&lt;.00</math></u>	1: Mt=6.18 2: Mt=7.13 All Mt=6.95

## Correlational finding on Happiness and Sexual activity

Subject code: S3.2.1

### Study **VENTE 1996**

*Reported in:* Ventegodt, S.  
 Livskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).  
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN  
 8790190068 <http://www.livskvalitet.org/t2/index.asp>  
 Page in Report: 282

*Population:* 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

*Sample:* Non-probability chunk sample

*Non-Response:* 39%

*N:* 4500

### Correlate

*Authors label:* sexual activity

*Our classification:* Sexual activity, code S3.2.1



*Measurement:* Single question:  
 "Are you sexually active?"  
 1:no  
 2:yes

*Measured Values:* N: All:4577; 1:391; 2:4186

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.20</u> <u>p&lt;.00</u>	1: Mt=6.34 2: Mt=7.88
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.23</u> <u>p&lt;.00</u>	1: Mt=5.78 2: Mt=7.58
<u>O-HL/c/sq/v/5/h</u>	<u>r=+.24</u> <u>p&lt;.00</u>	1: Mt=5.45 2: Mt=7.18

## Correlational finding on Happiness and Sexual preference Subject code: S3.2.2

### Study **BRAY 1980**

*Reported in:* Bray, D.W.; Howard, A.  
 Career Success and Life-Satisfactions of Middle Aged Managers.  
 Bond, L.A.; Rosen, J.C.; Eds.: "Competence and Coping during Adulthood", University  
 Press of New England, 1980, London, UK, 258 - 287 ISBN: 0 8745 11 593  
 Page in Report: 285

*Population:* 40+ aged, male managers, Bell Telephone Company, 1978

*Sample:* Non-probability purposive-quota sample

*Non-Response:* panel loss at T5: 37%

*N:* 422

## Correlate

*Authors label:* need for heterosexuality (2)

*Our classification:* Sexual preference, code S3.2.2

*Measurement:* Edwards Personal Preference Schedule (EPPS) scale of heterosexuality.

This inventory reflects a need for social and sexual activities with the opposite sex as well as enjoying discussions, stories, and jokes involving sex.

Assessed at T5.

## Observed Relation with Happiness

*Happiness Measure*

*Statistics Elaboration/Remarks*

[M-PL/c/rc/v/5/a](#)

$r=+.30$   
 $p<.01$

T5 need for heterosexuality by T5 happiness.

Later analysis of the full studygroup (N=266) showed a significantly negative correlation (BRAY 1983 p 302).

## Correlational finding on Happiness and Sexual preference

Subject code: S3.2.2

<b>Study</b>	<b>DEGRA 2006</b>
<i>Reported in:</i>	DeGraaf, R. Sexual Preference and Happiness. Unpublished Analysis of Nemesis Dataset, Trimbos Institute, 2006, Utrecht, Netherlands. Page in Report: all
<i>Population:</i>	Homo- and heterosexual men and women, The Netherlands 1996
<i>Sample:</i>	Probability multistage stratified area sample
<i>Non-Response:</i>	7
<i>N:</i>	7069

## Correlate

*Authors label:* Sexual preference

*Our classification:* Sexual preference, code S3.2.2

*Measurement:* Individuals were categorized as homosexual or heterosexual by the interviewers on the basis of their sexual contacts in the preceding year  
 0: heter-sexual  
 1: homo-sexual

*Measured Values:* N = Hetero women: 2795; Hetero men: 3075; Total hetero:5870 N = Homo men: 82; Homo women: 43; Total homo 125

*Remarks:* Missing values women: 17,4% (=655)  
 Missing values men: 12,9% (=426)  
 NB: 1081 missing values; 30 respondents refused to answer questions about sexuality and for 1051 respondents no sexual contacts were reported.

## Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>M-TH/cm/sq/v/6/a</u>	<u>DM=-,17</u> <u>p&lt;.045</u>	Women - hetero-sexual: M = 4,80 SD = 1,01 - homo-sexual : M = 4,63 SD = 1,11 Difference -0,17 CI95:[-0,50 - +0,16]
<u>M-TH/cm/sq/v/6/a</u>	<u>DM=-,71</u> <u>p&lt;.0000</u>	Men: - hetero-sexuals: M = 4,92 SD = 0,99 - homo-sexuals : M = 4,21 SD = 1,49 Difference -0,71 CI95: [-1,00 - -0,43]

M-TH/cm/sq/v/6/a     DM=-,51     All  
p<.0000     - hetero-sexuals:     M = 4,86     SD = 1,00  
                   - homo-sexuals:        M = 4,35     SD = 1,34  
                   Difference                    -0,51  
                   CI95: [-0,72 - -0,28]

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## Correlational finding on Happiness and Sexual preference

Subject code: S3.2.2

### Study                    DEJON 1969

*Reported in:* DeJong-Gierveld, J.  
 De Ongehuwden. (The Unmarried).  
 Samson, 1969, Alphen a/d Rijn, Netherlands.  
 Page in Report: 252

*Population:* 30-55 aged, general public, Amsterdam, The Netherlands, 1965

*Sample:*

*Non-Response:* 31%;

*N:* 600

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### Correlate

*Authors label:* Being homosexual. (1)

*Our classification:* Sexual preference, code S3.2.2

*Measurement:* 0 Other  
 1 Homosexual

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### Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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<u>O-SL?/?/sq/v/5/a</u>	<u>G=-.36</u> <u>ns</u>	Computed for never married males only.
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## Correlational finding on Happiness and Sexual preference

Subject code: S3.2.2

Study **VENTE 1995**

*Reported in:* Ventegodt, S.  
 Livskvalitet i Danmark. (Quality of Life in Denmark).  
 Forskningscentrets Forlag (The Quality of Life Research Center), København,  
 Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>  
 Page in Report: 276

*Population:* 18-88 aged, general public, Denmark, 1993

*Sample:* Non-probability purposive sample

*Non-Response:* 39%

*N:* 1494

## Correlate

*Authors label:* sexual preferences (1)

*Our classification:* Sexual preference, code S3.2.2

*Measurement:* Sexual preferences:  
 1: homosexual  
 2: bisexual  
 3: heterosexual

*Measured Values:* N: 1:11, 2:14, 3:1159

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.03</u>	1: Mt=7.28
	<u>ns</u>	2: Mt=7.75
		3: Mt=7.78
		All Mt=7.76



## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=-.03 ns</u>	WOMEN: 1: Mt=7.83 2: Mt=6.60 3: Mt=7.76
<u>A-AOL/m/sq/v/5/a</u>	<u>r=-.02 ns</u>	MEN: 1: Mt=8.00 2: Mt=6.70 3: Mt=7.79
<u>O-SLu/c/sq/v/5/e</u>	<u>r=-.06</u> <u>p&lt;.00</u>	WOMEN: 1: Mt=6.94 2: Mt=5.90 3: Mt=7.49
<u>O-SLu/c/sq/v/5/e</u>	<u>r=-.03 ns</u>	MEN: 1: Mt=7.50 2: Mt=5.80 3: Mt=7.41
<u>O-HL/c/sq/v/5/h</u>	<u>r=-.07</u> <u>p&lt;.00</u>	WOMEN: 1: Mt=6.61 2: Mt=5.76 3: Mt=7.10
<u>O-HL/c/sq/v/5/h</u>	<u>r=-.02 ns</u>	MEN: 1: Mt=6.90 2: Mt=6.20 3: Mt=6.98

Correlational finding on Happiness and Sexual monogamy  
Subject code: S3.2.3

Study                      MOLLE 1985

*Reported in:* Moller, V. ;Welch, G.J.  
 Polygamy Well-Being of Zulu Migrants.  
 Report University of Natal, Centre for Applied Social Sciences, 1985, Durban, South Africa  
 Page in Report: 33

*Population:* Ex-migrant workers, returned to rural Kwazulu, South Africa, 1984

*Sample:*

*Non-Response:*

*N:* 253

## Correlate

*Authors label:* Polygamy (4)

*Our classification:* Sexual monogamy, code S3.2.3

*Measurement:* 1 polygamist (N = 32)  
 0 other (N = 221)

*Remarks:* Very and fairly satisfied with life:  
 1 53%  
 0 34%

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/v/5/d</u>	<u>G=+.38</u> <u>p&lt;.01</u>	
<u>O-SLW/u/sq/v/5/d</u>	<u>tau=</u> <u>+.13</u> <u>p&lt;.01</u>	

Correlational finding on Happiness and Sexual monogamy  
 Subject code: S3.2.3



**Study**                    **MOLLE 1985**

*Reported in:* Moller, V. ;Welch, G.J.  
 Polygamy Well-Being of Zulu Migrants.  
 Report University of Natal, Centre for Applied Social Sciences, 1985, Durban, South Africa  
 Page in Report: 33

*Population:* Ex-migrant workers, returned to rural Kwazulu, South Africa, 1984

*Sample:*

*Non-Response:*

*N:* 253

**Correlate**

*Authors label:* Polygamy (3)

*Our classification:* Sexual monogamy, code S3.2.3

*Measurement:* 1 polygamist (N = 32)  
 0 other (N = 221)

*Remarks:* Very and fairly happy:  
 1 81%  
 0 37%

**Observed Relation with Happiness**

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/c/sq/v/5/a</u>	<u>G=+.76</u> <u>p&lt;.01</u>	
<u>O-HL/c/sq/v/5/a</u>	<u>tau=</u> <u>+.30</u> <u>p&lt;.01</u>	

**Correlational finding on Happiness and Sexual monogamy**  
**Subject code: S3.2.3**

**Study**                      **MOLLE 1985**

*Reported in:* Moller, V. ;Welch, G.J.  
 Polygamy Well-Being of Zulu Migrants.  
 Report University of Natal, Centre for Applied Social Sciences, 1985, Durban, South Africa  
 Page in Report: 33

*Population:* Ex-migrant workers, returned to rural Kwazulu, South Africa, 1984

*Sample:*

*Non-Response:*

*N:* 253

**Correlate**

*Authors label:* Polygamy (2)

*Our classification:* Sexual monogamy, code S3.2.3

*Measurement:* 1 polygamist (N = 32)  
 0 other (N = 221)

*Remarks:* Very and fairly happy:  
 1 81%  
 0 37%

**Observed Relation with Happiness**

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/c/sq/v/5/a</u>	<u>G=+.76</u> <u>p&lt;.01</u>	
<u>O-HL/c/sq/v/5/a</u>	<u>tau=</u> <u>+.30</u> <u>p&lt;.01</u>	

**Correlational finding on Happiness and Sexual monogamy**  
**Subject code: S3.2.3**

**Study**                    **MOLLE 1985**

*Reported in:* Moller, V. ;Welch, G.J.  
Polygamy Well-Being of Zulu Migrants.  
Report University of Natal, Centre for Applied Social Sciences, 1985, Durban, South Africa  
Page in Report: 33

*Population:* Ex-migrant workers, returned to rural Kwazulu, South Africa, 1984

*Sample:*

*Non-Response:*

*N:* 253

**Correlate**

*Authors label:* Polygamy (7)

*Our classification:* Sexual monogamy, code S3.2.3

*Measurement:* 1 polygamist (N = 32)  
0 other (N = 221)

*Remarks:* Very and fairly satisfied with life:  
1 53%  
0 34%

**Observed Relation with Happiness**

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/v/5/d</u>	<u>G=+.38</u> <u>p&lt;.01</u>	
<u>O-SLW/u/sq/v/5/d</u>	<u>tau=</u> <u>+.13</u> <u>p&lt;.01</u>	

**Correlational finding on Happiness and Attitudes to one's sex-life**  
**Subject code: S3.3**

**Study**                    **VENTE 1995**

*Reported in:* Ventegodt, S.  
 Livskvalitet i Danmark. (Quality of Life in Denmark).  
 Forskningscentrets Forlag (The Quality of Life Research Center), København,  
 Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>  
 Page in Report: 278

*Population:* 18-88 aged, general public, Denmark, 1993

*Sample:* Non-probability purposive sample

*Non-Response:* 39%

*N:* 1494

**Correlate**

*Authors label:* attractiveness (1)

*Our classification:* Attitudes to one's sex-life, code S3.3

*Measurement:* Single question:  
 " Do you feel sexually attractive ?"  
 1: no  
 2: not sure  
 3: yes

*Measured Values:* N: 1:254, 2:673, 3:440

**Observed Relation with Happiness**

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.15</u> <u>p&lt;.00</u>	1: Mt=7.20 2: Mt=7.76 3: Mt=8.10 All Mt=7.76
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.13</u> <u>p&lt;.00</u>	1: Mt=7.09 2: Mt=7.35 3: Mt=7.81 All Mt=7.45

<u>O-HL/c/sq/v/5/h</u>	<u>r=+.16</u>	1: Mt=6.58
	<u>p&lt;.00</u>	2: Mt=6.81
		3: Mt=7.40
		All Mt=6.96

## Correlational finding on Happiness and Concern about sex

Subject code: S3.3.1

### Study CAMER 1975

*Reported in:* Cameron, P.  
Mood as an Indicant of Happiness: Age, Sex, Social Class and Situational Differences.  
Journal of Gerontology, 1975, Vol. 30, 216 - 224. ISSN 0022 1422  
Page in Report: 218/220

*Population:* College students, Detroit, USA, 197?

