



## World Database of Happiness

### Correlational Findings

© on data collected: Ruut Veenhoven, Erasmus University Rotterdam

# Findings on Happiness & PERSONALITY: CHANGE

Correlate Code: P 2

#### Classification of Findings

Correlate Code      Correlate Name

**Number of Studies  
on this Subject**

P 2	PERSONALITY: CHANGE	0
P 2.1	Change in personality	1
P 2.1.1	Change in personality organization	1
P 2.1.2	Change in personality traits	0
P 2.2	Current stage of development	5
P 2.1.2.2	Change in ambitiousness	0
P 2.1.2.9	Change in approval seeking	0
P 2.1.2.30	Change in dominance	0

Appendix 1:	Happiness queries used
Appendix 2:	Statistics used
Appendix 3:	About the World Database of Happiness
Appendix 4:	Further Findings in the World Database of Happiness
Appendix 5:	Related Topics

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World Database of Happiness. Internet: [www.eur.nl/fsw/research/happiness](http://www.eur.nl/fsw/research/happiness)  
Erasmus University Rotterdam, 2003, Netherlands

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<b>Study</b>	<b>LICHT 1980/1</b>	<i>Page in Report:</i>	60
<i>Reported in:</i>	Lichter.S, Haye.K & Kamman.R Increasing happiness through cognitive retraining New Zealand Psychologist, 1980, vol.9, p.57-64		
<i>Population:</i>	Adults, trainees and controls, followed 10 weeks, Dunedin, New Zealand, 1978		
<i>Sample:</i>			
<i>Non-Response:</i>	15%		
<i>N:</i>	23		

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### Measured Correlate

*Class:* Change in personality Code: P 2.1

*Measurement:* 28-item index with 4 response categories. Typical items are:

- I choose my emotions and feelings
- I believe my personality is fixed
- I am ready to try out new experiences

Assessed at the start (T1) and the end (T2) of a course on happiness and mental health.

*Measured Values:*

*Error Estimates:*

*Remarks:*

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### Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-BK/cm/mq/v/5/b	r=+.80 p<.01	T1 LEVEL of beliefs to T1 LEVEL of happiness
	r=+.75 p<.01	T1-T2 CHANGE in beliefs to T1-T2 CHANGE in happiness

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<b>Study</b>	<b>MEEUS 1994</b>	<i>Page in Report:</i>	448
<i>Reported in:</i>	Meeus,W.,Idema,J.,Helsen,M.,Vollebergh,W. Patterns of Adolescent Identity Development : Review of Literature and Longitudinal Developmental Review 19, 419-461 (1999) ISSN 0273-2297		
<i>Population:</i>	Dutch adolescents,aged 12-24		
<i>Sample:</i>	Sampling not reported		
<i>Non-Response:</i>	1368		
<i>N:</i>	1538		

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### Measured Correlate

*Class:* Change in personality organization Code: P 2.1.1

*Measurement:*

*Measured Values:*

*Error Estimates:*

*Remarks:*

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### Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
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A-AOL/g/sq/v/11/a

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<b>Study</b>	<b>CONST 1965</b>	<i>Page in Report:</i>	52-57
<i>Reported in:</i>	Constantinople, A.P. Some correlates of happiness and unhappiness in college students. Unpublished doctoral dissertation, 1965, University of Rochester, USA.		
<i>Population:</i>	College students, University of Rochester, USA, 1965		
<i>Sample:</i>			
<i>Non-Response:</i>	30% (take home questionnaire).		
<i>N:</i>	952		

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## Measured Correlate

<i>Class:</i>	Current stage of development Code: P 2.2
<i>Measurement:</i>	60-item inventory describing characteristics indicative of successful and unsuccessful resolutions of the first six developmental crises of Erikson's stages of psycho-social development (adapted from Wessman & Ricks; see last pages).
	1a. Successful first stage: basic trust
	1b. Unsuccessful first stage: basic mistrust.
	2a. Successful second stage: autonomy.
	2b. Unsuccessful second stage: shame and doubt.
	3a. Successful third stage: initiative.
	3b. Unsuccessful third stage: guilt.
	4a. Successful fourth stage: industry.
	4b. Unsuccessful fourth stage: inferiority.
	5a. Successful fifth stage: identity.
	5b. Unsuccessful fifth stage: identity diffusion.
	6a. Successful sixth stage: intimacy.

