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Incidence of cancer in first-degree relatives of basal cell carcinoma patients

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Abstract There is evidence to suggest that genetic factors play an important role in the development of basal cell carcinomas (BCCs), and that skin neoplasms might be a sign for a genetic predisposition to cancer. We investigated whether the incidence of visceral and skin malignancies among first-degree relatives of BCC-patients was increased. Postal questionnaires were sent to 249 BCC-patients, who were divided into two groups (young = BCC under the age of 51 years and older = BCC over the age of 50 years), and asked them about cancer in their first-degree relatives. The reported numbers of cancer among the relatives were compared with the expected numbers based on sex and age-specific population-based incidence rates. The accuracy of the reported diagnoses was verified. A total of 157 BCC-patients reported 277 malignancies in 1,272 relatives. The incidence of the following cancers was higher than expected in relatives from young BCC-patients: bone and soft tissue (O/E = 3.91; 95% CI: 1.43–8.66), skin (O/E = 2.13; 95% CI: 1.30–3.29) and digestive tract (O/E = 1.59; 95% CI: 1.10–2.23). In relatives of older BCC-patients, only the incidence of digestive tract cancer was higher than expected (O/E = 1.44; 95% CI: 1.08–1.89). Diagnoses that were verified turned out to be accurate in 87% of the cases. This study suggests that the risk of certain cancers, particularly that of the digestive tract, in first-degree relatives of BCC-patients is increased. These findings may indicate a genetic predisposition to both skin and visceral malignancies in this patient group.

Keywords Basal cell carcinoma · BCC · Relatives · Genetics · Visceral malignancies

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Introduction

Cutaneous malignancies are the most common type of cancer in the western world, with basal cell carcinomas (BCCs) accounting for about 75% of all skin cancers. The life-time risk for BCCs is about one in six [1]. Most BCCs have a superficial or nodular growth pattern and are classified as "non-aggressive", whereas only a minority of the tumours is associated with a considerable chance of local recurrence. Although mortality rates are low, BCCs may grow per continuitatem and cause severe local destruction. Metastasis occurs in less than 1% [19, 22].

It is clear that the incidence of BCCs is increasing [5, 13]. Although most BCCs occur in older persons, the incidence in young patients is increasing disproportionately [3, 19]. BCCs occur most on sun-exposed areas of the body,

such as the head and neck (80% of cases). Acute and chronic skin exposure to ultraviolet radiation is supposed to be a crucial factor in the development of skin cancer [9, 22]. However, it is not likely that the increased incidence in young persons over time is due to sun exposure alone. In a study by Lear et al. [11], outdoor occupation turned out not to be a risk factor, which implies that ultraviolet radiation cannot be the only explanation for the increased incidence of BCCs. Additionally, mutations in the hedgehog signalling pathway can be identified in almost all BCCs but less than 50% of these mutations have the typical UV signature [1, 9, 19]. Genetic factors might play a role in skin carcinogenesis as skin cancer among first and second degree relatives is associated with multiple BCCs [26]. A considerable part of the young patients has multiple BCCs and it was shown that DNA repair capacity in young BCC-patients without associated abnormalities is decreased [14]. Earlier studies reported on families with multiple BCCs without associated anomalies in subsequent generations and on patients with multiple unilateral BCCs [8].

It is known that skin disorders can form a first manifestation of a genetic predisposition to cancer: for example, patients with basal cell naevus syndrome (BCNS), which is caused by a germ line mutation in the PTCH1-gene, have multiple BCCs at a young age, palmoplantar pits, bone abnormalities, odontogenic keratocysts and an increased risk of medulloblastomas and neoplasms of the ovaries [12]. Patients with DNA repair disorders also have an increased risk of developing non-melanoma skin cancer (NMSC): Muir Torre syndrome, a variant of the Lynch syndrome, is defined by the combined occurrence of at least one sebaceous gland neoplasm and a visceral malignancy. The sebaceous neoplasms in this syndrome include adenomas, epitheliomas and carcinomas. Besides, BCCs and keratoacanthomas can be found [4, 16, 24].