*Sample:* Non-probability chunk sample

*Non-Response:* ?

*N:* 187

### Correlate

*Authors label:* Frequency of thinking about sex (1)

*Our classification:* Concern about sex, code S3.3.1

*Measurement:* Time sampling, the questions asked 21 times during 10 weeks: "Were you thinking about sex?", and "If you were thinking about a person, was he your or the opposite sex?"

### Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
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A-ARE/mi/sqr/v/3/a r=

Thinking about sex:

Happy mood:  $r=+.29$  (001)

Neutral

mood:  $r=-.21$  (01)

Unhappy mood:

 $r=+.15$  (01)

Thinking about person of opposite sex:

Happy mood:  $r=+.49$  (001)Neutral mood:  $r=-.31$  (001)Unhappy mood:  $r=+.04$  ns

Happiness assessed by time sampling. Correlations concern frequency of report of happy, neutral or sad mood.

## Correlational finding on Happiness and Concern about sex

Subject code: S3.3.1

### Study SYMON 1937

*Reported in:* Symonds, P.M.  
Happiness as Related to Problems and Interests.  
Journal of Educational Psychology, 1937, Vol. 28, 290 - 294  
Page in Report: 292

*Population:* High school pupils and college students, USA, 1937

*Sample:*

*Non-Response:* -

*N:* 1651

### Correlate

*Authors label:* Being interested in sex (1)

*Our classification:* Concern about sex, code S3.3.1

*Measurement:* Closed question

### Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">A-CP/g/sq/v/7/a</a>	<a href="#">SNR= ns</a>	
<a href="#">A-CP/g/sq/v/7/a</a>	<a href="#">DM= ns</a>	

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## Correlational finding on Happiness and Concern about sex

### Subject code: S3.3.1

#### Study **WATTE 1995**

*Reported in:* Watten, R.G.; Syversen, J.L.; Myhrer, T.  
Quality of Life, Intelligence and Mood.  
Social Indicators Research, 1995, Vol. 36, 287 - 299. ISSN p 0303 8300; ISSN e 1573 0921 DOI:10.1007/BF01078818  
Page in Report: 293

*Population:* Army recruits, Norway, 199?

*Sample:* Probability simple random sample

*Non-Response:*

*N:* 269

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#### Correlate

*Authors label:* Sexual lust

*Our classification:* Concern about sex, code S3.3.1

*Measurement:* Self report of sexual lust intensity  
1 no intensity  
2  
3  
4  
5  
6  
7 very much intensity

*Measured Values:* M=4.91 SD=1.9

*Remarks:* Item in modified version of Tension Stress Inventory (TESI)

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HL/c/sq/v/3/a</u>	<u>r=+.06</u> <u>ns</u>	
<u>O-SLW/c/sq/v/7/d</u>	<u>r=+.08</u> <u>ns</u>	

## Correlational finding on Happiness and Problems with sex

Subject code: S3.3.2

### Study DEHAE 1987

*Reported in:* DeHaes, J.C.; Pennink, B.J.; Welvaart, K.  
The Distinction between Affect and Cognition.  
Social Indicators Research, 1987, Vol 19, 367 - 378. ISSN 0303 8300  
Page in Report: 7

*Population:* Early breast cancer patient, followed 11 and 18 month after treatment, The Netherlands, 1981-1987

*Sample:*

*Non-Response:* 17% (6 refusals and one death in the meantime)

*N:* 34

### Correlate

*Authors label:* Loss of libido (1)

*Our classification:* Problems with sex, code S3.3.2

*Measurement:* Rotterdam Symptom Checklist (see de Haes, Pruyn & van Knippenberg, 1983)

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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<u>A-AOL/se/sq/v/7/a</u>	<u>Beta=</u> <u>+.15</u>	11 months after surgery (T1)
<u>A-AOL/se/sq/v/7/a</u>	<u>Beta=-.17</u>	18 months after surgery (T2) β controlled for: Psychological complaints, pain, gastro-intestinal symptoms, fatigue, activity level, perceived impact of breast-surgery on body image, and fear of recurrence of cancer and death

## Correlational finding on Happiness and Problems with sex

Subject code: S3.3.2

### Study DEROG 1996

*Reported in:* Derogatis, L.R.; Rutigliano P.J.  
Derogatis Affects Balance Scale: DABS.  
Spilker, B.;Ed.: "Quality of Life and Pharmacoeconomics in Clinical Trials, Second Edition", Lippincott-Raven Publishers, 1996, Philadelphia, USA, 169 - 177  
ISBN:07817 03328  
Page in Report:

*Population:* Students and mental patients, USA 199?

*Sample:* Non-probability chunk sample

*Non-Response:* not reported

*N:* 338

### Correlate

*Authors label:* Mental illness

*Our classification:* Problems with sex, code S3.3.2

*Measurement:* 1. mental patients  
a. outpatients, mainly sexual dysfunction complaints  
b. inpatients  
0. normals (students)

*Measured Values:* N=338, 1a: 88, 1b: 50, 0: 200

*Remarks:* Selection method of respondents (normals) not reported.

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>			
			Unhappy	Moderate	Happy
<u>A-Bde/c/mq/n/5/a</u>	<u>D%=-</u>				
		1. a.mental outpatients	18,2%	38,6%	43,2%
		b.mental inpatients	56,0%	26,0%	18,0%
		0. normals	2.5%	19,0%	78,5%

## Correlational finding on Happiness and Problems with sex

Subject code: S3.3.2

### Study SYMON 1937

*Reported in:* Symonds, P.M.  
Happiness as Related to Problems and Interests.  
Journal of Educational Psychology, 1937, Vol. 28, 290 - 294  
Page in Report: 292

*Population:* High school pupils and college students, USA, 1937

*Sample:*

*Non-Response:* -

*N:* 1651

## Correlate

*Authors label:* Having problems withsex (1)

*Our classification:* Problems with sex, code S3.3.2

*Measurement:* Closed question

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">A-CP/g/sq/v/7/a</a>	<u>SNR= -</u>	High school students only: L-shaped curve: significantly negative among happier students only
<a href="#">A-CP/g/sq/v/7/a</a>	<u>DM=-</u>	High school students only: L-shaped curve: significantly negative among happier students only

## Correlational finding on Happiness and Problems with sex

Subject code: S3.3.2

### Study **VENTE 1995**

*Reported in:* Ventegodt, S.  
 Livskvalitet i Danmark. (Quality of Life in Denmark).  
 Forskningscentrets Forlag (The Quality of Life Research Center), København,  
 Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>  
 Page in Report: 280

*Population:* 18-88 aged, general public, Denmark, 1993

*Sample:* Non-probability purposive sample

*Non-Response:* 39%

*N:* 1494

### Correlate

*Authors label:* sexual problems (2)

*Our classification:* Problems with sex, code S3.3.2

*Measurement:* Single question:  
 "Do you feel that you have sexual problems?"  
 0 : no  
 1a: yes, but they are not related to any  
 prolonged illness, handicap  
 1b: yes, and they are related to a  
 prolonged illness/handicap

*Measured Values:* N: All:1377, 0:1068, 1a:277, 1b:3:32

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=-.28</u> <u>p&lt;.00</u>	0 : Mt=8.08 1a: Mt=6.86 1b: Mt=5.86 All Mt=7.79
<u>O-SLu/c/sq/v/5/e</u>	<u>r=-.29</u> <u>p&lt;.00</u>	0 : Mt=7.78 1a: Mt=6.38 1b: Mt=5.84 All Mt=7.45
<u>O-HL/c/sq/v/5/h</u>	<u>r=-.24</u> <u>p&lt;.00</u>	0 : Mt=7.23 1a: Mt=6.04 1b: Mt=6.29 All Mt=6.96

## Correlational finding on Happiness and Problems with sex

Subject code: S3.3.2

### Study VENTE 1995

*Reported in:* Ventegodt, S.  
Livskvalitet i Danmark. (Quality of Life in Denmark).  
Forskningscentrets Forlag (The Quality of Life Research Center), København,  
Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>  
Page in Report: 282

*Population:* 18-88 aged, general public, Denmark, 1993

*Sample:* Non-probability purposive sample

*Non-Response:* 39%

*N:* 1494

## Correlate

*Authors label:* sexual problems (1)

*Our classification:* Problems with sex, code S3.3.2

*Measurement:* Single question:

"If you have sexual problems, what is your problem?"

a: none

b: absence of a suitable sexual partner

c: reduced sexual desire

d: pain or discomfort during intercourse

e: unable to achieve orgasm

f: reduced ability to achieve erection(m)

g: premature ejaculation(m)

h: vaginism(f)

i: other

*Measured Values:* All:1466, a:1065, b:91, c:106, d:25, e:57, f:39, g:35, h:3, i:45

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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A-AOL/m/sq/v/5/a

a:	Mt=8.09
b:	Mt=6.24
c:	Mt=6.94
d:	Mt=6.80
e:	Mt=7.06
f:	Mt=6.80
g:	Mt=7.08
h:	Mt=6.66
i:	Mt=6.55
All	Mt=7.71

O-SLu/c/sq/v/5/e

a:	Mt=7.78
b:	Mt=5.50
c:	Mt=6.50
d:	Mt=6.50
e:	Mt=6.58
f:	Mt=7.00
g:	Mt=6.71
h:	Mt=5.84
i:	Mt=6.34
All	Mt=7.38

O-HL/c/sq/v/5/h      r=-.24      a: Mt=7.24  
                         p<.00      b: Mt=5.19  
                              c: Mt=6.29  
                              d: Mt=6.40  
                              e: Mt=6.71  
                              f: Mt=7.00  
                              g: Mt=6.29  
                              h: Mt=5.00  
                              i: Mt=6.39  
                         All Mt=6.94

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## Correlational finding on Happiness and Problems with sex

Subject code: S3.3.2

### Study                      VENTE 1996

*Reported in:* Ventegodt, S.  
Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).  
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN  
8790190068 <http://www.livskvalitet.org/t2/index.asp>  
Page in Report: 294,296