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6b. Unsuccessful sixth stage: isolation

*Measured Values:*

*Error Estimates:*

*Remarks:* Analysis on the basis of the 16 most happy and 16 least happy Ss in each of the 8 sex/class groups (N-256).  
The same items as in the Wessman & Ricks study were used. In this study each item was rated on a 7-point scale ranging from 'definitely most uncharacteristic of you' to 'definitely most characteristic of you'. Significance and elaboration were based on Analysis of Variance.

## Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-AOL/cy/sq/v/10/a	DM=+ p<.01	Unaffected by sex and stage of study.
	DM=- p<.01	Lower in junior years, esp. among males. In senior years stronger among females.
	DM= ns	Slightly negative among males. Slightly positive among females.
	DM=- p<.01	Stronger among females than among males. Unaffected by stage of study.
	DM=+ p<.01	Unaffected by sex and stage of study.
	DM=- p<.01	Among males stronger in freshman years. Among females strongest in senior years and lowest in junior years.
	DM=+ p<.01	Unaffected by sex and stage of study.
	DM=- p<.01	Unaffected by sex and study.
	DM=+ p<.01	Among males strongest in sophomore years and lowest in senior years. Among females stronger in senior years.
	DM=- p<.01	Unaffected by sex and stage of study.

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DM=+     $p < .01$     Unaffected by sex and stage of study.

DM=-     $p < .01$     Unaffected by sex and stage of study.

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<b>Study</b>	<b>CONST 1970</b>	<i>Page in Report:</i>	10
<i>Reported in:</i>	Constantinople, A. Some correlates of average level of happiness among college students. Developmental Psychology, 1970, vol. 2, p. 447.		
<i>Population:</i>	Undergraduate college students, University of Rochester, USA, followed 12 months, 1965-68		
<i>Sample:</i>			
<i>Non-Response:</i>	50% return of mailed questionnaire.		
<i>N:</i>	581/88		

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### Measured Correlate

- Class:* Current stage of development Code: P 2.2
- Measurement:* 60-item Inventory of Psycho-Social Development.
- 1a. Successful first stage: basic trust.
  - 1b. Unsuccessful first stage: basic mistrust.
  - 2a. Successful second stage: autonomy.
  - 2b. Unsuccessful second stage: shame and doubt.
  - 3a. Successful third stage: initiative.
  - 3b. Unsuccessful third stage: guilt.
  - 4a. Successful fourth stage: industry.

4b. Unsuccessful fourth stage:  
inferiority.

5a. Successful fifth stage: identity.

5b. Unsuccessful fifth stage: identity  
diffusion.

6a. Successful sixth stage: intimacy.

6b. Unsuccessful sixth stage:  
isolation.

*Measured Values:*

*Error Estimates:*

*Remarks:* These data concern all Ss from the Constantinople  
(1965) sample (see above).  
In this analysis N = 581.

## Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-AOL/cy/sq/v/10/a	r=+	freshman males : r = +.34 (01)
		senior males : r = +.49 (01)
		freshman females : r = +.38 (01)
		senior females : r = +.43 (01)
	r=-	freshman males : r = -.37 (01)
		senior males : r = -.58 (01)
		freshman females : r = -.21 (01)
		senior females : r = -.42 (01)
	r=+	freshman males : r = +.12 (ns)
		senior males : r = +.18 (05)
		freshman females : r = +.10 (ns)
		senior females : r = +.12 (ns)



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r=-	freshman males	: r = -.10 (ns)
	senior males	: r = -.21 (05)
	freshman females	: r = -.07 (ns)
	senior females	: r = -.25 (01)
r=+	freshman males	: r = +.19 (05)
	senior males	: r = +.38 (01)
	freshman females	: r = +.36 (01)
	senior females	: r = +.24 (01)
r=-	freshman males	: r = -.32 (01)
	senior males	: r = -.46 (01)
	freshman females	: r = -.18 (05)
	senior females	: r = -.24 (01)
r=+	freshman males	: r = +.14 (ns)
	senior males	: r = +.25 (01)
	freshman females	: r = +.09 (ns)
	senior females	: r = +.16 (ns)
r=-	freshman males	: r = -.13 (ns)
	senior males	: r = -.21 (05)
	freshman females	: r = -.15 (ns)
	senior females	: r = -.23 (01)
r=+	freshman males	: r = +.18 (05)
	senior males	: r = +.48 (01)
	freshman females	: r = +.35 (01)
	senior females	: r = +.42 (01)
r=-	freshman males	: r = -.12 (ns)
	senior males	: r = -.10 (ns)
	freshman females	: r = -.01 (ns)
	senior females	: r = -.21 (05)
r=+	freshman males	: r = +.14 (ns)
	senior males	: r = +.39 (01)
	freshman females	: r = +.19 (05)
	senior females	: r = +.20 (05)
r=-	freshman males	: r = -.22 (01)
	senior males	: r = -.36 (01)
	freshman females	: r = -.27 (01)
	senior females	: r = -.36 (01)

