



Findings on Happiness & SELF-IMAGE

Correlate Code: S 2

Classification of Findings		Number of Studies on this Subject
Correlate Code	Correlate Name	
S 2	SELF-IMAGE	0
S 2.1	Self-image career	0
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- Appendix 1: Happiness queries used
- Appendix 2: Statistics used
- Appendix 3: About the World Database of Happiness
- Appendix 4: Further Findings in the World Database of Happiness
- Appendix 5: Related Topics

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World Database of Happiness. Internet: www.eur.nl/fsw/research/happiness
Erasmus University Rotterdam, 2003, Netherlands

Study	BACHM 1978	Page in Report:
Reported in:	Bachman, J. G., O'Malley, P. M., Johnston, J. Youth in transition, vol. VI: Adolescence to adulthood, change and stability in the lives Institute for Social Research, University of Michigan, Ann Arbor, Michigan, 1978	
Population:	Public highschool boys followed 8 years from grade 10, USA, 1966-74	
Sample:		
Non-Response:	2.8% at T1, 17.2% at T2, 21.0% at T3, 28.9% at T4, 28.5% at T5	
N:	T1 - T5: 2213/1886/1799/ 1620/1628	

Measured Correlate

Class: Earlier self-image Code: S 2.1.1

Measurement: 10-item index at T1, T2, T3, T4 and T5 of closed questions on being worthwhile as a person, having good qualities, being as able as others, not being proud of oneself, having a positive attitude towards oneself, feeling no good at all, being a useful guy, feeling one can't do anything right, doing a job well, having a not very useful life (items from Rosenberg, 1965, and Cobb, 1966)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks																														
O-HP/g/mq/v/5/a	tau=+ p<.001	<p>Sel f-esteeem</p> <table> <thead> <tr> <th>Happi ness</th> <th>T1</th> <th>T2</th> <th>T3</th> <th>T4</th> <th>T5</th> </tr> </thead> <tbody> <tr> <td>T1</td> <td>- = +. 57</td> <td>+. 38</td> <td>+. 34</td> <td>+. 33</td> <td>+. 22</td> </tr> <tr> <td>T2</td> <td>- = +. 37</td> <td>+. 58</td> <td>+. 44</td> <td>+. 40</td> <td>+. 28</td> </tr> <tr> <td>T3</td> <td>- = +. 31</td> <td>+. 43</td> <td>+. 61</td> <td>+. 46</td> <td>+. 30</td> </tr> <tr> <td>T4</td> <td>- = +. 29</td> <td>+. 38</td> <td>+. 44</td> <td>+. 60</td> <td>+. 33</td> </tr> </tbody> </table> <p>All significant (001) T1: 1966, T2: 1968, T3: 1969, T4: 1970, T5: 1974</p>	Happi ness	T1	T2	T3	T4	T5	T1	- = +. 57	+. 38	+. 34	+. 33	+. 22	T2	- = +. 37	+. 58	+. 44	+. 40	+. 28	T3	- = +. 31	+. 43	+. 61	+. 46	+. 30	T4	- = +. 29	+. 38	+. 44	+. 60	+. 33
Happi ness	T1	T2	T3	T4	T5																											
T1	- = +. 57	+. 38	+. 34	+. 33	+. 22																											
T2	- = +. 37	+. 58	+. 44	+. 40	+. 28																											
T3	- = +. 31	+. 43	+. 61	+. 46	+. 30																											
T4	- = +. 29	+. 38	+. 44	+. 60	+. 33																											

Study	CHIRI 1982	<i>Page in Report:</i>	23
<i>Reported in:</i>	Chiriboga, D.A. Consistency in adult functioning: The influence of social stress Ageing and Society, vol.2 part 1, p.7-29		
<i>Population:</i>	People in transition followed 4 years, metropolis, USA, 1969-1980		
<i>Sample:</i>			
<i>Non-Response:</i>	Attrition after 11 years 24%		
<i>N:</i>	163 (in 1969:216)		

Measured Correlate

<i>Class:</i>	Earlier self-image Code: S 2.1.1
<i>Measurement:</i>	The number of self-descriptive adjectives of Adjective Rating List circled as undesired 11 years ago, at T1(1969).
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-HL/c/sq/v/3/cb	r=	Mal es: r= -.34 (.01) Femal es: r= +.09 ns Happi ness assessed at T5(1980).

Study	FORTI 1983	<i>Page in Report:</i>
<i>Reported in:</i>	Th.J. Forti, M.S. Hyg A Documented Evaluation of Primary Prevention through Consultation Community Mental Health Journal, 1983, p 290-304	
<i>Population:</i>	Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981	
<i>Sample:</i>		
<i>Non-Response:</i>	T1: 18%, T2: 14%, T3: 23%	
<i>N:</i>	T1: 146, T2: 154, T3: 137	

Measured Correlate

Class: Earlier self-image Code: S 2.1.1

Measurement: Single closed question:
'How do you feel about yourself accomplishments/problems/solving',
rated on a 7-point Delighted-Terrible scale, ranging from (1)
Delighted to
(7) Terrible. (8) Neutral.
(order reversed)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-DT/u/sq/f/7/a	r=+	T1: 1977 r= +.45 (01) T2: 1979 r= +.52 (01) T3: 1981 r= +.48 (01) Both variables assessed at T1, T2, and T3. Correlation concerns same time measures.

Study	HOLAH 1999	Page in Report:	239/243
<i>Reported in:</i>	Holahan, C.K, Holahan, C.J., Wonacott, N.L. Self-Appraisal, Life Satisfaction, and Retrospective Life Choices Across One and Psychology and Aging 1999; Vol.14, No.2, pp 238-244 ISSN 0882-7974		
<i>Population:</i>	"Gifted (IQ>135) followed unto old age, USA, 1960-1992		
<i>Sample:</i>	Non-probability purposive-quota sample		
<i>Non-Response:</i>			
<i>N:</i>	383		

Measured Correlate

<i>Class:</i>	Earlier self-image Code: S 2.1.1
<i>Measurement:</i>	Self-appraisal of having lived up to abilities. Participants were asked "On the whole, how well do you think you have lived up to your intellectual abilities?" Responses were coded in two categories 1: did not live-up 2: lived-up Assessed at T1 (1960)
<i>Measured Values:</i>	T2 N: 1=115, 2=223
<i>Error Estimates:</i>	
<i>Remarks:</i>	T1:1960, T2:1972, T3:1992

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
C-ASG/h/mq/v/8/a	DM=+	T1 lived up by T2 happiness In univariate analyses (T1:1960, T2:1972, T3:1992 ANCOVAs) there was a significant lived-up effect: $F(1, 310)=10.65$, $MSE=.84$, $p<.05$
M-PL/h/sq/v/5/b	DM=+	T1 lived up by T2 happiness Men 1. $M=3.71$ $SD=0.89$ 2. $M=4.15$ $SD=0.85$ Women 1. $M=3.76$ $SD=1.08$ In univariate analyses of covariance (ANCOVAs) there was a significant lived-up effect: $F(1, 332)=13.85$, $MSE=.82$ $p<0.001$ 2. $M=4.19$ $SD=0.92$
O-SLW/c/sq/n/9/a	DM=+	T1 lived up by T3 happiness Univariate analyses of covariance (ANCOVAs) was significant for lived-up: $F(1, 355)=10.71$, $MSE=2.25$, $p<.001$ LISREL analysis showed no direct link when T2 perceived goal realization was controlled.

Study	ORMEL 1980	Page in Report:	350,254
Reported in:	Ormel,H. Moeite met leven of een moeilijk leven (Difficulty in living or a difficult life) Dissertation 1980, University of Groningen, the Netherlands, publisher: Konstapel, Groningen, the Netherlands.		
Population:	15-60 aged, general public, followed 12 month, The Netherlands, 1967-77		
Sample:			
Non-Response:	18%		
N:	296		

Measured Correlate

Class: Earlier self-image Code: S 2.1.1

Measurement: 9-item additive index rated on a 2-point scale.
Typical items are:

- I can change my habits easily.
- I can achieve a lot within a short time.
- When people demand much of me, I don't get nervous.

 Self-acceptance Scale from Nederlandse Persoonlijkheidsvragenlijst (NVP),
Lutjeznca 1975.
Assessed at T2(1976)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-BB/cw/mq/v/4/c	r=+.29 p<.01	T2 happiness by T2 self-esteem
	r=+.27 p<.01	T3 happiness by T2 self-esteem
	βL=+.25	T2 happiness by T2 self-esteem. βL path coefficient in a LISREL model, also involving neuroticism, internal control, intimacy with partner, adequacy of coping and self- and externally induced burdens.
	βL=+.15	T3 happiness by T3 self-esteem. βL path coefficient in a LISREL model, also involving neuroticism, internal control and quality of life.

$\beta L = +.20$ T2 happiness by T2 self-esteem.
 βL path coefficient in a LISREL model, also involving neuroticism, internal control, unhappy childhood and traumatic childhood experiences.

Study	SEARS 1977A	<i>Page in Report:</i>	40-62/4
<i>Reported in:</i>	Sears, P.S. & Barbee, A.H. Career and Life satisfactions among Terman's gifted women. Chapter 3 in: 'The Stanley, J.C., George, W.C. & Solano, C.H. (eds.) The Johns Hopkins Univ.Press Publ.1977, Baltimore and London, p.28-72		
<i>Population:</i>	"Gifted women" (IQ >135), followed 50 years, California, USA, 1921-72		
<i>Sample:</i>			
<i>Non-Response:</i>	Attrition in 1972: 25%		
<i>N:</i>	1928 N=671: 1972 N=430		

Measured Correlate

<i>Class:</i>	Earlier self-image Code: S 2.1.1
<i>Measurement:</i>	Sel frating a. in 1940 b. in 1950
	Parent rating c. in 1928
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	Earlier selfconfidence (1928, 1940, 1950) by present happiness (1972). Subjects age in 1972 about 62.

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
C-ASG/h/mq/v/5/a	AoV= ns	a.
	AoV= ns	b.
	AoV=+ p<.00	c.
M-PL/h/sq/v/5/b	Chi ² = ns	a.
	Chi ² = ns	b.
	Chi ² = ns	c.

Study	WESSM 1966/2	Page in Report:	117
<i>Reported in:</i>	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
<i>Population:</i>	Male college students, followed 3 years, Harvard University, USA, 1957-60		
<i>Sample:</i>			
<i>Non-Response:</i>	37%: 9 dropouts, incomplete; about the same happiness distribution.		
<i>N:</i>	17		

Measured Correlate

Class: Earlier self-image Code: S 2.1.1

Measurement: Index of agree / disagree statements, indicative of a successful life, self-confidence, success in achieving goals, etc. Assessed two years earlier.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	r=+.50	p<.05

Study	BRENN 1970	Page in Report:	94/286
<i>Reported in:</i>	Brenner, B. Social factors in mental well-being at adolescence. Doctoral dissertation, 1970, The American University, Washington D.C., USA		
<i>Population:</i>	Highschool pupils, New York State, USA, 1960		
<i>Sample:</i>			
<i>Non-Response:</i>	1%		
<i>N:</i>	5204		

Measured Correlate

Class: Change in self-image Code: S 2.1.2

Measurement: 5-item index (Guttman scale) of agree / disagree statements on continuing changing opinions and ideas about one-self.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/g/sq/v/5/a	G=+.22 V= .11 p< .01	
O-HL/u/sq/v/4/b	G=+.25 V= .13 p< .01	

Study	HAES 1987	Page in Report:	7
<i>Reported in:</i>	Haes de, J.C.J.M., Pennink, B.J.W. & Welvaart, K. The distinction between affect and cognition Social Indicators Research, 1987, Vol 19, p.367-378		
<i>Population:</i>	Early breast cancer patient, followed 11 and 18 month after treatment, The Netherlands, 1981-1987		
<i>Sample:</i>			
<i>Non-Response:</i>	17% (6 refusals and one death in the meantime)		
<i>N:</i>	34		

Measured Correlate

<i>Class:</i>	Change in self-image Code: S 2.1.2
<i>Measurement:</i>	Perceived impact of breast-surgery, rated on a 4-point scale (see de Haes & Welvaart, 1985)
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SLW/se/sq/?/7/a	Beta=+.1	11 months after surgery (T1)
	Beta=+.4	18 months after surgery (T2) β controlled for: Psychological complaints, pain, gastro-intestinal symptoms, loss of libido, activity level, fatigue, and fear of recurrence of cancer and death

Study	HAES 1987	Page in Report:	7
<i>Reported in:</i>	Haes de, J.C.J.M., Pennink, B.J.W. & Welvaart, K. The distinction between affect and cognition Social Indicators Research, 1987, Vol 19, p.367-378		
<i>Population:</i>	Early breast cancer patient, followed 11 and 18 month after treatment, The Netherlands, 1981-1987		
<i>Sample:</i>			
<i>Non-Response:</i>	17% (6 refusals and one death in the meantime)		
<i>N:</i>	34		

Measured Correlate

<i>Class:</i>	Change in self-image Code: S 2.1.2
<i>Measurement:</i>	Perceived impact of breast-surgery, rated on a 4-point scale (see de Haes & Welvaart, 1985)
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/se/sq/v/7/a	Beta=+.5	11 months after surgery (T1)
	Beta=+.2	18 months after surgery (T2) β controlled for: Psychological complaints, pain, gastro-intestinal symptoms, loss of libido, activity level, fatigue, and fear of recurrence of cancer and death

Study	LICHT 1980/1	Page in Report:	60
<i>Reported in:</i>	Lichter.S, Haye.K & Kamman.R Increasing happiness through cognitive retraining New Zealand Psychologist, 1980, vol.9, p.57-64		
<i>Population:</i>	Adults, trainees and controls, followed 10 weeks, Dunedin, New Zealand, 1978		
<i>Sample:</i>			
<i>Non-Response:</i>	15%		
<i>N:</i>	23		

Measured Correlate

Class: Change in self-image Code: S 2.1.2

Measurement: 28-item index with 4 response categories. Typical items are:

- I choose my emotions and feelings
- I believe my personalty is fixed
- I am ready to try out new experiences

Assessed at the start (T1) and the end (T2) of a course on happiness and mental health.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-BK/cm/mq/v/5/b	r=+.80 p<.01	T1 LEVEL of beliefs to T1 LEVEL of happiness
	r=+.75 p<.01	T1-T2 CHANGE in beliefs to T1-T2 CHANGE in happiness

Study	LICHT 1980/1	Page in Report:	60
Reported in:	Lichter.S, Haye.K & Kamman.R Increasing happiness through cognitive retraining New Zealand Psychologist, 1980, vol.9, p.57-64		
Population:	Adults, trainees and controls, followed 10 weeks, Dunedin, New Zealand, 1978		
Sample:			
Non-Response:	15%		
N:	23		

Measured Correlate

Class: Change in self-image Code: S 2.1.2

Measurement: 0 No course: Control group on waiting list (N=13)
1 Treatment: 8 2-hours sessions over 4 weeks between T1 and T2 (N=10)

The goal of the course was to discuss "irrational beliefs" about self.
(Ellis 1977 rational-emotive therapy)
In the course 15 current beliefs were introduced one at a time in 5 minute mini-lectures, followed by a class discussion on how these work out in everyday life. Sometimes Ss were asked to do home exercises.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-BK/cm/mq/v/5/b	DMt=+ p<.s	<p>Happiness assessed at: T1: start of course T2: end of course (4 weeks after T1) T3: 6 weeks follow up (10 weeks after T1)</p> <p>LEVEL of happiness at: Controls Experimental s Di fference T1 Mt' =7. 6 Mt' =7. 8 DMt' = + . 2 T2 Mt' =7. 6 Mt' =8. 3 DMt' = + . 7 T3 Mt' =7. 4 Mt' =8. 6 Dms' = +1. 2</p> <p>CHANGE in happiness: at Controls Experimental s Di fference T1-T2 Mt' =0. 0 Mt' =+. 5 DMt' = + . 5 p<05 T1-T3 Mt' =-. 2 Mt' =+. 8 DMt' = +1. 0 p<01</p>

$E^2=+.47$ $p<.05$ Difference in T1-T2 CHANGE in happiness between controls and experimental s

$E^2=+.66$ $p<.01$ Difference in T1-T3 CHANGE in happiness between controls and experimental s

Study	LICHT 1980/1	Page in Report:	60
Reported in:	Lichter.S, Haye.K & Kamman.R Increasing happiness through cognitive retraining New Zealand Psychologist, 1980, vol.9, p.57-64		
Population:	Adults, trainees and controls, followed 10 weeks, Dunedin, New Zealand, 1978		
Sample:			
Non-Response:	15%		
N:	23		

Measured Correlate

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In the course 15 current beliefs were introduced one at a time in 5 minute mini-lectures, followed by a class discussion on how these work out in everyday life. Sometimes Ss were asked to do home exercises.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SL?/m/sq/?/7/a	$E^2=+.41$ $p<.05$	Happiness assessed at: T1: start of course T2: end of course (4 weeks after T1) T3: 6 weeks follow up (10 weeks after T1)

DM=+	ns	Difference in T1-T2 CHANGE in happiness between controls and experimental s
DM=+	ns	Difference in T1-T3 CHANGE in happiness between controls and experimental s

Study	LICHT 1980/1	Page in Report:	60
Reported in:	Lichter.S, Haye.K & Kamman.R Increasing happiness through cognitive retraining New Zealand Psychologist, 1980, vol.9, p.57-64		
Population:	Adults, trainees and controls, followed 10 weeks, Dunedin, New Zealand, 1978		
Sample:			
Non-Response:	15%		
N:	23		

Measured Correlate

Class: Change in self-image Code: S 2.1.2

Measurement: 0 No course: Control group on waiting list (N=13)
1 Treatment: 8 2-hours sessions over 4 weeks between T1 and T2 (N=10)

The goal of the course was to discuss "irrational beliefs" about self.
(Ellis 1977 rational-emotive therapy)
In the course 15 current beliefs were introduced one at a time in 5 minute mini-lectures, followed by a class discussion on how these work out in everyday life. Sometimes Ss were asked to do home exercises.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
M-FH/cw/sq/v/5/a	$E^2=+.17$ ns	Happiness assessed at: T1: start of course T2: end of course (4 weeks after T1) T3: 6 weeks follow up (10 weeks after T1)

DM=+	p<.05	Difference in T1-T2 CHANGE in happiness between controls and experimental s
DM=+	ns	Difference in T1-T3 CHANGE in happiness between controls and experimental s

Study	LUDWI 1971	Page in Report:	64/207
<i>Reported in:</i>	Ludwig, L.D. Elation-Depression and skill as determinants of desire for excitement. Unpublished doctoral dissertation, 1971, University of Wisconsin, USA.		
<i>Population:</i>	Female students, undergraduates, University of Wisconsin, USA, 197?		
<i>Sample:</i>			
<i>Non-Response:</i>	81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re		
<i>N:</i>	72		

Measured Correlate

<i>Class:</i>	Change in self-image Code: S 2.1.2
<i>Measurement:</i>	2-item index of direct questions on creativity and personali ty maturity compared with others.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/u/mq/v/10/a	AoV=+ ns	Ss answered these questions at the end of an experimental situation in which their self-esteem was experimentally altered. This was done by means of a false personality report dealing with the subject's creativity, maturity and other things. Sel f-percei ved creati vi ty: $r = +.05$ (ns) Sel f-percei ved maturi ty : $r = +.17$ (ns) - For happy Ss sel f-percei ved creati vi ty and maturi ty is unaffected by bolstered sel f-esteem and decreased by reduced sel f-esteem. - For unhappy Ss it is increased by bolstered sel f-esteem and unaffected by reduced sel f-esteem.

Study	BACHM 1978*	Page in Report:
Reported in:	Bachman, J. G., O'Malley, P. M., Johnston, J. Youth in transition, vol. VI: Adolescence to adulthood, change and stability in the Institute for Social Research, University of Michigan, Ann Arbor, Michigan, 1978	
Population:	Public highschool boys followed 8 years from grade 10, USA, 1966-74	
Sample:		
Non-Response:	2.8% at T1, 17.2% at T2, 21.0% at T3, 28.9% at T4, 28.5% at T5	
N:	t1 - T5: 2213/1886/1799/ 1620/1628	

Measured Correlate

Class: Later self-image Code: S 2.1.4

Measurement: 10-item index at T1, T2, T3, T4 and T5 of closed questions on being worthwhile as a person, having good qualities, being as able as others, not being proud of oneself, having a positive attitude towards oneself, feeling no good at all, being a useful guy, feeling one can't do anything right, doing a job well, having a not very useful life (items from Rosenberg, 1965, and Cobb, 1966)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks																														
O-HP/g/mq/v/5/a	tau=+ p<.001	<p>Self-esteem</p> <table> <thead> <tr> <th>Happiness</th> <th>T1</th> <th>T2</th> <th>T3</th> <th>T4</th> <th>T5</th> </tr> </thead> <tbody> <tr> <td>T1</td> <td>-. = +.57</td> <td>+.38</td> <td>+.34</td> <td>+.33</td> <td>+.22</td> </tr> <tr> <td>T2</td> <td>-. = +.37</td> <td>+.58</td> <td>+.44</td> <td>+.40</td> <td>+.28</td> </tr> <tr> <td>T3</td> <td>-. = +.31</td> <td>+.43</td> <td>+.61</td> <td>+.46</td> <td>+.30</td> </tr> <tr> <td>T4</td> <td>-. = +.29</td> <td>+.38</td> <td>+.44</td> <td>+.60</td> <td>+.33</td> </tr> </tbody> </table> <p>All significant (001) T1: 1966, T2: 1968, T3: 1969, T4: 1970, T5: 1974</p>	Happiness	T1	T2	T3	T4	T5	T1	-. = +.57	+.38	+.34	+.33	+.22	T2	-. = +.37	+.58	+.44	+.40	+.28	T3	-. = +.31	+.43	+.61	+.46	+.30	T4	-. = +.29	+.38	+.44	+.60	+.33
Happiness	T1	T2	T3	T4	T5																											
T1	-. = +.57	+.38	+.34	+.33	+.22																											
T2	-. = +.37	+.58	+.44	+.40	+.28																											
T3	-. = +.31	+.43	+.61	+.46	+.30																											
T4	-. = +.29	+.38	+.44	+.60	+.33																											

Study	FORTI 1983	<i>Page in Report:</i>
<i>Reported in:</i>	Th.J. Forti, M.S. Hyg A Documented Evaluation of Primary Prevention through Consultation Community Mental Health Journal, 1983, p 290-304	
<i>Population:</i>	Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981	
<i>Sample:</i>		
<i>Non-Response:</i>	T1: 18%, T2: 14%, T3: 23%	
<i>N:</i>	T1: 146, T2: 154, T3: 137	

Measured Correlate

Class: Later self-image Code: S 2.1.4

Measurement: Single closed question:
'How do you feel about yourself accomplishments/problems/solving',
rated on a 7-point Delighted-Terrible scale, ranging from (1)
Delighted to
(7) Terrible. (8) Neutral.
(order reversed)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-DT/u/sq/f/7/a	r=+	T1: 1977 r= +.45 (01) T2: 1979 r= +.52 (01) T3: 1981 r= +.48 (01) Both variables assessed at T1, T2, and T3. Correlation concerns same time measures.

Study	GORDO 1974	Page in Report:	243
<i>Reported in:</i>	Gordon, F.E. & Hall, D.T. Self image and stereotypes of femininity; their relationship to women's role conflicts Journal of Applied Psychology, 1974, vol. 59, p. 241-243.		
<i>Population:</i>	Married female graduates of liberal arts college, Univ. of Connecticut, USA, 1971		
<i>Sample:</i>			
<i>Non-Response:</i>	49%		
<i>N:</i>	229		

Measured Correlate

Class: Current self-characterization Code: S 2.2

Measurement: Factors derived from self-ratings on a semantic differential of 28 bipolar adjective 7-point scales.
 a. Potency: emotional and physical strength.
 b. Supportiveness: nurturant, agreeable behavior in interpersonal settings.
 c. Spontaneity: willingness to take immediate action.
 d. Emotionality: level of emotion.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-HL/g/sq/v/5/a	r=+.25 p<.01	a.
	r=+.20 p<.01	b.
	r= ns	c.
	r=+.25 p<.01	d.

Study	LEWIS 1972	Page in Report:	67-69
<i>Reported in:</i>	Lewis, M.A. Actual and perceived age differences in self-concept and psychological well-being for Unpublished doctoral dissertation, 1972, Syracuse UniversityNew York, USA.		
<i>Population:</i>	24-75 aged Catholic sisters, Eastern USA. 197?		
<i>Sample:</i>			
<i>Non-Response:</i>	34%		
<i>N:</i>	183		

Measured Correlate

Class: Current self-characterization Code: S 2.2

Measurement: Principal components, extracted from 21 bipolar adjective 7-point scales (semantic differential scales; see Monge, 1971). The adjective scales were scored for 'Myself - as I really am most of the time'.

- a. Achievement / leadership.
7 items index: inferior - superior, dull - sharp, follower - leader, dumb - smart, failure - success, weak - strong, worthless - valuable.
- b. Congeniality / sociability.
4 items index: cruel - kind, awful - nice, unfriendly - good.
- c. Psychological adjustment.
6 items index: dissatisfied - satisfied, unstable - stable, shaky - steady, sad - happy, unsure - confident, soft - hard.
- d. Physical adjustment.
4 items index: delicate - rugged, sick - healthy, nervous - relaxed, tired - refreshed.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
------------------------	-------------------	----------------

A-BB/cm/mq/v/2/a	DM=+	ns
------------------	------	----

a.

DM=-	ns
------	----

b.

DM=+	p<.01
------	-------

c.

DM=-	ns
------	----

d.

