Stellingen/Propositions
Disorders of Sex Development in Indonesia: Natural course and the implications of a stepwise multidisciplinary approach

1. In the Indonesian community the etiological spectrum of Disorders of Sex Development (DSD) is broad. 46,XYDSD being most common in contrast to observations in Western societies. (this thesis)
2. Determination of salivary androstenedione and 17-hydroxy progesterone levels is a useful and inexpensive alternative to measurements of those hormones in serum for monitoring of treatment of patients with congenital adrenal hyperplasia (this thesis)
3. The incidence of Germ Cell Cancer (GCC) is low in most Asian populations, while it is similarly high in Caucasian and Indonesian DSD patients indicating DSD to be a dominant risk factor for GCC (this thesis)
4. The full implementations of the current consensus statement on DSD (Hughes I et al 2006) in a resource–poor environment is very difficult and necessitates a tailored approach. (this thesis)
5. There is an urgent need for education of primary health care workers in Indonesia on recognition of DSD and urgent clinical assessment of DSD patients in order to prevent morbidity and mortality. (this thesis)
6. Social and community support and the existence of a support group are essential to help individuals with DSD to cope with social stigmatization and the prospect of poor quality of life.
7. The development of a robust and secure e-consultation service within the international community with the objective of providing expert opinion on a worldwide basis will broaden access to healthcare for all patients with rare diseases.
8. Cultural differences between the various tribes in Indonesia pose difficulties in handling and follow-up of patients.
9. Free availability of gluco- and mineralocorticoids is mandatory for a satisfactory treatment of Indonesian children suffering from adrenal insufficiency such as congenital adrenal hyperplasia.
10. The best of people are those that bring most benefit to the rest of mankind. (Al Hadits)
11. No one makes a lock without a key, that’s why The one won’t give you problems without solutions and diseases without cure.