*Population:* 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

*Sample:* Non-probability chunk sample

*Non-Response:* 39%

*N:* 4500

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### Correlate

*Authors label:* sexual problems:having or not

*Our classification:* Problems with sex, code S3.3.2

*Measurement:* Single question:  
"Do you feel that you have sexual problems?"  
1: no  
2: yes, but they are not related to any prolonged  
illness/handicap  
3: yes, and they are related to a prolonged  
illness/handicap

Measured Values: N: All:2414; %:1:69,0; 2:29,3; 3:1,7

## Observed Relation with Happiness

Happiness Measure	Statistics	Elaboration/Remarks
<u>A-AOL/m/sq/v/5/a</u>	<u>r=-.30</u> <u>p&lt;.00</u>	WOMEN: 1: Mt=8.13 2: Mt=6.83 3: Mt=5.95
<u>A-AOL/m/sq/v/5/a</u>	<u>r=-.33</u> <u>p&lt;.00</u>	MEN: 1: Mt=8.15 2: Mt=6.75 3: Mt=4.68
<u>O-SLu/c/sq/v/5/e</u>	<u>r=-.30</u> <u>p&lt;.00</u>	WOMEN: 1: Mt=7.91 2: Mt=6.43 3: Mt=6.31
<u>O-HL/c/sq/v/5/h</u>	<u>r=-.34</u> <u>p&lt;.00</u>	MEN: 1: Mt=7.80 2: Mt=6.21 3: Mt=4.51
<u>O-HL/c/sq/v/5/h</u>	<u>r=-.30</u> <u>p&lt;.00</u>	WOMEN: 1: Mt=7.50 2: Mt=6.14 3: Mt=6.01
<u>O-HL/c/sq/v/5/h</u>	<u>r=-.34</u> <u>p&lt;.00</u>	MEN: 1: Mt=7.34 2: Mt=5.85 3: Mt=4.76

Correlational finding on Happiness and Problems with sex  
Subject code: S3.3.2

**Study**                    **VENTE 1996**

*Reported in:* Ventegodt, S.  
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).  
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN  
 8790190068 <http://www.livskvalitet.org/t2/index.asp>  
 Page in Report: 298,300

*Population:* 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

*Sample:* Non-probability chunk sample

*Non-Response:* 39%

*N:* 4500

**Correlate**

*Authors label:* sexual problems, kind of

*Our classification:* Problems with sex, code S3.3.2

*Measurement:* The sexual problems:  
 WOMEN:  
 1: none  
 2: one of the following:  
 2a: absence of suitable sexual partner  
 2b: reduced sexual desire  
 2c: pain or discomfort during intercourse  
 2d: unable to achieve orgasm  
 2e: vaginism  
 2f: other  
 MEN:  
 1: none  
 2: one of the following:  
 2a: absence of a suitable sexual partner  
 2b: reduced sexual desire  
 2c: pain or discomfort during intercourse  
 2d: unable to achieve orgasm  
 2e: reduced ability to achieve erection  
 2f: premature ejaculation  
 2g: other

*Measured Values:* N: WOMEN: All:2616; %:1: 63,6; 2a:6,8; 2b:15,3; 2c:3,4; 2d:5,1; 2e:0,4; 2f:5,4 N:  
 MEN: All:2092; %:1: 74; 2a:11,7; 2b:2,8; 2c:0,5; 2d:0,4; 2e:0,9; 2f:5,2; 2g:4,4

**Observed Relation with Happiness**



<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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<u>A-AOL/m/sq/v/5/a</u>	<u>DMt=-</u>	WOMEN: 1: Mt=8.13 2: Mt=6.93 2a: Mt=6.34 2b: Mt=6.81 2c: Mt=6.45 2d: Mt=6.55 2e: Mt=6.59 2f: Mt=6.39
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<u>A-AOL/m/sq/v/5/a</u>	<u>DMt=-</u>	MEN: 1: Mt=8.15 2: Mt=6.44 2a: Mt=6.31 2b: Mt=6.46 2c: Mt=5.50 2d: Mt=5.84 2e: Mt=6.31 2f: Mt=6.93 2g: Mt=6.38
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<u>O-SLu/c/sq/v/5/e</u>	<u>DMt=-</u>	WOMEN: 1: Mt=7.91 2: Mt=7.30 2a: Mt=5.50 2b: Mt=6.55 2c: Mt=6.36 2d: Mt=6.34 2e: Mt=6.14 2f: Mt=6.09
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<u>O-SLu/c/sq/v/5/e</u>	<u>DMt=-</u>	MEN: 1: Mt=7.80 2: Mt=5.88 2a: Mt=5.59 2b: Mt=5.95 2c: Mt=5.50 2d: Mt=5.00 2e: Mt=5.53 2f: Mt=6.56 2g: Mt=6.03
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O-HL/c/sq/v/5/hDMt=-

WOMEN:

1: Mt=7.50  
 2: Mt=6.95  
 2a: Mt=6.18  
 2b: Mt=6.31  
 2c: Mt=6.16  
 2d: Mt=5.94  
 2e: Mt=6.59  
 2f: Mt=5.99

O-HL/c/sq/v/5/hDMt=-

MEN:

1: Mt=7.34  
 2: Mt=5.63  
 2a: Mt=5.23  
 2b: Mt=6.34  
 2c: Mt=5.00  
 2d: Mt=5.55  
 2e: Mt=5.53  
 2f: Mt=6.05  
 2g: Mt=5.89

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## Correlational finding on Happiness and Problems with sex

Subject code: S3.3.2

### Study

### WILSO 1965

*Reported in:* Wilson, W.R.  
 Relations of Sexual Behaviors, Values and Conflicts to Avowed Happiness.  
 Psychological Reports, 1965, Vol. 17, 371 - 378. ISSN 0033 2941  
 Page in Report: 375

*Population:* College students, undergraduates, Hawaii, USA, 196?

*Sample:*

*Non-Response:*

*N:* 101

### Correlate

*Authors label:* Perceived liberality of sexual attitudes of others (1)

*Our classification:* Problems with sex, code S3.3.2

- Measurement:*
- a. Peers:  
6-item questionnaire of various sexual behaviors varying in intimacy, scored for those behaviors which one's peer group would not seriously disapprove of on a first date, after several dates, with a steady and with a fiancé(e).
  - b. Parents:  
6-item questionnaire (see above), scored for sexual behaviors which one's parents would not seriously disapprove of.

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## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-TH/g/sq/v/11/a</u>	<u>r=-.10 ns</u>	a.
<u>M-TH/g/sq/v/11/a</u>	<u>r=+.02 ns</u>	
<u>M-TH/g/sq/v/11/a</u>	<u>r=-.04 ns</u>	b.

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Correlational finding on Happiness and Satisfaction with sex-life  
Subject code: S3.3.3

Study                      ANDRE 1976/3

*Reported in:* Andrews, F.M.; Withey, S.B.  
 Social Indicators of Well-being: Americans' Perceptions of Life Quality  
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1  
 Page in Report: 112

*Population:* 18+ aged, general public, non institutionalized, USA, 1972/11

*Sample:*

*Non-Response:* 38%

*N:* 1072

## Correlate

*Authors label:* Satisfaction with sex life (1)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Closed question: "How do you feel about your sex life?"  
 Rated on a 7-point scale: terrible/ unhappy/ mostly  
 dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqrt/v/7/a</u>	<u>E<sup>2</sup>=+.40</u>	

Correlational finding on Happiness and Satisfaction with sex-life  
 Subject code: S3.3.3

## Study ANDRE 1976/3

*Reported in:* Andrews, F.M.; Withey, S.B.  
 Social Indicators of Well-being: Americans' Perceptions of Life Quality  
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1  
 Page in Report: 112

*Population:* 18+ aged, general public, non institutionalized, USA, 1972/11

*Sample:*

*Non-Response:* 38%

*N:* 1072

## Correlate

*Authors label:* Satisfaction with sex life (2)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Closed question: "How do you feel about your sex life?"  
 Rated on a 7-point scale: terrible/ unhappy/ mostly  
 dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqt/v/7/a</u>	<u>E<sup>2</sup>=+.40</u>	

## Correlational finding on Happiness and Satisfaction with sex-life Subject code: S3.3.3

### Study **ANDRE 1976/3**

*Reported in:* Andrews, F.M.; Withey, S.B.  
 Social Indicators of Well-being: Americans' Perceptions of Life Quality  
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1  
 Page in Report: 112

*Population:* 18+ aged, general public, non institutionalized, USA, 1972/11

*Sample:*

*Non-Response:* 38%

*N:* 1072

## Correlate

*Authors label:* Satisfaction with sex life (3)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Closed question: "How do you feel about your sex life?"  
 Rated on a 7-point scale: terrible/ unhappy/ mostly  
 dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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<u>O-DT/u/sqrt/v/7/a</u>	<u>E<sup>2</sup>=+.40</u>	
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## Correlational finding on Happiness and Satisfaction with sex-life Subject code: S3.3.3

**Study**                      **ANDRE 1976/5**

*Reported in:* Andrews, F.M.; Withey, S.B.  
 Social Indicators of Well-being: Americans' Perceptions of Life Quality  
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1  
 Page in Report: 112

*Population:* 18+ aged, general public, non-institutionalized, USA, 1973/7

*Sample:*

*Non-Response:*

*N:* 222

## Correlate

*Authors label:* Satisfaction with sex life (1)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Closed question: "How do you feel about your sex life?"  
 Rated on a 7-point scale: terrible/ unhappy/ mostly  
 dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">O-DT/u/sqrt/v/7/a</a>	<a href="#">r=+.42</a>	

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## Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

### Study ANDRE 1976/5

*Reported in:* Andrews, F.M.; Withey, S.B.  
 Social Indicators of Well-being: Americans' Perceptions of Life Quality  
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1  
 Page in Report: 112

*Population:* 18+ aged, general public, non-institutionalized, USA, 1973/7

*Sample:*

*Non-Response:*

*N:* 222

---

### Correlate

*Authors label:* Satisfaction with sex life (3)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Closed question: "How do you feel about your sex life?"

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

---

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">O-DT/u/sqrt/v/7/a</a>	<a href="#">r=+.42</a>	

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## Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

### Study ANDRE 1976/5

*Reported in:* Andrews, F.M.; Withey, S.B.  
 Social Indicators of Well-being: Americans' Perceptions of Life Quality  
 Plenum Press, 1976, New York, USA. ISBN 0 306 30935 1  
 Page in Report: 113

*Population:* 18+ aged, general public, non-institutionalized, USA, 1973/7

*Sample:*

*Non-Response:*

*N:* 222

### Correlate

*Authors label:* Satisfaction with sex life (2)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Closed question: How do you feel about your sex life?"  
 Rated on a 7-point scale: terrible/ unhappy/ mostly  
 dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

### Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">O-DT/u/sqrt/v/7/a</a>	<a href="#">r=+.42</a>	

## Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

### Study BACH 1993



*Reported in:* Bach J.R., Tilton M.C  
 Life Satisfaction and Well-Being Measures in Ventilator Assisted Individuals With  
 traumatic Tetraplegia  
 Arch Phys Rehabil Vol 75, June 1994, 626-632.  
 Page in Report: 62629

*Population:* Tetraplegia patients and controls, USA, 1985

*Sample:* Non-probability purposive sample

*Non-Response:* 40%

*N:* 87

## Correlate

*Authors label:* Satisfaction with sexual life

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Self report on single question:  
 1 completely dissatisfied  
 .  
 .  
 7 completely satisfied

*Measured Values:* Patients ventilator assist M = 3.08 SD = 2.21 Patients autonom breathing M = 3.17  
 SD = 1.95 Healthy controls M = 5.52 SD = 1.53

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-SLW/u/sq/n/7/a</u>	<u>r=+.34</u> <u>p&lt;.05</u>	Patients ventilator assisted
<u>O-SLW/u/sq/n/7/a</u>	<u>r=+.59</u> <u>p&lt;.001</u>	Patients autonom breathing
<u>O-SLW/u/sq/n/7/a</u>	<u>r=+.38</u> <u>p&lt;.001</u>	Healthy controls

Correlational finding on Happiness and Satisfaction with sex-life  
 Subject code: S3.3.3

**Study**                    **BAKKE 1974**

*Reported in:* Bakker, P.; VandeBerg, N.  
 Determinanten en Correlaten van Geluk.(Determinants and Correlates of Happiness).  
 Unpublished Thesis, Erasmus University Rotterdam, 1974, Netherlands  
 Page in Report: 28

*Population:* 20-65 aged, general public, The Netherlands, 1968

*Sample:*

*Non-Response:* 34% refusal and unattainable.