Study	VENTE 1995	Page in Report:	248
<i>Reported in:</i>	Ventegodt, S. Livskvalitet i Danmark.(Quality of Life in Denmark) Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017		
<i>Population:</i>	18-88 aged, general public, Denmark, 1993		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	1494		

Measured Correlate

Class: Current self-characterization Code: S 2.2

Measurement: 36 item index of self-image
 "Do you feel you are:"
 healthy
 physically strong
 in harmony with yourself
 honest
 sensitive
 loving
 beautiful
 sexually attractive
 loved
 cheerful
 open
 sociable
 good
 free
 ethical
 with a sense of humor
 intelligent
 sensible
 patient
 psychological strong
 independent
 strong-willed
 competent
 ambitious
 involved
 creative
 responsible
 conscientious
 filled with fighting spirit
 brave
 self-confident
 a success
 profound
 intuitive
 spiritual

si ncere
 Rated: yes, not sure, no
 categori sed as:
 1: 0-15 (worst)
 2: 16-18
 3: 19-21
 4: 22-24
 5: 25-27
 6: 28-30
 7: 31-33
 8: 34-36(best)

Measured Values: N: 1:11, 2:27, 3:96, 4:207, 5:295, 6:359, 7:270, 8:126

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.37 p<.00	1: Mt=5. 23 2: Mt=6. 49 3: Mt=6. 33 4: Mt=6. 93 5: Mt=7. 68 6: Mt=8. 05 7: Mt=8. 49 8: Mt=8. 99 All : Ms=7. 80
O-HL/c/sq/v/5/h	r=+.37 p<.00	1: Mt=5. 00 2: Mt=5. 93 3: Mt=5. 68 4: Mt=6. 21 5: Mt=6. 68 6: Mt=7. 18 7: Mt=7. 69 8: Mt=8. 25 All Mt=6. 98
O-SLu/c/sq/v/5/e	r=+.40 p<.00	1: Mt=4. 78 2: Mt=5. 74 3: Mt=6. 04 4: Mt=6. 59 5: Mt=7. 24 6: Mt=7. 74 7: Mt=8. 23 8: Mt=8. 78 All Mt=7. 48

Study	VENTE 1996	Page in Report:	256
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068		
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	4500		

Measured Correlate

<i>Class:</i>	Current self-characterization Code: S 2.2
<i>Measurement:</i>	Single question: "How are your current relations with yourself?" 1: very bad 2: bad 3: neither/nor 4: good 5: very good
<i>Measured Values:</i>	N: All:4416; 1:28; 2:127; 3:474; 4:2007; 5:1780
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.58 p<.00	1: Mt=1. 96 2: Mt=3. 78 3: Mt=5. 74 4: Mt=7. 63 5: Mt=8. 83
O-HL/c/sq/v/5/h	r=+.53 p<.00	1: Mt=2. 95 2: Mt=4. 15 3: Mt=5. 28 4: Mt=6. 76 5: Mt=8. 09
O-SLu/c/sq/v/5/e	r=+.59 p<.00	1: Mt=1. 79 2: Mt=3. 54 3: Mt=5. 19 4: Mt=7. 30 5: Mt=8. 59

Study	VENTE 1996	Page in Report:	258
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068		
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	4500		

Measured Correlate

Class: Current self-characterization Code: S 2.2

Measurement: 36 item index of self-image
 "Do you feel you are"
 healthy
 physically strong
 in harmony with yourself
 honest
 sensitive
 loving
 beautiful
 sexually attractive
 loved
 cheerful
 open
 sociable
 good
 free
 ethical
 with a sense of humor
 intelligent
 sensible
 patient
 psychological strong
 independent
 strong-willed
 competent
 ambitious
 involved
 creative
 responsible
 conscientious
 filled with fighting spirit
 brave
 self-confident
 a success
 profound
 intuitive
 spiritual

si ncere
 Rated: yes, not sure, no
 categori sed as:
 1: 0-15 (worst)
 2: 16-18
 3: 19-21
 4: 22-24
 5: 25-27
 6: 28-30
 7: 31-33
 8: 34-36(best)

Measured Values: N: 1:46; 2:107; 3:236; 4:555; 5:970; 6:1219; 7:999; 8:412

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.44 p<.00	1: Mt=4. 08 2: Mt=5. 28 3: Mt=5. 88 4: Mt=6. 76 5: Mt=7. 46 6: Mt=8. 08 7: Mt=8. 59 8: Mt=8. 85
O-HL/c/sq/v/5/h	r=+.39 p<.00	1: Mt=4. 40 2: Mt=5. 14 3: Mt=5. 46 4: Mt=6. 16 5: Mt=6. 70 6: Mt=7. 20 7: Mt=7. 80 8: Mt=8. 23
O-SLu/c/sq/v/5/e	r=+.43 p<.00	1: Mt=3. 80 2: Mt=4. 76 3: Mt=5. 58 4: Mt=6. 44 5: Mt=7. 11 6: Mt=7. 71 7: Mt=8. 29 8: Mt=8. 70

Study	WESSM 1960	Page in Report:	123
Reported in:	Wessman, A.E., Ricks, D.F. & McIlvaine Tyl, M. Characteristics and concomitants of mood fluctuation in college women. Journal of Abnormal and Social Psychology, 1960, vol. 60, p. 117-126.		
Population:	Female college students, followed 6 weeks, Radcliffe, USA, 1957		
Sample:			
Non-Response:	44% dropouts		
N:	14		

Measured Correlate

Class: Current self-characterization Code: S 2.2

Measurement: Content analysis of a 45-item Q sort, filled out both in extremely high and in extremely low moods for self-concept ('the most accurate picture of yourself as you really believe you are now').

Measured Values:

Error Estimates:

Remarks: The group of Ss was divided in two according to their mean 'daily average mood'. The Q sort descriptions provided by the seven relatively happy girls were compared with those of the seven relatively unhappy girls. Only significant discrepancies between the descriptions of both groups were presented.

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	r= + p<.05	a. Friendly, sociable, and open towards others In both high and low groups, the happy girls according to describe themselves as having a mean 'daily average mood'. sociable, more willing. The Q sort descriptions provided by the seven relatively happy girls were compared with those of the seven relatively unhappy girls. The unhappy girls significantly differed from the independent, self descriptions of both groups. No discrepancies between the descriptions of both groups were presented.

r= - p<.05 b. Sophisticated, critical, interested in academic work
In both high and low moods the unhappy girls describe themselves as more critical, sophisticated, interested in academic work and introspective.
The happy girls describe themselves as more unorganized, tolerant and nervous. They are able to enjoy work without being preoccupied with it, and do not consider themselves sophisticated or poised.

Study	WESSM 1966/2	Page in Report:	110-111
<i>Reported in:</i>	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
<i>Population:</i>	Male college students, followed 3 years, Harvard University, USA, 1957-60		
<i>Sample:</i>			
<i>Non-Response:</i>	37%: 9 dropouts, incomplete; about the same happiness distribution.		
<i>N:</i>	17		

Measured Correlate

<i>Class:</i>	Current self-characterization Code: S 2.2
<i>Measurement:</i>	Content analysis of a 60-item Q sort, describing characteristics indicative of successful and unsuccessful resolutions of the first six developmental crises of the Erikson's stages of psychosocial development (see Erikson, 1959). The Q sort was filled out both in very elated and in very depressed moods for self-concept ('an accurate picture of yourself as you honestly feel and believe you are').
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	The group of Ss was divided in two according to their mean 'daily average mood' (AFF 3.1). The Q sort descriptions provided by the nine relatively happy men were compared with those of the eight relatively unhappy men. Only significant discrepancies between the descriptions of both groups were presented.

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	r=+ p<.05	a. Warm, friendly and comfortable in close relationships. The group of Ss was divided in two according to their mean daily average mood (AFF 3.1). The Q sort descriptions provided by the nine relatively happy men were compared with those of the eight relatively unhappy men. Only significant discrepancies between the descriptions of both groups were presented. In depression, only significant discrepancies between the descriptions of both groups were presented. Concerned with others, while the unhappy men,

			i n depression, were unable to share with others.
r= +	p<.05	b.	Able to excel in work, conscientious, productive Especially in elation the happy men describe themselves as productive, while the unhappy men, even in elation, are more given to wasting time and failing to apply themselves.
r= -	p<.05	c.	Unable to fulfill ambitions The unhappy men are more ambitious, but are less able to fulfill their ambitions. Especially in depression they feel ineffecti-ve, unable to get what they want, pessimistic and unable to absorb frustration.
r= +	p<.05	d.	Optimism in bad spirits The happy men perceive depressions as temporary states which would be resolved when the problems which occasioned them had been resolved. The unhappy men are more pessimistic, feel depression as permanent states of frustration and impotent desire.
r= -	p<.05	e.	Tendency to disregard the world Especially in depression the unhappy men felt a tendency to disregard the world, but also felt they were in the wrong and apologetic.
r= -	p<.05	f.	Primarily concerned with work In elation the unhappy girls place a high value on work, while the happy girls tend to place a higher value on friendliness and consideration for others. In depression both the happy and unhappy girls value work more than in elation, but this is more extreme for the unhappy girls. For these girls concern with work in depression took the form of more exclusive concern with intellectual creativity and achievement, while the happy girls in depression place a higher value on the inherent satisfactions in learning, and are more concerned with discovering what they want out of life.

Study	LUDWI 1971	Page in Report:	64
<i>Reported in:</i>	Ludwig, L.D. Elation-Depression and skill as determinants of desire for excitement. Unpublished doctoral dissertation, 1971, University of Wisconsin, USA.		
<i>Population:</i>	Female students, undergraduates, University of Wisconsin, USA, 197?		
<i>Sample:</i>			
<i>Non-Response:</i>	81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re		
<i>N:</i>	72		

Measured Correlate

Class: Self-perceived ability Code: S 2.2.1

Measurement: 1. Question on acting ability compared with other people, rated on a 7-point scale. miserable in acting / about average / highly talented in acting.
(question in mailed questionnaire in recruitment procedure).

2. Same question after experiment.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/u/mq/v/10/a	r=+.31 p<.05	No self-esteem manipulation.

r=+.11 ns Ss answered these questions at the end of an experimental situation in which their self-esteem was experimentally altered. This was done by means of a false personality report dealing with the subject's creativity, maturity and other things.

Study	NOELL1977/10	<i>Page in Report:</i>	233
<i>Reported in:</i>	Noelle-Neumann, E. Politik und Glück (Politics and happiness) H. Baier (ed.) Freiheit und Sachzwang, Westdeutscher Verlag, Opladen, 1977, 208 - 262		
<i>Population:</i>	16-29 aged and pensioners, West-Germany, 1976		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	855		

Measured Correlate

<i>Class:</i>	Self-perceived ability Code: S 2.2.1
<i>Measurement:</i>	Single direct question: no (0) yes (1) 'I think, I have a good feeling of combining colors together'. Choose from pack of 16 person descriptions as being characteristic for oneself.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-CA/mh/ri/v/2/b	D%+=	Young (16 - 29) and pensioners only. In both categories the cheerful claim more feeling for colors.

Study	OGRI 1994/1	Page in Report:	5
<i>Reported in:</i>	Ogris, G. Korrelate mit der Lebenszufriedenheit, Glueck und Wohlbefinden in Oesterreich und Paper presented on: 13th World Congress of Sociology (Correlates of satisfaction, happiness and well-being in Austria and Slovenia)		
<i>Population:</i>	Adults, general public, Slovenia, 1994		
<i>Sample:</i>	Probability multi-stage cluster sample		
<i>Non-Response:</i>	not reported		
<i>N:</i>	1998		

Measured Correlate

Class: Self-perceived ability Code: S 2.2.1

Measurement: 3 questions:
 1. Installing and handling modern machines
 2. using a computer
 3. Programming a machine or a computer
 Each rated on a 5-step scale:
 very easy.....very difficult

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/c/sq/v/5/c	r=-.16	question 1... handling machines.....
	r=-.19	question 2
	r=-.12	question 3
O-HL/c/sq/v/5/d	r=-.2	question 2... using computer.....
	r=-.09	question 3.... programming.....
O-SLW/u/sq/v/5/d	r=-.17	question 2

Study	OGRI 1994/1	Page in Report:	6
<i>Reported in:</i>	Ogris, G. Korrelate mit der Lebenszufriedenheit, Glueck und Wohlbefinden in Oesterreich und Paper presented on: 13th World Congress of Sociology (Correlates of satisfaction, happiness and well-being in Austria and Slovenia)		
<i>Population:</i>	Adults, general public, Slovenia, 1994		
<i>Sample:</i>	Probability multi-stage cluster sample		
<i>Non-Response:</i>	not reported		
<i>N:</i>	1998		

Measured Correlate

Class: Self-perceived ability Code: S 2.2.1

Measurement: 6 questions on difficulties with
 1. stimulating motivating others
 2. working in a team
 3. coordinating and leading a team
 4. learning and self-education
 5. using a foreign language
 6. planning or developing a concept
 Each rated on a 5-step scale:
 very easy.....very difficult

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/c/sq/v/5/c	r=-.2	question 1
	r=-.18	question 2
	r=-.14	question 3
	r=-.22	question 4
	r=-.18	question 5
	r=-.23	question 6
O-HL/c/sq/v/5/d	r=-.14	question 1.... difficult motivating others...
	r=-.17	question 2.... difficult team.....
	r=-.13	question 3.... difficult leading.....
	r=-.18	question 4.... difficult learning.....

	r=-.19	questi on 5....difficult with foreign language.....
	r=-.15	questi on 6....difficult planning concept.....
O-SLW/u/sq/v/5/d	r=-.16	questi on 1
	r=-.18	questi on 2
	r=-.15	questi on3
	r=-.16	questi on 4
	r=-.13	questi on 5
	r=-.16	questi on 6

Study	OGRI 1994/2	Page in Report:	5
<i>Reported in:</i>	Ogris,G. Korrelate mit der Lebenszufriedenheit,Glueck und Wohlbefinden in Oesterreich und Paper presented on:13th World Congress of Sociology Bielefeld Germany (Correlates on life satisfaction, happiness and well-being in Austria and Slovenia)		
<i>Population:</i>	Adult, general public, Austria 1994		
<i>Sample:</i>	Probability multi-stage cluster sample		
<i>Non-Response:</i>	not reported		
<i>N:</i>	1998		

Measured Correlate

Class: Self-perceived ability Code: S 2.2.1

Measurement: 3 questions on:
1 Installing and handling modern
machines
2 Using a computer
3 Programming a machine or a computer

Each rated on a 5 step scale

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/c/sq/v/5/c	r=-.2	question 1
	r=-.21	question 2
	r=-.16	question 3
O-HL/c/sq/v/5/d	r=-.13	question 1
	r=-.14	question 2
	r=-.1	question 3... programming...
O-SLW/u/sq/v/5/d	r=-.08	question 1... handling machines...
	r=-.08	question 2... using computer

Study	OGRI 1994/2	Page in Report:	6
<i>Reported in:</i>	Ogris,G. Korrelate mit der Lebenszufriedenheit,Glueck und Wohlbefinden in Oesterreich und Paper presented on:13th World Congress of Sociology Bielefeld Germany (Correlates on life satisfaction, happiness and well-being in Austria and Slovenia)		
<i>Population:</i>	Adult, general public, Austria 1994		
<i>Sample:</i>	Probability multi-stage cluster sample		
<i>Non-Response:</i>	not reported		
<i>N:</i>	1998		

Measured Correlate

Class: Self-perceived ability Code: S 2.2.1

Measurement: 6 questions on:
Difficulties with:
1. Stimulating and motivating others
2. Working in a team
3. Coordinating and leading a team
4. Learning and self-education
5. Using a foreign language
6. Planning or developing a concept

Each rated on a 5-step scale:
very easy. very difficult

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/c/sq/v/5/c	r=-.2	question 1
	r=-.21	question 2
	r=-.19	question 3
	r=-.23	question 4..
	r=-.19	question 5
	r=-.2	question 6
O-HL/c/sq/v/5/d	r=-.16	question 1
	r=-.15	question 2
	r=-.14	question 3

	r=-.14	questi on 4
	r=-.11	questi on 5
	r=-.12	questi on 6
O-SLW/u/sq/v/5/d	r=-.13	questi on 1. . . . di ffi cul t moti vati ng others. . .
	r=-.12	questi on 2. di ffi cul t team
	r=-.13	qusti on3. . di ffi cul ty leadi ng. . . .
	r=-.11	questi on 4. . . di ffi cul ty learni ng. . . .
	r=-.08	questi on 5. . . . forei gh language.
	r=-.1	questi on 6. pl anni ng concept. . . .

Study	SONDE 1975	<i>Page in Report:</i>
<i>Reported in:</i>	Sondermeijer, B. Health correlates of happiness Unpublished report, 1975, Rotterdam.	
<i>Population:</i>	40-60 aged male employees, Rotterdam, The Netherlands, 197?	
<i>Sample:</i>		
<i>Non-Response:</i>	5%	
<i>N:</i>	13,000	

Measured Correlate

Class: Self-perceived ability Code: S 2.2.1

Measurement: Single direct question:
0 No
1 Yes

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
M-FH/g/sq/v/2/a	G=-.74 p<.000	
	G=-.74 p<.000	

Study	STAPE 1987	<i>Page in Report:</i>	4/7
<i>Reported in:</i>	Stapel, J. Kundigheden en geluk (Abilities and happiness) Unpublished paper NIPO, Institute for Public Opinion Research, (NIPO) Amsterdam, The Netherlands, 1987		
<i>Population:</i>	18+ aged, general public, non-institutionalized, The Netherlands, 1987		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	825		

Measured Correlate

<i>Class:</i>	Self-perceived ability Code: S 2.2.1
<i>Measurement:</i>	Single closed question on 45 specific abilities (from arithmetic to swimming): "For all things I'll mention, can you tell me to what extent you are able to do them?", rated on a 3-point scale ranging from (1) This I am able to do really good (2) No, I am not able to do this (good), but I would like that I was able to do it really good (3) I am not able to do this (good) and I am also not interested in it.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	The following 11 abilities discriminate most between happy and unhappy respondents:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
M-FH/u/sq/v/3/a	G=+.27 p<.01	The following 11 abilities discriminate most between happy and unhappy respondents: The following abilities discriminate most between happy and unhappy respondents: Interact with people:
	G=+.27 p<.01	Interact with people:
	G=+.37 p<.01	Organize things:
	G=+.37 p<.01	Organize things:
	G=+.23 p<.01	Be a leader
	G=+.23 p<.01	Be a leader
	G=+.13 p<.01	Give a speech:
	G=+.13 p<.01	Give a speech:
	G=+.27 p<.01	Algebra:
	G=+.27 p<.01	Algebra:

G=+.30	p<.01	Drive a car:
G=+.30	p<.01	Drive a car:
G=+.27	p<.01	Bookkeeping:
G=+.27	p<.01	Bookkeeping:
G=+.23	p<.01	Play checkers:
G=+.23	p<.01	Play checkers:
G=+.02	ns	Make pictures:
G=+.02	ns	Make pictures:
G=+.16	p<.01	Skating:
G=	p<.01	Skating:
G=	p<.01	

Study	WEBB 1915/1	<i>Page in Report:</i>	26
<i>Reported in:</i>	Webb, E. Character and intelligence. An attempt at an exact study of character. London, 1915, Cambridge University Press.		
<i>Population:</i>	Male college students, England, 1912		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	194		

Measured Correlate

<i>Class:</i>	Self-perceived ability Code: S 2.2.1
<i>Measurement:</i>	Trained-peer rating on a 7-point scale on the basis of observation during 6 months.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-CP/g/rdp/ro/7/a	r=+.11	

Study	WESSM 1966/2	<i>Page in Report:</i>	120
<i>Reported in:</i>	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
<i>Population:</i>	Male college students, followed 3 years, Harvard University, USA, 1957-60		
<i>Sample:</i>			
<i>Non-Response:</i>	37%: 9 dropouts, incomplete; about the same happiness distribution.		
<i>N:</i>	17		

Measured Correlate

<i>Class:</i>	Self-perceived ability Code: S 2.2.1
<i>Measurement:</i>	Score from told stories to the standard Thematic Appreciation Test cards (see Murray, 1943), indicative of feeling or being helpless, feeling weak or ineffectual, being dominated, dependent.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-ARE/rd/sqr/v/10/	r=-.56	p<.05

Study	HARDE 1969	Page in Report:	50
<i>Reported in:</i>	Harder, J.M. Self-actualization, mood, and personality adjustment in married women. Unpublished doctoral dissertation, 1969, Teachers College, Columbia University, USA		
<i>Population:</i>	Married females, USA, 196?		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	62		

Measured Correlate

<i>Class:</i>	Self-perceived maturity Code: S 2.2.2
<i>Measurement:</i>	Rating by judges, using a form listing 15 qualities drawn from Maslow's (1954) description of the characteristics of the self-actualizing person.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/cy/sq/v/10/a	r=+.28	p<.05

Study	LUDWI 1971	Page in Report:	64/207
<i>Reported in:</i>	Ludwig, L.D. Elation-Depression and skill as determinants of desire for excitement. Unpublished doctoral dissertation, 1971, University of Wisconsin, USA.		
<i>Population:</i>	Female students, undergraduates, University of Wisconsin, USA, 197?		
<i>Sample:</i>			
<i>Non-Response:</i>	81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re		
<i>N:</i>	72		

Measured Correlate

<i>Class:</i>	Self-perceived maturity Code: S 2.2.2
<i>Measurement:</i>	2-item index of direct questions on creativity and personali ty maturi ty compared wi th others.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/u/mq/v/10/a	AoV=+ ns	Ss answered these questions at the end of an experimental situation in which their self-esteem was experimentally altered. This was done by means of a false personali ty report dealing wi th the subject's creativity, maturi ty and other thi ngs. Sel f-percei ved creati vi ty: $r = +.05$ (ns) Sel f-percei ved maturi ty : $r = +.17$ (ns) - For happy Ss sel f-percei ved creati vi ty and maturi ty is unaffected by bolstered sel f-esteem and decreased by reduced sel f-esteem. - For unhappy Ss it is increased by bolstered sel f-esteem and unaffected by reduced sel f-esteem.

Study	SCHUL 1985B	Page in Report:	48,T28
<i>Reported in:</i>	Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H. Lebensqualität in Österreich (Quality-of-life in Austria) Research paper nr 10/1, Institut für Soziologie, University of Vienna, Austria 1985		
<i>Population:</i>	Adults, non-institutionalized, Austria, 1984		
<i>Sample:</i>			
<i>Non-Response:</i>	?		
<i>N:</i>	1776		

Measured Correlate

<i>Class:</i>	Self-perceived preferences Code: S 2.2.4
<i>Measurement:</i>	Direct question on self perceived intellectual and cultural development by means of reading books, and attending movies and theatres. Rated on a 3-point scale.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-QL?/c/mq/v/5/a	r=+.17	

Study	VEROF 1962	Page in Report:	196
<i>Reported in:</i>	Veroff, J., Feld, S. & Gurin, G. Dimensions of subjective adjustment. Journal of Abnormal and Social Psychology, 1962, vol. 64, p. 192 - 205.		
<i>Population:</i>	21+ aged, married, with children, USA, 1957		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	797		

Measured Correlate

Class: Self-perceived uniqueness Code: S 2.2.5

Measurement: Open-ended question on differences from most other people: sees no difference with others vs mentions differences.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-HL/u/sq/v/3/a	tb= + ns	Males : $\beta = +.07$ (ns) Females : $\beta = +.02$ (ns)

Study	ZAUTR 1977	Page in Report:	88-93
Reported in:	Zautra, A., Beier, E. and Cappel, L. The dimensions of life quality in a community American Journal of Community Psychology, 1977, vol.5, no.1, page 85-97		
Population:	18+ aged, general public, Salt Lake County, USA, 197?		
Sample:			
Non-Response:	15%		
N:	454		

Measured Correlate

Class: Self-perceived usefulness Code: S 2.2.6

Measurement: Factor loading on:
 -Personal growth
 -Household responsibility
 respondent score depended on whether or not he mentioned these items in response to the open-ended question "What are some of the responsibilities you have at home, at work, and elsewhere?"
 -Self-worth
 "How easily could you be replaced in the responsibilities you mentioned?"
 This question was answered along a 1-5 rating scale.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SLW/u/sqt/v/7/a	r=	ns

Study	ZAUTR 1977	Page in Report:	91-93
Reported in:	Zautra, A., Beier, E. and Cappel, L. The dimensions of life quality in a community American Journal of Community Psychology, 1977, vol.5, no.1, page 85-97		
Population:	18+ aged, general public, Salt Lake County, USA, 197?		
Sample:			
Non-Response:	15%		
N:	454		

Measured Correlate

Class: Self-perceived usefulness Code: S 2.2.6

Measurement: Factor loading on:
 -Self-reliant resources: respondent score depended on whether or not he mentioned "oneself" on the open-ended question "What are some of the things that keep you going, that get you through the bad days?"
 -Household responsibilities: respondent score depended on whether or not he mentioned "household" on the open-ended question "What are some of the responsibilities you have at home, at work, and elsewhere?".
 -Self-worth: "How easily could you be replaced in the activities you mentioned?". This question was answered along a 5 point scale.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SLW/u/sqt/v/7/a	r=	ns

Study	MATLI 1979	<i>Page in Report:</i>	412
<i>Reported in:</i>	Matlin M.W.& Gavron V.J. Individual Differences in Pollyannaism Journal of Personality Assesment, 1979, Vol.43, p411-412		
<i>Population:</i>	University students white, middle-class, State University of New-York, USA, 197?		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	133		

Measured Correlate

<i>Class:</i>	Self-perceived happy nature Code: S 2.2.7
<i>Measurement:</i>	Self rating on 20 personal i ty characteristics i ndicati ve of tendency to take a rosy view
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-BW/c/sq/l/11/a	r=+.40 p<.s	

Study	MATLI 1979	<i>Page in Report:</i>	412
<i>Reported in:</i>	Matlin M.W. & Gavron V.J. Individual Differences in Pollyannaism Journal of Personality Assesment, 1979, Vol.43, p411-412		
<i>Population:</i>	University students white, middle-class, State University of New-York, USA, 197?		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	133		

Measured Correlate

<i>Class:</i>	Self-perceived happy nature Code: S 2.2.7
<i>Measurement:</i>	Self rating on 20 personal i ty characteristics i ndicati ve of tendency to take a rosy view
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-H?/?/sq?/0/a	r=+.49	p<.s

Study	WESSM 1956	<i>Page in Report:</i>	219
<i>Reported in:</i>	Wessman, A.E. A psychological inquiry into satisfaction and happiness Unpublished doctoral dissertation, 1956, Princeton University, U.S.A.		
<i>Population:</i>	21+ aged, general public, non-institutionalized, USA, 1946		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	2377		

Measured Correlate

Class: Self-perceived happy nature Code: S 2.2.7

Measurement: Closed question: "Would you say that by nature you are a happy person?"
0 no
1 Yes

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-HL/g/sq/v/3/c	G=+.76 p<.01	90% affirmative answers

Study	WESSM 1960	Page in Report:	123
Reported in:	Wessman, A.E., Ricks, D.F. & McIlvaine Tyl, M. Characteristics and concomitants of mood fluctuation in college women. Journal of Abnormal and Social Psychology, 1960, vol. 60, p. 117-126.		
Population:	Female college students, followed 6 weeks, Radcliffe, USA, 1957		
Sample:			
Non-Response:	44% dropouts		
N:	14		

Measured Correlate

Class: Current self-ideal Code: S 2.3

Measurement: Content analysis of a 45-item Q sort, filled out both in extremely high and in extremely low moods for ideal-concept ('the picture of yourself as the kind of person you have hoped to become and have fancied yourself to be').

- Primarily concerned with work

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	r= - p<.05	<p>See also under 'Content of real self-image' S 2.2).</p> <p>The group of Ss was divided in two according to their mean 'daily average mood'. The Q sort description provided by the seven relatively more happy girls were compared with those of the seven relatively less happy girls. Only significant discrepancies between the descriptions of both groups were presented.</p> <p>In elation the unhappy girls place a high value on work, while the happy girls tend to place a higher value on friendliness and consideration for others. In depression both the happy and unhappy girls value work more than in elation, but this is more extreme for the unhappy girls. For these girls concern with work in depression took the form of more exclusive concern with intellectual creativity</p>

and achievement, while the happy girls in depression place a higher value on the inherent satisfactions in learning, and are more concerned with discovering what they want out of life.

