“The Essential Amino Acid Requirements of Infants”

1. Amino acid requirement can be determined without blood sampling when using the indicator amino acid oxidation method. (dit proefschrift)

2. The experimentally derived tryptophan requirement of infants was only half the current recommendation. (dit proefschrift)

3. The branched-chain amino acid requirements determined by the indicator amino acid oxidation method are similar to the estimates by the use of growth rate and nitrogen retention in the 1960s. (dit proefschrift)

4. The branched-chain amino acid ratio according to the requirement profile of a bottle-fed neonate is similar to the ratio of egg protein. (dit proefschrift)

5. Current composition of formulas provide too much amino acids which increases the risk of obesity in later life. (dit proefschrift)

6. The best place to begin a healthy life is at the beginning. (N Engl J Med 2012;366:1328-34)

7. The unique benefits of breastfeeding and the use of human milk to both the infant and mother make infant feeding not only a lifestyle choice but a public health issue. (Pediatrics 2012;129:e827-e841)

8. Iron-deficiency anaemia early in life requires urgent intervention to prevent the loss of developmental potential in millions of young children worldwide. (Lancet 211;378:1325-38)

9. Science...never solves a problem without creating ten more. (George Bernard Shaw)

10. 知之者不如好之者，好之者不如乐之者。《论语·雍也》.
    Choose a job you love and you will never have to work a day in your life. (Confucius, 551 B.C.- 479 B.C.)

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