

Chronic Pancreatitis and Pancreatic Cancer

The Clinical Aspects and Treatment of Pancreatic Exocrine Insufficiency

1. Patients with exocrine insufficiency are often undertreated, even in countries with a well-organized health care system (*this thesis*).
2. Patients with chronic pancreatitis are at risk to develop fat-soluble vitamin deficiencies and a decreased bone mass, even if their pancreatic function is intact (*this thesis*).
3. In cancer of the pancreatic head region, exocrine insufficiency is diagnosed in the vast majority of patients, either at diagnosis or soon thereafter (*this thesis*).
4. Surgical resection of a pancreatic head tumour does not preserve the exocrine pancreatic function (*this thesis*).
5. In cancer of the pancreatic head region, routine enzyme supplementation seems reasonable, as exocrine insufficiency is almost inevitable in these patients (*this thesis*).
6. In exocrine insufficiency, patient-education and flexible enzyme dosing improves steatorrhea-related complaints and bodyweight, and should be routinely applied (*this thesis*).
7. Experience is the name people give to their mistakes (*Oscar Wilde*).
8. Politiek is een wijze van denken en doen, die beheerst wordt door eigen belang (*Opi a.k.a. W.F.M de Zwaan; 93 years old*).
9. Een ding dat deskundigen weten, en niet-deskundigen niet, is dat deskundigen minder weten dan niet-deskundigen vermoeden.
10. De gezondheid van een vis wordt niet zo zeer bepaald door het spreekwoordelijke gezegde als wel door het van de mens afhankelijke milieu, waarin hij bestemd is te vertoeven.