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<b>Study</b>	<b>WESSM 1966/2</b>	<i>Page in Report:</i>	124
<i>Reported in:</i>	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
<i>Population:</i>	Male college students, followed 3 years, Harvard University, USA, 1957-60		
<i>Sample:</i>			
<i>Non-Response:</i>	37%: 9 dropouts, incomplete; about the same happiness distribution.		
<i>N:</i>	17		

### Measured Correlate

<i>Class:</i>	Current stage of development Code: P 2.2
<i>Measurement:</i>	Composite clinical rank order on symptomatic characteristics indicative of degree of fixation at or regression to the various psycho-sexual stages.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

### Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-ARE/md/sqr/v/10/	r= ns	1. Oral receptive
	r= ns	2. Oral aggressive
	r= ns	3. Anal expulsive
	r=-.44 p<. 10	4. Anal retentive
	r= ns	5. Urethral i carian

<b>Study</b>	<b>WESSM 1966/2</b>	<i>Page in Report:</i>	112/113
<i>Reported in:</i>	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
<i>Population:</i>	Male college students, followed 3 years, Harvard University, USA, 1957-60		
<i>Sample:</i>			
<i>Non-Response:</i>	37%: 9 dropouts, incomplete; about the same happiness distribution.		
<i>N:</i>	17		

### Measured Correlate

*Class:* Current stage of development Code: P 2.2

*Measurement:* Analysis of individual items from a 60-item Q sort, filled out both in very elated and in very depressed moods for both self-concept ('an accurate picture of yourself as you honestly feel and believe you are') and ideal-concept ('the picture of the sort of person you have hoped to become or fancied yourself to be').

*Measured Values:*

*Error Estimates:*

*Remarks:*

### Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-ARE/md/sqr/v/10/	$r = +$ $p < .05$	The unhappy men were more concerned, in both their real-self and ideal-self, with Erikson's fourth development crisis Industry vs Inferiority, while the happy men were more concerned with the sixth stage Intimacy vs Isolation. (See also 'Congruency between Real and Ideal Self-Image', and 'Content of Self-Image'; S 2.1.1 and S 2.2).

Study	WESSM 1966/2	Page in Report:	107-109
<i>Reported in:</i>	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
<i>Population:</i>	Male college students, followed 3 years, Harvard University, USA, 1957-60		
<i>Sample:</i>			
<i>Non-Response:</i>	37%: 9 dropouts, incomplete; about the same happiness distribution.		
<i>N:</i>	17		

## Measured Correlate

*Class:* Current stage of development Code: P 2.2

*Measurement:* 60-item Q sort, describing characteristics indicative of successful and unsuccessful resolutions of the first six developmental crisis of Erikson's stages of psycho-social development (see Erikson, 1959). There were 5 items indicative of successful and 5 items indicative of unsuccessful resolution for each of the six stages. The subject was instructed to fit the set of items into a forced, seminormal distribution on a 7-point scale ranging from 'least characteristic' to 'most characteristic'.

- 1A. Successful oral sensory:  
basic trust.  
Placid and untroubled / accessible  
to new ideas / imperturbable optimist / able to take things as they come / deep, unshakable faith in himself.
- 1B. Unsuccessful oral sensory:  
basic mistrust.  
Incapable of absorbing frustration and everything frustrates him / can't share things with anybody / pessimistic, little hope / dim nostalgia for lost paradise / never gets what he really wants.
- 2A. Successful muscular anal:  
autonomy.  
Values independence above security / free and spontaneous / stands on his own two feet / quietly goes his own way / good judge of when to

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comply and when to assert himself.

