1. Primum non nocere: The first thing is to do no harm. (Hippocratic oath, 450 BC)

2. Acupuncture may be considered a treatment option for patients with musculoskeletal complaints in general practice. This thesis.

3. Acupuncture as a maintenance treatment could be beneficial to reduce inflammation. This thesis.

4. The diagnosis of CRPSI could be further differentiated by using TCM diagnostic methods. This thesis.

5. Fetal lie at 30 weeks of gestation determined by ultrasound has a highly predictive value for predicting fetal presentation at delivery. This thesis.

6. Correction of a fetus in breech presentation in women at 33 weeks gestation, using Breech Version Acumoxa-Therapy on BL67, reduces the number of breech presentations at term, the number of caesarean sections, and is less costly when compared to expectant management, including external cephalic version. This thesis.

7. "CAM inspired improvements in physiological integration may enlighten unexplained diseases and treatment mechanisms, which will inform a new generation of translational and integrated medicine research". (Helene M. Langevin, 2009)

8. Evidence-based medicine aims to apply the best-available evidence together with the physician’s expertise and patient’s values to optimize decision making. (David L. Sackett)

9. Health is Wealth.

10. “Geen enkele ziekte, die door dieet kan worden genezen, dient met andere middelen te worden behandeld.” (Maimonides, 1135-1204)

11. Er gaat meer boven je petje dan eronder. (Toon Hermans)

Ineke van den Berg-de Lange, 9 december 2010