1. The quality of the diagnostic workup of pediatric IBD patients has increased after the publication of European consensus-based guidelines (the Porto criteria). (dit proefschrift)

2. Atypical disease phenotypes in children and adolescents, such as macroscopic rectal sparing and upper gastrointestinal tract involvement, should not preclude a diagnosis of ulcerative colitis. (dit proefschrift)

3. The Paris classification is a useful tool to capture the variety of phenotypic characteristics of pediatric IBD patients. (dit proefschrift)

4. Treatment adherence, disease location, and nutritional status seem to influence treatment outcome of a six-week course of exclusive enteral nutrition in newly diagnosed pediatric Crohn’s disease patients. (dit proefschrift)

5. Infliximab treatment is effective in refractory pediatric Crohn’s disease, but the therapeutic effect decreases over time. (dit proefschrift)

6. There are opportunities to substantially improve outcomes in pediatric IBD by using therapeutic interventions that are already available. (Pediatrics, 2012)

7. All patients with IBD should have access to pre-conception counseling to advise and optimize management before conception. (European evidence-based consensus on reproduction in IBD, J Crohns Colitis, 2010)

8. Understanding immunity requires more than immunology. (Nature Immunology, 2010)

9. Taller people live better lives. (Econ Hum Biol, 2009)

10. De belangrijkste voorwaarde voor geluk is dat je wilt zijn wat je bent. (Desiderius Erasmus)

11. Promoveren is een uitdaging waarvoor je doorzettingsvermogen en heel veel geduld nodig hebt.

Charlotte de Bie
7 september 2012