- 2B. Unsuccessful muscular anal:  
shame and doubt.  
An automatic response to all situations / meticulous and over-organized / cautious, hesitant, doubting / feels as if he were being followed / always in the wrong, apologetic.
- 3A. Successful locomotor genital:  
initiative.  
Adventuresome / dynamic / ambitious / inventive, delights in finding new solutions to new problems / sexually aware.
- 3B. Unsuccessful locomotor genital:  
guilt.  
Sexually blunted / afraid to impotence / thinks too much about the wrong things / big smoke but no fire / inhibited and self-restricted.
- 4A. Successful latency:  
industry.  
Conscientious and hard working / interested in learning and likes to study / serious, has high standards / accomplishes much, truly productive / excels in his work.
- 4B. Unsuccessful latency:  
inferiority.  
Can't fulfill his ambitions / doesn't apply himself fully / fritters away his time / ineffective, doesn't amount to much / a playboy, always 'hacking' around.
- 5A. Successful puberty adolescence:  
identity.  
Confidence is brimming over / natural and genuine / poised / knows who he is and what he wants out of life / pride in his own character and values.
- 5B. Unsuccessful puberty and adolescence: role diffusion.  
A poseur, all facade and pretence / spreads himself thin / attempts to appear at ease / never knows he feels / afraid of commitment.

- 6A. Successful young adulthood:  
intimacy.  
Candid, not afraid to expose himself / warm and friendly / has sympathetic concern for others / tactful in interpersonal relations / comfortable in intimate relationships.
- 6B. Unsuccessful young adulthood:  
isolation.  
Little regard for the rest of the world / pre-occupied with himself / very lonely / cold and remote / secretly oblivious of the opinions of others.

*Measured Values:*

*Error Estimates:*

*Remarks:* Self-description made both in very elated and in very depressed moods. ('an accurate picture of yourself as your honestly feel and believe you are'.)

## Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-ARE/md/sqr/v/10/	r=+.21 ns	1A. Basic trust: in relation
	r=+.44 ns	Self-description made both in very elated and in very depressed moods. ('an accurate picture of yourself as your honestly feel and believe you are'.)
	r=+.56 p<.05	1B. Basic mistrust: in relation

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$r = -.86$   $p < .05$  in depression

$r = +.03$  ns 2A. Autonomy: in relation  
 $r = +.50$   $p < .05$  in depression

$r = -.45$  ns 2B. Shame and doubt: in relation  
 $r = -.74$   $p < .05$  in depression

$r = +.63$   $p < .05$  3A. Initiative: in relation  
 $r = +.66$   $p < .05$  in depression

$r = -.28$  ns 3B. Guilt: in relation  
 $r = -.39$  ns in depression

$r = +.62$   $p < .05$  4A. Industry: in relation  
 $r = +.48$   $p < .05$  in depression

$r = -.56$   $p < .05$  4B. Inferiority: in relation

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$r=-.62$   $p<.05$  in depression

