

Print date: 7-2-2003

World Database of Happiness

Correlational Findings
© on data collected: Ruut Veenhoven, Erasmus University Rotterdam

Findings on Happiness & LOVE-LIFE

Correlate Code: L 12

Classification of	f Findings N	lumber of Studies
Correlate Code	Correlate Name	on this Subject
L 12	LOVE-LIFE	0
L 12.1	Love-career	0
L 12.1.1	Earlier love-life	3
L 12.1.2	Change in love-life	1
L 12.1.4	Later love-life	0
L 12.2	Current love-life	2
L 12.2.1	Involved in dating	1
L 12.2.2	Steady love-relation	7
L 12.3	Love-feelings	4
L 12.3.1	Feels in love	1
L 12.3.2	Feels loved	1
L 12.4	Attitudes to one's love-life	0
L 12.4.1	Desire to change love-life	1
L 12.4.2	Satisfaction with love-life	5
Appendix 1:	Happiness queries used	
Appendix 2:	Statistics used	
Appendix 3:	About the World Database of Happiness	
Appendix 4:	Further Findings in the World Database of Happiness	
Appendix 5:	Related Topics	
Cite as:	Veenhoven, R.: Findings on Happiness & LOVE-LIFE World Database of Happiness. Internet: www.eur.nl/fsw/research/happ	iness
	Erasmus University Rotterdam, 2003, Netherlands	

Study VENTE 1995 Page in Report: 286

Reported in: Ventegodt, S.

Livskvalitet i Danmark.(Quality of Life in Denmark)

Forskningscentrets Forlag (The Quality of Life Research Center), København,

Denmark,

ISBN 8790190017

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample (unspecified)

Non-Response: 39%

N: 1494

Measured Correlate

Class: Earlier love-life Code: L 12.1.1

Measurement: Single question:

"Do you have a partner?"

1: no, and I have never had one

2: no, but I have had one

3: not sure 4: yes

Measured Values: N: 1:59, 2:264, 3:41, 4:1105

Error Estimates:

Remarks: It is likely that the original sign of the correlation was wrong: this was adjusted here.

Happiness Query	Statistics	Remarks	
A-AOL/m/sq/v/5/a	r=+.16 p<.00	1: Mt=7.38 2: Mt=7.13 3: Mt=6.89 4: Mt=7.96 All Mt=7.76	It is likely that the original sign of the correlation was wrong: this was adjusted here.
O-HL/c/sq/v/5/h	r=+.25 p<.00	1: Mt=6.40 2: Mt=6.00 3: Mt=5.68 4: Mt=7.24 All Mt=6.94	
O-SLu/c/sq/v/5/e	r=+.19 p<.00	1: Mt=6.98 2: Mt=6.68 3: Mt=6.23 4: Mt=7.69 All Mt=7.44	

Page in Report: 308 Study **VENTE 1996**

Reported in: Ventegodt, S.

Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds)

Forskningscenter for Livskvalitet,

Forskningscentrets Forlag, København 1996,

ISBN 8790190068

Population: Persons born at the University Hospital in Copenhagen 1959-1961

Sample: Non-probability purposive sample (unspecified)

Non-Response: 39%

> 4500 N:

Measured Correlate

Class: Earlier love-life Code: L 12.1.1

Measurement:

Single question:
" How are your current relations with your previous partner ?"

1: very bad 2: bad 3: nei ther/nor

4: good 5: very good

Measured Values: N: All:3022; %:1:13,8; 2:17,8; 3:35,3; 4:25,3; 5:7,7

Error Estimates:

Remarks:

Happiness Query	Statistics		Re	marks
A-AOL/m/sq/v/5/a	r=+.08	p<.00	1: 2: 3: 4: 5:	Mt=7.45 Mt=7.38 Mt=7.85 Mt=7.71 Mt=8.16
O-HL/c/sq/v/5/h	r=+.01	ns	1: 2: 3: 4: 5:	Mt=6. 96 Mt=6. 83 Mt=7. 11 Mt=6. 88 Mt=7. 10
O-SLu/c/sq/v/5/e	r=+.05	p<.01	1: 2: 3: 4: 5:	Mt=7. 21 Mt=7. 06 Mt=7. 51 Mt=7. 34 Mt=7. 60

Study VENTE 1996 Page in Report: 304

Reported in: Ventegodt, S.

Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds)

Forskningscenter for Livskvalitet,

Forskningscentrets Forlag, København 1996,

ISBN 8790190068

Population: Persons born at the University Hospital in Copenhagen 1959-1961

Sample: Non-probability purposive sample (unspecified)

Non-Response: 39%

N: 4500

Measured Correlate

Class: Earlier love-life Code: L 12.1.1

Measurement: Single question:

"Do you have a partner?"
1: no, and I never had one
2: no, but I have had one

3: not sure

4: yes

Measured Values: N: All:4604; %:1:1,9; 2:14,5; 3:2,5; 4:81,1

Error Estimates:

Remarks:

Happiness Query	Statistic	s	Remarks
A-AOL/m/sq/v/5/a	r=+.20	p<.00	1: Mt=7.13 2: Mt=6.80 3: Mt=6.63 4: Mt=7.95
O-HL/c/sq/v/5/h	r=+.31	p<.00	1: Mt=5.99 2: Mt=5.60 3: Mt=5.35 4: Mt=5.99
O-SLu/c/sq/v/5/e	r=+.23	p<.00	1: Mt=6.45 2: Mt=6.28 3: Mt=6.16 4: Mt=7.69

Study HEADE 1982/2 Page in Report: 53

Reported in: Headey, B.; Holström, E.; Wearing, A.J.

Australians' Priorities Satisfactions and Well-being: Methodological Issues

Monograph in Public Policy Studies, nr.8, University of Melbourne, 1982, Australia

Population: Adults, general public, Melbourne, Australia, followed 25 months 1978-81

Sample: Probability sample (unspecified)

Non-Response: 0

N: 184

Measured Correlate

Class: Change in love-life Code: L 12.1.2

Measurement: Index of 3 single questions on satisfaction with:

a: Your wife/husbandb: Your marriagec: Your sex life

All scored on a 1-9 D-T rating scale, summation by average.

