Long-term follow-up after attempted angioplasty of saphenous vein grafts: the Thoraxcenter experience 1981–1988

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Between 1981 and 1988, 107 percutaneous transluminal coronary angioplasty (PTCA) procedures, including repeat PTCA, were performed in 84 patients with previous coronary artery bypass grafting (CABG). Fifty-nine patients underwent a first angioplasty of the vein graft alone, and 25 underwent a first PTCA of the graft and one or more native vessels. Seventeen patients underwent two procedures, four patients three procedures and one patient four procedures. In 84 first angioplasties, 133 lesions were attempted; 40 lesions in native vessels and 93 graft lesions (28 ostial stenoses, 33 shaft stenoses, and 32 stenoses at the distal anastomosis).

Three patients died during their hospital stay. Two patients underwent emergency CABG. Seven patients sustained an acute myocardial infarction (AMI), among whom five underwent a PTCA of an occluded vessel. The clinical primary success rate per patient was 82%. After five years, 70% of patients were alive. At a median follow-up of 2·1 years, 41% of patients were alive and event-free (no AMI, no repeat CABG, no repeat PTCA). Symptomatic improvement was maintained in 36% of patients. Angioplasty of grafts may be an alternative to re-operation in selected patients with previous bypass surgery.

Introduction

Coronary artery bypass grafting (CABG) has developed into a safe and effective procedure for relieving refractory angina, and improves prognosis in selected patients with left main or multivessel coronary artery disease. However, recurrent symptoms of myocardial ischaemia often develop after bypass surgery, requiring either reinstitution of medical therapy or repeat bypass surgery.

Repeat direct myocardial revascularization is technically more difficult and is generally associated with a higher morbidity and mortality than the initial surgery^[1-6]. Although percutaneous transluminal coronary angioplasty (PTCA) is an attractive alternative to re-operation in patients with prior bypass surgery, the long-term results of this procedure have only been published over the last two or three years^[7,8]. This report describes our experience with the use of angioplasty in the treatment of partially or totally occluded saphenous vein bypass grafts.

Methods

STUDY PATIENTS

Between February 1981 and October 1988, 2620 consecutive PTCA procedures were performed at the Thoraxcenter in Rotterdam. All 84 consecutive patients with previous bypass surgery who underwent a first PTCA of the saphenous vein bypass graft alone (59

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patients), or a first PTCA of the graft and one or more native vessels (25 patients), were retrospectively reviewed and provide the basis for this study. In these 84 patients 107 (4.1%) bypass graft angioplasty procedures, including repeat angioplasties, were performed. Fifteen (18%) patients underwent a dilatation of an occluded saphenous vein graft.

Fifty-six patients (67%) received an aortocoronary circular sequential saphenous vein graft. A proximal occlusion was located between the connection of the aorta and the first anastomosis, a mid-occlusion after the first anastomosis and before the most distal anastomosis, and a distal occlusion in the distal part of the graft. Seven of the 56 patients also had a single graft. Single grafts alone were placed in 26 patients. Two patients had received a snakegraft. The mean interval between coronary bypass surgery and coronary angioplasty was 4.7 years (range 1 month to 13.5 years). Eight patients (10%) had coronary angioplasty within 6 months and 18 (21%) within one year of coronary bypass surgery. Thirty-nine patients (46%) had a PTCA more than 5 years after CABG (Fig. 1). Two patients had had two previous bypass procedures.

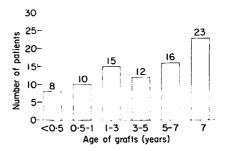


Figure 1 Time interval between PTCA and previous surgery.

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In 84 primary angioplasties, 133 lesions were attempted. There were 93 lesions in the saphenous vein bypass grafts, and 40 lesions in native vessels. The 93 bypass graft stenoses consisted of 28 (30%) proximal stenoses, 33 (36%) stenoses in the shaft of the graft, and 32 (34%) at the distal end to side anastomosis. Twenty-five patients underwent a PTCA of the graft and one or more native vessels; the number of attempted native vessel stenoses ranged from one to three per patient (mean: 1-9). Angiographic success was defined as a reduction in the severity of all attempted lesions to less than 50% luminal diameter narrowing. Clinical success was defined when angiographic success was achieved with the abolition of acute ischaemic symptoms and without progression to myocardial infarction, emergency surgery or death.