*N:* 1552

---

**Correlate**

*Authors label:* Satisfaction with love life. (3)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Closed question rated on an open graphic scale ranging from 'very dissatisfied' to 'very satisfied'.

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**Observed Relation with Happiness**

*Happiness Measure*

*Statistics    Elaboration/Remarks*

O-HP/g/sq/ol/7/a

G=+.70

Lower among age 41-50 and 61-65

p<.05

Stronger among low S.E.S.

Not among high educational level.

Unaffected by sex.

---

Correlational finding on Happiness and Satisfaction with sex-life  
 Subject code: S3.3.3

**Study**                    **BRADB 1967**

*Reported in:* Bradbury, B.R.  
 Reports on Happiness. A Pilot Study of Behavior Related to Mental Health.  
 Unpublished PhD Dissertation, North Texas State University, 1967, USA  
 Page in Report: 64

*Population:* University students, North Texas State, USA, 1966/67

*Sample:*

*Non-Response:*

*N:* 313

## Correlate

*Authors label:* Sex guilt (1)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Subscale from the Mosher Incomplete Sentences Test (see Mosher, 1961)

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-HP/g/sq/v/3/a</u>	<u>E<sup>2</sup>=-.12</u> <u>p&lt;.05</u>	

Correlational finding on Happiness and Satisfaction with sex-life  
 Subject code: S3.3.3

## Study **BRANH 1991**

*Reported in:* Bränholm, I.B.; Eklund, M.; Fugl-Meyer, K.S.; Fugl - Meyer, A.R.  
 On Work and Life Satisfaction.  
 Eklund, M;:" On vocational Rehabilitation in Northern Sweden", Dissertation,  
 University of Umea, 1991, 95 - 107  
 Page in Report: 103

*Population:* 25-55 aged, vocationally actives, Umea, Northern Sweden, 1986/87

*Sample:* Probability stratified sample

*Non-Response:*

N: 163

## Correlate

*Authors label:* Satisfaction with sexual life (1)*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* How satisfactory is this aspect of your life?.....  
 Sexual life  
 1 very dissatisfying  
 2 dissatisfying  
 3 rather dissatisfying  
 4 rather satisfying  
 5 satisfying  
 6 very satisfying

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">O-SLW/u/sq/v/6/a</a>	<a href="#">rs=+.40</a> <a href="#">p&lt;.001</a>	

## Correlational finding on Happiness and Satisfaction with sex-life Subject code: S3.3.3

### Study HEADE 1981

*Reported in:* Headey, B.  
 The Quality of Life in Australia  
 Social Indicators Research, 1981, Vol. 9, 155 - 18. ISSN p 0303 8300;ISSN e 1573 0921 DOI:10.1007/BF00286195  
 Page in Report: 166

*Population:* Adults, general public, Australia 1978*Sample:* Probability sample (unspecified)*Non-Response:* not reported

N: 679

## Correlate

*Authors label:* Sex life

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* 1 single question on satisfaction with sex life scored on a 1-9 D-T rating scale.

*Measured Values:* M = 6.8 SD = 1.6

*Remarks:* Item scored on the same rating scale as the question on happiness.

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-DT/u/sqt/v/9/a</u>	<u>r=+.47</u> <u>p&lt;.001</u>	
<u>O-DT/u/sqt/v/9/a</u>	<u>Beta=</u> <u>+.14</u>	all cases Beta's controlled for satisfaction with - self-fulfillment - problem handling - family activities - work around the house - mother - health - house - standard of living - assertiveness - friends - fun and enjoyment - marriage

Correlational finding on Happiness and Satisfaction with sex-life  
Subject code: S3.3.3

**Study**                      **HEADE 1984**

*Reported in:* Headey, B., Holmström, E.;Wearing, A.  
 The Impact of Life Events and Changes in Domain Satisfactions on Well-Being.  
 Social Indicators Research, 1984, Vol. 15, 203 - 227. ISSN p 0303 8300; ISSN e 1573  
 0921 DOI:10.1007/BF00668671  
 Page in Report: 221

*Population:* 18-65 aged, general public, followed 3 years, Melbourne, Australia, 1979-80

*Sample:*

*Non-Response:*

*N:* 184

**Correlate**

*Authors label:* Satisfaction with sex life (2)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Closed question rated on a 9- point scale (delighted ...  
 terrible) Assessed at T2.

**Observed Relation with Happiness**

*Happiness  
 Measure*

*Statistics    Elaboration/Remarks*

A-BB/cm/mq/v/2/a

Beta=

+.27

p<.01

Happiness T2 by satisfaction T2, controlling for  
 happiness T1 and satisfaction T1.

$\beta$  can be interpreted as regression between CHANGE  
 OF HAPPINESS and CHANGE OF SATISFACTION in time.

**Correlational finding on Happiness and Satisfaction with sex-life**  
**Subject code: S3.3.3**

**Study**                      **KOLOT 2002**

*Reported in:* Kolotkin, R; Crosby, R.  
 Psychometric Evaluation of the Impact of Weight on Quality of Life-Lite Questionnaire (IWQOL-Lite) in a Community Sample.  
 Quality of Life Research, 2002, Vol. 11, 157 - 171. ISSN 0962 9343. DOI:10.1023/A:1015081805439  
 Page in Report: 166

*Population:* 18+aged, overweight, USA, 199?.

*Sample:* Non-probability accidental sample

*Non-Response:* 0

*N:* 494

## Correlate

*Authors label:* Sexual life

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* IQOL-Lite (Kolotkin & Crosby, 2001)  
 Four items on sexual life, rated with respect to the last week on a five point scale from 'always true' to 'never true'. Higher scored indicate poorer quality of life. A typical item is: 'Because of my weight I do not enjoy sexual activity'.

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">O-QLS/u/sq/v/5/a</a>	<a href="#">r=+.47</a> <a href="#">p&lt;.001</a>	

Correlational finding on Happiness and Satisfaction with sex-life  
 Subject code: S3.3.3

Study MILLE 1968

*Reported in:* Miller, H.;Wilson, W.  
Relation of Sexual Behaviors, Values, and Conflict to avowed Happiness and  
Personal Adjustment.  
Psychological Reports, 1968, Vol. 23, 1075 - 1086. ISSN 0033 2941  
Page in Report: 1082

*Population:* Students, undergraduates, Kent State University at Ashtabula, Ohio, USA., 1966-67

*Sample:*

*Non-Response:*

*N:* 132

---

## Correlate

*Authors label:* Sexual conflict. (1)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Discrepancy between various scores indicative of sexual  
liberality: For questions used see under 'Liberality of  
Sexual Attitudes' (S 3.1)

- a. Difference between liberality of  
sexual behaviors engaged in and li-  
berality of sexual behaviors enga-      ged in as  
revealed to parents.
- b. Difference between liberality of  
sexual behaviors engaged in and li-  
berality of sexual behaviors enga-  
ged in as revealed to parents.
- c. Difference between liberality of  
sexual behaviors engaged in and li-  
berality of sexual behaviors one  
would like to engage in with a      date.
- d. Difference between liberality of  
sexual behaviors engaged in and li-  
berality of sexual behaviors deemed  
acceptable if experienced previous-  
ly by a fiancé(e).
- e. Difference between liberality of  
sexual behaviors engaged in and      revealed to  
peers and liberality of  
sexual behaviors engaged in and re-  
vealed to parents.



- f. Difference between liberality of sexual behaviors engaged in and revealed to peers and liberality of sexual behaviors one would like to engage in with a date.
- g. Difference between liberality of sexual behaviors engaged in and revealed to peers and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé(e).
- h. Difference between liberality of sexual behaviors engaged in and revealed to parents and liberality of sexual behaviors one would like to engage in with a date.
- i. Difference between liberality of sexual behaviors engaged in and revealed to parents and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé(e).
- j. Difference between liberality of sexual behaviors one would like to engage in with a date and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé(e).

*Remarks:*

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## Observed Relation with Happiness

*Happiness  
Measure*

*Statistics Elaboration/Remarks*

<u>M-TH/g/sq/v/9/a</u>	<u>r=+.23</u> <u>ns</u>	a: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.07 ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=+.03</u> <u>ns</u>	b: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.07 ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=+.03</u> <u>ns</u>	c: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.15 ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=+.03</u> <u>ns</u>	d: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=+.17</u> <u>ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.21 ns</u>	e: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.11 ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.17 ns</u>	f: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.08 ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.18 ns</u>	g: males

<u>M-TH/g/sq/v/9/a</u>	<u>r=+.18</u> <u>ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.00 ns</u>	h: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.04 ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.01 ns</u>	i: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.26</u> <u>p&lt;.05</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.01 ns</u>	j: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.30</u> <u>p&lt;.05</u>	females

## Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

### Study PALMO 1972

*Reported in:* Palmore, E.B.; Luikart, C.  
Health and Social Factors Related to Life Satisfaction.  
Journal of Health and Social Behavior, 1972, Vol. 13, 68 -80. ISSN 0022 1465  
Page in Report: 70

*Population:* 46+ aged, whites, North Carolina, USA, 1968

*Sample:* Probability stratified sample

*Non-Response:*

*N:* 502

### Correlate

*Authors label:* Sexual enjoyment. (1)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Selfreport on single question:  
 "How much pleasure or enjoyment do your have during sex relations at the present time":  
 0= none  
 1= mild  
 2= moderate  
 3= very much

*Measured Values:* M-1.4 SD=1.1

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">C-BW/c/sq/l/10/c</a>	<a href="#">r=+.14</a>	

## Correlational finding on Happiness and Satisfaction with sex-life Subject code: S3.3.3

### Study PALMO 1977

*Reported in:* Palmore, E.B.;Kivett, V.  
 Change in Life Satisfaction: A Longitudinal Study of Persons Aged 46 - 70.  
 Journal of Gerontology, 1977, Vol. 32, 311 - 316. ISSN 0022 1422  
 Page in Report: 313

*Population:* 46+ aged whites, followed 2 years, USA, 1968-1972/74

*Sample:* Probability stratified sample

*Non-Response:*

*N:* 378

## Correlate

*Authors label:* sexual enjoyment (2)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* How much pleasure or enjoyment do you have during sexrelation at the present time?

0 = none

1 = mild

2 = moderate

3 = very much

Assessed at T1= 1968/70.

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>C-BW/c/sq/l/10/c</u>	<u>r=+.14</u> <u>p&lt;.05</u>	T1 sexual enjoyment by T1 life satisfaction.
<u>C-BW/c/sq/l/10/c</u>	<u>Beta=</u> <u>+.07 ns</u>	Multiple regression. Dependent T1 life satisfaction. selfrated health sexual enjoyment soc. act hours org. act. productive hours

## Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

### Study REITZ 2004

*Reported in:* Reitz, A.;Tobe, V.; Knapp, P.A; Schurch, B.  
Impact of Spinal Cord Injury on Sexual Health and Quality of Life.  
International Journal of Impotence Research, 2004, Vol. 16, 167 - 174. ISSN 0955 9930  
Page in Report: 170

*Population:* Spinal cord injured, Switzerland, 1999.