Measured Values:

Error Estimates:

Remarks: Both Happiness (ABS) and satisfaction with marriage were assessed at T1 and T2

(25 month interval)

Observed Relation with Happiness

Happiness Query Statistics Remarks

A-BB/cm/mq/v/2/a Beta=+.2 p<.04 T1-T2 CHANGE in happiness by T1-T2 CHANGE in

satisfaction with Bookhritapogness (ABS) and satisfaction with

marriage were assessed at T1 and T2 (25 month

interval)

Study AUSTR 1984/2 Page in Report: 112/116

Reported in: Austrom, D.R.

The consequences of being single Peter Lang Publ., New York, 1984

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

N: 1038

Measured Correlate

Class: Current love-life Code: L 12.2

Measurement: 3-item index. The respondents were asked which of the following

described their present situation: 1. involved in a serious romantic relationship, 2. dating more than one person, 3. not

dating anyone.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-SLW/u/sq/n/11/a DMt=- p<.001 NON-MARRIED Ss ONLY. Married (including not

formally married cohabitating Ss (considered as

married)) left out.

- serious romantic relationship: Mt = 8.4 - dating more than one person: Mt = 7.9

- not dating anyone: Mt = 7.4

Study PORTE 1967 Page in Report: 58

Reported in: Porter J.

Sex-role concepts, their relationships to psychological well-being and to future plans Unpublished doctoral dissertation, 1967, University of Rochester, New York, USA

Population: Female students college seniors, followed two months, Rochester, USA, 1965-66

Sample:

Non-Response: 8%; unaffected

by place of residence

N: 162

Measured Correlate

Class: Current love-life Code: L 12.2

Measurement: Closed question: recently terminated relationship / apparently not

dating / won't marry present beau / will possibly marry present beau / will fairly certain marry present beau / engaged / married.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

A-AOL/cq/sq/v/10/a AoV=+ ns Both variables assessed at T2.

Females who are certain of getting married, who are engaged, or who are married are generally happier

than those who are not (05).

Study BRENN 1970 *Page in Report:* 108/322

Reported in: Brenner, B.

Social factors in mental well-being at adolescence.

Doctoral dissertation, 1970, The American University, Washington D.C., USA

Population: Highschool pupils, New York State, USA, 1960

Sample:

Non-Response: 1%

N: 5204

Measured Correlate

Class: Involved in dating Code: L 12.2.1

Measurement: Open-ended question on number of dates this year.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

A-AOL/g/sq/v/5/a G=+.11

V= .07 p<. 05

O-HL/u/sq/v/4/b G=+.23

V= .10 p<. 01

Study AUSTR 1984/2 Page in Report: 109/19/20

Reported in: Austrom, D.R.

The consequences of being single Peter Lang Publ., New York, 1984

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

N: 1038

Measured Correlate

Class: Steady love-relation Code: L 12.2.2

Measurement: Single closed question rated on a 4-point scale: Are you currently

in love: 1. yes for the first time, 2. yes but not for the first time, 3. no but I have been in love, 4. I have never been in love.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-SLW/u/sq/n/11/a r=+.28 ALL Ss (married (including not formally married

cohabitating Ss (considered as married)) and non-

married):

Beta=-.1

ß controlled for:

gender, age, household income, marital status, desire to change dating pattern or marital status, locus of control, social support (1. instrumental: problems managing money, deciding how to spend money, not enough money to do things, unsatisfying job, not enough money to get by on; 2. expressive: no close companions, no one to depend on, unsatisfactory sex life, problems communicating, dissatisfied with marital status, not enough close friends, no one to show love/affection, too dependent on others, , not having children, no one to understand problems; 3. interpersonal demands: too many responsibilities, no one to depend on, too many demands on time, problems communicating, problems with children, problems with spouse/exspouse, conflicts with those who are close), and satisfaction with: job and financial situation, friendships, love relationships and living si tuati on.

NON-MARRIED Ss ONLY:

- not in love: Mt = 6.9 - in love: Mt = 7.4 Difference Significant: (01)

- males: r = +.12 $\beta = -.09$ - females: r = +.04 $\beta = -.09$

Beta's controlled for the same variables as above, except gender and marital status.

Study FORRE 1980 Page in Report: 76

Reported in: Forrester, N.G.

Factors contributing to life satisfaction of divorced women

Unpublished PhD dissertation, Arizona State University, USA,1980

Population: 21-71 aged divorced women, San Diego, California, USA, 1980

Sample:

Non-Response:

N: 70

Measured Correlate

Class: Steady love-relation Code: L 12.2.2

Measurement: 0 not i nvol ved

1 i nvol ved

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-DT/u/sq/v/7/a r=+.42 p<. 001 O-SLW/c/sq/n/7/a r=+.42 p<. 001

Study FORRE 1980 Page in Report: 76

Reported in: Forrester, N.G.

Factors contributing to life satisfaction of divorced women

Unpublished PhD dissertation, Arizona State University, USA,1980

Population: 21-71 aged divorced women, San Diego, California, USA, 1980

Sample:

Non-Response:

N: 70

Measured Correlate

Class: Steady love-relation Code: L 12.2.2

Measurement: Not involved vs. involved

Measured Values: Error Estimates:

Remarks:

Page in Report: 286 Study **VENTE 1995**

Reported in: Ventegodt, S.

Livskvalitet i Danmark.(Quality of Life in Denmark)

Forskningscentrets Forlag (The Quality of Life Research Center), København,

Denmark,

ISBN 8790190017

Population: 18-88 aged, general public, Denmark, 1993

Sample: Non-probability purposive sample (unspecified)

Non-Response: 39%

> N: 1494

Measured Correlate

Class: Steady love-relation Code: L 12.2.2

Measurement:

Single question: "Do you have a partner?"