All patients had stable or unstable angina pectoris despite intensive pharmacological therapy, and were considered to be appropriate candidates for repeat bypass surgery. Sixty-five (77%) of the patients were men. The mean age was 60 years, ranging from 39 to 79 years. Before angioplasty, the New York Heart Association classification was class 2 in 14 (17%), class 3 in 31 (37%), and class 4 in 39 (46%). Twenty patients (24%) had hypertension (blood pressure higher than 140/90 mmHg), 10 patients (12%) had diabetes mellitus requiring medication, 18 (21%) had hypercholesterolaemia (more than 240 mg.dl⁻¹), and 54 (64%) had a history of previous acute myocardial infarction (AMI). Five patients (6%) had single-vessel disease, 21 (25%) two-vessel and 58 (69%) triple-vessel disease.

The left ventricular ejection fraction was calculated from contrast ventriculography, as previously described^[9]. The mean ejection fraction was 0.55 ± 0.13 . Eight (10%) patients had an ejection fraction of less than 0.35.

CORONARY ANGIOPLASTY

Management decisions on the individual patients were made after review of the coronary arteriograms and discussion with the cardiothoracic surgeons. Patients were referred for angioplasty if the lesions considered responsible for significant myocardial ischaemia documented by objective noninvasive studies (exercise stress testing or myocardial scintigraphy (when not clinically contraindicated) and by coronary cinearteriography, were thought both by the cardiologist and the cardiac surgeon, to be technically suitable for PTCA.

The patient's coronary anatomy was the primary determinant of whether or not angioplasty would be attempted. However, some patients underwent a PTCA because they were not considered good candidates for bypass surgery. This surgical risk assessment was determined by the presence of multiple prior bypass operations with or without postoperative complications, concomitant severe medical conditions (for example severe diabetes mellitus with marked end-organ damage, renal failure) or severe left ventricular dysfunction (left ventricular ejection fraction $\leq 35\%$).

The procedure used in our laboratory has been previously described⁽¹⁰⁻¹²⁾. Before the procedure, 250 mg of acetylsalicylic acid and 10 000 U of heparine were administered intravenously. All procedures were performed with surgical stand-by. After the procedure, all patients were followed up for 24 h in the medium care unit, where the ECG and cardiac enzyme levels were monitored. A peri-interventional myocardial infarction was diagnosed if either new pathologic Q waves developed or a cardiac enzyme elevation (≥ 2 times normal value) was documented. Following successful angioplasty, patients were continued on nifedipine, 40 to 60 mg day⁻¹, and aspirin, 500 mg day⁻¹, for a period of 6 months after PTCA.

TECHNICAL ASPECTS

The method of angioplasty changed during the study period: prior to February 1983 a non-steerable catheter system was used; after then, the long guide-wire technique or a monorail system was used. Angioplasty of the lesion considered to be the most important (according to severity and morphology of the lesion, size of vessel or graft, wall motion of area at risk and localization of ischaemic electrocardiographic changes at rest) was attempted first.

All angioplasty procedures were performed by utilizing the femoral (66 patients) or brachial (15 patients) techniques, or both (three patients). Guiding catheter selection was determined by the configuration and orientation of the saphenous vein graft and the diameter of the ascending aorta. The mean maximal inflation pressure was 11.0 ± 2.3 atmospheres (range 5 to 18) with a mean maximal inflation time of 189 ± 147 seconds (range 10 to 740).

FOLLOW-UP

Procedural details, including complications, were recorded at the time of the PTCA in our database. Primary end-points considered at follow-up were death, non-fatal myocardial infarction, recurrent angina pectoris necessitating repeat bypass surgery or repeat angioplasty, and symptomatic improvement. Follow-up information was available in 100% of patients. It was first established for all patients whether they were still alive, by means of a letter to the civil registry. If they were alive, follow-up data were obtained by questionnaires and by telephone (97.6%), or by interview during out-patient visits (2.4%).