*Sample:* Non-probability chunk sample

*Non-Response:* 0

*N:* 63

## Correlate

*Authors label:* Sexual Life

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Single question 'How satisfied are you with your sex life?'

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">O-SQL/c/sq/v/5/b</a>	<a href="#">AoV=</a> <a href="#">p&lt;.NS</a>	

## Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

### Study SCHUL 1985B

*Reported in:* Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H.  
Lebensqualität in Österreich. (Quality-of-Life in Austria).  
Research paper nr 10/1, Institut für Soziologie, University of Vienna, 1985, Austria  
Page in Report: 146,T56

*Population:* Adults, non-institutionalized, Austria, 1984

*Sample:*

*Non-Response:* ?

*N:* 1776

## Correlate

*Authors label:* Personal view on 'relation and sexuality' (1)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Single direct question: "How do you judge your situation, concerning 'relation and sexuality'?" Rated on a 5-point scale, ranging from 'not satisfying' to 'very good'.

*Remarks:* Ss without partner, with work only (N=134)

---

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>O-Sum/c/mq/v/5/a</u>	<u>Beta=</u> <u>+.18</u> <u>p&lt;.05</u>	$\beta$ controlled for four domain satisfactions (income, work, social involvement, and leisure)

---

## Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

### Study

**VENTE 1995**

*Reported in:* Ventegodt, S.  
Livskvalitet i Danmark. (Quality of Life in Denmark).  
Forskningscentrets Forlag (The Quality of Life Research Center), København,  
Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>  
Page in Report: 166

*Population:* 18-88 aged, general public, Denmark, 1993

*Sample:* Non-probability purposive sample

*Non-Response:* 39%

*N:* 1494

---

## Correlate

*Authors label:* satisfaction with sex life (1)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* 0: dissatisfied with sexlife  
1: satisfied with sexlife

*Measured Values:* N 0: 91 1:413

*Remarks:* Ss in labourforce only

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>			
<u>A-AOL/m/sq/v/5/a</u>	<u>DMt=+</u>	unemployed no contacts	employed no contacts	unemployed contacts	employed contacts
		0:Ms=4.59	6.16	5.84	7.09
		1:Ms=7.00	8.35	8.40	8.54
<u>O-SLu/c/sq/v/5/e</u>	<u>DMt=+</u>	unemployed no contacts	employed no contacts	unemployed contacts	employed contacts
		0:Ms=3.34	5.09	5.00	6.59
		1:Ms=7.25	8.05	7.95	8.28
<u>O-HL/c/sq/v/5/h</u>	<u>DMt=+</u>	unemployed no contacts	employed no contacts	unemployed contacts	employed contacts
		0:Ms=3.34	5.09	5.00	6.59
		1:Ms=7.25	8.05	7.95	8.28

## Correlational finding on Happiness and Satisfaction with sex-life Subject code: S3.3.3

**Study**                      **VENTE 1995**

*Reported in:* Ventegodt, S.  
Livskvalitet i Danmark. (Quality of Life in Denmark).  
Forskningscentrets Forlag (The Quality of Life Research Center), København,  
Denmark, ISBN 8790190017 <http://www.livskvalitet.org/t1/index.asp>  
Page in Report: 272,274

*Population:* 18-88 aged, general public, Denmark, 1993



*Sample:* Non-probability purposive sample

*Non-Response:* 39%

*N:* 1494

## Correlate

*Authors label:* satisfaction with sex-life (1)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Single question:

"How satisfied are you with your sex-life as it is, or is not, at present?"

1: very dissatisfied

2: dissatisfied

3: neither/nor

4: satisfied

5: very satisfied

*Measured Values:* N women: All:683 1:14, 2:63, 3:149, 4:276, 5:181 N men: All:700, 1:35, 2:90, 3:171, 4:259, 5:145

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.35</u> <u>p&lt;.00</u>	women: 1: Mt=5.54 2: Mt=6.66 3: Mt=7.01 4: Mt=7.94 5: Mt=8.63 All Mt=7.75
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.39</u> <u>p&lt;.00</u>	men 1: Mt=5.58 2: Mt=6.75 3: Mt=7.55 4: Mt=8.08 5: Mt=8.81 All Mt=7.80

O-SLu/c/sq/v/5/e      r=+.39      women :  
                                  p<.00      1: Mt=4.83  
                                                     2: Mt=6.08  
                                                     3: Mt=6.71  
                                                     4: Mt=7.65  
                                                     5: Mt=8.39  
                                  All Mt=7.44

O-SLu/c/sq/v/5/e      r=+.47      men  
                                  p<.00      1: Mt=4.86  
                                                     2: Mt=6.13  
                                                     3: Mt=7.06  
                                                     4: Mt=7.81  
                                                     5: Mt=8.60  
                                  All Mt=7.43

O-HL/c/sq/v/5/h      r=+.43      women :  
                                  p<.00      1: Mt=5.18  
                                                     2: Mt=5.79  
                                                     3: Mt=6.19  
                                                     4: Mt=7.09  
                                                     5: Mt=8.16  
                                  All Mt=7.01

O-HL/c/sq/v/5/h      r=+.52      men  
                                  p<.00      1: Mt=4.73  
                                                     2: Mt=5.50  
                                                     3: Mt=6.38  
                                                     4: Mt=7.24  
                                                     5: Mt=8.31  
                                  All Mt=6.90

---

## Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

**Study**                    **VENTE 1996**

*Reported in:* Ventegodt, S.  
 Liskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).  
 Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN  
 8790190068 <http://www.livskvalitet.org/t2/index.asp>  
 Page in Report: 172

*Population:* 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

*Sample:* Non-probability chunk sample

*Non-Response:* 39%

*N:* 4500

## Correlate

*Authors label:* (un)employed and satisfaction with sex and daily contacts

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* (Un)employment with/without satisfaction with sexlife, and daily personal contacts

0: no daily contacts

1: daily contacts

dissatisfaction with sex life: sex-

satisfaction with sex life: sex+

*Measured Values:* N All:1893

*Remarks:* DMt+ for all 3 correlates  
 unemployed < employed  
 dissatisfied with sex life < satisfied with sex life  
 no daily contacts < daily contacts

## Observed Relation with Happiness

*Happiness Measure*

*Statistics Elaboration/Remarks*

A-AOL/m/sq/v/5/a

DMt=+

unemployed

employed

sex- sex+

sex- sex+

no daily contact: Mt=4.90 7.05

6.05 8.19

daily contacts: Mt=6.25 8.04

7.00 8.63

O-SLu/c/sq/v/5/e

DMt=+

unemployed

employed

sex- sex+

sex- sex+

no daily contact: Mt=4.90 7.05

6.05 8.19

daily contacts: Mt=6.25 8.04

7.00 8.63

O-HL/c/sq/v/5/hDMt=+

	unemployed		employed	
	sex-	sex+	sex-	sex+
no daily contact:	Mt=4.40	6.64	5.03	7.44
daily contacts:	Mt=5.48	7.14	5.96	7.96

## Correlational finding on Happiness and Satisfaction with sex-life

### Subject code: S3.3.3

#### Study

**VENTE 1996**

*Reported in:* Ventegodt, S.

Livskvalitet hos 4500 31-33-årige. (The Quality of Life of 4500 31-33-Years-Olds).  
Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN  
8790190068 <http://www.livskvalitet.org/t2/index.asp>  
Page in Report: 284

*Population:* 31-33 aged, Denmark 1993, born in University Hospital in Copenhagen

*Sample:* Non-probability chunk sample

*Non-Response:* 39%

*N:* 4500

#### Correlate

*Authors label:* satisfaction with one's sexlife

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Single question:

"How satisfied are you with your sex life as it is, or is not, at present ?

1: very dissatisfied

2: dissatisfied

3: neither/nor

4: satisfied

5: very satisfied

*Measured Values:* N: All:2460; 1:91; 2:249; 3:500; 4:945; 5:675

#### Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.39</u> <u>p&lt;.00</u>	WOMEN: 1: Mt=5.66 2: Mt=6.61 3: Mt=6.96 4: Mt=7.90 5: Mt=8.75
<u>A-AOL/m/sq/v/5/a</u>	<u>r=+.39</u> <u>p&lt;.00</u>	MEN: 1: Mt=5.54 2: Mt=6.71 3: Mt=7.38 4: Mt=8.06 5: Mt=8.80
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.42</u> <u>p&lt;.00</u>	WOMEN: 1: Mt=4.89 2: Mt=6.11 3: Mt=6.75 4: Mt=7.69 5: Mt=8.53
<u>O-SLu/c/sq/v/5/e</u>	<u>r=+.45</u> <u>p&lt;.00</u>	MEN: 1: Mt=4.65 2: Mt=6.14 3: Mt=6.91 4: Mt=7.71 5: Mt=8.65
<u>O-HL/c/sq/v/5/h</u>	<u>r=+.47</u> <u>p&lt;.00</u>	WOMEN: 1: Mt=4.88 2: Mt=5.69 3: Mt=6.23 4: Mt=7.24 5: Mt=8.30

O-HL/c/sq/v/5/h

r=+.51

p<.00

MEN:

1: Mt=4.91

2: Mt=5.59

3: Mt=6.36

4: Mt=7.25

5: Mt=8.39

---

## Correlational finding on Happiness and Satisfaction with sex-life

Subject code: S3.3.3

### Study WILSO 1965

*Reported in:* Wilson, W.R.  
Relations of Sexual Behaviors, Values and Conflicts to Avowed Happiness.  
Psychological Reports, 1965, Vol. 17, 371 - 378. ISSN 0033 2941  
Page in Report: 375

*Population:* College students, undergraduates, Hawaii, USA, 196?

*Sample:*

*Non-Response:*

*N:* 101

---

### Correlate

*Authors label:* Sexual conflict. (1)

*Our classification:* Satisfaction with sex-life, code S3.3.3

*Measurement:* Discrepancy between various scores indicative of sexual liberality:

- a. Discrepancy between liberality of one's ideal sexual attitude and liberality of one's pragmatic sexual attitude.
- b. Discrepancy between liberality of one's pragmatic sexual attitude and perceived liberality of sexual attitude of one's peer group.
- c. Discrepancy between liberality of

one's ideal sexual attitude and perceived liberality of sexual attitude of one's peer group.

- d. Discrepancy between liberality of one's pragmatic sexual attitude and perceived liberality of sexual attitude of one's parents.
- e. Discrepancy between liberality of one's ideal sexual attitude and perceived liberality of sexual attitude of one's parents.
- f. Discrepancy between perceived liberality of sexual attitudes of one's peers and one's parents.

*Remarks:* For questions used see under 'Liberality of Sexual Attitudes' (S 3.1) and 'Perceived Liberality of Sexual Attitudes of Others' (S 3.2)

---

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-TH/g/sq/v/11/a</u>	<u>r=+.02</u> <u>ns</u>	a.
<u>M-TH/g/sq/v/11/a</u>	<u>r=-.18 ns</u>	
<u>M-TH/g/sq/v/11/a</u>	<u>r=-.22</u> <u>p&lt;.5</u>	b.
<u>M-TH/g/sq/v/11/a</u>	<u>r=+.14</u> <u>ns</u>	c.

M-TH/g/sq/v/11/a     r=-.17 ns     d.

M-TH/g/sq/v/11/a     r=-.09 ns     e.

