Contents

Editor’s preface 5

1 What are these suggestions about? 7

2 Our life as individuals surrounded by the world 7

3 Our life as members of a family 9

4 Life in human society 11

5 Life as a consumer 14

6 Life as a producer 17

7 Life as a local citizen 20

8 Life as a national citizen 21

9 Life as a World Citizen 24

10 Life as a generation 28

Appendix: About the author 33