

Propositions belonging to the thesis entitled:

Rural Realities in Paediatric HIV Service Delivery

1. Sub-Saharan treatment programs for HIV infected children are effective and initial ART outcomes show great promise for the future, but there is no room for complacency. Many obstacles still remain on the road to universal access. [this thesis]
2. The process of treatment initiation is complex, involving multiple steps and participants. [this thesis]
3. A limited number of health care facilities and providers equipped to deliver paediatric ART, and poor access to diagnosis are only few of the many bottlenecks limiting paediatric treatment in resource-limited settings. [this thesis]
4. There is no 'one-size fits all' solution for paediatric HIV care & treatment programs in sub-Saharan Africa; these need to be tailor-made, adapted to local circumstances and the distinct role of each level of the healthcare system. [this thesis]
5. There is a need for the development of indicators for integrated approaches, as well as the integration of existing monitoring systems in different health services, allowing for integration of services with accurate reporting. [this thesis]
6. Sub-Saharan Africa has 69% of the global burden of HIV-infected persons, only 3% of the world's healthcare workforce, and less than 1% of world health expenditure. [WHO task shifting: Global recommendations and guidelines. Geneva, Switzerland: World Health Organization; 2008]
7. Talent is universal; opportunity is not. [Phrase in the book: 'It happened on the way to war' by Rye Barcott]
8. Tell me... I forget, show me...I remember, involve me... I understand. [Ancient Proverb]
9. People need to be reminded more often than they need to be instructed. [18th-century English author Samuel Johnson]
10. Our biggest challenge is that our medical system, in general, is not structured to help people with HIV to get in care, stay in care, and take their drugs successfully. We human beings have messy lives. We need navigation to help us get back on a path when we fall off, and care for our emotional and mental health as well as drug therapy for the virus. [Dr. Melanie Thompson in Pipeline report, 2013]