M-TH/g/sq/v/11/a     r=+.06     f.  
ns

---

## Correlational finding on Happiness and Restrictiveness of own attitude to sex

Subject code: S3.4.1

### Study                    MILLE 1968

*Reported in:* Miller, H.;Wilson, W.  
Relation of Sexual Behaviors, Values, and Conflict to avowed Happiness and Personal Adjustment.  
Psychological Reports, 1968, Vol. 23, 1075 - 1086. ISSN 0033 2941  
Page in Report: 1082

*Population:* Students, undergraduates, Kent State University at Ashtabula, Ohio, USA., 1966-67

*Sample:*

*Non-Response:*

N: 132

---

### Correlate

*Authors label:* Liberality of sexualattitude. (1)

*Our classification:* Restrictiveness of own attitude to sex, code S3.4.1



- Measurement:*
- a. Sexual behaviors engaged in:  
6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of behaviors engaged in on a first date, after several dates, with a steady, with a fiancé(e).
  - b. Sexual behaviors engaged in and revealed to peers:  
6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of sexual behaviors engaged in and later disclosed to a member of one's peer group.
  - c. Sexual behaviors engaged in and revealed to parents.  
6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of sexual behaviors engaged in and later disclosed to one or both parents.
  - d. Sexual behaviors one would like to engage in with a date:  
6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of behaviors one would like to engage in at different stages of a dating relationship.
  - e. Sexual behaviors deemed acceptable if experienced preciously by fiance(e):  
6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of behaviors one would not seriously disapprove of if one's fiancé(e) had engaged in them before with someone else.

---

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.07 ns</u>	a: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.01 ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.25</u> <u>p&lt;.05</u>	b: males

<u>M-TH/g/sq/v/9/a</u>	<u>r=+.03</u> <u>ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.14 ns</u>	c: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=+.22</u> <u>ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.11 ns</u>	d: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=+.12</u> <u>ns</u>	females
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.13 ns</u>	a: males
<u>M-TH/g/sq/v/9/a</u>	<u>r=-.16 ns</u>	females

## Correlational finding on Happiness and Restrictiveness of own attitude to sex

Subject code: S3.4.1

### Study VEENH 1996

*Reported in:* Veenhoven, R.  
Leefbaarheid van Landen. (Livability of Nations).  
Inaugural Lecture, University Utrecht, Netherlands School for Social and Economic Policy, Research, 1996, Vol. 2, Utrecht, Netherlands <http://www2.eur.nl/fsw/research/veenhoven/Pub1990s/96h-fulln.pdf>  
Page in Report: 42

*Population:* Adults, 48 nations, around 1990

*Sample:* Probability sample (unspecified)

*Non-Response:*

*N:* 75000

## Correlate

*Authors label:* Acceptation of prostitution

*Our classification:* Restrictiveness of own attitude to sex, code S3.4.1

*Measurement:* Average response to survey question:  
Please tell me for prostitution whether it can  
1: never be justified  
.  
.  
10: always be justified

*Remarks:* Data: World Value Survey 2 1990-92, Ann Arbor, Michagan, USA

## Observed Relation with Happiness

*Happiness Measure*

*Statistics Elaboration/Remarks*

[Y-LH//yh/n/100/a](#)

[r=+.44](#)

Happy Life Years by Acceptation of prostitution in 42 nations

[Y-LH//yh/n/100/a](#)

[rpc=+.11](#)

rpc controlled for buying power per capita

## Correlational finding on Happiness and Restrictiveness of own attitude to sex

Subject code: S3.4.1

**Study**

**WILSO 1965**

*Reported in:* Wilson, W.R.  
Relations of Sexual Behaviors, Values and Conflicts to Avowed Happiness.  
Psychological Reports, 1965, Vol. 17, 371 - 378. ISSN 0033 2941  
Page in Report: 375

*Population:* College students, undergraduates, Hawaii, USA, 196?

*Sample:*

*Non-Response:*

N: 101

## Correlate

*Authors label:* Liberal sexual attitude (1)*Our classification:* Restrictiveness of own attitude to sex, code S3.4.1

- Measurement:*
- a. Pragmatic liberalism:  
6-item questionnaire of various sexual behaviors varying in intimacy, scored for how one would probably behave when possible on a first date, after several dates, with a steady, and with a fiancé(e).
  - b. Ideal liberalism:  
6-item questionnaire of various sexual behaviors varying in intimacy scored for those behaviors one endorses or approves of on a first date, after several dates, with a steady, and with a fiancé(e).

## Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
<a href="#">M-TH/g/sq/v/11/a</a>	<a href="#">r=-.15 ns</a>	a.
<a href="#">M-TH/g/sq/v/11/a</a>	<a href="#">r=-.15 ns</a>	
<a href="#">M-TH/g/sq/v/11/a</a>	<a href="#">r=-.10 ns</a>	b.

## Correlational finding on Happiness and Acceptance of homo sexuality

Subject code: S3.4.2

### Study VEENH 1996

*Reported in:* Veenhoven, R.  
 Leefbaarheid van Landen. (Livability of Nations).  
 Inaugural Lecture, University Utrecht, Netherlands School for Social and Economic Policy, Research, 1996, Vol. 2, Utrecht, Netherlands <http://www2.eur.nl/fsw/research/veenhoven/Pub1990s/96h-fulln.pdf>  
 Page in Report: 42

*Population:* Adults, 48 nations, around 1990

*Sample:* Probability sample (unspecified)

*Non-Response:*

*N:* 75000

### Correlate

*Authors label:* Acceptation of homosexuality

*Our classification:* Acceptance of homo sexuality, code S3.4.2

*Measurement:* Average response to survey question:  
 Please tell me for homosexuality whether it can  
 1: never be justified  
 .  
 .  
 10: always be justified

*Remarks:* Data: World Value Survey 2 1990-92, Ann Arbor, Michagan, USA

### Observed Relation with Happiness

<i>Happiness Measure</i>	<i>Statistics</i>	<i>Elaboration/Remarks</i>
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Y-LH//yh/n/100/a     r=+.72     Happy Life Years by Acceptation of homosexuality  
in 42 nations

Y-LH//yh/n/100/a     rpc=+.38     rpc controlled for buying power per capita

## Appendix 1: Happiness Items used

<i>Happiness Item Code</i>	<i>Full Text</i>
A-AOL/m/sq/v/5/a	Single direct question:  How are you feeling now....? 5 very good 4 good 3 neither good nor poor 2 poor 1 very poor
A-AOL/se/sq/v/7/a	Selfreport on single question  "Taken things together: how did you feel since you got ill....?" 7 very good 6 5 4 3 2 1 very bad
A-ARE/mi/sqr/v/3/a	Selfreport on single question, asked 21 times in a period of 10 weeks (experience sampling)  "How would you characterize your mood or impulse of the last instant....?" 3 happy 2 neutral 1 sad  Summation: average of 21 scores.

A-BB/cm/mq/v/2/a Selfreport on 10 questions:

During the past few weeks, did you ever feel ....? (yes/no)

A Particularly excited or interested in something?

B So restless that you couldn't sit long in a chair?

C Proud because someone complimented you on something you had done?

D Very lonely or remote from other people?

E Pleased about having accomplished something?

F Bored?

G On top of the world?

H Depressed or very unhappy?

I That things were going your way?

J Upset because someone criticized you?

Answer options and scoring:

yes = 1

no = 0

Summation:

-Positive Affect Score (PAS): A+C+E+G+I

-Negative Affect Score (NAS): B+D+F+H+J

-Affect Balance Score (ABS): PAS minus NAS

Possible range: -5 to +5

Name: Bradburn's 'Affect Balance Scale' (standard version)

A-BB/cw/mq/v/4/b Selfreport on 8 questions:

"During the past week, did you ever feel.....?"

A Particularly interested in or excited about something

B Pleased about having accomplished something

C On top of the world

D Pity for some people you know

E Helpless, with no control over situations

F Bored

G Vaguely uneasy about something without knowing why

H Angry about something that usually wouldn't bother you

Rating options:

0 never

1 once

2 several times

3 often

Summation: Factorially derived clusters:

A+B+C+D (Enhancement)

E+F+G+H (Discomfort)

Affect Balance Score: Enhancement minus Discomfort.

Possible range: + 16 to - 16

Name: Bradburn's 'Affect Balance scale' (modified version)

A-Bde/c/mq/n/5/a

Selfreport on 40 items

Lead sentence and items not reported

Positive affect dimensions

A Joy

B Contentment

C Vigor

D affection

Negative affect dimensions

E Anxiety

F Depression

G Guilt

H Hostility

Rated

0 not at all

1

2

3

4 extremely

Computation:

Positive Affects Total (PTOT):  $A+B+C+D$

Negative Affects Total (NTOT):  $E+F+G+H$

Affects Balance Index (ABI) :  $PTOT-NTOT/20$

Name: Derogatis Affects Balance Scale, short (DBAS)

A-CP/g/sq/v/7/a

Selfreport on single question:

"Check one of the following groups of adjectives which best describes you."

7 full of deep joy, excitedly happy, enthusiastic, thrilled

6 cheerful, successful, optimistic, lighthearted

5 satisfied, comfortable, life goes smoothly, peaceful

4 contented at times and at other times discontented, life has both favorable and unfavorable features

3 restless, impatient, uncertain, dull, cross, confined

2 anxious, irritated, discouraged, disappointed, discontented

1 gloomy, miserable, a failure, no pleasure in anything



C-BW/c/sq/l/10/c

Selfreport on single question:

Here is a picture of a ladder. Suppose we say that the top of the ladder (10) represents the best possible life for you and the bottom (1) represents the worst possible life for you. Where on the ladder do you feel personally stand at the present time?

[ 9 ] best possible life for you

[ 8 ]

[ 7 ]

[ 6 ]

[ 5 ]

[ 4 ]

[ 3 ]

[ 2 ]

[ 1 ]

[ 0 ] worst possible life for you

Name: Cantril's self anchoring ladder rating of life (adapted version)

M-AO/c/mq/\*/0/a

Selfreport on 4 questions:

A For the past five years, how much have you accomplished of what you planned in your life?

1 completely failed

2

3

4

5

6

7 completely accomplished

B How much are you satisfied with your life as a whole these days?

1 completely dissatisfied

2

3

4

5

6

7 completely satisfied

C How much do you enjoy your life these days?

3 a great deal

2 a fair amount

1 not very much

D How happy have you been for the past five years?

1 completely unhappy

2

3

4

5

6

7 completely happy

Summation: % positive answers

Response options A, D and C not reported in full detail

M-PL/c/rc/v/5/a

Clinical rating by 4 experts on the basis of multi-method assessments during periodical stays in assessment center.

Rater instruction:

"To what extend does this person find pleasure in life at the present time.....?"

1 low

2

3 average

4

5 high

M-TH/cm/sq/v/5/a

Selfreport on single question:

During the past 4 weeks..... Have you been a happy person?

5 all of the time

4 most of the time

3 some of the time

2 a little of the time

1 none of the time

Item MH5 in SF-36 (Medical Outcome Study 36 item Short Form) version 2 (5-step rating scale)

M-TH/cm/sq/v/6/a

Selfreport on single question:

During the past 4 weeks..... Have you been a happy person?

6 all of the time

5 most of the time

4 a good bit of the time

3 some of the time

2 a little of the time

1 none of the time

Item MH5 in SF-36 (Medical Outcome Study 36 item Short Form)

M-TH/g/sq/v/11/a

Selfreport on single question:

Lead item not reported

11 completely and supremely happy, tremendous joy and elation  
all the time

10

9

8 very happy most of the time

7

6 happy most of the time

5

4 . not very happy most of the time

3

2.

1 completely utterly unhappy, terrible depression and gloom  
all the time

(originally presented horizontally)

M-TH/g/sq/v/9/a

Self report on single question:

"Please estimate your happiness on the scale below by marking a number from 1 to 9"

1 not very happy most of the time

2

3

4

5 happy most of the time

6

7

8

9 very happy most of the time

O-DT/u/sq/v/7/a

Selfreport on single question:

How do you feel about your life as a whole.....?