Patients who have BCC have an increased occurrence of second primary tumours of head and neck, bladder, larynx, lung and colon as well as non-Hodgkin's lymphoma and melanoma [11, 23, 27]. Besides, the incidence of second primary cancers of head and neck, thyroid, lung, larynx, bladder, colon, as well as cutaneous malignant melanoma, non-Hodgkin's lymphoma and leukemias are increased after NMSC appearance. Furthermore, earlier studies found that mortality from noncutaneous malignancies was 20–30% greater when patients have had NMSC [18].

These data illustrate that skin disorders might function as a signal for a genetic predisposition to cancer. However, little is known about the cause and relevance of having BCCs at a young age and no data is available with regard to BCCs in relation to visceral (i.e. non-skin) malignancies. In this exploratory study, we hypothesise that BCCs indicate a genetic predisposition to cancer and investigated whether the incidence of visceral malignancies in first-degree relatives of BCC-patients is increased.

Patients and methods

After approval of the ethics committee was obtained, postal questionnaires were sent to BCC-patients who visited the outpatient clinic of the departments of Dermatology or Plastic surgery of the Radboud University Nijmegen Medical Centre between 1993 and 1998 ($n = 340$). All patients who could be traced ($n = 249$) were asked to complete the questionnaire. Patients who did not respond within 5 weeks received a reminder. Subsequently, all patients who did not fill out the questionnaire completely or did not respond were approached by telephone. Patients were asked about site and year of their first and subsequent BCCs and total number of BCCs. Furthermore, we asked year of birth and year of death of all their first-degree relatives (parents, children and siblings). We also asked for each relative whether that relative had ever been diagnosed with cancer, year of diagnosis and type of cancer. With respect to the first-degree relatives without cancer, we asked to fill out year of birth and, if applicable, year of decease. BCC-patients were divided into two groups: young patients who had their first BCC under the age of 51 years and older patients who had their first BCC over the age of 50 years. The cut-off point of 50 years to differentiate "young" and "old" BCC-patients is based on expert opinion which rests on the age distribution of BCCs that shows an increase from 50 years onwards and analogy with other cancers. For example, in colorectal carcinoma the cut-off point of 50 years is used to determine whether this cancer may be hereditary or not [25].

In order to determine the accuracy of the reported cancer diagnoses among relatives, we sent 124 BCC-patients, who reported cancer among their relatives, a letter and requested them to contact their relatives and ask them to give consent to confirm the diagnosis in the database from The Netherlands Cancer Registry (NCR). Two weeks later the BCC-patients received consent forms that they could send to their relatives. Whenever a relative had deceased, his/her children or wife/husband could give consent for confirmation of the diagnosis. When relatives did not respond within 2 weeks, we approached the BCC-patients by telephone and asked them whether their relatives were willing to participate. Reported diagnoses of cancer were compared with data from the NCR. When the diagnosis from the NCR differed from the reported diagnosis, we approached the relative by telephone to discuss this inconsistency.

The observed numbers of cancer were compared with the expected numbers based on the Dutch age and sex-specific population-based incidence rates (http://www.ikcnet.nl).

Because The Netherlands has a nationwide population-based cancer registry, reference values can be taken efficiently from the registry and can be considered more valid and stable than estimates taken from a specific (smaller) control group. In order to compute the expected numbers of a specific type of cancer, we calculated each relative's time at risk as the number of years from his/her date of birth to the date of data collection, cancer diagnosis, or death, whichever came first. We then stratified the total person-years at risk by sex and age (5-year categories). The expected numbers were obtained by multiplying the person-years at risk in each category by the age and sex-specific incidence rates for the type of cancer obtained from the NCR in 2003. Finally, the observed/expected (O/E) ratios with 95% confidence intervals (CIs) were calculated. The 95% CIs were calculated using the Mid-P exact test.

Results

Out of 249 questionnaires, 157 (63%) were completed and returned. After one reminder and telephone contact, 92 questionnaires could not be included in the analysis, because the patients refused to participate ($n = 47$), did not fill out the questionnaire completely ($n = 19$) or did not return the questionnaire ($n = 26$). Table 1 presents the characteristics of BCC-patients and their relatives.