1: no, and I have never had one

2: no, but I have had one

3: not sure

4: yes

Measured Values: N: 1:59, 2:264, 3:41, 4:1105

Error Estimates:

It is likely that the original sign of the correlation was wrong: this was adjusted here. Remarks:

Happiness Query	Statistics	Remarks	
A-AOL/m/sq/v/5/a	r=+.16 p<.00	1: Mt=7. 38 2: Mt=7. 13 3: Mt=6. 89 4: Mt=7. 96 Al I Mt=7. 76 It is likely that the original sign of the correlatio was wrong: this was adjusted here.	n
O-HL/c/sq/v/5/h	r=+.25 p<.00	1: Mt=6. 40 2: Mt=6. 00 3: Mt=5. 68 4: Mt=7. 24 AII Mt=6. 94	
O-SLu/c/sq/v/5/e	r=+.19 p<.00	1: Mt=6. 98 2: Mt=6. 68 3: Mt=6. 23 4: Mt=7. 69 AII Mt=7. 44	

Study VENTE 1996 Page in Report: 304

Reported in: Ventegodt, S.

Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds)

Forskningscenter for Livskvalitet,

Forskningscentrets Forlag, København 1996,

ISBN 8790190068

Population: Persons born at the University Hospital in Copenhagen 1959-1961

Sample: Non-probability purposive sample (unspecified)

Non-Response: 39%

N: 4500

Measured Correlate

Class: Steady love-relation Code: L 12.2.2

Measurement: Single question:

"Do you have a partner?"
1: no, and I never had one
2: no, but I have had one

3: not sure

4: yes

Measured Values: N: All:4604; %:1:1,9; 2:14,5; 3:2,5; 4:81,1

Error Estimates:

Remarks:

Happiness Query	Statistic	S	Remarks
A-AOL/m/sq/v/5/a	r=+.20	p<.00	1: Mt=7.13 2: Mt=6.80 3: Mt=6.63 4: Mt=7.95
O-HL/c/sq/v/5/h	r=+.31	p<.00	1: Mt=5.99 2: Mt=5.60 3: Mt=5.35 4: Mt=5.99
O-SLu/c/sq/v/5/e	r=+.23	p<.00	1: Mt=6. 45 2: Mt=6. 28 3: Mt=6. 16 4: Mt=7. 69

Study VENTE 1996 Page in Report: 170

Reported in: Ventegodt, S.

Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds)

Forskningscenter for Livskvalitet,

Forskningscentrets Forlag, København 1996,

ISBN 8790190068

Population: Persons born at the University Hospital in Copenhagen 1959-1961

Sample: Non-probability purposive sample (unspecified)

Non-Response: 39%

N: 4500

Measured Correlate

Class: Steady love-relation Code: L 12.2.2

Measurement: unempl oyment with/without partner/friend

0: without partner1: with partner

Measured Values: N All:3389

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks			
A-AOL/m/sq/v/5/a		unemployed without friend 0: Ms=5.20 1: Ms=6.28	d with friend 6.41 7.59	empl oyed wi thout fri end 6.63 7.40	wi th fri end 7. 36 8. 28
O-HL/c/sq/v/5/h		unemployed without friend 0: Ms=4.80 1: Ms=5.94	d with friend 5.25 7.15	empl oyed wi thout fri end 5. 45 6. 69	wi th fri end 5. 93 7. 64
O-SLu/c/sq/v/5/e		unemployed without friend 0: Ms=4.73 1: Ms=5.56	d with friend 5.75 7.35	empl oyed wi thout fri end 6.14 6.99	wi th fri end 6.80 8.03

Study VENTE 1996 Page in Report: 152-164

Reported in: Ventegodt, S.

Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds)

Forskningscenter for Livskvalitet,

Forskningscentrets Forlag, København 1996,

ISBN 8790190068

Population: Persons born at the University Hospital in Copenhagen 1959-1961

Sample: Non-probability purposive sample (unspecified)

Non-Response: 39%

N: 4500

Measured Correlate

Class: Steady love-relation Code: L 12.2.2

Measurement: unempl oyed/empl oyed women and men with/without children/partner

0: no partner1: with partner

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks			
A-AOL/m/sq/v/5/a			7.38 8.06 no children	children unemploye 5.89 7.35 children unemploye 6.04 7.33	6.55 7.38 no children
O-HL/c/sq/v/5/h			5.90 7.35 no children men	unempl oyed 5. 26 5 6. 94 6	. 48 . 81 no children

O-SLu/c/sq/v/5/e		no children women		
	0: Mt=6.30	6. 85	5. 63	6. 31
	1: Mt=7.78	7. 66	7. 09	7. 25
	chi I dren	no children	chi I dren	no children
	empl oyed	men	unempl oy	ved men
	0: Mt=6.20	6. 69	4. 49	5. 36
	1: Mt=7.83	7. 88	6. 68	6. 68

Study CONST 1965 Page in Report: 59

Reported in: Constantinople, A.P.

Some correlates of happiness and unhappiness in college students.

Unpublished doctoral dissertation, 1965, University of Rochester, USA.

Population: College students, University of Rochester, USA, 1965

Sample:

Non-Response: 30% (take home

questionnaire).

N: 952

Measured Correlate

Class: Love-feelings Code: L 12.3

Measurement: Wessman & Ricks Love and Sex Scale, scored once for the current

academic year.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

A-AOL/cy/sq/v/10/a r=+ p<.05 Mal es : r=+. 31 (05)

Females: r = +.37 (05)

 Study
 CRITE 1977
 Page in Report:
 721,722

Reported in: Critelli, J.W.

Romantic attraction and happiness

Psychological Reports; 1977; vol.41; p.721-722

Population: Dating couples, midwest university, USA, 1975

Sample:

Non-Response:

N: 61

Measured Correlate

Class: Love-feelings Code: L 12.3

Measurement: Driscoll, et al. 's measure of General

Love (1972)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-H?/c/sq/v/5/a r=+ Mal es r=+. 24 (ns)

Femal es r=+.30 (01)

Page in Report: 721,722

Correlate Code: L 12

Reported in: Critelli, J.W.