7 delighted

6 pleased

5 mostly satisfied

4 mixed

3 mostly dissatisfied

2 unhappy

1 terrible

Name: Andrews & Withey's `Delighted-Terrible Scale' (original version)

O-DT/u/sqt/v/7/a Selfreport on single question, asked twice in interview:

How do you feel about your life as a whole.....?

7 delighted

6 pleased

5 mostly satisfied

4 mixed

3 mostly dissatisfied

2 unhappy

1 terrible

Summation: arithmetic mean

Name: Andrews & Withey's "Delighted-Terrible Scale" (original version)

Also known as Lehman's 'Global lifesatisfaction'

O-DT/u/sqt/v/9/a Selfreport on single question asked twice

'How do you feel about your life as a whole?'

1 terrible

2 very unhappy

3 unhappy

4 mostly dissatisfied

5 mixed feelings

6 mostly satisfied

7 pleased

8 very pleased

9 delighted

O-HL/c/sq/v/3/a Selfreport on single question:

Taking all together, how would you say things are these days? Would you say you are .....

3 very happy

2 pretty happy

1 not too happy

O-HL/c/sq/v/5/a Selfreport on single question:

Taking all things together in your life, how would you say things are these days?

Would you say you are ....?

5 very happy

4 happy

3 neither happy nor unhappy

2 unhappy

1 very unhappy

O-HL/c/sq/v/5/h Selfreport on single question

'How happy are you now?'  
5 very happy  
4 happy  
3 neither happy nor unhappy  
2 unhappy  
1 very unhappy

Original text in Danish:  
'Hvor lykkelig er du for tiden?'  
5 meget lykkelig  
4 lykkelig  
3 hverken eller  
2 ullykkelig  
1 meget ullykkelig

O-HL/g/sq/n/9/a Selfreport on single question:

Generally, how happy are you.....?  
1 not at all  
2  
3  
4  
5  
6  
7  
8  
9 completely

(Originally presented on a horizontal line scale)

O-HP/g/sq/ol/7/a Selfreport on single question:

"Generally speaking are you a happy person.....?"

Responses were made on an open line scale, and were later coded in 7 categories:

1 very unhappy  
2  
3  
4  
5  
6  
7 very happy.

O-HP/g/sq/v/3/a Selfreport on single question:

"Do you consider yourself to be.....?"  
3 generally happy  
2 moderately happy  
1 generally unhappy

O-QLS/u/sq/v/5/a

Selfreport on single question:

'Please rate your quality of life in each of the six areas below.

Overall: This refers to your overall, general quality of life.

7 extremely satisfied

6 very satisfied

5 satisfied

4 both satisfied and dissatisfied

3 dissatisfied

2 very dissatisfied

1 extremely dissatisfied

O-SL?/?/sq/v/5/a

Selfreport on single question:

"..... satisfaction with life ....."

(full question not reported)

5 very satisfied

4 satisfied

3 don't know/satisfied

2 don't know/not satisfied

1 disappointed in life

O-SLu/c/sq/v/5/e

Selfreport on single question:

'How satisfied are you with your life now?'

5 very satisfied

2 satisfied

3 neither satisfied nor dissatisfied

2 dissatisfied

1 very dissatisfied

Original text in Danish:

'Hvor tilfreds er du med dit liv for tiden?'

5 meget tilfreds

4 tilfreds

3 hverken tilfreds eller utilfreds

2 utilfreds

1 meget utilfreds

O-SLW/c/sq/v/7/d

Selfreport on single question;

Everything considered, how satisfied or dissatisfied would you say you are with your life these days?

1 extremely dissatisfied

2 very dissatisfied

3 pretty dissatisfied

4 both satisfied and dissatisfied (neutral)

5 pretty satisfied

6 very satisfied

7 extremely satisfied

O-SLW/se/sq/?/7/a Selfreport on single question :

"How satisfied are you about your life as a whole since that time?" ( onset of disease)

7 very satisfied

6

5

4

3

2

1 very dissatisfied

O-SLW/u/sq/n/7/a Selfreport on single question:

Tell me how much you are satisfied or dissatisfied with your life as a whole

1 very dissatisfied

2

3

4

5

6

7 very satisfied

Last item in a series of questions about satisfaction with various domains in life

O-SLW/u/sq/v/5/d Selfreport on single question:

Taking your life as a whole, are you .....?

5 very satisfied

4 quite satisfied

3 more satisfied than discontented

2 more discontented than satisfied

1 quite dissatisfied

O-SLW/u/sq/v/6/a Selfreport on single question:

"How satisfying are these different aspects of your life? Indicate the number which best suits your situation. Life as a whole is....."

1 very dissatisfying

2 dissatisfying

3 rather dissatisfying

4 rather satisfying

5 satisfying

6 very satisfying

This item was followed by eight questions on life domain satisfactions.

O-SQL/c/sq/v/5/b

Selfreport on single question:

How satisfied are you the quality of your life these days?

- 1 very dissatisfied
- 2 dissatisfied
- 3 neither nor
- 4 satisfied
- 5 very satisfied

Numbering reversed in original rating scale

O-Sum/c/mq/v/5/a

Selfreport on 3 questions:

A When you consider your present life as-a-whole, would you say you are....?

- 5 very happy
- 4 fairly happy
- 3 rather happy than unhappy
- 2 rather unhappy than happy
- 1 very unhappy
- DK/NA

B When you consider your present life as-a-whole, would you say you are.....?

- 5 very satisfied
- 4 fairly satisfied
- 3 rather satisfied than dissatisfied
- 2 rather dissatisfied than satisfied
- 1 fairly dissatisfied
- DK/NA

C How do you feel right now? Is your well-being.....?

- 5 very high
- 4 high
- 3 moderate
- 2 rather low
- 1 very low
- DK/NA

Summation: The summed scores were divided in three strata: low, medium and high quality of life

O-Sum/se/fi/?/5/a

Selfreport in focused interview:

Interviews on life after divorce, in which happiness and life-satisfaction were items. Content analysis of taped records by two raters. Rated instructions not reported

Ratings made on a 5 steps scale. (Rating scale not reported)

Y-LH/l/yh/n/100/a

Happy Life Years

Life-expectancy in nations multiplied by 0-1 average happiness as assessed with survey questions type O-HL





## Appendix 2: Statistics used

<i>Symbol</i>	<i>Explanation</i>
AoV	<p>ANALYSIS of VARIANCE (ANOVA)            Type: statistical procedure            Measurement level: Correlate(s): nominal, Happiness: metric.            In an ANOVA, the total happiness variability, expressed as the sum of squares, is split into two or more parts, each of which is assigned to a source of variability. At least one of those sources is the variability of the correlate, in case there is only one, and always one other is the residual variability, which includes all unspecified influences on the happiness variable. Each sum of squares has its own number of degrees of freedom (df), which sum up to <math>N_e - 1</math> for the total variability. If a sum of squares (SS) is divided by its own number of df, a mean square (MS) is obtained. The ratio of two correctly selected mean squares has an F-distribution under the hypothesis that the corresponding association has a zero-value.</p> <p>NOTE: A significantly high F-value only indicates that, in case of a single correlate, the largest of the c mean values is systematically larger than the smallest one. Conclusions about the other pairs of means require the application of a Multiple Comparisons Procedure (see e.g. BONFERRONI's MULTIPLE COMPARISON TEST, DUNCAN's MULTIPLE RANGE TEST or STUDENT-NEWMAN-KEULS)</p>
Beta	<p>(<math>\beta</math>) STANDARDIZED REGRESSION COEFFICIENT by LEAST SQUARES (OLS)            Type: test statistic.            Measurement level: Correlates: all metric, Happiness: metric.            Range: [-1 ; +1]</p> <p>Meaning:  <math>\beta &gt; 0</math> « a higher correlate level corresponds with, on an average, higher happiness rating.  <math>\beta &lt; 0</math> « a higher correlate level corresponds with, on an average, lower happiness rating.  <math>\beta = 0</math> « no correlation.  <math>\beta = + 1</math> or <math>-1</math> « perfect correlation.</p> <p>Remark:            Mean of observations is subtracted from all observations if standardized.</p>
D%	<p>DIFFERENCE in PERCENTAGES            Type: descriptive statistic only.            Measurement level: Correlate level: dichotomous, but nominal or ordinal theoretically possible as well. Happiness level: dichotomous            Range: [-100; +100]</p> <p>Meaning: the difference of the percentages happy people at two correlate levels.</p>

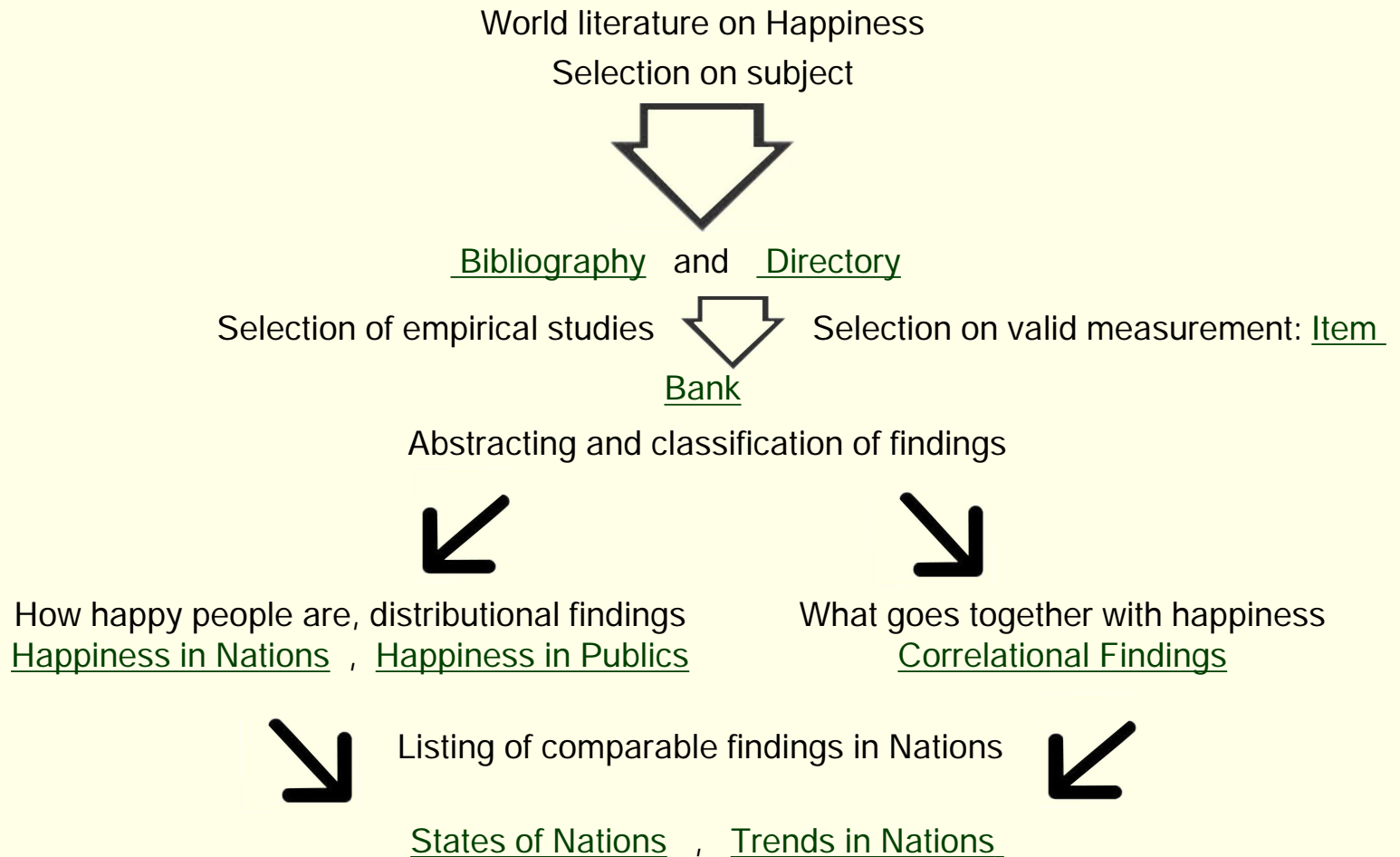
DM	<p>DIFFERENCE of MEANS Type: descriptive statistic only. Measurement level: Correlate: dichotomous, Happiness: metric Range: depending on the happiness rating scale of the author; range symmetric about zero.</p> <p>Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels.</p>
DMt	<p>DIFFERENCE of MEANS AFTER TRANSFORMATION Type: descriptive statistic only. Measurement level: Correlate: dichotomous, Happiness: metric Theoretical range: [-10; +10]</p> <p>Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels.</p>
E <sup>2</sup>	<p>CORRELATION RATIO (Elsewhere sometimes called h<sup>2</sup> or ETA) Type: test statistic Measurement level: Correlate: nominal or ordinal, Happiness: metric Range: [0; 1]</p> <p>Meaning: correlate is accountable for E<sup>2</sup> x 100 % of the variation in happiness. E<sup>2</sup> = 0 « knowledge of the correlate value does not improve the prediction quality of the happiness rating. E<sup>2</sup> = 1 « knowledge of the correlate value enables an exact prediction of the happiness rating</p>
G	<p>GOODMAN &amp; Kruskal's GAMMA Type: test statistic Measurement level: Correlate: ordinal, Happiness!: ordinal Range: [-1; +1]</p> <p>Meaning: G = 0 « no rank correlation G = +1 « strongest possible rank correlation, where high correlate values correspond with high happiness ratings. G = -1 « strongest possible rank correlation, where high correlate values correspond with low happiness ratings.</p>