Study	WESSM 1966/2	Page in Report:	111-112
Reported in:	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
Population:	Male college students, followed 3 years, Harvard University, USA, 1957-60		
Sample:			
Non-Response:	37%: 9 dropouts, incomplete; about the same happiness distribution.		
N:	17		

Measured Correlate

Class:	Current self-ideal Code: S 2.3
Measurement:	Content analysis of a 60-item Q sort, filled out both in very elated and in very depressed moods for ideal-concept ('the picture of the sort of person you have hoped to become or fancied yourself to be').
Measured Values:	
Error Estimates:	
Remarks:	See also under 'Content of real self-image' S 2.2.1). The group of Ss was divided in two according to their mean 'daily average mood' (AFF 3.1). The Q sort description provided by the nine relatively happy men were compared with those of the eight relatively unhappy men. Only significant discrepancies between the descriptions of both groups were presented.

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	r = - p < .05	1. Primarily concerned with efficient work and ambition. See also under 'Content of real self-image' In general the 21 happy men value nothing but efficient work and ambition, especially in their depressed moods. The group of Ss was divided in two according to their mean 'daily average mood' (AFF 3.1). The happier men value their mean 'daily average mood' (AFF 3.1) as much as the Q sort description provided by the nine relatively happy men were compared with those of they reject the eight relatively unhappy men of time

and failure to only significant discrepancies between the descriptions of both groups were presented.

Study	VENTE 1995	Page in Report:	278
<i>Reported in:</i>	Ventegodt, S. Livskvalitet i Danmark.(Quality of Life in Denmark) Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017		
<i>Population:</i>	18-88 aged, general public, Denmark, 1993		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	1494		

Measured Correlate

<i>Class:</i>	Current self-evaluation	Code: S 2.4
<i>Measurement:</i>	Single question: " Do you feel sexually attractive ?"	
	1: no	
	2: not sure	
	3: yes	
<i>Measured Values:</i>	N: 1:254, 2:673, 3:440	
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.15 p<.00	1: Mt=7.20 2: Mt=7.76 3: Mt=8.10 All Mt=7.76
O-HL/c/sq/v/5/h	r=+.16 p<.00	1: Mt=6.58 2: Mt=6.81 3: Mt=7.40 All Mt=6.96
O-SLu/c/sq/v/5/e	r=+.13 p<.00	1: Mt=7.09 2: Mt=7.35 3: Mt=7.81 All Mt=7.45

Study	VENTE 1996	Page in Report:	292
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068		
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	4500		

Measured Correlate

<i>Class:</i>	Current self-evaluation	Code: S 2.4
<i>Measurement:</i>	Single question: "Do you feel sexually attractive?"	
	1: No	
	2: Not sure	
	3: Yes	
<i>Measured Values:</i>	N: All:4514; 1:549; 2:2003; 3:1962	
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.18 p<.00	1: Mt=6. 99 2: Mt=7. 59 3: Mt=8. 13
O-HL/c/sq/v/5/h	r=+.17 p<.00	1: Mt=6. 36 2: Mt=6. 85 3: Mt=7. 39
O-SLu/c/sq/v/5/e	r=+.18 p<.00	1: Mt=6. 64 2: Mt=7. 25 3: Mt=7. 83

Study	CANTR 1965/1	<i>Page in Report:</i>	263
<i>Reported in:</i>	Cantril, H. The pattern of human concerns. New Brunswick, Rutgers University Press, New Jersey, 1965		
<i>Population:</i>	Adults, general public, 14 countries ±1960		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	18,653 (See "Remarks")		

Measured Correlate

Class: Concern about character Code: S 2.4.1

Measurement: Content analysis of responses on open-ended question on personal worries and fears for the future. Responses rated as concerning emotional instability and immaturity; become anti-social; no self-development or improvement; not to be accepted by others; no sense of personal worth; be a person without character; etc.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
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O-BW/c/sq/l/11/a G=+.17 p<.01

Study	WESSM 1956	Page in Report:	213
<i>Reported in:</i>	Wessman, A.E. A psychological inquiry into satisfaction and happiness Unpublished doctoral dissertation, 1956, Princeton University, U.S.A.		
<i>Population:</i>	21+ aged, general public, non-institutionalized, USA, 1946		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	2377		

Measured Correlate

Class: Concern about character Code: S 2.4.1

Measurement: Open-ended question on most important worry:
0 Other worries
1 Worry mentioned

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-HL/g/sq/v/3/c	G=-.05 ns	Computed for those who have worries only (N = 2040)

Study	WESSM 1956	Page in Report:	211
<i>Reported in:</i>	Wessman, A.E. A psychological inquiry into satisfaction and happiness Unpublished doctoral dissertation, 1956, Princeton University, U.S.A.		
<i>Population:</i>	21+ aged, general public, non-institutionalized, USA, 1946		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	2377		

Measured Correlate

Class: Concern about character Code: S 2.4.1

Measurement: Open-ended question on desired personal changes
0 Changes other changes
1 Change mentioned

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-HL/g/sq/v/3/c	G=+.12 p<.05	Computed for those who desire to change only (N= 1591)

Study	ABE 1986	Page in Report:	261
<i>Reported in:</i>	Abe,T & Moritsuka,T A case-control study on climacteric symptoms and complaints of Japanese women Maturitas 1986, vol 8, p 255-265		
<i>Population:</i>	Women in menopause patient and controls, Miyagi, North-east Japan, 1981-82.		
<i>Sample:</i>	Non-probability chunk sample		
<i>Non-Response:</i>	20 % (cases 21%,controls 19%)		
<i>N:</i>	Patients:216 Controls:216		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: Single direct question

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SL?/c/sq/v/3/a	DM=	p<.004

Study	ABE 1986	<i>Page in Report:</i>	261
<i>Reported in:</i>	Abe,T & Moritsuka,T A case-control study on climacteric symptoms and complaints of Japanese women Maturitas 1986, vol 8, p 255-265		
<i>Population:</i>	Women in menopause patient and controls, Miyagi, North-east Japan, 1981-82.		
<i>Sample:</i>	Non-probability chunk sample		
<i>Non-Response:</i>	20 % (cases 21%,controls 19%)		
<i>N:</i>	Patients:216 Controls:216		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: Single direct question

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Study	BACHM 1970	<i>Page in Report:</i>	122
<i>Reported in:</i>	Bachman, J.G./Kahn, R.L./Mednick, M./Davidson, T.N. Youth in transition. Vol.II: The impact of family background on intelligence in 10th-Ann Arbor, Michigan, 1970, Institute for Social Research.		
<i>Population:</i>	Public highschool boys followed 3 years from grade 10, USA, 1966-69		
<i>Sample:</i>			
<i>Non-Response:</i>	2.8% incomplete information in 1966		
<i>N:</i>	T1:2213, T2: 1886, T3: 1799		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: 10-item index of closed questions on being worthwhile as a person, having good qualities, being as able as others, not proud of oneself, positive attitude towards oneself, feeling not good at all, a useful guy, can't do anything right, do a job well, not very useful life (item from Self-Esteem Indices from Rosenberg, 1965; and Cobb et al., 1966).

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-HP/g/mq/v/5/a	r=+.54 p<.001	Both variables assessed at T1.

Study	BACHM 1978*	Page in Report:
Reported in:	Bachman, J. G., O'Malley, P. M., Johnston, J. Youth in transition, vol. VI: Adolescence to adulthood, change and stability in the Institute for Social Research, University of Michigan, Ann Arbor, Michigan, 1978	
Population:	Public highschool boys followed 8 years from grade 10, USA, 1966-74	
Sample:		
Non-Response:	2.8% at T1, 17.2% at T2, 21.0% at T3, 28.9% at T4, 28.5% at T5	
N:	t1 - T5: 2213/1886/1799/ 1620/1628	

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: 10-item index at T1, T2, T3, T4 and T5 of closed questions on being worthwhile as a person, having good qualities, being as able as others, not being proud of oneself, having a positive attitude towards oneself, feeling no good at all, being a useful guy, feeling one can't do anything right, doing a job well, having a not very useful life (items from Rosenberg, 1965, and Cobb, 1966)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks																														
O-HP/g/mq/v/5/a	tau=+ p<.001	<p>Self-esteem</p> <table> <thead> <tr> <th>Happiness</th> <th>T1</th> <th>T2</th> <th>T3</th> <th>T4</th> <th>T5</th> </tr> </thead> <tbody> <tr> <td>T1</td> <td>— = +.57</td> <td>+.38</td> <td>+.34</td> <td>+.33</td> <td>+.22</td> </tr> <tr> <td>T2</td> <td>— = +.37</td> <td>+.58</td> <td>+.44</td> <td>+.40</td> <td>+.28</td> </tr> <tr> <td>T3</td> <td>— = +.31</td> <td>+.43</td> <td>+.61</td> <td>+.46</td> <td>+.30</td> </tr> <tr> <td>T4</td> <td>— = +.29</td> <td>+.38</td> <td>+.44</td> <td>+.60</td> <td>+.33</td> </tr> </tbody> </table> <p>All significant (001) T1: 1966, T2: 1968, T3: 1969, T4: 1970, T5: 1974</p>	Happiness	T1	T2	T3	T4	T5	T1	— = +.57	+.38	+.34	+.33	+.22	T2	— = +.37	+.58	+.44	+.40	+.28	T3	— = +.31	+.43	+.61	+.46	+.30	T4	— = +.29	+.38	+.44	+.60	+.33
Happiness	T1	T2	T3	T4	T5																											
T1	— = +.57	+.38	+.34	+.33	+.22																											
T2	— = +.37	+.58	+.44	+.40	+.28																											
T3	— = +.31	+.43	+.61	+.46	+.30																											
T4	— = +.29	+.38	+.44	+.60	+.33																											

Study	BALAT 1993	Page in Report:	235
<i>Reported in:</i>	Balatsky, G. & Diener, E. Subjective well-being among Russian students. Social Indicators Research 1993, Vol 28, pp 225-243.		
<i>Population:</i>	Students, Moscow and Glazov (Ural), Russia, 1990		
<i>Sample:</i>	Non-probability chunk sample		
<i>Non-Response:</i>	not reported		
<i>N:</i>	116		

Measured Correlate

<i>Class:</i>	Evaluation of self-as-a-whole	Code: S 2.4.2
<i>Measurement:</i>	Single question: "How do you feel about your self esteem right now?".	
	Rated on 7-point scale from:	
	1. Terrible..... to	
	.	
	.	
	7. Delighted.	
<i>Measured Values:</i>	M= 4.30; SD 1.48	
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/b	r=+.11	ns
O-DT/u/sq/v/7/a	r=+.21	p two-tailed

Study	BALAT 1993	<i>Page in Report:</i>	233
<i>Reported in:</i>	Balatsky, G. & Diener, E. Subjective well-being among Russian students. Social Indicators Research 1993, Vol 28, pp 225-243.		
<i>Population:</i>	Students, Moscow and Glazov (Ural), Russia, 1990		
<i>Sample:</i>	Non-probability chunk sample		
<i>Non-Response:</i>	not reported		
<i>N:</i>	116		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2
Measurement: Rosenberg scale
Measured Values: M= 38.16; SD= 7.4
Error Estimates:
Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-DT/c/sq/v/7/b	r=+.29 p<.01	p two tailed
O-DT/u/sq/v/7/a	r=+.36 p<.01	p two-tailed.

Study	BRENN 1970	Page in Report:	94/141/154
Reported in:	Brenner, B. Social factors in mental well-being at adolescence. Doctoral dissertation, 1970, The American University, Washington D.C., USA		
Population:	Highschool pupils, New York State, USA, 1960		
Sample:			
Non-Response:	1%		
N:	5204		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: 10-item index (Guttman scale) of agree/disagree statements on feeling to be a person of worth, having a number of good qualities, feeling to be a failure, being able to do things as well as most other people, not having much to be proud of, positive attitude towards oneself, satisfaction with oneself, lack of self-respect, feeling useless at times, being no good at all (Rosenberg Self-Esteem Scale; see Rosenberg, 1965).

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/g/sq/v/5/a	G=+.36	
	V= .19 p< .01	
O-HL/u/sq/v/4/b	G=+.42	After control for: - participation in extracurricular activities : Gs = +.41 - social class : Gs = +.42
		Stronger in lower class : G = +.48 After control for participation in extracurricular activities : Gs = +.42 Lower in middle and upper class : G = +.42 After control for participation in extracurricular activities : Gs = +.40
	V= .20 p< .01	

Study	DOBSO 1985	<i>Page in Report:</i>	135
<i>Reported in:</i>	Dobson, C. Attitudes and Perceptions Powers, E.A., Goudy, W.J. & Klein, P.M. (eds), Later life Transitions: Older Males in America. Kluwer, 1985, Dordrecht		
<i>Population:</i>	50+ aged males, fulltime employed, followed ten years, Iowa, USA, 1964-74		
<i>Sample:</i>			
<i>Non-Response:</i>	T1 refusals: 8% T1-T2 drop-out: 29%, of which 20% deceased		
<i>N:</i>	T1: 1870, T2: 1319		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: 10 item index
(Rosenberg 1965)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
M-CO/h/sq/v/4/a	r=+.24 p<.001 T1	
	r=+.31 p<.001 T2	

Study	DOSCH 1979	<i>Page in Report:</i>	81
<i>Reported in:</i>	Dosch, M. Child Abuse: A comparison of physical abusers, sexual abusers, and non-abusers on Unpublished Ph.D. dissertation, University of Oregon, USA, 1979		
<i>Population:</i>	Parents, abusing and non-abusing, Oregon, USA, 1979?		
<i>Sample:</i>			
<i>Non-Response:</i>	234 questionn. given to case- workers, 76 actually sent out		
<i>N:</i>	34 (17 child- abusers and 17 non-abusers)		

Measured Correlate

<i>Class:</i>	Evaluation of self-as-a-whole	Code: S 2.4.2
<i>Measurement:</i>	Ten-item Self-Esteem Scale	(Rosenberg, 1965)
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-HL/c/sq/v/3/aa	G=+	No difference between child-abusers and non-abusers

Study	LEWIS 1972	Page in Report:	67-69
<i>Reported in:</i>	Lewis, M.A. Actual and perceived age differences in self-concept and psychological well-being for Unpublished doctoral dissertation, 1972, Syracuse UniversityNew York, USA.		
<i>Population:</i>	24-75 aged Catholic sisters, Eastern USA. 197?		
<i>Sample:</i>			
<i>Non-Response:</i>	34%		
<i>N:</i>	183		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: 21 bi pol ar adj ecti ve 7-poi nt scal es (semanti c di fferenti al scal es;
see Monge, 1971).
The scal es were scored for 'Mysel f - as I really am most of the
ti me' .

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	T ² =+ p<.01	Four pri nci pal sel f-concept components were extracted: Achi evement / Leadership, Congeni al i ty / Soci abi l i ty, Psychol ogical adj ustment and Physi cal adj ustment. Onl y Psychol ogical adj ustment appeared to be related to the Affect Balance Score (see al so 'Content or real sel f i mage'; S 2.2.1).

Study	MICHA 1980	Page in Report:	399
<i>Reported in:</i>	Michalos, A.C. Satisfaction and Happiness Social Indicators Research, Vol 8, 1980, 385-422		
<i>Population:</i>	University staff members, Guelph Canada, 1979		
<i>Sample:</i>			
<i>Non-Response:</i>	59%		
<i>N:</i>	357		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: Closed question rated on a 7-point scale.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/aa	r=+.45 p<.01	<p>Controlled for 1 β = +.17 (01) Controlled for 1+2 β = +.14 (01) Controlled for 1+3 β = +.15 (01) Controlled for 1+2+3 β = +.13 (05) Controlled for 1 β = +.13 Controlled for 1+3+4 β = +.11</p> <p>1= Satisfaction with health, financial security, family life, friendships, housing, job, free time activity, education, area you live in, ability to get around, security from crime. 2= Global happiness(indicator 2, HAPP 1.1) 3= Demographic factors (sex, age, marital status, education, family income) 4= Workstatus.</p>
O-HL/u/sq/v/7/a	r=+.36 p<.01	<p>Controlled for 1 β = +.07 Controlled for 1+3 β = +.07</p> <p>1= Satisfaction with health, financial security, family life, friendships, housing, job, free time activity, education, area you live in, ability to get around, security from crime. 3= Demographic factors (sex, age, marital status, education, family income)</p>

Study	MICHA 1982	Page in Report:	24
Reported in:	Michalos, A.C. The satisfaction and happiness of some senior citizens in rural Ontario Social Indicators Research, Vol 11, 1982, p.1-30		
Population:	60+ aged, rural townships, Southern Huron County, Ontario, Canada, 1982		
Sample:			
Non-Response:	37%		
N:	392		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: Closed question on how the persons feels about himself, rated on a 7-point scale.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/aa	Beta=+.1	All β 's controlled for satisfaction with family life, friendships, financial security, spouse, health, transportation, recreation, housing, religion, area you live in, government services; and for sex, age, formal education. Males: N: 149 β : +.30 Females: N: 121 β : +.07 Farmer: N: 130 β : +.14 Non-farmer: N: 141 β : +.22 Aged 60-74 N: 170 β : +.18 Aged 75-up N: 102 β : +.14
O-HL/u/sq/v/7/a	Beta=+.0	All β 's are controlled for satisfaction with family life, friendships, financial security, spouse, health, transportation, recreation, housing, religion, area you live in, government services; and for sex, age and education. Males N: 149 β : +.13 Females N: 121 β : +.04 Farmers N: 130 β : +.09 Non-farmers N: 141 β : +.04 Age 60-74 N: 170 β : +.07 Age 75-up N: 102 β : +.06

Study	MICHA 1983	Page in Report:	233
Reported in:	Michalos,A.C. Satisfaction and happiness in a rural northern resource community Social Indicators Research, 1983, vol.13, p.225-252		
Population:	18+ aged, rural community, N.Ontario, Canada, 1982		
Sample:			
Non-Response:	8%		
N:	598		

Measured Correlate

Class:	Evaluation of self-as-a-whole Code: S 2.4.2
Measurement:	Closed question on how the person feels about himself, rated on a 7-point scale
Measured Values:	
Error Estimates:	
Remarks:	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/aa	Beta=+.1	All B's controlled for satisfaction with health, financial security, family relations, paid employment, friendships, housing, area you live in, recreation activity, religion, transportation, government services, and for the demographic factors: sex, age, formal education, language, work status, marital status, time in area. Males : N: 173 B: +.16 Females: N: 154 B: +.20
O-HL/u/sq/v/7/a	Beta=+.1	All B's controlled for satisfaction with health, financial security, family relations, paid employment, friendships, housing, area you live in, recreation activity, religion, transportation, government services; and for sex, age, formal education, language, work status, marital status, time in area. Males : N: 173 B: +.12 Females: N: 154 B: +.16

Study	MICHA 1985	Page in Report:	365
Reported in:	Michalos, A.C. Multiple Discrepancies Theory Social Indicators Research vol 16 (1985) p.347-413		
Population:	Students undergraduates University of Guelph, Canada, 1984		
Sample:			
Non-Response:	18%		
N:	700		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: Closed question on how the person feels about himself, rated on a 7 point scale. 1: terrible... 7: delightful.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/aa	Beta=+.3 p<.01	Mal es N: 140 $\beta=+.34$ (01) N: 149 $\beta=+.29$ (01) β 's controlled for satisfaction with: health, financial security, family relations, paid employment, friends, housing, recreation, religion and education.
	Beta=+.2 p<.01	β controlled for: - life compared with wants - life compared with others - life compared with that deserved - life compared with best previous experience - social support
O-HL/u/sq/v/7/a	Beta=+.2 p<.01	Mal es N: 140 $\beta=+.29$ (01) Femal es N: 149 $\beta=+.25$ (01) β 's controlled for satisfaction with: health, family relations, paid employment, friends and education

Beta=+.1 p<.01

β controlled for:

- life compared with wants
- life compared with others
- life compared with that deserved
- life compared with best previous experience
- social support
- work status

Study	MICHA 1986	Page in Report:	360
Reported in:	Michalos, A. C. An application of Multiple Discrepancies Theory to seniors Social Indicators Research, vol. 18 (1986), p. 349-373		
Population:	60+ aged, rural districts, Canada, 1984		
Sample:			
Non-Response:	47%		
N:	457		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: Closed question on how the person feels about himself, rated on a 7-point scale. 1: terrible.. 7: delightful.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/aa	Beta=+.1 p<.01 Beta=+.2 p<.01	β controlled for satisfaction with: health, financial security, friends, housing, spouse. Mal es

Study	NEUGA 1961	Page in Report:	139
<i>Reported in:</i>	Neugarten, B.L., Havighurst, R.J. & Tobin, S.S. The measurement of life satisfaction. Journal of Gerontology, 1961, vol. 16, p. 134-143.		
<i>Population:</i>	50+ aged, whites followed 2,5 years, Kansas City, USA., 196?		
<i>Sample:</i>			
<i>Non-Response:</i>	Panel group: 16% refusal; 26% dropout after 4 interviews. Quasi panel: 17% dr.		
<i>N:</i>	177 (after 4 interviews)		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: Content analysis of interview records by 2 independent judges
(component of Life Satisfaction Rating LSR, Neugarten et al 1961)

5-point scale:

5. Feels at his best. Thinks of self as wise, mellow; physically able or attractive; feels important to others.
4. Feels more fortunate than the average. Is sure he can meet the exigencies of life. Compensates well for any difficulty of health. Feels in control of self in relation to the situation.
3. Sees self as competent in at least one area, e.g., work; but has doubts about self in other areas. Acknowledges loss of youthful vigor, but accepts it. Reports health better than average.
2. Feels that other people look down on him. Is defensive about what the years are doing to him.
1. Feels old. Feels in the way, or worthless. Makes self-disparaging remarks.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
C-RG/h/fi/v/6/a	$r=+.73$	
M-FH/c/fi/v/5/a	$r=+.82$	

Study	PAYNE 1974	Page in Report:	17
<i>Reported in:</i>	Payne, R.L. N.M. Bradburn's measures of psychological well-being: an attempt at replication. Memo No: 61, MRC Social and Applied Psychology. Unit, Dpt.ofPsychology University of Sheffield, England, 1974.		
<i>Population:</i>	Employed males, supervising jobs, England, 197?		
<i>Sample:</i>			
<i>Non-Response:</i>	4% incomplete.		
<i>N:</i>	192		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: 11-item index of 9-point Likert scales containing being honest, confident, etc.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/5/a	G=+	Index of Positive Affects: G = +.09 Index of Negative Affects: G = -.11

Study	VENTE 1995	Page in Report:	170,246
<i>Reported in:</i>	Ventegodt, S. Livskvalitet i Danmark.(Quality of Life in Denmark) Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017		
<i>Population:</i>	18-88 aged, general public, Denmark, 1993		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	1494		

Measured Correlate

<i>Class:</i>	Evaluation of self-as-a-whole Code: S 2.4.2
<i>Measurement:</i>	Single question: "How are your current relations with yourself?" 1: very bad 2: bad 3: neither/nor 4: good 5: very good
<i>Measured Values:</i>	N employed: 1:21, 2:82, 3:410 4:329, N unemployed: 1:6, 2:22, 3:50, 4:53 N all: 1:10, 2:31, 3:148, 4:649, 5:519
<i>Error Estimates:</i>	
<i>Remarks:</i>	Ss in laborforce only

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	DMt=+ r=+.54 p<.00	employed: unemployed: 1: Mt= 1: Ms= in laborforce only 2: Mt=4.40 2: Ms=3.75 3: Mt=6.38 3: Ms=5.45 4: Mt=7.74 4: Ms=7.15 5: Mt=8.93 5: Ms=8.73 all 1: Mt=3.00 2: Mt=3.95 3: Mt=6.14 4: Mt=7.61 5: Mt=8.80

O-HL/c/sq/v/5/h	DMt=+	empl oyed: 1: Mt= 2: Mt=4. 64 3: Mt=5. 61 4: Mt=6. 84 5: Mt=7. 95	unempl oyed: 1: Ms= 2: Ms=3. 75 3: Ms=5. 23 4: Ms=6. 40 5: Ms=7. 64
	r=+.47 p<.00	all 1: Mt=4. 00 2: Mt=4. 28 3: Mt=5. 56 4: Mt=6. 76 5: Mt=7. 90	
O-SLu/c/sq/v/5/e	DMt=+	empl oyed: 1: Mt= 2: Mt=3. 69 3: Mt=5. 79 4: Mt=7. 40 5: Mt=8. 61	unempl oyed: 1: Ms= 2: Ms=3. 75 3: Ms=4. 78 4: Ms=6. 50 5: Ms=8. 16
	r=+.55 p<.00	all 1: Mt=3. 00 2: Mt=3. 46 3: Mt=5. 61 4: Mt=7. 30 5: Mt=8. 51	

Study	VENTE 1996	Page in Report:	176
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068		
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	4500		

Measured Correlate

<i>Class:</i>	Evaluation of self-as-a-whole Code: S 2.4.2
<i>Measurement:</i>	Single question: "How are your current relations with yourself?" employed: a1: very bad a2: bad a3: neither/nor a4: good a5: very good unemployed: b1: very bad b2: bad b3: neither/nor b4: good b5: very good
<i>Measured Values:</i>	N All:3993; %:a1:0,3; a2:1,9; a3:8,4; a4:41,0; a5:35,6 b1:0,2; b2:0,8; b3:2,0; b4:5,1; b5:4,8
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a		employed unemployed a1: Mt=2. 00 b1: 1. 56 a2: Mt=3. 71 b2: 3. 63 a3: Mt=5. 94 b3: 5. 31 a4: Mt=7. 73 b4: 7. 14 a5: Mt=8. 91 b5: 8. 41

O-HL/c/sq/v/5/h		empl oyed	unempl oyed
a1:	Mt=2.	75	b1: 3. 44
a2:	Mt=3.	98	b2: 4. 35
a3:	Mt=5.	33	b3: 4. 98
a4:	Mt=6.	86	b4: 6. 25
a5:	Mt=8.	15	b5: 7. 64

O-SLu/c/sq/v/5/e		empl oyed	unempl oyed
a1:	Mt=2.	00	b1: 1. 56
a2:	Mt=3.	71	b2: 3. 23
a3:	Mt=5.	29	b3: 4. 81
a4:	Mt=7.	43	b4: 6. 56
a5:	Mt=8.	68	b5: 8. 16

Study	VEROF 1962	<i>Page in Report:</i>	196
<i>Reported in:</i>	Veroff, J., Feld, S. & Gurin, G. Dimensions of subjective adjustment. Journal of Abnormal and Social Psychology, 1962, vol. 64, p. 192 - 205.		
<i>Population:</i>	21+ aged, married, with children, USA, 1957		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	797		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: Degree to which S gives a positive evaluation of the self in describing differences from others, as assessed by an open-ended question on differences from most other people: negative / ambivalent / neutral / positive / very positive.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-HL/u/sq/v/3/a	tb= ns	Males : $\beta = -.01$ (ns) Females : $\beta = +.02$ (ns)

Study	WEBB 1915/1	Page in Report:	26
<i>Reported in:</i>	Webb, E. Character and intelligence. An attempt at an exact study of character. London, 1915, Cambridge University Press.		
<i>Population:</i>	Male college students, England, 1912		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	194		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: Trained-peer rating on a 7-point scale on the basis of observation during 6 months.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-CP/g/rdp/ro/7/a	r=+.12	