Romantic attraction and happiness

Psychological Reports; 1977; vol.41; p.721-722

Population: Dating couples, midwest university, USA, 1975

Sample:

Study

Non-Response:

N: 61

Measured Correlate

Class: Love-feelings Code: L 12.3

CRITE 1977

Measurement: Rubin's Dating Love Scale (1973)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-H?/c/sq/v/5/a r=+ Mal es r=+. 14 (ns)

Females r=+.38 (01)

Study GORDO 1975 Page in Report: 85

Reported in: Gordon, R.M.

The effects of interpersonal and economic resources upon values and the quality of Unpublished PhD dissertation, Temple University, Pennsylvania, USA, 1975

Population: Undergraduate students, Temple University, Pennsylvania, USA, 1973

Sample:

Non-Response:

N: 346

Measured Correlate

Class: Love-feelings Code: L 12.3

Measurement: Direct question: "I often receive a great deal of warmth and

affection now". Rated on a 9-point scale ranging from 1='not at

all, never, lowest' to 9='completely, always, highest'

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-HL/g/sq/n/9/a r=+.58

Page in Report: **KAMMA 1983/2** Study

Kammann, R,; Flett, R. Reported in:

Sourcebook for Measuring Well-being with Affectometer 2.

Why Not? Foundation, Dunedin, New Zealand.

Population: 18+ aged, general public, Dunedin, New Zealand, 1983

Sample:

Non-Response: 52%

112

Measured Correlate

Class: Feels in love Code: L 12.3.1

Single direct question how one felt during the instructed time Measurement:

period (or otherwise in the past few weeks): "How often have you felt loving?"

Rated on a 5-point scale ranging from 'not at all' to 'all the

time'

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Remarks Statistics

A-BK/cm/mq/v/5/a r=+.64 p<.01 M-FH/c/sq/v/7/a r = +.38p<.01

Page in Report: **KAMMA 1983/2** Study

Kammann, R,; Flett, R. Reported in:

Sourcebook for Measuring Well-being with Affectometer 2.

Why Not? Foundation, Dunedin, New Zealand.

Population: 18+ aged, general public, Dunedin, New Zealand, 1983

Sample:

Non-Response: 52%

> N: 112

Measured Correlate

Class: Feels loved Code: L 12.3.2

Single direct question how one felt during the instructed time Measurement:

period (or

otherwise in the past few weeks):

"I feel loved and trusted"

Rated on a 5-point scale ranging from 'not at all' to 'all the time'

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

A-BK/cm/mq/v/5/a r=+.57 p<.01 M-FH/c/sq/v/7/a r = +.35p<.01

Study AUSTR 1984/2 Page in Report: 109/18/19

Reported in: Austrom, D.R.

The consequences of being single Peter Lang Publ., New York, 1984

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

N: 1038

Measured Correlate

Class: Desire to change love-life Code: L 12.4.1

Measurement: Single closed question rated on a 2-point scale: Would you change

your present dating pattern or marital status if you could:

0 yes 1 no.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-SLW/u/sq/n/11/a r=+.41 ALL Ss (married (including not formally married

cohabitating Ss (considered as married) and non-

married):

Beta=-.0

B controlled for: gender, age, household income, marital status, being in love, locus of control, social support (1. instrumental: problems managing money, deciding how to spend money, not enough money to do things, unsatisfying job, not enough money to get by on; 2. expressive: no close companions, no one to depend on, unsatisfactory sex life, problems communicating, dissatisfied with marital status,, not enough close friends, no one to show love/affection, too dependent on others, not having children, no one to understand problems, ; 3. interpersonal demands: too many responsibilities, no one to depend on, too many demands on time, problems communicating, problems with children, problems with spouse/ex-spouse, conflicts with those who are close), and satisfaction with: job and financial situation, friendships, love

NON-MARRIED Ss ONLY;

- desire to change: Mt = 6.7 - maintain present status: Mt = 8.1 Difference significant (001)

relationships and living situation.

- males: r=-.28 $\beta=-.02$ - females: r=-.24 $\beta=-.02$ Beta's controlled for the same variables as above, except gender and marital status.

Page in Report: 222 **AUSTR 1984/2** Study

Austrom, D.R. Reported in:

> The consequences of being single Peter Lang Publ., New York, 1984

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

1038

Measured Correlate

Class: Satisfaction with love-life Code: L 12.4.2

single closed question (rated on a 11-point scale ranging from Measurement:

completely dissatisfied to completely satisfied):

Indicate how happy you are with your:

- marital status;

- Love relationships;

- sex life.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-SLW/u/sq/n/11/a - marital status: (001)r = +.48(001)

- love relationships: r = +.54

- sex life: r = +.48(001)

Study AUSTR 1984/2 Page in Report: 106/19/20

Reported in: Austrom, D.R.

The consequences of being single Peter Lang Publ., New York, 1984

Population: 23-59 aged English speaking, Toronto and Ontario, Canada, 198?

Sample:

Non-Response: 45%

N: 1038

Measured Correlate

Class: Satisfaction with love-life Code: L 12.4.2

Measurement: Factor analysis based on answers to closed questions. The

respondents were asked to indicate how satisfied they were with their: 1. marital status, 2. love relationship(s), 3. sex life. Rated on a 11-point scale ranging from completely dissatisfied to

completely satisfied.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-SLW/u/sq/n/11/a r=+.47 ALL Ss (married (including not formally married

cohabitating Ss (considered as married) and non-

married).

Beta=+.2

B controlled for: gender, age, household income, marital status, being in love, desire to change dating pattern or marital status, locus of control, social support.

1. instrumental: problems managing money, deciding how to spend money, not enough money to do things, unsatisfying job, not enough money to get by on; 2. expressive: unsatisfactory sex life, problems communicating, dissatisfied with marital status, not enough close friends, no one to show love/affection, too dependent on others, not having children, no one to understand problems; 3. interpersonal demands: too many responsibilities, no one to depend on, too many demands on time, problems communicating, problems with children, problems with spouse/ex-spouse, conflicts with those who are close), and satisfaction with job and financial situation, friendships and living situation.

