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ADDICTION AND PSYCHOPATHOLOGY: A MULTIDIMENSIONAL APPROACH TO CLINICAL PRACTICE

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- 1. The severity of medical, employment, legal, social, and psychiatric problems among addicts is generally independent from the severity of their recent drug use. (*This dissertation*)
- 2. The high degree of overlap between depressive disorders, anxietyrelated disorders, and antisocial personality disorder found in clinical samples of addicts suggests that within each of these diagnostic groups there is much heterogeneity with respect to etiology, symptom patterns, and prognosis in treatment. (This dissertation)
- 3. It is often an implicit assumption that addicts who enter an abstinenceoriented treatment program, have the intention to complete it. However, the validity of this assumption seems to depend at least partly on the appropriate match between clients' intentions and the goals of the treatment program. (*This dissertation*)
- 4. Since there are about as many treatment modalities in the addiction field as there are treatment facilities, it makes no sense to generalize the results of evaluation studies from facility to modality.
- 5. Through the years, numerous attempts have been made to identify a unique pathway that leads to addiction or a unique personality trait that is present in all addicts. Perhaps the most important conclusion that we can draw from these investigations is that addicts appear to be just as human as non-addicts.
- 6. The effectiveness of addiction treatment programs would improve considerably if care-givers would listen better to their clients.
- 7. The effectiveness of addiction treatment programs would improve considerably if clinicians and researchers would listen better to each other.

- 8. Some critics have argued that the increased reliability of recently developed psychiatric classification systems has occurred at the cost of clinical significance. However, how valid can a construct be without at least some agreement on whether an individual meets its criteria?
- 9. Before making a computer printout of a statistical analysis, researchers should realize how many acres of forest land this will cost.
- 10. The degree of indignation that certain countries have shown over the recent Iraqi invasion of Kuwait seems to be directly proportional to the amount of money they have earned by supplying weapons to Iraq.