$r=+.42$  ns 5A. Identity: in relation

$r=+.54$   $p<.05$  in depression

$r=-.26$  ns 5B. Role diffusion: in relation

$r=-.23$  ns in depression

$r=+.67$   $p<.05$  6A. Intimacy: in relation

$r=+.69$   $p<.05$  in depression

$r=-.71$   $p<.05$  6B. Isolation: in relation

$r=-.66$   $p<.05$  in depression



## **Appendix 1      *Queries on Happiness used in reported Studies***

*Happiness Query Code      Full Text*

A-AOL/cy/sq/v/10/a	<p>Selfreport on single question:</p> <p>"In thinking over the past year, indicate how elated or depressed, happy or unhappy you have felt....?"</p> <ol style="list-style-type: none"> <li>10 Complete elation, rapturous joy and soaring ecstasy</li> <li>9 Very elated and in very high spirits. Tremendous delight and buoyancy.</li> <li>8 Elated and in high spirits.</li> <li>7 Feeling very good and cheerful.</li> <li>6 Feeling pretty good, "OK".</li> <li>5 Feeling a little bit low. Just so-so.</li> <li>4 Spirits low and somewhat "blue".</li> <li>3 Depressed and feeling very low. Definitely "blue".</li> <li>2 Tremendously depressed.</li> <li>1 Utter depression and gloom. Completely down.</li> </ol> <p>All is black and leaden. Wish it were all over.</p>
A-AOL/g/sq/v/11/a	<p>Selfreport on single question:</p> <p>." In general how happy or unhappy do you usually feel....?"</p> <p>Check the one statement that best describes your average happiness.</p> <ol style="list-style-type: none"> <li>10 extremely happy (feeling ecstatic, joyous, fantastic)</li> <li>9 very happy (feeling really good, elated)</li> <li>8 pretty happy (spirits high, feeling good)</li> <li>7 mildly happy (feeling fairly good and somewhat cheerful)</li> <li>6 slightly happy (just a bit above neutral)</li> <li>5 neutral (not particularly happy or unhappy)</li> <li>4 slightly unhappy (just a bit below neutral)</li> <li>3 mildly unhappy (just a little low)</li> <li>2 pretty unhappy (somewhat "blue", spirits down)</li> <li>1 very unhappy (depressed, spirits very low)</li> <li>0 extremely unhappy (utterly depressed, completely down)</li> </ol>
A-ARE/md/sqr/v/10/a	<p>Selfreport on single question, repeated every evening before retiring during 3 weeks (experience sampling).</p> <p>"On the average, how happy or unhappy did you feel today....?"</p> <ol style="list-style-type: none"> <li>1 Extremely unhappy. Utterly depressed. Completely down.</li> <li>2 Very unhappy. Depressed. Spirits very low.</li> <li>3 Pretty unhappy. Somewhat 'blue'. Spirits down.</li> <li>4 Mildly unhappy. Just a little low.</li> <li>5 Barely unhappy. Just this side of neutral.</li> <li>6 Barely happy. Just this side of neutral.</li> <li>7 Mildly happy. Feeling fairly good and somewhat cheerful.</li> <li>8 Pretty happy. Spirits high. Feeling good.</li> <li>9 Very happy. Feeling really good. Elated.</li> <li>10 Extremely happy. Feeling ecstatic, joyous, fantastic.</li> </ol>

A-BK/cm/mq/v/5/b

Name: Wessman & Ricks' "Elation - Depression Scale" (adapted version)  
Selfreport on 48 questions:

## SENTENCES

Each of the sentences below describes a FEELING. Mark HOW OFTEN you had that feeling during the past few weeks.

- A Nothing goes right with me
- B I feel close to people around me
- C I feel as though the best years of my life are over
- D I feel my life is on the right track
- E I feel loved and trusted
- F My work gives me a lot of pleasure
- G I don't like myself
- H I feel very tense
- I I feel life isn't worth living
- J I am content with myself
- K My past life is filled with failure
- L Everything I do seems worthwhile
- M I can't be bothered doing anything
- N I feel I can do whatever I want to
- O I have lost interest in other people and don't care about them
- P Everything is going right for me
- Q I can express my feelings and emotions towards other people
- R I'm easy going
- S I seem to be left alone when I don't want to be
- T I wish I could change some parts of my life
- U I seem to have no real drive to do anything
- V The future looks good
- W I become very lonely
- X I can concentrate well on what I'm doing
- Y I feel out of place
- Z I think clearly and creatively
- AA I feel alone
- AB I feel free and easy
- AC I smile and laugh a lot
- AD I feel things are going my way
- AE The world seems a cold and impersonal place
- AF I feel I've made a mess of things again
- AG I feel like hiding away
- AH I feel confident about decisions I make
- AI I feel depressed for no apparent reason
- AJ I feel other people like me
- AK I feel like a failure
- AL I feel I'm a complete person
- AM I'm not sure I'm doing the right thing
- AN My future looks good
- AO I'm making the most out of my life
- AP Everything is going right for me
- AQ I feel unimportant

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- AR I feel as though there must be something wrong with me  
AS I don't feel like making the effort to do anything  
AT I feel confident in my dealings with the opposite sex  
AU I want to hurt those who have hurt me  
AV The results I have obtained make my efforts worthwhile

**ADJECTIVES**

Each of the objectives below describe a FEELING. Mark HOW OFTEN you had that feeling during the past few weeks;