Study	XU 1988	Page in Report:	61
<i>Reported in:</i>	XU, S.L. & Wu, Z.P.		
	A preliminary survey of the psychological and social situation of the elderly in Being. International Journal of Mental Health, 1988, vol 16, pp 51-66		
<i>Population:</i>	55+ aged, Being China, 198?		
<i>Sample:</i>	Non-probability purposive-quota sample		
<i>Non-Response:</i>			
<i>N:</i>	175		

Measured Correlate

Class: Evaluation of self-as-a-whole Code: S 2.4.2

Measurement: Self-report. Question(s) not reported

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SL?/?/sq/v/4/a	r=+.60 ns	It is reported as +.06. This is probably a mistake. The text refers to the relationship as 'high'

Study	HEADE 1981	Page in Report:	166
<i>Reported in:</i>	Headey, B. The Quality of Life in Australia Social Indicators Research, 1981, Vol. 9, 155-181		
<i>Population:</i>	Adults, general public, Australia 1978		
<i>Sample:</i>	Probability sample (unspecified)		
<i>Non-Response:</i>	not reported		
<i>N:</i>	679		

Measured Correlate

<i>Class:</i>	Evaluation of aspects of self Code: S 2.4.3
<i>Measurement:</i>	Index of two single questions on: a: The ability to assert yourself when necessary b: The extent to which you are tough and can take it Both items scored on 1-9 D-T rating scale, summation by average.
<i>Measured Values:</i>	M = 6.7 SD = 1.1
<i>Error Estimates:</i>	
<i>Remarks:</i>	Both items scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/9/a	r=+.44 p<.001 Beta=+.0	all cases Beta's controlled for satisfaction with - self-fulfillment - sex life - problem handling - family activities - work around the house - mother - health - house - standard of living - friends - fun and enjoyment - marriage

Beta=+.0	married cases Beta's controlled for satisfaction with - self-fulfillment - sex life - problem handling - family activities - work around the house - mother - health - house - standard of living - friends - fun and enjoyment - marriage
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Study	VENTE 1995	Page in Report:	236,238
<i>Reported in:</i>	Ventegodt, S. Livskvalitet i Danmark.(Quality of Life in Denmark) Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017		
<i>Population:</i>	18-88 aged, general public, Denmark, 1993		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	1494		

Measured Correlate

Class: Evaluation of aspects of self Code: S 2.4.3

Measurement: 1: don't accept
2: unsure
3: accept

Measured Values: N women: 1:98, 2:148, 3:455
N men: 1:47, 2:100, 3:563

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks																																
A-AOL/m/sq/v/5/a	DMt=+	<table> <tbody> <tr> <td>WOMEN</td> <td>underweight</td> <td>normal</td> <td>overweight</td> </tr> <tr> <td>1: don't accept</td> <td>Mt=5. 00</td> <td>5. 65</td> <td>6. 44</td> </tr> <tr> <td>2: unsure</td> <td>Mt=7. 20</td> <td>7. 15</td> <td>7. 70</td> </tr> <tr> <td>3: accept</td> <td>Mt=8. 15</td> <td>8. 25</td> <td>8. 46</td> </tr> <tr> <td>MEN</td> <td>underweight</td> <td>normal</td> <td>overweight</td> </tr> <tr> <td>1: don't accept</td> <td>Mt=3. 13</td> <td>5. 00</td> <td>5. 36</td> </tr> <tr> <td>2: unsure</td> <td>Mt=7. 19</td> <td>6. 80</td> <td>6. 96</td> </tr> <tr> <td>3: accept</td> <td>Mt=8. 08</td> <td>8. 10</td> <td>8. 46</td> </tr> </tbody> </table>	WOMEN	underweight	normal	overweight	1: don't accept	Mt=5. 00	5. 65	6. 44	2: unsure	Mt=7. 20	7. 15	7. 70	3: accept	Mt=8. 15	8. 25	8. 46	MEN	underweight	normal	overweight	1: don't accept	Mt=3. 13	5. 00	5. 36	2: unsure	Mt=7. 19	6. 80	6. 96	3: accept	Mt=8. 08	8. 10	8. 46
WOMEN	underweight	normal	overweight																															
1: don't accept	Mt=5. 00	5. 65	6. 44																															
2: unsure	Mt=7. 20	7. 15	7. 70																															
3: accept	Mt=8. 15	8. 25	8. 46																															
MEN	underweight	normal	overweight																															
1: don't accept	Mt=3. 13	5. 00	5. 36																															
2: unsure	Mt=7. 19	6. 80	6. 96																															
3: accept	Mt=8. 08	8. 10	8. 46																															
O-HL/c/sq/v/5/h	DMt=+	<table> <tbody> <tr> <td>WOMEN</td> <td>underweight</td> <td>normal</td> <td>overweight</td> </tr> <tr> <td>1: don't accept</td> <td>Mt=5. 71</td> <td>5. 34</td> <td>6. 44</td> </tr> <tr> <td>2: unsure</td> <td>Mt=7. 06</td> <td>6. 51</td> <td>6. 76</td> </tr> <tr> <td>3: accept</td> <td>Mt=7. 31</td> <td>7. 33</td> <td>7. 74</td> </tr> <tr> <td>MEN</td> <td>underweight</td> <td>normal</td> <td>overweight</td> </tr> <tr> <td>1: don't accept</td> <td>Mt=4. 38</td> <td>5. 34</td> <td>5. 84</td> </tr> <tr> <td>2: unsure</td> <td>Mt=5. 94</td> <td>6. 00</td> <td>6. 49</td> </tr> <tr> <td>3: accept</td> <td>Mt=6. 35</td> <td>7. 09</td> <td>7. 34</td> </tr> </tbody> </table>	WOMEN	underweight	normal	overweight	1: don't accept	Mt=5. 71	5. 34	6. 44	2: unsure	Mt=7. 06	6. 51	6. 76	3: accept	Mt=7. 31	7. 33	7. 74	MEN	underweight	normal	overweight	1: don't accept	Mt=4. 38	5. 34	5. 84	2: unsure	Mt=5. 94	6. 00	6. 49	3: accept	Mt=6. 35	7. 09	7. 34
WOMEN	underweight	normal	overweight																															
1: don't accept	Mt=5. 71	5. 34	6. 44																															
2: unsure	Mt=7. 06	6. 51	6. 76																															
3: accept	Mt=7. 31	7. 33	7. 74																															
MEN	underweight	normal	overweight																															
1: don't accept	Mt=4. 38	5. 34	5. 84																															
2: unsure	Mt=5. 94	6. 00	6. 49																															
3: accept	Mt=6. 35	7. 09	7. 34																															

O-SLu/c/sq/v/5/e	DMt=+	WOMEN	underweight	normal	overweight
		1: don't accept	Mt=5.00	5.34	6.41
		2: unsure	Mt=7.06	6.44	7.23
		3: accept	Mt=7.94	8.04	8.30
		MEN	underweight	normal	overweight
		1: don't accept	Mt=4.38	5.00	5.84
		2: unsure	Mt=7.19	6.10	6.90
		3: accept	Mt=7.11	7.69	8.05

Study	VENTE 1995	Page in Report:	258
<i>Reported in:</i>	Ventegodt, S. Livskvalitet i Danmark.(Quality of Life in Denmark) Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017		
<i>Population:</i>	18-88 aged, general public, Denmark, 1993		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	1494		

Measured Correlate

<i>Class:</i>	Evaluation of aspects of self	Code: S 2.4.3
<i>Measurement:</i>	Single question: "Do you accept your own body"	
	1: no	
	2: not sure	
	3: yes	
<i>Measured Values:</i>	N: 1:150, 2:253, 3:1037	
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.42 p<.00	1: Mt=5.56 2: Mt=7.15 3: Mt=8.25 All Mt=7.78
O-HL/c/sq/v/5/h	r=+.28 p<.00	1: Mt=5.63 2: Mt=6.45 3: Mt=7.25 All Mt=6.94
O-SLu/c/sq/v/5/e	r=+.39 p<.00	1: Mt=5.55 2: Mt=6.63 3: Mt=7.93 All Mt=7.45

Study	VENTE 1996	Page in Report:	246,248
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068		
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	4500		

Measured Correlate

<i>Class:</i>	Evaluation of aspects of self	Code: S 2.4.3
<i>Measurement:</i>	Singl e questi on: "Do you accept your own body?" 1: don't accept 2: unsure 3: accept	
<i>Measured Values:</i>	N: WOMEN All:2414; 1:342; 2:489; 3:1583	
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a		WOMEN: underweight normal overweight 1: Mt=5. 36 1: 6. 00 1: 6. 50 2: Mt=6. 43 2: 7. 03 2: 7. 28 3: Mt=8. 11 3: 8. 11 3: 8. 45 MEN: underweight normal overweight 1: Mt=6. 11 1: 4. 64 1: 5. 73 2: Mt=6. 00 2: 6. 50 2: 7. 23 3: Mt=7. 85 3: 8. 14 3: 8. 43
O-HL/c/sq/v/5/h		WOMEN: underweight normal overweight 1: Mt=5. 36 1: 5. 79 1: 6. 09 2: Mt=6. 01 2: 6. 35 2: 6. 48 3: Mt=7. 36 3: 7. 61 3: 7. 75 MEN: underweight normal overweight 1: Mt=5. 50 1: 4. 70 1: 5. 46 2: Mt=6. 00 2: 6. 11 2: 6. 53 3: Mt=6. 90 3: 7. 21 3: 7. 46

O-SLu/c/sq/v/5/e

WOMEN:

	underweight	normal	overweight
1: Mt=5.44	1: 5.68	1: 6.29	
2: Mt=6.10	2: 6.68	2: 7.06	
3: Mt=7.90	3: 8.04	3: 8.35	

MEN:

	underweight	normal	overweight
1: Mt=5.00	1: 4.41	1: 5.00	
2: Mt=5.50	2: 6.23	2: 6.81	
3: Mt=7.45	3: 7.75	3: 8.06	

Study	VENTE 1996	Page in Report:	268
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068		
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	4500		

Measured Correlate

<i>Class:</i>	Evaluation of aspects of self	Code: S 2.4.3
<i>Measurement:</i>	Single question: "Do you accept your own body?" 1: no 2: not sure 3: yes	
<i>Measured Values:</i>	N: All:4555; 1:488; 2:826; 3:3241	
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.39 p<.00	1: Mt=5. 85 2: Mt=6. 91 3: Mt=8. 25
O-HL/c/sq/v/5/h	r=+.31 p<.00	1: Mt=5. 63 2: Mt=6. 31 3: Mt=7. 43
O-SLu/c/sq/v/5/e	r=+.37 p<.00	1: Mt=5. 54 2: Mt=6. 59 3: Mt=7. 93

Study	SHICH 1984	Page in Report:	238
<i>Reported in:</i>	Shichman, S.; Cooper, E. Life Satisfaction and Sex-Role Concept Sex Roles, Vol 11, 1984, p.227-240		
<i>Population:</i>	Adults, students and churchmembers, USA, 198?		
<i>Sample:</i>			
<i>Non-Response:</i>	5,9 %		
<i>N:</i>	217		

Measured Correlate

<i>Class:</i>	. real-ideal congruence Code: S 2.4.3.1
<i>Measurement:</i>	The Bem Sex Role Inventory (Bem, 1974) was administered twice to each respondent. In the first instance the respondent was asked to describe him/herself as he/she is now. In the second instance the respondent was asked to describe him/herself as he/she would like to be. 0 Small divergence. 1 Big divergence.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SLu/u/sq/v/4/a	r=-.15	p<.05

Study	VEROF 1962	Page in Report:	196
<i>Reported in:</i>	Veroff, J., Feld, S. & Gurin, G. Dimensions of subjective adjustment. Journal of Abnormal and Social Psychology, 1962, vol. 64, p. 192 - 205.		
<i>Population:</i>	21+ aged, married, with children, USA, 1957		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	797		

Measured Correlate

Class: . real-ideal congruence Code: S 2.4.3.1

Measurement: Open-ended question on how one would like his children to be different from oneself: doesn't want children to be different vs wants children to be different.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-HL/u/sq/v/3/a	tb= -	Males : $\beta = -.10$ (05) Females : $\beta = .00$ (ns)

Study	WESSM 1960	Page in Report:	122-123
<i>Reported in:</i>	Wessman, A.E., Ricks, D.F. & McIlvaine Tyl, M. Characteristics and concomitants of mood fluctuation in college women. Journal of Abnormal and Social Psychology, 1960, vol. 60, p. 117-126.		
<i>Population:</i>	Female college students, followed 6 weeks, Radcliffe, USA, 1957		
<i>Sample:</i>			
<i>Non-Response:</i>	44% dropouts		
<i>N:</i>	14		

Measured Correlate

Class: . real-ideal congruence Code: S 2.4.3.1

Measurement: Correlation between self and ideal descriptions, as assessed by a 45-item Q sort, filled out both in very elated and in very depressed moods, for both self-concept ('the most accurate picture of yourself as you really believe you are now') and ideal-concept ('the picture of yourself as the kind of person you have hoped to become or have fancied yourself to be').

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	rs= - p< . s	For congruency in elation : rs = -.36 (ns) For congruency in depression: rs = -.50 (.05) Both the happier and unhappier girls experience discrepancies between real-self and ideal-self in depression. In elation the unhappier girls feel no consistent divergence from their ideals (primarily concerning intellectual ambitions), while the happier girls continue to feel areas of discontent (primarily concerning social and emotional qualities).

Study	WESSM 1966/2	Page in Report:	107-113
<i>Reported in:</i>	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
<i>Population:</i>	Male college students, followed 3 years, Harvard University, USA, 1957-60		
<i>Sample:</i>			
<i>Non-Response:</i>	37%: 9 dropouts, incomplete; about the same happiness distribution.		
<i>N:</i>	17		

Measured Correlate

Class: . real-ideal congruence Code: S 2.4.3.1

Measurement: Correlation between self and ideal descriptions, as assessed by a 60-item Q sort, describing characteristics indicative of successful and unsuccessful resolutions of the first six developmental crises of the Erikson's stages of psychosocial development (see Erikson, 1959).

The Q sort was filled out in both very elated and in very depressed moods for both self-concept ('an accurate picture of yourself as you honestly feel and believe you are') and ideal-concept ('the picture of the sort of person you have hoped to become or fancied yourself to be').

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	r = + p < .05	Congruency in elation : r = +.79 Congruency in depression: r = +.76 Both the happier and unhappier men experience more discrepancies between real-self and ideal-self in depression than in elation. For the happier men the differences between the real-selves and ideal-selves concerned social and emotional qualities as well as work, while for the unhappier men the most extreme and consistent differences all deal with unrealized ambition and inability to work (see also 'Content of self-

image': S 2.2). For the unhappy men most discrepancies concerned the fourth developmental crisis: 'Industry vs Inferiority', while for the happy men most discrepancies concerned the sixth developmental crisis: 'Intimacy vs Isolation' (see 'Personal identity development': P 1.4).

Study	BRENN 1970	Page in Report:	94/282
<i>Reported in:</i>	Brenner, B. Social factors in mental well-being at adolescence. Doctoral dissertation, 1970, The American University, Washington D.C., USA		
<i>Population:</i>	Highschool pupils, New York State, USA, 1960		
<i>Sample:</i>			
<i>Non-Response:</i>	1%		
<i>N:</i>	5204		

Measured Correlate

Class: . relative superiority Code: S 2.4.3.2

Measurement: Closed question: strongly disagree / disagree / agree / strongly agree

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/g/sq/v/5/a	G=+.22 V= .11 p< .01	
O-HL/u/sq/v/4/b	G==.19 V= .10 p< .01	

Study	HEADE 1989	Page in Report:	118
<i>Reported in:</i>	Headey,B & Veenhoven,R. Does happiness induce a rosy outlook? in:R.Veenhoven,ed.'How harmful is happiness?'. UniversitairePers Rotterdam, Rotterdam, the Netherlands, 1989, p.106-127		
<i>Population:</i>	18-65 aged, general public, followed 6 years, Melbourne, Australia, 1981-87		
<i>Sample:</i>			
<i>Non-Response:</i>	Attrition T1-T4: 31%		
<i>N:</i>	649		

Measured Correlate

<i>Class:</i>	. relative superiority Code: S 2.4.3.2
<i>Measurement:</i>	Two identical indices consisting of four closed questions on Ss' self-rated performance as partners, parents, friends and workers, rated on a 7 point scale. 1: below average, 7: above. Indices administered at 20 minutes intervals at T1(1981), T2(1983), T3(1985) and T4(1987)
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/10/a	$\beta L = +.23$ $p < .05$	Estimated same-time causal EFFECT ON HAPPINESS of sense of relative superiority (bottom-up).
	$\beta L = +.41$ $p < .05$	Estimated same-time causal EFFECT OF HAPPINESS on sense of relative superiority (top-down). Effects assessed at T1, T2, T3 and T4. Effects assumed to be identical at all times. βL is the path-coefficient in a four wave LISREL model. T1 sex, age, SES, extraversion and neuroticism are controlled.

Study	LUDWI 1971	Page in Report:	64/207
<i>Reported in:</i>	Ludwig, L.D. Elation-Depression and skill as determinants of desire for excitement. Unpublished doctoral dissertation, 1971, University of Wisconsin, USA.		
<i>Population:</i>	Female students, undergraduates, University of Wisconsin, USA, 197?		
<i>Sample:</i>			
<i>Non-Response:</i>	81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re		
<i>N:</i>	72		

Measured Correlate

<i>Class:</i>	. relative superiority Code: S 2.4.3.2
<i>Measurement:</i>	2-item index of direct questions on creativity and personali ty maturi ty compared wi th others.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/u/mq/v/10/a	AoV=+ ns	Ss answered these questions at the end of an experimental situation in which their self-esteem was experimentally altered. This was done by means of a false personali ty report dealing wi th the subject's creativity, maturi ty and other thi ngs. Sel f-percei ved creati vi ty: $r = +.05$ (ns) Sel f-percei ved maturi ty : $r = +.17$ (ns) - For happy Ss sel f-percei ved creati vi ty and maturi ty is unaffected by bolstered sel f-esteem and decreased by reduced sel f-esteem. - For unhappy Ss it is increased by bolstered sel f-esteem and unaffected by reduced sel f-esteem.

Study	LUDWI 1971	Page in Report:	64
<i>Reported in:</i>	Ludwig, L.D. Elation-Depression and skill as determinants of desire for excitement. Unpublished doctoral dissertation, 1971, University of Wisconsin, USA.		
<i>Population:</i>	Female students, undergraduates, University of Wisconsin, USA, 197?		
<i>Sample:</i>			
<i>Non-Response:</i>	81%; 61% refusal, 5% eliminated on basis of screening data, 15% miscellaneous re		
<i>N:</i>	72		

Measured Correlate

Class: . relative superiority Code: S 2.4.3.2

Measurement: Two indicators:

1. Adjective checklist scored for 'how do you feel at the moment?' (Modified Leventhal Self Esteem Scale; see Dabbs & Leventhal, 1966)

2. Each subject was asked to place herself and 5 other persons (such as a friend, a selfish person, a grandmother, a sad person, a doctor, a strong person, etc.) in a line of 6 circles. This was done 6 times with different combinations of persons. Each placement of the self in the circle farthest to the left was most indicative of high self-esteem (score 6), and placement in the circle farthest to the right of low self-esteem (score 1). (Ziller Self-Esteem Scale; see Ziller et al., 1964).

Measured Values:

Error Estimates:

Remarks: Ss answered these questions at the end of an experimental situation in which their

self-esteem was experimentally altered. This was done by means of a false personality report dealing with the subject's creativity, maturity and other things.

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/u/mq/v/10/a	$r=+.35$ $p<.01$	<ul style="list-style-type: none"> - For happy Ss self-esteem is unaffected by bolstered self-esteem and decreased by reduced self-esteem. <small>Self-esteem was measured by means of a false personality report dealing with the subject's creativity, maturity and other things.</small> - For unhappy Ss self-esteem was experimentally altered. This was done by bolstering self-esteem than by reducing self-esteem. <small>Self-esteem was measured by means of a false personality report dealing with the subject's creativity, maturity and other things.</small>
	$r=+.08$ ns	<ul style="list-style-type: none"> - For happy Ss self-esteem is unaffected by bolstered self-esteem and decreased by reduced self-esteem. - For unhappy Ss self-esteem is high after bolstering of self-esteem than after reduction.

Study	MITCH 1972/2	Page in Report:	233
<i>Reported in:</i>	Mitchell, R.E. Levels of emotional strain in Southeast Asian cities Asian Folklore & social life monographs, The Orient cultural Service 1972, Taipei, Formosa		
<i>Population:</i>	18+ aged, general public, Hong Kong, South East Asia, 1967		
<i>Sample:</i>			
<i>Non-Response:</i>	21%		
<i>N:</i>	3966 (men : 2006, women : 1960)		

Measured Correlate

<i>Class:</i>	. relative superiority Code: S 2.4.3.2
<i>Measurement:</i>	Single direct question: "Being a good family person compared with most other people, would you say that you : exceed others/about the same as others/fall short of others ?"
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/4/a	G=-.07 ns	Figures based on half of the sample. N-shaped curve

Study	BORTN 1970	Page in Report:	44
<i>Reported in:</i>	Bortner, R.W. & Hultsch, D.F. A multivariate analysis of correlates of life satisfaction in adulthood Journal of Gerontology, 1970, vol. 25, p. 41-47		
<i>Population:</i>	21+ aged, general public, USA 1959		
<i>Sample:</i>			
<i>Non-Response:</i>	9%		
<i>N:</i>	1406		

Measured Correlate

Class: . self confidence Code: S 2.4.3.3

Measurement: Closed question rated on an 11-point self-anchoring scale (Cantril Ladder: see CANTR, 1965)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
C-RG/h/sq/l/11/a	r=+.41	
O-BW/c/sq/l/11/a	r=+.26	
O-SLu/c/sq/l/11/a	r=+.34	

Study	CANTR 1965/2	Page in Report:	268/415
<i>Reported in:</i>	Cantril, H. The pattern of human concerns. New Brunswick, Rutgers University Press, New Jersey, 1965		
<i>Population:</i>	21+ aged, general public, USA, 1959		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	1549		

Measured Correlate

Class: . self confidence Code: S 2.4.3.3

Measurement: Direct question rated on an 11-point self-anchoring scale on confidence in oneself in general; how sure one feels of oneself.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
C-RG/h/sq/l/11/a	r=+.41	
O-BW/c/sq/l/11/a	r=+.28	
O-SLu/c/sq/l/11/a	r=+.31	

Study	MOSER 1969	Page in Report:	44
<i>Reported in:</i>	Moser - Peters, C.M.J. Backgrounds of happiness feelings. (In Dutch: Achtergronden van geluksgevoel). Nederlands Instituut voor Preventieve Geneeskunde (NIPG/TNO)1969, Leiden, The Netherlands.		
<i>Population:</i>	Adult, general public, Utrecht, city, The Netherlands, 1967		
<i>Sample:</i>			
<i>Non-Response:</i>	14% unattainable etc.		
<i>N:</i>	300		

Measured Correlate

Class: . self confidence Code: S 2.4.3.3

Measurement: 2-item index indicating fear for other's opinion (criticism), and lack of self-confidence.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/c	G=-.35 p<.01	

Study	LOWEN 1975	Page in Report:	93
Reported in:	Lowenthal,M.F., Thurnher,M. & Chiriboga,D. Four stages of life: A comparative study of women and men facing transitions Jossey-Bass, 1975, San Francisco, USA		
Population:	People in transition, metropolis,USA, 1969		
Sample:			
Non-Response:			
N:	216		

Measured Correlate

Class: . self-critical Code: S 2.4.3.4

Measurement: The number of characteristics the respondent indicated were true of himself but wished he did not have.
The 70 adjectives of the Adjective Rating List (Block, 1961) were used.

Measured Values:

Error Estimates:

Remarks: hs seniors males: r= ns females: r=-.33 (ns) newly weds males: r= ns females: r=-.36 (ns)
middle aged males: r= ns females: r= ns preretired males: r=-.36 ns females: r=-.33 ns

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-BB/cw/mq/v/4/d	r=-.26 p<.01 r=-.20 p<.05	Youngest (hs seniors + newly-weds) oldest (middle aged + preretired) hs seniors males: r= ns females: r=-.33 (ns) newly weds males: r= ns females: r=-.36 (ns) middle aged males: r= ns females: r= ns preretired males: r=-.36 ns females: r=-.33 ns

Study	LOWEN 1975	Page in Report:	93
Reported in:	Lowenthal,M.F., Thurnher,M. & Chiriboga,D. Four stages of life: A comparative study of women and men facing transitions Jossey-Bass, 1975, San Francisco, USA		
Population:	People in transition, metropolis,USA, 1969		
Sample:			
Non-Response:			
N:	216		

Measured Correlate

Class: . self-critical Code: S 2.4.3.4

Measurement: The number of characteristics the respondent indicated were true of himself but wished he did not have.
The 70 adjectives of the Adjective Rating List (Block, 1961) were used.

Measured Values:

Error Estimates:

Remarks: hs seniors males: r=-.62 01 females: r=-.35 ns newly weds males: r=-.45 05 females: r= ns middle aged males: r=-.41 05 females: r= ns preretired males: r=-.32 ns females: r=-.31 ns

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-Sum/u/mq/*0/a	r=-.33 p<.01 r=-.23 p<.05	Youngest (hs seniors + newly-weds) Oldest (middle aged + preretired) hs seniors males: r=-.62 01 females: r=-.35 ns newly weds males: r=-.45 05 females: r= ns middle aged males: r=-.41 05 females: r= ns preretired males: r=-.32 ns females: r=-.31 ns

Study	OGRI 1994/1	Page in Report:	4
<i>Reported in:</i>	Ogris, G. Korrelate mit der Lebenszufriedenheit, Glück und Wohlbefinden in Österreich und Paper presented on: 13th World Congress of Sociology (Correlates of satisfaction, happiness and well-being in Austria and Slovenia)		
<i>Population:</i>	Adults, general public, Slovenia, 1994		
<i>Sample:</i>	Probability multi-stage cluster sample		
<i>Non-Response:</i>	not reported		
<i>N:</i>	1998		

Measured Correlate

Class: . self-critical Code: S 2.4.3.4

Measurement: 2 questions :
1 I want to change much of myself
2 Sometimes I wish to be different
Each rated on a 7-step scale:
totally disagree..... totally agree

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/c/sq/v/5/c	r=-.13	question 1
	r=-.22	question 2
O-HL/c/sq/v/5/d	r=-.2	question 1..... change myself.....
	r=-.25	question 2.... wish to be different.....
O-SLW/u/sq/v/5/d	r=-.2	question 1
	r=-.22	question 2

Study	OGRI 1994/2	Page in Report:	4
<i>Reported in:</i>	Ogris,G. Korrelate mit der Lebenszufriedenheit,Glueck und Wohlbefinden in Oesterreich und Paper presented on:13th World Congress of Sociology Bielefeld Germany (Correlates on life satisfaction, happiness and well-being in Austria and Slovenia)		
<i>Population:</i>	Adult, general public, Austria 1994		
<i>Sample:</i>	Probability multi-stage cluster sample		
<i>Non-Response:</i>	not reported		
<i>N:</i>	1998		

Measured Correlate

Class: . self-critical Code: S 2.4.3.4

Measurement:

2 questions:
1 I want to change much of myself
2 Sometimes I wish to be different

Each rated on a 7-step scale
totally disagree..... totally agree

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/c/sq/v/5/c	r=-.19	question 1
	r=-.2	question 2
O-HL/c/sq/v/5/d	r=-.23	question 1
	r=-.26	question 2
O-SLW/u/sq/v/5/d	r=-.26	question 1..... change myself...
	r=-.28	question 2... wish to be different

Study	VEROF 1962	<i>Page in Report:</i>	196
<i>Reported in:</i>	Veroff, J., Feld, S. & Gurin, G. Dimensions of subjective adjustment. Journal of Abnormal and Social Psychology, 1962, vol. 64, p. 192 - 205.		
<i>Population:</i>	21+ aged, married, with children, USA, 1957		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	797		

Measured Correlate

Class: . self-critical Code: S 2.4.3.4

Measurement: Open-ended direct question: sees no strong points vs mentions strong points

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-HL/u/sq/v/3/a	tb=+.04 ns	Unaffected by sex.