The 157 BCC-patients had 1,272 first-degree relatives; 263 of them had cancer. As some relatives had more than one form of cancer, 277 malignancies were reported in total. The O/E ratios for different forms of cancer in relatives are given in Table 2; categories are based on the NCR (http://www.ikcnet.nl). Two forms of cancer could not be classified in one of the categories (cancer of the peritoneum and a carcinoid tumour), and were excluded from the site-specific analysis. Tumours that were described as "cancer in the belly" ($n = 3$) were classified as a tumour of the digestive tract.

Table 1 Characteristics of BCC-patients and their relatives

Characteristics	Patients with a first BCC <51 years of age ($n = 75$)	Patients with a first BCC >50 years of age ($n = 82$)
Mean age first BCC (range)	41.1 (15–50)	62.5 (51–88)
Mean number of BCCs (range)	4.7 (1–42)	5.1 (1–150)
Number of relatives	583	689
Mean age of relatives (range)	54.6 (0–96)	62.5 (0–98)

BCC basal cell carcinoma

The following cancers were statistically significant, higher than expected in relatives of young BCC-patients: bone and soft tissue, skin and digestive tract. For relatives of older BCC-patients, this only applies for cancers of the digestive tract. In relatives of both young and older BCC-patients, cancer of the male genital tract was statistically significant less observed than was expected.

Twenty-six BCC-patients refused to approach their relatives who had cancer. The remaining 98 BCC-patients had 193 relatives with cancer; 105 of them gave permission to confirm the diagnosis. As the registration of the NCR started in 1989, confirmation of the diagnosis was only possible when the relative was diagnosed as suffering from cancer after 1988. For that reason, confirmation was sought in 47 cases. The diagnosis was accurate in 41 (87%) of these cases. Three relatives had more than one malignancy: skin and colon, skin and blood/lymph node and breast and female genital tract. Diagnoses that were inaccurate and the corresponding accurate diagnoses according to the NCR are shown in Table 3.

Discussion

In this study, we investigated whether BCCs are associated with the occurrence of other malignancies in the patient's family. In relatives from both young and old BCC-patients, an increased incidence of cancer of the digestive tract was observed. Remarkably, this increased incidence was strongly influenced by relatives with cancer of the liver. However, it is likely that most of these tumours are metastases instead of primary cancer. The increased O/E ratio is thus the result of misclassification bias. The same goes for cancer of bone and soft tissue and, to a lesser extent, the central nervous system.

The incidence of cutaneous malignancies among relatives of young BCC-patients was higher than expected. This might indicate that first-degree relatives have an increased risk of skin malignancies. However, it is also possible that this high rate is due to recall bias by the patients, which led to an overestimation of skin malignancies. Furthermore, it might be possible that the incidence rates for skin cancer of the NCR are not correct; the Comprehensive Cancer Centre South (IKZ) is the only Dutch Cancer Centre that registers BCCs which implicates that the incidence of skin tumours according to the NCR might be an underestimation. Besides, the high incidence of skin malignancies among relatives of BCC-patients might be based on coincidence. An earlier pilot study confirmed the increased incidence of cutaneous malignancies among relatives of young patients with skin cancer; in this study, the incidence of cancer in first-degree relatives from patients with skin cancer under the age of 51 years ("young"), relatives from