NON-MARRIED Ss ONLY:

neutral or dissatisfied: Mt = 6.6 - satisfied: Mt = 7.9 Difference significant (001)

Beta's controlled for the same variables as above, except marital status and gender.

Study BAKKE 1974 Page in Report: 28

Reported in: Bakker, P. & Berg, N. van de

Determinants and correlates of happiness.

Unpublished thesis, 1974, Erasmus University Rotterdam, The Netherlands.

Population: 20-65 aged, general public, The Netherlands, 1968

Sample:

Non-Response: 34% refusal and

unattainable.

N: 1552

Measured Correlate

Class: Satisfaction with love-life Code: L 12.4.2

Measurement: Closed question rated on an open graphic scale ranging from 'very

dissatisfied to 'very satisfied'.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-HP/g/sq/ol/7/a G=+.70 p<.05 Lower among age 41-50 and 61-65

Stronger among I ow S. E. S.

No relation among high educational level.

Unaffected by sex.

Study BAKKE 1974 Page in Report: 28

Reported in: Bakker, P. & Berg, N. van de

Determinants and correlates of happiness.

Unpublished thesis, 1974, Erasmus University Rotterdam, The Netherlands.

Population: 20-65 aged, general public, The Netherlands, 1968

Sample:

Non-Response: 34% refusal and

unattainable.

N: 1552

Measured Correlate

Class: Satisfaction with love-life Code: L 12.4.2

Measurement: Closed question rated on an open graphic scale ranging from 'very

dissatisfied' to 'very satisfied'.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query Statistics Remarks

O-HP/g/sq/ol/7/a G=+.70 p<.05 Lower for those of age 41-50 and 61-65

Stronger among I ow S. E. S.

No relation at high educational level.

Unaffected by sex.

Study VENTE 1996 Page in Report: 310

Reported in: Ventegodt, S.

Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds)

Forskningscenter for Livskvalitet,

Forskningscentrets Forlag, København 1996,

ISBN 8790190068

Population: Persons born at the University Hospital in Copenhagen 1959-1961

Sample: Non-probability purposive sample (unspecified)

Non-Response: 39%

N: 4500

Measured Correlate

Class: Satisfaction with love-life Code: L 12.4.2

Measurement: Single question:

"How satisfied are you with your present relationship situation?"

very dissatisfied
 dissatisfied
 neither/nor
 satisfied

5: very satisfied

Measured Values: N: All:4559; %:1:5,6; 2:9,8; 3:13,4; 4:32,4; 5:38,8

Error Estimates:

Remarks:

Happiness Query	Statistics		Remarks	
A-AOL/m/sq/v/5/a	r=+.46	p<.00	1: 2: 3: 4: 5:	Mt=5.50 Mt=6.31 Mt=6.83 Mt=7.74 Mt=8.76
O-HL/c/sq/v/5/h	r=+.61	p<.00	1: 2: 3: 4: 5:	Mt=4. 36 Mt=5. 26 Mt=5. 81 Mt=6. 89 Mt=8. 40
O-SLu/c/sq/v/5/e	r=+.53	p<.00	1: 2: 3: 4: 5:	Mt=4.71 Mt=5.70 Mt=6.45 Mt=7.41 Mt=8.61

Appendix 1 Queries on Happiness used in reported Studies

Happiness Query Code Full Text

A-AOL/cq/sq/v/10/a

Selfreport on single question:

"Mood is usually applied to states lasting for minutes or hours, but most people can estimate their average or typical mood over a long period of time. Using the following scale, please indicate which statement best describes your typical mood for the current spring semester. Draw a circle around the number of the statement which best describes your average level of happiness or unhappiness during this semester.

- 10 Complete elation, rapturous joy and soaring ecstacy
- 9 Very elated and in very high spirits. Tremendous delight and buyoancy
- 8 Elated and in high spirits
- 7 Feeling very good and cheerfull
- 6 Feeling pretty good, "OK"
- 5 Feeling a little bit low. Just so-so
- 4 Spirits low and somewhat "blue"
- 3 Depressed and feeling very low. Definitely "blue"
- 2 Tremendously depressed.
 - Feeling terrible, really miserable, "just awfull"
- Utter depression and gloom. Completely down.
 All is black and leaden. Wish it were all over.

A-AOL/cy/sq/v/10/a

Selfreport on single question:

"In thinking over the past year, indicate how elated or depressed, happy or unhappy you have felt....?"

- 10 Complete elation, rapturous joy and soaring ecstacy
- 9 Very elated and in very high spirits. Tremendous delight and buyoancy.
- 8 Elated and in high spirits.
- 7 Feeling very good and cheerfull.
- 6 Feeling pretty good, "OK".
- 5 Feeling a little bit low. Just so-so.
- 4 Spirits low and somewhat "blue".
- 3 Depressed and feeling very low. Definitely "blue".
- 2 Tremendously depressed.
 - Feeling terrible, really miserable, "just awfull".
- Utter depression and gloom. Completely down.
 All is black and leaden. Wish it were all over.

A-AOL/g/sq/v/5/a

Selfreport on single question:

"In general, how would you say you feel most of the time - in good spirits or in low spirits....?"

- 5 very good spirits
- 4 fairly good spirits
- 3 neither good spirits nor low spirits
- 2 fairly low spirits

A-AOL/m/sq/v/5/a

1 very low spirits.

Single direct question:

'How are you feeling now?'

5 very good

4 good

3 neither good nor poor

2 poor

1 very poor

Original text in Danish:

'Hvordan har du det for tiden?

5 meget godt

4 godt

3 hverken godt eller darligt

2 dårligt

1 meget dårligt

A-BB/cm/mg/v/2/a

Selfreport on 10 questions:

"During the past few weeks, did you ever feel?" (yes/no)

A Particularly exited or interested in something?

B So restless that you couldn't sit long in a chair?

C Proud because someone complimented you on something you had done?

D Very lonely or remote from other people?

E Pleased about having accomplished something?

F Bored?

G On top of the world?