Study	BORTN 1970	Page in Report:	44
<i>Reported in:</i>	Bortner, R.W. & Hultsch, D.F. A multivariate analysis of correlates of life satisfaction in adulthood Journal of Gerontology, 1970, vol. 25, p. 41-47		
<i>Population:</i>	21+ aged, general public, USA 1959		
<i>Sample:</i>			
<i>Non-Response:</i>	9%		
<i>N:</i>	1406		

Measured Correlate

Class: . self respect Code: S 2.4.3.5

Measurement: Closed question rated on an 11-point self-anchoring scale (Cantril Ladder: see CANTR, 1965)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
C-RG/h/sq/l/11/a	r=+.41	
O-BW/c/sq/l/11/a	r=+.21	
O-SLu/c/sq/l/11/a	r=+.36	

Study	CANTR 1965/2	Page in Report:	268/415
<i>Reported in:</i>	Cantril, H. The pattern of human concerns. New Brunswick, Rutgers University Press, New Jersey, 1965		
<i>Population:</i>	21+ aged, general public, USA, 1959		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	1549		

Measured Correlate

Class: . self respect Code: S 2.4.3.5

Measurement: Direct question rated on an 11-point self-anchoring scale on respect for oneself as a person; feelings of being a worthwhile and worthy person, as contrasted to a feeling that one is a failure and doesn't amount to much.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
C-RG/h/sq/l/11/a	r=+.41	
O-BW/c/sq/l/11/a	r=+.21	
O-SLu/c/sq/l/11/a	r=+.39	

Study	ANDRE 1976/1	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976. New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1972/75		
<i>Sample:</i>			
<i>Non-Response:</i>	24%		
<i>N:</i>	1297		

Measured Correlate

Class: Current satisfaction with self Code: S 2.5

Measurement: Index of questions: "How do you feel about....?"

1. the way you handle problems
2. the way of accomplishment
3. and yourself.

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	$E^2=+.55$	Unaffected by sex
	Beta=+.2	β controlled for 11 domain satisfactions (family, money, amount of fun, house/apartment, spare-time activities, national government, things do with family, consumer, time to do things, health, job).
	Beta=+.2	β controlled for sociodemographic variables (family life-cycle, age, family income, education, race, sex) and 12 domain satisfactions.

Study	ANDRE 1976/4	Page in Report:	141
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/3		
<i>Sample:</i>			
<i>Non-Response:</i>	26%		
<i>N:</i>	1433		

Measured Correlate

<i>Class:</i>	Current satisfaction with self Code: S 2.5
<i>Measurement:</i>	Closed question: "How do you feel about yourself?" Rated on a 7-point scale: terrible/unhappy/mostly dissatisfied/ mixed/mostly satisfied/pleased/dighted
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	$E^2=+.54$	
	Beta=+.1	β controlled for 7 criterion satisfactions (physical needs met, fun and enjoyment, how fairly treated, develop self, interesting daily life, adjust to changes, financial security).
	Beta=+.1	β controlled for sociodemographic variables (family life-cycle, age, family income, education, race, sex) and 7 criterion satisfactions. (see above)

Study	ANDRE 1976/4	Page in Report:	156
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
Population:	18+ aged, general public, non-institutionalized, USA, 1973/3		
Sample:			
Non-Response:	26%		
N:	1433		

Measured Correlate

Class: Current satisfaction with self Code: S 2.5

Measurement: Closed question: "How do you feel about yourself?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=+.30	

Study	ANDRE 1976/6	Page in Report:	156
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1972-73		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	1072+1433+222		

Measured Correlate

Class: Current satisfaction with self Code: S 2.5

Measurement: Index of closed questions, asked in different samples: "How do you feel about..."

1. yourself (asked in April 1973)
2. yourself - what you are accomplishing and how you handle problems (asked in November 1972)
3. the extent to which you are achieving success and getting ahead (asked in July 1973)
4. what you are accomplishing in your life (asked in July 1973)
5. the extent to which you are developing yourself and broadening your life (asked in July 1973)?"

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	r=+.59	

Study	ANDRE 1976/6	Page in Report:	156
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1972-73		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	1072+1433+222		

Measured Correlate

Class: Current satisfaction with self Code: S 2.5

Measurement: Index of closed questions, asked in different samples: "How do you feel about..."

1. yourself (asked in April 1973)
2. yourself - what you are accomplishing and how you handle problems (asked in November 1972)
3. the extent to which you are achieving success and getting ahead (asked in July 1973)
4. what you are accomplishing in your life (asked in July 1973)
5. the extent to which you are developing yourself and broadening your life (asked in July 1973)?"

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	r=+.59	

Study	BRENN 1970	Page in Report:	94/278
<i>Reported in:</i>	Brenner, B. Social factors in mental well-being at adolescence. Doctoral dissertation, 1970, The American University, Washington D.C., USA		
<i>Population:</i>	Highschool pupils, New York State, USA, 1960		
<i>Sample:</i>			
<i>Non-Response:</i>	1%		
<i>N:</i>	5204		

Measured Correlate

Class: Current satisfaction with self Code: S 2.5

Measurement: Closed question: strongly disagree / disagree / agree / strongly agree.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/g/sq/v/5/a	G=+.35 V= .19 p< .01	
O-HL/u/sq/v/4/b	G=+.43 V= .25 p< .01	

Study	MERED 1984	Page in Report:	91
Reported in:	Meredith, W.H. Level and correlates of perceived quality of life for Lao Hmong refugees in Nebraska Social Indicators Research vol 14, 1984, p 83-97		
Population:	16+ aged, recent refugees from Laos, USA, 1982		
Sample:			
Non-Response:	0%		
N:	145		

Measured Correlate

Class: Current satisfaction with self Code: S 2.5

Measurement: Index of closed questions, measured on a 7-point Delighted-Terrible scale: How do you feel about:
 - what you are accomplishing in your life?
 - how interesting or exciting your life is?
 - the extent to which you are improving yourself?
 - the sense of direction or purpose you have in your life?
 - the control you have over what happens in your life?
 - the way you handle problems that come up in your life?
 - yourself?

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	r=+.57 p<.01 Beta=.5	β controlled for: optimism, perceived control, satisfaction with USA and satisfaction with leisure.

Study	CAMPB 1981	<i>Page in Report:</i>	216
<i>Reported in:</i>	Campbell, A. The Sense of Well-Being in America McCracken Book Company, Quinn, T.H. & Hennelly, M., U.S.A. 1981		
<i>Population:</i>	18+ aged, general public, non-institutionalized USA, 1978		
<i>Sample:</i>			
<i>Non-Response:</i>	about 20 %		
<i>N:</i>	3692		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single closed question on amount of satisfaction with oneself: "How satisfied are you with yourself as a person?", rated on a 7-point scale ranging from completely dissatisfied to completely satisfied.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-SLW/c/sq/n/7/a	r=+.55	

Study	DIENE 1991/1	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Austria, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	319		

Measured Correlate

<i>Class:</i>	Satisfaction with oneself-as-a-person	Code: S 2.5.1
<i>Measurement:</i>	Single direct question rated on a 7-point Delighted-Terrible scale.	
		Part of a 12 item inventory of domain-satisfactions.
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.52 p<.01	females
	r=+.55 p<.01	males

Study	DIENE 1991/2	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Bahrain, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	275		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.21 p<.01	females
	r=+.44 p<.01	males

Study	DIENE 1991/3	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Bangladesh, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	262		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.27 p<.01	females
	r=+.04 p<.01	males

Study	DIENE 1991/4	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Brazil, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	268		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.40 p<.01	females
	r=+.31 p<.01	males

Study	DIENE 1991/5	<i>Page in Report:</i>	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Cameroon, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	159		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-DT/c/sq/v/7/c	r=+.07 ns	females
	r=+.42 p<.01	males

Study	DIENE 1991/6	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Canada, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	1600		

Measured Correlate

<i>Class:</i>	Satisfaction with oneself-as-a-person	Code: S 2.5.1
<i>Measurement:</i>	Single direct question rated on a 7-point Delighted-Terrible scale.	
		Part of a 12 item inventory of domain-satisfactions.
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.60 p<.01	females
	r=+.59 p<.01	males

Study	DIENE 1991/7	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Chile, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	256		

Measured Correlate

<i>Class:</i>	Satisfaction with oneself-as-a-person	Code: S 2.5.1
<i>Measurement:</i>	Single direct question rated on a 7-point Delighted-Terrible scale.	
		Part of a 12 item inventory of domain-satisfactions.
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.57 p<.01	females
	r=+.37 p<.01	males

Study	DIENE 1991/8	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Egypt, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	274		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.45 p<.01	females
	r=+.24 p<.01	males

Study	DIENE 1991/9	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Finland, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	270		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.65 p<.01	females
	r=+.56 p<.01	males

Study	DIENE1991/10	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Germany, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	540		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.51 p<.01	females
	r=+.49 p<.01	males

Study	DIENE1991/11	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Greece, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	164		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.51 p<.01	females
	r=+.35 p<.01	males

Study	DIENE1991/12	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, India, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	234		

Measured Correlate

<i>Class:</i>	Satisfaction with oneself-as-a-person	Code: S 2.5.1
<i>Measurement:</i>	Single direct question rated on a 7-point Delighted-Terrible scale.	
		Part of a 12 item inventory of domain-satisfactions.
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.08 ns	females
	r=+.40 p<.01	males

Study	DIENE1991/13	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Israel, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	317		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.22 ns	females
	r=+.42 p<.01	males

Study	DIENE1991/14	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Japan, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	1200		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.44 p<.01	females
	r=+.34 p<.01	males

Study	DIENE1991/15	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Jordan, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	279		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.30 p<.01	females
	r=+.37 p<.01	males

Study	DIENE1991/16	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Kenya, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	462		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.59 p<.01	females
	r=+.42 p<.01	males

Study	DIENE1991/17	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Korea, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	241		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.61 p<.01	females
	r=+.57 p<.01	males

Study	DIENE1991/18	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Mexico, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	220		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.42 p<.01	females
	r=+.43 p<.01	males

Study	DIENE1991/19	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Netherlands, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	352		

Measured Correlate

<i>Class:</i>	Satisfaction with oneself-as-a-person	Code: S 2.5.1
<i>Measurement:</i>	Single direct question rated on a 7-point Delighted-Terrible scale.	
		Part of a 12 item inventory of domain-satisfactions.
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.47 ns	females
	r=+.35 p<.01	males

Study	DIENE1991/20	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, New Zealand, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	314		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.58 p<.01	females
	r=+.61 p<.01	males

Study	DIENE1991/21	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Norway, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.47 ns	females
	r=+.59 p<.01	males

Study	DIENE1991/22	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Philippines, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	953		

Measured Correlate

<i>Class:</i>	Satisfaction with oneself-as-a-person	Code: S 2.5.1
<i>Measurement:</i>	Single direct question rated on a 7-point Delighted-Terrible scale.	
		Part of a 12 item inventory of domain-satisfactions.
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.42 p<.01	females
	r=+.41 p<.01	males

Study	DIENE1991/23	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Puerto Rico, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	297		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.52 p<.01	females
	r=+.50 p<.01	males

Study	DIENE1991/24	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Singapore, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	256		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.49 p<.01	females
	r=+.62 p<.01	males

Study	DIENE1991/25	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, South Africa, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	275		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.39 p<.01	females
	r=+.25 p<.01	males

Study	DIENE1991/26	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Spain, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	275		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.38 p<.01	females
	r=+.39 p<.01	males

Study	DIENE1991/27	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Tanzania, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.62 p<.01	females
	r=+.54 p<.01	males

Study	DIENE1991/28	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Thailand, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	571		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.37 p<.01	females
	r=+.41 p<.01	males

Study	DIENE1991/29	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Turkey, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	287		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Single direct question rated on a 7-point Delighted-Terrible scale.
Part of a 12 item inventory of domain-satisfactions.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.35 p<.01	females
	r=+.38 p<.01	males

Study	DIENE1991/30	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, U.S.A, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	1234		

Measured Correlate

<i>Class:</i>	Satisfaction with oneself-as-a-person	Code: S 2.5.1
<i>Measurement:</i>	Single direct question rated on a 7-point Delighted-Terrible scale.	
		Part of a 12 item inventory of domain-satisfactions.
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.60 p<.01	females
	r=+.56 p<.01	males

Study	DIENE1991/31	Page in Report:	18
<i>Reported in:</i>	Diener, E. & Diener, M. Cross-Cultural Correlates of Life Satisfaction and Self-Esteem Unpublished paper Dept. of Psychology University of Illinois 603 E. Daniel Street, Champaign, IL 61820 U.S.A.		
<i>Population:</i>	University students, Yugoslavia, 1991		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	332		

Measured Correlate

<i>Class:</i>	Satisfaction with oneself-as-a-person	Code: S 2.5.1
<i>Measurement:</i>	Single direct question rated on a 7-point Delighted-Terrible scale.	
		Part of a 12 item inventory of domain-satisfactions.
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/c/sq/v/7/c	r=+.47 p<.01	females
	r=+.50 p<.01	males

Study	GAITZ 1972	<i>Page in Report:</i>	65
<i>Reported in:</i>	Gaitz, C.M. & Scott, J. Age and the measurement of mental health Journal of Health and Social Behavior, 1972, vol. 13, p. 55-67		
<i>Population:</i>	Adults, general public, Houston, Texas, USA, 1969		
<i>Sample:</i>			
<i>Non-Response:</i>	2%, aged Mexican- Americans of high socio- economic status only		
<i>N:</i>	1441		

Measured Correlate

Class: Satisfaction with oneself-as-a-person Code: S 2.5.1

Measurement: Closed question: "How do you feel about yourself as a person?" not so good / could be better / just o.k. / pretty good

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-BB/cm/mq/v/2/a	r=+.18 p<.01	Index of Positive Affects: r = +.03 (ns) Index of Negative Affects: r = -.22 (.01)
O-HL/m/sq/v/3/a	r=+.24 p<.01	Index of Positive Affects: r = +.03 (ns) Index of Negative Affects: r = -.22 (.01)

Study	MITCH 1972/2	Page in Report:	233
<i>Reported in:</i>	Mitchell, R.E. Levels of emotional strain in Southeast Asian cities Asian Folklore & social life monographs, The Orient cultural Service 1972, Taipei, Formosa		
<i>Population:</i>	18+ aged, general public, Hong Kong, South East Asia, 1967		
<i>Sample:</i>			
<i>Non-Response:</i>	21%		
<i>N:</i>	3966 (men : 2006, women : 1960)		

Measured Correlate

<i>Class:</i>	Satisfaction with oneself-as-a-person Code: S 2.5.1
<i>Measurement:</i>	Single direct question: "Being a good family person compared with most other people, would you say that you : exceed others/about the same as others/fall short of others ?"
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/4/a	G=-.07 ns	Figures based on half of the sample. N-shaped curve

Study	ANDRE 1976/1	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976. New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1972/75		
<i>Sample:</i>			
<i>Non-Response:</i>	24%		
<i>N:</i>	1297		

Measured Correlate

Class: . satisfaction with own abilities Code: S 2.5.1.1

Measurement: Index of questions: "How do you feel about. . . ?"

1. the way you handle problems
2. the way of accomplishment
3. and yourself.

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	$E^2=+.55$	Unaffected by sex
	Beta=+.2	β controlled for 11 domain satisfactions (family, money, amount of fun, house/apartment, spare-time activities, national government, things do with family, consumer, time to do things, health, job).
	Beta=+.2	β controlled for sociodemographic variables (family life-cycle, age, family income, education, race, sex) and 12 domain satisfactions.

Study	ANDRE 1976/1	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976. New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1972/75		
<i>Sample:</i>			
<i>Non-Response:</i>	24%		
<i>N:</i>	1297		

Measured Correlate

Class: . satisfaction with own abilities Code: S 2.5.1.1

Measurement: Closed question: "How do you feel about how you get on with other people?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	$E^2=+.31$	Unaffected by sex

Study	ANDRE 1976/3	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non institutionalized, USA, 1972/11		
<i>Sample:</i>			
<i>Non-Response:</i>	38%		
<i>N:</i>	1072		

Measured Correlate

Class: . satisfaction with own abilities Code: S 2.5.1.1

Measurement: Closed question: "How do you feel about yourself - what you are accomplishing and how you handle problems?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	E ² =+.54	

Study	ANDRE 1976/3	Page in Report:	112
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
Population:	18+ aged, general public, non institutionalized, USA, 1972/11		
Sample:			
Non-Response:	38%		
N:	1072		

Measured Correlate

Class: . satisfaction with own abilities Code: S 2.5.1.1

Measurement: Closed question: "How do you feel about how creative you can be?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	E ² =+.32	

Study	ANDRE 1976/3	Page in Report:	156
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non institutionalized, USA, 1972/11		
<i>Sample:</i>			
<i>Non-Response:</i>	38%		
<i>N:</i>	1072		

Measured Correlate

Class: . satisfaction with own abilities Code: S 2.5.1.1

Measurement: Closed question: "How do you feel about yourself - what you are accomplishing and how you handle problems?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SLW/c/sq/n/7/a	r=+.46	
O-SLW/u/sq/t/101/a	r=+.33	

Study	BRAEN 1991	Page in Report:	103
<i>Reported in:</i>	Braenholm,I-B., Eklund,M., Fugl-Meyer, K.S. & Fugl-Meyer, A.R. On Work and Life Satisfaction M.Eklund: On vocational rehabilitation in Northern Sweden, Diss. 1991 Univ. of Umea, pp 95-107		
<i>Population:</i>	25-55 aged, vocationally actives, Umea, Northern Sweden, 1986/87		
<i>Sample:</i>	Probability stratified sample		
<i>Non-Response:</i>			
<i>N:</i>	163		

Measured Correlate

Class: . satisfaction with own abilities Code: S 2.5.1.1

Measurement: How satisfactory is this aspect of your life? . . .
Ability to manage my self care
1 very dissatisfaction
2 dissatisfaction
3 rather dissatisfaction
4 rather satisfying
5 satisfying
6 very satisfying

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SLW/u/sq/v/6/a	rs=+.21 p<.01	

Study	STAPE 1987	<i>Page in Report:</i>	2
<i>Reported in:</i>	Stapel, J. Kundigheden en geluk (Abilities and happiness) Unpublished paper NIPO, Institute for Public Opinion Research, (NIPO) Amsterdam, The Netherlands, 1987		
<i>Population:</i>	18+ aged, general public, non-institutionalized, The Netherlands, 1987		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	825		

Measured Correlate

<i>Class:</i>	. satisfaction with own abilities	Code: S 2.5.1.1
<i>Measurement:</i>	Single closed question: "Are you satisfied, not so satisfied or unsatisfied with everything you are able to do?"	
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
M-FH/u/sq/v/3/a	G=+.77 p<.01	
	G=+.77 p<.01	

Study	ANDRE 1976/4	Page in Report:	141
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
Population:	18+ aged, general public, non-institutionalized, USA, 1973/3		
Sample:			
Non-Response:	26%		
N:	1433		

Measured Correlate

Class: . satisfaction with own coping Code: S 2.5.1.2

Measurement: Closed question: "How do you feel about the extent to which you can adjust to changes in your life?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	$E^2=+.44$	
	Beta=+.1	β controlled for 7 criterion satisfactions (physical needs met, yourself, how fairly treated, develop self, interesting daily life, fun and enjoyment, financial security).
	Beta=+.1	β controlled for sociodemographic variables (family life-cycle, age, family income, education, race, sex) and 7 criterion satisfactions. (see above)

Study	ANDRE 1976/4	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/3		
<i>Sample:</i>			
<i>Non-Response:</i>	26%		
<i>N:</i>	1433		

Measured Correlate

Class: . satisfaction with own coping Code: S 2.5.1.2

Measurement: Closed question: "How do you feel about the extent to which you are tough and can take it?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	E ² =+.33	

Study	ANDRE 1976/4	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/3		
<i>Sample:</i>			
<i>Non-Response:</i>	26%		
<i>N:</i>	1433		

Measured Correlate

Class: . satisfaction with own coping Code: S 2.5.1.2

Measurement: Closed question: "How do you feel about the extent to which you are tough and can take it?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	E ² =+.33	

Study	ANDRE 1976/5	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/7		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: . satisfaction with own coping Code: S 2.5.1.2

Measurement: Closed question: "How do you feel about how creative you can be?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	r=+.35	

Study	ANDRE 1976/5	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/7		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: . satisfaction with own coping Code: S 2.5.1.2

Measurement: 3-item of questions "How do you feel about?"
 1. the extent of toughness
 2. the way you handle problems
 3. the extent to adjustment to changes.
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
 mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
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O-DT/u/sqt/v/7/a	r=+.63	
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Study	ANDRE 1976/5	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/7		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: . satisfaction with own coping Code: S 2.5.1.2

Measurement: 3-item of questions "How do you feel about?"
 1. the extent of toughness
 2. the way you handle problems
 3. the extent to adjustment to changes.
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
 mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
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O-DT/u/sqt/v/7/a	r=+.63	
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Study	ANDRE 1976/5	Page in Report:	112
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
Population:	18+ aged, general public, non-institutionalized, USA, 1973/7		
Sample:			
Non-Response:			
N:	222		

Measured Correlate

Class: . satisfaction with own creativeness Code: S 2.5.1.3

Measurement: Closed question: "How do you feel about how creative you can be?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	r=+.35	

Study	FORTI 1983	<i>Page in Report:</i>
<i>Reported in:</i>	Th.J. Forti, M.S. Hyg A Documented Evaluation of Primary Prevention through Consultation Community Mental Health Journal, 1983, p 290-304	
<i>Population:</i>	Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981	
<i>Sample:</i>		
<i>Non-Response:</i>	T1: 18%, T2: 14%, T3: 23%	
<i>N:</i>	T1: 146, T2: 154, T3: 137	

Measured Correlate

<i>Class:</i>	. satisfaction with own creativeness	Code: S 2.5.1.3
<i>Measurement:</i>	Single closed question: 'How do you feel about your creativity?'	rated on a 7-point Delighted Terrible scale, ranging from (1) Delighted to (7) Terrible, (8) neither. (order reversed)
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-DT/u/sq/f/7/a	r=+	<p>T1: 1977 r= +.16 (05) T2: 1979 r= +.24 (01) T3: 1981 r= +.15 (05)</p> <p>Both variables assessed at T1, T2, and T3. Correlation concerns same time measures.</p>

Study	HEADE 1981	Page in Report:	166
<i>Reported in:</i>	Headey, B. The Quality of Life in Australia Social Indicators Research, 1981, Vol. 9, 155-181		
<i>Population:</i>	Adults, general public, Australia 1978		
<i>Sample:</i>	Probability sample (unspecified)		
<i>Non-Response:</i>	not reported		
<i>N:</i>	679		

Measured Correlate

<i>Class:</i>	. satisfaction with self-realization Code: S 2.5.1.4
<i>Measurement:</i>	Index of two single questions on: a: The way you handle problems that come up in your life b: Extent to which you can adjust to changes in your life Both items scored on 1-9 D-T rating scale, summation by average.
<i>Measured Values:</i>	M = 6.5 SD = 1.3
<i>Error Estimates:</i>	
<i>Remarks:</i>	Both items scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/9/a	r=+.55 p<.001 Beta=+.1	all cases Beta's controlled for satisfaction with - self-fulfillment - sex life - family activities - work around the house - mother - health - house - standard of living - assertiveness - friends - fun and enjoyment - marriage

Beta=+.0	married cases Beta's controlled for satisfaction with - self-fulfillment - sex life - family activities - work around the house - mother - health - house - standard of living - assertiveness - friends - fun and enjoyment - marriage
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Study	SCHUL 1985B	<i>Page in Report:</i>	27,49,T53
<i>Reported in:</i>	Schulz, W.; Költringer, R.; Norden, G.; Tüchler, H. Lebensqualität in Österreich (Quality-of-life in Austria) Research paper nr 10/1, Institut für Soziologie, University of Vienna, Austria 1985		
<i>Population:</i>	Adults, non-institutionalized, Austria, 1984		
<i>Sample:</i>			
<i>Non-Response:</i>	?		
<i>N:</i>	1776		

Measured Correlate

<i>Class:</i>	. satisfaction with self-realization	Code: S 2.5.1.4
<i>Measurement:</i>	Seven item index of direct questions on satisfaction with self-realization during the last 14 days. The summed scores were divided into 3 strata, i.e. low, medium and high	
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
M-AO/c/mq/*/0/a	r=+.36 p<.05 Beta=+.1 p<.05	β controlled for: satisfaction with physical health, material satisfaction, satisfaction with partner, satisfaction with social involvement, satisfaction with work (positive), satisfaction with work (negative), and satisfaction with leisure time.
O-QL?/c/mq/v/5/a	r=+.36 p<.05	

Study	VENTE 1995	Page in Report:	422
<i>Reported in:</i>	Ventegodt, S. Livskvalitet i Danmark.(Quality of Life in Denmark) Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017		
<i>Population:</i>	18-88 aged, general public, Denmark, 1993		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	1494		

Measured Correlate

<i>Class:</i>	. satisfaction with self-realization Code: S 2.5.1.4
<i>Measurement:</i>	Single question: "How well is your need for self-realization fulfilled at present?" 1: very badly 2: badly 3: neither well nor badly 4: well 5: very well
<i>Measured Values:</i>	N: all:1385, 1:21, 2:118, 3:405, 4:621, 5:220
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.46 p<.00	1: Mt=4.76 2: Mt=5.58 3: Mt=7.29 4: Mt=8.21 5: Mt=8.94 All Mt=7.78
O-HL/c/sq/v/5/h	r=+.47 p<.00	1: Mt=4.44 2: Mt=5.10 3: Mt=6.34 4: Mt=7.43 5: Mt=8.11 All Mt=6.96
O-SLu/c/sq/v/5/e	r=+.54 p<.00	1: Mt=3.98 2: Mt=5.15 3: Mt=6.76 4: Mt=7.96 5: Mt=8.90 All Mt=7.45

Study	VENTE 1996	Page in Report:	446
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068		
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	4500		

Measured Correlate

<i>Class:</i>	. satisfaction with self-realization Code: S 2.5.1.4
<i>Measurement:</i>	Single question: "How well is your need for self-realization fulfilled at present?" 1: very badly 2: badly 3: neither well nor badly 4: well 5: very well
<i>Measured Values:</i>	N: All:4412; %:1:2,3; 2:10,7; 3:28,6; 4:42,3; 5:16,1
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.51 p<.00	1: Ms=4. 15 2: Ms=5. 63 3: Ms=7. 23 4: Ms=8. 30 5: Ms=9. 04
O-HL/c/sq/v/5/h	r=+.47 p<.00	1: Ms=4. 00 2: Ms=5. 33 3: Ms=6. 51 4: Ms=7. 49 5: Ms=8. 25
O-SLu/c/sq/v/5/e	r=+.55 p<.00	1: Ms=3. 06 2: Ms=5. 04 3: Ms=6. 94 4: Ms=7. 99 5: Ms=8. 91

Study	ANDRE 1976/4	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/3		
<i>Sample:</i>			
<i>Non-Response:</i>	26%		
<i>N:</i>	1433		

Measured Correlate

Class: . satisfaction with own morality Code: S 2.5.1.5

Measurement: Closed question: "How do you feel about how sincere and honest you are?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	E ² =+.32	

Study	ANDRE 1976/5	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/7		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: . satisfaction with own morality Code: S 2.5.1.5

Measurement: 2-item of questions "How do you feel about....?"
 1. your dependability and responsibility
 2. your sincerity and honesty
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query *Statistics* *Remarks*

O-DT/u/sqt/v/7/a r=+.37

Study	ANDRE 1976/5	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/7		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: . satisfaction with own morality Code: S 2.5.1.5

Measurement: 2-item of questions "How do you feel about....?"
 1. your dependability and responsibility
 2. your sincerity and honesty
 Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query *Statistics* *Remarks*

O-DT/u/sqt/v/7/a r=+.37

Study	HEADE 1981	Page in Report:	166
<i>Reported in:</i>	Headey, B. The Quality of Life in Australia Social Indicators Research, 1981, Vol. 9, 155-181		
<i>Population:</i>	Adults, general public, Australia 1978		
<i>Sample:</i>	Probability sample (unspecified)		
<i>Non-Response:</i>	not reported		
<i>N:</i>	679		

Measured Correlate

<i>Class:</i>	. satisfaction with own morality Code: S 2.5.1.5
<i>Measurement:</i>	Index of 3 single questions on satisfaction with: a: How dependable and responsible you can be b: Your own sincerity and honesty c: How generous and kind you are All scored on a 1-9 rating scale, summation by average.
<i>Measured Values:</i>	M = 7.2 SD = 1.0
<i>Error Estimates:</i>	
<i>Remarks:</i>	All items scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/9/a	r=+.39 p<.001	All items scored on the same rating scale as the question on happiness.