STATISTICS

All data are presented as the mean ± 1 standard deviation. Life table analysis was performed according to the Kaplan-Meier method. The generalized Willcoxon or Breslow test was utilized to detect differences between the sub-groups. A *P* value of <0.05 was considered statistically significant.

Results

INITIAL RESULTS

The angiographic primary success rate per lesion was 88% for bypass graft stenoses, and 93% for native vessel stenoses. The angiographic primary success rate was 86% for proximal lesions, 97% for shaft lesions, and 81% for distal lesions (Table 1). The clinical primary success rate

Table 1 Primary angiographic success at first PTCA (per lesion)

Lesion site	Lesions (n)	Successful		
		(n)	(%)	
SVG proximal	28	24/28	86	
middle	33	32/33	97	
distal	32	26/32	81	
Native artery	40	37/40	93	
Total	133	119/133	89	

SVG: saphenous vein graft.

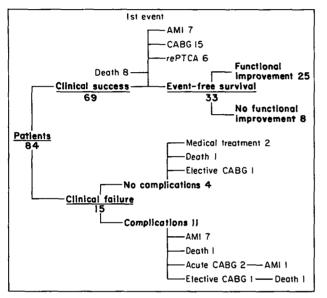


Figure 2 Results of angioplasty of bypass grafts: procedural complications at first angioplasty and long-term follow-up after successful angioplasty. AMI: acute myocardial infarction; CABG: coronary artery bypass grafting; rePTCA: repeat percutaneous transluminal coronary angioplasty.

per patient was 82%; 69 of the 84 primary procedures were successful and without complications. The clinical primary success rate was 72% for patients who underwent a PTCA of the graft and one or more native vessels and 86% for patients who underwent a PTCA of the bypass graft alone. After February 1983, when the PTCA procedures were carried out with the long guide-wire technique or a monorail system, a higher clinical primary success rate was found (85% versus 67%). However, only 14% of the procedures were performed before February 1983.

Thirteen complications occurred in 11 patients (Fig. 2). There was one procedure-related death, and two patients died during their hospital stay. Of these two patients one died of an acute myocardial infarction 3 days after the PTCA attempt had failed, and the other died of renal failure 10 days after an elective repeat CABG. Two

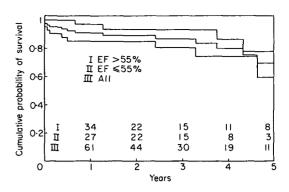


Figure 3 The cumulative probability of survival in 84 patients with prior bypass surgery after attempted PTCA of the vein graft alone, or of the graft and one or more native vessels, was 70% at 5 years. The left ventricular ejection fraction was a variable adversely affecting long-term survival (P < 0.05). The numbers in the lower half indicate the number of patients alive at the end of each year. EF: ejection fraction.

patients required emergency surgery; one of them sustained an acute myocardial infarction.

Fifteen of the 84 patients underwent angioplasty in the setting of a recanalization of a chronic occluded bypass graft. Nine of the 15 procedures were angiographically successful: the angiographic primary success rate was 60%. Five of the 15 patients sustained a procedure-related myocardial infarction, which was caused by a distal embolization of bypass graft atheroma. Four of the five patients sustained a myocardial infarction shortly after an angiographically successful PTCA (creatine kinase (CK): 684 IU^{-1} , 280 IU^{-1} , 800 IU^{-1} and 2900 IU^{-1}), and PTCA was not successful in one patient (CK: 1200 IU^{-1}).

Of the patients who underwent angioplasty of a nonoccluded graft, two patients sustained a myocardial infarction; one patient after an angiographically successful PTCA (CK unknown) and one patient after a failed PTCA attempt (CK 199 IU^{-1}). In both patients the cause of the infarction was an acute occlusion after a dissection in the dilated segment.

The PTCA procedure failed without complications in two cases: in one patient there was failure to cross the stenosis, and in one case, although inflation of the balloon to the maximal pressure limits was achieved, there was insignificant change in the stenosis after angioplasty.

FOLLOW-UP

The median follow-up period was 2.1 ± 0.4 years. Thirteen patients died; eight patients died of cardiac events, three patients died of non-cardiac events, and the cause of death was unknown in two patients. Life table analysis (Fig. 3) showed a cumulative probability of survival of 70% at 5 years. The left ventricular ejection fraction was an important prognostic variable: for patients with a LVEF $\leq 55\%$, the probability of survival was 60% at 5 years, compared with 78% for patients with LVEF $\geq 55\%$ (P < 0.05).