H Depressed or very unhappy?

I That things were going your way?

J Upset because someone criticized you?

Answer options and scoring:

yes = 1

no = 0

Summation:

-Positive Affect Score (PAS): A+C+E+G+I
-Negative Affect Score (NAS): B+D+F+H+J
-Affect Balance Score (ABS): PAS minus NAS

Possible range: -5 to +5

Name: Bradburn's 'Affect Balance Scale' (standard version)

A-BK/cm/mg/v/5/a

Selfreport on 40 questions:

"Over this time period (the last few weeks) I have had the feeling described by":

A My life is on the right track

B I seem to be left alone when I don't want to be

C I feel I can do whatever I want to

D I think clearly and creatively

E I feel like a failure

F Nothing seems very much fun any more

G I like myself

- H I can't be bothered doing anything
- I I feel close to people around me
- J I feel as though the best years of my life are over
- K My future looks good
- L I have lost interest in other people and don't care about them
- M I have energy to spare
- N I smile and laugh a lot
- O I wish I could change some parts of my life
- P My thoughts go around in useless circles
- Q I can handle any problems that come up
- R My life seems stuck in a rut
- S I feel loved and trusted
- T I feel there must be something wrong with me

"Over this period (the last few weeks), "how often you felt..."

- **U** Satisfied
- V Lonely
- W Free-and-easy
- X Clear-headed
- Y Helpless
- Z Impatient
- AA Usefull
- AB Depressed
- AC Loving
- AD Hopeless
- AE Optimistic
- AF Withdrawn
- AG Enthusiastic
- AH Good-natured
- Al Discontented
- AJ Confused
- AK Confident
- AL Tense
- AM Understood
- AN Insignificant

Answer options;

- 0 not at all
- 1 occasionally
- 2 some of the time
- 3 often
- 4 all the time

Summation:

- Positive Affect score (PAS); mean positive items
- Negative Affect Score (NAS): mean negative items
- Affect balance score (ABS): PAS minus NAS

Possible range: -4 to +4

M-FH/c/sq/v/7/a

Selfreport on single question:

"Taking all things together, how would you say you have been this period? Check

the frase that best describes how you have felt." 7 very happy 6 happy 5 somewhat happy 4 mixed (about equally happy and unhappy) 3 somewhat unhappy 2 unhappy 1 very unhappy O-DT/u/sq/v/7/a Selfreport on single question: "How do you feel about your life as a whole.....?" 7 delighted 6 pleased 5 mostly satisfied 4 mixed 3 mostly dissatisfied 2 unhappy 1 terrible Name: Andrews & Withey's `Delighted-Terrible Scale' (original version) O-H?/c/sq/v/5/a Selfreport on single question: Lead item not reported Response options: 1 unhappy 2 not very happy 3 fairly happy 4 happy 5 very happy Selfreport on single question O-HL/c/sq/v/5/h 'How happy are you now?' 5 very happy 4 happy 3 neither happy nor unhappy 2 unhappy 1 very unhappy Original text in Danish: 'Hvor lykkelig er du for tiden?' 5 meget lykkelig 4 lykkelig 3 hverken eller 2 ullykklig 1 meget ullykkelig O-HL/g/sq/n/9/a Selfreport on single question: "Generally, how happy are you....?" 1 not at all 2 3

```
4
                          5
                          6
                          7
                          8
                          9 completely
                          (Originally presented on a horizontal line scale)
O-HL/u/sq/v/4/b
                          Selfreport on single question:
                          "On the whole, how happy would you say you are....?"
                          4 very happy
                          3 fairly happy
                          2 not very happy
                          1 very unhappy
O-HP/g/sq/ol/7/a
                          Selfreport on single question:
                          "Generally speaking are you a happy person......?"
                          Responses were made on an open line scale, and were later coded in 7
                          categories:
                          1 very unhappy
                          2
                          3
                          4
                          5
                          7 very happy.
                          Original text in Dutch:
                          "Bent u over het algemeen een gelukkig mens?"
                          a zeer ongelukkig
                          b
                          С
                          d
                          е
                          f
                          g zeer gelukkig
O-SLu/c/sq/v/5/e
                          Selfreport on single question:
                          'How satisfied are you with your life now?'
                          5 very satisfied
                          2 satisfied
                          3 neither satisfied nor dissatisfied
                          2 dissatisfied
                          1 very dissatisfied
                          Original text in Danish:
                          'Hvor tilfreds er du med dit liv for tiden?'
                          5 meget tilfreds
                          4 tilfreds
```

3 hverken tilfreds eller utilfreds 2 utilfreds 1 meget utilfreds Selfreport on single question: O-SLW/c/sq/n/7/a

"We have talked about various parts of your life, now I want to ask you about your life as a whole. How satisfied are you with your life as a whole these days.....?"

7 completely satisfied 5 4 neutral 3 2

1 completely dissatisfied O-SLW/u/sq/n/11/a Selfreport on single question:

> "All things considered, how satisfied or dissatisfied are you with your life as a whole?"

10 completely satisfied

On the web you will find an overview of valid queries on happiness and an explanation of the classification used. Go to: www.eur.nl/fsw/research/happiness/hap_quer/hqi_fp.htm. This is the introductary text to the Catalog of Happiness Queries.

Appendix 2 Statistics used in reported studies

Symbol Explanation

AoV ANALYSIS of VARIANCE (ANOVA)

Type: statistical procedure

Measurement level: Correlate(s): nominal, Happiness: metric.

In an ANOVA, the total happiness variability, expressed as the sum of squares, is split into two or more parts, each of which is assigned to a source of variability. At least one of those sources is the variability of the correlate, in case there is only one, and always one other is the residual variability, which includes all unspecified influences on the happiness variable. Each sum of squares has its own number of degrees of freedom (df), which sum up to Ne -1 for the total variability. If a sum of squares (SS) is divided by its own number of df, a mean square (MS) is obtained. The ratio of two correctly selected mean squares has an F-distribution under the hypothesis that the corresponding association has a zero-value.