Study	ANDRE 1976/5	Page in Report:	156
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/7		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: Satisfaction with own accomplishments Code: S 2.5.2

Measurement: 3-item index of questions "How do you feel about?"
 1. the extent of achieving success and getting ahead
 2. what you are accomplishing
 3. the extent of developing yourself and broadening your life.
 Rated on a 7-point scale: terrible/unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SLW/u/sq/f/7/a	r=+.57	

Study	ANDRE 1989	Page in Report:	20
<i>Reported in:</i>	Andrews F.M. Stability and change in levels and structure of subjective well-being: USA 1972 and Paper presented at the International Conference on Social Reporting, Berlin, September 1989		
<i>Population:</i>	Adults, general public, non-institutionalized, USA, 1972-88		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	1972: 2369, 1988: 616		

Measured Correlate

<i>Class:</i>	Satisfaction with own accomplishments Code: S 2.5.2
<i>Measurement:</i>	Single direct question rated on 7 point delighted-terrible scale "How do you feel about what you have accomplished?"
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	$E^2=+$	1972: +.50 1988: +.59
	Beta=+	1972: +.25 1988: +.34 β controlled for satisfaction with 5 other aspects of life: 1: fun, 2: family income, 3: use of spare time, 4: national government, 5: health

Study	BACHM 1978	<i>Page in Report:</i>
<i>Reported in:</i>	Bachman, J. G., O'Malley, P. M., Johnston, J. Youth in transition, vol. VI: Adolescence to adulthood, change and stability in the lives Institute for Social Research, University of Michigan, Ann Arbor, Michigan, 1978	
<i>Population:</i>	Public highschool boys followed 8 years from grade 10, USA, 1966-74	
<i>Sample:</i>		
<i>Non-Response:</i>	2.8% at T1, 17.2% at T2, 21.0% at T3, 28.9% at T4, 28.5% at T5	
<i>N:</i>	T1 - T5: 2213/1886/1799/ 1620/1628	

Measured Correlate

<i>Class:</i>	Satisfaction with own accomplishments	Code: S 2.5.2
<i>Measurement:</i>	Simple direct question at T1 and T2: "How satisfied are you with the way you're actually doing in school?" 1 = not at all; 2 = not very; 3 = somewhat; 4 = quite; 5 = very satisfied	
<i>Measured Values:</i>		
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>																	
O-HP/g/mq/v/5/a	tau=+ p<.s	<table> <thead> <tr> <th rowspan="2">Happiness</th> <th colspan="2">Satisfaction with own school work</th> </tr> <tr> <th>T1</th> <th>T2</th> </tr> </thead> <tbody> <tr> <td>T1</td> <td>= +.20 (001)</td> <td>+.11 (01)</td> </tr> <tr> <td>T2</td> <td>= +.17 (001)</td> <td>+.16 (001)</td> </tr> <tr> <td>T3</td> <td>= +.10 (01)</td> <td>+.12 (01)</td> </tr> <tr> <td>T4</td> <td>= +.10 (01)</td> <td>+.11 (01)</td> </tr> </tbody> </table> <p>T1: 1966, T2: 1968, T3: 1969, T4: 1970</p>	Happiness	Satisfaction with own school work		T1	T2	T1	= +.20 (001)	+.11 (01)	T2	= +.17 (001)	+.16 (001)	T3	= +.10 (01)	+.12 (01)	T4	= +.10 (01)	+.11 (01)
Happiness	Satisfaction with own school work																		
	T1	T2																	
T1	= +.20 (001)	+.11 (01)																	
T2	= +.17 (001)	+.16 (001)																	
T3	= +.10 (01)	+.12 (01)																	
T4	= +.10 (01)	+.11 (01)																	

Study	FORTI 1983	<i>Page in Report:</i>
<i>Reported in:</i>	Th.J. Forti, M.S. Hyg A Documented Evaluation of Primary Prevention through Consultation Community Mental Health Journal, 1983, p 290-304	
<i>Population:</i>	Catholic nuns, re-organized cloister, followed 4 years, Louisiana, USA, 1977-1981	
<i>Sample:</i>		
<i>Non-Response:</i>	T1: 18%, T2: 14%, T3: 23%	
<i>N:</i>	T1: 146, T2: 154, T3: 137	

Measured Correlate

Class: Satisfaction with own accomplishments Code: S 2.5.2

Measurement: Single closed question:
'How do you feel about yourself accomplishments/problems/solving',
rated on a 7-point Delighted-Terrible scale, ranging from (1)
Delighted to
(7) Terrible. (8) Neutral.
(order reversed)

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-DT/u/sq/f/7/a	r=+	T1: 1977 r= +.45 (01) T2: 1979 r= +.52 (01) T3: 1981 r= +.48 (01) Both variables assessed at T1, T2, and T3. Correlation concerns same time measures.

Study	ANDRE 1976/4	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/3		
<i>Sample:</i>			
<i>Non-Response:</i>	26%		
<i>N:</i>	1433		

Measured Correlate

Class: . satisfaction with contributions to others Code: S 2.5.2.1

Measurement: Closed question: "How do you feel about how much you are really contributing to other people's lives?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	E ² =+.43	

Study	ANDRE 1976/5	Page in Report:	113
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/7		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: . satisfaction with contributions to others Code: S 2.5.2.1

Measurement: 2-item index of questions "How do you feel about....?"

1. the things you do to help people or groups in the community

2. the organizations you belong to

Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	r=+.28	

Study	ANDRE 1976/5	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/7		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: . satisfaction with contributions to others Code: S 2.5.2.1

Measurement: Closed question: "How do you feel about how much you are really contributing to other people's lives?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	r=+.32	

Study	VENTE 1995	Page in Report:	418
<i>Reported in:</i>	Ventegodt, S. Livskvalitet i Danmark.(Quality of Life in Denmark) Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017		
<i>Population:</i>	18-88 aged, general public, Denmark, 1993		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	1494		

Measured Correlate

<i>Class:</i>	. satisfaction with contributions to others	Code: S 2.5.2.1
<i>Measurement:</i>	Single question: "How well is your need to be useful fulfilled at present?" 1: very badly 2: badly 3: neither well nor badly 4: well 5: very well	
<i>Measured Values:</i>	N: all:1409, 1:8, 2:86, 3:360, 4:665, 5:290	
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.32 p<.00	1: Mt=2.50 2: Mt=5.93 3: Mt=7.46 4: Mt=7.90 5: Mt=8.58 All Mt=7.78
O-HL/c/sq/v/5/h	r=+.36 p<.00	1: Mt=2.50 2: Mt=5.20 3: Mt=6.51 4: Mt=7.10 5: Mt=7.85 All Mt=6.96
O-SLu/c/sq/v/5/e	r=+.41 p<.00	1: Mt=1.56 2: Mt=5.06 3: Mt=7.05 4: Mt=7.61 5: Mt=8.46 All Mt=7.45

Study	VENTE 1996	<i>Page in Report:</i>
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068	
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961	
<i>Sample:</i>	Non-probability purposive sample (unspecified)	
<i>Non-Response:</i>	39%	
<i>N:</i>	4500	

Measured Correlate

<i>Class:</i>	. satisfaction with contributions to others	Code: S 2.5.2.1
<i>Measurement:</i>	Single question: "How well is your need to be useful fulfilled at present?" 1: very badly 2: badly 3: neither well nor badly 4: well 5: very well	
<i>Measured Values:</i>	N: All:4484; %:1:1,4; 2:6,6; 3:29,2; 4:43,5; 5:19,3	
<i>Error Estimates:</i>		
<i>Remarks:</i>	The explanation says: " that is your need to help other people and your contribution to make the world a better place ?"	

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-AOL/m/sq/v/5/a	r=+.35 p<.00	1: Ms=4. 26 2: Ms=6. 03 3: Ms=7. 34 4: Ms=7. 80 5: Ms=8. 61
O-HL/c/sq/v/5/h	r=+.34 p<.00	1: Ms=4. 06 2: Ms=5. 69 3: Ms=6. 55 4: Ms=7. 25 5: Ms=7. 93
O-SLu/c/sq/v/5/e	r=+.38 p<.00	1: Ms=3. 75 2: Ms=5. 39 3: Ms=6. 95 4: Ms=7. 75 5: Ms=8. 43

Study	WESEM 1960	Page in Report:	122
<i>Reported in:</i>	Wessman, A.E., Ricks, D.F. & McIlvaine Tyl, M. Characteristics and concomitants of mood fluctuation in college women. Journal of Abnormal and Social Psychology, 1960, vol. 60, p. 117-126.		
<i>Population:</i>	Female college students, followed 6 weeks, Radcliffe, USA, 1957		
<i>Sample:</i>			
<i>Non-Response:</i>	44% dropouts		
<i>N:</i>	14		

Measured Correlate

Class: Current consistency of self-image Code: S 2.6

Measurement: Correlation between self descriptions provided in relation and in depression, as assessed by a Q sort of 45 items, filled out both in extremely high and extremely low moods for self-concept ('the most accurate picture of your-self as you really believe you are now').

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
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A-ARE/md/sqr/v/10/ rs=+.09 ns

Study	VENTE 1996	Page in Report:	292
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068		
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	4500		

Measured Correlate

<i>Class:</i>	Current reputation (social self) Code: S 2.7
<i>Measurement:</i>	Single question: "Do you feel sexually attractive?" 1: No 2: Not sure 3: Yes
<i>Measured Values:</i>	N: All:4514; 1:549; 2:2003; 3:1962
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.18 p<.00	1: Mt=6. 99 2: Mt=7. 59 3: Mt=8. 13
O-HL/c/sq/v/5/h	r=+.17 p<.00	1: Mt=6. 36 2: Mt=6. 85 3: Mt=7. 39
O-SLu/c/sq/v/5/e	r=+.18 p<.00	1: Mt=6. 64 2: Mt=7. 25 3: Mt=7. 83

Study	WEBB 1915/1	<i>Page in Report:</i>	26
<i>Reported in:</i>	Webb, E. Character and intelligence. An attempt at an exact study of character. London, 1915, Cambridge University Press.		
<i>Population:</i>	Male college students, England, 1912		
<i>Sample:</i>			
<i>Non-Response:</i>	-		
<i>N:</i>	194		

Measured Correlate

Class: Current reputation (social self) Code: S 2.7

Measurement: Trained-peer rating on love for the beautiful for its own sake on a 7-point scale on the basis of observation during 6 months.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
A-CP/g/rdp/ro/7/a	r=-.07	

Study	GORDO 1975	<i>Page in Report:</i>	85, 87
<i>Reported in:</i>	Gordon, R.M. The effects of interpersonal and economic resources upon values and the quality of Unpublished PhD dissertation, Temple University, Pennsylvania, USA, 1975		
<i>Population:</i>	Undergraduate students, Temple University, Pennsylvania, USA, 1973		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	346		

Measured Correlate

<i>Class:</i>	Self-perceived reputation Code: S 2.7.1
<i>Measurement:</i>	Direct question: "I often feel important and respected now". Rated on a 9-point scale ranging from 1='lowest, not at all, never' to 9='highest, completely, always'
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-HL/g/sq/n/9/a	r=+.36 rpc=.00	rpc controlled for selfperceived receipt of: love, services, financial security, sex and information.

Study	HEADE 1981	Page in Report:	165
<i>Reported in:</i>	Headey, B. The Quality of Life in Australia Social Indicators Research, 1981, Vol. 9, 155-181		
<i>Population:</i>	Adults, general public, Australia 1978		
<i>Sample:</i>	Probability sample (unspecified)		
<i>Non-Response:</i>	not reported		
<i>N:</i>	679		

Measured Correlate

<i>Class:</i>	Self-perceived reputation Code: S 2.7.1
<i>Measurement:</i>	Index of two single questions on satisfaction with: a: How fairly you get treated b: Respect and recognition you get Both items scored on 1-9 rating scale, summation by average.
<i>Measured Values:</i>	$M = 6.8$ $SD = 1.1$
<i>Error Estimates:</i>	
<i>Remarks:</i>	Both items scored on the same rating scale as the question on happiness.

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/9/a	$r=+.53$ $p<.001$	Both items scored on the same rating scale as the question on happiness.

Study	JONG 1969	<i>Page in Report:</i>
<i>Reported in:</i>	Jong-Gierveld, J. de The unmarried. (In Dutch: De ongehuwden). Samson Publ. 1969, Alphen a/d Rijn, The Netherlands.	
<i>Population:</i>	30-55 aged, general public, Amsterdam, The Netherlands, 1965	
<i>Sample:</i>		
<i>Non-Response:</i>	31%;	
<i>N:</i>	600	

Measured Correlate

Class: Self-perceived reputation Code: S 2.7.1

Measurement: Expected agreement of married persons with 3 positive statements about singles: singles have an easy carefree life, a better financial position, a lot of leisure time.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-SL?/?/sq/v/5/a	r=	Computed for never marrieds only. Males : r = -.04 Females: r = +.06

Study	JONG 1969	<i>Page in Report:</i>
<i>Reported in:</i>	Jong-Gierveld, J. de The unmarried. (In Dutch: De ongehuwden). Samson Publ. 1969, Alphen a/d Rijn, The Netherlands.	
<i>Population:</i>	30-55 aged, general public, Amsterdam, The Netherlands, 1965	
<i>Sample:</i>		
<i>Non-Response:</i>	31%;	
<i>N:</i>	600	

Measured Correlate

<i>Class:</i>	Self-perceived reputation Code: S 2.7.1
<i>Measurement:</i>	Expected agreement of married persons with 11 negative statements about singles: singles like being on their own, live a frivolous life, are often jealous, shy, unattractive, reserved, etc.
<i>Measured Values:</i>	
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

<i>Happiness Query</i>	<i>Statistics</i>	<i>Remarks</i>
O-SL?/?/sq/v/5/a	r=-	Computed for never marrieds only. Males : r = -.19 Females: r = -.03

Study	JONG 1969	Page in Report:	191
<i>Reported in:</i>	Jong-Gierveld, J. de The unmarried. (In Dutch: De ongehuwden). Samson Publ. 1969, Alphen a/d Rijn, The Netherlands.		
<i>Population:</i>	30-55 aged, general public, Amsterdam, The Netherlands, 1965		
<i>Sample:</i>			
<i>Non-Response:</i>	31%;		
<i>N:</i>	600		

Measured Correlate

Class: Self-perceived reputation Code: S 2.7.1

Measurement: Question rated on a 3-point scale.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SL?/?/sq/v/5/a	r=+ p<	Never married males : r = +.16 (ns) Married males : r = +.08 (ns) Never married females: r = +.10 (.025) Married females : r = +.16 (ns)

Study	VENTE 1995	Page in Report:	364
<i>Reported in:</i>	Ventegodt, S. Livskvalitet i Danmark.(Quality of Life in Denmark) Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017		
<i>Population:</i>	18-88 aged, general public, Denmark, 1993		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	1494		

Measured Correlate

<i>Class:</i>	Self-perceived reputation Code: S 2.7.1
<i>Measurement:</i>	Single question: "Do you think that other people mostly think and speak well of you?" 1: no 2: not sure 3: yes
<i>Measured Values:</i>	N: all:1442, 1:96, 2:473, 3:873
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.19 p<.00	1: Mt=7.14 2: Mt=7.33 3: Mt=8.11 All Mt=7.79
O-HL/c/sq/v/5/h	r=+.15 p<.00	1: Mt=6.49 2: Mt=6.63 3: Mt=7.19 All Mt=6.96
O-SLu/c/sq/v/5/e	r=+.21 p<.00	1: Mt=6.73 2: Mt=6.96 3: Mt=7.81 All Mt=7.46

Study	VENTE 1995	Page in Report:	278
<i>Reported in:</i>	Ventegodt, S. Livskvalitet i Danmark.(Quality of Life in Denmark) Forskningscentrets Forlag (The Quality of Life Research Center), København, Denmark, ISBN 8790190017		
<i>Population:</i>	18-88 aged, general public, Denmark, 1993		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	1494		

Measured Correlate

<i>Class:</i>	Self-perceived reputation	Code: S 2.7.1
<i>Measurement:</i>	Single question: " Do you feel sexually attractive ?"	
	1: no	
	2: not sure	
	3: yes	
<i>Measured Values:</i>	N: 1:254, 2:673, 3:440	
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.15 p<.00	1: Mt=7.20 2: Mt=7.76 3: Mt=8.10 All Mt=7.76
O-HL/c/sq/v/5/h	r=+.16 p<.00	1: Mt=6.58 2: Mt=6.81 3: Mt=7.40 All Mt=6.96
O-SLu/c/sq/v/5/e	r=+.13 p<.00	1: Mt=7.09 2: Mt=7.35 3: Mt=7.81 All Mt=7.45

Study	VENTE 1996	Page in Report:	386
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068		
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	4500		

Measured Correlate

<i>Class:</i>	Self-perceived reputation Code: S 2.7.1
<i>Measurement:</i>	Single question: "Do you believe that other people mostly think and speak well of you?" 1: no 2: not sure 3: yes
<i>Measured Values:</i>	N: All:4572; %: 1: 7,2; 2:29,5; 3:63,2
<i>Error Estimates:</i>	
<i>Remarks:</i>	

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.20 p<.00	1: Mt=6. 86 2: Mt=7. 28 3: Mt=8. 06
O-HL/c/sq/v/5/h	r=+.17 p<.00	1: Mt=6. 33 2: Mt=6. 63 3: Mt=7. 29
O-SLu/c/sq/v/5/e	r=+.19 p<.00	1: Mt=6. 58 2: Mt=6. 95 3: Mt=7. 74

Study	VENTE 1996	Page in Report:	292
<i>Reported in:</i>	Ventegodt, S. Livskvalitet hos 4500 31-33 årige (The Quality Of Life of 4500 31-33-year-olds) Forskningscenter for Livskvalitet, Forskningscentrets Forlag, København 1996, ISBN 8790190068		
<i>Population:</i>	Persons born at the University Hospital in Copenhagen 1959-1961		
<i>Sample:</i>	Non-probability purposive sample (unspecified)		
<i>Non-Response:</i>	39%		
<i>N:</i>	4500		

Measured Correlate

<i>Class:</i>	Self-perceived reputation	Code: S 2.7.1
<i>Measurement:</i>	Single question: "Do you feel sexually attractive?"	
	1: No	
	2: Not sure	
	3: Yes	
<i>Measured Values:</i>	N: All:4514; 1:549; 2:2003; 3:1962	
<i>Error Estimates:</i>		
<i>Remarks:</i>		

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-AOL/m/sq/v/5/a	r=+.18 p<.00	1: Mt=6. 99 2: Mt=7. 59 3: Mt=8. 13
O-HL/c/sq/v/5/h	r=+.17 p<.00	1: Mt=6. 36 2: Mt=6. 85 3: Mt=7. 39
O-SLu/c/sq/v/5/e	r=+.18 p<.00	1: Mt=6. 64 2: Mt=7. 25 3: Mt=7. 83

Study	IRWIN 1979	Page in Report:	11
<i>Reported in:</i>	Irwin, R.; Kammann, R.; Dixon, G. If you want to know how happy I am you'll have to ask me New Zealand Psychologist, Vol. 8, 1979, p.10-12		
<i>Population:</i>	Singles, Dunedin New Zealand, 1975		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	78		

Measured Correlate

Class: Congruency self-image and reputation Code: S 2.7.2

Measurement: Correspondence of self-rating of Ss' happiness with ratings of Ss' happiness by two flatmates.
Flatmates rated how they thought the Ss
WILL rate themselves and how they SHOULD
rate if they were honest to themselves.
These ratings appeared largely identical and were added.

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
M-FH/cm/sq/v/7/a	r=+.27	p<.05

Study	LOWEN 1975	Page in Report:	93
Reported in:	Lowenthal,M.F., Thurnher,M. & Chiriboga,D. Four stages of life: A comparative study of women and men facing transitions Jossey-Bass, 1975, San Francisco, USA		
Population:	People in transition, metropolis,USA, 1969		
Sample:			
Non-Response:			
N:	216		

Measured Correlate

Class: Congruency self-image and reputation Code: S 2.7.2

Measurement: Correlation between respondents score on the Adjective Rating List (Block, 1961) as produced by himself vs produced by the interviewer.

Measured Values:

Error Estimates:

Remarks: hs seniors males: r=+.38 ns females: r= ns newly weds males: r=+.37 ns females: r=+.40 05 middle aged males: r= ns females: r= ns preretired males: r= ns females: r= ns

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-Sum/u/mq/*0/a	r=+.39 p<.01 r=+.24 p<.05	Youngest (hs seniors + newly-weds) Oldest (middle aged + preretired) hs seniors males: r=+.38 ns females: r= ns newly weds males: r=+.37 ns females: r=+.40 05 middle aged males: r= ns females: r= ns preretired males: r= ns females: r= ns

Study	LOWEN 1975	Page in Report:	93
Reported in:	Lowenthal,M.F., Thurnher,M. & Chiriboga,D. Four stages of life: A comparative study of women and men facing transitions Jossey-Bass, 1975, San Francisco, USA		
Population:	People in transition, metropolis,USA, 1969		
Sample:			
Non-Response:			
N:	216		

Measured Correlate

Class: Congruency self-image and reputation Code: S 2.7.2

Measurement: Correlation between respondents score on the Adjective Rating List (Block, 1961) as produced by himself vs produced by the interviewer.