After the hospital discharge and during the subsequent follow-up period nine patients sustained a myocardial infarction, and 25 patients underwent bypass surgery.

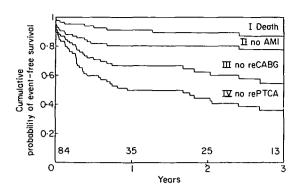


Figure 4 After the median follow-up period of $2 \cdot 1$ years, the cumulative probability of survival without any cardiac event (death, myocardial infarction, repeat bypass surgery, and repeat angioplasty) was 41% for all 84 patients. The numbers in the lower half indicate the population at risk at the end of each year. reCABG: repeat coronary artery bypass grafting.

Twenty-seven repeat angioplasties were performed; 21 patients underwent one repeat PTCA, five underwent a second repeat PTCA, and one a third repeat PTCA. Of the 59 patients who underwent a first PTCA of the bypass graft alone, 13 patients (22%) had graft restenosis. Three of these 13 patients also had progression of the disease in native vessels. One patient did not have restenosis, and underwent a repeat PTCA for disease progression alone. Of the 25 patients who underwent a first PTCA of the graft and one or more native vessels, seven patients (28%) underwent one or more repeat angioplasties. In four patients a repeat PTCA was performed because of restenosis in native vessels, in one patient because of graft restenosis, and in two patients because of restenosis in both the graft and a native vessel. Of the six patients who underwent more than one repeat PTCA, all had graft restenosis for the second or third time. One patient again had graft re-stenosis and also progression of disease in a native vessel.

The event-free survival analysis (survival without infarction, repeat CABG, or repeat PTCA) (Fig. 4) showed that, at the median follow-up of 2·1 years, 41% of patients were alive and event-free. Of the 69 patients who initially had a successful PTCA 88% were alive, and 48% were alive and event-free. At long-term follow-up 25 (36%) of the 69 patients had symptomatic improvement of at least one functional angina class or were asymptomatic (Fig. 2). Patients with a relatively short time interval between the previous CABG and PTCA ('graftage') had a better chance of long-term success (P < 0.05).

Discussion

Coronary artery bypass grafting has proved to be a most significant advance in the treatment of obstructive coronary artery disease. Bypass surgery enabled the majority of patients to obtain 5 to 10 years of useful life, with angina pectoris relieved or improved in 80% to 90% of them. However, symptoms recur or progress in about 5% of patients per year^[13-16]. The main causes of recurrent angina after bypass surgery are: the occurrence of new lesions in vessels not bypassed, new stenoses in the native vessel distal to the anastomosis, and most importantly, the occurrence of new lesions in the bypass graft itself. Approximately 10% of grafts are occluded within one to two weeks of the operation and 15% to 20% by one year^[17-23], often because of thrombosis^[24] or technical problems involving the distal surgical anastomosis.

Within the first 3 years of bypass surgery, intimal hyperplasia occurs in the body of vein grafts as a diffuse or focal process^[23-26]. The distal anastomosis appears to be particularly prone to stenosis, although the pathophysiology of this lesion is less well known^[23,27]. From approximately the fourth year on, vein grafts can become atherosclerotic^[24,26-28], and by 5 to 6 years 15% of grafts will be totally occluded and 52% will have a luminal narrowing greater than 70%^[21].

In contrast, internal mammary artery grafts have been shown in a number of studies to have markedly superior patency rates in comparison to venous conduits^[29,30]. Although the problem of bypass graft attrition has been partly met by the increasing use of internal mammary conduits, it is unlikely that their use will solve the problem of re-operation for disease progression. Re-operation is technically more difficult and is generally associated with a higher morbidity and mortality than the first surgical procedure. The incidence of peri-operative acute myocardial infarctions is reported to range between 2.7% and 10.6% and mortality rates for coronary re-operations are reported to be between 1.9% and 8%. Following re-operation 30–40% of patients may not experience improvement in the their angina^[1-6].