- A Confident  
B Hopeless  
C Pleasant  
D Insignificant  
E Discontented  
F Healthy  
G Dejected  
H Annoyed  
I Down  
J Glad  
K Glowing  
L Relaxed  
M Comfortable  
N Moody  
O Understood  
P Blue  
Q Miserable  
R Joyful  
S Tense  
T Insecure  
U Shaky  
V Satisfied  
W Safe  
X Successful  
Y Free  
Z Sad  
AA Good-natured  
AB Impatient  
AC Rejected  
AD Lively  
AE Frustrated  
AF Fearful  
AG Lonely  
AH Warm  
AI Contented  
AJ Good  
AK Secure  
AL Disappointed  
AM Understanding  
AN Depressed  
AO Low  
AP Calm

AQ Unhappy  
AR Upset  
AS Empty  
AT Enthusiastic  
AU Happy  
AV Vibrant

Answer options:

0 not at all  
1 occasionally  
2 some of the time  
3 often  
4 all of the time

Summation:

-Positive Affect Score (PAS): mean positive items  
-Negative Affect Score (NAS): mean negative items  
-Affect Balance Score (ABS): PAS minus NAS  
Possible range - 4 to +4

On the web you will find an overview of valid queries on happiness and an explanation of the classification used. Go to: [www.eur.nl/fsw/research/happiness/hap\\_quer/hqi\\_fp.htm](http://www.eur.nl/fsw/research/happiness/hap_quer/hqi_fp.htm). This is the introductory text to the Catalog of Happiness Queries.

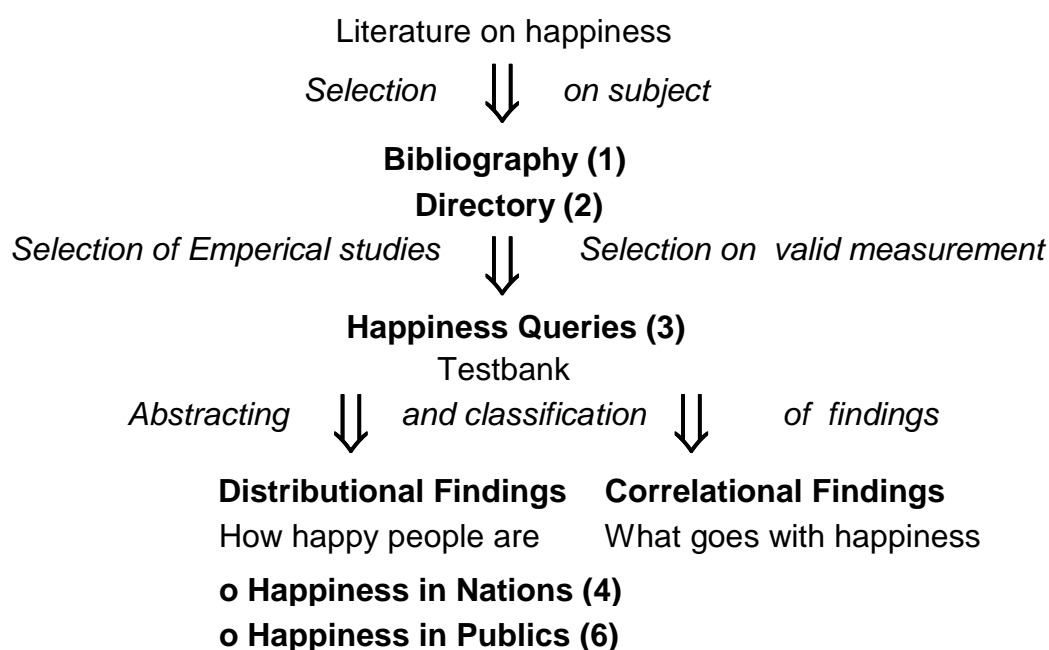
## **Appendix 2    *Statistics used in reported studies***

<i>Symbol</i>	<i>Explanation</i>
DM	<p>DIFFERENCE of MEANS  Type: descriptive statistic only.  Measurement level: Correlate: dichotomous, Happiness: metric  Range: depending on the happiness rating scale of the author; range symmetric about zero.</p> <p>Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels.</p>
r	<p>PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient" or simply 'correlation coefficient')  Type: test statistic.  Measurement level: Correlate: metric, Happiness: metric  Range: [-1; +1]</p> <p>Meaning:  <math>r = 0</math> « no correlation ,  <math>r = 1</math> « perfect correlation, where high correlate values correspond with high happiness values, and  <math>r = -1</math> « perfect correlation, where high correlate values correspond with low happiness values.</p>

On the web you will find a text explaining the statistics used in more detail. Go to: [www.eur.nl/fsw/research/happiness/hap\\_cor/cor\\_fp.htm](http://www.eur.nl/fsw/research/happiness/hap_cor/cor_fp.htm). This is the introductory text to the Catalog of Correlational Findings. An overview of all statistics is in chapter 4.