Measured Values:

Error Estimates:

Remarks: hs seniors males: r= ns females: r= ns newly weds males: r= ns females: r=+.50 (05)
middle aged males: r= ns females: r= ns preretired males: r= ns females: r= ns

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-BB/cw/mq/v/4/d	r=+.29 p<.01 r= ns	Youngest (hs seniors + newly-weds) Oldest (middle aged + preretired) hs seniors males: r= ns females: r= ns newly weds males: r= ns females: r=+.50 (05) middle aged males: r= ns females: r= ns preretired males: r= ns females: r= ns

Study	ANDRE 1976/3	Page in Report:	156
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non institutionalized, USA, 1972/11		
<i>Sample:</i>			
<i>Non-Response:</i>	38%		
<i>N:</i>	1072		

Measured Correlate

Class: Attitudes to own reputation Code: S 2.7.3

Measurement: Closed question: "How do you feel about how much you are admired or respected by other people?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SLW/c/sq/n/7/a	r=+.27	
O-SLW/u/sq/t/101/a	r=+.25	

Study	ANDRE 1976/3	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non institutionalized, USA, 1972/11		
<i>Sample:</i>			
<i>Non-Response:</i>	38%		
<i>N:</i>	1072		

Measured Correlate

Class: Attitudes to own reputation Code: S 2.7.3

Measurement: Closed question: "How do you feel about how much you are admired or respected by other people?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	E ² =+.34	

Study	ANDRE 1976/3	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non institutionalized, USA, 1972/11		
<i>Sample:</i>			
<i>Non-Response:</i>	38%		
<i>N:</i>	1072		

Measured Correlate

Class: Attitudes to own reputation Code: S 2.7.3

Measurement: Closed question: "How do you feel about how much you are admired or respected by other people?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	E ² =+.34	

Study	ANDRE 1976/3	Page in Report:	156
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non institutionalized, USA, 1972/11		
<i>Sample:</i>			
<i>Non-Response:</i>	38%		
<i>N:</i>	1072		

Measured Correlate

Class: Attitudes to own reputation Code: S 2.7.3

Measurement: Closed question: "How do you feel about how much you are admired or respected by other people?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-SLW/c/sq/n/7/a	r=+.27	
O-SLW/u/sq/t/101/a	r=+.25	

Study	ANDRE 1976/4	Page in Report:	156
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/3		
<i>Sample:</i>			
<i>Non-Response:</i>	26%		
<i>N:</i>	1433		

Measured Correlate

Class: Attitudes to own reputation Code: S 2.7.3

Measurement: Closed question: "How do you feel about how sincere and honest other people are?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=+.25	

Study	ANDRE 1976/4	Page in Report:	156
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/3		
<i>Sample:</i>			
<i>Non-Response:</i>	26%		
<i>N:</i>	1433		

Measured Correlate

Class: Attitudes to own reputation Code: S 2.7.3

Measurement: Closed question: "How do you feel about how much you are included and accepted by others?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=+.35	

Study	ANDRE 1976/4	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/3		
<i>Sample:</i>			
<i>Non-Response:</i>	26%		
<i>N:</i>	1433		

Measured Correlate

Class: Attitudes to own reputation Code: S 2.7.3

Measurement: Closed question: "How do you feel about the amount of respect you get from others?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	E ² =+.39	

Study	ANDRE 1976/4	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/3		
<i>Sample:</i>			
<i>Non-Response:</i>	26%		
<i>N:</i>	1433		

Measured Correlate

Class: Attitudes to own reputation Code: S 2.7.3

Measurement: Closed question: "How do you feel about how much you are accepted and included by others?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/
mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	E ² =+.50	

Study	ANDRE 1976/5	Page in Report:	112
<i>Reported in:</i>	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' Perceptions of Life Quality Plenum Press, 1976, New York, USA		
<i>Population:</i>	18+ aged, general public, non-institutionalized, USA, 1973/7		
<i>Sample:</i>			
<i>Non-Response:</i>			
<i>N:</i>	222		

Measured Correlate

Class: Attitudes to own reputation Code: S 2.7.3

Measurement: 3-item index containing satisfaction with how much one is admired or respected by other people, with how one gets on with other people, and with how much one is accepted and included: "How do you feel about...?"
Rated on a 7-point scale: terrible/ unhappy/ mostly dissatisfied/ mixed/ mostly satisfied/ pleased/ delighted

Measured Values:

Error Estimates:

Remarks:

Observed Relation with Happiness

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.24	
O-BW/cy/sq/l/9/a	r=+.15	
O-DT/u/sqt/v/7/a	r=+.53	
O-HL/c/sq/v/3/aa	r=+.30	
O-HL/u/sq/v/7/b	r=+.53	
O-SLW/u/sq/f/7/a	r=+.38	

Appendix 1 Queries on Happiness used in reported Studies

Happiness Query Code Full Text

A-AOL/c/sq/v/5/c	<p>Selfreport on single question:</p> <p>"How well do you feel these days? Is your current well-being....?"</p> <p>0 very low 1 2 3 4 very high</p>
	<p>In German:</p> <p>"Wie wohl fühlen Sie sich derzeit? Ist Ihr Wohlbefinden zur Zeit....?"</p> <p>0 sehr gering 1 eher gering 2 maesig 3 gross 4 sehr gross</p>
A-AOL/cy/sq/v/10/a	<p>Selfreport on single question:</p> <p>"In thinking over the past year, indicate how elated or depressed, happy or unhappy you have felt....?"</p> <p>10 Complete elation, rapturous joy and soaring ecstasy 9 Very elated and in very high spirits. Tremendous delight and buoyancy. 8 Elated and in high spirits. 7 Feeling very good and cheerfull. 6 Feeling pretty good , "OK". 5 Feeling a little bit low. Just so-so. 4 Spirits low and somewhat "blue". 3 Depressed and feeling very low. Definitely "blue". 2 Tremendously depressed. Feeling terrible, really miserable, "just awfull". 1 Utter depression and gloom. Completely down. All is black and leaden. Wish it were all over.</p>
A-AOL/g/sq/v/5/a	<p>Selfreport on single question:</p> <p>"In general, how would you say you feel most of the time - in good spirits or in low spirits....?"</p> <p>5 very good spirits 4 fairly good spirits 3 neither good spirits nor low spirits 2 fairly low spirits 1 very low spirits.</p>
A-AOL/m/sq/v/5/a	<p>Single direct question: 'How are you feeling now....?'</p> <p>5 very good 4 good</p>

3 neither good nor poor
 2 poor
 1 very poor

Original text in Danish:
 'Hvordan har du det for tiden?
 5 meget godt
 4 godt
 3 hverken godt eller dårligt
 2 dårligt
 1 meget dårligt

A-AOL/se/sq/v/7/a Selfreport on single question

"Taken things together: how did you feel since you got ill....?"
 7 very good
 6
 5
 4
 3
 2
 1 very bad

A-AOL/u/mq/v/10/a Selfreport on 4 questions:

"The following are statements of feelings or mood. Please read them over and then indicate which of these overall feelings best describes your feelings."
 A) Right now you feel
 B) The best you felt today
 C) The worst you felt today ...
 D) The way you usually feel ...

Response options:

10. Complete elations, rapturous joy, and soaring ecstasy.
9. Very elated and in very high spirits; tremendous delight and buoyancy.
8. Elated and in high spirits.
7. Feeling very good and cheerful.
6. Feeling pretty good, "OK".
5. Feeling a little bit low. Just so-so.
4. Spirits low and somewhat blue.
3. Depressed and feeling very low. Definitely blue.
2. Tremendously depressed. Feeling terrible, really miserable, "just awful".
1. Utter depression and gloom. Completely down. All is black and leaden. Wish it were all over.

Summation: average scores on A,B,C,D.

Name: Elation-Depression Scale (variant)

A-ARE/md/sqr/v/10/a Selfreport on single question, repeated every evening before retiring during 3 weeks (experience sampling).

"On the average, how happy or unhappy did you feel today....?"

- 1 Extremely unhappy. Utterly depressed. Completely down.
- 2 Very unhappy. Depressed. Spirits very low.
- 3 Pretty unhappy. Somewhat 'blue'. Spirits down.
- 4 Mildly unhappy. Just a little low.
- 5 Barely unhappy. Just this side of neutral.
- 6 Barely happy. Just this side of neutral.
- 7 Mildly happy. Feeling fairly good and somewhat cheerful.
- 8 Pretty happy. Spirits high. Feeling good.
- 9 Very happy. Feeling really good. Elated.
- 10 Extremely happy. Feeling ecstatic, joyous, fantastic.

Name: Wessman & Ricks' 'Elation - Depression Scale" (adapted version)

A-ARE/md/sqr/v/10/b

Selfreport on single question, answered every evening before retiring during six weeks (experience sampling)

"On average; how elated or depressed, happy or unhappy you felt today....?"

- 10 Complete elation, rapturous joy and soaring ecstasy
- 9 Very elated and in very high spirits. Tremendous delight and buoyancy
- 8 Elated and in high spirits
- 7 Feeling very good and cheerfull
- 6 Feeling pretty good, "OK"
- 5 Feeling a little bit low. Just so-so
- 4 Spirits low and somewhat 'blue'
- 3 Depressed and feeling very low. Definitely 'blue'
- 2 Tremendously depressed. Feeling terrible, really miserable, "just awfull"
- 1 Utter depression and gloom. Completely down. All is black and leaden. Wish it were all over.

Name: Wesssman & Ricks' 'Elation - depression scale'

A-BB/cm/mq/v/2/a

Selfreport on 10 questions:

"During the past few weeks, did you ever feel?" (yes/no)

- A Particularly exited or interested in something?
- B So restless that you couldn't sit long in a chair?
- C Proud because someone complimented you on something you had done?
- D Very lonely or remote from other people?
- E Pleased about having accomplished something?
- F Bored?
- G On top of the world?
- H Depressed or very unhappy?
- I That things were going your way?
- J Upset because someone criticized you?

Answer options and scoring:

yes = 1

no = 0

Summation:

- Positive Affect Score (PAS): A+C+E+G+I
- Negative Affect Score (NAS): B+D+F+H+J
- Affect Balance Score (ABS): PAS minus NAS

Possible range: -5 to +5

Name: Bradburn's 'Affect Balance Scale' (standard version)

A-BB/cm/mq/v/5/a

Selfreport on 13 questions:

"During the past four weeks have you ever felt....?" (yes/no)

- A Pleased about having accomplished something.
- B Things going my way.
- C Proud because someone complimented me on something I had done.
- D Particularly excited or interested in something I had done.
- E On top of the world.
- F A deep sense of joy.
- G Pleased because my life feels orderly and secure.
- H Bored.
- I Very lonely and remote from other people.
- J Jealous of somebody.
- K Angry with someone.
- L Disappointed in myself..
- M Unhappy about the small number of times I have pleasant feelings and experiences.

Answer options:

- 0 no
- yes

If yes: How often did you feel so?

- 5 every day
- 4 several times a week
- 3 once a week
- 2 2 or 3 times a month
- 1 once a month

Summation:

- Positive Affect Score (PAS): Average A to G
- Negative Affect Score (NAS): Average H to M
- Affect Balance Score (AB): PAS minus NAS

Possible range: +42 tot -30

Name : Bradburn's "Affected Balance Scale' (modified version)

A-BB/cw/mq/v/4/c

Selfreport on 8 questions:

" In the past few weeks did you ever feel....?"

- A Pleased about having accomplished something
- B Upset because someone criticized you
- C Proud because someone complimented you one something you had done
- D That things are going your way

- E So restless you couldn't sit long in a chair
- F Unhappy or depressed
- G Particularly interested in something
- H Lonely and remote from other people

Response options:

- 0 not at all
- 1 sometimes
- 2 often
- 3 very often

Scoring: a = 0.....d = 3

Summation:

Positive Affect Score (PAS): summed scores on A, C, D, G

Negative Affect Score (NAS): summed scores on B, E, F, H

Affect Balance Score (ABS): PAS minus NAS

Name: Bradburn's Affect Balance Scale (variant)
Selfreport on 8 questions.

"During the past week, did you ever feel.....?"

- A very lonely
- B restless
- C bored
- D depressed
- E on top of the world
- F exited or interested
- G pleased about accomplishment
- H proud

Answer options:

- 1 never
- 2 once
- 3 several times
- 4 often

Summation:

-Positive Affect Score (PAS): E+F+G+H

-Negative Affect Score (NAS): A+B+C+D

-Affect Balance Score (ABS): PAS-NAS+13

Name: Bradburn's Affect Balance Scale (modified version)
Selfreport on 48 questions:

SENTENCES

Each of the sentences below describes a FEELING. Mark HOW OFTEN you had that feeling during the past few weeks.

- A Nothing goes right with me
- B I feel close to people around me
- C I feel as though the best years of my life are over

D I feel my life is on the right track
E I feel loved and trusted
F My work gives me a lot of pleasure
G I don't like myself
H I feel very tense
I I feel life isn't worth living
J I am content with myself
K My past life is filled with failure
L Everything I do seems worthwhile
M I can't be bothered doing anything
N I feel I can do whatever I want to
O I have lost interest in other people and don't care about them
P Everything is going right for me
Q I can express my feelings and emotions towards other people
R I'm easy going
S I seem to be left alone when I don't want to be
T I wish I could change some parts of my life
U I seem to have no real drive to do anything
V The future looks good
W I become very lonely
X I can concentrate well on what I'm doing
Y I feel out of place
Z I think clearly and creatively
AA I feel alone
AB I feel free and easy
AC I smile and laugh a lot
AD I feel things are going my way
AE The world seems a cold and impersonal place
AF I feel I've made a mess of things again
AG I feel like hiding away
AH I feel confident about decisions I make
AI I feel depressed for no apparent reason
AJ I feel other people like me
AK I feel like a failure
AL I feel I'm a complete person
AM I'm not sure I'm done the right thing
AN My future looks good
AO I'm making the most out of my life
AP Everything is going right for me
AQ I feel unimportant
AR I feel as though there must be something wrong with me
AS I don't feel like making the effort to do anything
AT I feel confident in my dealings with the opposite sex
AU I want to hurt those who have hurt me
AV The results I have obtained make my efforts worthwhile

ADJECTIVES

Each of the objectives below describe a FEELING. Mark HOW OFTEN you had that feeling during the past few weeks;

A Confident
B Hopeless
C Pleasant
D Insignificant
E Discontented
F Healthy
G Dejected
H Annoyed
I Down
J Glad
K Glowing
L Relaxed
M Comfortable
N Moody
O Understood
P Blue
Q Miserable
R Joyful
S Tense
T Insecure
U Shaky
V Satisfied
W Safe
X Successful
Y Free
Z Sad
AA Good-natured
AB Impatient
AC Rejected
AD Lively
AE Frustrated
AF Fearful
AG Lonely
AH Warm
AI Contented
AJ Good
AK Secure
AL Disappointed
AM Understanding
AN Depressed
AO Low
AP Calm
AQ Unhappy
AR Upset
AS Empty
AT Enthusiastic
AU Happy
AV Vibrant

Answer options:
0 not at all

- 1 occasionally
- 2 some of the time
- 3 often
- 4 all of the time

Summation:

- Positive Affect Score (PAS): mean positive items
- Negative Affect Score (NAS): mean negative items
- Affect Balance Score (ABS): PAS minus NAS

Possible range - 4 to +4

A-CA/mh/ri/v/2/b

Interviewer-rating of cheerfulness:

Altogether the respondent looks.....

- 2 quite cheerfull
- 1 not too cheerfull
- difficult to say

Part of the 8 item Allensbacher Ausdrücktest which also involves ratings of cheerful appearance in: look, mouth, posture, movements, eyes, elbows and lips. This general rating is the last item in the test.

Original text in German:

Der Befragte sieht insgesamt -

- 2 Ganz fröhlich aus.....
- 1 Nicht so fröhlig aus.....
- Unmöglich zu sagen.....

A-CP/g/rdp/ro/7/a

Peer rating on single question (based on contact during 6 months):

Rater instruction: "personal qualities are named and briefly annotated in this schedule. If you have any doubt as to the meaning of any of them, please ask me (investigator)

2. In the collums under each subject's name, place one of the marks for each of the qualities specified (+3, +2, +1, 0, -1, -2, -3) To avoid errors, please put the + sign as well as the -

'General tendency to be 'cheerful' (as opposed to being depressed and low spirited)

- +3 very high compared to average
- +2 distinctly above average
- +1 slightly above average
- 0 average
- 1 slightly below average
- 2 distinctly below average
- 3 lowest as compared to average

C-ASG/h/mq/v/5/a

Selfreport on 2 questions:

A. "How important was each of the following goals in life in the plans you made for yourself in early adulthood?"

- occupational success
- family life

- friendships
- richness of cultural life
- total service to society.

1 less important to me than to most people
 2
 3
 4
 5 of prime importance to me

B. "How successful have you been in the pursuit of these goals?"

1 little satisfaction in this area
 2
 3
 4
 5 had excellent fortune in this respect

Computation: General Satisfaction 5 is the quotient obtained by multiplying the planned goal (early adulthood) by the reported success in attaining that goal, adding the five of these multiplied areas and dividing them by the sum of the planned goals for each of the areas.

$$\frac{Pa.Sa + Pb.Sb + Pc.Sc + Pd.Sd + Pe.Se}{Pa + Pb + Pc + Pd + Pe}$$

Pa = planned goal a (1-5)
 Sa = success goal a (1-5)

Selfreport on 2 questions:

A

"How important was each of the following goals in life in the plans you made for yourself in early adulthood?"

-
-
- joy in living

4 of prime importance to me

3

2

1 less important to me than to most people

B.

"How successful have you been in the pursuit of these goals?"

5 had excellent fortune in this respect
 4
 3
 2
 1 little satisfaction in this area

Computation: Lifesatisfaction score = Perceived success in achieving joy in living now (B) minus remembered importance of joy in living in early adulthood (A)

C-RG/h/fi/v/6/a

Selfreport in focussed interview:

Content analysis of interview records by independant judges.
 Interviews focussed on the extent to which S feels he has achieved his goals in life, whatever those goals might be; feels he has succeeded in accomplishing what he regards as important. High ratings go, for instance, to S who says, "I've managed to keep out of jail" just as to R who says, "I managed to send all my kids through college". Low ratings go to R who feels he's missed most of his opportunities, or who says, "I've never been suited to my work", or "I always wanted to be a doctor, but never could get there". Also to R who wants most to be "loved", but instead feels merely "approved". (Expressions of regret for lack of education are not counted because they are stereotyped responses among all but the group of highest social status).

Rating options:

- 5 Feels he has accomplished what he wanted to do. He has achieved or is achieving his own personal goals.
- 4 Regrets somewhat the chances missed during life. "Maybe I could have made more of certain opportunities". Nevertheless, feels that he has been fairly succesful in accomplishing what he wanted to do in life.
- 3 Has a fifty-fifty record of opportunities taken and opportunities missed. Would have done some things differently, if he had his life to live over. Might have gotten more education.
- 2 Has regrets about major opportunities missed but feels good about accomplishment in one area (may be his avocation).
- 1 Feels he has missed most opportunities in life.

C-RG/h/sq/l/11/a

Selfreport on single question:

"How would you rate yourself as to how successful or unsuccessful you have been in terms of achieving your own goals and aims in life? Think of the top of the ladder as being completely successful, the bottom being entirely unsuccessful."

[10] completely succesfull
 [9]
 [8]
 [7]
 [6]
 [5]
 [4]
 [3]
 [2]
 [1]
 [0] entirely unsuccessful

M-AO/c/mq/*/0/a

Selfreport on 4 questions:

- A "For the past five years, how much have you accomplished of what you planned in your life?"
- B "How much are you satisfied with your life as a whole these days?"
- C "How much do you enjoy your life these days?"
- D "How happy have you been for the past five years?"

	Summation: simple average
M-CO/h/sq/v/4/a	Selfreport on single question: "How do you feel things have worked out for you generally? 4 very well 3 fairly well 2 not very well 1 not at all well
M-FH/c/fi/v/5/a	Selfreport in focussed interview: Content analysis of interview records by two independent judges: High ratings for R who expresses happy, optimistic attitudes and mood; who uses spontaneous positively-toned affective terms for people and things; who takes pleasure from life and expresses it. Low ratings for depression, 'feel blue and lonely'; for feelings of bitterness; for frequent irritability and anger. (Here not only R's verbalized attitudes in the interview were considered, but interferences were made from all the knowledge of his inter-personal relationships, how others react towards him).
	Rating options 5 'This is the best time of my life'. Is nearly always cheerful, optimistic. Cheerfulness may seem unrealistic to an observer, but R shows no sign of 'putting up a bold front'. 4 Gets pleasure out of life, knows it and shows it. There is enough restraint to seem appropriate to a younger person. Usually feels positive affect. Optimistic. 3 Seems to move along on an even temperamental keel. Any depressions are neutralized by positive mood swings. Generally neutral-to-positive affect. May show some irritability 2 Wants things quiet and peaceful. General neutral-to-negative affect. Some depression. 1 Pessimistic, complaining, bitter. Complaints of being lonely. Feels 'blue' a good deal of the time. May get angry when in contact with people.
M-FH/cm/sq/v/7/a	Selfreport on single question: "Over the past month I have been feeling.....?" 7 extremely happy 6 very happy 5 somewhat happy 4 mixed (about equally happy and unhappy) 3 somewhat unhappy 2 very unhappy 1 extremely unhappy
M-FH/cw/sq/v/5/a	Selfreport on single question: "Taking all things together, how happy would you say you have been feeling OVER THE PAST WEEK. Please place an x by the choice which best describes how happy you have felt. Try to be as accurate as you can. Over the past week I have been feeling..." 5 very happy

	4 happy 3 somewhat happy 2 unhappy 1 very unhappy
M-FH/q/sq/v/2/a	Selfreport on single question: "Are you generally satisfied? " 2 yes 1 no
M-FH/u/sq/v/3/a	Selfreport on single question: "Do you feel.....?" 3 happy 2 not too happy 1 unhappy
	Original text in Dutch: " Voelt u zichzelf?" c gelukkig b niet zo gelukkig a ongelukkig
M-PL/h/sq/v/5/b	Selfreport on single question: following enumeration of lifegoals in six areas, the last of which was 'joy in living' " How successfull have you been in pursuit of that goal.....?" (joy in living) 5 had excellent fortune in this respect 4 3 2 1 found little satisfaction in this area
O-BW/c/sq/l/11/a	Selfreport on single question: "Here is a picture of a ladder. Suppose we say that the top of the ladder represents the best possible life for you and the bottom represents the worst possible life for you. Where on the ladder do you feel you personally stand at the present time?" [10] best possible life [9] [8] [7] [6] [5] [4] [3] [2] [1] [0] worst possible life

Preceded by 1) open questions about what the respondent imagines as the best

possible life and the worst possible life. 2) ratings on the ladder of one's life five years ago and where on the ladder one expects to stand five years from now.

O-BW/cy/sq/l/9/a
Name: Cantril's selfanchoring ladder rating of life (original)
Selfreport on single question:

"Here is a picture of a ladder. At the bottom of the ladder is the worst life you might reasonably expect to have. At the top is the best life you might expect to have. Of course, life from week to week falls somewhere in between. Where was your life most of the time during the past year?"

[9] best life you might expect to have

[8]

[7]

[6]

[5]

[4]

[3]

[2]

[1] worst life you might expect to have

O-DT/c/sq/v/7/aa
Name: Cantril's selfanchoring ladder rating (modified version)
Selfreport on single question:

"How do you feel about your life as a whole right now.....?"

7 delightful

6 very satisfying

5 satisfying

4 mixed

3 dissatisfying

2 very dissatisfying

1 terrible

No opinion

O-DT/c/sq/v/7/b
Name: Andrews & Withey's 'Delighted-Terrible Scale' (modified version)
Selfreport on single question:

"How do you feel about your life as a whole right now.....?"

1 terrible

2 unhappy

3 mostly dissatisfied

4 mixed (about equally satisfied and dissatisfied)

5 mostly satisfied

6 pleased

7 delighted

- neutral (neither satisfied nor dissatisfied)

- I never thought about it

- does not apply to me

	<p>Name: Andrews & Withey's 'Delighted-Terrible Scale' (modified version by Michalos)</p>
O-DT/c/sq/v/7/c	<p>Selfreport on single question:</p> <p>"Indicate the feeling you have now, generally speaking, how do you feel about your life...?"</p> <p>1 terrible 2 unhappy 3 mostly dissatisfied 4 mixed (about equally satisfied and dissatisfied) 5 mostly satisfied 6 pleased 7 delighted - 8 neutral (neither satisfied nor dissatisfied) - 9 never thought about it - 10 does not apply to me</p>
	<p>Scoring: 8, 9 and 10 left out</p>
O-DT/u/sq/f/7/a	<p>Selfreport on single question:</p> <p>"Which face comes closest to expressing feeling about life as a whole?",</p> <p>7 delighted 6 very satisfying 5 satisfying 4 mixed 3 dissatisfying 2 very dissatisfying 1 terrible - No opinion</p>
	<p>Name: Andrews & Withey's "Delighted-Terrible Scale" (modified version)</p>
O-DT/u/sq/v/7/a	<p>Selfreport on single question:</p> <p>"How do you feel about your life as a whole.....?"</p> <p>7 delighted 6 pleased 5 mostly satisfied 4 mixed 3 mostly dissatisfied 2 unhappy 1 terrible</p>
	<p>Name: Andrews & Withey's 'Delighted-Terrible Scale' (original version)</p>
O-DT/u/sqt/v/10/a	<p>Selfreport on single question asked twice in interview,</p> <p>"How do you feel about your life as a whole.....?"</p> <p>10 delightfull 9</p>

8
7
6
5
4
3
2
1 terrible

Summation: mean

Name: Andrews & Withey's 'Delightfull-Terrible Scale' (modified version)
Selfreport on single question, asked twice in interview:

"How do you feel about your life as a whole.....?"
7 delighted
6 pleased
5 mostly satisfied
4 mixed
3 mostly dissatisfied
2 unhappy
1 terrible

Summation: arithmetic mean

Name: Andrews & Withey's "Delighted-Terrible Scale" (original version)
Selfreport on single question asked twice

'How do you feel about your life as a whole?'
1 terrible
2 very unhappy
3 unhappy
4 mostly dissatisfied
5 mixed feelings
6 mostly satisfied
7 pleased
8 very pleased
9 delighted

O-H?/?/sq?/0/a
Selfreport on single question:

".....happiness....."
(Full text not reported)

O-HL/c/sq/v/3/aa
Selfreport on single question:

'Taken all together, how would you say things are these days? Would you say that you are....?'
3 very happy
2 pretty happy
1 not too happy

O-HL/c/sq/v/3/cb
Selfreport on single question:

"In general, how happy are you these days?"

- 3 very happy
- 2 pretty happy
- 1 not too happy

O-HL/c/sq/v/4/a

Selfreport on single question:

"Do you feel your life at present is.....?"

- 4 very happy
- 3 quite happy
- 2 quite unhappy
- 1 very unhappy

O-HL/c/sq/v/5/c

Selfreport on single question:

"Taking all things together, how would you say you are these days....?"

- 5 extremely happy
- 4 very happy
- 3 happy
- 2 pretty happy
- 1 not too happy

In Dutch:

"Hoe gelukkig voelt u zich bij elkaar genomen op het ogenblik?"

- e buitengewoon gelukkig
- d zeer gelukkig
- c gelukkig
- b tamelijk gelukkig
- a niet zo gelukkig

O-HL/c/sq/v/5/d

Selfreport on single question:

"Taking your life as a whole, are you.....?"

- 5 very happy
- 4 quite happy
- 3 more happy than unhappy
- 2 more unhappy than happy
- 1 quite unhappy

In German:

"Wenn Sie Ihr Leben jetzt alles im allem betrachten, sind Sie.....?"

- e sehr glücklich
- d ziemlich glücklich
- c eher glücklich
- b eher unglücklich
- a ziemlich unglücklich

O-HL/c/sq/v/5/h

Selfreport on single question

'How happy are you now?'

- 5 very happy
- 4 happy
- 3 neither happy nor unhappy

2 unhappy
1 very unhappy

Original text in Danish:
'Hvor lykkelig er du for tiden?'
5 meget lykkelig
4 lykkelig
3 hverken eller
2 ulykkelig
1 meget ulykkelig

O-HL/g/sq/n/9/a

Selfreport on single question:

"Generally, how happy are you.....?"
1 not at all
2
3
4
5
6
7
8
9 completely

(Originally presented on a horizontal line scale)

O-HL/g/sq/v/3/c

Selfreport on single question:

"In general, how happy would you say you are.....?"
3 very happy
2 fairly happy
1 not too happy

O-HL/g/sq/v/5/a

Selfreport on single question:

"In general, how happy would you say you are.....?"
1 very unhappy
2
3
4
5 very happy

O-HL/m/sq/v/3/a

Selfreport on single question :

"All things considerd, how happy would you say you are right now....?"
3 very happy
2 pretty happy
1 not too happy

O-HL/u/sq/v/3/a

Selfreport on single question:

"Taking all together: how happy would you say you are? Would you say you are.....?"
3 very happy
2 pretty happy
1 not too happy

O-HL/u/sq/v/4/b	<p>Selfreport on single question:</p> <p>"On the whole, how happy would you say you are.....?"</p> <p>4 very happy 3 fairly happy 2 not very happy 1 very unhappy</p>
O-HL/u/sq/v/7/a	<p>Selfreport on single question:</p> <p>"Considering your life as a whole, would you describe it as....:?"</p> <p>1 very happy 2 unhappy 3 4 an even mixture of unhappiness and happiness 5 happy 6 7 very happy no opinion</p>
O-HL/u/sq/v/7/b	<p>Selfreport on single question:</p> <p>"How do you feel how happy you are.....?"</p> <p>7 delighted 6 pleased 5 mostly satisfied 4 mixed (about equally satisfied and dissatisfied) 3 mostly 2 unhappy 1 terrible</p>
O-HP/g/mq/v/5/a	<p>Selfreport on 6 questions:</p> <p>" Describe the kind of person you are. Please read each sentence, then mark how often it is true for you"</p> <p>1 I feel like smiling 2 I generally feel in good spirits 3 I feel happy 4 I am very satisfied with life 5 I find a good deal of happiness in life 6 I feel sad</p> <p>Response options:</p> <p>5 almost always true 4 often true 3 sometimes true 2 seldom true 1 never true</p> <p>Summation: average Possible range: 1 to 5</p>
O-QL?/c/mq/v/5/a	<p>Selfreport on 3 questions:</p>

A " When you consider your present life as-a-whole, would you say you are....?"