NOTE: A significantly high F-value only indicates that, in case of a single correlate, the largest of the c mean values is systematically larger than the smallest one. Conclusions about the other pairs of means require the application of a Multiple Comparisons Procedure (see e.g. BONFERRONI'S MULTIPLE COMPARISON TEST, DUNCAN'S MULTIPLE RANGE TEST or STUDENT-NEWMAN-KEULS)

(B) STANDARDIZED REGRESSION COEFFICIENT

Type: test statistic.

Measurement level: Correlates: all metric, Happinessl: metric.

Range: [-1; +1]

Meaning:

beta > 0 « a higher correlate level corresponds with, on an average, higher happiness

rating

beta < 0 « a higher correlate level corresponds with, on an average, lower happiness

rating.

beta = 0 « no correlation.

beta = + 1 or -1 « perfect correlation.

DMt DIFFERENCE of MEANS AFTER TRANSFORMATION

Type: descriptive statistic only.

Measurement level: Correlate: dichotomous, Happiness: metric

Theoretical range: [-10; +10]

Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating

scale) between the two correlate levels.

G GOODMAN & Kruskal's GAMMA

Type: test statistic

Measurement level: Correlate: ordinal, Happinessl: ordinal

Range: [-1; +1]

Meaning:

G = 0 « no rank correlation

G = +1 « strongest possible rank correlation, where high correlate values correspond with high happiness ratings

with high happiness ratings.

G = -1 « strongest possible rank correlation, where high correlate values correspond

Beta

r

with low happiness ratings.

PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation

coefficient' or simply 'correlation coefficient')

Type: test statistic.

Measurement level: Correlate: metric, Happiness: metric

Range: [-1; +1]

Meaning:

r = 0 « no correlation ,

r = 1 « perfect correlation, where high correlate values correspond with high happiness

values, and

r = -1 « perfect correlation, where high correlate values correspond with low happiness

values.

V CRAMéR's V

Type: test statistic

Measurement level: Correlate: nominal, Happiness: ordinal

Range: [0; 1]

Meaning:

V = 0 « no association

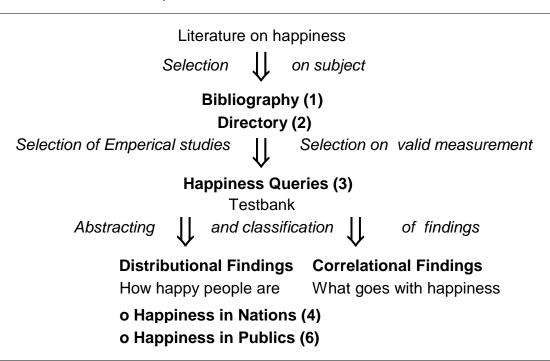
V = 1 « strongest possible association

On the web you will find a text explaining the statistics used in more detail. Go to: www.eur.nl/fsw/research/happiness/hap_cor/cor_fp.htm. This is the introductory text to the Catalog of Correlational Findings. An overview of all statistics is in chapter 4.

Print date: 7-2-2003

Appendix 3: About the World Database of Happiness

The World Database of Happiness is an ongoing register of scientific research on subjective appreciation of life. It brings together findings that are scattered throughout many studies and provides a basis for synthetic analysis. The research literature is processed as follows:



- 1 BIBLIOGRAPHY OF HAPPINESS Presents all contemporary scientific publications. Detailed subjectclassification. Current contents: 3422 titles, mainly in English.
- 2 DIRECTORY OF INVESTIGATORS Names and addresses of most authors on the subject. Enumerates years of publication. Current contents: 5818 names and 3073 addresses. Part of Bibliography.
- 3 CATALOG OF HAPPINESS QUERIES (testbank) Presents all indicators that tap happiness as defined here. Current content: 522 measures, mostly single questions. Queries are classified by focus, time reference, mode of observation, rating and wording.
- 4 CATALOG OF HAPPINESS IN NATIONS Presents distributional research findings, in particular responses to questions on happiness in national survey studies. Allows comparison across time and nations. Current content: 1889 surveys in 112 nations, 1946-2000.
- 5 CATALOG OF HAPPINESS IN PUBLICS Distributional findings on happiness in special publics within nations, such as aged people. Current contents: 705 studies. Part of Catalog of Correlational Findings.
- 6 CATALOG OF CORRELATIONAL FINDINGS Presents abstracts of correlational research findings. Detailed subject-classification. Allows comparison through time and across nations. Current contents: 7476 findings from 705 studies in 140 nations, 1911-2000.

Print date: 7-2-2003

Appendix 4 Further Findings in the World Database of Happiness

Main Category's	Category Name	Number of Studies in this Category
A 1	ACTIVITY LEVEL (how much one does)	53
A 2	ACTIVITY PATTERN (what one does)	7
A 3	AFFECTIVE LIFE	31
A 4	AGE	279
A 5	AGGRESSION	11
A 6	ANOMY	30
A 7	APPEARANCE (good looks)	8
A 8	ATTITUDES	4
A 9	AUTHORITARIANISM	4
B 3	BODY	66
C 1	CHILDREN 1:	4
C 10	CREATIVENESS	6
C 11	CULTURE (Arts and Sciences)	6
C 2	CHILDREN: WANT FOR (Parental aspirations)	6
C 3	CHILDREN: HAVING (parental status)	145
C 4	CHILDREN's CHARACTERISTICS	19
C 5	CHILDREN: RELATION WITH	8
C 6	CHILDREN: REARING (parental behavior)	11
C 7	COMMUNAL LIVING	1
C 8	CONCERNS	15
C 9	COPING	27
D 1	DAILY JOYS & HASSLES	4
E 1	EDUCATION	243
E 2	EMPLOYMENT	180
E 3	ETHNICITY	63
E 4	EXPRESSIVE BEHAVIOR	10
F 1	FAMILY OF ORIGIN (earlier family for adults, current for young)	195
F 2	FAMILY OF PROCREATION	42
F 3	FAMILY OF RELATIVES	145
F 4	FARMING	30
F 5	FREEDOM	24
F 6	FRIENDSHIP	123
G 1	GENDER	252
G 2	GRIEF	1
H 10	HOPE	3
H 11	HOUSEHOLD: COMPOSITION	90
H 12	HOUSEHOLD: WORK	10
H 13	HOUSING	75
H 2	HANDICAP	13