## Appendix 3: About the World Database of Happiness

The World Database of Happiness is an ongoing register of scientific research on subjective appreciation of life. It brings together findings that are scattered throughout many studies and provides a basis for synthetic analysis. The research literature is processed as follows:



- 1 BIBLIOGRAPHY OF HAPPINESS Presents all contemporary scientific publications. Detailed subject-classification. Current contents: 3422 titles, mainly in English.
- 2 DIRECTORY OF INVESTIGATORS Names and addresses of most authors on the subject. Enumerates years of publication. Current contents: 5818 names and 3073 addresses. Part of Bibliography.
- 3 CATALOG OF HAPPINESS QUERIES (testbank) Presents all indicators that tap happiness as defined here. Current content: 522 measures, mostly single questions. Queries are classified by focus, time reference, mode of observation, rating and wording.
- 4 CATALOG OF HAPPINESS IN NATIONS Presents distributional research findings, in particular responses to questions on happiness in national survey studies. Allows comparison across time and nations. Current content: 1889 surveys in 112 nations, 1946-2000.
- 5 CATALOG OF HAPPINESS IN PUBLICS Distributional findings on happiness in special publics within nations, such as aged people. Current contents: 705 studies. Part of Catalog of Correlational Findings.
- 6 CATALOG OF CORRELATIONAL FINDINGS Presents abstracts of correlational research findings. Detailed subject-classification. Allows comparison through time and across nations. Current contents: 7476 findings from 705 studies in 140 nations, 1911-2000.

## **Appendix 4 Further Findings in the World Database of Happiness**

<i>Main Category's</i>	<i>Category Name</i>	<i>Number of Studies in this Category</i>
A 1	ACTIVITY LEVEL (how much one does)	53
A 2	ACTIVITY PATTERN (what one does)	7
A 3	AFFECTIVE LIFE	31
A 4	AGE	279
A 5	AGGRESSION	11
A 6	ANOMY	30
A 7	APPEARANCE (good looks)	8
A 8	ATTITUDES	4
A 9	AUTHORITARIANISM	4
B 3	BODY	66
C 1	CHILDREN 1:	4
C 10	CREATIVENESS	6
C 11	CULTURE (Arts and Sciences)	6
C 2	CHILDREN: WANT FOR (Parental aspirations)	6
C 3	CHILDREN: HAVING (parental status)	145
C 4	CHILDREN's CHARACTERISTICS	19
C 5	CHILDREN: RELATION WITH	8
C 6	CHILDREN: REARING (parental behavior)	11
C 7	COMMUNAL LIVING	1
C 8	CONCERNS	15
C 9	COPING	27
D 1	DAILY JOYS & HASSLES	4
E 1	EDUCATION	243
E 2	EMPLOYMENT	180
E 3	ETHNICITY	63
E 4	EXPRESSIVE BEHAVIOR	10
F 1	FAMILY OF ORIGIN (earlier family for adults, current for young)	195
F 2	FAMILY OF PROCREATION	42
F 3	FAMILY OF RELATIVES	145
F 4	FARMING	30
F 5	FREEDOM	24
F 6	FRIENDSHIP	123
G 1	GENDER	252
G 2	GRIEF	1
H 10	HOPE	3
H 11	HOUSEHOLD: COMPOSITION	90
H 12	HOUSEHOLD: WORK	10
H 13	HOUSING	75
H 2	HANDICAP	13