r	<p>PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient" or simply 'correlation coefficient')</p> <p>Type: test statistic.</p> <p>Measurement level: Correlate: metric, Happiness: metric</p> <p>Range: [-1; +1]</p> <p>Meaning:</p> <p><math>r = 0</math> « no correlation ,</p> <p><math>r = 1</math> « perfect correlation, where high correlate values correspond with high happiness values, and</p> <p><math>r = -1</math> « perfect correlation, where high correlate values correspond with low happiness values.</p>
rpc	<p>PARTIAL CORRELATION COEFFICIENT</p> <p>Type: test statistic</p> <p>Measurement level: Correlate: metric, Happiness: metric</p> <p>Range: [-1; +1]</p> <p>Meaning: a partial correlation between happiness and one of the correlates is that correlation, which remains after accounting for the contribution of the other influences, or some of them, to the total variability in the happiness scores.</p> <p>Under that conditions</p> <p><math>rpc &gt; 0</math> « a higher correlate level corresponds with a higher happiness rating,</p> <p><math>rpc &lt; 0</math> « a higher correlate level corresponds with a lower happiness rating,</p>
rs	<p>SPEARMAN'S RANK CORRELATION COEFFICIENT</p> <p>Type: test statistic</p> <p>Measurement level: Correlate: ordinal, Happiness: ordinal.</p> <p>Range: [-1; +1]</p> <p>Meaning:</p> <p><math>rs = 0</math> « no rank correlation</p> <p><math>rs = 1</math> « perfect rank correlation, where high correlate values are associated with high happiness ratings</p> <p><math>rs = -1</math> « perfect rank correlation, where high correlate values are associated with low happiness ratings</p>
SNR	<p>Statistic Not Reported</p>
tau	<p>GOODMAN &amp; Kruskal's TAU</p> <p>Type: descriptive statistic only.</p> <p>Measurement level: Correlate: nominal, Happiness: ordinal</p> <p>Range: [0; +1]</p> <p>Meaning:</p> <p><math>\tau = 0</math> « knowledge of the correlate value does not improve the prediction quality of the happiness rating.</p> <p><math>\tau = 1</math> « knowledge of the correlate value enables a perfect (error-free) prediction of the happiness rating.</p>

## Appendix 3: About the World Database of Happiness

### Structure of the collections

The World Database of Happiness is an ongoing register of scientific research on the subjective enjoyment of life. It brings together findings that are scattered throughout many studies and provides a basis for synthetic work.



### Size of the collections

1226 Happiness measures (Item Bank)  
 4258 Nations surveys in 206 Nations  
 149 Distinguished publics in 1199 studies  
 12032 Correlational findings in 1196 studies

## Appendix 4 Further Findings in the World Database of Happiness

*Main Subjects*   *Subject Description*

*Number of Studies*

A1	ACTIVITY: LEVEL (how much one does)	58
A2	ACTIVITY: PATTERN (what one does)	32
A3	AFFECTIVE LIFE	48
A4	AGE	400
A5	AGGRESSION	12
A6	ANOMY	32
A7	APPEARANCE (good looks)	15
A8	ATTITUDES	6
A9	AUTHORITARIANISM	4
B1	BIRTH CONTROL	1
B2	BIRTH HISTORY (own birth)	201
B3	BODY	77
C1	CHILDREN	1
C2	CHILDREN: WANT FOR (Parental aspirations)	6
C3	CHILDREN: HAVING (parental status)	195
C4	CHILDREN: CHARACTERISTICS OF ONE'S CHILDREN	25
C5	CHILDREN: RELATION WITH ONE'S CHILDREN	8
C6	CHILDREN: REARING OF ONE'S CHILDREN (parental behavior)	26
C7	COMMUNAL LIVING	9
C8	CONCERNS	18
C9	COPING	43
C10	CREATIVENESS	6
C11	CULTURE (Arts and Sciences)	8
D1	DAILY JOYS & HASSLES	5
E1	EDUCATION	302
E2	EMPLOYMENT	363
E3	ETHNICITY	98
E4	EXPRESSIVE BEHAVIOR	12
F1	FAMILY OF ORIGIN (earlier family for adults, current for young)	236
F2	FAMILY OF PROCREATION	58
F3	FAMILY OF RELATIVES	157
F4	FARMING	25
F5	FREEDOM	32
F6	FRIENDSHIP	152
G1	GENDER	370
G2	GRIEF	1
H1	HABITS	1
H2	HANDICAP	25
H3	HAPPINESS: VIEWS ON HAPPINESS	49

H4	HAPPINESS: DISPERSION OF HAPPINESS	10
H5	HAPPINESS: CAREER	191
H6	HAPPINESS: CORRESPONDENCE OF DIFFERENT MEASURES	310
H7	HAPPINESS OF OTHERS	0
H8	HAPPINESS: REPUTATION OF HAPPINESS	19
H9	HEALTH-BEHAVIOR	25
H10	HELPING	5
H11	HOPE	8
H12	HOUSEHOLD: COMPOSITION	137
H13	HOUSEHOLD: WORK	32
H14	HOUSING	106
I1	INCOME	552
I2	INSTITUTIONAL LIVING	43
I3	INTELLIGENCE	71
I4	INTERESTS	8
I5	INTERVIEW	73
I6	INTIMACY	103
L1	LANGUAGE	2
L2	LEADERSHIP	8
L3	LEISURE	206
L4	LIFE APPRAISALS: OTHER THAN HAPPINESS	368
L5	LIFE CHANGE	35
L6	LIFE EVENTS	86
L7	LIFE GOALS	75
L8	LIFE HISTORY	2
L9	LIFE STYLE	22
L10	LOCAL ENVIRONMENT	374
L11	LOTTERY	8
L12	LOVE-LIFE	31
M1	MARRIAGE: MARITAL STATUS CAREER	64
M2	MARRIAGE: CURRENT MARITAL STATUS	543
M3	MARRIAGE: RELATIONSHIP	115
M4	MARRIAGE: PARTNER	46
M5	MEANING	23
M6	MEDICAL TREATMENT	81
M7	MENTAL HEALTH	218
M8	MIGRATION: TO OTHER COUNTRY	29
M9	MIGRATION: MOVING WITHIN COUNTRY (residential mobility)	17
M10	MIGRATION: MIGRANT WORK	3

M11	MILITARY LIFE	7
M12	MODERNITY	6
M13	MOOD	246
M14	MOTIVATION	7
N1	NATION: NATIONALITY	29
N2	NATION: ERA (temporal period)	41
N3	NATION: NATIONAL CHARACTER (modal personality)	29
N4	NATION: CONDITION IN ONE'S NATION	430
N5	NATION: POSITION OF ONE'S NATION	1
N6	NATION: ATTITUDES TO ONES NATION	152
N7	NATION: LIVABILITY OF ONE'S NATION	17
N8	NATION i: ATTITUDES IN	1
N9	REGION IN NATION	59
N10	NUTRITION	23
N21	ERA	0
O1	OCCUPATION	178
O2	ORGAN TRANSPLANTATION	17
P1	PERSONALITY: HISTORY	48
P2	PERSONALITY: CHANGE	10
P3	PERSONALITY: CURRENT ORGANIZATION	7
P4	PERSONALITY: CURRENT TRAITS	462
P5	PERSONALITY: LATER	23
P6	PHYSICAL HEALTH	427
P7	PLANNING	11
P8	POLITICAL BEHAVIOUR	231
P9	POPULARITY	26
P10	POSSESSIONS	60
P11	PRISON	1
P12	PROBLEMS	25
P13	PSYCHO-SOMATIC COMPLAINTS	62
P14	PETS	3
R1	RELIGION	251
R2	RESOURCES	9
R3	RETIREMENT	89
R4	ROLES	23
S1	SCHOOL	129
S2	SELF-IMAGE	237
S3	SEX-LIFE	61
S4	SLEEP	16



S5	SOCIAL MOBILITY	17
S6	SOCIAL PARTICIPATION: PERSONAL CONTACTS	69
S7	SOCIAL PARTICIPATION : VOLUNTARY ASSOCIATIONS	131
S8	SOCIAL PARTICIPATION: TOTAL (personal + associations)	34
S9	SOCIO-ECONOMIC STATUS	154
S10	SOCIAL SUPPORT: RECEIVED	62
S11	SOCIAL SUPPORT: PROVIDED	6
S12	SPORTS	38
S13	STIMULANTS	49
S14	SUICIDE	8
S15	SUMMED DETERMINANTS	92
T1	TIME	53
T2	THERAPY	38
T3	TOLERANCE	37
V1	VALUES: CAREER	8
V2	VALUES: CURRENT PREFERENCES (own)	73
V3	VALUES: CLIMATE (current values in environment)	7
V4	VALUES: SIMILARITY (current fit with others)	12
V5	VICTIM	14
W1	WAR	5
W2	WISDOM	2
W3	WORK: CAREER	2
W4	WORK: CONDITIONS	68
W5	WORK: ATTITUDES	347
W6	WORK: PERFORMANCE (current)	29
W7	WORRIES	31
XX	UNCLASSIFIED	25

## Appendix 5: Related Subjects

<i>Subject</i>	<i>Related Subject(s)</i>
S3.2.3 Sexual monogamy	M3.2.3 Monogamy of relationship
S3.3 Attitudes to one's sex-life	C8.2.2 Specific concerns
S3.3.2 Problems with sex	P12.1.2 Change in problems
S3.3.3 Satisfaction with sex-life	L12.4.2 Satisfaction with love-life
S3.4 Attitudes to sex in general	V1 VALUES: CAREER
S3.4 Attitudes to sex in general	V2 VALUES: CURRENT PREFERENCES (own)

## A report of the World Database of Happiness, Correlational Findings