Patients who have undergone previous coronary bypass grafting present unique and complex problems if they subsequently require treatment with PTCA. Relative contraindications include: (1) stenosis length greater than balloon length (diffuse disease); (2) friable or ulcerated plaque; (3) risk of cardiogenic shock in the event of acute closure; (4) aorto-iliac disease prohibiting intra-aortic balloon pump placement, if needed; (5) lack of immediate availability of an experienced surgical team^[31]. Nevertheless, with appropriate patient selection, PTCA can be performed safely and successfully in post CABG patients.

The results of dilatation of saphenous vein grafts have been reported by others to be successful in 75-97% (Table 2)^[7,8,16,31-38]. Death, emergency CABG, and myocardial infarction were reported in up to 5.3%, 4.3% and 6.5% of patients, respectively. Our results compare favourably with previous reports, although the number of myocardial infarctions is higher in our series. It is likely that this difference is caused by the relatively large number of totally occluded grafts that were attempted. Of the 15 (18%) patients who underwent a PTCA of a totally occluded graft, five patients sustained a procedure-related myocardial infarction. Distal embolization of coronary artery bypass graft atheroma, which has been shown to be particularly associated with 'old' grafts^[39], was in all cases the cause of these infarctions. The risk of distal embolization during passage with the balloon catheter is probably increased because atherosclerosis in vein grafts tends to

First author Douglas ⁽³²⁾	Patients (n) 116	Attempted stenoses (n)		Primary success (%)	Emergency CABG (%)	AMI (%)	Death (%)
		svg,	62	94	2.6	1.7	0
		NV,	59	83			
		IMA,	ſ	0			
Block ^[34]	40	SVG,	40	78	2.5	0	NA
Dorros ^[16]	61	SVG,	33	79	1.6	4.9	3.3
		NV,	72	75			
El Gamal ¹³³	31	SVG,	44	93	0	6.5	0
Corbelli ^[35]	94	SVG,	47	92	4.3	2.1	1.1
		NV,	68	88			
Reeder ^[36]	19	SVG,	19	84	0	5.3	5.3
Cote ^[37]	82	SVG,	101	85	1.2	3.7	0
		IMA,	5	100			
Ernst ^[7]	83	SVG,	33	97	0	2.4	0
		NV,	59	86			
Pinkerton ^[31]	236	SVG,	100	93	3	NA	0.4
		NV,	300	93			
Cooper ^[38]	59	SVG,	24	75	0	5-1	1.7
		NV,	117	78	-		
Present study	84	SVG,	93	84	2.4	8.3	1.2
		NV,	40	93			

Table 2 Results of vein graft angioplasty

IMA: internal mammary artery; NA: not available; NV: native vessel.

involve dilated segments and to be more friable and less fibrocalcific than their counterpart in the native coronary arteries. Therefore, the grafts are particularly vulnerable to disruption and to embolization of relatively large fragments. De Feyter *et al.*^[40] have previously reported our experience with PTCA of totally occluded vein grafts, and have concluded that angioplasty is contraindicated in totally occluded grafts because of a low success rate and an unacceptably high myocardial infarction rate.

After 5 years of follow-up, 70% of 84 patients were alive. Left ventricular ejection fraction (LVEF) was an important variable in determining long-term survival. In patients with LVEF $\leq 55\%$, 60% were alive after 5 years, in contrast to 78% of the patients with LVEF > 55%(P < 0.05). Of the patients who had had a successful PTCA 48% were alive and event-free after the median follow-up of 2.1 years, and symptomatic improvement or no symptoms at all occurred in 36% of patients (Fig. 2). Patients with a relatively short time interval between the recurrence of angina after bypass grafting and the PTCA attempt ('graftage') had better long-term results (P < 0.05).

Conclusions

Our results indicate that PTCA of saphenous vein grafts may be an alternative to re-operation in some patients with previous bypass surgery, particularly those in whom surgery is not a reasonable alternative. However, in patients with a short time interval between bypass surgery and angioplasty better long-term results may be achieved. Angioplasty is contraindicated in totally occluded vein grafts, because of an unacceptable complication rate. We thank Ron van Domburg of the Computer Group of the Thoraxcenter for his great help in data processing.

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