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H 3	HAPPINESS: ATTITUDES	39
H 5	HAPPINESS CAREER	144
H 6	HAPPINESS: CURRENT LEVEL	260
H 8	HEALTH-BEHAVIOR	15
H 9	HELPING	4
I 1	INCOME	415
I 2	INSTITUTIONAL LIVING	28
I 3	INTELLIGENCE	63
I 4	INTERESTS	5
I 5	INTERVIEW	49
I 6	INTIMACY	70
L 1	LANGUAGE	1
L 10	LOCAL ENVIRONMENT	270
L 11	LOTTERY	7
L 12	LOVE-LIFE	26
L 2	LEADERSHIP	8
L 3	LEISURE	128
L 4	LIFE APPRAISALS: OTHER THAN HAPPINESS4	290
L 5	LIFE-CHANGE	26
L 6	LIFE-EVENTS	63
L 7	LIFE-GOALS	52
L 8	LIFE HISTORY	1
L 9	LIFE STYLE	4
M 1	MARRIAGE: MARITAL STATUS CAREER	32
M 10	MIGRATION: MIGRANT WORK	3
M 11	MILITARY LIFE	5
M 12	MODERNITY	5
M 13	MOOD	181
M 2	MARRIAGE: CURRENT MARITAL STATUS	315
M 3	MARRIAGE: RELATIONSHIP	99
M 4	MARRIAGE: PARTNER	34
M 5	MEANING	18
M 6	MEDICAL TREATMENT	49
M 7	MENTAL HEALTH	99
M 8	MIGRATION: OTHER COUNTRY	9
M 9	MIGRATION: MOVING WITHIN COUNTRY (residential mobility)	17
N 1	NATIONALITY	5
N 2	NATION: TIME & PLACE	20
N 3	NATIONAL CHARACTER (modal personality)	2
N 4	NATION'S CONDITION	52
N 6	ATTITUDES TO THE NATION	111
N 7	LIVABILITY OF THE NATION	5
N 8	NUTRITION	18
O 1	OCCUPATION	133

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O 2	ORGAN TRANSPLANTATION	11
P 1	PERSONALITY: HISTORY	44
P 10	POSSESSIONS	26
P 12	PROBLEMS	20
P 13	PSYCHO-SOMATIC COMPLAINTS	53
P 2	PERSONALITY: CHANGE	7
P 3	PERSONALITY: CURRENT ORGANIZATION	7
P 4	PERSONALITY: CURRENT TRAITS	392
P 5	PERSONALITY: LATER	23
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P 7	PLANNING	7
P 8	POLITICS	197
P 9	POPULARITY	22
R 1	RELIGION	198
R 2	RESOURCES	8
R 3	RETIREMENT	46
R 4	ROLES	13
S 1	SCHOOL	92
S 10	SOCIAL SUPPORT: RECEIVED	26
S 11	SOCIAL SUPPORT: Provided	3
S 12	SPORTS	32
S 13	STIMULANTS	33
S 14	SUICIDE	4
S 15	SUMMED EFFECTS ON HAPPINESS	71
S 2	SELF-IMAGE	193
S 3	SEX-LIFE	54
S 4	SLEEP	10
S 5	SOCIAL MOBILITY	16
S 6	SOCIAL PARTICIPATION: PERSONAL CONTACTS	50
S 7	SOCIAL PARTICIPATION: VOLUNTARY ASSOCIATIONS	111
S 8	SOCIAL PARTICIPATION: TOTAL (personal + associations)	25
S 9	SOCIAL STATUS (Socio-Economic Status)	140
T 1	TIME	27
T 2	THERAPY	9
T 3	TOLERANCE	37
V 1	VALUE CAREER	8
V 2	VALUES: CURRENT PREFERENCES (own)	49
V 3	VALUES: CLIMATE (current values in environment)	4
V 4	VALUES: SIMILARITY (current fit with others)	5
V 5	VICTIM	11
W 1	WAR	5
W 2	WORK CAREER	1
W 3	WORK CONDITIONS	34
W 4	WORK-ATTITUDES	313

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W 5	WORK-PERFORMANCE (current)	6
W 6	WORRIES	27
X	UNCLASSIFIED	22

## Appendix 5    *Related Topics*

### *This Topic*

*Classification Page 1*

### *Related Topics*

*In Subject List on Appendix 4*

P 2	PERSONALITY: CHANGE		
P 2.1	Change in personality		
P 2.1.1	Change in personality organization		
P 2.1.2	Change in personality traits		
P 2.1.2.2	Change in ambitiousness	P 4.2	Ambitious
P 2.1.2.30	Change in dominance	P 4.30	Dominant
P 2.1.2.9	Change in approval seeking	P 4.9	Approval seeking
P 2.2	Current stage of development	P 5.3	Later personality development
		P 3	PERSONALITY: CURRENT ORGANIZATION MATURITY

**End of Report**