H 3	HAPPINESS: ATTITUDES	39
H 5	HAPPINESS CAREER	144
H 6	HAPPINESS: CURRENT LEVEL	260
H 8	HEALTH-BEHAVIOR	15
H 9	HELPING	4
I 1	INCOME	415
12	INSTITUTIONAL LIVING	28
13	INTELLIGENCE	63
I 4	INTERESTS	5
15	INTERVIEW	49
I 6	INTIMACY	70
L 1	LANGUAGE	1
L 10	LOCAL ENVIRONMENT	270
L 11	LOTTERY	7
L 12	LOVE-LIFE	26
L 2	LEADERSHIP	8
L 3	LEISURE	128
L 4	LIFE APPRAISALS: OTHER THAN HAPPINESS4	290
L 5	LIFE-CHANGE	26
L 6	LIFE-EVENTS	63
L 7	LIFE-GOALS	52
L 8	LIFE HISTORY	1
L 9	LIFE STYLE	4
M 1	MARRIAGE: MARITAL STATUS CAREER	32
M 10	MIGRATION: MIGRANT WORK	3
M 11	MILITARY LIFE	5
M 12	MODERNITY	5
M 13	MOOD	181
M 2	MARRIAGE: CURRENT MARITAL STATUS	315
M 3	MARRIAGE: RELATIONSHIP	99
M 4	MARRIAGE: PARTNER	34
M 5	MEANING	18
M 6	MEDICAL TREATMENT	49
M 7	MENTAL HEALTH	99
M 8	MIGRATION: OTHER COUNTRY	9
M 9	MIGRATION: MOVING WITHIN COUNTRY (residential mobility)	17
N 1	NATIONALITY	5
N 2	NATION: TIME & PLACE	20
N 3	NATIONAL CHARACTER (modal personality)	2
N 4	NATION'S CONDITION	52
N 6	ATTITUDES TO THE NATION	111
N 7	LIVABILITY OF THE NATION	5
N 8	NUTRITION	18
0 1	OCCUPATION	133

O 2	ORGAN TRANSPLANTATION	11
P 1	PERSONALITY: HISTORY	44
P 10	POSSESSIONS	26
P 12	PROBLEMS	20
P 13	PSYCHO-SOMATIC COMPLAINTS	53
P 2	PERSONALITY: CHANGE	7
P 3	PERSONALITY: CURRENT ORGANIZATION	7
P 4	PERSONALITY: CURRENT TRAITS	392
P 5	PERSONALITY: LATER	23
P 6	PHYSICAL HEALTH	286
P 7	PLANNING	7
P 8	POLITICS	197
P 9	POPULARITY	22
R 1	RELIGION	198
R 2	RESOURCES	8
R 3	RETIREMENT	46
R 4	ROLES	13
S 1	SCHOOL	92
S 10	SOCIAL SUPPORT: RECEIVED	26
S 11	SOCIAL SUPPORT: Provided	3
S 12	SPORTS	32
S 13	STIMULANTS	33
S 14	SUICIDE	4
S 15	SUMMED EFFECTS ON HAPPINESS	71
S 2	SELF-IMAGE	193
S 3	SEX-LIFE	54
S 4	SLEEP	10
S 5	SOCIAL MOBILITY	16
S 6	SOCIAL PARTICIPATION: PERSONAL CONTACTS	50
S 7	SOCIAL PARTICIPATION: VOLUNTARY ASSOCIATIONS	111
S 8	SOCIAL PARTICIPATION: TOTAL (personal + associations)	25
S 9	SOCIAL STATUS (Socio-Economic Status)	140
T 1	TIME	27
T 2	THERAPY	9
T 3	TOLERANCE	37
V 1	VALUE CAREER	8
V 2	VALUES: CURRENT PREFERENCES (own)	49
V 3	VALUES: CLIMATE (current values in environment)	4
V 4	VALUES: SIMILARITY (current fit with others)	5
V 5	VICTIM	11
W 1	WAR	5
W 2	WORK CAREER	1
W 3	WORK CONDITIONS	34
W 4	WORK-ATTITUDES	313

Findings on Happiness & LOVE-LIFE		Correlate Code: L 12
W 5	WORK-PERFORMANCE (current)	6
W 6	WORRIES	27
Χ	UNCLASSIFIED	22

Appendix 5 Related Topics

This Topic Classification Page 1		Related Topics In Subject List on Appendix 4		
		M 2	MARRIAGE: CURRENT MARITAL STATUS	
		M 3	MARRIAGE: RELATIONSHIP	
		M 4	MARRIAGE: PARTNER	
		S 3	SEX-LIFE	
		16	INTIMACY	
L 12.1	Love-career			
L 12.1.1	Earlier love-life			
L 12.1.2	Change in love-life			
L 12.1.4	Later love-life			
L 12.2	Current love-life			
L 12.2.1	Involved in dating	P 9.2.2.3	. popularity with opposite sex	
L 12.2.2	Steady love-relation	M 2.3	Living as married	
		I 6.2.1	Having a confident or not	
L 12.3	Love-feelings	M 3.2	Current characteristics of marriage- relationship	
		M 3.3	Attitudes to current marriage- relationship	
L 12.3.1	Feels in love	M 13.3.6	Feeling friendly (vs hostile)	
		M 13.3.8	Feeling open (vs closed)	
L 12.3.2	Feels loved	M 13.3.12	Feeling respectable (vs rejected)	
		M 13.3.3.2	. feeling love (vs not)	
L 12.4	Attitudes to one's love-life	M 3.3.3	Satisfaction with marriage	
		S 3.3	Attitudes to one's sex-life	
L 12.4.1	Desire to change love-life			
L 12.4.2	Satisfaction with love-life			

End of Report

Print date: 7-2-2003