- 5 very happy
- 4 fairly happy
- 3 rather happy than unhappy
- 2 rather unhappy than happy
- 1 very unhappy
- DK/NA

B " When you consider your present life as-a-whole, would you say you are.....?"

- 5 very satisfied
- 4 fairly satisfied
- 3 rather satisfied than dissatisfied
- 2 rather dissatisfied than satisfied
- 1 fairly dissatisfied
- DK/NA

C " How do you feel right now? Is your well-being.....?"

- 5 very high
- 4 high
- 3 moderate
- 2 rather low
- 1 very low
- DK/NA

Summation: The summed scores were divided in three strata: low, medium and high quality of life

In German:

A "Wenn Sie ihr Leben jetzt alles in allem betrachten, sind Sie.....?"

- e sehr glücklich
- d ziemlich glücklich
- c eher glücklich
- b eher unglücklich
- a ziemlich unglücklich
- keine Angabe

B "Wenn Sie ihr Leben jetzt in allem betrachten, sind Sie.....?"

- e sehr zufrieden
- d ziemlich zufrieden
- c eher zufrieden
- b eher unzufrieden
- a ziemlich unzufrieden
- keine Angabe

C "Wie wohl fühlen Sie sich derzeit? Ist Ihr Wohlbefinden....?"

- e sehr gross
- d gross
- c mäsig
- b eher gering
- a sehr gering

	<p>- keine Angabe</p> <p>O-SL?/?/sq/v/4/a Selfreport on single question:</p> <p>"..... how satisfied are you with your life-as-a-whole.....?" (Full question not reported)</p> <p>1 not very satisfied 2 somewhat satisfied 3 very satisfied 4 extremely satisfied</p>
O-SL?/?/sq/v/5/a	<p>Selfreport on single question:</p> <p>"..... satisfaction with life" (full question not reported)</p> <p>5 very satisfied 4 satisfied 3 don't know/satisfied 2 don't know/not satisfied 1 disappointed in life</p>
O-SL?/c/sq/v/3/a	<p>Selfreport on single question:</p> <p>"....satisfaction with present life....." (Full lead item not reported)</p> <p>1 2 3 (Response options not reported)</p>
O-SL?/m/sq/?/7/a	<p>Selfreport on single question:</p> <p>".....satisfaction with life right now....." (Full question not reported)</p> <p>1 - 2 3 4 5 6 7 + Response options not reported.</p>
O-SLu/c/sq/l/11/a	<p>Selfreport on single question :</p> <p>"Some people seem to be quite happy and satisfied with their lives, while others seem quite unhappy and dissatisfied. Now look at this ladder (again). Suppose that a person who is entirely satisfied with his life would be at the top of the ladder and a person who is extremely dissatisfied with his life would be at the bottom of the ladder. Where would you put yourself on the ladder at the present stage of your life in terms of how satisfied or dissatisfied you are with your personal life?"</p> <p>[10] entirely satisfied [9] [8] [7]</p>

[6]
 [5]
 [4]
 [3]
 [2]
 [1]
 [0] entirely dissatisfied

Name Cantril ladder rating (modified version)

O-SLu/c/sq/v/5/e

Selfreport on single question:

'How satisfied are you with your life now?'
 5 very satisfied
 2 satisfied
 3 neither satisfied nor dissatisfied
 2 dissatisfied
 1 very dissatisfied

Original text in Danish:

'Hvor tilfreds er du med dit liv for tiden?'
 5 meget tilfreds
 4 tilfreds
 3 hverken tilfreds eller utilfreds
 2 utilfreds
 1 meget utilfreds

O-SLu/u/sq/v/4/a

Selfreport on single question:

"Overall, how satisfied are you with your life.....?"
 4 very satisfied
 3 satisfied
 2 dissatisfied
 1 very dissatisfied.

O-SLW/c/sq/n/7/a

Selfreport on single question:

"We have talked about various parts of your life, now I want to ask you about your life as a whole. How satisfied are you with your life as a whole these days.....?"

7 completely satisfied
 6
 5
 4 neutral
 3
 2
 1 completely dissatisfied

O-SLW/c/sq/n/9/a

Selfreport on single question:

'All things considered, how satisfied are you with your life these days?'
 1 completely dissatisfied
 2
 3
 4

5
6
7
8

9 completely satisfied

O-SLW/se/sq/?/7/a Selfreport on single question :

"How satisfied are you about your life as a whole since that time?"(onset of disease)

7 very satisfied

6
5
4
3
2

1 very dissatisfied

O-SLW/u/sq/f/7/a Selfreport on single question:

"Which face comes closest to expressing how you feel about your life as a whole?"

Rated on pictorial scale, consisting of seven faces varying from smiles to frowns.

7 smiling cheerful face

6
5
4 neutral face
3
2

1 frowning depressed face

(Pictures not reproduced here)

O-SLW/u/sq/t/101/a Selfreport on single question :

"Where would you put your life as a whole on a feeling thermometer?"

Rated on 'thermometer scale' (in grades)

0 degrees: very cold, negative

10
20
30
40
50
60
70
80
90

100 very warm, positive

O-SLW/u/sq/v/5/d Selfreport on single question:

"Taking your life as a whole, are you?"

5 very satisfied
4 quite satisfied
3 more satisfied than discontented
2 more discontented than satisfied

1 quite dissatisfied

In German:

"Wenn Sie Ihr Leben jetzt alles in allem betrachten, sind Sie.....?"

- 5 sehr zufrieden
- 4 ziemlich zufrieden
- 3 eher zufrieden
- 2 eher unzufrieden
- 1 ziemlich unzufrieden

O-SLW/u/sq/v/6/a

Selfreport on single question:

"How satisfying are these different aspects of your life? Indicate the number which best suits your situation. Life as a whole is....."

- 1 very dissatisfying
- 2 dissatisfying
- 3 rather dissatisfying
- 4 rather satisfying
- 5 satisfying
- 6 very satisfying

This item was followed by eight questions on life domain satisfactions.

O-SLW/u/sqt/v/7/a

Selfreport on single question, asked twice in interview:

"Considering everything, how satisfied are you with your life as a whole.....?"

- 7 completely satisfied
- 6
- 5
- 4
- 3
- 2
- 1 completely dissatisfied

Summation: both scores added

Possible range: 2 to 14

O-Sum/u/mq/*/0/a

Selfreport on 3 questions:

A."Dissatisfied" and "Unhappy" responses on the Block (1961) Adjective Rating List.

B. Overall happiness. Single direct question: "Taking all things together, how would you say things are these days? Would you say you are?"

- 3 very happy
- 2 pretty happy
- 1 not too happy

C. Present-year score on Life-Evaluation Chart, ranging from:

- 1 low
- 2
- 3
- 4
- 5

6
7
8
9 high

On the web you will find an overview of valid queries on happiness and an explanation of the classification used. Go to: www.eur.nl/fsw/research/happiness/hap_quer/hqi_fp.htm. This is the introductory text to the Catalog of Happiness Queries.

Appendix 2 Statistics used in reported studies

Symbol	Explanation
AoV	<p>ANALYSIS of VARIANCE (ANOVA) Type: statistical procedure Measurement level: Correlate(s): nominal, Happiness: metric. In an ANOVA, the total happiness variability, expressed as the sum of squares, is split into two or more parts, each of which is assigned to a source of variability. At least one of those sources is the variability of the correlate, in case there is only one, and always one other is the residual variability, which includes all unspecified influences on the happiness variable. Each sum of squares has its own number of degrees of freedom (df), which sum up to $Ne - 1$ for the total variability. If a sum of squares (SS) is divided by its own number of df, a mean square (MS) is obtained. The ratio of two correctly selected mean squares has an F-distribution under the hypothesis that the corresponding association has a zero-value.</p> <p>NOTE: A significantly high F-value only indicates that, in case of a single correlate, the largest of the c mean values is systematically larger than the smallest one. Conclusions about the other pairs of means require the application of a Multiple Comparisons Procedure (see e.g. BONFERRONI's MULTIPLE COMPARISON TEST, DUNCAN's MULTIPLE RANGE TEST or STUDENT-NEWMAN-KEULS)</p>
Beta	<p>(β) STANDARDIZED REGRESSION COEFFICIENT Type: test statistic. Measurement level: Correlates: all metric, Happiness: metric. Range: [-1 ; +1]</p> <p>Meaning: $\beta > 0$ « a higher correlate level corresponds with, on an average, higher happiness rating. $\beta < 0$ « a higher correlate level corresponds with, on an average, lower happiness rating. $\beta = 0$ « no correlation. $\beta = +1$ or -1 « perfect correlation.</p>
Chi ²	<p>CHI-SQUARE Type: test statistic Range: $[0; Ne^*(\min(c,r)-1)]$, where c and r are the number of columns and rows respectively in a cross tabulation of Ne sample elements.</p> <p>Meaning: $\chi^2 \leq (c-1) * (r-1)$ means: no association $\chi^2 > (c-1) * (r-1)$ means: strong association</p>
D%	<p>DIFFERENCE in PERCENTAGES Type: descriptive statistic only. Measurement level: Correlate level: dichotomous, but nominal or ordinal theoretically possible as well. Happiness level: dichotomous Range: [-100; +100]</p>
DM	<p>Meaning: the difference of the percentages happy people at two correlate levels. DIFFERENCE of MEANS</p>

	<p>Type: descriptive statistic only. Measurement level: Correlate: dichotomous, Happiness: metric Range: depending on the happiness rating scale of the author; range symmetric about zero.</p> <p>Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels.</p>
DMt	<p>DIFFERENCE of MEANS AFTER TRANSFORMATION Type: descriptive statistic only. Measurement level: Correlate: dichotomous, Happiness: metric Theoretical range: [-10; +10]</p> <p>Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels.</p>
E ²	<p>CORRELATION RATIO (Elsewhere sometimes called h² or ETA) Type: test statistic Measurement level: Correlate: nominal or ordinal, Happiness: metric Range: [0; 1]</p> <p>Meaning: correlate is accountable for E² x 100 % of the variation in happiness. $E^2 = 0$ « knowledge of the correlate value does not improve the prediction quality of the happiness rating. $E^2 = 1$ « knowledge of the correlate value enables an exact prediction of the happiness rating</p>
G	<p>GOODMAN & KRUSKAL'S GAMMA Type: test statistic Measurement level: Correlate: ordinal, Happiness: ordinal Range: [-1; +1]</p> <p>Meaning: $G = 0$ « no rank correlation $G = +1$ « strongest possible rank correlation, where high correlate values correspond with high happiness ratings. $G = -1$ « strongest possible rank correlation, where high correlate values correspond with low happiness ratings.</p>
r	<p>PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient" or simply 'correlation coefficient') Type: test statistic. Measurement level: Correlate: metric, Happiness: metric Range: [-1; +1]</p> <p>Meaning: $r = 0$ « no correlation , $r = 1$ « perfect correlation, where high correlate values correspond with high happiness values, and $r = -1$ « perfect correlation, where high correlate values correspond with low happiness values.</p>
rpc	<p>PARTIAL CORRELATION COEFFICIENT Type: test statistic Measurement level: Correlate: metric, Happiness: metric Range: [-1; +1]</p>

Meaning: a partial correlation between happiness and one of the correlates is that correlation, which remains after accounting for the contribution of the other influences, or some of them, to the total variability in the happiness scores.

Under that conditions

$rpc > 0$ « a higher correlate level corresponds with a higher happiness rating,
 $rpc < 0$ « a higher correlate level corresponds with a lower happiness rating,

rs SPEARMAN'S RANK CORRELATION COEFFICIENT

Type: test statistic

Measurement level: Correlate: ordinal, Happiness: ordinal.

Range: [-1; +1]

Meaning:

$rs = 0$ « no rank correlation

$rs = 1$ « perfect rank correlation, where high correlate values are associated with high happiness ratings

$rs = -1$ « perfect rank correlation, where high correlate values are associated with low happiness ratings

βL PATH COEFFICIENT OBTAINED IN A LISREL MODEL.

Range: unlimited, but seldom exceeds [-1, +1].

In the Catalogue of Correlational Findings, this statistic or statistical procedure occurs very rarely only.

The reader is referred to the excerpted publication for detailed information or for further reference.

T^2 HOTELLING's T^2 statistic is the MANOVA equivalent of an F-statistic in an ANOVA situation.

Type: test statistic

(one or more correlates; two or more happiness measures at the interval level of measurement)

tau GOODMAN & Kruskal's TAU

Type: descriptive statistic only.

Measurement level: Correlate: nominal, Happiness: ordinal

Range: [0; +1]

Meaning:

$\tau = 0$ « knowledge of the correlate value does not improve the prediction quality of the happiness rating.

$\tau = 1$ « knowledge of the correlate value enables a perfect (error-free) prediction of the happiness rating.

tb KENDALL'S RANK CORRELATION COEFFICIENT TAU-B

Type: test statistic

Measurement level: Correlate: ordinal, Happiness: ordinal

Range: [-1; +1]

Meaning:

$\tau = 0$ « no rank correlation

$\tau = 1$ « perfect rank correlation, where high values of the correlate correspond with high happiness ratings.

$\tau = -1$ « perfect rank correlation, where high values of the correlate correspond with low happiness ratings.

V

CRAMéR's V

Type: test statistic

Measurement level: Correlate: nominal, Happiness: ordinal

Range: [0; 1]

Meaning:

V = 0 « no association

V = 1 « strongest possible association

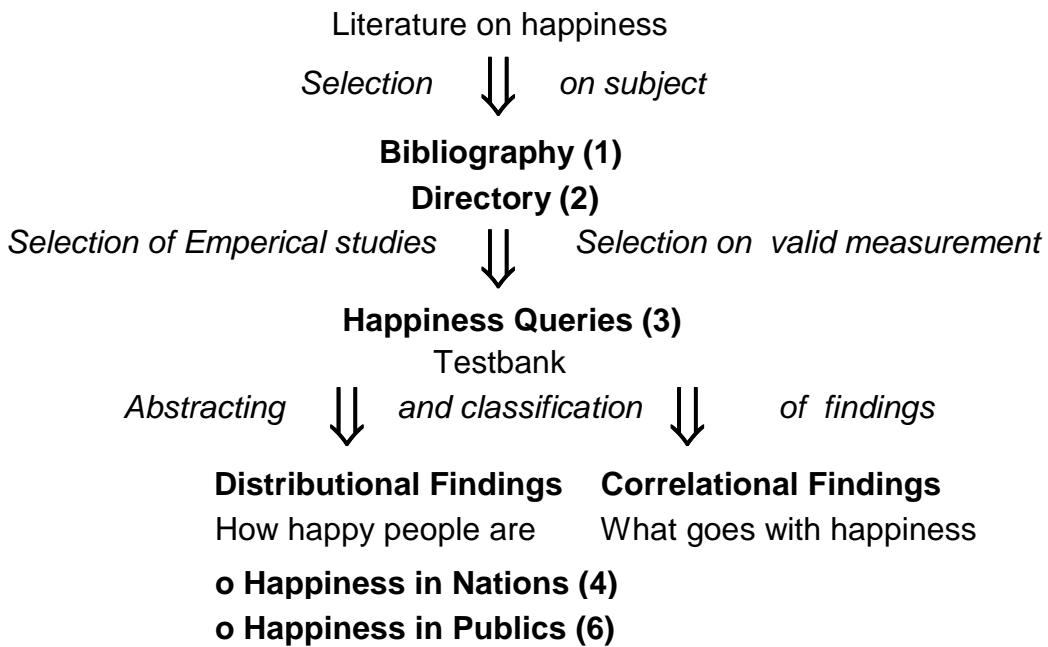
On the web you will find a text explaining the statistics used in more detail. Go to:

www.eur.nl/fsw/research/happiness/hap_cor/cor_fp.htm. This is the introductory text to the Catalog of

Correlational Findings. An overview of all statistics is in chapter 4.

Appendix 3: About the World Database of Happiness

The World Database of Happiness is an ongoing register of scientific research on subjective appreciation of life. It brings together findings that are scattered throughout many studies and provides a basis for synthetic analysis. The research literature is processed as follows:



- 1 BIBLIOGRAPHY OF HAPPINESS Presents all contemporary scientific publications. Detailed subject-classification. Current contents: 3422 titles, mainly in English.
- 2 DIRECTORY OF INVESTIGATORS Names and addresses of most authors on the subject. Enumerates years of publication. Current contents: 5818 names and 3073 addresses. Part of Bibliography.
- 3 CATALOG OF HAPPINESS QUERIES (testbank) Presents all indicators that tap happiness as defined here. Current content: 522 measures, mostly single questions. Queries are classified by focus, time reference, mode of observation, rating and wording.
- 4 CATALOG OF HAPPINESS IN NATIONS Presents distributional research findings, in particular responses to questions on happiness in national survey studies. Allows comparison across time and nations. Current content: 1889 surveys in 112 nations, 1946-2000.
- 5 CATALOG OF HAPPINESS IN PUBLICS Distributional findings on happiness in special publics within nations, such as aged people. Current contents: 705 studies. Part of Catalog of Correlational Findings.
- 6 CATALOG OF CORRELATIONAL FINDINGS Presents abstracts of correlational research findings. Detailed subject-classification. Allows comparison through time and across nations. Current contents: 7476 findings from 705 studies in 140 nations, 1911-2000.

Appendix 4 *Further Findings in the World Database of Happiness*

Main Category's	Category Name	Number of Studies in this Category
A 1	ACTIVITY LEVEL (how much one does)	53
A 2	ACTIVITY PATTERN (what one does)	7
A 3	AFFECTIVE LIFE	31
A 4	AGE	279
A 5	AGGRESSION	11
A 6	ANOMY	30
A 7	APPEARANCE (good looks)	8
A 8	ATTITUDES	4
A 9	AUTHORITARIANISM	4
B 3	BODY	66
C 1	CHILDREN 1:	4
C 10	CREATIVENESS	6
C 11	CULTURE (Arts and Sciences)	6
C 2	CHILDREN: WANT FOR (Parental aspirations)	6
C 3	CHILDREN: HAVING (parental status)	145
C 4	CHILDREN's CHARACTERISTICS	19
C 5	CHILDREN: RELATION WITH	8
C 6	CHILDREN: REARING (parental behavior)	11
C 7	COMMUNAL LIVING	1
C 8	CONCERNs	15
C 9	COPING	27
D 1	DAILY JOYS & HASSLES	4
E 1	EDUCATION	243
E 2	EMPLOYMENT	180
E 3	ETHNICITY	63
E 4	EXPRESSIVE BEHAVIOR	10
F 1	FAMILY OF ORIGIN (earlier family for adults, current for young)	195
F 2	FAMILY OF PROCREATION	42
F 3	FAMILY OF RELATIVES	145
F 4	FARMING	30
F 5	FREEDOM	24
F 6	FRIENDSHIP	123
G 1	GENDER	252
G 2	GRIEF	1
H 10	HOPE	3
H 11	HOUSEHOLD: COMPOSITION	90
H 12	HOUSEHOLD: WORK	10
H 13	HOUSING	75
H 2	HANDICAP	13

H 3	HAPPINESS: ATTITUDES	39
H 5	HAPPINESS CAREER	144
H 6	HAPPINESS: CURRENT LEVEL	260
H 8	HEALTH-BEHAVIOR	15
H 9	HELPING	4
I 1	INCOME	415
I 2	INSTITUTIONAL LIVING	28
I 3	INTELLIGENCE	63
I 4	INTERESTS	5
I 5	INTERVIEW	49
I 6	INTIMACY	70
L 1	LANGUAGE	1
L 10	LOCAL ENVIRONMENT	270
L 11	LOTTERY	7
L 12	LOVE-LIFE	26
L 2	LEADERSHIP	8
L 3	LEISURE	128
L 4	LIFE APPRAISALS: OTHER THAN HAPPINESS4	290
L 5	LIFE-CHANGE	26
L 6	LIFE-EVENTS	63
L 7	LIFE-GOALS	52
L 8	LIFE HISTORY	1
L 9	LIFE STYLE	4
M 1	MARRIAGE: MARITAL STATUS CAREER	32
M 10	MIGRATION: MIGRANT WORK	3
M 11	MILITARY LIFE	5
M 12	MODERNITY	5
M 13	MOOD	181
M 2	MARRIAGE: CURRENT MARITAL STATUS	315
M 3	MARRIAGE: RELATIONSHIP	99
M 4	MARRIAGE: PARTNER	34
M 5	MEANING	18
M 6	MEDICAL TREATMENT	49
M 7	MENTAL HEALTH	99
M 8	MIGRATION: OTHER COUNTRY	9
M 9	MIGRATION: MOVING WITHIN COUNTRY (residential mobility)	17
N 1	NATIONALITY	5
N 2	NATION: TIME & PLACE	20
N 3	NATIONAL CHARACTER (modal personality)	2
N 4	NATION'S CONDITION	52
N 6	ATTITUDES TO THE NATION	111
N 7	LIVABILITY OF THE NATION	5
N 8	NUTRITION	18
O 1	OCCUPATION	133

O 2	ORGAN TRANSPLANTATION	11
P 1	PERSONALITY: HISTORY	44
P 10	POSSESSIONS	26
P 12	PROBLEMS	20
P 13	PSYCHO-SOMATIC COMPLAINTS	53
P 2	PERSONALITY: CHANGE	7
P 3	PERSONALITY: CURRENT ORGANIZATION	7
P 4	PERSONALITY: CURRENT TRAITS	392
P 5	PERSONALITY: LATER	23
P 6	PHYSICAL HEALTH	286
P 7	PLANNING	7
P 8	POLITICS	197
P 9	POPULARITY	22
R 1	RELIGION	198
R 2	RESOURCES	8
R 3	RETIREMENT	46
R 4	ROLES	13
S 1	SCHOOL	92
S 10	SOCIAL SUPPORT: RECEIVED	26
S 11	SOCIAL SUPPORT: Provided	3
S 12	SPORTS	32
S 13	STIMULANTS	33
S 14	SUICIDE	4
S 15	SUMMED EFFECTS ON HAPPINESS	71
S 2	SELF-IMAGE	193
S 3	SEX-LIFE	54
S 4	SLEEP	10
S 5	SOCIAL MOBILITY	16
S 6	SOCIAL PARTICIPATION: PERSONAL CONTACTS	50
S 7	SOCIAL PARTICIPATION: VOLUNTARY ASSOCIATIONS	111
S 8	SOCIAL PARTICIPATION: TOTAL (personal + associations)	25
S 9	SOCIAL STATUS (Socio-Economic Status)	140
T 1	TIME	27
T 2	THERAPY	9
T 3	TOLERANCE	37
V 1	VALUE CAREER	8
V 2	VALUES: CURRENT PREFERENCES (own)	49
V 3	VALUES: CLIMATE (current values in environment)	4
V 4	VALUES: SIMILARITY (current fit with others)	5
V 5	VICTIM	11
W 1	WAR	5
W 2	WORK CAREER	1
W 3	WORK CONDITIONS	34
W 4	WORK-ATTITUDES	313

W 5	WORK-PERFORMANCE (current)	6
W 6	WORRIES	27
X	UNCLASSIFIED	22

Appendix 5 Related Topics

This Topic		Related Topics	
<i>Classification Page 1</i>		<i>In Subject List on Appendix 4</i>	
S 2	SELF-IMAGE	R 4	ROLES
		P 4	PERSONALITY: CURRENT TRAITS
S 2.1	Self-image career		
S 2.1.1	Earlier self-image	P 1.2.100	Earlier self-confidence
S 2.1.2	Change in self-image	A 3.2.4	Variability of affects
		P 4.109	Stable
		T 2.2	Therapeutical effect (on happiness)
S 2.1.4	Later self-image		
S 2.2	Current self-characterization	R 3.5.1	Self-definition in terms of earlier job
S 2.2.1	Self-perceived ability	L 4.3.1.2	. in control (vs drifting)
		C 9.2.2	Current coping-capacity
		L 4.3.1.17	. successful (vs failure)
S 2.2.2	Self-perceived maturity	A 4.3.1.1	. subjective age (how old one feels)
		P 2.2	Current stage of development
S 2.2.4	Self-perceived preferences	I 4.2	Current interests
		L 7.2.2	Object of life-goals
S 2.2.5	Self-perceived uniqueness	L 4.3.1.18	. unique (vs common)
S 2.2.6	Self-perceived usefulness	M 5	MEANING
S 2.2.7	Self-perceived happy nature	P 4.85	Positive reacting
S 2.3	Current self-ideal		ASPIRATIONS
		L 7	LIFE-GOALS
S 2.4	Current self-evaluation		SATISFACTION WITH SELF
S 2.4.1	Concern about character		
S 2.4.2	Evaluation of self-as-a-whole		
S 2.4.3	Evaluation of aspects of self		
S 2.4.3.1	. real-ideal congruence	L 7.3.2	Perceived realization of life-goals
S 2.4.3.2	. relative superiority	P 4.69	Modest (vs supercilious)
S 2.4.3.3	. self confidence	P 4.100	Self-confidant
S 2.4.3.4	. self-critical	P 4.1	Aggressive, Angry
		P 4.15	Critical
S 2.4.3.5	. self respect	M 13.3.12	Feeling respectable (vs rejected)
S 2.5	Current satisfaction with self		
S 2.5.1	Satisfaction with oneself-as-a-person	P 4	PERSONALITY: CURRENT TRAITS
S 2.5.1.1	. satisfaction with own abilities		ABILITY

		C 9.3.2	Satisfaction with self care
S 2.5.1.2	. satisfaction with own coping	C 9	COPING
S 2.5.1.3	. satisfaction with own creativeness	C 10.3	Attitudes to own creativeness
S 2.5.1.4	. satisfaction with self-realization	P 4.96	Self-actualization (need for)
		L 4.3.1.3	. developing (vs stagnating)
S 2.5.1.5	. satisfaction with own morality	P 4.70	Moral
S 2.5.2	Satisfaction with own accomplishments	H 6.3	Contentment
		L 4.3.1.17	. successful (vs failure)
S 2.5.2.1	. satisfaction with contributions to others	L 4.3.1.12	. meaningful (vs useless)
S 2.5.2.2	. satisfaction with social recognition		REPUTATION
S 2.6	Current consistency of self-image	P 3.2	Personality integration
S 2.7	Current reputation (social self)		REPUTATION
S 2.7.1	Self-perceived reputation		
S 2.7.2	Congruency self-image and reputation		
S 2.7.3	Attitudes to own reputation		

End of Report