

# Stellingen

behorend bij het proefschrift

## Monitoring of Childhood Asthma

1. Monthly web-based monitoring of asthma control allows for a substantial reduction in the dose of inhaled steroids, while maintaining asthma control [this thesis]
2. Including regular assessment of the Fraction of exhaled Nitric Oxide (FeNO) in treatment decisions improves asthma control [this thesis]
3. Parents tend to overestimate their child's asthma control, as compared to the child's own perception [this thesis]
4. From a health-economic perspective, monthly web-based monitoring of asthma control and measurements of FeNO are valuable additions to standard care [this thesis]
5. Asthma phenotypes in asthmatic children are often unstable [this thesis]
6. Adults, adolescents and children underestimate the calorie content of their fast food meals by more than 25% [Block et al., BMJ 2013]
7. Children up to the age of 1 year who shared the bed with a mother who smokes have almost a five-fold higher risk of sudden death compared to children from non-smoking mothers. [Scragg et al., BMJ 1993]
8. Listening to music reduces pain and distress in school-aged children who undergo an intravenous placement at the emergency department [Hartling et al, JAMA 2013]
9. Chocolate consumption reduces the risks of preeclampsia during pregnancy [Saftlas et al., Ann Epidemiol 2010]
10. People who are spending money on others experience greater happiness than those who are spending money on themselves [Dunn et al., Science 2009]
11. Succes is niet de sleutel tot geluk. Geluk is de sleutel tot succes. [Albert Schweitzer, 1875-1965]

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