Table 2 Types of cancer in first-degree relatives of BCC-patients

Type of cancer	First-degree relatives of patients with a first BCC <51 years of age (*n* = 583)				First-degree relatives of patients with a first BCC >50 years of age (*n* = 689)			
	Obs	95% CI			Obs	95% CI		
		O/E	Lower	Upper		O/E	Lower	Upper
All tumours	111	1.17	0.96	1.40	166	1.02	0.87	1.18
Blood, lymph node	8	1.08	0.50	2.05	6	0.50	0.20	1.03
Breast	20	1.25	0.79	1.90	28	1.10	0.75	1.57
Bone and soft tissue	5	3.91	1.43	8.66	2	1.03	0.17	3.41
Central nervous system	2	1.20	0.20	3.96	6	2.36	0.96	4.91
Endocrine glands	2	2.90	0.49	9.58	2	1.96	0.33	6.48
Head and neck	3	0.89	0.23	2.41	4	0.71	0.22	1.71
Skin	18	2.13	1.30	3.29	18	1.26	0.77	1.95
Male genital tract	3	0.29	0.07	0.78	9	0.47	0.23	0.87
Trachea, lung and mesothelioma	12	0.96	0.52	1.64	25	1.13	0.75	1.64
Digestive tract	31	1.59	1.10	2.23	50	1.44	1.08	1.89
Colorectal	18	1.50	0.91	2.32	22	1.03	0.66	1.53
Stomach	2	0.77	0.13	2.54	5	1.07	0.39	2.37
Liver	4	9.52	3.03	22.97	11	15.28	8.03	26.55
Oesophagus	1	0.60	0.03	2.94	2	0.68	0.11	2.24
Pancreas	3	1.62	0.41	4.41	4	1.22	0.39	2.94
Urinary tract	2	0.37	0.06	1.23	5	0.52	0.19	1.15
Female genital tract	4	0.82	0.26	1.97	8	1.00	0.47	1.90

CI confidence interval, *Obs* observed, *O/E* observed/expected, *BCC* basal cell carcinoma

Table 3 Diagnoses that were inaccurately reported by BCC-patients and the corresponding accurate diagnoses according to the NCR

Reported	NCR
Pleura	Breast
Lung	Colon
Oesophagus	Stomach
Cervix	Colon
Breast	Colon
Peritoneum	Colon

patients with skin cancer over the age of 50 years ("old") and patients with benign skin neoplasms were compared with a control group (patients who were treated with laser therapy for vascular skin disorders). It turned out that the incidence of skin cancer in relatives of young patients with skin cancer was higher than that in both relatives of the control group and relatives of the young patients with benign neoplasms and relatives of old patients with skin cancer (unpublished data). Another theoretical explanation for the high incidence of cutaneous malignancies among relatives of young BCC-patients is surveillance bias. In reality, it seems unlikely that a BCC is a reason for increased screening or case finding of tumours of internal organs in relatives of patients. Furthermore, the cancers diagnosed among relatives are not necessarily diagnosed after the BCC diagnosis in the proband. Alternatively, we do not think that cancer diagnoses in relatives may have led to screening or case finding of BCC in the proband.

The number of relatives who suffered from cancer of the male genital tract was lower than expected in both groups. Earlier studies already reported a decreased risk of prostate cancer in skin cancer-patients. It has been hypothesised that ultraviolet radiation protects against the development of prostate cancer, by means of vitamin D3 synthesis, whereas it increases the risk of skin cancer [6]. It is unknown whether this association could be extrapolated to relatives of BCC-patients.

It might be possible that BCC-patients misreported the cancers in their relatives as the occurrence of cancer in family members was based solely on the questionnaire [2]. For example, metastasised cancers may have been reported instead of the primary tumour, leading to over reporting of, for instance, bone and liver cancer [21]. Although only a minority of the reported cancer diagnoses could be confirmed, it turned out that 87% of the cancer diagnoses in first-degree relatives were accurately reported by the BCC-patients. This fits with previous investigations which showed that family cancer histories for first-degree relatives are accurate for the most common types of cancer, especially breast and colon cancer [15, 20, 28]. Unfortu-

nately, we got only sparsely permission to verify the forms of cancer that were most likely to be misreported, such as cancer of the liver and bone and soft tissue.

This exploratory study suggests that the incidence of cancer, and in particular, cancer of the digestive tract, in relatives of BCC-patients is significantly increased. The association between NMSC and malignancies of the digestive tract is well known; earlier studies showed that the incidence of rare sebaceous skin tumours and keratoacanthomas in Lynch syndrome patients is increased and patients with a combination of one of these skin tumours and a Lynch syndrome-related malignancy are classified as having Muir Torre syndrome [7, 10, 17]. However, little is known with respect to the association between BCCs and visceral malignancies. The increased incidence of cancer of the digestive tract in relatives of BCC-patients that was found in this study requires further investigation in order to prove a genetic predisposition to both skin and visceral cancers in these families.

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